

# Significance of hepatocyte growth factor concentrations in serum of patients with liver cirrhosis and patients with hepatocellular carcinoma

Heba S. El Deen<sup>a</sup>, Hemmat E. El Haddad<sup>b</sup>

Departments of <sup>a</sup>Clinical and Chemical Pathology, <sup>b</sup>Internal Medicine, Faculty of Medicine, Cairo University, Cairo, Egypt

Correspondence to Hemmat E. El Haddad, Department of Internal Medicine, Faculty of Medicine, Cairo University, Cairo, Egypt  
Tel: +20 100 540 5055;  
e-mail: hemmat.elhaddad@gmail.com

**Received** 05 May 2015

**Accepted** 01 June 2015

**The Egyptian Society of Internal Medicine**  
2015, 27:92–102

## Objective

Egypt has the highest prevalence of chronic hepatitis C virus (HCV) infection worldwide with the development of cirrhosis and hepatocellular carcinoma (HCC). The hepatocyte growth factor (HGF)–cMET axis promotes cell survival, proliferation, migration, and invasion. This study aimed to evaluate the role of serum HGF as a noninvasive biomarker in the diagnosis of liver cirrhosis and HCC.

## Patients and methods

This study included 80 individuals. They were divided into three groups: group 1 included 20 healthy volunteers as a control group, group 2 included 30 patients with liver cirrhosis, and group 3 included 30 patients with HCC.

## Results

HGF was highly significantly elevated in the HCC group (median 3709 pg/ml) and the cirrhotic group (median 2843.5 pg/ml) compared with the control group (median 913 pg/ml).  $\alpha$ -Fetoprotein (AFP) was highly significantly elevated in the HCC group (median 128.5 ng/ml) than both the cirrhotic (median 4.9 ng/ml) and the control (median 3.15 ng/ml) group. Results of aspartate aminotransferase/alanine aminotransferase, APRI, fibroindex, and model 3 in the cirrhotic group were highly significantly different from those in the control group. We found a positive significant correlation between HGF and AFP for all the participants studied. There were direct correlations between HGF and aspartate aminotransferase/platelet ratio index (APRI), fibroindex, and model 3. The sensitivity and specificity of HGF for selective detection of the HCC group over the non-HCC group (HCV group and healthy control group) were 93.3 and 46%, respectively, at a cut-off value of 1415 pg/ml, whereas that of AFP were 100 and 92%, respectively, at a cut-off value of 10 ng/ml, and area under the curve of HGF and AFP were 0.787 and 0.999, respectively. The sensitivity and specificity of both AFP and HGF together were 100 and 66%, respectively, at the same cut-off values. The odds ratio of occurrence of HCC in patients with elevated HGF levels was 11.926 and 95% confidence interval 2.56–55.55.

## Conclusion

We conclude from this study that both HGF and AFP can be used as noninvasive biomarkers for early detection of HCC in HCV cirrhotic patients, especially if their values match the cut-off levels detected in our study.

## Keywords:

$\alpha$ -fetoprotein, APRI, fibroindex, hepatocellular carcinoma, hepatitis C virus, hepatocyte growth factor, model 3

Egypt J Intern Med 27:92–102

© 2015 The Egyptian Society of Internal Medicine  
1110-7782

## Introduction

Liver cirrhosis represents the final stage of several chronic hepatic diseases [1]. It is a diffuse process of architectural disorganization characterized by fibrosis and the formation of structurally abnormal parenchymal nodules [2]. This results in portal hypertension, portosystemic shunting, and a decrease in the effective parenchymal mass [3]. Cirrhosis is a dynamic condition, where two extreme processes occur: fibrogenesis and fibrolysis [4]. Progressive accumulation of collagen as well as other proteins in the extracellular matrix eventually results in disrupted liver morphology, parenchymal function impairment, and ultimately portal hypertension and its related sequels [5].

Hepatocellular carcinoma (HCC) ranks as the fifth most common cancer worldwide and the third most frequent cause of cancer-related death [6]. It is one of the fastest tumors resulting from chronic infection by hepatitis B and C viruses [7]. It represents the most common primary malignant tumor of the liver and is one of the major causes of death among patients with cirrhosis [6,8].

This is an open access article distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as the author is credited and the new creations are licensed under the identical terms.

In 2001, HCC in Egypt was reported to account for about 4.7% of chronic liver disease patients. In another study, in 2005, a marked increase from 4 to 7.2% was reported over a decade. Patients with advanced liver disease, particularly cirrhosis, are those at risk for HCC and should be screened every 6 months for its development [9].

HCC generally develops following an orderly progression from cirrhosis to dysplastic nodules to early cancer development, which can be cured reliably if discovered before the development of vascular invasion [10].

Among patients with chronic hepatitis C, serum  $\alpha$ -fetoprotein (AFP) values are frequently elevated, even in the absence of HCC. Factors associated with elevated AFP include severity of liver disease, female sex, and Black race [11].

Hepatocyte growth factor (HGF) is a multifunctional factor that is produced in various body organs and can affect mitogenesis, cell motility, matrix invasion, and epithelial carcinogenesis [12].

HGF exerts its actions through tyrosine phosphorylation of its receptor, cMET, which is a proto-oncogene product. HGF exerts protective effects on epithelial and nonepithelial organs (including the heart and brain) through antiapoptotic and anti-inflammatory signals. During organ diseases, plasma HGF levels increase significantly. Thus, endogenous HGF is required for minimization of diseases, whereas insufficient production of HGF leads to organ failure. Moreover, emerging studies have delineated key roles of HGF during tumor metastasis, whereas HGF antagonism leads to antitumor outcomes [13].

Under normal physiological conditions, the HGF and its receptor, the MET transmembrane tyrosine kinase (cMET), are involved in embryogenesis, morphogenesis, and wound healing. The HGF-cMET axis promotes cell survival, proliferation, migration, and invasion through modulation of epithelial-mesenchymal interactions. HGF transcription is upregulated by inflammatory modulators such as tumor necrosis factor  $\alpha$ , IL-1, IL-6, transforming growth factor- $\beta$ , and vascular endothelial growth factor (VEGF) [14].

HGF suppresses the increase in transforming growth factor- $\beta$ 1, which plays an essential role in the progression of liver cirrhosis with a decrease in profibrogenic markers such as collagen expression and  $\alpha$ -smooth muscle actin and inhibition of fibrogenesis. HGF has also been shown to prevent tissue fibrosis

in the kidneys by increasing MMP-9 and suppressing expression of TIMP-1. It also upregulates the antiapoptotic protein Bcl-xL. It has been shown previously that the intrahepatic expression of HGF-specific receptor cMET decreases at an early stage of cirrhosis development and significantly decreases at the time of cirrhosis manifestation, leading to decreased antifibrotic effects despite elevated levels of HGF [15].

HGF (also known as the scattering factor) activates the MET signaling pathway, thereby increasing the invasive and metastatic potential of the cells and allowing the survival of cancer cells in the blood stream and facilitating cancer progression [16]. Dysregulated cMET signaling upregulates protease production (plasminogen dependent and independent) and increased cell dissociation through extracellular matrix degradation, facilitating tumor invasiveness and metastasis. Cross-talk between cMET and epidermal growth factor receptor and cMET and VEGF signaling pathways is also implicated in promoting tumor survival. HGF-cMET signaling induces upregulation of VEGF expression and endothelial VEGFR2 expression and downregulation of endogenous inhibitors of angiogenesis [14]. In HCC, the mRNA levels of HGF and the MET receptor are markedly increased compared with those in normal liver. A high serum HGF concentration is associated with a poor prognosis for overall survival after hepatic resection, and the serum level of HGF represents the degree of the carcinogenic state in the livers of patients with C-viral chronic hepatitis and cirrhosis [16].

---

## Patients and methods

This is a cross-sectional observational comparative study that was carried out in Kasr Al Ainy Internal Medicine Clinic on 80 individuals. All patients were informed about their inclusion in the study. The study was approved by the ethical committee of chemical pathology department. The participants were divided into three groups: group 1 included 20 healthy volunteers as a control group, group 2 included 30 patients with liver cirrhosis, and group 3 included 30 patients with HCC. All patients were diagnosed by clinical examination, biochemical investigations, abdominal ultrasonography, and abdominal triphasic computed tomography.

All patients were positive for hepatitis C virus (HCV) as evidenced by positive HCV IgG antibody detected by the ELISA technique. Written informed consents were obtained from all participants.

Exclusion criteria were as follows: spontaneous bacterial peritonitis, inflammatory bowel disease, systemic sepsis, other types of malignancy, diabetes mellitus, chronic renal failure, lung diseases, and vascular or cardiac disorders.

## Methods

### Blood sample

Ten milliliters of venous blood was withdrawn from each participant. The samples were divided as follows:

- (1) Two milliliters collected in an EDTA tube for complete blood count.
- (2) 1.8 ml collected in 0.4 sodium citrate for prothrombin time (PT), prothrombin concentration (PC), and international normalized ratio (INR).
- (3) The rest of the sample was collected in a plain tube, left to clot, and then serum was separated and divided into three aliquots: one for blood chemistry, which was assayed on the same day as sample collection, and the second and the third for AFP and HGF, which were stored at  $-20^{\circ}\text{C}$  until the time of assay.

All patients and controls in this study were subjected to the following:

Liver function tests including serum alanine aminotransferase (ALT), serum aspartate aminotransferase (AST), serum alkaline phosphatase (ALP), serum  $\gamma$ -glutamyl transferase (GGT), and serum total bilirubin, serum albumin, and serum total protein. The liver functions were assayed using the chemistry autoanalyzer (Dimension from Dade Behring RXL, version 5.2; Siemens Healthcare Diagnostic Inc., Newark, Delaware, USA).

Red blood cells, white blood cells, and platelet counts, hemoglobin concentration, PT, PC, and INR were also determined.

To determine the stage of hepatic fibrosis in our cases, the following equations were used:

*APRI*: AST level (in IU/l, divided by the upper limit of normal) and platelet count (in  $10^9$  cells/l) were measured, respectively [17].

*Fibroindex*: this was measured using the following equation [18]:

$$\text{Fibroindex} = 1.738 - 0.064(\text{platelet count}/\text{mm}^3/10^4) + 0.005[\text{AST}(\text{IU}/1)] + 0.463[\gamma\text{-globulin}(\text{g}/\text{dl})].$$

*Model 3*: this index may be derived from the following regression formula [19]:

$$\text{Log odds} = -5.56 - 0.0089 \times \text{platelet} (\times 10^9/1) + 1.26 \times \text{AST/ALT ratio} + 5.27 \times \text{INR}.$$

Serum AFP was assayed using the electrochemiluminescence technique (Bayer Healthcare LLC, Tarry Town, New York, USA) [20].

Serum HGF was assayed by the quantitative sandwich ELISA technique using HGF ELISA kit (catalog no. DHG00; R&D Systems Inc., Minneapolis, Minnesota, USA) [21].

## Statistical analysis

The results were analyzed using the SPSS computer software package (version 13; SPSS Inc., Chicago, Illinois, USA). Quantitative data were presented as mean  $\pm$  SD for normally distributed data and as medians and percentiles for skewed data. Qualitative data were presented in the form of frequencies and percentiles. Differences among groups were determined using one-way analysis of variance with post-hoc test and Kruskal–Wallis analysis of variance, and/or the Mann–Whitney test for normally distributed and skewed data, respectively. The Pearson  $\chi^2$ -test and/or Fisher's exact test were used to detect associations between two variables. For correlations between variables, Pearson's and/or Spearman's correlation coefficients were calculated. All tests were two tailed and considered statistically significant at  $P$  value less than 0.05. Multiple receiver operating characteristic curves were constructed by calculating sensitivities and specificities of the studied analytes at different cut-off points.

## Results

Comparison between the three groups, normal control participants, patients with liver cirrhosis, and patients with HCC, showed no significant difference in terms of age and sex, but the hematological data were significantly different. The indices of fibrosis, AFP, and HGF were significantly higher in the HCC group compared with the other two groups (Table 1).

The radiological data of the cirrhosis group and the HCC group for detection of cirrhosis, splenomegaly, ascites, and portal hypertension were not significant. The number of masses in the HCC group showed one mass in 22 patients, two masses in five patients, and three masses in three patients (Table 2).

HGF is significantly correlated with all parameters, except AST/ALT, number of masses, mss size, and total

**Table 1 Demographic features and hematological data of the participants studied**

Patients data	Control group (n = 20)	Cirrhosis group (n = 30)	HCC group (n = 30)	P value
Sex (male/female) [n (%)]	65/35 [13 (7)]	63.3/36.7 [19 (11)]	70/30 [21 (9)]	0.852
Age (years)	50.4 ± 4.89	54.3 ± 7.87	53.7 ± 7.3	0.139
WBCs (×10 <sup>3</sup> cell/μl)	7.39 ± 1.46	8.17 ± 3.78	5.64 ± 3.1 <sup>#+</sup>	0.001
RBCs (×10 <sup>6</sup> cell/μl)	4.77 ± 0.45	2.99 ± 0.57 <sup>#</sup>	3.62 ± 0.58 <sup>#+</sup>	<0.001
Platelet (×10 <sup>9</sup> /mm <sup>3</sup> )	271.5 (230.25–316)	121.5 (66–162.25) <sup>#</sup>	117.5 (81.5–151) <sup>#</sup>	<0.001
Hb (g/dl)	13.52 ± 1.75	8.84 ± 1.97 <sup>#</sup>	10.5 ± 1.95 <sup>#+</sup>	<0.001
PC%	97.22 ± 8.56	52.45 ± 13.09 <sup>#</sup>	59.48 ± 14.72 <sup>#</sup>	<0.001
PT (s)	11.87 ± 0.85	18.18 ± 3.55 <sup>#</sup>	16.62 ± 2.94 <sup>#</sup>	<0.001
INR	0.96 ± 0.21	1.59 ± 0.39 <sup>#</sup>	1.49 ± 0.24 <sup>#</sup>	<0.001
Albumin (g/dl)	4.04 ± 0.24	2.4 ± 0.49 <sup>#</sup>	2.53 ± 0.52 <sup>#</sup>	<0.001
Protein (g/dl)	6.98 ± 0.25	6.32 ± 0.92 <sup>#</sup>	7 ± 0.79 <sup>+</sup>	<0.001
AST (IU/l)	20 (16–23.75)	58 (40–80.25) <sup>#</sup>	60 (44.75–119.5) <sup>#</sup>	<0.001
ALT (IU/l)	21.5 (17–36)	43.5 (27.5–54) <sup>#</sup>	50 (31–71) <sup>#</sup>	<0.001
ALP (IU/l)	70 (57.25–82.5)	98 (60.5–137)	150 (108–210) <sup>#+</sup>	<0.001
GGT (IU/l)	28.5 (19–37.5)	33.5 (24.75–53.5)	54 (30.25–82.75) <sup>#</sup>	0.002
Total bilirubin (mg/dl)	0.8 (0.6–1.06)	2 (1.27–3.27) <sup>#</sup>	1.6 (1.29–4.07) <sup>#</sup>	<0.001
AST/ALT	0.78 (0.64–1.28)	1.35 (1.15–2) <sup>#</sup>	1.4 (0.83–12.06) <sup>#</sup>	0.006
Fibroindex	1.44 ± 0.41	3.01 ± 0.8 <sup>#</sup>	3.46 ± 0.47 <sup>#+</sup>	<0.001
Model 3	-1.64 (-2.16 to -0.65)	3.21 (2.01–5.08) <sup>#</sup>	3.05 (1.52–5.25) <sup>#</sup>	<0.001
APRI	0.17 (0.14–0.28)	1.34 (0.61–3.07) <sup>#</sup>	1.64 (0.97–3.01) <sup>#</sup>	<0.001
AFP (ng/ml)	3.15 (1.97–4.55)	4.9 (3.65–8.55) <sup>#</sup>	128.5 (81.75–239.5) <sup>#+</sup>	<0.001
HGF (pg/ml)	913 (770.7–1166.5)	2843.5 (2119–3721) <sup>#</sup>	3709 (2574.5–5128.75) <sup>#</sup>	<0.001

Data presented as mean ± SD or median (interquartile range); AFP,  $\alpha$ -fetoprotein; ALP, alkaline phosphatase; ALT, alanine aminotransferase; AST, aspartate aminotransferase; GGT, gamma glutamyl transferase; Hb, hemoglobin; HCC, hepatocellular carcinoma; HGF, hepatocyte growth factor; INR, international normalized ratio; PT and PC, prothrombin time and concentration; RBCs, red blood cells; WBCs, white blood cells; <sup>#</sup>Significant difference from the control group; <sup>+</sup>Significant difference from the cirrhotic group.

**Table 2 Radiological data (ultrasonography and triphasic computed tomography) of the patients studied**

Radiologic data	Liver cirrhosis group (n = 30) [N (%)]	HCC group (n = 30) [N (%)]	P value
Radiological findings			
Cirrhosis	30 (100)	30 (100)	1.0
Splenomegaly	24 (80)	21 (70)	0.552
Ascites	20 (66.7)	13 (43.3)	0.119
Portal hypertension	13 (43.3)	11 (36.7)	0.793
Number of masses			
One mass	—	22 (73.3)	—
Two masses	—	5 (16.7)	—
Three masses	—	3 (10)	—

HCC, hepatocellular carcinoma.

proteins. Upon correlation of HGF with the number of masses in the HCC group, we found that the value of HGF tended to be higher with the number of masses, but this was not statistically significant because of the small number of patients (Tables 3 and 4 and Figs 1–21).

The area under the receiver operating characteristics curve of HGF and AFP for the HCC group versus both the cirrhotic and the control groups were 0.787 and 0.999, respectively.

The odds ratio and 95% confidence interval for HGF were 11.926 and 2.56–55.55, respectively.

**Table 3 Correlations between hepatocyte growth factor and aspartate aminotransferase, alanine aminotransferase, alkaline phosphatase,  $\gamma$ -glutamyl transferase, total bilirubin, albumin, total protein,  $\alpha$ -fetoprotein, and noninvasive indirect biochemical markers for all participants studied**

Variables	HGF	
	R	P
AST	0.653	<0.001
ALT	0.458	<0.001
AST/ALT	0.169	0.133
ALP	0.501	<0.001
GGT	0.289	0.009
Total bilirubin	0.487	<0.001
APRI	0.574	<0.001
Fibroindex	0.503	<0.001
Model 3	0.537	<0.001
AFP	0.561	<0.001
Number of masses	0.250	0.185
PT	0.571	<0.001
PC	-0.607	<0.001
INR	0.611	<0.001
WBCs	0.012	0.914
RBCs	-0.443	<0.001
Hb	-0.327	0.003
Platelet	-0.424	<0.001
Albumin	-0.508	<0.001
Protein	-0.031	0.785
Mass size	0.108	0.573

AFP,  $\alpha$ -fetoprotein; ALP, alkaline phosphatase; ALT, alanine aminotransferase; AST, aspartate aminotransferase; GGT,  $\gamma$ -glutamyl transferase; Hb, hemoglobin; HGF, hepatocyte growth factor; INR, international normalized ratio; PC, prothrombin concentration; PT, prothrombin time; RBC, red blood cell; WBC, white blood cell.

### Discussion

HCC represents the fifth most common cancer in the world and the third most frequent cause of mortality

**Table 4 Diagnostic sensitivity, specificity, accuracy, predictive value of negative, and predictive value of positive of serum hepatocyte growth factor level of hepatocellular carcinoma patients in comparison with  $\alpha$ -fetoprotein for selective detection of hepatocellular carcinoma**

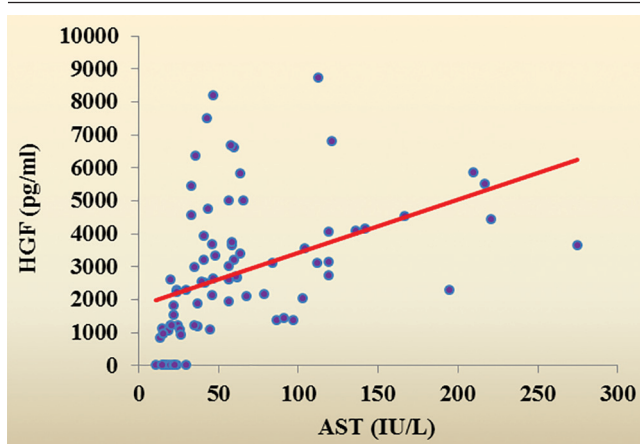
Diagnostic data	HGF (%)	AFP (%)	Both HGF and AFP (%)
Sensitivity	93.3	100.0	100.0
Specificity	46.0	92.0	66.0
PPV	50.9	88.2	62.2
NPV	92.0	100.0	100.0
Accuracy	63.7	95.0	78.2
Cut-off	1451 pg/ml	10 ng/ml	

AFP,  $\alpha$ -fetoprotein; HGF, hepatocyte growth factor; NPV, negative predictive value; PPV, positive predictive value.

among oncological patients [10]. Egypt has the highest prevalence of chronic HCV infection worldwide, ranging from 6% to more than 40% among regions and demographic groups, leading to increasing rates of HCC [22].

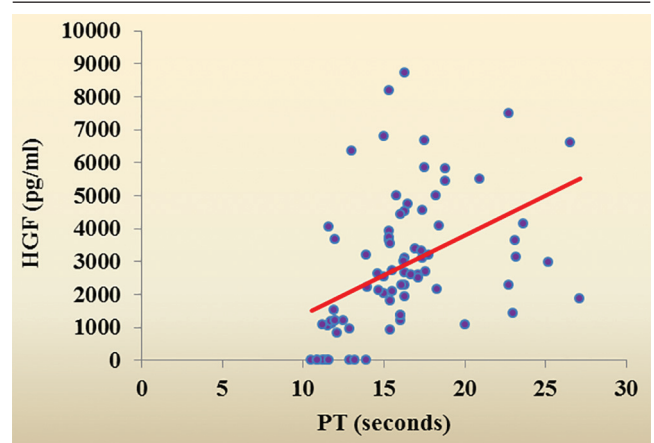
HCV is a major cause of liver disease and it is considered the most common cause of chronic liver disease in Egypt. Although HCV infection is often asymptomatic, it is likely to progress to cirrhosis and HCC; 20% of chronic hepatitis C patients develop cirrhosis after 10–20 years [23]. Early detection of patients with HCC is useful because it yields a better prognosis as HCC tends to grow slowly and remains confined to the liver. Early detection is possible with ultrasound scanning and AFP monitoring, although the use of AFP as a screening test is complicated by frequent false-positive and false-negative results [24]. HGF, or scatter factor, was first identified as a factor

**Figure 1**



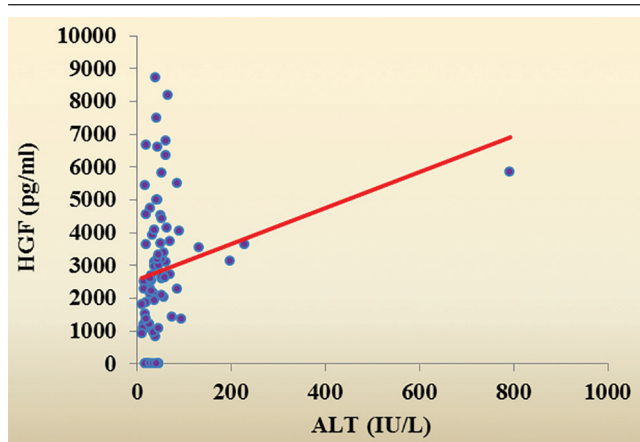
Correlations between hepatocyte growth factor (HGF) and  $\alpha$ -fetoprotein (AFP) for all the participants studied. There is a positive correlation between HGF and AFP for all patients (groups 2 and 3) ( $P = 0.000$  and  $r = 0.561$ ).

**Figure 2**



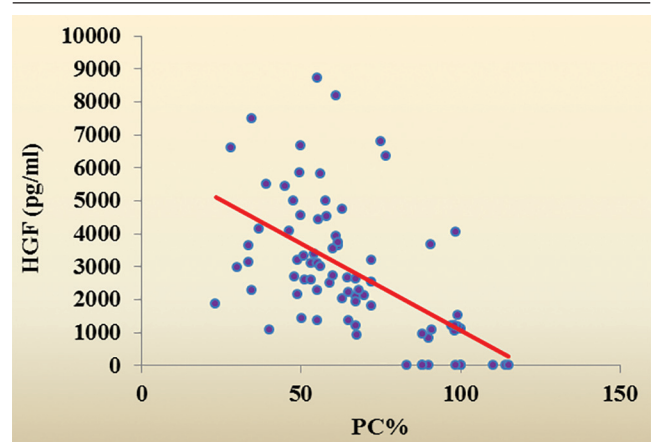
Correlation between hepatocyte growth factor (HGF) and aspartate aminotransferase (AST).

**Figure 3**



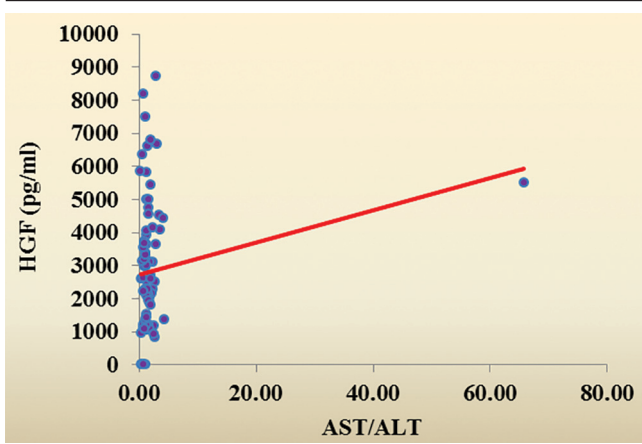
Correlation between hepatocyte growth factor (HGF) and alanine aminotransferase (ALT).

**Figure 4**



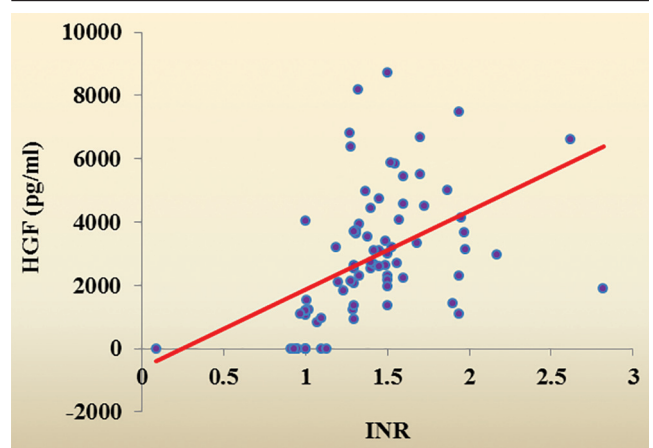
Correlation between aspartate aminotransferase (AST)/alanine aminotransferase (ALT).

Figure 5



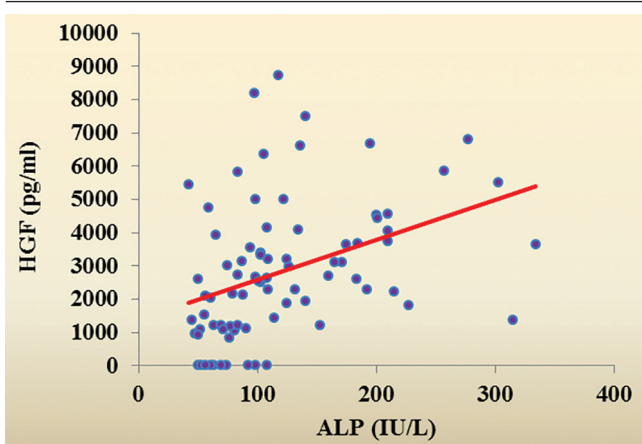
Correlation between hepatocyte growth factor (HGF) and alkaline phosphatase (ALP).

Figure 6



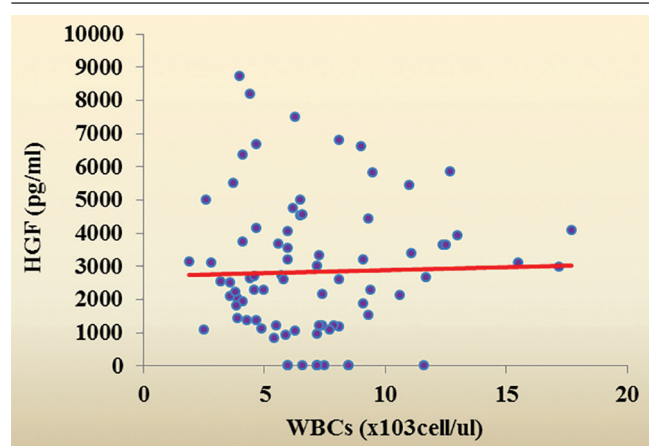
Correlation between hepatocyte growth factor (HGF) and  $\gamma$ -glutamyl transferase (GGT).

Figure 7



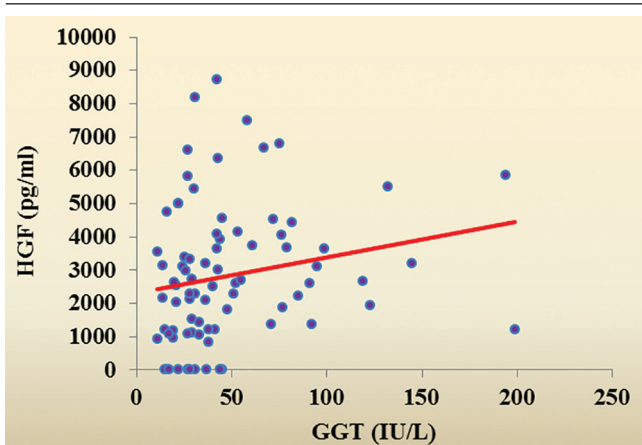
Correlation between hepatocyte growth factor (HGF) and total bilirubin.

Figure 8



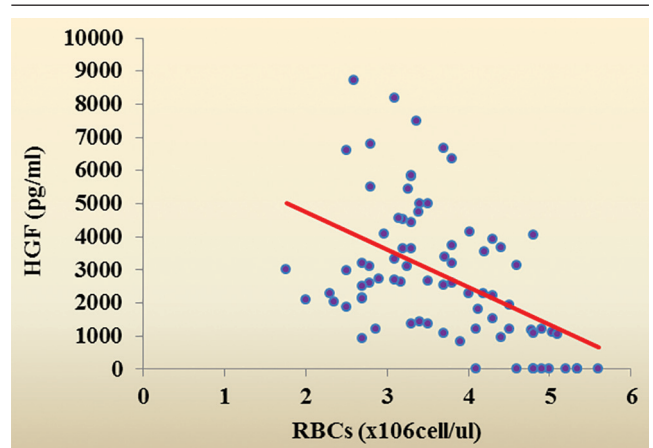
Correlation between hepatocyte growth factor (HGF) and model 3.

Figure 9



Correlation between hepatocyte growth factor (HGF) and fibroindex.

Figure 10

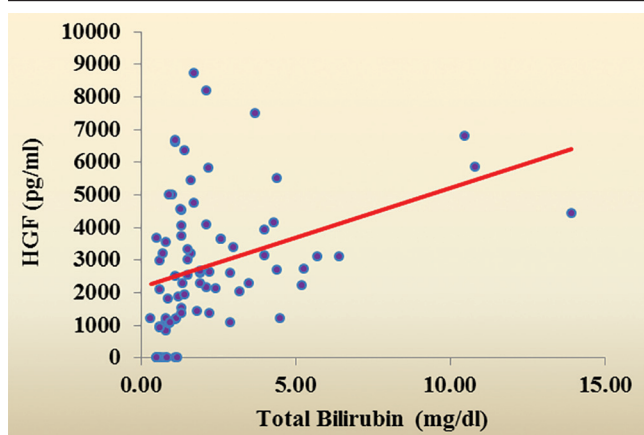


Correlation between hepatocyte growth factor (HGF) and  $\alpha$ -fetoprotein (AFP).

from plasma from humans and rabbits, and also rat platelets that could induce the proliferation of hepatocytes in culture. Following its initial discovery,

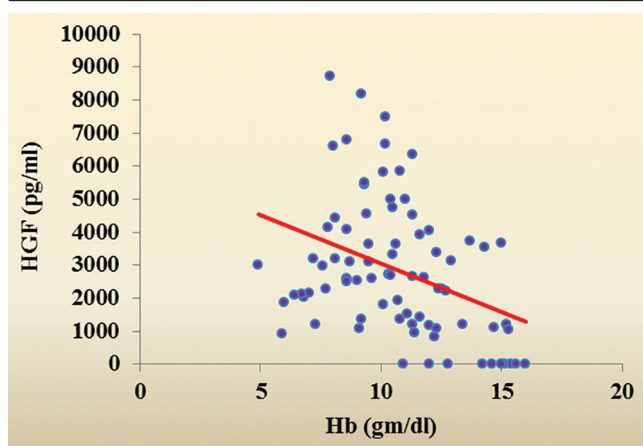
HGF was shown to be produced primarily by mesenchymal cell types, especially fibroblasts, in a

Figure 11



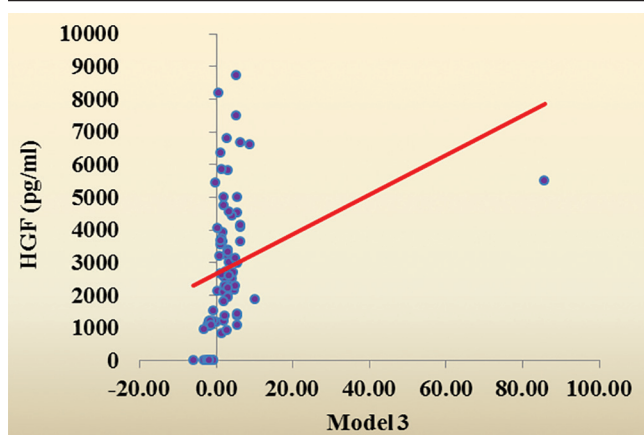
Correlation between hepatocyte growth factor (HGF) and number of masses.

Figure 12



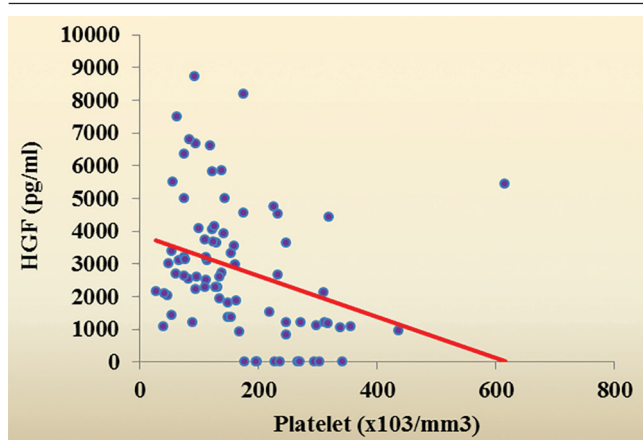
Correlation between hepatocyte growth factor (HGF) and size of masses.

Figure 13



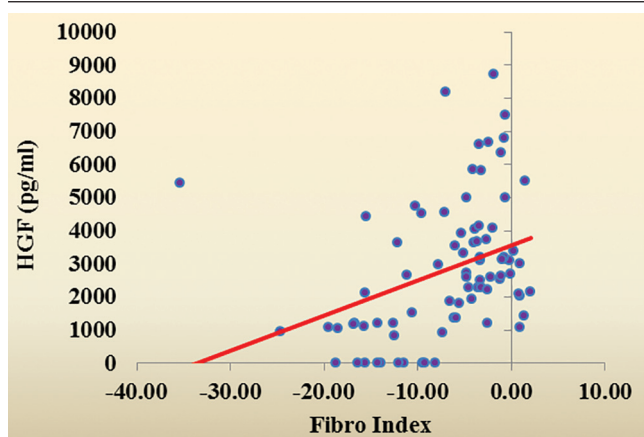
Correlation between hepatocyte growth factor (HGF) and prothrombin time (PT).

Figure 14



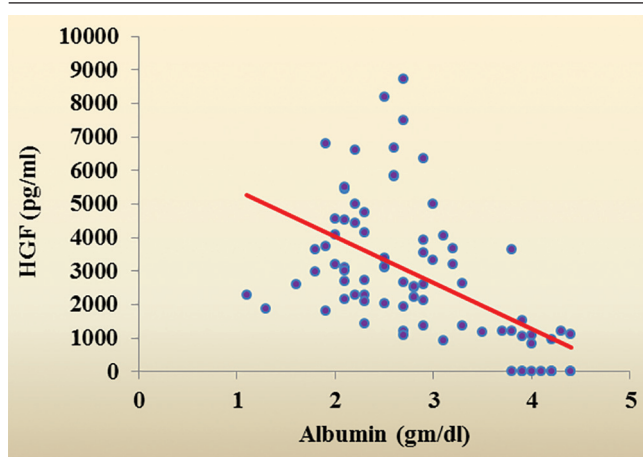
Correlation between hepatocyte growth factor (HGF) and prothrombin concentration (PC%).

Figure 15



Correlation between hepatocyte growth factor (HGF) and international normalized ratio (INR).

Figure 16



Correlation between hepatocyte growth factor (HGF) and white blood cells (WBCs).

variety of tissues including the lung, heart, kidney, liver, skin, and brain [25].

The aim of this study was to assess the serum level of HGF and AFP in patients with liver cirrhosis

with HCV infection and those of HCC, in addition to HCV, and to compare them with normal individuals to evaluate the role of serum HGF as a noninvasive biomarker in the diagnosis of liver cirrhosis and HCC. This study was carried out on 80 individuals divided into three groups: group 1 included 20 healthy control participants, group 2 included 30 patients with HCV infection and liver cirrhosis, and finally, group 3 included 30 patients with HCC, in addition to HCV infection and liver cirrhosis.

In our study, the serum HGF levels were 535–1529, 925–7481, and 1369–8717 pg/ml in the control, cirrhotic, and HCC groups, respectively. HGF was highly significantly elevated in the HCC group [median 3709 (2574.5–5128.75) pg/ml] and the cirrhotic group [median 2843.5 (2119–3721) pg/ml] compared with that of the control group [median 913 (770.7–1166.5) pg/ml] ( $P = 0.000$ ).

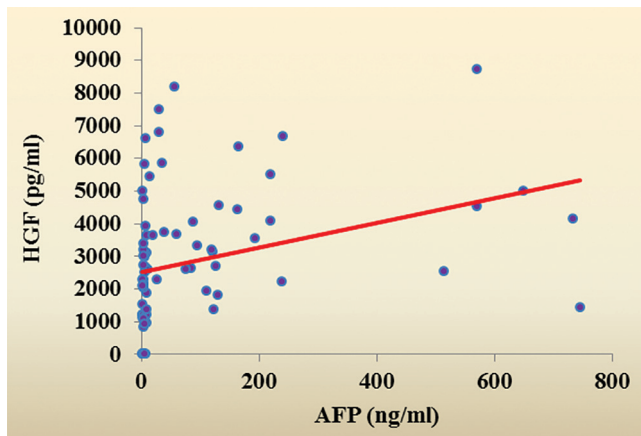
Several researchers have confirmed similar results of increased HGF levels in patients with liver cirrhosis and HCC compared with normal control participants such as the studies of Shiota *et al.* [26] and Vejchapipat *et al.* [27]. In our study, the level of HGF was higher in the HCC group than that in the cirrhotic group, but this difference was not statistically significant.

However, Yamagamim *et al.* [28], found that the mean serum HGF concentration was significantly higher in patients with HCC than in patients with chronic hepatitis or cirrhosis.

Karabulut *et al.* [29] found that the baseline serum HGF levels were significantly higher in patients with HCC than in the control group ( $P < 0.001$ ).

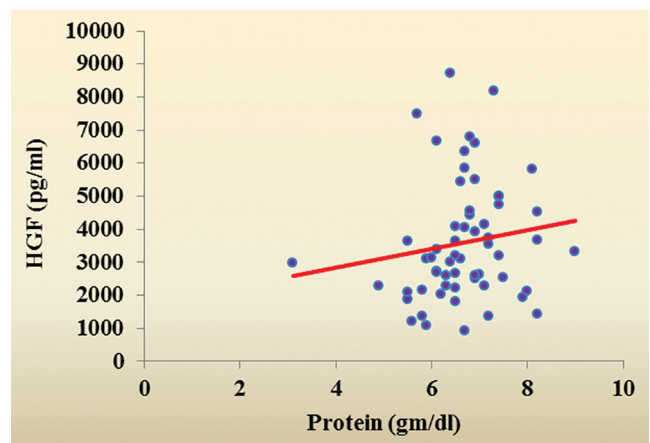
The serum AFP levels in our study were 1.2–8.4, 2.6–30, and 25.9–745 ng/ml in the control, the cirrhotic, and the HCC group, respectively.

Figure 17



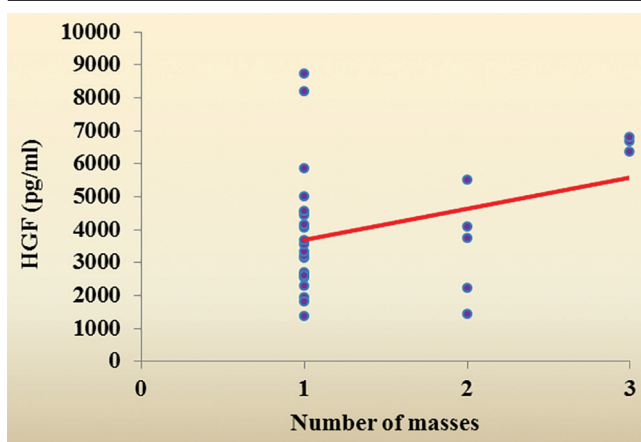
Correlation between hepatocyte growth factor (HGF) and red blood cells (RBCs).

Figure 18



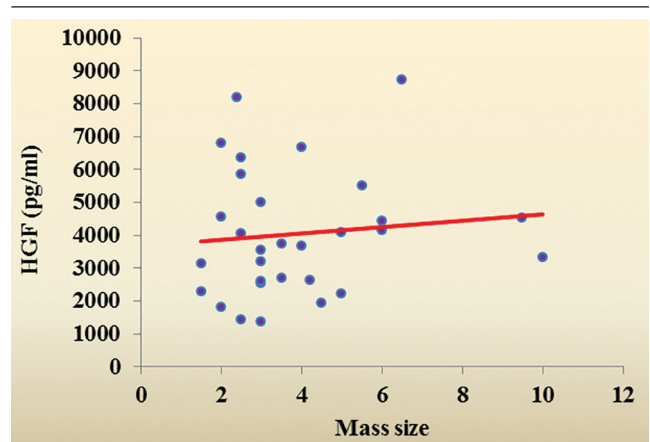
Correlation between hepatocyte growth factor (HGF) and hemoglobin (Hb).

Figure 19



Correlation between hepatocyte growth factor (HGF) and platelets.

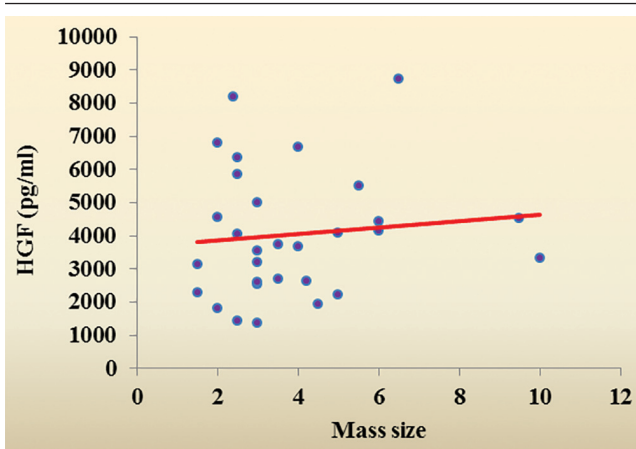
Figure 20



Correlation between hepatocyte growth factor (HGF) and albumin.



Figure 21



Correlation between hepatocyte growth factor (HGF) and proteins.

The AFP level was highly significantly increased in the HCC group [median 128.5 (81.75–239.5) ng/ml] than both the cirrhotic group [median 4.9 (3.65–8.55) ng/ml] and the control group [median 3.15 (1.97–4.55) ng/ml] ( $P = 0.000$ ). The AFP level of the cirrhotic group was still higher than that of the control group, but this difference was not statistically significant. Similar to our results, Jia *et al.* [30] found that serum AFP level was significantly higher in HCC patients than in liver cirrhosis patients and healthy individuals. The results from the studies of Hussein *et al.* [9] and Cheng *et al.* [31] yielded the same results. Gadelhak *et al.* [32] found a significantly elevated AFP level in the HCC group than that in the healthy group.

El Badrawy *et al.* [33], in their study in 2013, reported that tissue expression of AFP showed positivity in cirrhosis and high expression in HCC and that of HGF was higher in the liver cirrhosis and HCC groups compared with the control group.

Our study showed that the fibrotic indices AST/ALT, APRI, fibroindex, and model 3 were significantly higher in the cirrhotic group compared with the control group ( $P = 0.006$  for all), confirming their role as noninvasive markers for liver fibrosis. These results were in agreement with those of Lackner *et al.* [34] as these fibrotic indices can enable the diagnosis of liver cirrhosis.

In our study, we found a positive significant correlation between HGF and AFP for all the participants studied ( $r = 0.561$ ,  $P = 0.000$ ); however, we did not find this correlation in each group separately. The same results were reported by Yamagamim *et al.* [28].

In our study, there were direct correlations between HGF and APRI, fibroindex, and model 3 (Table 3).

Our study showed direct significant correlations between HGF and each of AST, ALT, ALP, GGT, and total bilirubin in all the participants studied ( $r = 0.653$ ,  $P = 0.000$ ;  $r = 0.458$ ,  $P = 0.000$ ;  $r = 0.501$ ,  $P = 0.000$ ;  $r = 0.289$ ,  $P = 0.009$ ; and  $r = 0.487$ ,  $P = 0.000$ ; respectively). The same positive correlations were reported in the study by Shiota *et al.* [26], but Yamagamim *et al.* [28] showed that serum HGF level was not significantly correlated with other indicators of liver functions, such as the AST level, the ALP level, and the GGT level.

Karabulut *et al.* [29] found that male patients had higher serum HGF levels compared with female patients ( $P = 0.01$ ). Serum HGF levels were significantly higher in the patients with elevated serum ALT levels than others with normal serum ALT levels ( $P = 0.05$ ) [29].

Our study also showed indirect significant correlations between HGF and albumin in all the participants studied ( $r = -0.508$ ,  $P = 0.000$ ) as shown in Table 3 and direct significant correlations between HGF and each of PT and INR in all the participants studied ( $r = 0.571$ ,  $P = 0.000$  and  $r = 0.611$ ,  $P = 0.000$ , respectively) as shown in Table 5. Shiota *et al.* [26], found the same correlation with albumin, but in their study, serum HGF levels showed a negative correlation with PT.

Upon correlation of HGF with the number of masses in the HCC group, we found that the value of HGF tends to be higher with the number of masses, but this was not statistically significant because of the small number of patients.

The sensitivity and specificity of HGF have been shown to vary with the different cut-off values used. According to our results, at a cut-off 1451 pg/ml (1.451 ng/ml), the sensitivity was 93.3%, the specificity was 46%, and area under the curve (AUC) was 0.787.

The concentration of HGF (mean 3.69 vs. 5.58 ng/ml, AUC 0.71) was found in the study of Andersen *et al.* [35], and it was significantly higher (among other studied parameters) in patients with cirrhosis.

Yamagamim *et al.* [28] found in their study that the cut-off value of HGF for suspecting HCC in their cirrhotic patients was above 0.6 ng/ml and they concluded from their study that HGF may be a critical marker for emergence of HCC in their patients. Of course, they detected the HGF after only two days of storage of their samples, which is why their values were low and more specific [28]. In our study, our samples were stored till the end of collection; this explains the higher cut-off value and the decreased specificity.

The sensitivity and specificity of AFP have been shown to vary with the different cut-off values used. In our study, at a cut-off of 10 ng/ml, the sensitivity was 100%, the specificity was 92%, and AUC was 0.999.

Taketa *et al.* [36] reported a sensitivity of 95% and a specificity of 66% for AFP when the cut-off value was 10 ng/ml. Gad *et al.* [37] detected 99% sensitivity and 75% specificity for AFP for the diagnosis of HCC in Egyptian patients at a cut-off value of 10 ng/ml. Hussein *et al.* [9] found that the sensitivity and specificity of AFP at a cut-off value of 7.7 ng/ml were 89.8 and 93.3%, respectively, Stefaniuk *et al.* [38] reported that the sensitivity and specificity of AFP at a cut-off value of 20 ng/ml were 60 and 90%, respectively, Chen *et al.* [39] reported that the sensitivity and specificity of AFP were 72 and 78% when the cut-off value was 20 ng/ml, and Lok *et al.* [40] reported that the sensitivity and specificity of AFP were 61 and 81% at a cut-off value of 20 ng/ml. Sheng *et al.* [41] found that AUC for AFP was 0.771, Marrero *et al.* [42] found that AUC for AFP was 0.8, and Yamamoto *et al.* [43] found that AUC was 0.79 for AFP.

Zhou *et al.* [44] found that the serum AFP level is associated with more clinicopathological variables of HCC at a cut-off value of 400 ng/ml than 20 ng/ml. However, serum AFP level at a cut-off value of 20 ng/ml is of significant prognostic impact for both overall and tumor-free survival, whereas that under 400 ng/ml is not.

We conclude from this study that both HGF and AFP can be additional useful factors as noninvasive biomarkers for the early detection of HCC in HCV cirrhotic patients cause that the specificity of HGF is only 46% yet the specificity of AFP is 92%. Of course, this is highly premature to establish as a well-established fact because to confirm our findings, we need a large-scale study of Egyptian patients using the same parameters as well as the noninvasive markers for liver fibrosis instead of the invasive liver biopsy, especially as those markers were positively correlated with both HGF and AFP and delineated in a great way the liver pathological status of the patients in our study. We also need to evaluate the HGF in our samples within 48 h of the extraction of blood to avoid the spurious increase in HGF in stored samples, which may have altered the specificity and the cut-off value in our study. We also need to extend our research to include a large number of HCC patients with different numbers of masses and to correlate the number of these masses with the value of HGF. For the future, we must carry out genetic polymorphism studies of HGF.

## Financial support and sponsorship

Nil.

## Conflicts of interest

There are no conflicts of interest.

## References

- Brandao DF, Ramalho LNZ, Ramalho FS, Zucoloto S, Martinelli A, Castro E, *et al.* Liver cirrhosis and hepatic stellate cells. *Acta Cir Bras* 2006; 21:54–57.
- Anthony PP, Ishak KG, Nayak NC, Poulsen HE, Scheuer PJ, Sobin LH. The morphology of cirrhosis. Recommendations on definition, nomenclature, and classification by a working group sponsored by the World Health Organization. *J Clin Pathol* 1978; 31:395–414.
- Groszmann RJ, Atterbury CE. The pathophysiology of portal hypertension: a basis for classification. *Semin Liver Dis* 1982; 2:177–186.
- Rockey DC, Bissell DM. Noninvasive measures of liver fibrosis. *Hepatology* 2006; 43:S113–S120.
- Sattler M, Salgia R. The MET axis as a therapeutic target. *Update Cancer Ther* 2009; 3:109–118.
- Zekri AR, Alam El-Din HM, Bahnassy AA, Fayed NA, Mohamed WS, El-Masry SH, *et al.* Serum levels of soluble Fas, soluble tumor necrosis factor-receptorII, interleukin 2 receptor and interleukin 8 as early predictors of hepatocellular carcinoma in Egyptian patients with hepatitis C genotype 4. *Comp Hepatol* 2010; 9:1.
- Marrero CR, Marrero JA. Viral hepatitis and hepatocellular carcinoma. *Arch Med Res*. 2007; 38:612–620.
- Liovet J, Burroughs A, Bruix J. Hepatocellular carcinoma. *Lancet* 2003; 362:1907–1917.
- Hussein MM, Ibrahim AA, Abdella HM, Montasser IF, Hassan MI. Evaluation of serum squamous cell carcinoma antigen as a novel biomarker for diagnosis of hepatocellular carcinoma in Egyptian patients. *Indian J Cancer* 2008; 45:167–172.
- Schwartz M, Roayaie S, Konstadoulakis M. Strategies for the management of hepatocellular carcinoma. *Nat Clin Pract Oncol* 2007; 4:424–432.
- Di Bisceglie AM, Sterling RK, Chung RT, Everhart JE, Dienstag JL, Bonkovsky HL, *et al.* HALT-C Trial Group Serum alpha-fetoprotein levels in patients with advanced hepatitis C: results from the HALT-C Trial. *J Hepatol* 2005; 43:434–441.
- Gomaa AI, Khan SA, Leen ELS, Waked I, Taylor-Robinson . Diagnosis of hepatocellular carcinoma. *World J Gastroenterol* 2009; 15:1301–1314.
- Nakamura T, Mizuno S. The discovery of hepatocyte growth factor (HGF) and its significance for cell biology, life sciences and clinical medicine. *Proc Jpn Acad Ser B Phys Biol Sci* 2010; 86:588–610.
- Venepalli NK, Goff L. Targeting the HGF–cMET axis in hepatocellular carcinoma. *Int J Hepatol* 2013; 2013:341636.
- Atta H, El-Rehany M, Hammam O, Abdel-Ghany H, Ramzy M, Roderfeld M, *et al.* Mutant MMP-9 and HGF gene transfer enhance resolution of CCl4-induced liver fibrosis in rats: role of ASH1 and EZH2 methyltransferases repression. *PLoS One* 2014; 9:e112384.
- Nagai T, Arai T, Furuta K, Sakai K, Kudo K, Kaneda H, *et al.* Sorafenib inhibits the hepatocyte growth factor-mediated epithelial mesenchymal transition in hepatocellular carcinoma. *Mol Cancer Ther* 2011; 10:169–177.
- Wai CT, Greenson JK, Fontana RJ, Kalbfleisch JD, Marrero JA, Conjeevaram HS, Lok AS. A simple noninvasive index can predict both significant fibrosis and cirrhosis in patients with chronic hepatitis C. *Hepatology* 2003; 38:518–526.
- Koda M, Matunaga Y, Kawakami M, Kishimoto Y, Suou T, Murawaki Y. FibroIndex, a practical index for predicting significant fibrosis in patients with chronic hepatitis C. *Hepatology* 2007; 45:297–306.
- Lok AS, Ghany MG, Goodman ZD, Wright EC, Everson GT, Sterling RK, *et al.* Predicting cirrhosis in patients with hepatitis C based on standard laboratory tests: results of the HALT-C cohort. *Hepatology* 2005; 42:282–292.
- Bi S, Yan Y, Yang X, Zhang S. Gold nanolabels for new enhanced chemiluminescence immunoassay of alpha-fetoprotein based on magnetic beads. *Chemistry* 2009; 15:4704–4709.
- Chau GY, Lui WY, Chi CW, Chau YP, Li AF, Kao HL, Wu CW. Significance of serum hepatocyte growth factor levels in patients with hepatocellular carcinoma undergoing hepatic resection. *Eur J Surg Oncol* 2008; 34:333–338.

- 22 Lehman EM, Wilson ML. Epidemiology of hepatitis viruses among hepatocellular carcinoma cases and healthy people in Egypt: a systematic review and meta-analysis. *Int J Cancer* 2009; 124:690–697.
- 23 Strickland GT. Liver disease in Egypt: hepatitis C superseded schistosomiasis as a result of iatrogenic and biological factors. *Hepatology* 2006; 43:915–922.
- 24 Gogel BM, Goldstein RM, Kuhn JA, McCarty TM, Donahoe A, Glastad K. Diagnostic evaluation of hepatocellular carcinoma in a cirrhotic liver. *Oncology (Williston Park)* 2000; 14 (Suppl 3):15–20.
- 25 Mungunsukh O, McCart EA, Day RM. Hepatocyte growth factor isoforms in tissue repair, cancer, and fibrotic remodeling. *Biomedicines* 2014; 2:301–326.
- 26 Shiota G, Umeki K, Okano J, Kawasaki H. Hepatocyte growth factor and acute phase proteins in patients with chronic liver diseases. *J Med* 1995; 26:295–308.
- 27 Vejchapipat P, Tangkijvanich P, Theamboonlers A, Chongsrisawat V, Chittmitrappap S, Poovorawan Y. Association between serum hepatocyte growth factor and survival in untreated hepatocellular carcinoma. *J Gastroenterol* 2004; 39:1182–1188.
- 28 Yamagamim H, Moriyama M, Matsumura H, Aoki H, Shimizu T, Saito T, *et al.* Serum concentrations of human hepatocyte growth factor is a useful indicator for predicting the occurrence of hepatocellular carcinomas in C-viral chronic liver diseases. *Cancer* 2002; 95:824–834.
- 29 Karabulut S, Tas F, Akyüz F, Ormeci AC, Serilmez M, Soydinç HO, *et al.* Clinical significance of serum hepatocyte growth factor (HGF) levels in hepatocellular carcinoma. *Tumour Biol* 2014; 35:2327–2333.
- 30 Jia HL, Xing XJ, Ye QH, Qin LX. Application of alpha-fetoprotein in the diagnosis of hepatocellular carcinoma. *Zhongguo Yi Xue Ke Xue Yuan Xue Bao* 2008; 30:440–443.
- 31 Cheng KS, Tang HL, Chou FT, Chou JW, Hsu CH, Yu CJ, *et al.* Cytokine evaluation in liver cirrhosis and hepatocellular carcinoma. *Hepatogastroenterology* 2009; 56:1105–1110.
- 32 Gadelhak NA, Gadelhak SA, El-Morsi DA, Abdelaziz MM, Abbas AT, El-Emshaty HM. Prognostic significance of three hepatitis markers (P53 antibodies, vascular endothelial growth factors and alpha fetoprotein) in patients with hepatocellular carcinoma. *Hepatogastroenterology* 2009; 56:1417–1424.
- 33 El Badrawy N, Hammam OA, El Ghanam M, Al Ansary M, Hassan M, Ai Saleem AA. OV6, a-fetoprotein, hepatocyte growth factor and transforming growth factor beta 1 in patients with chronic hepatitis, cirrhosis and hepato cellular carcinoma. *J Am Sci* 2013; 9:647–657.
- 34 Lackner C, Struber G, Liegl B, Leibl S, Ofner P, Bankuti C *et al.* Comparison and validation of simple noninvasive tests for prediction of fibrosis in chronic hepatitis C. *Hepatology* 2005; 41:1376–1382.
- 35 Andersen ES, Ruhwald M, Moessner B, Christensen PB, Andersen O, Eugen-Olsen J, Weis N. Twelve potential fibrosis markers to differentiate mild liver fibrosis from cirrhosis in patients infected with chronic hepatitis C genotype 1. *Eur J Clin Microbiol Infect Dis* 2011; 30:761–766.
- 36 Taketa K, Okada S, Win N, Hlaing NK, Wind KM. Evaluation of tumor markers for the detection of hepatocellular carcinoma in Yangon General Hospital, Myanmar. *Acta Med Okayama* 2002; 56:317–320.
- 37 Gad A, Tanaka E, Matsumoto A, Serwah AEH, Attia F, Hassan A, *et al.* Ethnicity affects the diagnostic validity of alpha-fetoprotein in hepatocellular carcinoma. *Asia Pac J Clin Oncol* 2005; 1:64–70.
- 38 Stefaniuk P, Cianciara J, Wiercinska-Drapalo A. Present and future possibilities for early diagnosis of hepatocellular carcinoma. *World J Gastroenterol* 2010; 16:418–424.
- 39 Chen L, Ho DW, Lee NP, Sun S, Lam B, Wong KF, *et al.* Enhanced detection of early hepatocellular carcinoma by serum SELDI-TOF proteomic signature combined with alpha-fetoprotein marker. *Ann Surg Oncol* 2010; 17:2518–2525.
- 40 Lok AS, Sterling RK, Everhart JE, Wright EC, Hoefs JC, Di Bisceglie AM, *et al.* Des-gamma-carboxy prothrombin and alpha-fetoprotein as biomarkers for the early detection of hepatocellular carcinoma. *Gastroenterology* 2010; 138:493–502.
- 41 Sheng SL, Wang Q, Huang G, Yu B, Qin WX. Simultaneous determination of alpha-fetoprotein immune complexes and alpha-fetoprotein concentration in hepatocellular carcinoma using dual-label time-resolved immunofluorometric assays. *J Clin Lab Anal* 2009; 23:179–185.
- 42 Marrero JA, Feng Z, Wang Y, Nguyen MH, Befeler AS, Roberts LR, *et al.* Alpha-fetoprotein, des-gamma carboxyprothrombin, and lectin-bound alpha-fetoprotein in early hepatocellular carcinoma. *Gastroenterology* 2009; 137:110–118.
- 43 Yamamoto K, Imamura H, Matsuyama Y, Hasegawa K, Beck Y, Sugawara Y, *et al.* Significance of alpha-fetoprotein and des-gamma-carboxy prothrombin in patients with hepatocellular carcinoma undergoing hepatectomy. *Ann Surg Oncol* 2009; 16:2795–2804.
- 44 Zhou L, Rui JA, Wang SB, Chen SG, Qu Q. The significance of serum AFP cut-off values, 20 and 400 ng/ml in curatively resected patients with hepatocellular carcinoma and cirrhosis might be of difference. *Hepatogastroenterology* 2012; 59:840–843.