ORIGINAL ARTICLE



Monitoring and assessment of water quality in the Haraz River of Iran, using benthic macroinvertebrates indices

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Abstract

The objective of this study was to assess the relationship between river water quality and the distribution of benthic macroinvertebrate communities in the Haraz River in Iran. Using a surber net sampler, benthic macroinvertebrate communities along the stream was sampled in wet and dry seasons of 2015 at nine stations with three replications. The physicochemical water quality parameters were measured in the field by water checker. Hilsenhoff biotic Indices, Shannon Wiener Diversity Indices, Average Score per Taxon (ASPT) Index and Pielou Evenness Index were applied to carry out a biological assessment of water quality. A total of 3781 (spring 769, summer 1092, autumn 1095 and winter 825) benthic macroinvertebrate specimens belonging to 4 orders, 11 classes and 16 families were identified. The lowest number of taxa was recorded in spring while the highest was recorded in autumn. Station 9 had the lowest number of taxa while the highest number of taxa was recorded at station 3. The average values (±SD) of the water quality parameters were temperature 14.75 ± 4.38 °C, pH 7.93 ± 0.62, water flow 14.11 ± 9.04 m³ s⁻¹, electric conductivity 532.75 ± 161.35 µmohs cm⁻¹, total dissolved solids 296.61 ± 76.21 mg L⁻¹, salinity 0.28 ± 0.07 mg L⁻¹, turbidity 580.77 ± 149.92 NTU and dissolved oxygen 8.08 ± 0.75 mg L⁻¹. The assessment of stations 1 to 6 indicated that water quality conditions were suitable. In addition, substantial level of organic pollution was observed in stations 7 and 8. In station 9 water quality poor, requiring a more favourable management based on the capacity of the self-purification of the Haraz River.

Keywords Benthic macroinvertebrate communities · Haraz River · Water quality

Introduction

The surface water quality is an important issue in aquatic organisms surviving and has become a major environmental concern worldwide. River ecosystems have been increasingly threatened by various anthropogenic activities over the past decades. Considering the importance of rivers, water quality monitoring is essential for assessing pollutants.

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Water quality in river ecosystems are usually monitored by aquatic organisms as well as chemical and physical tests. Physical and chemical monitoring methods reflects immediate measurements, while aquatic organisms respond better to the environmental changes (Naumoski et al. 2009). Aquatic organisms, such as diatoms, macrophytes, benthic macroinvertebrates and fish, should be used as bioindicators (López-López and Sedeño-Díaz 2015), the reason is that they are the major indicators applied in the official bioassessment systems in the different countries (Ibáñez et al. 2010). Macroinvertebrate communities are very good bioindicator of water quality and play a key role in identifying the pollution load of surface water and food webs. Benthic macroinvertebrates are used as bioindicators of water quality due to their high diversity, known pollution tolerances, low displacement, different feeding strategies, and sensitivity to environmental disturbance.

Different methods based on the employing of macroinvertebrates for assessing river have been developed. The assessment methods of macroinvertebrates are mostly based on

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species diversity, density, biomass, tolerance value, and functional and trophic variables. The distribution, population density and diversity of the macroinvertebrates community are affected by seasonal alterations, although seasonal changes in macroinvertebrates community can be large in some systems while small in others. Seasonal patterns in climate, such as precipitation and temperature, result in within-year changes in aquatic ecosystems (Chi et al. 2017). Changes in temperature and precipitation present serious challenges to macroinvertebrates community in both wet and dry seasons.

A great many studies on benthic macroinvertebrate communities of rivers have been reported by several authors. As such (Rossaro et al. 2007; Resende et al. 2010; Mehari et al. 2014; Gebrehiwot et al. 2017; Wang and Tan 2017; Wright-Stow and Wilcock 2017). Meanwhile, Naderi Jolodar (2008) conducted a similar study on the upstream of the Haraz River with an emphasis on the effect of salmon farms on river macroinvertebrates. However, very few studies have been carried out on benthic macroinvertebrates in Iran. Varnosfaderany et al. (2010) have shown that macroinvertebrates diversity decreased from upstream to downstream in Zayanderud, the impact of fish farm effluents on water quality assessed in Tajan River (Namin et al. 2013). Shokri et al. (2014) estimated river ecology status by many biotic and abiotic indices and showed the relationships between macroinvertebrate genera and physicochemical parameters.

The major focus of this study was to appraise the relationship between river water quality and the distribution of benthic macroinvertebrate in the Haraz River, which are particularly, affected by pollutants.

Material and methods

Study area

The Haraz River is located in the Mazandaran province in the north part of Iran. It lies between longitude of 52° 03' 82"E and 52° 26' 60"E, and latitude of 35° 50' 01"N and 36° 39' 77"N. The Haraz River originates from the Alborz Mountain, passing from Amol City, and then it enters the southern coast of the Caspian Sea (Fig. 1). The Haraz River is about 185 km long and has average width ranges between 50 to 500 m at different locations. Annual average precipitation is 888 mm, a large part is occurring in the cloudy seasons (Saremi et al. 2013; Banagar et al. 2008).

Water sampling

Applying Surber net samplers, we collected benthic macroinvertebrate's samples along the stream in wet and dry seasons of 2015 at each of the nine stations with three replicates (30.5 cm \times 30.5 cm). Latitude and longitude of sampling stations are reported in Table 1. All samples were preserved in the field in 4% formalin and brought to the laboratory. The macroinvertebrates were sorted, then they were identified up to the lowest possible taxonomic level and finally, they were counted under a Loupe. The water quality parameters such as temperature, pH, Electric Conductivity, Total Dissolved Solids, salinity, turbidity and Dissolved Oxygen were measured in the field by water checker (Hach Sension 5, USA and Aqualytic AL15, Germany).

Data analyses

Utilizing the PRIMER 5 software, macroinvertebrate metrics were calculated. The following indices were considered in particular: Hilsenhoff biotic Indices, Shannon Wiener Diversity Indices, and Average Score per Taxon (ASPT) and Pielou Evenness Index which were calculated by the equations below:

Hilsenhoff index

$$BI = \frac{\sum (X_i t_i)}{n}$$

Where X_i is the number of specimens in each taxonomic group, t_i is the pollution tolerance score for that taxonomic group, and n is the total number of organisms in sample. Macroinvertebrates are given with a numerical pollution tolerance score (t_i) ranging from 0 to10 (Table 2).

Shannon-wiener index

$$H' = -\sum_{i=1}^{s} P_i \ln P_i$$

Where Pi is the proportion of individuals found in the species i.

Average Score per Taxon (ASPT):

$$ASPT = BMWP/N$$

Where: BMWP = the value of Biological Monitoring Working Party; N = total number of families. The ASPT equals the average of the tolerance scores of all macroinvertebrate families that were found, and ranges from 0 to 10 (Hawkes 1998) (Table 3).

Pielou evenness index

$$J' = \frac{H'}{H'_{max}} = \frac{H'}{\ln S}$$

Where H'_{max} is the maximum possible value of Shannon diversity. The index oscillates from 0 to 1.





Data analyses were performed by utilizing the statistical packages Primer 5 and SPSS (version 24). The Kolmogorov–Smirnov test was accomplished in order to analyze the normality of data distribution. One way-ANOVA, followed by Tukey's test (p < 0.05), was conducted so as to test the significant differences of biotic indices and physicochemical parameters among the sites.

Results

Table 4 shows the water quality analysis of the Haraz River. The average values of the water quality parameters were temperature 14.75 ± 4.38 °C, pH 7.93 ± 0.62 , water flow14.11 \pm 9.04 m³ s⁻¹, electric conductivity (EC) $532.75 \pm 161.35 \mu$ -mhos cm⁻¹, Total Dissolved Solids 296.61 \pm 76.21 mg L⁻¹, salinity 0.28 ± 0.07 mg L⁻¹, turbidity 580.77 \pm 149.92 NTU and Dissolved Oxygen 8.08 ± 0.75 mg L⁻¹.

Maximum value of EC was 720 μ -mhos cm⁻¹ at station 9 and the minimum amount was 334.25 μ -mhos cm⁻¹ at station 3. The lowest turbidity was 491.25 NTU at station 4 and the highest value was 731.25 NTU at station 1. Maximum value of TDS was 372.5 at station 1 and the minimum TDS was 247.5 at station 4. Lowest and highest DO concentrations were recorded at station 9 (6.92 mg L⁻¹) and station 1 (9.2 mg L⁻¹), respectively. Maximum value of surface water salinity was 0.37 at stations 1 and 9 and the minimum value was 0.20 at station 3. The lowest pH was 6.88 at station 1 and the highest amount was 8.35 at station 4. The lowest surface water temperature was 9.92 °C at station 1 and the highest amount was 19.80 °C at station 9. Maximum water flow was 28.31 m³ s⁻¹ at station 7 and the minimum value was 1.17 m³ s⁻¹ at station 1.

The benthic macroinvertebrates families, identified in the investigated stations at the Haraz River, are shown in Table 5. A total of 3781 (spring 769, summer 1092, autumn 1095 and winter 825) benthic macroinvertebrate specimens belonging

Table 1	The Haraz River
sampling:	geographic
coordinate	es, altitude (we), slope
and distar	ice from the first station
(wf) in stu	idied stations

Station	Latitude (utm)	Longitude (utm)	we (m)	wf (km)	Width (m)		Depth (m)		Slope
					Average	SD	Average	SD	(degree)
1	596,891.4	3,966,025	2314	0	7.25	0.17	0.18	0.009	26.3
2	596,423.7	3,967,499	2290	1.275	8.9	1.92	0.25	0.026	5.61
3	604,003.8	3,969,341	2083	8.652	10.75	0.96	0.59	0.063	28.92
4	615,123.4	3,976,475	1535	21.974	9.67	1.6	0.71	0.063	22.3
5	616,639.9	4,000,008	992	48.534	12.5	0.58	0.7	0.04	32.15
6	617,791.4	4,001,750	945	49.576	14.12	0.63	0.91	0.025	25
7	623,074.2	4,029,314	202	86.978	22.75	2.22	0.95	0.1	5.25
8	622,040.1	4,033,737	120	91.794	32.25	2.5	0.42	0.165	1.14
9	629,572.4	4,059,399	-27	131.325	19	1.63	1.47	0.125	0

 Table 2
 Hilsenhoff Biotic Index score range and classes (adapted from Hilsenhoff 1988)

Hilsenhoff Biotic Index score range	Water-quality- evaluation rating	Degree of organic pollution
0.00–3.75	Excellent	No apparent organic pollution.
3.76-4.25	Very good	Possible slight organic pollution.
4.26-5.00	Good	Some organic pollution
5.01-5.75	Fair	Fairly significant organic pollution.
5.76-6.50	Fairly poor	Significant organic pollution.
6.51-7.25	Poor	Very significant organic pollution.
7.26–10.00	Very poor	Severe organic pollution

to four orders, 11 classes and 16 families were identified. The macroinvertebrates collected in all the 9 stations were included the following families, namely Hydropsychidae (30%), Heptageniidae (23%), Baetidae (20%), Chironomidae (14%), Simuliidae (9%), Lumbricidae (1%), in addition, Leuctridae, Coenagrionidae, Ichneumonidae, Tipulidae, Limoniidae, Culicidae, Elmidae, Gammaridae, and Lumbriculidae together (3%). Figure 2 shows the percentage composition of macroinvertebrate taxa in the nine stations. The lowest number of taxa was recorded in the spring while the highest amount was recorded in the autumn. Station 9 had the lowest number of taxa while the highest number of taxa was recorded at station 3.

Table 6 shows the seasonal variation in diversity indices and biomonitoring scores of the Haraz River. The highest BI value (8), was found in spring at station 9 and lowest value (3.66), was found in winter season at station 1. The distributions of the scores over the BI quality classes were the following: station 5, 6 and 7 (Very good), stations 1, 3, 4 and 8 (Good), station 2 (Fair), and station 9 (Very poor). The highest Shannon-Wiener Index (1.61) and Pielou Evenness Index (1) values were found in spring at station 1. The lowest values of Shannon-Wiener (0.22) and Pielou Evenness Index (0.20) were recorded in summer at station 7. The lowest and highest values of ASPT Index were recorded in winter at stations 9 and 6, respectively. At station 1, significant positive correlation was observed between turbidity and TDS (r = 0.996; p < 0.01), temperature and water flow (r = 0.990; p < 0.01) and

Table 3 ASPT score and classes

ASPT score	Category	Interpretation
Less of 3.9	Very poor	Heavily polluted.
4-4.9	poor	Polluted or impacted.
5–5.9	Moderate	Moderately impacted
6–6.9	Good	Clean but slightly impacted.
More than 7	Very Good	Unpolluted. Unimpacted

water flow and abundance macroinvertebrates (r = 0.963: p < 0.05). At station 2, Pearson correlation coefficient matrix indicated a positive significant correlation between turbidity and TDS (r = 0.994; p < 0.01), TDS and temperature (r =0.967; p < 0.05), DO and abundance macroinvertebrates (r =0.983; p < 0.05) and pH and temperature (r = 0.964; p < 0.05). Significant negative correlation (r = -0.974; p < 0.05) was observed between the water flow and EC. At station 3, there were positive strong correlations between turbidity and TDS (r = 0.990; p < 0.01), TDS and DO (r = 0.987; p < 0.05) and DO and turbidity (r = 0.998; p < 0.01). In addition, there were significant negative correlation (p < 0.05) between EC and water flow (r = -0.954). At station 4, there was a positive strong relationship between turbidity and TDS (r = 0.972; p < 0.05) and DO and temperature (r = 0.981; p < 0.05). At station 5, significant negative correlation (r = -0.962; p < -0.9620.05) was observed between EC and pH. At station 6, there were a positive strong correlation between turbidity and TDS (r = 0.985; p < 0.05), and temperature and water flow (r = 0.985; p < 0.05)0.997; p < 0.01). In addition, there were strong negative correlation between EC and pH (r = -0.998; p < 0.01). At station 7, significant positive correlations obtained between EC and turbidity (r = 0.987; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and TDS (r = 0.985; p < 0.05), EC and EC an 0.05), turbidity and TDS (r = 0.992; p < 0.01), pH and abundance of macroinvertebrates (r = 0.988; p < 0.05) and temperature and water flow (r = 0.988; p < 0.05). At station 8, Pearson correlation coefficient matrix indicated a positive significant correlation between EC and turbidity (r = 0.982; p <0.05), EC and TDS (r = 1; p < 0.001) and turbidity and TDS (r = 0.980; p < 0.05). A strong negative correlation was observed between EC and pH (r = -0.975; p < 0.05), turbidity and temperature (r = -0.975; p < 0.05) and TDS and pH (r =-0.978; p < 0.05). At station 9, positive significant correlations were existed between EC and turbidity (r = 0.951; p <0.05), EC and TDS (r = 0.971; p < 0.05) and turbidity and TDS (r = 0.985; p < 0.05).

The results of RDA analysis showed that for the spring campaign, the first and second axes accounted for 100% of the correlation between benthic families and the environmental parameters of water (Table 7). Considering the first axis as the basis for analysis, the families of Chironomidae and Culicidae had a positive and close relationship with the amount of EC, TDS and Turbidity, while the frequency of Limoniidae and Gammaridae showed an inverse relation with these environmental parameters. The highest frequency of Chironomidae and Culicidae was observed at stations 9 with the highest level of EC, TDS and Turbidity. The water flow and dissolved oxygen variables were well loaded in the second axis, and RDA analysis has shown that dissolved oxygen had a direct effect on the frequency of the Lumbriculidae, but has an inverse relationship with water temperature. The direction and lengths of vectors of EC, TDS and Turbidity in the first place, and pH and salinity in the second place were the

Table 4 Mean values (standard deviation) of physico-chemical parameters of the Haraz River from Iran

Station	S1	S2	S3	S4	S5	S6	S7	S8	S9
EC	670.25	519	334.25	432.5	492.75	563.25	524	538.75	720
(μmhos cm ⁻¹)	(268.37)	(124.90)	(133.10)	(93.24)	(144.21)	(50.34)	(79.30)	(64.06)	(119.62)
Turbidity	731.25	598	492.75	491.25	494.5	639.5	527.25	529.25	723.25
(NTU)	(225.06)	(174.51)	(134.15)	(84.59)	(66.27)	(149.05)	(46.81)	(45.55)	(156.67)
$TDS (mg L^{-1})$	372.5	301.75	249	247.5	265.75	325.75	268	270	369.25
	(121.85)	(84.39)	(66.30)	(43.13)	(41.66)	(71.91)	(33.23)	(31.74)	(71.34)
$\begin{array}{c} DO\\ (mg\ L^{-1}) \end{array}$	9.2	8.85	8.32	8.17	7.75	8.15	7.72	7.65	6.92
	(0.32)	(0.44)	(0.74)	(0.48)	(0.66)	(0.36)	(0.15)	(0.17)	(0.05)
Salinity (mg L^{-1})	0.37	0.27	0.20	0.27	0.25	0.27	0.27	0.25	0.37
	(0.05)	(0.05)	(0.00)	(0.05)	(0.05)	(0.09)	(0.05)	(0.05)	(0.05)
рН	6.88	7.84	7.97	8.35	8.01	8.11	8.10	8.17	7.97
	(1.32)	(0.45)	(0.44)	(0.32)	(0.29)	(0.26)	(0.24)	(0.30)	(0.22)
Temperature	9.92	11.17	12.15	13.60	14.67	14.62	18.55	18.25	19.80
(°C)	(4.25)	(3.61)	(2.68)	(3.20)	(2.44)	(2.53)	(4.38)	(2.89)	(2.63)
Water flow $(m^3 s^{-1})$	1.17	2.92	10.75	12.04	13.52	25.80	28.31	13.97	18.55
	(0.08)	(1.04)	(0.95)	(1.03)	(1.26)	(1.84)	(2.02)	(6.42)	(3.54)

most influential environmental variables responsible of the benthic macroinvertebrates variation (Fig. 3).

In summer the results of RDA analysis showed that the first and second axes, with 99.6% and 98%, respectively, justified the relationship between environmental parameters and abundance of benthic macroinvertebrates (Table 7). According to the first axis, the family Tipulidae, despite the low frequency, had a close and positive relationship with water flow, temperature and EC. These parameters had a negative relationship with the frequency of Simuliidae and Heptageniidae. The

 Table 5
 Benthic macroinvertebrates collected from sampling sites in nine stations located along the Haraz River

Phylum	Class	Order	Family
Arthropoda	Insecta	Ephemeroptera	Baetidae
			Heptageniidae
		Trichoptera Hydropsych	
		Plecoptera	Leuctridae
		Odonata	Coenagrionidae
		Hymenoptera	Ichneumonidae
		Diptera	Chironomidae
			Simuliidae
		Tipulic	
			Limoniidae
			Culicidae
		Coleoptera	Elmidae
	Crustacea	Amphipoda	Gammaridae
Mollusca	Bivalvia	Unionoida	Unionidae
Annelida	Clitellata	Haplotaxida	Lumbricidae
		Lumbriculida	Lumbriculidae

salinity, turbidity and TDS variables were well loaded in the second axis, and RDA analysis has shown that they had a direct relationship with Unionidae and an inverse relationship with Limoniidae and Elmidae. RDA showed that temperature in the first place and parameters such as salinity and water flow in the second place the most influential variables that played a role in the frequency variation of benthic macroinvertebrates (Fig. 4).

The results of direct classification of the redundancy analvsis showed that for the environmental parameters measured in autumn, the first and second axes could justify 100% of the correlation between benthic families and environmental parameters of water (Table 7). Considering the first axis as the basis for relation analysis, Simuliidae, Tipulidae, Gammaridae, Baetidae and Heptageniidae had a positive and close relationship with dissolved oxygen, and a negative relationship with temperature, salinity, pH and water flow. The highest frequency of these families was observed at stations 1-4 with the highest level of dissolved oxygen. The turbidity was well loaded in the second axis, and RDA analysis has shown that it had a direct relationship with Unionidae and has an inverse relationship with Limoniidae and Hydropsychidae. The direction and lengths of vectors of each of the environmental variables, temperature in the first place, and parameters such as DO and water flow in the second place were the most influential variables that contributed to variations of benthic frequencies (Fig. 5).

In winter the results of direct classification of the redundancy analysis showed that for the measured environmental parameters, the first and second axes justified 100% of the correlation between benthic families and environmental parameters of water (Table 7). Unlike the previous seasons, based on the RDA graph, dissolved oxygen and water flow



Fig. 2 Percentage composition of macroinvertebrate taxa in the 9 stations in the Haraz River

Table 6 Seasonal variation in diversity indices and biomonitoring scores of the Haraz River from Iran

	S1	S2	S3	S4	S5	S6	S7	S8	S9
Hilsenhoff Index									
Spring	5.40	4.60	4.03	3.99	4.06	4.35	4.10	4.28	8.00
Summer	5.54	4.83	5.64	4.45	4.07	4.00	4.12	4.00	7.66
Autumn	4.78	4.73	4.72	4.67	3.96	4.51	4.20	4.63	6.75
Winter	3.66	7.59	4.42	4.21	4.03	3.98	4.18	4.52	6.80
Mean	4.58	5.44	4.70	4.33	4.03	4.21	4.15	4.36	7.30
Water-quality-evaluation rating	Good	Fair	Good	Good	Very good	Very good	Very good	Good	Very poor
Shannon-Wiener Index									
Spring	1.61	1.33	0.69	0.38	1.06	1.19	1.17	1.21	0.35
Summer	1.40	1.40	1.40	1.53	0.97	1.09	0.22	0.24	0.45
Autumn	1.52	1.21	1.54	1.51	1.06	1.10	1.51	0.87	0.97
Winter	1.45	0.44	1.29	1.11	0.96	0.85	0.74	1.26	0.67
ASPT Index									
Spring	2.80	5.00	5.25	5.30	6.93	7.17	7.10	5.34	2.00
Summer	5.47	6.56	5.94	6.16	5.59	5.08	4.89	4.96	2.66
Autumn	5.97	4.02	5.28	5.31	5.04	6.20	5.00	4.98	2.00
Winter	7.16	2.44	5.22	5.84	8.25	8.37	5.10	6.00	1.40
Mean	5.35	4.50	5.42	5.65	6.45	6.70	5.52	5.32	2.02
Water-quality-evaluation rating	Moderate	poor	Moderate	Moderate	Good	Good	Moderate	Moderate	Very poor
Pielou Evenness Index									
Spring	1.00	0.96	0.43	0.24	0.59	0.86	0.84	0.87	0.50
Summer	0.87	0.78	0.67	0.74	0.60	0.79	0.20	0.22	0.65
Autumn	0.66	0.62	0.74	0.85	0.77	0.99	0.46	0.63	0.89
Winter	0.90	0.27	0.80	0.69	0.60	0.61	0.54	0.91	0.97

 Table 7
 Eigenvalues and species- environment correlations in different seasons of the Haraz River from Iran

Axes	1	2	3	4
Spring				
Eigenvalues	0.664	0.191	0.061	0.04
and species- environment correlations	1.00	1.00	1.00	1.00
Length of gradient $= 3.554$				
Summer				
Eigenvalues	0.668	0.166	0.054	0.024
and species- environment correlations	0.996	0.98	0.996	0.952
Length of gradient = 2.182				
Autumn				
Eigenvalues	0.579	0.147	0.119	0.085
and species- environment correlations	1.00	1.00	1.00	1.00
Length of gradient = 2.615				
Winter				
Eigenvalues	0.499	0.247	0.12	0.064
and species- environment correlations	1.00	1.00	1.00	1.00
Length of gradient = 2.608				

parameters were loaded at the second axis. Dissolved oxygen had positive and close relationship with the frequency of Limoniidae and Chironomidae, and a negative relationship with Tipulidae. Investigating the length and direction of the vectors showed that the water flow was the most influential parameters in relation to the abundance of benthic macroinvertebrates (Fig. 6).

Discussion

A similar study has been carried out about the impact of fish farm effluents on benthic macroinvertebrates (Naderi Jolodar 2008), 24 families were identified in different seasons ranging from spring to winter in 10 stations positioned on a 23 km long line along the Haraz River. In the present study, we considered 4 stations in the same area and 8 families in common with the study of Naderi Jolodar (2008).

In this study, almost all physicochemical parameters of water, except dissolved oxygen, increased from upstream to downstream. **Fig. 3** Results of redundancy analysis (RDA) between benthic frequency and environmental parameters in spring in the Haraz River



The macroinvertebrate abundance experienced a sharp increase from station 1 to station 3, and then saw a decrease to the last station, which apparently depends on the flow rate.

There are specific groups of macroinvertebrates in the first two stations that can be related to the environmental conditions such as temperature, dissolved oxygen and nutrient deficiencies. The density of macroinvertebrates was on fall after the third station to the river estuary, due to the fact that substrates changed from cobbles to sand and mud; in agreement with changes of other environmental parameters and anthropogenic stressors such as fish farms, urbanization, agriculture and gravel mining and dam. In this study, five families of Diptera were identified as Chironomidae, Simuliidae, Tipulidae, Limoniidae and Culicidae. This was the highest number of families compared to other orders. The Chironomidae family was the only family observed at all stations, with the highest frequency at stations 2 and 3, and with the lowest frequencies at stations 5 and 6. Families of Hydropsychidae, Heptageniidae and Baetidae were present in all stations, except at station 9. Fish farms effluent is one of the key factors that negatively affect the structure and variation of benthic invertebrate populations, increasing the number of tolerant groups and decreasing the number of susceptible groups (Naderi Jolodar et al. 2010).



Fig. 5 Results of redundancy analysis (RDA) between benthic frequency and environmental parameters in autumn in the Haraz River



The highest frequency of large benthic macroinvertebrates species was observed in stations 3 and 4 that was related to the Hydropsychidae family. The reason for raising this issue could be the entry of nutrients into the river via the effluent of



Fig. 6 Results of redundancy analysis (RDA) between benthic frequency and environmental parameters in winter in the Haraz River

rainbow trout farms before and after these stations. The Culicidae family had the lowest frequency which observed at station 9, followed by the Coenagrionidae family at stations 1 and 4, as well as the Unionidae family only at station 9. Jafari et al. (2011) investigated the population structure of benthic macroinvertebrates in the Casellian River of Mazandaran. In this study, 31 families of benthic macroinvertebrates were identified. Individuals from the three orders of Diptera, Ephemeroptera and Trichoptera dominated all stations. Their study showed that Chironomidae family abundance was significantly increased due to the introduction of urban pollution in two stations. The results also showed that the Trichoptera order of Hydropsychidae family had the highest frequency. Pazira et al. (2009) investigated the effect of some environmental factors on biodiversity of macrobenthos of Daleki and Hella rivers of Bushehr for 14 months at seven stations. The highest biodiversity was in the warm months of the year (July and August). The highest relative frequency was Ephemeroptera and Diptera. In the study of the possibility of the influence of benthic population on the Taleghan River quality of water that was carried out by Mahdavi et al. (2010), a total of 13 families belonging to six orders were identified, all of which included insect larvae. Ephemeroptera, Trichoptera and Diptera orders were prevalent everywhere. The survey showed the healthy status of water in the Taleghan River that was not at high risk.

Based on the BMWP Index, the status of all stations positioned around the Haraz River, with the exception of stations 2 and 6, was favorable and the ASPT index corroborated this result. At stations 2 and 9, the organic loading was more than the other stations. The reason was the river pollution caused by villages and areas of tourism and services at station 2, and the intensive agriculture, aquaculture and urbanization at station 9. Moreover, the rate of water flow at these stations was too low. The results show that, despite severe human activities along the river, the bioindicators were less affected. The reason lay in the fact that the river flow and the river selfpurification were very high during the year.

Based on the Hilsenhoff bioindicator, the mean water quality in the four seasons was very good at stations 5, 6 and 7, was good at stations 1, 3, 4 and 8, was fair at station 2 and was very poor at station 9. The results indicate that, on average, the minimum amount of bioindicator, observed at station 1 in winter, was 3.66 and its maximum value, detected at station in 9 in spring, was 8. According to Hilsenhoff qualitative classification, the score of 0 to 3.75 locates in the area of unpolluted water (excellent). Thus, considering the score of 3.66 for station 1 in the winter, this station belongs to this class. The remarkable point is that the average of none of the nine stations during the four seasons was not in the range of unpolluted water (excellent).

Based on the ASPT biological index, the mean water quality in the four seasons was good at stations 5 and 6, was moderate at stations 1, 3, 4, 7, and 8, was poor at station 2, and was very poor at station 9. On the basis of the results, on average, the minimum amount of biological indicator was 1.4 at station 9 in winter and its maximum value was 8.37 at station 6 in the winter. The qualitative classifications of ASPT indicate that a score greater than seven locates in the clean waters (very good class). Station 1 with a score of 7.16, station 5 with a score of 8.25 and station 6 with a score of 8.37, all in winter, and station 7 with a score of 7.1 and station 6 with a score of 7.17 in the spring were in this class. It is noticeable that the average of none of the nine stations during the four seasons was not within the clean waters (very good). The calculation of the results from the ASPT and Hilsenhoff index showed that water quality conditions in stations 5 and 6 were more appropriate than the other stations. In addition, the water quality at station 9 was very poor in comparison to the other stations. In other words, stations 5 and 6 that were located tens of kilometers from fish farming pools had returned to a good condition. The reason was occurring the selfpurification along the river. However, when the river enters into the plain area, it was contaminated by entering various types of industrial, domestic and agricultural wastes, particularly at station 9. The Shannon-Wiener Diversity Index in the considered stations of the Haraz River reached its highest value at station 1 and it saw its lowest amount at station 7. The lowest value of Shannon-Weiner Index was 0.22 at station 7 in summer, and its highest value was 1.61 at station 1 in the spring. When the frequency distribution of all individuals of different species in the sample is uniform, one can predict that the Distribution Similarity Index approaches the maximal value, and if the distribution and the relative frequency of individuals are non-uniform, then the numerical value of this index will tend to zero (Barbour et al. 1992; Ludwig and Reynolds 1988). The study of the seasonal mean of Pielou uniformity Index in the study stations of the Haraz River showed that the lowest level of uniformity of the Pielou index was equal to 0.20 at station 7 in the summer, and its highest level was 1 at station 1 in the spring. The more uniform the distribution of the species is, the more stability and sustainability (Barnes et al. 1997) the river ecosystem will achieve, and as a result the greater the biodiversity will be.

Conclusion

According to the quality assessment of the Haraz River in this study, stations 1 to 6 have suitable conditions and those stations indicate the ability of self-purification of the river (particularly stations 5 and 6). However, the assessment of stations 7 and 8, especially station 9, were under the stressful conditions and human activities, and demonstrate the adverse conditions of the river at these stations, that require a more favorable management based on the capacity of the self-purification of the Haraz River.

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Compliance with ethical standards

Conflict of interest The authors declare that there is no conflict of interest.

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