

Triiodothyronine Attenuates Prostate Cancer Progression Mediated by β -Adrenergic Stimulation

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Prostate cancer cells are responsive to adrenergic and thyroid stimuli. It is well established that β -adrenergic activation (protein kinase A (PKA)/cAMP response element binding protein (CREB)) promotes cancer progression, but the role of thyroid hormones is poorly understood. We analyzed the effects of β -adrenergic stimulation (isoproterenol (ISO)) and/or thyroid hormone on neuroendocrine (NE) differentiation and cell invasion, using *in vivo* (LNCaP tumor) and *in vitro* models (LNCaP and DU145 human cells). Nude mice were inoculated with LNCaP cells and were treated for 6 wks with ISO (200 μ g/d), triiodothyronine (T3, 2.5 μ g/d) or both. ISO alone reduced tumor growth but increased tumor expression of cAMP response element (CRE)-dependent genes (real-time polymerase chain reaction, chromogranin A, neuron-specific enolase, survivin, vascular endothelial growth factor (VEGF), urokinase plasmin activator (uPA) and metalloproteinase-9 (MMP-9)) and some proteins related to NE differentiation and/or invasiveness (synaptophysin, VEGF, pCREB). T3 reduced tumor growth and prevented the overexpression of ISO-stimulated factors through a pCREB-independent mechanism. In low invasive LNCaP cells, 50 μ mol/L ISO or 100 nmol/L thyroxine (T4) induced the acquisition of NE-like morphology (phase-contrast microscopy), increased VEGF secretion (ELISA) and invasive capacity (Transwell assay), but no synergistic effects were observed after the coadministration of ISO + T4. In contrast, 10 nmol/L T3 alone had no effect, but it prevented the NE-like morphology and invasiveness stimulated by ISO. None of these treatments had any effect on highly invasive DU145 cells. In summary, this study showed that ISO and T4 increase cancer progression, and T3 attenuates ISO-stimulated progression. Further studies are required to determine if changes in the ratio of T4/T3 could be relevant for prostate cancer progression.

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INTRODUCTION

Prostate cancer is the second leading cause of cancer death in men (1). Studies over the last two decades support the notion that long-term, sympathetic activation promotes the risk of prostate cancer through multiple mechanisms. Hypertensive patients have a two-fold higher risk of developing prostate cancer than nonhypertensive patients; consistent with this observation, the risk and mortality rate decrease in patients treated

for 3–5 years with adrenergic antagonists (2–7). Studies in human prostate cancer cells show that β -adrenergic/protein kinase A (PKA) activation promotes prostate cancer progression: it reduces cell proliferation (by decreasing p42-mitogen activated protein kinase [MAPK] and β -arrestin2/proto-oncogene tyrosine-protein kinase [c-Src]), and it activates survival pathways (induces phosphorylation of Bcl-2-associated death promoter [Bad] and inhibits caspases)

and cell migration (activates MAPK) (8–10). In agreement with this, studies in BALB/c nude mice grafted with highly invasive PC-3 prostate cancer cells show that β -adrenergic stimulation increases the number of metastases to lymph nodes, whereas sympathectomy has the opposite effect (11,12). A reduction in the time of tumor onset has also been observed in mice deficient in β -adrenergic receptors (*Adr β 2^{-/-}* and *Adr β 3^{-/-}*) (12). In low invasive LNCaP cells, β -adrenergic stimulation induces the acquisition of a highly malignant neuroendocrine (NE) phenotype. NE prostate tumors exhibit neurite-like (NE-like) projections; they synthesize and secrete amines and peptides, are androgen-receptor negative and apoptosis resistant (8,9,13,14). In humans, β 2-adrenergic receptors (ADR- β 2) are highly expressed in androgen-refractory metastatic tumors and are strongly associated with

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malignancy (15). A pilot study in prostate biopsies showed an association between high levels of circulating epinephrine (>1 nmol/L) and phosphorylation of a target of PKA, the cAMP response element binding protein (pCREB) (16). NE-like cells can be present in either primary tumors or metastases of patients with prostate cancer, and these are notorious for being highly aggressive and resistant to hormonal therapy and cytotoxic agents (17,18).

Thyroid hormone effects in cancer remain poorly understood. In some carcinomas, thyroxine (T4) and triiodothyronine (T3) exert protumoral effects, stimulating cell proliferation and angiogenesis by nuclear (thyroid hormone receptors TR α and TR β 1) and/or non-nuclear mechanisms (α v β 3 integrin receptor/activation of MAPK and phosphoinositide 3-kinase [PI3K] pathways) (19–22). In contrast, in other types of cancer, T3 induces cell arrest (decreased Ras/increased cyclin-dependent kinase inhibitor [p27^{kip}]) and apoptosis (decreased senescence marker protein [SMP30]), and it promotes cell differentiation (23–25). Studies in LNCaP cells show that T3 increases cell proliferation and secretion of proteins of the prostate epithelium (26–28), but their involvement in cancer has not yet been demonstrated. Catecholamines and thyroid hormones act synergistically to regulate metabolism, but how they interact in cancer has not been analyzed. In any case, prostate gland is responsive to adrenergic and thyroid stimuli; on the other hand, T3 decreases activity of pCREB (29). Thus, the aim of the present study was to analyze the effects of β -adrenergic stimulation (isoproterenol [ISO]) and thyroid hormone, alone and combined, on cancer progression using *in vivo* and *in vitro* approaches.

MATERIALS AND METHODS

Reagents

T4, T3 and T3 antibody and ISO bitartrate salt were obtained from Sigma. ¹²⁵I-T₃ (1,200 μ Ci/ μ g) was obtained from Perkin Elmer Life Sciences.

The enzyme immunoassay (EIA) kit for detection of total T3 was purchased from International Immuno-Diagnostics. ISO pellets were obtained from Innovative Research of America. Matrigel and Biocoat Matrigel invasion chambers were from BD Biosciences. Antibodies against vascular endothelial growth factor (VEGF) (SPM 225), synaptophysin (SYP) (H-03), cAMP response element binding protein (CREB-1) (240), pCREB-1 (Ser 133), goat anti-rabbit IgG–horseradish peroxidase (HRP) and goat anti-mouse IgG–HRP were from Santa Cruz Biotechnology. Peroxidase block solution and 3,3'-diaminobenzidine tetrahydrochloride (DAB) were from Dako. Nitrocellulose membranes were from Bio-Rad, and the electrochemiluminescent (ECL) detection system was from GE Healthcare Life Sciences. The VEGF human sandwich-enzyme-linked immunosorbent assay (ELISA) kit was from Abcam. All other reagents used in this study were of the highest purity commercially available.

Prostate Cancer Cell Lines

Cancerous human prostate cells were obtained directly from ATCC. LNCaP cells (CRL-1740, low invasive potential) were derived from a metastasis to lymph node and grown in RPMI-1640 medium supplemented with 10% (v/v) fetal bovine serum (FBS). DU145 cells (HTB-81, high invasive potential) were derived from a metastasis to brain and grown in Dulbecco's modified Eagle's medium (DMEM) with 10% FBS. Both media were supplemented with 100 U/mL penicillin and 100 μ g/mL streptomycin, and cultures were maintained at 37°C in a 5% CO₂ atmosphere.

BALB/c Nude Mice and LNCaP Tumor Induction

Male nude BALB/c mice (*Foxn1*tm) were obtained from The Jackson Laboratory and housed in acrylic cages with filtered, pathogen-free air under a controlled temperature (22 \pm 1°C) and a 12/12-h day–night cycle (lights off at 1800). The animals had free access to rat chow (Purina) and tap water. LNCaP cells (5 \times 10⁶) were subcutaneously

injected in 100 μ L Matrigel into the back of 8-wk-old male nude mice. Procedures for handling and euthanasia of mice were reviewed and approved by the Comité de Ética en Investigación from Instituto de Neurobiología, UNAM-Juriquilla (protocol #014), and complied with guidelines from the Institute of Laboratory Animal Resources Commission on Life Sciences National Research Council, USA (30).

Experimental Design

Effect of treatments on tumor induction, gene expression and NE differentiation. Two days after xenograft injection, a subset of mice were anesthetized with a mixture of ketamine and xylazine (15 mg and 3 mg/kg of body weight, respectively) and implanted in the back with a controlled-release pellet of ISO (200 μ g/d). Another group received T3 in the drinking water (2.5 μ g/d), and a third group was cotreated with ISO and T3. All treatments were maintained for 6 wks, and five to six animals per group were analyzed. The doses of ISO and the T3 used in this study were based on prior experience showing that they do not compromise the health of the animals (31,32). Body weight, tumor incidence and tumor size were registered every week. Length and width of tumors were measured with a caliper, and the volume was calculated using the ellipsoid formula (33). Mice were sacrificed by decapitation, and blood serum was separated and frozen at –20°C for measurement of circulating T3 levels (radioimmunoassay [RIA]). Prostate tumors were processed for immunohistochemistry and molecular biology (EIA or polymerase chain reaction [PCR]). Tumors were fixed in 10% neutral buffered formalin to analyze for the presence of proteins related to NE differentiation (SYP) and invasiveness (VEGF). Tumor T3 levels were quantified by EIA, and gene expression was analyzed by real-time PCR. Table 1 shows the oligonucleotides used to analyze genes of the

Table 1. Oligonucleotides used for real-time PCR.

	Gene	GenBank ID	Sense	Antisense	Size (base pairs)
Thyroid hormone availability and action	<i>β-Actin</i>	001101	ACAGAGTACTTGGCGCTCAGGA	CCATCATGAAGTGTGACGTTG	185
	<i>MCT-8</i>	006517	GCGCTACTTCACCTACGGGA	CAGACACCACACCAITGGC	125
	<i>D1</i>	000792.5	TGGGAGTTTATCGAAGGTAATAGG	TGGAACATAAAGTCTCAATAAGCCTCTT	165
	<i>D3</i>	001362.3	TGAGACTCCTGGGAATGAC	CAGCAGCTCGCCTAGGACT	110
	<i>TR-β1</i>	001128177	ATGACTCCCAACAGTATGACAG	TCCAGTCGTGTTCTCGGTCT	65
	<i>ARA70</i>	01145260	TGCCATTGGTCTTCAGGCTCCT	CAGGCATCGCTGAAGAACTGC	124
	<i>AR</i>	001011645	GGAATTCCTGTGCATGAAA	CGAAGTTCATCAAAGAATT	84
NE differentiation and cell invasion	<i>ADR-β2</i>	000024.5	GGCAGCTCCAGAAGATTGAC	GTCTTGAGGGCTTTGTGCTT	139
	<i>VEGF</i>	001025368	GGCCTCCGAAACCATGAACITTCGTCT	CCTCCTGCCCGGCTCACCCGC	165
	<i>uPA</i>	01145031.1	GTGGCCAAAAGACTCTGAGG	CAAGCGTGTGACGCGTGTAG	267
	<i>MMP-9</i>	04994.2	TGG TCC TGG TGC TCC TGG TG	GCTGCCTGTGCGGTGAGATTGG	111
	<i>p27^{Kip}</i>	004064.3	ATGTCAAACGTGCGAGTGTG	TCTGTAGTAGAACTCGGGCAA	262
	<i>Survivin</i>	01012270.1	GATTGAATCGCGGGACCC	GATTGAATCGCGGGACCC	64
	<i>CgA</i>	001275.3	TGAACAGCCCTATGAATAAA	GATGAACCTCAGAGGTTCTTGAG	260
	<i>NSE</i>	001975.2	TGTGGTGGAGCAAGAGAACTGGA	TGGTGGCATCCTTGCCGTATTG	345

T3 response, NE differentiation and cell invasion. Most of the T3 response genes contain thyroid response element (TRE) sites, whereas the NE and invasiveness genes contain cAMP response element (CRE) sites.

Effect of treatments on NE differentiation and cell invasion in LNCaP and DU145 cells. LNCaP or DU145 cells (2×10^4) were seeded on 12-well plates in RPMI phenol red-free medium or DMEM, respectively, and both media were supplemented with 5% charcoal-stripped FBS. LNCaP and DU145 cells were treated for 6 and 4 d, respectively, with ISO (50 $\mu\text{mol/L}$), T3 (10 nmol/L), T4 (100 nmol/L), ISO + T3 or ISO + T4. The selected doses and times were based on previous assays (8,28,34). In both cell types, the number and length of neurite-like projections were measured in four random fields of non-clustered cells. The NE-like morphology of the cells was analyzed by phase-contrast microscopy (Olympus IX 50) at 20 \times magnification. Image analysis was performed using Infinity Capture and Infinity Analyze software, version 6.0 (Lumenera Corporation). VEGF secretion and cell invasion were analyzed as indicators of cancer progression. VEGF was quantified in the culture media by ELISA. Cell invasion was analyzed by Transwell assay

by using chambers coated with Matrigel matrix. In brief, 2.5×10^4 LNCaP or DU145 cells were added to the upper chamber of the Transwell with their respective treatment. The lower chamber was filled with RPMI or DMEM + 10% FBS as chemoattractant. After 36 h of incubation, the upper surfaces of the Transwells were wiped, and the inserts were fixed with methanol and stained with 1% toluidine blue in 1% borax solution. The number of invading cells was counted by light microscopy (Leica DM 2500, Leica Application Suite, version 2.8.1) in four fields per Transwell assay, by using ImageJ 1.43u software (National Institutes of Health [NIH]). The effects of treatments on total CREB and pCREB in LNCaP cells were analyzed by immunoblotting. To extract total protein, cells were incubated for 6 d and then lysed in RIPA buffer and centrifuged at 12,000g for 10 min at 4°C.

Analytical Methods

RIA. Circulating levels of T3 were measured by homologous RIA as previously described (35). The assay contained serum or standards (0.1–4.0 ng T3/mL), hypothalamic serum, anti-T3 antibody (1:2,000) and ^{125}I -T3 (0.05 ng/mL) in a final volume of 350 μL . The incubation time was 24 h at 4°C. Bound and free T3 was separated by adding 0.5%

charcoal-dextran and centrifuging at 1,000g for 30 min at 4°C. Both fractions were measured in a γ radiation counter. All samples were measured in duplicate in the same assay. Results are expressed as ng/dL.

EIA. Tumor T3 levels were measured by EIA. The tumors were homogenized in cold methanol containing 1 mmol/L propylthiouracil for thyronine extraction. Homogenates were centrifuged at 1,500g for 10 min at 4°C, and supernatants were evaporated at 65°C. Precipitates were resuspended in 200 μL hypothalamic serum and stored at -20°C . The assay contained sample or standards (0.75 to 10 ng T3/mL) and anti-T3 antibody conjugated to HRP in a final volume of 200 μL . The incubation time was 1 h at room temperature. Tetramethylbenzidine was added and, 20 min later, the reaction was stopped with HCl. Absorbance was measured at 450 nm. The results are expressed as ng T3/g tissue.

ELISA. Human VEGF secretion was quantified in cell culture supernatants by ELISA. Biotinylated monoclonal mouse antibody detects the human secreted isoforms VEGF 121 and VEGF 165. The assay contained sample or standards from 8.0 to 6,000 pg/mL and anti-VEGF antibody conjugated to HRP-streptavidin. Total protein in the culture medium

was estimated by the Bradford protein assay. Data are expressed as picograms VEGF/mg protein.

Real-time PCR. Gene expression was analyzed by real-time PCR. Total RNA was isolated from the tumors by using TRIzol Reagent (Life Technologies). Synthesis of cDNA was performed with 2 µg total RNA using the Superscript II system. PCR was performed on the sequence detector system Rotor-Gene 3000 (Corbett Research) using Maxima SYBR green/Rox PCR mix as an indicator for DNA amplification. The reaction was performed with 1 µL cDNA template by using 40 cycles of three-step amplification and the gene-specific primers (Table 1). PCR generated only the expected amplicon, which was demonstrated in each case by electrophoresis of the PCR product through a 3% agarose gel containing ethidium bromide in Tris-acetic acid-EDTA buffer. No PCR products were observed in the absence of template. Relative expression of the genes was calculated by using a standard curve and normalized to β -actin expression. The coefficient of variation for β -actin was <12% in all conditions.

Immunohistochemistry for SYP and VEGF proteins. Briefly, paraffin tissue sections were deparaffinized and rehydrated. Antigen retrieval was done by adding 0.05% citraconic anhydride solution, pH 7.4, and heating in a pressure cooker for 25 min. Sections were blocked with peroxidase block solution and then incubated overnight at 4°C with anti-SYP or anti-VEGF antibodies (both, 1:100). Slides were then incubated with the secondary antibody (goat anti-rabbit IgG-HRP or goat anti-mouse IgG-HRP [both, 1:1,000]) at 37°C for 1 h. SYP and VEGF proteins were visualized with DAB. Sections were counterstained with hematoxylin, dehydrated and mounted in Entellan® solution. Adrenal tissue was processed and used as positive control. Tissues incubated without primary antibodies were used as negative controls. Images were acquired with a camera (Leica DFC 420) and analyzed

under light microscopy (Leica DM 2500) at 100×.

Immunoblotting of CREB and pCREB. Protein extracts (25 or 50 µg per lane) were resolved through 15% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to nitrocellulose membranes by electroblotting. Membranes were washed with Tris-buffered saline (TBS) (pH 7.5) and blocked with 5% nonfat milk in TBS + 0.05% Tween 20 (TBST) for 2 h at room temperature. Membranes were washed three times with TBST (10 min) and incubated overnight at 4°C with specific antibodies against CREB or pCREB (both 1:1,000). Membranes were washed three times with TBST (10 min) and then incubated with the goat anti-rabbit IgG-HRP (1:5,000) for 2 h at room temperature. Detection was performed using an ECL system. The membranes were analyzed by densitometry using ImageJ 1.43u software. pCREB levels were normalized to total CREB.

Statistical Analysis

Data are reported as mean ± standard error of the mean (SEM). Tumor incidence was analyzed by using a χ^2 test. Homogeneity of variances was determined by Bartlett and Brown-Forsythe tests. Data with normal distribution were analyzed using one- or two-way analysis of variance (ANOVA), followed by a Tukey *post hoc* test. Data with non-parametric distribution were analyzed with a Kruskal-Wallis test followed by a Dunn *post hoc* test. Values with *p* < 0.05 were considered statistically significant. The statistical analysis was performed with GraphPad Prism 6 software (GraphPad Software).

RESULTS

Body Weight, Incidence and LNCaP Tumor Growth

Treatments with ISO, T3 or ISO + T3 did not significantly affect the body weight (Figure 1A), but they modified the incidence and growth of tumors (Figures 1B, C). The data show that

100% of the control mice treated with ISO or ISO + T3 developed tumors, whereas only 85% of the T3-treated mice developed them. ISO and ISO + T3 groups showed a tumor latency of 2 wks, whereas in control and T3 groups, the tumors appeared by wk 3. Rapid tumor growth occurred between the fourth and sixth week in the control group (Figure 1C). In contrast, tumors in the T3, ISO and T3 + ISO groups grew more slowly and were smaller at 6 wks of treatment. The lowest growth was observed in the ISO groups (ISO and ISO + T3).

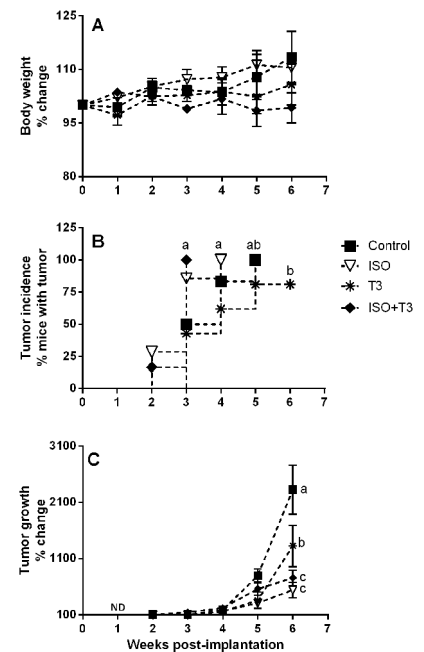


Figure 1. Body weight, tumor incidence and growth. Mice were treated with ISO (200 µg/d), T3 (2.5 µg/d) or both for 6 wks. Body weight (A) and tumor growth (C) are reported as percent change relative to initial weights. Tumor incidence (B) and tumor growth were registered every week. Data are reported as mean ± SEM. Body weight and tumor growth were analyzed by two-way ANOVA and *post hoc* Tukey tests. Tumor incidence was analyzed by a χ^2 test. Different letters show differences with *p* < 0.05. There were no significant differences in body weight. n = 6 mice/group. ND, not detectable.

T3 Levels and Gene Expression Associated with Thyroid Response in LNCaP Tumors

ISO administration did not modify serum and tumor levels of T3, but T3 supplementation increased both parameters by 20–30%, compared with the control group (Figure 2A). Figure 2B shows the effects of treatments on the expression of genes associated with the availability and response to T3: monocarboxylate transporter 8 (*MCT-8*), type 1 deiodinase (*D1*), type 3 deiodinase (*D3*), thyroid nuclear receptor (*TR-β1*) and a T3-responsive gene of prostate epithelium, the α -spliced isoform of androgen receptor associated protein 70 (*ARA70 α*). In comparison with the control group, ISO significantly reduced *D3* expression by 60%, but it did not affect the other genes. T3 treatment increased *D1* and *ARA70 α* expression by 40 or 50%, but had no effect on the *MCT-8* transporter or *D3* expression. Compared with the control group, an evident but nonsignificant decrease in *TR-β1* (60%) was observed in response to T3. In the combined group (ISO + T3), the low expression of *D3* is consistent with the reduction mediated by ISO. On the other hand, ISO antagonized the decrease in *TR-β1* expression associated with T3, but it did not antagonize the T3-induced increase of *ARA70 α* .

Gene Expression Associated with NE Differentiation and Cell Invasion in LNCaP Tumors

Figure 3 shows the expression of typical genes of prostate epithelium (A), NE differentiation (B) and cell invasion (C). ISO doubled or tripled expression of the androgen receptor (*AR*), survivin, chromogranin A (*CgA*), neuron-specific enolase (*NSE*), urokinase plasmin activator (*uPA*), *VEGF* and metalloproteinase-9 (*MMP-9*) genes, and it reduced by three-fold the expression of the β 2-adrenergic receptor (*ADR-β2*) compared with the control group. The increase of *p27^{kip}* by ISO was not

significant. T3 alone did not modify the basal expression of these genes, but it prevented the up- or downregulation induced by ISO.

Representative images of SYP and VEGF proteins immunodetected in LNCaP tumors are shown in Figure 4. Higher

numbers of SYP- and VEGF-positive cells were observed on tumors of the ISO group compared with those of the control or T3 groups. T3 alone did not affect the levels of these proteins, but it prevented the increases mediated by ISO. Both markers were evident in the positive

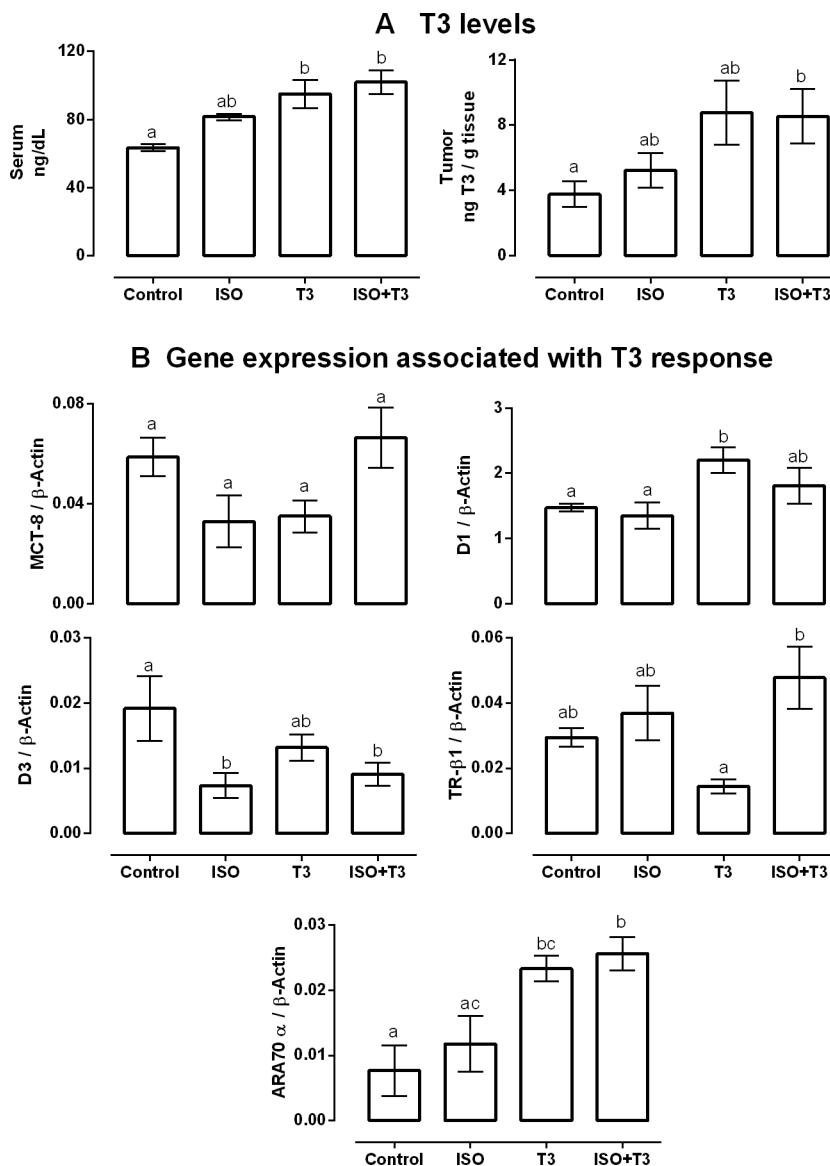


Figure 2. T3 levels and gene expression related to the thyroid response in LNCaP tumors. (A) Serum and tumor levels of T3 were measured by RIA and EIA, respectively. (B) mRNA levels were quantified by real-time PCR. Data are reported as mean \pm SEM. Serum and tumor T3 levels were analyzed by Kruskal-Wallis and *post hoc* Dunn tests. Gene expression data were analyzed by one-way ANOVA and Tukey *post hoc* tests. Different letters show differences with $p < 0.05$. There were no significant differences in the *MCT-8* transporter. $n = 5-6$ samples/group, each analyzed in duplicate.

Gene expression in LNCaP tumors

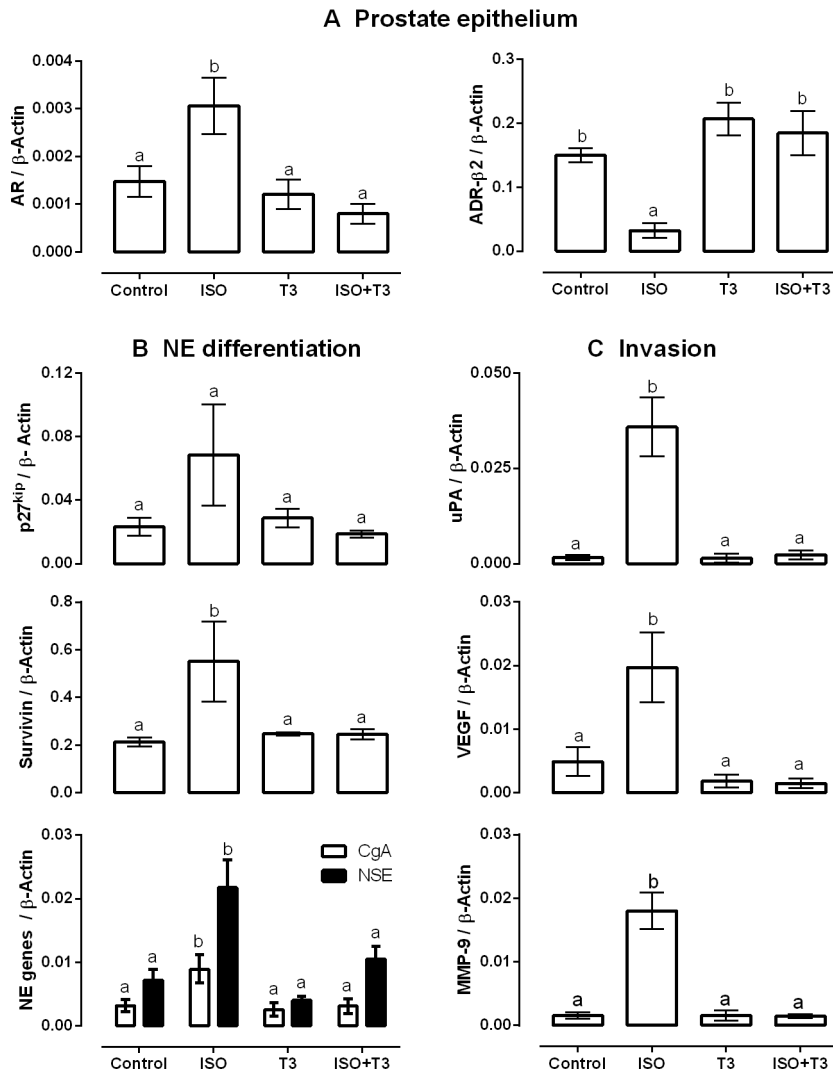


Figure 3. Expression of prostate epithelium (A), NE differentiation (B) and cell invasion (C) in LNCaP tumors. mRNA levels were analyzed by real-time PCR. Data are reported as mean \pm SEM. *p27^{kip}* was analyzed by Kruskal-Wallis and *post hoc* Dunn tests, and the rest of the genes were analyzed by one-way ANOVA and *post hoc* Tukey tests. Different letters show differences with $p < 0.05$. There were no significant differences in *p27^{kip}*. $n = 5-6$ samples/group, each analyzed in duplicate.

control (adrenal medulla), and no signal was observed in the negative controls.

NE Differentiation and Cell Invasion in Human Prostate Cancer Cell Lines

Studies in LNCaP and DU145 cells were carried out to determine if the increases of gene expression and tumor proteins are associated with the

acquisition of neurite-like projections and invasive properties. We also included a T4-treated group to test the effects of both thyronines on these processes. Figure 5A shows that compared with the control group, ISO consistently increased, by 30–40%, the length and number of neurite-like processes, VEGF secretion and cell invasion in LNCaP cells. T3 itself

did not modify any of these parameters, but it prevented the morphological changes and invasive capacity induced by ISO. Similar to ISO, T4 also increased the length and number of neurite-like projections, VEGF secretion, as well as cell invasion. The coadministration of ISO and T4 did not stimulate the acquisition of neurite-like projections or the invasive capacity, but additively stimulated VEGF secretion. In relation to DU145 cells, Figure 5B shows that ISO did not induce the acquisition of neurite-like projections or the invasive capacity, and the apparent increase in VEGF secretion was not significant. None of these parameters were modified by T3 or T4, but a nonsignificant decrease in VEGF secretion was observed in the ISO + T4 group compared with the ISO group.

Levels of total and phosphorylated CREB proteins were evaluated as a first approach to analyze the mechanism by which T3 reduces ISO-stimulated invasiveness in LNCaP cells. Figure 5C shows an evident but nonsignificant increase in the pCREB/CREB ratio by ISO and ISO + T3, in comparison with the control or T3 group.

DISCUSSION

This study supports the notion that sustained β -adrenergic activation promotes the tumorigenic process (induction of NE differentiation and cell invasion), and it shows that T3 but not T4 attenuates prostate cancer progression.

In nude mice engrafted with LNCaP cells, ISO-induced β -adrenergic activation reduced tumor growth but accelerated the latency and incidence of tumors. These data were not surprising, since robust studies show that sympathetic input (via β -adrenergic receptors) is crucial for the initiation and progression of prostate and hepatic cancer (12,36,37). The decrease in tumor growth by ISO was associated with an increased expression of genes related to cell arrest (*p27^{kip}*), NE differentiation (*survivin*, *CgA* and *NSE*) and cell invasion (*VEGF*, *uPA* and *MMP-9*) (8,38–43). With the exception of VEGF and survivin, all these genes contain

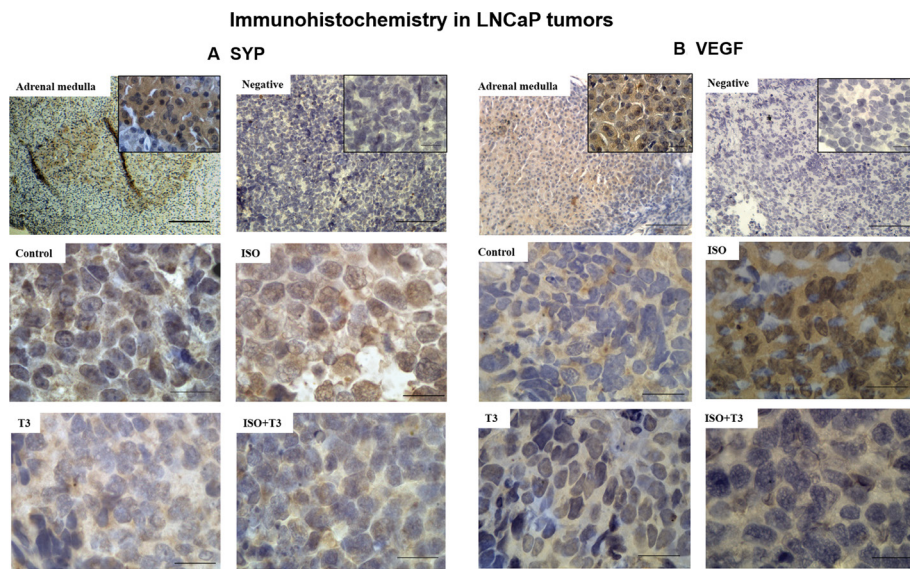


Figure 4. Immunodetection of SYP and VEGF proteins in LNCaP tumors. Representative light microscopy micrographs show immunostaining for SYP (A) and VEGF (B) at 100 \times magnification. Cell nuclei were counterstained with hematoxylin. Adrenal medulla was used as a positive control for both markers, and a tumor xenograft incubated with PBS instead of primary antibody was used as negative control. Insets, 20 \times magnification. Scale bars, 20 μ m.

CRE sites (40,42,44–46), suggesting a direct regulation by the transcription factor pCREB. In addition to gene expression, our data indicated high protein levels of SYP (another marker of NE differentiation) and VEGF in ISO-stimulated prostate tumors. These findings correlate with our *in vitro* data. Acquisition of neurite-like projections, VEGF secretion and invasive potential were consistently increased in ISO-treated LNCaP cultures. The dual effects of ISO are decreased tumor growth and increased invasive capacity; these effects are consistent with the evidence that adrenaline or noradrenaline act by β -adrenergic mechanisms to reduce cell proliferation but promote acquisition of the NE phenotype and/or invasiveness in prostate cancer cells (8,11). Together, our data support the notion that β -adrenergic activation promotes prostate cancer progression through increasing NE differentiation and invasive potential (8,11). Mechanistically, it has been established that PKA activation and/or exchange protein activated by cAMP (EPAC) are crucial

processes for NE differentiation (47). PKA directly induces the inactivation of an apoptotic factor (phosphorylation of BAD) (9), and it indirectly stimulates VEGF secretion (PI3K/AKT/hypoxia inducible factor-1 α [HIF-1 α]) (48) and neurite outgrowth by cytoskeleton rearrangements (inhibition of Ras homolog gene family A [RhoA]/Rho-associated protein kinase [ROCK]) (49). PKA also induces the phosphorylation of CREB and the expression of cell survival factors (Bcl-2), metalloproteases and NE peptides (NSE, CgA, SYP, neurotensin and so on) (8,9,36). Along this line, our data confirm an association between acquisition of the NE phenotype and high levels of pCREB in ISO-treated LNCaP cells. We did not analyze EPAC/p38-MAP kinase activation, but it is known that this intermediate effector is related to cell arrest in pheochromocytoma cells (47).

Our data indicate that responsiveness to β -adrenergic stimulation may depend on the state of differentiation and/or invasive potential of the prostate cancer cells. Compared to LNCaP cells, the

highly invasive DU145 cells were less sensitive to β -adrenergic stimulation; ISO increased VEGF secretion but not the outgrowth of neurites or the invasive capacity. In agreement, a study showed that stimulation with dibutyryl-cAMP or activators of PKA does not, by itself, promote NE differentiation; instead, it increases the efficiency of epidermal growth factor in inducing the NE phenotype (50). However, this low responsiveness contrasts with other studies showing that β -adrenergic activation increases or reduces the invasive capacity in DU145 cells. It has been reported that treatment with 10 μ mol/L norepinephrine (in the presence of 10 μ mol/L propranolol) stimulates cell migration and epithelial–mesenchymal transition (51), whereas in another study, stimulation with 100 μ mol/L ISO reduced cell motility by 50% (52). These differences could not be explained by the dose and/or time of exposure to β -agonists, and it is evident that more studies are required to understand the effect of β -adrenergic receptors on the invasiveness of DU145 cells. It is interesting to note that, unlike β -adrenergic signaling, other signals such as androgen deprivation (PI3K/AKT/MAPK) (53), cytokines (PI3K/signal transducer and activation of transcription [STAT]) (54) and growth factors induce NE differentiation, not only in prostate cancer cells with low invasive potential, but also with high invasive potential (55,56).

In relation to T3, our models showed that T3 supplementation reduced tumor growth and either up- or downregulated the expression of genes associated with the thyroid response. In contrast, T3 had no effect on tumor incidence, basal expression of CRE-dependent genes, acquisition of NE phenotype or invasiveness. T3 supplementation increased *D1* and *ARA70 α* mRNA levels and decreased *TR- β 1* mRNA levels. This result is not surprising, since these genes contain TRE sequences in their regulatory regions (57–59). The high levels of *D1* expression induced by T3 are consistent with the positive feedback loop of the

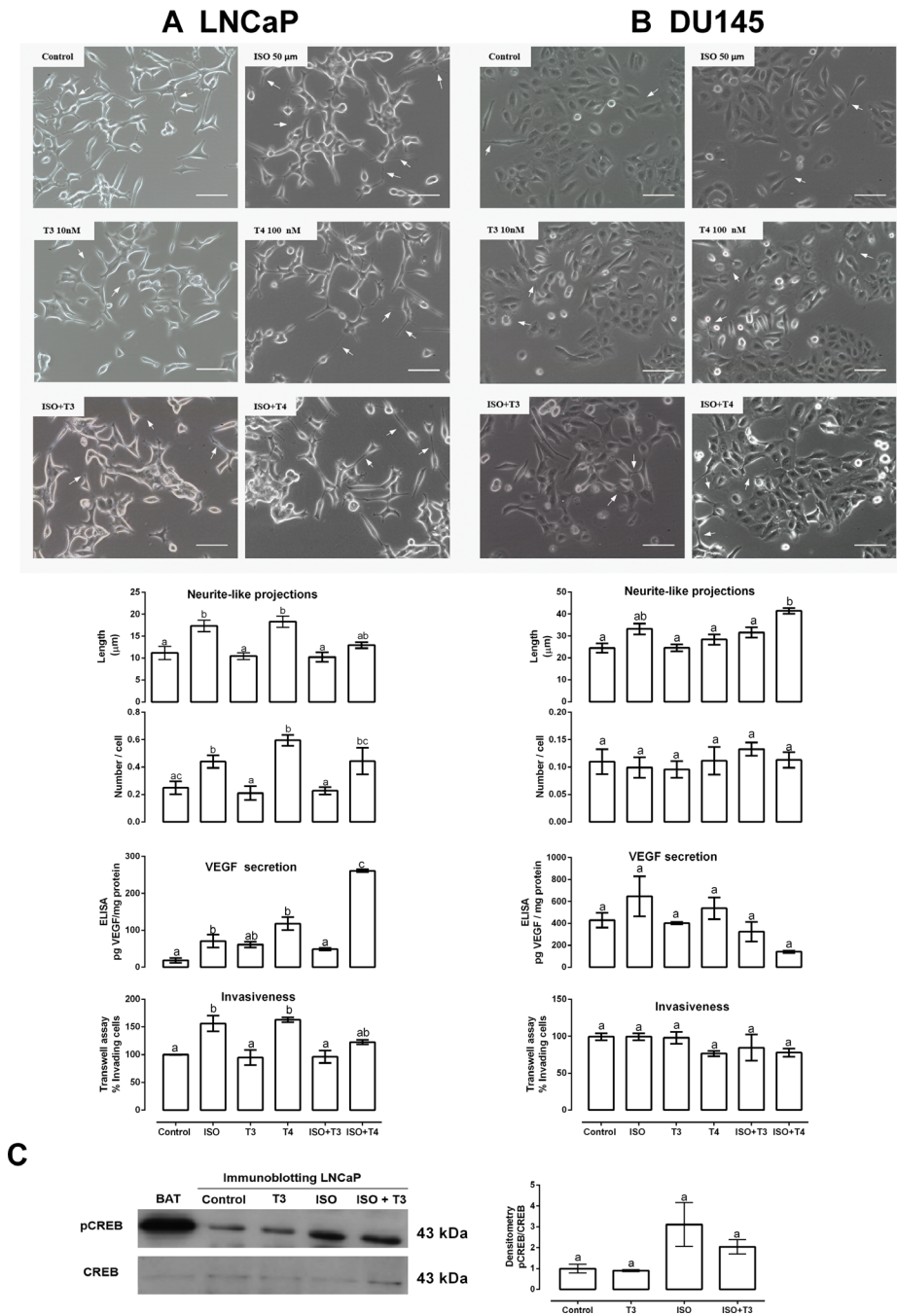


Figure 5. NE phenotype, VEGF secretion and invasive capacity of LNCaP (A) and DU145 cells (B). Cells were treated for 6 d (LNCaP) or 4 d (DU145), with 50 µmol/L ISO, 10 nmol/L T3 or 100 nmol/L T4 and their respective combination with ISO. (A) Representative images by phase contrast microscope at 20x showing the presence of neurite-like projections (see arrows). Scale bar, 50 µm. (C) Representative immunoblot of pCREB and CREB and densitometric quantification in LNCaP cells. Brown adipose tissue (BAT) of cold-exposed rats was used as a positive control for pCREB. All data represent mean ± SEM and were analyzed by one-way ANOVA and *post hoc* Tukey tests. Different letters indicate differences with *p* < 0.05. *n* = 3–5 independent experiments.

thyroid response (60). Tumor D1 activity was not measured, but previous studies have shown a direct correlation between enzyme activity (deiodination) and T3 generation in normal prostate tissue (35). T3 supplements also increased the expression of *ARA70α*, a prostate epithelium T3-responsive gene; *ARA70* is reduced in prostate cancer cells, but its overexpression induces apoptosis and reduces the cell-invasive capacity (61). Our data do not allow us to identify a potential role for T3 in the function of *ARA70*, but there is evidence that *ARA70α* might inhibit T3 signaling (58). D1, the other TRE-dependent gene, was not inhibited by *ARA70*. Studies are necessary to understand the bidirectional effects of T3 and *ARA70*. The reduced tumor growth associated with T3 could be explained by indirect mechanisms, because *in vitro* studies show that T3 directly increases cell proliferation by decreasing the expression of a p53 target, the B-cell translocation protein (28,62). Additional studies are required to understand the direct or indirect effects of T3 on tumor prostate growth.

In contrast to the lack of T3 effects on invasiveness, T4 promoted neurite outgrowth, VEGF secretion and the invasive capacity of LNCaP cells. Although the signaling pathways of T4 were not analyzed in this study, it is highly probable that activation of the $\alpha v\beta 3$ integrin/MAPK pathway mediates the extension and proliferation of neurites, on the basis of the following evidence: (a) T4 activates the MAPK pathway by interacting with the $\alpha v\beta 3$ -integrin receptor (63); (b) 10 nmol/L T4, but not 10 nmol/L T3, induces the elongation of neurites in cerebellar neurons by activating integrin receptors (64); and (c) MAPK activation is required for neurite outgrowth in pheochromocytoma cells (65). In addition, increased VEGF secretion and invasiveness was observed in T4-treated LNCaP cells. A study in glioma cells showed that 100 nmol/L T4 increased mRNA *HIF-1* levels (inductor of VEGF) by an interaction with the $\alpha v\beta 3$ /Src/PI3K pathway (20). Our data agree with this finding and

suggest that non-genomic mechanisms could be involved in these T4 responses.

Our data show that neither T4 nor T3 had effects on neurite outgrowth, VEGF secretion or the invasiveness of DU145 cells; nevertheless, these cells also express the integrin receptor subunits αv and $\beta 3$ (66). Detailed studies are required to analyze the functionality of the $\alpha v\beta 3$ receptor/signaling pathway in these cells. For instance, it has been reported that integrin $\alpha v\beta 3$ recycling (mediated by protein kinase D) is crucial for endothelial cell migration (67), and an alteration at this level could explain the unresponsiveness in DU145 cells. Together, our data indicate that the differential effects of thyronines seem to depend on the state of differentiation and/or the invasiveness of cancer cells.

One of the most important findings of this work is that T3, but not T4, prevented the tumorigenic progression mediated by β -adrenergic stimulation in LNCaP cells. As mentioned before, T3 treatment did not modify the basal expression of CRE-dependent genes, but it prevented the upregulation stimulated by ISO. In the combined group, T3 impeded the increases of tumor proteins SYP and VEGF; and *in vitro*, T3 prevented VEGF secretion, neurite-like outgrowth and invasive capacity. It is well established that T3 acts synergistically with β -adrenergic pathways to upregulate genes that contain both CRE and TRE sites (68,69), but there is also evidence that T3 represses the expression of genes that have only CRE sites (29,70,71). The lack of TRE sites on genes associated with NE differentiation and cell invasion can explain the null effect of T3 on the basal expression of these genes, suggesting that T3 acts indirectly in the ISO response. Studies have demonstrated a protein-protein interaction between nuclear thyroid hormone receptors and CREB in the presence of T3 (a T3-TR-CREB complex), reducing the ability of PKA to phosphorylate CREB (29,70). In our study, T3 did not fully prevent the phosphorylation of CREB, suggesting that the antagonistic

effect of T3 on the β -adrenergic pathway does not necessarily occur primordially at this level. For instance, in myocytes, T3 inhibits the expression of the L-type calcium channel gene, thereby inhibiting the nuclear translocation of pCREB (71). Another possibility is that T3 inhibits other downstream effectors of the β -adrenergic pathway associated with tumor progression, such as EPAC, erythroid transcription factor (GATA1) or activator-protein 1 (AP1) (72). Ongoing studies by our group are analyzing the antagonist effect of T3 on the β -adrenergic pathway. Neither T3 alone nor T3 combined with ISO had any effect on the tumorigenic response of DU145 cells. As mentioned before, this unresponsiveness could be related to the dedifferentiated state and/or the invasive capacity of these cells. TR β 1, the nuclear thyroid receptor, has been identified in both LNCaP and DU145 cells (29); however, T3 exerts proliferative effects only in LNCaP cells (27,62). Overall, our data *in vitro* and *in vivo* indicate that T3 restrains cancer progression mediated by β -adrenergic receptors in a model of differentiated cancer. T4 exacerbated the protumorigenic effects of ISO (VEGF secretion) in LNCaP cells, but did not have any effect on DU145 cells. Possible crosstalk between β -adrenergic signaling and T4-induced activation of MAPK could explain this overresponse in LNCaP cells; however, this relationship seems to be complex and is not yet clear. Clinical and experimental studies have shown that chronic systolic and/or diastolic hypertension, which are associated with a high mortality risk in prostate cancer, are also accompanied by lower levels of free T4 and T3 (2,73,74). Antagonistic T3 effects on β -adrenergic signaling are consistent with the notion that synergism is lost when one of these systems is enhanced or depressed; nevertheless, meticulous studies are needed to analyze if changes in the ratio of T4/T3 could be relevant for prostate cancer progression. Indeed, epidemiological data suggest that higher T4 levels increase the risk of prostate cancer (75), and our study

shows that a moderate and continuous dose of T3, but not T4, might prevent or delay tumor progression in a condition of adrenergic hyperactivity. Moreover, basic and clinical studies support the proposal that emotional, behavioral and surgical stresses, which depress the thyroid axes, accelerate prostate cancer progression (76,77). Oncologists should consider this fact, because the failure of some therapies could be related to the high anxiety levels of cancer patients. It would be interesting to analyze if a moderate dose of T3 given to prostate cancer patients could counteract the high central sympathetic input associated with hypothyroidism and whether this supplement might improve the efficacy of antineoplastic treatments. Indeed, a study found that pretreatment with supraphysiological doses of T3 enhances the effectiveness of chemotherapy in breast cancer cells (78).

CONCLUSION

Our study made consistent and complementary findings in LNCaP tumors and LNCaP cultures. We showed that the β -adrenergic pathway and thyroid hormones exert differential effects, stimulating or inhibiting prostate cancer progression. The protective effects of T3 against acquisition of the NE phenotype and cell invasion induced by β -adrenergic activation are associated with a pCREB-independent mechanism. Further studies are required to analyze the possible significance of the T4/T3 ratio for predicting prostatic cancer development.

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DISCLOSURE

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