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Impact of Margin Status on Local Recurrence in Patients with Breast Cancer Undergoing Breast-Conserving Surgery After Neoadjuvant Chemotherapy: A Retrospective Multi-Institutional Cohort Study

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ABSTRACT

Background. Questions have been raised as to an increased risk of local recurrence with breast-conserving surgery (BCS) post NAC highlighting the uncertainty around optimal margin width in this patient population. We examined the association between margin status and local recurrence-free survival (LRFS) in patients who underwent BCS following NAC.

Methods. We performed a retrospective cohort study of adult female patients with stage I–III breast cancer who underwent NAC followed by BCS between 2012 and 2021 at two cancer centers. Margins were categorized as "close" if they were <1 mm.

Results. The full cohort included 544 patients with a median age of 53 years (interquartile range [IQR] 44–64). Pathologic complete response (pCR) was achieved in 41.2% of the overall cohort (n = 224). Of the 320 with residual disease, 29.4% (n = 94) had at least one close margin, and

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I. Prakash, MD, MSc e-mail: ipshita.prakash@mcgill.ca 10.9% (n = 35) had ≥ 2 close margins. Median follow-up was 55 months (IQR 32–83); 4.8% had an ipsilateral breast recurrence (n = 26). Patients with pCR had a higher 5-year LRFS than those with residual disease (98.0% vs. 91.6%, p = 0.02). There was no difference in 5-year LRFS between the margin categories (clear vs. 1 close margin vs. ≥ 2 close margins) in those with residual disease (92.2% vs. 88.9% vs. 92.9%) (p = 0.78).

Conclusions. In patients undergoing BCS post-NAC, those who achieved pCR had a significantly higher LRFS compared with those with residual disease at the time of surgery, but LRFS was not associated with margin width nor the number of close margins.

Keywords Margins · Recurrence · Breast conserving surgery · Neoadjuvant chemotherapy

The safety and efficacy of neoadjuvant chemotherapy (NAC) in breast cancer care has been widely validated through large prospective studies, such as the NSABP B-18 and B-27 trials.^{1–3} In large or locally advanced breast cancers, it can serve to downsize tumors in an attempt to make them eligible for breast-conserving surgery (BCS).⁴ Additionally, it can serve as a platform for the *in vivo* study of tumor response to chemotherapy and as a prognostic indicator; in fact, patients in whom pathological complete response (pCR) can be achieved with NAC have been found

to have improved local recurrence free (LRFS), disease-free (DFS), and overall survival (OS).^{5–7} NAC also can be useful in downstaging a clinically positive axilla, thus allowing for de-escalation of axillary surgery.^{8–10}

With regards to de-escalation of breast surgery, there are currently no guidelines regarding the optimal margin width in patients who undergo BCS following NAC. This leaves an important knowledge gap as NAC has been shown repeatedly to increase breast conservation rates.^{11–13} Some studies aim for a 2-mm negative margin;¹⁴ others have extrapolated the 2014 Society of Surgical Oncology (SSO) and American Society for Radiation Oncology (ASTRO) of "no ink on tumor" to this patient population, although patients who had received NAC were specifically excluded from these guidelines.¹⁵ A limited number of studies have tried to evaluate the optimal margin width for patients undergoing BCS post-NAC; however, these have been small retrospective cohorts with mixed margin widths and have typically included patients with frankly positive margins, who are known to have significantly lower LRFS and DFS.^{14,16,17} Additionally, given the small cohort sizes, event rates have been low, limiting the interpretation of the results.¹⁴ A single systematic review and meta-analysis of the literature has been performed regarding margin width in BCS, but it specifically excluded patients who had received NAC.18

Given this dearth of evidence, we evaluated the association between margin width and number of close margins, and LRFS following BCS after NAC. Secondary objectives were to try to identify clinical and histopathological features associated with recurrence.

MATERIALS AND METHODS

Study Population

A retrospective cohort of adult female patients with stage I–III breast cancer who underwent BCS following neoadjuvant chemotherapy between 2012 and 2021 was identified at two university-affiliated academic institutions. Patients who received neoadjuvant endocrine, immuno-, or targeted therapy alone without chemotherapy were excluded. Those who underwent a completion total mastectomy after initial breast-conserving surgery for any reason, including margin positivity, and patients without surgical follow-up data also were excluded. Details regarding included and excluded patients can be found in the consort diagram (Fig. 1). Institutional ethics review board approval was obtained at both institutions before initiating the study.

Outcomes and Variables of Interest

The primary outcome of interest was local recurrencefree survival (LRFS) according to margin status (close vs. clear, and number of close margins). Electronic medical records (EMR) were interrogated to retrospectively collect demographic, clinical, pathological, and radiological data, as well as data specific to recurrences and deaths. These data included age at surgery, clinical staging information, neoadjuvant therapy regimen, type of breast and axillary surgery, pathological staging, margin and pCR details, re-excision data, and adjuvant therapy. Recurrence and mortality data were censored as of July 2023.

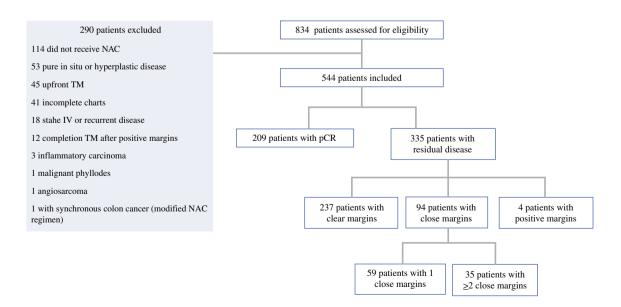


FIG. 1 Consort diagram of included and excluded patients

Staging information was standardized according to the 2018 American Joint Committee on Cancer's Staging System (AJCC) 8th Edition.¹⁹ Clinically positive lymph nodes were defined as either palpable nodes or suspicious nodes on ultrasound with a positive biopsy. Those who had suspicious nodes on imaging without a biopsy or with a negative biopsy were considered to be clinically node-negative (cN0).

Pathological complete response (pCR) data refers to ypT0/Tis status. Margin width was defined as follows, where *clear* margins were defined as ≥ 1 mm, *close* margins were defined as < 1 mm, and *positive* margins were defined as "no tumour on ink." Any invasive disease or DCIS within 1 mm of ink was considered close. Only the initial margin status was used, as those who underwent margin revision most often did not have a defined margin width. All patients with positive margins underwent margin revision and, for the aforementioned reason, were excluded from the LRFS analysis.

Recurrence data were defined as either an ipsilateral breast tumor recurrence (IBTR), a regional recurrence (ipsilateral regional nodal basin recurrence), a contralateral recurrence (nodal or in-breast), or a distant recurrence. IBTR was used to define LRFS, whereas all recurrences were grouped to define disease-free survival (DFS). Chemotherapy regimens were characterized as anthracycline-based or anthracycline-free.

Statistical Analysis

Descriptive statistics were used to summarize baseline clinical, pathological, and recurrence characteristics of the study populations. Data are represented as N (%) for categorical variables and median (interquartile range [IQR]) for continuous variables. A univariable analysis evaluating IBTR was performed using Chi-squared tests and logistic regression. The Kaplan-Meier method was used to evaluate LFRS, DFS, and OS, which were stratified based on patients' pathological response status. Those with residual disease were then substratified based on margin width as well as number of close margins. Five-year survival estimates are presented along with 95% confidence intervals (CI). All statistical analyses were performed using the Statistical Analysis System (SAS) software version 9.4 (Cary, NC), and *p*-values <0.05 were considered statistically significant.

RESULTS

Cohort Characteristics

Clinical and pathological baseline data are summarized in Table 1. A total of 834 patients were reviewed for eligibility, of whom 544 met inclusion criteria (Fig. 1). The median age at surgery was 53 years (IQR 45–64). Nearly

TABLE 1 Baseline characteristics (n = 544)

	Full cohort ($n = 544$)	
Median age (years)	53 (IQR 44–64)	
	No. (%)	
Clinical T stage		
T1	149 (27.4)	
T2	358 (65.8)	
T3	37 (6.8)	
Clinical N stage		
N0	282 (51.8)	
N1	258 (47.4)	
N2	4 (0.7)	
Grade		
Ι	12 (2.2)	
II	231 (42.5)	
III	294 (53.7)	
Unknown	9 (1.7)	
Molecular subtype		
HR+/HER2-	160 (29.4)	
HR+/HER2+	96 (17.7)	
HR-/HER2+	99 (18.2)	
TNBC	189 (34.7)	
Tumor type		
IDC	521 (95.8)	
ILC	13 (2.4)	
Mixed	8 (1.5)	
Other	2 (0.4)	
Preoperative MRI		
Yes	269 (49.5)	
No	275 (50.6)	
pCR (breast)	224 (41.2)	
Initial margin status		
Clear (≥ 1 mm)	446 (82.0)	
1 Close (<1 mm)	59 (10.8)	
\geq 2 Close (<1 mm)	35 (6.4)	
Positive	4 (0.7)	
Adjuvant radiation	528 (97.1)	
Adjuvant endocrine therapy	243 (44.7)	
Type of axillary surgery		
SLNB alone	345 (63.5)	
TAD	40 (7.4)	
ALND	157 (28.9)	
None	1 (0.2)	
Type of chemotherapy	. *	
Anthracycline containing	458 (85.2%)	
Anthracycline free	86 (15.4%)	

two-thirds of patients (65.8%) had clinical T2 (cT2) disease at diagnosis (n=358); 95.6% of tumors (n=525) were invasive ductal carcinoma (IDC). The vast majority of tumors were grade 2 (42.5%, n=231) or grade 3 (53.7%, n=294)

at diagnosis. The most common biological subtype was triple-negative breast cancer (TNBC) in 34.6% (n = 190) of patients, followed by hormone receptor-positive, human epidermal growth factor receptor 2-negative (HR +/HER2 -) in 29.5% (n = 162). Just less than half of the included patients were clinically node-positive (cN+) at diagnosis (48.3%, n = 265). Preoperative magnetic resonance imaging (MRI) was performed in 49.5% (n = 269) of the cohort. Most patients received anthracycline-based chemotherapy (77.4%, n = 425). All patients with HER2+ disease received an anti-HER2 targeted agent before surgery, and 81% (n = 158) completed the full adjuvant course. Pathologic complete response was achieved in 41.2% of patients (n = 224). Nearly all patients received adjuvant radiation therapy (97.1%, n = 533), whereas 44.7% of patients (n = 243) received adjuvant endocrine therapy.

Margin Data

For the entire cohort, at the time of the initial breast conserving surgery, 82% of patients (n=446) had clear margins $(\geq 1 \text{ mm})$, 17.3% (n=94) had close margins (<1 mm), and 0.7% (n=4) had positive margins. In those with close margins, 62.8% (n=59) had a single close margin and 37.2% (n=35) had two or more close margins. Of the entire cohort, 4.8% (n=26) of patients underwent margin revision, of whom 69.2% (n=18) had close margins, 15.4% (n=4) had clear margins, and 15.4% (n=4) had positive margins. Of those with close margins (n=18) who underwent reexcision, four (22.2%) had residual disease on reexcision. Only one of those four patients with residual disease underwent an additional revision.

Outcomes of Interest

The median follow-up time was 55 (IQR 32-83 months), during which 4.8% (n = 26) had an IBTR. The crude median time to IBTR was 29 (IQR 13-49) months. Of the 26 patients who recurred, 69.2% (n = 18) had a clear initial margin, 26.9% (n=7) had one close margin, and 3.8% (n=1)had two or more close margins. None of the patients with initially positive margins had an IBTR event at the time of data censuring. Furthermore, 26.9% (n=7) of patients with IBTR had HR+/HER2- disease, 3.8% (n=1) had HR+/ HER2+ disease, 30.8% (n=8) had HR-/HER2+ disease, and 38.5% (n = 10) had HR-/HER2- disease. Of those with an IBTR, 80.8% (n = 26) had clinical T2 disease or greater, and 61.5% (n = 16) were clinically node-positive. No patients with IBTR had grade I disease, whereas 53.8% (n = 14) had grade II disease and 46.2% (n = 12) had grade III disease. Notably, 23.1% (n=6) patients with IBTR did not receive adjuvant radiotherapy after their index surgery. The majority (76.9%) had an isolated local recurrence.

When stratifying by response to neoadjuvant chemotherapy, the 5-year LRFS was 98% (95% CI 94.9–99.3) in those with pCR compared with 91.6% (95% CI 86.9–94.7) in those with residual disease (p = 0.02; Table 2). In patients who did not achieve pCR, the group with clear margins had a 5-year LRFS of 92.2% (95% CI 87.3–95.3) compared with 88.9% (95% CI 67.8–96.4) in those with one close margin and 92.9% (95% CI 59.1–99) in those with ≥ 2 close margins (p = 0.78; Table 3). These LRFS estimates were not significantly different. There was also no difference in LRFS between patients with close margins who went for surgical revision versus those who did not (p = 0.41). Figures 2 and 3 demonstrate the Kaplan Meier curves for LRFS in the aforementioned subgroups.

On univariable regression analysis, the only factors associated with statistically significantly lower IBTR rates were pCR and receipt of adjuvant radiation therapy (Table 4). The unadjusted IBTR rate was 2.2% in patients with breast pCR versus 6.5% in patients who did not achieve pCR (p=0.02). Additionally, patients who did not receive adjuvant radiation had an IBTR rate of 37.5% versus 3.8% in those who underwent radiation (p < 0.001). Conversely, neither the initial margin status (clear vs. close vs. positive) nor the number of close margins were significantly associated with IBTR (0.12). Furthermore, a sensitivity analysis was conducted by excluding the 18 patients with close margins who underwent margin revision. There remained no statistically significant difference in IBTR rate associated with margin status (p=0.07). The unadjusted 5-year DFS and OS rates were similar in the clear and close margin groups, with *p*-values of 0.68 and 0.13 respectively (Table 3).

DISCUSSION

The 2014 SSO-ASTRO guidelines confirmed "no ink on tumor" as the adequate margin width for breast-conserving surgery for invasive cancer laying to rest a longstanding clinical controversy.¹⁵ However, these guidelines specifically excluded patients having received NAC and, to date, no international consensus on the most appropriate margin distance exists for patients undergoing BCS after NAC. While early results from the landmark NSABP-B-18 trial had demonstrated higher local recurrence rates in patients who received NAC, more contemporary evidence has emerged confirming the oncologic safety of BCS in the post-NAC setting.^{14,16,20,21} Nonetheless, data regarding the optimal margin width in this patient population remain scarce despite the widespread use of NAC as a strategy to render patients eligible for breast conservation.^{12,13}

In the context of this knowledge gap, we sought to examine the association between margin width and local recurrence in patients with operable breast cancer who had breast-conserving surgery after undergoing NAC in two

	Full cohort	Proportion with IBTR	
	No. (%)	%	р
Age group (years)			0.73
<50	215 (39.2)	5.1	
≥50	334 (60.8)	4.5	
Clinical tumor size			0.64
cT1	150 (27.3)	3.3	
cT2	362 (65.9)	5.3	
cT3	37 (6.7)	5.4	
Clinical nodal status			0.16
cN0	284 (51.7)	3.5	
cN+	265 (48.3)	6	
Histologic grade			0.54
Ι	12 (2.2)	0	
II	234 (42.6)	6	
III	294 (53.6)	4.1	
Uknown	9 (1.6)	0	
Histologic subtype			0.3
IDC	525 (95.6)	5	
ILC	13 (2.4)	0	
Mixed IDC/ILC	8 (1.5)	0	
Other	3 (0.6)	0	
Molecular subtype			0.14
HR +/HER2 –	162 (29.5)	4.3	
HR +/HER2 +	97 (17.7)	1	
HR –/HER2 +	100 (18.2)	8	
HR –/HER2 –	190 (34.6)	5.3	
Breast pCR			0.02
No	325 (59.2)	6.5	
Yes	224 (40.8)	2.2	
Overall pCR (ypT0/is ypN0/i+)			0.01
No	340 (61.9)	6.5	
Yes	209 (38.1)	1.9	
Initial margin status			0.12
Clear	446 (82.0)	4	
1 Close (<1 mm)	59 (10.8)	11.9	
\geq 2 Close (<1 mm)	35 (6.4)	2.9	
Positive	4 (0.7)	0	
Preoperative MRI			0.11
Yes	276 (50.3)	6.2	
No	273 (49.7)	3.3	
Adjuvant radiation			< 0.00
Yes	533 (97.1)	3.8	
No	16 (2.9)	37.5	
Adjuvant endocrine therapy			0.06
Yes	246 (44.8)	6.3	
No	303 (55.2)	2.9	

TABLE 2 Predictors of ipsilateral breast tumor recurrence (IBTR) in patients undergoing breast-conserving surgery after neoadjuvant chemotherapy (n=549)

P-values in bold are those < 0.05 and are considered statistically significant

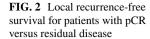
TABLE 3 Unadjusted 5-year local recurrence-free survival rates for patients with residual disease versus pathologic complete response (pCR)

	Residual disease	Breast pCR	р
5-year LRFS	91.6 (95% CI 86.9–94.7) 98 (95% CI 94.9–99.3)	0.02

comprehensive cancer centers in Canada. Our final cohort included 544 patients, and we defined a "close" margin as any invasive or in situ disease within <1 mm. We also elected to evaluate whether the number of close margins (1 vs. ≥ 2) in addition to the margin width itself was associated with local recurrence. This was done because we felt that decisions for margin revision or completion mastectomy may be influenced by surgical pathology reports identifying more than one margin of <1 mm. We also showed that neither the margin width, nor the number of close margins was associated with increased LRFS (p=0.78), DFS (p=0.68), or OS (p=0.13). Moreover, we redemonstrated the prognostic importance of pCR as well as the strong impact of radiation therapy on reduction of local recurrence.

At a median follow-up of 55 months (IQR 32-83), our study showed a low unadjusted IBTR rate of 4.8% in the overall cohort. The recurrence rate was found to be statistically similar in patients with clear, 1 close, and ≥ 2 close margins (p=0.12). While our series may not be the first to study the impact of margin width in patients undergoing BCS post NAC, we are the first to report on the effect of a margin width of < 1 mm in a patient cohort treated in a North American clinical context. Choi et al. published their series of 382 patients undergoing BCS after NAC from 2002 and 2014.¹⁴ At a median follow-up of 57 months, they showed an unadjusted recurrence rate of 3.9% and found no difference in LRFS, DFS, or OS rates when comparing margin widths of < 2 mm and > 2 mm. However, they were unable to evaluate IBTR rates in those with margins $\leq 1 \text{ mm}$, as they had no events in this category. Similarly, Mrdutt et al. also evaluated the association between margin width and local recurrence post NAC in 582 patients.¹³ Like the previous research group, they stratified their margin width by $\leq 2 \text{ mm or} > 2 \text{ mm and found no impact of margin width}$ on their 4-year IBTR rate of 2%. Interestingly, this IBTR rate is lower than what we reported despite a comparable cohort size and treatment period. We believe the difference here is driven by a shorter follow-up period in the Mrdutt study as well as by the omission of adjuvant radiation therapy in approximately 3% of our cohort. Furthermore, although direct statistical comparisons cannot be drawn, our cohort had a numerically higher proportion of patients with a triple negative biologic subtype.

Other international groups have also reported on this clinical question with similar results.²⁰ The largest cohort



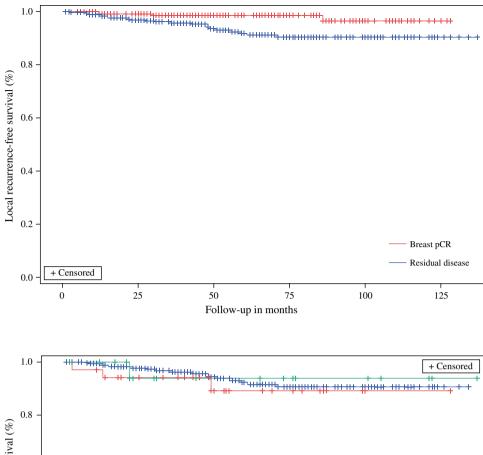


FIG. 3 Local recurrence-free survival in patients undergoing breast conserving surgery after neoadjuvant chemotherapy by margin status

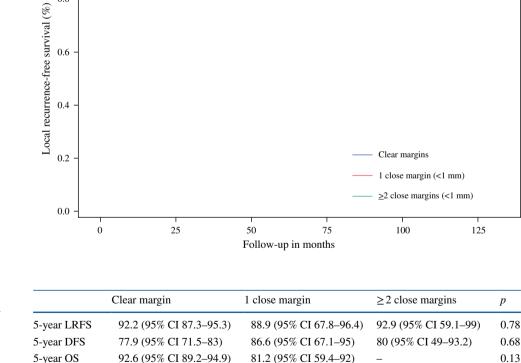


TABLE 4 Unadjusted 5-year survival rates for patients with residual disease stratified by margin status

was analysed by Cheun et al., who published the results of their evaluation of 2803 South Korean patients undergoing BCS post-NAC.²¹ As expected, they found that the largest driver of LRFS, DFS, and OS was pCR and that there

5-year OS

was no difference in survival outcomes when comparing the various margin statuses (positive, close [<2 mm], or widely negative) of those with residual disease. The prognostic significance of response to neoadjuvant chemotherapy

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0.13

has been well-established in several prospective clinical trials.^{5,22} Pathologic complete response is now sought by investigators, clinicians, and patients alike as the de facto surrogate marker for improved survival outcomes. It is, therefore, unsurprising that our study results, like those of other groups, reflect this by showing a significant association between pCR and IBTR rate. On our Kaplan-Meier analysis, those with pCR had a statistically significant LRFS benefit of 6.4% compared with those with residual disease (p=0.02; Table 3). In addition to pCR, our study demonstrated the known impact of adjuvant radiation on local control postbreast conservation.

It is noteworthy that, in our series, the margin positivity rate was very low at only 0.7% (n=4). Margin positivity rates post-NAC have not been prospectively evaluated. As a result, evidence from retrospective series has been somewhat inconsistent. Several studies have found high rates of positive margins in those undergoing BCS following NAC.^{14,23–25} A 2018 systematic review of surgical outcomes following BCS after NAC showed a range of margin positivity rates between 2 and 40%.²⁶ The applicability of this data to our contemporary clinical context is challenging however, as the definition of positive margins in these studies varied from "no tumor on ink" to <5 mm. Reassuringly, although this trend was not formally assessed by the authors, it is clear that as the rates of pCR increased over time with the use of modern chemotherapy/targeted therapy regimens along with improvements in diagnostic and localization techniques, the rates of positive margins declined. Our study, like other more recent ones, shows this sustained downward trend. It also is important to remember that we excluded 12 patients from our analysis who underwent completion mastectomy because of initially positive margins.

Finally, questions remain as to the standardized use of preoperative MRI in the setting of neoadjuvant chemotherapy. Routine use of MRI has not been shown to accurately predict pCR, nor has it consistently been shown to reduce rates of positive margins.^{27–30} Our study cohort reflects realworld practice patterns with approximately half the NAC patients undergoing preoperative MRI. We showed that preoperative MRI use in patients who received NAC was not associated with an increased incidence of IBTR (p=0.11).

Limitations

Several important limitations must be acknowledged when contextualizing our study results to clinical practice settings. Because of the retrospective study design and the lack of synoptic reporting within and across institutions, our data lacked some important granularity. We were unable to collect certain parameters, such as the technical details of margin revisions, those of adjuvant radiation therapy protocols, or the pattern of response in patients with residual disease (i.e., concentric vs. scattered). We elected to use the "initial margin status" instead of the "final margin status" to categorize our patients as we felt that the inter- and intra-institutional heterogeneity between reexcision technique and pathology reporting made the final margin classification inaccurate. However, we conducted a sensitivity analysis excluding the 18 patients with close margins who underwent reexcision to test the effect of our decision. We found that this did not drastically change the overall conclusions (p = 0.07), suggesting that our initial findings are somewhat robust but that more data is necessary to confirm the observed trends. Moreover, we know that adding a tumor bed boost to adjuvant whole breast irradiation for patients with high-risk breast cancer can be associated with improved local control; however, we could not evaluate its use and impact in the current study.³¹ The association between tumor response pattern and IBTR is less clear, and it would have been interesting to study this in our cohort; however, those details were not available within our pathology reports. Finally, a longer follow-up time and larger sample size would help strengthen our results, especially given the low observed event rate. Only 26 patients in our study had an IBTR and, as a result, we were unable to perform a statistically sound multivariable analysis. Our results should therefore be interpreted with caution.

CONCLUSIONS

In our real-world cohort of patients undergoing BCS post NAC, neither a margin width of <1 mm, nor the number of close margins was associated with an increased IBTR rate. Residual disease post-NAC and omission of adjuvant radiation were drivers of increased local recurrence. Our study supports the recommendation of "no ink on tumor" in this patient population, although a larger sample size and longer follow-up would help to reinforce these conclusions.

DISCLOSURE None of the authors has any relevant conflicts of interest to disclose.

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