# **RESEARCH ARTICLE**



# It is challenging to reproduce both anatomical and functional aspects of anterolateral reconstruction: postoperative 3D-CT analysis of the femoral tunnel position

Dong Jin Ryu<sup>1†</sup>, Seoyeong Kim<sup>2†</sup>, Minji Kim<sup>2</sup>, Joo Hwan Kim<sup>4</sup>, Won Jae Kim<sup>4</sup>, Dohyung Lim<sup>2,3\*</sup> and Joon Ho Wang $4,5,6^*$ 

# **Abstract**

**Background** This study aimed to evaluate the femoral tunnel position and fber length of the anterolateral ligament (ALL) reconstruction compared with the natural anatomy of the ALL. We also evaluated whether the femoral tunnel position would afect residual pivot shift.

**Methods** This study was a retrospective review of 55 knees that underwent ALL reconstruction considering the anatomical and functional aspects, during primary anterior cruciate ligament (ACL) reconstruction in the presence of a high-grade pivot shift or revisional ACL reconstruction. We determined the position of the femoral tunnel and the length of graft using a three-dimensional (3D)-computed tomography (CT) model after ALL reconstruction. We also measured graft excursion during surgery and examined pivot shift 2 years after surgery. We conducted a subgroup analysis of femoral tunnel position, fber length, isometricity, and residual pivot shift depending on whether the tunnel was anterior or posterior to the lateral epicondyle (LE). We also performed a subgroup analysis depending on whether the ACL reconstruction was primary or revisional.

**Results** The mean femoral tunnel position was 2.04 mm posterior and 14.5 mm proximal from the center of the LE. The mean lengths of the anterior and posterior fbers were 66.6 and 63.4 mm, respectively. The femoral tunnel was positioned more proximally than the anatomical position, and both anterior and posterior ALL fbers were longer than the natural anatomy. The anteroposterior femoral tunnel position was signifcantly correlated with anterior (*p*=0.045) and posterior (*p*=0.037) fber excursion. In the subgroup analysis, there was no signifcant diference in the residual pivot shift between the posterior and anterior tunnel positions. However, there were signifcant diferences for proximal position (*p*<0.001) and fber length (*p*=0.006). There was no signifcant diference between primary and revisional ACL regarding femoral tunnel position and fber lengths.

<sup>†</sup>The authors Dong Jin Ryu and Seoyeong Kim contributed to this work equally.

\*Correspondence: Dohyung Lim dli349@sejong.ac.kr Joon Ho Wang mdwang88@gmail.com Full list of author information is available at the end of the article



© The Author(s) 2024. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit [http://creativecommons.org/licenses/by/4.0/.](http://creativecommons.org/licenses/by/4.0/) The Creative Commons Public Domain Dedication waiver ([http://creativeco](http://creativecommons.org/publicdomain/zero/1.0/) [mmons.org/publicdomain/zero/1.0/](http://creativecommons.org/publicdomain/zero/1.0/)) applies to the data made available in this article, unless otherwise stated in a credit line to the data. **Conclusion** It is challenging to reproduce both anatomical and functional aspects of ALL reconstruction in both primary and revision ACL reconstruction. Especially for functional reconstruction, the femoral tunnel tended to be positioned more proximally than the anatomical position. However, the femoral tunnel position did not afect functional clinical outcomes at the 2-year follow-up.

**Level of evidence** Level IV Case series.

**Keywords** Anterolateral ligament, Femoral tunnel position, Anatomy, Reliability

# **Background**

The reconstruction of the anterolateral ligament (ALL) has been increasingly debated in the recent literature. Following its description by Segond in 1879, the ALL has been investigated in many anatomical studies  $[1-8]$  $[1-8]$ . Some biomechanical studies have shown the role of the ALL in the rotational stability of the knee, with disruption in stability revealed by the pivot shift  $[9-12]$  $[9-12]$  $[9-12]$ . On the basis of exploratory cadaveric testing, many researchers agree that the ALL is an important stabilizer of internal tibial rotation. Irrespective of the operative technique, a high rate of residual pivot shift remains after anterior cruciate ligament (ACL) reconstruction  $[13–15]$  $[13–15]$  $[13–15]$  $[13–15]$ . This has encouraged surgeons to focus on additional procedures for rotational instability, particularly for anterolateral structures such as the ALL.

Previous studies have introduced ALL reconstruction with the formation of femoral tunnel and insertion of the ALL [[16](#page-9-0)[–21](#page-9-1)]. Although there were inconsistencies in the femoral tunnel position, recent research has shown that the femoral tunnel position is located posterior and proximal to the lateral epicondyle (LE), with the length of the ALL varying from 30.41 to 59.0 mm in anatomical studies [[22](#page-9-2)]. However, some studies still report that the anterior to the LE location is more advantageous for restoring isometry [\[21](#page-9-1)].

Considering the biomechanical efect of the ALL [\[23](#page-9-3)], a functional femoral tunnel position is essential to reduce anterolateral rotational instability (ALRI), with a range of 0–30° fexion. However, similar to that in anatomical ACL reconstruction  $[24, 25]$  $[24, 25]$  $[24, 25]$  $[24, 25]$ , it is difficult to consistently reproduce the optimal position. Imbert et al. [[26](#page-9-6)] reported that proximal and posterior to the LE is the only position with a favorable isometry, being tight in extension and in internal rotation at 20°. The non-anatomical nature of ALL reconstruction has the potential risk of over-constraint and changes in knee biomechanics [\[27](#page-9-7)].

To our knowledge, no study has the investigated the consistency and accuracy of the femoral tunnel position after ALL reconstruction. This study aimed to evaluate the femoral tunnel position and the fber length of the ALL compared with the ALL natural anatomy. Moreover, we evaluated whether the femoral tunnel position would afect the residual pivot shift.

# **Methods**

#### **Subjects**

This study was a retrospective review of 59 knees in 59 patients who underwent ALL reconstruction between July 2019 and February 2020 during primary ACL reconstruction in the presence of a high-grade pivot shift [≥International Knee Documentation Committee (IKDC) grade 2] or during revisional ACL reconstruction. The inclusion criteria were as follows:  $(1)$  age  $18-60$ years; (2) confrmed ACL injury with pivot shift of IKDC grade  $\geq$  2; (3) revisional ACL reconstruction, and (4) follow-up for at least 2 years after surgery. The exclusion criteria were as follows: (1) accompanied other ligament injury  $(n=3)$  and  $(2)$  a follow-up period less than 2 years after surgery  $(n=1)$ .

Finally, 55 patients (55 knees) were enrolled in this study. This study was approved by the ethics committee of our medical center and received institutional review board approval (IRB No. SMC 2020-12-099).

#### **Surgical procedure**

After primary single-bundle ACL reconstruction or revision, we performed ALL reconstruction as described previously [\[19](#page-9-8), [28](#page-9-9), [29\]](#page-9-10). We used the auto-gracilis tendon for ALL reconstruction in patients undergoing primary ACL surgery. For revision surgery, we used the remnant side of the allograft from the allo-tibialis or allo-Achilles tendon after preparing the ACL graft. The ALL graft 4.5 mm in diameter was prepared. All surgical procedures were performed by the one senior expert knee surgeon (J.H.W).

Three bony landmarks were marked as follows: (1) LE of the femur, (2) head of the fbula, and (3) Gerdy's tuber-cle (Fig. [1](#page-2-0)A). The femoral anatomical points were selected using the method suggested by Sonnery-Cottet et al. [\[19](#page-9-8)]. A 1 cm-sized mini incision was made just above the superolateral margin of Gerdy's tubercle ( $α$ ). A second small incision was made at the midpoint between the fbular head and Gerdy's tubercle, which was taken as the point of attachment of the native ALL (β; Fig. [1A](#page-2-0), [B\)](#page-2-0) [\[2](#page-8-6)]. Two K-wires were inserted into the bone at the two selected points. After reaming over the inserted guide K-wire for approximately 20 mm with a reamer measuring 4.5 mm in diameter, a loop passer was introduced through the tibial anterior tunnel to the posterior tunnel (Fig. [1](#page-2-0)C). No.2 Ethibond was introduced using the loop passer, and a loop was made at the posterior tibial tunnel. A third 1.5 cm-sized stab incision was made just proximal and posterior to the LE. A K-wire was inserted into the bone just proximal and posterior to the LE (γ; Fig. [1](#page-2-0)D). The knee was then moved from 90° fexion to extension, and we measured the length of the anterior fiber [between  $(y)$ ] and ( $\alpha$ ) point] and posterior fiber [between ( $\gamma$ ) and ( $\beta$ )] using the applied Ethibond and a ruler (Fig. [1](#page-2-0)E,  $F$ ).

We selected a point that slightly increased the fber length with extension and decreased with flexion to 90°. This "excursion" meant that the graft would be tighter in extension and lax as the knee was fexed [[30\]](#page-9-11). If the fber length increased during knee fexion (graft tightened in fexion), we repositioned the femoral side K-wire in the proximal, posterior, or both directions. After confrming the excursion of the anterior and posterior fbers were acceptable, we drilled a 20 mm-deep femoral tunnel using a 4.5 mm-wide reamer. The graft was then placed into the femoral tunnel with a 4.75 mm anchor (Swive-Lock®, Arthrex, Naples, Florida, USA; Fig. [1](#page-2-0)G).

A suture grasper was passed through the lateral stab incision from the posterior tibial tunnel to the proximal side of femur, deep into the fbers of the iliotibial band  $(ITB; Fig. 1H)$  $(ITB; Fig. 1H)$  $(ITB; Fig. 1H)$ . The end of the proximal fixated ALL graft was retrieved by the suture grasper to the posterior side of the tibial tunnel and passed to the anterior tibial tunnel through the intraosseous tunnel using a prepared Ethibond loop. Finally, the end of the ALL graft was retracted to the proximal femur side by a suture grasper under the ITB again ([Fig](#page-2-0). [1](#page-2-0)I). To secure the ALL graft, the knee was fully extended with the foot in neutral rotation [[30\]](#page-9-11).

The graft end was tied at the femoral side with the fberwire pre-attached anchor (Fig. [1](#page-2-0)J).

# **Criteria for determining femoral tunnel location considering ALL function**

To reduce the tibia's rotational force, tensile force was applied to the ALL graft during the range of  $0 \sim 45^{\circ}$  knee joint angle, and consequently, the length of the ALL graft was increased. When the knee is fexed more than 90°, an over-strain may be applied to the lateral compartment if tension is applied to the ALL graft [[30\]](#page-9-11). The "excursion" is the increasing the length of ALL fber during 90° fexion to extension of knee joint. We adjusted it several times to fnd the optimal position and recorded the adjustment number.

If the femoral tunnel was positioned within the proximal and posterior boundary of LE, we defned it as "anatomical ALL." However, if the femoral tunnel was positioned after several adjustments considering the excursion and function, we described it as "functional ALL."

#### **Rehabilitation**

All patients were sent to our sports medical rehabilitation department and were rehabilitated using the same protocol by physical therapists as previously described [[31,](#page-9-12) [32](#page-9-13)]. For 4 weeks after surgery, partial weight-bearing ambulation with crutches was allowed. Full weight-bearing walking was permitted at 6 weeks. The range of motion with a brace gradually increased from 2 days after surgery and reached 120° knee fexion by 6 weeks. If patients underwent concomitant meniscal repair, the knee was immobilized for 2 weeks after surgery. Quadriceps sets and ankle pump exercise were started on the frst postoperative day. Closed kinetic chain exercises were initiated 2 weeks postoperatively and return to sports was allowed after 9 months.

(See fgure on next page.)

<span id="page-2-0"></span>**Fig. 1.** The procedure of the anterolateral ligament reconstruction, right knee. **A** Three bony landmarks are marked 1) the lateral epicondyle (LE) of the femur (white circle) and the inferolateral border of the lateral condyle (red line), 2) the head of the fbula, and 3) Gerdy's tubercle. A 1 cm-sized mini-incision is made just above Gerdy's tubercle's superoposterior margin (black line). A second small incision is made at the midpoint between the fbular head and Gerdy's tubercle (white line). **B** Two guide K-wires inserted at the target points. **C** After reaming approximately 20 mm with a 4.5 mm diameter reamer, a loop passer is introduced through the anterior tunnel to the posterior tunnel. **D** A 1.5 cm sized stab incision is made at just proximal and posterior to the LE, and a guide K-wire is inserted. **E**, **F** Excursions are checked. After the fber length is marked using an Ehibond (white circle), the knee is moved from 90° fexion to extension, and we measure the length of the anterior fber (white circle) and posterior fber. **G** When acceptable excursion is confrmed, a 20 mm deep femoral tunnel is drilled using a 4.5 mm reamer. The graft is then placed in the femoral tunnel with the anchor. **H** A suture grasper is passed through the lateral stab incision from the posterior tibial tunnel to the proximal femoral side, deep to the fbers of the ITB, and the graft is retracted. The graft is then passed to the anterior side through the tibial trans-osseous tunnel using the Ethibond suture relay. I. The end of ALL graft is retracted on the proximal femur side, held by the suture grasper under the ITB once again. J. To secure the ALL graft, the knee is fully extended with neutral foot rotation. The graft end is tied to the femoral side with an anchor attached to the fberwire. *LE* lateral epicondyle; *FH* fbular head; *GT* Gerdy's tubercle; *ITB* Iliotibial band; white circle denotes the excursion, and the red arrow indicated the passing of the graft



Fig. 1. (See legend on previous page.)

# **Measurement of the femoral tunnel position and fber length using 3D‑CT reconstruction**

Two days after surgery, the negative suction drain was removed, and the patients underwent computed tomography (CT) to assess the ACL and ALL tunnel positions. After three-dimensional (3D)-CT reconstruction, we selected a point at the intersection of the center axis of the tunnel and the expected position of the cortical bone (Fig.  $2A-D$ ). Thereafter, the point was marked on the 3D image, and the center point of the LE was set (Fig. [2B](#page-4-0)).

The position of the ALL femoral tunnel was determined on the basis of the LE (Fig.  $3$ ). The anteroposterior (dY) and proximal–distal (dZ) lengths were measured (Fig. [3](#page-5-0)A). For fber length, the anterior fber (A) and posterior fber (B) lengths were measured using the following equation, considering the 3D structure (Fig. [3B](#page-5-0)). These 3D-CT measurements were performed by two independent investigators (S.K. and M.K.).

#### **Subgroup analysis**

Considering the recent consensus on the femoral tunnel position, we performed subgroup analysis 1 following the femoral tunnel position (anterior or posterior to LE). We compared the fber length, excursion, isometricity, residual pivot shift, and clinical outcomes including Lysholm score and IKDC subjective score at 2-year follow-up.

We also performed subgroup analysis 2 with primary or revisional ACL. Revisional ACL requires technical considerations to determine the ideal femoral ALL tunnel position. We compared the femoral tunnel position, fber length, excursion, and a number of adjustments (positioning error). We also examined the tunnel location and subsequent treatment records of patients who remained with high-grade rotational instability, representing more than pivot shift grade 2.

## **Statistical analysis**

Pearson correlation analysis was used to confrm the correlation between the femoral tunnel position and anterior or posterior fiber excursion. The independent *t*-test and Fisher's exact test were used for the subgroup analyses regarding the anterior and posterior positions. Statistical signifcance was defned as *p*<0.05. Two independent investigators measured the parameters at intervals of 3 weeks between the measurements. The intraclass correlation coefficient (ICC) was used to determine intra- and inter-observer reliability, and ICC>0.8 was considered to indicate good reliability. Average values of the measurements were used in the analysis. All parameters showed good correlation  $(>0.86)$ .

G-power (version 3.1, Institut für Experimentelle Psychologie, Heinrich Heine Universität, Dusseldorf, Germany) was used to perform a post-hoc power calculation to compare the anterior and posterior positions [\[33](#page-9-14)]. Based on the sample size of this study and an α-error of 0.05, there was adequate power (0.93) to detect a signifcant diference between the two groups.

### **Results**

The patient demographics are summarized in Table [1](#page-6-0). The mean femoral tunnel position of the ALL was 2.04 mm ( $\pm$  6.6 mm) posterior, and 14.5 mm ( $\pm$  8.2 mm) proximal from the center point of the LE. The femoral tunnel was positioned more proximally than the anatomical



<span id="page-4-0"></span>**Fig. 2.** 3D CT reconstruction and setting of the center points of each landmark. The center point (red circle) at the **A** femoral tunnel (FT), **B** lateral epicondyle (LE) of the femur, **C** posterior tunnel of the tibia (TTp), **D** anterior tunnel of the tibia (TTa), and **E** 3D-reconstructed image developed by setting the center point of the LE (yellow circle)



<span id="page-5-0"></span>**Fig. 3.** Calculation of the femur tunnel position based on the lateral epicondyle. **A** Femoral tunnel position from the center point of the lateral epicondyle. **B** The length of the anterior and posterior fbers. \**FT* Femoral tunnel, *LE* lateral epicondyle, *TTp* posterior tunnel of the tibia, *TTa* anterior tunnel of the tibia

position. Although 20 cases (36.3%) involved the anterior positioning of the ALL relative to the center of the LE (average, 4.4 mm), these were mostly included in the LE boundary (Fig. [4\)](#page-6-1). In contrast, there was no case of distal positioning relative to the center of the LE. The mean length of the anterior ALL fiber was 66.6 mm  $(\pm 8.8 \text{ mm})$ and that of the posterior ALL fiber was  $63.4$  mm ( $\pm 8.7$ ) mm). Compared with ALL natural anatomy  $(30.41 \sim 59$  mm), both anterior and posterior fbers were measured to be longer.

With these femoral tunnel positions, the excursion of the anterior fiber was  $2.6 \pm 3.0$  mm from 90 $^{\circ}$  flexion to extension. For the posterior fber, the excursion was 6.9±3.8 mm. Pearson correlation analysis showed that the anteroposterior femoral position was signifcantly correlated with anterior  $(r=0.276, p=0.045)$  and

# <span id="page-6-0"></span>**Table 1** Patient demographics



*SD* standard deviation, *IKDC* International Knee Documentation Committee, *ACL* anterior cruciate ligament



<span id="page-6-1"></span>**Fig. 4.** ALL femoral tunnel positions are based on the center point of the lateral epicondyle. (Blue dot circle: boundary of the lateral epicondyle)

posterior  $(r=0.287, p=0.037)$  excursion. The posterior femoral position was positively correlated with excursion. However, there was no signifcant correlation between the proximal–distal tunnel position and anterior (*r*=−0.146, *p*=0.296), and posterior excursion (*r*=−0.017, *p*=0.902).

In subgroup analysis 1, there was no diference in residual pivot shift (rotational instability) at the 2-year follow-up regardless of the femoral anteroposterior tunnel position (Table [2\)](#page-6-2). However, there were signifcant diferences in the femoral tunnel position (proximal–distal), and in the anterior and posterior fiber lengths. The mean number of adjustments required to identify the ideal point was 1.8 for the posterior position and 3.1 for the anterior position, with a signifcant diference between the two groups  $(p < 0.001)$ . However, there was no difference in functional outcome, representing Lysholm and IKDC subjective score, at the 2-year follow-up.

In subgroup analysis 2, 35 knees underwent primary ACL reconstruction, and 20 knees underwent revisional ACL reconstruction (Table  $3$ ). There was no significant

<span id="page-6-2"></span>**Table 2** Subgroup analysis of the posterior and anterior position groups

<b>Variables</b>	<b>Posterior</b> position $(n=35)$	<b>Anterior</b> position $(n=20)$	p-Value
Sex (male/female), n	29:5	15:6	0.183
Age, years	$25.8 \pm 9.0$	$28.6 \pm 10.4$	0.313
Height, cm	$172.4 \pm 8.1$	$172.4 \pm 8.2$	0.999
Weight, kg	$78.4 + 13.1$	$77.2 + 11.6$	0.716
Body mass index	$26.3 \pm 3.7$	$25.8 \pm 2.9$	0.595
Femur tunnel (anteroposte- $rior)$ <sup>†</sup> , mm	$5.8 \pm 5.2$	$-4.4 + 1.98$	< 0.001
Femur tunnel (proxi-distal) <sup>#</sup> , mm	$11.2 \pm 6.3$	$20.5 \pm 8.1$	< 0.001
Anterior fiber length, mm	$63.9 \pm 6.9$	$71.4 \pm 9.9$	0.006
Posterior fiber length, mm	$60.1 \pm 6.4$	$69.4 \pm 9.3$	< 0.001
Anterior fiber excursion, mm	$3.0 \pm 3.3$	$2.0 \pm 2.3$	0.153
Posterior fiber excursion, mm	$7.5 \pm 4.0$	$6.0 \pm 3.4$	0.136
Anterior fiber isometric, n	24	13	0.507
Posteriorfiber isometric, n	5	$\overline{4}$	0.423
Both isometric, n	5	3	0.617
Number of adjustments, n	$1.8 \pm 0.8$	$3.1 \pm 1.1$	< 0.001
Pivot shift (IKDC) at 2 years, n			
0 (equal)	$\mathbf{0}$	$\mathbf 0$	1.0
1 (glide)	$\Omega$	1(5%)	
2 (clunk)	$1(2.8\%)$	1(5%)	
3 (gross)	$1(2.8\%)$	$\Omega$	
Lysholm score at 2 years	$85.8 \pm 15.1$	$82.2 \pm 15.0$	0.767
IKDC subjective score at 2 years	$83.1 \pm 13.6$	$80.8 \pm 16.8$	0.374

The data are presented as mean±SD or as *n* (%)

† Positive value: posterior to the center of the lateral epicondyle

‡ Positive value: proximal to the center of the lateral epicondyle

*IKDC* International Knee Documentation Committee

<span id="page-7-0"></span>**Table 3** Subgroup analysis for primary and revisional anterior cruciate ligament reconstruction

Variables	<b>Primary ACL</b> $(n=35)$	<b>Revision ACL</b> $(n=20)$	<i>p</i> -Value
Sex (male/female), n	28:7	16:4	0.643
Age, years	$25.3 \pm 9.8$	$79.6 + 8.5$	0.095
Height, cm	$172.27 + 7.75$	$172.74 + 8.81$	0.842
Weight, kg	$79.2 \pm 14.3$	$75.8 \pm 8.5$	0.338
Body mass index	$76.6 + 3.9$	$25.4 + 1.9$	0.208
Femur tunnel (anteroposterior) $†$ , mm	$3.16 + 7.22$	$0.8 + 4.93$	0.099
Femur tunnel $怨$ (proxi-distal) <sup><math>\ddagger</math></sup> , mm	$13.38 + 7.77$	$16.7 + 8.9$	0.154
Anterior fiber length, mm	$66.33 + 7.60$	$67.13 + 10.95$	0.750
Posterior fiber length, mm	$63.13 \pm 7.88$	$64.09 \pm 10.36$	0.721
Anterior fiber excursion, mm	$2.37 \pm 2.77$	$3.15 \pm 3.39$	0.389
Posterior fiber excursion, mm	$6.74 + 3.55$	$7.4 + 4.34$	0.569
Number of adjustments, n	$2.09 \pm 0.91$	$2.70 \pm 1.21$	0.039

† Positive value: posterior to the lateral epicondyle center

‡ Positive value: proximal to the lateral epicondyle center

*ACL* anterior cruciate ligament reconstruction

diference between the two groups in the femoral tunnel position, anterior fber excursion, posterior fber excursion, or fber length. However, the number of adjustments was higher in the revisional ACL group  $(p=0.039)$ .

There were three cases of residual high-grade pivot shift during the 2 years after surgery. Two patients had reinjury by slip down and confrmed re-tear of the primary ACL graft at 6 and 7 months after surgery, respectively. One was in the posterior position group, and the other was in the anterior position group. The patients underwent revisional ACL surgery at 9 and 11 months after surgery, respectively. One patient in the posterior position group who performed revisional ACL did not report any trauma; however, residual grade 2 pivot shift was noted 2 years after surgery. The patient did not experience any discomfort or instability; thus, conservative treatment was employed.

### **Discussion**

The most important finding of this study was that it was difficult to satisfy both the anatomical and functional aspects of ALL femoral tunnel formation with high reproducibility. We tried frst to set the anatomical position and focus on functional reconstruction afterward, considering "excursion," which meant that the graft would be tighter during knee extension. As a result, the femoral tunnel position was proximal to the anatomical position, and the length of the graft was longer than the natural anatomy of ALL.

Previous authors have described the anatomical landmarks and length of ALL, and the mean length of the ALL was reported to vary from 30.41 to 59 mm  $[1-3, 5 [1-3, 5 [1-3, 5-$ [8,](#page-8-1) [34](#page-9-15), [35](#page-9-16)]. Most authors reported the point of proximal, posterior to LE as the femoral origin, and some reported LE as the origin. In subgroup analysis 1, the anterior position group was more proximal from the LE; thus, the length of the graft increased. In the anterior position group, the mean lengths of the anterior and posterior fber were 71.4 mm and 69.4 mm, respectively, which was signifcantly longer than in the anatomical studies and posterior positioned group.

Pearson correlation analysis showed a signifcant correlation between the anteroposterior femoral position and fber excursion, meaning that functional reconstruction can be more easily achieved with the posterior positioned tunnel. These results are similar to a previous study by Imbert et al. where the proximal–posterior femoral location was the only position to reveal a decrease in length during knee fexion [\[26,](#page-9-6) [36](#page-9-17)]. If initially located on the anterior side rather than on the LE, the excursion was considered unacceptable and required several repositioning processes. Actually, we required a mean of 3.1 adjustments to fnd the ideal functional point in the anterior position group, and this value was signifcantly higher than that noted in the posterior position group. In all, accurately palpating the LE at frst and positioning clearly posteriorly compared with the LE can create the anatomical and functional reconstruction and save time.

In this study, 36.3% of the femoral tunnels were located in an anterior position relative to the center of the LE. These findings are similar to those of previous studies on the anatomical variants of ALL femoral origin [[2,](#page-8-6) [6](#page-8-9)]. Considering the fact that 23–30% of ALLs are directly attached to the LE, a slight anterior positioning relative to the center point of the LE would be acceptable for functional considerations.

For revision ACL reconstruction, the process of fnding the ideal femoral tunnel position is challenging. It could be difficult to create a femoral tunnel for the ALL at the desired location because of overlapping tunnels or fxation buttons used in ACL reconstruction, or because of the formation of a new tunnel or an existing tunnel that was widened at the time of revision. In particular, in two cases of revision ACL reconstruction in this study, it was difficult to create a tunnel at the ideal location because the previous femoral tunnel for the ACL reconstruction was positioned too posteriorly and inferiorly. Inevitably, the tunnel position was moved proximally; accordingly, the fber length became longer. In this study, although not statistically signifcant, the tunnel position was located more anteriorly and proximally in cases of revision ACL reconstruction. Surgeons should be careful to

position the femoral tunnel posterior to the LE during revision ACL reconstruction.

This study has several limitations. First, it had a retrospective design. Second, there were no comparative groups using diferent surgical techniques. Moreover, in this study, we used the anatomical landmark and fnally adjusted it to a functional position. Evaluating the difference in clinical outcome is limited when only the anatomical landmark is targeted. Third, we used a 3D-CT reconstruction model to detect the center point of tunnel, center point of the LE, and length of the fbers; thus, there may have been measurement errors in all the parameters. However, in our study, all the parameters showed good intra- and inter-observer correlation.

### **Conclusions**

It is challenging to reproduce both anatomical and functional aspects of ALL reconstruction in both primary and revision ACL reconstruction. Especially for functional reconstruction, the femoral tunnel tended to be positioned more proximally than the anatomical position. However, the femoral tunnel position did not afect functional clinical outcomes at the 2-year follow-up.

#### **Acknowledgements**

Not applicable.

#### **Author contributions**

D.J.R. and S.Y.K.: data acquisition, data analysis, data interpretation and writing the paper; M.J.K.: data acquisition and data analysis; J.H.K.: data analysis and data interpretation; W.J.K.: data acquisition; and D.L. and J.H.W.: study design, data analysis, and fnal approval.

#### **Funding**

This work was supported by the Technology Innovation Program (20023762, Development of 3D Bioreactor in situ realizing formation of uniform cell aggregation/proliferation/diferentiation using permeable membrane scafold and flow through thereof) funded by the Ministry of Trade, Industry & Energy (MOTIE, Korea) and Korea Medical Device Development Fund grant funded by the Korea government (the Ministry of Science and ICT; the Ministry of Trade, Industry and Energy; the Ministry of Health & Welfare; the Ministry of Food and Drug Safety; Project Number: 1415181807, RS-2021-KD000001 & RS-2020-KD000297). The funding sources had no role in study design; in the collection, analysis, or interpretation of data; in writing the manuscript; and in the decision to submit the manuscript.

#### **Availability of data and materials**

The data that support the fndings of this study are available upon reasonable request.

#### **Declarations**

#### **Ethics approval and consent to participate**

This study was approved by the Ethics Committee of SAMSUNG Medical Center (IRB No. SMC 2020–12-099).

#### **Competing interests**

All authors indicate no conficts of interest to report.

#### **Author details**

<sup>1</sup> Department of Orthopaedic Surgery, Inha University Hospital, Inha University School of Medicine, Incheon, South Korea. <sup>2</sup> Department of Mechanical

# Received: 8 March 2024 Accepted: 5 August 2024<br>Published online: 29 August 2024

#### **References**

- <span id="page-8-0"></span>1. Claes S, Vereecke E, Maes M, Victor J, Verdonk P, Bellemans J (2013) Anatomy of the anterolateral ligament of the knee. J Anat 223:321–328. <https://doi.org/10.1111/joa.12087>
- <span id="page-8-6"></span>2. Daggett M, Ockuly AC, Cullen M, Busch K, Lutz C, Imbert P, Sonnery-Cottet B (2016) Femoral origin of the anterolateral ligament: an anatomic analysis. Arthrosc - J Arthrosc Relat Surg 32:835–841. [https://doi.org/10.](https://doi.org/10.1016/j.arthro.2015.10.006) [1016/j.arthro.2015.10.006](https://doi.org/10.1016/j.arthro.2015.10.006)
- <span id="page-8-7"></span>3. Dodds AL, Halewood C, Gupte CM, Williams A, Amis AA (2014) The anterolateral ligament. Bone Joint J. 96:325–331. [https://doi.org/10.1302/](https://doi.org/10.1302/0301-620x.96b3.33033) [0301-620x.96b3.33033](https://doi.org/10.1302/0301-620x.96b3.33033)
- 4. Han AX, Tan TJ, Nguyen T, Lee DYH (2020) Timing of magnetic resonance imaging afects the accuracy and interobserver agreement of anterolateral ligament tears detection in anterior cruciate ligament defcient knees. Knee Surg Relat Res 32:1–8. [https://doi.org/10.1186/](https://doi.org/10.1186/s43019-020-00082-z) [s43019-020-00082-z](https://doi.org/10.1186/s43019-020-00082-z)
- <span id="page-8-8"></span>5. Kennedy MI, Claes S, Fuso FAF, Williams BT, Goldsmith MT, Turnbull TL, Wijdicks CA, Laprade RF (2015) The anterolateral ligament: An anatomic, radiographic, and biomechanical analysis. Am J Sports Med 43:1606– 1615.<https://doi.org/10.1177/0363546515578253>
- <span id="page-8-9"></span>6. Kosy JD, Soni A, Venkatesh R, Mandalia VI (2016) The anterolateral ligament of the knee: unwrapping the enigma. Anatomical study and comparison to previous reports. J Orthop Traumatol 17:303–308. [https://](https://doi.org/10.1007/s10195-016-0392-0) [doi.org/10.1007/s10195-016-0392-0](https://doi.org/10.1007/s10195-016-0392-0)
- 7. Stijak L, Bumbaširević M, Radonjić V, Kadija M, Puškaš L, Milovanović D, Filipović B (2016) Anatomic description of the anterolateral ligament of the knee, Knee Surgery. Sport Traumatol Arthrosc 24:2083–2088. [https://](https://doi.org/10.1007/s00167-014-3422-6) [doi.org/10.1007/s00167-014-3422-6](https://doi.org/10.1007/s00167-014-3422-6)
- <span id="page-8-1"></span>8. Vincent JP, Magnussen RA, Gezmez F, Uguen A, Jacobi M, Weppe F, Al-Saati MF, Lustig S, Demey G, Servien E, Neyret P (2012) The anterolateral ligament of the human knee: an anatomic and histologic study, Knee Surgery. Sport Traumatol Arthrosc 20:147–152. [https://doi.org/10.1007/](https://doi.org/10.1007/s00167-011-1580-3) [s00167-011-1580-3](https://doi.org/10.1007/s00167-011-1580-3)
- <span id="page-8-2"></span>9. Lee JK, Seo YJ, Jeong S-Y, Yang J-H (2020) Biomechanical function of the anterolateral ligament of the knee: a systematic review. Knee Surg Relat Res 32:10–12. <https://doi.org/10.1186/s43019-019-0021-3>
- 10. Monaco E, Ferretti A, Labianca L, Maestri B, Speranza A, Kelly MJ, D'Arrigo C (2012) Navigated knee kinematics after cutting of the ACL and its secondary restraint, Knee Surgery. Sport Traumatol Arthrosc 20:870–877. <https://doi.org/10.1007/s00167-011-1640-8>
- 11. Parsons EM, Gee AO, Spiekerman C, Cavanagh PR (2015) The biomechanical function of the anterolateral ligament of the knee. Am J Sports Med 43:669–674.<https://doi.org/10.1177/0363546514562751>
- <span id="page-8-3"></span>12. Tavlo M, Eljaja S, Jensen JT, Siersma VD, Krogsgaard MR (2016) The role of the anterolateral ligament in ACL insufficient and reconstructed knees on rotatory stability: A biomechanical study on human cadavers. Scand J Med Sci Sports 26:960–966.<https://doi.org/10.1111/sms.12524>
- <span id="page-8-4"></span>13. Kraeutler MJ, Welton KL, Chahla J, LaPrade RF, McCarty EC (2018) Current concepts of the anterolateral ligament of the knee: anatomy, biomechanics, and reconstruction. Am J Sports Med 46:1235–1242. [https://doi.org/](https://doi.org/10.1177/0363546517701920) [10.1177/0363546517701920](https://doi.org/10.1177/0363546517701920)
- 14. Tulloch S, Getgood A (2019) Consideration of lateral augmentation in anatomic anterior cruciate ligament reconstruction. Ann Jt. 4:15–15. <https://doi.org/10.21037/aoj.2019.02.01>
- <span id="page-8-5"></span>15. Ryu DJ, Kwon KB, Hong DH, Park SJ, Park JS, Wang JH (2021) Anterior cruciate ligament remnant-preserving and re-tensioning reconstruction: a biomechanical comparison study of three diferent re-tensioning

methods in a porcine model. BMC Musculoskelet Disord 22:1–8. [https://](https://doi.org/10.1186/s12891-021-03955-w) [doi.org/10.1186/s12891-021-03955-w](https://doi.org/10.1186/s12891-021-03955-w)

- <span id="page-9-0"></span>16. Ferreira M, Zidan FF, Miduati FB, Fortuna CC, Mizutani BM, Abdalla RJ (2016) Reconstruction of anterior cruciate ligament and anterolateral ligament using interlinked hamstrings – technical note. Rev Bras Ortop 51:466–470. <https://doi.org/10.1016/j.rboe.2015.08.021>
- 17. Helito CP, Bonadio MB, Gobbi RG, da Albuquerque RF, Pécora JR, Camanho GL, Demange MK (2015) Combined intra- and extra-articular reconstruction of the anterior cruciate ligament: the reconstruction of the knee anterolateral ligament. Arthrosc Tech. 4:e239–e244. [https://doi.](https://doi.org/10.1016/j.eats.2015.02.006) [org/10.1016/j.eats.2015.02.006](https://doi.org/10.1016/j.eats.2015.02.006)
- 18. Smith JO, Yasen SK, Lord B, Wilson AJ (2015) Combined anterolateral ligament and anatomic anterior cruciate ligament reconstruction of the knee, Knee Surgery. Sport Traumatol Arthrosc 23:3151–3156. [https://doi.](https://doi.org/10.1007/s00167-015-3783-5) [org/10.1007/s00167-015-3783-5](https://doi.org/10.1007/s00167-015-3783-5)
- <span id="page-9-8"></span>19. Sonnery-Cottet B, Barbosa NC, Tuteja S, Daggett M, Kajetanek C, Thaunat M (2016) Minimally invasive anterolateral ligament reconstruction in the setting of anterior cruciate ligament injury. Arthrosc Tech 5:e211–e215. <https://doi.org/10.1016/j.eats.2015.11.005>
- 20. Wagih AM, Elguindy AMF (2016) Percutaneous reconstruction of the anterolateral ligament of the knee with a polyester tape. Arthrosc Tech 5:e691–e697. <https://doi.org/10.1016/j.eats.2016.02.028>
- <span id="page-9-1"></span>21. Forsythe B, Agarwalla A, Lansdown DA, Puzzitiello R, Verma NN, Cole BJ, Bach BR, Inoue N (2019) Proximal fxation anterior to the lateral femoral epicondyle optimizes isometry in anterolateral ligament reconstruction, Knee Surgery. Sport Traumatol Arthrosc 27:875–884. [https://doi.org/10.](https://doi.org/10.1007/s00167-018-5150-9) [1007/s00167-018-5150-9](https://doi.org/10.1007/s00167-018-5150-9)
- <span id="page-9-2"></span>22. Lima D, Helito CP, de Lima L, de Castro-Silva D, Costa-Cavalcante ML, Dias-Leite JA (2019) Anatomy of the anterolateral ligament of the knee: a systematic review. Arthrosc J Arthrosc Relat Surg. 35:670–681. [https://doi.](https://doi.org/10.1016/j.arthro.2018.09.006) [org/10.1016/j.arthro.2018.09.006](https://doi.org/10.1016/j.arthro.2018.09.006)
- <span id="page-9-3"></span>23. Katakura M, Koga H, Nakamura K, Sekiya I, Muneta T (2017) Effects of different femoral tunnel positions on tension changes in anterolateral ligament reconstruction. Knee Surg Sports Traumatol Arthrosc 25:1272–1278. <https://doi.org/10.1007/s00167-016-4178-y>
- <span id="page-9-4"></span>24. Shin YS, Ro KH, Lee JH, Lee DH (2013) Location of the femoral tunnel aperture in single-bundle anterior cruciate ligament reconstruction: comparison of the transtibial, anteromedial portal, and outside-in techniques. Am J Sports Med 41(11):2533–9. [https://doi.org/10.1177/0363546513](https://doi.org/10.1177/0363546513500764) [500764](https://doi.org/10.1177/0363546513500764)
- <span id="page-9-5"></span>25. Tompkins M, Milewski MD, Brockmeier SF, Gaskin CM, Hart JM, Miller MD (2012) Anatomic femoral tunnel drilling in anterior cruciate ligament reconstruction: use of an accessory medial portal versus traditional transtibial drilling. Am J Sports Med 40:1313–1321. [https://doi.org/10.1177/](https://doi.org/10.1177/0363546512443047) [0363546512443047](https://doi.org/10.1177/0363546512443047)
- <span id="page-9-6"></span>26. Imbert P, Lutz C, Daggett M, Niglis L, Freychet B, Dalmay F, Sonnery-Cottet B (2016) Isometric characteristics of the anterolateral ligament of the knee: a cadaveric navigation study. Arthrosc - J Arthrosc Relat Surg 32:2017–2024.<https://doi.org/10.1016/j.arthro.2016.02.007>
- <span id="page-9-7"></span>27. DePhillipo NN, Cinque ME, Chahla J, Geeslin AG, LaPrade RF (2017) Anterolateral ligament reconstruction techniques, biomechanics, and clinical outcomes: a systematic review. Arthrosc - J Arthrosc Relat Surg 33:1575–1583.<https://doi.org/10.1016/j.arthro.2017.03.009>
- <span id="page-9-9"></span>28. Lutz C, Sonnery-Cottet B, Imbert P, Barbosa NC, Tuteja S, Jaeger JH (2016) Combined anterior and anterolateral stabilization of the knee with the iliotibial band. Arthrosc Tech 5:e251–e256. [https://doi.org/10.1016/j.eats.](https://doi.org/10.1016/j.eats.2015.12.004) [2015.12.004](https://doi.org/10.1016/j.eats.2015.12.004)
- <span id="page-9-10"></span>29. Lee SS, Kwon KB, Lee J, Ryu DJ, Jang S, Wang JH (2023) Single bundle anterior cruciate ligament with anterolateral ligament reconstruction yields similar clinical and radiographic results at minimum 2-year followup versus double bundle anterior cruciate ligament reconstruction: a prospective randomized controlled trial. Arthrosc - J Arthrosc Relat Surg 39:2502–2512.<https://doi.org/10.1016/j.arthro.2023.04.022>
- <span id="page-9-11"></span>30. Sonnery-Cottet B, Daggett M, Fayard JM, Ferretti A, Helito CP, Lind M, Monaco E, de Pádua VBC, Thaunat M, Wilson A, Zafagnini S, Zijl J, Claes S (2017) Anterolateral Ligament Expert Group consensus paper on the management of internal rotation and instability of the anterior cruciate ligament - defcient knee. J Orthop Traumatol 18:91–106. [https://doi.org/](https://doi.org/10.1007/s10195-017-0449-8) [10.1007/s10195-017-0449-8](https://doi.org/10.1007/s10195-017-0449-8)
- <span id="page-9-12"></span>31. Kim JG, Chang MH, Lim HC, Bae JH, Ahn JH, Wang JH (2013) Computed tomography analysis of the femoral tunnel position and aperture shape

of transportal and outside-in ACL reconstruction: Do diferent anatomic reconstruction techniques create similar femoral tunnels? Am J Sports Med 41:2512–2520. <https://doi.org/10.1177/0363546513500626>

- <span id="page-9-13"></span>32. Kim JG, Wang JH, Lim HC, Ahn JH (2012) Femoral graft bending angle and femoral tunnel geometry of transportal and outside-in techniques in anterior cruciate ligament reconstruction: An in vivo 3-dimensional computed tomography analysis. Arthrosc - J Arthrosc Relat Surg 28:1682-1694.<https://doi.org/10.1016/j.arthro.2012.05.884>
- <span id="page-9-14"></span>33. Erdfelder E, FAul F, Buchner A, Lang AG, (2009) Statistical power analyses using G\*Power 3.1: Tests for correlation and regression analyses. Behav Res Methods 41:1149–1160. <https://doi.org/10.3758/BRM.41.4.1149>
- <span id="page-9-15"></span>34. Cho HJ, Kwak DS (2019) Anatomical consideration of the anterolateral ligament of the knee. Biomed Res Int. [https://doi.org/10.1155/2019/](https://doi.org/10.1155/2019/5740473) [5740473](https://doi.org/10.1155/2019/5740473)
- <span id="page-9-16"></span>35. Helito CP, Demange MK, Bonadio MB, Tirico LEP, Gobbi RG, Pecora JR, Camanho GL (2014) Radiographic landmarks for locating the femoral origin and tibial insertion of the knee anterolateral ligament. Am J Sports Med 42:2356–2362. <https://doi.org/10.1177/0363546514543770>
- <span id="page-9-17"></span>36. Ahn JH, Patel NA, Lin CC, Lee TQ (2019) The anterolateral ligament of the knee joint: a review of the anatomy, biomechanics, and anterolateral ligament surgery. Knee Surg Relat Res 31:1–7. [https://doi.org/10.1186/](https://doi.org/10.1186/s43019-019-0012-4) [s43019-019-0012-4](https://doi.org/10.1186/s43019-019-0012-4)

# **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional afliations.