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# Biodegradable and biocompatible exceedingly small magnetic iron oxide nanoparticles for $T_1$ -weighted magnetic resonance imaging of tumors

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## Abstract

Magnetic resonance imaging (MRI) has been widely using in clinical diagnosis, and contrast agents (CAs) can improve the sensitivity MRI. To overcome the problems of commercial Gd chelates-based  $T_1$  CAs, commercial magnetic iron oxide nanoparticles (MIONs)-based  $T_2$  CAs, and reported exceedingly small MIONs (ES-MIONs)-based  $T_1$  CAs, in this study, a facile co-precipitation method was developed to synthesize biodegradable and biocompatible ES-MIONs with excellent water-dispersibility using poly (aspartic acid) (PASP) as a stabilizer for  $T_1$ -weighted MRI of tumors. After optimization of the synthesis conditions, the final obtained ES-MION9 with 3.7 nm of diameter has a high  $r_1$  value ( $7.0 \pm 0.4 \text{ mM}^{-1} \text{ s}^{-1}$ ) and a low  $r_2/r_1$  ratio ( $4.9 \pm 0.6$ ) at 3.0 T. The ES-MION9 has excellent water dispersibility because of the excessive  $-\text{COOH}$  from the stabilizer PASP. The pharmacokinetics and biodistribution of ES-MION9 in vivo demonstrate the better tumor targetability and MRI time window of ES-MION9 than commercial Gd chelates.  $T_1$ -weighted MR images of aqueous solutions, cells and tumor-bearing mice at 3.0 T or 7.0 T demonstrate that our ES-MION9 has a stronger capability of enhancing the MRI contrast comparing with the commercial Gd chelates. The MTT assay, live/dead staining of cells, and H&E-staining indicate the non-toxicity and biosafety of our ES-MION9. Consequently, the biodegradable and biocompatible ES-MION9 with excellent water-dispersibility is an ideal  $T_1$ -weighted CAs with promising translational possibility to compete with the commercial Gd chelates.

**Keywords:** Magnetic resonance imaging (MRI), Contrast agents (CAs), Exceedingly small magnetic iron oxide nanoparticles (ES-MIONs), Poly (aspartic acid) (PASP), Biodegradable

## Introduction

Magnetic resonance imaging (MRI) has been widely using in clinical diagnosis and prognosis observation to distinguish lesions from normal tissues, especially for the diagnosis of tumors, because of its obvious superiorities, including high soft tissue contrast, high spatial resolution, non-invasion and non-radiation [1–4]. Contrast agents (CAs) play an indispensable role to enhance the sensitivity of MRI.  $T_1$ -weighted CAs (i.e., positive CAs) can shorten the proton's longitudinal relaxation time ( $T_1$ ) to produce brighter images, while  $T_2$ -weighted CAs (i.e.,

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biocompatible and have huge potential to be used as  $T_1$  MRI CAs, surpassing the commercial Gd chelates.

## Results and discussion

### Synthesis and characterization of ES-MIONS

The ES-MIONS were synthesized by a method of coprecipitation, and reaction conditions were optimized to obtain high quality ES-MIONS with high  $r_1$  and  $r_2/r_1$  (Additional file 1: Table S1). PASP was used as a stabilizer for the ES-MIONS preparation, which gives the obtained ES-MIONS excellent water dispersibility. Four concentrations of PASP solutions were used for synthesis of ES-MION1-4. The Fe concentration of ES-MIONS was determined by inductively coupled plasma-optical emission spectrometry (ICP-OES), and the ES-MION2 has the largest Fe recovery of 96.6% (Additional file 1: Table S1).  $T_1$  and  $T_2$  relaxation rates (3.0 T) versus Fe concentration of ES-MION1-4 are shown in Fig. 1A, B. The  $r_1$  and  $r_2$  values are obtained from the linear line slopes, which are summarized in Fig. 1E and Additional file 1: Table S1. The ES-MION2 has a  $r_1$  value of  $1.6 \text{ mM}^{-1} \text{ s}^{-1}$  and  $r_2/r_1$  ratio of 8.8. Though the  $r_1$  of ES-MION3, 4 is larger than ES-MION2, the  $r_2/r_1$  values of ES-MION3, 4 are also much higher than that of ES-MION2, which are not good for  $T_1$  imaging. The  $r_2/r_1$  value of ES-MION1 is lower than that of ES-MION2, but the  $r_1$  value is also lower than that of ES-MION2. Therefore, 2.0 mg/mL of PASP solution was considered as the optimal concentration for the synthesis of ES-MIONS.

Furthermore, 0.5–8.0% of ammonia solutions were used to synthesize ES-MION5-8, whose  $T_1$  and  $T_2$  relaxation rates (3.0 T) as a function of Fe concentration are shown in Fig. 1C, D. As shown in Fig. 1F and Additional file 1: Table S1, the  $r_1$  and  $r_2/r_1$  of ES-MION6 are comparable to those of ES-MION5, but much better than ES-MION 7, 8. Therefore, 4.0% of ammonia solution was chosen as the optimal condition.

In addition, based on the optimized conditions for ES-MION6 synthesis, the concentration of PASP and iron precursors ( $\text{FeCl}_3$  plus  $\text{FeSO}_4$ ) were all decreased to synthesize ES-MION9-11. From Fig. 1C, D, F and Additional file 1: Table S1, it can be found that ES-MION9 has a highest  $r_1$  value of  $7.0 \pm 0.4 \text{ mM}^{-1} \text{ s}^{-1}$  (3.0 T) and a lowest  $r_2/r_1$  value of  $4.9 \pm 0.6$  (3.0 T) compared with ES-MION6, 10, 11. According to Eq. (1) [28], the signal intensity of MRI is depended on gradient intensity ( $M_0$ ), echo time (TE), repetition time (TR), flip Angle ( $\alpha$ ),  $R_2^*$  and  $R_1$ . The factors of  $M_0$ , TE, TR, and  $\alpha$  could be regulated by MRI scanners, while  $R_2^*$  and  $R_1$  depend on contrast agents. The  $R_2^*$  can be considered a valid  $R_2$  and is always greater than or equal to  $R_2$ . It can be concluded that the  $T_1$  MRI signal intensity is proportional to  $r_1$  value, but inversely proportional to  $r_2/r_1$  ratio.

Thus, the synthesis conditions of ES-MION9 should be optimal to obtain a high  $T_1$  MRI capability with a high  $r_1$  and low  $r_2/r_1$ .

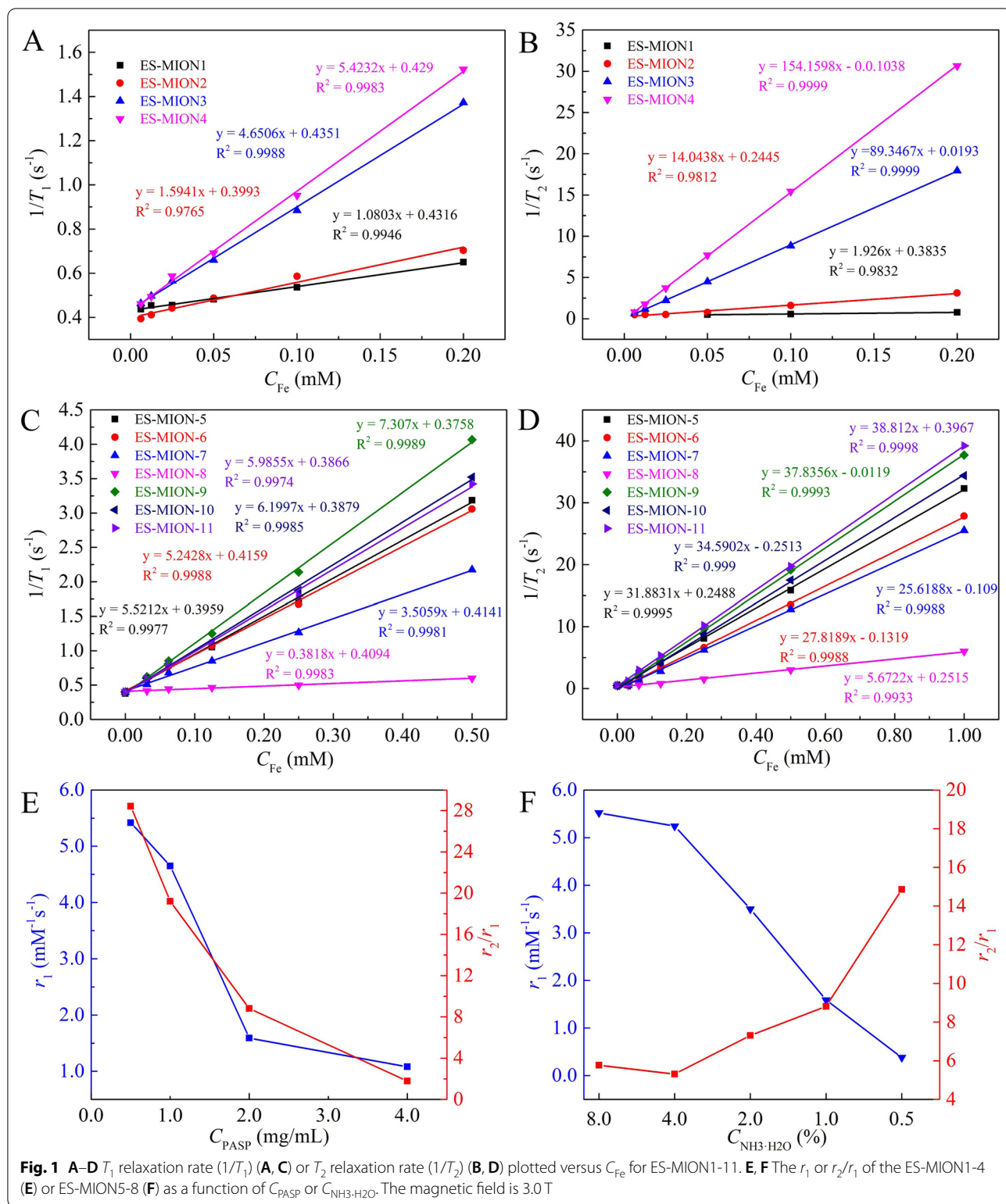
$$\text{Signal intensity} = M_0 \sin(\alpha) \frac{1 - e^{-R_1 \cdot \text{TR}}}{1 - \cos(\alpha) \cdot e^{-R_1 \cdot \text{TR}}} e^{-R_2^* \cdot \text{TE}} \quad (1)$$

Besides, Fe recoveries of ES-MION1-11 tested by ICP-OES are all above 85%, indicating high utilization rates of raw materials and low cost for ES-MIONS synthesis, which are beneficial for clinical transformation.

According to previous reports,  $\text{Fe}_3\text{O}_4$  nanoparticles with size below 5.0 nm can be used as  $T_1$  CAs [24]. Furthermore,  $\text{Fe}_3\text{O}_4$  nanoparticles with large particle size are easily taken up by the spleen and liver, which seriously affects tumor images. The images of transmission electron microscopy (TEM, Fig. 2A–K) indicate our ES-MION1-11 have excellent water dispersibility. It is found from the TEM images (Fig. 2A–D) and size distributions (Additional file 1: Fig. S1A–D) measured from TEM images that the concentration of PASP has a large influence on the sizes of ES-MIONS. The sizes of ES-MION1-4 are respectively 2.7, 2.5, 6.0 and 8.0 nm, whose  $r_1$  is 1.0, 2.0, 4.7, and  $5.4 \text{ mM}^{-1} \text{ s}^{-1}$ , and the  $r_2/r_1$  is 1.9, 7.0, 19.0, and 28.3. These results demonstrate that  $\text{Fe}_3\text{O}_4$  nanoparticles with size below 5.0 nm have potential as  $T_1$  CAs, while those with size larger than 5.0 nm can be only utilized as  $T_2$  CAs due to the high  $r_2/r_1$  ratios. Figure 2E–K and Additional file 1: Fig. S1E–K show that both the concentration of ammonia solution and the whole concentrations of feeding materials have a slight influence on the size of ES-MIONS. The relationships between the particle size and  $r_1$  value (or  $r_2/r_1$  ratio) (Fig. 2L) show that the best particle size is 3.7 nm (ES-MION9).

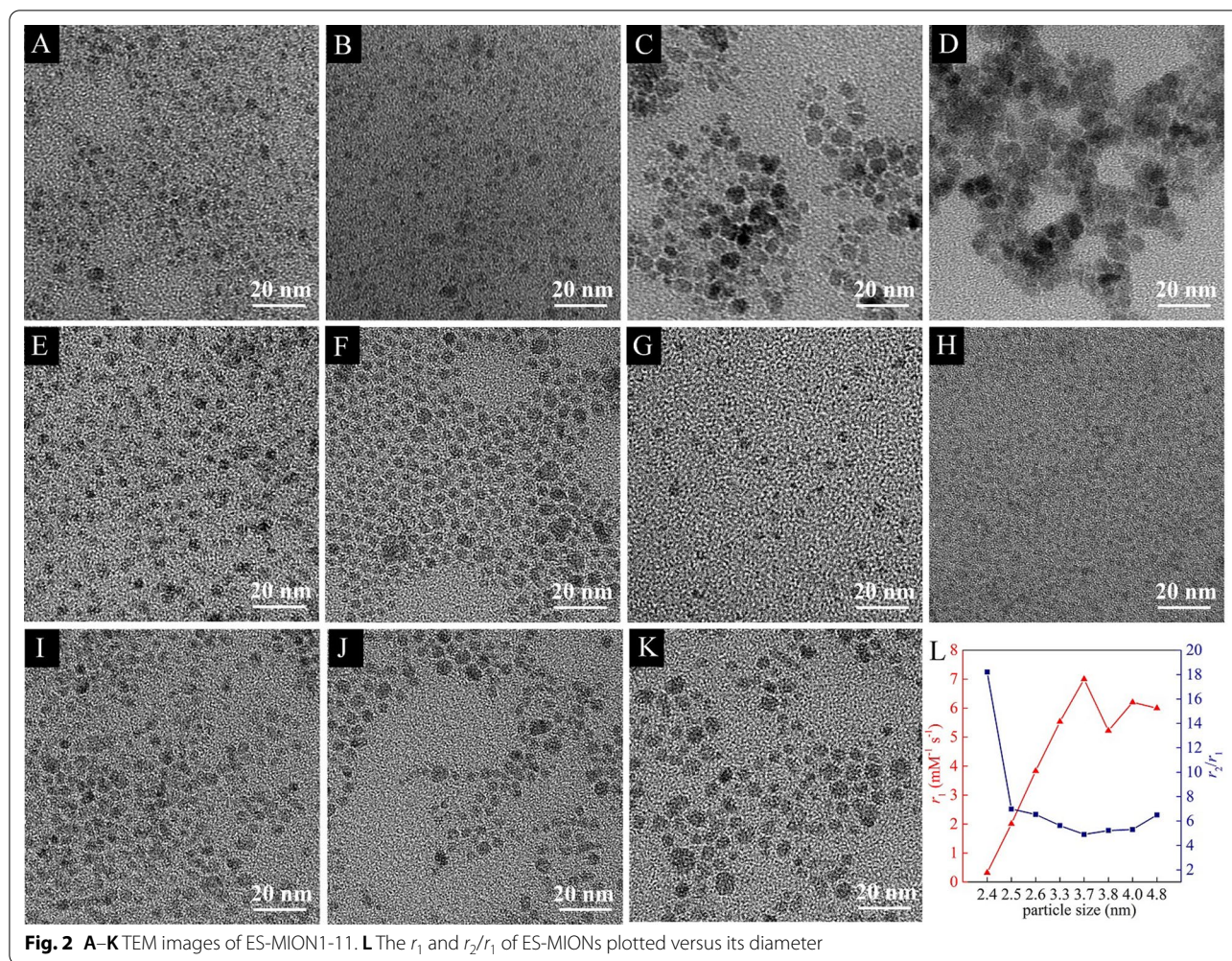
Three batches of ES-MION9 were synthesized and the  $T_1/T_2$  relaxation rates were determined by a 3.0 T (Additional file 1: Fig. S2) and 7.0 T MRI scanner (Additional file 1: Fig. S3), whose similar  $r_1$  and  $r_2$  data for different batches demonstrate the good repeatability for ES-MION9 synthesis. At 3.0 T, the ES-MION9 has a larger  $r_1$  ( $7.0 \pm 0.4 \text{ mM}^{-1} \text{ s}^{-1}$ ) than Gadavist ( $4.9 \pm 0.1 \text{ mM}^{-1} \text{ s}^{-1}$ ), indicating a stronger  $T_1$  MRI capability of our ES-MION9.

The related  $T_1$ -weighted MR images (3.0 T) of ES-MION1-11 are shown in Additional file 1: Figs. S4A, S5A, and S6A. The corresponding SNR and  $\Delta\text{SNR}$  values were calculated according to Eqs. (2) and (3) [29, 30], and shown in Additional file 1: Figs. S4B, S5B, and S6B, which reinforce that the signal intensities of MR images increase with the increase of Fe concentration with a strong concentration gradient dependence, showing good  $T_1$ -weighted MR capabilities of ES-MION1-11.



**Fig. 1** A–D  $T_1$  relaxation rate ( $1/T_1$ ) (A, C) or  $T_2$  relaxation rate ( $1/T_2$ ) (B, D) plotted versus  $C_{Fe}$  for ES-MION1–11. E, F The  $r_1$  or  $r_2/r_1$  of the ES-MION1–4 (E) or ES-MION5–8 (F) as a function of  $C_{PASP}$  or  $C_{NH_3-H_2O}$ . The magnetic field is 3.0 T





**Fig. 2** A–K TEM images of ES-MION1-11. L The  $r_1$  and  $r_2/r_1$  of ES-MIONs plotted versus its diameter

$$SNR = \frac{SI_{\text{mean}}}{SD_{\text{noise}}} \quad (2)$$

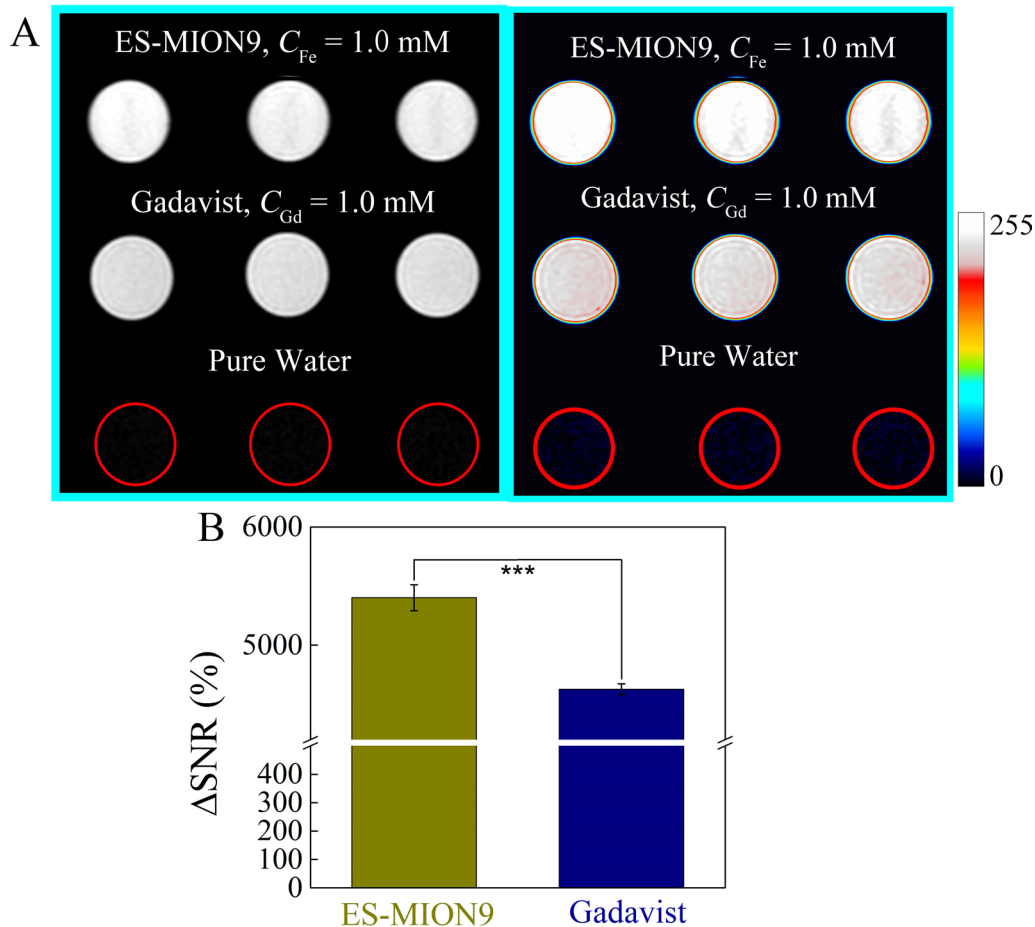
$$\Delta SNR = \frac{(SNR_{\text{sample}} - SNR_{\text{control}})}{SNR_{\text{control}}} \times 100\% \quad (3)$$

It is obvious that the  $\Delta SNR$  value of ES-MION9 is the maximum up to 5500% when the Fe concentration of is 1.0 mM (Additional file 1: Fig. S6B), which further demonstrate 3.7 nm is the best diameter of ES-MIONs for  $T_1$  MRI.

The  $T_1$  images (3.0 T) of ES-MION9 solution at 1.0 mM were further compared with the commercial Gadavist at 1.0 mM of Gd concentration (Fig. 3A). It can be seen from Fig. 3B that the  $\Delta SNR$  (5400%) of ES-MION9 is higher than that (4600%) of Gadavist (\*\*P < 0.001), which demonstrates the better MR imaging capability of our ES-MION9 ( $r_1$  is  $7.0 \text{ mM}^{-1} \text{ s}^{-1}$ ,  $r_2/r_1$  is 4.9, 3.0 T) compared with the Gadavist.

A 7.0 T of MRI scanner was also used to double confirm the  $T_1$ -weighted MRI contrast of ES-MION9 solutions at various concentrations compared with pure water (Additional file 1: Fig. S7A). The corresponding  $\Delta SNR$  values (Additional file 1: Fig. S7B) also show a strong concentration gradient dependence, indicating a strong MRI capability at 7.0 T.

The ES-MION9 HR-TEM image is presented in Additional file 1: Fig. S8A. The lattice planes of 311 and 220 can be confirmed by the 0.51 and 0.301 nm of interplanar distances [31], indicating a crystalline structure of ES-MION9. The characteristic peaks of O and Fe can be found in the EDS (Additional file 1: Fig. S8B), demonstrating the component of iron oxide for ES-MION9 [32]. To further demonstrate the successful synthesis of  $\text{Fe}_3\text{O}_4$  nanoparticles, the X-ray photoelectron spectroscopy (XPS) of ES-MION9 is performed in Additional file 1: Fig. S8C. The primary peaks at 723.8 and 710.3 eV correspond to the energy of Fe 2p<sub>3/2</sub> and Fe 2p<sub>1/2</sub> [33, 34], indicating the  $\text{Fe}_3\text{O}_4$  component of our ES-MION9



**Fig. 3** **A**  $T_1$ -weighted MR images of ES-MION9 solutions ( $C_{Fe} = 1.0$  mM) and commercial Gadavist solutions ( $C_{Gd} = 1.0$  mM) compared with pure water (control). Magnetic field = 3.0 T. TE = 8.3 ms, TR = 200 ms. **B**  $\Delta$ SNR of the MR images of ES-MION9 and Gadavist solutions, which is measured by the Image J. \*\*\* $P < 0.001$

[23]. Additional file 1: Fig. S8D shows the XRD of ES-MION9. Four characteristic peaks ( $2\theta \approx 30.0^\circ, 35.2^\circ, 42.8^\circ,$  and  $53.0^\circ$ ) match with the indices [(220), (311), (400), and (511)]. The crystal structure of ES-MION9 matches the pristine of  $Fe_3O_4$ , demonstrating the high crystalline purity of our ES-MION9. The field dependent magnetization curve (Additional file 1: Fig. S8E) indicates the ES-MION9 is superparamagnetic with 16.0 emu/g of saturation magnetization ( $M_s$ ). All these results indicate that the ES-MION9 we synthesized is superparamagnetic  $Fe_3O_4$  nanocrystals.

Because the  $M_s$  values of ES-MIONs increase with the increasing particle sizes [28], the small  $M_s$  value of ES-MION9 indicates its small particle size. In Eq. (4), the  $r$  is the magnetic core radius and  $M_s$  is the saturation magnetization. According to Eq. (4), both the extremely small particle size (3.7 nm) and small  $M_s$  (16.0 emu/g) lead to a very low  $r_2$ , which results in a very low  $r_2/r_1$ . Therefore, our exceedingly small ES-MION9 can be used as  $T_1$  CA.

$$\frac{1}{T_2} = \frac{(256\pi^2\gamma^2/405)V^*M_s^2r^2}{D(1 + L/r)} \quad (4)$$

The high  $r_1$  value of ES-MION9 is mainly due to the following two reasons: (1) ES-MION9 has a small particle size (3.7 nm), which gives ES-MION9 a larger specific surface area. In accordance with the mechanism of inner-sphere, larger specific surface area means there are more naked iron on ES-MION9 surfaces, which can fully interact with hydrogen protons in  $H_2O$  molecules, resulting in a high  $r_1$  value. (2) There are excessive carboxyl groups on ES-MION9 surfaces, and these carboxyl groups are derived from PASP, which greatly improves the water dispersion of ES-MION9. This leads to more  $H_2O$  in the inner sphere that can interact with the naked iron on the ES-MION9 surface, which causes a large number of bound  $H_2O$  ( $q$ ) and mole fraction of  $H_2O$  coordinated to Fe ( $P_m$ ) in Eq. (5) [16]. The large  $q$  and  $P_m$  result in a large  $r_1$  value for ES-MION9.



$$\frac{1}{T_1} = \frac{q P_m}{T_{1m} + \tau_M} \quad (5)$$

The  $T_1/T_2$  relaxation rate ( $1/T_1$  or  $1/T_2$ ) is plotted versus concentration for contrast agents, and the  $r_1$  and  $r_2$  values are calculated from the slopes of the corresponding fitting lines.  $T_1$  CAs increase signal intensity of  $T_1$  images by shortening the longitudinal relaxation time ( $T_1$ ) of protons, which leads to high  $r_1$  values. The  $\text{Fe}_3\text{O}_4$  nanoparticles with size below 5.0 nm have low  $M_s$  values causing low  $r_2$  values according to Eq. (4). Both high  $r_1$  and low  $r_2$  result in low  $r_2/r_1$ . Therefore, the 3.7 nm of ES-MION9 (<5.0 nm) could be utilized for  $T_1$  MRI [35, 36].

The hydrodynamic size ( $d_h$ ) of ES-MION9 is 13.7 nm (Additional file 1: Fig. S9A), which is larger than renal filtration threshold ( $\sim 8$  nm). The slightly larger hydrodynamic diameter prolongs blood circulation time overcoming the limited MRI time window problem of commercial Gd chelates. The zeta potential of ES-MION9 was measured to be  $-55.0$  mV (Additional file 1: Fig. S9B), which is due to the presence of excessive carboxyl groups on the surface. Charge plays a key role in the behavior of intravenously injected nanoparticles and pharmacokinetics. For example, nanoparticles agglomerate under charge-mediated nonspecific binding to serum proteins. Sufficient negative charges can avoid the agglomeration of ES-MION9 while avoiding uptake of the nanoparticles by normal cells during blood circulation, resulting in more accumulated ES-MION9 in tumors. Additional file 1: Fig. S9C shows that the hydrodynamic diameter of ES-MION9 do not change significantly during storage in water, 10.0% FBS and 0.9% NaCl solution for 1 week, demonstrating the great stability of ES-MION9.

Additional file 1: Fig. S10 shows UV-vis absorption spectra for ES-MION1-11, which are similar with that of reported ES-MIONs stabilized with other polymers [23]. Additional file 1: Fig. S11 shows the FT-IR of PASP and ES-MION9. The stretching vibration peak of  $-\text{CH}_2-$  at  $1400.6 \text{ cm}^{-1}$  can be seen from the FT-IR of PASP and ES-MION9, indicating the existence of PASP on the surface of ES-MION9 [37]. In addition, the stretching vibration peak of  $\text{Fe}-\text{O}$  at  $604.5 \text{ cm}^{-1}$  can be seen from the FT-IR of ES-MION9, but not in the FT-IR of PASP, indicating the existence of iron in ES-MION9. These results prove the successful synthesis of  $\text{Fe}_3\text{O}_4$  [38]. Additional file 1: Fig. S12 presents the curves of thermogravimetric analysis (TGA) and differential thermogravimetry (DTG) for ES-MION9. As the temperature increases, the mass of ES-MION9 continues to decrease, and becomes stable at 37.8% of remaining mass. This is similar to 40.1% of  $\text{Fe}_3\text{O}_4$  loading

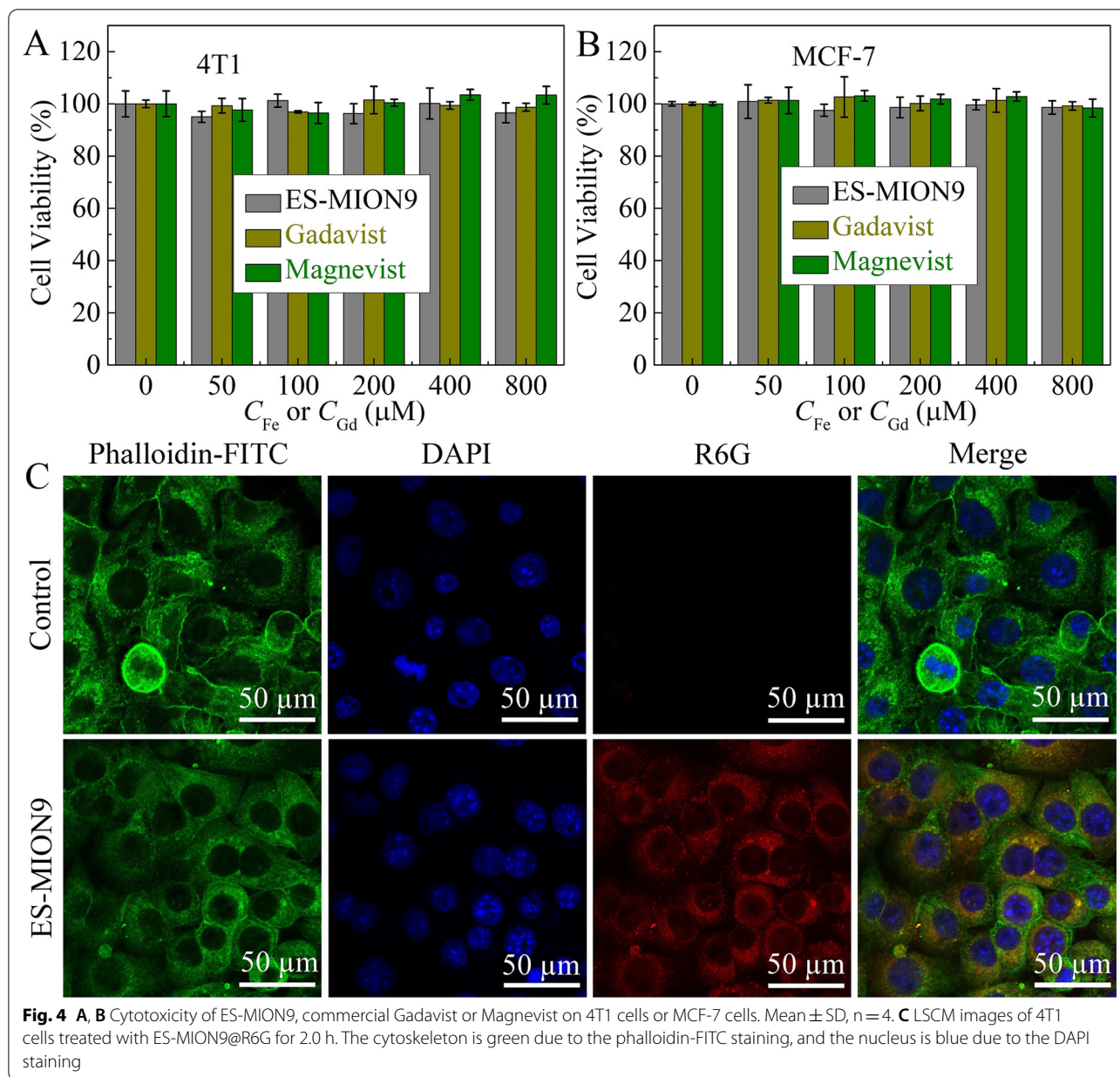
content for ES-MION9 measured by ICP. This result further demonstrates the existence of PASP on the ES-MION9 surface.

#### Cellular uptake, cytotoxicity assay and $T_1$ -weighted imaging of cells

To evaluate the biosafety of ES-MION9, its cytotoxicity was examined by thiazolyl blue tetrazolium bromide (MTT) assay on MCF-7 cells (Human breast cancer cells) and 4T1 cells (Mouse breast cancer cells). Figure 4A, B shows that when the Fe concentration of ES-MION9 reaches 0.8 mM, the cell viability of MCF-7 cells and 4T1 cells was higher than 95.0%. This result indicates that ES-MION9 is almost not cytotoxic due to its biocompatible components (i.e.,  $\text{Fe}_3\text{O}_4$  and PASP). Although  $\text{Gd}^{3+}$  can cause nephrogenic systemic fibrosis and can be deposited in the human brain and body [39], Fig. 4A, B shows that the Gadavist is also non-toxic at the Gd concentration of 0.8 mM. That's because  $\text{Gd}^{3+}$  leads to long-term toxicity, which cannot be revealed in the short-term MTT assay.

To further demonstrate the non-cytotoxicity of ES-MION9, live/dead cytotoxicity analysis was used to evaluate the toxicity of ES-MION9 to 4T1 cells and MCF-7 cells (Additional file 1: Figs. S13, S14). The PBS treated cells were used as a control. Green dots represent live cells and red dots represent dead cells. Obviously, almost no dead cells are found for ES-MION9-treated 4T1 cells and MCF-7 cells, showing good biosafety of ES-MION9. That's because the main component aspartic acid (ASP) is one of the 20 essential amino acids and iron is one of the essential elements in the human body.

Figure 4C shows the LSCM images of 4T1 cells treated with ES-MION9@R6G. The red signal represents R6G@ES-MION9. After 2 h of co-incubation with 4T1 cells, lots of ES-MION9 nanoparticles were found inside the cells (Fig. 4C). The uptake of ES-MION9 by 4T1 cells was further investigated by flow cytometry. After 2 h of co-incubation with 4T1 cells, the fluorescence intensity (Additional file 1: Fig. S15A, B) of R6G-labeled ES-MION9 was almost two orders of magnitude higher than that of the control group with a statistical P value smaller than 0.001, indicating that ES-MION9 is easily taken up by 4T1 cells. The results of flow cytometry are consistent with the LSCM results. In addition, the  $T_1$ -weighted MR images (7.0 T) (Additional file 1: Fig. S16) show that ES-MION9-treated tumor cells have much stronger MRI signals compared to the control groups, and the MR signal also increases with the increase of incubation time from 1.0 to 2.0 h. These results demonstrate the excellent MR imaging capability of our ES-MION9 at the cellular level.



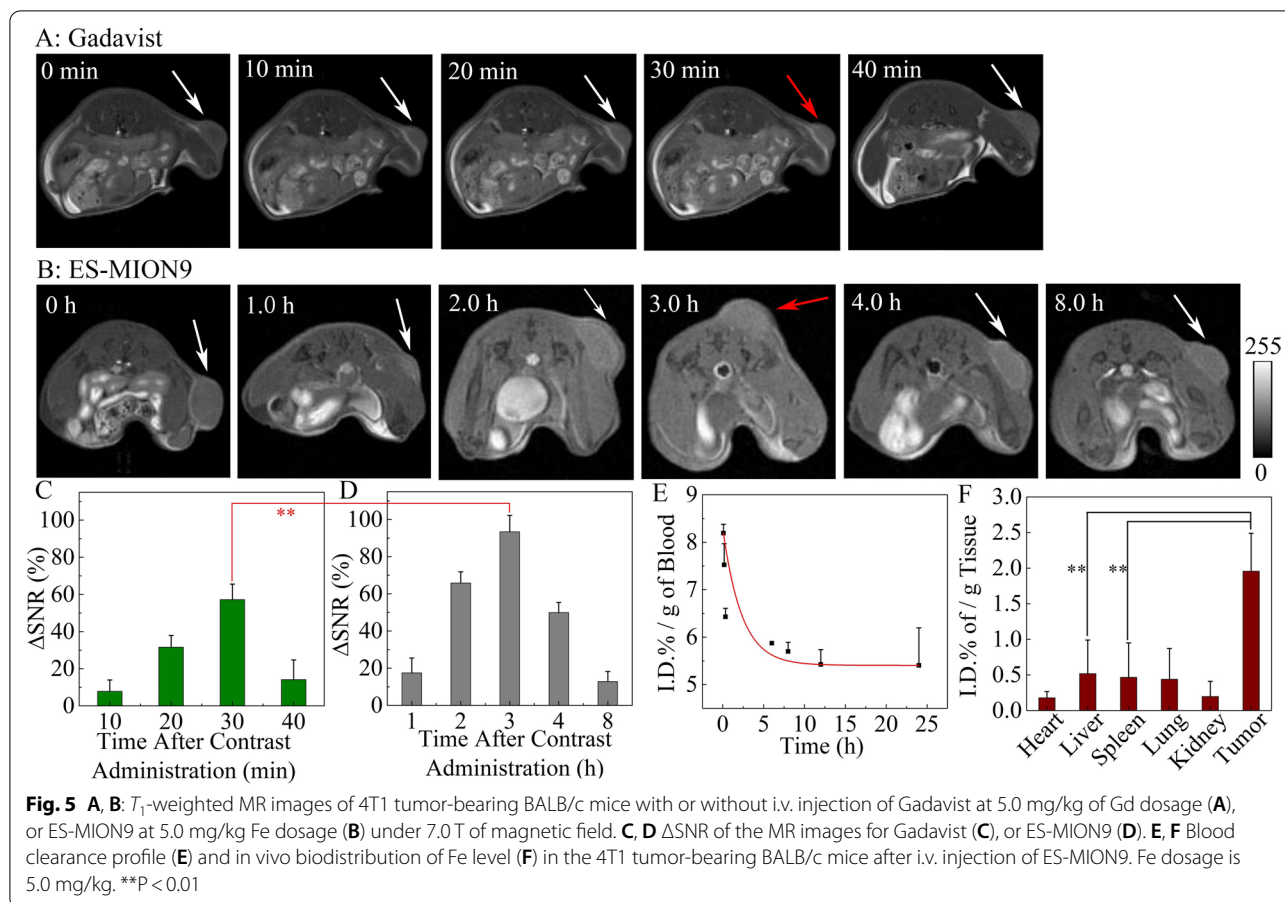
**Fig. 4** **A, B** Cytotoxicity of ES-MION9, commercial Gadavist or Magnevist on 4T1 cells or MCF-7 cells. Mean  $\pm$  SD, n=4. **C** LSCM images of 4T1 cells treated with ES-MION9@R6G for 2.0 h. The cytoskeleton is green due to the phalloidin-FITC staining, and the nucleus is blue due to the DAPI staining

**In vivo MR imaging**

MRI can be used for soft tissue imaging, especially for tumor diagnosis. MR contrast agents can improve the signal-to-noise ratio and sensitivity of MRI. We tested the imaging ability of ES-MION9 in 4T1 tumor-bearing mice. 4T1 cells were seeded subcutaneously into BALB/c mice to build 4T1 tumor models. The commercial Gadavist and our ES-MION9 were i.v. injected into the 4T1 tumor-bearing mice for MR imaging (Fig. 5A, B). It can be seen from the MR images that after the administration of Gadavist or ES-MION9, the tumor

becomes brighter than that of control (pre-injection), and reaches the brightest at 30 min or 3.0 h post-injection, respectively. MR images of different slices were obtained at each time point, and the brightest one of different slices at each time point was selected to characterize the MR imaging capabilities. Because the contrast difference between tumor and normal tissue is usually hard to be identified by the naked eyes, the signal changes in tumors at various time points after the administration of contrast agents are quantified using  $\Delta\text{SNR}$  as shown in Fig. 5C, D, which is calculated according to the Eq. (6):





$$\Delta \text{SNR} = \frac{(\text{SNR}_{\text{post}} - \text{SNR}_{\text{pre}})}{\text{SNR}_{\text{pre}}} \times 100\% \quad (6)$$

The  $\Delta$ SNR value is up to 93.4% at 3.0 h after administration of ES-MION9 (Fig. 5D), which is significantly larger than that of the tumor at 30 min post-injection of Gadavist (57.2%, Fig. 5C). The above results demonstrate that our ES-MION9 can be utilized as a stronger MRI CAs compared with the clinically used Gd chelates.

### Pharmacokinetics, biodistribution and biosafety evaluation in vivo

To verify that our ES-MION9 is more biocompatible and safer than Gadavist, the pharmacokinetics, biodistribution and biosafety were evaluated in vivo. Figure 5E shows that the blood half-life of ES-MION9 is about 2.3 h due to the small nanoparticle size (3.7 nm). The best time window for MRI in clinic is close to the half-life (10–15 min) of commercial Gd chelates, which is a little bit tight for MRI after administration of the

Gd chelates [40]. The slightly longer half-life of our ES-MION9 overcomes the limited MRI time window problem of commercial Gd chelates.

To evaluate the biodistribution of ES-MION9 in vivo, the Fe contents in the heart, liver, spleen, lung, kidney and tumor of mice were measured at 0 h pre-injection and 12.0 h post-injection of ES-MION9, and the differences are shown in Fig. 5F. It is found the ES-MION9 accumulation inside tumors is very high compared with other normal tissues because of the enhanced permeability and retention (EPR) effect, which is the key reason for the highly enhanced MRI signal of tumors after ES-MION9 injection.

Additional file 1: Fig. S17 shows the representative optical microscopic pictures of the H&E-stained main organs from the normal mice without tumors (control), or that with i.v. injection of ES-MION9 ( $C_{\text{Fe}} = 5.0$  mg/kg). Compared with controls, ES-MION9-treated mice showed no obvious pathological abnormalities in major organs (heart, liver, spleen, lung, and kidney), indicating that our ES-MION9 does not lead to systemic toxicity.

## Conclusions

In summary, in order to surmount the problems of commercial Gd chelates-based  $T_1$  CAs, commercial MIONs-based  $T_2$  CAs, and reported ES-MIONs-based  $T_1$  CAs, a facile method based on co-precipitation was developed to synthesize biodegradable and biocompatible ES-MIONs with excellent water-dispersibility for  $T_1$  MRI of tumors using PASP as the stabilizer. After optimization of the synthesis conditions, the final obtained ES-MION9 with a diameter of 3.7 nm has a high  $r_1$  ( $7.0 \pm 0.4 \text{ mM}^{-1} \text{ s}^{-1}$ ) and a low  $r_2/r_1$  ( $4.9 \pm 0.6$ ) at 3.0 T. The ES-MION9 has excellent water dispersibility due to the excessive carboxyl groups from PASP. The physical properties of ES-MION9 were further characterized by TEM, XRD, EDS, XPS, UV-vis, FT-IR, TGA, and magnetization curve. LSCM images and flow cytometry results prove the cellular uptake of ES-MION9 by endocytosis. The pharmacokinetics, and biodistribution of ES-MION9 in vivo demonstrate the better tumor targetability and MRI time window of ES-MION9 than commercial Gd chelates.  $T_1$ -weighted MR images of aqueous solutions, cells and tumor-bearing mice at 3.0 T or 7.0 T demonstrate that our ES-MION9 has a stronger MRI capability than the commercial Gd chelates. The MTT assay, live/dead staining of cells, and H&E-staining indicate the non-toxicity and biosafety of our ES-MION9. Consequently, the biodegradable and biocompatible ES-MION9 with excellent water-dispersibility is an ideal  $T_1$ -weighted CAs with promising translational possibility to compete with the commercial Gd chelates.

## Materials and methods

### Synthesis of ES-MIONs

In order to eliminate  $\text{O}_2$ , 20.0 mL and 0.5–4.0 mg  $\text{mL}^{-1}$  of PASP ( $M_w = 7000$ ) solution was first bubbled using  $\text{N}_2$  for 60 min. After that, the solution was heated to 100 °C under reflux. A Fe solution (0.4 mL, 125.0–500.0 mM  $\text{FeCl}_3 + 62.5\text{--}250.0 \text{ mM FeSO}_4$ ) was then rapidly charged to the above-mentioned PASP solution. Subsequently,  $\text{NH}_3 \cdot \text{H}_2\text{O}$  (6.0 mL, 0.5–8.0%) was added under magnetic stirring. After 1.0 h, the reaction was stopped by cooling off. Finally, the synthesized ES-MIONs were purified via dialysis ( $M_w$  cut-off 8–14 kDa) in pure water for purification. An ICP-OES (iCAP PRO, Thermo Fisher Scientific, US) was used to determine the  $C_{\text{Fe}}$  of the ES-MIONs.

### Synthesis of R6G@ES-MION9

At room temperature, 70.0  $\mu\text{L}$  of Rhodamine 6G (100.0  $\mu\text{M}$ ) was added into 4.0 mL of ES-MION9 ( $C_{\text{Fe}} = 2.8 \text{ mM}$ ), and the mixture was magnetically stirred for 24.0 h. The prepared R6G@ES-MION9 solution was then centrifugally ultra-filtrated (Millipore,  $M_w$  cutoff

10 kDa) and washed utilizing ultrapure water for purification. Finally, the obtained R6G@ES-MION9 was resolved in ultrapure water (4.0 mL) and kept in 4.0 °C of refrigerator.

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12951-022-01562-y>.

**Additional file 1.** The online version contains supplementary material available at <https://jnanobiotechnology.biomedcentral.com>.

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Not applicable.

### Author contributions

XQ, YX, and ZS conceptualized the study; XL, HZ, ZL, JF, YL, and LH carried out the experiments, and analyzed data; XL and HZ performed statistical analyses, prepared the figures, and wrote the manuscript draft. XQ, YX, and ZS participated in manuscript reviewing. ZS secured the funding. All authors read and approved the final manuscript.

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### Availability of data and materials

All data associated with this study are present in the paper and/or the additional file.

### Declarations

#### Ethics approval and consent to participate

All animal procedures were performed in accordance with the Guidelines for Care and Use of Laboratory Animals of Southern Medical University and approved by the Animal Ethics Committee of Southern Medical University.

#### Consent for publication

All authors agree to publish this manuscript.

#### Competing interests

The authors declare no competing financial interest.

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