

RESEARCH ARTICLE

Open Access



The selective anti-proliferative and pro-apoptotic effect of *A. cherimola* on MDA-MB-231 breast cancer cell line

Maria Younes^{1†}, Carl Ammoury^{1†}, Tony Haykal¹, Leah Nasr¹, Rita Sarkis^{1,2} and Sandra Rizk^{1*} 

Abstract

Background: Herbal medicines have been a major target for numerous studies through the past years as an alternative treatment for cancer, mainly due to their minimal effects on normal healthy cells. *Annona cherimola*, popularly known as Cherimoya, is an edible natural fruit rich in phytochemical components and known to possess various biological activities. Previous studies have reported the anti-cancerous effect of *A. cherimola* ethanolic leaf extract (AELE) on leukemia. This study aims at studying the potential anti-cancer activity of this extract in vitro in two different breast cancer cell lines, namely MDA-MB-231 and MCF-7, in addition to investigating its toxicity on normal mesenchymal stem cells.

Methods: The anti-proliferative effect of AELE was evaluated via cell viability assay. Propidium iodide staining, Cell Death Detection ELISA and flow cytometry analysis of Annexin V binding were used to assess cell cycle progression, DNA fragmentation and apoptosis induction, respectively. Protein expression was determined via Western Blot analysis to decipher the underlying apoptotic molecular mechanism induced upon AELE treatment.

Results: The anti-proliferative effect of the extract was found to be selective on the triple-negative breast cancer cell line (MDA-MB-231) in a time- and dose-dependent manner with an IC_{50} of 390.2 $\mu\text{g}/\text{mL}$ at 48 h, with no cytotoxic effects on normal murine mesenchymal stem cells. The pro-apoptotic effect was confirmed by the increase in cellular and DNA fragmentation, flipping of the phosphatidylserine moiety to the outer leaflet, and the increase in Annexin V binding. The underlying molecular mechanism revealed the involvement of the mitochondrial pathway, as shown by alterations in mitochondrial permeability and the upregulation of cytochrome c expression.

Conclusion: All the data presented in our study suggest that AELE exhibits a selective anti-proliferative and pro-apoptotic effect on the chemo-resistant MDA-MB-231 breast cancer cells, providing evidence for the anti-tumor effects of *A. cherimola*.

Keywords: *Annona cherimola*, Apoptosis, Breast Cancer, MDA-MB-231, Medicinal foods

* Correspondence: sandra.rizk@lau.edu.lb

[†]Maria Younes and Carl Ammoury contributed equally to this work.

¹Department of Natural Sciences, Lebanese American University, Byblos, Lebanon

Full list of author information is available at the end of the article



© The Author(s). 2020 **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>. The Creative Commons Public Domain Dedication waiver (<http://creativecommons.org/publicdomain/zero/1.0/>) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Background

In recent years, functional foods have been of a major interest for research, not only for their nutritional values, but also for their physiological and biological activities [1]. Plant-derived products have major contributions in the medical field, particularly for the identification of novel drugs [2]. Medicinal plants, effective in treating various diseases including Alzheimer's [3], malaria [4], cancer [5], and microbial infections [6] have been extensively investigated during the past decades.

Annonaceae is a large family of tropical plants commonly known as custard apple that has been considerably studied [7, 8]. Phytochemical analysis of the plant showed that it is rich in alkaloids, terpenoids, flavonoids, and acetogenins [9]. Moreover, it is one of the most genus-rich and species-rich family, characterized by the high morphological diversity of its species [10]. *Annona* is one of the 129 genera of Annonaceae, which includes 119 species [11] that vary based on their origin, climate, and topography [9]. *Annona* species were excessively used in alternative medicine because of their antimalarial [4], anti-parasitic [12], anti-inflammatory [13], and anti-cancerous [11] properties. The flavonoids and acetogenins found in the leaves of *A. muricata* Linn, also known as Graviola, were found to exhibit an antiproliferative effect on prostate cancer [14] and induce apoptosis in vitro and in vivo on breast cancer cell lines [15]. Likewise, *A. squamosa* seed extract displayed a cytotoxic effect on leukemic and breast cancer cell lines in vitro through oxidative stress and downregulation of Bcl-2 [16].

Annona cherimola Mill also known as Cherimoya, is an edible subtropical fruit with a sweet flavor containing nutritional components such as vitamins and minerals [17]. On the other hand, *A. cherimola* was greatly used for various applications in digestive disorder and skin disorders [18]. Studies conducted on the seeds of Cherimoya revealed their potential to induce apoptosis in Acute myeloid leukemia (AML) cell lines through the intrinsic and extrinsic pathways [19], and to exhibit a cytotoxic effect on prostate cancer cell line due to the presence of annomolin and annocherimolin [20]. Similarly, the terpene-rich ethanolic leaf extract of *A. cherimola* displayed an anti-proliferative and a pro-apoptotic effect on AML cell lines [21].

Breast cancer is considered the most frequently diagnosed cancer in women and a leading cause of death worldwide [22]. It is a heterogeneous disease with several subtypes differing in their clinical and histopathological features. Breast cancer is defined either as non-invasive, starting in the ducts or lobules of the breast without spreading to other healthy breast tissues or invasive, spreading to breast, lymph, or distant healthy tissues [23]. Furthermore, it is classified into different

groups, depending on the expression of different receptors i.e., estrogen receptor (ER), progesterone receptor (PR), and human epidermal growth factor receptor 2 [24]. Based on these classifications and other clinical factors, breast cancer is treated by surgery, radiation therapy, chemotherapy, or hormone therapy [22]. However, these strategies are responsible for major side effects and require an alternative therapy, effective in treating cancerous cells without harming normal cells [25].

This study investigates the potential anti-cancer effect of the ethanolic leaf extract of *A. cherimola* on breast cancer cell lines in vitro.

Methods

Breast cancer cell culture

Two breast cancer cell lines were obtained from American Type Culture Collection: the triple-negative Breast Cancer Cell line MDA-MB-231, isolated from a pleural effusion of a patient with invasive ductal carcinoma and used to model late-stage breast cancer [26], and the estrogen-dependent MCF-7 cell line, which is an adherent epithelial luminal cell line positive for ER and PR [27]. The cells were cultured (37 °C, 5% CO₂) in Dulbecco's Modified Eagle Medium (DMEM, Sigma-Aldrich) supplemented with 10% Fetal Bovine Serum (FBS, Gibco™) and antibiotics (100 U/mL penicillin and 100 µg/mL streptomycin from Pen-Strep Lonza) [28]. The cell lines were split as previously mentioned by Khalife et al. [29].

Isolation and culture of Mesenchymal stem cells (MSCs) from rat bone marrow

MSCs were isolated from rat bone marrow as previously described [19]. All experiments were approved by the University's Animal Care and Use Committee and complied with the Guide for the Care and Use of Laboratory Animals [30, 31]. Briefly, the bone marrows from tibial and femoral bones were flushed, and the collected cells were incubated. After 5 days, MSCs were identified by their spindle-shaped morphology [32].

Plant material and preparation of crude leaf extracts

Annona cherimola leaves were obtained from a tree located in Awkar-Lebanon (90 m Above Sea Level), in January 2018, and identified by Dr. Nisrine Machaka-Houri. A voucher specimen was deposited in Beirut Arab University Herbarium (RCED2019–362). 91.3 g of leaves were ground, shaken and the ethanolic extract (AELE) was prepared as previously described [21].

Cell viability assay

MDA-MB-231 and MCF-7 cells were cultured in 96-well plates in triplicates (density = 1.5×10^5 cells/mL), and were incubated overnight before treatment with, 174,

261, 348, 522, and 696 $\mu\text{g/mL}$ of AELE for 24 h and 48 h. Topotecan (Abcam, 20 μM) [33, 34] and cisplatin (Mylan, 30 μM) [35, 36] were used as positive controls. MTS cell viability reagent (Promega) was used to assess the effect of AELE on the cell lines as detailed by Khalil [37]. Metabolically active cells were quantified by measuring the absorbance of each well at 492 nm, using Variskan™ LUX multimode microplate reader. Percentage proliferation was calculated by dividing the absorbance of the treated cells with the average absorbance of the control untreated cells. IC_{50} values were calculated using GraphPad Prism 8.

Cell cycle analysis

MDA-MB-231 cells (1.5×10^5 cells/mL) were cultured in 6-well plates and incubated overnight. After treatment for 24 h with 261 and 522 $\mu\text{g/mL}$ of AELE and 20 μM topotecan (positive control), the cells were stained with Propidium iodide (PI, Abcam, Cambridge, UK) following fixation with ice-cold absolute ethanol [38]. The Accuri C6 flow cytometer was used to assess their DNA content and were classified as follows: sub-G0/G1 phase cells (Pre-G or dead cells) have $<2n$, G0/G1 phase cells have $2n$, S phase cells have between $2n$ and $4n$, and G2/M phase cells have $4n$.

Cell death detection ELISA

MDA-MB-231 cells (1.5×10^5 cells/mL) were seeded in 6 well plates and incubated overnight. Two different concentrations of AELE (261 and 522 $\mu\text{g/mL}$) were then added to the cells since these are the closest to the IC_{50} reported in the cell viability assay. Topotecan (20 μM) was used as a positive control. After 24 h, cells were extracted and lysed with incubation buffer using the Cell Death ELISA kit (Roche). Fragmented cytosolic nucleosomes were then isolated, and the procedure was completed as previously described [39].

Apoptosis detection using fluorescent Annexin V staining

MDA-MB-231 cells were cultured and treated with AELE (261 and 522 $\mu\text{g/mL}$) and topotecan (20 μM) as described in previous sections. After 24 h, cells were stained with Annexin-V-FITC (Abcam, Cambridge, UK) and visualized under the bright-field conditions and FITC set filters with the ZOE fluorescent cell imager. The obtained images were then merged. Annexin V binding to the membrane reflects the translocation of the phosphatidylserine moieties which is a hallmark of apoptosis.

Apoptosis quantification using flow cytometry

MDA-MB-231 cells were cultured and treated as described in the previous sections. After incubation for 24 h with AELE (261 and 522 $\mu\text{g/mL}$) and topotecan (20 μM), samples were collected, centrifuged at 1500

rpm and 4 °C, resuspended in suspension buffer, and then stained with Annexin V-FITC (Annexin V-fluorescein isothiocyanate [FITC] Apoptosis Detection Kit, Abcam) according to the manufacturer's instructions. Samples were then analyzed using the Guava easyCyte™ flow cytometer [40].

Western blot

Petri dishes were used to culture and treat MDA-MB-231 cells (2×10^5 cells/mL) with AELE (261 and 522 $\mu\text{g/mL}$) for 24 h. The Qproteome mammalian protein prep kit (Qiagen, Hildren, Germany) was used to extract the proteins, which were then quantified based on the Lowry method. Proteins were prepared for separation by Sodium Dodecyl Sulfate-Polyacrylamide Gel Electrophoresis (10%) as explained by El Zein et al. [41], and transferred to Polyvinylidene fluoride membranes for protein assessment, as previously described [42]. Membranes were incubated with primary antibodies (1:1000) anti-cytochrome c (Abcam, Cambridge, UK), anti-p21 (Cell Signaling, Danvers, MA), anti-Bax and anti-Bcl2 (Elabscience, Houston, TX, USA). The internal loading control was detected using anti- β -actin (Santa Cruz Biotechnology, Dallas, TX, USA). After washing, the secondary antibody (Bio-Rad, Hercules, CA, USA) was added at the recommended concentrations (2:5000). Blots were visualized on ChemiDoc machine (BioRad, Hercules, CA, USA) and relative expression of proteins bands was quantified using the ImageJ program [43].

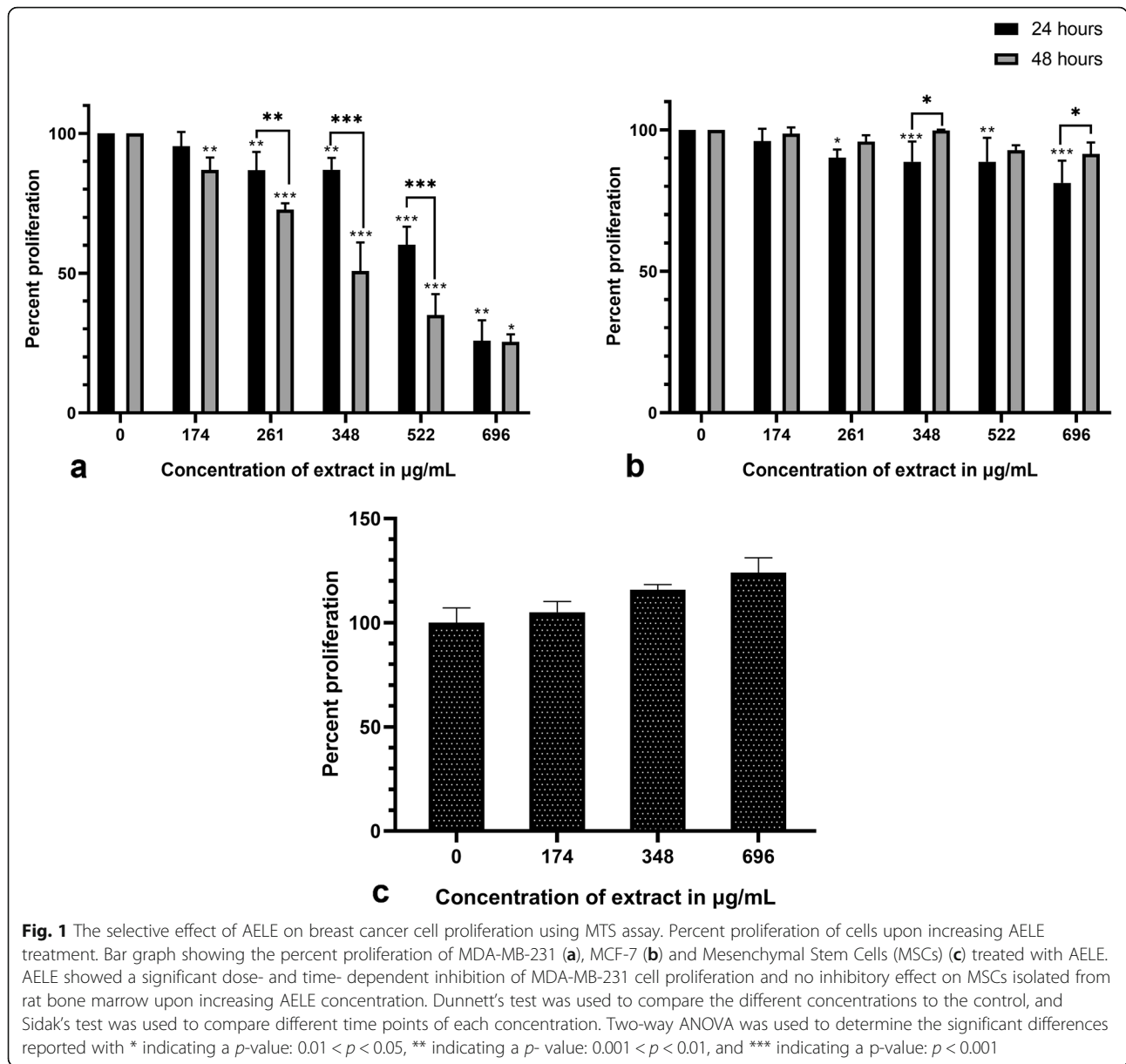
Statistical analysis

All experiments were carried out in triplicates and repeated at least three independent times. The values were reported as mean \pm SEM. The post hoc test used for the statistical analysis was Dunnett's method to compare the different concentrations to the control and Sidak's test was used to compare different time points of each concentration. *P*-values were calculated by t-tests or two-way ANOVA depending on the experiment, using GraphPad Prism 8. Significant differences were reported with * indicating a *p*-value: $0.01 < p < 0.05$, ** indicating a *p*-value: $0.001 < p < 0.01$, *** indicating a *p*-value: $p < 0.001$.

Results

The selective effect of *A. cherimola* ethanolic leaf extracts on the breast cancer cells proliferation

The effect of AELE on the proliferation of MDA-MB-231, MCF-7, and MSCs was quantified using the viability reagent MTS. A dose and time-dependent significant decrease in the proliferation of MDA-MB-231 was observed with a half-maximal inhibitory concentration (IC_{50}) of 555.3 $\mu\text{g/mL}$ and 390.2 $\mu\text{g/mL}$ (Fig. 1.a) at 24 and 48 h post-AELE treatment, respectively. The viability was significantly reduced to less than 50% at higher



treatment doses. The maximum concentration of treatment used (696 µg/mL) exhibited a percentage proliferation of 25.86 and 25.48% for MDA-MB-231, after 24 h and 48 h, respectively. A minimal effect was observed on MCF-7 cells, whereby the IC₅₀ was not reached, and the maximal AELE concentration used (696 µg/mL) exhibited a percentage proliferation of 81.18 and 91.50% (Fig. 1.b), after 24 h and 48 h respectively, suggesting a selective anti-proliferative effect of AELE on MDA-MB-231 but not MCF-7. Treatment with 20 µM of topotecan exhibited a percentage proliferation of 59.61, 36.31% on MDA-MB-231 cells, 31.03, 19.36% on MCF-7 cells at 24 and 48 h, respectively. Similarly, treatment with 30 µM of cisplatin exhibited a percentage

proliferation of 56.32, 32.57% on MDA-MB-231 cells, 46.78, 17.53% on MCF-7 at 24 and 48 h, respectively. The remaining experiments were therefore performed on MDA-MB-231, using the two concentrations closest to the IC₅₀ (261 and 522 µg/mL), in addition to topotecan as a positive control.

To check for the specificity of the effects observed on MDA-MB-231 cells, normal MSCs from rat bone marrow were treated with AELE under similar conditions. Interestingly, the extract had no significant cytotoxic effect on normal cells even at the highest concentrations used (Fig. 1.c). It can be inferred that AELE exhibited selective anti-proliferative effects on MDA-MB-231, but not on normal cells.

A cherimola leaf extract induces cellular fragmentation and an increase in pre-G0/G1 cells in MDA-MB-231 cells

The effect of AELE on the cell cycle and the DNA content of MDA-MB-231 cells was elucidated by PI staining followed by flow cytometry. A dose-dependent shift of MDA-MB-231 cells from the G0/G1, S, and G2/M to the pre-G0/G1 stage, was detected, where cells are fragmented and contain DNA <2n, after treatment of MDA-MB-231 with 261 µg/mL and 522 µg/mL of AELE for 24 h, the values within which the IC₅₀ falls. The proportion of MDA-MB-231 cells in the pre-G0/G1 stage significantly increased from 7.42% in the untreated cells to 24.75 and 28.65% in cells treated with 261 µg/mL (before IC₅₀) and 522 µg/mL (after IC₅₀) respectively, and reached 17% upon treatment with 20 µM of topotecan (Fig. 2). This suggests that AELE leads to cellular fragmentation, rather than a cell cycle arrest.

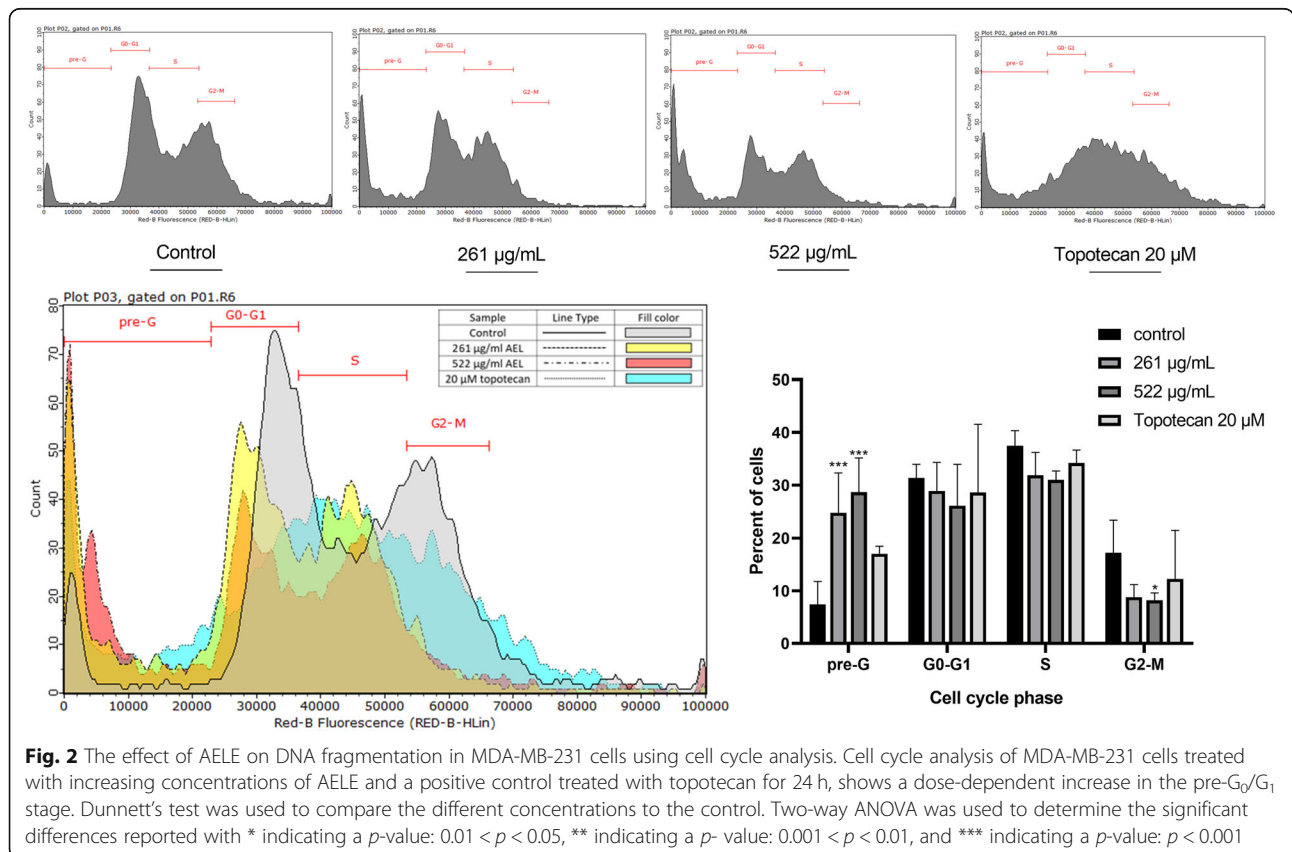
The effect of *A. cherimola* ethanolic leaf extracts on the induction of apoptosis

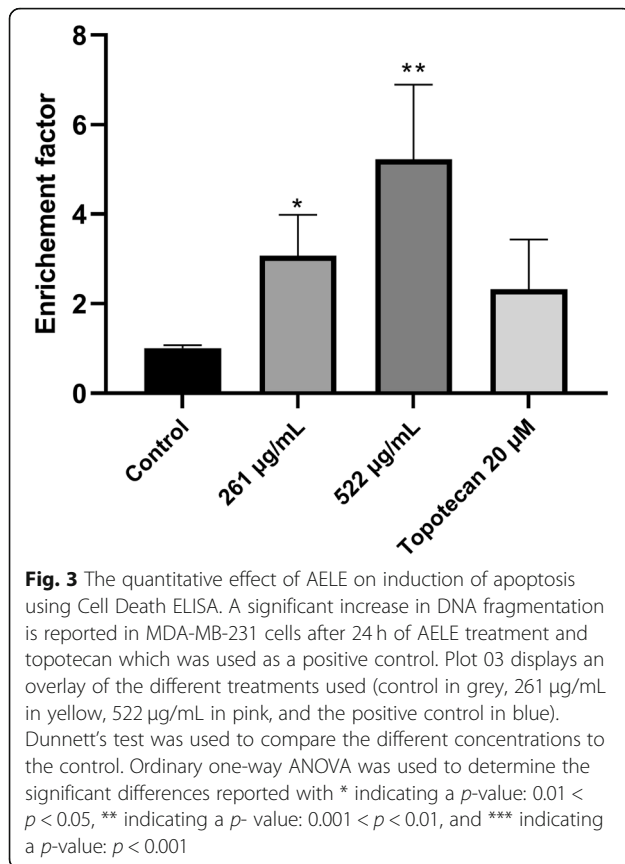
To further elucidate the mechanism by which AELE exhibited its cytotoxic and cellular fragmentation effects, we quantified DNA fragmentation, which is a major hallmark of apoptosis, using Cell Death Detection ELISA. The enrichment factor reported is the ratio of the

absorbance measured for each treatment concentration to that of the untreated control and indicates the abundance of cytosolic nucleosomes in the cells. A 3.07 and 5.22-fold increase in the enrichment factor was observed in MDA-MB-231 cells treated with 261 µg/mL and 522 µg/mL for 24 h, respectively. This enrichment factor reached 2.32 upon treatment with 20 µM topotecan (Fig. 3).

To further confirm the increase in apoptosis, Annexin V staining was performed, detected by fluorescent microscopy. Upon treating MDA-MB-231 cells with increasing concentrations of AELE and topotecan for 24 h, a marked increase in Annexin V binding to the cell membrane was observed, which is concomitant with the flipping of phosphatidylserine moieties from the inner leaflet to the outer leaflet of the cell membrane, another major apoptotic hallmark (Fig. 4).

Annexin V staining and visualization by microscopy was followed by a quantitative assessment of Annexin V binding using flow cytometry. After 24 h of treatment with increasing concentrations of AELE, a significant dose-dependent increase in Annexin V positive cells was observed, from 17.43% in untreated cells to 36.85 and 56.50% Annexin V positive cells, paralleled with a decrease in Annexin V negative cells, from 81.64% in





untreated cells, to 62.33 and 43.07% Annexin V negative cells, in MDA-MB-231 cells treated with 261 µg/mL and 522 µg/mL of AELE, respectively. Treatment of MDA-MB-231 cells with 20 µM of topotecan for 24 h showed a 34.56% Annexin V positive cells and 64.86% Annexin V negative cells, as compared to the control untreated cells. (Fig. 5). The increase in fluorescence using qualitative and quantitative Annexin V staining, accompanied by an increase in DNA fragmentation confirms that AELE induces apoptosis in the MDA-MB-231 cell line in a dose-dependent manner.

The effect of *A. cherimola* leaf extracts on the expression of proteins involved in proliferative and apoptotic pathways

Western Blot analysis was performed to further elucidate the mechanism by which the anti-proliferative and pro-apoptotic pathways were induced. The effect of AELE on the expression of the cyclin-dependent kinase inhibitor 1 p21, cytochrome c, the pro-apoptotic protein Bax and the anti-apoptotic protein Bcl2 were assessed. A significant upregulation of p21 and cytochrome c was observed, compared to control untreated cells. Moreover, a significant increase in the Bax /Bcl2 ratio revealed a Bax/Bcl2 dependent

pathway for apoptosis induction (Fig. 6). These results confirm the activation of the mitochondrial apoptotic pathway upon AELE treatment.

Discussion

Herbs and plants have been widely consumed for their bioactive compounds and physiological benefits [44]. They can be used in different ways including teas, syrup, ointment, and tablets [45]. Alternative medicines from natural products have been extensively investigated and proved to be effective in treating cancer [46] due to the development of adverse effects resulting from chemotherapy [47].

Most research conducted on different closely related *Annona* species like *A. muricata* and *A. squamosa*, has focused on their anti-cancer properties against different cancer cell lines [48, 49]. Moreover, *A. cherimola* leaves are frequently sold and consumed by people to improve their health [50]. Recent studies revealed the anti-proliferative effect of *A. cherimola* leaves [21] and seeds [19] on leukemic cells. In the current study, the ethanolic leaf extract of *A. cherimola* was examined on breast cancer cell lines, namely MDA-MB-231 and MCF-7.

The results reported suggest a selective antiproliferative effect in a time- and dose-dependent manner on MDA-MB-231, with an IC_{50} of 555.3 µg/mL and 390.2 µg/mL at 24 and 48 h, respectively. These concentrations are lower than the concentrations found in a previous study of an ethanolic extract from *Urtica membranacea* having a potent anti-cancer effect at 750 µg/mL and 1500 µg/mL, which was efficiently correlated to mice breast cancer model treatment with no side effects [51].

Moreover, MSCs from the rat bone marrow, treated after adherence to mimic the attached breast cancer cells, did not reveal any cytotoxic effect of the extract; this further confirms the safety of this extract, which we have recently reported to exhibit no cytotoxic effects on normal mononuclear cells from human bone marrow [21]. Collectively, these results indicate the selective effect of AELE in targeting cancerous cells with no harm to normal healthy cells.

To explain the mechanism behind this anti-proliferative effect, the rest of the experiments were performed after 24 h of treatment; the results confirmed nuclear and membranes changes, which are two important hallmarks of apoptosis. A dose-dependent increase in apoptosis between control and treated cells was detected in the translocation of the phosphatidylserine to the outer leaflet and the increase in Annexin V binding. This was similar to another study conducted on the leaves of a closely related species *A. muricata*, which reported cytotoxic effects on breast cancer cell lines supported by the increase in Annexin V binding [21, 48]. Additionally,

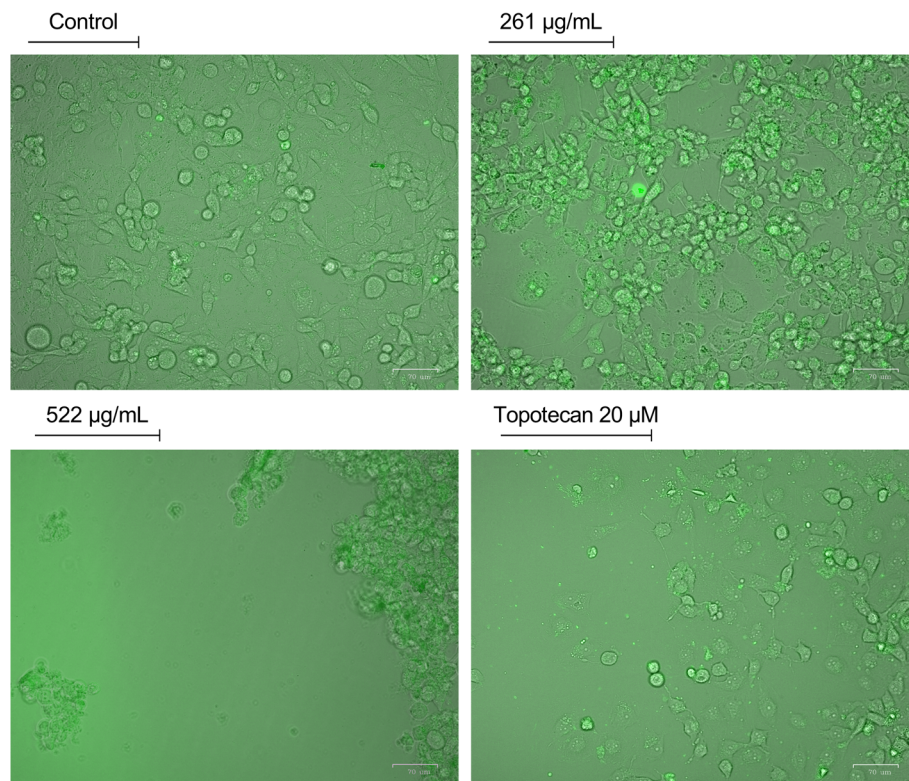


Fig. 4 The qualitative assessment of apoptosis induced by AELE using Annexin V staining. Annexin V staining of MDA-MB-231 cells treated for 24 h with increasing concentrations of AELE and a positive control treated with topotecan shows a gradual increase in the number of Annexin-positive cells between the control group and the treated cells

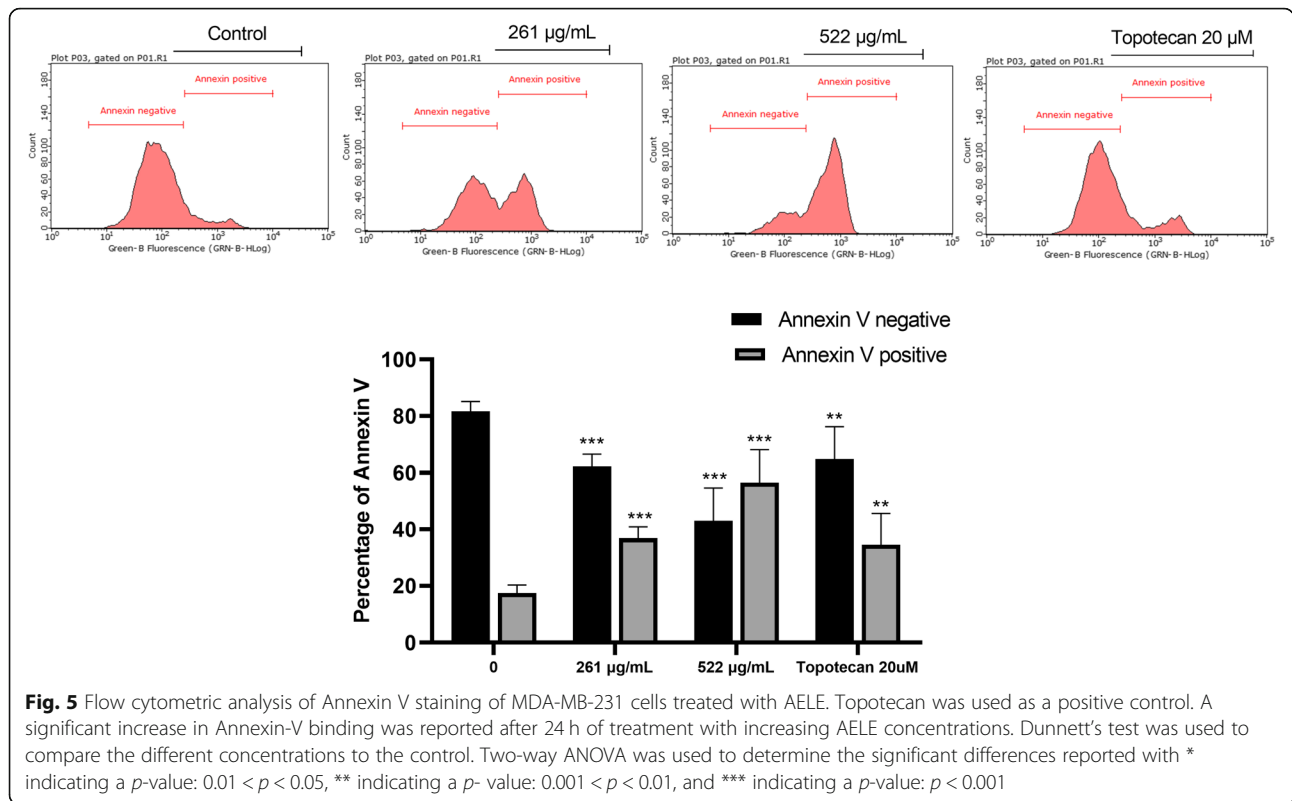
an increase in DNA fragmentation was detected using Cell Death ELISA, in addition to cellular fragmentation as revealed by cell cycle analysis using flow cytometry, whereby a significant increase in the pre-G₀ phase (DNA < 2n) was reported. This could explain the presence of damaged cells or fragmented cell portions, in favor of the pro-apoptotic effect of the extract being investigated.

Western blot analysis was performed to further elucidate the AELE induced-apoptosis, where the upregulation of the pro-apoptotic Bax, cytochrome-c, and p21 in addition to the downregulation of anti-apoptotic Bcl-2 protein were detected. This mechanism was found to be induced via the mitochondrial pathway supported by the increase of the Bax/Bcl-2 ratio upon exposure of the cells to the extract. The overexpression of p21 can induce the expression of Bax [52]; moreover, insertion of Bax proteins into the mitochondrial membrane increases its permeability, leading to the release of cytochrome c which is followed by a cascade of protein activation leading to apoptotic cell death [53, 54]. Also, they will cause DNA damage and fragmentation which was confirmed through the significant increase in DNA fragmentation detected in Cell Death ELISA [55].

Previous studies have similarly reported that the pro-apoptotic effect of the leaves of the closely related *A. muricata* species occurs through upregulation of Bax, downregulation of Bcl-2 and cytochrome c leakage from the mitochondria [56, 57].

The extract used in this study has been previously analyzed in our laboratory, and its composition was found to be rich in Terpinolene (16.0619%), Germacrene D (15.2476%), and Alpha-tocopherol (15.0038%) [21]. D-limonene and carvacrol, of the terpene family, showed to induce apoptosis through the mitochondrial pathway [58, 59], similar to the results observed in our study. Another compound, Germacrene D, was found to exhibit a cytotoxic effect on HL-60 cells [60] and human cervical, liver, and hepatocellular carcinoma [61]. Alpha-tocopherol derivatives, another major constituent, has been found to induce cell death and inhibit viability, migration, and invasion of breast cancer cells [62].

As discussed previously, the AELE was found to exhibit a selective pro-apoptotic and anti-proliferative effect on MDA-MB-231 cells. A similar study by BG Utage et al., investigated the methanolic leaf extract of *Prosopis juliflora* on breast cancer cell lines. This extract

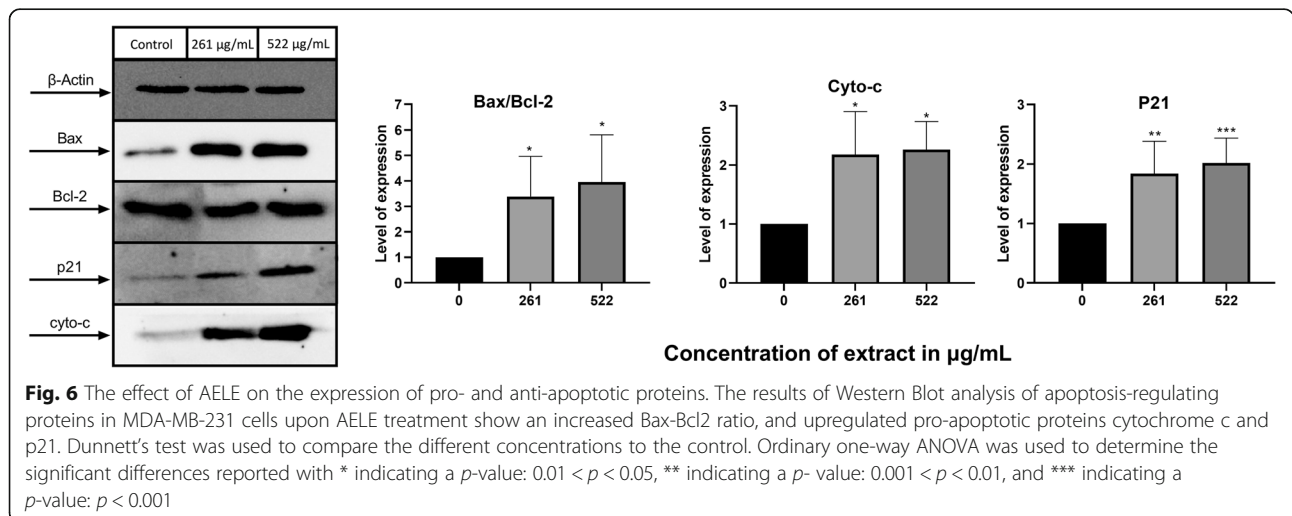


was found to be rich in bioactive compounds such as terpenes and phytol, similar to the major compound detected in AELE. They revealed the efficient and selective anti-breast cancer activity against triple negative breast cancer cells (MDA-MB-231) [63], explaining the selective effect observed in our study.

Conclusions

Annona cherimola ethanolic leaf extract, previously found to exhibit an anti-proliferative and pro-

apoptotic effect on AML cell line, can also induce apoptosis in a dose-and time-dependent manner exclusively on the triple-negative breast cancer cell line, MDA-MB-231. This mechanism was found to be through the mitochondrial pathway by releasing cytochrome c, upregulated p21 and increasing Bax/Bcl-2 ratio. Future work aims at fractionating the extract to identify the bioactive compounds responsible for the effects observed on MDA-MB-231 and to further examine its efficacy in vivo.



Abbreviations

AELE: Annona ethanolic leaf extract; AML: Acute myeloid leukemia; DMEM: Dulbecco's Modified Eagle Medium; ER: Estrogen receptor; FBS: Fetal Bovine Serum; GC-MS: Gas Chromatography-Mass Spectrometry; IC50: Half-maximal inhibitory concentration; MSCs: Mesenchymal stem cells; PBS: Phosphate Buffered Saline; PI: Propidium Iodine; PR: Progesterone receptor; SEM: Standard Error of the mean

Acknowledgments

Not applicable.

Authors' contributions

Experimental work: MY, CA, TH, RS and LN. Formal analysis: MY, CA and TH. Original draft writing: MY and CA. Final draft: SR. Methodology: MY, CA and SR. Supervision and funding acquisition: SR. All authors have significantly contributed to the work and have approved the final version of the manuscript.

Funding

This study was financially funded by intramural funds from the Department of Natural Sciences (School of Arts and Sciences, Lebanese American University) to secure space, equipment, reagents, and chemicals.

Availability of data and materials

All data generated or analyzed during this study are included in this published article (and its supplementary information files).

Ethics approval and consent to participate

Experiments dealing with rats were conducted in accordance with the internationally accepted principles set by the Office of Laboratory Animal Welfare (NIH, PHS Policy on Human Care and Use of Laboratory Animals, USA 2015) and approved by the Animal Ethical Committee at the Lebanese American University, Lebanon.

Consent for publication

Not applicable since the manuscript does not involve human subjects.

Competing interests

The authors declare no conflict of interest.

Author details

¹Department of Natural Sciences, Lebanese American University, Byblos, Lebanon. ²Laboratory of Regenerative Hematopoiesis, Swiss Institute for Experimental Cancer Research (ISREC) & Institute of Bioengineering (IBI), School of Life Sciences, Ecole Polytechnique Fédérale de Lausanne (EPFL), 1015 Lausanne, Switzerland.

Received: 12 June 2020 Accepted: 19 October 2020

Published online: 13 November 2020

References

- Egea I, Sánchez-Bel P, Romojaro F, Pretel MT. Six edible wild fruits as potential antioxidant additives or nutritional supplements. *Plant Foods Hum Nutr.* 2010;65:121–9. <https://doi.org/10.1007/s11130-010-0159-3>.
- Gurib-Fakim A. Medicinal plants: traditions of yesterday and drugs of tomorrow. *Mol Asp Med.* 2006;27:1–93.
- Balunas MJ, Kinghorn AD. Drug discovery from medicinal plants. *Life Sci.* 2005;78:431–41. <https://doi.org/10.1016/j.lfs.2005.09.012>.
- van Wyk B-E, Wink M. *Medicinal Plants of the World*. CAB; 2018.
- Priya ML, Priya KB, Kotakadi VS, Josthna P. Herbal and Medicinal Plants Molecules Towards Treatment of Cancer: A Mini Review. *Am J Ethnomedicine.* 2015;2:136–42 [cited 2020 Apr 17];2. Available from: <https://www.imedpub.com/abstract/herbal-and-medicinal-plants-molecules-towards-treatment-of-cancer-a-mini-review-10966.html>.
- Rani P, Khullar N. Antimicrobial evaluation of some medicinal plants for their anti-enteric potential against multi-drug resistant *Salmonella typhi*. *Phytother Res.* 2004;18:670–3. <https://doi.org/10.1002/ptr.1522>.
- Pumiputavon K, Chaowasku T, Saenjum C, Osathanunkul M, Wungsintaweekul B, Chawansuntati K, et al. Cytotoxic and cytostatic effects of four Annonaceae plants on human cancer cell lines. *In Vitro Cell Dev Biol Anim.* 2019;55:723–32.
- Pumiputavon K, Chaowasku T, Saenjum C, Osathanunkul M, Wungsintaweekul B, Chawansuntati K, et al. Cell cycle arrest and apoptosis induction by methanolic leaves extracts of four Annonaceae plants. *BMC Complement Altern Med.* 2017;17:1–11. <https://doi.org/10.1186/s12906-017-1811-3>.
- Attiq A, Jalil J, Husain K. Annonaceae: breaking the wall of inflammation. *Front Pharmacol.* 2017;8:752.
- Xu F, Ronse De Craene L. floral ontogeny of Annonaceae: evidence for high variability in floral form. *Ann Bot.* 2010;106:591–605.
- Nugraha AS, Damayanti YD, Wangchuk P, Keller PA. Anti-infective and anti-Cancer properties of the Annona species: their Ethnomedicinal uses, alkaloid diversity, and Pharmacological activities. *Molecules.* 2019;24:4419.
- Bories C, Loiseau P, Cortes D, Myint SH, Hocquemiller R, Gayral P, et al. Antiparasitic activity of *Annona muricata* and *Annona cherimola* seeds. *Planta Med.* 1991;57:434–6.
- Ishola IO, Awodele O, Olusayero AM, Ochieng CO. Mechanisms of analgesic and anti-inflammatory properties of *Annona muricata* Linn. (Annonaceae) fruit extract in rodents. *J Med Food.* 2014;17:1375–82. <https://doi.org/10.1089/jmf.2013.0088>.
- Yang C, Gundala SR, Mukkavilli R, Vangala S, Reid MD, Aneja R. Synergistic interactions among flavonoids and acetogenins in *Graviola* (*Annona muricata*) leaves confer protection against prostate cancer. *Carcinogenesis.* 2015;36:656–65.
- Paull RE, Duarte O. *Tropical fruits*. 2nd ed. Wallingford, UK. Cambridge: CAB; 2011.
- Pardhasaradhi BW, Reddy M, Ali AM, Kumari AL, Khar A. Differential cytotoxic effects of *Annona squamosa* seed extracts on human tumour cell lines: role of reactive oxygen species and glutathione. *J Biosci.* 2005;30:237–44.
- Albuquerque TG, Santos F, Sanches-Silva A, Beatriz Oliveira M, Bento AC, Costa HS. Nutritional and phytochemical composition of *Annona cherimola* mill. Fruits and by-products: potential health benefits. *Food Chem.* 2016;193:187–95.
- Varadharaj V PA. Phytochemical and pharmacological potential of annona species: a review. *Asian J Pharm Clin Res.* 2017;68–75. <https://doi.org/10.22159/ajpcr.2017.v10i7.18073>.
- Haykal T, Nasr P, Hodroj MH, Taleb RI, Sarkis R, MNEI M, et al. *Annona cherimola* Seed Extract Activates Extrinsic and Intrinsic Apoptotic Pathways in Leukemic Cells. *Toxins.* 2019;11:506.
- Arunjyothi B, Venkatesh K, Chakrapani P, Anupalli RR. Phytochemical and Pharmacological potential of *Annona cherimola*-A Review. *Int J Phytomedicine.* 2012;3:439–47 <https://www.arjournals.org/index.php/ijpm/article/view/458>. Accessed 16 Aug 2020.
- Ammoury C, Younes M, El Khoury M, Hodroj MH, Haykal T, Nasr P, et al. The pro-apoptotic effect of a Terpene-rich *Annona cherimola* leaf extract on leukemic cell lines. *BMC Complement Altern Med.* 2019;19:365.
- Nounou MI, ElAmrawy F, Ahmed N, Abdelraouf K, Goda S, Syed-Sha-Qhattal H. Breast Cancer: Conventional Diagnosis and Treatment Modalities and Recent Patents and Technologies. *Breast Cancer Basic Clin Res.* 2015;9s2:BCBCRS29420.
- Akram M, Iqbal M, Daniyal M, Khan AU. Awareness and current knowledge of breast cancer. *Biol Res.* 2017;50:33.
- Kim JY, Dao TTP, Song K, Park SB, Jang H, Park MK, et al. *Annona muricata* leaf extract triggered intrinsic apoptotic pathway to attenuate cancerous features of triple negative breast Cancer MDA-MB-231 cells. *Evid Based Complement Alternat Med.* 2018;2018:1–10.
- Greenwell M, Rahman PKSM. Medicinal plants: their use in anticancer treatment. *Int J Pharm Sci Res.* 2015;6:4103–12.
- Welsh J. Chapter 40 - animal models for studying prevention and treatment of breast cancer. In: Conn PM, editor. *Animal models for the study of human disease*. Boston: Academic Press; 2013. p. 997–1018. <https://doi.org/10.1016/B978-0-12-415894-8.00040-3>.
- Goffin V, Bogorad RL, Touraine P. Chapter 17 - Identification of Gain-of-Function Variants of the Human Prolactin Receptor. In: Conn PM, editor. *Methods in Enzymology*: Academic Press; 2010. p. 329–55. <https://doi.org/10.1016/B978-0-12-381298-8.00017-4>.
- Najem SA, Khawaja G, Mohammad Hassan Hodroj, Sandra Rizk. Synergistic effect of epigenetic inhibitors Decitabine and Suberoylanilide Hydroxamic acid on colorectal Cancer In vitro. *Curr Mol Pharmacol* 2019;12:281–300. <https://www.eurekaselect.com/170688/article>. Accessed 16 Aug 2020.
- Khalife R, Hodroj MH, Fakhoury R, Rizk S. Thymoquinone from *Nigella sativa* seeds promotes the antitumor activity of noncytotoxic doses of Topotecan

- in human colorectal Cancer cells in Vitro. *Planta Med.* 2016;82:312–21. <https://doi.org/10.1055/s-0035-1558289>.
30. National Research Council (US) Committee for the Update of the Guide for the Care and Use of Laboratory Animals. *Guide for the Care and Use of Laboratory Animals*. 8th ed. Washington (DC): National Academies Press (US); 2011. <http://www.ncbi.nlm.nih.gov/books/NBK54050/>. Accessed 17 Apr 2020.
 31. Zeeni N, Daher C, Fromentin G, Tome D, Darcel N, Chaumontet C. A cafeteria diet modifies the response to chronic variable stress in rats. *Stress Amst Neth.* 2013;16:211–9.
 32. Soleimani M, Nadri S. A protocol for isolation and culture of mesenchymal stem cells from mouse bone marrow. *Nat Protoc.* 2009;4:102–6.
 33. Lin S, Sun L, Zhang Y, Zhao R, Liang W, Yuan S, et al. Topotecan inhibits cancer cell migration by down-regulation of chemokine CC motif receptor 7 and matrix metalloproteinases. *Acta Pharmacol Sin.* 2009;30:628–36. <https://doi.org/10.1038/aps.2009.32>.
 34. Timur M, Akbas SH, Ozben T. The effect of Topotecan on oxidative stress in MCF-7 human breast cancer cell line. *Acta Biochim Pol.* 2005;52:897–902. https://doi.org/10.18388/abp.2005_3404.
 35. Jiang Y, Ji F, Liu Y, He M, Zhang Z, Yang J, et al. Cisplatin-induced autophagy protects breast cancer cells from apoptosis by regulating yes-associated protein. *Oncol Rep.* 2017;38:3668–76. <https://doi.org/10.3892/or.2017.6035>.
 36. Mansour N, Mehanna S, Mroueh MA, Audi H, Bodman-Smith K, Daher CF, et al. Photoactivatable Rull complex bearing 2,9-Diphenyl-1,10-phenanthroline: unusual photochemistry and significant potency on Cisplatin-resistant cell lines. *Eur J Inorg Chem.* 2018;2018:2524–32. <https://doi.org/10.1002/ejic.201800194>.
 37. Khalil C. In Vitro UVB induced Cellular Damage Assessment Using Primary Human Skin Derived Fibroblasts. *MOJ Toxicol.* 2015;1. <https://doi.org/10.15406/mojt.2015.01.00020>.
 38. Idriss M, Hodroj MH, Fakhoury R, Rizk S. Beta-Tocotrienol exhibits more cytotoxic effects than gamma-Tocotrienol on breast Cancer cells by promoting apoptosis via a P53-independent PI3-kinase dependent pathway. *Biomolecules.* 2020;10(4):577. Published 2020 Apr 9. <https://doi.org/10.3390/biom10040577>.
 39. El Khoury M, Haykal T, Hodroj MH, Najem SA, Sarkis R, Taleb RI, et al. Malva pseudolavatera leaf extract promotes ROS induction leading to apoptosis in acute myeloid leukemia cells In Vitro. *Cancers.* 2020;12:435. <https://doi.org/10.3390/cancers12020435>.
 40. Ghanem P, Zouein A, Mohamad M, Hodroj MH, Haykal T, Abou Najem S, Naim HY, Rizk S. The vitamin E derivative gamma Tocotrienol promotes anti-tumor effects in acute myeloid leukemia cell lines. *Nutrients.* 2019; 11(11):2808. <https://doi.org/10.3390/nu11112808>. PMID: 31744219; PMCID: PMC6893610.
 41. El Zein N, Abdallah MS, Daher CF, Mroueh M, Stephan J, Bahous SA, et al. Ghrelin modulates intracellular signalling pathways that are critical for podocyte survival. *Cell Biochem Funct.* 2019;37:245–55.
 42. Hodroj MH, Jardaly A, Abi Raad S, Zouein A, Rizk S. Andrographolide potentiates the antitumor effect of topotecan in acute myeloid leukemia cells through an intrinsic apoptotic pathway. *Cancer Manag Res.* 2018;10: 1079–88. <https://doi.org/10.2147/CMARS160924>.
 43. Shammas H, Kuech E-M, Rizk S, Das AM, Naim HY. Different Niemann-pick C1 genotypes generate protein phenotypes that vary in their intracellular processing, Trafficking and Localization. *Sci Rep.* 2019;9:5292. <https://doi.org/10.1038/s41598-019-41707-y>.
 44. Quílez AM, Fernández-Arche MA, García-Giménez MD, De la Puerta R. Potential therapeutic applications of the genus *Annona*: local and traditional uses and pharmacology. *J Ethnopharmacol.* 2018;225:244–70. <https://doi.org/10.1016/j.jep.2018.06.014>.
 45. Wachtel-Galor S, Benzie IFF. Herbal medicine: an introduction to its history, usage, regulation, current trends, and research needs. In: Benzie IFF, Wachtel-Galor S, editors. *Herbal medicine: biomolecular and clinical aspects*. 2nd ed. Boca Raton (FL): CRC Press/Taylor & Francis; 2011. <http://www.ncbi.nlm.nih.gov/books/NBK92773/>. Accessed 16 Aug 2020.
 46. Mitra S, Dash R. Natural products for the management and prevention of breast Cancer. *Evid-Based Complement Altern Med ECAM.* 2018;2018:8324696.
 47. Zhang Q-Y, Wang F-X, Jia K-K, Kong L-D. Natural product interventions for chemotherapy and radiotherapy-induced side effects. *Front Pharmacol.* 2018;9. <https://doi.org/10.3389/fphar.2018.01253>.
 48. Syed Najmuddin SUF, Romli MF, Hamid M, Alitheen NB, NMA NAR. Anti-cancer effect of *Annona muricata* Linn Leaves Crude Extract (AMCE) on breast cancer cell line. *BMC Complement Altern Med.* 2016;16:311.
 49. Wang D-S, Rizwani GH, Guo H, Ahmed M, Hassan SZ, et al. *Annona squamosa* Linn: cytotoxic activity found in leaf extract against human tumor cell lines. *Pak J Pharm Sci.* 2014;27:1559–63. Spec no.
 50. Falé PL, Ferreira C, Maruzzella F, Helena Florêncio M, Fração FN, Serralheiro MLM. Evaluation of cholesterol absorption and biosynthesis by decoctions of *Annona cherimola* leaves. *J Ethnopharmacol.* 2013;150:718–23.
 51. Solowey E, Lichtenstein M, Sallon S, Paavilainen H, Solowey E, Lorberboum-Galski H. Evaluating medicinal plants for anticancer activity. *Sci World J.* 2014;2014:e721402. <https://doi.org/10.1155/2014/721402>.
 52. Gartel AL, Tyner AL. The role of the cyclin-dependent kinase inhibitor p21 in apoptosis. *Mol Cancer Ther.* 2002;1:639–49.
 53. Eskes R, Antonsson B, Osen-Sand A, Montessuit S, Richter C, Sadoul R, et al. Bax-induced cytochrome C release from mitochondria is independent of the permeability transition pore but highly dependent on Mg²⁺ ions. *J Cell Biol.* 1998;143:217–24. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2132823/>. Accessed 8 May 2020.
 54. Khaled AR, Kim K, Hofmeister R, Muegge K, Durum SK. Withdrawal of IL-7 induces Bax translocation from cytosol to mitochondria through a rise in intracellular pH. *Proc Natl Acad Sci.* 1999;96:14476–81. <https://doi.org/10.1073/pnas.96.25.14476>.
 55. Kepp O, Rajalingam K, Kimmig S, Rudel T. Bak and Bax are non-redundant during infection- and DNA damage-induced apoptosis. *EMBO J.* 2007;26: 825–34. <https://doi.org/10.1038/sj.emboj.7601533>.
 56. Zorofchian Moghadamtousi S, Rouhollahi E, Karimian H, Fadaeinasab M, Firoozinia M, Ameen Abdulla M, et al. The chemoprotective effect of *Annona muricata* leaves against azoxymethane-induced colonic aberrant crypt foci in rats and the apoptotic effect of Acetogenin Annonumuricin E in HT-29 cells: a bioassay-guided approach. *PLoS One.* 2015;10:e0122288.
 57. Zorofchian Moghadamtousi S, Karimian H, Rouhollahi E, Paydar M, Fadaeinasab M, Abdul KH. *Annona muricata* leaves induce G₁ cell cycle arrest and apoptosis through mitochondria-mediated pathway in human HCT-116 and HT-29 colon cancer cells. *J Ethnopharmacol.* 2014;156:277–89.
 58. Jia S-S, Xi G-P, Zhang M, Chen Y-B, Lei B, Dong X-S, et al. Induction of apoptosis by D-limonene is mediated by inactivation of Akt in LS174T human colon cancer cells. *Oncol Rep.* 2013;29:349–54.
 59. Arunasree KM. Anti-proliferative effects of carvacrol on a human metastatic breast cancer cell line, MDA-MB 231. *Phytomedicine Int J Phytother Phytopharm.* 2010;17:581–8.
 60. da Silva EBP, Matsuo AL, Figueiredo CR, Chaves MH, Sartorelli P, Lago JHG. Chemical Constituents and Cytotoxic Evaluation of Essential Oils from Leaves of *Porcelia macrocarpa* (Annonaceae). *Nat Prod Commun.* 2013;8: 1934578X1300800. <https://doi.org/10.1177/1934578X1300800237>.
 61. Li DQ, Pan SH, Zhu XW, Tan L, Cao YF. Anticancer activity and chemical composition of leaf essential oil from *Solidago canadensis* L. in China. *Adv Mater Res.* 2011;347–353:1584–9. <https://doi.org/10.4028/www.scientific.net/AMR.347-353.1584>.
 62. Zhao L, Zhao X, Zhao K, Wei P, Fang Y, Zhang F, et al. The α -tocopherol derivative ESeroS-GS induces cell death and inhibits cell motility of breast cancer cells through the regulation of energy metabolism. *Eur J Pharmacol.* 2014;745:98–107.
 63. Utage BG, Patole MS, Nagvenkar PV, Kamble SS, Gacche RN. *Prosopis juliflora* (Sw.), DC induces apoptosis and cell cycle arrest in triple negative breast cancer cells: in vitro and in vivo investigations. *Oncotarget.* 2018;9:30304–23. <https://doi.org/10.18632/oncotarget.25717>.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.