


REVIEW

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# Macrophage polarization in innate immune responses contributing to pathogenesis of chronic kidney disease



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## Abstract

Chronic kidney disease (CKD) is characterized by inflammation, injury and fibrosis. Dysregulated innate immune responses mediated by macrophages play critical roles in progressive renal injury. The differentiation and polarization of macrophages into pro-inflammatory 'M1' and anti-inflammatory 'M2' states represent the two extreme maturation programs of macrophages during tissue injury. However, the effects of macrophage polarization on the pathogenesis of CKD are not fully understood. In this review, we discuss the innate immune mechanisms underlying macrophage polarization and the role of macrophage polarization in the initiation, progression, resolution and recurrence of CKD. Macrophage activation and polarization are initiated through recognition of conserved endogenous and exogenous molecular motifs by pattern recognition receptors, chiefly, Toll-like receptors (TLRs), which are located on the cell surface and in endosomes, and NLR inflammasomes, which are positioned in the cytosol. Recent data suggest that genetic variants of the innate immune molecule apolipoprotein L1 (APOL1) that are associated with increased CKD prevalence in people of African descent, mediate an atypical M1 macrophage polarization. Manipulation of macrophage polarization may offer novel strategies to address dysregulated immunometabolism and may provide a complementary approach along with current podocentric treatment for glomerular diseases.

**Keywords:** Apolipoprotein L1, Chronic kidney disease, Immunometabolism, Innate immunity, Macrophage polarization

## Background

Chronic kidney disease (CKD) bears a major global health burden, with an estimated prevalence of 8 to 16% of the population worldwide [1, 2]. CKD is manifested by chronic inflammation, with sustained, unsuccessful injury-repair cycles and subsequent fibrosis [3] and these processes involve both protective and pathogenic roles of macrophages [3].

Macrophages are a central component of the innate immune system, which is the first line of defense against endogenous pathogens (defined as pathogens normally present in some tissue compartment) and exogenous pathogens (defined as pathogens not present in a healthy host). Innate responses involve non-specific immune functions (e.g., cytokine release) that are induced upon detection of pathogen-associated molecular patterns (PAMPs [e.g., bacterial lipopolysaccharide]) and host-derived damage-associated molecular patterns (DAMPs [e.g., mitochondrial DNA]) by pattern recognition receptors (PRRs), [4] of which the best studied in association with CKD are membrane-bound Toll-like receptors

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(TLRs) and cytosolic nucleotide-binding oligomerization domain (NOD)-like receptors (NLRs).

Macrophages may originate from erythro-myeloid progenitors, hematopoietic stem cells or circulating monocytes [5] and display diverse phenotypes in response to the distinct tissue microenvironments in which they reside. M1 and M2 macrophage states have been introduced to describe two extremes of this diversity, which historically have been described as classically activated (M1) and alternatively activated (M2) macrophages, respectively [6]. Experimentally, M1 macrophages are typically induced by exposure to interferon- $\gamma$  and/or lipopolysaccharide and are considered pro-inflammatory, while M2 macrophages are induced by interleukins (IL) like IL-4, IL-13, and IL-33, and are considered anti-inflammatory [7, 8], which can be further subcategorized into three subgroups: M2a macrophages are induced by IL-4 and/or IL-13, induce anti-inflammatory, wound healing and tissue fibrosis; M2b macrophages are induced by immune complexes in combination of LPS and/or IL-1R ligands, function in immunoregulation; M2c macrophages are induced by IL-10, transforming growth factor (TGF)- $\beta$  or glucocorticoids, contribute to immunosuppression, matrix deposition and tissue remodeling [7, 8]. As these pure in vitro stimulation conditions are somewhat artificial and reductionist, it is generally recognized that the M1 and M2/M2 subset states are largely idealized and that macrophage polarization in vivo is much more complex, characterized by a continuum of functional phenotypes. Recently, stimulus-specific nomenclature has been proposed for macrophage states, for example, listing the stimulus in brackets such as M [interferon- $\gamma$ ], M [IL-4], or M [IL-1c], as has specification of macrophage states by cell surface markers, such as CD11b<sup>+</sup>Ly6C<sup>high</sup>, CD14<sup>high</sup>CD16<sup>low</sup>, CD206<sup>-</sup>CD68<sup>+</sup>, and CD206<sup>+</sup>CD68<sup>+</sup> [9, 10]. Although it is an over-simplification this review will use the 'M1' and 'M2' dichotomy terminology, in most cases, to align with the existing literature and distinct Th1 and Th2 adaptive immune system of which macrophages is associated.

## Main text

### **Macrophage polarization and chronic kidney diseases**

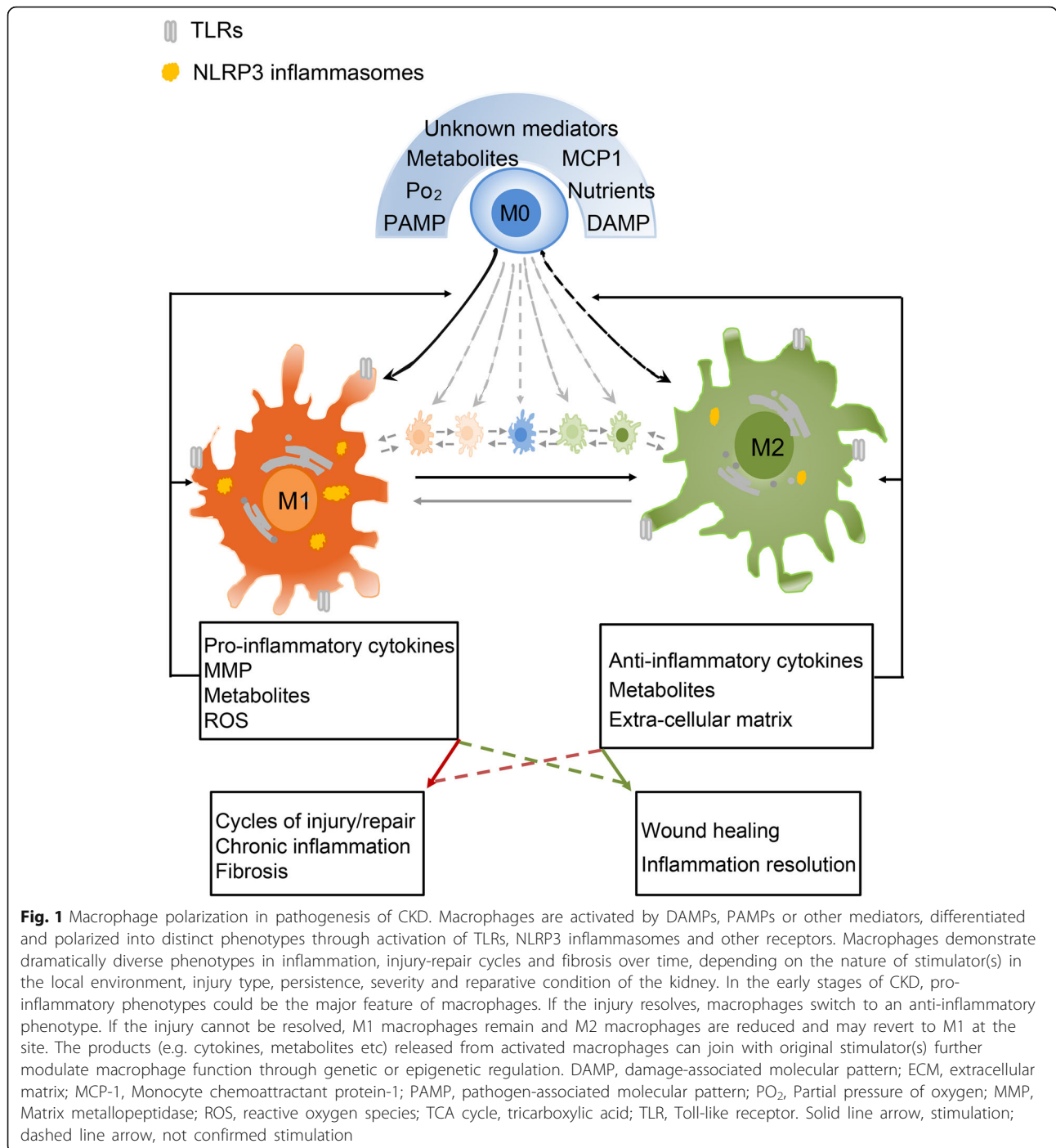
Chronic inflammation plays a leading role in the progression of CKD. Macrophages recognize exogenous PAMPs and/or DAMPs released from damaged tissue and polarize into an M1 phenotype, leading to the release of pro-inflammatory cytokines, chemokines and reactive oxygen species (ROS), and consequent bystander kidney tissue damage [8]. The renal inflammation and injury subsequently initiate healing processes and macrophages repolarize to an M2 phenotype, releasing anti-inflammatory cytokines, chemokines, proangiogenic

mediators, and growth factors. If renal inflammation and injury cannot be resolved, resulting in chronic inflammation, [7, 8] the recurring repair and wounding is enhanced [11], with progressive decline of renal function and development of tissue fibrosis (Fig. 1).

M1 macrophages are a characteristic feature of chronic inflammation in CKD. These cells typically display high cell surface expression of CD16, CD32, CD80, CD86, major histocompatibility complex class (MHC) II and IL-1 receptor (IL-1R), production of pro-inflammatory cytokines such as IL-1, IL-6, IL-12, and IL-23, and high expression of oxidative and tissue-remodeling proteins such as inducible nitric oxide synthase (iNOS), matrix metalloproteinase and macrophage-inducible C-type lectin [7]. Plasma pro-inflammatory biomarkers such as TNF were increased in CKD patients in the Chronic Renal Insufficiency Cohort study [12].

However, M2 macrophages are also a major feature of chronic renal inflammation especially during the repair phase, contributing to resolution of inflammation and tissue repair [8]. During the repair phase, M2 macrophages can be switched from M1 macrophages, or originate from in situ proliferation and differentiation from infiltrating monocytes [7, 8, 13]. M2 macrophages function in cell- and tissue- repair and wound healing through antagonizing M1 macrophage function, secreting anti-inflammatory cytokines such as IL-10, IL-22, TGF- $\beta$ , reducing neutrophil infiltration and suppressing inflammation through Fizz1, Arg1, SOCS1, and SOCS3, and performing clearance of debris and dead cells [8]. A role for M2 macrophages in repair of renal injury has been observed in both in vitro and in vivo experiments; for example, M2 polarization prevents renal injury in the murine model of adriamycin nephropathy [8], and protects the kidney against ischemia-reperfusion injury in Netrin-1 transgenic mice [14].

Evidence from animal models and human CKD patients reveals that M2 rather than M1 macrophages are correlated with progression of fibrosis [7]; however, it is controversial whether M2 macrophages promote or attenuate fibrosis. In the murine unilateral ureteral obstruction (UUO) model, depletion of M2 macrophages reduces renal fibrosis, and adoptive transfer of M2 macrophages promotes accumulation of myofibroblasts expressing smooth muscle  $\alpha$ -actin [15] due to secretion of profibrotic factors like TGF- $\beta$ , galectin-3, and FGF [16]. In the murine anti-glomerular basement membrane model, depletion of M2 macrophages significantly reduced glomerular and interstitial collagen IV deposition, which was accompanied by a reduction in periglomerular smooth muscle  $\alpha$ -actin-positive cells [13]. The number of M2 macrophages correlates with the degree of renal fibrosis in IgA nephropathy [17] and diabetic nephropathy [18]. However, in contrast to their promotion



of fibrosis, M2 macrophages may promote resolution of renal fibrosis through fibrolytic roles by producing matrix metalloproteinases and degradation of extracellular matrix in the fibrotic kidney [11].

**Toll-like receptors in macrophage polarization**

TLRs are the best-studied macrophage PRRs in CKD. TLR molecules are transmembrane receptors that function either at the cell surface or in intracellular

membranes (i.e., endosomes). TLR1–9 are expressed in both humans and mice, while TLR10 is non-functional in mice and TLR11–13 are not expressed in humans [19]. TLR1, 2, 4, 5, 6, and 10 are expressed on the cell surface, and TLR3, 7, 8, 9, 11, 12, 13 are expressed intracellularly [20]. The cellular expression, ligands, signaling and immune response of TLRs are summarized in Table 1 [19–21]. TLRs recognize both PAMPs and DAMPs to shape inflammatory responses and renal

**Table 1** Mammalian Toll-like receptors [19–21]

Toll-like receptor	Expression	Ligand	Signaling	Shaping adaptive immune responses
TLR1 <sup>a</sup>	Cell surface monocytes/macrophages dendritic cells B lymphocytes	triacyl lipopeptides lipoproteins lipoarabinomannan	MyD88	Th1 responses
TLR2	Cell surface monocytes/macrophages dendritic cells neutrophils mast cells	glycolipids lipopeptides lipoproteins lipoteichoic acid HSP70 β-glucan zymosan tGPI-mutin	MyD88	Th17 responses Treg responses B cell produce IgM
TLR3	Intracellular compartment dendritic cells B lymphocytes	dsRNA poly I:C	TRIF	MHC I antigen presentation TCR co-receptor CD8 T cell responses
TLR4	Cell surface monocytes/macrophages dendritic cells neutrophils mast cells B lymphocytes	lipopolysaccharides HSPs fibrinogen virus structural protein heparan sulfate hyaluronic acid Mannan nickel opioids glycoinositolphospholipids	MyD88/TIRAP TRIF/TRAM	Th1 responses TNF, IL-6 production B cell IgM production
TLR5	Cell surface monocytes/macrophages dendritic cells	flagellin profilin (controversial)	MyD88	TCR co-receptor Th1, Th17 B cell IgA production
TLR6 <sup>a</sup>	Cell surface monocytes/macrophages mast cells B lymphocytes	diacyl lipopeptides lipoprotein LTA PGN zymosan β-glucan	MyD88	Th1 responses
TLR7	Intracellular compartment monocytes/macrophages dendritic cells B lymphocytes	imidazoquinoline compound thiazoquinoline compound AZ12441970 loxoribine bropirimine ssRNA short dsRNA miRNA	MyD88	TCR co-receptor B cell maturation Th17 responses
TLR8	Intracellular compartment monocytes/macrophages dendritic cells mast cells	imidazoquinoline thiazoquinoline loxoribine bropirimine ssRNA(viral) RNA(bacterial) miRNA	MyD88	TCR co-receptor
TLR9	Intracellular compartment monocytes/macrophages dendritic cells B lymphocytes	CpG DNA hemozoin	MyD88	TCR co-receptor B cell maturation Th1 responses
TLR10	Cell surface monocytes/macrophages B lymphocytes	unknown	MyD88	unknown
TLR11	Intracellular compartment monocytes/macrophages	profilin profilin-like molecule	MyD88	Th1 responses IL-12-dependent resistance to <i>T. gondii</i>

**Table 1** Mammalian Toll-like receptors [19–21] (Continued)

Toll-like receptor	Expression	Ligand	Signaling	Shaping adaptive immune responses
TLR12	Intracellular compartment monocytes/macrophages dendritic cells	profilin	MyD88	IL-12-dependent resistance to <i>T. gondii</i>
TLR13	Intracellular compartment monocytes/macrophages dendritic cells	rRNA	MyD88 TAK-1	Antigen cross-presentation

The 13 Toll-like receptors shown here are expressed on the cell surface or within the cell (i.e., in endosomal membranes), by immune cells including monocyte/macrophages, lymphocytes, dendritic cells, and mast cells. Of note, TLR1–10 are expressed in both humans and mice, TLR11–13 are not expressed in humans, while mice express TLR11–13 with TLR10 is non-functional (pseudogene) [19]. These receptors trigger signaling via the pathways shown and the signals shape the response of other immune cells and immune functions as shown. <sup>a</sup>, indicates the TLR usually functions with formation of heterodimers, i.e., TLR1/TLR2 or TLR2/TLR6

**Abbreviations:** CD cluster of differentiation, HSP heat shock protein, IL interleukin, MHC major histocompatibility complex, MyD88 myeloid differentiation primary response 88, TAK1 transforming growth factor- $\beta$ -activated kinase 1, TCR T-cell receptor, Th T helper, TIR Toll/interleukin-1 receptor, TNF tumor necrosis factor, TRIF TIR domain-containing adaptor protein including IFN- $\beta$ , TRAM TRIF-related adaptor molecule

injury and fibrotic progression through macrophage polarization in CKD.

Roles of TLRs in inflammation have been observed in both animal models and CKD patients. Activation of macrophage TLR2 induces a pro-inflammatory response and pathogenesis of nephropathy in diabetic mice [22] and inhibition of macrophage TLR2 signaling leads to suppressed diabetic nephropathy [23]. TLR4 expression is significantly higher in stage 3 and 4 CKD patients than healthy controls and is positively correlated with serum levels of TNF- $\alpha$ , IL-6 and MCP-1 in CKD patients [24]. Activation of TLR9 coincides with accumulation of M1 macrophages and increased expression of pro-inflammatory cytokines in the renal interstitial compartment [25]. Of interest, high density lipoprotein from CKD patients activates TLR2 in macrophages, inducing pro-inflammatory cytokines, but is deficient in inducing protective cholesterol efflux [26, 27]. Expression of TLR4 on macrophages and serum IL-6 concentrations are increased during and post-haemodialysis compared to the baseline levels in stage 3 and 4 CKD patients [28]. Taken together, this suggests that activation of TLRs on macrophages not only initiates inflammatory responses and M1 macrophage polarization but also that the uremic environment induces high expression of TLRs, further amplifying pro-inflammatory cytokine production and inflammatory responses in CKD animal models and patients. This increased inflammatory reaction could be one of the major contributors to the high risk of atherosclerosis observed in CKD patients.

The role of TLRs on macrophages in tissue injury is better known in the context of liver wound healing. Deficiency of TLR4 protects against liver injury in various animal models including bile duct ligation and experimental alcoholic and non-alcoholic steatohepatitis; similar findings are also observed in mice deficient in CD14, a TLR4-binding protein, and MyD88 and Trif, TLR4 adaptor molecules, together indicating a critical role for TLR4 in liver injury [29]. A recent study has demonstrated that TLR7 activation also plays important roles

in liver injury and progression of early alcoholic liver disease through a Stat3-dependent mechanism [30]. Unlike the liver, the kidney is rarely exposed to bacterial PAMPs. However, levels of endogenous TLR ligands (i.e., DAMPs) increase in the injured kidney. In the kidney, TLR2 and TLR4 are important in the injury of glomerulonephritis, such as lupus nephritis [19]. IL-1 receptor-associated kinase-M, a macrophage-specific TLR inhibitor, improves resolution of kidney injury through reduction of M1 macrophage and TNF- $\alpha$  production [25]. In other contexts, such as bisphosphonate-related osteonecrosis of the jaw, TLR4 inhibition enhances M2 and decreases M1 macrophage polarization, leading to wound healing of the extraction socket [31], and TLR2 activates more strongly in M2 than in M1 macrophages in rheumatoid arthritis patients [32]. TLR4 and other TLRs may thus play roles in the excessive deposition of collagen and other extracellular matrix proteins during the repeated and prolonged injury of kidney tissue in CKD animal models and patients; we posit that this warrants further investigation.

TLRs also contribute to renal fibrosis in chronic renal injury. The crucial pro-fibrotic role of TLR4 has been revealed by TLR4-deficient mice. TLR4-deficient mice exhibit decreased matrix metalloproteinase activity and a significant reduction in fibroblast accumulation and oxidative stress in hypertensive kidneys [33]. Downregulation of TLR4 and its downstream signaling shifts macrophage polarization from an M1 towards an M2 phenotype and ameliorates renal interstitial fibrosis, glomerulosclerosis, and renal functional loss in the early stages of UUO [34] and adriamycin nephropathy in rats [35]. Mutation of TLR4 protects mice from development of inflammation and renal injury including albuminuria, glomerulosclerosis, and renal fibrosis after nephrectomy with angiotensin II infusion, as revealed by C3HeJ TLR4 mutant mice [36]. Deficiency of MyD88, a common adaptor molecule of TLRs, significantly reduces lesions of the glomerular filtration barrier and collagen deposition and leads to reduction of fibrosis after UUO [37].

### NLRP3 inflammasomes in macrophage polarization

Like TLRs, Nod-like receptor (NLR) inflammasomes are PRRs important in the macrophage polarization associated with pathogenesis of CKD [38]. The nucleotide-binding domain, leucine-rich-containing family, pyrin domain-containing-3 (NLRP3) inflammasome is the best characterized member of the NLR inflammasome family. Renal macrophages express all components of NLRP3 inflammasomes, which can sense PAMPs from pathogens or DAMPs released from injured renal tissue including ROS, ATP, extracellular matrix components, oxalate and cholesterol crystals, excess glucose, ceramides, amyloids, urate, and potassium efflux, although in several of these cases, the responses are likely not via direct interaction with NLRP3 [39, 40].

In macrophages, NLRP3 activation can be primed by TLRs (step 1), which activates NF- $\kappa$ B or a non-NF- $\kappa$ B pathway to produce pro-IL-1 $\beta$  and pro-IL-18; step 2 involves the oligomerization of NLRP3 with recruitment of the adaptor molecule apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC) and pro-caspase-1. Active caspase-1 or caspase-11 then cleaves pro-IL-1 $\beta$  and pro-IL-18 to produce mature cytokines IL-1 $\beta$  and IL-18 [41]. Both IL-1 $\beta$  and IL-18 are among the most potent pro-inflammatory cytokines and are important in M1 macrophage polarization [42, 43]. Deficiency of IL-1 $\beta$  attenuates progression of mouse glomerulonephritis with less crescent formation [11], indicating the importance of IL-1 $\beta$  in the pathogenesis of CKD in mice. IL-18, an interferon- $\gamma$ -inducing factor, is important in lipopolysaccharide-induced macrophage M1 polarization, [44] subsequent inflammation and progression of CKD, [38] and cardiovascular events in CKD patients [45]. NLRP3, IL-1 $\beta$ , and IL-18 are significantly upregulated in chronic kidney disease patients undergoing hemodialysis treatment, indicating that the NLRP3 inflammasome may be activated in and contribute to chronic inflammation in CKD [46].

Chronic inflammation can cause irreversible glomerular and tubular injury and renal functional loss. In 5/6 nephrectomy Munich-Wistar rats, macrophage infiltration is evident after ablation, the NLRP3 inflammasome is activated, and M1 macrophage-related gene expression is increased; furthermore, the glomerulosclerosis index is significantly higher with a progressive increase in albuminuria, creatinine retention, and higher blood pressure compared to the control rats [47]. In nephrocalcinosis-related CKD mice, deposition of oxalate crystal and tubular injury are associated with activation of NLRP3 inflammasomes; inhibition of NLRP3 induces a shift of macrophages from CD45<sup>+</sup>F4/80<sup>+</sup>CD11b<sup>+</sup>CX3CR1<sup>+</sup>CD206<sup>-</sup>, an M1 pro-inflammatory state, to CD45<sup>+</sup>F4/80<sup>+</sup>CD11b<sup>+</sup>CD206<sup>+</sup>TGF $\beta$ <sup>-</sup>, an M2 anti-inflammatory phenotype, and attenuates the

progression of CKD [48]. In the Tokushima rat model, activation of NLRP3 inflammasomes accelerates macrophage recruitment and M1 polarization, promoting CXCL12 and high mobility group box-1 release in the proximal tubule, and contributing to the progression of diabetic nephropathy [49]. It is also observed clinically that NLRP3 inflammasomes are activated and mature IL-1 $\beta$  is released in anti-neutrophil cytoplasmic antibody-associated glomerulonephritis patients [50].

NLRP3 activation also exacerbates renal fibrosis in CKD. In CKD animal models and human patients, the NLRP3 inflammasome components are upregulated in infiltrating macrophages and other immune cells as well as in podocytes and renal tubular epithelial cells [51]. Inflammasome activation escalates the inflammatory response in macrophages and the crosstalk between macrophages with other immune cells and renal parenchymal cells [52]. In IgA nephropathy mice, NLRP3 inflammasomes in macrophages are activated by IgA immune complexes, leading to the loss of mitochondrial integrity and induction of mitochondrial ROS production [53]. In UUO mice, the severity of renal fibrosis correlates with infiltration of M1 macrophages [54], which is related to the increase of NLRP3 expression and activation [55]. Blockage of NLRP3 attenuates macrophage infiltration, M1 polarization, decrease in gene expression of connexins, TGF- $\beta$ , *connective tissue growth factor* and  *$\alpha$ -smooth muscle actin*, reduction of extracellular matrix deposition, and prevents renal fibrosis and loss of renal function [48, 54, 55].

Activation of intrarenal NLRP3 inflammasomes releases IL-1 $\beta$ , IL-18 and other pro-inflammatory cytokines, which is associated with increased renal inflammation, injury, and fibrosis, and reduced renal function, whereas NLRP3 inhibition induces a shift of infiltrating renal macrophages from a pro-inflammatory and profibrotic phenotype to an anti-inflammatory and anti-fibrotic phenotype, and prevents renal injury and fibrosis in CKD animals and human patients [38, 48]. Therefore, the inflammasome-IL1 $\beta$ /IL-18 axis represents an important mechanism for the pathogenesis of CKD. Of note, recent evidence also demonstrates a role for inflammasome-independent NLRP3 pathways in macrophages and macrophage polarization associated with CKD [40, 48, 54], which needs further investigation.

### Apolipoprotein L1 in macrophage function

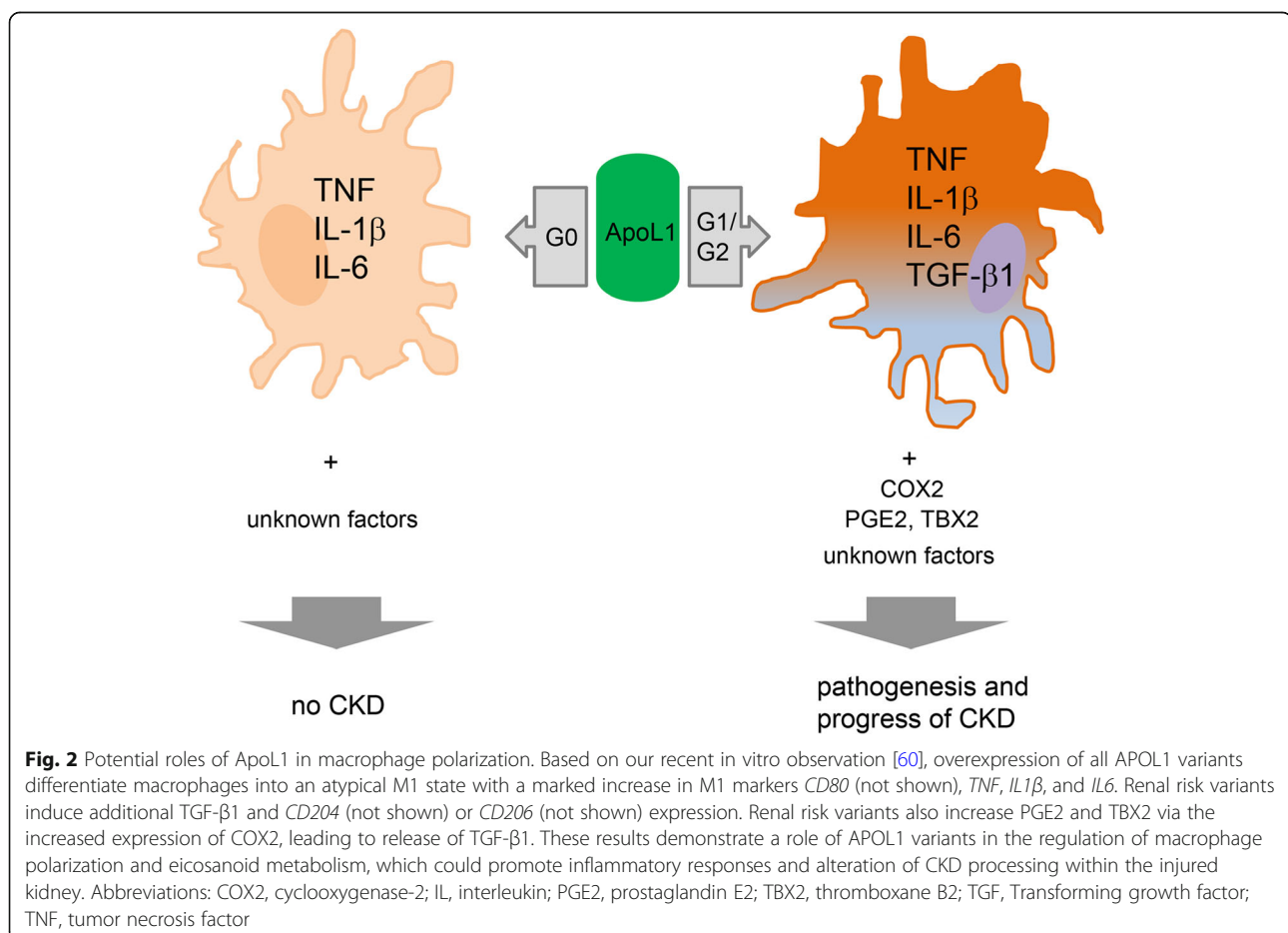
Among many other macrophage molecules relevant to innate immunity in the kidney, apolipoprotein L1 (APOL1) is particularly notable for its role in conferring innate immunity to trypanosomal infections and the association of its risk variants with CKD in humans [56]. APOL1 is a minor protein component of human plasma high-density lipoprotein particles and confers innate

immunity to trypanosomal infections [57]. APOL1 forms pores in lysosomes [58] and planar lipid bilayers [59] of trypanosoma and this ability to compromise membrane integrity likely contributes to its cellular toxicity in the kidney (Fig. 2). Two common coding variants in *APOL1*, G1 and G2, but not the wild type G0, are associated with increased risk of CKD in individuals with sub-Saharan African ancestry [61, 62]. *APOL1* family genes are upregulated by pro-inflammatory cytokines interferon  $\gamma$  and TNF, and APOL1 can restrict HIV-1 replication in macrophages in vitro [63, 64].

Recent investigation of the molecular mechanisms underlying APOL1-associated CKD suggests increased innate immune function, leading to inflammatory cellular injury or death. *APOL1* high-risk variants increase kidney expression of ubiquitin D and chemokines CXCL9 and CXCL11 [65]. In *APOL1* overexpressing THP-1 macrophages, all three APOL1 isoforms cause monocytes to differentiate into atypical M1 macrophages (Fig. 2) with a marked increase in M1 markers *CD80*, *TNF*, *IL1B*, and *IL6* and a modest increase in the M2 marker *CD163* [60]. It seems this atypical M1 polarization itself is not sufficient to induce CKD,

because *APOL1-G0* induces this atypical M1 polarization as well [60]. Over-expression of APOL1 risk variants increases gene expression of the pro-inflammatory cytokines such as TNF, IL-1 $\beta$  and IL-6; increases gene and protein expression of TGF- $\beta$ ; and increases production of prostaglandin E2 [60]. Although *APOL1* renal risk variant-induced pro-inflammatory cytokines are consistent with M1 polarization, there is also an increase in prostaglandin E2 that promotes increased expression of IL-10, mannose-receptor c-type 1 and arginase 2 genes and a decrease in ROS production. This indicates that *APOL1* renal risk variant-mediated expressing macrophages have some M2 features [66].

APOL1 is expressed in macrophages [66, 67] and renal parenchymal cells including podocytes, mesangial cells and endothelial cells [68]. It is not yet clear whether APOL1-associated CKD is caused by direct roles of APOL1 risk variants on podocytes and other renal parenchymal cells or indirectly through innate immune responses by macrophage differentiation and polarization and subsequent interaction with renal parenchymal cells. Recent evidence demonstrates that an antisense oligonucleotide of APOL1 efficiently protects against IFN- $\gamma$ -



induced proteinuria in APOL1-G1 transgenic mice [68], indicating that APOL1-induced M1 macrophage secretion of interferon  $\gamma$ , M1 polarization and subsequent pro-inflammatory immune responses play at least partial roles in the APOL1-associated CKD. In podocytes, TLR3 activation increases APOL1 expression by upregulating interferon-dependent or interferon-independent pathway [69], and APOL1 risk variants upregulate protein expression of NLRP3 inflammasome components and activation of NLRP3 inflammasomes [70]. Whether APOL1 risk variants interact with TLRs and activate NLRP3 inflammasomes in macrophages and play roles in macrophage polarization and progress of CKD warrants further investigation.

### Immunometabolism in macrophage polarization

Cellular metabolism is now recognized to be important in macrophage polarization and function including antigen presentation, clonal expansion, and wound healing [71, 72]. The study of macrophage immunometabolism holds great potential to deepen our understanding of macrophage biology and identify potential therapeutic targets [73, 74]. Different immune activities require that M1 and M2 macrophages adapt their cellular metabolism in order to produce specific metabolites and to meet energy demands (Fig. 3). A key difference between M1 and M2 macrophages is the metabolism of arginine. M1 macrophages metabolize arginine to nitric oxide and citrulline via nitric oxide synthase 2, and these products are pro-inflammatory, cytotoxic, and in turn increase production of reactive oxygen and nitrogen species. In contrast, M2 macrophages express arginases, ornithine decarboxylase and spermidine oxidase, which hydrolyzes arginine and produces ornithine and polyamines [75], suppressing pro-inflammatory responses and promoting repair of tissue damage. In concert with pro-inflammatory nitric oxide production, M1 macrophages upregulate flux through the pentose phosphate pathway and increase production of NADPH, which is required for the generation of NADPH oxidase-derived ROS. On the other hand, M2 macrophages exhibit suppression of the pentose phosphate pathway [76]. The different functions of M1 and M2 macrophages are also associated with characteristic energy metabolic alterations. M1 macrophages mainly rely on glycolysis for energy, while M2 macrophages mainly use mitochondrial oxidative phosphorylation [77].

Stimulation of TLRs induces increased glycolytic metabolism in macrophages, which shows a similar glucose metabolic pattern as classically activated M1 macrophages [78]. This increased glycolysis is thought to allow macrophages to rapidly process carbon from glucose and glutamine to generate biomolecules such as cytokines, chemokines, and other inflammatory mediators

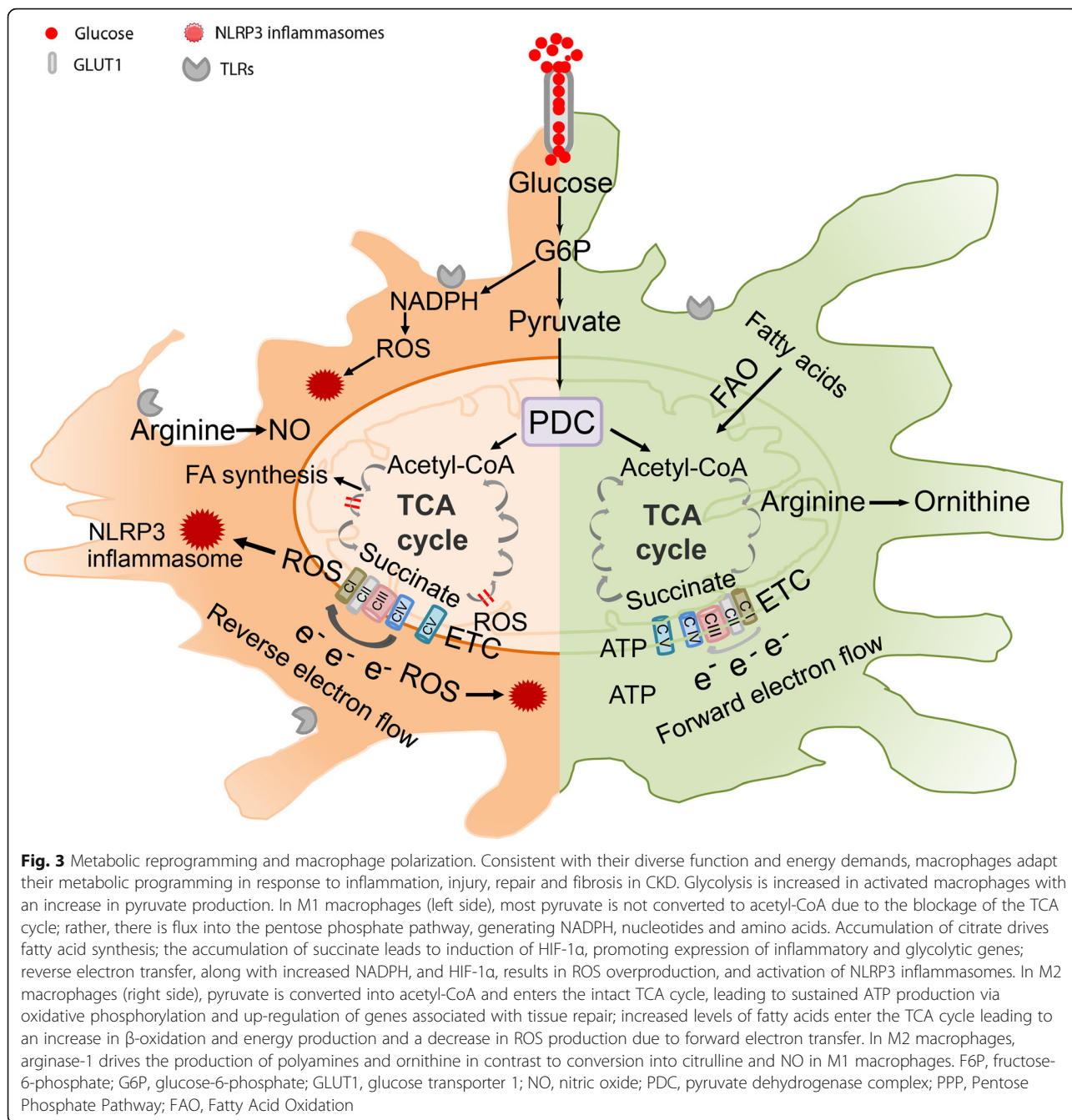
during the acute immune response to infection [78]. The metabolic profile can be different with activation of different TLRs in macrophages. For example, activation of TLR4 by LPS increases glycolysis and decreases oxidative phosphorylation, while activation of TLR2 by Pam3-CysSK4 increases glycolysis, oxygen consumption rate and mitochondrial activity [79]. NLRP3 inflammasomes are an important regulator of glycolysis [77]. NLRP3 inflammasomes have been shown to sense metabolites such as palmitate, uric acid, and cholesterol crystals and regulate glucose homeostasis [80]. In NLRP3-deficient mice, reduction of pro-inflammatory cytokines is associated with reduction of pro-inflammatory factor MCP-1 and macrophage infiltration, which protected from development of high fat diet-induced obesity and diabetic nephropathy [81]. A recent study reveals that activation of NLRP3 inflammasomes and the subsequent M1 macrophage polarization increases expression of glycolytic enzymes and production of fructose 2, 6-bisphosphate, which can be inhibited by blockage of NLRP3 in macrophages [82]. Whether APOL1 modulates metabolic reprogramming associated with macrophage polarization in CKD is not well understood.

The pyruvate dehydrogenase complex, consisting of mitochondrial enzymes linking glycolysis and the tricarboxylic acid cycle, contributes to the pathogenesis of hypertension in spontaneously hypertensive rats [83], and might play roles in macrophage polarization associated with activation of TLRs, NLRP3 inflammasomes, and expression of APOL1 risk variants. Pyruvate drives the tricarboxylic acid cycle within mitochondria. Accumulation of pyruvate and its conversion into acetyl-CoA support production of mitochondrial ROS via reverse electron transport coupled with oxidative phosphorylation and ATP production, fatty acid synthesis, and lipogenesis, which supports optimal inflammatory responses of M1 macrophages. The expression of enzymes that regulate pyruvate dehydrogenase activity (e.g. pyruvate dehydrogenase kinases and phosphatases) may be concurrently induced in a given M1 or M2 cell type, but are also tightly regulated by the cellular microenvironment (Fig. 3). Identifying novel molecules able to modify the metabolism of polarized macrophages and lymphocytes in the kidney and able to modify the course of progressive CKD represents a promising avenue of investigation.

### Therapeutic approaches

Preclinical and clinical studies have exploited knowledge about macrophage polarization to design and test therapeutic interventions. Innate immune responses through diverse PRRs are critical to macrophage polarization and subsequent signaling cascades and release of pro- and anti-inflammatory cytokines, which shape the progression of CKD. Recent enthusiasm in the effect of innate





immune responses on macrophage polarization has led to the targeting of these macrophage polarization checkpoints for potential novel therapy of CKD.

Blockade of TLR receptors and/or of their downstream signaling adaptors has proven an attractive therapeutic strategy for other disorders [84], and thus could also hold promise for CKD. Eritoran, a specific TLR4 inhibitor, has shown promise in attenuation of inflammation of experimental dry eye diseases, influenza infection, and liver ischemia-reperfusion injury [85]. TAK-242, another TLR4 inhibitor, ameliorates progressive tissue fibrosis in

preclinical fibrosis animals and in systemic sclerosis patients [86]. OPN-305, a humanized anti-TLR2 antibody, decreased serum IL-6 level in a randomized, double-blind, placebo-controlled clinical trial [87]. Oligonucleotide-based antagonist compounds containing a (5-methyl-dC)p (7-deaza-dG) or (5-methyl-dC) p (arabino-G) motif targeting TLR7, 8, and 9 have been reported to protect renal function in certain CKD in clinical trials [88].

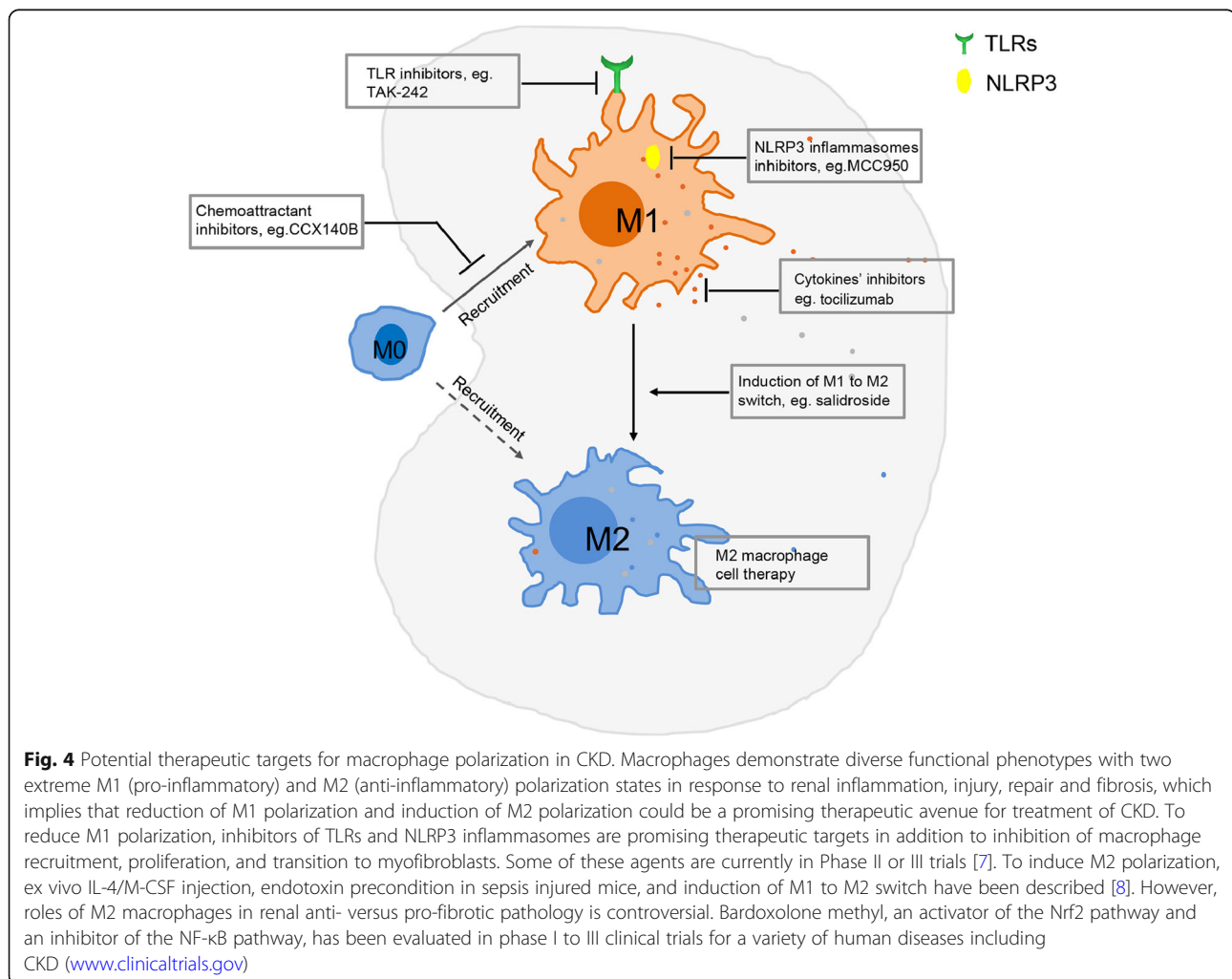
Strategies targeting NLRP3 inflammasomes have mainly focused on the downstream proteins IL-1 $\beta$  and caspase-1. Anakinra, recombinant IL-1Ra, is effective in

gout flares in patients with advanced CKD; canakinumab, an anti-IL-1 $\beta$  antibody, results in a significant reduction in the rate of major cardiovascular events in patients with CKD; belnacasan, a selective caspase-1 inhibitor, reduces fibrosis formation in UUO mice; MCC950, a specific NLRP3 inflammasome blocker, has been shown to reduce both IL-1 $\beta$  and IL-18 production and fibrosis in crystal-induced nephropathy mice [89].

Febuxostat and allopurinol, two urate lowering reagents, have been demonstrated to inhibit both TLR and NLRP3 inflammasome activation and subsequent M1 polarization, and are recent promising drugs for CKD or CKD complications. Currently, there are six clinical trials of these urate lowering reagents for CKD or CKD complications. Currently, there are six clinical trials of these urate lowering reagents for CKD patients in the US and UK listed in Clinical-trial.gov. A pilot trial has so far shown that allopurinol improves renal function in diabetic nephropathy patients, lowers systolic blood pressure, and reduces the progression of renal disease in subjects with CKD [90]. A Phase IV clinical trial to investigate febuxostat, another urate-lowering reagent, on renal function

in CKD patients is enrolling participants (Clinical-Trials.gov Identifier: NCT03990363).

The above PRR-targeting agents primarily inhibit inflammation and decrease M1 macrophage polarization. Some agents that directly target macrophages and macrophage polarization, for example, injection of genetically overexpressed IL-4 macrophages [91] or transfusion of IL-4/IL-13-differentiated bone-marrow macrophages [92] have shown a consequent M2 macrophage phenotype and reduction of the degree of renal glomerular inflammation and injury in rodents with nephrotoxic nephritis. Curcumin, a glucose metabolic homeostasis modulator, suppresses the M1 response while promoting an M2 response that enhances macrophage-mediated phagocytosis [93], and could draw attention for potential application in CKD. Other agents investigated target molecules in the local microenvironment such as cytokines and ROS. For example, deletion of TNF from macrophages is associated with lower plasma creatinine and albuminuria in murine diabetic nephropathy; of note, three TNF blockers have been



approved for clinical treatment of rheumatic diseases [94]. Tocilizumab, an anti-IL-6 receptor antibody, has been used for treatment of rheumatic diseases, and is now under investigation for the treatment of CKD [95]. Anti-oxidants, which target NF E2-related factor-2/heme oxygenase-1 signaling and contribute to the M1 to M2 phenotype switch, are potential therapeutic targets in diabetic nephropathy [96]. IL-10, TGF- $\beta$  and IL-4, IL-13-induced M2 macrophages exhibit protection of renal damage in the murine adriamycin nephropathy model [7]; however, the effect of IL-10 is still unresolved in a clinical trial [97]. Anti-fibrotic therapies such as pirfenidone and FG3019 targeting TGF- $\beta$  and connective tissue growth factor in clinical trials also show intriguing potential for clinical usage [98].

Although most of these agents have not been approved for use in CKD patients, it should be noted that many preclinical and preliminary clinical findings have shown that the modulation of innate immune responses through macrophage polarization is an alternative approach for therapy of CKD (Fig. 4).

## Conclusions

The studies reviewed here demonstrate that the innate immune responses associated with macrophage polarization contribute to the pathogenesis and progression of CKD. Macrophage polarization is highly dynamic and is influenced by innate immune responses, which are altered during CKD progression. TLRs, NLRP3, APOL1 and its risk variants, their downstream signaling, and associated alteration of metabolic processes such as glycolysis and the tricarboxylic acid cycle contribute to the diversity of macrophage polarization and function in CKD. Substantial progress has been made in defining the molecular mechanisms underlying macrophage diversity *in vitro*. However, limited *in vivo* studies have been performed to identify macrophage states and to establish their precise roles in the development or amelioration of CKD. Next-generation sequencing-based approaches including whole genome sequencing, whole exome sequencing, and RNA-seq will likely identify various genetic and epigenetic alterations important in macrophage polarization associated with CKD. Exploring the full spectrum of innate and adaptive immune responses and regulation of macrophage and lymphocyte polarization holds tremendous promise to provide novel therapeutic targets for progressive CKD.

## Abbreviations

APOL1: apolipoprotein L1; ASC: adaptor molecule apoptosis-associated speck-like protein containing a caspase recruitment domain; ATP: adenosine triphosphate; CD: cluster of differentiation; CKD: chronic kidney disease; DAMP: damage associated molecular patterns; IL: interleukin; LPS: lipopolysaccharides; MCP: monocyte chemoattractant protein-1; MHC: major histocompatibility complex; NADPH: nicotinamide adenine dinucleotide phosphate; NLR: cytosolic nucleotide-binding oligomerization

domain (NOD)-like receptors; NLRP3: nucleotide-binding domain, leucine-rich-containing family, pyrin domain-containing-3; NOS: nitric oxide synthase; PAMP: pathogen-associated molecular pattern; PRR: pattern recognition receptors; ROS: reactive oxygen species; TGF: transforming growth factor; TLR: toll-like receptors; TNF: tumor necrosis factor; UUO: unilateral ureteral obstruction

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## Authors' contributions

HL and JBK drafted manuscript; HL and JBK prepared tables/figures; HL, MBF, PQ, JH and JBK edited and revised manuscript and approved final version of manuscript.

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## Availability of data and materials

Data for this review were identified by searching MEDLINE, PubMed and references from relevant articles using the search terms "macrophage", "macrophage polarization", "M1" or "M2", "chronic kidney disease" OR "chronic renal disease", "toll-like receptor", "NLRP3" and "innate immunity". To limit the number of references, more recently published papers referring to several previously published articles were cited, if possible. Only articles published in English were selected.

## Ethics approval and consent to participate

Not applicable.

## Consent for publication

Not applicable.

## Competing interests

The authors declare no conflict of interest.

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