

POSTER PRESENTATION

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An evaluation of deep-forehead temperature (spoton[®]) in ICU patients after cardiac surgery

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Introduction

Core temperature is important for the safety of patients in ICU. Although blood temperature (T_{bl}) has been accepted as the gold standard for core temperature monitoring, it requires an invasive procedure. A recently developed new thermometer, SpotOn[®] (3M, St. Paul, MN) that measures deep-forehead temperature (T_{df}) can measure core temperature during surgery in a noninvasive manner. However, its accuracy in ICU patients is not known.

Objectives

The purpose of this study is to compare the accuracy of T_{df} with pulmonary artery blood temperature (T_{pa}) in ICU patients. In addition, we compared the accuracies of T_{df} and T_{bl} to determine which value is closer to T_{pa}.

Methods

We studied 20 postoperative cardiac surgery patients. To monitor their core temperature, we measured T_{pa} using a pulmonary artery thermistor catheter. We used SpotOn[®] and a urinary thermistor catheter to measure T_{df} and T_{bl}, respectively. All temperatures were recorded at 1-min intervals after patients' admission to ICU; temperature recording continued until the pulmonary artery catheter was removed. We considered T_{pa} as the reference value and compared T_{df} and T_{bl} with T_{pa} using Bland-Altman analyses. We determined an accuracy of 0.5°C to be clinically acceptable. The differences between T_{df}/T_{bl} and T_{pa} were analyzed using paired Student's t-test. A p-value of < 0.05 was considered statistically significant.

Results

Among the 20 patients, 16 were males and 4 were females (mean age, 66.0 years, range 45-78 years; mean weight 56.2 kg, range 43-66.7 kg; mean height 159.5 cm,

range 117.2-178.0 cm). The mean duration of measurement was 865 min (range, 251-2283 min). A total of 16407 value points were analyzed. T_{pa} ranged from 35.6°C to 39.2°C. The mean average difference between T_{df} and T_{pa} (i.e., T_{df} minus T_{pa}) was -0.28°C (95% limits of agreement: ± 0.88); 79.0% of the differences were ≤ 0.5°C. The mean average difference between T_{bl} and T_{pa} was 0.04°C (95% limits of agreement: ± 0.60); 94.5% of the differences were ≤ 0.5°C. The difference between T_{bl} and T_{pa} was significantly smaller than the difference between T_{df} and T_{pa} (p = 0.000).

Conclusions

We conclude that T_{df} has clinically sufficient accuracy but its accuracy is inferior to that of T_{bl}.

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Reference

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