REVIEW

Nonphosphorylating Oxidation in Mitochondria and Related Processes

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> Received July 28, 2020 Revised September 17, 2020 Accepted September 17, 2020

Abstract—The mechanism of oxidative phosphorylation and its regulation remain one of the main problems of bioenerget ics. Efficiency of the mitochondrial energization is determined by the relationship between the rate of generation of elec trochemical potential of hydrogen ions and the rate of its expenditure on the synthesis of ATP and the use of ATP in ender gonic reactions. Uncoupling (partial or complete), which occurs in the process of uncontrolled and controlled leakage of ions through the inner mitochondrial membrane, on the one hand leads to the decrease in the relative synthesis of ATP, and on the other, being consistent with the law of conservation of energy, leads to the formation of heat, generation of which is an essential function of the organism. In addition to increased thermogenesis, the increase of non-phosphorylating oxida tion of various substrates is accompanied by the decrease in transmembrane potential, production of reactive oxygen species, and activation of oxygen consumption, water and carbon dioxide production, increase in the level of intracellular ADP and acidification of the cytosol. In this analysis, each of these factors will be considered separately for its role in regulating metabolism.

DOI: 10.1134/S0006297920120093

Keywords: mitochondria, water, thermogenesis, swelling, bioenergetics, uncoupling

INTRODUCTION

Oxidative phosphorylation in the modern interpreta tion means coupling of the substrate oxidation, accompa nied by generation of the electrochemical potential of hydrogen ions with its use by ATP synthase. This concept of coupling a priori assumes that the chemical energy stored during the substrate oxidation is initially trans formed into electrochemical energy, and then again into chemical energy stored in the high-energy ATP bond. The degree of coupling between these processes deter mines efficiency of the integral process, that is, to what degree the oxidation energy is converted into the chemi cal energy of the macroergic bond in the ATP molecule. This means that at the high degree of coupling of oxida tion with phosphorylation (that is, at the maximum pos sible conversion of the energy released by the electron transfer along the mitochondria respiratory chain into the

THERMOGENESIS It is improper to consider the heat released as a result of mitochondrial oxidation as an unnecessary and useless loss, since this released heat is the main way to maintain temperature, primarily in homoiothermic animals, to

coupling elements.

energy stored in ATP), a large amount of ATP is formed (maximum three molecules per one molecule of oxidized NADH), and at the low degree of coupling less than three ATP molecules is formed. It is known from experiments that in any case, at least 1/3 of the oxidation energy is not associated with the synthesis of ATP, but rather is released as heat [1]. Literally speaking, the oxidative metabolism of substrates produces ATP, water, $CO₂$, and releases heat. We will briefly discuss separately all these components and some ways to regulate them, taking into account the

which humans belong. Moreover, the release of heat as a

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result of mitochondrial oxidation should not be consid ered as an imperative parasitic leak, but as a finely regu lated physiologically necessary process that affects the coupling mechanism of oxidative phosphorylation.

This seemingly trivial idea was first suggested by V. P. Skulachev in 1960 on the basis of measurements of the P/O coefficient in the mitochondria of the skeletal muscles of a pigeon exposed to cold [2], and the data were presented at the 5th International Congress of Biochemistry in Moscow [3]. In particular, it was shown that during the oxidation of pyruvate and malate, the P/O coefficient in the mitochondria from the control birds was 2.07, and in the mitochondria from the birds exposed to cold, 1.0. It should be noted that these changes were accompanied by activation of respiration in the birds exposed to cold, meaning that the rate of oxidation of substrates increased. Immediately, the question about the mechanism of such regulation was raised. A little bit later, free fatty acids were suggested as the first candidates for the role of such regulator, which can indeed be called nat ural uncouplers of oxidative phosphorylation [4], and they became the subject of research by the Skulachev's team for many years.

It must be taken into consideration that activation of the cell respiration within the organ can lead to a possible imbalance between the delivery and consumption of oxy gen and substrates, which theoretically can lead to ischemia of the organ, which is undesirable, so the mas sive loss of coupling could cause many pathogenetic moments, including not only a decrease in pO_2 in the tissue, but also changes in the levels of ATP and ADP and intracellular pH, which will be discussed later. Based on this, a moderate loss of coupling is physiologically acceptable, which is currently referred to as "mild uncou pling". It is likely that the need to prevent ischemia is responsible for the high degree of vascular supply (vascu larization) of the brown adipose tissue, which predomi nantly specializes in thermogenic function due to the presence in the tissue of the uncoupling protein UCP1 [5], and provides thermogenesis mediated by fatty acids. In general, the problem of matching the supply of energy to the tissue compartments and the energy demands of the tissue is one of the most important problems in phys iological terms, the solution of which is very significant [6]. Perhaps, Nature has found a similar solution of this problem by very high vascularization of the thyroid gland, which produces thyroid hormones. These hormones, with certain limitations, are also recognized by some researchers as natural mild uncouplers, although the uncoupling effect of thyroid hormones is not always can be realized directly, which indicates that if they do uncouple, this process should have some mediators [7-9].

Uncoupling of oxidative phosphorylation, especially in the mild form, which allows moderate synthesis of ATP by mitochondria, has been the subject of many studies, and was examined in detail by V. P. Skulachev [10]. The main idea expressed by him and supported by the world scientific community is that the mild uncoupling is a mechanism for reducing unnecessary and excessive endogenous production of reactive oxygen species (ROS). This conclusion was made based on the obtained expo nential dependence of the generation of ROS, primarily hydrogen peroxide, on the levels of the transmembrane potential in mitochondria with the maximum generation of ROS observed in the hyperpolarized mitochondria [11]. This indirectly implies that generation of ROS by mitochondria could occur as a natural, finely regulated process, during which mitochondria perform a number of essential energetic and non-energetic functions, rather than being a result of some uncontrolled leakage of elec trons from the components of the respiratory chain [12]. Due to this, they stabilize the level of intracellular ROS, thus turning into some sort of ROS-stat. In this regard, mitochondrial thermogenesis is a powerful regulator of ROS levels in mitochondria and in cells. In particular, an increase in thermogenesis will help to avoid unwanted avalanche generation of ROS [13-15], which is of remarkable pathogenetic significance [16].

Several years ago, it has been found that the cyclic transport process through bilayer membranes carried out by fatty acids and other weak and strong uncouplers in protonated and non-protonated forms [17] is not the only mechanism that provides the discharge of membrane potential on the inner mitochondrial membrane. In addi tion, the uncoupling of oxidative phosphorylation is achieved by the presence of uncoupling carrier proteins, including not only UCP1, but also an ADP/ATP antiporter [18] and a dicarboxylate carrier residing in the inner mitochondrial membrane [19, 20]. On the other hand, there are many unproven assumptions in the sug gested uncoupling mechanism mediated by fatty acids, but in general form, we can talk about the possible natu ral protonophoric activity of fatty acids observed on bilay er models and mediated protonophoric activity caused by the interaction of fatty acids with the proteins of the inner membrane of mitochondria, with an important factor to consider, namely, that the value of the transmembrane potential is associated with the efficiency of uncoupling [21]. The confirmation of proton transport through the adenine nucleotide translocator mediated by fatty acids, which is very similar in nature to the mechanism of uncoupling action of fatty acids when interacting with the uncoupling protein UCP1, has been a breakthrough, as it also confirmed the possible thermogenic function of the ADP/ATP antiporter [22]. There is evidence that the mitochondria themselves are quite resistant to a signifi cant increase in temperature [23], so that the calorigenic activity of mitochondrial carriers may be not detrimental to the functional activity of mitochondria. The process of inhibition of the action of even most powerful uncouplers by alpha-ketocholestanol remains a mystery [24] suggest ing participation of lipids in the process of uncoupling.

WATER

The vast majority of researchers undoubtedly recog nize the oxygen-consuming function of mitochondria, but the resulting formation of water in mitochondria is mainly ignored. It should not be forgotten that for one molecule of oxygen consumed, two water molecules are formed. On the one hand, while a huge number of publi cations are devoted to the problem of oxygen delivery to the tissue and to the mitochondria themselves, it seems that the problem of water outflow from the mitochondria and the whole cell does not exist. On the other hand, local or global (high-amplitude) swelling of mitochondria (i.e., at the micro level [25-28]) or edema of the entire cell or organ (i.e., at the macro level) can be observed in a pathological events [29, 30]. Note that the fatal brain edema is the ultimate cause of death in the stroke patients [31].

The main place of water formation in mitochondria is cytochrome oxidase, which releases water molecules into the intermembrane space (Fig. 1) [32]. There are two

possible destinations of the formed water molecules. In one scenario, almost all formed water molecules go into the cytosol. Although it is recognized that the membranes are permeable for water, the easiest way for water to escape mitochondria is through the voltage-dependent anion channel (VDAC, or as it is also called, the porin channel [33]). As to the second option, in principle, water could enter mitochondrial matrix, where the osmotic + oncotic pressure is particularly high, and normally the orthodox configuration of the mitochondrial matrix is one of the indicators of mitochondrial homeostasis. In this regard, the presence of aquaporins in the inner mito chondrial membrane [34, 35] looks absurd, because their presence would accelerate the flow of water into the mito chondrial matrix. Although, to be fair, it should be noted that the rapid balancing of the mitochondrial volume after osmotic challenge [36] may indicate that passive water transport even without the presence of aquaporins may be sufficient to afford osmotic regulation, and the specific function of aquaporins is not limited to water transport at all, but something else, for example, ammo-

Fig. 1. Functioning of the cytochrome oxidase with the suggested paths for water transport. (Color version of the figure is available in online version of the article and can be accessed at: https://www.springer.com/journal/10541)

Fig. 2. Mitochondrial ultrastructure in the rat diaphragm. Electron microscopy after standard fixation and sample preparation. Viewing was performed with a Hitachi HU-12 microscope. a) Diaphragm of a control rat maintained at 28°C; b) diaphragm of a rat exposed to cold stress (2°C, 15 min); c) diaphragm of a control rat after addition of 40 μM 2,4-dinitrophenol *in vitro* at 28°C.

nium ions, associated with water transport, which was assumed for aquaporin 8 [37].

We repeat that the swelling of the intermembrane space and high-amplitude swelling of the mitochondria in general, observed at the ultrastructural level, are signs of pathogenic stress. On the other hand, a slight swelling of the mitochondria is not only a pathological event, but on the contrary, a regulatory one leading to activation of mitochondrial metabolism as an adaptive response to moderate stress. In cardiomyocytes, an increase of the mitochondria volume caused by oxidative stress by only few percent leads to activation of respiration by one-third with the proportional increase in the synthesis of ATP, generation of ROS, which enables mobilization of the active protective signaling systems [38] and facilitates bal ance between the energy supply and demand [6]. This small increase in the volume of mitochondria was observed under the action of hormones, in particular glucagon, which also provides activation of metabolism [39]. In the early 1970s, we observed activation of the tis sue respiration, accompanied by a slight increase in the *in situ* intermembrane space and enlightenment of the mitochondrial matrix of the diaphragm tissue of rats exposed to cold stress (Fig. 2). Thus, mitochondrial swelling also follows the general rule "*multet nocem*" (excess is harmful), which dominates biological world [15] and which should not be forgotten when pharmaco logical drugs are used. It is important to emphasize that a small swelling of mitochondria is not only physiological-

ly acceptable, but also necessary for metabolism mobi lization and its compliance with the increased needs, while more extensive swelling of mitochondria can lead to the cell death. We can only assume that this small change in the volume of mitochondria is not accompanied by the rupture of their outer membrane, while the larger swelling, up to the so-called high-amplitude, leads to the increased rupturing of the outer membrane, which is accompanied by the release of signal proteins from the intermembrane space that induce cell death. Note that the high-amplitude mitochondrial swelling observed with the opening of the mitochondrial megachannel (induc tion of nonspecific permeability) is accompanied by com plete de-energization, on the one hand, and, on the other hand, with inability to provide normal (orthodox) confor mation of the mitochondrial matrix, which definitely indicates interrelationship between these two processes/ conditions.

Considering the first option of the destination of water formed in mitochondria, namely its exit through VDAC, we assume that this huge flux of water would be able to generate a reactive impulse sufficient to provide motion of the individual mitochondria in the cells with poorly structured cytoplasm (such as fibroblasts or astroglial cells). Uneven distribution of VDAC over the surface of the outer mitochondrial membrane has been demonstrated earlier [40], and it can theoretically provide the reactive movement of the entire organelles or their parts, which has been observed. This reactive motion can

be considered as another mechanism of mitochondrial mobility, complementing the already known mechanism of the mitochondrial movement, which involves adaptive motor proteins associated with the cytoskeleton [41, 42]. These types of movements, although different in mecha nisms, imply that the movements of mitochondria medi ated by the motor proteins are strictly energy-dependent, requiring ATP (possibly and/or membrane potential [43]), while the proposed water-jet mechanism under the non-phosphorylating conditions (with de-energization of mitochondria corresponding to the 3u state or close to it) due to activation of respiration and corresponding enhanced generation and expulsion of water from mito chondria would be more active than in the resting state (state 4 or close to it). We suggest that if such mechanism of the mitochondrial mobility exists, then, by definition, there would be a direct relationship between the decrease in the degree of mitochondrial coupling and increase in the rate of formation of $H₂O$ by cytochrome oxidase and, accordingly, creation of the reactive pulse capable of moving mitochondria.

ATP

We understand that extensive discussion of the role of ATP in the cell is simply impractical within the frame work of such a review, so we will briefly focus only on those issues that are rarely discussed in the scientific liter ature.

The higher is contribution of the nonphosphorylat ing oxidation to the integral oxygen consumption of mitochondria, the greater is the effect on the levels of intracellular ATP, even while maintaining energy costs, not to mention physiological situations that involve acti vation of metabolism. But here, first of all, everybody needs to understand that changes in the levels of ATP will inevitably cause changes in the content of its partners according to the simple scheme of hydrolysis-synthesis, which very schematically looks like $ATP = ADP + P_i +$ H^+ , that is, there is a complete coupling of the release and binding of proton in the system with the levels of ATP or ADP (here we omit the role of Mg ions, considering very similar chelating abilities of ATP and ADP). In short, in any cell compartment, an increase in the content of ATP accompanies some alkalization of the compartment, and its decrease is accompanied by acidification of the com partment. It is this property that determines occurrence of acidosis in the tissue that has problems with delivery of the energy substrates and oxygen (for example, in ischemia), which leads to the drop in the levels of ATP in the ischemic area. It is clear that intracellular buffers largely extinguish the acidic "fire", but these buffers also have limited capacities, as a result of which acid gradients appear in the tissue, and degradation processes are acti vated in the areas with low values of intracellular pH [4446]. We repeat that it is the ATPase activity necessary for performing intracellular functions that determines the degree of acidosis, rather than it is the result of switching to the glycolytic pathway, incorrectly called "lactate aci dosis", because the pathway of converting glucose to lac tic acid is not associated with the total proton generation (read the detailed explanation in [47]).

In addition, it is important to know that the increase of the concentration of ADP associated with ATP hydrol ysis can lead to the shift of the equilibrium of adenylate kinase reaction toward the increase of AMP, which is very important, in particular due to its role in regulation of AMP kinase activity [48].

Another point, although little to do with energetics, is that ATP located outside of the cell, can be considered as an inducer of the native inflammatory process, thus associating ATP with the group of DAMPs (damage associated molecular patterns) [49]; and its exit from the cell is possible in particular during massive or local tissue damage or as a result of necrotic death of individual cells. In addition to ATP, a powerful extracellular regulatory function belongs to adenosine, which is formed from AMP [50]. It should be noted that there is a possible rela tionship between the intra- and extracellular levels of adenine nucleotides, given the presence of pannexins in the cell membrane [51, 52].

CARBON DIOXIDE

One of the main pH buffers in the organism is the chemically balanced bicarbonate/carbon dioxide $(HCO₃/CO₂)$ system [53, 54], which emphasizes the important role of the stationary level of $CO₂$ and its production via acid homeostasis in mitochondria, cyto plasm, extracellular space, and blood. By definition, increase in the level of $CO₂$ leads to acidosis, while its decrease – to alkalosis in the biological compartment. In mitochondria, $CO₂$ is formed in the tricarboxylic acid cycle in two consecutive reactions from isocitrate (with isocitrate dehydrogenase catalysis) and alpha-ketoglu tarate (with alpha-ketoglutarate dehydrogenase cataly sis), while the more active the Krebs cycle is, the more $CO₂$ is formed and the greater is the probability of acidification of the mitochondrial matrix. Given that under activation of respiration, in particular, when the coupling of oxidative phosphorylation decreases, the flow through the Krebs cycle increases proportionally, generation of $CO₂$ also increases, making an additional contribution to the overall acidification.

It seems that moderate acidification has protective properties, which was shown in ischemia as an example [55], in particular, due to activation of the protein inhibitor (IF1) binding to the ATP synthase complex [56], preventing under the conditions of energy crisis the undesirable consumption of ATP required to maintain

the mitochondrial membrane potential observed in hypoxia/ischemia [43, 57]. However, it was found that the role of CO₂ is not limited to a simple effect on pH changes. It has become known that increasing levels of carbon dioxide and bicarbonate associated with it, for example, in reperfusion after ischemia, directly affect the autophagy process by inhibiting it [58] and thereby pre venting elimination of the non-functional mitochondria, which could cause further damage to the biological sys tem [59]. However, in addition to their role in pH regula tion, $CO₂$ and bicarbonate have a significant signaling function, in particular, they participate in a number of important redox reactions [60-62], while the increasing level of bicarbonate provokes protein oxidation [63]. Very weak membrane permeability for bicarbonate is offset by the presence of specific carriers for it [64-66], the defect of which leads to pathologies, including systemic acido sis, brain and kidney dysfunction, and hypertension (summarized in [63]).

Within the physiological pH range, $CO₂$ in its pure form is almost nonexistent, mainly being converted into bicarbonate, which regulates a variety of enzymes. These include adenylate cyclase [67], succinate dehydrogenase [68], mitochondrial ATPase [69, 70], and ATP synthase [71], which makes it possible to attribute the $CO_2/bicar$ bonate system to a fairly powerful factor regulating oxida tive phosphorylation. The recent finding of the coupling effect of bicarbonate [72] confirms this suggestion, pro viding another control point in the process of uncoupling of oxidative phosphorylation.

Funding. This work was financially supported by the Russian Science Foundation (project no. 19-14-00173).

Ethics declarations. The authors declare no conflict of interest in financial or any other sphere. This article does not contain any studies with human participants or animals performed by any of the authors.

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