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# ORIGINAL ARTICLE Effect of *ABCB1* diplotype on tacrolimus disposition in renal recipients depends on *CYP3A5* and *CYP3A4* genotype

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The relevance of most genetic polymorphisms beyond *CYP3A5\*1* on tacrolimus disposition remains unclear. We constructed a predictive mixed model for tacrolimus dose-corrected trough concentration ( $C_0$ /dose) at months 3, 12 and 24 after transplantation in a retrospective cohort of 766 predominantly Causasian adult renal recipients (n = 2042 trough concentrations). All patients were genotyped for 32 single-nucleotide polymorphisms with a proven or possible relevance to tacrolimus disposition based on the previous studies. Of these, *ABCB1*, *ABCC2*, *OATP1B1*, *COMT*, *FMO*, *PPARA* and *APOA5* were analyzed as (functional) diplotype groups. Predictors of  $C_0$ /dose were *CYP3A5\*1*, hematocrit, age, *CYP3A4\*22*, use of concomitant CYP3A4 inhibitor or inducer, ALT, estimated glomerular filtration rate, tacrolimus formulation (once vs twice daily), *ABCB1* diplotype and time after transplantation. The effect of *ABCB1* diplotype was small but strongly accentuated in *CYP3A4\*22* carriers and non-existent in CYP3A5 expressors. *ABCC2* diplotype had a limited effect on  $C_0$ /dose that was only statistically significant in CYP3A5 non-expressors.

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## INTRODUCTION

The calcineurin inhibitor tacrolimus is the cornerstone of most immunosuppressive regimens in solid organ transplantation. It is, however, characterized by a narrow therapeutic window and high pharmacokinetic variability, necessitating therapeutic drug monitoring. Tacrolimus is a dual substrate for the cytochrome P450 isoenzymes CYP3A4 and CYP3A5, and the efflux pump P-glycoprotein (P-gp, ATP-binding cassette subfamily B member 1 (ABCB1), encoded by the multidrug-resistance-1 gene (MDR1)). CYP3A and P-gp are present in enterocytes (limiting intestinal uptake) and hepatocytes (determining systemic clearance). P-gp is also significantly expressed in many other tissues and epithelia such as the kidneys, placenta, lymphocytes and blood-brain barrier. In blood, tacrolimus is >95% bound to red blood cells, which shields it from hepatic extraction because equilibration with the free fraction in plasma (which is available for uptake into hepatocytes where it is metabolized) is relatively slow.<sup>1</sup> When hematocrit is low, the free fraction will tend to increase but is immediately extracted by the liver, resulting in higher clearance and a higher-dose requirement to maintain a given whole-blood concentration. Tacrolimus bioavailability is reduced when ingested with food,<sup>2</sup> 10-15% lower for once daily tacrolimus compared with the twice daily formulation<sup>3</sup> and generally increased in case of intestinal inflammation and diarrhea.<sup>4</sup> Clearance is reduced with liver dysfunction,<sup>5,6</sup> older age<sup>7</sup> and increasing time after transplantation,<sup>8,9</sup> the latter in part because of a decrease in intestinal and hepatic CYP3A4 activity early after transplantation that is likely related to steroid tapering.

Several common genetic polymorphisms in enzymes, transporters and regulatory molecules have been reported to affect tacrolimus disposition. The single most influential polymorphism by far is in the *CYP3A5* gene. Carriers of one or more *CYP3A5\*1* 

alleles (termed CYP3A5 expressors) have strongly increased CYP3A activity resulting in 50% higher tacrolimus dose requirement compared with CYP3A5\*3/\*3 patients (non-expressors).<sup>10</sup> In addition, the CYP3A4\*22 polymorphism, which is present almost exclusively in CYP3A5 non-expressors, is associated with lower tacrolimus dose requirement.<sup>11</sup> The effect of ABCB1 polymorphisms is unclear and variable between studies.<sup>12</sup> A large pharmacogenomic screening study by Jacobson et al. identified several polymorphisms other than CYP3A5\*1 that influenced the first tacrolimus trough after transplantation, but none significantly predicted troughs after the first week after correcting for CYP3A5\*1 and these polymorphisms have never been validated.<sup>13</sup> Other studies have reported varying effects of single-nucleotide polymorphisms (SNPs) in the POR (P-oxidoreductase),<sup>14–17</sup> human pre-gane X receptor,<sup>18–21</sup> multidrug-resistance-associated protein 2 (MRP2, encoded by the gene *ABCC2*),<sup>17,22–24</sup> OATP1B3,<sup>25</sup> OATP1B1 (ref. 26) and PPARA (peroxisome proliferator-activated receptor alpha).<sup>21,27,28</sup>

The aim of this study was to develop a pharmagenetic model for tacrolimus exposure in a large cohort of renal recipients and examine the potential added value of previously described genetic polymorphisms when systematically correcting for *CYP3A5* genotype and relevant clinical factors.

## MATERIALS AND METHODS

#### Patient population

This is a single center, retrospective cohort analysis. In the University Hospitals Leuven Renal Transplant Program, the majority (>95%) of renal recipients are included in a prospective Renal Transplant Biobank program for which they provide written informed consent (ClinicalTrials.gov identifier NCT01331668). DNA samples are stored immediately before transplantation. At 3, 12 and 24 months after transplantation, patients are

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seen in the outpatient clinic at which time protocol biopsies are performed together with routine laboratory analysis and physical examination. Clinical information including drug dose, weight and laboratory results was collected in electronic clinical patient charts. Glomerular filtration rate was estimated using the CKD-EPI formula. This study was approved by the Ethics Committee of the University Hospitals Leuven (S53364; ML7499).

#### Tacrolimus measurements

Whole-blood samples were collected in 4-ml ethylenediaminetetraacetic acid tubes between 08:00 and 10:00 hours, before intake of the morning dose of tacrolimus. Tacrolimus trough concentrations ( $C_0$ ) were determined on the microparticulate enzyme immunoassay platform used by the central hospital laboratory at the time. Up to 16 December 2010, this was Dimension RxL (Siemens, Munich, Germany; analytical sensitivity 1.2 µg l<sup>-1</sup>; coefficient of variation 2.9–6.8%). From 17 December 2010 onwards, this was Architect i2000sr (Abbott Laboratories, Abbott Park, IL, USA; analytical sensitivity  $\leq 1.5$  µg l<sup>-1</sup>; coefficient of variation 8%). Tacrolimus was orally administered. Dose-corrected trough concentrations ( $C_0$ /dose) were determined using the total dose of tacrolimus ingested the day before  $C_0$  measurement.

#### Genotyping and haplotype inferrence

Genomic DNA was isolated from whole-blood samples using a salting out procedure.<sup>29</sup> The quantity and quality of genomic DNA were verified with a NanoDrop spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA) before being assayed on an OpenArray platform (Life Technologies, Carlsbad, CA, USA). Overall call rate was 99.8%. A list of all tested SNPs is provided in Supplementary Table S1. Hardy–Weinberg equilibrium and linkage disequilibrium (LD) between SNPs were assessed using Haploview.<sup>30</sup> Haplotypes were inferred using the program PHASE version 2.1.<sup>31</sup>

#### Statistical methods

Data are presented as mean  $\pm$  s.d. except when stated otherwise. Normality was tested using the Shapiro-Wilk test. Co/dose, estimated glomerular filtration rate (eGFR), aspartate aminotransferase (AST), alanine aminotransferase (ALT), bilirubin, albumin and methylprednisolone dose were not normally distributed and log-transformed for analysis. A linear mixed model with random slopes, random intercepts and a first-order autoregressive covariance structure was used to estimate the effect of covariates on tacrolimus  $C_0$ /dose at months 3, 12 and 24 after transplantation. This model estimates C<sub>0</sub>/dose separately for each time point (that is, three times for each patient) based on the values of covariates at these specific time points. Calculation of estimates was based on restricted maximum likelihoods. Fixed and random effects tested included (when appropriate) age, gender, diabetes mellitus, living vs deceased donor, weight, hematocrit, time after transplantation, serum albumin, AST, ALT, bilirubin, eGFR, use of moderate or strong CYP3A4 inhibitor or inducer, calcineurin inhibitor formulation (once daily vs twice daily), methylprednisolone dose, and use of induction therapy. Genetic predictors were tested as haplotypes and (functional groups of) diplotypes. In the final mixed model, we only included those terms that were statistically significant using F-test and improved the model according to Akaike's information criterion. The Holm-Bonferroni correction for multiple testing was used. A two-sided P-value < 0.05 was considered statisically significant. All analyses were performed using IBM SPSS Statistics version 22 (IBM, New York, NY, USA) except for calculation of semipartial  $R^2$ s, which was done with the program R using the Ime4 and MuMIn packages. Figures were generated using Graphpad Prism version 6 (San Diego, CA, USA).

### RESULTS

### Study population

All patients included in the Renal Transplantation Biobank program who received a single kidney transplant from December 2006 through September 2013 and were started on standard triple immunosuppressive therapy (tacrolimus–mycophenolic acid (MMF)–steroids) were included in the analysis (n = 766). Tacrolimus was either administered once daily or twice daily (respectively, Advagraf and Prograft, Astellas Pharma Europe, Staines, UK); MMF was either mycophenolate mofetil (Cellcept, Roche, Basel, Switzerland) or mycophenolate sodium (Myfortic, Novartis, Basel,

Table 1. Characteristics of	study populat	ion	
Baseline and selected gener	tic characteristic	:5	
Age at transplantation (ye Gender: male/female (%) Diabetes mellitus: n (%) Donor: deceased/living (%	ears) 6)		53.8 ± 13.1 59/41 164 (21.4) 92.7/7.3
CYP3A5 genotype: n (%) *3/*3 *1/*3 *1/*1			638 (83.3) 107 (14) 11 (1.4)
CYP3A4*22 genotype: n (%, CYP3A4*1 CYP3A4*1/*22 CYP3A4*22/*22	)		681 (88.9) 82 (10.7) 1 (0.1)
<i>ABCB1 diplotype:</i> n (%) CGC-CGC CGC-TTT TTT-TTT Other			116 (15.1) 243 (31.7) 148 (19.3) 259 (33.8)
ABCC2 diplotype: n (%) Low activity Reference group High activity			161 (21.0) 244 (31.9) 361 (47.1)
Characteristics over time	Month 3	Year 1	Year 2
Patients alive with functioning graft ( <i>n</i> ) Patients with available	766 740	730 684	704 622
Tac $C_0(n)$ Tacrolimus $C_0$ (ng ml <sup>-1</sup> ) Tacrolimus dose (mg	$11.3 \pm 2.9$ $10.1 \pm 6.0$	$9.6 \pm 2.8$ $7.2 \pm 4.5$	$8.8 \pm 2.6$ $6.1 \pm 3.6$
Tacrolimus C <sub>0</sub> /dose $(nq ml^{-1}/mq per day)$	$1.6 \pm 1.4$	$1.7 \pm 1.1$	2.0 ± 1.6
Tacrolimus C <sub>0</sub> /dose/W (ng ml <sup>-1</sup> /mg/ kg per day)	$0.024\pm0.025$	$0.025\pm0.019$	$0.028\pm0.024$
Hematocrit Serum albumin (g $I^{-1}$ ) eGFR (ml min <sup>-1</sup> per 1 73 m <sup>2</sup> )	$\begin{array}{c} 0.34 \pm 0.05 \\ 43.8 \pm 4.3 \\ 46.3 \pm 17.9 \end{array}$	$\begin{array}{c} 0.39 \pm 0.05 \\ 44.2 \pm 4.0 \\ 51.3 \pm 18.1 \end{array}$	$\begin{array}{c} 0.39 \pm 0.05 \\ 43.8 \pm 4.6 \\ 50.4 \pm 18.0 \end{array}$
Methylprednisolone dose (mg per day)	$4.8\pm8.9$	$3.5\pm8.8$	$2.8\pm5.8$
Serum ALT (U $I^{-1}$ )	19.8±13.7	$21.8 \pm 14.9$	$20.5 \pm 14.6$
Use of CYP3A4 inhibitor (n Strong inhibitor Moderate inhibitor	(%)) 6 (0.8) 29 (3.8)	1 (0.1) 15 (2)	1 (0.2) 12 (1.6)
Use of CYP3A4 inducer (n ( Strong inducer Moderate inducer	%)) 12 (1.6) 2 (0.3)	11 (1.4) 1 (0.1)	4 (0.5) 1 (0.1)
Tacrolimus: QD/BID (%)	62.6/37.4	61.6/27.7	75.8/24.2
Abbreviations: ALT, serum C <sub>0</sub> /dose, dose-corrected tro corrected trough level: e	alanine amino ough level; C <sub>o</sub> eGFR, estimateo	transferase; BID /dose/W, dose- d glomerular	), twice daily; and weight- filtration rate:

Switzerland). Baseline recipient characteristics including selected genotype information and evolution of  $C_0$ /dose and clinical covariates between month 3, year 1 and year 2 are shown in Table 1.

QD, once daily.

Over the 2-year follow-up period, 42 patients (5.5%) died or lost their graft. At month 3, year 1 and year 2, there were 24, 46 and 82

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patients, respectively, without available C<sub>0</sub>/dose because they had either been switched to ciclosporin, sirolimus or everolimus, or were lost to follow-up. Target trough concentrations for tacrolimus were  $10-12 \text{ ng ml}^{-1}$  from month 1 to 3,  $8-10 \text{ ng ml}^{-1}$  from month 3 to 12 and  $6-8 \text{ ng ml}^{-1}$  after month 12.

## Genotype and inferred haplotype

All SNPs were in Hardy-Weinberg equilibrium except CYP3A4\*1b. There was significant LD between SNPs in COMT ( $r^2 = 0.99$ ), PPARA  $(r^2 = 1)$ , ABCB1 ( $r^2$  between all four SNPs  $\ge 0.78$ ), ABCC2 ( $r^2$  between all three SNPs  $\ge$  0.79) and APOA5 (r = 0.99), and between FMO-1 and 3  $(r^2 = 1)$ . CYP3A5\*1 was in significant LD with CYP3A7  $(r^2 = 0.91)$ , CYP3A4\*1G  $(r^2 = 0.97)$  and CYP3A4\*22  $(r^2 = 1)$ . Within the OATP1B1 gene, there was strong LD between g.-11187G>A and c.388A> $\bar{G}$  ( $r^2$ =0.95), c.388A> $\bar{G}$  and c.521T> $\bar{C}$  ( $r^2$ =0.68), but only limited LD between q.-11187G > A and c.521T > C ( $r^2 = 0.27$ ). Four heterozygous CYP3A5 expressors were also CYP3A4\*22 carrier. Frequency distribution of all SNPs and corresponding inferred diplotypes are available in the Supplementary Table S1 and S2). Eight ABCB1 haplotypes were identified, forming 22 different diplotypes. These were grouped into four diplotype categories based on the presence of wild-type CGC and triple mutated (loss of function) TTT haplotypes: CGC-CGC, CGC-TTT, TTT-TTT and 'other' (containing one or more other haplotypes). For the triallelic ABCB1 G2677A/T SNP, the A allele was only present in 12 patients and grouped with the T allele for all analyses. Six ABCC2 haplotypes were identified, which were grouped into three functional diplotype groups (reference group, high activity and low activity) based on the impact of their individual SNPs on protein expression as described by Laechelt.<sup>32</sup>

## Predictors of tacrolimus C<sub>0</sub>/dose

Independent predictors of C<sub>0</sub>/dose in multivariate mixed model analysis are shown in Table 2. Tacrolimus C<sub>0</sub>/dose increased with increasing age, time after transplantation, higher eGFR, higher ALT, use of CYP3A4 inhibitors, presence of the *CYP3A4\*22* allele and one or more *ABCB1* TTT haplotypes. C<sub>0</sub>/dose was lower for CYP3A5 expressors, lower hematocrit, use of strong CYP3A4 inducers and use of the once daily formulation of tacrolimus. The final model explained 44.6% of interpatient variability in C<sub>0</sub>/dose. A scatterplot of model-predicted C<sub>0</sub>/dose vs observed C<sub>0</sub>/dose is shown in Figure 1. Observed C<sub>0</sub>/dose values stratified by *CYP3A5* and *CYP3A4* genotype are shown in Figure 2.

The estimated effects reported in Table 2 are B-values (unstandardized coefficients) for the linear regression equation and indicate how much the C<sub>0</sub>/dose is expected to increase for each unit increase (or for each 100% increase, in the case of logtransformed predictors) in a continous predictor variable or for each increment of a categorical predictor variable. A significant interaction was identified between CYP3A4\*22 and ABCB1 haplotype (P = 0.017). Estimated mean C<sub>0</sub>/dose for the different CYP3A4\*22-ABCB1 combinations are presented in Table 3. The C<sub>0</sub>/dose ratio was 11% higher in ABCB1 TTT-TTT carriers compared with CGC-CGC carriers if they were CYP3A4 wild type, but the difference was 62% if they were CYP3A4\*22 carriers. Overall, there was no statistically significant difference in C<sub>0</sub>/dose between ABCC2 diplotype groups (P = 0.076). In the subgroup of CYP3A5 non-expressors, the ABCC2 low-activity diplotype was associated with a lower C<sub>0</sub>/dose compared with the reference- and highactivity groups (mean difference  $0.08 \pm 0.03$  ng ml<sup>-1</sup>/mg per day; P = 0.017).

Predictors of tacrolimus  $C_0$ /dose in the subgroup of CYP3A5 expressors are presented in Supplementary Table S3. Together, these explained 21.1% of interindividual variability in  $C_0$ /dose. For CYP3A5 non-expressors, predictors were identical to the overall model, explaining 35.1% of  $C_0$ /dose variability (data not shown). An interaction was identified between *CYP3A4\*22* and age.

The age-related increase in C<sub>0</sub>/dose was accelerated in *CYP3A4\*22* carriers (estimated difference 31.8%, P = 0.030; for example, increase of C<sub>0</sub>/dose associated with aging 30 years: 0.73 ng ml<sup>-1</sup>/mg per day in *CYP3A4\*1/\*1* and 1.07 ng ml<sup>-1</sup>/mg per day in *CYP3A4\*1/\*22* patients).

## Concomitant CYP3A4 inhibitors and inducers

Concomitantly used CYP3A4 inhibitors and inducers were categorized as being moderate or strong based on the Food and Drug Administration classification of their *in vivo* inhibitory/ inductive potency<sup>33</sup> and are listed in Supplementary Table S4. Model fit was significantly better when concomitant inhibitors/ inducers were included as covariates ( $R^2$  0.446 vs 0.368 when they were not accounted for, see Figure 3). A significant interaction was identified between *CYP3A5* genotype and the effect of CYP3A4 inhibitors (P < 0.001), whereby moderate inhibitors had no effect in CYP3A5 expressors. Estimated mean C<sub>0</sub>/dose for patients using inhibitors depending on their *CYP3A5* genotype are presented in Table 4. No genotype interactions were found with use of CYP3A4 inducers.

## DISCUSSION

We demonstrate for the first time that the effect of ABCB1 diplotype on tacrolimus disposition is dependent on both CYP3A5 and CYP3A4 genotype. The P-gp transporter is subjected to considerable genetic variability with 3435C > T, 2677G > T/A and C1236C > T being the main polymorphisms. The functional implications of these polymorphisms are substrate-dependent and studies have reported conflicting results regarding their effect on tacrolimus disposition.<sup>34</sup> In reports where an effect was observed, the TTT haplotype was generally associated with an increased  $C_0$ /dose, compatible with reduced P-gp function. Several studies have noted that this effect was limited to CYP3A5 non-expressors.<sup>20,35</sup> Results of the current study are generally in line with these previous observations. The ABCB1 TTT allele was associated with a progressive increase in C<sub>0</sub>/dose in CYP3A5 nonexpressors, but the overall effect was limited. Testing for interaction terms revealed that the increase in tacrolimus exposure related to the ABCB1 TTT haplotype was significantly more pronounced in CYP3A4\*22 carriers. This would suggest that reduced P-gp function is most relevant when CYP3A activity is low, but has little to no impact when CYP3A activity is high (in CYP3A5 expressors), and also implies less interaction potential with P-ap inhibitors in CYP3A5 expressors. This is biologically plausible, as cells with a very high metabolic turnover of tacrolimus can be expected to depend little on efflux pumps. Conversely, when tacrolimus metabolism is slow, it becomes more important for efflux pumps to keep intracellular concentrations low so CYP3A4 capacity is not saturated. This interplay is expected to be most relevant in enterocytes, where a combination of low CYP3A and P-gp activity would result in saturation of metabolic capacity and strongly increased bioavailability. Indeed, the effect of loss-of-function ABCB1 alleles on whole-body disposition of tacrolimus is likely mainly the result of reduced intestinal efflux and higher bioavailability. Given that tacrolimus is a lipophilic BDDCS class II compound (low solubility and extensive metabolism), reduced function of hepatic efflux transporters is not expected to increase exposure.<sup>36</sup> On the contrary, inhibition of hepatic P-gp in isolated rat liver experiments resulted in higher tacrolimus clearance, presumably because exposure to hepatic CYP3A enzymes increased.37

MRP2 is an apical efflux transporter that has an important role in biliary excretion of phase II conjugates, but is present on many physiological barriers, including the intestine. We observed a statistically significant but marginal (and clinically irrelevant) increase in tacrolimus exposure in CYP3A5 non-expressors

Table 2.Final mixed model for tacrolimus $C_0/$	dose		
Predictor (fixed effects)	Estimated effect (95% CI) <sup>a</sup>	Semipartial R <sup>2</sup>	P-value
CYP3A5 genotype <sup>b</sup> CYP3A5*3/*3 CYP3A5*1/*3 CYP3A5*1/*1	Ref. - 0.63 (-0.72 to (-0.55)) - 0.86 (-1.55 to (-0.17))	0.173	< 0.0001
Use of CYP3A4 inhibitor <sup>a</sup> None Moderate Strong	Ref. 0.36 (0.20 to 0.51) 1.83 (1.37 to 2.29)	0.034	< 0.0001
Hematocrit <sup>a</sup> Age (years)	1.60 (1.11 to 2.08) 0.01 (0.01 to 0.01)	0.107 0.038	< 0.0001 < 0.0001
<i>Time</i> Month 24 Month 12 Month 3	Ref. - 0.1 (-0.14 to (-0.06)) - 0.17 (-0.21 to (-0.12))	0.004	< 0.0001
Use of CYP3A4 inducer None Moderate Strong	Ref. - 0.47 (-2.03 to 1.09) - 0.63 (-0.83 to (-0.44))	0.034	0.007
eGFR (ml min <sup>-1</sup> per 1.73 m <sup>2</sup> ) Serum ALT (U l <sup>-1</sup> )	0.15 (0.08 to 0.22) 0.11 (0.07 to 0.15)	0.027 0.003	< 0.0001 < 0.0001
CYP3A4*22 CYP3A4*1/*1 CYP3A4*1/*22 CYP3A4*22/*22	Ref. 0.20 (0.10 to 0.30) 1.30 (0.39 to 2.21)	0.015	< 0.0001
Once daily tacrolimus <sup>c</sup>	-0.1 (-0.15 to (-0.04))	0.010	< 0.0001
MDR1 diplotype Other CGC-CGC CGC-TTT TTT-TTT	Ref. - 0.09 (-0.18 to 0.00) - 0.06 (-0.14 to (0.01)) 0.06 (-0.03 to (-0.15))	0.001	0.04
ABCC2 diplotype High-activity and reference group Low activity	Ref. 0.07 (0.01 to 0.13)	0.003	0.076
Intercept	0.94 (0.28 to 3.13)	NA	0.03

Abbreviations: ALT, serum alanine aminotransferase; CI, confidence interval; eGFR, estimated glomerular filtration rate; NA, not applicable; Ref., reference category. <sup>a</sup>Estimated effect (B-value) on log-transformed C<sub>0</sub>/dose. <sup>b</sup>Variables also included as random effect. <sup>c</sup>Vs twice daily tacrolimus. eGFR and ALT are log-transformed.



Figure 1. Scatterplot of predicted vs observed log-transformed  $C_0$ /dose in final mixed model.

The effect of CYP3A4 inhibitors on tacrolimus exposure depended both on their inhibitory potency and *CYP3A5* genotype. In CYP3A5 non-expressors, moderate inhibitors increased C<sub>0</sub>/dose hv 2020( whereas the second secon

efflux resulting in increased bioavailability.

In CYP3A5 non-expressors, moderate inhibitors increased C<sub>0</sub>/dose by 20%, whereas strong inhibitors increased it by 207%. In CYP3A5 expressors, moderate inhibitors increased C<sub>0</sub>/dose 13% (not statistically significant), but the strong inhibitor voriconazole increased it > 20-fold. It must be noted that there was only one CYP3A5 expressor using voriconazole, which warrants caution in overinterpreting the precise differences in C<sub>0</sub>/dose between the groups. However, the data do suggest that CYP3A5 expressors are relatively resistant to the effect of moderate, but not of strong inhibitors. This is in agreement with the observation that the CYP3A5 enzyme is intrinsically resistant to inhibition *in vitro*.<sup>38</sup> We

possessing a low-activity ABCC2 diplotype. As for P-gp, this

observation would be most easily explained by reduced intestinal

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have previously observed that the moderate CYP3A4 inhibitor fluconazole decreased tacrolimus dose requirements in CYP3A5 non-expressors, but not in CYP3A5 expressors.<sup>39</sup> The potent inhibitor voriconazole, however, is known to significantly alter tacrolimus disposition even in CYP3A5 expressors.<sup>40</sup> The observation that *CYP3A5* genotype modulates the magnitude of interaction between tacrolimus and CYP3A4 inhibitors could have implications for the development of a predictive model for tacrolimus DDIs, which is an important, and currently unmet, clinical need. Predictably, CYP3A4 inducers decreased C<sub>0</sub>/dose. No interaction was identified between CYP3A4 inducers and *CYP3A5* genotype groups, which may have been related to low patient numbers in several of these subgroups.

The effects of various clinical covariates on tacrolimus Co/dose in this report are generally in line with the previous studies and all but one are logical from a physiological point of view. Specifically, the higher-dose requirement observed with decreasing eGFR is counterintuitive, although others have reported the same association.<sup>19</sup> The kidneys do not contribute meaningfully to overall clearance of tacrolimus. It has been demonstrated that end-stage renal disease can affect the disposition of nonrenally eliminated drugs, at least in part through the effects of uremic toxins, inflammatory cytokines and parathyroid hormone on hepatic and intestinal enzymes, and transporters.<sup>41</sup> However, renal dysfunction results in the suppression of hepatic CYP3A4 and P-gp activity, which would be expected to result in lower tacrolimus dose requirements. At any rate, the in vivo effect of renal dysfunction on oral tacrolimus disposition seems to be minimal, as clearance of tacrolimus is similar between healthy



**Figure 2.** Observed log-transformed C<sub>0</sub>/dose stratified by *CYP3A5* and *CYP3A4* genotype. Boxplot whiskers indicate 95% confidence interval. The four *CYP3A5\*1/\*3* patients who carried a *CYP3A4\*22* allele were categorized in the *CYP3A5\*1/\*3* group.

volunteers and patients with end-stage renal disease.<sup>42</sup> It is possible that the effect of renal dysfunction in our study was confounded by concomitant disease states such as anorexia and vomiting, and reverse causation might be present as high tacrolimus trough concentrations are nephrotoxic. Renal dysfunction is also often accompanied by anemia, which increases dose requirements, although no multicollinearity was identified between eGFR and hematocrit (variance inflation factor 1.22).

Polymorphisms in the genes *POR*, *COMT*, *FMO*-1 and -3, *SLCO1B3*, *SLCO1B1*, *SCLO2B1*, *PPARA*, *GAN*, *SIM1*, *APOA5*, and *NR112* had no significant effect on tacrolimus  $C_0$ /dose after correction for other genetic and clinical predictors, contrary to the previous reports. There are several possible explanations for these discrepancies. First, differences in ethnicity of the study population will likely have contributed. For example, *CYP3A5\*1* is much more prevalent in Afrian-American and Asian populations, studies reporting a significant effect of *CYP3A4\*1G* were mainly performed in Asians,<sup>43</sup> ethnic distribution of *ABCB1* haplotypes



**Figure 3.** Scatterplot of predicted vs observed log-transformed  $C_0$ /dose in mixed model where concomitant CYP3A4 inhibiting/ inducing medication is not included as covariate (**a**). Including concomitant medication as covariate improves  $R^2$  by 0.078 (**b**).

CYP3A4 genotype	ABCB1 diplotype	Ν	Model-predicted value for $C_0$ /dose <sup>a</sup>	CI	P-value
CYP3A4*1/*1	Other	681	1.61	1.27-2.05	_
	CGC–CGC	393	1.46	1.14–1.87	Ref.
	CGC-TTT	660	1.47	1.15–1.87	0.798
	TTT-TTT	309	1.62	1.28-2.07	0.139
CYP3A4*1/*22	Other	96	1.70	1.22-2.26	_
	CGC–CGC	48	1.57	1.13-2.17	Ref.
	CGC-TTT	63	1.83	1.35-2.49	0.078
	TTT-TTT	39	2.55	1.85-3.52	< 0.001

Abbreviations: CI, 95% confidence interval; N, number of available  $C_0$ /dose ratios for each combination, Ref., reference ABCB1 category. <sup>a</sup> $C_0$ /dose (ng ml<sup>-1</sup>/mg per day) estimated in mixed model controlling for all other predictors. P = 0.017 for interaction.

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CYP3A5 genotype	CYP3A4 inhibitor	Ν	Model predicted value for $C_0/dose^a$	CI	P-value <sup>b</sup>
CYP3A5*3/*3	None	1857	4.76	3.80-5.73	
	Moderate	50	5.73	4.69-6.77	< 0.0001
	Strong	7	14.56	13.33-15.80	< 0.0001
CYP3A5*1	None	347	0.73	0.21-1.24	
	Moderate	6	0.83	0.09-1.57	1
	Strong	1	13.31	12.29–14.39	< 0.0001

varies widely,<sup>44,45</sup> CYP3A4\*22 is very rare in Chinese patients<sup>46</sup> and was not a predictor of tacrolimus disposition in Brazilian renal recipients.<sup>47</sup> Second, between-study differences in time after transplantation are relevant when modeling C<sub>0</sub>/dose, as some predictors may only exert an effect within a certain time window. For example, the variability in observed hematocrit, albumin and eGFR values is highest early after transplantation, so their predictive effect on a population level is also expected to be highest at this point. We opted to analyze several fixed time points for every patient to accommodate time-related variability. Third, several pharmacogenomic studies did not correct for well-known clinical determinants such as hematocrit. Finally, there may have been a relatively high degree of clinical variability (concomitant medication, illness and time after transplantation) in our study population, which could have obscured the effect of genetic determinants that might be relevant in more controlled circumstances.

This study has several strengths. Sample size was large, multiple time points were evaluated and systematic correction for relevant clinical variables was performed. All tested SNPs have previously been reported to be relevant to tacrolimus disposition, reducing the probability of false-positive results. Analysis of (functional) diplotypes facilitates the interpretation of genotype–phenotype associations. In this case, the decrease in tacrolimus dose requirement associated with the loss-of-function *ABCB1* and *ABCC2* diplotypes is biologically plausible.

Several limitations must be noted. First, some potential sources of variability in tacrolimus exposure (diarrhea, non-compliance and food intake) were not registered systematically and cannot be accounted for in the model. Second, the population was unselected and encompasses the full range of variability encountered in clinical practice including anemia, hypoalbuminemia, DDI, hepatic and renal dysfunction. This clinical variability can obscure the effects of genetic polymorphisms that have a subtle impact. On the other hand, it reinforces the robustness of the predictors that did make it into the model and provides a model of a 'real-life' population. Third, although our transplant population is mainly Caucasian, information regarding ethnicity is not stored in medical files and exact numbers cannot be provided. Fourth, ABCB1 was highly genetically variable (22 individual diplotypes) and 33% of patients possessed haplotypes other than CGC or TTT that were generally too rare to allow reliable  $C_0/dose$ estimates to be made. Finally, not every polymorphism with a reported possible relevance to tacrolimus disposition was tested, including some SNPs (SERPING1 rs4926 and EPS15 rs17567) reported by Jacobson et al. We did not test for SNPs that are very rare in Caucasian populations, such as CYP3A5\*6 and \*7 or SNPs in NR113.

In conclusion, the effect of *ABCB1* diplotype on tacrolimus dose requirement was small and modulated by both *CYP3A5* and *CYP3A4* genotype. In CYP3A5 expressors, the effect of moderate CYP3A inhibitors on tacrolimus disposition was limited. This study demonstrates how the cooperative function of CYP3A and ABCB1

also translates into interdependence of the effects of genetic polymorphisms. This information could help facilitate future efforts to develop comprehensive pharmacokinetic models for tacrolimus that integrate clinical and genomic information.

## **CONFLICT OF INTEREST**

DK has received consulting fees and research grants from Astellas. The remaining authors declared no conflict of interest.

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