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Designing a productive, proftable OPEN integrated farming system model with low water footprints for small and marginal farmers ofTelangana

Rayapati Karthik1 , M.Venkata Ramana2 , Ch. Pragathi Kumari2 , T. Ram Prakash3 , M. Goverdhan², D. Saida Naik⁴, Mandapelli Sharath Chandra², M. Santhosh Kumar², **NallagatlaVinod Kumar1 , L. Peace Raising5 , Kirttiranjan Baral6 , Rajan Bhatt7 , NadhirAl‑Ansari8*****, Khalid M. Elhindi9 & MohamedA. Matta[r](https://orcid.org/0000-0002-7506-3036) ¹⁰***

In the years 2021–2022 and 2022–2023, an experiment was carried out at the IFS Unit, College of Agriculture, PJTSAU, Rajendranagar in order to determine the best one-acre integrated farming system model for Telangana's small and marginal farmers. Seven farm models among which six models were developed by combining the various components *i.e.,* **cropping systems, fruit cropfodder crops and livestock components, in diferent proportions, and compared with rice-groundnut system which is a major farming approach in Telangana using randomized block design. The seven models were as follows: M1: Rice–Groundnut; M2: Rice–Groundnut, Pigeonpea+Sweetcorn (1:3)—Bajra, Bt cotton+Greengram (1:2)—Maize; M3: Rice–Groundnut, Pigeonpea+Sweetcorn (1:3)—Bajra, Pigeonpea+Maize (1:3)—Sunhemp; Napier grass, Sheep (5+ 1); M4: Rice–Groundnut, Pigeonpea+Sweetcorn (1:3)—Bajra, Bt cotton+Greengram (1:2)—Maize, Pigeonpea+Maize (1:3)— Sunhemp, Poultry unit; M5: Guava, Hedge Lucerne, Napier grass, Bt cotton+Greengram (1:2)—Maize, Sheep (5 + 1); M6: Guava, Bt cotton+Greengram (1:2)—Maize, Rice–Groundnut, Poultry; M7: Rice– Groundnut, Pigeonpea+Sweetcorn (1:3)—Bajra, Pigeonpea+Maize (1:3)—Sunhemp; Napier grass, Hedge lucerne, Poultry (100), Sheep (5 + 1). Based on a 2-year average, the Model M7 system produced 9980 Rice Grain Equivalent Yield(RGEY)kg of output per acre, with gross and net returns of** ₹**210,439 and** ₹**124,953 respectively, and recovered a B:C ratio of 2.46. It has recorded highest sustainable yield index (SYI) of 0.673 and value index of 0.772 with the lowest water footprint of 259.0 L/kg. This study reveals that adopting an integrated farming system is the optimal approach for efectively combining productive, fnancially rewarding, and diversifed enterprises within a single acre of land.d. This system should be recommended for maximum benefts to smallto small and marginal farmers in Telangana's southern hills and plateau.**

Keywords Small and marginal farmers, Integrated farming system, Telangana, Sustainable yield index, Water footprint

The cultivation of cereal-based crops, which is subject to significant risks of climate anomalies like floods and droughts, arethe focus of Indian farmers, particularly the small and marginal farmers. According to the estimated

¹College of Agriculture, Rajendranagar, PJTSAU, Hyderabad, Telangana, India. ²AICRP On Integrated Farming System, Professor JayashankarTelangana State Agricultural University, Rajendranagar, Telangana, India. ³AICRP On Weed Management, Professor JayashankarTelangana State Agricultural University, Rajendranagar, Telangana, India. ⁴ Department of Crop Physiology, Professor JayashankarTelangana State Agricultural University, Rajendranagar, Telangana, India. ⁵Department of, GBPUA&T, Pantnagar, U.S. Nagar, Uttarakhand 263145, India. ⁶Division of Agronomy, IARI, New Delhi, India. ⁷PAU-Krishi Vigyan Kendra, Amritsar, Punjab 143601, India. ⁸Department of Civil, Environmental and Natural Resources Engineering, Lulea University of Technology, 97187 Luleå, Sweden. ⁹Department of Plant Production, College of Food and Agriculture Sciences, King Saud University, P.O. Box 2460, Riyadh 11451, Saudi Arabia. ¹⁰Department of Agricultural Engineering, College of Food and Agriculture Sciences, King Saud University, P.O. Box 2460, Riyadh 11451, Saudi Arabia. [⊠]email: nadhir.alansari@ltu.se; mmattar@ksu.edu.sa

efects of climate change, grain yield losses could be up to 35% for rice, 20% for wheat, 50% for sorghum, and 60% for maize, which poses a threat to livestock production as this may lead to feed scarcity and climatic abnormalities^{[1](#page-15-0)}. Because of these abnormalities, farmers are unable to earn enough money to support their families[2](#page-15-1) . In India, more than 85% of farming households with less than a hectare of land comes under small and marginal farmers category who face challenges to finance literacy and education³ and this number might soar in the near future as land fragmentation is severely impacting the Indian farming community. Their farms are small and dispersed and most of the inputs have become expensive and out of reach to these resource-poor farmers which exhibited farming as an uneconomic and unsustainable enterprise.

. Additionally, small farmers are less likely to practicemodernfarming because of less investment and risk taking capacity⁴. Conventional agriculture that has been carried out so far has caused various problems including increased costs of energy-based inputs, reduced farm income, economic and ecological problems i.e., poor ecological diversity, soil erosion, and both soil and water pollution. Solving the concerns of small and marginal farmers would help in enhancing the India's economy and reduce the income inequalities. While various initiatives have aimed to enhance the productivity of diferent farming system components, a complete integration using the farming system concept has not been achieved. Emphasizing integrated farming systems is essential to address the fundamental requirements of households, encompassing human sustenance (cereals, pulses, oilseeds, milk, fruit, honey, fsh fesh, etc.), provision of feed and fodder for animals, and the supply of fuel and fber for daily needs.

In order to address the diferent needs of farm households while preserving the resource base and upholding environmental quality, farming systems serve as an effectiveresource management method 5 5 . In comparison to cropping alone, integrated farming system (IFS) models established in various regions of the country have been proven to greatly boost net profit. These models include dairy, duckery, poultry, horticulture, apiculture, pisciculture, and plantation crops together with crops. Farming systems are more productive overall, less prone to volatility, and produce fewer negative externalities than simplified farms^{[6](#page-15-5)}. Farming systems are characterised by the temporal and spatial mixing of crops, livestock, fishery, and allied activities in a single farm^{[6](#page-15-5)}. IFS has obtained higher productivity of 32.46 t ha−1 and net returns of \$3828 which is 1.6 and 3.0 times higher, respectively compared to conventional systems⁷.

The IFS is one of the best options for enhancing the well-being of smallholders and ensuring sustainable livelihoods. It not only enhances the nutritional and economic standing of farming families but also boosts employment opportunities and optimizes the use of agricultural resources. The IFS integrates agricultural and animal enterprises, which is drawing fresh attention from marginal, small, and medium farmers who cultivate less than one hectare^{[8](#page-15-7)}. The fundamental principle of integration is that the output of each company should serve as input for another, fostering complementarity among them⁹. Emphasizing enhanced ecosystem functioning, including nutrient recycling, soil formation, and fertility improvement, the IFS strategy advocates for ecological intensification and aims to minimize reliance on anthropogenic inputs¹⁰. It also enhances the sustainability of the environment^{[11](#page-15-10)}. Considering that they gain from business synergies, product diversity, and ecological dependability, effectively managed IFSs are anticipated to be less risky 8 8 . Swarnam et al. 12 12 12 indicated that livestock imparts greater stability to the overall system, as it was less afected by climatic factors such as foods and water scarcity and strong and positive interlinks between components in IFS has resulted insustainable yield index of 0.89 which is 0.28 in case of traditional system.

Research on IFS facilitates the identifcation of each component's contributions, particularly in terms of soil sustainability. Given the variations in soil, climatic conditions, and cultural factors across diferent regions, it is crucial to develop region-specific IFS models. The purpose of this study is to develop a suitable IFS model by the integration of two or multiple components which produce higher yields, income and maintains soil sustainability compared to conventional systems. Cropping systems and livestock meat preferences vary from region to region which indicates the essentiality of location specific IFS models. The present scenario underscores the need to establish a tailored one-acre IFS model that can prove benefcial for small and marginal farmers in Telangana State and other states sharing similar agro-climatic characteristics in India. This studywould help thescientists and policy makers to compare the various IFS combinationsin terms of yields, profts and sustainability withexisting cropping systems of small and marginal farmers and could recommend the better combination to farmers.

Materials and methods

Field experiment was conducted at IFS Unit, College farm, College of Agriculture, PJTSAU, Rajendranagar during 2021–2022 and 2022–2023 with a view to identify proftable climate smart farming system models under Irrigated Situation of Telangana with suitable crop and animal components. The details of the materials used and the methods adopted during the course of investigation are described in this section.

Location of the experimental site

The experimental site was situated at an altitude of 527 m above mean sea level (MSL) at 17° 32′ 10.45″ N latitude and 78° 41′ 02.77″ E longitude in Southern Telangana Zone (STZ), India. Te experiment was laid out in College of Agriculture, Rajendranagar, Telangana. The layout of the experimental field was depicted in Fig. [1.](#page-2-0)

Weather

The meteorological data recorded during the crop growth period of experimentation was taken from the meteorological observatory of Agro Climatic Research Centre (ACRC) located at Agricultural Research Institute, Rajendranagar, Hyderabad. During the study period in 2021–2022, the weekly temperatures ranged from a minimum of 9.6 °C to a maximum of
39.2 °C, with respective averages of 20.5 °C and 32.0 °C.

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Integrated Farming System

The mean weekly morning relative humidity ranged from 67 to 98.9% with an average of 88.1% and evening relative humidity varied from 24.7 to 88.9% with anaverage of 56.3%, respectively. Mean weekly sunshine hours ranged between 1.4 and 10 with anaverage of 6.3. The average annual rainfall was 859.6 mm with 15 rainy days whereas total evaporation was 246.3 mm (Fig. [2\)](#page-2-1).

During the study period in 2022–2023, the weekly temperatures ranged from a minimum of 11.2 °C to a maximum of 39.2 °C, with respective averages of 19.8 °C and 31.9 °C.

The mean weekly morning relative humidity ranged from 63.1 to 94.7%, with an average of 84.9% and evening relative humidity varied from 17.4 to 91.0%, with an average of 48.7%. The mean weekly sunshine hours ranged between 0.3 and 11.0, with an average of 6.7. The average annual rainfall was 1174.4 mm, occurring over 67 rainy days while total evaporation measured was 232.1 mm (Fig. [3\)](#page-3-0).

Experiment details

Data of this experiment was taken from ongoing research project of AICRP on IFS at Rajendranagar, Hyderabad, Telangana. Tis experiment consists of diferent components viz., cropping systems, guava orchard, fodder crops, poultry and sheep. Seven farm models or treatments among which six models (M_2 , \dot{M}_3 , M_4 , M_5 , M_6 and M_7) were developed by combining the various components *i.e.,* cropping systems, fruit crop, fodder crops and livestock components, in different proportions, and compared with rice-groundnut system (M_1) which is a major farming approach in Telangana. (Table [1](#page-3-1)). All components were maintained individually from which data was collected

Figure 3. Details of standard week wise meteorological data at Rajendranagar, Telangana during 2022–2023.

Table 2. Treatment wise components allocation in 1 acre area. +Represents intercrop −Represents sequence crop.

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and integrated to compare the diferent IFS models. Acreage of cropping systems varies from model to model which could be seen in Table [2](#page-3-2).

Agronomic practices

In integrated farming system, the recommended packages of practices were adopted for achieving higher yield and productivity for all the crops grown under crop and horticulture components given below in Table [3](#page-4-0) and the same package of practices were followed in both the years. Land preparation and most of the intercultural operations in all the crops were carried out with the help of tractor drawn implements. All the crops were sown at recommended plant spacing. Transplanting of rice and sowing of remaining crops were carried out manually and plant protection measures were carried out as per recommended schedule. The weed management was carried out using power weeder, wheel hoe and as well as using specifc herbicide recommended for a particular crop. All component areas were divided into 3 replications and data was collected from these replications.

Manures and fertilizers application

The recommended doses of nutrients (N, P & K) were supplied through urea, SSP and MOP. Entire dose of phosphorous was applied as basal. Nitrogen and Potash were applied as per the schedule of respective crops in both the years.

Afer care

Gap flling and thinning of crops were done on 7th and 15th DAS, respectively based on moisture availability. Hoeing and weeding was done manually and were taken up twice to keep weed free condition. Adequate prophylactic plant protection measures were also carried out to keep crops free from pest and diseases.

Irrigation

Irrigation was applied with drip system to every system except for rice-groundnut system and LDPE pipes of 16 mm diameter were used as laterals keeping lateral spacing 60 cm and inline dripper spacing 60 mm with every emitter flow rate of 4 l/h. Flooding method of irrigation was used for rice-groundnut system.

Harvesting

Paddywas harvested by cutting the tillers by leaving base of the crop upto 8 cm. Groundnut plants were pulled from the earth, and their pods were methodically stripped away. The entire plants of Pigeonpea and Bajra were carefully uprooted, dried in the sun, and then threshed using sticks. Maize and sweetcorn were harvested by removing the fresh cobs from the plants. Cotton crops were harvested in three successive pickings, and green gram was handpicked from the plants. The phytomass yield of sunhempwas measured at the time of its incorporation into the soil. For each crop, grain and straw yields were meticulously recorded from three separate replications, and the mean yields were subsequently calculated.

Table 3. Recommended package of practices of all crops in integrated farming system.

Estimation of rice grain equivalent yield

To compare the productivity of various systems, the yield of each component was converted into RGEY using the formula suggested by^{[2](#page-15-1)}. Economic and straw/stover yields were calculated from each replication of unit area and means were calculated which is converted into equivalent yield. Since diversifed enterprises were taken in the study, the yield of each enterprise was converted to rice equivalent yield. Studies on economics of production were made by keeping a record on number of labourers engaged, power and input utilized. The prevailing market prices of diferent commoditiesareused for converting yield into RGEY and for computing the economics. Observations were made on productivity in terms of rice-grain equivalent yield, economics and employment for diferent farming systems as well as conventional cropping systems.

$$
Rice grain equivalent yield = \frac{Yield of a crop \times Market value of a crop}{Market value of rice}
$$
 (1)

Sheep

Two units of sheep of Nellore judipi breed are grown (each unit consists of 5+1) separately on platform system in partial grazing manner. One unit of sheep were fed napier grass whereas second unit were fed hedge lucerne in addition to napier grass. Every morning sheep are taken for grazing for 4–5 h and they are provided fodder in the shed itself in the evening time. Deworming is done once in 3 months on the adviceof veterinary doctors and they used to visit sheep shed every fortnight for health check-up. Sheep are given serial number and the periodical live weight, growth rate per every 15 days (twice a month) were observed for a period of 24 months (June 2021–May 2023). Sheep manure is collected at the end of year and supplied to the felds.

Poultry birds

One day old chicks (Aseel breed) are bought from Poultry Research Station, Rajendranagar, Hyderabad. Each batch consisted of 50 birds and two batches were maintained per year. Vaccines are given time to time and everyday chick feed and water are provided as per the requirement. The periodical live weight of poultry birds, increase in live weight and manure production were observed. Once they attain around 1.1 kg weight, they are sold @ ₹300 kg⁻¹.

Economic analysis

Based on the existing market prices of inputs as well as outputs, cost of production and gross returns were calculated. Te minimum wage rate is the government fxed wage rate in India and no labour should receive wages below it based on which labour wages are calculated. The cost component in IFS included two types of costsfixed cost and variable cost. The cost of inputs like seeds, fertilizers, herbicides, pesticides, ploughing, irrigation, labour charges, etc. include variable cost. The one-time initial investment especially in perennial components, construction of animal shed, purchase of animals, establishment of guava, etc. forms the fxed cost. Finally, the net return (gross return–total cost) and beneft cost ratio (Gross returns/cost of production) were calculated.

Net returns (₹) = Gross returns
$$
(\overline{x})
$$
 – Total cost of production (\overline{x}) (2)

$$
Benefit cost ratio (B:C) = \frac{Gross \, returns \, (\bar{\mathfrak{X}})}{Total \, cost \, of \, production \, (\bar{\mathfrak{X}})}
$$
\n
$$
\tag{3}
$$

System economic efficiency

System economic efficiency (SEE) was calculated to know net returns obtained per day. SEE was estimated based on the net returns obtained in an IFS model in a year and divided by 365. It was calculated by using the formula suggested by^{[2](#page-15-1)}.

$$
SEE = \frac{Net \, returns \, per \, year \, (\overline{\mathbf{x}})}{365 \, days} \tag{4}
$$

Sustainable yield index

Sustainable Yield Index (SYI) was calculated by using the formula suggested by^{[13](#page-15-12)}.

$$
SYI = \frac{Ymean - S.D.Y}{Ymax}
$$
\n(5)

where, Y_{mean} is mean yield obtained from any IFS model, S.D.Y is standard deviation of mean yields of all IFS models, Y_{max} is maximum yield obtained from any model.

Sustainable value index

Sustainable Value Index (SVI) was calculated by using the formula suggested by 14

$$
SVI = \frac{Nmean - S.D.N}{Nmax}
$$
\n(6)

where, N_{mean} is mean net returns obtained from any IFS model, S.D.N is standard deviation of mean net returns of all IFS models, N_{max} is maximum net returns obtained from any model.

Water footprints

Water footprint is amount of water required to produce a kg of produce which is measured to identify the water efficient models. The amount of water used by each crop in the cropping system and livestock is added to obtain the total water usage (in l) in each model. The total water usage of each model is divided by rice grain equivalent yield to obtain water foot prints and is expressed in l kg⁻¹ as suggested by^{[15](#page-15-14)}.

Statistical analysis

The data were analyzed statistically by applying one way "Analysis of Variance" (ANOVA) technique of randomized block design¹⁶. The significance of different sources of variations was tested by error mean square of Fisher Snedecor's 'F' test at probability level 0.05. Standard error of mean (SEm±) and critical diference (CD) at 5% level of signifcance were worked out for each character and provided in the tables of the results to compare the diference between the treatment means.

Approval for plant and animal experiments

All the methods followed in the study comply with the Professor Jayashankar Telangana State Agricultural University (PJTSAU), Hyderabad, Telangana, India and IIFSR-Modipuram, India guidelines. All the authors abide by the IUCN Policy Statement on Research Involving Species at Risk of Extinction and the Convention on the Trade in Endangered Species of Wild Fauna and Flora. All the experiment protocols in the experiment were approved by Professor Jayashankar Telangana State Agricultural University (PJTSAU), Hyderabad, Telangana, India and all the methods were carried out in accordance with PJTSAU and ICAR guidelines and regulations. All methods are reported in accordance with ARRIVE guidelines.

Results

Yield

Rice crop has recorded a grain and straw yield of 519.5 and 602.5 kg 1000 sq m 1000 sq m−1, respectively in 2021–2022 whereas it has recorded grain and straw yield of 530 and 671 kg 1000 sq m 1000 sq m−1, respectively in 2022–2023. Mean grain and straw yield of rice crop were 525 and 637 kg 1000 sq m 1000 sq m−1, respectively. In the year 2021–2022, podandhaulmyields of groundnut crop were 209.5 and 345.5 kg 1000 sq m 1000 sq m−1, respectively whereas podandhaulmyields in 2022–2023 were 215 and 363 kg 1000 sq m 1000 sq m−1, respectively. Mean podandhaulmyields of groundnut crop were 212 and 35[4](#page-7-0) kg 1000 sq m 1000 sq m⁻¹, respectively (Table 4).

Pigeonpea has recorded a grain and stoveryield of 55 and 204 kg 1000 sq m 1000 sq m−1, respectively in 2021–2022 whereas it has recorded grain and stoveryield of 62 and 243 kg 1000 sq m 1000 sq m−1, respectively in 2022–2023. Mean grain and stoveryield of pigeonpea crop were 58.5 and 223.5 kg 1000 sq m−1, respectively. In the year 2021–2022, grain and straw yield of sweetcorn crop were 956 and 1147 kg 1000 sq m−1, respectively whereas grain and straw yield in 2022–2023 were 1173 and 1408 kg 1000 sq m⁻¹, respectively. Mean grain and straw yield of sweetcorn crop were 1064.5 and 1277.5 kg 1000 sq m−1, respectively. Bajra crop has recorded a grain and straw yield of 254 and 457 kg 1000 sq m^{-1} , respectively in 2021–2022 whereas it has recorded grain and straw yield of 261 and 477 kg 1000 sq m−1, respectively in 2022–2023. Mean grain and straw yield of bajra crop were 257.5 and 467 kg 1000 sq m−1, respectively (Table [4](#page-7-0)).

Bt cotton has recorded a seed cottonandstalkyields of 154 and 363 kg 1000 sq m−1, respectively in 2021–2022 whereas it has recorded seed cottonandstalkyields of 205 and 461 kg 1000 sq m⁻¹, respectively in 2022–2023. Mean seed cottonandstalkyields of Bt cotton were 179.5 and 412 kg 1000 sq m⁻¹, respectively. In the year 2021–2022, grain and stoveryields of greengram crop were 47 and 102 kg 1000 sq m−1, respectively whereas grain and stoveryields in 2022–2023 were 47 and 110 kg 1000 sq m−1, respectively. Mean grain and stoveryields of greengram crop were 47 and 106 kg 1000 sq m−1, respectively. Maize crop has recorded a grain and straw yield of 540 and 670 kg 1000 sq m−1, respectively in 2021–2022 whereas it has recorded grain and straw yield of 580 and 725 kg 1000 sq m−1, respectively in 2022–2023. Mean grain and straw yield of maize crop were 560 and 697.5 kg 1000 sq m⁻¹, respectively (Table [4\)](#page-7-0).

Pigeonpea has recorded a grain and stoveryields of 61 and 219 kg 1000 sq m−1, respectively in 2021–2022 whereas it has recorded grain and stoveryields of 57 and 233 kg 1000 sq m⁻¹, respectively in 2022–2023. Mean grain and stoveryields of pigeonpea crop were 59 and 226 kg 1000 sq m−1, respectively. In the year 2021–2022, grain and straw yield of maize crop were 563 and 721 kg 1000 sq m⁻¹, respectively whereas grain and straw yield in 2022–2023 were 586 and 738 kg 1000 sq m−1, respectively. Mean grain and straw yield of sweetcorn crop were 574.5 and 729.5 kg 1000 sq m−1, respectively. Sunhemp crop has recorded a fodder yield of 1785 and 1809 kg 1000 sq m−1 in both the years, respectively. Mean fodder yield of sunhemp was 1797 kg 1000 sq m−1(Table [4\)](#page-7-0).

Guava orchard has recorded fruit yield of 342 and 378 kg 2000 sq m⁻¹ in both the years, respectively and mean yield of 360 kg 2000 sq m−1 was obtained. Hedge lucerne has recorded a fodder yield of 4304 and 5248 kg 500 sq m⁻¹ in both the years, respectively and mean fodder yield of 4776 kg 500 sq m⁻¹ was obtained. Napier grass

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Table 4. Productivity of various crops in cropping systems of integrated farming system.

has recorded a fodder yield of 12,821 and 13,089 kg 500 sq m⁻¹ in both the years, respectively and mean fodder yield of 12,955 kg 500 sq m⁻¹ was obtained (Table [4](#page-7-0)).

Sheep

Two sheep lots were maintained which difers in feed and each lot consists of 5+1 sheep (5 Female+1 Male). Lot I mainly was mainly fed napier grass, silage & dry fodder and lot II was fed hedge lucerne in addition to feed of lot I. Initial weights of sheep lot I and lot II were 68.9 and 72.7 kg, respectively whereas final weights were 181.6 and 197.1 kg, respectively at the end of agricultural year 2021–2022 (Fig. [4\)](#page-7-1).

Mean growth rates of lot I and lot II were 4.54 and 5.18 kg fortnight−1. Final weights of lot I and lot II were 330.6 and 376.5 kg, respectively at the end of agricultural year 2022–2023 (Table [5\)](#page-8-0). Mean growth rates of lot I and lot II were 6.21 and 7.48 kg fortnight−1. Ramana et al[.17](#page-15-16) found that lambs and kids grazed on silvipasture gained 54.8 and 36.8 ghead−1/day−1, respectively whereas on natural grassland showed 41.2 and 26.4 ghead−1 day−1, respectively. Lot I has increased from 5+1 to 9+7 and Lot I has increased from 5+1 to 11+8 at the end of agricultural year 2022–2023. Higher growth rate of lot II compared to Lot I might be due to better feed which has resulted in good health as well as production of more number of kids which have contributed to overall weight of the lot. Growth rate in the 2nd year compared to 1st year is might be due to production of more number of kids which have contributed to overall weight of the lot. Manure production of Lot I and lot II were 416 and 432 kg year−1, respectively in the year 2021–2022 whereas manure production of Lot I and lot II were 1081 and 1286 kg year−1, respectively in the year 2022–2023. Much variation was observed in manure production between two lots in the 2nd year which is mainly because of difference in the number of sheep.

Table 5. Sheep production during 2021–2022 and 2022–2023.

Poultry

Two batches of Aseel poultry birds per year were maintained and each batch consisted of 50 birds. Total four batches were maintained in 2 years of research work. One day old chicks were bought and sold afer attaining weight around 1.2 kgs. In the year 2021–2022, Initial weights of batch I and II were 1.27 and 1.26 kg, respectively and weights at the time of sale were 52 and 50 kgs, respectively. 6 birds were died in the batch I whereas 8 birds were died in the batch II due to fatty liver disease, sudden changes in the temperatures. Batch I has produced manure of 46 kg and batch II has produced 44 kg (Table [6](#page-8-1)).

In the year 2022–2023, Initial weights of batch I and II were 1.30 and 1.29 kgs, respectively and weights at the time of sale were 55 and 53 kgs, respectively. 4 birds were died in the batch I whereas 6 birds were died in the batch II. Batch I has produced manure of 49 kg and batch II has produced 47 kg. Maize grown in our feld was mainly used as feed for poultry. Total manure produced in the 1st year was 90 kg and in the 2nd year, 96 kg was produced. Mortality rate in the 1st year was 14% where it is reduced to 10% in the 2nd year which is mainly due to better feed as well as management practices.

Productivity of various components (In terms of RGEY)

Rice has obtained 550.5 and 563 RGEY kg 1000 sq m⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 556.75 kg 1000 sq m−1. Groundnut has obtained 658.5 and 671 RGEY kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 664.75 kg 1000 sq m⁻¹. Overall rice-groundnut system has achieved RGEY of 1209 and 1234 kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY obtained is 1221.5 kg 1000 sq m−1 (Table [7](#page-9-0)).

Pigeonpea+Sweetcorn system has obtained 714 and 800 RGEY kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 757 kg 1000 sq m−1. Bajra has obtained 319 and 348 RGEY kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 333.5 kg 1000 sq m−1. Overall, Pigeonpea+Sweetcorn (1:3)—Bajra system has achieved RGEY of 1033 and 1148 kg 1000 sq m⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY obtained is 1090.5 kg 1000 sq m−1 (Table [7](#page-9-0)).

Bt cotton+Greengram system has obtained 647 and 848 RGEY kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 747.5 kg 1000 sq m⁻¹. Maize has obtained 556 and 593 RGEY kg 1000 sq m⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 574.5 kg 1000 sq m−1. Overall Bt Cotton+Greengram (1:2)—Maize system has achieved RGEY of 1203 and 1441 kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY obtained is 1322 kg 1000 sq m−1 (Table [7\)](#page-9-0).

Table 6. Poultry yield in both the years.

Table 7. Rice equivalent yields of diferent components of integrated farming system.

Pigeonpea+Maize system has obtained 781 and 794 RGEY kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 787.5 kg 1000 sq m⁻¹. Sunhemp has obtained 184 and 177 RGEY kg 1000 sq m⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 180.5 kg 1000 sq m⁻¹. Overall, Pigeonpea + Maize (1:3)—Sunhemp system has achieved RGEY of 965 and 971 kg 1000 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY obtained is 968 kg 1000 sq m−1 (Table [7](#page-9-0)).

Guava orchard has obtained 529 and 556 RGEY kg 2000 sq m⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 542.5 kg 2000 sq m⁻¹. Hedge lucerne has obtained 666 and 772 RGEY kg 500 sq m⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 719 kg 500 sq m−1. Napier grass system has obtained 1982.5 and 1925 RGEY kg 500 sq m−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 1953.75 kg 500 sq m−1 (Table [7](#page-9-0)).

Poultry unit has obtained 1579 and 1588 RGEY kg unit−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 1584 kg unit⁻¹. Sheep unit I has obtained 1859 and 2052 RGEY kg unit⁻¹ in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 1956 kg unit−1. Sheep unit II has obtained 2052 and 2830 RGEY kg unit−1 in 2021–2022 and 2022–2023, respectively whereas mean RGEY is 2441 kg unit−1 (Table [7](#page-9-0)).

System productivity (RGEY kg acre−1)

Among all the models, M_7 is superior to rest of the models which has obtained the higher system productivity followed by M3 (Table [8](#page-10-0)). Models M_6 and M_1 (Traditional rice-groundnut system) have obtained lower system productivity comared to remaining models which indicates that integration of suitable components results in higher productivity and vice versa.

Economics of various components

Rice–Groundnut system has obtained gross & net returns of ₹23,460 and ₹12,730, respectively with cost of production of ₹10,730 and B:C ratio of 2.19 in the 2021–2022 and gross & net returns of ₹25,173 and ₹14,028, respectively with cost of production of ₹11,145 and B:C ratio of 2.26 in the 2022–2023. Mean gross and net returns were ₹24,317 and ₹13,379, respectively with cost of production of ₹ 10,938 and B:C ratio of 2.22 (Table [9](#page-11-0)).

Pigeonpea+Sweetcorn (1:3)—Bajra system has obtained gross & net returns of ₹20,020 and ₹9240, respectively with cost of production of ₹10,780 and B:C ratio of 1.86 in the 2021–2022 and gross & net returns of ₹23,419 and ₹12,309, respectively with cost of production of ₹11,110 and B:C ratio of 2.11 in the 2022–2023. Mean gross and net returns were ₹21,720 and ₹10,775, respectively with cost of production of ₹ 10,945 and B:C ratio of 1.98 (Table [9](#page-11-0)).

Table 8. Component and system productivity in integrated farming systems. C₁:Rice–Groundnut; C₂:Pigeonpea + Sweetcorn (1:3)—Bajra; C₃: Bt cotton + Greengram (1:2)—Maize; C₄: Pigeonpea + Maize (1:3)— Sunhemp; G-Guava; N: Napier grass; H-Hedge lucerne; P: Poultry; S₁: Sheep lot I; S₂: Sheep lot II.

Bt cotton+Greengram (1:2)—Maize system has obtained gross & net returns of ₹23,339&₹11,621, respectively with cost of production of ₹11,718 and B:C ratio of 2.00 in the 2021–2022 and gross & net returns of ₹29,396 and ₹17,225, respectively with cost of production of ₹12,171 and B:C ratio of 2.42 in the 2022–2023. Mean gross and net returns were ₹26,368 and ₹14,423, respectively with cost of production of ₹ 11,945 and B:C ratio of 2.21 (Table [9\)](#page-11-0).

Pigeonpea+Maize (1:3)—Sunhemp system has obtained gross & net returns of ₹18,720 and ₹ 11,240, respectively with cost of production of ₹7480 and B:C ratio of 2.50 in the 2021–2022 and gross & net returns of ₹19,809 and ₹12,234, respectively with cost of production of ₹7575 and B:C ratio of 2.62 in the 2022–2023. Mean gross and net returns were ₹19,265 and ₹11,737, respectively with cost of production of ₹ 7528 and B:C ratio of 2.56 (Table [9\)](#page-11-0).

Guava orchard has obtained gross & net returns of ₹10,260 &₹ 6120, respectively with cost of production of ₹4140 and B:C ratio of 2.48 in the 2021–2022 and gross & net returns of ₹11,343 and ₹6813, respectively with cost of production of ₹4530 and B:C ratio of 2.50 in the 2022–2023. Mean gross and net returns were ₹10,802 and ₹6467, respectively with cost of production of ₹4335 and B:C ratio of 2.49. Hedge lucerne has obtained gross & net returns of ₹12,920 and ₹10,985, respectively with cost of production of ₹1935 and B:C ratio of 6.68 in the 2021–2022 and gross and net returns of ₹15,752 and ₹13,277, respectively with cost of production of ₹2475 and B:C ratio of 6.36 in the 2022–2023. Mean gross and net returns were ₹14,336 and ₹12,131, respectively with cost of production of ₹2205 and B:C ratio of 6.50. Napier grasshas obtained gross and net returns of ₹38,460 and ₹35,645, respectively with cost of production of ₹2815 and B:C ratio of 13.66 in the 2021–2022 and gross and net returns of ₹39,270 and ₹35,910, respectively with cost of production of ₹3360 and B:C ratio of 11.69 in the 2022–2023. Mean gross and net returns were ₹38,865 and ₹35,777, respectively with cost of production of ₹ 3088 and B:C ratio of 12.59 (Table [9](#page-11-0)).

Poultry unit has obtained gross & net returns of ₹30,626 &₹15,611, respectively with cost of production of ₹15,015 and B:C ratio of 2.04 in the 2021–2022 and gross & net returns of ₹32,395 &₹17,127, respectively with cost of production of ₹15,268 and B:C ratio of 2.12 in the 2022–2023. Mean gross and net returns were ₹31,511 &₹15,142, respectively with cost of production of ₹16,369 and B:C ratio of 2.08 (Table [9](#page-11-0)).

Sheep unit I has obtained gross & net returns of ₹58,162 &₹16,854, respectively with cost of production of ₹41,308 and B:C ratio of 1.41 in the 2021–2022 and gross & net returns of ₹41,870 &₹18,926, respectively with cost of production of ₹22,944 and B:C ratio of 1.82 in the 2022–2023. Mean gross and net returns were ₹50,016 &₹17,890, respectively with cost of production of ₹32,126 and B:C ratio of 1.56 (Table [9](#page-11-0)).

Sheep unit II has obtained gross & net returns of ₹63,123 &₹19,705, respectively with cost of production of ₹43,418 and B:C ratio of 1.45 in the 2021–2022 and gross & net returns of ₹57,730 &₹29,864, respectively with cost of production of ₹27,866 and B:C ratio of 2.07 in the 2022–2023. Mean gross and net returns were ₹60,427 &₹24,785 with cost of production of ₹35,642 and B:C ratio of 1.70 (Table [9\)](#page-11-0).

Economics of diferent integrated farming system models

Among the different integrated farming system models, M_7 had recorded higher gross & net returns (Table [10](#page-12-0)) followed by M_3 . Model M_5 had recorded higher B:C in both the years compared to other models because of lower cost of production and higher returns. Conventional system (M1) had recorded lower gross & net returns.

System economic efficiency (₹ day⁻¹) and Sustainability index

Among all the models, M_7 had obtained highest mean system economic efficiency followed by model M_3 and M_5 . Model M_6 had recorded lowest mean system economic efficiency followed by M_2 and M_1 (Fig. [5\)](#page-13-0). Among all the models, M_7 has recorded highest sustainable yield index and value index followed by M_3 and M_5 (Table [11\)](#page-13-1). Models M_1 and M_6 have obtained negative sustainable yield index which might be due to higher standard deviation of all the seven modules as compared to yield of these two systems. Models M_6 and M_2 have obtained low sustainable value index (Fig. [5\)](#page-13-0) which might be due to low net returns of these models.

Pigeonpea+Maize (1:3)—Sunhemp; G-Guava; N: Napier grass; H-Hedge lucerne; P: Poultry; S1: Sheep lot I; S2: Sheep lot II. *Non signifcant.

Figure 5. Sustainable yield (SYI), value index (SVI) and system economic efficiencyof different integrated farming system models.

Table 11. Water footprints of different integrated farming system models. C₁: Rice–Groundnut; C₂: Pigeonpea + Sweetcorn (1:3)—Bajra; C₃: Bt cotton + Greengram (1:2)—Maize; C₄: Pigeonpea + Maize (1:3)— Sunhemp; G-Guava; N: Napier grass; H-Hedge lucerne; P: Poultry; S₁: Sheep lot I; S₂: Sheep lot II.

Water footprints of diferent integrated farming system models

Water footprint is amount of water required to produce a kg of produce which is measured to identify the water efficient models. Among all the integrated farming system models, model $M₇$ had recorded lowest water footprints in both the years, respectively followed by M_3 and M_5 (Table [11](#page-13-1)). Models M_1 had obtained highest water footprints in both the years, respectively because of high water requirement of rice crop. Model M_6 also recorded the higher water foot prints in both the years, respectively because of low RGEY.

Discussion

Productivity

Bt Cotton+Greengram (1:2)—Maize system has recorded higher RGEY among all the cropping systems which might be due to higher yield of maize and higher yield as well as price of Bt cotton. Among all the components, sheep units have achieved higher RGEY followed by napier grass because of higher growth rate and price of sheep. Higher productivity and fast growth rate have contributed to higher RGEY of napier grass.

 $M₇$ has obtained the higher productivity mainly because of having multiple components, higher production of napier grass and higher production as well as pricing of sheep meat. Growing diferent crops with diferent requirements kept the pest and weed population in check and enhanced the overall productivity. These results in agreement with $18,19$ $18,19$ who found that livestock components would enhance the economic condition of marginal farmers owing to higher price and faster growth rate. M_7 has obtained around 104% higher system productivity as compared to traditional system because of inclusion of proftable enterprises like Bt cotton+Greengram, Pigeonpea+Sweetcorn, sheep and napier grass. Livestock components enhances the overall system productivity as well as profitability compared to traditional cropping systems^{[13](#page-15-12)}. Integration of livestock with cropping systems could solve the problems of small and marginal farmers who occupy majority of farm holdings in India.

Economics

Among the cropping systems, Bt cotton+Greengram (1:2)—Maize system has obtained higher gross as well as net returns followed by rice-groundnut system. Tis might be due to higher yield and price of Bt cotton and higher yield of maize. Pigeonpea+Maize (1:3)—Sunhemp system has obtained higher B:C ratio mainly because of lower cost of cultivation (Table [9\)](#page-11-0).

Among all the components, sheep lot II, sheep lotI and napier grass has obtained gross and net returns which might be due to higher meat demand and better growth rate. Higher meat production in sheep lot II compared to lot I is might be due to better feed which has resulted in better growth rate.²⁰ reported that inclusion of small ruminants like sheep/goat in farming systems improves the income of farmers and saves them from crop failure. Napier grass has higher fodder production capacity at faster growth rate and higher demand which has resulted in higher gross as well as net returns and superior B:C ratio due to low cost of production which is mainly attributed to faster re-growth and low pest incidence.

Higher income is obtained in M_7 , M_5 and M_3 models is mainly because of having multiple enterprises, which have complementary interactions between them and produces income throughout the year unlike conventional systems. Sheep and napier grass have contributed much to the income because of their demand and year round production. These results are in agreement with^{[15](#page-15-14),[21](#page-16-3)} who found that higher returns in integrated farming systems is mainly due to interaction of multiple enterprises i.e., crops, livestock and poultry. Model $M₇$ had obtained 116 and 133% higher gross and net returns, respectively compared to M_1 model (Fig. [6\)](#page-14-0). These results are supported by²² who found that gross and net income increased by 397 and 447%, respectively in integrated farming system compared to farmers practice. Higher B:C ratio was recorded in M_5 followed by M_7 and M_3 models because of profitable enterprises which results in higher returns. Although M_5 has obtained higher B:C ratio, M_7 could be recommended to farmers because of higher net returns which is supported by^{19[,20](#page-16-2)}

System economic efficiency

Models M_7 , M_5 and M_3 have multiple profitable enterprises especially sheep and napier grass which has resulted in the higher system economic efficiency. These results are in agreement with²³ who reported that crop+horticulture + diary + goat + poultry + vermicompost model has obtained highest system economic efficiency of ₹1257 day−1 followed by crop+horticulture+goat+poultry+vermicompost which has obtained ₹1118 day−1 because of integration of multiple proftable enterprises like goat and poultry.

Negi et al.[24](#page-16-6) reported that integrated farming systems obtains ₹353 ha−1 day−1 whereas conventional rice–wheat system obtains ₹132 ha⁻¹ day⁻¹ and integrated farming system obtains higher system economic efficiency because of integration of livestock. Models M_1 and M_2 have obtained low system economic efficiency as they have only cropping components. Existing cropping systems obtains low system economic efficiency and brings income once a year unlike farming systems which brings income round the year because of integration of multiple enterprises. These results are corroborated with²¹ who found that dependence on single component increases the risk to farmers especially with small holdings which necessitates the integration of cropping systems with livestock.

Sustainable index

Identifying a suitable and viable IFS model for a region can be guided by a sustainability index, which indicates both economic viability and environmental friendliness. Higher sustainability index of models M_7 and M_3 is mainly because of integration of crop with livestock which provide continuous income. These results are in agreement with 23 who found that livestock plays an important role in stabilizing the income sustainability if integrated with components like crop and horticulture. Babu et al. ^{[21](#page-16-3)} reported that judicious integration and synergism among enterprises and efficient by-product utilization making the enterprises self-sustainable by generating wealth from waste which makes the system self sustainable. Swarnam et al.¹² reported that cropping systems are vulnerable to abnormalities in this climate change era so animal components need to be integrated and diverse crops should be grown to achieve the sustainability to smallholder farms. Combining multiple productive and profitable components can improve the sustainability of a model. Therefore, promoting IFS can support marginal and small-scale farmers of Telangana^{[25](#page-16-7)}.

Negative sustainable index of models M_1 and M_6 was mainly due to a higher standard deviation of all the modules as compared to net returns or yield of that particular system. Ponnusamy et al.^{[26](#page-16-8)} reported that adoption

Figure 6. Comparison between economics of M_1 (existing) and M_7 (recommended) models.

of only cropping components reduces the sustainable value index because of low net returns and diverse multiple components in a farming system enhance the sustainable yield as well as value index.

Water footprints

Lowest water footprints were recorded in model M_7 followed by M_3 and M_5 which might be because of havinglivestock components especially sheep which produce higher RGEY with less quantity of water compared to crops. M_1 had obtained highest water footprints in both the years, respectively because of high water requirement of rice crop. Cereal crops are less water efcient but they are the staple food across the globe so they need to be integrated with other components to enhance overall water use efficiency of system. These results are in agreement with¹⁵ who reported that IFS unit has recorded the lowest water footprint of 149 lit per kg produce whereas conventional rice–wheat and maize–wheat systems have recorded 1277 and 1024 lit per kg produce, respectively which supports the notion that a suitable designed IFS module is water-use efficient under marginal land holding. Surve et al.²⁷ reported that higher water productivity in the diversified systems was due to the multiple use of available water with the integration of diferent enterprises especillaycrop-livestock integration which is a regenerative agriculture practice which would beneft the farming community in the long term.

Conclusions

Mono-cropping of cereals has been exploitative and not economical to the farmers. There is a need to design an agricultural production system that ensures food and nutritional security, provides social and economic stability, and builds and protects the ecosystem services. The IFS consists of different components viz., crops, perennials, fodder crops, livestock, poultry etc. that increases the productivity, proftability and employment which ultimately improves the standard of living of rural farmers. Farming systems reduces the dependence on external resources through efficient recycling of on-farm biomass and other resources. Conducting research on IFS helps to find out the contribution of each component and contribution to soil sustainability. Developing water efficient IFS model for small and marginal farmers is the need of the hour in this water scarce era. Model M_7 has obtained higher system productivity and gross and net returns. It has recorded highest sustainable yield index and value index with lowest water footprints. Based on these results, it can be concluded that IFS model $M₇$: Rice–Groundnut, Pigeonpea+Sweetcorn (1:3)—Bajra, Pigeonpea+Maize (1:3)—Sunhemp; Napier grass, Hedge lucerne, Poultry (100), Sheep (5+1) in 1-acre area is suitable for Irrigated Situation of Telangana and adjacent regions. Based on the results of this study, farmers and policy makers could understand the impact of integrated farming systems in terms of yields, profts and sustainability compared to traditional systems and work on increasing the adoption of this approach (Supplementary fle).

Data availability

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

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Author contributions

Conceptualization, methodology, investigation, writing—original draft preparation, R.K., M.V.R., Ch.P.K., T.R.P., N.A.-A.; Methodology, Sofware, Data interpretation, M.G., D.S.N., M.S.C., M.S.K., N.A.-A.; Data analysis, writing—review and editing, Supervision, N.V.K., L.P.R., K.B., R.B., K.M.E., M.A.M. All authors have read and agreed to the published version of the manuscript.

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Additional information

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Correspondence and requests for materials should be addressed to N.A.-A. or M.A.M.

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