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## Prevalence and epidemiological investigation of mgrB-dependent colistin resistance in extensively drug resistant *Klebsiella pneumoniae* in Iran

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Carbapenemases-producing *K. pneumoniae* are challenging antimicrobial therapy of hospitalised patients, which is further complicated by colistin resistance. The aim of this study was to investigate the molecular epidemiological insights into carbapenemases-producing and colistin-resistant clinical *K. pneumoniae*. A total of 162 colistin resistant clinical strains of *K. pneumoniae* were collected during 2017–2019. Antimicrobial susceptibility and the colistin minimum inhibitory concentration were determined. Using PCR assay, the prevalence of resistance-associated genes including *bla*<sub>KPC</sub>, *bla*<sub>IMP</sub>, *bla*<sub>VIM</sub>, *bla*<sub>OXA-48</sub>, *bla*<sub>NDM-1</sub> and *mcr-1* to -9 was examined. Additionally, a PCR assay was used to examine the *mgrB* gene in colistin-resistant bacteria. 94.4% of the tested strains were resistant to imipenem and 96.3% were resistant to meropenem. Colistin resistance (MIC > 4 µg/L) was observed in 161 isolates (99.4%) by Colistin Broth Disk Elution method. The KPC enzyme was the most common carbapenemase and was identified in 95 strains (58.6%), followed by the IMP, VIM and OXA-48 detected in 47 (29%), 23 (14.2%) and 12 (7.4%) isolates, respectively. However, no NDM-1 gene was detected. Additionally, none of the studied isolates harbored *mcr* variants, while *mgrB* gene was observed in 152 (92.6%) isolates. Colistin resistance of *K. pneumoniae* isolates may be associated with *mgrB* gene mutation. To stop the spread of resistant *K. pneumoniae*, surveillance must be improved, infection prevention protocols must be followed, and antibiotic stewardship must be practised.

Multidrug-resistant Gram-negative bacteria (MDR-GNB), such as *Klebsiella pneumoniae*, are a serious public health concern, particularly infections caused by strains that produce carbapenemase and are only susceptible to a limited number of antimicrobials<sup>1,2</sup>. Polymyxin antibiotics have historically been used as a last resort to treat infections brought on by *Enterobacteriaceae* that are resistant to the antibiotic carbapenem.

Polymyxin antibiotics, including colistin (also known as polymyxin E) are cationic antimicrobial peptides that bind to the lipid A phosphate moiety of bacterial lipopolysaccharide (LPS), resulting in leakage of intracellular components from the cell membrane<sup>3</sup>. However, the emergence of colistin resistance in GNB has been reported in several countries, with resistance mediated via genetic variations represented by chromosomal mutations in genes involved in lipopolysaccharide synthesis, namely *phoP/phoQ*, *pmrA/pmrB* or *crrA/crrB* as well as on the *mgrB* regulatory gene<sup>4,5</sup>. *K. pneumoniae*'s acquired colistin resistance has been linked to the inactivation of the *mgrB* gene, with several genetic events causing changes to these genes in both human and animal isolates<sup>6</sup>. These mutations lead to overexpression of the genes and an increased synthesis of phospho-ethanolamine (pEtN) and 4-amino-4-deoxy-L-arabinose (LAr4N)<sup>7</sup>.

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In 2016, Yi-Yun Liu et al. discovered a plasmid-mediated colistin resistance gene (*mcr-1*) encoding a lipid A phosphoethanolamine transferase that confers resistance to colistin by transferring pEtN to lipid A<sup>8</sup>. Colistin-resistant *Enterobacteriaceae*, particularly *K. pneumoniae*, that contain the *mcr-1* gene have been reported from humans, animals used for food production, and the environment worldwide, raising the possibility of horizontal transmission of colistin resistance<sup>9</sup>. This has raised concerns about the potential emergence of pandrug resistance in Enterobacterales. As a result, it is important to continuously and precisely examine how the *mcr* genes emerged and propagated across bacteria. A systematic review and meta-analysis on the prevalence of colistin resistance of *K. pneumoniae* isolates in Iran revealed that the pooled prevalence of colistin resistance in clinical isolates was 6.9%<sup>10</sup>. However, the rate of *K. pneumoniae* carbapenem resistance was more than 73% in different studies<sup>11,12</sup>.

The development of reliable techniques for the detection of polymyxin resistance, with low cost and feasibility are necessary. Simner and colleagues described the Colistin Broth Disk Elution (CBDE), which uses colistin disks as a source of these antibiotics<sup>13</sup>. This study's objective was to examine the molecular mechanisms of colistin and carbapenem resistance among a collection of extensively drug resistant *K. pneumoniae* collected from clinical specimens in Tehran, Iran. Also, a comparison was made in susceptibility of *K. pneumoniae* isolates to colistin using Disk diffusion, Chrome Agar, E-test, and CBDE.

## Materials and methods

**Bacterial strains.** From June 2017 to March 2019, a total of 162 non-duplicate strains of *K. pneumoniae* were isolated from clinical samples of inpatients and outpatients at Milad Hospital in Tehran, and they were resistant to the colistin in the initial screening. The disc diffusion method and selective agar medium CHRO-Magar COL-APSE (Paris, France) were used to detect resistance to colistin and finally colistin resistant isolates that were confirmed by both methods were included in the study.

**Antimicrobial susceptibility testing.** Antimicrobial susceptibility testing was performed on Muller-Hinton agar plates using the standard disk diffusion method according to the Clinical and Laboratory Standards Institute (CLSI, 2022) guidelines<sup>14</sup>. A total of 10 antibiotics including cefotaxime (CTX: 30 µg), ceftazidime (CAZ: 30 µg), piperacillin/tazobactam (TZP: 100/10 µg), amikacin (AN: 30 µg), gentamicin (GM: 10 µg), fosfomycin (FOX: 200 µg), imipenem (IMP: 10 µg), meropenem (MERO: 10 µg), ciprofloxacin (CIP: 5 µg), and trimethoprim/sulfamethoxazole (SXT: 1.25/23.75 µg) were investigated. *Escherichia coli* ATCC 25,922 was used as a quality control strain.

Minimum inhibitory concentrations (MICs) of colistin were determined using E-test strips (bioMérieux, Craponne, France) and CBDE<sup>13</sup>. Isolates with an MIC > 4 µg/L by CBDE were categorized as resistant.

**Molecular analysis of carbapenem and colistin resistance-associated genes.** DNA extraction was performed commercial High pure PCR template preparation kit (Roche Molecular Biochemicals, IN, USA) according to the manufacturer's instructions. Carbapenemases-encoding genes such as (*blaKPC*, *blaIMP*, *blaVIM*, *blaOXA-48* and *blaNDM-1*) were detected by singleplex PCR<sup>15-19</sup>. Singleplex PCRs were also used to test the colistin-resistant isolates for the presence of *mcr-1-9* according to previous published papers<sup>20-24</sup>. In addition, using specific primers that targeted the *mgrB* coding sequence and several flanking areas, PCR analysis of *mgrB* was carried out<sup>25</sup>. The sequence of primers used in this study, which were selected based on common variants, is shown in Table 1. Positive strains for *blaNDM*, *blaVIM*, *blaKPC* and *blaOXA-48* that confirmed by sequencing method were used as positive control and *E. coli* ATCC 25922 was utilized as negative control in the PCR assays.

**Genomic sequencing.** Draft genome sequences were created using genomic sequencing on an Oxford Nanopore GridION in National Reference Laboratory.

**Statistical analysis.** Data analysis was performed using IBM SPSS Statistics v.22.0 (IBM Corp., Armonk, NY). The frequency of isolates between groups was compared by  $\chi^2$  test. A P-value of  $\leq 0.05$  was considered statistically significant.

## Results

**Epidemiology of colistin-resistant *K. pneumoniae* isolates.** During the study periods, 162 colistin resistant strains of *K. pneumoniae* belonging to 94 (58%) men and 68 (42%) women were studied. The average age of the patients was  $67.25 \pm 1.2$  (between 19 and 98 years) and most of the studied patients 103 (63.6%) were older than 65 years. Out of 162 patients, 155 were inpatients and only 7 were outpatients. The largest number of studied samples included trachea (41, 25.3%), urine (37, 22.8%) and sputum (35, 21.6%) samples, more than half of which (95, 58.6%) were received from the intensive care unit (ICU). The demographic characteristics of patients, sample types and distribution of study isolates among the different hospital wards are shown in Table 2.

**Antimicrobial susceptibility testing.** 79.6% of the tested strains were resistant to cotrimoxazole, and except for amikacin, resistance to other antibiotics was observed above 90% (Fig. 1). Out of 162 *K. pneumoniae* isolates, 161 (99.3%) were resistant to ciprofloxacin. The resistance rate of the third generation of cephalosporins including ceftriaxone and ceftazidime was 98.8%. Resistance to carbapenems, which are used as alternative antibiotics in the treatment of strains resistant to cephalosporins, was high, so that 94.4% of the tested strains were resistant to imipenem and 96.3% were resistant to meropenem. From aminoglycoside antibiotics, gentamycin and amikacin were tested, and the resistance to gentamycin was about 90%, while the resistance to amikacin

Primers	Sequences	Size (bp)	References
KPC	ATGTCACGTATCGCCGTCT TTTCAGAGCCTTACTGCC	893	15
NDM-1	GGTTTGGCGATCTGGTTTC CGGAATGGCTCATCACGATC	621	16
OXA-48	TTGGTGGCATCGATTATCGG GAGCACTTCTTTTGTGATGGC	743	17
IMP	CCAAACYACTASGTTATC GAATAGRRTGGCTTAAAYTCTC	188	18
VIM	GTTTGGTCGCATATCGCAAC AATGCCGAGCACCAGGATAG	382	19
Mcr-1	AGTCCGTTTGTCTTGTGGC AGATCCTTGGTCTCGGCTTG	320	20
Mcr-2	AGCCGAGTCTAAGGACTTGATGAATTTG GCGGTATCGACATCATAGTATCTTG	576	21
Mcr-3	AAATAAAAATTGTTCCGCTTATG AATGGAGATCCCCGTTTTT	929	20
Mcr-4	AATTGTCGTGGGAAAAGCCGC CTGCTGACTGGGCTATTACCGTCAT	1062	22
Mcr-5	GTGAAACAGGTGATCGTACTACCG CGTGCTTTACACCGATCATGTGCT	271	23
Mcr-6	ACTGACCAAGCCGAGTCTAAG GCATCACGGGATTGACATAGC	259	24
Mcr-7	GCGACCTCCTACCTGAATG CCCTTTGGCGACGACTTTG	345	24
Mcr-8	TTGTCGTCGTGGGCGAAAC CTGTCGCAAGTTGGGCTAAAG	514	24
Mcr-9	CGGCGAACTACGCTTACAG CGCACAGTTTCGGGTATCAC	465	24
mgrB	AAGGCGTTCATCTACCACC TTAAGAAGGCCGTGCTATCC	253	25

**Table 1.** Primers used in this study.

was about 44%, and 12% of the strains had intermediate resistance to this antibiotic. Resistance of *K. pneumoniae* strains to tazobactam-piperacillin was 92%. Colistin resistance (MIC > 4 µg/L) was observed in 161 isolates (99.4%) by CBDE (Table 3). To compare the antimicrobial sensitivity test using chrome agar, E-test and CBDE methods in colistin resistant *K. pneumoniae* isolates, 95.6% of the methods used in this study overlapped to detect colistin sensitivity. Meanwhile, a big difference was observed with the disc diffusion method. 50 (30.8%) of the isolates that showed resistance to colistin by other studied methods, showed a sensitive phenotype by disc diffusion method.

**Molecular analysis of carbapenem and colistin resistance-associated genes.** The gene encoding the KPC enzyme was the most common and was identified in 95 strains (58.6%), followed by IMP and VIM in 47 (29%) and 23 (14.2%) strains, respectively. The gene encoding the OXA-48 enzyme was found in 12 strains (7.4%), while the NDM-1 gene was not detected.

PCR screening for plasmid-mediated colistin resistance genes (*mcr-1* to *mcr-9*) were examined on tested strains. According to the findings, no positive *mcr* isolates were found. Therefore, all the strains were examined for the presence of the *mgrB* gene, and 152 (92.6%) strains harboured the gene. Genomic sequencing of strains harboured *mgrB* gene revealed that only the conversion of codon 39 from TCA to TGA was present in two isolates, since the TGA codon is a stop codon, which causes the termination of transcription and the loss of protein function (Accession number KF852760: m colistin-susceptible *K. pneumoniae* strain; coverage:53%).

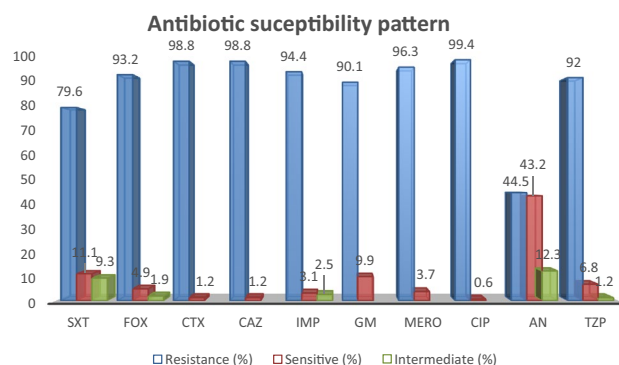
## Discussion

The global increase in multidrug-resistant *K. pneumoniae* strains has increased the use of colistin to treat these infections, resulting in the emergence of colistin resistance worldwide<sup>26,27</sup>. The important concern that must be considered in the management of nosocomial infections caused by *K. pneumoniae* are periodic surveillance to identify the resistant strains for optimizing available infection control policies and treatment options in different parts of the hospitals<sup>28</sup>. This study investigated the molecular mechanisms of colistin and carbapenem resistance among a collection of extensively drug resistant *K. pneumoniae* clinical isolates in Tehran, Iran. Also, different phenotypic methods including disc diffusion, E-test, chrome agar and CBDE were compared to determine the susceptibility of *K. pneumoniae* isolates to colistin.

In the comparison between the phenotypic methods, the highest number of colistin-resistant strains was identified with the CBDE method. So that out of 162 tested strains, except for one strain, the other isolates were resistant to colistin by the CBDE method, then the E-test and chrome agar methods showed the highest resistance (95.6% overlap to detect colistin resistance), and finally, the disc diffusion method showed the lowest resistance. Some studies have compared agar dilution, E-test and disk diffusion methods to measure colistin resistance in

Characteristics	N (%)
Gender, N (%)	
Male	94 (58)
Female	68 (42)
Age, N (%)	
19–24	1 (0.6)
25–34	5 (3.1)
35–44	9 (5.6)
45–54	14 (8.6)
55–64	30 (18.5)
65 +	103 (63.6)
Specimen type (%)	
Wound	17 (10.5)
Sputum	35 (21.6)
Urine	37 (22.8)
Trachea	41 (25.3)
Blood	16 (9.9)
BAL	1 (0.6)
Pleural	5 (3.1)
Ascitic fluid	3 (1.9)
Abscess	3 (1.9)
Urinary catheter	4 (2.4)
Ward (%)	
Internal	29 (17.9)
I.C.U	95 (58.6)
Kidney transplantation	6 (3.7)
Emergency	6 (3.7)
Lung	6 (3.7)
Surgery	9 (5.6)
C.C.U	3 (1.9)
Dialysis	1 (0.6)
Outpatients	7 (4.3)
Total	162 (100)

**Table 2.** Sources of strains isolation.



**Figure 1.** Results of Antimicrobial susceptibility testing for different antibiotics in colistin resistant *K. pneumoniae* isolates. *SXT* Trimethoprim/Sulfamethoxazole, *FOX* Fosfomycin, *CTX* cefotaxime, *CAZ* Ceftazidime, *IMP* Imipenem, *GM* Gentamicin, *MERO* Meropenem, *CIP* Ciprofloxacin, *AN* Amikacin, *TZP* Piperacillin-Tazobactam.

Test	Resistance (%)	Sensitive (%)
CBDE	161 (99.4)	1 (0.6)
Chrome Agar	154 (95.1)	8 (4.9)
MIC (E-test)	160 (98.8)	2 (1.2)
Disk diffusion	105 (64.8)	57 (35.2)
Total	162 (100)	

**Table 3.** Comparison of colistin resistance results obtained with different methods in *K. pneumoniae* isolates.

Gram-negative bacilli<sup>29,30</sup>. According to CLSI and EUCAST guidelines, they confirmed that the use of diffusion-based methods for antimicrobial susceptibility testing against colistin was unreliable, which is due to the large size of the colistin, prevents its uniform diffusion in agar-containing media<sup>14</sup>. Despite this recommendation, the results of this study showed that the disk diffusion method performed with both types of commercial disks containing colistin was able to successfully differentiate resistant strains. According to this result, it seems that revisions should be made about the diagnostic value of the disc diffusion method to determine the susceptibility to colistin and this test should not be completely abandoned. Because disc diffusion method is able to identify at least strains with high level of resistance to colistin and can be an important tool in the direction of rapid screening of resistant strains with high resistance level. CBDE is a simple and low-cost phenotypic method to test antimicrobial sensitivity against colistin in Gram-negative bacilli, including *Enterobacteriaceae*, which has been approved by CLSI and EUCAST. Studies have shown that CBDE method was comparable with the broth microdilution method as a reference method with a 100% correlation<sup>13,31</sup>.

The colistin-resistant rate in Iran were reported about 11.6%<sup>32</sup>. Nevertheless, data from reports of neighboring countries showed the resistance to colistin are ranging from 0 to 31.7%<sup>33</sup>. As expected for colistin-resistant isolates in our study, most were also resistant to other clinically useful antimicrobial agents. In the present study, 96% of isolates showed phenotypic resistance to meropenem and/or imipenem, which similar to many other studies, 95 of them harboured *bla*<sub>KPC</sub> gene<sup>34</sup>. We found that none of the colistin-resistant *K. pneumoniae* isolates had plasmid-encoded *mcr*-genes, suggesting that the resistance is mediated by chromosomally encoded mechanisms. MCR-1 is still extremely uncommon in clinical isolates worldwide<sup>35</sup>. In previous investigations, *mcr*-1 prevalence in *Enterobacteriaceae* was reported to range between 0.1 and 1%<sup>36,37</sup>. The literature shows the prevalence of the *mcr*-1 gene was lower in *Enterobacteriaceae* strains isolated from human sources than in strains isolated from animal and food samples<sup>38</sup>. This assumes that their reservoir is at least in animals and the environment, following the important use of colistin in animal production and in general agriculture. In Iran, the massive use of colistin in clinical practice following the spread of carbapenemase-producing *Enterobacteriaceae* has led to the selection of multidrug-resistant bacteria in hospital settings<sup>39</sup>.

Interestingly, the results of the current study showed that *mcr*-1- negative *K. pneumoniae* isolates had high level of colistin resistance. Consistent with this findings, previous studies reported that *K. pneumoniae* with chromosomal mutations in *mgrB* exhibited a high level of colistin resistance<sup>40,41</sup>. The mechanisms of colistin resistance other than those attributed to the *mcr*-1 gene in the *K. pneumoniae* isolates in this study are being further studied to define the precise molecular mechanism of resistance. Of 162 colistin resistant *K. pneumoniae* isolates, 150 (92.6%) isolates had *mgrB*. Critical changes in *mgrB*, such as disruption of the promoter or coding sequence, are thought to cause the gene to be silenced or lead to the generation of shortened *mgrB*<sup>40</sup>. In reality, PhoP/PhoQ activation follows *mgrB* inactivation by any of these occurrences, which in turn activates the PmrA response regulator responsible for modification of the lipopolysaccharide polymyxin target<sup>25</sup>. So mentioned mutation in the present study may causes the termination of transcription and the loss of protein function. Avgoulea et al. reported that insertional inactivation of the *mgrB* gene conferred resistance to colistin in all isolates tested<sup>42</sup>.

There were some limitations related to the present study. Firstly, it should be noted that this study was performed using extracted DNA samples from *K. pneumoniae* that were selected based on the results of initial screening for colistin resistance. The lack of strains carrying *mcr* genes except *mcr*-1 as a positive control is another limitation. From an epidemiological standpoint, the monocentric nature of the study is a significant limitation.

## Conclusion

Our findings indicate that the colistin resistance of *K. pneumoniae* isolates may be associated with *mgrB* gene mutation. These data provide added insight into the mechanism of colistin. Colistin resistance developed with a number of new mutations among highly resistant populations, limiting the availability of further antimicrobial medicines and resulting in pandrug resistance. The prevalence of resistance to carbapenems and colistin in Iran should be surveyed and new therapeutic strategies including old drugs should be evaluated and used in Iran.

## Data availability

All data generated or analyzed during this study are included in this published article and Supplementary Information file [and its tables and figures].

## Code availability

The code is available from the corresponding author upon request.

Received: 17 December 2022; Accepted: 28 June 2023

Published online: 01 July 2023

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## Acknowledgements

Research reported in this publication was supported by Elite Researcher Grant Committee under Award Number 963434 from the National Institute for Medical Research Development (NIMAD), Tehran, Iran.

## Author contributions

M.R. participated in study supervision, design of the study, and critical revision of the manuscript for important intellectual content. A.Z.B. carried out the data collection and drafted the manuscript. PE participated in microbiologic methods. L.G., F.A. and H.K. participated in design of the study and critical revision of the manuscript for important intellectual content. A.D.D. and H.R.B.P. conducted the molecular methods. All authors read and approved the final manuscript. The participant has consented to the submission of this article to the journal. We confirm that the manuscript, or part of it, has neither been published nor is currently under consideration for publication. This work and the manuscript were approved by all coauthors.

## Competing interests

The authors declare no competing interests.

## Additional information

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