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On the evolution of sexual receptivity in female primates

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There has been much interest in the evolutionary forces responsible for, and underlying the diversity in, female primate reproductive cycles. While there has been limited research on sexual receptivity in primates, this has been one recurring topic of interest. Some primate species are like humans, sexually receptive to mating throughout their entire estrus cycle, while other species are the opposite, receptive for mere hours out of their several-week cycles. Why is there such prominent variation in sexual receptivity length among primate species? Here we examine the evolutionary trade-offs associated with sexual receptivity length using mathematical modeling. We investigate how various factors, including having ovulation signs present versus concealed ovulation, female physiological costs, and group size, each influence the length of females' receptive periods. We find that both continuous receptivity and very short lengths of receptivity are able to evolve. Our model predicts that increasing the impacts of infanticide will increase the length of the female receptive period, emphasizing the possible importance of paternity confusion. Similar effects can also be achieved by increasing the non-genetic benefits provided by males. Overall, our work offers a theoretical framework for understanding the evolution and diversity of mating traits in female primates.

The unique behavioral changes associated with the estrus cycle of female mammals have been researched for over a century. As early as 1900, scientists were interested in when and why females were willing to receive male mates, noting that in most species there was a “special period of sexual desire...and only at that time, the female is willing to receive the male¹.” Despite recurring interest in this topic throughout the past century, there is still relatively limited research on primate sexual receptivity. Not only is this topic of interest among primatologists, it may help to give insight into why human females are continuously receptive to mating.

Definitions. In general, there are three main characteristics used to describe the changes through which female mammals go when they are in estrus: sexual attractivity, proceptivity, and receptivity². Although the focus of this paper is on female sexual receptivity, much of the work surrounding the estrus cycles of female mammals has instead been in relation to *sexual attractivity*, that is non-behavioral cues, such as sexual swellings, bright colorations, etc. around the female's genital region, that are used to signal probable times of ovulation. Concealed ovulation, also of much interest, is the lack of any such visual signs around a female's time of ovulation. *Proceptivity* refers to behavioral cues displayed by females in order to initiate and/or maintain sexual interactions with males. Finally, *receptivity* is the willingness of a female to accept a male and allow copulation/intravaginal ejaculation with him to occur³.

Hence, attractivity can be thought of as the value to a male of a female being a sexual stimulus, and typically gets measured for primates in the field via male behaviors: frequency of approaches by males to a female, frequency of attempts by males to mount a female, etc.⁴ Proceptivity instead gets measured via female behaviors: counts of affiliative behaviors (e.g., a female moving to sit near a male or to stay in his vicinity), more direct sexual solicitation (e.g., a female presenting her hindquarters to a male or making species-specific vocalizations, facial expressions, and/or gestures like lip-smacking in baboons or head-bobbing in rhesus monkeys), investigation of the male's anogenital region, female grooming of the male, etc.² (See p.133 of Dixson (2012) for a more complete list of proceptive behaviors in female primates³.)

Receptivity is harder to measure in the field since it requires a male approaching and wanting to mate. However, it can be seen by the female shifting to a specific stance allowing for penile insertion or ejaculation (depending on the species), remaining stationary in that position, etc.⁴ Receptivity, even when the female is

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most fertile, is not a passive action. Females may avoid or actively refuse male mount attempts, or terminate the mount prior to ejaculation. In the field, receptivity in primates often gets measured by counting such refusals, acceptances, and terminations of male mounts by females^{2,5}.

Also, it is important to note that even in species with long lengths of receptivity, matings will not necessarily be evenly distributed throughout such periods of receptivity. Things like female desire and female-initiated matings may increase around their time of fertility, despite a female being receptive for longer proportions of her cycle⁶.

Receptivity in non-primate mammals. Receptivity as an aspect of primate behavior is much different from the vast majority of non-primate mammals². In most non-primate mammals, receptivity is limited to the peri-ovulatory (i.e., around the time of ovulation) phase of the female's estrus cycle, and strongly dependent on hormones, including estrogen and progesterone. Prosimian primates (lemurs, galagos, etc.) also tend to be more like non-primate mammals in that they only have limited periods of sexual receptivity during their peri-ovulatory phase⁷. Not only is this time of receptivity typically brief in non-primate mammals and prosimians, but in many species (including galagos), the vagina is actually fused shut, or otherwise completely covered, outside the female's receptive period, making mating outside of this time physically impossible⁴.

In addition, in many non-primate mammals and prosimian primates, ovariectomy (surgical removal of the ovaries and hence also removal of the ovary-produced hormones estrogen and progesterone) results in a complete lack of sexual receptivity in the female, with females even attacking males attempting to copulate with them in the case of galagos. This is quite different from the anthropoid primates (including humans), in which copulations will still occur, even after removal of the ovaries⁸.

Variation in receptivity among primates. Among all species of primates, there is great variability in the duration of the estrus cycle where the female is receptive. Some species are like humans or bonobos in which individual females are receptive throughout their entire cycle, while other species are like gorillas or the prosimians, in which individual females are receptive exclusively during the middle of their cycles around their time of ovulation². In some species, females will initiate the majority of all matings (e.g., in *Gorilla*, *Ateles*, *Alouatta*, *Cebus*, and *Rhinopithecus*), while in other species females initiate 0% of all mounts (e.g., in greater galagos and owl monkeys)³. Other primate species lie more in between, with females initiating 18% of all mounts in free-ranging chimpanzees⁹, 66% in gelada baboons¹⁰, and 69% in lion-tailed macaques¹¹.

Other aspects of receptivity. Species whose females are receptive throughout their entire cycle are referred to as being 'continuously receptive'. Many species engage in what is called 'situation-dependent receptivity', i.e., when a female becomes receptive despite not being in the middle of her cycle. This most frequently occurs when a female encounters an unfamiliar male. For example, non-receptive females (including in some cases even pregnant females) in gray langurs and gelada baboons will display both proceptive and receptive behaviors within days of new males invading their group⁴.

Longer receptivity is clearly *less* important in species where forced copulations occur¹². However, in many primate species, the female takes an active role in mating via proceptive behaviors and many males wait for such behaviors prior to attempting to mate². On the other hand, longer receptivity could be *more* important in select species where 'food-for-sex' is the norm (i.e., the female receives provisionings or other resources from a male in exchange for her copulating with him)¹³. Similarly—and more commonly—the female could instead be trading copulations with a male for protection of herself against predators, harassment, etc., which could also provide selection pressure on the lengthening of receptivity. Alternatively, females could increase their fitness by mating with males more likely to provide paternal care to their offspring^{14,15}. Note all these different costs and benefits of receptivity can be thought of as encapsulated together in a single 'benefit-to-cost' ratio, what we term later the 'benefit of paternal male quality'.

Female competition for preferred mates. As stated in a review paper on female–female competition, "Female competition for the sperm of preferred (or competitively successful) males could be a potentially widespread but previously overlooked evolutionary force¹³." Indeed, receptivity may function less in securing females *any* mate, but rather in securing them their *preferred* mate (i.e., a high-quality male). In these situations, females are trying to concentrate paternity of their offspring in that preferred mate. At least in some contexts, sperm limitation may play a role^{7,16}.

In both gelada baboons and hamadryas baboons, there is a negative relationship between conception rate and the ratio of estrus females to males. Similarly, among gorillas, females will receive fewer copulations when other females are in estrus simultaneously¹³. Note that such preference in females for 'high-quality males' can be thought of not only as a preference for good genes, but also in maturity, rank, fertility, protection, investment, vocal or visual displays, etc. (reviewed in Clutton-Brock¹⁷). Surbeck et al.¹⁸ showed that, when comparing bonobos to chimpanzees, male bonobos have a higher reproductive skew and stronger relationship between dominance rank and reproductive success, despite female bonobos having the longer periods of receptivity.

In general, there exists a trade-off between the benefits of a female being receptive for a longer amount of time versus a female being receptive for shorter. A female with a shorter period of receptivity would have less time in her cycle to mate, which helps both concentrate paternity in high-quality males and also avoid the physiological costs of having longer receptivity. On the other hand, a female with a longer period of receptivity would have more time to mate with multiple males in one cycle, helping to confuse paternity¹⁹. Possible benefits of mating with multiple males in one cycle include reduced risk of infertility, increased protection of offspring against predators, increased investment to offspring by multiple males, and genetic diversity^{17,20,21}.

Infanticide. Another important possible benefit to females from both paternity concentration and paternity confusion—and hence also a possible effect on female receptivity length—comes from infanticide. Infanticide, the killing of a female's offspring prior to weaning, is extremely detrimental to a female's fitness^{22–28}. However, committing an act of infanticide may benefit any male who is not the father of that particular offspring, and hence infanticide is often seen when a new male takes over a group²⁷. Since many female primates have prolonged lactational amenorrhoea¹⁹, a male killing a female's offspring results in bringing that female back to fertility sooner by prematurely ending her lactation^{29,30}. The infanticidal male can then subsequently mate with this female, meaning his offspring will be able to be born sooner than would otherwise be possible had he never committed infanticide³¹. Although infanticidal events are typically rare, they have been documented in many primate species^{22,32}, and constitute up to 64% of all infant mortality in some primate species¹⁹.

Indeed, since males' decisions about whether to help or harm an infant are primarily based on their mating history, one prominent counterstrategy used by females to protect against infanticide is the manipulation of males' probabilities of paternity, either actual or perceived. For example, if infanticide is likely to only be committed by one male in a group, it may be in females' best interests to concentrate their future offspring's paternity in him. This would help ensure that he believes he is the father of her offspring, and hence he would be much less likely to kill the offspring, and may even go out of his way to help protect it should any other male attempt to commit infanticide against that offspring¹⁹. Observational and genetic data both confirm that infanticide is rarely committed by the father of that offspring^{22,30,33,34}.

Conversely, paternity confusion could also play a role in protecting an offspring from infanticide. If infanticide may be committed by multiple males in the group, or any new outsider male who takes over the group, it would instead likely be in the female's best interest to mate with as many of those males during one cycle as she possibly can, in order to help confuse paternity, i.e., make multiple males think they may be the father of her offspring¹⁹. Indeed, infanticide could have provided the main selection pressure favoring situation-dependent receptivity, including continuous receptivity. Such a female with the capacity to facultatively and opportunistically solicit sexual behavior would be better equipped to manipulate males' probable paternities, thus lowering the risk that her infant might be killed²².

Research questions. In situations with no fossil record, as is the case with female receptivity, scientists must often rely upon comparative analyses and evolutionary modeling in order to help understand such phenomena. The application of the comparative approach to female primate sexual receptivity has, so far, been limited. Hrdy and Whitten⁴ collected much data on female primate receptivity, proceptivity, sexual swellings/colorations, male behaviors, breeding patterns, etc. However, their work was meant as more of an exposé of all the variation that is present among primate species rather than a true comparative analysis between different traits. van Schaik et al.¹⁹ were primarily concerned with infanticide and those sexual behaviors relating to defense against infanticide. Their collected data and statistical analyses focused on correlations among traits and behaviors present in today's species, rather than on their evolutionary origins. Finally, Stockley³⁵ looked only at the specific relationships between female receptivity length and male baculum length and penile spinosity in primates.

Given the complex evolutionary trade-offs between factors affecting female receptivity, theoretical insight based on evolutionary modeling is warranted. However, to our knowledge there has yet to be any mathematical modeling work done on the evolution of primate sexual receptivity. It is our aim to address this gap. In particular, we construct a mathematical model in order to gain explicit insight into the following questions: How does length of sexual receptivity contribute to female reproductive success? What factors facilitate the evolution of continuous receptivity and/or very short lengths of receptivity? What role could infanticide have in the evolution of receptivity? How is receptivity linked to the evolution of sexual attractiveness, namely a female having obvious visual ovulation signs or concealed ovulation?

Methods

Building on earlier work³⁶, we construct an agent-based model where the genes for female sexual receptivity are able to evolve. Our goal is to determine how female receptivity length can evolve, both with and without visual ovulation signs simultaneously evolving. Below, after formulating the model, we will present our results in three steps by considering:

- (1) Evolution of receptivity given fixed concealed ovulation,
- (2) Evolution of receptivity given fixed ovulation signs present, and
- (3) Evolution of both receptivity and ovulation signs.

In our model, all evolution is controlled by “fitness”, or each female's relative reproductive success. In this way, “fitness” can be thought of as the expected number of offspring surviving to the age of reproduction. When considering female sexual receptivity, various factors (positive and/or negative) affect such fitness, which we summarize in the following fitness function:

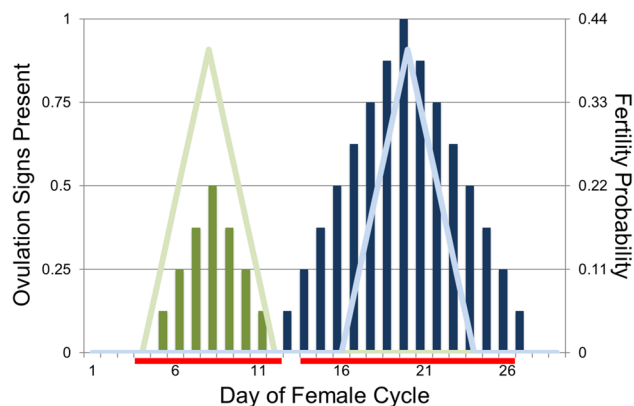


Figure 1. Example ovulation signs, fertility, and receptivity length for two females. Female 1 is denoted by green ($r = 9, m = 0.5, \ell = 7$), and Female 2 by blue ($r = 13, m = 1, \ell = 15$). Visible ovulation signs are depicted by the solid vertical bars, fertility probabilities by the lighter-colored lines, and receptivity by the red horizontal bars at the bottom of the graph. Ovulation is assumed to happen on Day 8 for Female 1 and Day 20 for Female 2. Note receptivity length and ovulation signs and magnitude can all vary independently between females, while fertility curves have the same shape for all females.

$$\begin{aligned}
 \text{female fitness} &= \text{baseline female fitness} \\
 &+ \text{genetic quality of the father} \\
 &+ \text{average non-genetic quality over all mates} \\
 &\pm \text{effect of infanticide from all males} \\
 &- \text{cost of having visible ovulation signs} \\
 &- \text{cost of receptivity.}
 \end{aligned}$$

Below we describe the general biological logic of our model, its variables, and its most important parameters, while the full details of the model, explicit fitness functions, and full definitions of all equations are delegated to the Supplementary Information (SI).

General setup. Our model assumes a population of individuals living in a large number of groups, each with N males and N females. We assume generations to be discrete and non-overlapping. Females can differ genetically in both their visible ovulation signs present and their length of receptivity, while males differ in their quality to females, meaning any benefit from the male to a female and/or her offspring. We do not consider evolution in males, assuming instead that male traits are at a [stochastic] evolutionary equilibrium. Males and receptive females compete for mating opportunities. Mating is followed by offspring production and dispersal. Males can also engage in infanticide.

Females. We explicitly account for the female cycle, which we split into D discrete units of time. While such units could be hours, minutes, etc., we choose to call such units 'days' (for example, with 29 days in one female cycle). Each female is characterized by one genetically controlled trait, r , the length of time the female is receptive to mating (a non-negative, integer value). In addition, females may also be characterized by their visual ovulation signs, denoted $x(d)$ for each day d of the cycle, thought of as overlapping curves. Visual ovulation signs are characterized by two evolvable, genetically controlled traits. Ovulation signs magnitude m is the maximum amount of ovulation signs a female has visible during her cycle (a non-negative, continuous value), while ovulation signs length ℓ is the number of days a female has *some* amount of ovulation signs visible (a non-negative, integer value). We also account for the costs of having ovulation signs visible (scaled by parameter c) and the costs of receptivity (c_r). For an example of what receptivity lengths r and ovulation signs $x(d)$ could look like across a cycle, see Fig. 1.

For each female, the distribution of probabilities of fertilization across the cycle has the same shape but is randomly centered (meaning cycle synchrony may only occur probabilistically). Visual ovulation signs and receptivity are correlated with these days of fertility, but can each still evolve independently. This means we assume there exists at least some reliability of the ovulation signal (since a female's peak day of fertility will also be her day of peak ovulation signs *and* her median day of receptivity), and that such reliability is the same in all females.

Males. Variation in male quality is scaled by parameter b , which also characterizes female benefits. Such quality is explicitly split into a genetic component y_g (GC) and a non-genetic component y_{ng} (NGC). GC is due to the male's genes being passed to the female's offspring, while NGC is any non-genetic benefit to the female from mating with that male. For example, NGC could be protection provided to the female or increased food, provisioning, access to resources, etc. (as reviewed in detail in Clutton-Brock¹⁷). For simplicity, the distribution of male quality in the population remains constant, e.g., as a result of mutation-selection balance.

We assume that y_g correlates with each male's rank (and hence his success in reproductive competition). We also allow for correlation ρ between y_g and y_{ng} . For example, $\rho < 0$ corresponds to the case when powerful males are less interested in providing any protection/provisioning to females. $\rho > 0$ instead corresponds to the case when being a more powerful male implies being better at protecting/provisioning females. Parameter $0 \leq \eta \leq 1$ specifies the relative weight of NGC; with $\eta = 0.5$, male-provided genetic and non-genetic benefits are equally important for females.

Mating. For every unit of time, all males and all receptive females in each group enter the competition for mates. Note our model assumes female behavioral freedom (i.e., no coerced mating). For computational simplicity, we assume each individual to mate exactly once on every unit of time (e.g., day). Males of higher rank (and GC) are more likely to mate with receptive females with stronger ovulation signs (higher $x(d)$), i.e., when the female is likely to be most fertile. Males of lower rank (and GC) mate with receptive females who have fewer ovulation signs visible, i.e., when the female is less likely to be most fertile (note this assumption in primates has empirical support^{37–39}).

The strength of such assortment in our model is controlled by reproductive stochasticity parameters $\epsilon_m \geq 0$ and $\epsilon_f \geq 0$, in males and females respectively. With $\epsilon_m = \epsilon_f = 0$, mating pairs are formed deterministically so that the highest-GC male mates with the female with the most ovulation signs visible, and so on; this is the case of perfect assortment in mating. Increasing ϵ_m increases stochasticity in the outcome of male competition for mating success, and thus reduces male reproductive inequality. Increasing ϵ_f reflects a decrease in the reliability of the ovulation signal as well as a lack of opportunity or interest for fertile females to mate with a higher-GC male (e.g., as shown empirically in Amboseli baboons⁴⁰). With large ϵ_m, ϵ_f , mating becomes random.

For any female's potential offspring, every male in the group will have an associated probability of paternity, ranging anywhere from zero to one. This quantity is determined by both the number of times that particular male mates with the female during her cycle, as well as her probability of fertilization on the days of each mating event.

Infanticide. Modeling infanticide is similar to that in Rooker and Gavrilets³⁶, which itself was adapted from van Schaik et al.²⁶. Any male is able to help or harm (note 'harm' here could simply mean not helping) an offspring prior to the infant being weaned, although some males (e.g., those of higher quality, size, or strength) are able to do so more effectively. Our model does not distinguish between the threat of infanticide via an outsider male or a previously-subordinate male. Infanticide's effects on offspring viability are scaled by parameters α (maximum benefit of protection from infanticide) and β (relative maximum cost of infanticide). An additional parameter $0 \leq \kappa \leq 1$ determines the extent to which males take visible female ovulation signs into account when estimating their paternity in determining what actions to take regarding infanticide. $\kappa = 0$ means males estimate their probability of paternity solely by the number of matings with an offspring's mother, while $\kappa = 1$ means males instead estimate paternity exclusively on the basis of the female's visible ovulation signs during their time of mating.

Female fitness. As introduced earlier, fitness is the expected number of offspring surviving to the age of reproduction, normalized to keep the total population size in each generation constant. While males are assumed to be at an evolutionary equilibrium, selection occurs for females via fertility selection. Assuming additivity of cost and benefit effects for simplicity, the general female fitness function is defined earlier and in more detail in the SI.

Numerical simulations. This model was implemented in C++, using evolutionary simulations of a genetic algorithm. Note that because of the complexity of social interactions, finding useful analytical solutions is not possible. Instead, we have to rely on extensive numerical simulations. Full information on parameter values tested and each of their effects is available in the SI.

Migration occurs with only females migrating between groups, although simulations were also run with only males migrating between groups and the results were unaffected. Mutation occurs with a mutation rate per gene per generation of 10^{-3} . Mutations for m are selected from $\mathbb{N}(0, 0.1)$, while mutations for ℓ and r independently from the set $\{-1, 1\}$ with equal probability. $2N$ offspring are created in each group every generation, with N female and N male, determined randomly. The expected number of offspring per female is 2; the actual number is random, proportional to each female's fitness. While all simulations were ran for 100,000 generations, convergence typically took place closer to 50,000 generations, with convergence sometimes happening in as few as 10,000 generations.

Results

We present our results in 3 different sets which differ in the trait(s) being selected:

- (1) Evolution of receptivity (r) given fixed concealed ovulation ($m, \ell = 0$),
- (2) Evolution of receptivity (r) given fixed ovulation signs present ($m = 0.9, \ell = 4$), and
- (3) Evolution of receptivity (r), ovulation signs magnitude (m), and ovulation signs length (ℓ).

Note that studying the evolution of female sexual receptivity in isolation first (i.e., Sets 1 and 2) will allow us to better understand the coevolution of receptivity length with ovulation signaling. For each set, we investigate our model both with and without the effects of infanticide.

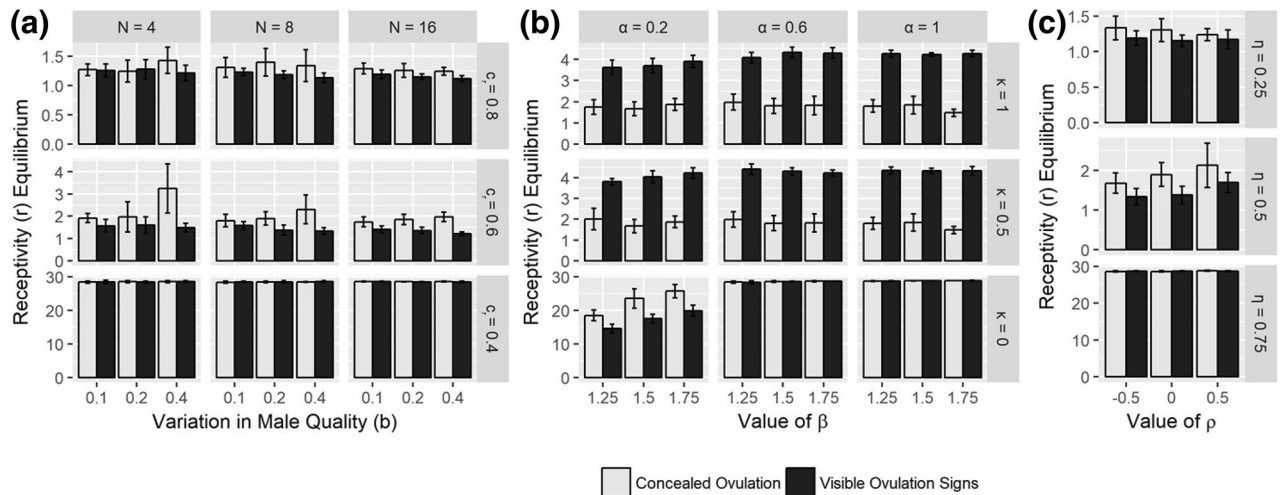


Figure 2. The effects of varying parameters on the average equilibria values of receptivity (r^*) in the case when only r is allowed to evolve. Note the different y-axis scales. White bars indicate Set 1 (assuming concealed ovulation: $m, \ell = 0$), while black bars indicate Case 2 (assuming fixed visible ovulation signs: $m = 0.9, \ell = 4$). Equilibria are obtained by averaging over 10 initial condition runs (with standard deviation indicated by error bars). **(a)** Varying N (group size), b (variation in male quality), and c_r (costs of receptivity) in the case of no infanticide ($\alpha = 0, \rho = 0, \eta = 0.5$). **(b)** Varying α (maximum benefit of infanticide protection), β (maximum cost of infanticide), and κ (weight males put on visible ovulation signs in estimating paternity) in the case of with infanticide ($N = 8, b = 0.2, c_r = 0.6, \rho = 0, \eta = 0.5$). **(c)** Varying η (relative weighting of male non-genetic effects) and ρ (correlation between male genetic and non-genetic effects), in the case of no infanticide ($N = 8, b = 0.2, c_r = 0.6, \alpha = 0$). Other parameters held constant throughout: $c = 0.2, \epsilon_m = 0.25, \epsilon_f = 0.01$.

In all cases, numerical simulations of our model show that the average values of the receptivity trait (r) (and ovulation signs magnitude trait (m) and ovulation signs length trait (ℓ), if included) converge to the unique equilibria r^* (and m^*, ℓ^* , if included). A more complete investigation of the effects of all parameters can be found in the SI.

Set 1: Evolution of receptivity (r) given fixed concealed ovulation ($m, \ell = 0$). Results from Set 1 can be seen in the white bars of Fig. 2. The effects of N , b , and c_r are visible in the white bars in Fig. 2a. We intuitively expect that increasing the receptivity costs parameter (c_r) will decrease receptivity length equilibrium r^* , and that is indeed the case. We also see that group size (N) and variation in male quality (b) have little effect on female receptivity length.

In the white bars of Fig. 2b, we see increased receptivity length r^* with increased effects of infanticide (i.e., increased α and β). These results are intuitive since with stronger effects of infanticide come an increased benefit to females of mating with multiple males. Having a longer length of receptivity allows females more time to be able to mate with multiple males, which in turn makes multiple males think they may be the father of her offspring and hence help protect (or at least not harm) that offspring. Recall parameter κ controls how much males take visible ovulation signs into account when estimating their paternity. In the concealed ovulation case, decreasing κ results in increased receptivity length r^* . Even with concealed ovulation, if males only take the number of matings with a female into account when calculating their perceived probability of paternity, females are able to get benefit from mating at any point of their cycle. Hence there becomes an increased benefit to females for having longer lengths of receptivity.

Finally, Fig. 2c investigates the effects male traits have on female receptivity length. Increasing the relative weighting of male non-genetic effects (i.e., increasing η) increases r^* . As male non-genetic benefits become more valuable to females, females have increased incentive to mate outside of their fertility window, hence increasing their length of receptivity. ρ , the correlation between male genetic and non-genetic effects, has very little effect.

Set 2: Evolution of receptivity (r) given fixed ovulation signs present ($m = 0.9, \ell = 4$). Results from Set 2 can be seen in the black bars of Fig. 2. Looking at receptivity length under conditions of fully visible ovulation signs, we see the same effects as in Set 1 of parameters c_r, η, α , and β , and the same non-effects of N, b , and ρ . The parameter κ also has the same effects as in Set 1 for similar reasons. As males put less weight in the amount of visible ovulation signs a female has when mating with her, females are able to get more benefit in mating with multiple males by mating at times of their cycle when they have fewer (or even no) signs visible. Hence there again becomes an increased benefit to females for having longer lengths of receptivity with smaller κ . These effects are all visible in the black bars of Fig. 2a, c (no infanticide) and Fig. 2b (with infanticide).

Note that extended female sexual receptivity length can evolve both with *and* without visual ovulation signs being present (i.e., in both Set 1 and Set 2). This is interesting in that neither concealed ovulation nor visual ovulation signs are necessary for female receptivity lengths to evolve. Indeed, when continuous receptivity is most beneficial (for example, with low costs of receptivity c_r , strong effects of infanticide α, β , and/or increased

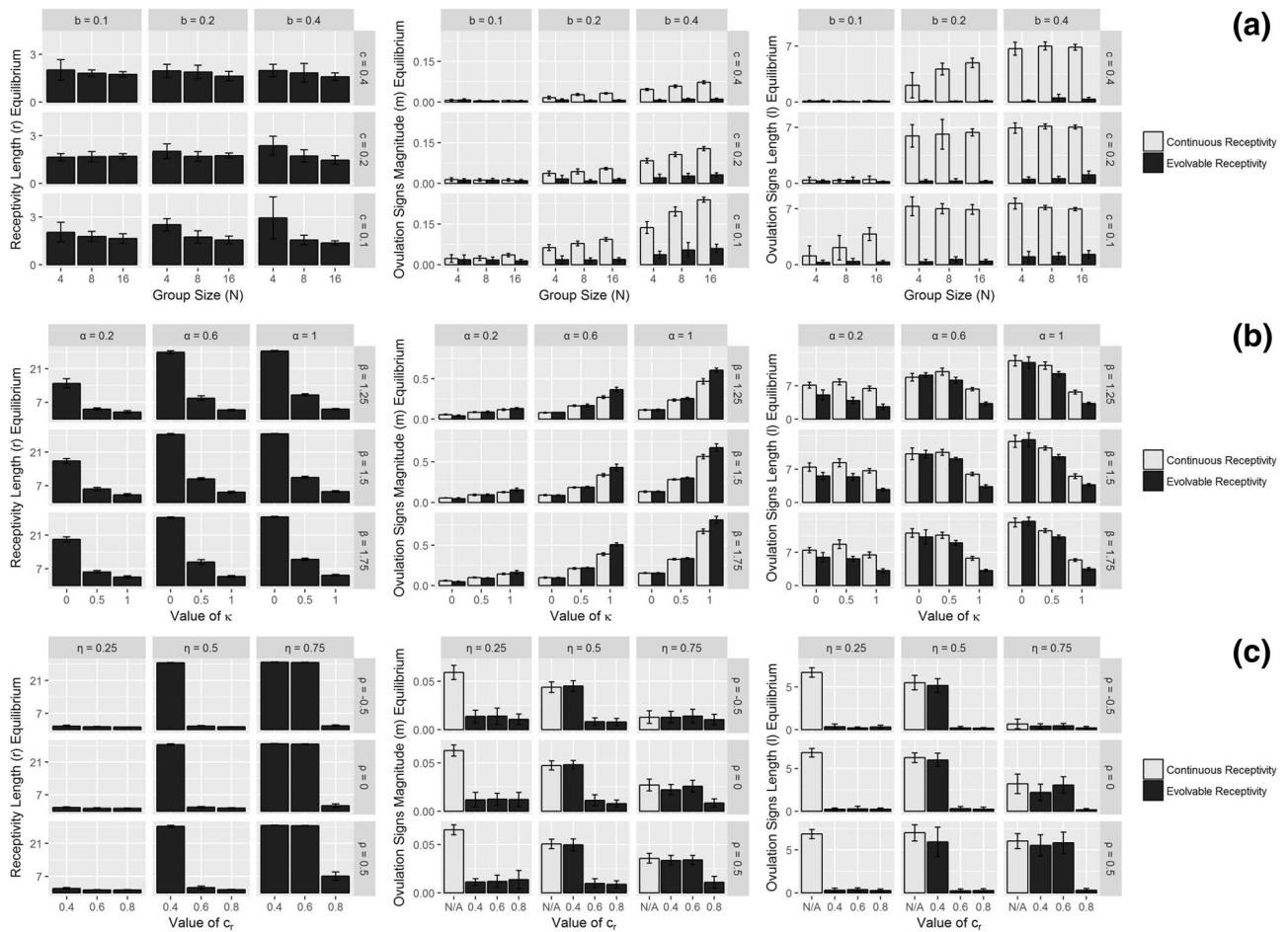


Figure 3. The effects of varying parameters on the average equilibria values of receptivity length (r^* , left graphs), ovulation signs magnitude (m^* , middle graphs), and ovulation signs length (ℓ^* , right graphs), with both continuous receptivity assumed (white bars) and evolvable receptivity (black bars). Equilibria are obtained by averaging over 16 initial condition runs (with standard deviation indicated by error bars). **(a)** Varying N (group size), b (variation in male quality), and c (costs of having visible ovulation signs) in the case of no infanticide ($c_r = 0.6, \alpha = 0, \rho = 0, \eta = 0.5$). **(b)** Varying α (maximum benefit of infanticide protection), β (maximum cost of infanticide), and κ (weight males put on visible ovulation signs in estimating paternity) in the case of with infanticide ($N = 8, b = 0.2, c_r = 0.6, \rho = 0, \eta = 0.5$). **(c)** Varying η (relative weighting of non-genetic effects), ρ (correlation between male genetic and non-genetic effects), and c_r (costs of receptivity) in the case of no infanticide ($N = 8, b = 0.2, c = 0.2, \alpha = 0.6$). All other parameters held constant: $\epsilon_m = 0.25, \epsilon_f = 0.01$.

weight placed on non-genetic male benefits η), continuous receptivity evolves in both the concealed ovulation and visible ovulation signs cases. When continuous receptivity is less beneficial, we see receptivity length r^* typically not exceed 4 when visible ovulation signs are present. This is due to ovulation signs length ℓ being fixed at 4, meaning receptivity length is typically not evolving to be longer than the amount of time the female has ovulation signs visible, an intuitive result.

Set 3: Evolution of receptivity (r), ovulation magnitude (m), and ovulation length (ℓ). We now allow for each of receptivity length (r), magnitude of visible ovulation signs (m), and length of visible ovulation signs (ℓ) to independently evolve. We compare these results with not just each other, but also with results for m^* and ℓ^* when r does not evolve and continuous receptivity is instead assumed. Note full results for the evolution of m and ℓ with continuous receptivity assumed can be found in Rooker and Gavrilets³⁶. Our results for Set 3 are shown in Fig. 3 (a, c, without infanticide and b, with infanticide). In Fig. 3a we see the costs of having visual ovulation signs c to have little effect on receptivity length r^* and to have similar effects as in Rooker and Gavrilets³⁶ on m^* and ℓ^* , both as expected. In Fig. 3b we see receptivity length equilibria (r^*), ovulation signs magnitude equilibria (m^*), and ovulation signs length equilibria (ℓ^*) increase with the impacts of infanticide α and β . As discussed above and in Rooker and Gavrilets³⁶, these results are intuitive.

We also begin to see a trade-off between receptivity length and ovulation signs magnitude. For example, in Fig. 3b, we see that increasing κ (parameter controlling how much males take visible ovulation signs into account when estimating their paternity) increases m^* and decreases r^* . This pattern is due to the importance of paternity concentration. The stronger the magnitude of the ovulation signal, the more beneficial it is to the female to only be receptive around those day(s) of having a peak signal, thus concentrating paternity in high-quality males.

In the extreme case, when $\kappa = 0$, males are only taking the *number* of matings with a female into account when estimating their paternity, thus ignoring any visible ovulation signs present for their paternity estimate (but still using such signs to find the most likely fertile mates). As the effects of infanticide increase, females gain increasing benefit from mating with multiple males during any one cycle. With $\kappa = 0$, a female is able to make males think they might be the father of her offspring by mating with them even when she has zero ovulation signs visible. Hence it becomes advantageous for obtaining multiple matings (and female fitness, provided the effects of infanticide are large enough) to have as long a length of receptivity as possible, in order to be able to mate with the most males possible.

In Fig. 3c, we see that increasing ρ (the correlation between male genetic and non-genetic effects) slightly increases each of receptivity length and ovulation signs. Increasing ρ increases the value to females from mating with high-quality males since such high-quality males now effectively have ‘double’ the quality (i.e., genetic and non-genetic). In line with the trade-offs discussed earlier, we also see that increased η (the relative weighting put on non-genetic vs. genetic effects in males) results in increased receptivity length (since females have more incentive to mate outside their fertility window with higher non-genetic effects) and decreased visible ovulation signs (since attracting high-genetic quality males becomes less important).

We also compared these results to the case when receptivity is assumed to be continuous (i.e., females are willing and able to mate on every day of their cycle). The continuous receptivity results are displayed as the white bars in Fig. 3, and the evolvable receptivity results as the black bars in Fig. 3. In general, introducing evolvable receptivity strongly decreases m^* and ℓ^* in the case of no infanticide, and increases m^* and slightly decreases ℓ^* in the case of with infanticide. With evolvable receptivity, females are able to concentrate paternity by having a short length both of receptivity *and* of visible ovulation signs, a pattern we see when infanticide is not present. Then considering the effects of infanticide, paternity confusion becomes increasingly important to females in addition to paternity concentration, leading to those longer lengths of visible ovulation signs. In addition, since infanticide increases the stakes of the female–female competition, females are now able to devote more resources towards strong ovulation signs magnitude for those fewer days of their receptivity, the precise pattern we see in Fig. 3b.

Given the large number of parameters, visual inspection of graphs is not enough. Therefore, for both with and without infanticide in Set 3, we also run an analysis of variance (ANOVA) to determine which of receptivity length r , ovulation magnitude m , and ovulation length ℓ are affected most by which parameters. Full results of these tests can be found in the SI.

In general, what we find in the without infanticide case, is that (intuitively) costs of receptivity c_r mainly affects r . Conversely, costs of having visible ovulation signs c only affects m and ℓ . We also find that the benefit of male quality b strongly increases both m and ℓ , while having no effect on r . Group size N increases m , but has no effect on r or ℓ . Increasing η (the relative weighting of male non-genetic effects) increases each of r , m , ℓ , but has the largest effect on r . Finally, ρ has very little effect on any of r , m , ℓ .

In general for the with infanticide case, we find that β has little effect. When β does have an effect, such an effect is always positive. On the other hand, α positively affects each of r , m , ℓ , although α affects m , ℓ more so than r . κ strongly increases m and strongly decreases both ℓ and r . Note that all of these results reaffirm the patterns discussed above.

With regards to the reproductive stochasticity parameters ϵ_m and ϵ_f , we find no general effects on receptivity length r . As in Rooker and Gavrilets³⁶, increasing ϵ_m will result in decreased m^* , ℓ^* (since increasing ϵ_m makes the ‘prize’ for females of winning the female–female competition less valuable).

Discussion

It was our goal here to investigate theoretically the evolutionary forces regarding female primate sexual receptivity. In particular, we were interested in under what conditions were continuous receptivity and/or very short lengths of receptivity able to evolve. We were also interested in the effects infanticide could have on the evolution of receptivity, as well as how the evolution of sexual attractiveness (visual ovulation signs vs. concealed ovulation) could affect the evolution of receptivity. Our model has produced four main results of interest in answering our research questions. Note these results can vary between allowing *only* receptivity to evolve (i.e., with concealed ovulation *or* fixed visible ovulation signs assumed) or allowing both receptivity and ovulation signs to evolve.

First, how does length of receptivity contribute to female reproductive success? Female reproductive success here can be thought of as a trade-off between paternity concentration and paternity confusion¹⁹. A female concentrating paternity in high-quality males allows her offspring to have higher genetic quality, and hence increases the female’s fitness. Conversely, a female mating with multiple males during one cycle will confuse paternity, i.e., make multiple males think they may be the father of her subsequent offspring. Paternity confusion can increase a female’s fitness, for example by reducing her offspring’s risk of infanticide. Mating with multiple males could also increase a female’s fitness via other non-genetic benefits, such as protection or provisionings.

Our modeling work shows this trade-off is manifested in females’ length of receptivity. For example, consider the results from Set 2 (evolution of receptivity, assuming fixed visible ovulation signs). In situations where paternity concentration is favored (e.g., fewer male non-genetic benefits), short lengths of receptivity are seen. Conversely, in situations where paternity confusion is favored (e.g., when effects of infanticide are strong), longer lengths of receptivity are seen. Short lengths of receptivity allow females to only mate on days where they have strong visual ovulation signals, meaning on those days where they are able to attract the highest-quality mates. By only mating on those few days of peak signal, such females are able to concentrate paternity of their offspring in high-quality males. On the other hand, long lengths of receptivity give females ample time to mate with as many males as possible, thus allowing them to confuse paternity or gain increased non-genetic benefits. It is in this way that receptivity is able to contribute to both paternity concentration and paternity confusion, and hence also female reproductive success.

However, see the SI for examples where this may not be the case. Under certain parameters (namely have a positive correlation between the male genetic and non-genetic components of fitness), decreasing ϵ_m can result in *increased* lengths of receptivity. Note this is in line with Surbeck et al.'s¹⁸ conclusion that male bonobos have a higher reproductive skew (represented in our model with decreased ϵ_m) than chimpanzees, despite female bonobos having the longer periods of receptivity.

Second, what role could infanticide have in the evolution of receptivity? When infanticide is introduced, our model shows that receptivity increases as the effects of infanticide get stronger (i.e., larger α , β), across all three sets of results. Introducing the threat of infanticide increases the importance of paternity confusion, and as explained above, longer lengths of receptivity allow for more matings with multiple males, meaning increased paternity confusion. Thus, increasing the effects of infanticide increases the equilibria length of receptivity.

Under conditions of infanticide, we also find that increasing the importance for males estimating their paternity of the female having signs present when mating leads to decreased receptivity length. Note this is equivalent to increasing the parameter κ , i.e., moving away from males estimating their paternity from simply mating with a female. Increasing κ increases the weight males put on a female's ovulation signs when evaluating their estimated paternity. This means with increased κ , males are putting *more* weight on females having visual ovulation signs present, which means simply mating with more males may not benefit the female at all; it may only be of benefit to mate when she *does* have strong ovulation signs visible, leading to increasing κ decreasing equilibria receptivity length.

Third, what factors facilitate the evolution of continuous receptivity? Our model shows three situations which can easily lead to continuous receptivity: (1) decreased costs of receptivity (c_r), (2) increased weighting of non-genetic male effects (η), and (3) *decreased* weighting of ovulation signs when males estimate their paternity (κ). Note the first two can happen even without infanticide present at all.

Without infanticide, the only benefit to females from mating is coming from the quality (genetic or otherwise) of the males with whom she mates. In particular, continuous receptivity is more likely to evolve under these conditions with lower costs of receptivity (c_r) and increased weighting of male non-genetic effects (η). The influence of c_r is quite intuitive (i.e., lower costs make its evolution more likely), as is η (i.e., increased weighting on male non-genetic benefits means females can mate outside of their fertile window and still receive such benefits).

Continuous receptivity can also evolve under conditions of infanticide, regardless of whether ovulation signs are visible or not. As explained earlier, κ is an important parameter influencing receptivity length. At its extreme, $\kappa = 0$, males are not putting *any* weight on a female's visual ovulation signs; rather, the male when estimating his paternity of an offspring takes into account *only* the number of matings with its mother during that cycle. In this case, with $\kappa = 0$, a female is able to confuse paternity throughout her entire length of receptivity, regardless of when, if, or how many visual ovulation signs she has present. Hence, when $\kappa = 0$, as expected we can see continuous receptivity evolve.

Fourth, how is receptivity linked to the evolution of sexual attractiveness? Recall that in the case of fixed visible ovulation signs (i.e., with only r evolving, see Fig. 2), we postulated visible ovulation signs to have a fixed length of 4. Other than the continuous receptivity cases discussed above, we do indeed see receptivity length equilibria less than or equal to 4. When ovulation signs are instead allowed to evolve, receptivity is evolving to mirror the ovulation signs length, when infanticide is present. Conversely, without infanticide present, there is no benefit to females of paternity confusion, meaning it is now in females' best interests to concentrate paternity by only mating for a very short portion of their cycle (i.e., those 1–2 days).

In general, with small η , we do not see receptivity length longer than a female's fertility length. This makes sense since outside of the continuous receptivity cases discussed earlier, with a large enough cost (c_r) associated with being receptive, females should only be receptive during the portion of their cycle where they are actually able to conceive. In turn, we also typically see a female's ovulation signs length equilibria match her receptivity length equilibria, meaning both receptivity and a female's length of ovulation signs being visible will typically not be longer than her length of fertility. Such continuity between receptivity length and ovulation signs length is intuitive, since again, females are generally expected to only spend energy on advertising their fertility when they are indeed receptive to mating. However, with a large enough η , it becomes in females' best interest to instead have very long lengths of receptivity, in order to extend the amount of time in which they can receive all the non-genetic benefits from mating with males (even if not conceiving).

Finally, there also appears to be a trade-off between receptivity length and ovulation signs magnitude (see Fig. 3). When each of receptivity (r), ovulation signs magnitude (m), and ovulation signs length (ℓ) are allowed to evolve, we find that with long lengths of receptivity (i.e., at or near being continuously receptive), ovulation signs magnitude (m) is very small. This is suggestive of the possible relationship between concealed ovulation and continuous receptivity, as is the case in humans. Such a result is most likely to occur with large η , small c_r , small ρ , and/or $\kappa = 0$. This means the most favorable conditions for concealed ovulation and continuous receptivity to evolve together are: (1) Large non-genetic benefits from males, (2) Small costs to females of being sexually receptive, (3) Negative correlation between genetic and non-genetic benefits from males, and/or (4) When males estimate paternity of an offspring *only* by the number of matings with its mother during that cycle. In contrast, we also see cases where short lengths of receptivity evolve with very strong visible ovulation signs. This is most likely to occur when infanticide is present with κ very large, meaning males are estimating their paternity using the amount of ovulation signs visible during their matings with any females.

Our approach comes with several limitations. Many of these limitations are simplifications meant to isolate the model's effects related to female sexual receptivity. However, we acknowledge the many complexities within primate genetics, as well as the many unknowns regarding what the model's exact parameter values would be for various primate species. While many of the model's conclusions have been shown to be resilient to changing model parameters, below we describe assumptions of the model that differ from, or are variable between, real-world primate species.

Like many models, we assume discrete generations for mathematical simplicity. We also assume an additive fitness function. Explicitly accounting for the female cycle has made obtaining informative analytical results not feasible, leading to us relying on agent-based simulations. We also only consider multi-male, multi-female mating systems, excluding other mating systems from direct consideration in our model. In addition, we require the number of males and females in each group to be the same. Relaxing this assumption would mean the fewer the number of females present (compared to the number of males present), the higher the competition among males for mates. This could increase the likelihood of infanticide, an outcome which is covered by our current modeling approach.

In our model, we did not impose female cycle synchrony. Assuming so would increase female–female competition and hence ovulation signaling and receptivity. Despite many primate females mating with multiple males in a day, females in the model are assumed to mate with at most one male in a day. The female strategy of increasing sexual receptivity by mating with more males per day is also effective in confusing paternity, and could be investigated as a different research question. We do not explicitly allow for variation in signal reliability, instead assuming a female's peak day of fertility and day of peak visible ovulation signs to line up. We assume female behavioral freedom, and do not consider the possibility of coerced mating by males. We also do not allow for females to have genetically-inherited tendencies to personalities; females are not able to display state-dependent sexual behavior.

Our model only allows for female-expressed traits to evolve. If male-expressed trait(s) were allowed to evolve (e.g., the strength of male preference), male/female coevolution could be considered, an extension left for future work. In addition, our description of 'male quality' is purposefully general; we do not explicitly take into account male age, rank, or any other similar known factor in primate mating. We also assume male traits to come from a normal distribution. Such male 'quality' may not be normally distributed in primate species, so one future extension could be to look at how our model results change when varying this distribution. We do not consider the effects of any extended mate-guarding (i.e., mate-guarding lasting longer than our one discrete unit of time). We also do not consider the source of takeover when considering infanticide (i.e., is the threat of infanticide from an outsider male or a previously-subordinate male?). However, this source could matter, for instance in the case of a female benefiting from confusing paternity. Finally, we assume that males have perfect memory (i.e., for every cycle, every male can remember precisely which females he mated with, and how often). While our model did not allow for imperfect male memory, we believe that relaxing this assumption would make it harder for any of r , m , ℓ to evolve (since, for example, if a female is trying to avoid infanticide by mating with a particular male but that male forgets he mated with her recently, then the female may still suffer the evolutionary consequences of that male committing infanticide against her infant).

While the literature is currently limited and much work still needs to go into understanding the evolution of sexual receptivity in female primates, our modeling work suggests several pathways by which longer receptivity could have evolved or diminished. While it was our hope to test our model's predictions on the limited data available on female primate sexual receptivity length^{4,19,35}, such data turned out to be too sparse, especially when only considering polygynandrous mating systems as does our model, and also at times variable between sources. In addition, there can be intraspecific variation in receptivity length as well, which our model does not specifically address (for example, receptivity lengthening when a new male takes over a group)¹⁹. More empirical data and further detailed information on fitness components and ecological factors would be needed in order to do an effective comparative empirical analysis, which we hope our work to have inspired.

Although this model describes any primate species with multi-male, multi-female groups, in particular there is always interest in the question of why do human females have continuous receptivity?^{6,29,41} Is this related to some larger 'adaptive suite' in human evolution?²⁹ Indeed, our model makes predictions about evolutionary dynamics which lead to several hypotheses for why continuous receptivity may have evolved in our ancestors. In particular, such causes for the evolution of continuous receptivity could include: (1) human females having decreased costs of receptivity, (2) human males being able to provide increased non-genetic benefit to human females, and (3) increased effects of infanticide, particularly if human males estimated their paternity less via ovulation signs. Future work could extend this model more directly to the case of human evolution.

Finally, it is worth noting the large variety seen in female sexual receptivity periods across primates. For example, humans and bonobos have continuous receptivity, while chimpanzees are receptive for up to half their cycle. Even more extreme species include the mountain gorilla, only receptive for 1–3 days out of a 28-day cycle, and the ring-tailed lemur, receptive for a mere 2–10 h out of a 39-day cycle⁴. Our model was able to produce as much variety, showing that multiple factors may be involved in determining a species' female sexual receptivity length. Indeed, our model produced many testable hypotheses regarding these various factors, with which we hope to inspire biologists to conduct future experiments and continue furthering empirical knowledge in this area.

Data availability

The numerical code used is available from <https://github.com/kellyrooker>.

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Author contributions

K.R. and S.G. conceived the original idea and wrote the paper. K.R. performed the analysis and simulations.

Competing interests

The authors declare no competing interests.

Additional information

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