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Arrestins contribute to amyloid beta-induced cell death via modulation of autophagy and the $\alpha 7$ nACh receptor in SH-SY5Y cells

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Amyloid β -protein ($A\beta$) is believed to contribute to the development of Alzheimer's disease (AD). Here we showed that $A\beta_{25-35}$ rapidly caused activation of autophagy, subsequently leading to reduction of autophagy associated with cellular apoptosis. Further investigation revealed that the accumulation of β -arrestin 1 (ARRB1) caused by $A\beta_{25-35}$ contributed to the induction of autophagic flux. The depletion of ARRB1 led to decreases in the expression of LC3B, Atg7, and Beclin-1, which are essential for the initiation of autophagy. ARRB1 depletion also reduced downstream ERK activity and promoted $A\beta_{25-35}$ -induced cell death. As with ARRB1, transient upregulation of ARRB2 by $A\beta_{25-35}$ was observed after short treatment durations, whereas genetic reduction of ARRB2 caused a marked increase in the expression of the $\alpha 7$ nACh receptor at the cell surface, which resulted in partial reversal of $A\beta_{25-35}$ -induced cell death. Although expression of both ARRB1 and ARRB2 was reduced in serum from patients with AD, the levels of ARRB1 were much lower than those of ARRB2 in AD. Thus, our findings indicate that ARRB1/2 play different roles in $A\beta_{25-35}$ cytotoxicity, which may provide additional support for exploring the underlying molecular mechanism of AD.

Alzheimer's disease (AD) is a progressive neurodegenerative disease and is the most common form of dementia, possibly contributing to 60–70% percent of worldwide dementia cases¹. Although many efforts have been made to understand the development, pathology, and neurochemistry of AD, the mechanisms underlying this disease are still unclear². Compelling evidence demonstrates that amyloid- β ($A\beta$) protein-induced neurotoxicity is a major pathological mechanism of AD³ and leads to neuronal cell death when this protein abnormally accumulates in the cortex and hippocampus in the brains of AD patients^{4,5}. $A\beta$ is a 39- to 43-amino-acid peptide produced from the sequential cleavage of the amyloid precursor protein (APP) by β - and γ -secretases. Among these peptides, fragment $A\beta_{1-40}$ and $A\beta_{1-42}$, which are the two most common forms of the peptide—display more toxic effects and are prone to aggregate, contributing to the presence of extracellular amyloid plaques, intra-neuronal neurofibrillary tangles, and cerebral atrophy^{6,7}. $A\beta_{25-35}$ is a synthetic peptide composed of 11 amino acids that corresponds to a fragment of $A\beta_{1-40}$ and $A\beta_{1-42}$, and is widely used for the establishment of cell models of AD⁸⁻¹⁰. Accumulation of $A\beta$ results from abundant $A\beta$ generation and reduced clearance. Intracellular $A\beta$ has been detected in subcellular compartments such as the mitochondria, Golgi, endoplasmic reticulum (ER), lysosomes, and cytosol, implicating sites for generation of $A\beta$ ^{11,12}. Regarding of clearance of $A\beta$ of ubiquitin-proteasome and autophagy-lysosome are responded to degrade $A\beta$, and both systems are dysfunctional in AD^{13,14}. There is increasing evidence that the autophagy-lysosome system, the principal clearance machinery, plays important roles in both the production and degradation of $A\beta$ ^{12,15,16}. For example, suppression of autophagy by deletion of the autophagy marker Beclin-1 in mice increases intra-neuronal $A\beta$ accumulation, extracellular $A\beta$ deposition, and neurodegeneration¹⁷. In contrast, autophagy is activated in AD¹⁸, and upregulation of autophagy results in lysosomal $A\beta$ accumulation that is essential for oxidant-induced apoptosis in neuroblastoma cells^{12,19}. Reciprocally, it may be depending on cell context and/or pathophysiological conditions, exogenous $A\beta$ is observed for its ability to either induces or suppresses

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autophagy^{20–23}. A β impairs the activation of autophagy, and reduced autophagic clearance may counteract the accumulation of some aggregation-prone proteins, such as α -synuclein, which is toxic to neurons^{23,24}. Conversely, neurons may activate autophagy as an adaptation process when A β burden is below the cytotoxic level²². Studies have indicated that inhibition of PI3K/AKT/mTOR and activation of AMP-activated protein kinase (AMPK) contributed to A β -induced autophagy²⁵.

Since reduction of autophagy by pharmaceutical inhibitors or genetic silencing of autophagic modulators such as Beclin-1 enhances the toxicity of A β in neurons, leading to an increase in apoptotic cells^{17,25}, strategies to induce autophagy have been used to explore neuronal protection. For example, some compounds, including arctigenin²⁶, valproic acid²⁷, carbamazepine²⁸, and schisandrin B²⁹, induce autophagy by modulating PI3K/AKT/mTOR and MAPK, and these compounds exert neuroprotective functions by modulating the A β level.

Most recently, β -arrestin1 (ARRB1) has been reported to be involved in the activation of autophagy and displays a neuroprotective role during ischemic stress³⁰. As important adaptors and regulators, ARRB1 and β -arrestin 2 (ARRB2) are critical in mediating receptor desensitization and internalization as well as transduction of their own signaling pathways that are involved in numerous pathophysiological processes. It has been reported that the expression of ARRB1 is upregulated and correlates well with neuropathological severity and senile A β plaques in the brains of patients with sporadic AD and transgenic AD mice³¹. ARRB2 is an essential factor for the activity of the orphan G protein-coupled receptor GPR3-stimulated A β production via receptor-ARRB2 binding and receptor internalization. These processes are associated with γ -secretase and APP, and promote cleavage of APP to generate A β ^{32,33}. Thus, targeting β -arrestins might provide new opportunities for AD treatment³⁴.

In this study, we found that ARRB1 and ARRB2 were low in the serum of AD patients, and ARRB1 is important in A β_{25-35} -mediated transient activation of autophagy in human neuroblastoma SH-SY5Y cells. A β_{25-35} increases ARRB2 expression and facilitates internalization of the $\alpha 7$ nicotinic acetylcholine receptor ($\alpha 7$ nAChR), leading to enhanced A β_{25-35} -mediated neurotoxicity.

Results

Activation of cytoprotective autophagy by A β_{25-35} delays cell death in SH-SY5Y cells. The inhibitory effect of A β_{25-35} was examined in SH-SY5Y and PC12 cells, two of the most common cell lines used in AD research. Figure 1A indicates that A β_{25-35} exerted suppression on cell proliferation in both SH-SY5Y and PC12 cells. The IC₅₀ value (half-maximum inhibitory concentration) of A β_{25-35} was 16.02 ± 1.2 , and $24.53 \pm 1.39 \mu\text{M}$ in SH-SY5Y and PC12 cells, respectively. This finding led us to select $20 \mu\text{M}$ A β_{25-35} for further mechanistic studies. Time kinetics analysis of the effect of A β_{25-35} on PARP cleavage, a typical apoptotic parameter, revealed that A β_{25-35} increased the level of cleaved PARP in SH-SY5Y cells following 8 h exposure and became evident after prolonged treatment (Fig. 1B), indicating that induction of apoptosis by A β_{25-35} was delayed in SH-SY5Y cells. However, cleaved PARP was rapidly induced in PC12 after 30 min treatment with A β_{25-35} , and became weak for up to 16 h in PC12 cells (Fig. 1C). We then investigated whether A β_{25-35} was able to evoke an endoplasmic reticulum (ER) stress response, which is important in cell survival or cell death in response to diverse stimuli. Figure 1B shows that increased expression of glucose-related protein 78 (GRP78), a hallmark of the ER stress response, was noticeable after 30 min of exposure to A β_{25-35} , and was maintained at a high level during prolonged treatments in SH-SY5Y cells. No detectable GRP78 was observed in A β_{25-35} -treated PC12 cells (Fig. 1C). Thapsigargin (TG), an ER stress inducer, was used to verify the observed change in GRP78 expression resulting from ER stress. Furthermore, the phosphorylation status of the eukaryotic initiation factor (eIF_{2 α}) that inhibits overall protein synthesis was initially upregulated after exposure to A β_{25-35} , and declined after approximately 4 h, at which time cleaved PARP started to appear in SH-SY5Y cells (Fig. 1B). However, phospho-eIF_{2 α} levels were marginally elevated in PC12 cells during A β_{25-35} treatments. Thus, A β_{25-35} activated an ER stress response. In particular, elevated phospho-eIF_{2 α} might be involved in the delayed effect of A β_{25-35} on apoptosis in SH-SY5Y cells.

Given the results indicating that apoptosis was initiated after prolonged exposure to A β_{25-35} in SH-SY5Y cells, we reasoned that a transient protective mechanism might occur before apoptosis in response to A β_{25-35} -induced stress. Since autophagy exerts a dual role in controlling cell survival and death, we examined level of the microtubule-associated protein 1 light chain 3B (LC3B-I) and the conversion of LC3B-I to lipidated LC3B-II (membrane-bound form), which is an autophagy marker. Figure 1D shows that levels of LC3B-I and LC3B-II were significantly increased in SH-SY5Y cells after 30 min treatment, and sharply dropped down at 1 h thereafter. There was a detectable level of basal LC3B-II in PC12 cells, which remained almost unchanged during treatment (Fig. 1E). Immunofluorescence staining further supported the observations that LC3B markedly increased after A β_{25-35} stimulation for 1 h in SH-SY5Y cells and was eliminated after 8 h treatment (Fig. 1F).

To explore the role of autophagy in A β_{25-35} -induced cell death, we genetically depleted LC3B using specific targeting siRNA in order to determine whether inactivation of autophagy would reverse the effect of A β_{25-35} . As illustrated in Fig. 2A, knockdown of LC3B alone did not affect cell viability, whereas A β_{25-35} -mediated cell death was elevated when LC3B was depleted in SH-SY5Y cells. Similar results were observed in cells with reduced Beclin-1, another critical regulator of autophagy (Fig. 2B). These results indicate that the activation of autophagy by A β_{25-35} served as a cytoprotective mechanism in SH-SY5Y cells, which may contribute to delayed apoptosis following prolonged treatments.

Since soluble A β -induced apoptosis is observed after prolonged treatment in primary neurons and causes lysosomal membrane damage³⁵, we transfected SH-SY5Y cells with a pH-sensitive LC3-reporter plasmid containing tandem-tagged fluorescent proteins (mRFP-GFP-LC3) and analyzed the involvement of lysosomes in A β_{25-35} -mediated apoptosis by confocal microscopy. The green LC3 puncta primarily represented autophagosomes, as GFP loses its fluorescence in acidic pH, whereas red LC3 puncta were indicative of autolysosomes. Autophagosomes appeared yellow due to overlapped red and green fluorescence in less acidic pH. Figure 2C shows that, within 1 h, both red and yellow puncta were greatly increased in response to A β_{25-35} , indicating that increased autophagic flux occurred. However, the number of yellow puncta were markedly reduced, and puncta

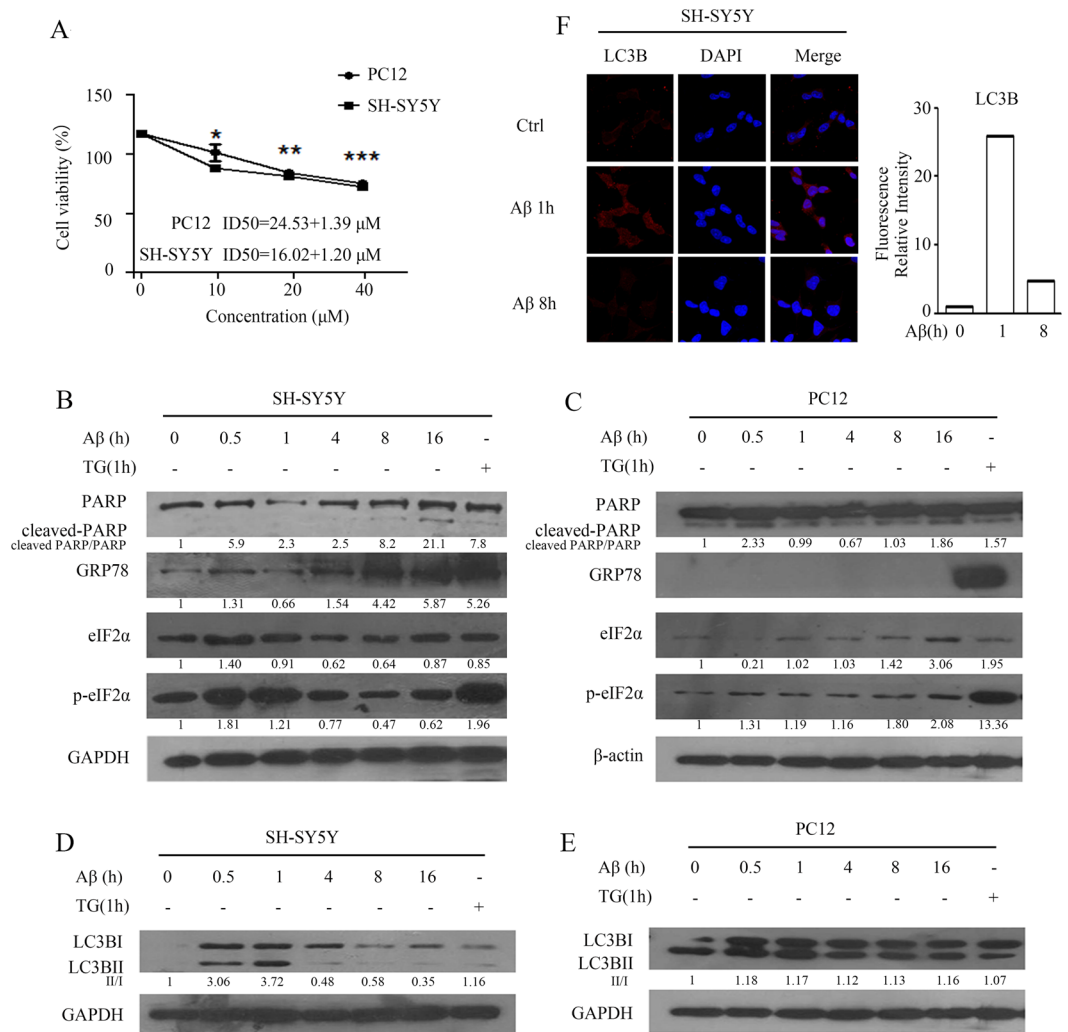


Figure 1. A β_{25-35} induces apoptosis and autophagy in SH-SY5Y cells. **(A)** Different concentrations of A β_{25-35} induce cell death. SH-SY5Y cells and PC12 cells. *** $P < 0.001$, ** $P < 0.01$, * $P < 0.05$ compared with negative-control cells. **(B,C)** Cells were treated with 20 μ M A β_{25-35} for 0–16 h and TG for 1 h. Markers of ER stress (GRP78, phospho-eIF $_{2\alpha}$) and apoptosis (PARP) were detected in cells by western blot. Figure B: SH-SY5Y cells; Figure C: PC12 cells. **(D,E)** Cells were treated with 20 μ M A β_{25-35} for 0–16 h, and a marker of autophagy (LC3B) was detected in cells by western blot. Figure D: SH-SY5Y cells; Figure E: PC12 cells. **(F)** Cells were treated with 20 μ M A β_{25-35} for 0–8 h. The red color indicates immunofluorescence staining of LC3B, showing levels of autophagy in cells. The blue color is DAPI, showing the cell nucleus. The right panel shows the merged images. The raw data of figure B/C/D/E is the figure 1B/1C/1D/1E in supplemental data.

were mainly in red with less fluorescent intensity after 4 h and 8 h treatments in the images, indicating that disruption of lysosomes by A β_{25-35} led to impaired autophagosome-lysosome fusion and blocked autophagic flux. To confirm the effect of A β_{25-35} on lysosomal membrane damage, we examined changes in the lysosomal-associated membrane protein-1 (LAMP1) that is a lysosome marker in the presence of A β_{25-35} . Consistent with the results shown in Fig. 2C, LAMP1-positive lysosomes were evident at 1 h, the fluorescence rapidly declined after 4–8 h treatment with A β_{25-35} and disappeared prior to cell death (Fig. 2D). These observations indicate that exposure of cells to A β_{25-35} caused the activation of autophagic flux, which facilitated early cell survival, but subsequently led to cell death, at least in part, due to the interruption of lysosomes and a failure of autophagosome maturation.

ARRB1 contributes to A β_{25-35} -induced autophagy in SH-SY5Y cells. β -arrestins have been implicated in AD development and progression, and ARRB1 mediates neuroprotection through the activation of autophagy during ischemic stress³⁰. We also found that the expression of both ARRB1 and ARRB2 was induced in response to A β_{25-35} . Figure 3A shows that A β_{25-35} was able to induce the expression of ARRB1 at 1 h, which then decreased in SH-SY5Y cells. Similar to ARRB1, the levels of ARRB2 were upregulated at 1 h, and declined after prolonged treatment (Fig. 3A). In addition, the activation of ERK and Akt, two typical downstream markers for indicating the changes in the function of β -arrestins and critical for cell proliferation and survival, was observed at an early stage of treatment (1 h), and phosphorylation of these two proteins declined during the treatment

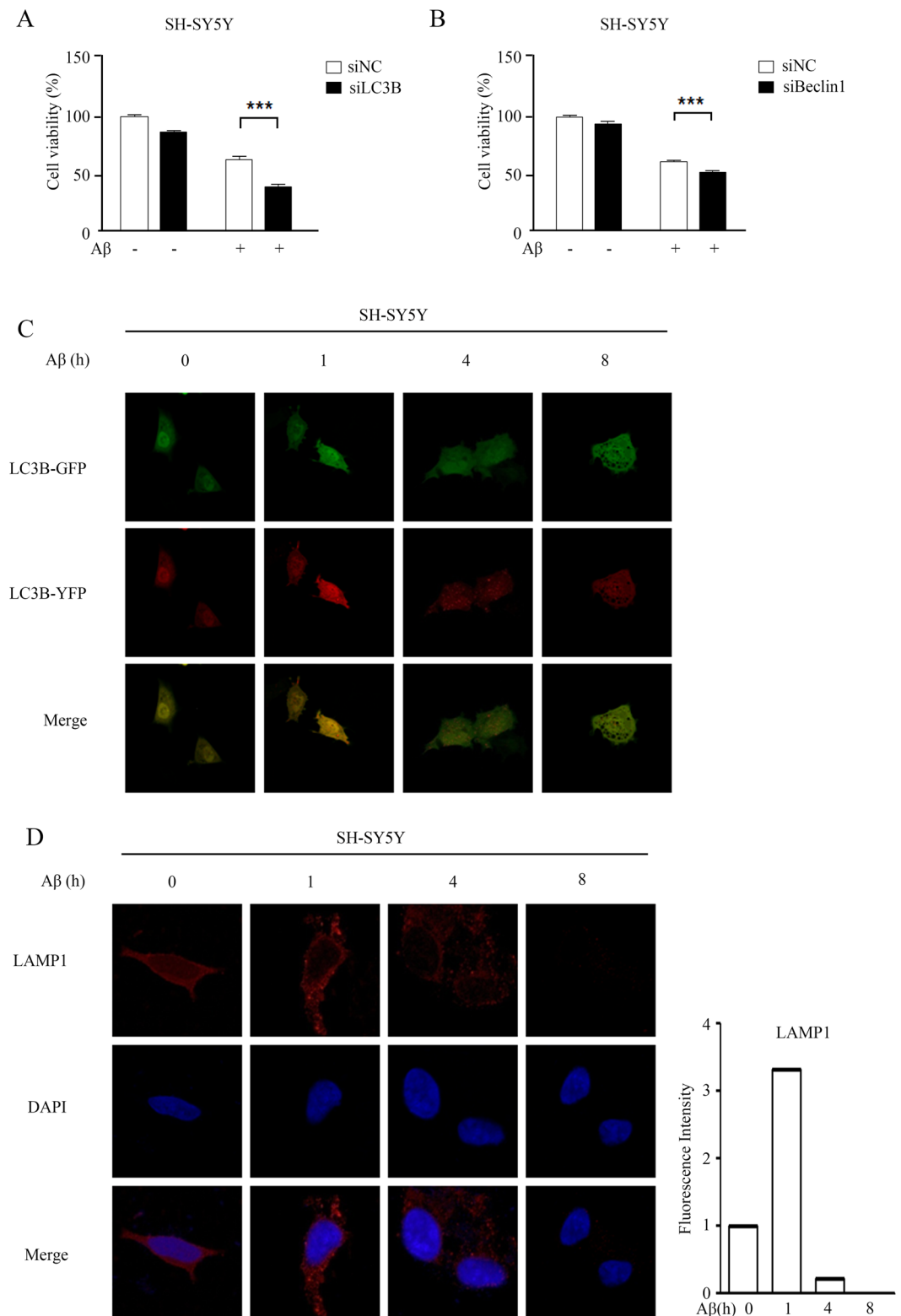
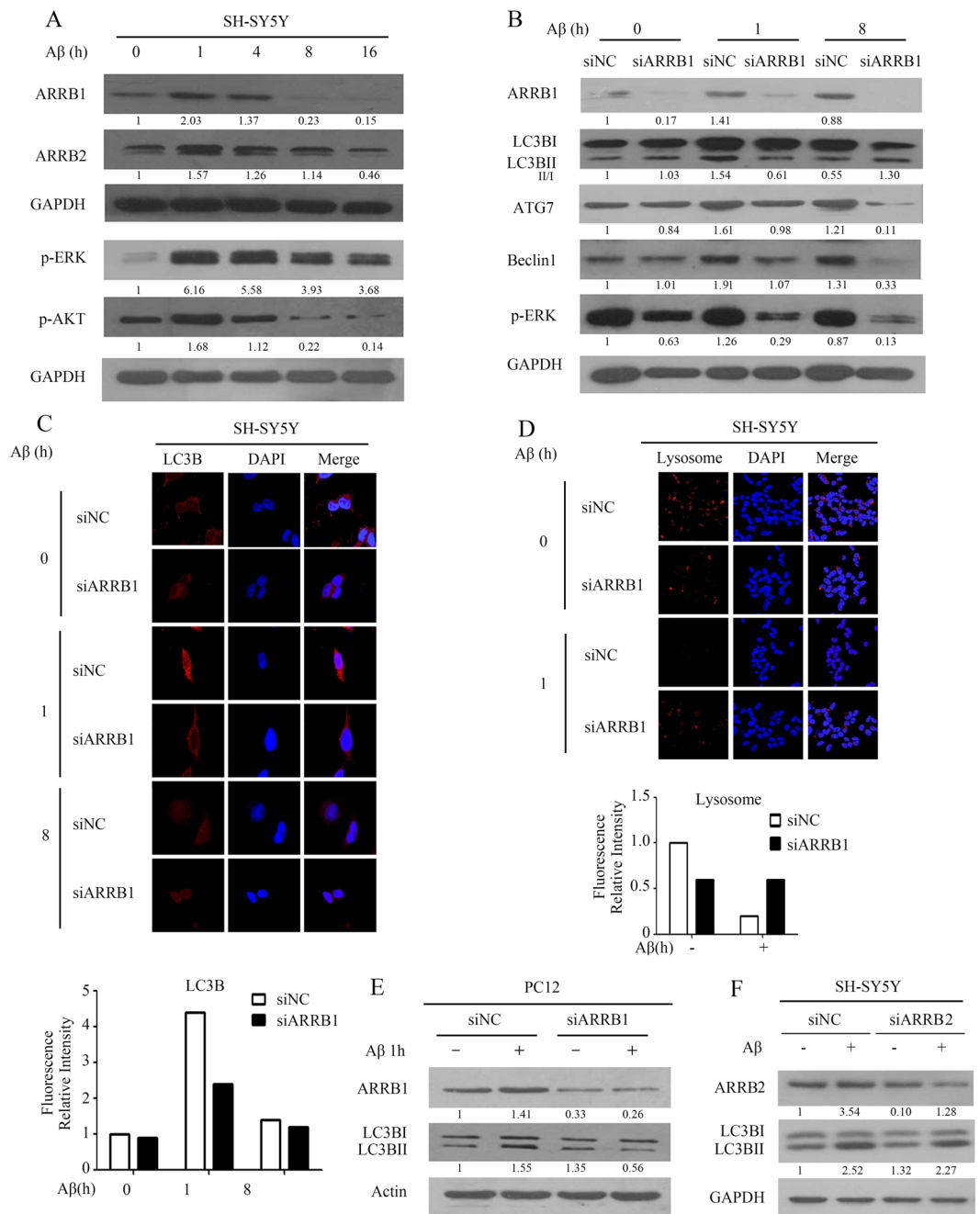


Figure 2. Autophagy in $A\beta_{25-35}$ -induced cell death is protective. **(A)** After knockdown of *LC3B*, the cells were treated with $A\beta_{25-35}$ for 16 h, and cell viability was detected by MTT. $***P < 0.001$ compared with negative-control siRNA- and $A\beta_{25-35}$ -treated cells. **(B)** After *BECN-1* knockdown, cells were treated with $A\beta_{25-35}$ for 16 h, and the cell viability was detected by MTT. $***P < 0.001$ compared with negative-control siRNA- and $A\beta_{25-35}$ -treated cells. **(C)** SH-SY5Y cells were treated with $A\beta_{25-35}$ for 0–16 h. The green color indicates LC3B on the autophagosome. The red color indicates LC3B on the autophago-lysosome, and the yellow color is the merge of the two. **(D)** Cells were treated with $20 \mu\text{M}$ $A\beta_{25-35}$ for 0–16 h. The red color indicates immunofluorescence staining of LAMP1, a marker of the lysosome, demonstrating the number of lysosomes in cells. The blue color indicates the cell nucleus. The right panel contains the merged pictures.



period (Fig. 3A), consistent with observations in Fig. 1A that responses to A β_{25-35} initially stimulate cell survival and subsequently lead to cell apoptosis. Recognizing the role of ARRB1 in the activation of autophagy in cerebral ischemia³⁰, we investigated whether ARRB1 was required for A β_{25-35} -induced autophagy in neurons. As shown

in Fig. 3B, the conversion of LC3BII/LC3BI was increased at 1 h exposure to $A\beta_{25-35}$, depletion of ARRB1 resulted in a reduction of LC3B-II/LC3B-I, and decreased levels of ATG7 and Beclin-1. Autophagy was predominantly decreased at 8 h by silencing ARRB1 in the presence of $A\beta_{25-35}$ (Fig. 3B), indicating the importance of ARRB1 in $A\beta$ -mediated autophagy. The results in Fig. 3C further support the observations that, after exposure to $A\beta_{25-35}$ for 1 h, LC3B fluorescence staining displayed a granular pattern in negative scramble siRNA controls, whereas in siARRB1 cells, the staining pattern was diffuse with reduced brightness. After treatment with $A\beta_{25-35}$ for 8 h, the fluorescence intensity of LC3B was greatly decreased both in negative-control and siARRB1 cells, indicating that the *arrb1* knockdown impaired autophagy activation by $A\beta_{25-35}$. In addition to the involvement of ARRB1 in autophagy activation, we examined the influence of ARRB1 on lysosomes in the presence of $A\beta_{25-35}$. The results in Fig. 3D reveal that the exposure of cells to $A\beta_{25-35}$ significantly decreased the number of lysosomes, in agreement with the results shown in Fig. 2D. However, the *arrb1* knockdown, to some extent, attenuated the inhibitory effect of $A\beta_{25-35}$ on lysosomes, as indicated by partially restored immunofluorescence (Fig. 3D). To evaluate the relationship between ARRB1 and autophagic flux, we exposed PC12 cells to siRNA targeting ARRB1 in the presence or absence of $A\beta_{25-35}$. Similar to the results observed in SH-SY5Y cells, abolishment of ARRB1 led to a reduced conversion of LC3B-I to LC3B-II, which was enhanced by short treatment with $A\beta_{25-35}$ (Fig. 3E). Since the expression of ARRB2 was transiently induced by $A\beta_{25-35}$, we also determined the role of ARRB2 in the regulation of autophagy. As shown in Fig. 3F, $A\beta_{25-35}$ induced conversion of LC3B-I to LC3B-II, depletion of ARRB2 had limited impact on the expression of LC3BI and lipidated LC3BII, and did not affect $A\beta_{25-35}$ -activated autophagy. Thus, these results demonstrated the role of ARRB1, but not ARRB2, in $A\beta_{25-35}$ -activated autophagy.

Depletion of *arrb1* enhances cytotoxicity of $A\beta_{25-35}$ in SH-SY5Y cells. Since ARRB1 functions as a regulator of autophagic capacity in response to $A\beta_{25-35}$, the role of β -arrestins in $A\beta_{25-35}$ -mediated cell death was investigated. The mRNA levels of both *arrb1* and *arrb2* were significantly reduced in human blood samples obtained from AD patients ($N = 27$) when compared to healthy age-matched controls ($N = 27$) (Fig. 4A). It appeared that the decreases in *arrb1* were more evident in AD patients compared to *arrb2* (Fig. 4A). Most AD patients develop $A\beta$ accumulation and deposition, prompting us to test the possibility that ARRB1 and ARRB2 might also be downregulated in HEK293-APPwt cells that constitutively overexpress APP and produce $A\beta$. As shown in Fig. 4B, ARRB1 expression was slightly reduced in cells that overexpressed $A\beta$, whereas the expression of ARRB2 was lower than that of ARRB1 in APPwt cells, and was associated with a decreased conversion of LC3B-II/LC3B-I (Fig. 4B). These results indicated that persistent overexpression of $A\beta$ led to a reduction in β -arrestin expression, which subsequently led to the inactivation of autophagy. As a downstream target of β -arrestins, phosphor-ERK was downregulated, while Akt was predominantly activated in APPwt cells, suggesting that Akt signaling may be more critical in APPwt cell survival and proliferation (Fig. 4B).

Given the role of ARRB1 in the activation of autophagy, which was decreased in AD patients, we next sought to determine whether the downregulation of ARRB1 would affect cell viability in the presence of $A\beta$. Transient transfection of siRNA specifically targeting *arrb1* led to a reduced amount of ARRB1 protein in cells at 48 h after transfection compared to control cells transfected with nontargeting scramble siRNA, as measured by western blotting (Fig. 4C). Cell viability was reduced after silencing the expression of ARRB1, and depletion of ARRB1 facilitated $A\beta$ -induced cell death (Fig. 4C). These results are consistent with the observation that interfering with ARRB1-activated autophagy attenuated its cytoprotective effect in response to $A\beta$. Parallel experiments examining changes in cell morphology again showed an increase in apoptosis of cells treated with $A\beta_{25-35}$ after depletion of ARRB1 (Fig. 4D). Moreover, activation of cleaved PARP was observed in cells with reduced ARRB1 in response to $A\beta_{25-35}$ compared to the group treated with $A\beta_{25-35}$ alone (Fig. 4E). We also transiently overexpressed ARRB1 in cells to validate the protective role of ARRB1 in $A\beta_{25-35}$ -mediated cytotoxicity. Ectopic expression of ARRB1 alone had no significant effect on cell proliferation (Fig. 4F and G). However, $A\beta_{25-35}$ induced cell death, and this cytotoxic effect was partially reversed by overexpression of ARRB1 (Fig. 4F and G). Together, these data demonstrate that interfering with the ARRB1-induced autophagic response could exacerbate $A\beta_{25-35}$ -induced cell death.

Knockdown of ARRB2 partially protects cells from $A\beta_{25-35}$ -induced apoptosis by facilitating $\alpha 7$ nAChR expression at the cell membrane. As ARRB2 was rapidly induced at 1 h and declined to basal levels following exposure to $A\beta_{25-35}$ (Fig. 3A), we next eliminated ARRB2 gene expression by siRNA to examine the role of ARRB2 in $A\beta_{25-35}$ -mediated effects in SH-SY5Y cells. The results indicated that downregulation of ARRB2 slightly enhanced cell viability, as depletion of ARRB2 partially protected against $A\beta_{25-35}$ -induced cytotoxicity (Fig. 5A). Parallel experiments examining cell morphology changes again showed a decrease in apoptotic cells treated with $A\beta_{25-35}$ after the depletion of ARRB2 (Fig. 5B). To confirm this effect of ARRB2 on $A\beta_{25-35}$ -induced apoptosis, we explored changes in the PARP cleavage by western blot analysis. As shown in Fig. 5C, knockdown of ARRB2 rescued $A\beta_{25-35}$ -mediated apoptosis, as evidenced by a reduction of cleaved PARP in cells treated with $A\beta_{25-35}$, which is consistent with the observations shown in Fig. 5A and B.

Recognizing the role of β -arrestins in the internalization of G protein-coupled receptors (GPCRs), we decided to investigate the expression of the $\alpha 7$ nicotinic acetylcholine receptor ($\alpha 7$ nAChR), a subtype of nicotinic acetylcholine receptors (nAChRs) that are widely distributed in the postsynaptic membrane of the neuron in the brain and offer protection against $A\beta$ -induced toxicity^{35,36}. The mRNA of $\alpha 7$ nAChR was markedly decreased in the peripheral blood of AD patients compared to healthy controls (Fig. 5D). This finding is consistent with previous reports indicating that the expression of $\alpha 7$ nAChR decreases early in AD and correlates well with cognitive dysfunctions^{37–39}.

Since nicotine is a $\alpha 7$ nAChR agonist that can activate $\alpha 7$ nAChR and offer protective effects from $A\beta$ toxicity³⁶, we first validated the effects of $\alpha 7$ nAChR activity in the presence of $A\beta_{25-35}$. As expected, compared to the control cells, knockdown of $\alpha 7$ nAChR accelerated cell death, and cell viability as a result of nicotine treatment did

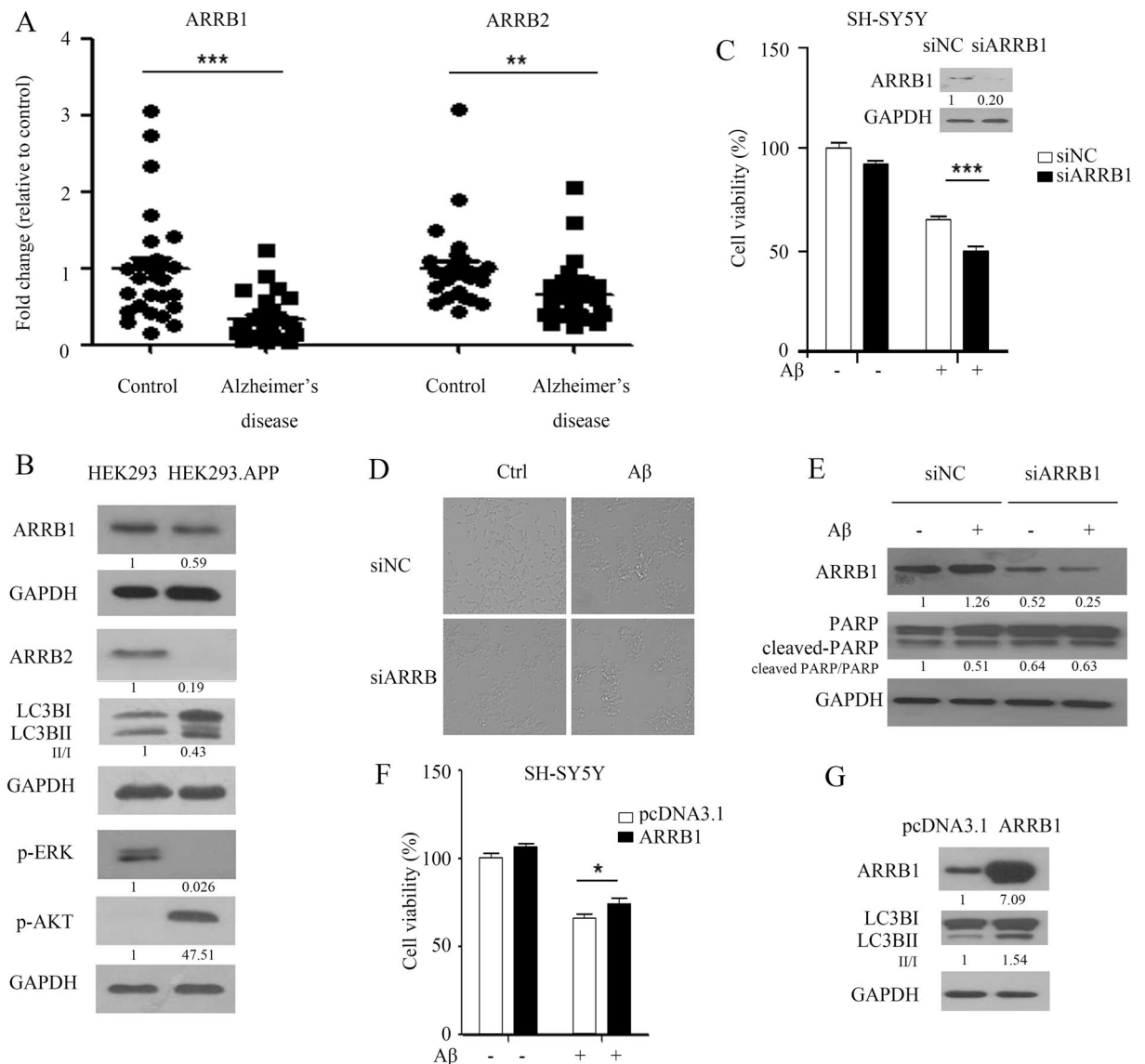


Figure 4. Depletion of *arrb1* enhances the cytotoxicity of $A\beta_{25-35}$ in SH-SY5Y cells. **(A)** mRNA levels of both *arrb1* and *arrb2* were evaluated in blood samples from AD patients ($N = 27$) by RT-PCR. $***P < 0.001$ compared to ARR1 in healthy age-matched controls, $**P < 0.01$ compared to ARR2 in healthy age-matched controls. The left panel shows mRNA level of *arrb1*, and the right panel shows mRNA level of *arrb2*. **(B)** Protein levels of ARR1, ARR2, a marker of autophagy (LC3B) and survival markers (phospho-ERK and phospho-Akt) were detected in cells overexpressing $A\beta$ (HEK293^{APP}) and in APPwt cells (HEK293) by western blot. **(C)** MTT of SH-SY5Y. The cells were treated with siRNA targeting *arrb1* for 48 h, and $A\beta_{25-35}$ was added to the cells for 16 h before testing cell viability with the MTT assay. $***P < 0.001$ compared with negative-control siRNA- and $A\beta_{25-35}$ -treated cells. The upper panel shows the expression of ARR1 after knockdown of *arrb1*. **(D)** SH-SY5Y cells were treated with $A\beta_{25-35}$ after depletion of *arrb1*, and changes in cell morphology were observed with a microscope. **(E)** SH-SY5Y cells were treated with $A\beta_{25-35}$ after depletion of *arrb1*; cleaved PARP was detected in cells by western blot. **(F)** MTT of SH-SY5Y. Cells were treated with $A\beta_{25-35}$ after translation of *arrb1*; $A\beta_{25-35}$ was added to the cells for 16 h before testing cell viability with the MTT assay. $*P < 0.05$ compared with negative-control pcDNA3.1- and $A\beta_{25-35}$ -treated cells. **(G)** Protein levels of ARR1 and LC3B was detected in cells by western blot. The raw data of figure B/C/E/G is the figure 4B/4C/4E/4G in supplemental data.

not show significant recovery due to the loss of the $\alpha 7nAChR$ (Fig. 5E). Moreover, $A\beta_{25-35}$ induced cell death, and this cytotoxic effect was exacerbated by the depletion of $\alpha 7nAChR$ (Fig. 5E), consistent with previous reports³⁶.

Flow cytometry analysis revealed that $A\beta$ treatment caused an increase in the expression of $\alpha 7nAChR$ at the cell membrane (Fig. 5F). We next asked whether the ARR1/2-mediated effect was dependent on $\alpha 7nAChR$ expression on the cell membrane. There was a small increase in the expression of $\alpha 7nAChR$ in the cell membrane lacking ARR1, as detected by flow cytometry (Fig. 5G). The cell viability assays revealed that silencing of *arrb1* exacerbated $A\beta$ -induced toxicity, and nicotine pretreatment also did not improve the survival of cells exposed to $A\beta$ when ARR1 expression

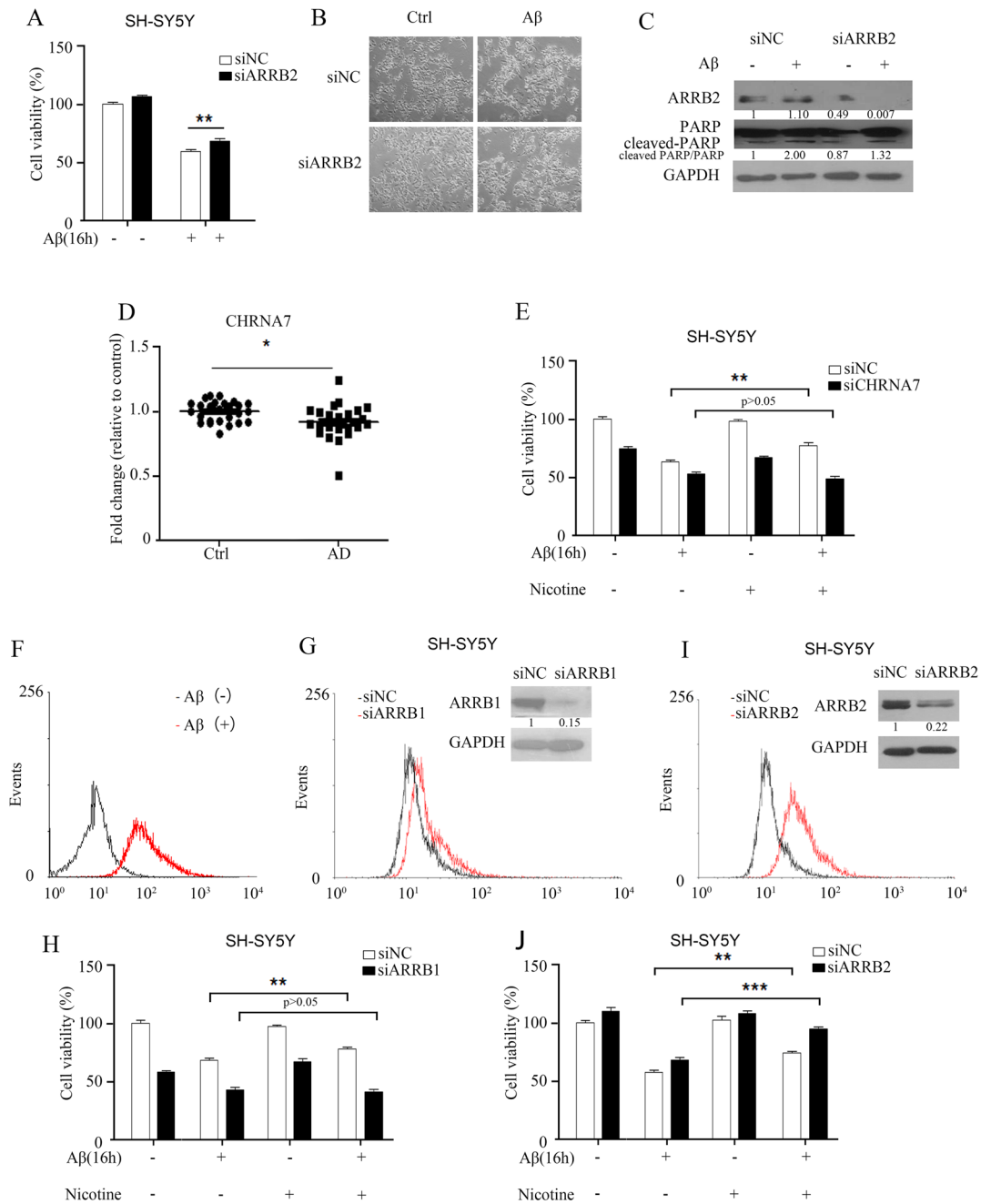


Figure 5. Knockdown of ARR2 partially protects cells from Aβ₂₅₋₃₅-induced apoptosis by facilitating α7nAChR expression at the plasma membrane. **(A)** After the depletion of ARR2, Aβ₂₅₋₃₅-induced cytotoxicity was evaluated with the MTT assay. **P < 0.01 compared with negative-control siRNA- and Aβ₂₅₋₃₅-treated cells. **(B)** SH-SY5Y cells treated with Aβ₂₅₋₃₅ after depletion of ARR2; changes in cell morphology were observed with a microscope. **(C)** SH-SY5Y cells treated with Aβ₂₅₋₃₅ after knockdown; the ARR2 and apoptosis marker (PARP) was detected by western blot. **(D)** The mRNA level of *chrna7* was detected from peripheral blood of AD patients by RT-PCR. *P < 0.05 compared to *chrna7* mRNA of healthy controls. **(E)** After knockdown of *chrna7*, cells were treated with or without nicotine before Aβ₂₅₋₃₅ treatment. **P < 0.01 compared to cells with negative-control siRNA and Aβ₂₅₋₃₅ treatment and without nicotine pretreatment. **(F)** After Aβ₂₅₋₃₅ treatment, the expression of α7nAChR in the cell membrane was detected by flow cytometry. **(G)** After *arrb1* knockdown, the expression of α7nAChR in the cell membrane was detected by flow cytometry. ARR1 was detected by western blot. **(H)** After silencing of *arrb1*, cells pretreated with nicotine before exposure to Aβ₂₅₋₃₅ were subjected to cell viability testing with the MTT assay. **P < 0.01 compared to cells with negative-control siRNA and Aβ₂₅₋₃₅ treatment and without nicotine pretreatment. **(I)** After *arrb2* knockdown, the expression of α7nAChR in the cell membrane was detected by flow cytometry. ARR2 was detected by western blot. **(J)** After silencing of *arrb2*, cells pretreated with or without nicotine before exposure to Aβ₂₅₋₃₅ were subjected to cell viability testing with the MTT assay. ***P < 0.001, **P < 0.01 compared to cells with negative-control siRNA and Aβ₂₅₋₃₅ treatment and without nicotine pretreatment. The raw data of figure C/G/I is the figure 5C/5G/5I in supplemental data.

was low in cells (Fig. 5H). In contrast, down-regulation of ARRB2 significantly enhanced the abundance of $\alpha 7$ nAChR (Fig. 5I), which in turn leading to improved survival, and enhancement of nicotine-mediated protection against A β (Fig. 5J). These findings suggest that ARRB2, but not ARRB1, played a critical role in the acceleration of A β toxicity, at least in part via the ability of ARRB2 to modulate $\alpha 7$ nAChR expression on the cell membrane.

Discussion

This study presents a novel role of ARRB1 and ARRB2 in A β_{25-35} -induced neuronal cell death. Our results reveal that upregulation of ARRB1 and ARRB2 was an early event after A β_{25-35} exposure, associated with an induction of autophagy. Downregulation of *arrb1* led to the inactivation of autophagic flux and exacerbation of A β_{25-35} -mediated cell death, whereas depletion of *arrb2*, to some extent, reversed the cytotoxicity of A β_{25-35} . Our study further showed that, unlike ARRB1, which was critical for activation of autophagy, ARRB2 preferentially regulated $\alpha 7$ nAChR expression on the membrane, which mediates the neuroprotective effect of nicotine. Knockdown of *arrb2* enhanced the expression of the $\alpha 7$ nAChR receptor at the plasma membrane, which in turn attenuated A β_{25-35} toxicity. β -arrestins have initially identified as desensitizers of canonical GPCR signaling, the β -arrestins are now recognized as regulators of G protein-independent signaling⁴⁰. For example, transient receptor potential vanilloid 1 (TRPV1) is a nonselective cation channel activated by multiple stimuli, Por *et al.* have identified ARRB2 as a scaffolding protein that desensitizes TRPV1 receptor activity⁴¹. We also demonstrated that ARRB2 was able to regulate $\alpha 7$ nAChR, because downregulation of ARRB2 facilitated the expression of $\alpha 7$ nAChR on cell membrane, leading to the enhancement of nicotine on cell proliferation. Further investigation is required for elucidating the mechanism by which ARRB2 desensitizes $\alpha 7$ nAChR activity. A β can suppress neuronal autophagy by impairing AMPK^{23, 42}, leading to the reduced autophagic clearance of some aggregation-prone proteins and enhancing neuron cell death²⁴. Basal levels of autophagy are essential for the removal and repurposing of damaged cytoplasmic contents and aggregated proteins, which is critical for cellular homeostasis. Therefore, many efforts have been made to ascertain whether the induction of autophagy would be beneficial for stimulating the clearance of A β , reducing the toxicity of A β in AD. For example, Justicidin A, an aryl-naphthalide lignin, reduces A β_{25-35} -mediated neuronal cell death by inhibiting hyperphosphorylation of tau and inducing autophagy in SH-SY5Y cells⁴³. Cilostazol stimulates CK2/SIRT1 activation, resulting in upregulation of autophagy and a decrease in A β expression in neurons⁴⁴. In contrast, Hung *et al.* demonstrated that extracellular A β induces a strong autophagic response in both SH-SY5Y cells and mice that overexpress LC3^{45, 46}. These findings also indicate that $\alpha 7$ nAChR binds with extracellular A β and the complex internalizes into the cytoplasm, subsequently inhibiting A β -induced neurotoxicity via autophagic degradation. We also found that A β_{25-35} treatment transiently activated autophagic flux in SH-SY5Y cells and eliminated autophagy after 4 h. Disruption of the autophagic process led to an increase in A β_{25-35} -induced cell death, indicating that clearance of A β by the autophagosome provides neuroprotection. In addition, we demonstrated that incubation of cells with cytotoxic concentrations of soluble A β_{25-35} resulted in a rapid increase in the number of lysosomes and caused lysosomal damage after 4 h of incubation, consistent with observations previously reported³⁵. We conclude that suppression of the autophagic process by longer treatments with A β may be a consequence of interrupted autophagosome maturation due to A β -induced damage of the lysosomal membrane.

Based on our cell model, using SH-SY5Y cells treated with A β_{25-35} , we demonstrated that A β_{25-35} rapidly increased ARRB1 expression after short-term treatment, which contributed to the activation of autophagy, and the impairment of *arrb1* exacerbated A β -mediated cell death. In line with the reports that ARRB1 interacts with Beclin 1 and promotes activation of autophagy, deletion of *arrb1*, but not *arrb2*, aggravates neuronal injury in cerebral ischemia³⁰. The findings from our study and others support a neuroprotective role of ARRB1 against neuronal injury in the regulation of autophagosome formation. We noted that mRNA levels of both *arrb1* and *arrb2*, particularly *arrb1*, were markedly reduced in blood samples of AD patients (Fig. 4A). However, β -arrestin levels have been correlated with A β toxicity in brains of AD patients and animal models^{31, 32, 47}. These conflicting findings concerning the expression of β -arrestins in AD indicate that β -arrestin expression varied in tissue and blood samples. Further investigation is required to validate levels of the two proteins in a large sample, and to examine the correlation of β -arrestins with AD progression. AMPK is also activated by the exposure of cells to A β . Thornton *et al.* provided evidence that A β_{1-42} activates AMPK via the N-methyl-D-aspartate (NMDA) receptor, which in turn leads to the hyperphosphorylation of tau, a hallmark of AD⁴⁸, although the authors did not show changes in autophagy upon the activation of AMPK in response to A β . It seems that the effect of A β on AMPK is context-dependent; under certain conditions, AMPK can be activated by A β , but in other contexts, AMPK is inhibited⁴⁹. Research is still needed to clarify the role of AMPK in the autophagic process in AD. In addition to a regulatory effect of A β on ARRB1-induced autophagy, the expression of ARRB2 was enhanced after short treatment with A β . However, unlike ARRB1, genetic silencing of *arrb2* reduced the toxicity of A β in cell culture. In further experiments, knockdown of *arrb2* significantly increased the expression of the $\alpha 7$ nAChR at the cell membrane, partially increased nicotine-mediated cytoprotective effects and rescued cells from A β_{25-35} -induced cell death. Silencing of *arrb1* slightly facilitated $\alpha 7$ nAChR expression, and the effect of *arrb2* on $\alpha 7$ nAChR expression was more predominant in cells. To our knowledge, this is the first report demonstrating the role of the ARRB2/ $\alpha 7$ nAChR complex in A β_{25-35} -mediated cytotoxicity. Huang *et al.* provided evidence that overexpression of LC3 in SH-SY5Y cells was associated with higher $\alpha 7$ nAChR expression, which facilitated cell survival via internalization and autophagic degradation of extracellular^{45, 46}. Given the role of β -arrestins in the recruitment of membrane receptors into intracellular compartments, it is reasonable to assume that the membrane $\alpha 7$ nAChR could be recycled with the help of ARRB2, but further investigation is required to define this mechanism of action. Moreover, $\alpha 7$ nAChR protein is reduced in the cortex and hippocampus in patients with AD⁵⁰. Increased $\alpha 7$ nAChR expression at the cell membrane could be beneficial for AD treatment⁵¹. Therefore,

genetically or pharmacologically targeting *ARRB2* with or without the use of nicotine or nicotinic ligands may have therapeutic potential in AD treatment³⁶.

In this report, we observed the changes in *ARRB1* and *ARRB2* expression in response to $A\beta_{25-35}$ and demonstrated the roles of *ARRB1* and *ARRB2* in $A\beta_{25-35}$ -mediated toxicity. We showed a neuroprotective role of *ARRB1* in activating autophagy, which further confirms the importance of autophagy in neuroprotection. Moreover, our results indicate that therapies aimed at reducing *ARRB2* may offer a promising approach for AD treatment because downregulation of *ARRB2* enhances therapeutic effects mediated by $\alpha 7nAChR$.

Materials and Methods

Cell culture and treatments. The human neuroblastoma cell line SH-SY5Y was obtained from the Cell Resource Center, IBMS, CAMS/PUMC. Cells were cultured in RPMI-1640 medium (HyClone) supplemented with 10% fetal bovine serum (Gibco). The differentiated rat pheochromocytoma cell line PC12 was cultured in DMEM medium (HyClone) containing 5% fetal bovine serum (Gibco) and 10% horse serum (HyClone). Human embryonic kidney HEK293 cells and HEK293^{APP} cells (stably expressing APP) (a gift from Dr. Xiulian Sun, School of Medicine, Shandong University) were cultured in DMEM (HyClone) containing 10% fetal bovine serum (Gibco). The cells were maintained in 5% CO₂ at 37 °C until reaching approximately 50–70% confluence, and then treated with $A\beta_{25-35}$ as indicated. Control cells were cultured under normal conditions. $A\beta_{25-35}$ was purchased from Sigma-Aldrich. $A\beta_{25-35}$ was dissolved in double-distilled water to 5 mM·L⁻¹ and incubated in 37 °C for 5 days before use. Control cells were exposed to equivalent volumes of double-distilled water.

Cell viability assay. Cells were seeded in 96-well plates and were treated with $A\beta_{25-35}$ for 16 h. Each test dose was performed in triplicate on each plate. The treated cells were then incubated with 10 μ l MTT for 4 h at 37 °C, and the cell growth response to $A\beta$ was detected by measuring the absorbance at 570 nm on a plate reader (Bio-Rad, USA). Three replicates were performed for each measurement.

Transient transfection of plasmids and siRNAs. Cells were transfected with an *ARRB1* expression plasmid using Lipofectamine 3000 (Invitrogen Life Technologies). After 24 h of transfection, cells were exposed to $A\beta$ for an additional 16 h and subjected to further analysis. Control cells were transfected with the empty vector pcDNA3.1 under the same conditions. For the siRNA assay, *ARRB1*, *ARRB2*, *LC3B*, *Beclin-1* or *CHRNA7* siRNAs (Invitrogen Life Technologies) were transfected into cells for 48 h. Scrambled siRNA served as a control. After transfection, cells were exposed to chemicals as indicated and subjected to the cell viability assay or lysed for the western blot assay. At least three independent experiments were performed. The siRNA sequences were as follows: sense: 5'-GAGACGCCAGUAGAUACCAAUCUCA, anti-sense: 5'-UGAGAUUGGUAUCUACUGGCGCUCUC for *ARRB1*; sense: 5'-GACCGACUCGUGAAGAAGUTT, anti-sense: 5'-ACUUCUUCAGCAGUCGGUUCTT for *ARRB2*; sense: 5'-GCACCUUCGAACAAAGAGUTT, anti-sense: 5'-ACUCUUUGUUDGAAGGUGCTT for *LC3B*; sense: 5'-UGAAAUUUCAGACCCAUCUUAUUGG, antisense: 5'-CCAAUAAGAUGGGUCU GAAAUUUCA for *Beclin-1*; sense: 5'-GCUGGUCAAGAACUACAAUTT, anti-sense: 5'-AUUGUAGUUCUU GACCAGCTT for *CHRNA7*, the negative-controlsilencing RNA was used as a control. All of the experiments were performed in triplicate wells and repeated at least three times.

Western blotting. After transfection and/or treatment with chemicals, cells were lysed for the western blot assay as described previously⁵². Bands were incubated with primary antibodies against PARP (SC-7150, Santa Cruz Biotechnology), glyceraldehyde-3-phosphate dehydrogenase (GAPDH) (SC-47724, Santa Cruz Biotechnology), β -actin (sc-47778, Santa Cruz Biotechnology), *ARRB1* (ab32099, Abcam), *ARRB2* (10171-1-AP, Proteintech), *LC3B* (NB100-2220), *GRP78* (NBP1-06274), eIF2 α (NB100-81896), and phosphor-eIF2 α (NB110-56949) were purchased from Novus Biologicals, phosphor-p44/42MAPK (T202/Y204) (#4370S), phosphor-MEK (#9121S), phosphor-AKT (T308) (#9275S), *ATG7* (#2631S), and *Beclin-1* (#3738S) were purchased from Cell Signaling Technology.

Immunofluorescence. Cells were seeded on coverslips in 24-well plates. After transfection and/or treatment, cells were fixed with a mixture of methanol and acetone (1:1) and permeabilized in phosphate-buffered saline (PBS) containing 3% BSA and 0.1% Triton X-100 for 20 min. After washing with PBS, cells were probed with primary antibodies overnight. The cells were incubated with peroxidase-conjugated secondary antibodies, and images were acquired using an LSM-700 confocal fluorescence microscope (Carl Zeiss, Germany).

Flow cytometry. After transfection of *ARRB1* or *ARRB2* siRNAs for 48 h, cells were washed and re-suspended in PBS containing 5 mM EDTA and 0.2% BSA for 15 min. A monoclonal antibody against the nicotinic AChR $\alpha 7$ subunits (Abcam, UK) was added to the buffer, and the cells were incubated for 30 min on ice. The cells were then probed with FITC-conjugated secondary antibody for 30 min on ice in the dark, and analyzed on a FACSscan flow cytometer (Becton Dickinson, USA).

Real-time quantitative PCR. To evaluate changes in the mRNA levels of *arrb1* and *arrb2* in patients with AD, a total of 54 blood samples were collected from Chinese subjects (27 with AD and 27 healthy controls). The subjects were recruited from the Second Affiliated Hospital of Shandong University, Jinan. AD was clinically diagnosed according to the diagnosis guidelines spearheaded by the Alzheimer's disease and the National Institute on Aging (NIA) of the National Institutes of Health (NIH). Informed consent was obtained from all participants, and all the experimental protocols involving human participants were approved by the medical ethics committee of Shandong University School of Medicine and Second hospital of Shandong University. And all the experimental protocols conducted in accordance with the ethica guidelines of the Declaration of Helsinki of the World Medical Association. Total RNA was isolated from venous blood mixed with ethylenediamine

tetra-acetic acid (EDTA) utilizing the RiboPure™-Blood Kit (ThermoFisher) in accordance with the manufacturer's instructions. Complementary DNA was synthesized by reverse transcription using ReverTra Ace qPCR RT Kit (Toyobo, Japan). Quantitative PCR analysis of cDNA was performed using SYBR Green (Toyobo) on a real-time PCR system (Eppendorf International, Germany). The mRNA levels of the desired genes were normalized to glyceraldehyde 3-phosphate dehydrogenase (GAPDH). The following primer pairs were used: *arrb1* primers: 5'-AAAGGGACCCGAGTGTTCAG-3', 5'-CGTCACATAGACTCTCCGCT-3'; *arrb2* primers: 5'-TCCATGCTCCGTACACTG-3', 5'-ACAGAAGGCTCGAATCTCAAAG-3'; *gapdh* primers: 5'-GGAGCGAGATCCCTCCAAAT-3', 5'-GGCTGTTGTCACTTCTCATGG-3'.

Statistical analysis. All experiments were performed at least three independent times in triplicate. Results are expressed as mean \pm standard deviation (SD). The two-tailed Student's *t*-test was performed to assess differences between the experimental and control groups. ARR1, ARR2, and cell viability under conditions of depletion and treatment were measured and presented as mean \pm standard error of the mean (SEM), and values were compared by two-way analysis of variance (ANOVA). $P < 0.05$ was considered statistically significant; $P \leq 0.001$ was considered highly significant. The fluorescence intensity of images were analyzed by Image J software.

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Author Contributions

Jian-zhong BI, Hui-qing YUAN and Yi-qing LIU designed the research; Yi-qing LIU performed the experiments; Meng-qi JIA, Zhao-hong XIE, Xiao-fei LIU, Hui YANG, Xiao-lei ZHANG analyzed the data, and Jian-zhong BI, Hui-qing YUAN and Yi-qing LIU wrote the paper.

Additional Information

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