Non-epitaxial single-crystal 2D material growth by geometric confinement

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Two-dimensional (2D) materials and their heterostructures show a promising path for next-generation electronics^{1-[3](#page-5-1)}. Nevertheless, 2D-based electronics have not been commercialized, owing mainly to three critical challenges: i) precise kinetic control of layer-by-layer 2D material growth, ii) maintaining a single domain during the growth, and iii) wafer-scale controllability of layer numbers and crystallinity. Here we introduce a deterministic, confned-growth technique that can tackle these three issues simultaneously, thus obtaining wafer-scale single-domain 2D monolayer arrays and their heterostructures on arbitrary substrates. We geometrically confne the growth of the first set of nuclei by defining a selective growth area via patterning $SiO₂$ masks on two-inch substrates. Owing to substantial reduction of the growth duration at the micrometre-scale $SiO₂$ trenches, we obtain wafer-scale single-domain monolayer WSe₂ arrays on the arbitrary substrates by flling the trenches via short growth of the frst set of nuclei, before the second set of nuclei is introduced, thus without requiring epitaxial seeding. Further growth of transition metal dichalcogenides with the same principle yields the formation of single-domain MoS₂/WSe₂ heterostructures. Our achievement will lay a strong foundation for 2D materials to ft into industrial settings.

2D transition metal dichalcogenides (TMDs) and their heterostructures are promising platforms for next-generation electronics, spintronics and valleytronics, as well as optoelectronics applications $1-13$. However, so far, the integration of such semiconducting 2D heterostructures onto industrial platforms has been challenging owing to limited scalability. The most common method to construct 2D heterostructures is through mechanical exfoliation and stacking of 2D flakes, which is a trial-and-error-based operation, and thus suffers from severely limited size of the structures and long assembly times. So far, substantial progress has been made to address the scalability issue by developing an 'epitaxial' growth method to obtain single-crystalline monolayer TMDs on single-crystalline hexagonal substrates such as sapphire 14 . However, there still exist major challenges in growing large-scale 2D heterostructures, owing to the lack of layer-by-layer growth strategies of single-domain TMDs. The current state-of-the-art growth method requires an undesirable transfer process of 2D materials to infuse them into Si technology. Although a 'non-epitaxial' method for producing single-domain TMD arrays has been reported recently using laser irradiation on the nucleation spots 15 , this method will inevitably accompany undesirable damages in TMD. Moreover, lateral heterostructures will preferably form when a vertical growth of the second heterolayer is attempted.

Here we report the two major features of this study, while addressing possible concerns on the feasibility of layer-by-layer growth of 2D materials on arbitrary substrates for commercialization. First, we demonstrate single-domain heterojunction TMDs at the wafer-scale by layer-by-layer growth. Second, we report our non-epitaxial strategy to grow single-domain TMDs on amorphous oxides, thus enabling direct growth of single-crystalline 2D materials on an Si wafer coated with an oxide layer. To achieve these, we have attempted to tackle the fundamental kinetic issues in TMD growth, where the first set of nuclei must merge with each other before the next set of nuclei to form a continuous monolayer of TMDs. We confine the growth of the first set of nuclei by defining a selective growth area of less than a few micrometres via patterning amorphous (a)-SiO₂ masks on *c*-plane Al₂O₃ (*c*-Al₂O₃) or a-HfO₂-deposited Si substrates. We confirm higher

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Fig. 1 | Schematic and synthesis mechanism of selective single-domain TMD arrays. a, Schematic of the general process by which TMDs are grown. Stage I shows the same chance of nucleation across the entire area. **b**, Schematic of the selective single-domain synthesis strategy to address the limitations of

conventional TMD growth. **c**, Single-domain MoS₂/WSe₂ heterostructures by confined growth of a second MoS₂ layer. **d**, The binding energies of W₃O₉ (black box), Se₂ (red box) and W_3 Se₆ (blue box) clusters on c -Al₂O₃, a-HfO₂ and a-SiO₂ substrates.

binding energy of TMDs on those substrates compared to that on a-SiO₂ via density function theory (DFT) calculations, and thus the nucleation of TMDs is concentrated on the substrate surface instead of on a-SiO₂. The reduced size of the a-SiO₂ trenches substantially reduces the duration of the growth, yielding a fully merged first set of nuclei within the incubation time of introducing the second set of nuclei. Thus, the grown monolayer TMD layers are all single-domain across the wafer. The confined geometry allows precise control of the number of layers such that the next TMD monolayers can be subsequently grown to fill up the trenches. Field-effect transistors (FETs) fabricated on the arrays of single-domain WSe_2 over the entire 2-inch wafer exhibit excellent performance, close to the level of mechanically exfoliated WSe₂ flakes; for example, effective mobility up to 72.8 $\text{cm}^2 \text{V}^{-1} \text{s}^{-1}$ for monolayer (ML)-WSe₂ and 103.5 cm² V⁻¹ s⁻¹ for bilayer (BL)-WSe₂. Moreover, we successfully demonstrated a layer-by-layer confined growth of $MoS₂/$ WSe₂ heterostructures at the wafer scale and measured their valley lifetime on the arrays of single-domain MoS₂/WSe₂ heterostructures, which exhibit comparable values from those obtained from single-domain flakes 12 . We believe that our confined-growth technique can bring all the useful physics of 2D materials to the level of commercialization by allowing the construction of single-domain layer-by-layer homojunctions or heterojunctions on 'non-epitaxial' surfaces at the wafer scale.

Figure [1a](#page-1-0) shows the conventional process of TMD growth. Initially, the first set of nuclei are formed and their orientations are random, because they are not typically aligned with the substrate. Whereas the first set of nuclei are laterally grown to meet each other, the second set of nuclei are formed on top of the first set of nuclei. Without additional control of the nucleation, this process is repeated, resulting in the

Fig. 2 | Selective single-domain synthesis and layer-by-layer confined growth of WSe₂. a-d, Single-domain WSe₂ selectively synthesized in 10-μm (a,b) and 2-μm (c,d) sapphire pockets fabricated with a-SiO₂ trenches. Growth times are indicated at the top right. **e**–**h**, Raman and photoluminescence

mapping images of confined ML-WSe₂ (e, f) and BL-WSe₂ (g, h) in 2-μm sapphire pockets. **i**,**j**, Cross-sectional high-resolution transmission electron microscopy (HRTEM) images of confined ML-WSe₂ and BL-WSe₂ in a sapphire pocket. a.u., arbitrary units. Scale bars, 10 μm (**a**,**b**), 2 μm (**c**–**h**), 2 nm (**i**,**j**).

growth of irregular TMD layer thicknesses upon merging of the first set of nuclei. When they merge with each other, a continuous polycrystalline layer is formed, owing to the random orientation of the initial nuclei, which will eventually degrade the intrinsic properties of the TMDs. To solve this issue, in Fig. [1b](#page-1-0) we present our strategy to digitally control the thickness and crystallinity of the TMD growth. First, we coated the c -Al₂O₃ or a-HfO₂-deposited Si wafers with a-SiO₂, followed by forming a micrometre-sized trench array on a-SiO₂. Then, we selectively grew WSe₂ inside the a-SiO₂ trench. The size of the trench is small enough that only a single-domain nucleation event is allowed, which later grows and fills up the entire trench. The resulting $WSe₂$ films are single-domain monolayer. This process is repeated to obtain single-domain $MoS₂/WSe₂$ heterostructures by performing confined growth of a second $MoS₂$ layer (Fig. [1c\)](#page-1-0). A single-domain homobilayer has been also achieved by additional growth of WSe₂. Their growth selectivity is shown in Fig. [1d,](#page-1-0) where the binding energies of the precursors WO₃ and Se, as well as the product WSe₂ clusters on *c*-Al₂O₃, a-HfO₂ and a-SiO₂, are calculated from DFT. Compared to the surface of a-SiO₂, WO₃ cluster (W₃O₉, black box), Se cluster (Se₂, red box), and WSe₂ cluster (W₃Se₆, blue box) have stronger binding interactions with c -Al₂O₃ and a-HfO₂. This indicates that the clusters preferentially bind to substrates instead of a-SiO₂, leading to selective WSe₂ growth (see Supplementary Information for details). We also have experimentally confirmed their selectivity by simultaneously growing WSe₂ on *c*-Al₂O₃, a-HfO₂ and a-SiO₂ substrates under the same chemical vapor deposition (CVD) growth conditions, as shown in atomic force microscopy (AFM) images (Extended Data Fig. 1).

To determine the appropriate size of the a-SiO₂ trenches-sufficiently small to allow single-domain $WSe₂$ formation at the confined area–we measured the lateral growth rate of WSe₂ and the nucleation

Fig. 3 | Electrical characterization of confined BL-WSe₂. a, Photograph of an integrated confined BL-WSe₂ FET arrays on an a-SiO₂/Si wafer with size 5.1 cm × 5.1 cm. Inset shows micrograph of an individual FET array, where 20 FETs are integrated. Scale bar, 10 μm. **b**, Transfer characteristics of confined BL-WSe₂ FET at V_{ds} = -1 V, where L_{CH} (channel length) is 0.7 μm. Obtained results show maximum on-current density of up to 155.8 μ A μ m⁻¹ and a field-effect mobility of up to 103.5 cm 2 V $^{\text{-}1}$ s $^{\text{-}1}$. **c**, Output characteristics of confined BL-WSe₂ FET. **d**, Benchmark of WSe₂ FETs, highlighting the performance of this work

(red stars) with respect to *I*_{on} and $μ$ _{eff}. Criteria of selection for other works: CVD-grown single-crystalline (SC) $1-3$ ML-WSe₂ (filled blue squares)^{15[,17](#page-5-7)-22}, CVD-grown polycrystalline (PC) $1-3$ ML-WSe₂ films (cross-filled orange squares)^{23,24}, as-exfoliated WSe₂ flakes (violet pentagons)^{[25](#page-6-3)}. V_{ds} and L_{CH} are –1*V* and nearby 1 μm, respectively. **e**, Comparison of results with respect to *I*on and $μ_{eff}$ between FETs fabricated with as-exfoliated ML-/BL-WSe₂ flakes and confined ML-/BL-WSe₂ films. **f**, Statistical distribution with respect to *I*_{on} and *μ*_{eff} achieved from confined BL-WSe₂ FET arrays.

incubation time of the second set of nuclei after the first nucleation layer (see Extended Data Fig. 2). The measured lateral growth rate of WSe₂ and the incubation time of the second nucleation were approximately 0.4 μm min−1 and 5 min, respectively. As shown in Fig. [2a,](#page-2-0) growing WSe₂ on the 10-µm trench patterns for longer than the incubation time led to multiple domains in the trench. Whereas a single $WSe₂$ triangle occupied approximately 70% of the trench area (indicated as yellow), the rest of the area contained multiple domains (green for two domains, and red for three domains). Further increasing the growth time resulted in the formation of multidomain polycrystalline $WSe₂$ (Fig. [2b\)](#page-2-0). Substantial reduction of photoluminescence intensity was observed for the multidomain area compared to the single-domain area (see Supplementary Fig. 1). Our statistics show that among multiple trenches with a size of 10 μm, approximately 25% contain more than two domains (see Extended Data Fig. 3). On the other hand, when the size of the trench was restricted to 2 μm, only a single domain was formed in every inspected area (484 trenches) regardless of the position of the initial nucleation event, either at the centre leading to homogeneous nucleation or at the edge of trenches for heterogeneous nucleation (see Extended Data Fig. 4). Further growth leads to merging of the nuclei,

filling the entire trench as shown in Fig. [2c,d.](#page-2-0) Because the final arrays of WSe₂ filled in the confined trenches originated from a single-domain nucleation event, all WSe, arrays are single-crystalline across the wafer. We also confirmed that approximately 97% of the trench area was filled by WSe₂ and complete filling of the trench was accomplished during the incubation time of the second-layer nuclei formation on top of the first WSe₂ layer. Raman mapping at the E_{2g}^1 peak position and photoluminescence mapping at 1.65 eV confirmed that the WSe₂ grown in all trenches was indeed monolayer (Fig. [2e,f\)](#page-2-0). The average of the full-width at half-maximum (FWHM) of the photoluminescence spectrum of our single-domain $WSe₂$ in the trenches was measured to be approximately 55 meV at room temperature (300 K), which is similar to that of high-quality single-domain $WSe₂$ flakes that are mechanically isolated from bulk (see Supplementary Fig. 2)^{[16](#page-5-6)}. Our thorough characterization reveals that single-domain $WSe₂$ arrays exhibit excellent crystallinity and composition (see AFM, high-angle annular dark field scanning transmission electron microscopy (HAADF-STEM) and X-ray photoelectron spectroscopy (XPS) data shown in Extended Data Fig. 5).

On the basis of the obtained single-domain ML-WSe₂ arrays, we attempted to consecutively grow another layer of $WSe₂$ to obtain

Fig. 4 | Confined TMD growth on a-HfO₂ deposited on an Si wafer and valleypolarized interlayer excitations in ML-WSe₂ and heterobilayer (MoS₂/WSe₂). a , Photograph and schematic image of a-HfO₂ deposited by atomic layer deposition (ALD) system on an Si wafer in a reduced trench size (1 μm). **, Single-domain MoS₂ selectively synthesized in 1-** μ **m a-HfO₂ pockets** fabricated with a-SiO₂ trenches. Scale bars, 5 μm. **d**, Transfer characteristics of FETs fabricated with confined ML-/BL-MoS₂ (blue and red, respectively) on an a-HfO₂ substrate. Inset denotes optical microscopic (OM) image of confined MoS₂ FET arrays fabricated on a-HfO₂. **e**, Statistical distribution with respect

to *I*_{on} per width and *μ*_{eff} achieved from confined ML-/BL-MoS₂ FET arrays. **f**, Cross-sectional HAADF-STEM image of the heterointerface, MoS₂ (upper layer) and $WSe₂$ (lower layer), overlain with the energy dispersive X-ray (EDX) spectra for Mo Kα (purple), S Kα (yellow), W Lα (grey) and Se Kα (green). **g**, Time-resolved circular dichroism (CD) response in ML-WSe₂ at 300 K (black) and heterobilayer (MoS₂/WSe₂) at 300 K and 77 K (red and blue, respectively), where the red and blue solid lines are the cumulative fits. Scale bars, 5 μm (**a**–**d**), 2 nm (**f**).

uniform homobilayers, which are electrically superior to monolayer. We have observed that each trench allowed only single-domain nucleation events and that further increasing the growth time resulted in the formation of single-domain BL-WSe₂ by fully filling up the trenches (Extended Data Fig. 6a,b). This was additionally verified by the shift of the Raman spectra from A_{1g} peak (approximately 259.6 cm⁻¹) for a confined monolayer to the B^1_{2g} peak (approximately 308.5 cm⁻¹) for the confined bilayer (Extended Data Fig. 6c). In addition, the photoluminescence

spectra peak shift from 1.65 to 1.6 eV confirms its transition from direct-gap to indirect-gap (Extended Data Fig. 6d). Raman mapping at the B_{2g}^1 peak and photoluminescence mapping at 1.6 eV verified our achievement in obtaining uniform bilayer 2D materials across the entire wafer (Fig. [2g,h](#page-2-0)). We additionally performed atomic-scale characterization on the ML- and BL-WSe₂. High-resolution transmission electron microscopy (HRTEM) showed 0.8-nm-thick ML-WSe₂ and 1.6-nm-thick BL-WSe₂ as shown in Fig. [2i,j.](#page-2-0) In particular, from STEM

images we observed that BL-WSe, was grown without visible strain effects that can potentially arise at the edge of the a- $SiO₂$ trench compared to the centre, confirming the uniformity of the BL-WSe, (Extended Data Fig. 7). In addition, plan-view HAADF-STEM analysis revealed that BL-WSe₂ is epitaxially aligned with AA' stacking (Supplementary Fig. 3).

To verify the electrical quality of our single-domain TMDs prepared by the confined-growth method, we have fabricated arrays of FETs on the BL-WSe₂ grown on a 2-inch wafer; Fig. [3a,b](#page-3-0) shows representative I_{ds} – V_{gs} characteristics measured from one of the BL-WSe₂ FET arrays. The FET exhibits an on/off current ratio of greater than 10^8 , a subthreshold swing of 240.5 mV dec−1, a maximum on-current (*I*on) density of up to 155.8 μA μm⁻¹ and a field-effect mobility ($\mu_{\text{eff}} = g_{\text{m}}L/WC_{\alpha}V_{ds}$, $C_{\alpha} = 11.6$ nF cm⁻², where g_m , *L*, *W*, and C_g are the transconductance, channel length, width, and gate capacitance, respectively) of up to 103.5 cm² V⁻¹ s⁻¹, at V_{ds} = −1 V. Furthermore, a saturation current of up to 465 μA μ m⁻¹ was observed via output characteristics (Fig. [3c\)](#page-3-0). We benchmarked the results of WSe₂ FETs reported so far (Fig. [4d\)](#page-4-0)^{[15,](#page-5-4)17-25}. We highlight that the electrical properties of FETs fabricated with confined $ML/BL-WSe₂$ are comparable to the best properties reported for single-crystalline WSe₂-based FETs (see Supplementary Fig. 4 and Supplementary Table 1 for details), and similar to (or better than) those of as-exfoliated flake-based ML-/BL-WSe₂ FETs (Fig. [3e](#page-3-0) and Supplementary Fig. 5). We next performed statistical analysis on the FET arrays with respect to I_{on} per width and μ_{eff} (Fig. [3f\)](#page-3-0). The FETs exhibited a Gaussian distribution in both I_{on} per width and μ_{eff} ; the average and variation values are 89.9 μA μm⁻¹ and 17.3% for *I*_{on} density and 79.1 cm² V⁻¹ s⁻¹ and 24.1% for *μ*eff. Detailed statistical investigation with respect to *I*on density, $μ_{eff}$, subthreshold swing, on/off current ratio and threshold voltage (V_{th}) on 213 FETs fabricated with confined BL-WSe₂ are provided in Extended Data Figs. 8,9, with an estimated yield of 93.9%. In addition, we also characterized FETs fabricated with confined ML-WSe₂ (see Supplementary Fig. 6), achieving electrical performances comparable to FETs fabricated with confined BL-WSe₂.

We have further developed our confined-growth strategy to fulfil the requirement of industrialization in the logic and memory sectors, which requires single-crystalline TMD formation on amorphous surfaces on Si wafers and single-crystalline heterostructures at the wafer scale. First, we have applied our learning in confined TMD growths on single-crystalline sapphire wafers to achieve single-crystalline TMDs on a-HfO₂ deposited on an Si wafer with a reduced trench size (Fig. [4a\)](#page-4-0). As shown in Fig. [4b,c,](#page-4-0) all single-domain nucleation events occur fully within a 1-μm trench, and grows successfully, filling up the trenches and resulting in single-crystalline $ML-MoS₂$ on an amorphous surface at the wafer scale. Also, additional confined growths of MoS₂ on a-HfO₂ allows layer-by-layer growth of bilayer and trilayer $MoS₂$ as shown in STEM images (see Supplementary Fig. 7). We observe excellent electrical characteristics of the confined TMDs on a-HfO₂ by fabricating the FETs on as-grown ML-/BL-MoS₂ on a-HfO₂/Si wafers without any transfer process. Fig. [4d](#page-4-0) shows I_{ds} – V_{ds} measured from fabricated ML-/BL-MoS₂ FETs. The FETs exhibit a maximum I_{on} density of up to 86.7 μ A μ m⁻ (ML-MoS₂) and 129.3 μA μm⁻¹ (BL-MoS₂), a μ_{eff} of up to 62.2 cm² V⁻¹ s⁻¹ and 88.61 cm² V⁻¹ s⁻¹, wherein C_{gHfO_2} = 600 nF cm⁻² and V_{ds} = 1 V. In addition, we next performed statistical analysis on the 42 MoS, FETs (21 ML-MoS₂ FETs and 21 BL-MoS₂ FETs) with respect to the I_{on} per width and μ_{eff} , wherein the average values of I_{on} and μ_{eff} are 71.4 μ A μ m⁻¹ (for *I*_{on} per width of ML-MoS₂ FETs), 99.3 μA μm⁻¹ (for *I*_{on} per width of BL-MoS₂ FETs), 51.2 cm² V⁻¹ s⁻¹ (for μ_{eff} of ML-MoS₂ FETs), and 71.2 cm² V⁻¹ s⁻¹ (for μ_{eff} of BL-MoS₂ FETs), respectively. Here, we estimated 23.8% and 25.2% of variation for *I*_{on} per width values of ML-/BL-MoS₂ FETs, and 20.3% and 24.9% of variation for μ_{eff} values of ML-/BL-MoS₂ FETs, respectively, with a 90.5% device yield (Fig. [4e](#page-4-0)).

Second, we have attempted consecutive growths of single-domain heterobilayer TMD semiconductors. To prove the concept, we performed the growth of ML-MoS₂ on the single-domain ML-WSe₂ arrays.

We confirmed that single-MoS₂-domain nucleation events can also occur within the confined WSe₂-filled trench, resulting in a full area coverage of MoS₂, forming single-domain MoS₂/WSe₂ heterobilayers. Raman mapping and photoluminescence spectra confirmed uniform formation of MoS₂/WSe₂ heterobilayers (see Extended Data Fig. 10 for crystalline quality). In addition, a cross-sectional HAADF-STEM image showed a sharp van der Waals heterointerface between the confined ML-MoS₂ and ML-WSe₂ without any alloying (Fig. [4f\)](#page-4-0). A uniform heterointerface without secondary nucleation was also observed in the HAADF-STEM image at low magnification (see Supplementary Fig. 8). These data encouraged us to further characterize valleytronic performance of our MoS₂/WSe₂ heterobilayer arrays. We investigated valley-polarized carrier dynamics of heterobilayer (MoS₂/WSe₂) arrays via ultrafast circular dichroism based on time-resolved pump–probe spectroscopy (Fig. [4g](#page-4-0)). We measured valley lifetime from our single-domain $MoS₂/WSe₂$ arrays (approximately hundreds of picoseconds at 300 K and a few nanoseconds at 77 K).

In conclusion, we have demonstrated the synthesis of single-domain arrays of 2D TMDs at the wafer scale using a confined-growth technique. This growth technique enables layer-by-layer synthesis with critical Gibbs free energy difference, realizing wafer-scale single-domain homobilayers and heterobilayers on arbitrary substrates. In addition, our confined TMD layers show excellent electrical performance, comparable to that of flake TMDs. Therefore, our confined-growth technique can not only overcome the difficulty in controlling the kinetics of 2D materials at the wafer scale, which has been a major obstacle for 2D TMDs, but also show great potential for creating various single-crystalline van der Waals integration at a large scale, providing a route for building a 2D-material-based electronics platform.

Online content

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Methods

DFT calculation for selective confined growth of TMDs

DFT calculations were performed using the Vienna ab initio Simulation Package (VASP) which uses projector augmented wave pseudopotentials²⁶ and a plane-wave basis set²⁷. Generalized gradient approximation of Perdew−Burke−Ernzerhof (PBE) functional was used to describe the electronic exchange-correlation interaction²⁸. The valence electron configurations of W, Se, O, Al and Si are $6s^25d^4$, $4s^24p^4$, $2s^22p^4$, $3s^23p^1$ and 3s²3p², respectively. The energy cut-off for plane-wave expansion was set at 420 eV. Because large cells (lattice constant > 10 Å) were used for calculation, the Brillouin zone was sampled by using Γ-point only *k*-point grid. The surface binding interaction was investigated by placing the WO₃. Se and WSe₂ clusters on top of the a-HfO₂, Al₂O₃ (0001) and a-SiO₂ slab, respectively. a-HfO₂, a-SiO₂ and *c*-plane Al₂O₃ surfaces were passivated by H atoms to mimic the $Ar/H₂$ ambient growth environment. The amorphous $HfO₂$ and $SiO₂$ atomic structure was obtained by subjecting their crystalline structure to a melt–quench process simulated by ab initio molecular dynamics^{[29](#page-8-3)}. Structures were optimized by relaxing top adsorbent atoms with substrate atoms fixed. The criterion for structure relaxation is that the force exerted on each atom should be less than 0.01 eV Å−1. Electronic minimization is reached when the system energy difference between two consecutive iterations is smaller than 10−5 eV. The surface binding energy for adsorbent A on substrate B is calculated as $E_b = E_{A/B} - E_A - E_B$ where $E_{A/B}$, E_A and E_B are the energies of the adsorbing system A/B, isolated adsorbent A and substrate B, respectively.

Confined pattern fabrication

For confined growth of TMDs, we coated LOR 3A and photoresist (S1805) on a sapphire substrate and patterned it with an AS200 i-line stepper (AutoStep 200). A ~25-nm-thick a-SiO₂ was deposited on a photoresist (PR)-patterned sapphire substrate with an electron-beam evaporator. Then, to fabricate sapphire pockets, the a-SiO₂ pattern was lifted off with Remover PG (Kayaku Advanced Materials) and rinsed in acetone and isopropanol for 15 min each.

Synthesis of WSe₂ and MoS₂

Confined TMDs were synthesized in a quartz tube with 4-inch diameter. 300 mg of Se or S powders for (zone I), and 30 mg of WO₃ or MoO₃ powders for (zone II) were placed, and the distance between them were fixed at 33 cm. The sapphire substrate patterned with a-SiO₂ was vertically loaded 6 cm behind the WO_3 or MoO_3 powders, and the front and back of the substrate were covered with quartz plates to minimize direct reaction. Before synthesizing confined ML-WSe $_2$, the air in the quartz tube was removed with a vacuum pump. After closing the vacuum valve, a ratio of Ar $(50$ sccm $)/H₂(50$ sccm $)$ was used as the carrier gas to fill the tube before opening the atmospheric valve. The ratio of $Ar/H₂$ was maintained constantly. The growth temperatures of zones I and II were obtained by heating at ramp rates of 15 °C min−1 and 30 °C min−1, respectively, then held at 450 °C (zone I) and 890 °C (zone II) for 10 min before naturally cooling down to room temperature. For the confined BL-WSe₂, a second WSe₂ layer synthesis was performed with carrier gas having a ratio of Ar (35 sccm)/ H_2 (65 sccm). For the confined heterostructure ($MoS₂/WSe₂$), $MoS₂$ synthesis was performed at 200 °C (zone I) and 750 °C (zone II) with ramp rates of 8 °C min−1 and 30 °C min−1, respectively. In particular, to improve the growth selectivity on the a-HfO₂ substrate, we reduced the size of the a-SiO₂ trenches to 1 μm and increased the overall flow rate of $Ar/H₂$ from 100 sccm (Ar $(50$ sccm)/H₂ (50 sccm)) to 200 sccm (Ar (100 sccm)/H₂ (100 sccm)). All reactions were performed at atmospheric pressure, and all TMD powders were from Sigma-Aldrich with purity of more than 99.99%. We emphasize that it is important that various parameters must be kept consistent for growth reproducibility of confined TMDs (see Supplementary Information for details).

Characterization of confined TMDs

Raman and photoluminescence spectra were measured using a Renishaw InVia Reflex micro-spectrometer with 532-nm laser. The light was dispersed by a holographic grating with 2,400 grooves mm⁻¹. For Raman and photoluminescence mapping images, samples were scanned on an *x*–*y* piezo stage with laser illumination. Scanning electron microscope (SEM) images were measured with an in-Lens detector using a high-resolution SEM (ZEISS Merlin). The working distance was 6 mm at an accelerating voltage of 2 kV and a probe current of 70 pA. Transmission electron microscopy (TEM) characterization was performed using a JEOL JEM-2100F with an accelerating voltage of 200 kV and STEM (Titan Themis Z G3 Cs-Corrected) with an accelerating voltage of 60 kV. Energy dispersive X-ray (EDX) line profiles were taken with the Velox software in STEM mode using the characteristic Mo Kα, S Kα, W Lα and Se Kα X-ray signals. XPS spectra are measured with a magnesium Kα source (MultiLab 2000, Thermo VG), and the peak energies were calibrated by the C 1*s* peak at 284.8 eV. AFM morphology analysis was performed using an XE 100 (Park Systems).

Device fabrication and electrical measurements

For device fabrication using confined ML-/BL-WSe₂, a 600-nm-thick Au film was deposited on confined WSe_2/s apphire by electron-beam evaporation. The Au/WSe₂ stack was peeled off using a thermal release tape as a handling layer and transferred onto a 300-nm-thick $SiO₂/$ heavily p-doped silicon wafer. The thermal release tape was removed on a hot plate at 120 °C, followed by oxygen plasma treatment to remove tape residues from the Au film. Then, the Au film was etched with Au etchant and rinsed with deionized water (to compare the electrical characteristics, a few-layer $WSe₂$ flake was also transferred in the same way). After the transfer of confined ML-/BL-WSe₂ on a-SiO₂ substrate, align marks for electron-beam lithography (EBL) process were patterned on an a-SiO₂ substrate using an optical lithography process, followed by the deposition of 2.5-nm-thick Ti and 7.5-nm-thick Au using an electron-beam evaporator. Then, drain and source contact regions with a width of 2 μm were patterned using an EBL process. For EBL photoresists, polymethyl methacrylate (PMMA) A4 and PMMA A6 were spin-coated at 3,000 rpm and baked at 180 °C for 150 s. After developing the PMMA, 10-nm-thick Pt and 80-nm-thick Au layers were deposited using an electron-beam evaporator. Finally, the areas, except the source/drain contact metal regions, were removed by a lift-off process. For device fabrication using confined ML-/BL-MoS₂ on a-HfO₂, the same processes from patterning align marks for EBL process to developing the PMMA were performed. Then 10-nm-thick Ni and 80-nm-thick Au layers were deposited using an electron-beam evaporator, followed by a lift-off process. Here we emphasize that we directly fabricated confined ML-/BL-MoS₂ FETs on a-HfO₂-deposited Si wafers without a transfer process. The current–voltage characteristics were measured with an Agilent B2900A. All measurements were conducted at room temperature in air. In addition, 2-inch confined BL-WSe, was transferred onto 300-nm-thick SiO₂/Si substrate with a size of 5.1 \times 5.1 cm². Kelvin probe force microscopy (KPFM) confirmed highly uniform distribution of work functions (5.08 eV) on confined BL-WSe₂ (Supplementary Information and Supplementary Fig. 9). Source and drain electrodes with a channel length (L_{CH}) of 0.7 μm were then integrated using platinum; a hole barrier height of 0.31 eV was estimated via modified Richardson plotting (Supplementary Information and Supplementary Fig. 10)^{[30](#page-8-4)}.

Time-resolved pump–probe spectroscopy

To investigate valley-polarized carrier dynamics, we have measured ultrafast circular dichroism (CD) based on time-resolved pump–probe spectroscopy. A 100-kHz Yb-based regenerative amplifier system (Light Conversion PHAROS) provided a femtosecond laser pulse, and a sequential optical parametric amplifier (ORPHEUS) served wavelengthtunable pump and probe pulses resonant with A-exciton resonance of

WSe₂ with pulse duration of 50 fs and spectral bandwidth of 50 meV. Samples on cryostat have been illuminated by a pump excitation pulse using a 40× objective lens. Pump-induced changes in probe reflectance have been recorded as a function of time delay given by a mechanical translational stage and lock-in amplifier. The polarization profiles of pump and probe pulses are individually controlled by a pair consisting of a half-wave plate and a quarter-wave plate. We have measured the signal when the pump and probe pulses exhibit same helicity of circular polarization (co-polarized), and opposite helicity of the polarization (cross-polarized). Valley-dependent ultrafast CD responses shown in Fig. [4f,h](#page-4-0) were acquired by the differences between co-polarized and cross-polarized pump–probe responses. Experimental details can be found in the previous work 31 .

Data availability

The data that support the findings of this study are available from the corresponding author J.K. upon reasonable request.

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Author contributions K.S.K., S.-H.B. and J.K. conceived the idea and designed the experiments. K.S.K. performed confined TMD growth and coordinated the experiments and characterization. D.L. transferred confined TMDs for multiple characterizations. C.S.C. performed and analysed the TEM measurements. S.S., Ju-Hee Lee and J.-H.P. analysed the electrical characteristics. Y.H. and K.C. performed the DFT calculations. S.C. and M.-H.J. performed the ultrafast laser spectroscopy. K.S.K., D.L., C.S.C., H.K., J.S., S.L., J.S.K., K.H.K., J.M.S., Y.M., B.-I.P., Ju-Hee Lee, H.-S.P., H.S.K., G.Y.Y. and S.-H.B. performed material characterizations. K.S.K., J.-H.P., S.-H.B., and J.K. wrote the manuscript. All authors contributed to and commented on the analysis and discussion of the results.

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Additional information

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Extended Data Fig. 1 | Growth selectivity on both c -Al₂O₃, a-HfO₂ and a-SiO₂ $substrates. a-c$, AFM images of WSe₂ grown on c -Al₂O₃ (a), a-HfO₂ (b), and a-SiO₂ (c) under the same CVD process conditions. WSe₂ only nucleates on the

 c -Al₂O₃ and a-HfO₂ instead of a-SiO₂ during 20 min of growth duration. This led to a successful selective confined growth of WSe_2 on the exposed substrate surface of the micropatterned a- $SiO₂$ trench arrays.

Extended Data Fig. 3 | Statistics of WSe₂ single domains and multidomains grown in 10-μm-size trench patterns. Approximately 25% were observed as multidomains (indicated as green and red) in the 10-μm-size trench patterns.

Extended Data Fig. 4 | Statistics of WSe₂ single domains grown in 2-μm-size trench patterns. Each denoted top (red), bottom (blue), left (orange), and right (violet) region on the wafer includes 96 dies, whereas the denoted centre region (black) on the wafer includes 100 dies.

Extended Data Fig. 5 | Characterization of confined single-domain WSe₂. a, AFM morphology of confined ML-WSe₂. **b**, Root-mean-square (RMS) roughness in a cropped image of a confined ML-WSe₂. **c**, Plan-view HAADF-STEM image of confined ML-WSe₂. From plan-view STEM images, selenium vacancy was observed as the dominant point defect with a density of roughly less than 1%

(~1.6 × 1013 cm−2). **d**,**e**, The atomic percentages of W 4*f* (**d**) and Se 3*d* (**e**) were 33.72% and 66.28%, respectively by XPS, confirming stoichiometric ratios, and the peak positions of W (4 $f_{5/2}$ and 4 $f_{7/2}$) and Se (3 $d_{3/2}$ and 3 $d_{5/2}$) were 34.8, 32.6, 55.7 and 55 eV, respectively. This result matches well with pure single-crystalline WSe $_2$ ^{[32](#page-8-6)}.

Extended Data Fig. 6 | Layer-by-layer confined growth of TMDs. a, SEM images of second set of nuclei formed on confined monolayer. **b**, The resulting growth of confined BL-WSe₂.

Extended Data Fig. 7 | Evaluation of the effect of trench edge on confined BL-WSe₂. a,b STEM images of BL-WSe₂ grown at the edge (**a**) and centre (**b**) of $\rm SiO_2$ trench. The BL-WSe₂ grown at the edge of the trench shows no difference $\mathbf b$ Center of the $SiO₂$ trench 5_{nm}

from that at the centre, showing no obvious step bunching, distortions, or curling of BL-WSe₂ due to possible strain that can be imposed by the edge.

'X'-marked dies denote good and defective dies, respectively. **b**–**f**, Statistical analysis on 200 FETs fabricated with confined BL-WSe₂, where field-effect mobility (**b**), on current (**c**), subthreshold slope (**d**), current on/off ratio (**e**), and threshold voltage (**f**) were extracted and investigated. **g**, Summary table for performance labels.

Extended Data Fig. 9 | Transfer characteristics of confined BL-WSe, FETs. Each graph shows transfer characteristics for over 40 FETs; top region (red), bottom region (blue), left region (orange), right region (violet), and centre

region (black) of FET arrays fabricated on 2-inch wafer. Grey curves denote transfer characteristics of defective FETs.

Extended Data Fig. 10 | Confined heterobilayer growth of TMDs (MoS₂/ **WSe₂) and their characterization. a-c**, Raman mapping of the E^1_{2g} peak on the $MoS₂/WSe₂ heterobilayer at each trend shows that ML-MoS₂ is uniformly filled$ up (-94%) on top of ML-WSe₂ at the wafer-scale (**a**). For the MoS₂ layer of the heterobilayer, $E_{2g}^1(384.9 \text{ cm}^{-1})$ and $A_g^1(403.1 \text{ cm}^{-1})$ peaks appeared in the Raman spectra (**b**). As shown in the representative photoluminescence spectra (**c**), two peaks associated with direct gaps of MoS₂ and WSe₂ were detected, confirming

the ML-MoS₂ formation. A slight shift of the peak from the original direct gap occurs due to a well-known interlayer exciton coupling[33.](#page-8-7) **d**,**e**, The high crystalline quality of the $MoS₂$ was further confirmed by ideal XPS spectra observed in narrow-scan data of Mo $(3d_{3/2}$ and $3d_{5/2}$; **d**) and S $(2p_{1/2}$ and $2p_{3/2}$; **e**), which showed no signs of defects or atomic mixing related Mo⁶⁺ peak at -236 eV^{34} eV^{34} eV^{34} .