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History-driven population structure and asymmetric gene flow in a recovering large carnivore at the rear-edge of its European range

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Abstract

Understanding the mechanisms and patterns involved in population recoveries is challenging and important in shaping conservation strategies. We used a recovering rear-edge population of brown bears at their southernmost European range in Greece as a case study (2007–2010) to explore the recovery genetics at a species' distribution edge. We used 17 microsatellite and a mitochondrial markers to evaluate genetic structure, estimate effective population size and genetic diversity, and infer gene flow between the identified subpopulations. To understand the larger picture, we also compared the observed genetic diversity of each subpopulation with other brown bear populations in the region. The results indicate that the levels of genetic diversity for bears in western Greece are the lowest recorded in southeastern Europe, but still higher than those of other genetically depauperate bear populations. Apart from a complete separation of bear populations in eastern and western Greece, our results also indicate a considerable genetic sub-structuring in the West. As bear populations in Greece are now recovering, this structure is dissolving through a "recovery cascade" of asymmetric gene flow from South to North between neighboring subpopulations, mediated mainly by males. Our study outlines the importance of small, persisting populations, which can act as "stepping stones" that enable a rapid population expansion and recovery. This in turn makes their importance much greater than their numeric or genetic contribution to a species as a whole.

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Introduction

In the midst of the global biodiversity crisis (Butchart et al. [2010](#page-12-0)), even small conservation successes in the form of population recoveries [e.g., Asiatic lion (Panthera leo persica) (Singh and Gibson [2011\)](#page-14-0)] may have a disproportional positive effect by serving as an example of how to move forward. However, equally important for effective conservation planning is understanding how such population recoveries take place (Simpfendorfer [2000\)](#page-14-0); identifying patterns across taxa and environments may lead to more effective recovery plans and species management (Foin et al. [1998\)](#page-13-0).

Species recoveries are influenced by various factors, including life history, habitat alteration and genetic responses to disturbance/exploitation (Hutchings and Reynolds [2004](#page-13-0); Kerr and Deguise [2004;](#page-13-0) Hutchings [2005\)](#page-13-0). Within the context of species recoveries, animal populations living at the edge of their range are important biological units for the study of ecology and evolution (Vergeer and Kunin [2012](#page-14-0)), as they can provide critical information on the evolutionary processes involved in the adaptation to local environments (Jump and Penuelas [2005](#page-13-0)). In view of the Fig. 1 Map indicating the location of five sampling areas for the collection of genetic samples from brown bears in Greece (2007–2010): PS South Pindos, PC Central Pindos, PN North Pindos, VV Vitsi-Varnoundas, RD RodopiThe inset map indicates the general location of the study area in southeastern Europe, with the shaded areas indicating the approximate range of brown bears in Europe (according to Chapron et al. 2014); A = Dinaric–Pindos population, $B =$ East Balkan population, $C =$ Carpathian population

environmental changes taking place currently due to climate change, rear-edge (i.e., low-latitude limit) populations potentially carrying rare alleles and gene combinations important for successful adaptation to changing environmental conditions, could be disproportionately important for the long-term preservation of genetic diversity, phylogenetic history and the evolutionary potential of a species (Hampe and Petit [2005](#page-13-0)). The genetic consequences of species recoveries are still poorly understood; experimental studies have shown that genetic diversity during rapid range expansion may be preserved, often as a result of frequent long-distance dispersal events (Berthouly-Salazar et al. [2013;](#page-12-0) Mona et al. [2014\)](#page-13-0).

The empirical relationships between the genetic processes and wildlife population recoveries are often ambiguous; currently recovering wild populations of large carnivores that have experienced extensive population bottlenecks in the recent past may prove to be useful model systems for investigating the (genetic) processes of population recovery (Hagen et al. [2015](#page-13-0)). In Europe brown bears (Ursus arctos) are distributed across large geographical regions (Kaczensky et al. [2013](#page-13-0)), with populations occurring in a wide range of ecologically distinct conditions and facing substantially different environmental and anthropogenic challenges and selection pressures to which they have to adapt accordingly (Swenson et al. [2007;](#page-14-0) Chevin and Lande [2011\)](#page-12-0).

In Greece, brown bears reach their southern-most distribution on the European continent, which adds to their importance for European biodiversity. Bears in Greece survive in a fragmented, human-dominated landscape in two disjunct subpopulations: a larger one in the Pindos mountain range in the West, connected to bear populations in Albania and the Former Yugoslav Republic (FYR) of Macedonia, and a smaller one in the Rodopi Mountains in the East, connected to the East Balkan population in Bulgaria (Kaczensky et al. [2013](#page-13-0)) (Fig. 1). Bears in the West belong to the Dinaric-Pindos bear population (Fig. 1), which has been identified as one of the largest on the European continent (Kaczensky et al. [2013\)](#page-13-0). The Dinaric-Pindos bear population appears currently to be stable and/or locally increasing (Chapron et al. [2014\)](#page-12-0), but this has not always been the case. At the beginning of the 20th century, the Dinaric-Pindos bear subpopulation had gone through a severe population bottleneck and was a fraction of its current size. Bears in Greece were no exception, with historical data suggesting a dramatic reduction in bear range and abundance throughout the 18th and 19th centuries due to human persecution (Servheen et al. [1999\)](#page-14-0). Overall, brown bears in Greece are still considered endangered and are protected by law. Approximately since the beginning of this century encouraging signs of range expansion, such as extra-limital sightings (Karamanlidis et al. [2008](#page-13-0)) and population recovery have been recorded, mainly in the Pindos subpopulation; it is now estimated that >450 individuals survive in the country, approximately 410 in the Pindos Mountains and 30–40 in the Rodopi Mountains (Karamanlidis et al. [2015](#page-13-0)).

The ongoing population recovery, in conjunction with the current increase in human—bear conflicts (Karamanlidis et al. [2011\)](#page-13-0), make the acquisition of genetic information a conservation priority for the species in Greece. Moreover, this situation offers a unique opportunity to study the recovery genetics of a rear-edge population of a large carnivore that has adapted to a human-dominated, Mediterranean landscape. In this first systematic, large-scale genetic study of brown bears in Greece, we explored how the historical decline in population range and size has impacted these bears, and how the current genetic status of the species is being affected by its ongoing recovery. We hypothesized that (a) we would find significant population structure, due to strong genetic drift effects in the remaining population fragments, but that (b) this structure would now be in the process of dissolving as population fragments currently recover and have started to reconnect. We also expected to find (c) low levels of genetic diversity compared to other, larger bear populations, due to isolation and edge distribution, and (d) signs of population expansion with directional gene flow and gradients of genetic diversity at the expansion front (Austerlitz et al. [1997;](#page-12-0) Le Corre and Kremer [1998;](#page-13-0) Excoffier et al. [2009](#page-13-0)).

Our results provide an improved understanding of the genetic status of brown bears in Greece, but also an account of a recovery process that may aid conservation efforts and the understanding of currently observed recoveries of large carnivores and other wildlife in Europe (Deinet et al. [2013](#page-12-0); Chapron et al. [2014\)](#page-12-0).

Materials and methods

Study area and sampling methods

The study was carried throughout the brown bear range in Greece. In western Greece, the study area extends over the approximately 250 km-long section of the Pindos mountain range (40°00′ N, 21°03′ E), reaching from the border of Albania and the FYR of Macedonia in the northwest, to central Greece. In eastern Greece, the study area extends over approximately 1700 km^2 of brown bear range in the Rodopi Mountains (41°25′ N, 24°30′ E; Fig. [1\)](#page-1-0).

Sampling efforts in the western range of the brown bear in Greece were based mainly on a monthly, non-invasive collection of genetic samples (i.e., hair) from wooden poles of the telephone and electricity network (Karamanlidis et al. [2007,](#page-13-0) [2010](#page-13-0)). Sampling was carried out in 2007–2010 in four sampling areas following the study design described in Karamanlidis et al. [\(2012;](#page-13-0) [2015\)](#page-13-0). The four study areas [i.e., Vitsi-Varnoundas, North Pindos, Central Pindos, South Pindos; Fig. [1\]](#page-1-0) were selected so as to cover the maximum of the core range of brown bears in western Greece and were separated from each other either by distance or/and geo-morphological features (e.g., extensive plains and valleys) and human infrastructure (e.g., major highways;

Fig. [1\)](#page-1-0). The population estimates for Vitsi—Varnoundas, North, Central and South Pindos are 68 (23–203), 53 (22–112), 51 (29–95) and 10 (6–17) respectively (Karamanlidis et al. [2015\)](#page-13-0). To increase sample size in western Greece, other genetic samples (i.e., blood, hair, scat, and tissue) were also used that were collected opportunistically during field surveys, concurrent telemetry studies, from~rescued and rehabilitated animals and from animals killed in vehicle accidents. Sampling efforts in the eastern range of brown bears in Greece were based entirely on the opportunistic collection of genetic samples in 2007–2010.

DNA extraction, microsatellite and mitochondrial analysis

The laboratory procedures and protocols for DNA extraction, microsatellite analysis, error-checking and general quality assurance have been described in Karamanlidis et al. [\(2012](#page-13-0); [2015](#page-13-0)). PCR products were run in an automated sequencer (ABI 310) and genotypes were determined using ABI Genescan and Genotyper version 2.1 software. Genotyping was performed by Wildlife Genetics International (Nelson, B.C., Canada).

A total of 60 samples, which were determined to belong to different individuals as per the microsatellite analysis, were used to sequence a 271 bp stretch of the mitochondrial control region. Amplifications were performed in 15-µl reactions containing 1x Gold Buffer (Applied Biosystems, Foster City, CA, USA), 2.5 mM $MgCl₂$, 0.2 mM dNTPs, $0.4 \mu M$ forward primers, $0.4 \mu M$ reverse primer and 0.027 U/µl AmpliTaq Gold DNA polymerase (Applied Biosystems). PCRs were performed in a T1 plus Thermocycler (Biometra GmbH, Göttingen, Germany) with an initial denaturation step of 95 °C for 5 min, followed by 38 cycles of 95 °C for 30 s, 60 °C for 30 s, and 72 °C for 1 min, and a final elongation step of 72 °C for 7 min.

PCR products were purified by adding 4 µl of Exonuclease I and 1.6 µl of FastAP™ Thermosensitive Alkaline Phosphatase (Thermo Scientific, Waltham, MA USA) at 37 °C for 15 min followed by 80 °C for 15 min. Purified PCR products were diluted 1:40 and both strands sequenced on an ABI3730 DNA Analyzer (Life Technologies GmbH, Darmstadt, Germany). Sequences from multiple PCRs were checked, edited and aligned using Geneious ver. 7.1.9 (Biomatters Limited), and alignments were re-checked visually.

Data analyses

CONVERT (Glaubitz [2004\)](#page-13-0) was used to create input files for some of the population genetic programs employed in this study. To determine individual identity each sample

was genotyped at 7 microsatellite loci: G1D, G10J, G10L (Paetkau and Strobeck [1994;](#page-14-0) Paetkau et al. [1998](#page-14-0)), G10C, G10P (Paetkau et al. [1995\)](#page-14-0), MU51 and MU59 (Taberlet et al. [1997\)](#page-14-0). Gender identification was established through the analysis of the amelogenin gene (Ennis and Gallagher [1994\)](#page-12-0). Up to 10 additional loci were analyzed for each identified individual to increase the resolution of subsequent population genetic analyses. Tests for allelic dropout, presence of null alleles, and scoring errors caused by stutter peaks were performed with Micro-Checker version 2.2.3 (van Oosterhout et al. [2004\)](#page-14-0) and the probability of identity among siblings (P_{ID-Sib}) (Waits et al. [2001\)](#page-14-0) was calculated using GIMLET ver. 1.3.2 (Valière [2002\)](#page-14-0). In addition, the pairs of genotypes that matched at all but one, two or three loci (1-MM, 2-MM and 3-MM pairs) were identified using GenAlEx 6 (Peakall and Smouse [2006](#page-14-0)), and each group of matching genotypes was considered an individual animal. Analyses in LOSITAN (Antao et al. [2008](#page-12-0)) using stepwise and infinite allele models indicated three loci under divergent selection (or linked to loci under selection, as microsatellites are assumed selectively neutral) with $F_{ST} > 0.25$. We examined population structure including and excluding these three loci (i.e., G10H, G10L, Mu59). As results were similar, we retained all 17 loci.

Population structure

To explore population structure and determine individual assignment to clusters, the Bayesian clustering method implemented in STRUCTURE ver. 2.3.4 (Pritchard et al. [2000\)](#page-14-0) was used. 100,000 burn-in runs, followed by 1,000,000 Markov Chain Monte Carlo (MCMC) repetitions were used and $K = 1-7$ possible population clusters were evaluated. We ran each parameter setting three times. The admixture model was used and allele frequencies were allowed to be correlated among populations. STRUCTURE Harvester ver. 0.6.94 (Earl and vonHoldt [2012](#page-12-0)) and CLUMPP ver. 1.1.2 (Jakobsson and Rosenberg [2007\)](#page-13-0) were used to summarize the results, which included estimates for ΔK (Evanno et al. [2005\)](#page-12-0); individual assignments were plotted using DISTRUCT ver. 1.1 (Rosenberg [2004\)](#page-14-0). We then ran STRUCTURE five additional times for the optimal K value, this time incorporating 90% probability intervals for cluster memberships (q_i) , and chose the results with the highest likelihood $L(K)$ and lowest variance. To obtain meaningful population units where only individuals with a high degree of membership were considered, individuals were assigned to a cluster k when $q_i \ge 0.8$ to that cluster and probability intervals excluded membership to alternative clusters (Kopatz et al. [2014\)](#page-13-0). Male bears have larger territories than females (Dahle and Swenson [2003\)](#page-12-0), and separate analyses for males and females were performed to evaluate

possible differences in population structure and the extent of admixture.

Population structure was explored also using spatial Principal Component Analysis (sPCA), a multivariate method for detecting spatial patterns in genetic variability (Jombart et al. [2008](#page-13-0)). It incorporates spatial information and yields scores that summarize both, the genetic variability and the spatial structure among individuals or populations. To correctly model geographic distances, the GPS location data for sample locations (WGS84) were projected into the metric Transverse Mercator projection (Greek grid). In the case of individuals that were identified in two or more georeferenced samples, the mean center of locations of these samples was calculated and used as the geo-reference for the animal's multilocus genotype. Spatial connectivity was modeled using the Delaunay triangulation (Upton and Fingleton [1985\)](#page-14-0). We used the sPCA scree plot to visually determine the number of components to be interpreted, and Monte Carlo tests with 10,000 permutations were performed to test for the existence of global and local spatial structures (Jombart et al. [2008\)](#page-13-0). The analysis was run in the R statistical environment (R Core Team [2016](#page-14-0)) using the adegenet package (Jombart [2008\)](#page-13-0).

To further evaluate genetic differentiation among bear subpopulations we calculated F_{ST} (Weir and Cockerham [1984](#page-14-0)) in GENETIX v. 4.05.2 (Belkhir et al. [1996](#page-12-0)–[2004](#page-12-0)) for pairs of subpopulations and estimated 95% confidence intervals by $N = 1000$ bootstrap calculations. We first calculated values with all individuals, and subsequently made separate calculations for males and females.

In addition, maternally inherited population structure was explored by plotting mtDNA haplotypes on a map. To illustrate relationships among haplotypes, an unrooted parsimony network was constructed using TCS ver. 1.21 (Clement et al. [2000](#page-12-0)). Network figures were then generated using PopArt (Leigh and Bryant [2015\)](#page-13-0) and manually edited to match the TCS network.

Effective population size and genetic diversity

Effective population size (N_e) of bear subpopulations in Greece was estimated using the unbiased linkage disequilibrium (LDNe) estimator (Waples [2006\)](#page-14-0). The method uses as a signal the expectation that in a finite population the loci that are otherwise unlinked will depart from linkage equilibrium. Extensive simulation-based testing has indicated that in small populations the method is reasonably precise and unbiased already at sample sizes of 25 individuals (Waples [2006](#page-14-0); Waples and Do [2010](#page-14-0)). We applied the method using the LDNe program (Waples and Do [2008](#page-14-0)) following the recommendations of Waples and Do ([2010\)](#page-14-0), and excluded rare alleles with frequencies below 0.02, or 0.05 in the case of the Rodopi subpopulation (where the sample size was much smaller), respectively.

Genetic diversity parameters for each subpopulation were calculated using adegenet (Jombart [2008](#page-13-0)). Nuclear DNA diversity was measured as the number of alleles per locus (A), the observed heterozygosity (H_o) and Nei's unbiased expected heterozygosity (H_e) (Nei [1978\)](#page-13-0). Deviations from Hardy-Weinberg Equilibrium (HWE) were tested using the likelihood ratio-based exact test described by Engels [\(2009](#page-12-0)), as implemented in the R package HWXtest (Engels [2016](#page-12-0)). The Monte Carlo method was used when a full enumeration was not feasible, with the cut-off value set to $10⁹$ tables. In order to compare the genetic diversity of bears in Greece with other well-studied bear populations, the reference population approach described in Skrbinšek et al. ([2012c\)](#page-14-0) was used. We calculated the heterozygosity ratio (H_{er}) and allelic richness ratio (A_{rt}) indices, and used them to compare the genetic diversity of Greek bears with the reference population, as well as with other populations for which these indices were calculated using the same reference population (Skrbinšek et al. [2012b](#page-14-0)). The data by Skrbinšek et al. ([2012b\)](#page-14-0) on brown bears in Slovenia was used as the reference population as this large dataset has already been used as a reference for comparisons of a large number of brown bear populations worldwide. The 10 loci that our study had in common with the reference dataset (i.e., G1A, G10C, G10D, G10J, G10L, G10M, G10P, Mu23, Mu50, Mu51, Mu59) were used, and R-scripts provided by Skrbinšek et al. ([2012b\)](#page-14-0) were applied to run the subsampling, with 1,000 random subsamples. We ran all analyses in R. Because of the multiple resampling with replacement (bootstrapping) in the reference population approach, the errors of H_{er} and A_{rt} should be normally distributed, and the Z-test (Sokal and Rohlf [1994](#page-14-0)) can be used to test for statistical significance of the difference between these indices in bears in Greece and other populations.

Gene flow and Hardy-Weinberg dynamic subsampling (HWDS) analysis

The Bayesian method developed by Wilson and Rannala [\(2003](#page-14-0)) and implemented in BAYESASS ver. 3.0.3 was used to infer gene flow between detected subpopulations. As too high or too low acceptance rates cause poor mixing of a MCMC, we adjusted the mixing parameters (i.e., the size of the proposed parameter change in each MCMC iteration) for allele frequencies, migration rates and inbreeding coefficients to get the acceptance rates of proposed moves between 0.2 and 0.4 (following the program author's recommendation). The program TRACER (Rambaut and Drummond [2003\)](#page-14-0) was used to visually check MCMC for adequate mixing and convergence. We ran 10 MCMC chains with different random seeds, $1.0E^{07}$ steps in each chain and $1.0E^{06}$ steps of burn-in. We calculated the Bayesian deviance for each chain to estimate model fit (Faubet et al. [2007](#page-13-0)) using the R script provided by Meirmans [\(2014](#page-13-0)) and discarded the chains with high deviance since non-converging chains do not provide useful information (Meirmans [2014\)](#page-13-0). We averaged the results obtained across all remaining MCMC chains with similar deviance to calculate the final estimates of the migration rates.

To better understand the distribution of genetic diversity in bear populations in western Greece and the main drivers shaping it, we used the "moving window" concept to dynamically subsample genotypes according to their location. The specific intent of this Hardy-Weinberg Dynamic Subsampling analysis (HWDS) was to explore the size and direction of local deviations from Hardy-Weinberg proportions in a spatially explicit manner. To do this, we constructed a spatial path through the geographic extent of our data, and starting from one side of the path took a "window" subsample of N_g neighboring genotypes/individuals (moving window—spatial "window" of N_g genotypes along the path). We moved this moving window along the path in 1-genotype increments across all genotypes, calculating H_o , H_e and the P-value of a HWE test for each window subsample. In general, this path can be of an arbitrary shape as long as it follows the spatial distribution of samples and/or landscape characteristics.

With discrete populations (i.e., the island model) and no gene flow the expectation would be that the window subsamples of genotypes (individuals) that include individuals from a single cluster (area) would be in HWE (i.e., $Ho =$ He), while the subsamples that would include individuals from neighboring clusters would show the Wahlund effect $(Ho < He)$ (Wahlund [1928\)](#page-14-0). Gene flow between the areas would cause deviations from this model, depending on its timing, direction, and magnitude. While a long-term, high gene flow would cause dissolving of population structure, recent short-term gene flow would cause either Wahlund effect with sampling of direct immigrants in the population $(Ho < He)$, or the "isolate breaking" effect (Wahlund [1928\)](#page-14-0), where a recent reproduction of immigrants in the recipient population would cause heterozygote excess $(Ho > He)$. This would persist for several generations until, in absence of new immigration, a new equilibrium would be established (Cornuet and Luikart [1996](#page-12-0)).

As bear habitat in western Greece is conveniently arranged in the north-south direction, the geographic northsouth axis was used as the moving window path, and parameters for each "window" of width $N_e = 30$ genotypes were calculated. The analysis was programmed in R using functions from the adegenet package (Note: the R code for this analysis can be requested from T.S.).

Table 1 Sampling efforts for the systematic, non-invasive and for the opportunistic collection of genetic samples from brown bears in western and eastern Greece (2007–2010) (VV Vitsi-Varnoundas, PN North Pindos, PC Central Pindos, PS South Pindos)

Results

Between 2007–2010, we inspected 330 hair traps in western Greece 9321 times and collected 2662 hair samples. During the opportunistic sampling in western and eastern Greece we collected 504 and 53 samples, respectively (Table 1). None of the loci used in the study showed evidence of frequency distortion through large allele drop-outs or stutter peaks and no null alleles were identified. The probability that full siblings would have identical genotypes (P_{SIB}) was 0.002 and in our final dataset there were no genotypes matching at all but one, two or three loci. In western Greece we identified 284 individuals during the systematic, noninvasive sampling and 103 individuals during the opportunistic sampling (Table 1). Several individuals identified during the systematic, non-invasive sampling were identified also during the opportunistic sampling and vice versa. In the Rodopi Mountains in eastern Greece we identified 15 individuals. In total, 324 individuals were identified, from which 241 individuals showed a full 17-locus and were therefore used for the following analyses.

Population structure

When all samples from Greece were used, STRUCTURE analysis indicated that the most likely number of population clusters was $K = 3$ (Suppl. Figs. S1A, B). These three clusters were represented by bears sampled in the Rodopi, Vitsi-Varnoundas and Pindos (i.e., North, Central and South Pindos study areas combined) mountain regions, respectively (Fig. [2a](#page-6-0)). All 15 bears sampled in Rodopi were assigned with high probability ($q_i \ge 0.98$) to one cluster. No individual from any other sampling area was assigned to this group or exhibited substantial proportion of ancestry to this group (Fig. [2a](#page-6-0)). We conducted a second STRUCTURE analysis excluding the Rodopi individuals to resolve population structure in western Greece. Here we used the LOCPRIOR model to incorporate location information (as outlined in the STRUCTURE manual) and 226 individuals from South, Central and North Pindos and Vitsi-Varnoundas. Our results suggested the presence of $K = 3$ populations (Suppl. Figs. S1C, D) in western Greece (Fig. [2](#page-6-0)b). Additional results for individuals from western Greece, including cluster memberships and associated probability intervals are presented in Suppl. Note S1, Suppl. Fig. S2, and Suppl. Table S1.

Nine males were identified as migrants. Eight were putative immigrants from North Pindos: seven to Vitsi-Varnoundas and one to South Pindos. One individual sampled in Vitsi-Varnoundas was assigned to the South/Central Pindos cluster, and one female sampled in Vitsi-Varnoundas was a putative immigrant from North Pindos. Altogether 46% (105/226) were designated as admixed, and the results were similar for males (47%) and females (46%). The findings from separate analyses for males and females (Suppl. Figs. S3–5) accorded with the STRUCTURE results for all bears.

For pairwise F_{ST} analyses we considered the South/Central Pindos bears as one unit and performed calculations with all individuals sampled within the Rodopi, Vitsi-Varnoundas, North Pindos and South/Central Pindos areas. Although there was relatively weak support for a separate North Pindos cluster and only Rodopi bears emerged as an unequivocally distinct subpopulation, we include all four clusters to provide baseline values, and suggest they be interpreted with caution. The results for all bears, males and females were consistent with previous findings in showing clear differentiation between Rodopi bears and all other groups, where F_{ST} values ranged from 0.132–0.160 for all bears $(N = 241)$, 0.127–0.140 for males $(N = 173)$ and 0.127–0.203 for females $(N = 68)$ (Table [2\)](#page-7-0). In contrast, the highest value observed in pairwise comparisons for subpopulations in Western Greece was 0.063 between Vitsi-Varnoundas and South/Central Pindos females.

The sPCA results were consistent with the results obtained from STRUCTURE and provided additional insights into the spatial structuring of bears in western Greece. A Monte Carlo test with all the data from across Greece showed a clear indication of global structuring ($P < 0.001$), and the screeplot indicated one interpretable global component (Suppl. Fig. S6). The first component had by far the largest eigenvalue and showed a clear structuring between the Rodopi Mountains and the sampling areas in western Greece (Suppl.

Fig. S7). There was some evidence of local structuring ($P =$ 0.013), but this was likely due to the geographic distance of the Rodopi samples from the other samples, and was not observable once the Rodopi data were removed. When the analyses were re-run without the strong signal of the Rodopi bears to get a clearer picture of the genetic structure in western Greece, the screeplot indicated two interpretable global components (Suppl. Fig. S8) and the Monte Carlo test indicated clear global structuring ($P < 0.001$), but there was no evidence of local structuring ($P = 0.89$). Component 1, which had a much higher eigenvalue than the other components (eig $= 2.74$), indicated strong structuring between bears in Vitsi-Varnoundas and Pindos, where the results from the North Pindos area indicated presence of a genetic cline between Pindos and Vitsi-Varnoundas bears (Fig. [3](#page-8-0)a). Component 2 (eig $= 1.33$) separated the North Pindos bears as a distinct group (Fig. [3](#page-8-0)b).

The structure described above for bears in western Greece, was consistent also with the results based on mtDNA sequences (Suppl. Fig. S9). Out of five haplotypes identified, two were most frequent in samples from Vitsi-Varnoundas $(N = 13$ individuals analyzed), while three different ones were predominantly found in the samples from Pindos ($N = 47$). The two haplotypes mostly found in Vitsi-Varnoundas and those found in Pindos were separated by a minimum of five substitutions.

Effective population size and genetic diversity

We analyzed effective population size and genetic diversity for each subpopulation. Since South and Central Pindos belonged to the same population cluster, the data for these two areas were pooled (Table [3](#page-9-0); per-locus and per-allele data are provided in the Suppl. Excel file). The effective population size (N_e) estimates provided by LDNe showed narrow confidence intervals. The exception was the Rodopi area, where the number of samples was too low to provide a reliable estimate. While the N_e estimates for the North Pindos (93, 95% $CI = 65-149.8$) and South/Central Pindos (106.2, 95% CI = 80.5–148.7) clusters were similar, the N_e estimates for the Vitsi-Varnoundas $(32.5, 95\% \text{ CI})$

26.6–40.2) cluster were considerably lower. On the other hand heterozygosity in that area was higher than in the other areas in western Greece (paired samples t-test, $P =$ 0.004–0.017). Genetic diversity of the Rodopi bears was considerably higher than in the other Greek subpopulations (Table [3](#page-9-0), Suppl. Table S2).

Levels of genetic diversity in bears from Greece differed considerably from those of other populations in the region (Table [4](#page-10-0)). Bears in Rodopi had high genetic diversity, comparable to that found in the large population in the Carpathian Mountains. On the other hand, genetic diversity of bears in western Greece was the lowest recorded in the Dinaric-Pindos population, but higher than that recorded in the Apennine bear population.

Gene flow and HWDS analysis

All BAYESASS runs were retained as they showed similar Bayesian deviance (mean = $18,093.66$; SD = 0.555) and converged on nearly identical estimates. This analysis indicated an asymmetric gene flow pattern among the demes (subpopulations) in western Greece (Fig. [3](#page-8-0)a, b). There was considerable gene flow $(0.193, SE = 0.029)$ from North Pindos (PN) to Vitsi-Varnoundas (VV), but very little gene flow in the opposite direction $(0.014, \text{ SE} = 0.009)$. Similarly, there was considerable gene flow from South/ Central Pindos $(PS + PC)$ towards North Pindos (NP) $(0.193, \text{ SE} = 0.030)$ and low gene flow in the opposite direction $(0.037, SE = 0.016)$.

The HWDS analysis provided further insights into the gene flow patterns in western Greece (Fig. [3c](#page-8-0)). The results indicated that observed heterozygosity (H_o) was generally higher than expected heterozygosity (He), indicating the "isolate breaking" effect. The window subsamples composed entirely of samples from the Vitsi-Varnoundas area indicated an "isolate breaking" effect with a statistically significant departure from HWE in the northern part of the area (Fig. [3c](#page-8-0)). Moving towards the south and when window subsamples included individuals from the southern part of Vitsi-Varnoundas or individuals from both, the Vitsi-Varnoundas and North Pindos areas, the genotypes

Table 2 Pairwise F_{ST} values calculated for all bears, males and females sampled in the Rodopi Mountains (RD), Vitsi-Varnoundas (VV), North Pindos (PN), and South/Central Pindos (PS/C)

showed little departure from HWE. Window samples with individuals from the northern part of North Pindos appeared to be in HWE, while window samples from the southern part of North Pindos showed a considerable departure from HWE. Departure from HWE increased even more in window samples that included samples from both, North Pindos and Central Pindos, and the north of Central Pindos. As the window moved southward in Central and South Pindos, Ho again approached He.

Discussion

In this first large-scale genetic study of the recovering brown bear population in Greece (Karamanlidis et al. [2015](#page-13-0)), we used a large number of samples and various complementary analytical methods to evaluate the genetic status of several subpopulations and to better understand their recovery and range expansion. Understanding the mechanisms and patterns involved in population recoveries is a challenge in conservation genetics (Excoffier et al. [2009](#page-13-0); Petit [2011](#page-14-0)). Few population genetic studies have focused on this issue in nature, especially in wild animal populations at the (rear) edge of their range and over large areas, which makes the empirical relationship between genetic processes and population recoveries still rather ambiguous (but, see Herborg et al. [2007](#page-13-0); Korkmaz et al. [2010;](#page-13-0) Short and Petren [2011;](#page-14-0) Hagen et al. [2015\)](#page-13-0). In general, depending on the strength of drift, the dispersal potential of a species, the stability of local adaptations and the accumulated historical events (Vucetich and Waite [2003;](#page-14-0) Schmitt and Hewitt [2004\)](#page-14-0), different patterns of genetic diversity and structure can be observed in edge vs. core populations (Korkmaz et al. [2010\)](#page-13-0), with a considerable influence on the recovery potential (Arnaud-Haond et al. [2006](#page-12-0)). In our study we had the opportunity to explore many of these phenomena through real-world, empirical research.

Population structure

The results of our population structure analysis need to be interpreted in relation to the population history of the species, in both a wide and narrow geographic context. Bears in the Rodopi Mountains belong to the large East Balkan population (Frosch et al. [2014;](#page-13-0) Nowak et al. [2014](#page-14-0)); they are separated from bear subpopulations in western Greece by unsuitable habitat, and clearly stand as a separate population in the population structure analyses. It is possible that undetected dispersal events have occurred between the Rodopi Mountains and other subpopulations we studied; however, the lack of western individuals with high levels of Rodopi ancestry and vice versa in our sample of 241 bears suggests that eastern and western bears in Greece are effectively genetically isolated from each other.

In western Greece the situation is more diverse and dynamic through the presence of up to three distinct subpopulations (i.e., Vitsi-Varnoundas, North Pindos and South/Central Pindos), which accords with the hypothesis that isolation at the edge of a species' range favors genetic substructuring (Schaal and Leverich [1996](#page-14-0)). This structure likely formed when bear populations in Pindos were very small and isolated; while bears seem to have never gone extinct in North and South/Central Pindos, they seem to have survived in two small, isolated fragments. As small N_e causes high genetic drift (Tremblay and Ackerman [2001\)](#page-14-0), allelic frequencies in both fragments seem to have drifted apart, with population fragments becoming genetically distinct subpopulations. Recent population recovery and range expansion have likely resulted in population admixture of these two putative subpopulations. In Vitsi-Varnoundas, bears are either another example of a small isolated fragment that survived in the region or a relatively new occurrence; they are genetically distinct from Pindos bears and could have been formed by an expansion of bears from the FYR of Macedonia and/or Albania (Karamanlidis et al. [2014b\)](#page-13-0). In this case the Vitsi-Varnoundas area could

Fig. 3 Map of sPCA scores for components 1 a and 2 b, BAYESASS gene flow estimates with direction (arrows) and the HWDS results (N_s) $=$ 30) for bear subpopulations in western Greece c. The numbers next to the arrows are gene flow estimates, and the thickness of each arrow is proportional to the estimate. The y-coordinate of each point on the HWDS graph is the mean northing coordinate of the window subsample, the density of the window subsamples corresponds to geographic clumping of samples in all three study areas and is shown with

the "rug" at the right. The dotted horizontal lines indicate the composition of window subsamples—for example, the points on the HWDS graph between the "PN" lines are from the window subsamples in which all individuals have been sampled in the North Pindos area. VV Vitsi-Varnoundas, PN North Pindos, PC Central Pindos, PS South Pindos. Two areas (e.g., $VV + PN$) indicate that the moving window subsamples include individuals from both areas

be part of a "source-sink" system, where the reduced density of a peripheral population was met with migration from a core population, in this case probably the robust bear populations in the North Dinarics, in Bosnia and Herzegovina, Croatia and Slovenia (Skrbinšek et al. [2012a,](#page-14-0) [c\)](#page-14-0). The population structure results are supported by the STRUC-TURE, F_{ST} , sPCA and mtDNA analyses and conform with our understanding of the population history of the species in the area, that is, of a bear population that has been drastically reduced in the recent past and that is now both, expanding in range and increasing in size (Kanellopoulos et al. [2006](#page-13-0); Karamanlidis et al. [2008](#page-13-0), [2012](#page-13-0), [2015\)](#page-13-0). Yet the population dynamics in western Greece are complex, and we have relatively few samples from the philopatric sex (i.e., females), which could lead us to underestimate population structure. Similar analyses of wolverines also found lower F_{ST} and q-values for the more mobile males (Cegelski et al. [2003\)](#page-12-0) and we therefore recommend increasing sampling of females. Considering the challenges involved in identifying population structure characterized by clines rather than clusters (Jombart et al. [2008,](#page-13-0) Frosch et al. [2014\)](#page-13-0), we have investigated Greek bears with several complimentary techniques (i.e., STRUCTURE, sPCA, HWDS analysis to visualize heterozygosity across space), but our results for this region should be viewed and interpreted cautiously.

Effective population size and genetic diversity

Effective population size (N_e) is one of the most important evolutionary parameters of biological systems and of utmost relevance to biological conservation (Waples [2002](#page-14-0)). The LDNe approach used in our study to estimate N_e assumes discrete generations, which in the case of the brown bear is clearly violated. However, Waples and Do [\(2010](#page-14-0)) discuss a reasonable conjecture that if the number of cohorts represented in a sample is approximately equal to the generation length, the LDNe estimate should roughly correspond to N_e in a generation, which was later supported by Robinson and Moyer [\(2013](#page-14-0)). As our sample should correspond to a random sample of animals taken from the population, it should include several cohorts present in the population as they are represented in the wild, meaning that the absolute effective population size estimates of our study should be close to the

Table 3 Estimates of effective population size and genetic diversity indices for different subpopulations of bears in Greece summarized for 17 microsatellite markers. N number of individuals; He expected heterozygosity; Ho observed heterozygosity; A number of alleles. SE Standard Error; N HWE the number of loci departing from the HWE with $P < 0.05$; Ne effective population size, with 95% confidence interval in the parentheses

^aVV Vitsi-Varnoundas, $PN =$ North Pindos, PS/C South & Central Pindos combined, RD Rodopi

^bThe sample size for the Rodopi area was too low to produce reliable estimates of effective population size

actual number. As sampling was comparable in Vitsi-Varnoundas and in the Pindos areas, the relative N_e estimates for these areas should be directly comparable regardless of their absolute value. All that said, recent population increases, and especially the high gene flow between subpopulations are certainly affecting the N_e estimates, and these effects are difficult to predict. Also, while genetic structuring of Vitsi Varnoundas seems clear, structuring between North Pindos and Central/South Pindos is weaker and N_e estimates for these areas are very similar, meaning that the N_e estimate may in fact apply to the entire Pindos, not to individual subpopulations. All this means that the estimates should be interpreted cautiously; however, we believe that while the exact numbers may in fact not be precise, the general pattern of relatively low effective population sizes and a considerable difference between Pindos and Vitsi-Varnoundas still holds.

The N_e estimates for the North Pindos and South/Central Pindos clusters were similar, and relatively large considering the estimated census population sizes. This corresponds well with population growth and expansion observed in the area (Karamanlidis et al. [2008](#page-13-0), [2015\)](#page-13-0) as the variance effective population size (estimated by the linkage disequilibrium method) will be driven upwards in a growing population (Crow and Kimura [1970](#page-12-0)). (Table 3). In contrast, the N_e estimate for the Vitsi-Varnoundas area was considerably lower, which is in accordance with the assumption of either a very small remnant population or a rather recent population establishment from the North.

The legacy of the demographic history of bears in western Greece can also be observed in the comparison with the genetic diversity parameters of the other bear populations in the region. The combination of genetic isolation and population bottlenecks (i.e., reduced population size) (Lawton [1993\)](#page-13-0) are expected to lead to a reduction in genetic diversity (Hoffmann and Blows [1994\)](#page-13-0), such as is observed in bears in western Greece. The "yardstick" reference population method results indicate that, although genetic diversity of bears in different areas in western Greece was not as low as in, for example, the genetically depauperate Apennine bear population (Ciucci and Boitani [2008](#page-12-0)), it was not as high as in the other, much larger bear populations in the region, that is, the rest of the Dinaric-Pindos (Skrbinšek et al. [2012c](#page-14-0)), the East Balkan (Frosch et al. [2014\)](#page-13-0) or the Carpathian population (Graban et al. [2013](#page-13-0)). At the other side of the country, in eastern Greece, genetic diversity of bears in the Rodopi Mountains, which belong to the large East Balkan bear population, was in comparison considerably higher.

Gene flow and HWDS analysis

Gene flow between small, endangered (sub)populations is important as it may counterbalance the effects of random genetic drift by increasing effective population size and minimizing possible stochastic (Frankham [1995;](#page-13-0) Storfer [1999](#page-14-0)) and inbreeding effects (Westemeier et al. [1998;](#page-14-0) Madsen et al. [1999\)](#page-13-0). The gene flow pattern in our study was indicative of a population recovery process through reconnection of previously isolated population fragments. Gene flow between bear subpopulations in western Greece occurred generally in a South to North direction. Bears in South/Central Pindos did not receive much influx of individuals from the North, but seem to have contributed considerable gene flow towards North Pindos, where bears appear to be largely admixed. In contrast, bears in Vitsi-Varnoundas were mostly direct immigrants or local, and fewer individuals were admixed. This indicates that the process of subpopulations coming in contact is older in North Pindos (probably several generations), and relatively recent in Vitsi-Varnoundas, since not many immigrant bears have had time to establish and produce genetically detectable offspring. An explanation for this could be that bear recovery in South/Central Pindos triggered a faster recovery in North Pindos, which in turn enabled gene flow towards Vitsi-Varnoundas, effectively creating a "recovery cascade".

Table 4 Comparison of genetic diversity of bears in Greece (in bold) with other brown bear populations in the region [values, except for the present study, are from Skrbinšek et al. ([2012c](#page-14-0)) and Karamanlidis et al. $(2014a, b)]$ $(2014a, b)]$ $(2014a, b)]$ $(2014a, b)]$ $(2014a, b)]$

 $N =$ number of individuals, $NCL =$ number of loci in common with the reference population (used for comparison), A (S.E.) = allelic diversity for the common loci and standard error, He (S.E.) = expected heterozygosity for the common loci and standard error, A_{rt} (S.E.) = Allelic Ratio and standard error, H_{er} (S.E.) = Heterozygosity Ratio and standard error

a Reference population

Populations: C Carpathian, DPSE Dinaric–Pindos Southeast, DPNW Dinaric–Pindos Northwest, EB East Balkan, A Apennine

In addition, the relatively low admixture level and genetic distinctiveness of the Vitsi-Varnoundas individuals, coupled with relatively high genetic diversity despite low N_e may indicate that this population might have received individuals from the North or persisted locally.

As one of the main advantages of BAYESASS is that it makes relatively few assumptions and can be used with populations that are not in migration-drift or Hardy-Weinberg equilibrium (Meirmans [2014\)](#page-13-0). There has been however some debate in the literature about its pitfalls and advice on how to obtain reliable results (Faubet et al. [2007](#page-13-0); Meirmans [2014\)](#page-13-0). The method has been shown to perform better in cases of low migration rates and high differentiation between populations, and the results benefit from large per-population sample sizes and low number of populations in the analysis. While the latter is true in our study as we included only three populations with 62 to 99 animals each, differentiation between these populations was relatively low (Table [2\)](#page-7-0), and estimated gene flow, although asymmetric, was high. On the other hand, repeated runs converged on nearly identical values, the non-migrant proportions were not close to the upper or lower bounds (Meirmans [2014\)](#page-13-0) and all repeated runs had similar Bayesian deviance, which indicates that we did not have problems with convergence. Also, the HWDS analysis suggested that while there was considerable gene flow, it was relatively recent. This would decrease the estimated F_{ST} values, but there is probably not much mating between animals with migrant ancestry yet,

which is a critical issue that decreases the power of BAYESASS in high gene flow situations (Meirmans [2014\)](#page-13-0). Considering all this we may expect a certain degree of bias in the gene flow estimates. However, the differences in estimated gene flow between different populations are very large, and even if the extreme bounds of the confidence intervals are considered, the conclusions drawn from this analysis remain the same.

The results of STRUCTURE and the assignment analysis indicate that gene flow in western Greece is mainly male mediated, a fact that is consistent with the larger home ranges and the greater dispersal propensity of (subadult) male bears (Swenson et al. [1998](#page-14-0)). Female brown bears are significantly more philopatric than males (Blanchard and Knight [1991;](#page-12-0) Mace and Waller [1997](#page-13-0); Swenson et al. [1998;](#page-14-0) McLellan and Hovey [2001](#page-13-0)) and regular, long-distance female dispersal has been documented only within populations at pre-saturation densities (Swenson et al. [1998\)](#page-14-0). This does not appear to be currently the case in Greece. Furthermore, given the fact that the flux of animals appears relatively large and considering the number of migrants and admixed animals (i.e., $> 10\%$ of the total population), it should be expected that the current gene flow has resulted not only in genetic effects but also in population fragments/ subpopulations becoming demographically dependent (Hastings [1993\)](#page-13-0), which may be partially responsible for the demographic recovery of brown bears in western Greece (Karamanlidis et al. [2015\)](#page-13-0). However, although male-

mediated gene flow (as is currently mainly the case in western Greece) may maintain genetic variation in the long term, demographic persistence will be secured by femalemediated gene flow (Cegelski et al. [2006\)](#page-12-0).

The HWDS analysis provides an informative view of the heterozygosity results and shows the interaction between the Wahlund's and "isolate breaking" effects, with the "isolate breaking" effect being generally more prominent (e.g., northern part of Vitsi-Varnoundas, southern part of North Pindos, area including samples from both, North and Central Pindos). This indicates that in these areas the "isolate breaking" process has probably been going on for a while, but is still relatively recent as the excess of heterozygotes expected when immigrants reproduce in the host population has still not dissolved, as it is expected to do in a couple of generations (Cornuet and Luikart [1996](#page-12-0)), if new gene flow barriers do not appear.

Heterozygosity results in the southern part of North Pindos are in accordance with the sPCA analysis; the PCA Component 1 map (Fig. [3](#page-8-0)a) indicates the North Pindos area as a "transition area" where gene flow forms a cline in genotypes between South/Central Pindos and Vitsi-Varnoundas. However, both the sPCA Component 2 map and STRUCTURE indicate genetic distinctiveness in North Pindos which is being admixed through immigration from South/Central Pindos.

On occasion (e.g., when window subsamples included individuals from the southern part of Vitsi-Varnoundas or individuals from both, Vitsi-Varnoundas and North Pindos) and contrary to expectations from the island model, the genotypes showed little departure from HWE, possibly because the diametrically opposite Wahlund's effect (which would be expected since animals from two clusters are sampled) and "isolate breaking" effects canceled each other out.

The population homogenization process resulting from the current gene flow will continue as long as there is at least one effective migrant per generation (Wright [1964](#page-14-0)), given differentiation values of less than $F_{ST} = 0.2$ (Wang [2004\)](#page-14-0). Occasional long-distance dispersals and relatively frequent shorter distance dispersals should not only maintain the total genetic diversity in this edge population, but also improve genetic diversity and decrease inbreeding in each population fragment/subpopulation (Bush et al. [2011](#page-12-0)), effectively improving the long-term viability of Greek bears. Therefore, maintaining and improving habitat connectivity will be extremely important for bear conservation in the region.

Conclusions

In the present study we have shown that a recovering bear population at the southern edge of its European range in

western Greece is characterized by genetic sub-structuring and relatively low levels of genetic diversity. We also observed asymmetric gene flow from South to North, which is primarily maintained through dispersal of male individuals. The bear population in eastern Greece is divergent from bears in western Greece and, being a part of the larger East Balkan population, has high genetic diversity. The results of the study are in accordance with theoretical predictions (Brussart [1984;](#page-12-0) Hoffmann and Blows [1994\)](#page-13-0) and empirical verification across a diverse range of taxa, including bears at the northern range of their European distribution (Hagen et al. [2015](#page-13-0)).

The results of our study are not only important for understanding the genetic mechanisms and patterns involved in the population recovery of a large carnivore, but also for understanding the genetic status of bears in Greece, predicting population recovery, and identifying national and international conservation priorities. It is assumed that over time, recovering animal populations may establish connectivity between subpopulations, leading to a decrease in population structure due to balanced gene flow and to an increase in genetic diversity (Excoffier et al. [2009;](#page-13-0) Ramakrishnan et al. [2010](#page-14-0); Berthouly-Salazar et al. [2013;](#page-12-0) Mona et al. [2014](#page-13-0)). If the patterns of gene flow and increased admixture observed in our study persist, we may also expect population structure in western Greece to dissolve and within-population genetic diversity to increase, thus eventually augmenting the long-term viability of the population (Frankham [1996](#page-13-0); Reed et al. [2003](#page-14-0); Traill et al. [2007\)](#page-14-0). Such genetic changes in natural systems may occur even within a single generation (i.e., in the case of bears approximately within one decade) (Christie et al. [2012](#page-12-0); Hagen et al. [2015\)](#page-13-0). Considering that the bear populations in Pindos and Vitsi-Varnoundas are separated by a highway (Fig. [1\)](#page-1-0) that appears to be a significant barrier to large carnivore movement (Karamanlidis et al. 2016) and where > 15 bears have been killed since 2009 in vehicle collisions (Karamanlidis [2012](#page-13-0); unpublished data), it is important to continue monitoring the effects of the highway on the genetic status of large carnivores in the region. On a wider geographical scale and considering that overall genetic diversity of bears in western Greece is still lower than in the neighboring bear populations, conservation efforts should focus on establishing and maintaining habitat connectivity across FYR Macedonia, Albania, Montenegro and Serbia to effectively connect the Dinaric-Pindos population into a large, viable meta-population.

Last but not least, our study emphasizes the importance of small, persisting (sub)populations. Such relict populations or population fragments can act as "stepping stones", enabling a fast population expansion and recovery, and may initiate a "recovery cascade" if connectivity between fragments is re-established. This makes their importance much greater than their numeric or genetic contribution to a

species' total population, and their protection should be considered a conservation priority.

Data archiving

Mitochondrial sequence data and sample information were deposited at the European Nucleotide Archive (ENA, EMBL-EBI) and can be retrieved via the DDBJ/EMBL/ GenBank database (accession numbers [http://www.ebi.ac.](http://www.ebi.ac.uk/ena/data/view/LT962489-LT962548) [uk/ena/data/view/LT962489-LT962548](http://www.ebi.ac.uk/ena/data/view/LT962489-LT962548); study accession <http://www.ebi.ac.uk/ena/data/view/PRJEB23330>).

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Author contributions A.A.K., T.S., and A.V.S. conceptualized and designed the research. A.A.K., M.d.G.H., and L.K. carried out the field sampling. A.A.K., V.M-F., and Z.B. conducted genetic analyses. A.A. K., T.S., V.M-F., and A.V.S. conducted data analyses. T.S. devised the HWDS approach. A.A.K., T.S., M.d.G.H., L.K., V.M-F., Z.B., C.N., and A.V.S. wrote the manuscript.

Compliance with ethical standards

Conflict of interest The authors declare that they have no competing interests.

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