ARTICLE

Myeloablative and reduced-intensity conditioning in HLAhaploidentical peripheral blood stem cell transplantation using post-transplant cyclophosphamide

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Abstract

We conducted two parallel prospective, multicenter, phase II studies to evaluate the safety and efficacy of HLAhaploidentical peripheral blood stem cell transplantation using post-transplant cyclophosphamide (PTCy-haploPBSCT) following myeloablative conditioning (MAC, $n = 50$) and reduced-intensity conditioning (RIC, $n = 77$). Event-free survival (EFS) at 1-year as for primary endpoint was 64% and 43% in the MAC and RIC groups, respectively. Neutrophil engraftment was achieved in 98% and 94% in the MAC and RIC groups, respectively. The incidences of grades II–IV and III–IV acute graft-versus-host disease (GVHD) were 18% and 8% in the MAC group, and 14% and 5% in the RIC group, respectively. Those of all grade and moderate to severe chronic GVHD at 2-year were 36% and 20% in the MAC group, and 27% and 20% in the RIC group, respectively. Overall survival (OS), EFS, nonrelapse mortality, and relapse rate at 2-year were 68%, 54%, 10%, and 36% in the MAC group, and 44%, 35%, 20%, and 45% in the RIC group, respectively. Notably, 83% and 86% of patients who survived without relapse stopped immunosuppressant at 2-year in the MAC and RIC groups, respectively. Our results indicate that both MAC and RIC are valid options for PTCy-haploPBSCT for adults with hematological malignancies.

Introduction

Allogeneic hematopoietic stem cell transplantation (SCT) is a potentially curative treatment for patients with hematological malignancies. However, HLA-matched related or unrelated donors are not always available. Haploidentical related donors are alternative donors for patients in the absence of a HLA-matched donor and in an urgent need of transplantation. Over the last few decades, several strategies have been developed to overcome HLA barriers in HLAhaploidentical SCT, such as use of post-transplant cyclophosphamide (PTCy) [[1,](#page-8-0) [2\]](#page-8-0). Rationale of this strategy is assumed to be selective and cytotoxic depletion of alloreactive T cells [\[3](#page-8-0)].

HLA-haploidentical SCT using PTCy was initially developed in the setting of bone marrow transplantation

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(BMT) following nonmyeloablative conditioning (NMC) [\[1,](#page-8-0) [2](#page-8-0)]. A series of previous studies demonstrated that this strategy was feasible and safe with low incidences of acute and chronic graft-versus-host disease (GVHD) and non-relapse mortality (NRM); however, relapse remained a major cause of treatment failure [\[1,](#page-8-0) [2](#page-8-0)]. Therefore, PTCy based HLA-haploidentical SCT programs using myeloablative conditioning (MAC) and reduced-intensity conditioning (RIC) have been developed to reduce relapse [\[4](#page-8-0)–[7\]](#page-8-0). However, HLA-mismatch (vs. HLA-match), MAC regimen (vs. RIC or NMC regimen), and peripheral blood stem cell transplantation (PBSCT, vs. BMT) are risk factors for GVHD [[8](#page-8-0)]. It thus remains to be investigated whether MAC could increase risks of GVHD and NRM compared to RIC in the setting of PTCy based HLAhaploidentical PBSCT (PTCy-haploPBSCT). Therefore, we conducted two parallel prospective multicenter phase II studies to evaluate the safety and efficacy of MAC and RIC based PTCy-haploPBSCT, and herein we reported outcomes.

Methods

Study design

Two parallel prospective, multicenter, phase II studies were conducted by the Japan Study Group for Cell Therapy and Transplantation (JSCT) to evaluate the safety and efficacy of PTCyhaploPBSCT following MAC (JSCT Haplo14 MAC, UMIN000014406) and RIC (JSCT Haplo14 RIC, UMIN000014408). The institutional review board of each participating institution approved study protocols and written informed consent was obtained from all patients in accordance with the Declaration of Helsinki.

Major inclusion criteria were as follows: age 15 to 60 years for the MAC study, age 15 to 65 years for the RIC study, diagnosis of hematological malignancies, a good performance status (ECOG PS 0–2), and adequate organ functions (bilirubin <2.0 mg/dl; AST/ALT, <3 × upper limit of normal; creatinine clearance, >30 ml/min, cardiac ejection fraction, $>50\%$; and SpO₂ at room air, $>95\%$). Patients who had antibodies targeting mismatched donor HLAs (donor-specific antibodies, DSA) were excluded from the study. Patients who had a prior history of allogeneic SCT were excluded from the MAC study, but not from the RIC study.

Conditioning regimens and GVHD prophylaxis

MAC regimen was either fludarabine (Flu, 90 mg/m^2) plus total body irradiation (TBI, 12 Gy), or a combination of Flu (150 mg/m^2) , BU (12.8 mg/kg) , and TBI (4 Gy) . RIC

regimen was a combination of Flu (150 mg/m^2) , BU (6.4 mg/kg), and TBI (4 Gy). Regimen was selected at physician's discretion. GVHD prophylaxis consisted of cyclophosphamide (50 mg/kg/day on days 3 and 4) and tacrolimus plus mycophenolate mofetil starting on day 5. Peripheral blood stem cells (PBSCs) mobilized with granulocyte-colony stimulating factor were only accepted as stem cell grafts.

Endpoints

Endpoints of the 2 parallel studies were the same. The primary endpoint was event-free survival (EFS) at 1-year. EFS was defined as the time interval from transplantation to first event (either relapse or death in complete remission, whichever occurred first). Secondary endpoints included overall survival (OS), the incidence of engraftment, acute GVHD, chronic GVHD, relapse, NRM, and noninfectious fever early after transplantation. OS was defined as the time between transplantation and death. Neutrophil engraftment was defined as the absolute neutrophil count exceeded 0.5×10^9 /L for 3 consecutive days after PBSCT. Platelet engraftment was defined as the absolute platelet count exceeded 20×10^9 /L for 7 consecutive days without platelet transfusion. Acute and chronic GVHD were diagnosed and graded based on the traditional criteria [\[9,](#page-8-0) [10](#page-8-0)]. Relapse was defined based on morphologic evidence of malignant cells in the bone marrow, or other extra-medullary organs. Hematopoietic cell transplantation specific comorbidity index (HCT-CI) was determined as described by Sorror et al. [[11](#page-8-0)]. Disease risk of the patients was determined according to the refined disease risk index (DRI) [\[12\]](#page-8-0).

Statistical analysis

In the MAC study, expected 1-year EFS was estimated to be 50% and the threshold 1-year EFS was set to be 30% according to previous studies [[1,](#page-8-0) [4](#page-8-0)]. The required sample size was 35 eligible patients for an 80% power to detect a 20% difference in 1-year EFS at from the threshold with a one-sided type I error of 0.05. The planned sample size was 38 with the expectation that 10% would be ineligible.

In the RIC study, expected 1-year EFS was estimated to be 40% and the threshold 1-year EFS was set to be 25% [\[1](#page-8-0), [13\]](#page-8-0). The required sample size was 57 eligible patients for an 80% power to detect a 15% difference in 1-year EFS from the threshold with a one-sided type I error of 0.05. The planned sample size was 62 with the expectation that 10% would be ineligible.

The probabilities of EFS and OS and their confidence intervals were estimated using the Kaplan–Meier method, and the groups were compared using the log-rank test. The

Table 1 Patient characteristics

	MAC $(n = 50)$	RIC $(n = 77)$
Age at transplant		
Median (range), years	$36(17-60)$	58 (22–65)
$17 - 50$	41 (82%)	26 (34%)
$50 - 65$	9(18%)	51 (66%)
Sex		
Male	41 (82%)	48 (62%)
Female	9(18%)	29 (38%)
Diagnosis		
AML	23 (46%)	34 (44%)
ALL	11 $(22%)$	14 (18%)
MDS/MPN	6(12%)	12(16%)
Lymphoma	6(12%)	14 (18%)
Others	4(8%)	3(4%)
Disease status		
CR1	$15(30\%)$	17(22%)
$CR2-$	11 $(22%)$	15 (20%)
Not in remission	24 (48%)	45 (58%)
Refined DRI		
Low/Intermediate	24 (48%)	25 (33%)
High/Very high	26 (52%)	52 (68%)
HCT-CI		
θ	37 (74%)	43 (59%)
$1 - 2$	9(18%)	24 (31%)
\geq 3	4(8%)	10(13%)
History of prior allo-SCT		
No	50 (100%)	47 (61%)
Yes		30 (39%)
Conditioning regimen		
Flu $(90 \text{ mg/m}^2) + \text{TBI} (12 \text{ Gy})$	27 (54%)	
Flu $(150 \text{ mg/m}^2) + \text{BU}$ (12.8 mg/m) kg) + TBI (4 Gy)	23 (46%)	
Flu $(150 \text{ mg/m}^2) + \text{BU}$ (6.4 mg/ kg) + TBI (4 Gy)		77 (100%)
Median duration from diagnosis to transplantation, month (range)		
	$6.5(1-55)$	$12(1-179)$

probabilities of neutrophil and platelet engraftment, acute and chronic GVHD, relapse, and NRM and their confidence were estimated based on cumulative incidence methods [\[14](#page-8-0)]. Competing events were death without engraftment for neutrophil and platelet engraftment, death or relapse without GVHD for acute and chronic GVHD, death without relapse for relapse, and relapse for NRM. The groups were compared using a Gray's test [\[15](#page-8-0)].

A value of $P < .05$ was used to determine statistical significance. All statistical analyses were performed with EZR (Saitama Medical Center, Jichi Medical University, Saitama, Japan), which is a graphic user interface for R (The R Foundation for Statistical Computing, Vienna, Austria). More precisely, it is a modified version of R commander designed to add statistical functions that are frequently used in biostatistics [\[16](#page-8-0)].

Results

Patient characteristics

Fifty-three patients were enrolled in the MAC study, and 81 patients were enrolled in the RIC study between 2014 and 2016. After excluding 7 patients who did not meet the inclusion criteria, 50 patients with a median age of 36 (range, 17 to 60) and 77 patients with a median age of 58 (range, 22 to 65) in the MAC and RIC studies, respectively, were analyzed (Table 1). Diagnoses included acute myeloid leukemia (AML; MAC, $n = 23$; RIC, $n = 34$), acute lymphoblastic leukemia (ALL; MAC, $n = 11$; RIC, $n = 14$), myelodysplastic syndrome/myeloproliferative neoplasms (MDS/MPN; MAC, $n = 6$; RIC, $n = 12$), lymphoma (MAC, $n = 6$; RIC, $n = 14$), and others (MAC, $n = 4$; RIC, $n = 3$). Twenty-four patients (48%) and 45 patients (58%) in the MAC and RIC studies, respectively, were not in remission at the time of transplantation. According to the refined DRI, patients were classified as low risk (MAC, $n = 2$; RIC, $n = 3$), intermediate risk (MAC, $n = 22$; RIC, $n = 2$), high risk (MAC, $n = 14$; RIC, $n = 25$), and very high risk (MAC, $n = 12$; RIC, $n = 27$). No patient had a history of prior allo-SCT in the MAC group, while 30 (39%) of 77 patients in the RIC group had a history of prior alloSCT. The median follow-up periods for survivors were 763 days (range, 380–1119) and 740.5 days (range, 365–1247) in the MAC and RIC groups, respectively.

The most common donor was a sibling in the MAC group and a child in the RIC group (Table [2](#page-3-0)). The median numbers of CD34⁺ cells of PBSCs were 4.0×10^6 /kg (range, $2.0-11.4 \times 10^6$ /kg), and 4.2×10^6 /kg (range, $1.4-11.1 \times 10^6$ /kg), in the MAC and RIC groups, respectively.

Noninfectious fever early after transplantation

Forty-eight (96%) of 50 patients in the MAC group and 72 (94%) of 77 patients in the RIC group developed noninfectious fever with a peak at day 3, which was quickly relieved after administration of PTCy.

Engraftment

Neutrophil engraftment was achieved in 98% of patients with a median of 17 days (range, 12–39 days) and 94% with

Table 2 Donor and graft characteristics

	MAC $(n=50)$	RIC $(n = 77)$
HLA match (GVH direction)		
4/8	28 (56%)	33 (43%)
5/8	16 (32%)	33 (43%)
6/8	6(12%)	10(13%)
7/8	$0(0\%)$	1(1%)
HLA match (HVG direction)		
4/8	31 (62%)	38 (49%)
5/8	16 (32%)	27(35%)
6/8	2(4%)	11 $(14%)$
7/8	$0(0\%)$	1(1%)
8/8	$1(2\%)$	$0(0\%)$
Donor relationship		
Parent	14 (28%)	6(8%)
Sibling	25 (50%)	25 (33%)
Child	8(16%)	46 (60%)
Other	3(6%)	$0(0\%)$
Donor/recipient gender mismatch		
Match	26 (52%)	48 (62%)
Female to male	21 (42%)	17(22%)
Male to female	3(6%)	12(16%)
Donor/recipient CMV serostatus		
$D+R+$	34 (71%)	49 (71%)
$D - R +$	9(19%)	15 (22%)
$D + R -$	4(8%)	4(6%)
$D - R -$	$1(2\%)$	1(1%)
NA	2(4%)	8(12%)
CD34 $(x10^6/kg)$ of PBSCs		
Median (range)	$4.0(2.0-11.4)$	$4.2(1.4 - 11.1)$
<4.0	25 (50%)	33 (43%)
≥ 4.0	25 (50%)	44 (57%)

a median of 18 days (range, 13–50 days) in the MAC and RIC groups, respectively. In the RIC group, neutrophil engraftment was achieved in 96% patients without a history of prior allo-SCT and in 90% patients with it. Platelet engraftment was achieved in 84% of patients with a median of 31 days (range, 11–284 days) and 74% with a median of 37 days (range, 10–195 days) in the MAC and RIC groups, respectively. Peripheral blood or bone marrow samples were collected on day 30 after transplantation to evaluate donor chimerism. Complete donor chimerism defined by >95% donor chimerism was achieved in all the engrafted patients.

Acute and chronic GVHD

Figure [1](#page-4-0) shows the incidences of acute and chronic GVHD. The cumulative incidences of grades II–IV and III–IV acute GVHD at 100 days were 18% (95% CI, 9–30%) and 8% (95% CI, 3–18%) in the MAC group, and 14% (95%CI, 8–23%) and 5% (95%CI, 2–12%) in the RIC group, respectively. The cumulative incidences of all grade and moderate to severe chronic GVHD at 2-year were 36% (95% CI, 23–49%) and 20% (95% CI, 10–32%) in the MAC group, and 27% (95%CI, 17–37%) and 20% (95%CI, 12–30%) in the RIC group, respectively.

NRM and relapse

The cumulative incidences of NRM and relapse rate at 2 year were 10% (95% CI, 4–20%) and 36% (95%CI, 23–50%) in the MAC group, and 20% (95%CI, 12–30%) and 45% (95%CI, 33–56%) in the RIC groups, respectively. To elucidate the reason why NRM was higher in the RIC group, we have performed an additional analysis of NRM in patients aged 60 and under without a history of prior allo-SCT in the RIC group ($n = 24$, low-risk RIC group) and patients aged over 60 or with a history of prior allo-SCT in the RIC group ($n = 53$, high-risk RIC group). NRM was 4% (95%CI, 0–18%) and 27% (95%CI, 16–39%) in the lowrisk and high-risk RIC groups, respectively $(P = .07)$.

EFS and OS

The primary endpoint EFS at 1-year was 64% (95% CI, 49–76%) and 43% (95%CI, 32–54%) in the MAC and RIC groups, respectively (Fig. [2\)](#page-4-0); they were clearly over the predefined thresholds 30% and 25%, respectively. In the median follow-up periods of 763 days (range, 380–1119) and 740.5 days (range, 365–1247) in the MAC and RIC groups, OS and EFS at 2-year was 68% (95% CI, 53–79%) and 54% (95% CI, 39–66%) in the MAC group, 44% (95% CI 33–55%) and 35% (95%CI 25–46%) in the RIC group, respectively.

OS, EFS, NRM, and relapse rate stratified by the refined DRI

We then analyzed OS stratified by refined DRI (Fig. [3](#page-5-0)). In the MAC group, OS at 2-year was 87% (95%CI, 66–96%) in patients with low/intermediate risk and 50% (95%CI, 30–67%) in those with high/very high risk ($P < .01$). EFS at 2-year was 70% (95%CI, 47–85%) in patients with low/ intermediate risk and 39% (95%CI, 20–57%) in those with high/very high risk $(P < .01)$. Relapse rate at 2-year was 17% (95%CI, 5–35%) in patients with low/intermediate risk and 54% (95%CI, 33–71%) in those with high/very high risk $(P < .01)$. There was no significant difference in the incidence of NRM (95%CI, 13% vs. 8%, $P = .61$) between patients with low/intermediate risk and those with high/ very high risk. In the RIC group, it was 67% (95%CI,

Fig. 1 Acute and chronic GVHD cumulative incidences are shown for (a) II–IV acute GHVD (solid line), and III–IV acute GVHD (dashed line) following MAC, b all grade chronic GVHD (solid line) and moderate to severe chronic GVHD (dashed line) following MAC,

Fig. 2 EFS Probabilities of EFS are shown for a MAC and b RIC

c II–IV acute GHVD (solid line), and III–IV acute GVHD (dashed line) following RIC, and d all grade chronic GVHD (solid line) and moderate to severe chronic GVHD (dashed line) following RIC

Fig. 3 OS stratified by refined DRI Probabilities stratified by refined DRI are shown for a OS in patients with low/intermediate risk (solid line), and high/very high risk (dashed line) following MAC, and b OS

Fig. 4 OS and EFS stratified by the presence of a history of prior allo-SCT Probabilities stratified by the presence of a history of prior allo-SCT are shown for a OS and b EFS following RIC. The probabilities

45–82%) in patients with low/intermediate risk and 33% (95%CI, 20–46%) in those with high/very high risk ($P < .01$). EFS at 2-year was 59% (95%CI, 37-76%) in patients with low/intermediate risk and 24% (95%CI, 13–36%) in those with high/very high risk $(P < .01)$. Relapse rate at 2-year was 25% (95%CI, 10–43%) in patients with low/intermediate risk and 55% (95%CI, 40–68%) in those with high/very high risk ($P = .02$). There was no significant difference in the incidence of NRM (17% vs. 21%, $P = .51$). Patients with high/very high risk had significantly worse OS, EFS, and relapse rate in both MAC and RIC groups.

in patients with low/intermediate risk (solid line), and high/very high risk (dashed line) following RIC

in patients without a history of prior allo-SCT and those with a history of prior allo-SCT are shown by solid line and dashed line, respectively

OS, EFS, NRM, and relapse rate stratified by the presence of a history of prior allo-SCT

Since the RIC group include substantial number of patients having a history of prior allo-SCT, we performed a subgroup analysis of patients with or without a history of prior alloSCT in the RIC group. OS at 2-year was 31% (95%CI, 15–49%) and 52% (95%CI, 37–66%) in patients with a history of prior allo-SCT and those without it $(P = .04,)$ Fig. 4a). EFS at 2-year was 21% (95%CI, 9–38%) and 44% (95%CI, 29–57%) in patients with a history of prior allo-SCT and those without it, respectively $(P = .02, Fig. 4b)$.

Fig. 5 Rates of off-immunosuppressants cumulative incidences of off-immunosuppressants in patients who survived without relapse after MAC (a) and RIC (b)

Relapse rate at 2-year was 62% (95%CI, 40–78%) and 35% (95%CI, 21–49%) in these patients, respectively $(P = .01)$. Although there was no significant difference in the incidences of NRM (17% vs. 22%, $P = .67$) between these patients, patients with a history of prior allo-SCT had significantly worse OS, EFS, and relapse rate.

We performed a subgroup analysis of patients aged 50–60 without a history of prior allo-SCT. In the MAC group, 9 patients, including 3 patients with low/intermediate risk and 6 patients with high/very high risk, were analyzed. OS, EFS, NRM, and relapse rate at 2-year were 33% (95% CI, 8–62%), 22% (95%CI, 3–51%), 33% (95%CI, 6–65%), and 44% (95%CI, 11–75%), respectively. In the RIC group, 18 patients including 10 patients with low/intermediate risk and 8 patients with high/very high risk were analyzed. OS, EFS, NRM, and relapse rate at 2-year were 56% (95%CI, 31–75%), 44% (95%CI, 21–65%), 6% (95%CI, 0–23%), and 51% (95%CI, 25–72%) in the RIC group, respectively.

OS, EFS, NRM, and relapse rate stratified by the conditioning regimen in patients without a history of prior allo-SCT

We performed a subgroup analysis of transplant outcomes stratified by the conditioning regimen in patients without a history of receiving all-SCT. In TBI based MAC group, 27 patients including 12 patients with low/intermediate risk and 15 patients with high/very high risk were analyzed, OS, EFS, NRM, and relapse rate at 2-year were 70% (95%CI, 49–84%), 67% (95%CI, 45–81%), 7% (95%CI, 1–21%), and 26% (95%CI, 11–44%), respectively. In BU based MAC group, 23 patients including 12 patients with low/ intermediate risk and 11 patients with high/very high risk were analyzed, OS, EFS, NRM, and relapse rate at 2-year were 65% (95%CI, 42–81%), 39% (95%CI, 20–58%), 13% (95%CI, 3–30%), and 48% (95%CI, 26–67%). In BU based RIC group, 47 patients including 19 patients with low/ intermediate risk and 28 patients with high/very high risk were analyzed, OS, EFS, NRM, and relapse rate at 2-year were 52% (95%CI, 37–66%), 44% (95%CI, 29–57%), 22% (95%CI, 11–35%), and 35% (95%CI, 21–49%).

Cause of death

Relapse was the most common cause of death in both groups, with 13 (46%) out of 28 deaths in the MAC group and 28 (65%) of 43 deaths in the RIC group. The causes of NRM include infection (MAC, $n = 3$; RIC; $n = 6$), graft failure (RIC, $n = 3$), GVHD (RIC, $n = 2$), sinusoidal obstruction syndrome (MAC, $n = 1$; RIC, $n = 1$), acute respiratory distress syndrome (RIC, $n = 1$), interstitial pneumonia (RIC, $n = 1$), and multiorgan failure (MAC, $n = 1$; RIC, $n = 1$).

Rates of off-immunosuppressants

Figure 5 shows rates of off-immunosuppressants in patients who survived without relapse (MAC, $n = 26$; RIC, $n = 27$). In the MAC group, 65% of patients stopped immunosuppressant at 1-year and 83% at 2-year. In the RIC group, 56% of patients were off immunosuppressant at 1-year and 86% at 2-year. In the MAC group, 6 (60%) of 10 patients who developed moderate to severe chronic GVHD stopped immunosuppressants. In the RIC group, 9 (60%) of 15 patients who developed moderate to severe chronic GVHD stopped immunosuppressants.

Discussion

We demonstrate outcomes of two parallel prospective, multicenter, phase II studies of MAC and RIC based PTCyhaploPBSCT. The primary endpoint, EFS at 1-year was 64% and 43% in the MAC and RIC groups, respectively, clearly meeting its primary objectives of demonstrating better results than predefined threshold based on prior studies.

As for secondary endpoints, rapid and stable engraftment was achieved in almost all patients and engraftment rates were comparable between the MAC and RIC groups. These results indicate that use of peripheral blood stem cells ensures engraftment in PTCy-based haploidentical SCT (PTCy-haploSCT) following MAC and RIC. In our previous phase 2 prospective study of PTCy-haploPBSCT after RIC (Haplo13 study), engraftment rate was only 65% in patients with a history of prior allo-SCT, although it was 100% in those without it [[17](#page-8-0)]. We therefore increased TBI dose from 2 Gy to 4 Gy to improve engraftment in the Haplo14 RIC study; engraftment rate was 90% in patients with a history of prior allo-SCT. An increased dose of low-dose TBI may improve engraftment, which has been reported [\[18](#page-9-0)].

HLA mismatch, PBSCT, and MAC are well known risks for GVHD [[8\]](#page-8-0). That is why PTCy-haploSCT was originally initiated by using bone marrow grafts and NMC [[2,](#page-8-0) [3\]](#page-8-0). In our present study using PBSCT, the incidences of grade II–IV acute GVHD, III–IV acute GVHD, all grade chronic GVHD, and moderate to severe chronic GVHD were 18%, 8%, 36%, 20% in the MAC group, and 14%, 5%, 27%, and 20% in the RIC group, respectively. According to previous reports, the incidences of II–IV acute GVHD, III–IV acute GVHD, all grade chronic GVHD, and moderate to severe chronic GVHD were 30–43%, 10–23%, 35–56%, and 22% in PTCy-haploPBSCT [\[4](#page-8-0), [5\]](#page-8-0), and 12–24%, 6–10%, $20-26\%$, and 10% in PTCy-haploBMT [\[6](#page-8-0), [7\]](#page-8-0). Therefore, the incidences of chronic GVHD in our study seem to be equivalent to those of other studies of haploPBSCT, but higher than those after haploBMT. Recently, Bashey et al. retrospectively reported that incidences of acute and chronic GVHD were higher after PTCy-haploPBSCT compared to PTCy-haploBMT [\[19](#page-9-0)]. Our results seem to be lower than those reported by Bashey et al. with 42% grade II–IV acute GVHD, and comparable to those with 41% chronic GVHD in PTCy-haploPBSCT [[19\]](#page-9-0). It remains to be elucidated whether ethnicity could be responsible for this difference, as in HLA-matched SCT [\[20](#page-9-0)].

In our study, 83% and 86% of patients who survived without relapse stopped immunosuppressant at 2-year in the MAC and RIC groups, respectively. Even in patients who developed moderate to severe chronic GVHD, immunosuppressants are off in 60% of patients. Remarkably, no patient in the MAC group and only 2 patients in the RIC group died of chronic GVHD in our study. These results suggest that chronic GVHD after PTCy-haploPBSCT was manageable. In HLA-matched SCT using standard GVHD prophylaxis, Mielcarek et al. reported that only 4 of 32 patients who underwent SCT following NMA conditioning and 1 of 46 patients who underwent SCT following MAC were off immunosuppressants [\[21\]](#page-9-0). Thus, rates of offimmunosuppression seem to be higher after PTCyhaploSCT than those after standard HLA-matched SCT. In addition, rates of off-immunosuppessants appear to be higher than those of 48–56% following HLA-matched related or unrelated BMT using PTCy as single-agent GVHD prophylaxis in a study by Kanakry et al. [[22](#page-9-0)]. These data suggest that PTCy minimizes the immunosuppressive burden particularly in combination with calcineurin inhibitors.

NRM appears to be higher in the RIC group than MAC group. However, NRM was not higher in the RIC group compared to RIC group in patients aged 60 or less without a history of prior allo-SCT. Thus, inclusion of elderly patients and those with a prior history of allo-SCT may be associated with higher NRM in the RIC group.

The upper age limit was set at 65 years in our RIC study. Kasamon et al. reported safety of PTCy-haploBMT following NMA conditioning in patients aged 50 to 75 [[23\]](#page-9-0). Recently, Bashey et al. reported the outcomes of older patients aged 60 and over in PTCy-haploSCT including 48% of PBSCT [[24\]](#page-9-0). In their study, patients' age (60–64 vs. ≥65) was not significantly associated with OS, DFS, NRM, or relapse in multivariate analysis. On the other hand, Slade et al. demonstrated that patients aged 65 and over had significantly inferior OS in PTCy-haploPBSCT compared with younger patients [\[25](#page-9-0)]. Therefore, upper age limit in PTCy-haploPBSCT following RIC is still controversial.

Our results suggest that both MAC and RIC can be safely applied to PTCy-haploPBSCT. However, there was no prospective study to compare the transplant outcomes between MAC and RIC in PTCy-haploSCT. In standard HLA-matched SCT, three recent randomized trial compared MAC and RIC [26, 27, 28], but optimal conditioning is still controversial. BMT CTN 0901 study demonstrated that relapse-free survival was significantly better in patients received MAC [\[26](#page-9-0)]; however, the other two studies failed to show difference in relapse and OS [\[27,](#page-9-0) [28\]](#page-9-0). In a subgroup analysis of patients aged 50–60 without a history of prior allo-SCT, NRM seemed to be higher in the MAC group and RIC regimen would be preferable in this patient population in this regard, although this subgroup analysis had limitation: small number of patients with heterogeneous disease risk indices. Prospective studies are needed to compare the impact of conditioning intensity on transplant outcomes after PTCy-haploSCT.

In a subgroup analysis of patients without a prior history of allo-SCT, there are no statistically significant differences in transplant outcome between the BU-based RIC and

BU-based MAC group, but this analysis may not be powered enough to detect any significant differences due to small number of patients with heterogeneous disease risks.

OS, EFS, and relapse were 68%, 54%, and 36%, at 2-year, respectively, after PTCy-haploPBSCT following MAC. Solomon et al. reported that OS, disease-free survival (DFS), and relapse were 65%, 50%, and 40%, respectively, at 1-year after PTCy-haploPBSCT using BU-based MAC [4], and 78%, 73%, and 24%, respectively, at 2-year after PTCyhaploPBSCT using TBI-based MAC [5]. Bacigalupo et al. reported that 18-month OS and DFS were 62% and 51% after PTCy-haploBMT following MAC, respectively [7]. Thus, it seems transplant outcomes are similar between Caucasian and Japanese, although incidence of GVHD might differ.

DRI was developed to stratify heterogeneous patients undergoing allo-SCT by using disease type and disease status [12]. The refined DRI can prognosticate heterogeneous patients undergoing allo-SCT, regardless of conditioning intensity or graft source. McCurdy et al. reported that refined DRI was significantly associated with relapse, progression-free survival, and OS in NMC based PTCy-haploBMT [\[29](#page-9-0)]. In our study, patients with high/very high risk had significantly worse OS, EFS, and relapse rate, thus extending the predictive value of refined DRI to haplo-PBSCT following both MAC and RIC.

PTCy-haploSCT is one of the treatment options in patients who relapsed after allo-SCT because of rapid and high availability of donors [\[30](#page-9-0)–[32](#page-9-0)]. In our study, 30 patients in the RIC group had a history of prior alloSCT. Two-year OS was 31%, which is comparable with previous several studies. OS, EFS, and relapse rate were significantly worse in patients with a history of prior allo-SCT compared to those without it.

In conclusion, we conducted two parallel prospective, multicenter, phase II studies of MAC and RIC based PTCyhaploPBSCT. Our results indicate that both MAC and RIC are valid options for PTCy-haploPBSCT for adults with hematological malignancies.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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