



## REVIEW ARTICLE

## Targeting metabolism to enhance immunotherapy within tumor microenvironment

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Cancer metabolic reprogramming has been considered an emerging hallmark in tumorigenesis and the antitumor immune response. Like cancer cells, immune cells within the tumor microenvironment or premetastatic niche also undergo extensive metabolic reprogramming, which profoundly impacts anti-tumor immune responses. Numerous evidence has illuminated that immunosuppressive TME and the metabolites released by tumor cells, including lactic acid, Prostaglandin E2 (PGE2), fatty acids (FAs), cholesterol, D-2-Hydroxyglutaric acid (2-HG), adenosine (ADO), and kynurenine (KYN) can contribute to CD8<sup>+</sup> T cell dysfunction. Dynamic alterations of these metabolites between tumor cells and immune cells can similarly initiate metabolic competition in the TME, leading to nutrient deprivation and subsequent microenvironmental acidosis, which impedes immune response. This review summarizes the new landscape beyond the classical metabolic pathways in tumor cells, highlighting the pivotal role of metabolic disturbance in the immunosuppressive microenvironment, especially how nutrient deprivation in TME leads to metabolic reprogramming of CD8<sup>+</sup> T cells. Likewise, it emphasizes the current therapeutic targets or strategies related to tumor metabolism and immune response, providing therapeutic benefits for tumor immunotherapy and drug development in the future.

**Keywords:** metabolic reprogramming; immune response; tumor microenvironment; dynamic interplay; targeted strategies

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## INTRODUCTION

The homeostasis of the tumor microenvironment (TME) is controlled by intimate crosstalk between tumor cells, endothelial cells, stromal cells, and immune cells [1]. Such complex interactions commonly involve metabolic activity and extracellular metabolites, resulting in metabolic crosstalk, which is not only a source of energy supply but also the communication signal between different cellular compartments [2]. Tumor cells achieve rapid proliferation and escape lethal signals by increasing the capacity of glycolysis, lipid metabolism, or amino acid (e.g., glutamine) uptake [3]. Such changes in the metabolic process, in turn, also affect the metabolism pattern of adjacent cells in the TME, ultimately generating an immunosuppressive microenvironment [2]. Studies have shown that the Warburg effect reduces glucose consumption and increases lactate production of tumor cells in TME, reducing the activity of CD8<sup>+</sup> T cells, natural killer cells (NKs), dendritic cells (DCs), and polarizing tumor-associated macrophages toward the tolerogenic M2-like phenotype, which facilitate tumor immune escape [4–6]. Inhibiting glutamine metabolism in tumors and increasing the amino acid content in TME can enhance the cytotoxicity of immune cells. In addition, glutamine promotes T cell proliferation and cytokine production in lymphocytes, macrophages, and neutrophils [7, 8]. PGE2 promotes the polarization of M2-type macrophages and the generation and function of MDSCs and Tregs while inhibiting the

function of T cells [9–11]. Tumor metabolites such as 2-HG, ADO, and KYN all exert immunosuppressive effects within the TME [12–14]. Notably, high cholesterol esterification rates in tumors impair T cell responses, and lowering cholesterol is expected to promote the proliferation and functions of CD8<sup>+</sup> T cells, which are essential for long-term protective immunity [15].

Therefore, metabolic interventions hold promise for improving the effectiveness of immunotherapies. The comprehensive understanding and accurate evaluation of immune cell metabolism is essential for tumor immunotherapy. Herein, we focus on significant advances in tumor metabolic reprogramming, tumor immune microenvironment (TIME) remodeling, immunotherapy, targeting strategies, and drug development to pave the way for future anticancer therapy.

**METABOLIC REPROGRAMMING IN CANCER CELLS: BEYOND THE CLASSICAL METABOLIC PATHWAYS**

As the central elements of the TME, cancer cells are characterized by the extensive use of aerobic glycolysis (known as the Warburg effect) and increased uptake of amino acids (e.g., glutamine, lipids, etc.) to support their survival and growth (Fig. 1) [16]. Glucose mainly provides the energy material and carbon source for biosynthesis to meet the needs of cell growth and proliferation. Tumor cells can not only directly regulate the transcription level of

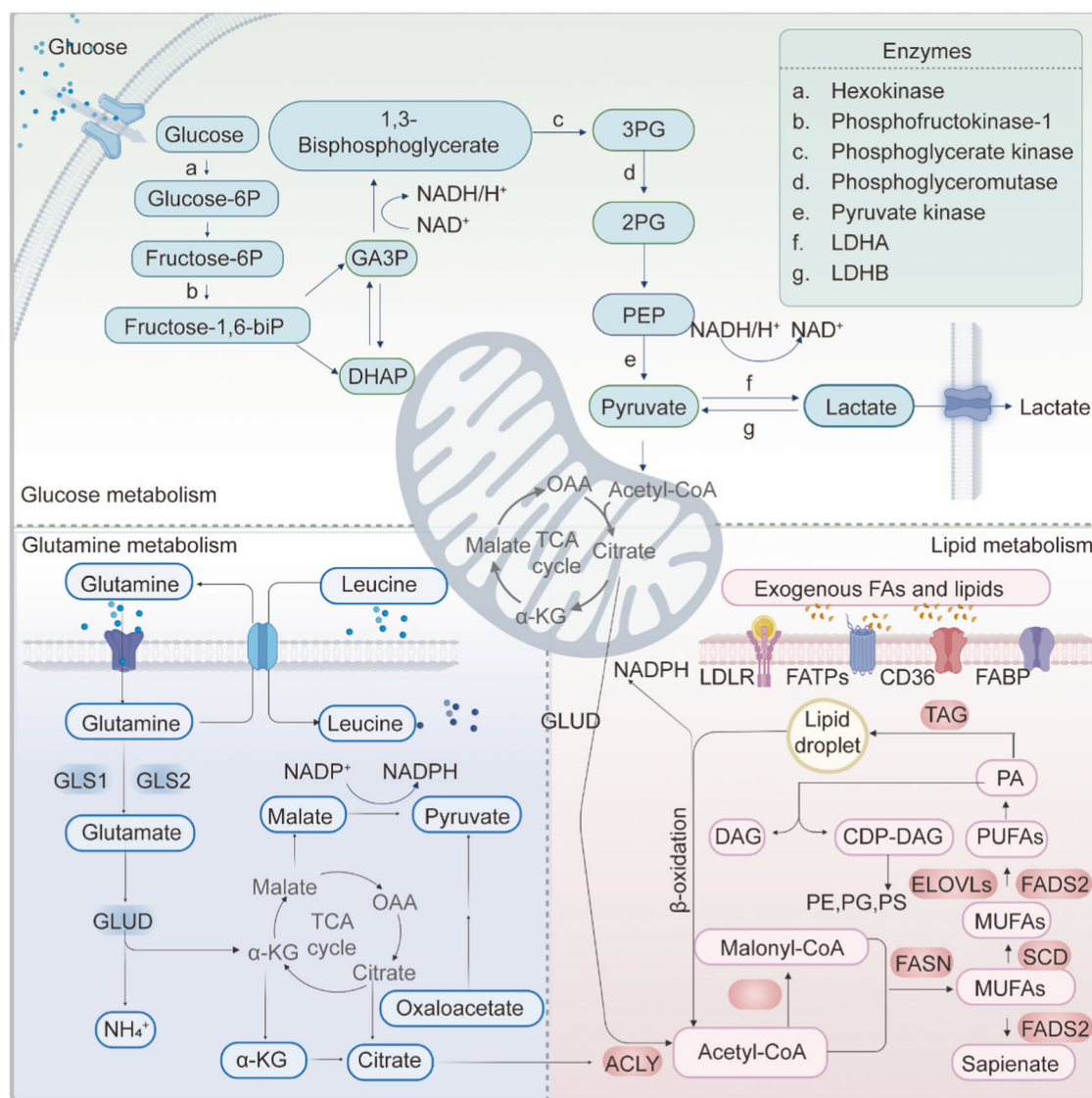
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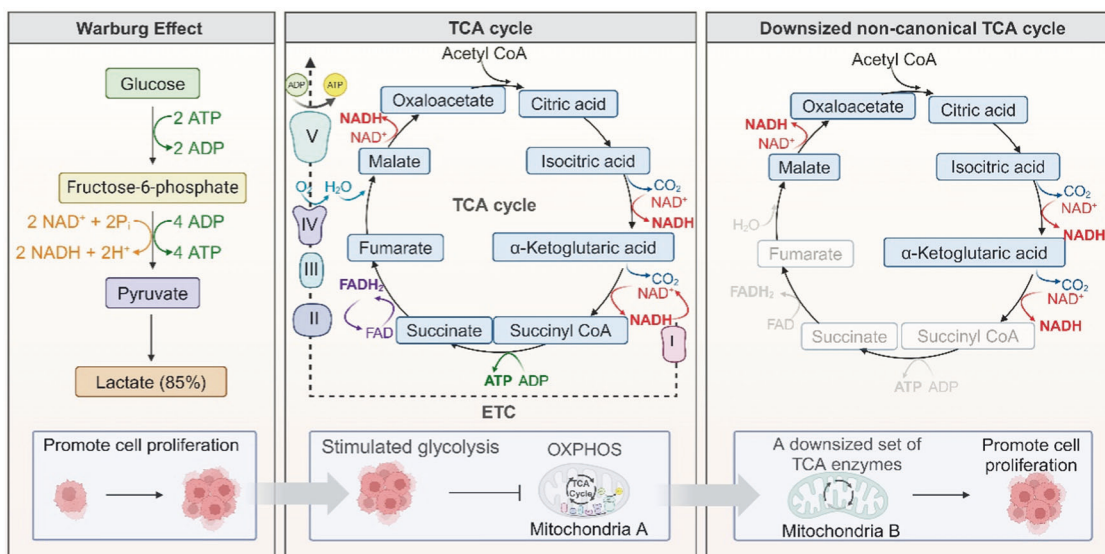


**Fig. 1 Glucose, glutamine, and lipid metabolism in cancer cells.** Tumor cells achieve rapid proliferation and escape lethal signals by increasing the capacity of glycolysis, lipid metabolism, or glutamine metabolism.

critical metabolic enzymes in the glucose metabolism pathway but also regulate the activity, composition, subcellular localization, and other biological characteristics of critical metabolic enzymes through various post-translational modifications to enhance glucose uptake capacity, thus realizing metabolic reprogramming [17]. Glutamine, a nonessential hydrophilic amino acid, is the second primary energy substrate and an essential component in cancer cell culture. Compared with other cells in TME, tumor cells have the highest glutamine intake. The transmembrane transporter is critical for glutamine to enter cells and perform its physiological functions [18]. Alanine serine cysteine transporter 2 (ASCT2) (Fig. 1), encoded by the SLC1A5, is a sodium-dependent transporter that transports glutamine and other neutral amino acids across the plasma membrane [19], which is overexpressed in many cancers, such as triple-negative breast cancer (TNBC), hepatocellular carcinoma (HCC), colon cancer, cervical cancer, etc. [20]. To fulfill the biosynthetic demands associated with the structural components of the membrane matrix, proliferation, invasion, metastasis, etc., tumor cells also harness lipid metabolism, including lipid uptake, lipid catabolism, and lipid biosynthesis in TME.

Nonetheless, the inefficiency of ATP production in glycolysis gives a longstanding puzzle in cancer biology regarding how

aerobic glycolysis provides a growth advantage to cancer cells in the long term. Studies have shown that mitochondria are essential for tumor cell growth or metastasis [21, 22]. Two mitochondrial functions exist in tumor cells, one capable of canonical tricarboxylic acid (TCA) cycle and the other whose enzymatic endowment is restricted to a downsized set of TCA enzymes (Fig. 2). These mitochondrial modifications are produced by highly stimulated glycolysis to inactivate OXPHOS pathway activity [23], thereby facilitating the formation of reduced mitochondrial activities [24]. However, it is worth noting that the non-canonical TCA cycle may sustain a faster protein synthesis and growth rate than the classical TCA cycle. In addition, studies have shown that primary solid tumors can slow down their TCA cycle, whereas metastatic cells exhibit higher TCA fluxes [25]. In the TME, T cells also utilize alternatives to glucose, such as inosine, which can be converted to phosphorylated ribose and fed into the TCA cycle, reducing tumor burden and improving patient survival rates [26]. As an alternative to glucose anaplerosis, acetate enables CD8<sup>+</sup> T cells to increase global histone acetylation and chromatin accessibility, promoting tumor-infiltrating lymphocytes (TILs) cytokine production in vivo [27]. Furthermore, arginine is the primary source of ornithine and putrescine in normal cells [28]. By



**Fig. 2 Metabolic reprogramming in cancer cells.** Highly stimulated glycolysis promotes the formation of a new mitochondrial B and inactivates the OXPHOS activity of canonical mitochondrial A. The non-canonical TCA cycle of mitochondrial B sustains a faster protein synthesis and growth rate, providing energy for tumor cells.

contrast, glutamine has been proven to be the primary source of ornithine in tumor cells [28]. Pancreatic ductal adenocarcinoma (PDA) prefers importing glutamate to the organic anion transporter (OAT) for de novo ornithine synthesis (DNS) rather than using arginine-derived ornithine for in vivo polyamine synthesis [28]. Another study identified that uridine-derived ribose released by uridine phosphorylase 1 (UPP1) could fuel central carbon metabolism, maintaining the redox balance and thus promoting the survival and proliferation of glucose-restricted PDA cells [29]. The cunning tumor cells oust the normally cytoplasmic gluconeogenic enzyme PCK1 from its usual role and activate AKT to induce cytosolic PCK1 phosphorylation at Ser90, followed by the translocation to the endoplasmic reticulum, where PCK1 uses GTP as a phosphate donor to phosphorylate INSIG1 at Ser207 and INSIG2 at Ser151 [30]. The phosphorylation of INSIG1 and INSIG2 reduces their binding to sterols and disrupts the interaction between INSIG and SCAP, leading to the translocation of the SCAP-SREBP complex to the Golgi apparatus, the activation of SREBP proteins (SREBP1 or SREBP2), and the transcription of downstream lipogenesis-related genes, ultimately tumorigenesis in mice [30]. Finally, one has to recall that inhibition of metabolic targets is often followed by metabolic rewiring, which may recover the growth capacity of cancer cells [30, 31].

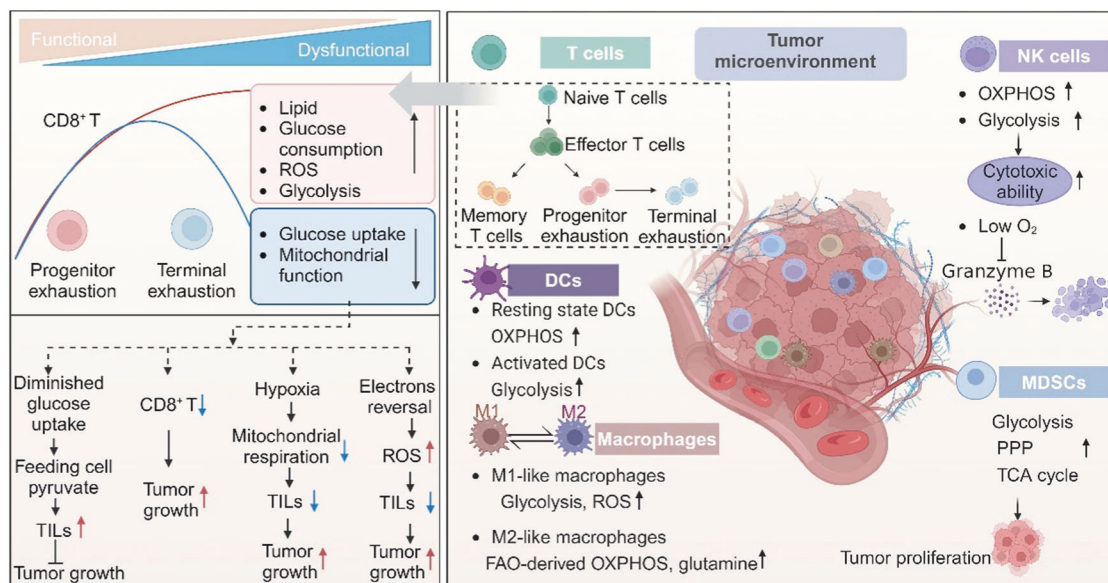
## METABOLIC DISORDER OF IMMUNE CELLS

### Metabolic disorder of CD8<sup>+</sup> T cells

T cells exhibit different metabolic patterns under different activation states (Fig. 3). Cytotoxic CD8<sup>+</sup> T cells are vital in eliminating malignant cells and can provide long-term protective immunity. Nonetheless, tumor-infiltrating CD8<sup>+</sup> T cells face fierce competition with cancer cells for limited nutrients. A clear example of nutrient competition is the depletion of glucose, which is associated with reduced infiltration and antitumor function of CD8<sup>+</sup> T cells [32–34]. Exhausted T cells diminished glucose uptake [32, 34–37] but bypassed aerobic glycolysis enzymes and supplied cells with pyruvate, directly improving the cytokine function of TILs in vitro (Fig. 2) [38]. In addition, excessive inhibitory signals in the TME, such as the suppression of glucose uptake and mitochondria, contribute to metabolic inelasticity and hypoxia's negative effect. Hypoxia can create a barrier to TILs in transcriptionally mediated responses to hypoxia via HIF-1 $\alpha$  and mitochondrial respiration [39–41]. Under

hypoxia, electrons in the mitochondria move from complex V to complex I, thereby generating ROS superoxide, a phenomenon that is a driver of TILs exhaustion [42–45]. Thus, low metabolites in the TME can negatively affect TILs function through multiple metabolic pathways. Glutaminase inhibition exerts distinct effects on tumor cells and CD8<sup>+</sup> T cells, with a reduction in intermediates of the TCA cycle in tumor cells. In contrast, CD8<sup>+</sup> T cells exhibited metabolic plasticity and upregulated glucose anaplerosis [46]. Lipid accumulation leads to immune suppression in the TME of solid tumors [47, 48]. Specific CD8<sup>+</sup> T cells exhibit metabolic flexibility in response to the lipid-rich TME by upregulating fatty acid catabolism, thereby preventing lipid accumulation, which is particularly prominent in low-glucose environments, where lipids serve as a crucial biomass source for ATP synthesis [49]. CD8<sup>+</sup> T cells accumulate specific long-chain fatty acids, resulting in reduced mitochondrial activity and triggering transcriptional changes, thereby diminishing the ability of TILs to extract energy from lipids through fatty acid oxidation, consequently suppressing their antitumor functions [49]. Studies have shown that increasing fatty acid catabolism with pharmacological agonists of PPAR further enhances the antitumor efficacy of TILs [50] (Fig. 3). Tumor cells also increase fat uptake through a high-fat diet (HFD), whereas tumor-infiltrating CD8<sup>+</sup> T cells do not, impairing function and accelerating tumor growth. Blocking metabolic reprogramming of tumor cells in obese mice and promoting beneficial fatty acids competition between tumor cells and CD8<sup>+</sup> T cells may improve anti-tumor immunity [51]. The cytotoxic T cells rely on pyruvate carboxylase (PC) to replenish TCA cycle intermediates. By contrast, lactate reduces PC-mediated anaplerosis, so the inhibition of pyruvate dehydrogenase (PDH) is sufficient to restore PC activity [51]. When type IVA phospholipase A was inhibited in T cells of breast cancer and melanoma, the lipid metabolism of T cells was reprogrammed, and the anti-tumor ability of T cells was enhanced [51].

Exhausted CD8<sup>+</sup> T cells exhibit diminished oxygen consumption, depolarized mitochondrial membrane potential, punctate mitochondrial morphology, loss of cristae ultrastructure, and decreased mitochondrial mass that negatively affect TILs function [37, 39, 43, 52–54]. Notably, the remaining mitochondria of exhausted T cells generate excessive ROS, regulating disease progression [43, 44, 54–57]. PGC1 $\alpha$  is the master regulator of mitochondrial programming [53, 56]. The activated AKT and BLIMP1 downregulate the expression of PGC1 $\alpha$ , disrupting mitochondrial



**Fig. 3 Metabolism patterns of immune cells in TME.** T cells exhibit different metabolic patterns under different activation states. Sufficient glucose facilitates NK cell proliferation and direct cytotoxicity. Resting-state DCs display OXPHOS ability, while activated DCs have vigorous glycolysis capacity. Tumor-derived MDSCs exhibit increased central carbon metabolism, including glycolysis, PPP, and the TCA cycle. The cytotoxic functions of M1-like macrophages are based on the high glycolytic metabolism and increased ROS production. M2-like macrophages mainly rely on FAO-derived OXPHOS and glutamine to promote tumor progression.

function in tumor cells [53, 56]. Moreover, overexpressing PGC1 $\alpha$  or glutathione peroxidase 1 (GPX1) or decreasing the degree of tumor hypoxia by NDUFS4-knockout or pharmacological intervention can alleviate the negative impact of ROS on TILs [40, 56]. The use of AKT inhibitors restored PGC1 $\alpha$  expression and augmented mitochondrial mass in solid tumors and chronic viral infections, indicating that the suppression of PGC1 $\alpha$  in CD8 $^+$  T cells is partially mediated by AKT and mTOR [53, 58].

#### NK cells

NK cells depend on highly increased glucose content to survive after full activation. Studies have shown sufficient glucose facilitates NK cells proliferation and direct cytotoxicity. GLUT1 helps NK cells utilize glucose to generate ATP and pyruvate, promoting glycolysis and OXPHOS, leading to elevated IFN- $\gamma$  and Fas ligands [59]. Transforming growth factor- $\beta$  (TGF- $\beta$ ) accumulated in TME induces NK cells to up-regulate fructose-1,6-bisphosphatase (FBP1), which inhibits glycolysis metabolism and disrupts the cell viability, ultimately resulting in the dysfunction of NK cells [60]. Therefore, FBP1 inhibition has been used as a new strategy to restore the function and viability of NK cells in vivo. Recent studies have also pointed out that the cholesterol accumulation in NK cells increases their anti-tumor ability by facilitating the formation of lipid rafts [61]. In addition, the hypoxic microenvironment in tumors harms the function of NK cells by downregulating activating signals, such as NKG2D, NKp30, CD16, and granzyme B, thereby limiting cytokine production and cytotoxicity and resulting in tumor metastasis [62]. When NK cells make direct contact with tumor cells to form an immune synapse in response to local energy consumption, the mitochondria of NK cells are depolarized, indicating a rapid consumption of their metabolic energy [63]. The STAT3-activated proliferating NK (STAT3-exNK) cells resist oxidative stress by up-regulating the glycolysis, down-regulating OXPHOS and the expression of the related proteins to oxidative damage, and up-regulating proteins expression associated with DNA repair [64]. Furthermore, STAT3-exNK cells flexibly utilize metabolic substrates through expressing enzymes related to one-carbon metabolism, folate metabolism, and serine synthesis pathways, whose metabolic flexibility and

adaptability can better adapt to the TME and exhibit enhanced anti-tumor ability.

#### Dendritic cells

DCs are the quintessential antigen-presenting cells (APC) in the immune system, which can efficiently ingest, process, and present antigens. The metabolism pattern of DCs in a resting state is mainly through oxidative phosphorylation, while activated DCs have vigorous glycolysis [65]. Changes in the lipid metabolism of DCs lead to a shift in its overall function. In both tumor-bearing mice and cancer patients, a notable proportion of DCs exhibit elevated triglyceride levels and reduced capacity for antigen processing. The effectiveness of cancer vaccines was greatly improved by normalizing lipid levels of DCs using an acetyl-CoA carboxylase inhibitor [48], suggesting that the enhanced cancer immune response is expected by regulating lipid levels of DCs.

#### Tumor-associated macrophages

There are two separate categories of tumor-associated macrophages (TAMs), which are stimulated by varying polarizing cytokines, including the pro-inflammatory (M1) state (activated by lipopolysaccharide alone or with Th1 cytokines), which usually has the anti-tumor function, and the anti-inflammatory (M2) state (activated by Th2 cytokines), which generally has a pro-tumor function. The metabolic profile of TAMs is indeed very dynamic. M1-like macrophages are generally associated with highly glycolytic metabolism and a robust ability to generate ROS, underlying their cytotoxic functions. Conversely, M2-like macrophages mainly rely on FAO-derived OXPHOS and glutamine for energy supply. Inhibition of FAO could polarize TAMs from M2 to M1 in mouse models of lung and colon cancer [66]. When glutamine-synthetase (GS) is inhibited in macrophages, the intracellular glutamine is reduced, glycolysis is increased, and the phenotype switches from M2 to M1. In vitro experiments demonstrate that glutamine ligase (GLUL) promotes the polarization of TAMs towards the M2 type by catalyzing the conversion of glutamate to glutamine [66]. Therefore, inhibiting glutamine uptake can promote the polarization of TAMs to M1. In contrast, colony-stimulating factor 1 (CSF1) released from tumor cells can

induce high expression of FASN in TAMs, producing fatty acids to activate peroxisome proliferator-activated receptor  $\delta$  (PPAR $\delta$ ). PPAR $\delta$  releases immunosuppressive cytokine IL-10 to downstream signals, thus inducing TAMs to polarize into type M2 [67]. In the early stage of tumor development, FABP5 is overexpressed by TAMs, which leads to more type I interferon (IFN-1) secretion and promotes an anti-tumor immune response. When the tumor is advanced, the high expression of FABP4 in TAMs can promote the signal transduction of IL-6/STAT3, thus promoting tumor development [68]. However, it remains to be seen whether TAMs can promote tumor development by supplying lipids directly, such as adipocytes. These above studies suggest the potential metabolic crosstalk between tumor cells and TAMs.

#### Myeloid-derived suppressor cells

Myeloid-derived suppressor cells (MDSC) accumulate in almost all malignancy patients. During maturation and activation, tumor-derived MDSCs exhibit increased central carbon metabolism, including glycolysis, PPP, and the TCA cycle. Through dynamic metabolic flux analysis, it has been found that MDSCs exhibited the Warburg effect during maturation, which produced about 95% of ATP through the glycolytic pathway and significantly increased glucose and glutamine uptake rates, accompanied by a decrease in oxygen consumption rate (OCR) [69]. Notably, the phosphoenolpyruvate, a metabolite of tumor-derived MDSCs during glycolysis, protects MDSCs from apoptosis and facilitates their survival [70]. MDSC consists of two major cell subsets, monocyte MDSCs (M-MDSCs) and granulocyte MDSCs (G-MDSCs), promoting tumor growth through non-immune or immunosuppressive mechanisms. G-MDSCs have also been reported to utilize glycolysis and OXPHOS in the tumor-bearing mouse model of nasopharyngeal carcinoma. Owing to the high glucose uptake rate of both tumor cells and MDSCs, immune cells do not have any metabolic elasticity to acclimate to low oxygen tension and limited glucose availability, resulting in dysfunction and death, indirectly facilitating tumor escape and progression [71].

### TUMOR-DERIVED METABOLITES MEDIATE TIME REMODELING

#### Lactic acid

Regardless of normal or hypoxic conditions, tumor cells consume glucose and produce large amounts of lactic acid, which can be accumulated on the cell membrane through MCTs (especially MCT4), forming an acidic TME and suppressing anti-tumor immune responses. In addition, lactic acid induces PD-1 expression on Tregs to suppress human T cell proliferation *in vitro*, indicating that lactic acid is an essential substrate for Treg cells [40, 72]. Tumor-derived lactic acid (TDLA) also reduces the number and activity of CD8<sup>+</sup> T cells and NK cells and increases the number of MDSC cells, resulting in accelerated tumor growth of B16 melanoma [4]. In addition, TDLA has a critical signaling function in the TME to induce M2 polarization. Specifically, expressions of pro-inflammatory M1 markers (e.g., iNOS, MCP1, IL-6) are lower at an acidic pH, while expressions of M2 markers (e.g., MRC1, arginase 1 (Arg1), chitinase-3-like protein) are higher. For example, El-Kenawi et al. discovered that the acidic TME contributes to the M2-polarization of macrophages in prostate cancer [6]. Moreover, adequate DC functions are required for sufficient T-cell activation, while the function of cancer-associated DCs is suppressed in the acidic TME (Fig. 4) [5].

#### PGE2

PGE2, an essential regulator for cell growth and inflammatory mediators, participates in the immune response as an immunosuppressive factor through autocrine and paracrine. Studies have shown that the PGE2 secreted by CAFs can stimulate angiogenesis, thereby inducing tumor cell invasion and metastasis. In addition, tumor cell-derived PGE2 converts M1-type macrophages

into cancer-promoting M2-type macrophages [9, 73] and promotes the immunosuppressive functions of MDSCs [10]. Moreover, PGE2 promotes the differentiation of Treg cells, inhibiting IL-2 and IFN $\gamma$  of T cells and activating the cAMP-PKA pathway, resulting in CD8<sup>+</sup> T cell growth arrest [74]. PGE2 can further impede T cell infiltration by downregulating conventional type 1 dendritic cells (cDC1) mediated by NK cells, contributing to cancer immune evasion (Fig. 4) [11].

#### Fatty acids

Emerging evidence supports that fatty acids can regulate immune cells through intracellular signaling. Treg cells predominantly utilize fatty acid oxidation for their metabolism, whereas the activity of conventional CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells is impaired [75]. Elevated *de novo* fatty acid synthesis in tumor cells supports the proliferation, differentiation, and function of MDSCs. Abnormal accumulation of short-chain fatty acids, long-chain fatty acids (LCFAs), and cholesterol can be observed in immunosuppressive cells, such as MDSCs. Polymorphonuclear MDSCs (PMN-MDSC) pathologically activated neutrophils and overexpress FATP2 by activating the transcription factor of STAT5, thus promoting immune suppressive activity [76]. Studies have found that the accumulation of specific LCFAs in CD8<sup>+</sup> T cells in pancreatic cancer impairs the function of mitochondria and reduces the fatty acid catabolism, thereby exacerbating the accumulation of LCFAs and very-long-chain fatty acids (VLCFAs) that mediate lipotoxicity. In addition, TAMs express high levels of the scavenger receptor CD36 to accumulate lipids and use FAO instead of glycolysis to provide energy, which is critical for the differentiation and pro-tumor function of TAMs in the TME [77].

#### Cholesterol

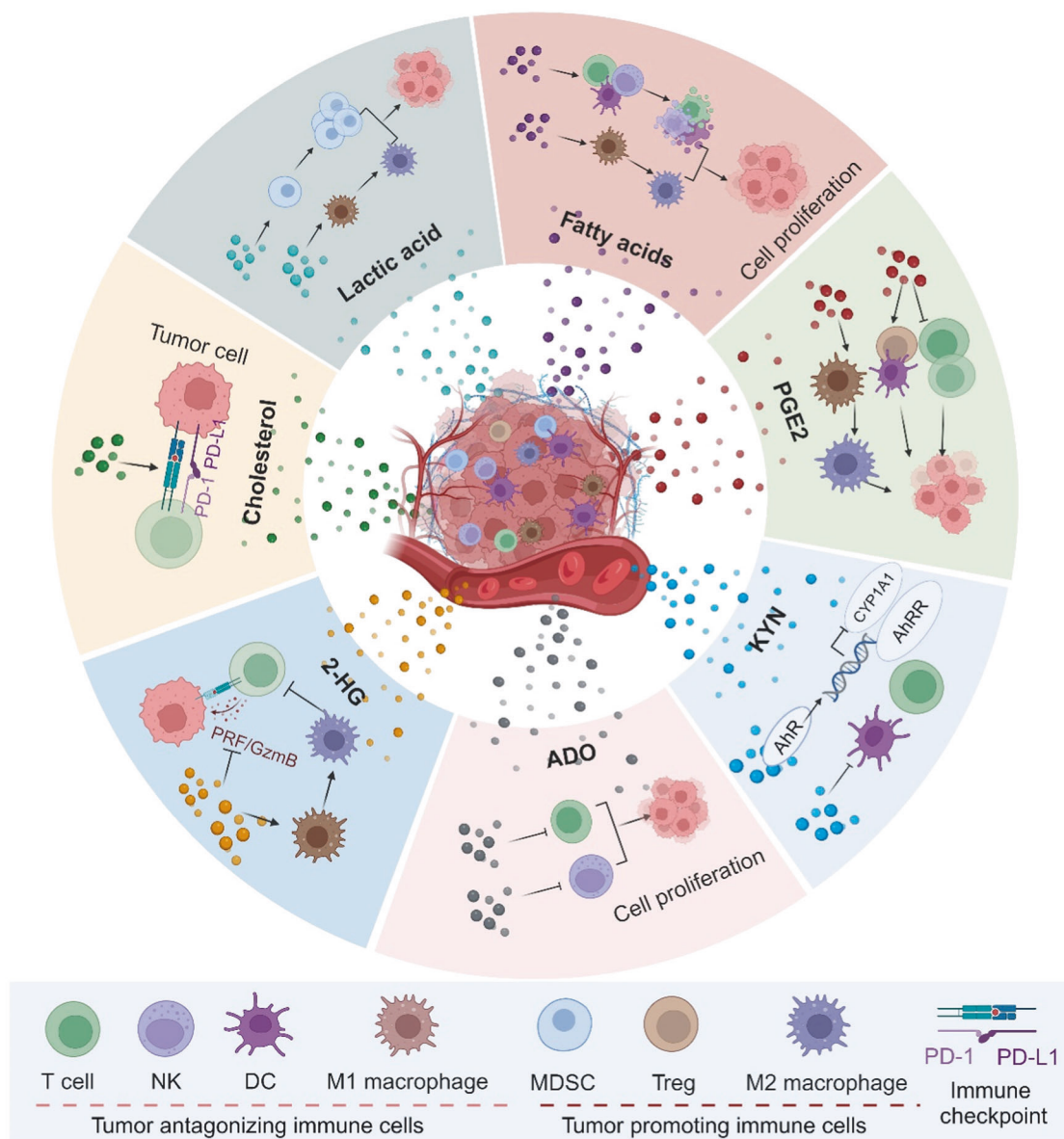
Cholesterol is one of the essential components of the cell membrane, and its high expression helps tumor cells evade immune surveillance. Studies have shown that high cholesterol expression predisposes immune cells to apoptosis, along with higher expression of immune checkpoint molecules such as PD-1, LAG-3, and TIM-3. Sustained expression of immune checkpoints on T cells considerably dampens their function and induces cell exhaustion (Fig. 4) [15].

#### 2-HG

2-HG suppresses antitumor T-cell responses through direct and indirect mechanisms. Within the isocitrate dehydrogenase (IDH)-mutant glioma microenvironment, impaired antitumor T-cell immunity is partly due to the intracellular accumulation of 2-HG generated by the mutant IDH, which reduces the production of chemokines that typically attract CD8<sup>+</sup> T cells to tumors [12]. Additionally, 2-HG can be exported from tumor cells, directly inhibiting effector T-cell function [12]. Furthermore, 2-HG-mediated infiltration of monocyte-derived macrophages (MDMs) with an immunosuppressive phenotype further suppresses T cell activity and proliferation [78]. In preclinical models, inhibition of IDH reactivates T-cell activity and reprograms the immunosuppressive myeloid phenotype, thereby reversing 2-HG-mediated immune suppression [78]. Therefore, using IDH inhibitors can potentially enhance the sensitivity of IDH-mutant glioma to immunotherapy.

#### Adenosine (ADO)

ADO is a joint chemotherapy-associated immune checkpoint that hinders the anti-tumor immunity-mediated efficacy of chemotherapy. Inhibiting ADO generation improved the density and activity of CD8<sup>+</sup> T cells and NK cells, relieving the immunosuppressive microenvironment and leading to a substantial proliferation inhibition of breast cancer cells (Fig. 4) [13, 79]. In addition, facilitating the release of immunostimulatory ATP and reducing the levels of immunosuppressive extracellular ADO can effectively



**Fig. 4 Tumor-derived metabolites mediate TIME remodeling.** Tumor-derived lactic acid (TLA) increases the number of MDSC cells and induces M2 polarization. Fatty acids can cause the conversion of M1 macrophages to M2 macrophages and inhibit the function of T cells, NK cells, and DC cells. High cholesterol esterification rates in tumors impair T-cell responses. Accumulation of 2-HG reduces the production of chemokines that typically attract CD8<sup>+</sup> T cells to tumors. Furthermore, 2-HG-mediated infiltration of MDMs with an immunosuppressive phenotype further suppresses the activity and proliferation of T cells. ADO inhibits the density and activity of CD8<sup>+</sup> T cells and NK cells. The immunosuppressive effect of KYN in the TME is predominantly mediated by the AhR. After entering the nucleus, AhR regulates the transcription of CYP1A1 and AhRR and regulates T cell and DC cell function.

eliminate melanoma and colorectal adenocarcinoma by recruiting ectonucleotidases CD39-expressing immune cells [80].

#### Kynurenine (KYN)

The metabolism of KYN by indoleamine-2,3-dioxygenase (IDO1) or tryptophan-2,3-dioxygenase (TDO2) is a critical link in constitutive and adaptive tumor immunity [14]. The immunosuppressive effect of KYN in the TME is predominantly mediated by the aryl hydrocarbon receptor (AhR), a cytosolic transcription factor that widely suppresses immune cell function [14]. AhR binds to different ligands such as 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD), benzo[a] pyrene (BaP), Trp catabolic products, and kynurenic acid (KA), and then translocates to the nucleus, where it regulates the transcription of CYP1A1 and AhR repressor (AhRR) by binding to the dioxin response elements (DREs) in their

promoter region [81]. In addition, AhR modulates the maturation and function of DCs, regulates the generation and function of Tregs, and inhibits tumor-specific CD8<sup>+</sup> T cells [82–84] (Fig. 4). Therefore, inhibition of AhR offers an opportunity for antitumor therapy via restoring immune system functions. Recent studies have linked the presence of KYN and IDO activity to the resistance to anti-PD-1 therapy [85], suggesting that inhibition of AhR may also provide new insights into immunosuppressive treatment.

#### TARGETING METABOLISM FOR CANCER THERAPY

Cancer cells use metabolic reprogramming to produce ATP and maintain redox homeostasis and biosynthesizing substances required for tumor cell survival. This contributes to immune escape and metastatic invasion of tumor cells. Therefore, targeting

**Table 1.** Small molecules in clinical trials targeting cancer metabolism.

Metabolism	Target	Inhibitor	Classification	Indication	References
Glucose metabolism	HK2	3-Bromopyruvate	Glycolysis	Multiple myeloma	[111]
	GLUT1	STF-31	Glucose transport	Liver cancer Lung cancer Breast cancer	[112–114]
		Bay876			
		Glutor			
		WZB117			
GLUT4	Ritonavir	Glucose transport	Multiple myeloma	[115]	
MCT1	AZD3965	Lactate transport	Lymphoma Breast cancer	[116, 117]	
LDHA	GSK2837808A GNE-140 NCI006 Galloflavin	Lactate synthesis	Breast cancer Hepatocellular	[118]	
Glutamine metabolism	Glutamine	DRP-104	Glutamine	Lymphoma	[119]
	GLS	CB-839	Glutaminase	TNBC Hematological-malignancies Liver cancer Ovarian cancer Renal cell cancer Non-small cell lung cancer	[120, 121]
		C-968			
		BPTES			
ASCT2	V-9302	Glutamine catabolism	Colorectal cancer Breast cancer Liver cancer	[122–124]	
Lipid metabolism	FASN	TVB-2640 C75	Fatty acid synthesis	Breast cancer Prostate carcinoma Colorectal cancer	[125, 126]
	ACLY	Hydroxycitricacid SB-204990	Fatty acid synthesis	Leukemia Lung cancer	[127, 128]

tumor metabolism by exploiting the metabolic differences between tumor cells and normal cells becomes a promising anti-cancer strategy.

#### Metabolic intervention in tumor cells

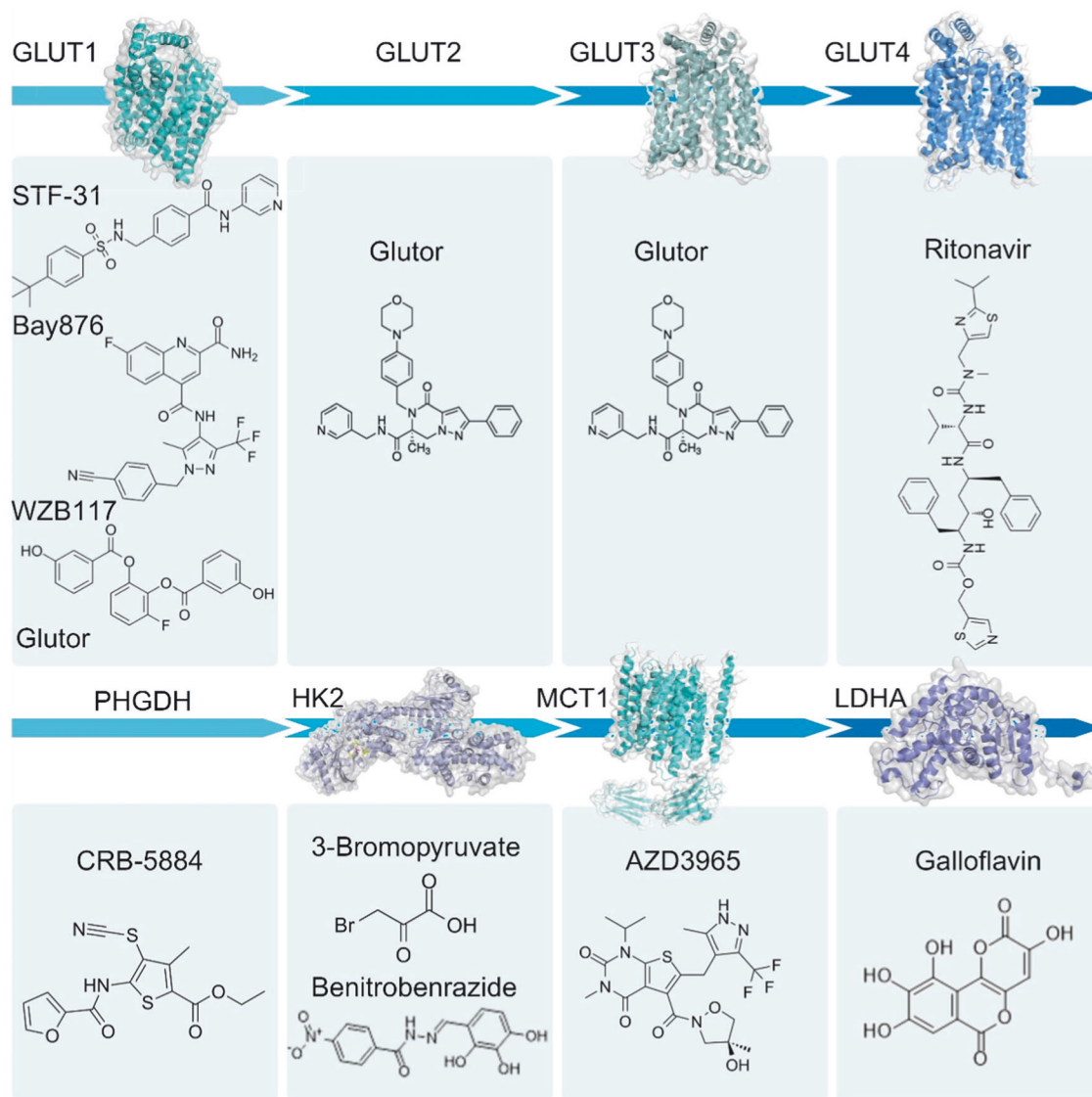
Increased glucose uptake is a characteristic hallmark of various tumors, inhibition of which is considered a promising therapeutic direction for cancer therapy (Table 1). The most successful example approved for targeting glucose metabolism is metformin, which induces energy stress and the activation of the AMPK signaling pathway, further inhibiting hepatic gluconeogenesis and activating glycolysis. In addition, metformin induces the dissociation of HK2 in mitochondria by specifically binding to the site of G-6-P, thus altering the subcellular localization of HK2 [86]. Other markers associated with glucose metabolism that can be targeted include GLUT1/2/3/4, PHGDH, MCT1, and LDHA, and are currently being investigated in preclinical studies (Fig. 5). However, targeting aerobic glycolysis has not been successfully exploited clinically. For example, the inhibitor of glycolysis, 2-deoxyglucose, has been proven to have undesirable side effects and limited efficacy in humans [87]. Similarly, markers associated with glutamine metabolism that can be targeted mainly include GLS, ASCT2, SLC6A14, and GAC (Fig. 6). For example, the clinically tested CB-839, co-crystallized with GLS1 [88], is a particular metabolic inhibitor of GLS. In contrast to GLS1-specific inhibition, 6-diazo-5-oxo-L-norleucine (DON) covalently binds to multiple glutamine enzymes. Although DON has remarkable anti-tumor activity, it poses challenges for precision therapies due to drug resistance development [89].

In addition to the above-mentioned metabolism patterns, tumor cells rely on lipid uptake, lipid catabolism, and lipid biosynthesis. Markers associated with fatty acid metabolism mainly include FASN and ACLY (Fig. 7). Metformin can inhibit the lipogenesis, adipocyte-mediated proliferation, and metastasis of ovarian tumors, a therapeutic option in the early stages of ovarian cancer [90]. The combination of metformin with fatty acid synthase inhibitors can affect the survival of diffuse large B-cell

lymphoma (DLBCL) cells by regulating de novo fatty acid synthesis, thus exerting anti-tumor effects. Although many tumors depend on fatty acid oxidation [91], particular inhibitors for fatty acid oxidation are still lacking.

#### Clinical application of metabolic regulatory drugs combined with immunotherapy

Currently, checkpoint blockade and adoptive T-cell therapy (ACT) in the form of chimeric antigen receptor (CAR)-T cells represent the two clinically approved cancer immunotherapies. In addition to targeting tumor metabolism and regulating immune metabolism, metabolic therapy can also potentially enhance antitumor immune responses. For instance, blocking lactate released from tumor cells or inhibiting carnitine palmitoyltransferase can activate antitumor immunity and improve immunotherapy [92–95]. Additionally, targeting specific amino acid pathways and nucleotide metabolism can enhance tumor sensitivity to immunotherapy [14, 96, 97]. The first oral small-molecule inhibitor, ivosidenib, approved by the FDA for the treatment of IDH1-mutated acute myeloid leukemia (AML), was also used to treat the chemotherapy-refractory cholangiocarcinoma with IDH1 mutations [98, 99]. Another notable example involves the progress of IDO1 inhibitors. Numerous preclinical investigations have highlighted the potent effect of IDO1 inhibitors in activating antitumor immunity and in synergy with anti-PD-(L)1 therapy [100]. Subsequent clinical phase I/II trials evaluated epacadostat in combination with pembrolizumab (ECHO-202; NCT02178722) and epacadostat plus nivolumab (ECHO-204; NCT02327078) demonstrate promising antitumor activity [98]. In addition, direct targeting of metabolic reprogramming can also sensitize tumor cells to radiotherapy and chemotherapy. For instance, ascorbate sensitized non-small-cell lung cancer and glioblastoma multiforme (GBM) cells to radiotherapy and chemotherapy by disrupting intracellular iron metabolism [101] and targeting estrogen-related receptor  $\alpha$ -sensitized tumors to immunotherapy by downregulating energy metabolism in tumor cells [102]. CAR-T cells are generated through ex vivo activation and expansion, offering



**Fig. 5** Inhibitors for glucose metabolism.

opportunities for metabolic modulation. Expanded T cells in the presence of glycolysis or AKT inhibitors can promote the generation of memory cells, thereby improving their persistence and functionality upon adoptive transfer to tumor-bearing mice [103, 104]. Furthermore, overexpression of phosphoenolpyruvate carboxykinase 1 (PCK1), which converts oxaloacetate (OAA) into phosphoenolpyruvate (PEP) to genetically engineer T cells, has been demonstrated to improve the effectiveness of T cells transferred adoptively [34]. Alternatively, pharmacologically promoting mitochondrial fusion and inhibiting mitochondrial fission can lead to superior control of adoptively transferred T cells by enhancing memory generation with increased mitochondrial mass, OXPHOS, and spare respiratory capacity [105]. Even after adoptive cellular therapy, continuous administration of glutamine metabolism inhibitors is expected to control tumor growth and foster enduring memory in metastasized cells [106].

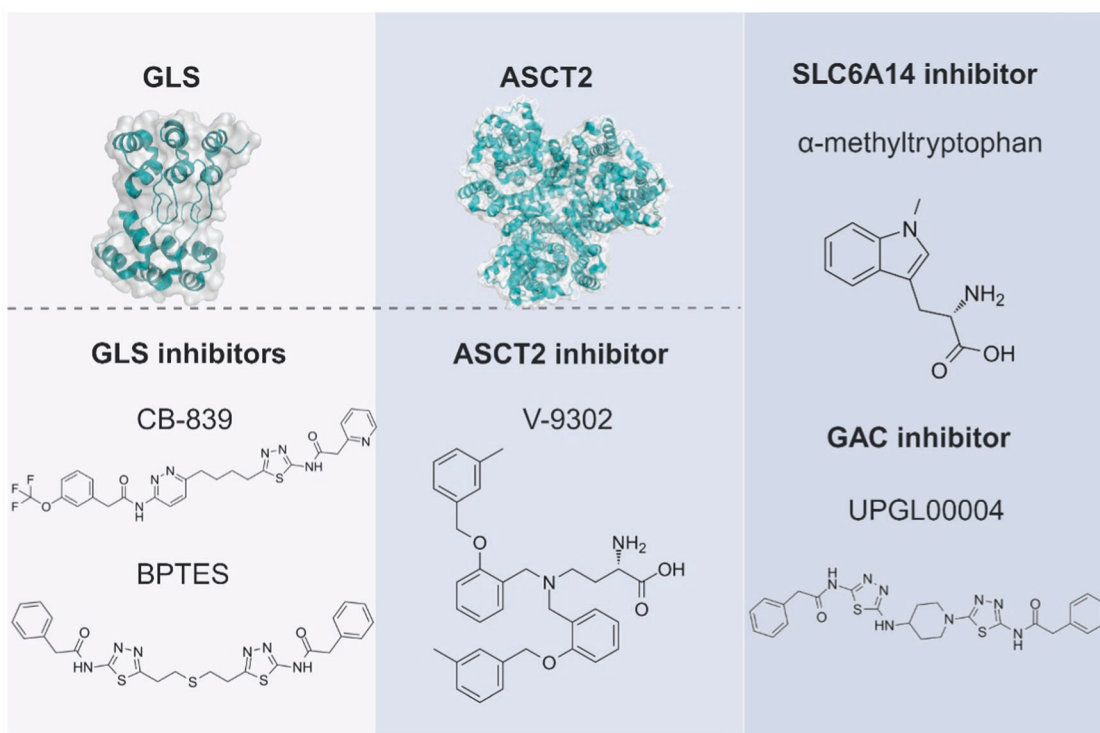
## CONCLUSION

The metabolic alterations in cancer cells significantly impact the immune system in recognizing and presenting antigens. Conversely, metabolic reprogramming of immune cells affects the function of tumor cells, leading to variations in local immune

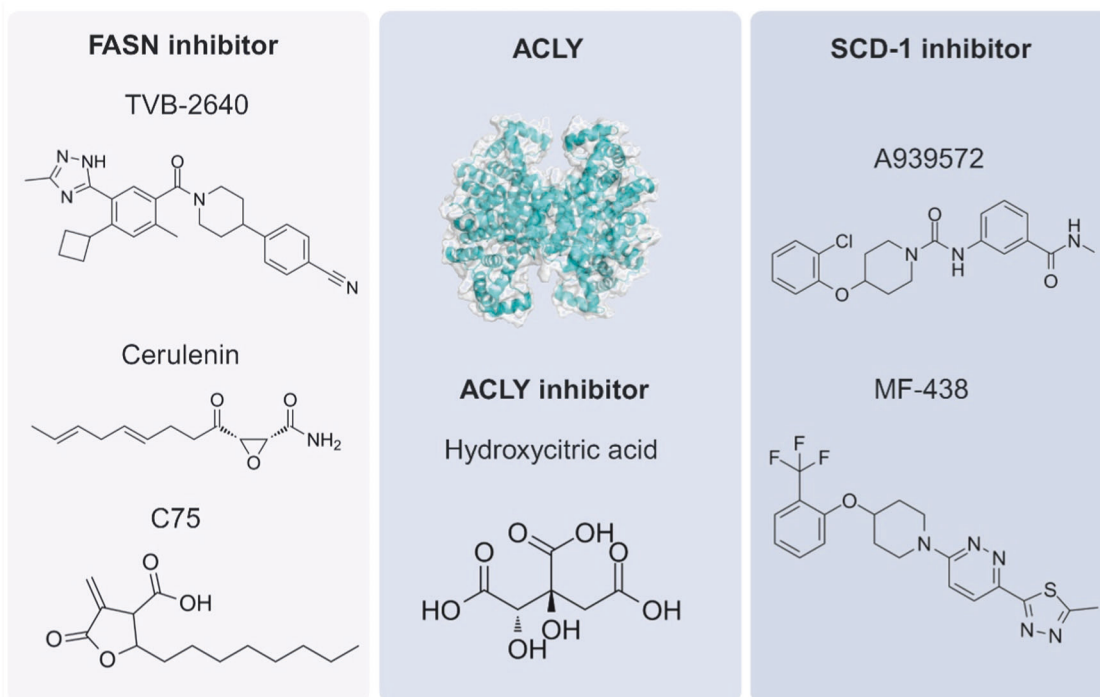
activity [107]. In addition, certain specific metabolites in TME, such as adenosine,  $\text{Ca}^{2+}$ ,  $\text{K}^+$ , and  $\text{Cl}^-$ , suppress the antitumor immune response. Although ATP has an immunostimulatory effect, adenosine suppresses the effector functions of immune cells [108]. The antagonism of the adenosine A2A receptor can improve the effector function of  $\text{CD8}^+$  T cells. Moreover, the adenosine A2A receptor targeted therapy combined with CAR T cell therapy enhances the treatment efficacy in breast cancer [109]. The inhibition of extracellular adenosine (eADO)-generating enzymes and eADO receptors can promote the function of T cells and NK cells function, inhibiting the pro-tumor effect of myeloid cells and other immunomodulatory cells by promoting the antigen presentation [108]. Furthermore, T cell function can be disrupted by the low pH environment resulting from the imbalance of  $\text{Ca}^{2+}$ ,  $\text{K}^+$ , and  $\text{Cl}^-$  in the TME [110]. So, the comprehensive knowledge and skillful manipulation of the interaction between malignant cells and the body's defense mechanism within the TME could enhance the efficacy of immunotherapy.

Compared with malignant tumor cells, immune cells exhibit unique metabolic characteristics. The failure of GLS and IDO inhibitors (epacadostat) in clinical trials has inspired a greater understanding of the interdependent metabolic functions of cancer cells and host cells and the overlapping pathways





**Fig. 6** Inhibitors for glutamine metabolism.



**Fig. 7** Inhibitors of lipid metabolism.

contributing to metabolic adaptation and evasion of therapeutic intervention. Hence, insights into the unique metabolic patterns of immune cells enable us to improve the surveillance ability and inhibition effect on tumor progression of the immune system. For example, while aerobic glycolysis may be an obvious therapeutic target due to its vital role in supporting the growth of cancer cells, the same metabolic processes are also critical for optimal immune

cell effector function in anti-tumor immune responses. It is crucial to have a comprehensive understanding of the intricate interplay between cancer cells and host cell metabolism and the redundant mechanisms that regulate their co-dependence within TME. Therefore, in future research, it would be prudent to focus on developing a strategy that inhibits cancer cell metabolism and maintains the effectiveness of anti-tumor immune cells. In

addition, methods for assessing and measuring the metabolic characteristics of cancers need to be further improved, for example, the use of metabolomics, isotope tracking, and metabolic imaging techniques, which may eventually allow clinical oncologists to tailor treatment strategies by matching treatments to the metabolism of patient-specific tumors.

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## ADDITIONAL INFORMATION

**Competing interests:** The authors declare no competing interests.

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