ARTICLE



CYP3A5 gene polymorphisms and their impact on dosage and trough concentration of tacrolimus among kidney transplant patients: a systematic review and meta-analysis

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Abstract

Tacrolimus is an immunosuppressive drug widely used in kidney transplantation. Cytochrome P450 3A5 (CYP3A5) protein is involved in tacrolimus metabolism. Single nucleotide polymorphism in the *CYP3A5* gene (6986A>G) results in alteration in metabolic activity of CYP3A5 protein which eventually affects the tacrolimus concentration. Patients with *CYP3A5* expresser genotypes (A/A *1/*1 and A/G *1/*3) metabolize tacrolimus more rapidly than *CYP3A5* nonexpressers (G/G *3/*3). We performed meta-analysis to estimate the effect of *CYP3A5* polymorphism on the trough concentration–dose ratio (Co/D) and risk of renal allograft rejection with similar post-transplant periods and Asian vs. European populations. Our results showed that the tacrolimus Co/D ratio is significantly lower in CYP3A5 expresser group as compared with nonexpresser in Asian as well as in European populations at any post-transplant period (p < 0.00001). No significant association was found with renal allograft rejection episodes between expressers and nonexpressers in European populations (OR: 1.12; p = 0.47). Interestingly, Asian population (with expresser genotypes) and patients after 3 years post-transplantation (with expresser genotypes) have a higher risk of rejection (OR: 1.62; p < 0.05), (OR: 1.68; p < 0.05), respectively. This could be due to high prevalence of expresser genotypes in Asian population. Few tacrolimus-based studies are identified with long-term graft survival. There is a need to have more studies looking for long-term graft survival in expresser as well as no-expresser groups especially in Asian populations who have high frequency of CYP3A5 functional genotype.

Introduction

Tacrolimus (Prograf, PK-506) is a potent immunosuppressive drug widely used in renal transplantation. It acts as calcineurin inhibitor and prevents T-cell activation by inhibiting phosphatase calcineurin [1]. Hence, it may lower the risk of renal allograft rejection mediated by T cells (TCMR). The optimum drug dose and plasma concentration level of tacrolimus are desired for stable graft functioning. Subtherapeutic tacrolimus drug concentration initiates allograft rejection while

Aiysha Abid aiyshaabid@gmail.com supratherapeutic levels of tacrolimus result in drug toxicity, infections, fibrosis, etc [2–5]. Thus, a very fine margin between sub- and supratherapeutic levels is maintained based on tacrolimus dosage and its metabolism in renal transplantation.

Cytochrome P450 (CYP) 3A5 isoenzymes are identified as the major enzyme responsible for tacrolimus metabolism. Single nucleotide polymorphism in the CYP3A5 gene (rs776746; 6986A>G) results in a change in metabolic activity of CYP3A5 protein which ultimately affects the tacrolimus concentration [6]. The CYP3A5-A reference allele (also known as *1) codes for a functional CYP3A5 protein. Individuals carrying homozygous AA (*1/*1) or heterozygous AG (*1/*3) CYP3A5 genotypes exhibit rapid enzymatic metabolizing rate for tacrolimus, hence categorized as rapid and intermediate drug metabolizers, respectively. Both these genotypes (AA and AG) of CYP3A5 are categorized as expressers. On the other hand, homozygous GG (*3/*3) genotype has a nonfunctional CYP3A5 protein that shows poor tacrolimus metabolism, hence known as nonexpresser.

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The tacrolimus pharmacokinetics may vary with the presence of *CYP3A5* gene polymorphism, ethnicity, and post-transplantation period [7]. Systematic reviews have evaluated the effect of *CYP3A5* gene polymorphism on tacrolimus pharmacokinetics in adults and pediatric renal transplant population [7–11]. These studies have shown significantly higher tacrolimus trough concentration divided by daily dose per body weight (Co/D) in patient carrying *CYP3A5* (GG or *3/*3) polymorphism i.e., nonexpresser, than expresser *CYP3A5* (AA or *1/*1) at various post-transplant time (<1, 3–9, 12–24, 36–60 months). These analyses have certain limitations as they lack pooled studies with similar clinical covariates, ethnicity, and post-transplantation duration.

In this meta-analysis, we aim to analyze studies with similar clinical covariates (such as donor type, living/ deceased donor), ethnicity (Caucasians/Asian), region (European/Asian/American), post-transplant time (weeks/ months) with *CYP3A5* gene polymorphism, and tacrolimus pharmacokinetics (Co/D). Further, to investigate the impact of *CYP3A5* polymorphism on the tacrolimus and subsequently on rejection event(s) on the short/long-term renal graft survival.

We systematically collected and combined the published data on the effect of *CYP3A5* gene polymorphism on tacrolimus pharmacokinetics and performed meta-analysis to evaluate the inconsistence in the result of various studies that might be due to the chance variation, sample size, ethnic/geographic difference, or low power studies.

Meta-analysis

Literature search strategy and sources

The review protocol used for this study was not preregistered. Literature was searched for the relevant studies from the electronic databases of the PubMed, Google Scholar, EMBASE, and Cochrane library published by March 2019. Keywords used for the search were related to the TAC (Tacrolimus, FK506, and Prograf), Cytochrome P450 gene polymorphisms (CYP3A5*3 and CYP3A5*1) in transplantation (renal or kidney). No language limitations were applied in search and only human species based studies were included. To expand the relevant articles search, the references cited in the retrieved articles were further explored. The databases search was conducted by two researchers independently.

Data extraction and eligibility criteria

The selected articles were screened for the relevance of data according to the eligibility criteria. The articles were

scrutinized by three independent researchers and conflicting issues were resolved through discussions. The information extracted from each selected study includes first author name, year of publication, study design, total number of cases/controls, age group, ethnicity, and CYP3A5 genotyping (CYP3A5*1/*1, CYP3A5*1/*3, and CYP3A5*3/*3) among renal transplant patients. Data regarding tacrolimus drug administration such as initial drug dose/ strength, mode of administration (Oral), number of doses per day (BD), the measurement of tacrolimus trough levels in blood, and calculated tacrolimus trough level/dose (Co/D) levels at various posttransplant time were also included. Studies that reported incidence of rejection (acute) episodes and pharmacokinetic data on tacrolimus classified according to the CYP3A5 gene polymorphism of the renal transplant patients were separately analyzed.

Sufficient data for the evaluation of statistical significance

The eligible studies were selected to meet the following criteria: (1) original studies with appropriately presented data; (2) inclusion of only renal transplant-based studies provided either (a) tacrolimus (Co/D) levels between *CYP3A5* expresser and nonexpresser or (b) tacrolimus (Co/D) levels in rejection and nonrejection as events between *CYP3A5* expresser and nonexpresser.

The studies were excluded on the basis of insufficiency of data presented in the article, involving either transplant patients other than renal or combined transplantation (renal and pancreas etc). Review articles were also omitted. Only published studies were used for data extraction. Corresponding authors were contacted via email for any additional information.

Statistical analysis

Forest plots were generated for tacrolimus pharmacokinetic studies using Review Manager Software (RevMan, version 5.3). Continuous data were analyzed by the inverse variance method and association of tacrolimus Co/D with *CYP3A5* gene polymorphism was determined by standard mean difference (SMD). On the other hand, dichotomous data (data regarding expressers and nonexpressers group) were analyzed by the Mantel–Haenszel (M–H) method and the strength of their association with rejection was determined by the odds ratio (OR).

Heterogeneity (I^2) among the studies was calculated using Higgins I^2 statistic and chi-squared (χ^2) tests. The range of heterogeneity was 0–100%. Based on heterogeneity value, either fixed or random effect model was used to calculate the effect size of the study. For heterogeneity of >50% or $P \le 0.05$, the random-effect model was used. Furthermore, variance among the selected studies was calculated by Tau² using random-effect model.

Articles' (publication) biases were assessed by the Egger's rank correlation test and Begg's regression tests, respectively [12, 13]. Both tests were performed using Metaphor, a meta-analysis package for R [14, 15]. A *P* value ≤ 0.05 was considered as significant publication bias.

The cumulative effect of the studies was determined by the *Z* score. A *Z* score \geq 1.96 or *P* value \leq 0.05 indicates that the genotype is in significant association with (a) tacrolimus Co/D levels and (b) renal allograft rejection events.

Results

Meta-analysis

Study selection and characteristics

The course of study selection for the association of the *CYP3A5* gene polymorphism with tacrolimus pharmacokinetics and rejection is given in Fig. 1. Electronic databases were searched using predefined search strategy. Initial databases search retrieved (n = 777) articles using various MeSH terms. All of the results were entered in the Endnote software for title and abstract screening.

We excluded n = 725 studies comprising duplicating articles (n = 424), reviews (n = 71), drug doses 1 vs. 2 (n = 21), non-renal transplant population (n = 60), drug predicting model (n = 18), drug interaction (n = 7), CYP detection methodology (n = 12), meta-analysis (n = 7), desired Tac Co/D unit not present (n = 16), and lack of Tac Co/D data (n = 89). Finally, a total of n = 52 articles were identified for data assessment for the meta-analysis.

The main characteristics of the studies included in this meta-analysis to investigate the *CYP3A5* gene polymorphism with tacrolimus pharmacokinetics (Co/D; n = 27) and rejection episodes (n = 25) are provided in Supplementary Tables 1 and 2, respectively. The selected studies were published between 2003 and 2018.

Tacrolimus C_o/D studies among renal transplant patients

Overall, a total of 15 studies were carried out in Europe including two studies from Belgium, four from Italy, three from Netherland and Spain, two from France, and one from Poland. These studies comprised Caucasian populations at large. However, seven studies involved mix populations i.e., Caucasian (76–98%) and African/Asian (2–29%).

There were twelve studies published from Asian region; five studies from China, four from Korea, two from Japan,

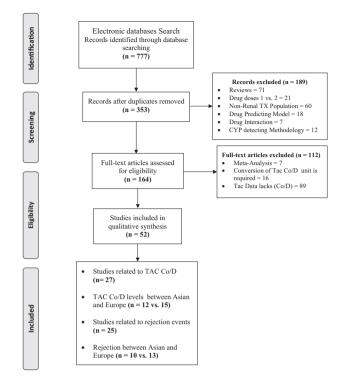


Fig. 1 Flow diagram depicting the selection procedure of eligible studies.

and one from Jordan. A majority of these studies were cohort study designed based on either hospital or institute/ university.

Tacrolimus Co/D ratio with time intervals among Asian transplant patients The studies involving the tacrolimus Co/D ratio among Asian populations (n = 12) with *CYP3A5* genotypes were classified according to post-transplant periods as 1 week, 2 week, 3–4 weeks, 3–6 months, and 12 months. The results showed no significant heterogeneity among the mean differences of Tac Co/D among Asian populations. A significantly low SMD (-1.35, -1.39, -1.15, -1.24, -1.02, and -1.10) in all time intervals revealed that there is highly decreased cumulative Co/D ratio in Asian expresser *CYP3A5* genotypes (Fig. 2).

Tacrolimus Co/D ratio with time intervals among European transplant patients The analysis of 15 studies of European population of *CYP3A5* genotype also divided into six different time intervals following transplantation (1 week, 2 week, 3–4 weeks, 3 months, 6 months, and 1 year) showed that there was no significant heterogeneity among the mean differences. There was a significantly low SMD (-0.37, -1.01, -1.05, -0.95, -0.96, -0.77) in all time intervals, which means there is a decrease cumulative Co/D ratio in European expresser *CYP3A5* genotypes (Fig. 3).

Week 1:

	Exp	oresser		Non-expresser				Std. Mean Difference	Std. Mean Difference		
Study or Subgroup	Mean	Mean SD Total		Mean	SD	Total	Weight IV, Fixed, 95% Cl		IV, Fixed, 95% CI		
Chen 2009	36.98	11.6	38	78.25	31.37	29	18.8%	-1.82 [-2.40, -1.24]			
Li 2011	70.8	33.4	21	130.1	75.6	15	12.5%	-1.06 [-1.77, -0.35]			
Min 2010	127.09	69.4	29	220.99	108.95	33	22.4%	-1.00 [-1.53, -0.47]			
Zhang 2005	39.4	16.55	48	102.3	51.2	70	36.2%	-1.53 [-1.95, -1.11]			
Zhang 2010	54.93	27.3	15	80.98	27.3	13	10.2%	-0.93 [-1.71, -0.14]			
Total (95% Cl)			151			160	100.0%	-1.35 [-1.60, -1.10]	◆		
Heterogeneity: Chi ² =	6.70, df=	4 (P =	0.15); P	²= 40%				-			
Test for overall effect	Z=10.51	(P < 0.		-2 -1 0 1 2 C _v /D ratio decrease C _v /D ratio increase							
				•					· •		

Week 2:

	Study or Subgroup	Ex Mean	presse SD	r Total	Non-e Mean	Non-expresser Mean SD Total			Std. Mean Difference IV, Fixed, 95% Cl	Std. Mean Difference IV. Fixed, 95% Cl	
_	Li 2011	69.6	24.36	76	126.9	54.3	66	80.7%	-1.39 [-1.76, -1.02]	Í	
	Sireen 2013	29.9	5.8	2	44.1	25.23	32	5.3%	-0.56 [-1.99, 0.88]		
	Zhang 2010	59.61	33.9	15	118.58	33.9	13	14.0%	-1.69 [-2.57, -0.81]		
	Total (95% CI)			93			111	100.0%	-1.39 [-1.72, -1.06]	•	
	Heterogeneity: Chi ² =	1.73, df	= 2 (P =	0.42);	l² = 0%						
	Test for overall effect	Z = 8.21	(P < 0.	00001)						C /D ratio decrease C /D ratio increase	

3-4 Weeks:

	Ex	presse	r	Non-expresser Std. Mean				Std. Mean Difference	ence Std. Mean Difference		
Study or Subgroup	Mean SD Total			Mean	SD	SD Total Weight IV, Random, 95% Cl			IV, Random, 95% Cl		
Cho 2012	59.4	44.6	26	127.7	88.6	44	30.6%	-0.90 [-1.40, -0.39]			
Miura 2009	76.9	30.97	53	172.2	147.1	45	34.8%	-0.93 [-1.34, -0.51]			
Zhang 2005	43.07	13.07	48	103.2	47.5	70	34.7%	-1.59 [-2.01, -1.17]			
Total (95% CI)			127			159	100.0%	-1.15 [-1.60, -0.69]	•		
Heterogeneity: Tau ² =	0.11; C	hi² = 6.2									
Test for overall effect:	Z = 4.92	? (P < 0.	 Cູ/D ratio decrease ັCູ/D ratio increase								

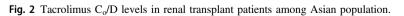
3 Month:

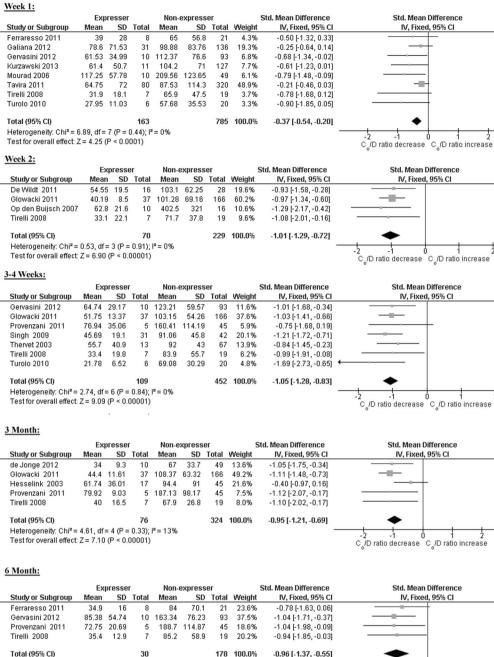
	Ex	presse	r	Non-expresser				Std. Mean Difference	Std. Mean Difference		
Study or Subgroup	Mean SD Total		Mean	SD	Total	Weight	IV, Fixed, 95% Cl	IV, Fixed	, 95% Cl		
Chen 2009	70.8	39.6	38	144.73	78.76	29	24.1%	-1.22 [-1.75, -0.70]			
Cho 2012	62.9	58	26	136.5	75.8	44	25.3%	-1.04 [-1.56, -0.53]			
Zhang 2005	53.07	22.9	48	150.3	85.3	70	39.8%	-1.43 [-1.85, -1.02]			
Zhao 2005	77.53	44.74	11	153.63	86.79	19	10.8%	-0.99 [-1.78, -0.20]			
Total (95% Cl)			123			162	100.0%	-1.24 [-1.50, -0.98]	•		
Heterogeneity: Chi ^z = 1.79, df = 3 (P = 0.62); i ^z = 0% Test for overall effect: Z = 9.33 (P < 0.00001) C ₂ /D ratio decrease C ₂ /D ratio increa											

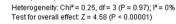
6 Month:

	Expresser Non-expresse							Std. Mean Difference	Std. Mean Difference		
Study or Subgroup	Mean	SD	Total	Mean SD Tota		Total	Weight	IV, Fixed, 95% Cl	IV, Fixed, 95% Cl		
Chen 2009	74.23	39.8	38	171.68	101.87	29	13.8%	-1.31 [-1.85, -0.78]			
Cho 2012	58.5	30	26	146.5	93	44	14.4%	-1.14 [-1.67, -0.62]			
Hirano 2012	40.3	24.7	18	74	61.5	32	11.2%	-0.64 [-1.24, -0.05]			
Ro 2012	75.1	43.8	111	142.7	68.6	138	54.1%	-1.14 [-1.41, -0.88]			
Zhao 2005	92.25	65.39	11	170.3	100.65	19	6.5%	-0.85 [-1.62, -0.07]			
Total (95% CI)			204			262	100.0%	-1.09 [-1.29, -0.89]	◆		
Heterogeneity: Chi ² =	= 3.43, df	= 4 (P =									
Test for overall effect: Z = 10.79 (P < 0.00001)											

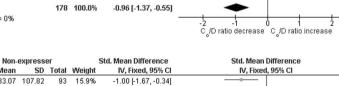
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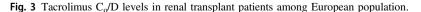




1 Year:



Study or Subgroup	Mean SD Total Mean		r Subgroup Mean SD Total Mean		Mean	SD	Total	weight	IV, Fixed, 95% CI	IV, Fixed, 95% Cl
Gervasini 2012	78.54	30.37	10	183.07	107.82	93	15.9%	-1.00 [-1.67, -0.34]		
Glowacki 2011	61.73	58.01	37	125.17	80.81	166	53.1%	-0.82 [-1.18, -0.45]		
Hesselink 2003	79.9	42.28	17	124.2	102	45	22.2%	-0.49 [-1.05, 0.08]		
Tirelli 2008	58.9	27.4	7	92.7	48.3	19	8.9%	-0.74 [-1.64, 0.15]		
Total (95% CI)			71			323	100.0%	-0.77 [-1.03, -0.50]	•	
Heterogeneity: Chi ² =	1.52, df	= 3 (P =	-							
Test for overall effect:	Z = 5.65	5 (P < 0.)		C /D ratio decrease C /D ratio increase						



Expresser

	Expres	ser	Non-expre	sser		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl
Chen 2009	10	38	4	29	1.7%	2.23 [0.62, 8.02]	
Cheng 2015	3	24	1	11	0.6%	1.43 [0.13, 15.52]	
Cho 2012	4	26	4	44	1.3%	1.82 [0.41, 7.99]	
Ferraresso 2007	5	9	4	21	0.5%	5.31 [0.96, 29.29]	
Flahault 2016	55	232	95	345	29.6%	0.82 [0.56, 1.20]	
Gervasini 2012	1	10	15	93	1.3%	0.58 [0.07, 4.90]	
Glowacki 2011	5	37	17	166	2.7%	1.37 [0.47, 3.98]	
Hesselink 2003	4	17	9	45	1.9%	1.23 [0.32, 4.69]	
Hesselink 2008	2	26	18	110	3.2%	0.43 [0.09, 1.96]	
Kuypers 2007	3	15	18	80	2.3%	0.86 [0.22, 3.39]	
Kuypers 2010	10	52	41	252	5.8%	1.23 [0.57, 2.64]	_
Li 2011	1	8	0	8	0.2%	3.40 [0.12, 96.70]	
Macphee 2005	23	56	55	122	10.4%	0.85 [0.45, 1.61]	
Min 2010	21	29	17	33	2.2%	2.47 [0.85, 7.15]	<u> </u>
Niioka 2017	43	97	42	123	10.5%	1.54 [0.89, 2.65]	
Quteineh 2008	7	34	12	102	2.4%	1.94 [0.70, 5.43]	+
Ro 2012	17	111	16	138	6.1%	1.38 [0.66, 2.87]	- -
Roy 2006	3	9	8	35	1.1%	1.69 [0.34, 8.31]	
Santoro 2011	7	62	8	91	2.9%	1.32 [0.45, 3.85]	
Satoh 2009	3	19	8	22	3.2%	0.33 [0.07, 1.48]	
Singh 2009	17	36	10	37	2.6%	2.42 [0.91, 6.42]	<u> </u>
Tirelli 2008	4	8	3	19	0.5%	5.33 [0.83, 34.09]	
Wang 2010	3	39	11	69	3.7%	0.44 [0.11, 1.68]	
Yaowakulpatana 2016	5	83	6	81	2.9%	0.80 [0.23, 2.74]	
Zhang 2010	2	15	0	13	0.2%	5.00 [0.22, 114.22]	
Total (95% CI)		1092		2089	100.0%	1.16 [0.96, 1.41]	•
Total events	258		422				
Heterogeneity: Chi ² = 26.	35, df = 24	4 (P = 0	.34); I ² = 9%				0.001 0.1 1 10 1000
Test for overall effect: Z =							
		-/					Favours Non-expresser Favours Expresser

Fig. 4 Association of CYP3A5 with renal allograft rejection.

Tacrolimus based rejection episodes

The association of *CYP3A5* genotypes with renal allograft rejection episode was determined in 25 studies. The selected studies contained 3181 patients. Results showed no significant heterogeneity for rejection events among renal transplant patients with specific *CYP3A5* genotype $(I^2 = 9\%, P = 0.34)$. The OR was 1.16 (95% CI = 0.96–1.41, P = 0.12), which showed no association of either expresser or nonexpresser genotypes with rejection episode (Fig. 4).

The selected studies were further analyzed by stratifying on the time of rejection episode (a) 1-2 weeks, (b) 1-3 months, (c) 12 months, and (d) 36-60 months. The analysis included four studies with a follow-up period of 1-2 weeks, eight studies in 1- to 3-month duration, eight studies at 12 months and three studies with 36- to 60-month follow-up. Interestingly, we found a significant association of CYP3A5 expresser genotype with rejection episode within 36–60 months (OR = 1.68, P = 0.05). This indicated that patients carrying expresser genotype are at increased risk of rejection in long-term transplant. On the other hand, no association was found with rejection between expresser and nonexpresser in short term: (1-2 weeks, OR = 1.41,P = 0.34), (1–3 months, OR = 0.92, P = 0.57) and (12 months, OR = 1.19, P = 0.19: Fig. 5). No publication bias was found in any selected categories (Egger and Begg test, P > 0.05).

Association between CYP3A5 expresser and nonexpresser genotypes with renal allograft rejection in Asian populations The analysis of ten studies of Asian population comprised 861 patients of *CYP3A5* genotype showed that there was no significant heterogeneity among the studies. There was a significant OR 1.62 (95% CI = 1.16-2.24, $P = 0.004^*$), which means there is a high chance of rejection events in Asian with expresser *CYP3A5* genotype (Fig. 6a).

Association between CYP3A5 expresser and nonexpresser genotypes with renal allograft rejection in European populations The analysis of 13 studies of European population comprised 1579 patients of *CYP3A5* genotype showed that there was no significant heterogeneity among the studies. There was no significant OR 1.12 (95% CI = 0.83-1.52, P = 0.47: Fig. 6b).

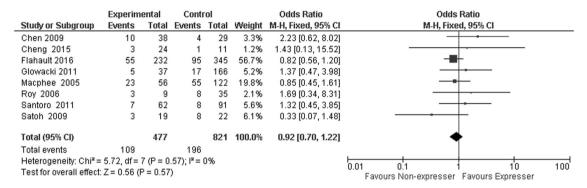
Discussion

CYP3A5 is a member of cytochrome P450 monooxygenase enzymes mostly express in liver and metabolize tacrolimus via oxidation–reduction reactions. Genetic variations in the *CYP3A5* gene can affect the enzyme activities, leading the enzyme to tacrolimus expresser genotypes (*CYP3A5**1/*1 and *1/*3) or nonexpresser genotypes (*CYP3A5**3/*3). According to several studies, *CYP3A5**3 variant (rs776746,

(a) Rejection 1-2 Weeks:

	Expres	ser	Non-Expres	sser		Odds Ratio	Odds	Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixe	ed, 95% Cl	
Cho 2012	4	26	4	44	27.7%	1.82 [0.41, 7.99]			
Li 2011	1	8	0	8	4.6%	3.40 [0.12, 96.70]			
Yaowakulpatana 201	6 5	83	6	81	62.8%	0.80 [0.23, 2.74]		 	
Zhang 2010	2	15	0	13	5.0%	5.00 [0.22, 114.22]		· ·	
Total (95% CI)		132		146	100.0%	1.41 [0.61, 3.28]	-		
Total events	12		10						
Heterogeneity: Chi ² =	1.82, df=	: 3 (P =	0.61 ; $l^2 = 0.9$	%			0.01 0.1	1 10	100
Test for overall effect:	Z = 0.80	(P = 0.4	43)				Favours Non-Expresser		100

(b) Rejection 1-3 Months:



(c) Rejection 12 Month:

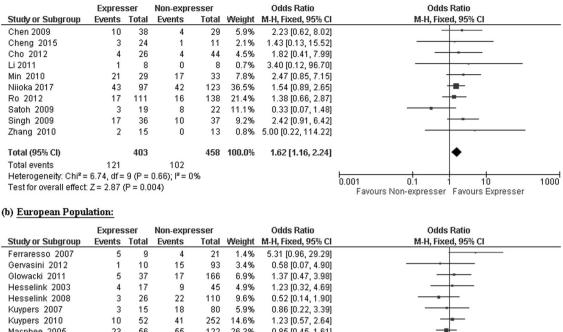
	Experim	ental Control				Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl
Ferraresso 2011	5	9	4	21	1.0%	5.31 [0.96, 29.29]	
Flahault 2016	55	232	95	345	56.2%	0.82 [0.56, 1.20]	
Gervasini 2012	1	10	15	93	2.5%	0.58 [0.07, 4.90]	
Hesselink 2003	4	17	9	45	3.6%	1.23 [0.32, 4.69]	
Min 2010	21	29	17	33	4.2%	2.47 [0.85, 7.15]	
Niioka 2017	43	97	42	123	19.9%	1.54 [0.89, 2.65]	
Ro 2012	17	111	16	138	11.6%	1.38 [0.66, 2.87]	
Tirelli 2008	4	8	3	19	0.9%	5.33 [0.83, 34.09]	
Total (95% CI)		513		817	100.0%	1.19 [0.92, 1.54]	•
Total events	150		201				
Heterogeneity: Chi ² =	12.38, df=	: 7 (P =	0.09); l² =	: 43%			0.01 0.1 1 10 100
Test for overall effect:	Z = 1.31 (F	P = 0.19)				Favours Non-expresser Favours Expresser

(d) Rejection 36-60 Months:

Study or Subgroup	Experimental Control Events Total Events Total				Weight	Odds Ratio M-H. Fixed, 95% Cl	Odds Ratio M-H, Fixed, 95% Cl
Kuypers 2010	10	52	41	252	53.2%	1.23 [0.57, 2.64]	
Quteineh 2008	7	34	12	102	22.4%	1.94 [0.70, 5.43]	
Singh 2009	17	36	10	37	24.4%	2.42 [0.91, 6.42]	
Total (95% CI)		122		391	100.0%	1.68 [1.01, 2.79]	•
Total events	34		63				
Heterogeneity: Chi² = Test for overall effect:		•	<i>,</i> ,	0%			0.01 0.1 1 10 100 Favours Non-expresser Favours Expresser

Fig. 5 Association of CYP3A5 with renal allograft rejection stratifying on the time of rejection episode.

c.6986A>G) plays a significant role in tacrolimus metabolism. Variability in tacrolimus levels during early posttransplant period is generally anticipated. This variability in tacrolimus pharmacokinetics is contributed by different *CYP3A5* genotypes. This in turn may contribute to graft rejection or early graft lost. Based on association of *CYP3A5* polymorphism with tacrolimus metabolism, patients who carry *CYP3A5*-AA (*1/*1) or AG (*1/*3) genotypes require higher doses to maintain the target trough levels as compared with GG (*3/*3) genotype [7, 9, 16–19]. On the other hand, low dose is suggested for GG (*3/*3) genotype to avoid drug-related toxicities [18, 20, 21].



(a) Asian Population:

Ferraresso 2007	5	9	4	21	1.4%	5.31 [0.96, 29.29]		
Gervasini 2012	1	10	15	93	3.4%	0.58 [0.07, 4.90]		
Glowacki 2011	5	37	17	166	6.9%	1.37 [0.47, 3.98]		
Hesselink 2003	4	17	9	45	4.9%	1.23 [0.32, 4.69]		
Hesselink 2008	3	26	22	110	9.6%	0.52 [0.14, 1.90]		
Kuypers 2007	3	15	18	80	5.9%	0.86 [0.22, 3.39]		
Kuypers 2010	10	52	41	252	14.6%	1.23 [0.57, 2.64]		
Macphee 2005	23	56	55	122	26.3%	0.85 [0.45, 1.61]		
Quteineh 2008	7	34	12	102	6.2%	1.94 [0.70, 5.43]		
Roy 2006	3	9	8	35	2.8%	1.69 [0.34, 8.31]		
Santoro 2011	7	62	8	91	7.4%	1.32 [0.45, 3.85]		
Tirelli 2008	4	8	3	19	1.1%	5.33 [0.83, 34.09]		
Wang 2010	3	39	11	69	9.5%	0.44 [0.11, 1.68]		
Total (95% CI)		374		1205	100.0%	1.12 [0.83, 1.52]		
Total events	78		223					
Heterogeneity: Chi ² = 12.0)2, df=	12 (P =	0.44); I ² =	0%			ton to to	1000
Test for overall effect: Z =	0.72 (P = 0.47					0.001 0.1 1 10	1000
	,	,					Favours Non-expresser Favours Expresser	

Fig. 6 Association of CYP3A5 with renal allograft rejection among the Asian and European populations.

In the present study, we performed a meta-analysis to provide a reliable conclusion on the association between CYP3A5 polymorphism on concentration/dose of the tacrolimus (Co/D) ratio and rejection episode in renal transplant patients. Among the 52 included studies, the frequency of CYP3A5 expresser (A) allele was 43.2-48.6% among Asian populations and 14.4-23.7% among European populations. The key finding of current meta-analysis is the association of expresser genotype (CYP3A5*1/*1,*1/*3) with the risk of rejection in the long-term graft survival (from 36 to 60 months post transplantation) Fig. 5. However, no CYP3A5 association was found with the allograft rejection in short-term post-transplant studies (from 0 to 12 months post transplantation). Another significant finding was the association of expresser (CYP3A5*1/*1,*1/*3) with an increased risk of rejection in Asian populations due to high number of rejection episodes in expresser group than nonexpresser group. No CYP3A5 association was found in European population with rejection.

Another important observation was the cumulative decrease of the Co/D ratio in patient carrying CYP3A5 expresser genotype at all time intervals. Asian transplanted patients have shown a reduced Co/D ratio than European transplanted patients that may be due to the high prevalence of the CYP3A5 expresser allele in the Asian population. Asian populations have high heterogeneity because all the three studied Asian populations (Chinese, Japanese and Koreans) have varied expresser allele frequencies which led to cause the raised heterogeneity.

In our included European studies there are certain studies that contain African and Asian population. The allele frequency of functional CYP3A5*1 is more prevalent in both the populations when compared with Europeans. This may have some impact on tacrolimus pharmacokinetics. However, our results have shown no heterogeneity (0-13%)among European studies at different time interval. The results indicated little or no impact by including small portion of these mixed populations.

Currently, long-term graft survival (>10 years) remains the main goal in renal transplantation. Few studies have examined patients with tacrolimus based immunosuppressant levels monitoring in long-term (36-60 months) follow up [20, 22, 23]. Recently, Stegall et al. [24] reported 59% graft survival and 74% death-censored graft survival in tacrolimus based drug regimen at 10 years after transplantation. The major histological abnormalities (arterial hyalinosis (AH), global glomerulosclerosis, and mesangial sclerosis) were found in most (82.1%) of the graft. An AH is the most common histological lesion in functioning graft at 10 years [24].

During the initial phase of transplantation, maintenance of optimum trough level with adjustable tacrolimus doses by therapeutic drug monitoring has been a major challenge in transplantation. An initial tacrolimus dose is administrated based on body weight and subsequently adjusted according to the trough level. Several transplant-based studies have shown the involvement of tacrolimus pharmacokinetics with *CYP3A5* polymorphism [21, 25]. Considering the *CYP3A5* genotypes in adjusting tacrolimus dosage, instead of a uniform body weight, may help in achieving early target tacrolimus level [26–36]. This approach suggested to help in minimizing the risk of rejection episodes and drug-related complications and may have clinical benefits in short/long post-transplant duration.

We have identified three meta-analysis studies based on the effect of CYP3A5 polymorphisms on tacrolimus pharmacokinetics [9-11]. These meta-analyses have some limitations that prompted us to perform a comprehensive analysis with a number of recent studies that are not included in these previous studies. These studies reported TAC Co/D levels and its impact on rejection/drug toxicity including pooled populations of Asians, Africans, and Europeans. However, we stratified our data based on Asian and European population as to investigate the impact of CYP3A5 genotypes on both the populations. The first metaanalysis has some ambiguities regarding the ethnic backgrounds of populations included and sample size [9]. Another recent meta-analysis included only pediatric studies however, we analyzed both pediatric and adult studies [11].

Ethnicity is considered as one of the major contributing factors affecting the long-term graft survival. The frequencies of CYP3A5 functional (A) genotype has been reported in renal transplant patients among various ethnic groups/regions. According to our pooled meta-analysis data the highest prevalence of functional expression of CYP3A5 was reported in African (47%), followed by Asian (22–28%), and European (8–11%) [37, 38]. Pakistan is the homeland of approximately 208 million populations of various ethnic backgrounds (Census 2017). The frequency of CYP3A5 expresser and nonexpresser of our ethnic groups is not available. The awareness in clinician about the prevalence of CYP in various ethnic cast/tribe among renal transplant patients may better guide to achieve targeted tacrolimus dosage. This in turn may reduce drug-related issues such as infections, rejection, malignancies, and cytotoxicity in short/long-term basis.

To the best of our knowledge, this is the most comprehensive meta-analysis evaluating the relationship between the *CYP3A5* expresser genotype with the risk of rejection and the decreased Co/D ratio. In conclusion, our study suggests that a long-term follow-up (>3 years) could be performed in order to find out the increased number of rejection episodes in *CYP3A5* expresser genotype and need of close monitoring of Co/D levels in patients carrying *CYP3A5* expresser genotype.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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