

REVIEW

Cadmium exposure and risk of lung cancer: a meta-analysis of cohort and case–control studies among general and occupational populations

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The association between cadmium exposure and risk of lung cancer is still unclear. We quantitatively reviewed the observational studies that investigated the association between cadmium exposure and lung cancer risk in both general and occupational populations published through April 2015. The final data set is comprised of three cohort studies in the general population totaling 22,551 participants (354 events) with a mean follow-up of 15 years, five occupational cohort studies including 4205 individuals (180 events) with an average follow-up of 31 years, and three occupational case–control studies including 4740 cases and 6268 controls. Comparing the highest to the lowest category of cadmium exposure, the weighted relative risk and 95% confidence interval of lung cancer in the general population was 1.42 (95% CI (0.91, 2.23)); the weighted risk estimates (95% CIs) of lung cancer in three occupational cohort studies and three case–control studies were 0.68 (95% CI (0.33, 1.41)) and 1.61 (95% CI (0.94, 2.75)), respectively. No linear association was found. When comparing participants exposed to cadmium with non-exposed based on available data, the association became statistically significant. According to findings from this meta-analysis, the possibility that cadmium exposure may increase risk of lung cancer cannot be completely ruled out in either general or occupational population.

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INTRODUCTION

Lung cancer is the leading cause of cancer death in both genders worldwide.¹ In the United States, more than 25% of all cancer deaths are attributed to lung cancer.² Although tobacco smoking is the most important determinant of lung cancer, several other risk factors have been recognized or suspected to be involved in lung cancer etiology, including exposure to cadmium, arsenic, and radon.¹ These factors may be in aggregate accounting for large numbers of lung cancer cases.³ As lung cancer is a multi-factorial disease, avoidance of one or more contributing factors may help reduce its incidence and mortality.

Cadmium is a widespread metal that has been confirmed as a highly toxic carcinogen.⁴ Cadmium can be released in the process of nonferrous metal mining and refining, manufacture and application of phosphate fertilizers, fossil fuel combustion, and waste incineration and disposal.⁵ The major routes of occupational exposure are inhalation of dust and fumes, and incidental ingestion of dust from contaminated hands, cigarettes, or foods.⁶ Thus, workers in a wide variety of occupations that involve cadmium use have high levels of cadmium exposure. In addition, the extensive usage of cadmium in industries may result in ubiquitous cadmium pollution in air, soil, and water; because of that, the major sources of cadmium exposure are diet and tobacco smoking in the general population.⁶

The International Agency for Research on Cancer (IARC) classified cadmium as a human carcinogen, especially a lung cancer carcinogen, mainly based on the results from the studies of American smelter workers.⁴ However, findings on the association between cadmium exposure and lung cancer risk from occupational studies are inconsistent,^{3,7–13} though two systematic reviews^{14,15} suggested that there was evidence of a potentially positive association. Little is known about the carcinogenicity of cadmium in the general population having low-to-moderate levels of exposure. One recent meta-analysis¹⁶ based on three environmentally exposed populations found a significantly positive association between cadmium exposure and risk of lung cancer. However, controversy still remains; other studies found the association being non-significant.¹⁷

Therefore, we conducted this study to quantitatively assess the overall association between cadmium exposure and risk of lung cancer in both general and occupational populations by accumulating evidence from the existing literature.

METHODS

Study selection

The relevant observational studies published in English-language journals through April 2015, which investigated the association between cadmium exposure and risk of lung cancer, were

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identified by searching PubMed database using the expression '(cadmium[MeSH Terms] OR 'cadmium'[All Fields]) AND ('lung neoplasms'[MeSH Terms] OR ('lung'[All Fields] AND 'neoplasms'[All Fields]) OR 'lung neoplasms'[All Fields] OR ('lung'[All Fields] AND 'cancer'[All Fields]) OR 'lung cancer'[All Fields])'. Additional information was retrieved by searching Google Scholar and the reference lists of relevant articles.

All relevant articles were independently reviewed by two co-authors (C.C. and P.X.). Disagreements were resolved by group discussion. The inclusion criteria are as follows: (a) cohort, case-control, or cross-sectional studies; and (b) reported hazard ratio (HR), relative risk (RR), or odds ratio (OR) with corresponding 95% confidence intervals (95% CIs) of lung cancer in relation to cadmium exposure, or such information could be derived from the published results. We also included unpublished *de novo* results provided by authors in one study.¹⁷

The detailed search process is shown in Figure 1. Of the 282 non-duplicated abstracts from PubMed and Google Scholar, 232 publications were excluded after reviewing titles and abstracts due to one of the following reasons: (a) laboratory studies ($n=106$); (b) non-original studies (reviews or letters-to-editors; $n=81$); (c) ecological studies, case reports, or methodological articles ($n=18$); or (d) not published in the English language ($n=27$). In addition, 39 articles were further excluded after reviewing full-texts because of the following reasons: (a) the exposure or outcome was not cadmium exposure or lung cancer ($n=16$); (b) the results have

been updated in a later publication ($n=10$); or (c) the available data cannot be combined with other studies and requested *de novo* results were not obtained ($n=13$). In sum, 11 studies (three cohort studies in the general population, five cohort studies, and three case-control studies in occupational populations) met the criteria and were included in this meta-analysis (Figures 2–4).

Data extraction

We collected data on the first author's last name, year of publication, region of study, number of participants and events (or number of cases and controls), age of participants (mean or range), proportion of men, follow-up years (for cohort studies; mean, median years or person-years), exposure assessment method, categories of exposure, methods of outcome confirmation (or case confirmation), measurements of the association, and adjusted covariates in the final model. In particular, HR, RR, and OR with 95% CIs for all cadmium exposure categories *versus* the lowest exposure group (reference) were collected. In occupational case-control studies, non-exposed individuals were used as the reference group in all primary studies. For testing the dose-response relationship, measurements with a continuous variable were extracted. HR, RR, and OR were transformed to their natural logarithms (ln) and the corresponding 95% CIs were used to calculate the SE. Two of the co-authors (C.C. and P.X.)

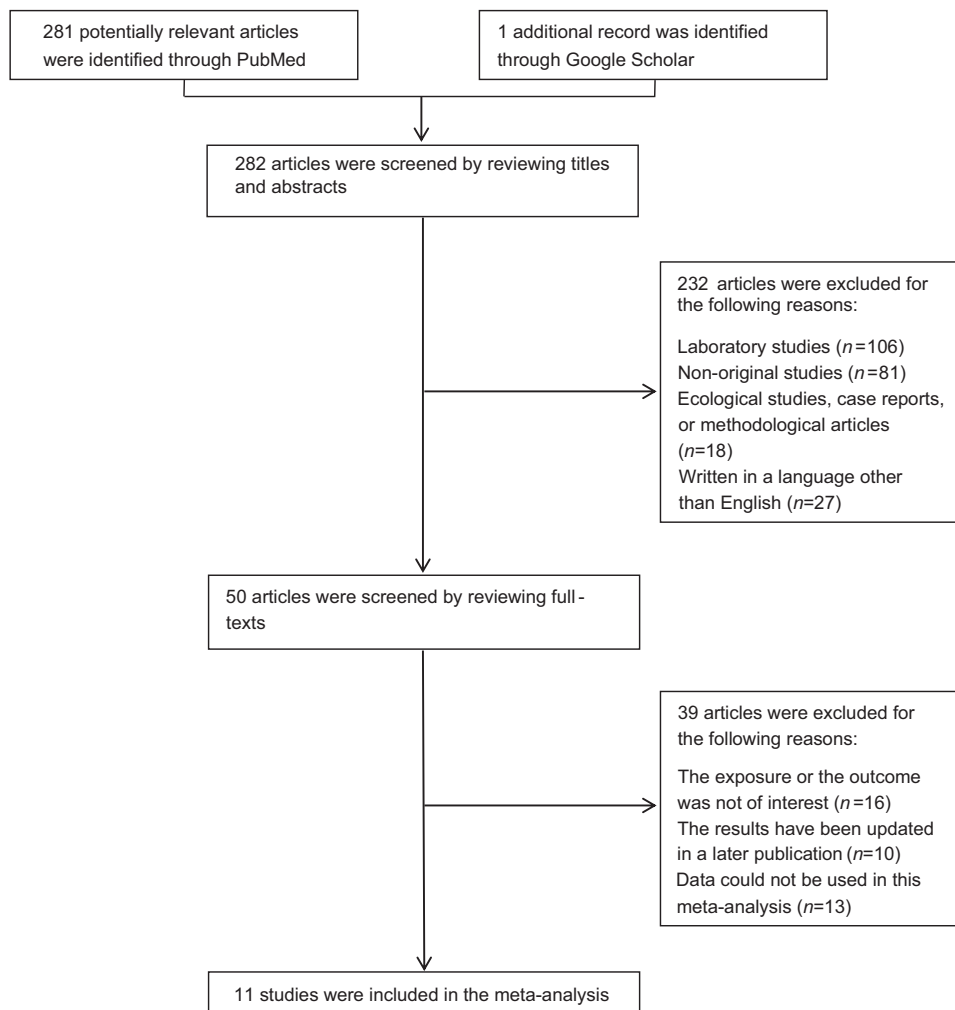


Figure 1. Process of study selection.

independently assessed each study and extracted the relevant information. Discrepancies were resolved by group discussion.

Statistical analysis

The weighted RR and OR were used as the measurement of the overall association between cadmium exposure and lung cancer risk. HR was considered as RR in the analysis. We pooled data from cohort studies in the general population,^{17–19} occupational cohort studies,^{7,8,13} and occupational case–control studies,^{3,10,11} respectively, by comparing the highest to the lowest category of

cadmium exposure (non-exposed group for occupational case–control studies). Random-effects models were used in the meta-analysis. Dose–response relationships of lung cancer in relation to one unit (mg/m³-years) increment in cadmium exposure in the three occupational cohort studies were estimated based on available categorical RRs^{7,8,13} using a meta-regression method.²⁰ The overall dose–response relationship was examined by pooling continuous RRs in five occupational cohort studies.^{7–9,12,13} The weighted OR was also estimated by comparing participants exposed with cadmium with non-exposed individuals in the occupational case–control studies. In addition, we performed

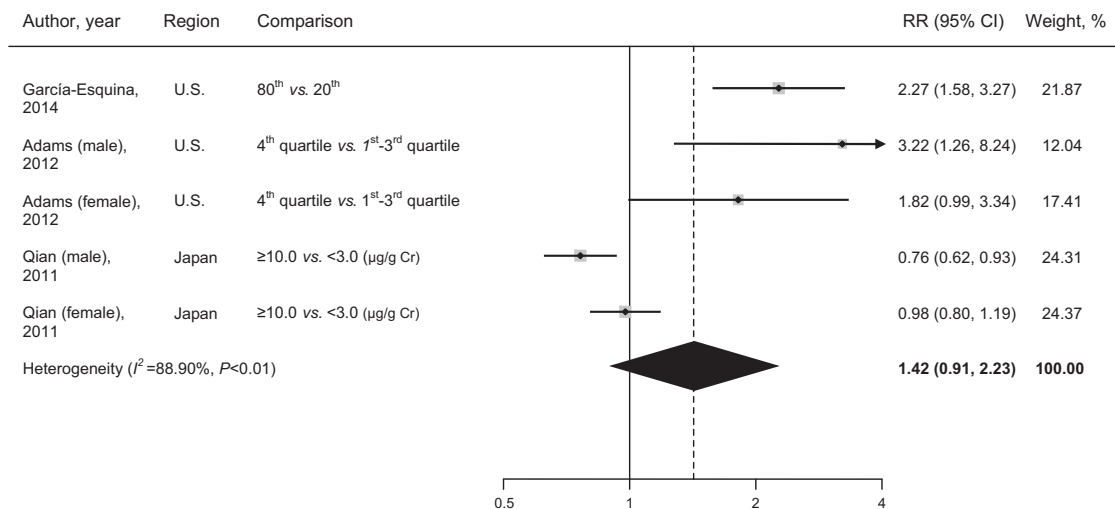


Figure 2. Multivariable adjusted RR and 95% CI of lung cancer by cadmium exposure from three prospective cohort studies among general populations. The summary estimate was obtained using a random-effects model. The dots indicate the adjusted RRs by comparing the highest with the lowest level of cadmium exposure. The size of the shaded square is proportional to the percent weight of each study. The horizontal lines represent 95% CIs. The diamond data marker indicates the summary RR. CI, confidence interval; RR, relative risk.

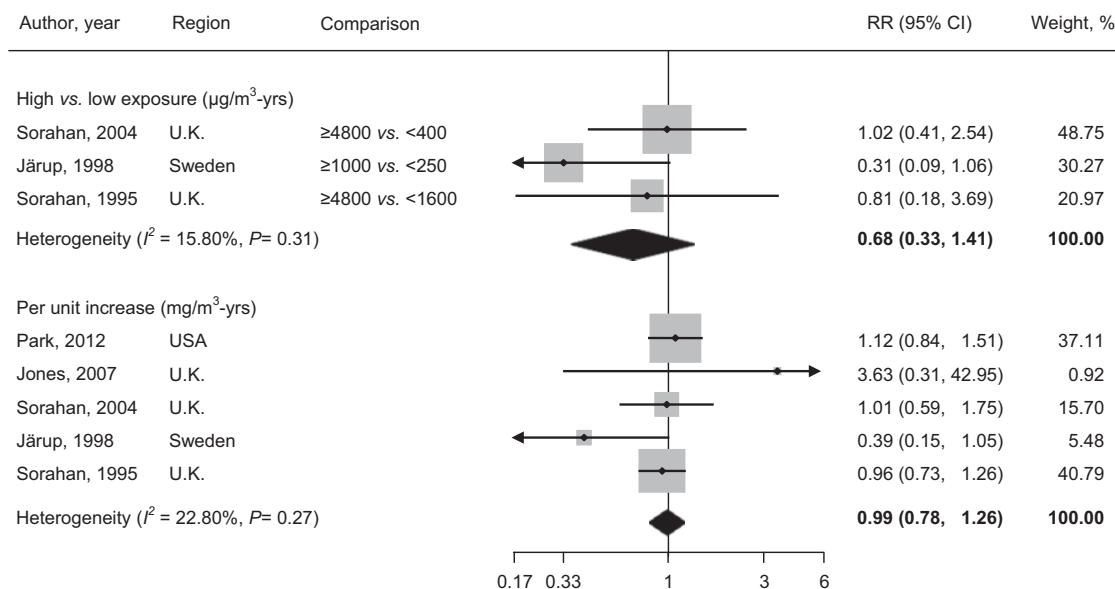


Figure 3. Multivariable adjusted RR and 95% CI of lung cancer by cadmium exposure from five retrospective cohort studies among occupational populations. The summary estimates were obtained using a random-effects model. The dots indicate the adjusted RRs by one unit increment of exposure or comparing the highest with the lowest level of cadmium exposure. The size of the shaded square is proportional to the percent weight of each study. The horizontal lines represent 95% CIs. The diamond data markers indicate the summary RRs. CI, confidence interval; RR, relative risk.

sensitivity analyses to detect the influence of any single study on the combined results. Heterogeneities among studies were evaluated by calculating the I^2 statistic along with Cochran's Q test. Finally, publication bias was assessed by using Egger's regression asymmetry test. A two-sided P value ≤ 0.05 was considered statistically significant. All analyses were performed using STATA statistical software (Version 13.0, STATA Corporation LP, College Station, TX, USA).

RESULTS

Study characteristics

Eleven studies,^{3,7-13,17-19} including three prospective cohort studies in the general population, five retrospective cohort studies, and three case-control studies in occupational populations, were identified in the meta-analysis. The three cohort studies in the general population consist of 22,551 participants and 354 cases with a mean follow-up of 15 years (Table 1). The five occupational cohort studies are composed of 4205 participants and 180 cases with an average follow-up of 31 years (Table 2). The three occupational case-control studies include 4740 cases and 6268 controls (Table 3).

Three cohort studies in the general population included both genders. Multivariate-adjusted HRs or RRs of lung cancer mortality were reported based on tertiles or quartiles of urinary cadmium concentrations. Five occupational cohort studies included only men. Cumulative cadmium exposures in occupational cohort and case-control studies were estimated using job histories. The multivariate-adjusted RRs of lung cancer mortality being related

to cadmium exposure were determined by tertiles or quartiles of cadmium exposure in three studies,^{7,8,13} or by continuous cadmium exposure in two studies.^{9,12} Among three occupational case-control studies, two studies^{3,10} included only men and the other one¹¹ included both genders. Multivariate-adjusted ORs of lung cancer risk were estimated by quartiles, quintiles or three exposure levels of cadmium exposure.^{3,10,11}

Meta-analysis

The weighted RR of cohort studies in the general population suggested a non-significant association between cadmium exposure and lung cancer mortality (RR=1.42, 95% CI (0.91, 2.23)), comparing the highest to the lowest cadmium exposure group. The result was not materially affected by excluding any study each time in the sensitivity analysis. However, the heterogeneity among studies was significant ($I^2=88.90\%$, $P<0.01$). Egger's test suggested no evidence of publication bias ($P=0.11$).

Among occupational cohort studies, the weighted RR of lung cancer mortality, by comparing the highest to the lowest cadmium exposure category, was not statistically significant (RR=0.68, 95% CI (0.33, 1.41)). No dose-response relationship was observed (RR=0.99, 95% CI (0.78, 1.26)). Omitting one study each time did not substantially change the pooled results. Significant heterogeneities were not observed in either categorical or linear analyses ($I^2=15.80\%$, $P=0.31$; $I^2=22.80\%$, $P=0.27$) Egger's test suggested no evidence of publication bias in both analyses ($P=0.70$, $P=0.83$).

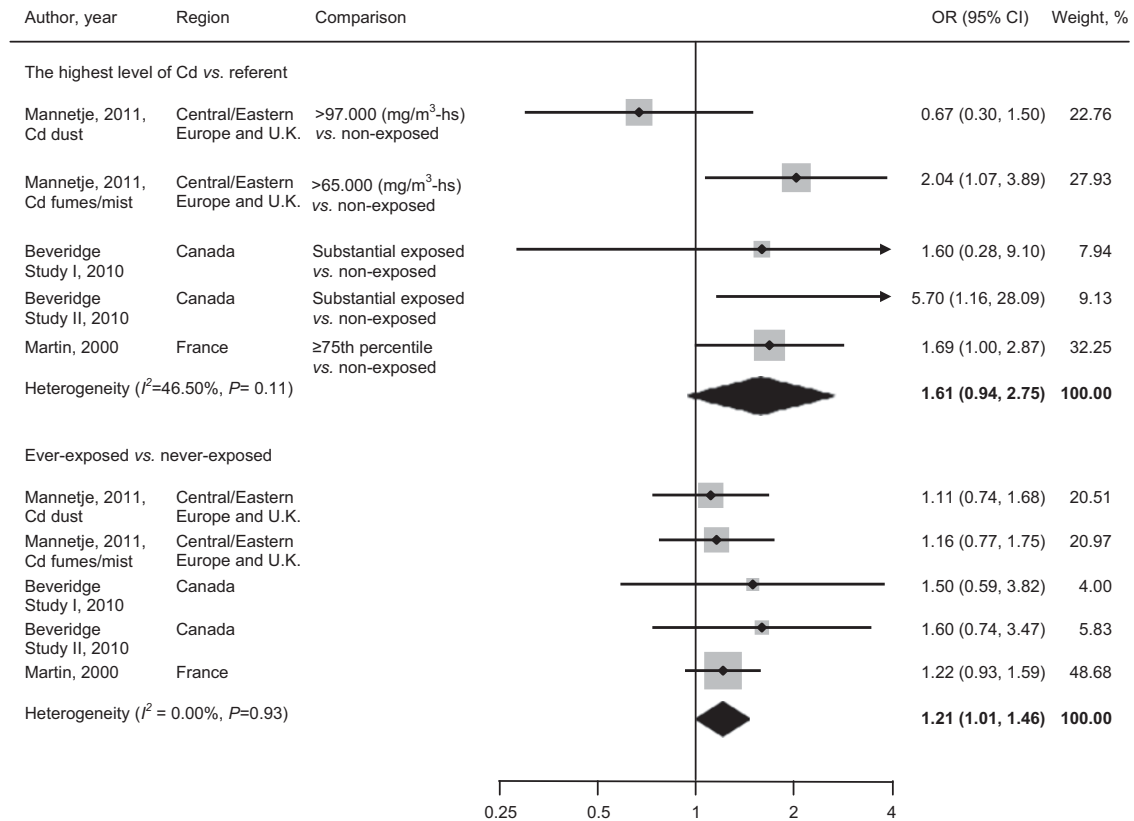


Figure 4. Multivariable adjusted OR and 95% CI of lung cancer risk by cadmium exposure from three case-control studies. The summary estimate was obtained using a random-effects model. The dots indicate the adjusted ORs by comparing the highest with the lowest level of cadmium exposure or by comparing the exposed participants with the non-exposed individuals. The size of the shaded square is proportional to the percent weight of each study. The horizontal lines represent 95% CIs. The diamond data marker indicates the summary OR. CI, confidence interval; OR, odds ratio.

Table 1. Characteristics of the three cohort studies among the general population

Author (year)	Region	No. of participants (events)	Age ^a (y)	Men (%)	Follow-up ^b (y)	Exposure assessment	Exposure categories	Outcome confirmation	Risk estimate	Adjusted covariates
García-Esquina et al. ¹⁸	US	3792 (77)	56.2 ± 0.13	40.6	17.2	Urinary Cd by inductively coupled plasma mass spectrometry (Agilent 7700x ICPMS; Agilent Technologies, Waldbronn, Germany)	uCd (tertiles, µg/g Cr) ≤ 0.70, 0.71–1.22, ≥ 1.23.	Death certificates and autopsy records ICD-9 (code 162)	HR (95% CI) 1.00 (referent), 3.39 (1.14, 10.1), 6.65 (2.29, 19.3). 80th versus 20th 2.27 (1.58, 3.27)	Gender, age, smoking status, pack-years of smoking, and BMI
Adams et al. ¹⁹	US	15,673 (207)	≥ 17	47.6	Men: 13.4 Women: 13.8	Urinary Cd by Perkin–Elmer Model 3030 atomic absorption spectrometry with Zeeman background correction Urinary Cr by the Jaffe method with an ASTRA analyzer	uCd (quartiles, µg/g Cr) Men: ≤ 0.153, 0.154–0.297, 0.298–0.579, ≥ 0.580. Women: ≤ 0.210, 0.211–0.418, 0.419–0.818, ≥ 0.819.	Death certificates and the National Death Index ICD-9 to ICD-10	HR (95% CI) Men 4th quartile versus 1st–3rd quartiles 3.22 (1.26, 8.25) Women 4th quartile versus 1st–3rd quartiles 1.82 (0.99, 3.33)	Age, smoking history, BMI, education, race
Qian et al. ^{17c}	Japan	3086 (70)	≥ 50	45.1	22	Urinary Cd by atomic absorption spectrometry Urinary Cr by the Jaffe method	uCd (quartiles, µg/g Cr) < 3.0, 3.0–4.9, 5.0–9.9, ≥ 10.0	Death certificates, ICD-9	RR (95% CI) Men 1.00 (referent) 0.87 (0.71, 1.08) 0.85 (0.70, 1.03) 0.76 (0.63, 0.93) Women 1.00 (referent) 0.95 (0.83, 1.10) 0.94 (0.82, 1.09) 0.98 (0.80, 1.19)	Age, smoking status

Abbreviations: BMI, body mass index; 95% CI, 95% confidence interval; HR, hazard ratio; ICD, International Classification of Diseases; RR, relative risk; uCd, urinary cadmium concentration. ^aThe mean ± SD or range of age was reported. ^bThe mean or median years of follow-up were reported. ^cThe authors provided *de novo* results, which were not reported in their primary article, to this meta-analysis.

Table 2. Characteristics of the five cohort studies among occupational populations

Author (year)	Region	No. of participants (events)	Age ^a (y)	Men (%)	Follow-up (y) or person-years ^b	Exposure assessment	Exposure categories	Outcome confirmation	Risk estimate	Adjusted covariates
Park et al. ⁹	US	601 (36)	—	100	22,832	Exposure matrices based on air samples and individual job histories	Cumulative Cd exposure (mg/m ³ -years) 0.00–0.72, 0.73–2.42, 2.43–7.81, 7.82–16.63, 16.76–24.98, 25.15–39.94	National Death Index	1.0 mg/m ³ -years RR 1.12 (1.02, 1.84)	Age, year, Hispanic race, arsenic exposure
Jones et al. ¹²	UK	1462 (62)	—	100	35,942	Exposure matrices based on air samples and models conjecturing early air contamination, and individual job histories	Cumulative Cd exposure (mg/m ³ -years) 2.5th: 0.0004, 10th: 0.005, Median: 0.08, 90th: 0.63, 97.5th: 1.5	Death certificate ICD-8	Beta (95% CI) 1.29 (–1.18, 3.76)	NA
Sorahan and Esmen ⁶	UK	926 (47)	14–84	100	27,417.2	Exposure matrices based on air samples and individual job histories	Cumulative Cd exposure (µg/m ³ -years) < 400, 400–1199, 1200–4799, ≥ 4800	Death certificate ICD-8 (code 162); ICD-9 (code 162)	RR (95% CI) 1.00 (referent) 2.04 (0.97, 4.32) 1.02 (0.42, 2.47) 1.02 (0.41, 2.55)	Age, calendar period
Järup et al. ¹³	Sweden	869 (16)	—	100	27,063	Exposure matrices based on employment records, workplace measurement reports and interviews with key informants, and individual job histories	Cumulative Cd exposure (µg/m ³ -years) < 250, 250–1000, ≥ 1000	National Swedish cause of death registry Swedish cancer registry ICD-8	RR (95% CI) 1.00 (referent) 0.34 (0.09, 1.31) 0.31 (0.09, 1.05)	Age, smoking status
Sorahan et al. ⁷	UK	347 (19)	≥ 25	100	46	Exposure matrices based on air samples and individual job histories	Cumulative Cd exposure (µg/m ³ -years) < 1600, 1600–4799, ≥ 4800	Death certificate ICD-8 (code 162–163)	RR (95% CI) 1.00 (referent) 0.85 (0.27, 2.68) 0.81 (0.18, 3.73)	Age, year of start of alloy work, factory, and time since starting alloy work

Abbreviations: 95% CI, 95% confidence interval; RR, relative risk; ICD, International Classification of Diseases; NA, not applicable; —, not available. ^aThe range of age was reported. ^bThe mean years or person-years of follow-up were reported.

Table 3. Characteristics of the three case-control studies among occupational populations

Author (year)	Region	Cases (n)	Controls (n)	Age ^a (y)	Men,%	Exposure assessment	Exposure categories	Case confirmation	Risk estimate	Adjusted covariates
Mannetje et al. ¹¹	Central/Eastern Europe and UK	2852	3104	> 25	75.4	Expert translated socio-demographic and job history questionnaire based on the presence, frequency, and intensity of exposure	Cumulative Cd dust exposure (mg/m ³ -hours) Unexposed, 0,001–28,000, 28,001–97,000, > 97,000. Cumulative Cd fumes/mist exposure (mg/m ³ -hours) Unexposed, 0,001–28,000, 28,001–65,000, > 65,000.	Hospital record	OR (95% CI) Cadmium dust 1.00 (referent) 1.86 (0.94, 3.68) 0.96 (0.49, 1.91) 0.67 (0.30, 1.51) Cadmium fumes/mist 1.00 (referent) 1.15 (0.56, 2.35) 0.52 (0.24, 1.14) 2.04 (1.07, 3.90)	Age, center, gender, tobacco consumption, cumulative exposure to asbestos, silica, wood dust, welding fumes, nickel, chromium, and arsenic
Beveridge et al. ^{3b} Study I	Canada	856	1063	35–70	100	Expert translated socio-demographic and job history questionnaire based on the presence, frequency, and intensity of exposure	Unexposed: included those exposed only in the 5-year period before recruitment. Non-substantial exposed. Substantial exposed: those exposed to medium or high metal concentrations for more than 5% of work week, and for 5 years or more.	Hospital record	OR (95% CI) 1.0 (referent) 1.5 (0.5, 4.5) 1.6 (0.3, 9.7)	Age, respondent status, years of education, smoking status, occupational exposure to asbestos, silica, benzo (A)pyrene, lead, and nickel
Beveridge et al. ^{3b} Study II	Canada	722	876	35–70	100	Expert translated socio-demographic and job history questionnaire based on the presence, frequency, and intensity of exposure	Unexposed: included those exposed only in the 5-year period before recruitment. Non-substantial exposed. Substantial exposed: those exposed to medium or high metal concentrations for more than 5% of work week, and for 5 years or more.	Hospital record	OR (95% CI) 1.0 (referent) 1.0 (0.5, 1.9) 5.7 (0.7, 17.)	Age, respondent status, years of education, smoking status, occupational exposure to asbestos, silica, benzo (A)pyrene, lead, and nickel
Martin et al. ¹⁰	France	310	1225	49.9 ± 5.25	100	Expert developed job exposure matrix based on the quantitative level of exposure, the proportion of time worked under exposure of each occupation and the proportion of workers in each occupation considered to be exposed, and individual job histories	Cumulative Cd exposure: Unexposed, < 25th percentile, 25th–50th percentiles, 50th–75th percentiles, ≥ 75th percentile.	EDF-GDF cancer register	OR (95% CI) 1.00 (referent) 1.20 (0.71, 2.03) 1.09 (0.65, 1.84) 0.95 (0.53, 1.69) 1.69 (1.00, 2.88)	Socioeconomic status, asbestos exposure

Abbreviations: OR, odds ratio; 95% CI, 95% confidence interval; EDF-GDF, the French national electricity and gas company. ^aThe mean ± SD or range of age was reported. ^bBeveridge et al. reported pooled and separate ORs of two studies in one article.

Similarly, the combined OR from occupational case-control studies indicated a non-significant association between cadmium exposure and risk of lung cancer (OR=1.61, 95% CI (0.94, 2.75)), when comparing the highest level of cadmium exposure to non-exposed. The association became statistically significant if omitting Mannelje *et al.* (cadmium dust) in the analysis. Of note, the association became statistically significant when comparing participants exposed to cadmium with non-exposed individuals (OR=1.21, 95% CI (1.01, 1.46)). Non-significant heterogeneities were observed across studies ($I^2=46.50\%$, $P=0.11$; $I^2=0.00\%$, $P=0.93$). Egger's test suggested no evidence of publication bias in either analysis ($P=0.76$, $P=0.23$).

DISCUSSION

Although this meta-analysis did not reveal a statistically significant association, the possibility that cadmium exposure may increase risk of lung cancer cannot be completely ruled out in either general or occupational population.

In 2003 and 2007, two systematic reviews^{14,15} suggested a potentially positive association between cadmium exposure and risk of lung cancer. Recently, Nawrot *et al.*¹⁶ reported evidence supporting the positive association by using a meta-analytical approach with three cohort studies in the general population. Of note, all studies included in the two systematic reviews, except one,⁷ have been updated. The present meta-analysis included all available studies and the latest findings from literature, except the results from those studies cannot be combined with others (e.g., Kazantzis *et al.*²¹ did not report HR, RR or OR with corresponding 95% CI, and Nawrot *et al.*²² reported HR of lung cancer with a two-unit increment in log scale of cadmium, which is a different measure from that of other studies). Thus, the present meta-analysis provides the updated overall association between cadmium exposure and risk of lung cancer. In addition, the present study is the first meta-analysis that investigated the association between cadmium exposure and risk of lung cancer in both general and occupational populations. Also, all included cohort studies had long follow-up periods, especially for the studies conducted in occupational populations.

However, some limitations exist in this meta-analysis. First, included primary studies are not ideally abundant due to lack of large-scale cohort studies in both populations. Still, our study has combined the most comprehensive and updated findings in the literature. Second, significant heterogeneity was observed among the cohort studies. The reason might be that the range of cadmium exposure varies substantially across studies. Nevertheless, based on the existing literature,²³ we can reasonably make a linear assumption and estimate the pooled RR of lung cancer risk in relation to cadmium exposure. Of note, when omitting one case-control study, the combined association became statistically significant. Presumably, this change was due to few case-control studies being included in the meta-analysis. Third, the possible impact of bias from the primary studies could not be ruled out. However, sensitivity analyses demonstrated the robustness of the findings, though stratified analyses or meta-regression could not be conducted due to the relatively small number of studies. Fourth, a potential publication bias resulting from the exclusion of articles published in a language other than English or any unpublished studies was not impossible, even though Egger's regression asymmetry test did not suggest publication bias for this meta-analysis.

The observed association between cadmium exposure and risk of lung cancer in the present meta-analysis was highly likely to be underestimated due to a few possible reasons. First, the statistical power may not be sufficient because of the relatively small number of participants in the primary studies, especially those in the highest category of cadmium exposure. In fact, when we

collapsed all exposed groups to compare participants exposed to cadmium with non-exposed individuals, the association became statistically significant. Second, not all occupational studies have adjusted for other heavy metals, which may confound the association, probably due to lack of information. Similarly, the null association observed in the general population might be confounded by potential protective factors of cancers, such as high vegetables and fruits consumption.²⁴ Third, cadmium exposure measured based on job histories may not be as reliable as biomarkers, though it is the most common method used in occupational studies. However, air samples at different historical time points were collected in half of the studies to determine the cadmium concentrations at the workplaces, which might reduce this measurement error. Fourth, Healthy Worker Effect has been shown in several occupational studies^{8,9,13}. This important survival bias might lead to underestimated risk estimates, which should be kept in mind when interpreting the results of occupational cohort studies.

In summary, although this updated meta-analysis did not provide solid evidence, a positive association between cadmium exposure and risk of lung cancer in either general or occupational population could not be ruled out based on findings from the present meta-analysis. Also, the absence of significant association in the present meta-analysis should not change ongoing public health and policy efforts to reduce cadmium exposure of industrial workers and cadmium contamination in the environment, which could still have potential detrimental influence on human health based on the existing literature, especially at high exposure levels.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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