RESEARCH ARTICLE

A Fractional Perspective on the Dynamics of HIV, Considering the Interaction of Viruses and Immune System with the Efect of Antiretroviral Therapy

 $\mathsf{Tao}\text{-}\mathsf{Qian}\,\mathsf{Tang}^{1,2,3,4,5}\cdot\mathsf{Rashid}\,\mathsf{Jan}^6\cdot\mathsf{Hassan}\,\mathsf{Ahmad}^6\cdot\mathsf{Zahir}\,\mathsf{Shah}^7\textcircled{\mathsf{R}}\cdot\mathsf{Hass}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\mathsf{C}^7\math$ **Narcisa Vrinceanu8 · Mihaela Racheriu9,10**

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Abstract

HIV infection is a worldwide health threat, necessitating a multifaceted strategy that includes prevention, testing, treatment and care. Moreover, it is essential to address the structural and social factors that infuence the spread of this viral infection. In this study, we utilize fractional calculus to clarify the dynamics of HIV infection in vivo, specifcally examining the interface amid the HIV and the immune system and taking into account the impact of antiretroviral therapy. We use important results from fractional theory to analyze our proposed model of HIV infection and developed a numerical scheme to depict the system's dynamic behavior. By varying input factors, we were able to observe the system's chaotic nature and track its trajectory, as well as examine the effect of viruses on T-cells. Our results reveal key factors afecting the system, and demonstrate the consequence of antiretroviral therapy on our proposed model of HIV. Moreover, we observe that the system's strong non-linearity is responsible for the oscillation phenomena and identify the most sensitive parameters of the system.

Keywords Fractional-calculus · Immune system · HIV dynamics · Numerical scheme · Antiretroviral therapy · Dynamical behavior

1 Introduction

It is eminent that the viruses of the infection of HIV attacks the immune system and target CD4+ T-cells, which play a signifcant role in the body's cover against infections. HIV weakens the immune system over time, making individuals vulnerable to several infections and diseases. HIV is a global health concern, with millions of people affected worldwide. It has significant social, economic, and healthcare impacts, both at the individual and societal levels. HIV can result in decreased productivity and increased healthcare costs, as well as a reduced life expectancy in some cases.

Extended author information available on the last page of the article

Antiretroviral therapy (ART) is the standard treatment for HIV which can efectively suppress the virus, slow down the infection and improve the quality of life of infected individuals [[1\]](#page-16-0). Prevention measures, such as practicing safe sex, using clean needles, and accessing early testing and treatment, are essential in controlling the spread of HIV. Education, awareness, and access to healthcare services are vital in addressing the complex challenges associated with HIV and supporting those living with the virus [[2\]](#page-16-1). Additionally, ongoing research and understanding of the dynamics of HIV infection and its interaction with the immune system are important for developing efective control strategies, treatment and management of HIV/AIDS.

HIV infection can decrease the number of CD4+ T-cells over time, leading to immunodefciency, which weakens the immune system and makes the body more vulnerable to other infections. HIV invades and replicates inside T-cells, leading to their destruction and a gradual decline in their numbers [\[3](#page-16-2)]. This depletion of T-cells hinders the immune system's ability to mount a strong immune response against other diseases and infections. If HIV is not treated properly, then it leads to AIDs and the immune system is not able to fght against other infections. AIDs is reported when T-cell falls below a specifc level, or when they develop certain infections or cancers. Nevertheless, proper medical care and treatment can enable people with HIV to manage the virus and prevent it from causing immunodefciency and AIDS. Antiretroviral therapy (ART) is a permutation of medications that can overturn HIV replication and control further damage to the immune system. When taken consistently and correctly, ART can help people with HIV live long, healthy lives. In vivo study of HIV play a critical role in advancing our understanding of the virus, guiding the development of efective interventions, and addressing the multifaceted challenges associated with HIV infection. They provide a realistic and dynamic platform for research that ultimately contributes to improved prevention, treatment, and care strategies for individuals living with or at risk of HIV.

It has been recognized that mathematical models are useful tools for forecasting, understanding, optimising and making choices in a wide range of domains [\[4,](#page-16-3) [5\]](#page-16-4). They enhance our ability to evaluate ideas, analyse complex systems and offer direction for practical applications, ultimately leading to advancements in various felds like, engineering, economics, medicine and science [[6](#page-16-5), [7](#page-16-6)]. Recent advancements have allowed mathematical tools to formulate, investigate and analyze the intricate nature of biological processes [[8](#page-16-7)]. In view of this, experts in epidemiological modeling [[9–](#page-16-8)[12](#page-16-9)] have been created novel models to examine HIV infection from different perspectives. These mathematical models afford intuitions into the dynamics of the immune response and viruses and are used to provide strategies for the management of the infection. These mathematical models described the intricate phenomena of immune system and virus with the efect of treatment and preventive measures [\[13](#page-16-10)]. Mostly of these models consists of three state-variables such as HIV virions, uninfected and infected T-cells, to provide basic understanding of the regulation of viral propagation. In [[14](#page-16-11)], the authors studied the interaction of HIV viruses, healthy and infected T-cells. It is eminent that the infection of HIV can efectively suppressed through antiretroviral therapy, however, therapeutic approaches may not fully restore the immune system [\[15\]](#page-16-12). In order to acquire more exact and accurate fndings that can contribute to

the prevention and control of HIV infection, further research is required to thoroughly study the complex dynamics of the immune system and HIV infection.

This research is organized as: In the second section, we constructed the dynamics of HIV infection to highlight the intricate phenomena of immune system and HIV viruses with the effect of antiretroviral therapy. In section three, we illustrate the rudimentary concepts of the fractional theory for examination of our model. In section four, the dynamics is represented through fractional framework. Section five investigates the solution pathways and oscillatory nature of the system using numerical techniques. Finally, we conclude our work by summarizing our fndings in the last section.

2 Evaluation of HIV Dynamics

Here, we will construct the dynamics of HIV that represents the interface between viruses and immune cells with the efect of antiretroviral therapy. There are numerous mathematical models for this viral infection in the literature [[16–](#page-16-13)[18](#page-16-14)]. In accordance with the fndings of the researcher in [[19](#page-16-15)], the phenomenon of HIV transmission can be described as

$$
\begin{cases}\n\frac{d\mathbf{T}}{dt} = s - k\mathbf{V}\mathbf{T} + r\mathbf{T}\left(1 - \frac{\mathbf{T} + \mathbf{I}}{\mathbf{T}_{\text{max}}}\right) - \mu_{T}\mathbf{T},\\
\frac{d\mathbf{I}}{dt} = k\mathbf{V}\mathbf{T} - \mu_{I}\mathbf{I},\\
\frac{d\mathbf{V}}{dt} = \mu_{I}\mathbf{N}\mathbf{I} - \mathbf{V}\mu_{V},\n\end{cases}
$$
\n(1)

in which *r* is the growth rate of healthy T-cells and *s* indicating the recruitment rate of healthy T-cells. The death rates for viruses, vigorous and diseased T-cells are denoted by μ_V , μ_T , and μ_I , respectively. The number at which viruses are reproduced by infected T-cells denoted by N while η denotes the rate of infection of healthy T-cells. The HIV model proposed by Perelson & Nelson in [[20](#page-16-16)] can be represented as follows

$$
\begin{cases}\n\frac{dT}{dt} = rT\left(1 - \frac{T}{T_{\text{max}}}\right) - \frac{VT\eta}{1 + \alpha V},\\
\frac{dI}{dt} = \frac{VT\eta}{1 + \alpha V} - \mu_I I,\\
\frac{dV}{dt} = NI\mu_I - \mu_V V.\n\end{cases}
$$
\n(2)

In [\[21\]](#page-17-0), the concept of saturated incidence rate has been presented in the dynamics of HIV infection. It is well-known that including the concept of saturated incidence, can help improve our understanding of in what way the virus interrelates with the host's immune system, and how this may impact the clinical course of the infection, treatment strategies, and prevention eforts. Then, we have

$$
\begin{cases}\n\frac{d\mathbf{T}}{dt} = s - \mu_T \mathbf{T} + r \mathbf{T} \left(1 - \frac{\mathbf{T}}{\mathbf{T}_{\text{max}}} \right) - \frac{k \mathbf{V} \mathbf{T}}{1 + \alpha_1 \mathbf{V}} - \frac{\alpha \mathbf{I} \mathbf{T}}{1 + \alpha_2 \mathbf{I}},\\
\frac{d\mathbf{I}}{dt} = \frac{k \mathbf{V} \mathbf{T}}{1 + \alpha_1 \mathbf{V}} + \frac{\alpha \mathbf{I} \mathbf{T}}{1 + \alpha_2 \mathbf{I}} - \mu_I \mathbf{I},\\
\frac{d\mathbf{V}}{dt} = \mu_I N \mathbf{I} - \mu_V \mathbf{V} - \frac{k \mathbf{V} \mathbf{T}}{1 + \alpha_1 \mathbf{V}}.\n\end{cases}
$$
\n(3)

In this context, we are examining the levels of $CD8^+$ T-cells and triggered $CD8^+$ T-cells represented as *C* and *A*, respectively. We epitomize the reproduction of CD8⁺ T-cells from thymus by \hbar_c while these cells are naturally removed at a rate of μ_c . The activation of CD8⁺ T-cells happens in the existence of HIV and eliminated at μ_A . Therefore, assuming the above conditions, the dynamics of HIV can be described as

$$
\begin{cases}\n\frac{dT}{dt} = s - \mu_T T + rT(1 - \frac{T}{T_{\text{max}}}) - \frac{kVT}{1 + \alpha_1 V} - \frac{\alpha IT}{1 + \alpha_2 I},\\
\frac{dI}{dt} = \frac{kVT}{1 + \alpha_1 V} + \frac{\alpha IT}{1 + \alpha_2 I} - \mu_1 I,\\
\frac{dV}{dt} = N\mu_1 I - \mu_V V - \frac{kVT}{1 + \alpha_1 V} - \beta V,\\
\frac{dC}{dt} = \hbar_C - \frac{\eta IC}{1 + \alpha_2 I} - \mu_C C,\\
\frac{dA}{dt} = \frac{\eta IC}{1 + \alpha_2 I} - \mu_A A,\n\end{cases} \tag{4}
$$

where β is the rate at which antiretroviral therapy reduce the load of viruses. Moreover, we have the following

$$
T(0) = T_0, I(0) = I_0, V(0) = V_0, C(0) = C_0 \text{ and } A(0) = A_0.
$$

It's important to note that HIV treatment plans are highly individualized and may vary depending on factors such as the stage of HIV infection, overall health of the person living with HIV, potential drug interactions, and adherence to medication regimens. The development of an efective treatment strategy for controlling HIV requires close collaboration with an experienced health-care official.

3 Fractional‑calculus Analysis

Fractional calculus provides a powerful mathematical tool for studying and analyzing complex biological processes that exhibit non-local and memory-dependent behavior. It allows for a more accurate and comprehensive description compared to classical integer-order models [[22–](#page-17-1)[24\]](#page-17-2) and it has found applications in various areas of biology, ranging from cancer growth to neuronal dynamics.

Fractional calculus has been used in some studies to represent the dynamics of this viral infection, particularly in understanding the memory-dependent behavior and complex dynamics associated with the virus. The use of fractional derivatives in modeling HIV infection provides a way to account for the long-term memory effects and anomalous diffusion that can occur in the progression of the disease. It's

 λ

worth noting that while fractional calculus has been used in some studies to model HIV infection dynamics, it is not the only mathematical approach used in this feld, and more research is required to completly understand the intricate process of HIV infection. HIV infection is a complex and dynamic process that involves multiple biological, immunological, and epidemiological factors, and mathematical modeling, including fractional calculus, can provide valuable insights into its dynamics and potential treatment strategies. Therefore, we represent our model in framework of CF fractional derivative as

$$
\begin{cases}\n\int_{0}^{CF} D_{t}^{\xi} T = s - \mu_{T} T + rT \left(1 - \frac{T}{T_{\text{max}}} \right) - \frac{kVT}{1 + \alpha_{1}V} - \frac{\alpha IT}{1 + \alpha_{2}I}, \\
\int_{0}^{CF} D_{t}^{\xi} I = \frac{kVT}{1 + \alpha_{1}V} + \frac{\alpha IT}{1 + \alpha_{2}I} - \mu_{I}I, \\
\int_{0}^{CF} D_{t}^{\xi} V = N\mu_{I} I - \mu_{V}V - \frac{kVT}{1 + \alpha_{1}V} - \beta V, \\
\int_{0}^{CF} D_{t}^{\xi} C = \hbar_{C} - \frac{\eta IC}{1 + \alpha_{2}I} - \mu_{C}C, \\
\int_{0}^{CF} D_{t}^{\xi} A = \frac{\eta IC}{1 + \alpha_{2}I} - \mu_{A}A,\n\end{cases}
$$
\n(5)

with the initial condition

$$
T(0) = T_0, I(0) = I_0, V(0) = V_0, C(0) = C_0 \text{ and } A(0) = A_0.
$$

There are numerous applications of fractional theory in modeling of infectious diseases. Here, we focussed to model the dynamics of HIV, taking into account the non-local interactions and memory efects that infuence the dynamics of the virus in the body. ^{CF}D.

3.1 Results of Fractional Operator

In this subsection, we will present fundamental defnitions and results that are crucial for analyzing in-vivo dynamics of HIV with the efect of antiretroviral therapy. These analyses will be conducted within the framework of Caputo-Fabrizio (CF) derivative. The rudimentary fndings of the Caputo-Fabrizio operator is given below:

Defnition 1 *Take a function f in, then the CF derivative is given by the following*

$$
D_t^{\xi}(f(t)) = \frac{\mathbf{U}(\xi)}{1 - \xi} \int_a^t f'(z) \exp\left[-\xi \frac{t - z}{1 - \xi}\right] dz,\tag{6}
$$

where a is smaller than b and the fractional order ξ belongs to the interval [0,1]. In addition to this, the normality in the above is indicated by $U(\xi)$ with the condition $U(0) = U(1) = 1$ [\[25](#page-17-3)]. On the other hand, if *f* does not belong $H^1(a, b)$, then, we have

$$
D_t^{\xi}(f(t)) = \frac{\xi \mathbf{U}(\xi)}{1 - \xi} \int_a^t (f(t) - f(z)) \exp\left[-\xi \frac{t - z}{1 - \xi}\right] dz.
$$
 (7)

Remark 1 In the case, if and, then Eq. [\(6](#page-4-0)) *implies that*

$$
D_i^{\xi}(f(t)) = \frac{\mathbf{M}(\alpha)}{\alpha} \int_a^t f'(z) e^{-\frac{t-z}{\alpha}} dz, \mathbf{M}(0) = \mathbf{M}(\infty) = 1.
$$
 (8)

Furthermore, we have

$$
\lim_{\alpha \to 0} \frac{1}{\alpha} \exp\left[-\frac{t-z}{\alpha}\right] = \delta(z-t).
$$
\n(9)

Now, we will represent the concept of integral for CF fractional operator introduced in [\[26\]](#page-17-4).

Defnition 2 *Take a function, then the integral in CF structure is given by the following*

$$
I_t^{\xi}(f(t)) = \frac{2(1-\xi)}{(2-\xi)\mathbf{U}(\xi)}f(t) + \frac{2\xi}{(2-\xi)\mathbf{U}(\xi)}\int_0^t f(u)du, \ t \ge 0.
$$
 (10)

in which the fractional order ξ obeys the condition $0 < \xi < 1$.

Remark 2 The aforementioned Defnition [2](#page-5-0) further leads to

$$
\frac{2(1-\xi)}{(2-\xi)\mathbf{U}(\xi)} + \frac{2\xi}{(2-\xi)\mathbf{U}(\xi)} = 1,
$$
\n(11)

with $U(\xi) = \frac{2}{2-\xi}$, $0 < \xi < 1$. After that, the Eq. ([10](#page-5-1)) is utilized and the following is introduced, given by

$$
D_t^{\xi}(f(t)) = \frac{1}{1-\xi} \int_0^t f'(z) \exp\left[\xi \frac{t-z}{1-\xi}\right] dz, \quad 0 < \xi < 1.
$$
 (12)

4 Numerical Scheme for HIV Dynamics

Here, our key objective is to demonstrate the solution pathways of the recommended system ([4\)](#page-3-0) of HIV with the help of numerical fndings. Various numerical methods have been previously employed in the literature to investigate the dynamics of Caputo-Fabrizio fractional systems, such as those discussed in references [[27](#page-17-5)[–29](#page-17-6)]. In this study, we will adopt the numerical scheme presented in

[\[29\]](#page-17-6) as it is stable, easily implementable and more reliable for representing the dynamics of fractional system. We will visually depict the trajectory behavior of the system and illustrate the fuctuations that occur with variations in diferent input factors.

Initially, the recommended dynamics of HIV infection is represented in Volterra type, and then we utilized the basic results of fractional theory. The numerical scheme is obtained by utilizing the frst equation of our system as

$$
z_1(t) - z_1(0) = \frac{1 - \xi}{U(\xi)} \mathbf{H}_1(t, z_1) + \frac{\xi}{U(\xi)} \int_0^t \mathbf{H}_1(\omega, z_1) d\omega.
$$
 (13)

For $t = t_{m+1}$, $m = 0, 1, ...,$ we have the below

$$
z_1(t_{m+1}) - z_1(0) = \frac{1 - \xi}{U(\xi)} \mathbf{H}_1(t_m, z_1(t_m)) + \frac{\xi}{U(\xi)} \int_0^{t_{m+1}} \mathbf{H}_1(t, z_1) dt.
$$
 (14)

and

$$
z_1(t_m) - z_1(0) = \frac{1 - \xi}{U(\xi)} \mathbf{H}_1(t_{m-1}, z_1(t_{m-1})) + \frac{\xi}{U(\xi)} \int_0^{t_m} \mathbf{H}_1(t, z_1) dt.
$$
 (15)

In this step, we calculate the diferences between successive terms of the system as

$$
z_{1_{m+1}} - z_{1_m} = \frac{1 - \xi}{U(\xi)} (\mathbf{H}_1(t_m, z_{1_m}) - \mathbf{H}_1(t_{m-1}, z_{1_{m-1}})) + \frac{\xi}{U(\xi)} \int_m^{t_{m+1}} \mathbf{H}_1(t, z_1) dt.
$$
\n(16)

In addition, we utilize an interpolation polynomial to approximate the function \mathbf{H} 1(*t*, z₁) within the time interval [t_k , $tk + 1$], resulting in:

$$
\mathbf{P}_k(t) \cong \frac{\mathbf{H}_1(t_k, z_k)}{h}(t - t_{k-1}) - \frac{\mathbf{H}_1(t_{k-1}, z_{k-1})}{h}(t - t_k),
$$
\n(17)

where *h* represents the time duration and is defined as $h = t_m - t_{m-1}$. The expression of $P_k(t)$ is utilized to compute the value of the subsequent integral:

$$
\int_{m}^{t_{m+1}} \mathbf{H}_{1}(t, z_{1}) dt \, \, \text{amp}; = \, \text{amp}; \, \int_{m}^{t_{m+1}} \left(\frac{\mathbf{H}_{1}(t_{m}, z_{1}_{m})}{h} \right) \left(t - t_{m-1} \right) - \frac{\mathbf{H}_{1}(t_{m-1}, z_{1}_{m-1})}{h} (t - t_{m}) dt,
$$
\n
$$
\text{amp}; = \, \text{amp}; \, \frac{3h}{2} \mathbf{H}_{1} \left(t_{m}, z_{1_{m}} \right) - \frac{h}{2} \mathbf{H}_{1} \left(t_{m-1}, z_{1_{m-1}} \right).
$$
\n(18)

Now, putting (17) (17) in (15) (15) , we have the following

$$
\begin{array}{rl} z_{1_{m+1}} \textit{ amp;} = \textit{ amp;} z_{1_m} + \left(\frac{1-\xi}{U(\xi)} + \frac{3\xi h}{2U(\xi)} \right) \! \mathbf{H}_1(t_m, z_{1_m}) \\ \textit{amp;; } \textit{ amp;} - \left(\frac{1-\xi}{U(\xi)} + \frac{\xi h}{2U(\xi)} \right) \! \mathbf{H}_1(t_{m-1}, z_{1_{m-1}}). \end{array}
$$

The provided numerical scheme corresponds to the frst equation in our system [\(5](#page-4-1)) that models HIV infection. By applying the same methodology, we can obtain the appropriate scheme for the other equations of the recommended model ([5\)](#page-4-1) of HIV as:

$$
\begin{array}{rl} z_{2_{m+1}} \textit{ amp}; = \textit{ amp}; z_{2_m} + \left(\frac{1 - \xi}{U(\xi)} + \frac{3\xi h}{2U(\xi)} \right) \mathbf{H}_2(t_m, z_{2_m}) \\ \textit{amp}; \textit{ amp}; \textit{ amp}; - \left(\frac{1 - \xi}{U(\xi)} + \frac{\xi h}{2U(\xi)} \right) \mathbf{H}_2(t_{m-1}, z_{2_{m-1}}), \\ z_{3_{m+1}} \textit{ amp}; = \textit{ amp}; z_{3_m} + \left(\frac{1 - \xi}{U(\xi)} + \frac{3\xi h}{2U(\xi)} \right) \mathbf{H}_3(t_m, z_{3_m}) \\ \textit{amp}; \textit{ amp}; - \left(\frac{1 - \xi}{U(\xi)} + \frac{\xi h}{2U(\xi)} \right) \mathbf{H}_3(t_{m-1}, z_{3_{m-1}}), \end{array}
$$

$$
z_{4_{m+1}} \text{ amp;} = \text{ amp;} z_{4_m} + \left(\frac{1-\xi}{U(\xi)} + \frac{3\xi h}{2U(\xi)}\right) \mathbf{H}_4(t_m, z_{4_m})
$$

amp;amp;
$$
amp; = \left(\frac{1-\xi}{U(\xi)} + \frac{\xi h}{2U(\xi)}\right) \mathbf{H}_4(t_{m-1}, z_{4_{m-1}}),
$$

and

$$
z_{5_{m+1}} \text{ amp;} = \text{ amp; } z_{5_m} + \left(\frac{1-\xi}{U(\xi)} + \frac{3\xi h}{2U(\xi)}\right) \mathbf{H}_5(t_m, z_{5_m})
$$

amp;
$$
\text{amp;} = \left(\frac{1-\xi}{U(\xi)} + \frac{\xi h}{2U(\xi)}\right) \mathbf{H}_5(t_{m-1}, z_{5_{m-1}}).
$$

The method employed involves a two-step Adams-Bashforth scheme to handle the Caputo-Fabrizio operator, which considers the nonlinearity of the kernel. Moreover, it includes an exponential decay law that is specially designed for the Caputo-Fabrizio operator.

5 Numerical Results

The infection of HIV have a high negative impact on households in APR despite massive worldwide eforts to avoid it. A loss of capital needed to address the income-to-expenditure gap, decreased employment income, and increased health care costs are all contributory factors to this burden. In order to avoid these losses, it is crucial to understand and more accurately represent the dynamics of this viral infection. In this section, we will illustrate the dynamical behaviour of the system to show the impact of input parameters on the system. For numerical purposes, the values of state-variables and input parameters are considered.

In the frst scenario presented in Figs. [1](#page-8-0), [2](#page-9-0) and [3](#page-10-0), we have shown the impact of the fractional parameter on the system and presented a comparative view of integer and non-integer cases. In Fig. [1,](#page-8-0) we assumed the value of fractional parameter $\xi = 1.0$ to represent the integer case of the system. In Figs. [2](#page-9-0) and [3,](#page-10-0) we assumed the values of *𝜉* to be 0.856 and 0.656 to illustrate the non-integer case of the system. It has been observed that the fractional parameter has an attractive impact on the dynamics of the HIV infection. We showed the influence of the input parameter η on the output

Fig. 1 Representation of the solution paths of HIV infection system with the fractional parameter $\xi = 1.00$

of the system in Fig. [4](#page-11-0). In this simulation, η is assumed to be 0.003, 0.005, 0.007 and 0.009 to highlight the dynamics of $CD8⁺$ T-cells. In Fig. [5](#page-12-0), the tracking paths of the concentrations of CD4⁺ T-cells, HIV viruses and CD8⁺ T-cells has been illustrated with the variation of the input parameter α . For this purpose, we take the values of

Fig. 2 Representation of the solution paths of HIV infection system with the fractional parameter $\xi = 0.856$

 α to be 1×10^{-5} , 10×10^{-5} , 50×10^{-5} , and 100×10^{-5} . The solution pathways of the system is highlighted with different values of β in Fig. [6.](#page-12-1) In this simulation, we take $\beta = 0.35, 0.45, 0.55, 0.65$ and observed the role of β on the output of the system.

Fig. 3 Representation of the solution paths of HIV infection system with the fractional parameter $\xi = 0.656$

In the last simulation illustrated in Figs. [7](#page-13-0) and [8](#page-14-0), we plotted the phase portrait of the system with diferent input factors to conceptualize the phenomena. In Fig. [7,](#page-13-0) we considered the input parameters $\xi = 0.9$, $s = 3.0$ and $r = 3.0$ while input values are taken to be $\xi = 0.8$, $s = 5.0$ and $r = 1.0$ in Fig. [8](#page-14-0). It can be observed that

Fig. 4 Plotting the solution paths of HIV infection system with the variation of the input parameter α , i.e., $\alpha = 110^{-5}$, 1010⁻⁵, 5010⁻⁵, 10010⁻⁵

Fig. 5 Plotting the solution paths of HIV infection system with the variation of the input parameter η , i.e., $\eta = 0.003, 0.005, 0.007, 0.009$

Fig. 6 Graphical respresentation of the solution pathways of healthy CD4⁺ T-cells, infected CD4⁺ T-cells and HIV viruses with the variation of β , i.e., $\beta = 0.35, 0.45, 0.55, 0.65$

Fig. 7 Graphical analysis of the phase portrait of the system with diverse values of input parameters of HIV model with $\xi = 0.9$, $s = 3.0$ and $r = 3$

the system possesses oscillatory behaviour which is due to the nonlinear nature of the system. These types of phenomena depend on the initial conditions, system parameters and strong nonlinearity of the system which needs to be controlled. Further developments in in vivo models of HIV will provide critical insights into

Fig. 8 Graphical investigation of the phase portrait of the system with dissimilar values of input parameters of HIV model with $\xi = 0.8$, $s = 5$ and $r = 1$

the mechanisms immune responses, viral persistence and the advancement of targeted strategies. These studies will pave the way for the advancement of more efective treatment interventions and ultimately aid in achieving long-term remission or a functional cure for HIV.

6 Conclusion

The defensive system of humans is weakened by HIV infection against other infections by attacking the immune system and destroying T-cells. The global public health community is currently quite concerned about this issue. Despite recent evidence that the infection is declining, further study is necessary to completely understand how the viruses interact with T-cells. In this study, we formulated the dynamics of HIV, considering the interaction of viruses and immune system with the efect of antiretroviral therapy. The basic concepts of fractional calculus are presented for the analysis of the model and a fractional framework is used for the dynamics of HIV infection. To represent the dynamical behaviour of the system, we introduced a numerical scheme. The tracking paths and the phase portraits of the system are depicted to illustrate the most sensitive parameters of the system. We have illustrated diferent simulations to show the importance of input parameters on the output of the system and to conceptualize the most crucial circumstances of the system. The impact of input factors has been visualized with the help of numerical fndings and most critical parameters are suggested to the policymakers and health officials. In vivo models will remain crucial in assessing cutting-edge therapeutic approaches and HIV treatment plans. Testing of novel antiretroviral medications, immunotherapies, gene treatments, and combination strategies are included in this. Future models will be used to evaluate the efectiveness, safety, and possibility of viral eradication or long-term remission of the therapy.

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Author Contributions TT presented the biological mechanism of interactions of HIV and immune system. TT supervised the overall work. RJ formulated the model of HIV and analyzed the system. HA carried out the numerical simulation of the work and wrote the manuscript. ZA conceptualized, supervised and validated the dynamics of HIV infection. NV presented the numerical scheme and fnd out the numerical results through software. MR investigated the model and checked accuracy of numerical fndings. All authors read and approved the fnal manuscript.

Data Availability Not applicable.

Declarations

Confict of Interest There is no competing interests regarding this work.

Ethical Approval Not applicable.

Consent to Participate Not applicable.

Consent for Publication Not applicable.

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Authors and Afliations

$\mathsf{Tao}\text{-}\mathsf{Qian}\text{-}\mathsf{Tang}^{1,2,3,4,5}\text{-}\mathsf{Rashid}\text{-}\mathsf{Jan}^6\text{-}\mathsf{Hassan}\text{-}\mathsf{Ahmad}^6\text{-}\mathsf{Zahir}\text{-}\mathsf{Shah}^7\text{-}\mathsf{D}\text{-}\mathsf{Hak}^7$ **Narcisa Vrinceanu8 · Mihaela Racheriu9,10**

- \boxtimes Zahir Shah zahir@ulm.edu.pk
- \boxtimes Narcisa Vrinceanu vrinceanu.narcisai@ulbsibiu.ro
- ¹ Department of Internal Medicine, E-Da Hospital, I-Shou University, Kaohsiung 82445, Taiwan
- ² School of Medicine College of Medicine, I-Shou University, Kaohsiung 82445, Taiwan
- ³ International Intercollegiate Ph.D. Program, National Tsing Hua University, Hsinchu 30013, Taiwan
- ⁴ Department of Family and Community Medicine, E-Da Hospital, Kaohsiung 82445, Taiwan
- ⁵ Department of Engineering and System Science, National Tsing Hua University, Hsinchu 30013, Taiwan
- ⁶ Institute of Energy Infrastructure (IEI), Department of Civil Engineering, College of Engineering, Universiti Tenaga Nasional (UNITEN), Putrajaya Campus, Jalan IKRAM-UNITEN, 43000 Kajang, Selangor, Malaysia
- ⁷ Department of Mathematical Sciences, University of Lakki Marwat, Lakki Marwat 28420, KPK, Pakistan
- ⁸ Faculty of Engineering Department of Industrial Machines and Equipments, Lucian Blaga University of Sibiu, 10 Victoriei Boulevard, Sibiu, Romania
- ⁹ Medicine Faculty, Lucian Blaga Univ Sibiu, 2A Lucian Blaga Str, 550169 Sibiu, Romania
- ¹⁰ Cty Clin Emergency Hosp, 2-4 Corneliu Coposu Str, 550245 Sibiu, Romania

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