



# Effects of phenylethanol glycosides from *Orobancha cernua* Loefling on UVB-Induced skin photodamage: a comparative study

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## Abstract

Previous study has found that *Orobancha cernua* Loefling(OC) and its main ingredient, acteoside, possess excellently anti-photo-aging effect. In addition to acteoside, crenatoside, isoacteoside and 2'-acetylacteoside were also identified as the main phenylethanol glycosides (PhGs) in OC. To screen optimum effective substance and further clarify the photoprotective ingredients of OC, the effects of four major PhGs in OC were compared using UVB-irradiated HaCaT cells. Results indicated that acteoside, isoacteoside and 2'-acetylacteoside effectively decreased UVB-induced MMP-1 expression and stimulated type I procollagen synthesis through inhibition of MAPK/AP-1 and activation of TGF- $\beta$ /Smad pathway. Moreover, acteoside and 2'-acetylacteoside significantly reduced UVB-induced ROS and TARC secretion, which is involved in the inhibition of NF- $\kappa$ B/ $\text{I}\kappa$ B $\alpha$  and stimulation of Nrf2 antioxidant defense system. However, crenatoside did not show any effect on the regulation of signal cascades mentioned above. Together, our results suggested that 2'-acetylacteoside and isoacteoside also served as efficient agents against UV radiation-induced skin damage. Among them, acteoside and 2'-acetylacteoside showed a higher efficiency than that of isoacteoside, which possessed great potential in treating skin photo-damage.

**Keywords** Phenylethanol glycosides · Ultraviolet B · Photodamage · HaCaTs

## 1 Introduction

Photo-damage is a highly complex process in which multiple molecular mechanisms are involved. The key mechanism in which UV radiation caused skin damage lies in the excessive production of reactive oxygen species (ROS) [1]. It is reported that the UV-energized cellular chromophores can react with molecular oxygen, leading to ROS generation [2]. Actually, our skin is endowed with various antioxidant systems to deal with oxidative damage. The NF-E2-related

nuclear factor 2 (Nrf2)/antioxidant-response element (ARE) pathway is one of the effective cellular defense systems, which is commonly seized by the Kelch-like ECH-associated protein 1 (Keap1) and localized in cytoplasm. Upon activation, Nrf2 is released from keap 1, trans-locates into the cell nucleus and binds to ARE, subsequently, activates antioxidants, such as HO-1 and NQO-1 expression [3]. When UV-generated ROS exceeds the capacity of cells to chemically eliminate ROS, damage will occur in skin. Long-time oxidative stress stimulates matrix metalloproteinase (MMPs) production, collagen degradation, finally leads to skin photo-aging. Moreover, UV radiation causes cellular DNA damage, pigmentation, inflammation, immunomodulation, and even tumorigenesis [4].

The increase of MMPs caused by UV radiation was found to be induced by a series of protein kinase cascade [5, 6]. Previous studies found that UVB-activated MAPK could trigger MMPs gene transcription by the up-regulation of activator protein 1 (AP-1) transcriptional factor [7]. Moreover, NF- $\kappa$ B was reported to be implicated in MMPs transcription [8]. NF- $\kappa$ B was a key transcription factor that regulates pro-inflammatory cytokines. It was commonly localized in cytoplasm by binding with an inhibitory protein

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known as inhibitory- $\kappa\beta$  (I- $\kappa\beta$ ). UV radiation was found to activate NF- $\kappa\beta$  via stimulation of I $\kappa\beta$  degradation [9, 10]. In addition to transcriptional regulation, the activated NF- $\kappa\beta$  also could accelerate MMPs expression by stimulation of inflammatory factors [11].

It is well known that UVB-irradiated skin could stimulate pro-inflammatory cytokines like IL-1 $\alpha$ , IL-1 $\beta$ , TNF- $\alpha$ . Thymus and activation-regulated chemokine (TARC) is produced in response to pro-inflammatory cytokines, especially TNF- $\alpha$  [12]. The TARC, also called CCL17, could attract CCR4-positive T cells known as Th2 subtype, which played a vital role in Th2-mediated skin inflammatory disease, such as atopic dermatitis (AD) [13]. Previous studies have reported that the narrowband UVB (311 nm) and UVA (320–400 nm) radiation could inhibit TNF- $\alpha$  and IFN- $\gamma$  induced TARC expression, which suggested that they have therapeutic effects on AD [14, 15]. Unlike UVA and narrowband UVB, UVB irradiation was found to promote the development of AD-like skin lesions [16]. Recently, Jang et al. [17] found that UVB irradiation effectively increased thymic stromal lymphopoietin (TSLP) expression by activation MAPK pathway in HaCaTs. TSLP was the key factor to induce TARC expression [18], which suggested that MAPK might be involved in regulation of TARC expression.

Apart from promoting collagen degradation, UV radiation was also shown to suppress procollagen synthesis [19]. Transforming growth factor- $\beta$  (TGF- $\beta$ ) is an important regulator of procollagen synthesis [20]. It is reported that TGF- $\beta$  protein can initiate its cellular actions by combining with its cell-surface receptor, and then phosphorylate Smad2/3 transcription factor. The activated Smad2 and Smad3 associates with Smad4, in turn, transduces signal to nucleus and promote TGF- $\beta$ -responsive genes transcription, such as type I procollagen [21]. Smad7 is a negative regulator that interfere Smad2/3 activation. UVB radiation was found to impair TGF- $\beta$ /Smad pathway through inhibition of Smad2/3 activation and up-regulation of Smad7 level [22].

The main ingredients of *Orobancha cernua* (OC) were identified as phenylethanoid glycosides (PhGs). HPLC showed that OC mainly contained crenatoside, acteoside, isoacteoside and 2'-acetylacteoside [23]. Previous study has found that OC and its main ingredient, acteoside, possess significant anti-photo-aging effects [24]. However, the effects of other compounds against UVB-induced skin photo-damage has not been studied. This study was performed to compare the photoprotective effects of main PhGs (crenatoside, acteoside, isoacteoside and 2'-acetylacteoside) from OC on UVB-induced photo-damage in HaCaTs, together with their underlying mechanism of action. The results indicated that acteoside, isoacteoside and 2'-acetylacteoside were more effective than crenatoside in regulating UV-induced skin photo-damage. They could effectively decrease UVB-induced MMP-1 expression via inhibition

of MAPK/AP-1 pathway, and promoting procollagen type I synthesis through activation of TGF- $\beta$ /Smad. It was worth mentioning that acteoside and 2'-acetylacteoside could significantly inhibit UVB-induced ROS and TARC production, the internal mechanism was involved in the activation of Nrf2 antioxidant system and inhibition of NF- $\kappa\beta$ /I $\kappa\beta$  $\alpha$  and MAPK pathway. Based on the present results, acteoside and 2'-acetylacteoside have shown more widely effects in preventing UVB-induced photo-damage, which served as good candidates in cosmetics and functional foods industry, as well as drugs developing.

## 2 Materials and Methods

### 2.1 Chemicals and reagents

The chemical reagents were provided by J.T. Baker (Avantor Performance Materials, Inc, Center Vally, PA, USA). An analytical-grade ethanol was purchased from Samchun Chemicals (Seoul, Korea). Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS) and penicillin–streptomycin were obtained from Gibco BRL (Grand Island, NY, USA). The standard compounds of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside were provided by our previous laboratory. The MMP-1 and TARC ELISA kits were purchased from R&D Systems (R&D Systems, Inc., Minneapolis, MN, USA). The Antibodies of p-Smad2/3, Smad7, TGF- $\beta$ 1, p-c-fos, p-c-jun, c-jun, c-fos, and  $\beta$ -actin were obtained from Santa Cruz Biotechnology (Dallas, TX, USA). The antibodies against p-ERK, p-JNK, p-p38, ERK, JNK, p38, Nrf2, HO-1, NQO-1, Histone, and SP600125 (JNK inhibitor), PD98059 (ERK inhibitor) were bought from Cell Signaling Technology (Danvers, MA, USA).

### 2.2 Preparation of OC extracts

The OCs were kindly provided by Institute of Special Wild Economic Animals and Plants, Chinese Academy of Agricultural Sciences, which was identified by Prof. Wei Hou. The dried slices of OC (20 g) were powdered and extracted by 1L 70% ethanol for 48 h. The extracts were filtered and then evaporated under vacuum at 40 °C using a rotary evaporator. The concentrated extracts were finally lyophilized by a freeze dryer (FDCE-12012; Operon Co., Gimpo-si, Korea) for 48 h.

### 2.3 HPLC analysis

High-performance liquid chromatography (HPLC) was performed on a Dionex Chromelon TM chromatography data system with P580 and UVD100 detectors (Thermo

Fisher Scientific Inc., Waltham, MA USA). Chromatographic separation was performed on a Waters Sunfire C18 column (250 × 4.6 mm, 5- $\mu$ m particle size). The mobile phase consisted of solvent A (Water with 0.1% formic acid,  $v/v$ ) and solvent B (MeOH) was eluted with the condition as follows: 0–4 min, 30%B; 4–8 min 30–38%B; 8–22 min, 38–40%B; 22–24 min, 40–90%B; 24–28 min, 90%B 28–29 min, 90–30%B; 29–35 min, 30%B. The injection volume was 10  $\mu$ L and the flow rate was 1 mL/min. The detection wavelength was set as 330 nm, and the column temperature was 30 °C.

## 2.4 Standard preparation and calibration curve

The reference standards (crenatoside, acteoside, isoacteoside and 2'-acetylacteoside) were purified by our laboratory, and its purity was over 98% as determined by HPLC and  $^1\text{H-NMR}$  [23]. The chemical structural formulas of the four compounds were showed in Fig. 1. Standard stock solution of 1 mg/mL was prepared by dissolving 25 mg standard substrate with 80% ethanol, and dilute to volume in a 25-mL volumetric flask. Then, the stock was diluted to 500, 200, 100, 50  $\mu\text{g/ml}$ , respectively. These four standard solutions together with the stock solution were injected to HPLC to generate a five point calibration curve. All standard curves possessed good linearity in that  $R^2 > 0.999$ . The areas of four compounds in OC were within the linear range of the

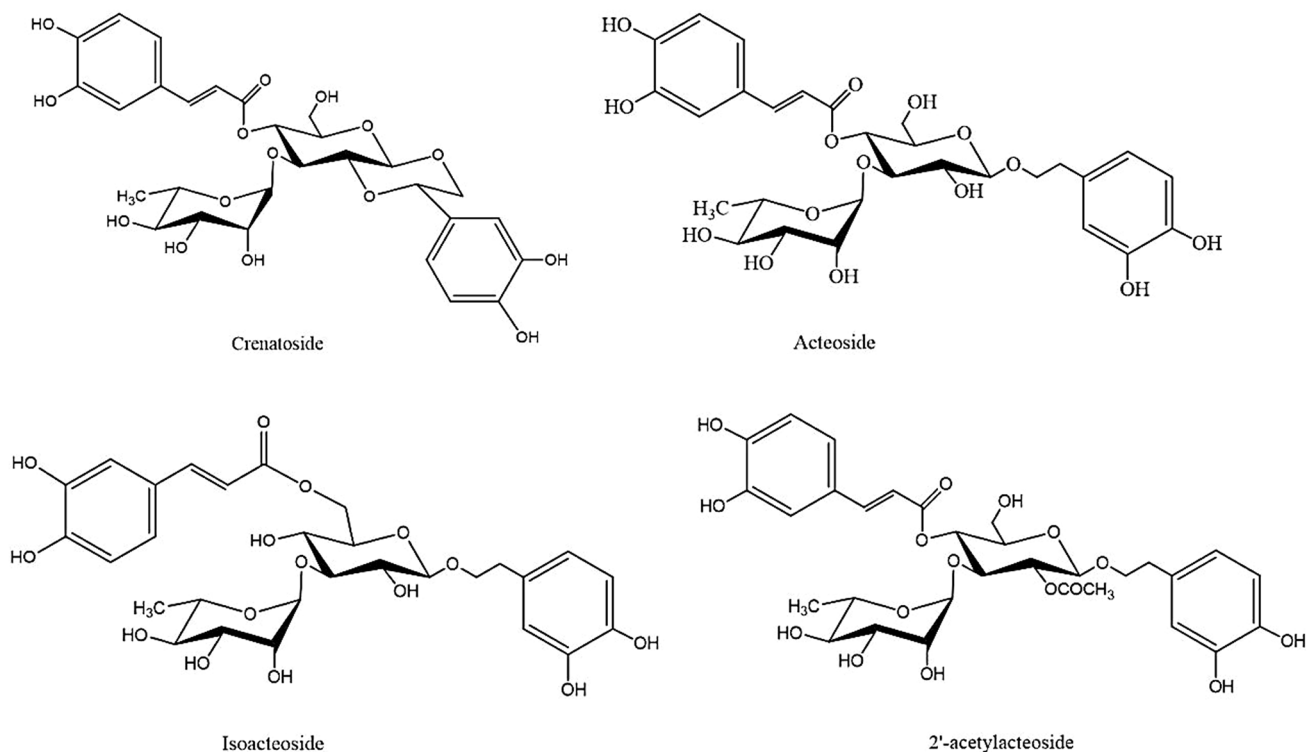
standard curve. Relative standard deviations of the four compounds for three injections of the OC extract were less than 2.0%.

## 2.5 Diphenyl-1-1-picrylhydrazyl (DPPH) scavenging activity

The antioxidant activities of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside were determined by DPPH assay. 40  $\mu\text{L}$  of different concentration samples was put into a 96-well plate and then 160  $\mu\text{L}$  of DPPH (0.2 mM) in methanol was added in each well. After incubation in the dark environment for 30 min at 37 °C, the absorbance was measured at 520 nm by a microplate reader (Molecular Devices E09090; San Francisco, CA, USA). Arbutin as a positive control was introduced.

## 2.6 Cell culture, UVB irradiation and sample treatment

HaCaT cells (Sciencell, Carlsbad, CA, USA) were grown in DMEM containing 10% heat-inactivated FBS and 1% penicillin–streptomycin in a humidified atmosphere with 5%  $\text{CO}_2$  and 95% air at 37 °C. When the cell fusion reached 80%, the media were removed and washed with PBS twice. Then, a thin layer of PBS was added into cell culture plate and cells were exposed to UVB radiation at 125  $\text{mJ/cm}^2$  by



**Fig. 1** The chemical structural formula of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside

a UVB radiation machine (Bio-Link BLX-312; Vilber Lourmat GmbH, Marne-la-Vallee France). After irradiation, PBS was removed and treated with or without samples in serum-free medium conditions immediately. The normal group was kept in the same culture conditions without samples and UVB irradiation. To inhibit the function of JNK, HaCaTs cells were pre-treated with MAPK inhibitors (20  $\mu$ M) for 2 h. In this study, the concentrations of all compounds were calculated as  $\mu$ M.

## 2.7 Cell viability

The effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on the viabilities of HaCaTs cells were assessed by MTT assay. MTT is a colorimetric assay for evaluating cell viability. The cell survival rate can be obtained through measuring the absorbance of colored solution at a certain wavelength. After 48 h samples' treatment, the supernatants of each well were removed entirely and a total of 100  $\mu$ L MTT solution (0.1 mg/mL) was added. After 4 h of incubation, the supernatants were aspirated and 150  $\mu$ L dimethyl sulfoxides was added. The absorbance was measured at 570 nm by a microplate reader (Molecular Devices, USA).

## 2.8 Measurement of ROS production

The intracellular ROS was measured by 2',7'-dichlorofluorescein diacetate (DCFH-DA). After 24 h samples treatment, the cells were incubated with 30  $\mu$ M of DCFH-DA (Sigma-Aldrich) at 37 °C for 30 min. Then, cells were rinsed with PBS three times and read by a multi-mode microplate reader as per the manufacturer's instruction (Molecular Devices Filter Max F5; Sunnyvale, CA, USA).

## 2.9 Measurement of MMP-1 and TARC production

After 72 h samples treatment, the supernatants of cell culture were harvested. The secretions of MMP-1 and TARC were detected using commercially available ELISA kits (R&D Systems, Inc., Minneapolis, MN, USA) according to the manufacturer's instruction. Each experiment was repeated three times.

## 2.10 Reverse transcription—polymerase chain reaction (RT—PCR)

After 24 h samples treatment, the total RNA was isolated from HaCaT cells following the manufacturer's instructions by TRIZOL reagent (Invitrogen Life Technologies, Carlsbad, CA). The RNA (3  $\mu$ g) was reverse-transcribed with 200 units of reverse transcriptase and 0.5  $\mu$ g/ $\mu$ L oligo-(dT)15 primer (Bioneer Co., Daejeon, Korea). This reaction was performed

at 70 °C for 5 min, 42 °C for 60 min, and then terminated at 94 °C for 5 min. The PCR amplification performed with PCR premix (Bioneer Co., Daejeon, Korea), and the primers used this reaction are described as follows: GAPDH forward primer 5'-ACC ACA GTC CAT GCC ATC AC-3', reverse primer 5'-CCA CCA CCC TGT TGC TGT AG-3'; MMP-1 forward primer 5'-TGC GCA CAA ATC CCT TCT AC-3', reverse primer 5'-TTC AAG CCC ATTTGG CAG TT-3'; Type I procollagen forward primer 5'- CTC GAG GTG GAC ACC CT-3', reverse primer 5'-CAG CTG GAT GGC CAC ATC GG -3'

## 2.11 Western blot analysis

The HaCaT cells were harvested after samples treatment. Total proteins were extracted and analyzed by western blot as previously methods [25]. Densitometric measurements of bands were analyzed by ImageMaster TM 17 2D Ekite software (Amersham Pharmacia Biotech, Piscataway, NJ, USA). Each experiment was repeated at least three times.

## 2.12 Statistical analysis

All experiments were performed independently three times. Differences in data among the groups were analyzed by one-way analysis of variance ANOVA, and all values were expressed as mean  $\pm$  S.D.  $p < 0.05$ ,  $p < 0.01$  and  $p < 0.001$  were considered statistically significant for *t test*.

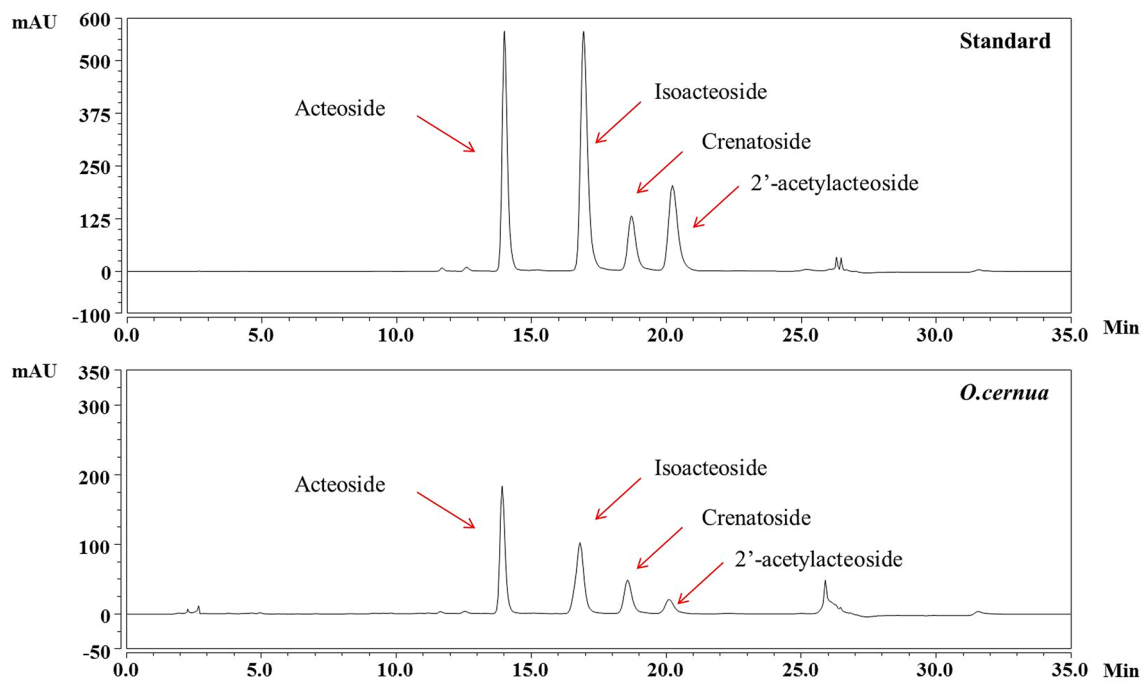
## 3 Results

### 3.1 Analysis of main components from OC

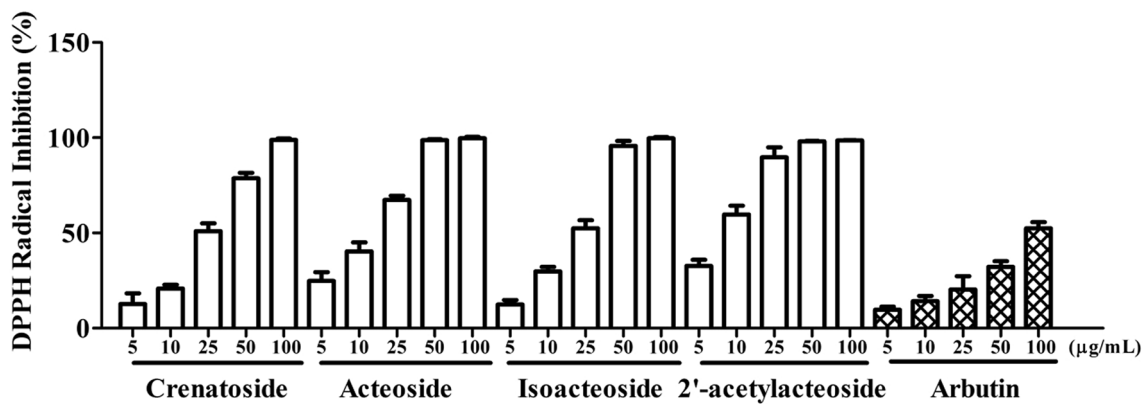
The major compounds isolated from OC were identified as crenatoside, acteoside, isoacteoside and 2'-acetylacteoside (Fig. 2). The contents of these four compounds were confirmed by comparing the retention time and the spectrum with the standard offered by the Institute of Special Animal and Plant Sciences of CAAS. The purity of these compounds is over 98% as detected by area normalization method based on the HPLC chromatogram. The contents of acteoside, isoacteoside, crenatoside, and 2'-acetylacteoside were 62.85, 63.10, 27.72 and 14.90  $\mu$ g/g, respectively. Total phenylethanoid glycosides were calculated as 168.57  $\mu$ g/g.

### 3.2 DPPH radical scavenging activity

As shown in Fig. 3, crenatoside, acteoside, isoacteoside and 2'-acetylacteoside does-dependently scavenged DPPH free radicals, they showed stronger scavenging abilities than arbutin. Crenatoside, acteoside, isoacteoside and 2'-acetylacteoside inhibited DPPH radicals with IC<sub>50</sub> values of



**Fig. 2** HPLC profile of standard (crenatoside, acteoside, isoacteoside and 2'-acetylacteoside) and the extract derived from OC



**Fig. 3** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on DPPH radicals. The inhibitory activities were calculated as the % of normal value. The range of concentration was 5, 10, 25, 50 and 100 µg/mL. Arbutin was used as a positive control. Values are means  $\pm$  SDs

28.76 µg/mL, 17.59 µg/mL, 23.87 µg/mL and 9.30 µg/mL, respectively.

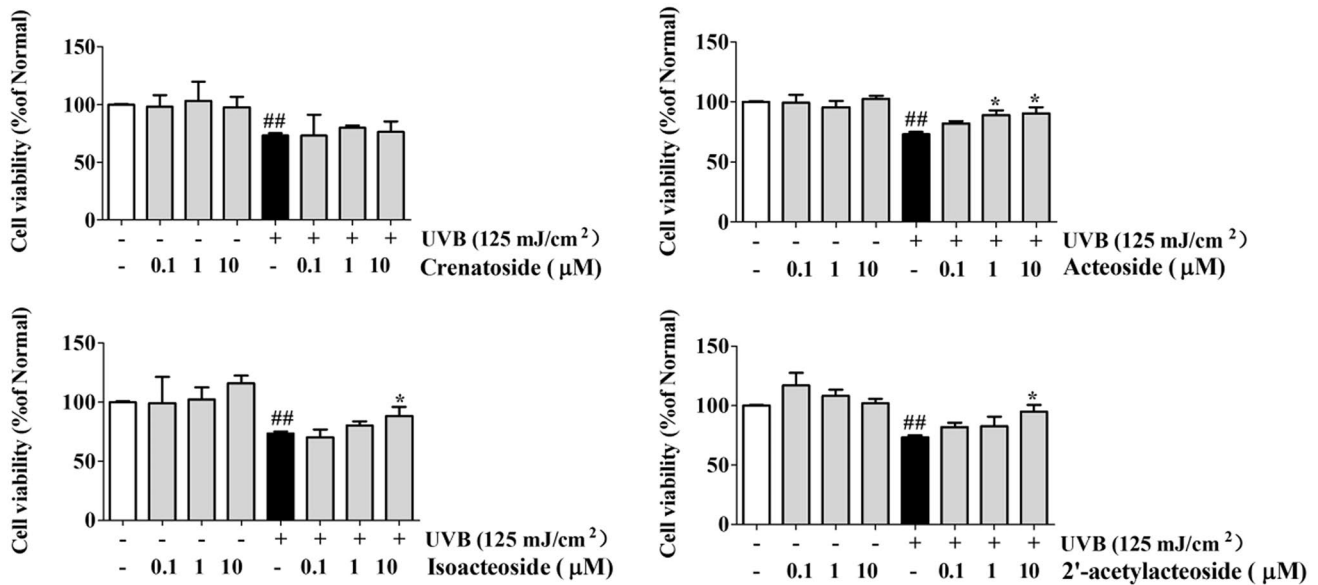
### 3.3 Cell viability

MTT assay was conducted to analyze the effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on cell viabilities. As shown in Fig. 4, the HaCaT cell viability declined significantly after UVB radiation compared with the non-irradiated cell; however, treatment of acteoside, isoacteoside and 2'-acetylacteoside reversed the decreased cellular activity in a dose-dependent manner. Acteoside,

isoacteoside and 2'-acetylacteoside with 10 µM recovered the viability by 23.71%, 20.24% and 29.49%, compared with UVB-irradiated cells.

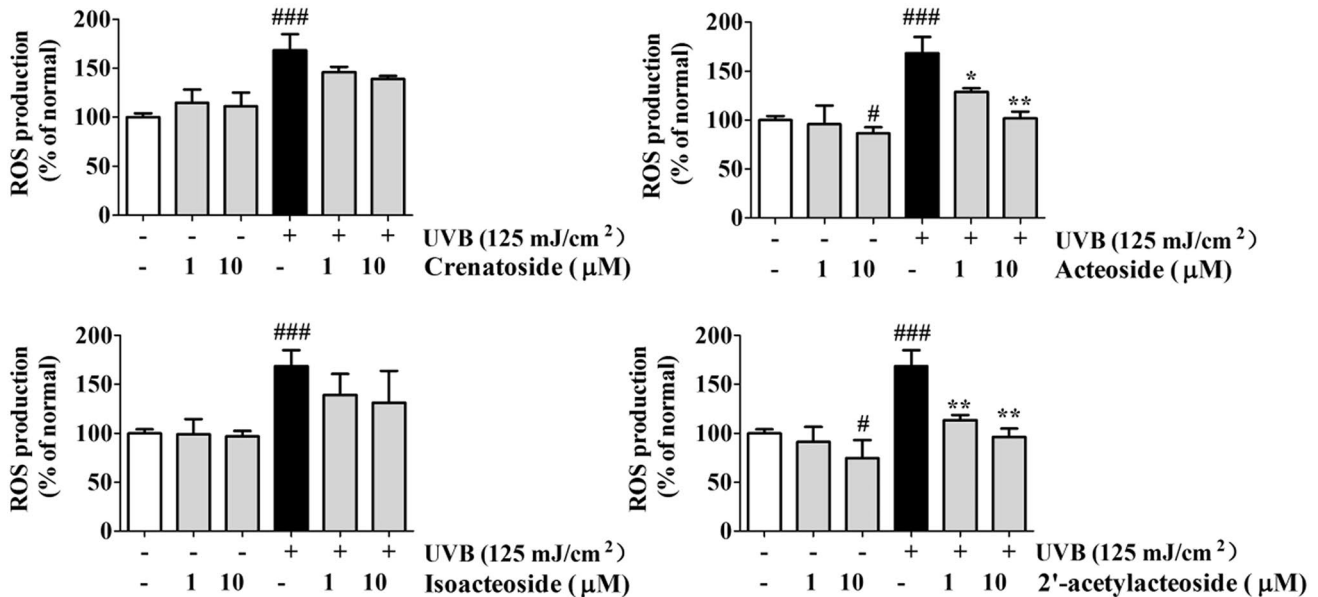
### 3.4 ROS production

As shown in Fig. 5, treatment of cells with UVB radiation resulted in the increase of ROS levels, whereas acteoside and 2'-acetylacteoside (10 µM) treatment markedly inhibited UVB-stimulated ROS production, the trend was reduced by 39.47% and 43.01%, respectively, compared with UVB-treated group.



**Fig. 4** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on cell viability. HaCaT cells were irradiated or non-irradiated with 125 mJ/cm<sup>2</sup> UVB. Then the cells were treated with different concentrations of samples for 48 h. Cell viabilities were measured

by MTT assay. All data was shown as the mean ± SD. ## =  $p < 0.01$ , compared with non-irradiated group. \* =  $p < 0.05$ , compared with only UVB-irradiated group



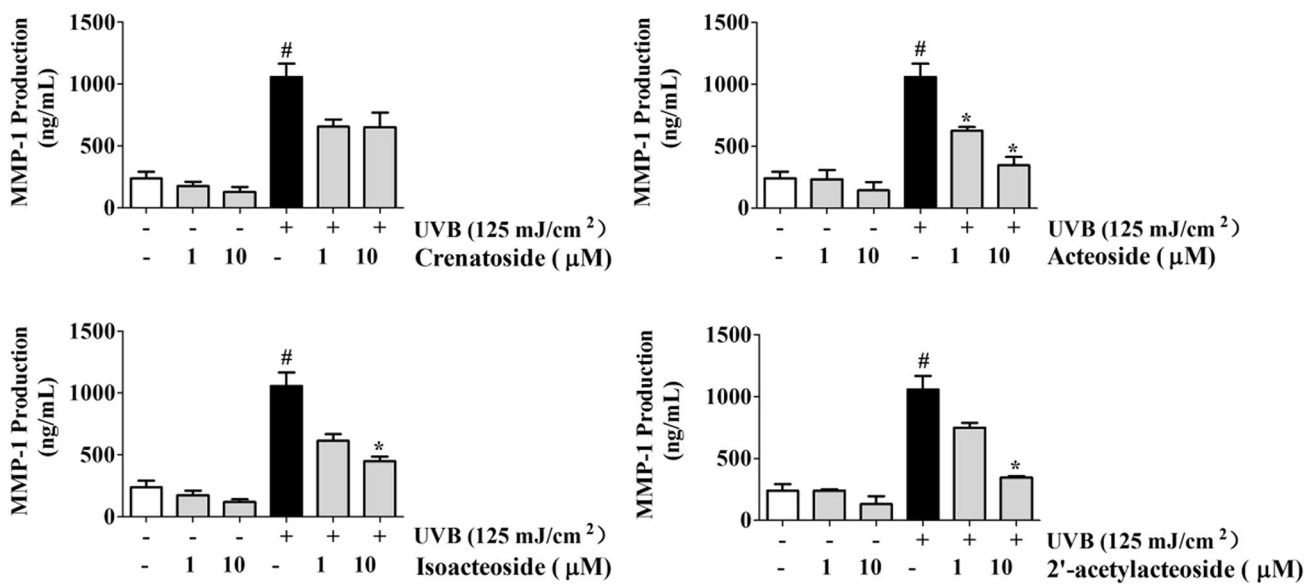
**Fig. 5** Effect of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on ROS production. After UVB irradiation, the cells were treated with different concentrations of samples for 24 h. Cellular ROS levels were measured by DCFH-DA assay. All data was shown

as the mean ± SD. # =  $p < 0.05$ , ### =  $p < 0.001$ , compared with non-irradiated group. \* =  $p < 0.05$ , \*\* =  $p < 0.01$ , compared with only UVB-irradiated group

### 3.5 MMP-1 production detected by ELISA kit

The effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on MMP-1 expression were investigated by ELISA kit. As shown in Fig. 6, UVB-irradiated cells

caused a significant increase in MMP-1 secretion. However, treatment with acteoside, isoacteoside and 2'-acetylacteoside significantly prevented the cells from UVB-induced MMP-1 production. It was indicated that 10 μM acteoside, isoacteoside and 2'-acetylacteoside could reduce UVB-induced



**Fig. 6** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on MMP-1 production. After UVB irradiation, the cells were treated with different concentrations of samples for 24 h.

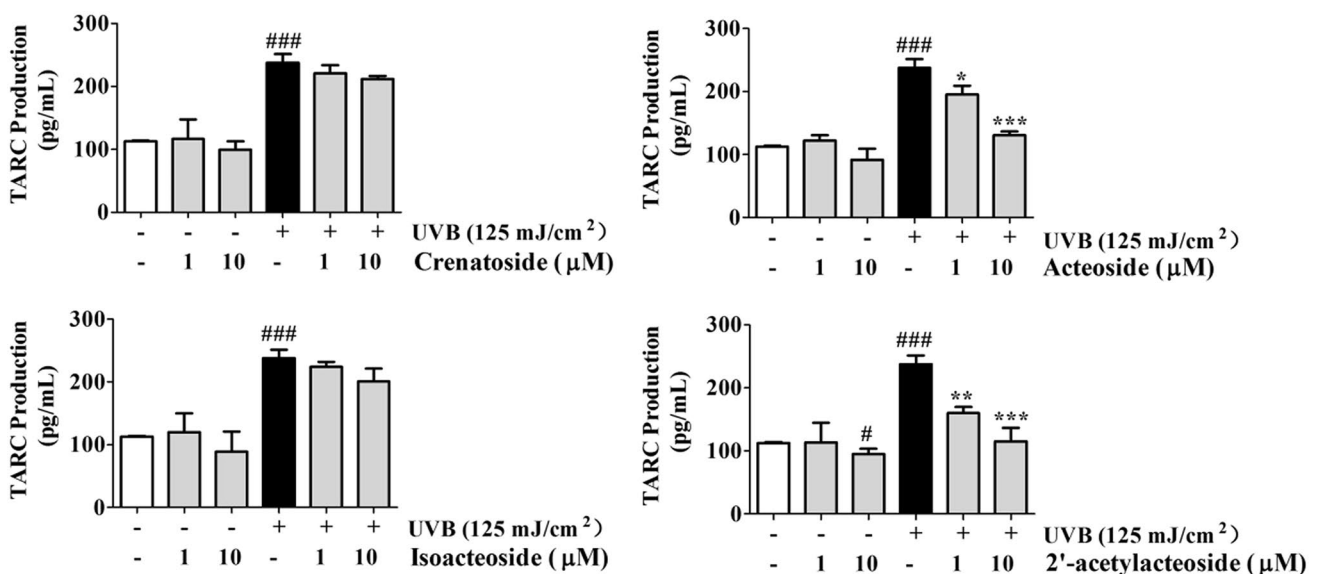
MMP-1 secretion was measured by ELISA kit. All data was shown as the mean ± SD. # = *p* < 0.05, compared with non-irradiated group. \* = *p* < 0.05, compared with only UVB-irradiated group

MMP-1 expression by 67.29%, 57.32% and 67.20%, respectively, compared with UVB group.

### 3.6 TARC production detected by ELISA kit

To determine whether PhGs inhibited UVB-induced TARC production, the supernatants were evaluated by ELISA kit.

As shown in Fig. 7, the level of TARC was increased greatly after UVB irradiation. Treatment of acteoside, and 2'-acetylacteoside decreased TARC expression in a dose-dependent manner. The results indicated that 10 μM acteoside and 2'-acetylacteoside could reduce UVB-induced TARC expression by 45.07% and 51.59%, respectively, compared with UVB group.



**Fig. 7** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on TARC production. After UVB irradiation, the cells were treated with different concentrations of samples for 24 h. TARC secretion was measured by ELISA kit. All data was shown as the

mean ± SD. # = *p* < 0.05, ### = *p* < 0.001, compared with non-irradiated group. \* = *p* < 0.05, \*\* = *p* < 0.01, \*\*\* = *p* < 0.001, compared with only UVB-irradiated group

### 3.7 MMP-1 and Type I procollagen mRNA expression analyzed by RT-PCR

The effects of PhGs on the mRNA levels of MMP-1 and Type I procollagen in UVB-irradiated HaCaTs were assessed by RT-PCR. As shown in Fig. 8, the mRNA level of MMP-1 was observably enhanced when HaCaTs were treated with 125 mJ/cm<sup>2</sup> UVB. However, this increase in MMP-1 was significantly attenuated by treatment with acteoside, isoacteoside and 2'-acetylacteoside, which could inhibit MMP-1 expression by 24.14%, 31.28% and 36.54%, respectively, compared with UVB-irradiated groups.

Conversely, the mRNA level of type I procollagen was decreased after UVB irradiation. The results demonstrated that post-treatment with acteoside, isoacteoside, 2'-acetylacteoside could reverse UVB-induced decrease of type I procollagen mRNA. Specifically, acteoside (10 μM) could effectively promote type I procollagen levels by 34.98%, compared with the UVB group.

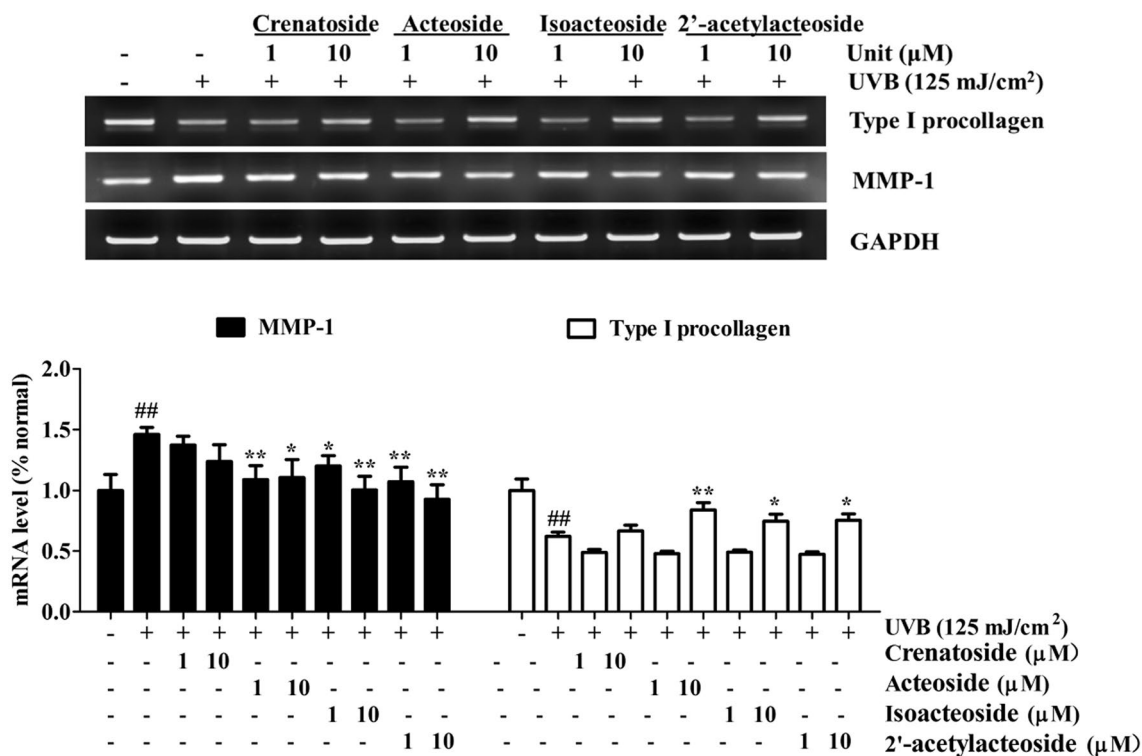
### 3.8 Effects on MAPK pathway

The effects of PhGs on MAPK signaling pathway were investigated with western blotting. The results revealed that

the phosphorylation levels of ERK, JNK and p-p38 were significantly increased after UV irradiation compared with that of the normal group (Fig. 9). Acteoside, isoacteoside and 2'-acetylacteoside effectively reversed the up-expression of p-ERK, p-JNK, and p-p38 induced by UVB radiation. However, cells treated with crenatoside attenuated UVB-induced phosphorylation of p38 and JNK, but did not affect the phosphorylation of ERK.

### 3.9 Effects on AP-1 pathway

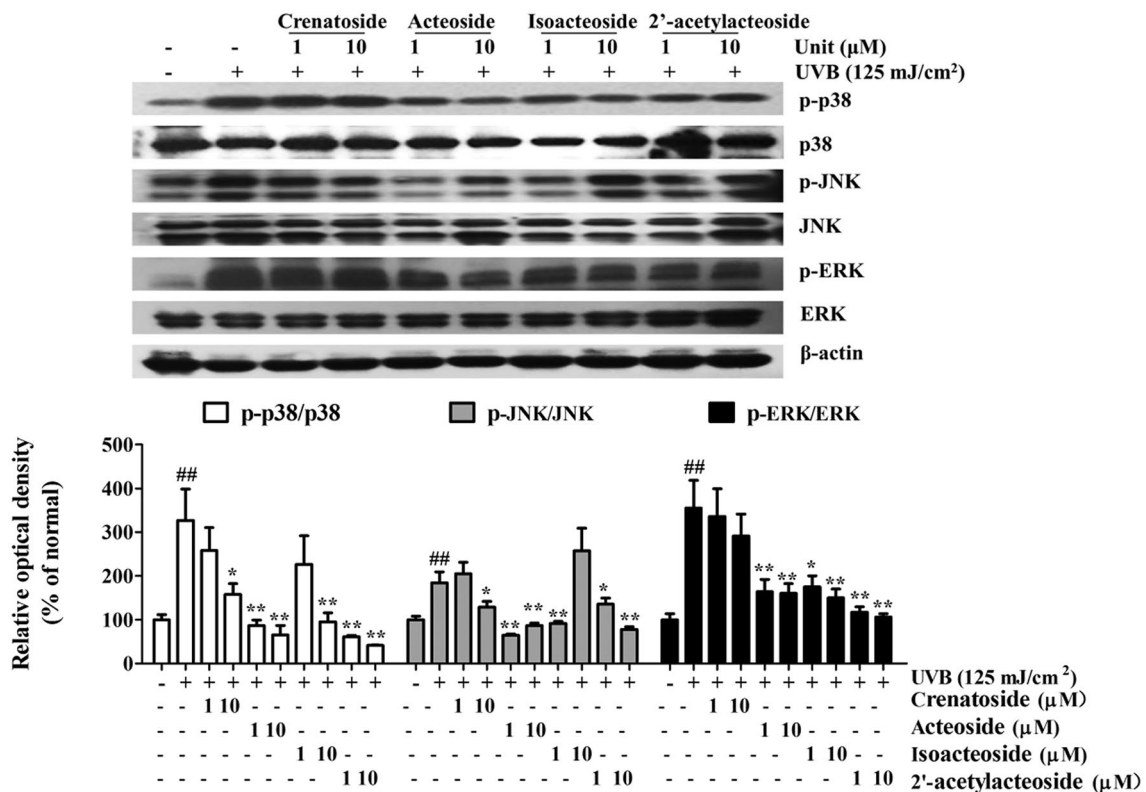
To examine whether acteoside, isoacteoside and 2'-acetylacteoside inhibited MMP-1 expression by blocking AP-1 activity, the effects of PhGs on the expression of the composition of AP-1 were detected by western blotting. The results found that post-treatment with acteoside, isoacteoside and 2'-acetylacteoside effectively attenuated UVB-induced p-c-jun expression (Fig. 10). The p-c-fos expression was inhibited by acteoside and 2'-acetylacteoside treatment. However, crenatoside did not show any effect on AP-1 activity, compared with UVB group. Accordingly, these results suggested that acteoside and 2'-acetylacteoside showed effective inhibitory effect on UVB-induced AP-1 activation.



**Fig. 8** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on MMP-1 and type I procollagen mRNA expression. After UVB irradiation, the cells were treated with different concentrations of samples for 24 h. The mRNA levels of MMP-1 and type

I procollagen were measured by RT-PCR. All data was shown as the mean ± SD. ## =  $p < 0.01$ , compared with non-irradiated group. \* =  $p < 0.05$ , \*\* =  $p < 0.01$ , compared with only UVB-irradiated group





**Fig. 9** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on MAPK pathway. After UVB irradiation, the cells were treated with different concentrations of samples for 1 h. The protein levels of p-38, p-JNK, p-ERK and their phosphorylation form were

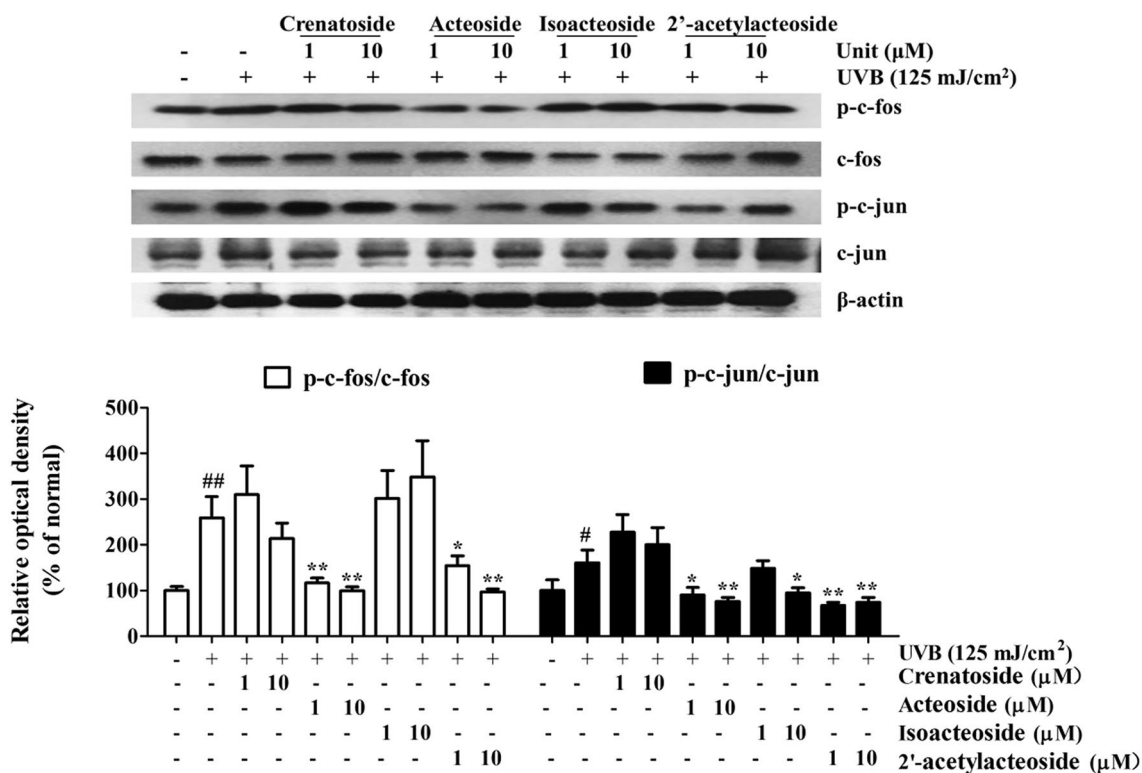
measured by western blot. All data was shown as the mean ± SD. ## =  $p < 0.01$ , compared with non-irradiated group. \* =  $p < 0.05$ , \*\* =  $p < 0.01$ , compared with only UVB-irradiated group

### 3.10 Effects on NF-κβ/Iκβα pathway

To determine whether PhGs could inhibit UVB-induced MMP-1 and TARC secretion by regulation of NF-κβ/Iκβα pathway, the effects of PhGs on p-NF-κβ and Iκβα expression were further investigated. The results indicated that acteoside and 2'-acetylacteoside effectively inhibited UVB-induced phosphorylation of NF-κβ. As shown in Fig. 11, acteoside and 2'-acetylacteoside decreased UVB-induced p-NF-κβ expression by 50.24% and 78.99% at 10 μM, respectively. Crenatoside and isoacteoside did not show any effects on the expression of p-NF-κβ in UVB-irradiated HaCaTs, compared with UVB group. Furthermore, the effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on Iκβα expression were also measured, which served as an inhibitory protein of NF-κβ. Interestingly, crenatoside promoted the up-regulation of Iκβα in UVB-irradiated HaCaTs, but the stimulating role was less effective than that of acteoside and 2'-acetylacteoside.

### 3.11 Effects on TGF-β/Smad pathway

To evaluate whether PhGs could stimulate procollagen type I synthesis through activation of TGF-β/Smad pathway, western blotting was performed to investigate the effects of PhGs on TGF-β/Smad signaling pathway. The results demonstrated that the levels of TGF-β1 and p-Smad2/3 were decreased greatly after UVB radiation. However, these decreases could be recovered by acteoside and 2'-acetylacteoside treatment. In addition, crenatoside and isoacteoside also showed a repair effect on TGF-β1 expression in that they increased the TGF-β1 expression by 338.52% and 349.65% compared with the UVB group, respectively. Furthermore, the effects of PhGs on Smad7 expression were further investigated. It was worth mentioning that all compounds could inhibit UVB-induced Smad7 production effectively. Crenatoside, acteoside, isoacteoside and 2'-acetylacteoside at 10 μM decreased Smad7 level by 64.63%, 85.98%, 77.28% and 74.56%, respectively, compared with UVB-treated group (Fig. 12).



**Fig. 10** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on AP-1 pathway. After UVB irradiation, the cells were treated with different concentrations of samples for 4 h. The protein levels of c-fos, c-jun and their phosphorylation form were measured

by western blot. All data was shown as the mean  $\pm$  SD. #= $p < 0.05$ , ##= $p < 0.01$ , compared with non-irradiated group. \*= $p < 0.05$ , \*\*= $p < 0.01$ , compared with only UVB-irradiated group

### 3.12 Effects on Nrf2 pathway

Nrf2 is generally regarded as the primary defense system in our body, which is involved in regulation of multiple antioxidant enzymes, such as HO-1 and NQO-1 expression. We found that the expression of Nrf2 protein was significantly elevated when UVB-irradiated HaCaTs were treated with acteoside and 2'-acetylacteoside. Meanwhile, the levels of HO-1 and NQO-1 were also significantly enhanced as shown in Fig. 13. The result showed that 10  $\mu$ M of acteoside accelerated the expression of Nrf2, HO-1 and NQO-1 by 60.81%, 118.35% and 153.76%, compared with UVB group, and 10  $\mu$ M of 2'-acetylacteoside showed increase rates of 46.72%, 111.05% and 174.51%, respectively. Crenatoside and isoacteoside did not show any effects on the expression of Nrf2, HO-1 and NQO-1.

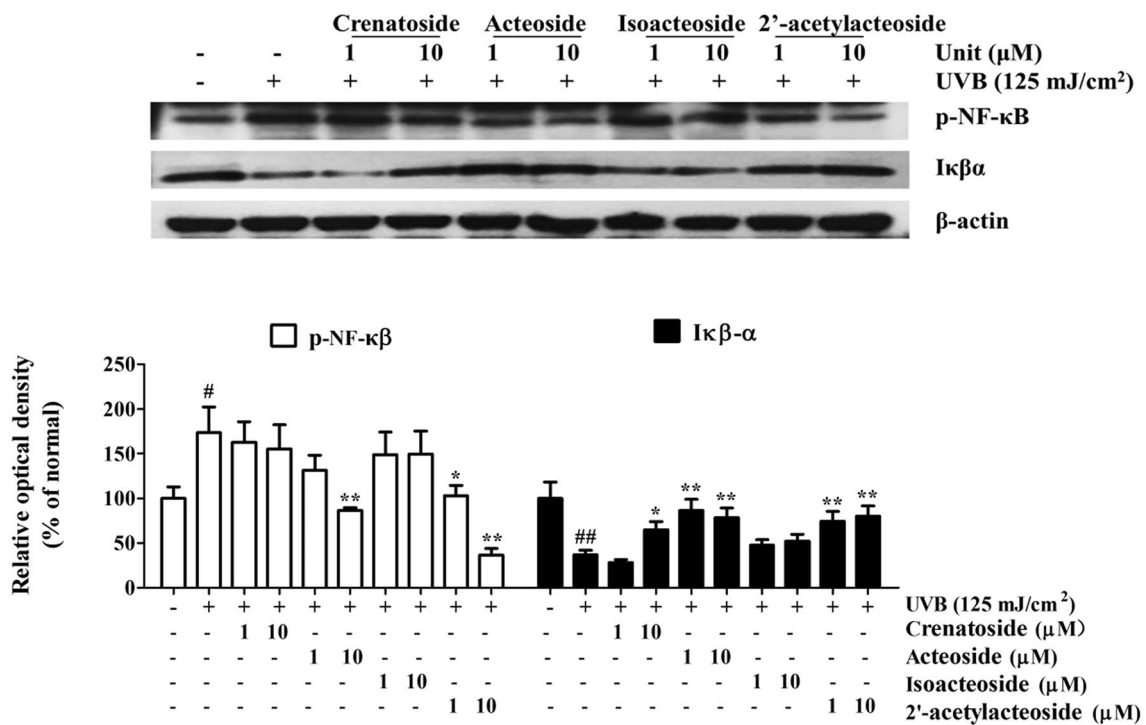
### 3.13 MAP kinase inhibitors

To further explore the role of MAPK pathway on MMP-1 and TARC regulation, the MMP-1 and TARC expressions in cells exposed to UVB radiation in the presence and absence of JNK inhibitor (SP600125) and ERK inhibitor (PD98059) were measured. The result indicated that pre-treatment of

cells with PD98059 and SP600125 inhibitors (20  $\mu$ M) blocked the UVB-induced ERK and JNK phosphorylation (Fig. 14). As expected, treatment of HaCaTs with ERK and JNK inhibitors could effectively reduce UVB-induced MMP-1 secretion. As shown in Fig. 14, ERK and JNK inhibitors decreased MMP-1 expression by 49.01% and 67.21%, respectively, compared with UVB group. On the other hand, JNK inhibitor also exhibited declined effects on TARC expression, which suggested that UVB-stimulated TARC expression was mediated by the activation of JNK. These results demonstrated that acteoside, isoacteoside and 2'-acetylacteoside could attenuate the expression of MMP-1 and TARC production by regulating the MAPK signaling pathway.

## 4 Discussion

UV radiation from the sun is commonly considered to be one of the most serious environmental threats that impact skin. Searching for natural and efficient agent against UV damage has attracted increasing attention. There has been considerable interest in applying botanical agents instead of synthetic chemical because of their safe and non-toxic advantages.



**Fig. 11** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on Iκβα/NF-κβ pathway. After UVB irradiation, cells were treated with different concentrations of samples for 3 h. The levels of p-NF-κβ and Iκβα were detected by western blotting. All data was

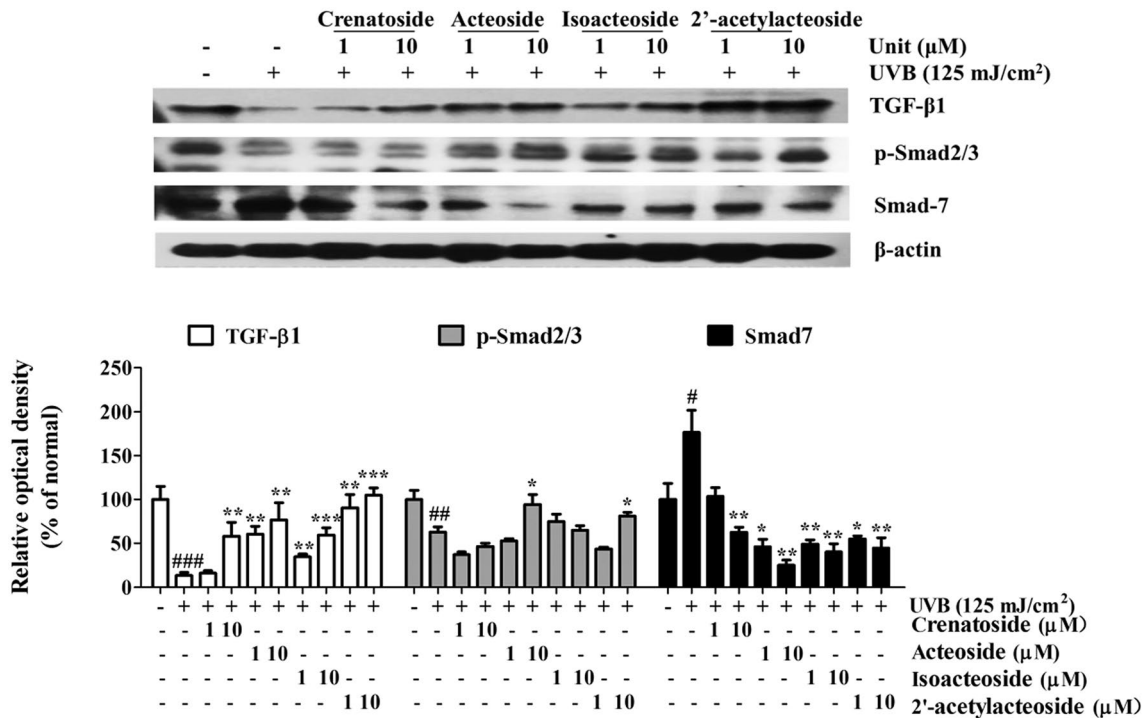
shown as the mean ± SD. # = *p* < 0.05, ## = *p* < 0.01, compared with non-irradiated group. \* = *p* < 0.05, \*\* = *p* < 0.01, compared with only UVB-irradiated group

OC is a class of parasitic herbaceous plants, which is rich in phenylethanoid glycosides (PhGs). However, OC is commonly regarded as the most damaging parasitic weed and few studies about their bioactivities was reported [26]. Our previous study has demonstrated the extract of OC and its main ingredient, acteoside, possessed excellent anti-photoaging activities. In addition to acteoside, HPLC analysis of OC revealed that the main phenylethanoid glycosides were crenatoside, isoacteoside and 2'-acetylacteoside. However, whether these PhGs have photoprotective effects are not yet fully known.

Acteoside, also called verbascoside, is one of the most common disaccharide caffeoyl esters. Previous study has demonstrated that acteoside could effectively reduce inflammatory cytokines secretion by inhibition of NF-κβ phosphorylation in cultured human epidermal keratinocytes [27]. An in vivo study conducted on inflammation of the intestinal mucosa demonstrated that acteoside could effectively reduce the degree of NF-κB p65 and MMPs expression, and the latter was involved in the skin aging [28]. Espinosa-González et al. [29] found that acteoside prevented UVB-induced sunburn and delayed tumorigenesis in SKH-1 mice. Other phenylethanoid glycosides from OC, such as crenatoside, isoacteoside and 2'-acetylacteoside, were reported to possess excellent antioxidant,

anti-inflammation and whitening activities. Chae et al. [30] have shown that isoacteoside effectively scavenged ROS, DPPH radical and prevented lipid peroxidation by increase of cellular antioxidant enzymes activities. Isoacteoside was also found to reduce pro-inflammatory cytokines, such as IL-1β, IL-6, IL-8 and TNF-α production, by inhibition of caspase-1, MAPK and NF-κβ pathways in PMACI-stimulated HMC-1 cells [31]. Moreover, Shen et al. [32] have reported that crenatoside alleviated CCl<sub>4</sub>-induced hepatotoxicity by inhibition of the malondialdehyde, ROS production, as well as NF-κβ transactivation. 2'-acetylacteoside was found to reduce the oxidative stress in the reperfusion-induced myocardial infarction by decrease of MDA levels and elevation of the activities of GSH-Px, SOD [33]. Overall, we deduced that the phenylethanoid glycosides possess multiple biological activities with certain application potentiality in skin photo-aging. To define the optimal agent against skin photo-damage, we compared the photo-protective effect of acteoside, crenatoside, isoacteoside and 2'-acetylacteoside on UVB-irradiated HaCaTs, as well as the intrinsic mechanism.

It is well known that chronic exposure to UV radiation causes premature aging of skin. Previous studies suggested that the loss of collagen was the primary reason for photo-aging. It is reported that UV could induce reduction of



**Fig. 12** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on TGF- $\beta$ /Smad pathway. After UVB irradiation, cells were treated with different concentrations of samples for 1.5 h. The levels of TGF- $\beta$ 1, p-Smad2/3 and Smad7 were detected by west-

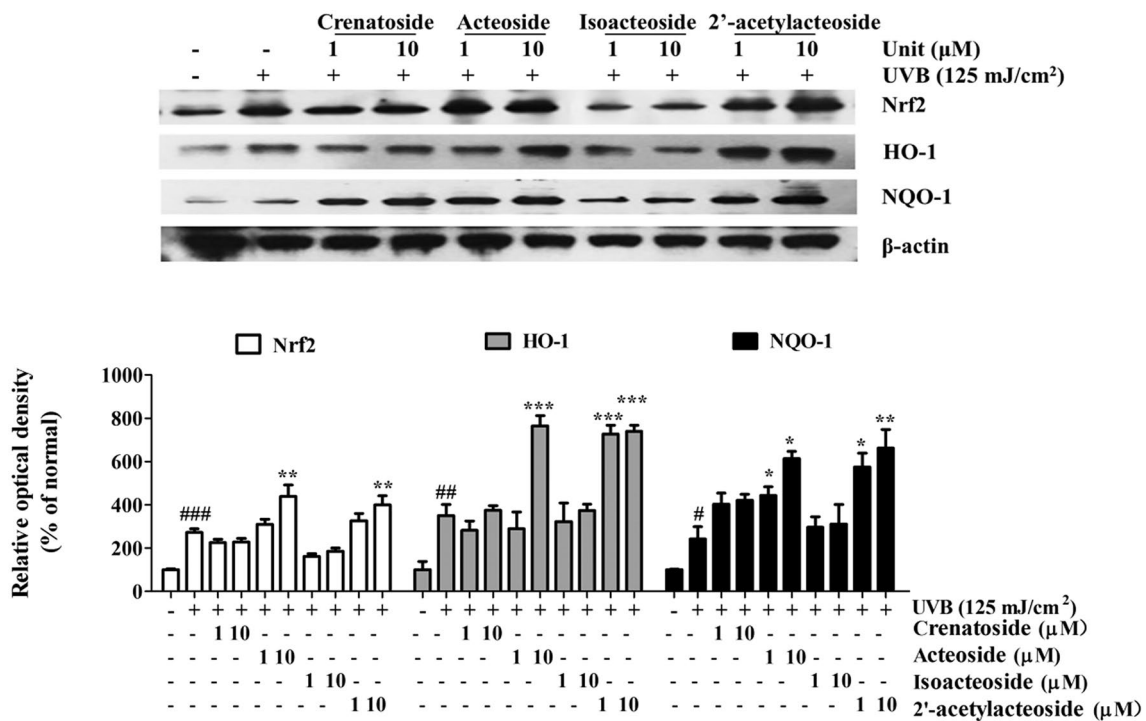
ern blotting. All data was shown as the mean  $\pm$  SD. #= $p$ <0.05, ##= $p$ <0.01, ###= $p$ <0.001, compared with non-irradiated group. \*= $p$ <0.05, \*\*= $p$ <0.01, \*\*\*= $p$ <0.001 compared with only UVB-irradiated group

collagen by two ways: stimulation of collagen degradation and suppression of procollagen synthesis.

A large number of reports indicated that the up-regulation of MMPs played a major role in extracellular matrix degradation [34]. MMP-1, as the critical member of MMPs family, is the major collagenolytic enzyme responsible for collagen destruction [35]. Here, UVB-induced MMP-1 expression was markedly inhibited by treatment of acteoside, isoacteoside and 2'-acetylacteoside. To further clarify the inhibitory mechanism on MMP-1, the effects on MAPK/AP-1 and  $\text{I}\kappa\text{-}\beta$ /NF- $\kappa$ B signaling pathway were investigated on UVB-irradiated HaCaTs. The results found that acteoside, isoacteoside and 2'-acetylacteoside effectively alleviated UVB-induced MAPK/AP-1 activation (Figs. 9 and 10). Among them, acteoside and 2'-acetylacteoside could also regulate  $\text{I}\kappa\text{-}\beta$ /NF- $\kappa$ B signaling pathway (Fig. 11). These results suggested that acteoside and 2'-acetylacteoside were more efficient than other substance against UVB-induced photo-damage.

On the other hand, UV radiation has been reported to reduce procollagen synthesis by inhibiting TGF- $\beta$ /Smad signaling pathway [36]. Whether PhGs have a repair effect on UVB-induced downregulation of procollagen synthesis was further investigated. The results indicated that acteoside, isoacteoside and 2'-acetylacteoside significantly restored

UVB-induced down-regulation of type I procollagen. Meanwhile, the impaired TGF- $\beta$ /Smad signaling pathway also was reversed. Among them, acteoside showed the best effect on p-Smad2/3 and Smad7 protein, and 2'-acetylacteoside improved the TGF- $\beta$  expression greatly. TARC is a chemokine which plays a key role in Th2-mediated inflammatory diseases [37]. Hino et al. [14] reported that exposing HaCaTs to narrow UVB radiation inhibited TNF- $\alpha$ /IFN- $\gamma$ -stimulated TARC expression and the expression of TARC was turned off in UVB-irradiated or non-irradiated HaCaTs. However, in our study, weak basal expression of TARC was detected in normal HaCaTs. NF- $\kappa$ B was known to play a key role in induction of TARC chemokine [38]. In this study, UVB radiation was found to significantly stimulate the activation of NF- $\kappa$ B, which might be the main cause of TARC up-regulation. Recently, Jang et al. [17] reported that UVB could stimulate TSLP expression by activation of MAPK signaling pathway. They suggested that the up-regulation of TSLP might increase TARC production by activation of dendritic cells. These result suggested that MAPK might be involved in TARC expression. Therefore, the effects of MAPK inhibitors on TARC expression in UVB-irradiated HaCaTs were further examined. The JNK inhibitor, SP600125, was found to inhibit UVB-induced TARC expression, while ERK inhibitor, PD98059 appeared no



**Fig. 13** Effects of crenatoside, acteoside, isoacteoside and 2'-acetylacteoside on Nrf2 pathway. After UVB irradiation, cells were treated with different concentrations of samples for 3 h. The levels of Nrf2, HO-1 and NQO-1 were detected by western blotting. All data was

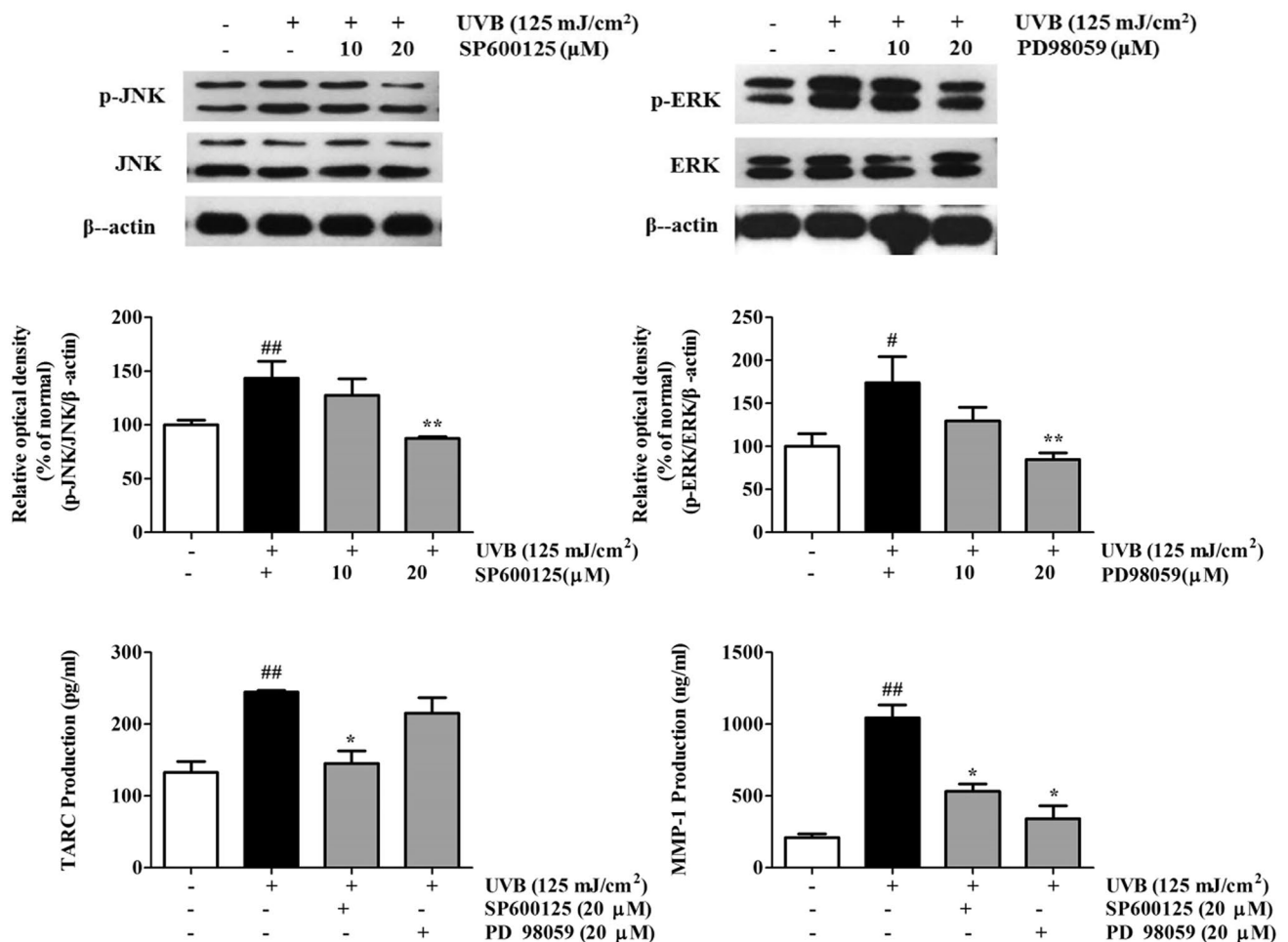
shown as the mean ± SD. # = *p* < 0.05, ## = *p* < 0.01, ### = *p* < 0.001, compared with non-irradiated group. \* = *p* < 0.05, \*\* = *p* < 0.01, \*\*\* = *p* < 0.001 compared with only UVB-irradiated group

effects on TARC production in HaCaT cells. These results indicated that JNK but not ERK might be involved in the activation of NF-κβ that was required for the induction of TARC. Thus, we further examined whether treatment of HaCaTs with PhGs affected UVB-stimulated TARC expression. As expected, acteoside and 2'-acetylacteoside showed a down-regulation on the TARC expression, which might be involved in blocking activation of NF-κβ and JNK phosphorylation. The TARC is believed to play an important role in the pathogenesis of skin diseases, such as atopic dermatitis, bullous pemphigoid, mycosis fungoides and systemic lupus erythematosus [39, 40]. Therefore, acteoside and 2'-acetylacteoside might be candidate materials for treating TARC-related skin diseases. However, the biological effects of UVB-induced TSLP and TARC on photo-damage still need to be further explored.

It is well known that UV-activated protein kinase cascades were mediated by ROS. UV-stimulated ROS not only induces the progressive deterioration of cellular structure and function, but also results in chemical modifications to cell macromolecules like DNA, proteins and fatty acids. The cell protection function depends on elaborate antioxidant defense system of enzymatic and non-enzymatic pathway. Nrf2 is essential for the antioxidant responsive element (ARE)-mediated antioxidants, such as HO-1 and

NQO-1 expression [41]. Seo et al. [42] showed that acteoside could stimulate HO-1 expression through activation of Nrf2 in LPS-induced RAW 264.7 cells. Besides, Wang et al. [43] reported that acteoside protected PC12 cells against Aβ-induced oxidative damage by activation of Nrf2 nuclear translocation and HO-1 antioxidant expression. Whether the inhibitory effects of PhGs on ROS are regulated by activation of Nrf2 pathway are unknown, so the effects of PhGs on Nrf2 pathway were investigated. The results indicated that acteoside and 2'-acetylacteoside effectively stimulated Nrf2 expression. Meanwhile, HO-1 and NQO-1 were also significantly up-regulated, suggesting that they protected HaCaTs from UVB-induced oxidative damage by activating endogenous antioxidant pathway (Fig. 13).

Generally speaking, excessive exposure to UV radiation causes ROS formation, inflammation and collagen degradation, which are the main reasons for skin photo-damage. The process of skin photo-aging is complex and can be triggered by various biological pathways, including receptor-initiated signaling, oxidative stress, telomere-based DNA damage, mitochondrial damage and apoptosis. It appears that acteoside and 2'-acetylacteoside could effectively inhibit UVB-induced photo-damage by down-regulation of TARC and ROS production, as well as collagen degradation. The photoprotective mechanism was



**Fig. 14** Effects of MAPK inhibitors on UVB-induced MMP-1 and TARC production. HaCaT cells were pre-treated with indicated concentrations of inhibitors (PD98590 and SP600125) for 2 h, and then exposed with UVB radiation. After incubation of 1 h, the protein levels of JNK, ERK and their phosphorylation form were measured by

western blotting. After incubation of 72 h, the secreted MMP-1 and TARC were determined by ELISA kits. The result was shown as the mean  $\pm$  SD. # =  $p < 0.05$ , ## =  $p < 0.01$ , compared with non-irradiated group. \* =  $p < 0.05$ , \*\* =  $p < 0.01$ , compared with only UVB-irradiated group

involved in inhibition of MAPK/AP-1,  $\text{I}\kappa\text{-}\beta\alpha/\text{NF-}\kappa\beta$ , and activation of Nrf2, TGF- $\beta$ /Smad pathway. Acteoside and 2'-acetylacteoside might be served as good candidates in cosmetics and functional foods industry, as well as new drug research and development. However, further study should be performed to elucidate the effect of PhGs and the underlying mechanisms in vivo and clinical trials.

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## Declarations

**Conflict of interest** There are no conflicts to declare.

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