ORIGINAL ARTICLE

Social environment with high intrasexual competition enhances the positive relationship between faecal testosterone and cortisol metabolite levels in red deer

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Received: 9 March 2020 / Accepted: 5 January 2021 / Published online: 22 January 2021 © Deutsche Gesellschaft für Säugetierkunde 2021

Abstract

The relationship between reproductive and physiological stress hormones in vertebrates is poorly understood. In many species of mammals and especially in humans, the most widespread idea is that there is a negative relationship between them, i.e. higher stress levels are associated with lower testosterone levels. Likewise, the subordination stress paradigm supports that subordinates sufer greater stress in a competitive situation, while the dominant ones have higher levels of testosterone. However, this predominant idea of a negative relationship between testosterone and cortisol concentrations may be infuenced by unnatural circumstances, such as chronic stress in humans or forced interactions between subordinates and dominants in laboratory or captivity. Some studies have reported that dominant males under natural conditions may show higher physiological stress and also higher testosterone levels than subordinates. But for this positive relationship, the question is whether there is a causal link or whether both hormones only coincide due to other factors. We hypothesized that testosterone should be related to physiological stress only as a result of individual males being subjected to stressful situations, such as intrasexual competition. We studied this topic in Iberian red deer (*Cervus elaphus hispanicus*) males in two types of populations with high and low levels of intrasexual competition. We found a positive relationship between faecal testosterone and cortisol metabolite levels, but also a signifcant interaction showing that this relationship occurs more intensely in populations with high competition level for mating. These results reinforce the positive relationship between both hormones under natural conditions and support the hypothesis that it is mediated by male-male competition for mates.

Keywords *Cervus elaphus hispanicus* · Faecal hormone metabolites · Physiological stress · Cortisol · Testosterone · Dominance · Antler length · Male-male competition

Handling editor: Yoshiyuki Henning.

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Introduction

The relationships between reproductive and 'stress-related hormones', including their interactions with dominance rank and sexual behaviour of individuals, are complex (Wingfeld et al. [1997](#page-8-0)). Negative relationships between testosterone and stress have been reported for some species (e.g. ratsDoerr and Pirke [1976](#page-7-0); Cumming et al. [1983\)](#page-7-1), showing that testosterone concentrations were negatively related to 'stressrelated glucocorticoid concentrations, likely because stressful situations and their consequent increase of glucocorticoid concentrations led to a reduction of reproductive hormone levels and sexual behaviour (Cumming et al. [1983\)](#page-7-1).

Androgens are decisive in the regulation of agonistic encounters and their secretion is correlated with the defence of territories and mates (Wingfeld et al. [1997;](#page-8-0) Arteaga et al. [2008\)](#page-6-0), and with the expression of sexual behaviour

and sexual traits (McGraw and Ardia [2003;](#page-7-2) Cornwallis and Birkhead [2008](#page-7-3); Karubian et al. [2011\)](#page-7-4). Hence, low-androgenlevel males are expected to have poor development of sexual traits and low probability of winning fghts ('Challenge Hypothesis'; Wingfeld et al. [1990\)](#page-8-1).

According to the subordination stress paradigm (reviewed in Blanchard et al. [2001](#page-7-5)), many studies acknowledge that in social animals, individuals with lower levels of testosterone usually lose in agonistic interactions and maintain higher levels of circulating glucocorticoids compared to dominant individuals that win agonistic encounters (*Agkistrodon contortrix*: Schuett et al. [1996;](#page-8-2) *Mus musculus:* Palanza et al. [2001\)](#page-8-3), although the cause and efect are not clear in this relation, as winning itself may cause the high testosterone levels. Nevertheless, recent studies on a number of species have shown that dominant individuals have higher glucocorticoid levels compared to subordinates, including wild chimpanzees (*Pan troglodytes schweinfurthii*: Muller and Wrangham [2004\)](#page-7-6), ring-necked pheasants (*Phasianus colchicus*: Mateos [2005](#page-7-7)), Iberian wolves (*Canis lupus signatus*: Barja et al. [2008a,](#page-6-1) [b\)](#page-6-2) and Arctic charrs (*Salvelinus alpinus*: Backström et al. [2015](#page-6-3)) (see also review in Creel [2001\)](#page-7-8).

Thus, the conventional view of a negative link between both groups of hormones could be due to non-natural conditions, such as chronic individual stress (Sapolsky [2005\)](#page-8-4) or laboratory/captivity studies where dominant and subordinate individuals are forced to interact (Creel [2001](#page-7-8)).

Creel et al. ([2013\)](#page-7-9) suggested that stress differences between individuals of diferent social status could be due to diferent allostatic situations. Coping with unpredictable situations, such as agonistic encounters, changes the glucocorticoid levels towards a new optimum. Thus, the acquisition and maintenance of a certain social status have physiological and physical efects rather than dominance rank itself. The idea of allostatic load (McEwen and Stellar [1993\)](#page-7-10), as those costs associated with chronic stressful environmental challenges that any individual faces along its lifetime, can help to explain the diferent patterns in glucocorticoid levels according to the social rank, as well as the intra-specifc glucocorticoid variations resulting from exposure to intrasexual competition.

Intrasexual competition appears in individuals of the same sex as a result of the limited access to potential mates. The intensity of mate competition is context-dependent and can vary due to both demographic and social factors, such as mate availability and dominance stability (Baniel et al. [2018\)](#page-6-4). Population structure, i. e. age and sex ratio, afects the chances for individuals to gain access to mates and hence the male intra-sexual competition situation (Andersson [1994](#page-6-5); Rosvall [2011](#page-8-5)).

In polygynous mating systems, males often monopolize a whole group of females and the intra-sexual competition is intense. Male-male competition is usually sorted out by agonistic interactions, establishing a hierarchy between members of a group or subpopulation, which is a source of allostatic load and stress (Creel [2001](#page-7-8), [2005\)](#page-7-11). High exposure to agonistic encounters activates the hypothalamus–pituitary–adrenal axis, as an endocrine response to the stress, promoting glucocorticoid secretion (Stewart [2003\)](#page-8-6). In addition, previous studies have shown the interactive role that androgens and glucocorticoids play in the changes that occur between alternative reproductive tactics afected by external environmental conditions, in terms of female availability (see Rasmussen et al. [2008\)](#page-8-7).

The red deer (*Cervus elaphus*) is a highly polygynous species with males competing among themselves for the access to females during the rutting season (Clutton-Brock et al. [1982\)](#page-7-12). It is unclear how glucocorticoid and androgen levels in red deer interact, but both hormones are involved in reproductive and aggressive behaviours (Lincoln et al. [1972](#page-7-13); Fletcher [1978](#page-7-14)), antler development as a main secondary sexual character (Malo et al. [2009](#page-7-15)) and reproductive efort in terms of cumulative harem size in red deer (Pavvitt et al. [2015](#page-8-8)).

Studies in captive red deer found that individuals reached the lowest cortisol levels during the mating season, while the highest levels occurred in the non-breeding season, during the period of antler-growth (Ingram et al. [1999;](#page-7-16) Gaspar-López et al. [2010](#page-7-17)). However, in wild male red deer, Pavvitt et al. [\(2015](#page-8-8)) found a peak in cortisol metabolite levels coinciding with the rutting season, as did other studies for other polygynous species (Strier et al. [1999](#page-8-9); Lynch et al. [2002](#page-7-18)). In the case of androgens, they peak during the mating season in both wild and captive individuals (Goss [1968](#page-7-19); Suttie et al. [1984](#page-8-10); Malo et al. [2009;](#page-7-15) Gaspar-López et al. [2010](#page-7-17)). Therefore, both cortisol and testosterone in wild red deer appear to peak during the rutting season, suggesting a positive, rather than negative, relationship between them.

Here, we focus on the relationship between reproductive and stress hormones in male Iberian red deer (*Cervus elaphus hispanicus*) in free-ranging conditions. During the rut, males compete for territories or harems (Carranza et al. [1990\)](#page-7-20) as a way to get access to females, which results in strong agonistic encounters between rivals (Clutton-Brock et al. [1982](#page-7-12); Lincoln et al. [1972;](#page-7-13) Appleby [1980;](#page-6-6) Carranza and Valencia [1999\)](#page-7-21), a likely source of stress.

In Southern Spain, red deer populations occur under two different male-male competition scenarios defined by their management systems. We designated a low mate competition scenario when population structure was highly biased towards females and males were scarce and young, in contrast to a high intrasexual competition situation where most males were mature and the proportion of females was lower (Pérez-González and Carranza [2009;](#page-8-11) Pérez-González et al. [2012](#page-8-12); Torres-Porras et al. [2014](#page-8-13); see ["Materials and](#page-2-0) [methods](#page-2-0)").

Thus, our study aimed to investigate the relationship between faecal testosterone and cortisol metabolite levels in male Iberian red deer, under two diferent conditions of intrasexual competition. We predicted higher faecal testosterone and cortisol metabolite levels and a strong association between both in the high competition situation, where agonistic encounters are frequent, and males invest more in sexual traits.

Materials and methods

Study area and populations

The study was conducted in Mediterranean ecosystems in South-western Spain. The study areas typically include a part of a mountain range covered by Mediterranean shrub (*Cistus* spp.*, Erica* spp.*, Arbutus unedo, Phyllirea* spp*., Genista hirsuta, Lavandula* spp.) and tree species (*Quercus* spp.*, Olea europaea*), along with lower, fatter land, covered by open oak woodland known as 'dehesa'.

Red deer populations in the study areas occurred in hunting estates that range in size between 750 and 3000 Ha. Under one management regime, estates are fenced by 2 m high stock-proof wire mesh, while in the other regime, areas are unfenced allowing deer free movement between estates (Pérez-González and Carranza [2009;](#page-8-11) Pérez-González et al. [2012;](#page-8-12) Torres-Porras et al. [2014\)](#page-8-13). Fenced hunting estates reduce hunting pressure on young males, allowing them to reach maturity. By contrast, in unfenced hunting estates, because it is not a common practice between neighbouring estates to spare young males, few stags reach old age, as no estate wants to preserve adult stags because they might be shot when crossing to adjacent estates (Torres-Porras et al. [2014](#page-8-13)). Thus, on unfenced estates, hunting pressure is not on deer with the best trophy antlers, but on almost every male above 2 years of age, excluding yearlings as it is illegal to shoot them (Torres-Porras et al. [2014](#page-8-13)). As a consequence of such contrasting management, the sex-ratio and age structure in red deer populations within unfenced areas are strongly biased towards females and young males, compared to the situation in fenced areas (Pérez-González and Carranza, [2009;](#page-8-11) Torres-Porras et al. [2014\)](#page-8-13). Therefore, on fenced estates, males experience a high level of intra-sexual competition compared to that on unfenced estates, where virtually all males can mate even if they are sub-adult (Pérez-González and Carranza [2009](#page-8-11), [2011](#page-8-14); Pérez-González et al. [2012](#page-8-12)). Although stags reach sexual maturity at 2–3 years, males may not breed normally until they are 5–7 years old in natural populations (Clutton-Brock and Albon [1989](#page-7-22)).

We considered fenced estates as independent populations, while for open estates we defned populations with one or several estates according to natural or artifcial barriers that can limit deer movements. From now on we will refer to these fenced and unfenced areas, respectively, as populations with high (HC) and low (LC) levels of intrasexual competition.

Data collection

Data were collected from October to February during the two hunting periods of 2015–2016 and 2016–2017, in estates from Sierra Morena (Province of Córdoba, UTM 37º58′ N, 5º05′ W) and Sierra San Pedro (Provinces of Badajoz and Cáceres, UTM 39º19′ N 6º42′ W). Each hunting estate constitutes a diferent population (average surface=2347 ha) because of the existing natural (i.e. mountains, geographical distance) or artifcial barriers between them. Iberian red deer density in these geographical regions is around 0.3 individuals/ha (0.1–1.0 indiv./ha) (Torres-Porras et al. [2014\)](#page-8-13).

We sampled 236 individuals harvested during hunting activities in red deer natural occurring in 16 populations. 162 males were from LC populations and 74 males from HC populations. Hunting activities increase the physiological stress of individuals (Vilela et al. [2020](#page-8-15)). We were interested in hormone levels before the hunting action took place, hence serum level quantifcation was not appropriate here. Instead, we conducted hormone quantifcation from faeces samples by detecting hormone metabolites, a highly used and validated procedure in Iberian red deer (de la Peña et al. [2020a,](#page-7-23) [b](#page-7-24); Carranza et al. [2020\)](#page-7-25) and other mammal species (Barja et al. [2007;](#page-6-7) Escribano-Ávila et al. [2013;](#page-7-26) Iglesias-Merchán et al. [2018\)](#page-7-27) useful to get information on the existing hormone levels 12–24 h before sampling (Barja et al. [2012](#page-6-8)). We collected faecal samples from the rectum of each individual to avoid bacterial degradation and froze them at –20 °C until laboratory analyses. Age was estimated by counting cementum growth marks at the interradicular pad under the frst molar (Carranza et al. [2004](#page-7-28)).

Quantifcation of steroid hormones

Faecal samples collected were used to quantify faecal testosterone and cortisol metabolite levels. Samples were extracted using a procedure established for Iberian red deer (de la Peña et al. [2020a,](#page-7-23) [b;](#page-7-24) Carranza et al. [2020\)](#page-7-25) and other mammal species (Escribano-Ávila et al. [2013](#page-7-26)).

Frozen faecal samples were dried and pulverized. We took 0.5 g of faeces and added 2 ml of phosphate bufer and 2 ml of 100% methanol. The mixture was vortexed. After that, samples were on the shaker for 16 h. The solvent was decanted, and the supernatant was centrifuged at 4000 rpm for 30 min.

We used commercial enzyme immunoassay kits (DEMEDITEC Diagnostics GmbH, Kiel, Germany; testosterone: DEMEDITEC DE1559; cortisol: DEMEDITEC DEH3388) to determine the faecal metabolite hormone levels by the same procedure published in previous studies (de la Peña et al. [2020a,](#page-7-23) [b;](#page-7-24) Carranza et al. [2020\)](#page-7-25). DEMED-ITEC-kits have been successfully analytically validated by carrying out the corresponding parallelism, accuracy, and precision tests. Parallel displacement curves were obtained by comparing serial dilutions (1:32, 1:16, 1:8, 1:4, 1:2, 1:1) of pooled faecal extracts with the standard curves. The results corroborated that both curves were parallel for all hormones considered in the present study (Cortisol: R^2 = 0.972; *P* = 0.001; Testosterone: R^2 = 0.994; *P* = 0.001). Accuracy (recovery) was 93.6% for cortisol and 104.4% for testosterone, with mean recovery percentages of red deer faecal extracts being similar for both hormones. Precision was tested through intra- and inter-assay coefficients of variation for faecal samples, being the testosterone intra-assay coefficient of variation 10.8% and inter-assay 10.6%. The cortisol intra-assay coefficient of variation was 9.2% and inter-assay 10.2%. The assay sensitivity for testosterone and cortisol were 0.083 and 2.5 ng/g, respectively. Faecal extracts were analysed in duplicates. These results clearly supported that the used kits were correctly measuring cortisol and testosterone concentrations in the collected samples without specifcally requiring an ACTH test.

We did not perform ACTH challenge test or specifc validation in this study because as biological validation, we compared the faecal metabolite cortisol and testosterone levels within the male age classes—juveniles and adults, and health status, specifcally if they resulted positive or negative in a tuberculosis seroprevalence test. We found signifcant diferences in faecal testosterone metabolite levels between juvenile and adult males (ANOVA: $(F_{1,234} F_{1,234} = 7.342;$ p -value = 0.007) and between those resulting positive or negative in the tuberculosis test (ANOVA: $F_{5,151}=2.990; p$ value $=0.013$). We did not find such significant differences in faecal cortisol metabolite levels between both age classes (ANOVA: $F_{1,234}$ =0.373; *p* value = 0.542) nor between tuberculosis positive and negative animals (ANOVA: $F_{5,151}$ $=0.270$; *p* value $=0.929$).

Statistical analyses

We built Generalized Linear Mixed Models (GLMMs) to investigate factors associated with variations in faecal cortisol metabolite levels ftted to a gamma distribution. We performed models with diferent predictor variables and combinations between explanatory variables, all of them with a biological sense. As explanatory variables, we included age, faecal testosterone metabolite concentrations and the average of the antler length as covariables. We considered mate competition as a factor staged in two levels (low and high levels of competition).

Even though there was no collinearity between the variables included in our models (see below), previous studies support that the level of intra-sexual competition affects antler length in Iberian red deer populations (Pérez-González and Carranza [2009;](#page-8-11) Torres-Porras et al. [2009;](#page-8-16) Carranza et al. [2020](#page-7-25)), establishing a biological relationship between these variables. Hence, we conducted a second GLMM after removing antler length to see potential relationships of other variables hidden by the efects of antler size.

To facilitate model convergence, all quantitative variables were z-transformed, being the mean of zero and a standard deviation of one (using the *scale* function, Eager [2017](#page-7-29)). We also considered two-way interactions and, to avoid risks of over-parameterization, we removed non-significant interactions sequentially (p value > 0.05) following a backwards-stepwise selection procedure. The sample size was 236 observation values from 16 populations, some of them sampled in 2 years. Average age $(\pm SE)$ of individuals was 3.32 ± 0.12 years (=2–11 years) and average antler size was 60.11 ± 1.12 (=10.35–101.85). Specifically, 162 observations were from LC populations, where the average age (\pm SE) was 2.60 \pm 0.09 (=2–11) and average antler size was 52.32 ± 0.93 (=10.35–79.90). Seventy-four observations correspond to males from HC populations where the average age $(\pm$ SE) was 4.89 ± 0.25 (=2–11) and average antler size was 77.16 ± 1.68 (=45.55–101.85).

We checked the normal distribution of the model residuals, when explaining variation in the faecal cortisol metabolite levels, using a Shapiro–Wilks test and we assessed the assumptions of homogeneity of variance plotting residual versus fitted values. We also examined the presence of outliers and potential infuential data points using Cook's distance graphs. To avoid multicollinearity between variables, we calculated the variance infation factors (VIFs; Alin [2010\)](#page-6-9) of each built model, using the package *usdm* (Babak [2015](#page-6-10)). In all cases, we did not fnd any evidence of collinearity (VIF < 1.910, see "Appendices 1, 2"). Analyses were carried out with R 3.2.4 (Rstudio Team 2017), using the package "lme4" (Bates 2015). The means are given \pm SE and the level of statistical significance was $P < 0.05$. Predictions were visualized with 'ggefects' (Ludecke [2018](#page-7-30)) and 'ggplot2′ (v3.1.1) was used for graphics (Wickham [2016\)](#page-8-17).

Results

Faecal cortisol metabolite (FCM) levels were positively related to faecal testosterone metabolite (FTM) levels and to the interaction between antler length and FTM levels (Table [1\)](#page-4-0), indicating that the relationship between FTM and FCM levels was more intense when antlers were bigger (Fig. [1](#page-4-1)). Age and the level of male-male intrasexual competition (HC or LC) were non-signifcant factors.

Only main effects and significant (*p* value < 0.05) interaction terms are shown. Full model: FCM~Age+FTM+Mate competition (HC vs. LC populations)+Antler length+FTM * Antler length). All covariables were standardized in the model. Random terms were "Population" and "Year". LC was the reference value of "Mate competition"

FTM faecal testosterone metabolite, *HC* high competition, *LC* low competition

Fig. [1](#page-4-0) Predictions of the model on Table 1 of faecal cortisol metabolite (FCM) against faecal testosterone metabolite (FTM) levels and antler length of male red deer. Points are raw data for the FCM (high competition, HC: grey flled points; low competition, LC, grey open points)

Results derived from the second model, in which we removed antler length as a covariate (see ["Materials and meth](#page-2-0)[ods"](#page-2-0)), are shown in Table [2](#page-5-0). FCM levels appeared related to FTM levels and the interaction between FTM and the level of intrasexual competition (HC vs. LC populations), i.e. the relationship between FTM and FCM levels was stronger in populations with high levels of male intrasexual competition (Fig. [2\)](#page-5-1).

Discussion

We studied the relationship between concentrations of both FTM and FCM in wild male Iberian red deer under two different scenarios of male-male competition. In contrast with previous studies in this species (Gaspar-López et al. [2010](#page-7-17)), we found a positive relationship between levels of FTM and FCM.

It has been claimed that concentrations of both hormones should be inversely related (e.g. Wingfeld et al. [1994\)](#page-8-18) due to the important role of glucocorticoids as a suppressor of gonadal function in many species. In accordance with this prediction, several studies have shown a negative relationship between both testosterone and cortisol metabolite levels. Also, the subordination stress paradigm (reviewed in Schuett et al. [1996](#page-8-2); Blanchard et al. [2001](#page-7-5)), predicts that subordinate males will show higher glucocorticoid levels than dominant males while at the same time they may have lower levels of sexual hormones in concordance with their lower mating chances and their lesser expression of reproductive behaviour and traits.

Our results disagree with these predictions, showing a positive correlation between glucocorticoids and reproductive hormones. This positive link, however, has also been found in the most recent studies on the topic (Muller and Wrangham [2004](#page-7-6); Mateos [2005](#page-7-7); Barja et al. [2008a,](#page-6-1) [b;](#page-6-2) Backström et al. [2015](#page-6-3)), arguing that the stress situation of dominants and subordinates depends on the social context. Thus, in captive conditions subordinates may be subjected to the most stressful situation, for instance, if they are not able to avoid undesirable interactions with dominants. However, in the wild or under natural conditions, these individuals have a great chance to be the least stressed in the group. In red deer, the strong male-male competition to defend resources **Table 2** Results of the GLMM model for faecal cortisol metabolite (FCM) after removing antler length

Only main effects and significant $(p \text{ value} < 0.05)$ interaction terms are shown. Full model: $FCM~\sim$ Age + $FTM+$ Mate competition (HC vs. LC populations) + Mate competition $*$ FTM). All covariables were standardized in the model. Random terms were "Population" and "Year". LC was the reference value of "Mate competition"

FTM faecal testosterone metabolite, *HC* high competition, *LC* low competition

Fig. 2 Predictions of the model on Table [2](#page-5-0) of faecal cortisol metabolite (FCM) against faecal testosterone metabolite (FTM) levels of male from populations with two levels of male-male sexual competition for mating opportunities (high competition, HC solid line, and low competition, LC dashed line). Points are raw data for the FCM (HC: grey flled points; LC, grey open points)

and females leads to agonistic encounters and other stressful situations mostly sufered by dominant stags (Lincoln et al. [1972](#page-7-13); Clutton-Brock et al. [1982](#page-7-12)).

Derived from these results, we realized that some LC males were those that presented the highest levels of faecal metabolites of testosterone but not that of cortisol (Fig. [2](#page-5-1)). According to previous studies (de la Peña et al. [2019](#page-7-31)), these males have greater chance of mating, due to the higher availability of females per male. Testosterone is related to aggressiveness and territorial behaviours (Wingfeld et al. [1997](#page-8-0); Arteaga et al. [2008\)](#page-6-0). However, high faecal testosterone metabolite levels may refer to their reproductive status (Martin et al. 2014) rather than to the dominance rank, and it is remarkable that these LC males with high FTM in conditions of low intrasexual competition showed relatively low levels of FCM (Fig. [2\)](#page-5-1).

Therefore, this work provides clear evidence that the positive relationship between testosterone and cortisol depends on the level of intrasexual competition, it being stronger when stags are under high competition level and hence stronger sexual selection that occurs in HC populations (Pérez-González and Carranza [2011](#page-8-14)). Pavvitt et al. ([2015](#page-8-8)) showed that faecal cortisol metabolite concentrations in male red deer were positively correlated with cumulative harem size, a proxy of male reproductive effort and/or mating success during the rut. Our results for diferent levels of male-male competition populations point to intrasexual interactions as the source of stress for those males with higher faecal testosterone metabolite levels who are those more likely involved in the intrasexual competition (Lincoln et al. [1972](#page-7-13); Malo et al. [2009](#page-7-15)).

The positive relationship between faecal testosterone and cortisol metabolite levels might also be interpreted under the framework of the immunocompetence handicap hypothesis (Folstad and Karter [1992](#page-7-32)). Under this hypothesis, males with higher testosterone levels will incur costs in terms of immunocompetence, which may also elevate their stress levels. However, a causal link between sexual hormone levels and stress is not supported by our results, since metabolite levels of both hormones were not related in populations with low levels of intrasexual competition. Rather, our results indicate that the link between both hormones may be mediated by the stressful situation produced by the sexual competition between males.

Previous papers dealing with the relationship between testosterone and stress hormones, such as cortisol, have mainly focused on dominance differences between individuals (Schuett et al. [1996;](#page-8-2) Blanchard et al. [2001;](#page-7-5) Muller and Wrangham [2004](#page-7-6); Mateos [2005](#page-7-7); Barja et al. [2008a,](#page-6-1) [b](#page-6-2); Backström et al. [2015\)](#page-6-3). However, dominance rank per se is not likely responsible for such relationships. Diferences in population structure, such as skewed sex-ratio or age distribution, should modulate the source of stress for both dominants and subordinates (Muller and Wrangham [2004\)](#page-7-6). Levels of stress hormones should relate to the ability of the individuals to cope with an unpredictable disturbance (allostasis models view in Creel et al. [2013](#page-7-9)), not just because of its rank alone. The conventional point of view is that subordinate individuals sufer elevated stress levels due to frustrated attempts at reproduction. However, if we understand stress as a result of physiological and psychological processes by which an individual tries to return to the balanced state after an unpredictable disturbance (Creel et al. [2013](#page-7-9)), our understanding on the social and individual reproductive context changes. Investment in sexual characters and reproductive effort, as well as unpredictable agonistic interactions, should result in costs in terms of stress. Red deer antlers constitute an important sexual trait, with high production costs (Goss [1983\)](#page-7-33). Antler size is positively correlated with winning fights and mating success (Clutton-Brock et al. [1982](#page-7-12); Malo et al. [2009\)](#page-7-15). Our results support that dominant and hightestosterone individual have bigger antlers, and show elevated cortisol faecal levels, in agreement with their higher rate of agonistic encounters compared to subordinates (Creel et al. [1996](#page-7-34)). Also, antler length appeared in our study associated with high faecal cortisol metabolite concentrations regardless the competitive level in the population (HC or LC), but we also found a signifcant interaction between testosterone and antler length, indicating that those males with small antlers did not show a relationship between both hormones, while males with bigger antlers did. And also, we already know that males in HC populations produce bigger antlers at the cost of lower lifespan expectancies due to elevated tooth wear (Carranza et al. [2020](#page-7-25)), which is in agreement with higher FCM levels in males either with bigger antlers or experiencing a situation of higher intrasexual competition.

To summarize, we found a positive relationship between faecal testosterone and cortisol metabolites in male Iberian red deer in free-ranging conditions, and the strength of this relationship to be context-dependent: under conditions of high male-male competition there was a stronger positive relationship between these two hormones. These results may contribute to our understanding of the nature of the costs involved in sexual competition and investment in sexual traits.

Appendix 1

Variance infation factors (VIFs) for the explanatory variables included in the frst GLMM explaining the diferences in FCM and FTM including age, antler length and malemale competition. FTM = 1.062 ; Age = 1.435 ; antler length $= 1.564$; Mmate competition $= 1.211$; antler length \times mate competition $= 1.065$.

Appendix 2

Variance infation factors (VIFs) for the explanatory variables included in the second GLMM explaining the differences in FCM and FTM controlling by age under two male-male competition scenarios. FTM $= 1.910$, Age = 1.116; mate competition = 1.120; FTM \times mate competition $= 1.909$.

Acknowledgements We thank two anonymous reviewers for their helpful comments and the autonomous governments of Andalucía (Junta de Andalucía) and Extremadura (Junta de Extremadura) and the owners of the hunting estates that provided permissions and facilities for feldwork. Thanks to Jose Manuel Seoane and students help with feld work. To Dr. Álvaro Navarro for revise the hormonal analyses. Financial support came from projects CGL2013-48122-P and CGL2016- 77052-P to JC.

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