REVIEW

An overview on salt‑induced physiological changes, molecular mechanism of salinity tolerance and application strategies for its management in rice

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Abstract

Low yields of crops, especially rice, are caused by climate change and environmental stress concerns such as drought, temperature fuctuations, and salinity in arid and semi-arid locations around the globe. Rice is one of the essential crops for human consumption and one of the most commonly farmed cereals on the planet earth, but its growth is severely retarded by excessive salt, which infuences rice development and production, leading to economic loss. Salt stress induces osmotic stress and ionic toxicity in rice by altering the environment, leading to water deprivation and accumulation of toxic ions, thereby triggering specifc physiological and molecular responses in the rice plants. Many factors may afect rice production and cereal quality via its interaction with salinity. This review focuses on some infuential factors (photosynthesis, osmosis, micro and macronutrients, microbial fora, rice growth, development, and genes) that may reduce rice production in saline soils. The review also describes the responsive mechanism of rice to salinity and the genetic susceptibility of rice. In light of the challenges posed by the growing global population and limited agricultural land, it is imperative to consider the infuential factors discussed in this review, along with genetic susceptibility to improve rice production in terms of quantity and quality under saline soil conditions.

Keywords Genes · Micro and macronutrients · Photosynthesis · Salinity · Rice

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Plants are subjected to a variety of environmental stresses

Introduction

like drought, salinity, heat, cold, fooding, ozone, UV radiation, heavy metals, etc., in a changing world. These factors have been found to affect plant growth, yield, and productivity, posing a threat to food security (Benevenuto et al. [2017](#page-8-0); Raza et al. [2019\)](#page-11-0). Salinity is a soil condition characterized by high amounts of soluble salt and is one of the harshest abiotic stresses among environmental conditions (Cramer et al. [2011;](#page-9-0) Hasanuzzaman et al. [2013a](#page-9-1), [b\)](#page-9-2). Salinity directly or indirectly afects about 7% of the world's total land area and one-third of the world's irrigated land area (Hopmans et al. [2021\)](#page-9-3). Rice can withstand a modest amount of saltwater without hurting its development or yield in most cases. Nevertheless, the extent of this tolerance varies considerably depending on the specifc types and species of rice and the stage of their development (Hasanuzzaman et al. [2013a](#page-9-1)). Notably, indica rice exhibits a higher level of tolerance compared to japonica rice (Lee et al. [2003;](#page-10-0) Xu et al. [2020\)](#page-11-1). Rice is classifed as a salinity-susceptible cereal during its early

developmental stage, limiting its production efficiency at maturity (Todaka et al. [2012\)](#page-11-2). Consequently, understanding the diferent rice varieties and their responses to salinity at various growth stages is crucial for optimizing production and enhancing overall agricultural efficiency.

Excessive salt in rice plants induces ionic toxicity and osmotic stress (Rahman et al. [2017](#page-10-1); Yan et al. [2020\)](#page-11-3). Rice plants exhibit various morphological, physiological, and biochemical changes and symptoms when exposed to excessive salt, leading to reduced biomass production and grain yield (Riaz et al. [2019\)](#page-11-4). Sodium ions harm plants and a higher concentration of $Na⁺$ in the root zone decreases $K⁺$ uptake due to their antagonistic effect (Xiong et al. [2002](#page-11-5); Hussain et al. $2022a$). K^+ is essential for maintaining membrane potential, enzyme activities, and cell turgor; a reduction in K^+ will reduce plant development (Xiong et al. [2002](#page-11-5); Das et al. 2015). Aside from Na⁺, other anions/cations, like Cl– are poisonous to rice. Ionic stress causes chlorosis and necrosis, which can hasten senescence or delay development and growth (Bisht et al. [2019\)](#page-8-1). The excess accumulation of $Na⁺$ impedes cellular metabolisms, such as protein synthesis and enzyme activity, thereby disturbing the process of photosynthesis (Horie et al. [2012\)](#page-9-6). Sodium accumulation in shoots is connected to rice plant survival under salinity and hence maintaining a lower cytosolic $Na⁺$, which is has been found to an important strategy for salt tolerance in glycophytes (Horie et al. [2012](#page-9-6)). Regulation of water transport becomes a critical adaptive mechanism for rice plants under osmotic stress, as a sufficient amount of water is essential for cell growth and physiological activities like photosynthesis and metabolism. Furthermore, it will close the stomatal pores, reducing evaporation and water transport (Horie et al. [2012\)](#page-9-6). Many factors can infuence the rice plant's developmental and growth process. The efect can be direct or indirect, occurring during developmental stage, at maturity, or at the productive stage, etc. Here, some important factors have been discussed to understand its potentiality and the mechanism to deal with it through plant physiology or genetic backup.

Infuential factors and salinity

Efect on plant development, metabolism and microbial activities

Plant development and metabolism are afected by increased soil salt levels, resulting in lower productivity or severe symptoms, which may lead to death (Hameed et al. [2021](#page-9-7); Xiao and Zhou [2023](#page-11-6)). Salts in soil water have been found to restrict development by interfering with water intake, inhibiting K^+ uptake in plant cells, and resulting in an ion imbalance (Parihar et al. [2015](#page-10-2)). Plants deal with the negative efects of salt stress in various methods, including the selective exclusion of $Na⁺$, faster signaling networks, ion uptake regulation, and the development of osmotic-adjustable solutes (Reddy et al. [2017;](#page-11-7) Ponce et al. 2021). Plants collect organic or compatible solutes (trehalose, glycerol, proline, glycine betaine, sucrose, and glucose) to adjust for osmotic stress (Zivcak et al. [2016](#page-11-8)). Many studies have demonstrated that when plants are deprived of water and exposed to osmotic and salt stress, they acquire a variety of appropriate solutes (Gull et al. [2019;](#page-9-8) Gupta and Huang [2014](#page-9-9); DeGomez [2019](#page-9-10)). Glycine betaine and proline are the most important solutes in osmotic adjustment linked to salt tolerance, free amino acids, and carbohydrates (Hajlaoui et al. [2010](#page-9-11)).

The presence of plenty of microorganisms in arid and semi-arid soils plays a crucial role in enhancing soil fertility, and promoting aeration, thereby infuencing the growth of cultivated plants (Soussi et al. [2016](#page-11-9)). However, the deleterious impacts of soil salinity on microbial processes in agricultural land are well documented, with salinity primarily afecting microbial activity indicators such as respiration and enzymatic activity (Rath et al. [2015\)](#page-11-10). Consequently, there is a decline in microbial biomass (Sardinha et al. [2003\)](#page-11-11), which afects the enzymatic functions of microorganisms. To mitigate this efect and enhance microbial population activity in high saline or sodic soils, one such method is the incorporation of compost, which has shown the potential to reduce salinity-induced toxicity (Lakhdar et al. [2009](#page-10-3)) (Fig. [1](#page-2-0)).

Organic amendment for saline soils

Soil is a mixture of many chemical ingredients which may be present inside the soil; and the plant's requirement for these ingredients depends on their potential for development and growth (DeGomez [2019\)](#page-9-10). The signifcant reasons for agricultural production losses in irrigated areas are soil salinity produced using water with a medium salt concentration in solution and excessive fertilizer application (Pla-Sentís [2021\)](#page-10-4). Aside from erosion and salinization, have caused annual loss of \$27.3 billion, in irrigation land, afecting approximately 20% of the worlds lands.causing (Mustafa [2007](#page-10-5); Qadir et al. [2014](#page-10-6)).

Organic matter (OM) has been linked to enhanced soil quality due to radicular growth and the generation of root exudates like organic acids, which regulate soil pH and reduces the negative impacts of soil salt concentration; hence boosting the accessibility of nutrients (DeLuca and DeLuca [1997;](#page-9-12) Ernst et al. [2004\)](#page-9-13). Under saline circumstances, organic and biofertilizers have been demonstrated to boost rice output (Zayed et al. [2013\)](#page-11-12). The treatments of compost horticultural remains mixtures considerably boosted the feld cation exchange capacity "CEC" (Wang et al. [2014](#page-11-13); Asaye et al. [2022](#page-8-2)). The addition of compost mixture raises nitrogen (N), phosphorous (P), and potassium (K) levels, which may be

Fig. 1 Schematic diagram showing the salt toxicity and its various impacts on rice crops

related to organic additions and the number of accessible macronutrients (Table [1\)](#page-3-0).

Most saline soils exhibit notable N , P , and K deficiencies, impacting plant growth and development (Shereen et al. [2005](#page-11-14)). The accessible proportion of potassium may rise due to increased cation exchange capacity (CEC) associated with compost. In saline soils, compost mineralization can enhance the proportion of available potassium to plants in at least two ways: frstly, it increases the (CEC) and the contribution of cations held in the compost's negative charges, which gradually becomes available over time (Bhattacharyya et al. [2007;](#page-8-3) Dhanorkar et al. [1994](#page-9-14)). Secondly, during compost mineralization, the decomposition process leads to the release of potassium and other vital nutrients into the soil through microbial breakdown, thus enhancing their accessibility to plants (Bhattacharyya et al. [2007](#page-8-3); Dhamodharan et al. [2015\)](#page-9-15). These combined processes create a more favorable environment for plant growth in saline soils.

Salinity in the soil has been shown to have a deleterious efect on soil fertility (Mohanavelu et al. [2021\)](#page-10-7). Rice plants grown in saline environments face a nutritional imbalance in the absorption and transport of imperative plant elements, i.e., N, Ca, K, Mg, and Zn, resulting in decreased growth and production (Zayed et al. [2013](#page-11-12)). Therefore, it contends that the usage of compost has alleviated this discrepancy, at least in part (Litardo et al. [2022\)](#page-10-8). Litardo et al. [\(2022\)](#page-10-8) investigated the efects of diferent treatments, including leonardite, gypsum, compost, sugarcane cake, pig manure, and control applications, to discover that compost application was usually linked to the utmost accumulation of integral macronutrients in rice grains, although no signifcant variations were observed in the leaves.

Ion imbalances in salt‑stressed plants

Salinity stress can lead to ion imbalance and toxicity in plants due to intense competition between Na⁺ and Cl⁻ ions and other needed ions such as K^+ , Ca^{2+} , and NO^{3-} (Assaha et al. [2017](#page-8-4)). This stress induces a nutritional imbalance in plants, characterized by reduced levels of N, P, K, Ca, and Mg and increased levels of ratios (Jouyban [2012](#page-9-16); Razzaque et al. [2011\)](#page-11-15). Ionic imbalance occurs when excessive Na⁺ and Cl– build up in plant cells and tissues, preventing the uptake of other nutrients. According to Lee et al. ([2009\),](#page-10-9) high salt stress alters the concentrations of $Na⁺$, $Ca²⁺$, $K⁺$, and Mg^{2+} in the root and shoot of rice plants. When plants were exposed to high salt levels, their boron (B) and silicon (Si) availability was reduced (Wimmer et al. [2001](#page-11-16); Currie et al. [2007\)](#page-9-17). High NaCl concentrations increased cadmium (Cd) toxicity and lowered zinc (Zn) availability in various cereal crops, including rice (Amanullah et al. [2016\)](#page-8-5).

Efects of salt stress on rice growth and development

Salinity affects both the developmental and growth stages of crop plants. This efect depends on the salt concentration in the soil, type of salt constituents, and type of crop (rice) cultivar, as some rice cultivars are comparatively more susceptible than others. The salinity may afect diferent efects at diferent climatic conditions and plant developmental stages.

Table 1 Diferent genes involved in salinity stress tolerance in *Oryza sativa* plants

Gene name	Function	Expression	Species	References
OsSOS1	Na^+/H^+ antiporters	Cell	Oryza sativa L.	Dhar et al. (2011)
SAPK4	Regulates ion homeostasis/SNF1 associated protein kinase	Leaf	Oryza sativa L.	Diédhiou et al. (2008)
OsHAKs	K^+ Transportor/ K^+ homestasis	Root	Oryza sativa L.	Yang et al. (2014)
OsHAK5	K^+ transport and auxin transport/ H^+ ATPs protein chan- nel	Root	Oryza sativa L.	Yang et al. (2014)
OsAKT1	$\rm H^+$ ATPs protein channel/diminished the accumulation of $Na+$ in the protoplasts	Root	Oryza sativa L.	Yang et al. (2014)
OsHKT1;1	Reducing of Na ⁺ accumulation/Na ⁺ /K ⁺ symporter	Shoot/root	Oryza sativa L.	Wang et al. (2015), Chen et al. (2013)
OsHKT1;4	Regulate dehydration stress executed by salinity, Na^+/K^+ symporter/Na ⁺ exclusion from leaves and stems	Shoot/root	Oryza sativa L.	Cotsaftis et al. (2012)
OsHKT2:1	Affected the Na uptake potential	Shoot/root	Oryza sativa L.	Miyamoto et al. (2015)
HKTI;5	$Na+$ specific transporter that maintains $Na+/K+$ homeo- stasis	Shoot	Wild Oryza sativa L.	Mishra et al. (2016)
HKT2;3	Associated with high salinity tolerance/mediates K ⁺ transport independent of Na ⁺ concentration	Leaf	Wild Oryza sativa L. Mishra et al. (2016)	
OsPDH45	Regulates Na ⁺ level	Root	Oryza sativa L.	Nath et al. (2016)
SIDP361	Regulates the response of transgenic rice seedlings to salt stress and mediates between ABA-dependent and -inde- pendent signaling pathways during the plant response to salinity	Stem, Root and leaves Oryza sativa L.		Li et al. (2016)
OsNHX1	Expression of a vacuolar Na ⁺ /H ⁺ antiporter	Leaf	Oryza sativa L.	Chen et al. (2007)
OsCIPK15	Speculating the putative functions in genes/involved in different stress responses	Root, Shoot	Oryza sativa L.	Xiang et al. (2007)
CYP94C2b	Involved in JA metabolism/effective gene conferring salt tolerance	Leaf	Oryza sativa L.	Kurotani et al. (2015)
Os02g02170	High-affinity nitrate transporter gene	Root	Oryza sativa L.	Cotsaftis et al. (2011)
OsTIP2;1	Promotion of water movement in the root stelar region	Root	Oryza sativa L.	Cotsaftis et al. (2011)
Os02g07230	Function in photosynthesis	Leaf	Oryza sativa L.	Nounjan et al. (2018)
Os08g41990	Involved in proteolysis/chlorophyll biosynthetic process/ chloroplast precursor proteins	Leaf	Oryza sativa L.	Nounjan et al. (2018)
CSSL8-103	Involved in chlorophyll biosynthesis	Leaf	Oryza sativa L.	Nounjan et al. (2020)
CSSL8-106	Down-regulation of GSA expression levels/promotes photochemical activities	Leaf	Oryza sativa L.	Nounjan et al. (2020)
KDML105	Involved in chlorophyll biosynthesis	Leaf	Oryza sativa L.	Nounjan et al. (2020)
DH103	Involved in chlorophyll synthesis	Leaf	Oryza sativa L.	Nounjan et al. (2020)

Efect of salt stress on rice plant growth

For sufficient rice production, plant growth is the primary factor infuencing it. The growth may be at the root of getting a sufficient amount of nutrients/solutes and getting an adequate amount of nutrients/solutes. If the growth of the root is afected, the plant will be unable to intake an adequate amount of food, and thus, the life span and survival capability of the plant will decrease. Retardation of the upper parts, like stems and leaves, directly affects plant production. Under saline conditions, the leaves may be unable to do activities normally like photosynthesis, transpiration, etc. (Negrão et al. [2017](#page-10-10)). Rice crop is more susceptible to salinity stress in the seedling stage than during the tillering stage (Grattan et al. [2002\)](#page-9-18). The root interacts directly with the soil environment's biotic and abiotic features and the rest of the plant (De-Smet et al. [2012\)](#page-9-19). Salinity can affect cell division and cell elongation in rice plants, which causes a lessening in the growth of roots, leaves, and the whole crop (Munns [2002](#page-10-11)). In root growth, organelles, nuclei stability, and normal epidermal cell frequency, tetraploid rice (HN2026-4x and Nipponbare-4x) beat diploid rice (Tu et al. [2014a,](#page-11-17) [b](#page-11-18)). This type of rice has lowered the $Na⁺$ in the roots of the rice plant. This is due to the exposure of a protective gap between pericycle and cortical cells in the rice (Tetraploid), which raises root confrontation against salinity by enhancing the transport of $H⁺$ ions on the surface and decreasing the entry of $Na⁺$ in rice roots (Tu et al. [2014a,](#page-11-17) [b;](#page-11-18) Reddy et al. [2017\)](#page-11-7).

At the early seedling stage, enhanced salt stress increased rice leaf mortality in all rice cultivars (Shereen et al. [2005](#page-11-14)). It may cause leaf mortality and reduce the leaf area, lowering the plant's photosynthetic rate (Amirjani [2011\)](#page-8-9). The process of metabolism inside leaf senescence is afected by salt stress. It can also negatively affect the cells of transpiring leaves, causing them to grow more slowly. Higher concentrations of salt in soil, especially afect older leaves, thus leading to the death of the leaves, which is necessary for the plant's survival (Munns et al. [2006\)](#page-10-18).

Salt stress and rice grain yield

Paniculate sterility is a severe problem in rice grain production under salt stress (Hussain et al. [2017\)](#page-9-24). Due to the salinity effect's genetic processes and food deficits, panicle sterility is caused in many rice cultivars, particularly during the pollination and fertilization stages (Hassanuzzaman et al. 2009; Pariha et al. [2015\)](#page-10-2). Multiple studies have indicated that salt stress after fertilization causes panicle sterility, decreasing grain setting, pollen-bearing capability, stigmatic surface, or both (Abdullah et al. [2001](#page-8-10); Arif et al. [2020](#page-8-11)). Lower grain yield during salt stress is due to a lack of glucose transition to vegetative and spikelet development (Liu et al. [2022a,](#page-10-19) [b](#page-10-20)). Many yield factors, including the number of tillers plant⁻¹, spikelets panicle⁻¹, and the % sterile florets, have negative linear relationships with increased salt stress (Zeng and Shannon [2000;](#page-11-22) Huang et al. [2020](#page-9-25)).

Furthermore, salinity stress signifcantly reduces soluble sugar translocation to superior and inferior spikelets and suppresses starch synthase activity during grain development, contributing to poorer rice grain yield (Abdullah et al. [2001;](#page-8-10) Arif et al. [2020\)](#page-8-11); Chen et al. [2019\)](#page-8-12). Salinity stress negatively impacts various aspects of rice growth, including reduced spikelet number, panicle length, number of tillers per plant, forets number, and 1000-grain weight (Aref et al. [2012\)](#page-8-13). It is necessary to comprehend the phenomenon of salt stress concerning rice yield reduction (Hussain et al. [2017](#page-9-24)).

Efect of salt stress on rice physiological characteristics

The physiological efects of salt stress on rice plants include reduced PAR (photosynthetically active radiation), Pn (net photosynthesis), Gs (stomatal conductance), Tr (transpiration rate), pigment degradation, and RWC (relative water content) (Thompson et al. [2006](#page-11-23)). Rice plant water usage efficiency (WUE) is considerably affected by salinity stress (Ramezani et al. [2012](#page-10-21)). "WUE" is related to biomass and seed production in a beneficial way. All of these factors/ parameters growth has a negative pleiotropic efect on rice development and physiological characteristics (Amanullah et al. [2016\)](#page-8-5) and can also induce aberrant rice development and growth at both biochemical and molecular levels (Nishimura et al. [2011\)](#page-10-22).

Efects of salinity on photosynthesis

Photosynthesis is the main physiological factor, a critical metabolic process that provides essential ingredients for plant development and survival, and has been afected by salinity (Chaves et al. [2009](#page-8-14); Ponce et al. 2021). Under salt stress, the photosystem II (PSII) complex exhibits a decreased photosynthetic efficiency in rice plants. According to Suriyan ([2009](#page-11-24)), the amount of chlorophyll and carotenoids in rice leaves was dramatically reduced after salinity stress treatments. Reduction in the ratio of quantum yield of the PSII and K^+ /Na⁺ is related to high salt stress (García Morales et al. [2012\)](#page-9-26).

Maintaining a net photosynthetic rate (Pn) under stress is linked to salt tolerance (Liu et al. [2011](#page-10-23)). Nounjan et al. ([2020\)](#page-10-17) investigated the photosynthetic efect of salinity on rice cultivars, fnding that KDML105 had a signifcantly lower rate of photosynthesis than CSSLs. In all genotypes studied, a drop in Pn was closely associated with a decrease in Gs. This demonstrates that Pn is predominantly regulated by stomata closure, restraining the delivery of $CO²$ to the Calvin cycle. Apart from stomatal variables, other parameters, such as the ratio of Ci/Ca in response to Gs, have decreased Pn during salt stress (Dadkhah [2011](#page-9-27)). Under stress, Ci/Ca at upper levels in KDML105 and CSSL8-103 proposed that these genotypes have more photosynthetic non-stomatal limitations than the other genotypes (Liu et al. [2011\)](#page-10-23). Under salt stress, non-stomatal restriction factors may slow photosynthesis by lowering mesophyll conductance (Wang et al. [2018\)](#page-11-25) and modifying ATP generation, resulting in ribulose bisphosphate (RuBP) shortage (Lawlor et al. 2009) and reduced activity of essential $CO₂$ fixation enzymes. Liu et al. ([2011](#page-10-23)) reported that Pokkali had the greatest Pn value, and salt stress did not afect the PSII in Pokkali and KDML105. It has been discovered that the stability of both photochemical machinery (PSII and PSI) is linked to the speedy recovery of the photosynthetic rate (Yi et al. [2016](#page-11-26)). Photosynthesis and energy absorption require chlorophyll pigments. Hence, the long-term stability of PSII could help improve the process of photosynthesis when the plant recovers from salt after stress, resulting in plant growth.

Salinity stress and chlorophyll

Chlorophyll pigments are essential for the process of photosynthesis. High salinity has been found to activate some enzymes promoting the breakdown of chlorophyll; as a result, the concentration of chlorophyll is decreased and infuences the process of photosynthesis (Kordrostami et al. [2017](#page-9-28)). According to Nounjan et al. ([2020](#page-10-17)), when subjected to salinity treatment, two rice cultivars (CSSL8-103 and KDML105) exhibited a reduction in chlorophyll levels as measured by SPAD values. In contrast, Pokkali, DH103, and CSSL8-106 plants did not show any change in chlorophyll levels under the same conditions. The decrease in chlorophyll ratio (a:b) due to salt stress is associated with reduced SPAD values and total chlorophyll contents, as demonstrated in the study by Mahlooji et al. ([2018\)](#page-10-25). Moreover, the chlorophyll concentration decreased in both KDML105 and CSSL8-103 varieties. Salinity has also been found to disintegrate thylakoids, resulting in reducing chlorophyll (a:b ratio) (Shu et al. 2012) due to accumulation and toxicity caused by $Na⁺$ (Yeo and Flowers [1983](#page-11-28); Blum [2018\)](#page-8-15). The efect of salinity has been found in the chlorophyll contents in various rice varieties (Lutts et al. [1996;](#page-10-26) Tatar et al. [2010](#page-11-29)).

Osmotic regulation in salt‑stressed plants

Maintaining a low osmotic potential in plant cells due to a high accumulation of osmolytes is known as osmoregulation or osmotic adjustment (Turner [2018\)](#page-11-30). Under abiotic stress, plant protection and survival depend on distinguishing between compatible and non-compatible solutes. It depends on the physiology of the plant or its genotypes, as Nounjan et al. ([2020\)](#page-10-17) reported two diferent cultivars of rice with different susceptibility after its treatment with salt stress. Rice type Pokkali was found to have the lowest osmotic potential than KDML105, which has the highest osmotic potential. On the other hand, both DH103 and CSSLs cultivars have moderate osmotic potential (Nounjan et al. [2020](#page-10-17)). This is due to the ability of the cultivar to accumulate sugar or other solutes. Salt-resistant genotypes in many plant species have accumulated much sugar in reaction to salt stress (Hajlaoui et al. [2010\)](#page-9-11). When salt stress was eliminated from all rice lines/cultivars, osmotic potential increased, and sugar content decreased, indicating that plants may recover to normal growth conditions (Nounjan et al. [2020](#page-10-17)).

Intracellular compartmentalization

One of the most important considerations in preventing plant salt damage is limiting excessive $Na⁺$ transfer to the shoots (Nishimura et al. [2011\)](#page-10-22). Plants have the ability to move hazardous elements to older leaves, as well as leaf sheaths, to save the young developing tissues. Long-term salt transfer into transpiring leaves leads to extremely high Cl– and Na+ applications, as well as the leaves eventually peris h (Amanullah et al. [2016\)](#page-8-5). The speed at which leaves die plays a critical role in plant's survival (Amanullah et al. [2016](#page-8-5)). There may be enough photosynthesizing leaves for the plant to generate fowers and seeds if the rate of new leaf development continues to outstrip the rate of old leaf

demise. The plant may not be able to replicate seeds if the death rate exceeds the rate of growth (Li et al. [2011\)](#page-10-27). The plants ability to isolate ions in older leaves and structural tissues may have a big impact on plant longevity, especially in the case of rice cultivars.

When exposed to salinity, old leaves collect significantly more $Na⁺$, Cl⁻, and $NO₃⁻$ compared to young leaves (Nath et al. [2016\)](#page-10-14). While up-regulation of *OsHKT1; 1, OsHAK10,* as well as *OsHAK16* in response to salt enhances Na+ accumulation in old leaves, augmented *OsNHX1* expression causes Na+ compartmentalization in old leaves (Ren et al. 2005; Nath et al. [2016](#page-10-14)). In salt-tolerant varieties have a signifcantly lesser salt concentration in the panicle compared to husks and rachis, with grains having the lowest concentration (Parida and Das [2005](#page-10-28); Isayenkov [2019\)](#page-9-29).

Approaches to improving rice salt tolerant

Apart from conventional methods, new techniques are now used to overcome the stress and enhance the plant's production. With the increase in the human population, food scarcity is a signifcant problem. So, scientists are searching for susceptible cultivars which may be able to survive in saline soils and produce sufficient grain and fodder for livestock or other industries.

The plant breeding

The plant breeding approach is one of the approaches that may offer assistance in managing the circumstance. The culmination strategy is to identify germplasm lines with salt-tolerant traits that can help transmit resilience qualities into rice cultivars. A salt-tolerant genotype should be able to show resistance in the presence of $Na⁺$ concentrations (lower) while sustaining the concentration of K^+ . Markerassisted selection (MAS) uses molecular markers associated with tolerance traits that have been incorporated to speed up traditional breeding (MAS). The genetic variation may lead to discovering economical molecular markers and novel alleles of interest, potentially yielding salt-tolerant cultivars. Seven (CR1009, ADT45, Pusa 44, MTU1010, Gayatri, PR114 and Sarjoo 52) major regionally adapted rice cultivars have been transplanted with Saltol, a signifcant QTL for salinity susceptibility (Singh et al. [2016](#page-11-31)). About 376 SNP were found in Saltol QTL for salt tolerance (Rahman et al. [2016](#page-10-29)). Rahman et al. [2016](#page-10-29) reported about seven landraces that can accumulate lower Na^+ and higher levels of K^+ in leaves leading to a reduction in the ratio of Na^+/K^+ .

These rice landraces offer an additional reservoir of salt tolerance genes, contributing to diverse sources of genetic salt tolerance and producing varieties with functional alleles for diferent tolerance traits. It is the need of the day to investigate candidate genes and potential mutation/allelic

variation for higher production and salt tolerance (Das et al. [2014](#page-9-30)).

The system biology

Several methodologies have been under consideration to better understand and deconstruct the rice resistance mechanism against salinity. Some of these strategies, like phenomics, transcriptomics, proteomics, and metabolic research, is required, which will aid in producing salt-tolerant germplasms. In fundamental research, many phenotyping technologies have been used, including noninvasive ones that use visible or fuorescent imaging. Visible chlorophyll fuorescence imaging, red–green–blue imaging, hyperspectral imaging, and Thermo imaging are high-throughput phenotyping platforms (Humplík et al. [2015\)](#page-9-31). Image analysis was used to distinguish between two types of salinity stresses (ion-dependent and independent), one of the main tools for the physiological and genetic understanding of rice salt tolerance/resistance pathways (Hairmansis et al. [2014](#page-9-32); Hussain et al. [2022b](#page-9-33)). Two rice varieties (Fatmawati and IR64) have been assessed for salt tolerance with the help of a non-destructive image-based phenotyping procedure, and the rice response to salinity could be readily discriminated from the control.

The knowledge of the function of candidate genes of interest, the germplasm for salt tolerance, and plant physiology research can assist in bridging the gap amid genotype and phenotype (Sexcion et al. [2006\)](#page-11-32). Transpiration through stoma is the most prevalent transpiration type in plants. Even when transpiration is limited, salt tolerance can be achieved by increasing water intake capacity at night. Plant phenomics can help build diverse tolerance mechanisms into breeding lines by revealing the genetic basis for salt tolerance mechanisms (Hairmansis et al. [2014](#page-9-32)). The study of complete transcriptome changes in various biological situations is known as transcriptomics (Thompson et al. [2006](#page-11-23)). Microarrays detect the expression of all genes expressed in a single trial, thus recognized as the gold standard for analyzing genome-wide transcriptional response (Zhou et al. [2007](#page-11-33)). Using the microarray approach, rice salinity inducible transcripts were found (Kumari et al. [2009\)](#page-9-34), for example, (Dongxiang wild rice) with the help of the Illumina HiSeq 2000 platform (Zhou et al. [2016](#page-12-0); Zhou et al. [2007](#page-11-33)). Pandit et al. [\(2010](#page-10-30)) reported using two strategies (bulked segregant analysis and genome-wide microarray) to explore putative salt tolerance genes utilizing diferential transcriptome analysis.

The study of protein molecules both at the structural and functional levels is known as proteomics. The most basic and straightforward technique for explaining the function of a gene is to understand the protein structure and function (Lee et al. [2009\)](#page-10-9). *OsRMC* is a root-secreted protein that is reported to be strongly responsive under salt stress (Zhang et al. [2009](#page-11-34)). Mishra et al. ([2016\)](#page-10-13) studied metabolic pathways related to salinity tolerance by investigating CSR27, salt-sensitive MI48, along with their extremely tolerant and sensitive RIL progenies. Variations were observed in the production of diferent antioxidant enzymes, amino acids, and proteins across various rice genotypes, and their genes are co-located in QTLs mapped with the bi-parental population method, implying its role in salt tolerance. Another approach is selective nuclear magnetic resonance-based metabolomics was used to investigate salt sensitive and salttolerant variations (Nam et al. [2015](#page-10-31)). With the help of this technique, it was explored that the shift in carbohydrate and aliphatic areas is the most important factor in determining salt tolerance and salt sensitivity. Nam et al. (2015) established a relationship between metabolite changes and rice genotypes' salt tolerance and growth potential. Salt tolerance QTLs have been discovered on chromosome 1 in rice, notably Saltol (*OsHKT1; 5*) from Nona Bokra and SKC1 (*OsHKT1; 5*) from Pokkali. Salton is hypothesized to play a function in maintaining Na^+/K^+ equilibrium in salinity stress (Platten et al. [2013](#page-10-32)). Genetic polymorphism techniques like single nucleotide polymorphism (SNP) and simple sequence repeat (SSR) were used to fnd salt-tolerant rice variations (Dhar et al. [2011\)](#page-9-20). Along with salt tolerance, some traits were also discovered through a transgenic approach, like the yield/production discovered by the golden gate SNP array (Kurokawa et al. [2016\)](#page-9-35). Tu et al. ([2014a,](#page-11-17) [b](#page-11-18)) proposed that the duplication of the genome has increased root salt tolerance and the transport of proton to the root's surface, reducing the Na⁺ accumulation.

The transgenic method

In this type of approach, recombinant DNA technology (ies) is utilized to introduce plants with desirable and potentially novel features. In transgenic plants, the overexpression of *OsPP1*a has increased *OsNAC6, SnRK1A,* and *OsNAC5*, which showed better resistance to high salt treatment (Liao et al. [2016](#page-10-33)). Overexpression of *OsNHX1* in rice has also been associated with enhanced biomass output and germination and altered $Na⁺$ and $K⁺$ accumulations in the shoots and roots (Ishak et al. 2020; Chen et al. [2007](#page-8-7)). *OsTPS1* Overexpression has been found to be related to trehalose-6-phosphate synthase in rice plants and is linked to higher compatible solute accumulation. This mechanism helps improve plant life and photosynthetic efficiency, thus increasing plant growth and reducing its wilting (Li et al. [2011](#page-10-27)). Transgenic rice plants are more susceptible to salinity and a higher amount of Na+. Another gene (*PDH45*) has been similarly capable of resistance against salinity (Nath et al. [2016\)](#page-10-14). These findings indicate that *PtCYP714A3* has a vital role in how rice shoots react to salt's harmful efects. This discovery provides a groundwork for creating genetically engineered crops that withstand high salt levels (Wang et al. [2016\)](#page-11-35). Developing stress-tolerant rice varieties is crucial to managing salt stress and ensuring high-yield rice production. All the international and national research organizations, like IRRT and NRSP in Asia, are mandated to enhance plant production.

The contribution of candidate genes to salt tolerance The candidate gene approach is another landmark for producing salt-tolerant plants with high production capability for both grain and fodder. The accumulation of Na+ and Cl– ions in the cytoplasm at $Na⁺$ and $Cl⁻$ ions in the cytoplasm at a higher amount is physiologically harmful to plants (Wang et al. [2016\)](#page-11-35). Rice contains a conserved SOS pathway, and $OsSOS1$, a Na⁺/H⁺ antiporter, lowers the cell's total Na⁺ level (Kumari et al. 2013). Yasmine et al. ([2015\)](#page-11-36) converted the rice variant BRRI than 28 into a salt-tolerant variety using the *OsSOS1* gene to a salt-tolerant variety capable of resisting salinity levels of 150–200 mmol/L. In the context of salinity, Diédhiou and team [\(2008](#page-9-21)) found that *SAPK4* plays a crucial role in maintaining ion balance, growth, and development. Overexpression of *OsHAKs* and *OsAKT1* in alkali-stressed shoots may assist in maintaining potassium nutrition by allowing K^+ to be released from roots to shoots or taken up by roots (Yang et al. [2014\)](#page-11-19). However, at the higher concentration, the Na^+/K^+ ratio externally has a connection between *AKT1* expression and root Na⁺, suggesting that $AKTI$ may be involved in Na⁺ absorption. OsHAK5 overexpression transgenic rice plants developed faster than wild-type seedlings in the 100 mmol/L NaCl (Yang et al. [2014](#page-11-19)). The integration of high-affinity K^+ transporter genes from wild type into modern high-yielding could offer a solution for boosting rice production in salt-afected regions. Miyamoto et al. ([2015\)](#page-10-12) noted that enhancing *OsHKT2:1* overexpression led to increased shoot Na+ accumulation in low K+ conditions and hypothesized that *OsHKT2:1* expression plays a pivotal role in determining rice varieties' potential for Na+ accumulation.

Increases in the number of vacuolar Na^+/H^+ antiporters (also known as vacuolar H^+ pyrophosphatases), glycine betaine, osmoprotectants such as proline, and enzymes involved in the ROS detoxifcation will yield diverse impacts on rice salt tolerance. For example, *HKT1;5* and *HKT2;3* haplotypes H5 and H1 are linked to high salt tolerance of about 150 mmol/L NaCl (Ernst et al. [2004](#page-9-13)). *OsHKT1;1* was found to control the amount of salt in phloem sap and protect leaf blades against toxicity (Wang et al. [2015;](#page-11-20) Chen et al. [2013](#page-8-6)). *OsHKT1;4* removed $Na⁺$ from the xylem to prevent $Na⁺$ in the leaf blades (Cotsaftis et al. [2012\)](#page-9-22). Additionally, *PDH45* is employed to engineer transgenic rice that can survive salt chloride concentrations of 200 mmol/L (Nath et al. [2016](#page-10-14)). The overexpression of the *SIDP361* gene both at the heading and seedling stages of transgenic rice plants was highly tolerant to the salt stress of about 200 mmol/L NaCl (Li et al. [2016](#page-10-15)). Rice *OsNHX1* overexpression improves salt tolerance by promoting sodium compartmentalization into vacuoles (Chen et al. [2007](#page-8-7)). The transgenic approach was also found to alter or infuence the physiology of rice plantlike photosynthesis. In the presence of salt stress of about 50–150 mmol/L, the transgenic plant (Nipponbare) with an introgressed gene (*OsNHX1*) and a large leaf area have greater photosynthetic rates as compared to the wild variety of rice (Xiang et al. [2018](#page-11-37); Chen et al. [2021\)](#page-8-16).

Rice transgenic plants fed salt-containing media had a notably enhanced shoot and root, as well as greater fresh weight per plant compared to wild-type plants. The Overexpression of the *OsCIPK15* gene in transgenic rice has increased salt tolerance, growth, and production compared to wild rice, where the gene is absent or down-regulated (Xiang et al. [2007](#page-11-21)). The stress resistance profles of nine salt-tolerant rice types and transgenic rice lines having intrinsically expressed genes, presumably implicated with salt tolerance, were evaluated by examining their growth and viability under conditions of hyperosmotic, temperature, ionic, and salt stress. The amplifcation of the *CYP94C2b* gene promotes jasmonate deactivation (Kurotani et al. [2015](#page-9-23)). Organ and product specifcity can be ensured in the candidate gene approach to get the desired results/products. In salt-tolerant lines, root-specifc genes (such as *Os11g34460* Per-ARNT-Sim motif, *Os02g02170,* and *OsTIP2; 1* aquaporin) were found to have a higher affinity for the nitrate transporter gene, which can be paired with other genes for further research (Cotsaftis et al. [2011](#page-8-8)).

Salt stress did not affect GSA, *Os08g41990*, or *Os02g07230* expression in Pokkali, *DH103*, or *CSSL8-106*, although *KDML105* and *CSSL8-103* showed a more drastic down-regulation. An aminotransferase enzyme generated by the GSA gene transforms glutamate 1-semialdehyde (GSA) to -aminolevulinic acid (ALA) (Dalal and Tripathy [2012](#page-9-36)). *Os08g41990* is involved in the biosynthesis of tetrapyrroles and porphyrins, which is a crucial step in the chlorophyll manufacturing process (Nounjan et al. [2020](#page-10-17)), whereas *Os02g07230* (porphobilinogen deaminase) polymerizes porphobilinogen molecules to produce 1-hydroxymethylbillane, a linear tetrapyrrole *Os02g07230* (Nounjan et [2018](#page-10-16)). KDML105 and CSSL8-103 show lower GSA, *Os08g41990*, and *Os02g07230* expression than Pokkali, DH103, and CSSL8-106, indicating that these genotypes are more vulnerable to salt stress. According to Dalal and Tripathy (Dalal and Tripathy [2012](#page-9-36)), demonstrated a connection between reduced chlorophyll production in stressed rice seedlings and the downregulation of preliminary intermediates of chlorophyll biosynthesis, such as GSA and ALA. As a result, the expression changes in *Os08g41990* led to a moderate reduction in chlorophyll in *PK, DH103*, and *CSSL8-106*, but a dramatic decrease in *KDML10*5 and *CSSL8-103*. Tetrapyrrole has been shown to activate the ROS detoxifying mechanism and boost drought stress signaling (Nagahatenna et al. [2015](#page-10-34)), and plants require porphyrin formation to continue photosynthesis under drought stress (Tanaka and Tanaka [2007](#page-11-38)). These fndings led to the conclusion that higher levels of *Os08g41990* are linked with improved salt stress tolerance. The gene's stability under salt stress could be linked to the retention of chlorophyll, ultimately preservating photosynthetic efficiency. Under stress conditions, the gene *Os02g07230* can also afect photosynthetic pigment synthesis (Cornah et al. [2002\)](#page-8-17). In contrast to CSSL8-103, where these two genes are highly expressed and encode enzymes for earlier steps in the chlorophyll biosynthesis pathway, the *Os02g07230* gene, which is responsible for the frst step in porphyrin biosynthesis, exhibits a marked reduction in expression (Tanaka and Tanaka [2007\)](#page-11-38). Interestingly, chlorophyll production genes were downregulated during stress, whereas the gene responsible for chlorophyll breakdown were upregulated (Liu et al. [2018](#page-10-35); Gan et al. 2022), and the reverse was observed after recovery. The amount of chlorophyll was quantifed using the complex activities of chlorophyll production and degradation genes, alongside the flow of intermediatary compounds within the process (Dalal and Tripathy [2012](#page-9-36)). As a result, more research is needed into the mechanisms that impact chlorophyll metabolic pathways during and after salt stress.

Conclusion and future perspectives

This review focuses on some infuential factors (photosynthesis, osmosis, micro and macronutrients, microbial flora, growth, rice development, and genes) that play pivotal roles in the development and growth of rice within saline soil. The review also describes rice's signifcant impact on the microbial fora present in the soil, as it can profoundly infuence the rice plant's health and productivity. Moreover, the role of genes in shaping the plant's response to salinity is thoroughly explored, uncovering the genetic susceptibility that underlies the rice plant's adaptive strategies. The infuential factors and genetic susceptibility needed in the rice breeding program offer tremendous potential. It uncovers valuable coping mechanisms that enable the rice plant to withstand and thrive under salinity-induced stress. These approaches are projected to augment both the quantitative and the qualitative production of rice in the future. This comprehensive approach is incredibly beneficial in enhancing agriculture endeavors toward a more sustainable and prosperous future, crucially meeting the escalating demands for sustenance posed by an ever-growing global population.

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