



Characterization of *Enterococcus faecium* E86 bacteriocins and their inhibition properties against *Listeria monocytogenes* and vancomycin-resistant *Enterococcus*

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Abstract

In the present scenario of a major demand for new compounds with antimicrobial activity, bacteriocin and bacteriocin-like inhibitory substances (BLIS) are promising tools against deteriorating and pathogenic microorganisms, thus having potential applications in both the food industry and infectious disease control. In the present report, we describe the genetic and phenotypic characteristics of BLIS produced by *Enterococcus faecium* E86, a strain previously isolated and sequenced by our group, focusing on the structural genes of two bacteriocins identified: enterocin TW21 and enterocin P. Transcription of all four genes associated with the biosynthesis and immunity of enterocin P and enterocin TW21 were confirmed by RT-PCR. However, Sanger sequencing confirmed a truncation of the structural gene of enterocin TW21 due to one base pair deletion (A/T). Thus, although *E. faecium* E86 was shown to carry two bacteriocinogenic gene clusters, only one cluster encodes a functional bacteriocin, enterocin P. Enterocin P was able to inhibit different strains of *Listeria monocytogenes* and vancomycin-resistant enterococci (both *Enterococcus faecalis* and *Enterococcus faecium*), showing intense bacteriolytic activity, in most cases.

Keywords Bacteriocin · Enterocin P · Inhibitory activity · *Listeria monocytogenes* · VRE

Introduction

Members of the genus *Enterococcus* are usually referred as ubiquitous bacteria, which are widespread in various habitats [1], and two major species, *Enterococcus faecalis* and *Enterococcus faecium*, are frequently found in food and clinical samples [2, 3]. Although these species have been recognized as important causes of challenging to treat healthcare-

associated infections due to acquisition of antimicrobial resistance [4], in foods such as cheese, sausages, and fermented products, some enterococci may contribute to texture, taste, aroma, and food safety by producing diverse aromatic compounds, enzymes, and bacteriocins [2, 5]. Studies also suggest probiotic benefits of *E. faecium* isolated from naturally fermented foods [6, 7]. Accordingly, at least two strains of the genus have already been introduced in the market as probiotics: *E. faecium* SF68® (NCIMB 10415; Cerbios-Pharma SA, Barbengo, CH) and *E. faecalis* Symbioflor 1 (SymbioPharm, Herborn, DE).

Bacteriocins are proteinaceous multi-functional compounds ribosomally synthesized by prokaryotes, which classically have antimicrobial activity against microorganisms of the same species or species related to the bacteriocin-producing strain [8, 9]. Bacteriocinogenic clusters usually include genes encoding the bacteriocin precursor peptide, processing enzymes, and transport, regulatory, and immunity proteins. In some cases, such clusters also harbor genes involved in amino acid modification [10, 11]. Currently, bacteriocins can be classified in six different classes, according to their structure: class I, also called lantibiotics, usually

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composed of thermostable, small peptides (< 5 kDa) carrying post-translationally modified amino acids, such as lanthionine and β -methylanthionine [12]; class II, thermostable, small peptides (≤ 10 kDa) that do not undergo extensive post-translational modifications [13]; class III, proteins larger than 25 kDa, mostly heat-sensitive [14]; class IV, circular and thermostable bacteriocins, presenting carboxy and amino termini that are linked by an amide bond type, after cleavage of the leader peptide [15, 16]; class V, circular or linear peptides, with a characteristic binding of the cysteine thiol group to an α -carbon, mediated by post-translational modifications [17, 18]; and class VI, also called thiopeptides, small macrocyclic peptides (≤ 5 kDa) with vast post-translational modifications resulting in a central nitrogen-containing six-membered ring [19, 20]. It is important to highlight that there is no consensus in the literature on the classification of this group of substances. Thus, other research groups have proposed different classifications [21, 22].

These compounds have many biotechnological applications, especially in the food industry as biopreservatives [23]. Studies have shown that bacteriocins increase the shelf life of foods and beverages and reduce the risk of transmission of pathogens through the production chain. These natural antimicrobial compounds allow the use of less chemical additives, which is a common requirement from consumers nowadays [13, 24, 25]. Besides that, bacteriocins may be applied to different products since they differ in aspects such as solubility, stability, and spectra of action [13, 26].

Bacteriocins produced by enterococci, commonly called enterocins, are usually stable over a wide range of pH and temperature and may have a very diverse spectrum of action, including other enterococci and lactic acid bacteria (LAB), as well as pathogenic species of the genera *Listeria*, *Staphylococcus*, and *Clostridium*, besides the species *Clostridioides difficile* [5, 27]. Bacteriocins of different classes have been isolated and characterized in *Enterococcus* spp., most of them belonging to class II, and produced by *E. faecium* or *E. faecalis*, from both clinical and food origin [13, 28].

Some examples of this group would be enterocin P and enterocin TW21. Enterocin P is a class IIa bacteriocin, and its producing strain, *E. faecium* P13, was isolated from a fermented sausage. Its genetic group comprises two genes that encode the bioactive peptide (*entP*) and its immunity protein (*entiP*). The mature peptide is composed of 44 residues and has a theoretical molecular mass of 4493 Da. Its spectrum of action is wide and includes bacteria belonging to the genera *Enterococcus* spp., *Lactobacillus* spp., *Pediococcus* spp., and some food pathogens (*Bacillus cereus*, *L. monocytogenes*, and *Staphylococcus aureus*) [29]. Enterocin TW21 also belongs to class IIa and has a genetic group composed of two genes: the structural one (*entTW21*) and other related to immunity (*entiTW21*) [30]. The mature peptide has 48 residues and a

molecular mass of 5300.6 Da [31]. Its spectrum of action comprises species such as *Lactobacillus sakei*, *E. faecium*, *C. perfringens*, and *L. monocytogenes*, among others [32].

In 2008, Miguel and collaborators [33] reported on an isolate, recovered from meat pie and identified as *E. faecium* E86, capable of producing a bacteriocin-like inhibitory substance. Afterward, Farias and collaborators (2019) [30] sequenced and assembled the genome of *E. faecium* E86 and found two bacteriocin gene clusters (encoding enterocin P and enterocin TW21), with the structural gene of TW21 appearing to have a premature stop codon due to a base pair deletion. Considering the potential of *E. faecium* E86 as a biopreservative producer, the present report describes genetic and phenotypic characteristics of the bacteriocins produced by this strain. Moreover, our results demonstrate the relevance of an accurate genetic characterization of bacteriocinogenic genes to assign the activity of bacteriocins.

Material and methods

Bacterial isolates and growth conditions

Strain *E. faecium* E86, the focus of the present study, was previously isolated from meat pie by our research group [33]. *Listeria* spp. [provided by the *Listeria* Collection (CLIST) of the Laboratory of Bacterial Zoonoses (Fiocruz)] and vancomycin-resistant enterococci (VRE; belonging to our bacterial collection) were used to evaluate the antimicrobial action of the enterocins produced by *E. faecium* E86. *Listeria monocytogenes* isolates (total of 25), belonging to the main serotypes involved in foodborne infections (1/2a, 1/2b, 1/2c, and 4b), were recovered from different ready-to-eat foods. *Listeria innocua* 2 was used as a control for the enterocin inhibitory activity test since this strain was shown to be highly susceptible to the products of *E. faecium* E86 [33]. *Enterococcus* isolates (total of 14) are representative of clinical samples of cases of infection or colonization in humans. *E. faecalis* ATCC 10100 was used as a *van* operon negative control. *Listeria* spp. and *Enterococcus* spp. isolates were grown in brain heart infusion [BHI (Difco, Detroit, USA)] and MRS [Man, Rogosa, and Sharpe (Difco)] culture media, respectively, whether or not added with agar [Merck, Darmstadt, DE; 1.5% (w/v) or 0.7% (w/v), depending on the need of the experiment].

Sequencing of the enterocin TW21 structural gene

Genomic DNA from *E. faecium* E86 was obtained as previously described [30] and subjected to polymerase chain reaction (PCR) for the amplification of the enterocin TW21 structural gene. PCR was carried out as recommended [34] by using an annealing temperature of 58 °C. The amplicons

were purified by using the ExoSAP-IT enzyme (Promega, Madison, USA). Purified DNA (100 ng) and 5.0 pmol of each of the following primer oligonucleotides were used for the DNA sequencing employing the Sanger method: TW21 Sanger-F (5'TAAAAAAGGGAGGCAATTATATGAA3') and TW21 Sanger-R (5'TCAAAAAGTTTTCTTTTTATCTTCC3'). Sequencing was performed by MacroGen Inc. Both strands were sequenced. Nucleotide sequence analyses were performed using the Clustal Omega program (<https://www.ebi.ac.uk/Tools/msa/clustalo/>) [35].

Transcriptional analysis of the genes involved in the biosynthesis of the bacteriocin(s) present in the *E. faecium* E86 genome

E. faecium E86 was grown in 5 mL of MRS for 6 and 10 h at 37 °C. Total RNA was extracted using the RNeasy Mini Kit (Qiagen, Hilden, DE) as described [36], with the use of 20 mg/mL lysozyme (Sigma-Aldrich, St. Louis, USA) and 5.000 U mutanolysin (Sigma-Aldrich) for cell disruption. The cDNA synthesis was performed with 500 ng of the DNase I-pre-treated RNA as substrate, using the Revert Aid H Minus First Strand cDNA Synthesis kit (Thermo Fisher Scientific, Waltham, USA). Pairs of primers for the genes involved in enterocin P (*entP*, 120 bp; *entiP*, 182 bp) and enterocin TW21 (*entTW21*, 138 bp; *entiTW21*, 274 bp) biosynthesis were applied to RT-PCR analyses, as described in Table 1. 16S rRNA-encoding genes were adopted as internal controls using the primers 16FX and 16RX [38]. The PCR reactions were carried out as described in the last item, except for the annealing temperature, which was 50 °C for the 16S gene primers and 55 °C for the other primers. Genomic DNA, RNA, and 16S rRNA cDNA were used as templates in these reactions as positive control, negative control, and internal control, respectively.

Test of the antimicrobial activity of strain *E. faecium* E86 on solid medium

The antimicrobial activity of *E. faecium* E86 against 25 *L. monocytogenes* and 14 VRE isolates was tested by the agar-spot assay [39]. Ten microliters of the producing strain broth growth (7.0 log CFU) were inoculated as a spot on the surface of a MRS agar plate, which was then covered with 3 mL of BHI (*L. monocytogenes*) or MRS (VRE) soft agar containing 6.0 log CFU/mL of each target strain. Plates were incubated at 37 °C for 24 h, and the size of the growth inhibition zones was measured. These experiments were performed in triplicate. The strains *L. innocua* 2 and *E. faecalis* ATCC 10100 were also tested for comparison.

Partial purification of *E. faecium* E86 enterocin P

The enterocin P was partially purified by ammonium sulfate precipitation followed by cation exchange chromatography [40] from a 1-liter culture of *E. faecium* E86, grown in MRS, using optimized conditions for the bacteriocin production as previously described [33]. This enterocin preparation was dialyzed against ultrapure water and quantified by the agar diffusion assay to determine the arbitrary units per mL (AU/mL) [41], using 100 µL of twofold serial bacteriocin dilutions prepared in MRS broth and 100 µL (10^6 cells) of a *L. innocua* 2 suspension as the indicator microorganism. AU/mL represented the reciprocal of the highest bacteriocin dilution showing at least 50% inhibition of the bacterial growth, after incubation at 37 °C for 18 h, when compared with the control with no bacteriocin added, multiplied by 10. The final pH of the enterocin preparation was in the range of 5.5–6.0.

Activity kinetics of enterocin P against *L. monocytogenes* and VRE isolates

The activity kinetics of the partially purified enterocin P (640 AU/mL) was determined by the microtiter plate assay [42] using as target the following strains (OD_{600} of ~0.2): (i) two *L. monocytogenes* isolates displaying the highest and lowest sensitivity to the bacteriocin in the agar-spot assay, respectively, and (ii), for VRE, the most sensitive strains of each species (*E. faecium* and *E. faecalis*) included in the study, according to the agar-spot assay results. Strains *L. innocua* 2 and *E. faecalis* ATCC 10100 were also tested for comparison. The OD_{600} of the medium without inoculum was discounted for the final results. Also, at the beginning and at the end of the experiment (0 and 24 h), viable cell counts of the *Listeria* spp. and *Enterococcus* spp. strains were performed, respectively, in BHI and MRS agar plates, to evaluate the inhibitory effect of the bacteriocin. These experiments were performed in triplicate.

Results

Confirmation of the mutation in the *entTW21* gene

Sanger sequencing confirmed the deletion of a base pair (A/T) in the enterocin TW21 encoding gene found in *E. faecium* E86 when compared with the nucleotide sequence of the gene already described in the literature (Fig. 1) [31]. Due to this fact, from now on enterocin P will be considered the sole bacteriocin responsible for the antimicrobial activity exerted by this strain.

Table 1 Oligonucleotide primers used in the RT-PCR experiments

Genes	Oligonucleotides	Sequence (5'–3')	<i>t_m</i> (°C)	Used pairing temperature (°C)	Amplicon size expected (bp)	Reference
<i>entP</i>	entP F	TATGGTAATGGTGTATTATTGTAAT	53	55	120	[37]
	entP R	ATGTCCCATACCTGCCAAAC	53			
<i>entiP</i>	entiP F	TAGCCACCCCAGAAATTTAAA	57	55	182	This work
	entiPR	TTCAGCAAGCAACTCCAATA	57			
<i>entTW21</i>	entTW21 F	TGCTGCAACTTATTATGGAAA	56	55	138	This work
	entTW21 R	ACTCCACCTAGCACTTTCGT	56			
<i>entiTW21</i>	entiTW21 F	TTTACTTAATTGCGAATGC	56	55	274	This work
	entiTW21 R	GCATAGACATGGCACCATAA	57			
16S <i>rRNA</i>	16S primer 10 FX	GACTACCNGGGTATCTAATCC	59	50	800	[38]
	16S primer 804 RX	AGAGTTTGATCCTGGCTNAG	58			

t_m, average denaturation temperature; *bp*, base pairs

Transcription analysis of bacteriocinogenic clusters

Results from RT-PCR experiments for *entP*, *entiP*, *entTW21*, and *entiTW21* showed that these genes are expressed in *E. faecium* E86, since cDNA synthesized from RNA extracted within 6 h of cultivation resulted in amplicons with the expected size for each gene studied. In contrast, cDNA synthesized from the RNA extracted within 10 h of cultivation

indicated the transcription of the *entP*, *entiP*, and *entTW21* genes only. At this incubation time, no amplification of the *entiTW21* gene was observed, which may be due either to its non-transcription or to the fact that there was not enough cDNA to be detected by the analysis. Importantly, for all genes tested, there was a weaker amplification at 10 h of growth in comparison to the amount detected in cultures after 6 h of incubation (Fig. 2).

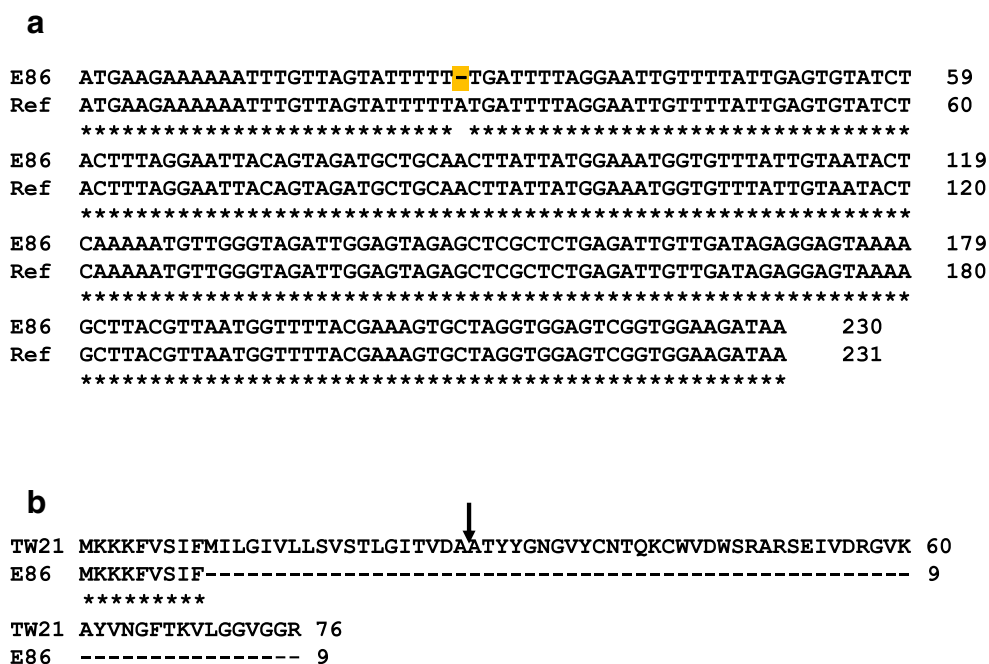


Fig. 1 Sequence alignments. **a** Alignment of the DNA sequences of the structural gene encoding enterocin TW21 in strain *E. faecium* E86 (E86; accession no. SIHT00000000.1) and in the reference strain (Ref.; accession no. JX880073.1) retrieved from the GenBank data base. The base pair deletion found in strain E86 is highlighted in yellow. The same sequence and consequently deletion were observed after sequencing, in

the present study, the amplicon corresponding to the structural gene of enterocin TW21 found in strain E86. **b** Alignment of the amino acid sequences encoded by each gene. The arrow indicates the peptide bond that is cleaved during processing of the precursor peptide of enterocin TW21 to generate the mature and bioactive bacteriocin of 48 amino acids

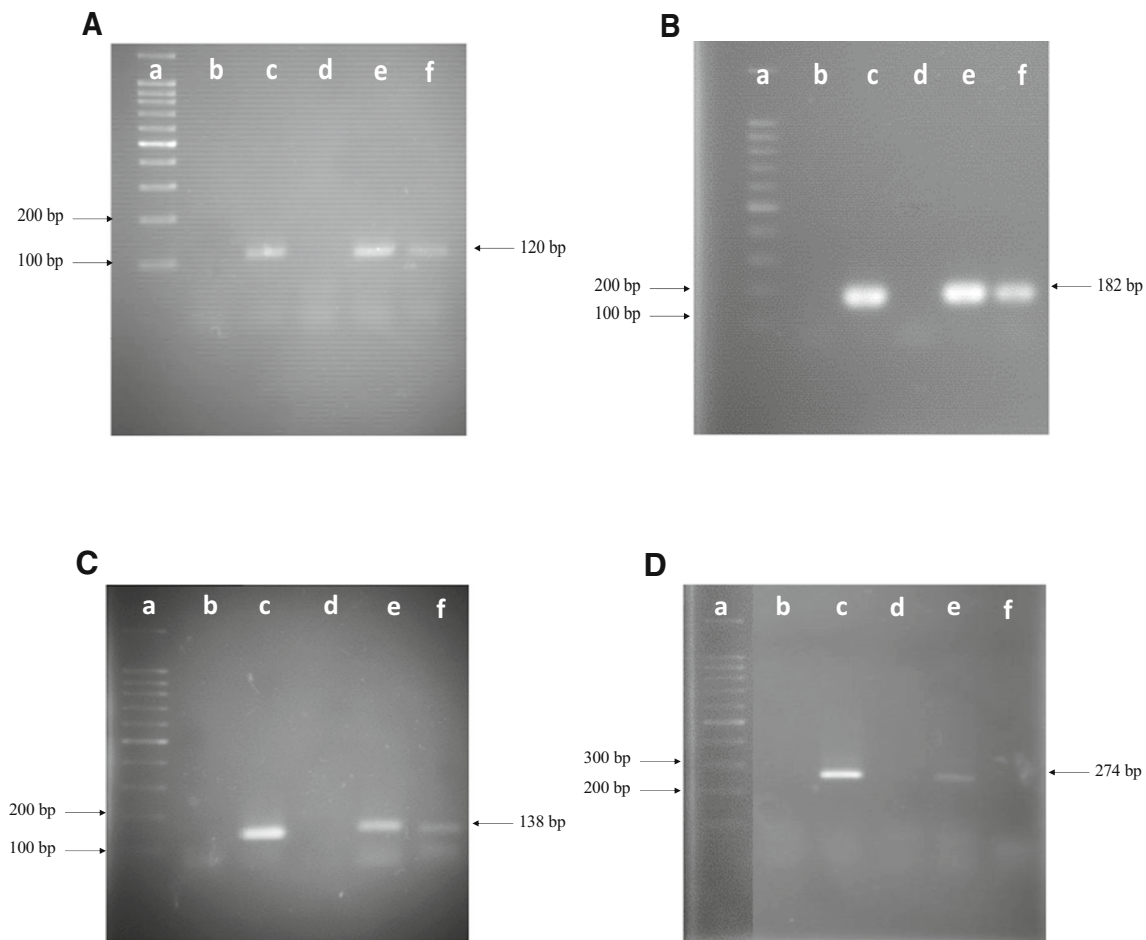


Fig. 2 Detection of the *entP* (120 bp; **a**), *entiP* (182 bp; **b**), *entTW21* (138 bp; **c**) and *entiTW21* (274 bp; **d**) genes by PCR and their transcription by RT-PCR. The analyses were done with cDNA obtained from the RNA extracted after 6 and 10 h of incubating *E. faecium* E86 strain cultures, and the amplicons were detected by electrophoresis on 1.8% agarose gels in TAE buffer, at 90 V for 1.5 h. **a** 100-bp DNA Ladder ready-to-use (Sinapse Inc). **b** blank (samples without nucleic acid); **c** positive control

of the reaction (amplification of the gene from DNA); **d** negative control of the reaction (DNA of *E. coli* strain DH5 α); **e** cDNA obtained from RNA extracted after 6 h of culturing *E. faecium* E86; **f** cDNA obtained from RNA extracted after 10 h of culturing *E. faecium* E86. The numbers to the left of the figure indicate the size of some DNA fragments present in the molecular size marker. The number to the right of each figure corresponds to the size of the expected amplicon

Sensitivity of *L. monocytogenes* and VRE to enterocin P

All *L. monocytogenes* and *Enterococcus* strains tested were sensitive to the bacteriocin expressed by *E. faecium* 86, according to the agar-spot assay (Tables 2 and 3). However, the inhibition capacity varied among the target strains, with inhibition halos ranging from 10.3 to 31 mm.

Bacteriolytic activity of enterocin P against *L. monocytogenes* and VRE

The mode of action test aimed to verify the bactericidal (bacteriolytic or not) or bacteriostatic activity of a partially purified enterocin P preparation. The results are shown in Fig. 3.

Against *L. monocytogenes* (Fig. 3a), enterocin P displayed a strong or weak bacteriolytic activity, depending on the isolate, within 4 h of incubation, after which the culture OD

remained almost the same. The initial viable cell counts for the three strains were $1.0 \pm 0.1 \times 10^9$ CFU/mL. *L. monocytogenes* CLIST 2968, which was the most sensitive *L. monocytogenes* strain evaluated in the agar-spot test, reached $1.8 \pm 0.2 \times 10^6$ CFU/mL at the end of the experiment (24 h). In contrast, final counts for *L. monocytogenes* CLIST 3236, the less sensitive strain, reached $9.5 \pm 0.5 \times 10^8$ CFU/mL. The bacteriocin also caused a sharp reduction in the culture OD of *L. innocua* 2 during the first 4 h of incubation, after which the strain resumed the growth, reaching viable cell counts of $2.0 \pm 0.2 \times 10^9$ CFU/mL at 24 h of incubation.

In the presence of 640 AU/mL enterocin P, all enterococci showed a continuous growth reduction until 14 h of incubation, suggesting a bacteriolytic activity against these strains (Fig. 3b). The initial viable cell counts for the three strains were $1.1 \pm 0.2 \times 10^9$ CFU/mL. After that, *E. faecium* CL-6258 counts remained low, with viable cell counts of $2.9 \pm 5.0 \times 10^3$ CFU/mL at 24 h. Both *E. faecalis* strains tested, in

Table 2 *Listeria* strains used in the present study and respective sizes of zones of inhibition produced by strain *E. faecium* E86

Indicator strains	Serotypes	Inhibition zone (standard deviation)*
<i>L. monocytogenes</i> CLIST 3236	1/2b	10.3 (0.6)
<i>L. monocytogenes</i> CLIST 480	4b	10.3 (0.6)
<i>L. monocytogenes</i> CLIST 529	4b	10.3 (0.6)
<i>L. monocytogenes</i> CLIST 3980	1/2a	11 (0.0)
<i>L. monocytogenes</i> CLIST 654	1/2b	11.7 (0.6)
<i>L. monocytogenes</i> CLIST 636	1/2b	12 (0.0)
<i>L. monocytogenes</i> CLIST 2546	1/2a	17 (1.0)
<i>L. monocytogenes</i> CLIST 1400	4b	19 (0.0)
<i>L. monocytogenes</i> CLIST 3982	4b	19.7 (0.6)
<i>L. monocytogenes</i> CLIST 653	1/2b	20 (0.0)
<i>L. monocytogenes</i> CLIST 3652	1/2b	20.3 (0.6)
<i>L. monocytogenes</i> CLIST 305	1/2c	22 (0.0)
<i>L. monocytogenes</i> CLIST 484	1/2a	22 (0.0)
<i>L. monocytogenes</i> CLIST 965	1/2b	22 (0.0)
<i>L. monocytogenes</i> CLIST 3986	1/2c	22 (0.0)
<i>L. monocytogenes</i> CLIST 3988	1/2c	22 (0.6)
<i>L. monocytogenes</i> CLIST 3602	1/2c	23 (0.0)
<i>L. monocytogenes</i> CLIST 2547	1/2a	23 (0.0)
<i>L. monocytogenes</i> CLIST 3984	1/2b	23 (0.0)
<i>L. monocytogenes</i> CLIST 2876	4b	24 (0.0)
<i>L. monocytogenes</i> CLIST 2557	1/2b	25 (0.0)
<i>L. monocytogenes</i> CLIST 1071	4b	25 (0.0)
<i>L. monocytogenes</i> CLIST 3981	1/2b	26 (0.0)
<i>L. monocytogenes</i> CLIST 1064	1/2c	27 (0.0)
<i>L. monocytogenes</i> CLIST 2968	1/2b	31 (0.0)
<i>L. innocua</i> 2	-	25 (0.0)

*Results represent the approximate mean value of the diameters of the inhibition zones and the standard deviation in millimeters, obtained in three independent experiments.

contrast, started a slight regrowth after this time, and their viable cell counts at 24 h were close to $1.0 \pm 1.5 \times 10^8$ CFU/mL.

Discussion and Conclusion

The demand for new compounds exhibiting antimicrobial activity has greatly motivated the study of bacteriocins and BLIS during the last decades aiming applications in both the food industry and the medical field. Some bacteriocins produced by *Enterococcus* spp., known as enterocins, can inhibit various human and animal pathogens, such as *C. difficile*, VRE, and *L. monocytogenes*, among others [5]. Early results from our group have shown that strain *E. faecium* 86 carries two bacteriocinogenic clusters [30].

However, DNA sequencing and in silico analyses of the *entTW21* structural gene present in the genome of this strain have indicated an adenine deletion in the coding region of the gene. The presence of this mutation leads to a change in the

reading frame for the translation event and to the formation of a premature termination codon (TGA; in nucleotides between positions 27 and 29 of the sequence presented in Fig. 1). As a consequence, a truncated peptide without its antimicrobial function is synthesized.

A preliminary analysis of the expression of the genes involved in bacteriocinogenic clusters (*entP*, *entiP*, *entTW21*, and *entiTW21* genes) showed that all these genes are transcribed and, therefore, are expected to be translated. The presence of RBS regions preceding these genes corroborates the hypothesis of their possible translation [29–31]. The choice of 6 and 10 h of growth for this analysis was based on their correlation, respectively, to the log phase of the microorganism growth and to the apex of the antimicrobial activity detected [33]. Importantly, the transcription of the *entiTW21* gene was no longer observed at 10 h. Such an event may have occurred as a result of cell autoregulation.

Therefore, genomic analysis of *E. faecium* E86 associated with molecular analysis lead to the conclusion that the

Table 3 *Enterococcus* strains used in the present study and respective sizes of zones of inhibition produced by strain *E. faecium* E86

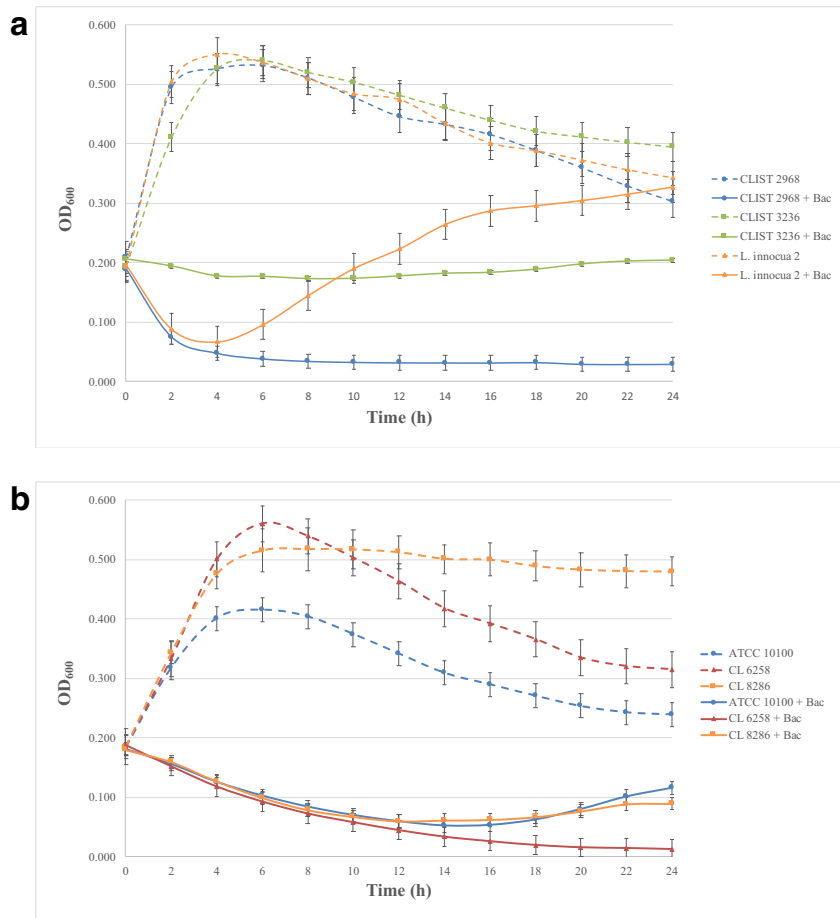
Indicator strains	Resistance genotype	Inhibition zone (standard deviation)*
<i>E. faecium</i> CL-6770	<i>vanA</i>	18 (1.0)
<i>E. faecium</i> CL-8527	<i>vanA</i>	18.3 (0.6)
<i>E. faecium</i> CL-720 ^a	<i>vanA</i>	19 (1.0)
<i>E. faecium</i> CL-6179	<i>vanA</i>	21.3 (1.0)
<i>E. faecium</i> RS73	<i>vanA</i>	22 (0.0)
<i>E. faecium</i> RS70	<i>vanA</i>	22 (2.0)
<i>E. faecium</i> RS71	<i>vanA</i>	24 (0.0)
<i>E. faecium</i> CL-6258	<i>vanA</i>	25 (0.0)
<i>E. faecalis</i> RS72	<i>vanB</i>	17 (1.0)
<i>E. faecalis</i> CL-9325	<i>vanA</i>	17 (1.0)
<i>E. faecalis</i> CL-8187	<i>vanA</i>	18 (1.0)
<i>E. faecalis</i> CL-5241	<i>vanA</i>	18.7 (0.6)
<i>E. faecalis</i> CL-5865	<i>vanA</i>	20 (0.6)
<i>E. faecalis</i> CL-8286	<i>vanA</i>	20.3 (1.0)
<i>E. faecalis</i> ATCC 10100	-	19 (0.0)

*Results represent the approximate mean value of the diameters of the inhibition zones and the standard deviation in millimeters, obtained in three independent experiments.

enterocin TW21 precursor peptide is synthesized in a truncated manner and that the inhibitory action of this strain results

from the activity of the other bacteriocin produced by it, which proved to be identical to enterocin P [29].

Fig. 3 Mode of action of enterocin P (640 AU/mL) against *Listeria* strains (b) and *Enterococcus* strains (b), grown in BHI and MRS broth, respectively, for 24 h at 37 °C. The results represent the average and standard deviations of three independent experiments. Bac, bacteriocin



Regarding the spectrum of action, enterocin P expressed by *E. faecium* E86 was able to inhibit the growth of diverse *L. monocytogenes* and VRE strains, showing a typical spectrum of action of class IIa enterocins [5, 28, 43, 44]. In addition, the results consolidate the data found by Cintas et al. (1997) [29] and Miguel et al. (2008) [33] on the antimicrobial activity of enterocin P against these bacterial genera.

Finally, the mode of action of a given bacteriocin is an important property when it is considered to be applied as a biopreservative or an alternative drug in clinical settings. The mode of action of enterocin P on *L. innocua* 2 and *L. monocytogenes* CLIST 2968 showed a marked bactericidal (and bacteriolytic) activity as early as the first 4 h of the experiment. This suggests that the presence of virulence genes, which differentiates these species [45], is not related to their susceptibility to enterocin P. However, only a bacteriostatic activity was observed against *L. monocytogenes* CLIST 3236, and after 24 h of incubation, the viable cell count of this strain was equal to the initial counting. The result correlates to the lower sensitivity of this strain as detected by agar-spot assays. This phenomenon can be explained by four characteristics that may vary among representatives of this species: (1) a more positively charged cell wall, which occurs by the D-alanylation of the teichoic and lipoteichoic acids; (2) a cell membrane with a more neutral charge; (3) increased membrane fluidity, which is caused by increased unsaturated phosphatidylglycerol and short acyl chains; and (4) a large reduction in gene *mptA* expression, which codes for the Man-PTS IIAB subunit. Also, differences in bacterial metabolism may lead to changes in the cell membrane and cell wall that directly influence susceptibility to antimicrobials [46].

The mode of action of enterocin P against representatives of the genus *Enterococcus* showed a marked bactericidal (and bacteriolytic) activity along at least 10 h of incubation. For the three strains tested, a reduction of more than 90% of viable cells was observed after 24 h of experiment. The occurrence of a vancomycin resistance phenotype (in *E. faecalis* CL-8286 and *E. faecium* CL-6258) was irrelevant to the performance of the bacteriocin in comparison to a vancomycin-susceptible reference strain (*E. faecalis* ATCC 10100). This observation is consistent with the fact that the full vancomycin resistance occurs by changing the terminal amino acids D-Ala-D-Ala of the peptidoglycan cell wall precursor, with no effects at the membrane level, where enterocin P acts [47]. It is important to highlight that the resumption of bacterial growth by many strains (*Enterococcus* spp. or *Listeria* spp.) was probably due to the depletion of enterocin. Future studies with purified bacteriocin may help to understand this phenomenon.

The molecular characterization of the bacteriocinogenic clusters present in *E. faecium* E86 strain performed in this work demonstrates the complexity associated with the study of bacteriocins. The simple detection, by PCR, of a bacteriocin structural gene is not enough to assume that this substance is

produced and responsible for a given antimicrobial action. In the case of enterocin P, such activity varied among different *Listeria* isolates but was consistent against VRE strains. Moreover, the identification of the still little known TW21 enterocin opens the possibility of further studies regarding its structure, mechanism of action, and biotechnological application, if an intact version of the gene is assembled by heterologous expression. The study of this strain is an example of the potentialities of enterocin application, which may contribute to the development of new strategies to combat microorganisms in both the clinical and food conservation context. With an appropriate technological development, this bacteriocin has a potential against infections caused by *Listeria* and VRE; on the other hand, due to the low cost of its purification, it could easily be incorporated as dairy products preservative [25, 48].

Author contributions FMF carried out the experiments and wrote the paper with the support of LMT, DCH, MCFB, MALM, and RRB. DCH and LMT provided isolates for testing and contributed to the discussion of the results. MCFB, MALM, and RRB supervised the design and implementation of the research.

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Declarations

Conflict of interest The authors declare no competing interests.

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