**REVIEW**



# **Functionalization of Fiber Devices: Materials, Preparations and Applications**

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#### **Abstract**

Conventional electronic devices with bulky and rigid features cannot fully meet the requirements of fexibility and wearability in wearable applications. Fiber-shaped electronic devices have been intensively pursued in the past decade attributed to their excellent fexibility, weavability and wearability. The innovation of novel functions has been widely recognized as an emerging direction of fber-shaped electronic devices, pursuing a better adaptability and longer lifetime in practical applications. In this Review, we summarize the recent advances of functional fber devices, focusing on the preparation of functional fber electrodes and electrolytes, as well as the formed interfaces. Fiber devices with a variety of novel functions are systematically introduced, including but not limited to stretchability, healability, shape memory and electrochromism. The remaining challenges and opportunities are also discussed to propose future directions for functionalization of fber electronics.

**Keywords** Fiber devices · Functionalization · Functional fbers · Wearable electronics

# **Introduction**

The modern society has witnessed the rapid development of wearable devices in the past decade, which shows huge potentials in a variety of important applications such as artifcial intelligence, internet of things, smart healthcare and aerospace technology [[1](#page-14-0)[–4](#page-14-1)]. Bulky and planar devices that are generally rigid cannot be fully integrated with daily clothes to ft the highly irregular surface of the human body. To this end, electronic devices in a novel fber format have emerged as promising candidates for wearable electronics. For instance, their lightweight and fexibility can guarantee the stability of functional devices when encountering complex deformation such as twisting and stretching. Most importantly, they can be woven into fexible, breathable and wearable textiles that ft human body to meet the require-ments in various wearable and portable applications [\[5](#page-14-2)[–7](#page-14-3)]. Up to date, a broad range of fber-shaped devices have been

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 $\boxtimes$  Hao Sun haosun@sjtu.edu.cn developed and optimized, including but not limited to energy harvesting devices (solar cells, nanogenerators, photodetectors) [[8–](#page-14-4)[15](#page-14-5)], energy storage devices (supercapacitors and rechargeable batteries) [[16](#page-14-6)[–21](#page-14-7)], sensors [[22–](#page-14-8)[24](#page-14-9)] and actuators [[25](#page-14-10)[–27\]](#page-14-11). Very recently, long fber-shaped lithium-ion batteries based on industrial production equipment and process have provided insightful inspiration for mass-production of fber-shaped devices with high performances [[28](#page-14-12)]. However, one of the key challenges lies in the functionalization of fber electronic devices, that is, introducing various functions to fber devices to enhance the adaptability in complex and harsh environment [\[29](#page-14-13)[–32](#page-14-14)]. In the past decade, great efforts have been made to realize a variety of functional fber devices as shown in Fig. [1](#page-1-0).

The functionalization of fber-shaped devices is mainly motivated by the potential problems in practical applications. For instance, fber-shaped devices are expected to accommodate the frequent strain and stress in wearable applications, which gives birth to stretchable fber-shaped supercapacitors in 2013 [\[31](#page-14-15)] (Fig. [1\)](#page-1-0). Additionally, delicate fber-shaped devices may encounter structural damage in wearable applications, which requires rational designs to realize the healing of mechanical and electrical properties. Thus, self-healable fber-shaped supercapacitors were developed to meet the above requirements in 2014 [\[32](#page-14-14)] (Fig. [1](#page-1-0)). In both cases, the incorporation of functional components

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<span id="page-1-0"></span>**Fig. 1** Timeline of developments in functional fber devices including stretchability, healability, shape memory, electrochromism and magnetic response

with fber electrodes represents a key issue, and the formed interfaces play an indispensable role in the functionality and stability of the obtained devices.

In this Review, the latest advancements on the functionalization of fber-shaped devices are introduced. An emphasis has been made on the incorporation of functional guests into various fber electrodes, focusing on diferent fber electrode materials and confgurations, as well as the interfaces between diferent components contributing to high fexibility and stability. Various functional fber devices are introduced including but not limited to stretchability, shape memory, healability and electrochromism, mainly demonstrating the motivation, evolution and application of each function. The challenges and perspectives of functional fber-shaped devices are discussed in the end, proposing opportunities and future directions of this emerging feld.

# **Functional Fiber Electrodes and Novel Interfaces**

Intelligent wearable electronics are expected to be multifunctional to accommodate complex and harsh application scenarios [\[33](#page-14-16)]. Functional fber electrodes are considered as the building blocks for production of functional fber-shaped devices. It is particularly crucial to incorporate functional and conductive components into fber electrodes without sacrificing the device performances, such as power conversion efficiency, energy density and cycling stability. Therefore, a variety of fber electrodes have been employed as the skeletons for preparing functional fber electrodes with several efficient approaches.

Metal wires are widely recognized as promising fber electrodes of fber-shaped devices, due to their high tensile strength and remarkable electrical conductivity [\[34,](#page-14-17) [35](#page-14-18)]. However, the high density and limited fexibility have hindered their applications in fber-shaped devices to some degree. To this end, conductive materials have been widely incorporated with various fber substrates serving as fexible and lightweight fber electrodes [\[36](#page-15-0)[–41](#page-15-1)]. For example, polyaramid/polypyrrole/Cu composite fbers could achieve high electrical conductivity via sequential deposition of polypyrrole and Cu on a polyaramid fber [\[39](#page-15-2)]. In this process, the chemisorption of palladium on the polypyrrole layer was proved to be necessary for uniform growth of the Cu layer. With an optimal deposition time of 240 s, a  $25 \text{ cm}^2$  composite textile showed a resistance of 5 Ω.

In addition, other materials such as MXene, carbon black and silk can be spun into fexible nanofbers with increased surface areas, which can be coated onto various fber substrates for improvement of the electrochemical performances [[42](#page-15-3)[–44\]](#page-15-4). For instance, a nanofbers-based fber electrode was prepared by uniformly winding MXene/ polyethylene oxide nanofbers on the polyester fber via a modifed electrospinning process, in which the thickness of the nanofber coating could be controlled by the spin-ning time [[44](#page-15-4)]. Nanofiber coating could offer large surface area to improve the interface contact between the electrodes and electrolytes. Polyester fber provided composite fbers with good mechanical and fexible properties. On

the basis of nanofbers coated fber electrode, the wearable supercapacitors demonstrated a high areal capacitance of 18.39 mF/cm<sup>2</sup> at 50 mV/s and remained 98.2% of original specifc capacitance after 6000 cycles, superior than the pure MWCNT  $(4.28-8.66 \text{ mF/cm}^2)$  and graphene fiberbased supercapacitors  $(0.44-1.7 \text{ mF/cm}^2)$ .

However, the conductive coatings are prone to peel of from fber substrates due to the instable interfaces based on physical adsorption, and the tensile strength of the obtained composite electrodes cannot fully compete with metal wires. As a solution to the above challenges, fber electrodes based on carbon nanomaterials such as carbon nanotube and graphene have attracted broad attentions in the past decade, due to their high strength, high electrical conductivity, large specifc surface area and stable interfaces [[45](#page-15-5)[–50\]](#page-15-6). For instance, aligned multi-walled carbon nanotube (MWCNT) fber is considered as an ideal fber electrode on the basis of its excellent mechanical and electrical properties, e.g., remarkable tensile strength and elec-trical conductivity as high as 5.5 GPa [[51\]](#page-15-7) and  $1.09 \times 10^7$ S/m [\[52\]](#page-15-8), respectively. As a result, aligned MWCNT fbers have been widely used as the conductive skeleton for incorporation of functional components, and are mainly introduced in this review.

Wrapping aligned MWCNTs onto the surface of a functional fber represents a rational strategy for preparing functional fber electrodes. The functionality is realized by the functional fber at core, and the aligned MWCNTs serve as the conductive components at shell. For instance, a stretchable electrode could be fabricated by wrapping MWCNT sheets on the rubber fiber through a "rotation-translation" method (Fig. [2a](#page-2-0)) [\[31](#page-14-15)]. The stretchability was realized by the stretchable rubber fber at core, and the aligned MWCNTs served as the conductive and energy storage components



<span id="page-2-0"></span>**Fig. 2 a** The "rotation-translation" equipment for wrapping aligned MWCNT sheets onto a stretchable rubber fiber [\[31\]](#page-14-15). Reproduced with permission. Copyright 2013, Wiley–VCH. **b** The pre-strain process for production of a stretchable fber electrode [[53](#page-15-9)]. Reproduced with permission. Copyright 2015, Wiley–VCH. **c** Functional guests and aligned MWCNT sheets stacked together (scale bar: 250 μm). **d** The

preparation of functional fber electrode using a biscrolling method. The numbers at the left bottom corner represent the twisting turns [[54](#page-15-10)]. Reproduced with permission. Copyright 2011, AAAS. **e** A continuous process for production of  $Fe<sub>3</sub>O<sub>4</sub>/MWCNT$  fibers with mag-netic response (scale bar: 1 cm) [\[55\]](#page-15-11). Reproduced with permission. Copyright 2013, Wiley–VCH

at shell. The resulting fber electrode could stably retain its electrical resistance (change less than 5%) at a maximal strain of 100%. In another case, the pre-strain strategy that was widely used in stretchable planar electrodes was also adopted to realize stretchable fber electrodes. An elastic polymer fber (Ecofex 30) was frst stretched and wrapped by aligned MWCNT sheets, and the wrinkle structure could form when the fber was released to the relaxed state [[53\]](#page-15-9) (Fig. [2](#page-2-0)b). The highly stretchable polymer fber and the wrinkle structure offered a significantly enhanced stretchability of the resulted fber electrode, delivering a super stretching property with an impressive strain of 500%. The electrical resistance of this fber electrode was increased by less than 70% when the strain was below 400%.

Apart from the core–shell structure, functional fber electrodes with other confgurations were also developed. As early as 2002, Lima et al. showed that the functional guests could be incorporated with aligned MWCNT sheets via a facile "biscrolling" method [\[54\]](#page-15-10). In detail, the functional guests and aligned MWCNT sheets were stacked together (Fig. [2](#page-2-0)c), followed by twisting the two ends along opposite directions to obtain a functional fber (Fig. [2](#page-2-0)d). Based on the lightweight MWCNT sheets with an ultralow areal density of about  $1-3 \mu g/cm^2$ , this method could afford high loadings of various functional components up to 95%, providing a powerful platform for preparing various functional fber electrodes. However, the biscrolling method still sufered from several drawbacks, e.g., continuous production was difficult because the MWCNT sheets were required to be fixed before twisting into a fber. In addition, in order to avoid the shrinkage of MWCNT sheets in solvents, the functional guests had to incorporate with MWCNT sheets via solventfree methods such as thermal evaporation.

To solve the above issues, Sun et al. developed a continuous preparation strategy of functional fber electrodes. The functional components such as  $Fe<sub>3</sub>O<sub>4</sub>$  nanoparticles were dispersed in water, and the aligned MWCNT sheets were scrolled and drawn through the dispersion (Fig. [2](#page-2-0)e). The  $Fe<sub>3</sub>O<sub>4</sub>$  nanoparticles were readily incorporated into MWC-NTs as verifed in scanning electron microscope (SEM) [[55](#page-15-11)]. The introduction of  $Fe<sub>3</sub>O<sub>4</sub>$  nanoparticles was also proved by the magnetic response capability of the obtained hybrid fbers. Importantly, continuous functional fbers with lengths of hundreds of meters could be prepared via this efficient approach.

Wet-spinning is another effective method for continuously preparing functional fber electrodes. For instance, a representative work reported by Xu et al. proposed a wet-spinning method for producing graphene oxide (GO) fbers [\[56\]](#page-15-12). GO liquid crystal dispersions were extruded to a coagulation bath to obtain continuous GO fbers. Subsequently, chemical reduction could be performed to produce reduced graphene



<span id="page-3-0"></span>**Fig. 3 a** The tensile curves of graphene fbers (1) and GO (2). **b** The tighten knot of a graphene fber (scale bar: 50 μm). **c** Several graphene fbers (horizontal) knitted with cotton threads (vertical) (scale bar: 2 mm) [[56](#page-15-12)]. Reproduced with permission. Copyright 2011, Nature Publishing Group. **d** Stretchability demonstration of an rGO-

based fber spring [\[57\]](#page-15-13). Reproduced with permission. Copyright 2017, American Chemical Society. **e** CareGum fber prepared via a wet-spinning method with self-healing ability [\[58\]](#page-15-14). Reproduced with permission. Copyright 2021, Wiley–VCH

oxide (rGO) fbers, which showed impressive mechanical properties (140 MPa in tensile strength, 5.8% in elongation) (Fig. [3](#page-3-0)a) and electrical conductivity  $(2.5 \times 10^4 \text{ S/m})$ . The graphene fber could be made into tightened knots and knitted in cotton network (Fig. [3b](#page-3-0), c), indicating its excellent fexibility and knittability. Wang et al. further designed a rGO-based fber spring electrode based on GO, MWCNTs, sodium dodecyl sulfate and vitamin C [\[57](#page-15-13)]. The mixed components were injected into a pipe to form a composite fber, followed by thermal reduction of the GO at 90 °C. A thin layer of polypyrrole (PPy) was further electrodeposited on the fber. The resulted rGO-based fber was twisted into a spring-shaped electrode, which demonstrated a high stretchability with a maximal strain of 300% (Fig. [3](#page-3-0)d).

Despite of the impressive achievements on various functional fber electrodes, it is still challenging to realize multiple functions in a single fber electrode. Recently, A novel fber electrode named "CareGum" has been developed on the basis of silk, calcium chloride, tannic acid and rGO [\[58](#page-15-14)]. The CareGum showed a variety of functions including selfhealing, adhesive and sensing capabilities derived from the hierarchical bonding scheme consisting of hydrogen and electrostatic bonds. Additionally, continuous fbers with millimeter-sized diameters were obtained via a wet-spinning method, indicating the application potentials in wearable electronic displays, artifcial skin and stain sensors (Fig. [3e](#page-3-0)).

The introduction of functional components ineluctably creates new interfaces which play important roles in the functionality and stability of the obtained fber devices. This is relevant to the unique curved confguration of the fber electrode, as well as the mechanical mismatch of different components. Particularly, the interfaces between the structural and functional components play critical roles in the stability and functionality of the resulted fber devices. For instance, delamination is prone to occur during stretching or bending, which results in performance degradation of the obtained fber electrodes and devices. Therefore, a layer of gel electrolyte comprised of polyvinyl alcohol (PVA) was coated on the elastic fber to enhance the contact between aligned MWCNT sheets and elastic fber substrate. Subsequently, the vacuum post-processing was performed to efficiently improve the infltration of electrolyte into aligned MWCNT sheets. These strategies resulted in enhanced interfacial stability of the fber-shaped supercapacitors during stretching (Fig. [4](#page-5-0)a), which retained over 90% of the original specific capacity after 1000 stretching cycles at a strain of 75% [\[31\]](#page-14-15).

In addition, the rational interface optimization between the conductive and functional components has been proved to be important for achieving high performances. For instance, aligned MWCNT sheets could be uniformly and stably wrapped around a self-healing polymer fber comprised of elastic rubber with abundant hydrogen bonds. The

van der Waals force contributed a reliable interfacial interaction between aligned MWCNT sheets and self-healing polymer (Fig. [4b](#page-5-0)), resulting in the formation of a "bridge" structure between the broken ends after healing (Fig. [4c](#page-5-0)), which was vital for the recovery of the electrical properties (electrical resistance increased by 8.5% after healing) [[32\]](#page-14-14). As a comparison, the control group using randomly dispersed Ag nanowires could not fully rebuild the broken conductive networks due to the instable interface formed with the self-healing polymer, leading to a significant electrical resistance increase of 191.6%.

The interface between the electrolyte and fber electrode also has a vital infuence on the device performances. For example, fber electrodes were prepared via a 3D printing technology using a highly viscous polymer ink, which comprised of poly(1,1-difuoroethylene) (PVDF) and MWCNT. Then, a layer of poly(vinylidene fuoride-co-hexafuoropropene) (PVDF-co-HFP) gel was coated on the surface (Fig. [4d](#page-5-0)), on which the porous structure was benefcial for electrolyte absorption and ion transport [[59\]](#page-15-15). The resulting fber-shaped lithium-ion battery exhibited a high specifc capacity (110 mAh/g) and cycling stability (81% of capacity retention over 30 cycles), indicating the importance of the stable electrolyte/electrode interface. In addition, the optimized interface between active materials and MWCNTs is favorable for efective charge transport in fber devices. For instance, polyaniline was electrochemically deposited on the aligned MWCNT, between which the  $\pi-\pi$  interaction contributed to a strong adhesion. The orientation of polyaniline induced by the alignment of MWCNTs further enhanced the charge transport, thus leading to good electrochemical performances (Fig. [4e](#page-5-0)) [\[60](#page-15-16)].

The favorable interfaces are also dependent on the working mechanisms of different devices. For instance, efficient charge transfer at the electrolyte–electrode interface is particularly important for energy storage devices. Hence, the rational interface optimization is important for fber-shaped supercapacitors and batteries to enhance the infltration and ion difusion of the electrolyte. For example, the interfacial electrical resistance derived from polyacrylamide-based hydrogel electrolyte and double-helix MWCNT fibers showed no signifcant changes after 300 cycles at 2 A/g. As a comparison, the control group using conventional liquid electrolyte (2 mol/L  $ZnSO_4$  and 0.1 mol/L  $MnSO_4$ ) demonstrated signifcantly increased interfacial electrical resistances. The resulted solid-state zinc-ion fber battery using polyacrylamide-based hydrogel electrolyte exhibited a high capacity retention of 98.5% over 500 cycles [[61\]](#page-15-17).

For photovoltaic devices, the photovoltaic conversion efficiency highly relies on the electron transport process at the interface between the photoactive material and semi-conductor skeleton. Perpendicularly grown  $TiO<sub>2</sub>$  nanotube arrays on a Ti wire were used for dye adsorption, and numerous



<span id="page-5-0"></span>**Fig. 4 a** Cross-sectional SEM image of the stretchable fber-shaped electrode with a core–shell configuration (scale bar:  $10 \mu m$ ) [[31](#page-14-15)]. Reproduced with permission. Copyright 2013, Wiley–VCH. **b** The cross section of a self-healing fber showing the interface between aligned MWCNT sheets and self-healing polymer (scale bar: 3 μm). **c** The "bridge" structure formed between the broken ends after healing (scale bar: 5 μm) [\[32\]](#page-14-14). Reproduced with permission. Copyright 2014, Wiley–VCH. **d** Cross-sectional SEM image of a 3D printing fber

electrode coated with a PVDF-co-HFP gel (scale bar: 25 μm) [[59](#page-15-15)]. Reproduced with permission. Copyright 2017, Wiley–VCH. **e** SEM images of bare aligned MWCNTs (scale bar: 500 nm) and MWCNT/ PANI composites (inset, scale bar: 100 nm) [[60](#page-15-16)]. Reproduced with permission. Copyright 2013, The Royal Society of Chemistry. **f** The structure of fber-shaped dye-sensitized solar cell and the chemical structure of the ionic liquid gel electrolyte [[63](#page-15-19)]. Reproduced with permission. Copyright 2015, Wiley–VCH

V-shaped voids were formed among these arrays [[62\]](#page-15-18). The dye molecules and electrolyte could more efectively infltrate into the aligned  $TiO<sub>2</sub>$  nanotubes compared with conventional  $TiO<sub>2</sub>$  nanoparticles that formed a dense coating layer. The charge transport along the aligned  $TiO<sub>2</sub>$  nanotubes was significantly improved compared with  $TiO<sub>2</sub>$  nanoparticles due to the improved charge transport pathway with less boundaries and defects. As a result, when the length of the TiO<sub>2</sub> nanotubes increased from 10 to 30  $\mu$ m, the short circuit current density increased from 9.34 to  $17.11 \text{ mA/cm}^2$  due to the enhanced charge transport process.

The safety issue of fber-shaped devices should be taken in serious consideration due to the close contact with the human body. Conventional electrolytes on the basis of carbonate or ether solvents are generally fammable, suffering from unfavorable safety concerns when used in fber-shaped energy harvesting and storage devices. Therefore, developing instinct non-fammable electrolyte becomes a pivotal direction for enhancing the safety of fber-shaped energy devices. For instance, polymer-ionic liquid (IL) gel electrolyte was prepared using PVDFco-HFP copolymer and 1-butyl-3-methylimidazolium bis(trifluoromethanesulfonyl) imide (BMImTFSI) IL (Fig. [4f](#page-5-0)) [[63](#page-15-19)]. The non-flammability and outstanding thermal stability of the IL significantly enhanced the safety and long-term stability of the obtained fber-shaped dye-sensitized solar cells, retaining 90% of the original power conversion efficiency after 30 days. In addition, the device showed good stability in humid environment due to the hydrophobic nature of PVDF-HFP co-polymer and F-based IL.



<span id="page-6-0"></span>**Fig. 5 a** The fabrication process of a stretchable fber-shaped supercapacitor with a core–shell confguration. **b** Capacitance retention on various stretching cycle number at a strain of 75% [[31](#page-14-15)]. Reproduced with permission. Copyright 2013, Wiley–VCH. **c** Schematic illustration of the fber device parallel-twisted around a spandex fber to realize stretchability. **d** The stretchability demonstration of the fbershaped Zn-ion battery [\[64\]](#page-15-20). Reproduced with permission. Copyright

2021, American Chemical Society. **e** Schematic illustration of the stretchable Archimedean spiral-like Li metal electrode [[67](#page-15-21)]. Reproduced with permission. Copyright 2018, Elsevier. **f** SEM images of a MWCNT fber spring at diferent strains of 0%, 50% and 100% (scale bar: 40 μm) [\[70\]](#page-15-22). Reproduced with permission. Copyright 2014, Wiley–VCH

As a brief summary, the functional guests and the derived interfaces play critical roles in the functionality and stability of the obtained fber-shaped devices. Novel fber electrodes, going beyond fexibility and stretchability, can realize a variety of novel functions such as healability, magnetic response, shape memory, electrochromism etc. On the basis of these functional fber electrodes, various functional fber-shaped devices have been developed with impressive adaptability to complex application conditions.

#### **Stretchable Fiber Devices**

Stretchability is of great significance to fiber-shaped devices due to the inevitable deformation in wearable applications. As a result, efforts have been made towards developing stretchable fber-shaped devices to accommodate the dramatic deformation in practical applications. A pioneering work reported by Yang et al. showed stretchable fber-shaped supercapacitors with a core–shell con-figuration [[31](#page-14-15)]. In detail, the stretchable fiber supercapacitor was prepared through winding aligned MWCNT sheets and coating PVA gel electrolyte layer-by-layer onto a rubber fber (Fig. [5a](#page-6-0)). Particularly, a novel "rotation-translation" method was developed in order to precisely control the helical angle and thickness of the aligned MWCNT sheets. The structural stretchability was realized by the rubber fber at core, while the electrical conductivity could be retained during stretching on the basis of the helical MWCNTs. As a result, the fber-shaped supercapacitor exhibited specifc capacities of 42–80 F/g, which could be maintained over 90% after 1000 stretching cycles at a strain of  $75\%$  (Fig. [5b](#page-6-0)).

Another strategy for achieving stretchability is to attach non-stretchable fber devices onto stretchable fber substrates, realizing the stretchability via a helical confguration design [[41,](#page-15-1) [64](#page-15-20)[–66](#page-15-23)]. This strategy avoids the preparation of stretchable fber electrodes, thus shows a simplifed fabrication process. For instance, a silver fber deposited with graphene nanosheets and polyaniline (PANI) nanowires served as the fber-shaped cathode, and another silver fber was coated with zinc nanosheets as the anode [\[64](#page-15-20)]. The two electrodes and  $PVA/ZnSO<sub>4</sub>$  gel electrolyte were encapsulated with a polyurethane (PU) flm, followed by parallel-twisted around a spandex fber to form a double helix structure (Fig. [5c](#page-6-0)). On the basis of the high stretchability of the spandex fber, the resulting fber-shaped Zn-ion battery exhibited a remarkable strain up to 900% (Fig. [5d](#page-6-0)). Additionally, Archimedean spiral-like structure was designed to endow Li metal electrode stretchability (Fig. [5](#page-6-0)e) [[67](#page-15-21)]. A doubly coiled Cu wire was wrapped into an Archimedean spiral-like pattern, which was then embed into poly(styrene-ethylenebutylene-styrene) (SEBS) matrix. Li metal was electrochemically deposited onto the exposed Cu coil surface to obtain a stretchable electrode. Due to the joint effect of Archimedean spiral-like structure and highly elastic SEBS, this Li anode could be stretched up to 60% with well-retained capacity (90% of original value) after 100 stretching cycles.

It is worth noting that the above two strategies have their own pros and cons. For instance, fabricating intrinsically stretchable fber electrodes and devices can realize impressive stretchability, representing a promising pathway towards stretchable fber devices with high performances [\[31,](#page-14-15) [53,](#page-15-9)

[68](#page-15-24), [69\]](#page-15-25). However, the preparation of stretchable electrodes generally involves complicated assembling processes of the conductive and stretchable components. Furthermore, coating a uniform layer of conductive materials on a highly curved stretchable fber remains to be challenging. Designing stretchable device confguration, that is, attaching nonstretchable electrodes onto stretchable substrate, extends the compatibility of the device category and simplifes the fabrication processes [\[64](#page-15-20)[–66](#page-15-23)]. However, the use of stretchable supports significantly increases the volume of the fber device, which no doubt sacrifces the device performances, and a short circuit is more likely to occur during the stretching process. Up to date, the former strategy is still the mainstream for production of stretchable fber electrode and devices, although the advancement of new production techniques is still in urgent need.

The presence of elastic fber substrate makes no contribution to the energy conversion or energy storage performances, resulting in rather limited power conversion efficiency or specific capacity. Therefore, efforts have been made to prepare intrinsically stretchable fbers with improved energy storage capacity. For instance, a MWCNT fber spring was prepared by Zhang et al. using a bundle of overtwisted MWCNT fbers [[70\]](#page-15-22). The overtwisting strategy had been verifed as an efective approach to realize intrinsically stretchable fber electrodes, and the MWCNT was an ideal material for supercapacitors and rechargeable batteries. The obtained stretchable supercapacitors could be stretched up to 100% (Fig. [5](#page-6-0)f), simultaneously delivering a specific capacity of  $1587 \text{ mF/cm}^3$  that was over 145 times compared to elastic fiber. With  $\text{LiMn}_2\text{O}_4$  and  $\text{Li}_4\text{Ti}_5\text{O}_{12}$ incorporated into MWCNT fber springs, the resulted fbershaped rechargeable batteries were developed, exhibiting a linear and mass specifc capacity of 2.2 mAh/m and 92.4 mAh/g, respectively. Compared with previous stretchable fber supercapacitors and rechargeable batteries, this work could achieve a signifcantly increased energy density due to the absence of stretchable fber that contributed no energy storage capability. In another trail, fber electrode with a supercoil structure was proposed inspired by the confguration of deoxyribonucleic acid (DNA) [[71](#page-15-26)]. By over-twisting a straight fber electrode followed by coiling again, the obtained electrode showed 29% of the initial length. Based on the supercoil electrodes, the resulting supercoil  $\text{Zn}/\text{MnO}_2$ battery displayed high stretchability (a maximal strain of 800%) and an excellent linear capacity (2.9 mAh/m).

#### **Shape‑Memory Fiber Devices**

Shape memory materials can be defned as stimuli-responsive materials capable to "memorize" a macroscopic shape. When manipulated and fxed to a temporary shape, they can relax to the original, stress-free shape under specifc stimulations such as heat, electrical feld or other environmental commands [\[72\]](#page-16-0). Shape-memory fber-shaped devices are expected to accommodate complex deformation adapting to non-standard surface and recover to the original shape under stimuli as required. As generally adopted, conductive components were incorporated with a shape-memory fber substrate to obtain a shape-memory electrode. The shapememory functionality could be realized by the fber substrate at core, and the conductive component on the surface could be further modifed to realize energy harvesting, energy storage or other capabilities. Up to date, several high-performance shape-memory fber devices have been developed based on shape-memory alloys and polymers.

Shape-memory efect of shape-memory alloys (including NiTi-based, Cu-based, Fe-based, and intermetallic compounds) is based on the phase shift between austenitic and martensite crystal structures [\[73](#page-16-1), [74](#page-16-2)]. When heated to the transition temperature, the plastic deformation could recover to the original state. For example, a shape-memory fber electrode was fabricated by repeated brushing porous carbon dodecahedra mixture onto the NiTi alloy wire [\[75](#page-16-3)]. Deformed fber electrodes could immediately recover to the initial shape within 1 min when the surrounding temperature reached 35 °C. A tensile strength of 95.8 MPa was achieved on the basis of the NiTi alloy wire. A shape-memory fber supercapacitor was then fabricated using the shape-memory electrodes, which displayed a high volumetric energy density  $(8.9 \text{ mWh/cm}^3)$  and power density  $(1080 \text{ mW/cm}^3)$  based on porous carbon dodecahedra with high porosity and large surface. As a demonstration, a sleeve knitted with these shape-memory supercapacitors could recover to the original shape in a warm environment (about  $35^{\circ}$ C), exhibiting the advantages in wearable electronic devices.

On the other hand, shape-memory polymers such as polyurethane/polyurea, polyethylene, polyisoprene, polyester, and styrene-butadiene copolymers can be employed for shape-memory fber devices towards lightweight and stretchability [\[76](#page-16-4), [77\]](#page-16-5). For instance, a shape-memory fber electrode was produced by wrapping aligned MWCNT sheets onto a shape-memory thermoplastic polyurethanes (TPU) fber [\[29](#page-14-13)]. The functionality and conductivity could be realized by TPU substrate and outside MWCNT, respectively. The electrical resistance was about 0.55 k $\Omega$  with a wrapping helical angle of 60°, and increased by about 0.5 k $\Omega$  when stretched up to 100%. The fiber-shaped supercapacitor was fabricated by using the above shape-memory electrodes and PVA gel. It could be manipulated in both bending and elongating shapes or even more complex architectures (Fig. [6](#page-9-0)a), and recovered to its original shape when the motion of the molecular chain was activated under the thermal transition temperature. This fber-shaped supercapacitor was able to be stretched up to 100% and maintained elongated, simultaneously reserving 80% capacity (Fig. [6](#page-9-0)b). No signifcant decrease on the electrochemical property was observed after 500 stretching-recovering cycles at a strain of 50%, suggesting the excellent shape-memory reversibility of the obtained fber devices. However, the relatively low tensile strength, slow recovery rate and high triggering temperature still need further enhancement towards practical applications.

## **Self‑Healing Fiber Devices**

Considering the daily wearing scenario, fber devices are prone to encounter mechanical damage during use, which would result in the failure of the device or even the entire module. Inspired by the self-healing capability of our skin, self-healing fber devices have been developed to enhance the adaptability and lifetime in wearable applications.

A pioneering work on self-healing fber-shaped supercapacitor was presented in 2014 (Fig. [6c](#page-9-0)), using a self-healing fiber electrode with a core–shell configuration [[32](#page-14-14)]. Briefly, a self-healing fber containing abundant hydrogen bonds was synthesized via a modifed Leibler method, which was capable of recovering the mechanical properties upon breaking at room temperature. MWCNT sheets were uniformly wrapped on the healable rubber fber as a conductive sheath, resulting in a mechanically and electrically healable fber electrode. The fractured interface of self-healable fber and oriented MWCNT sheets reconnected due to the present of hydrogen bonds and van der Waals forces. The tensile strength of this fber could be maintained by 72.5% after fve breaking-healing cycles, and the electrical resistance showed no signifcant change after healing. In comparison, the composite fber based on random Ag nanowire or MWCNT showed obviously increased electrical resistances (increased by 115  $\Omega$  and  $5.0 \times 10^4 \Omega$ , respectively), due to the insufficient conductive network derived from different conductive building blocks. The obtained self-healing fbershaped supercapacitor with aligned MWCNT sheets could maintain 82.6% of the original specifc capacity after fve breaking-healing cycles, indicating an improved lifetime when structure damage occurred.

In another example, rGO fber electrode in a spring shape was encapsulated in a PU shell that could be self-healed based on the reversible formation of hydrogen bonds. The healing process was performed by connecting the two breaking ends together, and the recovery on conductivity was thus highly dependent on the accurate connecting of the rGO network. The obtained supercapacitor showed a 54.2% capacity retention after three breaking-healing cycles (Fig. [6d](#page-9-0)) [\[57](#page-15-13)]. Obviously, the healing efficiencies were greatly affected by the connecting of the broken conducting network. To realize efficient and accurate recombination of the broken



<span id="page-9-0"></span>**Fig. 6 a** Photographs of a fber-shaped shape-memory supercapacitor with diferent shapes. **b** Variation of the capacitance on diferent deformation ratio of a fber-shaped shape-memory supercapacitor (scale bar: 2 cm) [\[29\]](#page-14-13). Reproduced with permission. Copyright 2015, Wiley–VCH. **c** Schematic illustration to the self-healing process of a fber-shaped supercapacitor [[32](#page-14-14)]. Reproduced with permission. Copyright 2014, Wiley–VCH. **d** Cyclic voltammetry curves of self-healing

supercapacitors with rGO fiber electrode [[57](#page-15-13)]. Reproduced with permission. Copyright 2017, American Chemical Society. **e** The specifc capacitance retention of a magnet-assistant self-healing supercapacitor at diferent healing cycles [[78](#page-16-6)]. Reproduced with permission. Copyright 2015, American Chemical Society. **f** Schematic illustration of the self-healing mechanism of a fber-shaped lithium-ion battery [[80](#page-16-7)]. Reproduced with permission. Copyright 2018, Elsevier

networks, self-healing process assisted by magnetic attraction was performed [[78\]](#page-16-6). To prepare magnetic response fber electrodes,  $Fe<sub>3</sub>O<sub>4</sub>$  particles were anchored on the fiber by microwave-assisted hydrothermal method followed by an annealing process to enhance the attachment. In addition, a layer of electro-depositing PPy was incorporated to protect the magnetic particles, and provide pseudocapacitance to enhance the energy storage performances. A self-healable fber-shaped supercapacitor was assembled by wrapping the magnetic response fber electrodes with a self-healing carboxylated PU shell. The specifc capacity could restore 71.8% of the initial value after four breaking-healing cycles based on the synergistic efect of the self-healing PU shell and magnetic force (Fig. [6](#page-9-0)e). To further enhance the selfhealing capability of the fber supercapacitor, self-healing electrolyte was also developed to accommodate the structural damage during use. For example, an asymmetric fber supercapacitor based on  $PPy/Ni_3S_2-CF$  electrodes could maintain the structural integrity without any obvious "scar" at the electrolyte/electrode interface, due to the hydrogen bond formed by the diol-borate in the electrolyte [[79\]](#page-16-8).

Besides self-healing fiber supercapacitors, the healing capability was also realized in fiber-shaped lithiumion batteries aiming at a higher energy density. For instance, on the basis of a  $rGO/SnO<sub>2</sub>$  fiber anode and a spring-shaped rGO/LiCoO<sub>2</sub> fiber cathode, a self-healing



<span id="page-10-0"></span>**Fig. 7 a** Chromatic transitions of the fber-shaped supercapacitor during a charge–discharge cycle (scale bar: 5 mm) [\[30\]](#page-14-19)**.** Reproduced with permission. Copyright 2014, Wiley–VCH. **b** Schematic illustration of an electrochromic fber based on the parallel dual-counter-electrode structure. **c** Photograph of long electrochromic fbers with lengths of hundreds of meters (scale bar: 10 cm) [[83](#page-16-9)]. Reproduced with permission. Copyright 2020, American Chemical Society. **d** TEM image of a MWCNTs (scale bar: 3 nm); SEM images of a single-ply

fber (scale bar: 6 μm) and multi-ply sensing fber bundle (scale bar: 20 μm). **e** Injection of the fber sensor into blood vessel [[91](#page-16-10)]. Reproduced with permission. Copyright 2020, Nature Publishing Group. **f** Spherical load produced a synergistic response of the forward and backward movement with the stimulation of infrared radiation light and moisture [[99](#page-16-11)]. Reproduced with permission. Copyright 2021, American Chemical Society

lithium-ion battery fiber was prepared using a healable PU shell (Fig. [6f](#page-9-0)) [\[80\]](#page-16-7). The obtained fiber device afforded a specific capacity of 99.5 mAh/g, and retained a specific capacity of 50.1 mAh/g (50.3% of the original capacity) after five breaking-healing cycles, suggesting their potentials in wearable applications with promoted adaptability and lifetime.

### **Electrochromic Fiber Devices**

Electrochromism refers to the reversible optical property change that occurs when a certain material is electrochemically oxidized [\[81](#page-16-12)]. Particularly, the incorporation of electrochromism with energy storage/harvesting devices into one single fber can visually display the real-time working states of the devices, which drew broad attentions in the past decade towards intelligent wearable devices.

Based on a coaxial structure, an electrochromic fber supercapacitor using PANI as the electrochromic material could display diferent colors including light yellow, blue and green at diferent voltages (Fig. [7a](#page-10-0)) [[30](#page-14-19)]. MWCNTs were frst wound onto an elastic fber, followed by electrodeposition of PANI on MWCNTs serving as the electrochromic component to provide visible information on the working status of the fber device. The specifc capacity of 255.5 F/g (0.189 mF/cm) and a strain of 100% could be achieved. Fiber devices composed of parallel coil electrodes could realize multicolors due to the stacking efect of two electrochromic electrodes. For instance, two helix Au electrodes were prepared by a template method, in which Au layer was sputter-coated on a polyvinyl chloride (PVC) fiber with two adhesive tapes as masks  $[82]$  $[82]$  $[82]$ . After removing the tapes, electrochromic supercapacitors were assembled by depositing various electrochromic materials such as tungsten oxide and poly(3-methylthiophene) onto the helix electrode using  $LiClO_4$ /poly(methyl methacrylate) as a solid electrolyte. The resulted devices could realize multicolor changes based on the stacking efect of two helix electrodes, leading to reversible electrochromism with fast response and various colors (i.e., dark green, gold, and dark red).

Furthermore, it is attractive to realize continuous processing and efective protection of the electrochromic fbers. For example, with viologen as the active material, electrochromic fbers based on a parallel dual-counter-electrode structure were continuously fabricated via home-made equipment (Fig. [7](#page-10-0)b, c) [\[83](#page-16-9)]. Due to the efective protection of electrochemical anticorrosive layer and outer polymer protective layer, the electrochemical and environmental stabilities were signifcantly improved. This electrochromic fber could be woven into fexible textiles that realized proof-of-concept camoufage military clothes. Although several impressive

electrochromic devices have been achieved, the electrochromic materials with superior chromogenic performances are still needed. The recently developed poly(ionic liquid)s with available structural design could be a promising direction to explore [\[84](#page-16-14)].

# **Other Functional Fiber Devices**

Apart from the above functions, several other functions have been also realized to meet the specifc requirement in potential applications. For instance, the magnetic response could realize remote collection, movement and fxing of delicate fber devices. A novel magnetic response fber electrode was developed via the incorporation of  $Fe<sub>3</sub>O<sub>4</sub>$  nanoparticles into MWCNT fber via a dry-spinning method [[55\]](#page-15-11). With an Fe<sub>3</sub>O<sub>4</sub> weight percentage of 16.6%, a high saturation magnetization of 17.9 emu/g was achieved. On the basis of the magnetic response capability of  $Fe<sub>3</sub>O<sub>4</sub>/MWCNT$  electrode, the resulted photovoltaic wire could be attached onto and detached from a substrate using magnetic feld. Such magnetic responsive fber devices could be particularly promising for some special application scenarios such as aerospace when conventional operations such as separation and movement are not fully compatible.

Flexible fber sensors with compliant mechanical properties can convert environmental stimuli into electronic signal to provide related information. Up to date, a broad range of physical signals such as pulse beat, temperature and humidity can be detected by fiber sensors  $[85-87]$  $[85-87]$  $[85-87]$ . Efforts have been devoted to developing multifunctional electronic textiles with multidimensional position recognition capability and property improvement such as sensitivity, selectivity, detection limit, response time etc. For example, an intelligent Kevlar/MXene wearable fabric has been fabricated with temperature-responsive, respiratory monitoring and liquid molecular recognition capabilities via a continuous wetspinning method [\[88](#page-16-17)]. It exhibited ultrafast responsiveness (90 ms), resilience (110 ms) and precise recognition ability. In another example, Wang et al. [\[89\]](#page-16-18) have fabricated a tactile sensor unit without any substrates by using ionic gel as glue at intersection point of MXene/cotton electrodes, showing a high sensitivity of 9.62 k/Pa (0–40 kPa), an ultralow detection limit of 0.884 Pa, and a short response time of 24 ms.

In addition, monitoring physiological signals in vivo (such as disease biomarkers, ions, glutamate, lactic acid, etc.) represents a promising direction in smart healthcare [[90](#page-16-19)]. Inspired by the hierarchical structure and helical assembly of muscle, Wang et al. prepared a multi-ply sensing fber bundle by twisting multiple single-ply sensing fbers (Fig. [7d](#page-10-0)) [[91\]](#page-16-10). This sensing fber could be implanted in vivo by simple syringe injection with no infammation (Fig. [7e](#page-10-0)). Multiple disease biomarkers such as  $H_2O_2$ , calcium ions and glucose would be monitored, providing a powerful platform for in-vivo disease detection. Furthermore, high sensitivity and stability are of signifcance for in-vivo detection. Taking advantages of the local amplifcation efect of organic electrochemical transistors (OECTs), a fber-shaped organic electrochemical transistor had been designed for detection of several types of physiological signals. The obtained fbershaped OECT showed a high sensitivity (detection limit of 100 nM), dynamical stability (maintained for 7 days in brain) and anti-interference capability [[92\]](#page-16-20).

Fiber actuators can realize complex movement by automatically changing their shapes in response to environmental stimulus [[93](#page-16-21), [94](#page-16-22)]. For example, a hybrid helical multi-ply composite fber composed of MWCNT fber and thermoplastic PU could produce a tensile actuation of 13.8% stroke and a contractive stress of 33 MPa via a joule heating process [[95](#page-16-23)]. The excellent performance was benefted from the thermal volume expansion of the thermoplastic PU resin. However, the actuation driven by temperature usually encounters several problems including poor heat dissipation, easy oxidation, and lower energy conversion efficiency. To this end, moisture or humidity stimuli were also used for efficient actuation. For instance, oxygen plasma treatment enabled MWCNTs to possess a hydrophilic surface [[26](#page-14-20)], based on which the actuator could rapidly shrink and rotate in response to water and humidity. Recently, other materials, e.g., linen fber [[96\]](#page-16-24), spider dragline silk [\[97](#page-16-25)], lotus fber [\[98\]](#page-16-26) have been developed to fabricate the fiber actuations in respond to water or humidity. The exploration on other stimulations can be further conducted to promote the intelligence of fber actuators.

Up to date, most of the fber actuators can only respond to one single type of stimulation, i.e., they can hardly realize synergistic responses to multiple stimulations. Aiming at the above challenge, a fber actuator with an intermittent spiral structure was constructed using sodium alginate and sodium alginate/graphene oxide [[99\]](#page-16-11). This actuator could perform a controllable and programmable "forward-stagnation-reverse" synergistic response under the stimulations of infrared radiation (IR) light and moisture. As shown in Fig. [7](#page-10-0)f, when fxing one end of the fber actuator, a spherical load was connected to the other end (Fig. [7](#page-10-0)f, I), which offset 17 mm to the right under IR stimulation and then maintained balance with the presence of moisture (Fig. [7f](#page-10-0), II). Furthermore, the spherical load could be offset 30 mm to the left with the increase of the moisture (Fig. [7](#page-10-0)f, III). When both stimulations were removed, the fber actuator and spherical load could return to the original position (Fig. [7f](#page-10-0), IV). However, the scalability and cost issues limit the application of artifcial fber actuator. Meanwhile, solving the response hysteresis is also indispensable considering the real-world applications.

In recent years, smart wearable electronic devices have attracted intensive attention. Endowing fiber devices with various responsive functions would be an important step towards enhanced intelligence. As for shape-memory and self-healable functions, non-thermal triggers including electrical, magnetic and optical responses can be further pursued to meet the requirements in special application



<span id="page-12-0"></span>**Fig. 8** Future directions of functional fber devices. **a** Improving device properties via material and interface optimization [[5\]](#page-14-2). Reproduced with permission. Copyright 2017, Nature Publishing Group. **b** Exploration of new functions such as anti-radiation, self-cleaning and

thermal resistance. **c** Integration of multiple functions into one fber device. **d** Large-scale fabrication of functional fber devices based on a continuous production strategy [\[104](#page-16-27)]. Reproduced with permission. Copyright 2015, Wiley–VCH

scenarios, such as in aerospace and abysmal sea. Although the main parameters such as sensitivity and detection limit have been greatly improved, more efforts should be dedicated to improving the safety of fexible sensors, promoting their practical applications especially in terms of implanted devices.

### **Conclusion and Perspectives**

In this Review, the recent advancements of functional fber devices are mainly introduced and discussed. Several representative preparation methods of functional fber electrodes are introduced in detail, followed by underlining the formed interfaces that are indispensable to the functionality and stability of the obtained devices. Although, much enthusiasm has been devoted to pushing forward the advancement of functional fber devices, their fate is intertwined with the following challenges.

First, it is still needed to optimize the properties and processability of conductive materials towards scale-up production. As mentioned above, fber electrodes based on carbon nanomaterials such as MWCNT and graphene are widely investigated as promising candidates for producing fber devices, due to their remarkable strengths, electrical conductivities and specifc surface areas. The electrical conductivity requires further optimization, which is of critical importance for reducing the inner resistances of long fber devices (Fig. [8](#page-12-0)a). In addition, new processing techniques for continuous fber production are also needed. Both wet and dry spinning methods have been developed for MWCNT fbers, but the low electrical conductivities and high costs are the core issues. The wet-spinning of graphene oxide fber represents a promising strategy for continuous fabrication. However, the chemical or thermal reduction treatment are expected to be optimized towards a more efficient, economic and environment-friendly way. Encouragingly, it should be noted that the prices of carbon nanomaterials have dropped significantly  $(0.1-25 \frac{6}{9})$  in recent years with the intensive efforts of both academic and industrial communities [\[100,](#page-16-28) [101\]](#page-16-29). This paves the way for mass production of fiber devices using carbon nanomaterials.

Second, the robustness of functionalized fber-shaped devices should be taken into serious consideration when employed in practical applications. Frequent friction and torsion are common problems during use or washing, which can severely undermine the device performances. Thus, it is required to enhance the resistance on abrasion and torsion. For instance, the recently reported triboelectric fbers based on Fermat Spirals have provided an efficient strategy for improving the durability of wearable electronics [\[102\]](#page-16-30). In addition, the stretchability of fber-shaped devices needs further improvement, accommodating the dramatic deformation in practical applications. As mentioned, both stretchable electrode and confguration are applicable strategy towards stretchable fber devices. However, the introduction of elastic polymer substrates inevitably occupies the volume of the device without contributions to electrochemical performances. Thus, the balance between stretchability and electrochemical performances needs to be addressed. Particularly, the delamination is a tricky issue that leads to rapid degradation of the electrochemical performances (Fig. [8a](#page-12-0)). Therefore, realizing a strong interaction at the interface is a promising strategy. For example, the formed hydrogen bonds between eutectic gallium indium oxide and polymethacrylate can greatly enhance the adhesion, which makes a huge contribution to the stability of fber-shaped devices [[17,](#page-14-21) [103](#page-16-31)].

Third, the exploration on new functions is still required to enhance the device intelligence for diferent service environments (Fig. [8](#page-12-0)b). For instance, to avoid the possible peeling of the active materials from the fber substrate during washing, it would be interesting to realize the self-cleaning function by introducing related components on the surface of fber devices. In addition, other useful functions can be further developed to open up new possibilities in harsh conditions, e.g., high pressure, high temperature and radiation, etc. Moreover, the safety issue should be taken into serious consideration due to the close contact of fber devices with the human body in all scenarios. Therefore, developing nonfammable electrodes and electrolytes could be a promising direction to pursue in the near future.

Fourth, the integration of various functional fber devices remains to be challenging while promising direction. For instance, the integrated textiles which were woven from fber-shaped devices with diferent functions could aford responses to a variety of diferent stimulations, which is certainly an exciting goal to pursue (Fig. [8c](#page-12-0)). However, the integration strategies of numerous fber devices are still rather limited, mainly hindered by the challenges in connecting delicate fber electrodes via a stable and integrated way. Up to date, although very few successes have been achieved towards this direction, the combination of functionalization and integration can open up a new path of fber-shaped electronic devices.

Last but not the least, the scale-up production of functional fber devices can be further explored. For instance, as a unique fabrication method of fber devices, the rotation and translation process can signifcantly enhance the production efficiency of stretchable fiber electrodes. However, it is only compatible with spinnable MWCNTs on the basis of a dry-spinning method. More efforts can be devoted to accommodating more materials (metals, conductive polymers and other carbon materials) and techniques. For instance, a continuous fabricating process was developed to integrate fber electrode preparation, electrolyte coating, device assembling and encapsulation into a continuous process [\[104](#page-16-27)] (Fig. [8](#page-12-0)d).

With the incorporation of functional components into this process, the functionalization of fber devices can be readily achieved, although the device confguration and interfaces require further optimization. Particularly, it is crucial for developing industrially available equipment and process to fully meet the requirements on technology and cost towards real-world applications. We believe that with the in-depth and extensive investigation and collaboration throughout the world, fber devices and the derived textile electronics will greatly change our lifestyle in an unexpected and fascinating way.

## **Declarations**

**Conflict of Interest** On behalf of all authors, the corresponding author states that there is no confict of interest.

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