**CASE REPORT** 



# Usefulness of Cardiac Computed Tomography–Guided Coronary Intervention for a Stumpless Total Occlusion: a Case Report

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#### Abstract

Intravascular ultrasound (IVUS) is a fundamental tool in coronary intervention for chronic total occlusion (CTO) lesions. Although IVUS can identify the entry even for stumpless lesions, this technique needs a large side branch to accommodate an IVUS probe. On the other hand, computed tomography (CT)–guided coronary intervention, which recently reported a higher success rate for CTO lesions, has the advantage of identification of entry points and occluded routes. We herein report a case with an abrupt type CTO who was successfully recanalized with CT guidance, although IVUS failed to clarify the entry. A 66-year-old man was referred to our department for pre-operative evaluation. His electrocardiogram showed exercise-induced ST-T segment depression, and coronary angiography revealed a CTO in the mid-left circumflex artery, which was treated via bilateral distal radial approaches. However, the entry point of the CTO could not be clarified by bilateral coronary angiography or IVUS, because the entry was at the trifurcation with a small branch. On the other hand, coronary CT angiography demonstrated the occluded route and the precise morphology of the entry point, allowing successful treatment

of the CTO.

Cardiac CT is useful to reveal the accurate position and precise morphology of the entry cap of CTO, even if IVUS guidance could not be applicable because there is no large side branch close to the abrupt entry.

**Keywords** Bifurcation  $\cdot$  Case report  $\cdot$  Chronic total occlusion  $\cdot$  Computed tomography  $\cdot$  Coronary intervention  $\cdot$  Intravascular ultrasound

#### Introduction

Intra-coronary imaging is recommended as a helpful guide for coronary stent implantation, particularly in cases involving the left main artery or complex lesions by the guideline [1]. Recently, a randomized study demonstrated that intracoronary imaging–guided percutaneous coronary intervention (PCI) led to a lower risk of a composite of death from cardiac causes, target-vessel–related myocardial infarction, or clinically driven target-vessel revascularization than angiography-guided PCI among patients with complex coronary artery lesions [2]. Especially for chronic total occlusion (CTO) lesions, intravascular ultrasound (IVUS)

Kenji Sadamatsu k-sadamatsu@umin.ac.jp is a fundamental tool in PCI [3]. One of the advantages of IVUS is the identification of a CTO entry in the abrupt type lesions. An IVUS probe accommodated in a side branch can reveal the accurate position of the entry when there is a sufficiently large side branch close to the abrupt type entry. However, this technique is not able to apply to all cases.

We herein report a case with an abrupt type CTO, in whom IVUS failed to clarify the entry while cardiac computed tomography (CT) guidance successfully recanalized.

## **Case Presentation**

A 66-year-old man with dyslipidemia, diabetes, and previous smoking history was referred to our department for pre-operative evaluation of rectal cancer. Although he did not complain of chest pain, his electrocardiogram showed exercise-induced ST-T segment depression, and the cardiac CT scan demonstrated stenosis in all 3 coronary arteries. Coronary angiography revealed moderate stenoses in the right coronary artery and the

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Fig. 1 Diagnostic (left panel) and bilateral coronary angiography (right panel) demonstrated a stumpless total occlusion in the left circumflex artery. The distal vessel to the occlusion (arrows) was visualized by collaterals from the right coronary artery

left anterior descending artery and a CTO in the left circumflex artery (Fig. 1) with collaterals from the right coronary artery. As the moderate lesions were insignificant by the fractional flow reserve measurement, we decided to treat the CTO via bilateral distal radial approaches. Coronary angiography could not clarify the entry point of the CTO (Fig. 1), and IVUS accommodated in the posterior lateral branch also could not reveal the entry except for the ostium of a small branch (Fig. 2, Online Resource 1). On the other hand, the thin-slab maximum intensity projection image of coronary CT angiography demonstrated the occluded route and the entry positioning at the trifurcation with the small branch (Fig. 3). Then, we put a guide wire (Gaia Next 1, Asahi Intecc, Japan) in the small branch, pulled it back with



**Fig. 2** Intravascular ultrasound examination also failed to identify the entry cap except for a small branch (arrow)

rotation, and finally succeeded in hooking the entry and crossing the lesion (Fig. 4, Online Resource 2). After balloon inflations, IVUS examination through the CTO lesion confirmed successful wiring at the trifurcation (Fig. 5, Online Resource 3). We used a  $2.0 \times 20$  mm drug-coated balloon (SeQuent Please Neo, B. Braun, Germany), and the final result showed good opacification of the occluded segment with mild delay (Fig. 6).



**Fig. 3** Coronary computed tomography angiography revealed the whole picture of the occluded route (arrowheads) originating from the trifurcation with the small branch (arrow)

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**Fig. 4** Percutaneous coronary intervention to the chronic total occlusion lesion in the left circumflex artery. After inserting a guide wire in the small branch (left panel, arrow), we pulled back it with rotation

and finally succeeded in hooking the entry and crossing the lesion (right panel, arrow). Arrowheads indicate a guide wire in the posterior lateral branch

# Discussion

CT-guided PCI has been recently developing, and an expert consensus document on pre-procedural planning of coronary revascularization by cardiac CT was published [4]. Several studies investigated the usefulness of pre-procedural evaluation by CT in CTO lesions and reported



**Fig. 5** Intravascular ultrasound examination through the occluded lesion after balloon inflations demonstrated the entry point at the trifurcation with the posterior lateral branch (arrowhead) and the small branch (arrow)

several scoring systems to predict procedural success. A recent study by Hong et al. demonstrated that pre-procedural cardiac CT guidance resulted in higher success rates in PCI for CTO with a lower trend of immediate peri-procedural complications [5]. Cardiac CT guidance is superior in accurately identifying entry points and occluded routes [6]. Therefore, cardiac CT is essential for creating a primary and secondary procedural plan and assessing the risk/benefit ratio of the PCI procedure for CTO lesions [7]. In this case, cardiac CT could clarify the stumpless entry, which was almost mistaken as a bifurcation with a small



Fig. 6 The final coronary angiography showed good opacification of the occluded segment with mild delay

branch by IVUS pulling back through the posterior lateral branch because the entry was positioned at the trifurcation.

Proficient operators in IVUS examinations might be able to identify the entry correctly. The vessel diameter size was increased after the bifurcation with the small branch on the IVUS pulling back through the posterior lateral branch. The change in vessel diameter suggests that the side branch might be much larger, and the entry could locate there. In addition, the precise evaluation at the bifurcation is difficult due to the forward and backward motion of the IVUS probe by heartbeat. However, such an accurate judgment is complicated for most interventionists in catheterization laboratories. Even if we came up with this, we were not able to visualize the entry by IVUS because the side branch was too small to put an IVUS probe in. On the other hand, the CT image was clear and easy to understand, although we reconstructed the thin-slab maximum intensity projection images by ourselves on a workstation and could not scan in realtime during procedures.

# Conclusions

Cardiac CT is useful to reveal the accurate position and precise morphology of the entry cap of the CTO and is helpful to succeed in complex interventions.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s42399-023-01476-2.

**Author Contribution** KS and TK were the operators of the procedure. KS, TK, and MS were in charge of treating the patient. KS and YF mainly contributed to the interpretation of images and drafting of the manuscript. All authors read and approved the final manuscript.

**Data Availability** All medical data and materials are kept in the electronic medical record of the patient and can only be accessed by health personnel taking part in the patient's medical care. Please contact the corresponding author to request details regarding this case.

#### Declarations

Ethics Approval Local ethic committee approved this publication.

**Consent for Publication** The written informed consent for publication of the case and images were obtained from the patient.

Conflict of Interest The authors declare no competing interests.

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