Bioinspired Unidirectional Liquid Transport Micro-nano Structures: A Review

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Abstract

Unidirectional liquid transport without any need of external energy has drawn worldwide attention for its potential applications in various fields such as microfluidics, biomedicine and mechanical engineering. In nature, numerous creatures have evolved such extraordinary unidirectional liquid transport ability, such as spider silk, *Sarracenia*'s trichomes, and *Nepenthes alata*'s peristome, *etc.* This review summarizes the current progresses of natural unidirectional liquid transport on 1-Dimensional (1D) linear structure and 2-Dimensional (2D) surface structure. The driving force of unidirectional liquid transport which is determined by unique structure exist distinct differences in physics. The fundamental understanding of 1D and 2D unidirectional liquid transport especially about hierarchical structural characteristics and their transport mechanism were concentrated, and various bioinspired fabrication methods are also introduced. The applications of bioinspired directional liquid transport are demonstrated especially in fields of microfluidics, biomedical devices and anti-icing surfaces. With newly developed smart materials, various liquid transport regulation strategies are also summarized for the control of transport speed, direction guiding, *etc.* Finally, we provide new insights and future perspectives of the directional transport materials.

Keywords: bioinspiration, unidirectional liquid transport, microfluidics, smart materials, *Nepenthes alata*, *Sarracenia* trichomes Copyright © The author(s) 2021.

1 Introduction

Unidirectional liquid transport has gradually attracted worldwide attention due to its diverse potential applications, such as water collection^[1], microfluidics^[2,3], lubrication^[4–8], anti-adhesion^[9–12] and liquid transportation^[13,14]. With millions of years of evolution, many nature plants have developed such functional structures or surfaces to directional transport water for survival without any need of external energy^[15–25]. Generally, these natural surfaces or structures possess unique hierarchical micro-nano structures and various material wettability. Revealing the underlying mechanism of liquid directional transport could provide the fundamental understanding and creative inspiration to realize more complex liquid behavior regulations, such as ultra-fast transport, programable transport, and even micro/nanoscale liquid regulation.

Bioinspired hierarchical structure with unidirectional liquid transport can be classified into 1D-thread

and 2D surface based on their structure types. 1D-thread structures that were found in spider silks^[19], cactus spines^[20], and shorebird beaks^[17] make use of spindle knots wires, long sharp cones and wedged corner structures to directional harvest water from fog or suck water against gravity. Especially, the two-level hierarchical microgrooves on the conical trichomes of Sarracenia can directionally transport liquid from tip to root at the speed two orders higher than cactus spines^[24]. The 2D surface is another type of unidirectional liquid transport that could perform continuous transport with a large volume of liquid. Desert beetle's back with patterned 2D surface wettability can directionally aggregate deposited water from the hydrophobic area to the hydrophilic area for feeding^[15]. Nepenthes alata's peristome 2D surface with hierarchical microgrooves and duckbilled microcavities can continuously unidirectional transport liquid to form a slippery liquid film on peristome to capture insects^[25].

Over the past decades, the mechanisms of 1D and

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2D unidirectional liquid transport have been built from the coupling effect of feature microstructures and materials wettability. On 1D nature samples, the driving force of directional liquid transport abilities is mainly ascribed to an unbalanced capillary force formed by anisotropic linear structures, such as conical wire, conical tube, or wedged corner. On 2D unidirectional transport surface, periodic micro-nano structure array results in anisotropic liquid spreading and pinning effect to form a unidirectional transport with much higher speed and longer distance.

Significant progress of bioinspired 1D and 2D unidirectional liquid transport structures has been made, such as the bioinspired design of 1D directional transport with spindle knots wire, cone array surface, and hierarchical cones structure^[26–28], and 2D directional transport with inclined pillar arrays surface and *Nepenthes* peristome mimetic surface^[29,30]. Various applications have also been realized in diverse fields, such as water collection, oil/water emulsion separation, microreactors, and microfluidics^[31–33]. Moreover, with the new development of smart materials, the control of liquid transporting in 1D and 2D are presented by adjusting feature structures or surface wettability under the control of temperature, light, magnetism, *etc* ^[31,34,35].

The purpose of this paper is to provide a summary of researches in bioinspired unidirectional liquid transport in 1D and 2D over the past decades. This review is composed of the illustration of two aspects based on 1D and 2D, where each aspect is organized with four parts, including a description of natural samples, underlying mechanisms, bioinspired design and fabrication, and potential applications. Finally, a perspective has been given for the future exploration of bioinspired unidirectional liquid transport.

2 Different types of unidirectional liquid transport in nature

2.1 1D unidirectional liquid transport in nature

In nature, various samples with different surface structures and material properties exhibit 1D unidirectional liquid transporting ability, which can deposit water from fog or pump up water against gravity. When spider silks are placed in mist, the silk contracts under humidity and changes into a wire with periodically

connected spindle knots and slender joints, where each slender joint and spindle knot creates a conical structure with gradually increased surface roughness and enlarged diameter from 41.66 μ m \pm 8.3 μ m to 130.86 μ m \pm 11.1 µm^[19]. With these conical structures, the deposited water droplets on slender joints could be intermittently and unidirectionally transported to spindle knots, then aggregates into a large water droplet (Fig. 1a). To effectively collect water in deserts, cactus evolves a hierarchical structure with long sharp conical spines and small conical barbs at the tip of these spines^[20]. The fog firstly deposits on small conical barbs and directionally moves to barb root. With accumulated water from various barbs, a larger droplet appears at the tip of the conical spine and eventually directionally transported to the spine root for cactus's water harvesting. Apart from the directional flow of liquid on the outside surface of spider silk and cactus spine, shorebird beaks with a wedged shape corner can unidirectionally elevate water between its inner surfaces (Fig. 1b)^[17]. For the directional liquid transport on spider silks, cactus spines, and shorebird beaks, their transporting speed normalized to the structure size is at tens to hundreds of unit length per second. To create a higher transporting speed, a novel surface liquid adjusting strategy is needed.

As a typical tropical plant, Sarracenia Sp.'s trichomes demonstrate a strong unidirectionally transporting ability with speed about two orders of magnitude faster than on the cactus spine (Fig. 1c)^[24]. The trichome has a sharp conical shape with its surface covered by two-level high-low microgrooves. Its unidirectional liquid transport process can be divided into two modes, Mode I and Mode II. Mode I is similar to the water droplet transporting on spider silk and cactus spine, where deposited droplet directionally moves from trichome tip to root. Unlike the droplet moving entirely to root on spider silk and cactus spine, a thin water film is left on the trichome surface by the capillarity of microgrooves. With this thin water film, Mode II forms with directional liquid transport at an astonishingly ultrafast speed of $\sim 11738 \ \mu \text{m} \cdot \text{s}^{-1} \pm 715 \ \mu \text{m} \cdot \text{s}^{-1}$. Such unique conical structure with hierarchical microgrooves gives profound inspirations for bioinspired ultrafast 1D unidirectional liquid transport. The structural and material features of natural 1D unidirectional liquid transport are



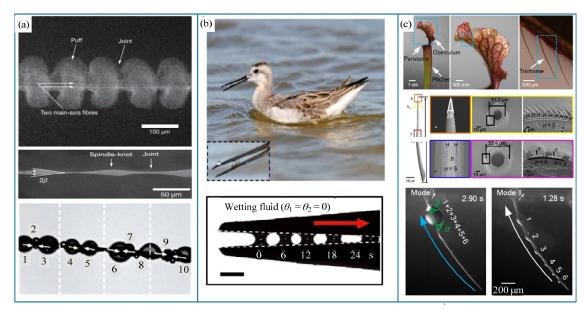


Fig. 1 (a) On spider silk, water droplets deposited from fog unidirectionally aggregate to spindle knots (reproduced from Ref. [19] with permission). (b) The wedged corner formed by shorebird beaks can directionally lift water against gravity for its water feeding (reproduced from Ref. [17] with permission). (c) With unique surface liquid adjusting effect, ultrahigh-speed liquid directional transport appears on *Sarracenia* trichomes (reproduced from Ref. [24] with permission).

listed in Table 1. Their anisotropic 1D structures like conical or wedged shape are critical for liquid directional transport, and the hierarchical micro-nano structures and materials characteristics covering the surface could also greatly affected its transporting performance.

2.2 2D unidirectional liquid transport in nature

Liquid unidirectional transport on 2D surfaces is another interesting phenomenon in nature. Compared to 1D directional liquid transport in small and separated droplets, 2D directional transport on surfaces could have a continuous transport with a much higher volume transporting rate. Desert beetles, Stenocara sp., in Southern Africa can harvest fog with its back, which is covered by intermittent hydrophilic and hydrophobic areas. During the deposition, the fog droplets hit the hydrophobic area keep directionally flowing to the hydrophilic area (Fig. 2a), which finally aggregates into large droplets for its water feeding^[15]. Compared to the gradient wettability on desert beetle's back, the butterfly wings with uniform material property has an asymmetric ratchet structure formed by micro-nano periodic stacked cuticle lamellae (Fig. 2b). The surface exhibits directional dependent water rolling-off angles, where coalesced droplets on wings are much easier to directionally

roll to outward than to inward of wings^[23].

As a carnivorous plant, the peristome of *Nepenthes* is super slippery for insects capturing by covering a thin layer of water on the surface. To maintain such super slip, the peristome surface has evolved a strong unidirectional liquid transporting ability that can continuously transport liquid from the peristome inside to outside with speed up to \sim 78 mm·s⁻¹ (Fig. 2c)^[25]. The surface is uniformly superhydrophilic and covered by two-level hierarchical micro-grooves with duckbilled microcavities regularly aligned at groove bottom. Coupling the material property and unique micro hierarchical structures, water in microgrooves can be effectively blocked in backward and continuously climbs forward, and finally creates unidirectional liquid transport with continuous, long-distance, and high-speed superiorities. These natural samples provide significant prototypes for 2D directional liquid transport studies. Apparently, these 2D natural samples' directional liquid transporting ability is strongly related to their micro-nano surface structures and materials properties. The detailed comparison of 1D and 2D natural unidirectional liquid transport are listed in Table 1. Compare to directionally move liquid with external energy, the directional liquid transport on natural samples occurs spontaneously



Structure type	Nature samples	Unidirectional transport mechanism		Contact Angle (CA)	Transport speed	Ref.
1D	Spider silk	Conical structure	Linear gradient wettability	< 90°	\sim 0.148 mm·s ⁻¹	[19]
	Cactus spine	Conical structure	Linear gradient wettability	$113.3^{\circ} - 126.5^{\circ}$	$\sim\!\!0.047~mm\!\cdot\!s^{-1}$	[20]
	Shorebird beak	Wedged structure			${\sim}10~mm{\cdot}s^{-1}$	[17]
	Sarracenia trichomes	Conical structure		$\sim 48^{\circ} - 65^{\circ}$	${\sim}11.7~\text{mm}{\cdot}\text{s}^{-1}$	[24]
2D	Desert beetle's back	Surface gradient wettability (chemical composition)				[25]
	Butterfly wings	Surface gradient wettability (anisotropic structure)		$151.3^{\circ}\pm0.4^{\circ}$		[23]
	Nepenthes alata's peristome	Gradient Taylor rising & edge pinning effects		$\sim 0^{\circ}$	${\sim}78~\text{mm}{\cdot}\text{s}^{-1}$	[15]

Table 1 Typical nature samples with 1D or 2D unidirectional liquid transport

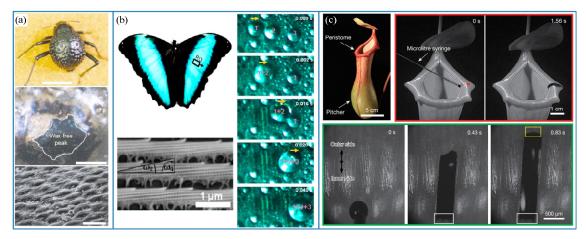


Fig. 2 (a) Desert beetle's (*Stenocara sp.*) back demonstrates 2D unidirectional liquid transport with liquid aggregating from the hydrophobic area to the hydrophilic area (reproduced from Ref. [15] with permission). (b) Anisotropic structures on butterfly wings (*M. deidamia*) lead to directional liquid transport during the droplets coalescing (reproduced from Ref. [23] with permission). (c) The peristome of *Nepenthes alata* exhibits a strong 2D directional liquid transport with high speed and long-distance properties (reproduced from Ref. [25] with permission).

without any energy input, which makes it an ideal prototype for green energy applications^[36–38]. To effectively apply such natural directional liquid transport, it is critical to reveal the micro-nano liquid-solid interacting effect under 1D and 2D unidirectional liquid transport.

3 Bioinspired 1D unidirectional liquid transport

With detailed micro-nano interfacial liquid movement characteristics, the underlying mechanisms on natural samples with 1D directional liquid transport have been revealed. By extracting their feature structure and material properties, various bioinspired 1D unidirectional liquid transport structures have been designed and several fabrication methods have been introduced. Their applications in fog harvesting and oil/water emulsion separation are presented, and the utilization of smart materials on 1D directional transport structures to re-

gulate liquid transporting performances are discussed.

3.1 Mechanisms of 1D unidirectional liquid transportation

The movement of a liquid droplet on the 1D structure is driven by unbalanced forces at opposite sides of a droplet, which can be generated by the geometric gradient or chemical gradient of the material surface. For spider silks and cactus spines, the unbalanced force derives from the Laplace pressure difference induced by their anisotropic 1D conical structure. When droplets flow on the outer surface of a cone spine, the Laplace pressure difference ΔP_{Out} can be expressed as:

$$\Delta P_{\text{Out}} = -\int_{z_1}^{z_2} \frac{2\gamma}{(r+R_0)^2} \sin \alpha dz,$$
 (1)

where α is the half-apex angle of the cone, r the local mean radius of cone at liquid droplet, R_0 the drop radius,



 γ the surface tension, and z_1 and z_2 are the rear and front position of a droplet at the axis of a cone (Fig. 3a)^[39]. Under such an unbalanced force, the liquid droplet continuously and directionally moves towards the direction of the increasing radius of curvature, *i.e.* from cone tip to root. Unidirectional liquid transport also occurs in the inner surface of a cone tube. Its Laplace pressure difference $\Delta P_{\rm In}$ can be described as:

$$\Delta P_{\rm ln} = 4\gamma \left[\frac{\cos(\theta - \alpha)}{z_2 \alpha} - \frac{\cos(\theta + \alpha)}{z_1 \alpha} \right], \tag{2}$$

where θ is the contact angle of liquid^[40]. Its transport direction is based on surface wettability, *i.e.* liquid droplet transports to the tip side in a hydrophilic tube and to the root side in a hydrophobic tube (Fig. 3b). This directional transport mechanism can also be applied on liquid droplet directional transport between a wedged-shaped corner, such as shorebirds beaks^[41], hairs of Chinese brushes^[42], or setae of water striders^[43].

The gradient wettability is another driving force for liquid droplets. On a gradient wetting surface, liquid droplet forms a smaller contact angle at the more wettable side and a larger contact angle at the less wettable side, which are presented as θ_A and θ_R , respectively. The unbalanced wetting force generated at the contact line is:

$$F = \int_{l_{a}}^{l_{\text{Front}}} \gamma(\cos \theta_{A} - \cos \theta_{R}) dl, \qquad (3)$$

where $l_{\rm Front}$ and $l_{\rm Rear}$ are the contact line length of the liquid droplet at the front and rear edges, respectively (Fig. 3c)^[44,45]. Based on Eq. (3), liquid tends to move from a less wettable area to a more wettable area on gradient energy surface. Such gradient wettability can be generated either by gradient surface chemical composition^[44,45] or gradient surface roughness^[46–48]. In particular, the impact of surface roughness is strongly related to liquid contact states. When liquid contact in Wenzel state, the surface roughness's impact on contact angle can be described as:

$$\cos \theta_{\scriptscriptstyle W} = \mu \cos \theta, \tag{4}$$

where μ is the surface roughness ratio, θ and θ_W are the intrinsic contact angles and apparent contact angles^[49]. For contact in Cassie-Baxter state, the apparent contact angle of Cassie-Baxter state θ_C is:

$$\cos \theta_C = \sigma_1(\cos \theta + 1) - 1,\tag{5}$$

where σ_1 is the fractional surface area of the rough substrate^[50]. Based on Eqs. (4) and (5), a surface with gradient roughness could create different contact angles at opposite sides of the liquid droplet, where such unbalanced surface tension could directionally move the droplet. This gradient wettability strategy could combine the anisotropic structures to further enhance the directional liquid transport performance, such as spider silks and cactus spines with gradient roughness on their cone's surface.

Different from the gradient roughness on spider silks or cactus spines, the conical shape *Sarracenia* trichomes are covered with high-low microgrooves, which creates complex liquid flowing states with extremely high directional transporting speed. On a dry trichome, liquid spreading sequentially comes in three states from liquid base front filling, to base following filling, and to top major filling, referred as Mode I (Figs. 4a and 4c, left). The liquid spreading distance in Mode I at time *t* is determined by:

$$d_i = D_i \sqrt{\frac{a\gamma}{\eta}} t, \tag{6}$$

with i = 1 - 3, respectively, where D_i is the geometrical coefficients of the three different microchannels, η the liquid dynamic viscosity, and a the width of the minor base microchannel. After the liquid in Mode I spreads to the trichome root, the trichome surface is left with a thin stable liquid film in low microgrooves, where high microgrooves protrude the liquid film surface and form convex meniscuses. Thus, the solid trichome can be regarded as a liquid cone covered with liquid microgrooves (Figs. 4b and 4c, bottom, middle). Such structure and material peculiarities lead to extremely high wettability for liquid droplets and super-slippery for droplet sliding. The following deposited liquid droplets then form an ultrafast directional liquid transporting speed to be about 20 times faster than Mode I and about three orders of magnitude faster than the cactus spine, referred as Mode II (Fig. 4c, right). The liquid transport distance in Mode II at time t can be described as:

$$d_3^{(s)} = D_3^{(s)} \sqrt{\frac{a\gamma}{\eta}} t, (7)$$



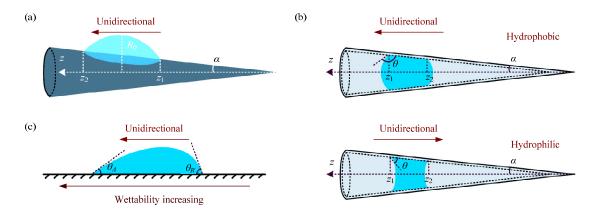


Fig. 3 Mechanisms of 1D unidirectional liquid transport. (a) Liquid directionally transports to the root on the outside surface of a cone with a half-apex angle of α . R_0 is the diameter of the liquid droplet. z_1 and z_2 are the rear and front edges of the droplet in the z direction. (b) Liquid directionally moves to the root in a hydrophobic cone tube and to the tip in a hydrophilic cone tube. θ is the contact angle. (c) Gradient surface energy induces liquid to directional transport to the wettable side.

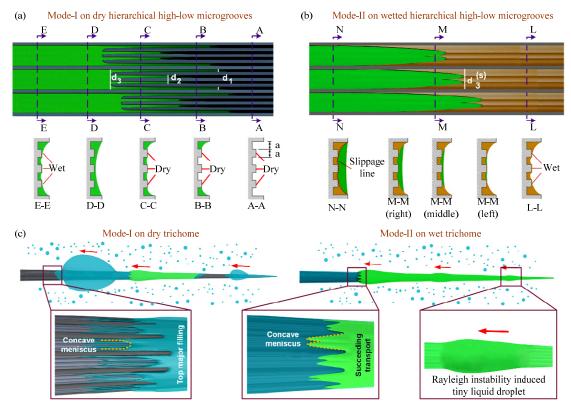


Fig. 4 Mechanisms of ultrafast 1D unidirectional liquid transport. Mode I (a) and Mode II (b) directional liquid transport on dry and wetted hierarchical high-low microgrooves, respectively. (c) Left shows the Mode I that liquid directional transports to root on dry trichome, and a layer of thin liquid film is left in hierarchical microchannels. With the totally wetted surface, an ultrafast liquid unidirectional liquid transport appears, and the liquid transport turns into Mode $II^{[24]}$.

$$D_3^{(s)} = \sqrt{\frac{2\varepsilon_{H/h}\cos\theta + n(\cos\theta - 1)}{n\varepsilon_{H/h}\beta_3^{(s)}}},$$
 (8)

where $D_3^{(s)}$ is the geometrical coefficient of the major convex meniscus, $\varepsilon_{H/h} = (H - h)/a$ the coefficient of

the rib height difference in the microchannel, θ the contact angle of liquid, and $\beta_3^{(s)}$ the dimensionless flow resistance under flow boundary conditions^[24].

Based on these theories, several strategies could be used to adjust the 1D liquid directional transporting



performances, i.e. the anisotropy strength and the directional transporting speed. On the 1D conical structure, higher surface wettability and larger cone apex angle could provide stronger Laplace pressure, thus, enhance the liquid directional transporting speed. Such performance could be further increased with gradient surface wettability from either gradient chemical composition or gradient surface roughness. On Sarracenia trichomes, the ultrafast liquid directional transport resulted from the high-low microgrooves could be affected by the height of their sidewalls, where higher sidewalls for low- microgrooves and larger height differences between highlow microgrooves both could lead to faster liquid transporting speed. With these principles, the design of 1D unidirectional liquid transporting structures can be optimized and the adjusting of liquid transporting performance could be realized.

3.2 Bioinspired design and fabrication of 1D unidirectional liquid transportation

Based on the natural samples' characterization and mechanisms revealing, conical or wedged-shaped structures and surface gradient wettability are extracted to be the two key factors for 1D unidirectional liquid transportation. Various spindle knots wires or long sharp cones are designed to mimic the shape of spider silks or cactus spines. Several gradient wettability modification methods have been introduced to cooperate with the feature structures to further enhance the 1D directional transport effect. In this section, these fabrication methods have been listed and their advantages and disadvantages have been compared.

3.2.1 Spindle knots structure fabrication

As one main type of 1D unidirectional liquid transport structure, spider silk inspired spindle knots wire can be fabricated by various methods, including dip-coating^[26,51], microfluidics^[52–54] and chemical gradient erosion^[55]. By drawing out fibers from solution with coating materials, a thin layer of solution is deposited on it and then spontaneously breaks into numerous droplets with uniform gap distance under Rayleigh instability (Fig. 5a)^[26]. After the evaporation of the solvent, coating materials in droplets dissolve out and form equidistance spindle knots on the fiber with a shape like

spider silks, which exhibits a remarkable 1D unidirectional liquid transporting ability. By choosing different coating materials, such as poly(methyl methacrylate) (PMMA), poly(vinyl acetate) (PVAc), polystyrene (PS) and poly(vinylidene fluoride) (PVDF), the surface energy of spindle-knots can be adjusted to control the liquid transporting speed on the wire^[52–54]. To *in-situ* control the structure size of spindle knots wire, a microfluidic technique integrating three coaxial fluids is introduced with processes including microfiber joint spinning, fluid coating, and knot emulsifying, which can continuously produce spindle knots wire (Fig. 5b). By controlling the flow rate of these three fluids, the size and spacing of spindle-knots can be precisely adjusted to control the liquid directional transporting ability^[53]. Due to the short gap distance between spindle knots on spider silks, its directional liquid transporting distance is limited to half-length of spindle knots. Therefore, a gradient spindle knots fiber is promoted by tilt dip-coating methods (Fig. 5c) to stronger directional transporting ability, where the deposited water drops can be continuously driven from small knots to large knots with distance in millimeter-scale, much longer than spider silk's micrometer scale^[55].

3.2.2 Conical structure fabrication

As another dominant 1D unidirectional liquid transport structure, the cactus spine inspired cone structure has a length of several centimeters, which is much longer than spindle knots of spider silks and could promote much longer directional and constant liquid transport distance. A single long cone can be easily achieved by a gradient chemical etching method, where a metal wire or polymer fiber is drawn out from corrosive acid or organic solvent at a constant speed (Fig. 6a)^[39]. By controlling the electric current in the electrochemical etching process, a designed integrating tapered wire can be achieved with continuous directional water transporting ability^[56]. A star-shaped hydrophilic pattern can be fabricated with patterned UV exposure, where its sharp wedged edges can directionally aggregate fog more efficiently than round edges^[57]. Tree-shaped hydrophilic with hierarchical wedged edges can be fabricated by laser writing method, which demonstrates continuous directional transporting ability



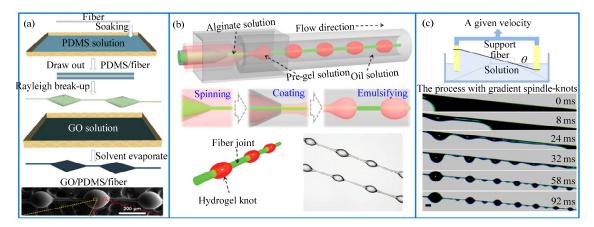


Fig. 5 (a) Fabrication of spindle knots wires with the dip-coating method. After coating a wire with a layer of PDMS liquid film, the film spontaneously turns into uniformly spaced spindle knots under the Rayleigh instability effect (reproduced from Ref. [26] with permission). (b) Continuous fabrication of spindle knots wires with microfluidics techniques (reproduced from Ref. [53] with permission). (c) To achieve longer directional liquid transport, gradient sized spindle knots are introduced with the tilted dip-coating method (reproduced from Ref. [55] with permission).

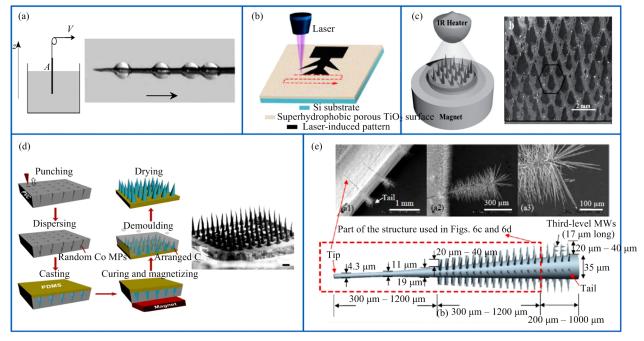


Fig. 6 (a) A long cone wire can be achieved by gradient etching method with a wire gradually pulled out from the etching solution (reproduced from Ref. [39] with permission). (b) Hydrophilic hierarchical wedged pattern with superhydrophobic periphery fabricated by laser writing method (reproduced from Ref. [58] with permission). (c) Utilizing the unique topography of ferrofluid under the magnetic field, cone array can be rapidly fabricated with uniform height and spacing (reproduced from Ref. [59] with permission). (d) Cone array replicates from conical cavities fabricated by sharp needle punching (reproduced from Ref. [27] with permission). (e) A hierarchical micro-nano cone structure is fabricated by the Vapor-solid method (reproduced from Ref. [60] with permission).

with liquid moving from small to large wedges (Fig. 6b)^[58]. To enhance the 1D directional liquid transport performance, surfaces with cone array are introduced to simultaneously transport liquid droplets on multiply cones. Using prepolymer (*e.g.* polydimethyl-

siloxane (PDMS)) as a carrier fluid, a uniform cone array surface can be attained by solidifying ferrofluid under a static magnetic field, which is more suitable for large-area production (Fig. 6c)^[59]. The cone array can also be achieved by easy polymer replication with a cone



cavities mold, which can be fabricated by mechanical processes such as needle stabbing or laser punching on substrate (Fig. 6d)^[27]. Inspired by the hierarchical cone structure from cactus spine, branched ZnO nanowire with hierarchical micro-nano cone is introduced by Vapor-solid deposition method to successively grow first-level stem cone and second-level nano branched cones. It shows even stronger 1D unidirectional liquid transporting ability than cactus spine (Fig. 6e)^[60].

3.2.3 Integration of surface gradient wettability and conical structure

The surface gradient wettability is another driving force for 1D unidirectional liquid transport. However, it induced driving force is relatively weak compared to the Laplace pressure difference on conical structures that the motion of droplet can be easily blocked by surface defects due to the contact line hysteresis effect. Thus, the gradient surface wettability usually works as an auxiliary for 1D conical structures to enhance directional liquid transporting ability^[61], which can be created by gradient surface roughness or gradient chemical composition. The gradient roughness can be self-formed by the dip-coating method during the gradient volatilization of solvents on spindle knots wire^[26,52,54]. The gradient chemical composition can be achieved by gradually withdraw a wire from the surface grafting solution (Fig. 7a)^[28]. The gradient chemical modification can also be achieved by graphite oxidation, where a gradient electric field forms between a large graphite cathode and a small copper anode (Fig. 7b)^[62].

With these fabrication methods, the spider silk and cactus spine inspired 1D liquid directional transporting structures could be achieved and their directional transporting performances vary largely. Since the conical structure on the spindle knot wire is short, its liquid directional transporting distance is limited to about several hundred micrometers and the speed is relatively slow to about hundreds of millimeters per minute. On the gradient spindle knot wire, liquid droplets could form another level of directional transport between the gradient adjacent knots, thus the directional transporting distance and speed could be largely enhanced to several millimeters and hundreds of millimeters per second, respectively. Compare to the knots formed single wire

structure, the cones are more easily to be designed and fabricated into arrays, which helps form directional liquid transport with a higher transport volume rate.

4 Bioinspired 2D unidirectional liquid transport

This section summarizes the underlying mechanisms of 2D unidirectional liquid transport on surfaces under the cooperative effect of featured 2D micro-nano structures and surface material properties. Based on these mechanisms, various bioinspired 2D directional liquid transport surfaces have been designed and fabricated. Their applications in microfluidics, biomedical devices, and continuous oil/water separation have been presented. With the emergence of all kinds of smart materials, the regulations of 2D liquid transport in directional guiding, transporting speed, and liquid merging are discussed.

4.1 Mechanisms of 2D unidirectional liquid transportation

2D unidirectional liquid transport can also be triggered by gradient surface wettability, similar to the directional liquid transport in 1D as presented in section 3.1 and Fig. 3c. Due to the different surface energy on hydrophilic and hydrophobic areas, liquid tends to expand on the hydrophilic area and retract on the hydrophobic area, eventually forms the directional liquid transport. Such directional liquid transport can hardly create long-distance transport as the gradient of wettability decreases with the increase of distance. Fortunately, on butterfly wings, the periodically inclined cuticle lamella formed asymmetric array structures could generate a much longer directional liquid transport distance. Inspired by the butterfly wings' asymmetric structures, inclined pillar arrays surface has been introduced to create long-distance 2D directional liquid transport, where liquid spreads to the pillar inclined side and stops at the opposite side. The spreading of liquid results from that the liquid contact line continuously reaches adjacent pillars to form successive spreading, and this only happens when liquid intrinsic contact angle θ_0 is smaller than the critical angle $\theta_{cr} = \tan^{-1}(H_{\text{eff}}/l_{\text{eff}})$, where H_{eff} and l_{eff} are the effective height and length of pillars, respectively (Fig. 8a). For inclined pillar arrays



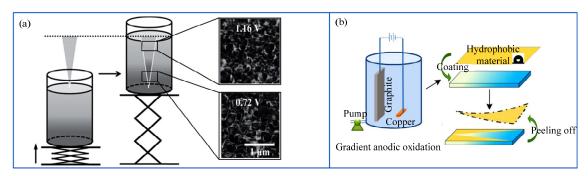


Fig. 7 (a) Surface gradient chemical modification by gradually withdrawing cone from surface grafting solution (reproduced from Ref. [28] with permission). (b) Surface chemical modification with graphite oxidation. The gradient wettability is formed by the varied distance from anode and cathode (reproduced from Ref. [62] with permission).

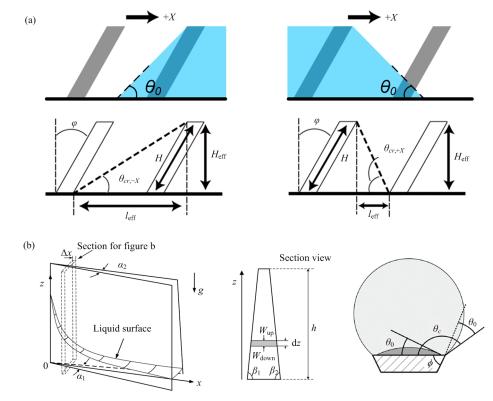


Fig. 8 (a) The mechanism of 2D unidirectional liquid transport induced by an inclined pillar array. The capillary attraction in pillar inclined direction is higher than in the opposite direction and leads to the directional transport of liquid (reproduced from Ref. [63] with permission). (b) On *Nepenthes* peristome surface, the liquid is dragging forward by gradient capillary rise effect from the duckbilled cavities and pinned backward by edge pinning effect (reproduced from Ref. [25] with permission).

surface, two critical angles can be defined as in pillar inclined direction $\theta_{cr,+X}$ and the opposite direction $\theta_{cr,-X}$, which can be presented as:

$$\begin{cases} \theta_{cr,+X} = \tan^{-1} \frac{(H/L)\cos\varphi}{1 - (H/l)\sin\varphi} \\ \theta_{cr,-X} = \tan^{-1} \frac{(H/L)\cos\varphi}{1 + (H/l)\sin\varphi} \end{cases}$$
(9)

where H, l, and φ are pillar height, pillar spacing, and inclined angle φ , respectively^[63]. Only with $\theta_{cr,-X} < \theta_0 < \theta_{cr,+X}$ can the liquid be dragged forward to pillar inclined direction and pinned in opposite direction, which eventually forms 2D unidirectional liquid transporting.

The 2D unidirectional liquid transport on *Nepenthes* peristome is composed of two liquid adjusting



effects, *i.e.* liquid capillary rising in the forward direction and edge pinning in the backward direction. In the forward direction, the hydrophilic duckbilled arch and microgroove bottom form a microcavity with a sharp wedge corner angle to generate the capillary dragging force. This liquid dragging force can be quantified as the capillary rising height at the intersecting corner of two vertical placed plates with intersecting corner angle α . For two plates with constant α , the capillary rise height at position x, $H_e(x)$, can be described as:

$$H_e(x) = \frac{2\gamma \cos \theta}{\rho g x \alpha},\tag{10}$$

where γ , ρ , θ , and g represent the surface tension, the liquid density, the liquid contact angle, and the gravitational constant, respectively^[64,65]. However, the microcavities on *Nepenthes* evolve further beyond this model to a gradient wedge angle, which can be presented as a gradient capillary rise with bottom α_1 shrinking to top α_2 (Fig. 8b, left). The gradient capillary height $H_e(x)$ can be presented as:

$$H_e(x) = \frac{2\gamma \cos \theta}{\rho g x \alpha_1} + \frac{\alpha_1 - \alpha_2}{\alpha_1 h} \frac{4\gamma^2 \cos^2 \theta}{\rho^2 g^2 x^2 \alpha_1^2},$$
 (11)

where h is the height of the intersecting plates^[25]. Since the surface is superhydrophilic with θ close to 0° and $\alpha_1 > \alpha_2$, $H_e(x)\big|_{\alpha_1 > \alpha_2}$ is larger than $H_e(x)\big|_{\alpha_1 = \alpha_2}$, which indicates these microcavities with shrinking corner on *Nepenthes* peristome can generate stronger capillarity than that with a uniform corner, to drag liquid transport forward with higher speed.

In the backward direction of *Nepenthes* peristome, the blocking of liquid is another critical factor for unidirectional liquid transport. In each second-level microgroove, the duckbilled arch of microcavity owns a sharp edge with a sectional angle of ~5°. This sharp edge can form the Gibbs inequality condition (Fig. 8b, right), and the equilibrium contact angle θ at edge remains in a range of

$$\theta_0 \le \theta \le \theta_C,$$
 (12)

where θ_0 is the intrinsic contact angle of the surface, θ_C the critical contact angle when liquid spreads spontaneously down the edge^[66]. θ_C is defined by the edge sectional angle ϕ , where $\theta_C = 180^{\circ} - \phi + \theta_0$. When liquid

flows backward and meets the duckbilled arch edge, this sharp edge creates a large critical contact angle θ_C to effectively block liquid flowing backward even the material is superhydrophilic. Combining the strong liquid capillary effect in the forward direction and sharp edge pinning effect in backward, the unidirectional liquid transport on 2D surfaces is generated on *Nepenthes* peristome with continuous, long-distance, and high-speed peculiarities.

With these mechanisms, the 2D directional transporting performance can be adjusted by tuning the feature structures or surface material wettability. Basically, to let the liquid spreading on a surface, the hydrophilicity of the surface is always necessary. On inclined pillar arrays surface, a higher pillar inclined angle can increase the forward spreading speed and backward pinning ability. Denser pillar array could also increase the forward spreading speed but may fail the backward pinning and result in bidirectional spreading. For Nepenthes peristome mimetic surface, smaller channel width and sharper duckbilled arch can form higher liquid capillarity in the forward direction, which could lead to faster directional liquid transport. These liquid adjusting strategies could give clearer design principles for 2D unidirectional liquid transport.

4.2 Bioinspired design and fabrication of 2D unidirectional liquid transportation

Based on the origin of liquid driving and pinning forces, 2D directional liquid transport from natural sample surfaces can be classified into three types, including patterned wettable surfaces, inclined pillar arrays surfaces, and *Nepenthes* peristome mimetic surfaces. Based on these nature samples, various bioinspired 2D directional liquid transport surfaces have been designed, and many micro-nano manufacturing processes have been developed for their application. By adjusting the material properties or featured structures, their influences on unidirectional liquid transporting performance have been thoroughly compared and their underlying mechanisms have been validated.

4.2.1 Gradient and patterned wettability surfaces

Under the inspiration of desert beetle's back, 2D directional liquid transport surfaces with gradient



chemical composition can be fabricated with similar methods as described on 1D structures in section 3.2.3. By specially designing the gradient wettability on surfaces, the regulations of liquid transport can be realized, such as unidirectional transporting droplets or merging two droplets (Fig. 9a)^[67]. Garrod *et al.* reports a two-step plasmachemical methodology and fabricated a patterned superhydrophobic-superhydrophilic with fog condensing ability^[68]. Zhai et al. have fabricated a patterned wettability surface by micropipetting hydrophilic solution droplets onto a superhydrophobic substrate^[69]. Apart from gradient surface chemical composition, surfaces with gradually deformed microstructures can also create gradient wettability for 2D directional liquid transport, e.g. micro-channels with gradually increased channel width (Fig. 9b)^[70], radially distributed microstrips with gradually enlarged stripe spacing (Fig. 9c)^[71], or radially distributed micro pillars^[72].

By configuring periodical micropatterns onto a surface, patterned wettability can be achieved to realize a more complex control of 2D liquid flowing. As shown in Fig. 9d, a directional liquid transport surface is created with an asymmetric 2D water barrier pattern, achieved by computerized drawing hydrophobic oil ink lines on a hydrophilic substrate. The pattern is designed with a channel formed by two parallel lines to restrict the flow of liquid, and periodic wedged corners formed by shorter lines to make the liquid flow directional dependently^[73]. Due to the different contact line lengths in opposite directions formed by the hydrophobic wedged corners, asymmetric liquid flowing resistance is created to form directional liquid flow. Based on this method, various patterns are carried out for liquid transport regulation, such as liquid sequentially flowing at an intersection by drawing wedged corners with different angles, or liquid directionally flowing in a circular or zigzag-shaped pattern. Similar to periodically arranged wedged corners, arrow-shaped pillar arrays can also be used to regulate liquid transport (Fig. 9e). With different arrowheads position and direction, the liquid can be controlled to transport in the forward direction or lateral direction^[74]. Since such patterned wettability has a periodical feature, its directional liquid transport performance is homogenous and can be achieved on any part of the surface. which makes it is more suitable for large-area applications than gradient wettability surface.

4.2.2 Inclined pillar arrays surfaces

Based on the mechanism of inclined pillar arrays induced liquid directional transport, several designing and fabricating methods have been introduced for 2D unidirectional liquid transport. As shown in Fig. 10a, the nanopillar arrays surface is firstly fabricated by project lithography and high aspect ratio etching. Then, the inclination of nanopillars is formed by golden film sputtering with different tilting angles^[63]. Another more convenient method to achieve inclined pillar arrays surface is to replicate pillar arrays from a cavity arrays mold and bend these pillars under external pressure to form uniform inclination^[75]. By replicating with temperature response and shape memory material, the pillar inclination can be adjusted under different times of reheating process (Fig. 10b). The ferrofluid can also create inclined pillar arrays surface by placing under a tilted magnetic field. Using pre-polymer as the substance of ferrofluid, the inclined pillar arrays can be solidified and fixed^[76], and the pillars inclined angle is tuned by changing the tilted angle of the magnetic field (Fig. 10c). This method is very suitable for rapidly and large-area fabrication of controllable inclined pillars surface.

On these inclined pillar arrays surfaces, liquid directional transporting performance is strongly affected by the structural features of pillars, including material contact angle, pillar inclined angle, and pillars density. With a larger pillar inclined angle, the liquid directional transporting ability on bioinspired surfaces increases. Smaller contact angle or higher pillars density also leads to higher transporting ability, but they also may result in bi-directional transport based on Eq. (9). Thus, the directional liquid transport on inclined pillar surfaces is always limited to a relatively slow speed of ~1 mm·s⁻¹.

4.2.3 Nepenthes peristome inspired surfaces

Nepenthes peristome inspired surfaces have attracted wide attention since its transport speed and distance are much higher than the patterned wettable surface and inclined pillar arrays surface. The easiest way to achieve a Nepenthes peristome mimetic surface is by replicating from the natural Nepenthes peristome samples. After modifying the mimetic surface into



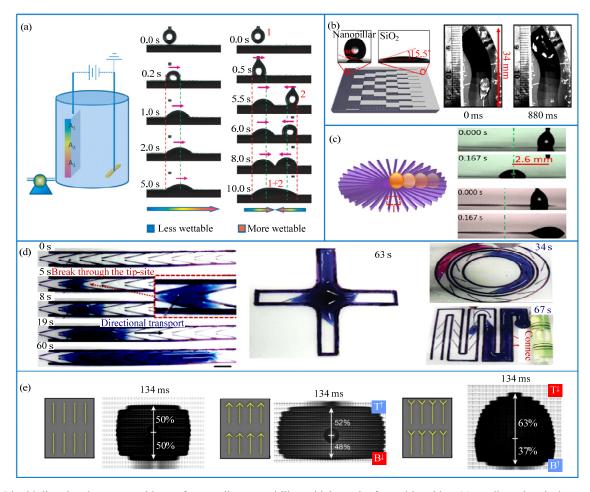


Fig. 9 Liquid directional transported by surface gradient wettability, which can be formed by either (a) gradient chemical composition (reproduced from Ref. [67] with permission) or (b, c) gradient surface structures (reproduced from Refs. [70, 71] with permission). Liquid directional transported by patterned surface wettability, which is formed by (d) hydrophobic/hydrophilic pattern (reproduced from Ref. [73] with permission) and (e) anisotropic structure pattern (reproduced from Ref. [74] with permission).

superhydrophilic, 2D unidirectional liquid transport can be achieved on it just as excellent as on Nepenthes peristome^[29,77]. Through microscale characterization of Nepenthes peristome, the anisotropic structural features have been extracted to be microgrooves with microcavities constructed by duckbilled arches at groove bottom. To rapidly and large-area fabricate the microgrooves with microcavities, mold replication is a useful method and many fabrication processes have been carried out^[78,79]. By building the peristome 3D model, bioinspired unidirectional liquid transport surface is replicated from a high-resolution stereo lithography fabricated mold (Fig. 11a)^[80]. Different liquids including water, ethanol and silicon oils, etc. have been tested on this surface, and it shows that only wettable liquid can be unidirectionally transported^[81,82]. Another mold replication is based on the micro-cones array formed by ferrofluid self-assembly $^{[33]}$. By tuning the strength and direction of the magnetic field, the microcavities' inclination, length and shape can be controlled to achieve different inclined pillar arrays surfaces (Fig. 11b). Since the width of these microgrooves (about hundreds of micrometers) are much larger than the natural sample's $\sim 50 \ \mu m$, its capillarity for liquid forward driving is restricted, and the liquid transport speed on the bioinspired surfaces $\sim 1 \ mm \cdot s^{-1}$ is much slower than nature sample's $\sim 78 \ mm \cdot s^{-1}$.

Utilizing semiconductor manufacturing processes, *Nepenthes* peristome mimetic surfaces can be fabricated with featured structure sizes much closer to natural sample, as shown in Fig. 11c. The surface exhibits a strong unidirectional transporting ability with speed as



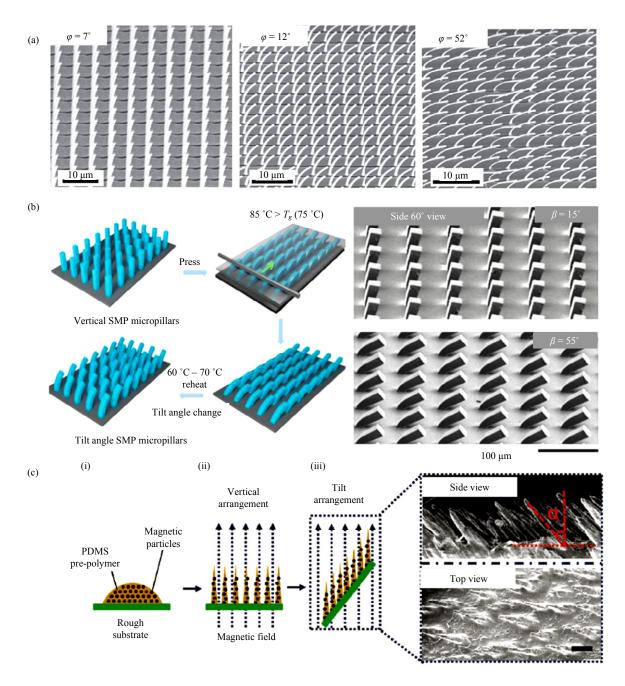


Fig. 10 (a) Nanopillar arrays fabricated by silicon semiconductor processes. The pillars are uniformly bent by the tilted gold sputtering process (reproduced from Ref. [63] with permission). (b) Pillar arrays surface is replicated from cavity arrays mold by temperature response shape memory material. The pillars are firstly bent by external pressure, then the inclination can be adjusted by controlling the time of reheating processing (reproduced from Ref. [75] with permission). (c) The uniform pillar array is self-formed with ferrofluid under a magnetic field. The pillar inclination can be adjusted by changing the direction of the magnetic field (reproduced from Ref. [29] with permission).

fast as $\sim 10 \text{ mm} \cdot \text{s}^{-1}$ and can be easily fabricated into circular or spiral-shaped patterns to guide liquid directional transport^[83]. Another more convenient fabricating method is introduced with two steps inclined photolithography of SU-8 photoresist, *i.e.* tilted exposure to

build inclined arc pits array, and second exposure to build microgrooves to preciously cover these pits (Fig. 11d)^[30]. Liquid flowing characterization shows that both the pit edge curvature and pit inclined angle could affect liquid spreading in the forward direction and



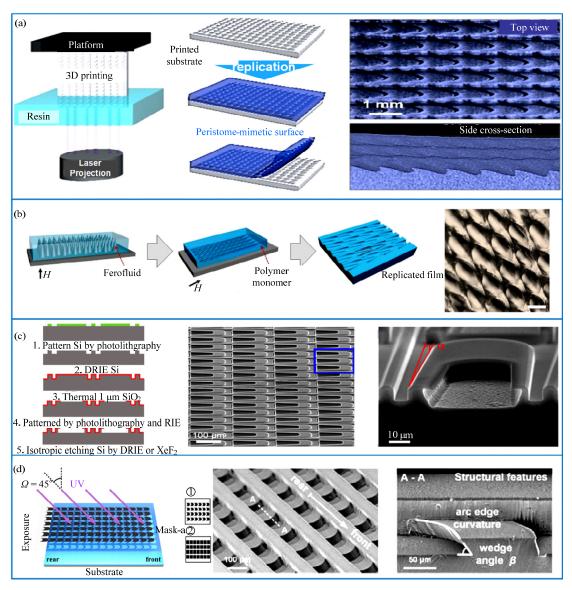


Fig. 11 (a) *Nepenthes* peristome mimetic surface achieved by replication with a natural *Nepenthes* peristome sample (reproduced from Ref. [80] with permission) or a 3D printed mold (reproduced from Ref. [82] with permission). (b) *Nepenthes* peristome mimetic surface *via* replication of an inclined pillar arrays surface formed by ferrofluid (reproduced from Ref. [33] with permission). (c, d) More exquisite *Nepenthes* peristome mimetic surfaces can be fabricated by silicon semiconductor processes or SU-8 photography (reproduced from Refs. [30, 83, 84] with permission).

pinning in the backward direction. By increasing the edge curvature or decreasing pit inclination, the flow of liquid can be tuned from anisotropic spreading to completely unidirectional transport, which provides a structure-based controlled strategy for 2D liquid directional transport^[84]. Owing to the strong capillarity of smaller microgrooves, this bioinspired surface generates a much higher liquid transport speed of ~12 mm·s⁻¹. These bioinspired fabrication methods become the fun-

damental of 2D unidirectional liquid transport applications in various fields.

As listed above, three types of surfaces are designed and fabricated with patterned surface wettability or unique featured structures to perform the 2D directional liquid transporting ability. The patterned wettability surface could be obtained by UV exposure with a patterned mask or drawing oil lines on hydrophilic substrates, which are low-cost and suitable for large-area



fabrication. However, due to their low forward liquid driving force, their directional transporting speed is relatively slow and distance is short. Besides, their forward driving force declines with the pattern size decreases, so that the micro-miniaturization of such patterned wettability surface could result in liquid being unable to transport. On the contrary, smaller structure sizes could lead to better transporting ability on the inclined pillar array surface and Nepenthes peristome mimetic surface, because their driving force is from the featured structures' capillarity. The fabrication of the inclined pillar array surface is easier than the Nepenthes peristome mimetic surface, whose featured structures are hierarchical microgrooves with aligned duckbilled arches at the bottom. Though these complex structures help Nepenthes peristome mimetic surface exhibit the strongest 2D directional liquid transporting performance, its fabrication methods, such as 3D printing and semiconductor manufacturing process, is costly and inappropriate for large-area application. Therefore, the fabricating methods need further development, and nanoimprint lithography with advantages of high precision and low cost could be an effective solution.

5 Application of bioinspired 1D and 2D unidirectional liquid transport

With these creative fabrication methods for bioinspired 1D directional liquid transport structures, their applications have been explored in various fields, such as fog harvesting and oil/water emulsion separation. Utilizing different responsive smart materials, the regulation of 1D directional liquid transport performances can be realized.

5.1 Fog harvesting and oil/water separation

Harvesting water directly from fog has long been considered as a potential water source for dry areas. Previous studies reveal that desert beetle's back can harvest fog with its alternating hydrophilic and hydrophobic regions, where liquid droplets in fog contact and aggregate at its hydrophilic area, and the droplets that contact the hydrophobic area would slip and bounce to the hydrophilic area^[15,45]. However, the slow transporting speed and unseparated droplet covering the surface will restrict further fog deposition and lead to the de-

creasing of fog harvesting rate. Therefore, quick transporting and collecting liquid droplets is critical for efficient fog harvesting. With the spider silks inspired spindle knots wire, deposited liquid droplets can be continuously and directionally transported from joints to spindle knots and spontaneously fall off the wire under gravity for further fog deposition (Fig. 12a)^[52,54]. It shows that larger knots size has stronger unidirectional liquid transporting ability by generating higher unbalanced Laplace pressure, thus fog harvesting rate can be increased ~7 times with spindle knots volume increasing ~4 times. Compared to the spindle knots wire, the long cone structure inspired from the cactus spine can be easily constructed into arrays on a surface to increase the fog-cone surface contacting rate^[85]. The fog harvesting rate on the cone array surface can be ~6 times higher than on a smooth surface. The layout of cones also strongly affects the harvesting rate, where cones arranged in a hexagonal pattern can coagulate fog ~2 times faster than tetragonal pattern by maximizing their contact with fog flow (Fig. 12b)^[85]. To further increases the surface contacting rate with fog flow, the cactus spine with smaller barbs on inspired hierarchical cone structure is an effective solution. By integrating different sized wedges and cones, a hierarchical wedged pattern and hierarchical micro-nano cone can form more trivial contact with fog flow to create higher water collecting rate (Figs. 12c and 12d). The water collection rate of hierarchical micro-nano cone can be ~5 times higher than single cactus spine^[58,60]. On these hierarchical pattern and cones, liquid droplets will gradually aggregate from all these small branches to the main stem and the collecting of water will be much easier.

Similar to the air/liquid interaction in fog harvesting, 1D directional transport can also appear on air bubbles in a liquid environment. Structures including wedged patterns or sharp cones are designed, and the surface is modified into hydrophobic to form stronger bubble adhesion^[86–88]. Under a similar mechanism of 1D directional liquid transport, the bubbles can be directional transport on wedged patterns or cones for air gathering or direction guiding in a liquid environment. Such manipulation of bubbles can be applied in heat transfer, renewable energy, and wastewater treatment.

Oil/water separation is an important topic since it is



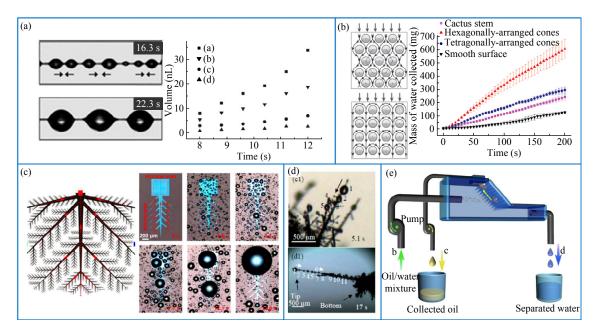


Fig. 12 (a) Fog collection on spindle knots wire. The collecting water volume increases with the knot size (reproduced from Refs. [52, 54] with permission). (b) Different layouts of cone array affect the flow of fog air and lead to different fog-cone contacting rate. The Hexagonally-arranged cone array shows the highest fog collecting speed (reproduced from Ref. [85] with permission). (c, d) Fog harvesting on hierarchical structures, including hierarchical wedged pattern and hierarchical cones (reproduced from Refs. [58,60] with permission). (e) The separation of oil/water emulsion by cone array surface. Scattered oil microdroplets deposit on cones and directionally transport to the substrate, then flows upward by floatage and aggregates into the oil layer at the top of the fluid (reproduced from Ref. [32] with permission).

critical for the oil industry and environmental protection. Normal oil/water separation is based on the phase separation strategy, that oil/water mixture will automatically separate to the upper oil layer and lower water layer by gravity in resting, and then oil/water layers can be separated by flowing the mixture through hydrophobic or oleophobic porous membranes^[89–91]. However, in most cases, the mixed oil/water is in an emulsion state with micro/nano-sized droplets, which is unable to be separated by phase separation strategy. Considering the oil/water phase is similar to the water/air phase, a separation strategy for oil/water emulsion is developed inspired by the fog harvesting ability from cactus spines^[32]. As shown in Fig. 12e, a cone array surface is fixed at an inclined angle. With the continuous spray of oil/water mixtures onto the cone array surface, micro-sized oil droplets are deposited on cones and directionally transported to roots by unbalanced Laplace capillary force. The oil droplets at the roots gather into larger droplets and float up to the upper layer, then, the aggregated upper layer oil is pumped out to utterly separate from water. Such cactus inspired cone array surface

provides a continuous and highly efficient micro-sized oil/water separating strategy, which can be used for two incompatible liquids separation in the chemical industry or even for physiological fluids component separation in the medical field.

5.2 Microfluidics devices

Microfluidics has attracted worldwide attention for decades owing to its potential application in biotechnology and precision medicines. To minimize the size of the device and lower its cost, integrated and easy fabricated microfluidics are always necessary. Normally, the driving force of microfluidics is provided by off-chip modules, such as mechanical pumps, which have disadvantages like large size, pulsed flow, and high power needed. Inspired by the *Nepenthes* peristome, a self-pumped liquid driving system is developed with a tube that its inner surface is covered by peristome mimetic structures. When liquid fills the tube, a thin layer of liquid precursor firstly climbs up along the tube's wall, then bulk liquid gradually elevates and fills the tube. It shows the strongest liquid transporting ability that the



height of its precursor and bulk liquid are both much higher than in microgrooves tube or smooth tube^[92]. When the peristome mimetic tube is inversely immersed into a liquid bath, the structures in the tube provide a strong liquid pinning ability, so that liquid can be utterly blocked at the entrance of the tube. By bending this tube and attaching it to a tank bottom, a microsyringe with a self-pump siphon is fabricated, which can transfer a small volume of liquid under its strong unidirectional liquid transporting ability (Fig. 13a).

As one major work of microfluidics study, micro synthetic reactors can mix a small number of different solutions to produce a chemical reaction, which provides advantages including high energy efficiency, easy control of reaction speed and degree, and easily reproducible unit reactors for mass production. One key issue for designing of microreactor is to make the synthetic reaction controllable, especially the solutions' flowing speed and distribution that need to be regulated. Luckily, the 2D directional liquid transport surface offers a low cost and easy fabricated microreactor developing method. A proof-of-concept Y-shaped microreactor is designed by merging two-arm channels into one main channel covered by Nepenthes peristome mimetic surface^[33]. When two solutions are separately dripping into each arm channels, the solutions spontaneously self-pump along the arm channels, meet at the cross-section, and continuously flow forward in the main channel along sidewalls (Fig. 13b). At the interfaces between two solutions, a chemical reaction occurs accompanied by the color of solutions gradually disappeared. The flow of solutions on the surface can be precisely adjusted by controlling the structural features of the peristome mimetic surface. This simple microreactor with of peristome mimetic surface has integrated various functions including self-pump, mixer and reactor, which provides more exquisite control of synthetic micro-reactor and offers inspiration for lap-on-chip design and fabrication.

5.3 Self-lubricated medical devices

With the growing demand for precision medicine, Minimally Invasive Surgery (MIS) has been highly developed owing to its advantages of small trauma, accurate operation, and quick recovery^[93]. As typical surgical operations in MIS, tissue cutting and blood coagulation

are usually performed with electrosurgical scalpels by electrical heating. This could easily lead to conglutination or tissue debris adhesion on the scalpel surface^[94,95], which both impede the operation of surgery and lead to potential dangers to patients. Lubricants such as silicon oil are usually covered onto the scalpels to prevent the tissue/scalpel adhesion; however, the surface could still dry out after several times of cutting due to the lack of lubricant transporting ability. Inspired from the long-term ultra-slippery liquid film on Nepenthes peristome formed by the 2D directional liquid transport, an electrosurgical scalpel has been designed and fabricated with the surface covered by gradient density micropillars along the center to edge direction^[96], which creates a gradient wettability that could continuously spread lubricant all over the scalpel surface (Fig. 14a). Through living tissue cutting tests, the bioinspired electrosurgical scalpel demonstrates superior anti-adhesion ability and better durability than traditional smooth scalpel (Fig. 14b), where the tissue adhesion force can be reduced ~80% and the amount of adhered tissue debris can be decreased ~88%. Such self-lubricated superslippery surface could also be applied to the shell surface of endoscopy to relieve the friction against tissues.

5.4 Self-lubricated anti-icing surfaces

Ice accretion on engineering surfaces has been a thorny problem for many fields, such as aircraft, wind turbines, and powerlines. Lowering the ice adhesion strength on surfaces can be a reliable way to effectively decrease energy consumption for dynamic anti-icing/de-icing. Inspired by the wet peristome of Nepenthes, Slippery Liquid-Infused Porous Surface (SLIPS) was proposed, and lubricant film spreading in micro-structures endowed the surface with ultra-low adhesion^[6]. As shown in fluorescence images, a thin water film melted at the ice-coating interface works as a lubricant to lower the ice adhesion, leading to the ice block blowing away with the airflow (Fig. 15a)^[97]. Furthermore, by combining slippery lubricant film with electric heating coating, the ice adhesion strength was tremendously reduced to ~3% of flat electric heating coating and ~11% of superhydrophobic electric heating coating (Fig. 15b); The melted water/oil composite lubricant film also effectively reduced



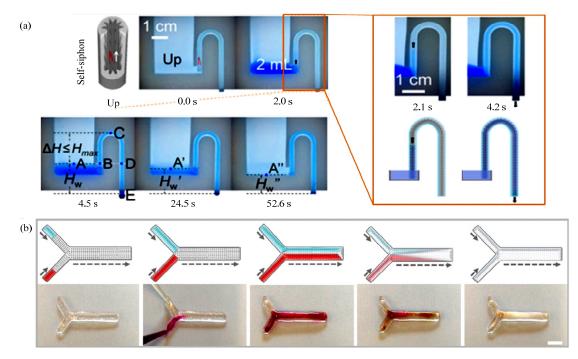


Fig. 13 (a) A self-pumped siphon inspired from *Nepenthes* peristome surface with the liquid directional transporting ability (reproduced from Ref. [92] with permission). (b) A self-pumped microreactor with the *Nepenthes* peristome mimetic surface, which can merge two solvents into a chemical reaction (reproduced from Ref. [33] with permission).

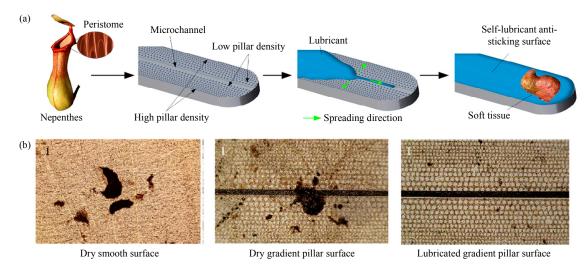


Fig. 14 (a) Electrosurgical scalpel surfaces with gradient density micropillars can continuously transport lubricants to tissue cutting interfaces. (b) Compared to smooth electrosurgical scalpels, the tissue stickiness can be greatly decreased on self-lubricated electrosurgical scalpels (reproduced from Ref. [96] with permission).

consumption for complete anti-icing: with the same heating power density (0.58 W·cm⁻²), slippery electric heating coating SEHC realized complete anti-icing while ~40% of porous EHC surface was still covered by mixed ice (Fig. 15c)^[98]. Generally, lubricant in SLIPS is nonrenewable and will be drained gradually, making

SLIPS incompetent to withstand dynamic icing conditions. To enhance the durability of the slippery surface against dynamic icing conditions, a lubricant supplying method is imperative. Combining Joule heat-induced water film generation and unidirectional water film transportation using *Nepenthes* peristome inspired



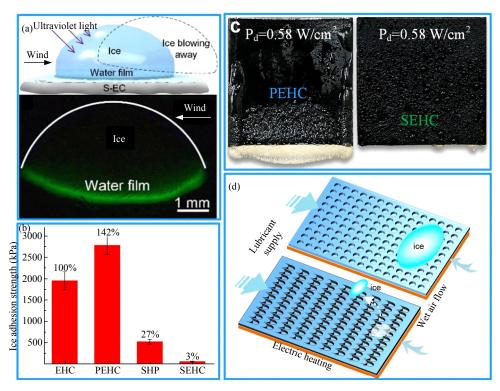


Fig. 15 Directional liquid transport for low-adhesion anti-icing applications. (a) Water film is generated by a novel electric heating coating and induces low-adhesion de-icing; as shown in the fluorescence image, a thin water film melted at the ice-coating interface works as a lubricant to lower the ice adhesion. (reproduced from Ref. [97] with permission). (b) ultra-low ice adhesion measured on Slippery oil-infused Electric Heating Coating (SEHC), only ~3% of flat Electric Heating Coating (EHC), and ~11% of superhydrophobic electric heating coating (SHP). (c) the melted water/oil composite lubricant film effectively reduced energy consumption for complete anti-icing: with the same heating power density (0.58 W·cm⁻²), SEHC realized complete anti-icing while ~40% of porous EHC surface was still covered by mixed-ice (reproduced from Ref. [98] with permission). (d) illustration of lubricant unidirectional replenishment using *Nepenthes* peristome inspired structure for durability enhancement of slippery anti-icing surfaces: by combining Joule heat-induced water film generation and unidirectional water film transportation, the liquid film can be continuously transported to the ice-surface interface to reduce energy consumption for anti-icing.

structure can be a feasible technique, by which liquid film can be continuously transported to the ice-coating interface to reduce energy consumption for anti-icing (Fig. 15d). Further investigation may focus on large-scale fabrication of directional water transporting surface and its combination with Joule heat deicing materials.

5.5 Smart materials in unidirectional liquid transportation

5.5.1 1D unidirectional liquid transportation

To make the liquid transporting performance regulatable is critical for the application of 1D unidirectional liquid transporting, such as the regulation of transporting direction or speed. Based on the revealed mechanisms in section **3.1**, it is possible to adjust directional section **3.1**, it is possible to adjust directional section **3.1**.

tional liquid transport by tuning the surface wettability or changing the shape of the 1D structure. Accompanied by the significant development of smart materials, the regulation of 1D directional liquid transport can be realized with various trigging methods, such as thermal response, light response, or magnetic response.

As a thermal responsive material, *N*-isopropyl acrylamide (NIPAAm) polymer, its contact angles can be changed from hydrophilic 51.64° to hydrophobic 107.09° with temperature increasing from 20 °C to 45 °C^[99]. By dip-coating carbon fiber in NIPPAAm, a bioinspired spindle-knots wire is achieved with thermal controlling ability. At a temperature of 25 °C, the hydrophilic wire's spindle knots show stronger Laplace pressure, which directionally drives liquid from joints to spindle knots (Fig. 16a). With the temperature rising



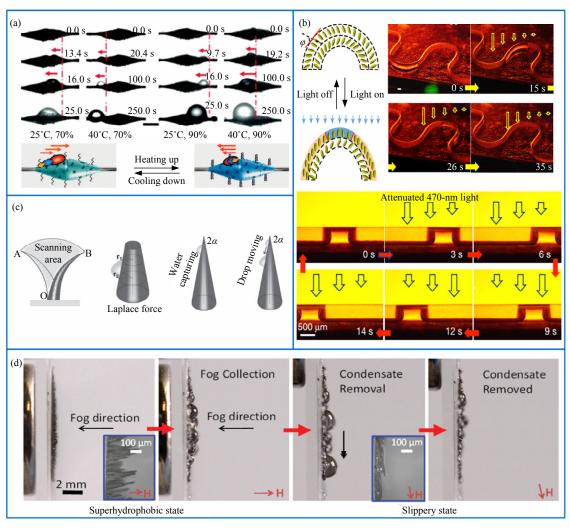


Fig. 16 (a) With thermal responsive coating, the liquid transport direction on spindle knots wire can be controlled by adjusting the environment temperature (reproduced from Ref. [99] with permission). (b) A capillary tube fabricated by photodeformable material can be shaped into an asymmetric cone tube under gradient light intensity, which leads to liquid directional transport in the tube. The liquid flow direction can be regulated by changing the gradient of light intensity (reproduced from Ref. [34] with permission). (c) Cones embedded with ferromagnetic particles exhibit a swing motion under a shifting magnetic field, which could enhance the fog-cone surface contact rate to achieve a higher water collecting ratio even in static air (reproduced from Ref. [27] with permission). (d) Fabricated with magnetic response material, the cone array can be bent for about 90° to clear away the deposited water droplets for the next round of water collecting (reproduced from Ref. [31] with permission).

to 40 °C, the spindle knots wire changes into hydrophobic and the direction of Laplace pressure shifts to the joint side, thus, the liquid transport direction is inverted.

The liquid directional transport direction can also be controlled by adjusting the asymmetry of 1D structures. As shown in Fig. 16b, an isometric capillary tube is fabricated with a light-deformable material, *i.e.* linear liquid crystal polymer, which can be polarized by light to generate internal stress to create deformation^[34]. Through light irradiation with gradient intensity, the

isometric tube changes into an asymmetric cone tube, and liquid directional flows the cone tip side. By changing the strength of light intensity or switching the direction of the light gradient, the asymmetry of the cone tube can be precisely regulated, and the liquid flow speed and direction can be controlled. Such a photodeformable tube shows perfect durability that can function even after over 100 cycles of light-induced deformation. With this easy adjustable light-controlling method, the 1D directional liquid transport tube can realize various functions, such as lifting liquid upward against gravity,



guiding liquid in S shaped tubes, or mixing different liquids in Y shaped tubes.

As described in section 3.3.1, fog harvesting is an important application for 1D unidirectional liquid transport, and various spindle knot wires or cones array surfaces are fabricated and validated for fog harvesting application. However, these researches are performed under flowing fog conditions with microdroplets in the air continuously collide onto the cone surface. Since natural fog mainly exits in the static air, the contact between fog air and cones will be greatly declined, which results in an extremely low fog harvesting rate in nature. To solve this problem, Peng et al. have introduced a smart cone array surface fabricated by a magnetic response material, where the cones can bend under different magnetic field^[27]. This material is a composition of polymers and micro/nano ferromagnetic particles. Under a shifting magnetic field, the cones can be driven repeatedly swinging from side to side to maximize their contact with fog (Fig. 16c). The water harvesting rate is greatly enhanced even in a static fog environment, which can be ~50 times higher than on static cones. Another challenge for fog harvesting is to quickly separate the collected water to clear space for further fog deposition. Huang et al. have fabricated a magnetic response cone array surface, where the cones can bend to ~90° under a controlled magnetic field to change the surface into the liquid slippery state^[31]. With this specialty, the fog harvesting is composed of two processes, i.e. cones straighten up-right to quickly collect fog, and cones bent ~90° to easily separate collected water from the surface by gravity (Fig. 16d). With this process continuing, fog can be successively turned into water and efficiently collected by a container with little energy input. The integrations of smart materials into 1D directional liquid transport open a new way for liquid regulation in medical and sensor fields.

5.5.2 2D unidirectional liquid transportation

To further expand the application of bioinspired 2D unidirectional liquid transport surfaces, its liquid transporting ability needs to be adjustable, such as the anisotropy of liquid transporting, transporting distance, and transporting speed. Based on the 2D liquid directional transport mechanisms, the adjustment of liquid spread-

ing properties can be realized by regulating surface wettability or feature structures. With the emerging of various types of smart materials, controlling strategies including magnetism, heat, or light are introduced to regulate the 2D directional liquid transport on both inclined pillar arrays surfaces and *Nepenthes* peristome mimetic surfaces.

For a 2D directional liquid transport surface constructed with inclined pillar arrays, the liquid is dragged forward to pillar inclined direction by capillary attraction and pinned in the opposite direction. A larger pillar inclined angle can lead to a stronger forward dragging force and higher backward pinning effect, which leads to stronger anisotropic liquid transporting performance. A 2D controllable directional liquid transport surface can be achieved by fabricating the pillars with ferromagnetic materials, such as electroplating ferromagnetic nickel^[100], or mixing prepolymer with magnetic particles^[29]. Under an inclined magnetic field, the pillars demonstrate uniform inclination, and the inclined angle can be adjusted from -90° to +90° by manipulating the direction of the magnetic field. On such surface, liquid transport can be real-time controlled among the states of spreading, pausing, or direction shifting, as shown in Fig. 17a. Since the direction of the magnetic field can be rotated 360°, a liquid distributor is constructed by radially distributing channels around the magnetic responsive pillar arrays surface. By controlling the direction of the magnetic field, different liquids can be efficiently separated into chosen channels (Fig. 17b).

Another 2D controllable unidirectional liquid transport is based on the *Nepenthes* peristome surface, which has been broadly studied because of its strong directional transporting ability with long-distance and high speed. Since the directional liquid transport is formed by superhydrophilic property and duckbilled structure, controlling strategies mainly focus on regulating the surface's wettability or micro-structures. By grafting the thermal-responsive PNIPAM onto the artificial peristome mimetic surface, it shows 2D temperature-controlled directional water transporting, that water directionally transports at a temperature of ~20°C, while pinned in stop transporting at a temperature of ~40 °C (Fig. 18a)^[77].

Since common hydrophilic materials are



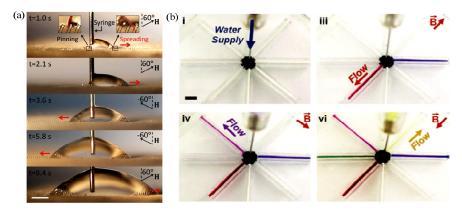


Fig. 17 (a, b) By fabricating the pillar with magnetic response material, its inclination can be controlled by the magnetic field with different directions, then, the liquid's flow can be adjusted by changing the pillar's inclined direction or inclined angle (reproduced from Ref. [29, 100] with permission).

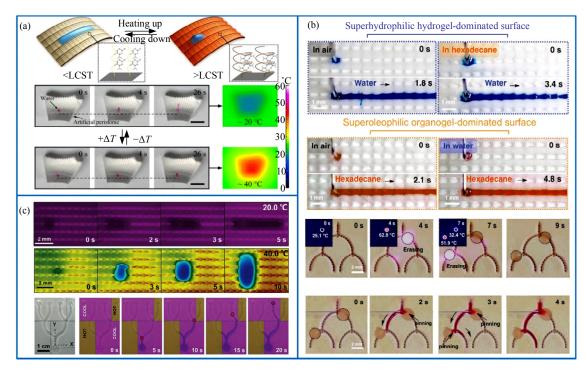


Fig. 18 (a) With a temperature responsive coating, the directional liquid transporting ability on *Nepenthes* peristome mimetic surface can be switched on/off by changing the temperature to adjust the surface wettability (reproduced from Ref. [77] with permission). (b) Super-amphiphilic material with switchable hydrophilic and oleophilic ability can directionally transport water or organic liquid after switching its surface wettability. The material is also thermal-deformable so that the shape of channels can be regulated by infrared LED irradiation to switch on/off of liquid transporting (reproduced from Ref. [14] with permission). (c) A *Nepenthes* peristome mimetic surface with duckbilled micro-cavities fabricated by a thermal-deformable material. Liquid transport can be changed from unidirectional to bidirectional (reproduced from Ref. [35]with permission).

oleophobic to organic liquid, a *Nepenthes* peristome mimetic is unable to directional transport water and organic at the same time. By introducing heteronetwork organohydrogels with rapid super-amphiphilicity altering ability, the peristome mimetic surface is fabricated

with both water and organic liquid directional transporting ability (Fig. 18b, upper)^[14]. This material also possesses a reconfigurable surface topography in response to temperature. By mixing the material with photothermal responsive Fe₃O₄ nanoparticles, the mi-



crogroove structure of the bioinspired surface can be reshaped by infrared LED light, and the flow of liquid in channels can be controlled (Fig. 18b, lower). With thermal shrink gel to fabricate the duckbilled cavity on the peristome surface, the liquid directional transport can be switched on/off by opening or closing the duckbilled cavity with the control of surface temperature (Fig. 18c)^[35]. After placing this surface on a substrate with arrayed cool and hot patterns, the liquid flow on the surface can be adjusted to selected channels, and a programable liquid transport surface is developed. Based on a 2D unidirectional liquid transport surface, the integration with smart materials provides diversified liquid regulation methods and widens its potential application in various fields such as microfluidics and biomedical devices.

Currently, various in situ trigging methods have been introduced, including temperature, light, magnetic field, and electric field. Combing these trigging methods could realize more complex liquid adjustments and create multifunction. Besides, accurate controlling methods are important for liquid adjustment. The magnetic or electric fields with directionality and precise adjustability could be ideal precise controlling methods. For example, with magnetic response material fabricated inclined pillar array surface, the direction of pillar inclining can be adjusted 360° and the inclined angle can be tuned precisely, thus liquid on such surface can be accurately directed to any direction with controlled speed, which provides potential applications for liquid delivering or splitting. Applying smart materials into 1D and 2D directional liquid transport could greatly expand their application in cell screening, liquid chromatography, and fuel cells.

6 Conclusions and perspectives

As summarized above, significant achievements have been made over the past decades in exploring nature samples with 1D and 2D unidirectional liquid transport. Their underlying mechanisms have been revealed under the cooperative effects of 1D/2D featured micro-nano hierarchical structures and tuned material wettability. Based on these mechanisms, bioinspired 1D and 2D directional liquid transport cones and surfaces have been constructed by numerous novel fabrication

methods and surface modification strategies. Such bioinspired 1D and 2D materials demonstrate similar or even better directional liquid transporting ability than nature samples, which provides potential applications in renewable energy and biomedical engineering fields, such as fog collection, oil/water separation, microreactors, microfluidics, and biomedical devices. Additionally, integrating with responsive materials, 1D and 2D smart directional transport cones or surfaces have been created with tunable featured structures or material wettability that more complex and programable regulations are established in liquid transport.

Despite these significant achievements in bioinspired directional liquid transport, there are still many challenges that need to be resolved. The liquid directional transport on nature samples needs to be continuously explored from the sky to the water, and more advanced characterization methods should be built for observing natural samples with faster speed, longer distance, and larger liquid transport volume rate. The fabrication of bioinspired directional liquid transport materials needs to be further improved and developed with a performance at low cost, large-area, and high durability. Their applications could be expanded to many other fields, such as cell screening in biomedicine, body fluid self-pumping in wearable sensors, and power generation for micro-energy. Moreover, 1D and 2D liquid transport exist not only in macro/micro scales as described in the above sections but also in nano or even quantum scales, such as liquid flowing in carbon nanotubes^[101–104] or ions penetrating biological membranes. Exploration of liquid transport at these scales is of importance for both revealing its mechanisms and applications in biological systems. With the increasing discovery of nature and advancing of fabrication, it is believed that the development of bioinspired unidirectional liquid transport could meet a new outbreak in the near future.

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