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Characterization and Antimicrobial Property of Casein, Gelatin and Pectin Based Active Composite Films

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Abstract

Edible flms for food packaging application are an alternative approach to deal with the problem of disposal of plastic packaging materials. The edible flms were prepared with varying proportions (0–100%) of pectin, casein and gelatin in the ratio of 100:0:0(F1), 0:100:0(F2), 0:0:100(F3), 50:0:50(F4), 50:50:0(F5), 0:50:50(F6), 50:25:25(F7), 25:25:50(F8), 25:50:25(F9). Among all the composite flms, F7 flm showed the best properties. The water solubility, moisture absorption and water vapor permeability of F7 film were reported as 40.59%, 17.75% and 1.07×10^{-12} g/Pa h m, respectively, and these were ahead of the other flms. Color and tensile properties of F7 flm were satisfactory and showed the high tensile strength of 8.63×10^5 Pa. Surface morphology of F7 film was found smooth, uniform and without cracks through SEM analysis. However, thermal decomposition of all composite films started above 200 °C. Clove essential oil is incorporated into the selected F7 film formatting solution at 0.5, 1 and 1.5% (v/v). The film incorporated with 1.5% clove essential oil showed the highest antimicrobial property against *Escherichia coli*. These composite flms were biodegradable and possessed moderate mechanical properties and a low water vapor transmission rate.

Keywords Casein · Gelatin · Pectin · Active edible flm · Clove essential oil

Introduction

Packaging is a vital part of the food industry, edible flms for food packaging application is an alternative approach to deal with the problem of disposal of plastic packaging materials [\[1\]](#page-8-0). So the application of novel packages based on natural polymers facilitates the reduction of the use of synthetic packages which contemporary pose a severe problem of environment pollution. Edible flms are formed from natural polymers, of animal or vegetable origin, such as polysaccharides, proteins and lipids [[2\]](#page-9-0). The protein based flms not only have impressive gas and water vapor barrier property, but also better mechanical properties compared to lipids and polysaccharides flms due to its high intermolecular binding potential [\[3](#page-9-1)].

Casein constitutes approximately 80% of the total proteins in milk and has great potential for producing protein-based

 \boxtimes Laxmikant S. Badwaik laxmikantbadwaik@gmail.com edible flms [[4\]](#page-9-2). Edible casein flms have good oxygen barrier properties, hence suitable for products prone to oxidation. Casein based flms are possessed good tensile strength and moderate elasticity under normal conditions when added with glycerol [[5\]](#page-9-3). These films are highly moisture sensitive, which greatly afect the mechanical properties of the flms and limits their range of utilization. Gelatin also possesses a great potential to form edible flms due to its abundance, biodegradability and low cost [[6\]](#page-9-4), good sealing strength [\[7](#page-9-5)], but the gelatin flms have poor water vapor barrier ability [[8\]](#page-9-6). Pectin is also suitable for commercial applications such as drug encapsulation, tablet coating and disposable packaging materials for food and household products due to its good tensile properties [\[9](#page-9-7)].

To improve the physical and barrier properties of edible flms made of just one component, it is possible to change their molecular structure using chemical reactions (such as cross linking) or also by physical treatments (such as heat, ultrasound or radiation) [\[10](#page-9-8)]. An alternative for these treatments is to design flms composed of several components to combine the advantages of each one. Various authors reported the performance of composite flms prepared with mixtures of diferent proteins or diferent carbohydrates or

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mixtures of carbohydrates and proteins [[11](#page-9-9), [12\]](#page-9-10). Essential oils have proven to be efective natural antimicrobial agents over a wide range of microorganisms and acceptance by consumers due to their eco-friendly and biodegradable properties [[13](#page-9-11), [14\]](#page-9-12). There are many studies dealing with the antibacterial activity of oils. Some essential oils, such as mint, clove, cinnamon, garlic, ginger, rosemary or oregano are natural preservatives and favoring substances that are not harmful when consumed in food products. The incorporation of such active agent into edible flms helps to inhibit the growth of bacteria and molds [[15,](#page-9-13) [16](#page-9-14)].

The protein flms have impressive gas, water vapor barrier and mechanical property and polysaccharide flms have excellent gas permeability. However, combine protein and polysaccharides based flm will be helpful for enhancing the shelf life of the food products by preventing dehydration, oxidative rancidity, and surface browning. The casein, gelatin and pectin contain various essential properties for making a flm with its desired quality. Again active edible packaging refers to the incorporation of certain active agents into packaging flm or within packaging containers with the aim of maintaining and extending product shelf life [[17](#page-9-15)]. The essential oils from clove are natural substances that are not harmful when consumed in medicine and food products. The previous studies showed that clove essential oil is having antifungal, antiseptic, analgesic and anaesthetic efects as well as it was show the antifungal and antimicrobial activity [[18,](#page-9-16) [19\]](#page-9-17).

So, the present study was focused on developing the composite edible flm by combining pectin, casein and gelatin incorporated with clove essential oil to achieve the best edible flm with active and enhanced properties.

Materials and Methods

Materials

Pectin, casein and gelatin, glycerol, calcium chloride, magnesium carbonate, sodium hydroxide (analytical grade) were supplied by Hi Media laboratories (India) and an active agent, clove essential oil were purchased from local market. *Escherichia coli* (ATCC8739) strains were collected from the Department of Food Engineering and Technology, Tezpur University, Napaam, Assam, India.

Development and Standardization of Composite Edible Film

The blend flms were composed of diferent combination (w/w) of casein, gelatin and pectin (Fig. [1\)](#page-2-0). Nine films were prepared with varying proportions (0–100%) of pectin, casein and gelatine in the proportions of 100:0:0(F1),

 $0:100:0(F2)$, $0:0:100(F3)$, $50:0:50(F4)$, $50:50:0(F5)$, 0:50:50(F6), 50:25:25(F7), 25:25:50(F8), 25:50:25(F9). The weight of total solid matter $(5 \text{ g}/100 \text{ ml})$ in all the film forming solutions was kept constant. A polymer solution of pectin was prepared by dissolving 5 g pectin in 100 ml distilled water at 30 °C. The solution was mechanically stirred at 800 rpm for 1 h for complete dissolution. In a separate vessel aqueous solution of casein was prepared by dispersing 5 g casein in 100 ml distilled water at room temperature $(28 \pm 2 \degree C)$. Sodium hydroxide was added under constant magnetic stirring until pH 7.0 is reached. Stirring was done for 30 min to completely hydrate the protein [\[20\]](#page-9-18). Gelatin solution was prepared by adding 5 g gelatin in 100 ml distilled water at room temperature. The pectin, casein and gelatin solutions were mixed together and stirred at 55 °C for 10 min for proper mixing, stability and keeping property of suspension. Glycerol was added (40 ml/100 g of solid matter) to the suspension as a plasticizer for decreasing the brittleness of the flm [\[21](#page-9-19)].

Suspensions were then cooled to 40 \degree C and then kept under vacuum (600 mm Hg) for 24 h to release all air bubbles. Then, the suspension was poured into glass petri plates (15 mm dia.) and dried at 60 °C in a tray dryer to cast the flms. Dry flms were peeled intact from the casting surface. The films were then immersed in 2% w/w CaCl₂ solution for 10 min and dried at 40 °C for 12 h $[22]$ $[22]$ $[22]$. CaCl₂ was used as most efective cross linking agent which increases the strength of flms. The prepared flms were conditioned at $55 \pm 1\%$ RH and 20 ± 1 °C in a desiccator containing a saturated solution of $Mg(NO₃)₂$.6H₂O for 72 h, or till further tests. The casted flms were analyzed for its thickness, water vapor permeability, moisture absorption, solubility in water, tensile properties, color, etc. All measurements were performed in three replicates. The best flm was selected on the basis of its mechanical and barrier properties.

Incorporation of Active Agent into the Developed Film

The proportions of pectin, casein and gelatin of flms having the best mechanical and barrier properties were chosen for preparing the fnal active flm. The clove essential oil added in the flm forming solution at diferent concentrations (0.5%, 1%, 1.5%). All the flm forming mixtures were blended using homogenizer at room temperature. The flms were prepared by casting an amount of mixture on plastics petri plates and then flms were dried at 50% relative humidity (RH) to obtain flms of uniform thickness. The dried flms were peeled from the casting surface. Film characteristics including antimicrobial activity were determined after all sample flms are preconditioned in a constant temperature humidity chamber 50% RH for 24 h.

Fig. 1 Composite flm prepared with varying proportions (0–100%) of pectin, casein and gelatin in the ratio of 100:0:0(F1), 0:100:0(F2), 0:0:100(F3), 50:0:50(F4), 50:50:0(F5), 0:50:50(F6), 50:25:25(F7), 25:25:50(F8), 25:50:25(F9)

Assessment of Film Properties

Film Thickness

Films were measured with hand-held micrometer (Alton M820-25, China) having a sensitivity of 0.01 mm. The ten pieces of flms were stacked one above the other and thickness was recorded and an average thickness was recorded [\[23\]](#page-9-21).

Water Vapor Permeability (WVP)

WVP of developed films were estimated using dish method. Glass beakers with an average diameter of 4 cm and a depth of 5.5 cm were used to determine WVP of flms. The flms were cut slightly larger than the diameter of the beaker. The dried silica gel (3.5 g) was placed in each beaker to maintain the relative humidity (RH) of 0%,

and it was covered with developed flm and sealed from all sides. Each beaker was placed in a desiccator containing saturated potassium sulphate solution to maintain the RH of 97% at 25 °C. The desiccator was kept in an incubator at 25 °C. Beaker were weighted every 24 h for 12 days and change in the weight of the cup were recorded as a function of time. Slopes were calculated by linear regression (weight change vs. time) and the water vapor transmission rate (WVTR) was defned as the slope (g/h) divided by transfer area (m²). WVP (g m⁻¹h⁻¹Pa⁻¹) was calculated as follows [[23](#page-9-21)].

$$
WVP = \frac{WVTR \times X}{P(R_1 - R_2)}
$$
 (1)

where *P* is the saturation vapor pressure of water (Pa) at the test temperature (25 °C), R_1 is the RH in the desiccator, R_2 is the RH in the cup and X is the film thickness (m) .

Moisture Absorption

The dried flms were frst conditioned at 0% RH (silica gel) for 24 h. The weight (Wo) of flms were taken and they were conditioned in a desiccator containing $CaNO₃$ saturated solution at 20 °C to ensure a relative humidity of 55%. Each conditioned films were weighed at desired intervals (W_t) until the equilibrium state was reached [[24](#page-9-22)]. The moisture absorption of the samples is to be calculated as follows.

Moisture absorption $(\%) = [(W_t - W_0)/W_0] \times 100$

where W_t and W_0 are the weights of the sample at time *t* and the initial weight of the sample, respectively.

Solubility in Water

Solubility in water is defned as the percentage of the dry matter of film which is solubilized after immersing for 24 h in water [\[25](#page-9-23)]. Film samples were kept in a desiccator containing dry calcium sulphate till they reached constant weight. Then about 500 mg of each flm were immersed in beaker containing 50 ml of distilled water at 23 °C for 24 h with periodical gentle manual agitation. The flms were removed from the water and placed back in the desiccator until they reached a constant weigh to obtain the fnal dry weight of the flm. The percentage of the total soluble matter (%TSM) of the flms was calculated as follows.

TSM $(\%) = [$ (Initial dry weight – Final dry weight)/ Initial dry weight $\times 100$

Tensile Properties

Length of elongation and strain to break of the flms were measured by Kiefer Dough and Gluten Extensibility Rig (A/ KIE) with the help of Texture Analyzer (TA-HDPlus, Stable Microsystems, UK). The thin strips $(60 \times 1 \text{ mm})$ were cut from each flm and were used to analyze textural properties. The test had a tension mode with following settings. Pre-test speed of 2 mm/s, test speed of 3 mm/s, post test speed of 10 mm/s, distance of 75 mm, trigger force of 10 g was used and the probe was attached to a 5 kg load cell [\[11](#page-9-9)]. Tensile strength (Pa) was calculated by dividing the maximum force at break by the length and thickness of the flm and percentage change in flm length were considered as elongation at break $(\%)$ of film [Eq. $(2), (3)$] [[26\]](#page-9-24).

Tensile Strength =
$$
\frac{\text{Force}}{\text{Film thickness} \times \text{Film width}}
$$
 (2)

(3) Elongation(%) =(Length after elongation $-$ Actual length) × 100 ∕ Actual length

Film Color

The color of the developed flms were measured using a Hunter Lab colorimeter (Ultrascan VIS, Hunter Lab. Inc., USA) with refectance mode, CIELab scale (*L**, *a** and *b**), The color measurements were expressed in terms of lightness L^* ($L^*=0$ for black and $L^*=100$ for white), and the chromaticity parameters *a*[green (−) to red (+)] and *b** [blue $(-)$ to yellow $(+)$]. In addition, the total color change (dE) values were calculated from the Hunter L^* , a^* and b^* scale were measured with absorption mode and used to describe the color change during addition of active agent [Eq. (4)] [[27\]](#page-9-25).

$$
dE = \sqrt{(L_0 - L_1)^2 + (a_0 - a_1)^2 + (b_0 - b_1)^2}
$$
 (4)

where, L_0 , a_0 , b_0 are the initial color measurements of films and L_t , a_t , b_t are the color measurements of active film with refectance mode (RSIN), CIELab scale D65 as illuminant and a 10° observer angle as a reference system.

Film Surface Characteristics

Surface morphology of the flms was observed under a Scanning Electron Microscope (JEOL JSM 6390 LV, Singapore). Dried flm samples were sputter coated with platinum and the images were taken at an accelerating voltage of 5 kV and magnifcation of 1000X and 500X [\[14](#page-9-12)].

X‑ray Difraction

X ray difraction patterns of pectin, casein, gelatin flms and their composite flms were analyzed using X ray difractometer with Cu K – α radiation at a voltage of 30 kV and 15 mA. Samples were scanned between $2\theta = 3^{\circ} - 60^{\circ}$ with a scanning speed of 4.2°/3 min. Prior to testing, all the film samples were stored in a desiccator [\[28](#page-9-26)].

Thermal Properties

The thermal degradation properties of the flms were determined by Thermo Gravimetric Analysis (TGA). Thermo gravimetric measurement was carried out on a thermal analyser, (TGA-60, Shimadzu). Non isothermal experiments were performed in the temperature range 25 °C–600 °C at heating rates of 10, 20 and 40 °C min−1 on each sample. The average sample size was 5 mg and the nitrogen fow rate was 30 min^{-1} [[24\]](#page-9-22).

Antimicrobial Property

Antibacterial activity test on flms was carried out using the agar difusion method [[29\]](#page-9-27). The zone of inhibition assay on solid media was used for determination of the antibacterial efects of flms against *Escherichia coli* (ATCC8739). The edible flms were cut into 6 mm diameter discs and then placed on nutrient agar plates, which had been previously seeded with 0.2 ml of inoculums containing approximately $10⁵ - 10⁶$ CFU/ml of tested bacteria. The plates were then incubated at 37 °C for 24 h. After that, the plates were examined for 'zone of inhibition' on the flm discs.

Statistical Analysis

All the analyses were performed taking three replicates and data were reported as mean \pm SD. One way ANOVA using 'Data Analysis Tool' of 'Microsoft Excel' was used to determine the critical diference of means, and variance among the diferent samples were checked at signifcance level $P \leq 0.05$.

Results and Discussion

Efect of Diferent Compositions of Pectin, Casein and Gelatin on Film Properties

Film Thickness and Water Vapor Permeability

The average thickness of the prepared films was 0.195 ± 0.0023 mm. The water vapor permeability (WVP) values of the obtained flms are shown in Table [1.](#page-4-0) The WVP value of pure pectin, casein and gelatin films were 1.75×10^{-12} g/Pa h m, 2.15×10^{-12} g/Pa h m and

 1.46×1^{-12} g/Pa h m, respectively. The lowest WVP value of 1.07×10^{-12} g/Pa h m was observed for F7 film. The addition of pectin and gelatin caused the signifcant decrease in WVP values ($P \le 0.05$), resulting in better film resistance to water vapor transmission. However, pure casein (F3) flm had WVP of 2.15×10^{-12} g/Pa h m, which is slightly higher than the pectin flm (F1). The results for water vapor permeability indicate that the flms, those containing only gelatin showed the lowest WVP values and highest tensile strength values; effects probably related to the degree of organization of the protein network, where the casein flms probably presented less organization of the polymeric matrix and consequently less packing. According to Chen [[30\]](#page-9-28) simple, linear polymeric chains, such as those presented by various synthetic polymers, can be frmly packed, whereas molecules with voluminous chains such as proteins, are more loosely packed, presenting greater permeability. According to Mchugh, Weller, & Krochta [[31\]](#page-9-29), the structuring of a polymer inside the flm matrix signifcantly afects the water vapor transference property. It might be also due to gelatinized pectin with $\alpha(1\rightarrow 4)$ linkages, which resulted in much tightened structures, resulting in limited mobility even after plasticizing. The tightened structures could possibly have ofered greater resistance to mass transfer.

Moisture Absorption and Water Solubility

The moisture absorption and water solubility patterns of flms are shown in Table [1.](#page-4-0) The flm F1 showed the highest moisture absorption of 48.55%. However, moisture absorption of pectin flms decreased signifcantly with the addition of casein and gelatin content ($P \le 0.05$). The F1 film had moisture absorption of 48.55% which reduced to 17.75% for (F7) flm. The water solubility of pectin flm (F1) was 48.55% which was more compared to the pectin, casein and

Table 1 Effect of different compositions of pectin, casein and gelatin on film properties

	Film Propor- tions $P: C: G (\%)$	Moisture absorption ption $(\%)$	Solubility in water $(\%)$	Water vapor permeability $(g/Pa \, h \, m)$	L	\mathfrak{a}	b	Tensile strength $\times 10^5$ (Pa)	Elongation $(\%)$
F1	100:00:00	$48.55 + 1.98$ ⁱ	$75.64 + 2.56^h$	1.75×10^{-12c}	43.51 ± 1.30^a		$1.89 + 0.58^{ab}$ $10.18 + 0.89^{c}$	$13.53 + 2.11^c$	$11.25 + 1.24^a$
F2	00:100:00	$36.30 + 1.40$ ^g	$67.51 + 1.43$ ^g	2.15×10^{-12d}	$38.71 \pm 2.56^{\rm b}$		3.53 ± 0.90^{ab} 19.93 \pm 1.34 ^b	$3.36 + 0.61^a$	$17.12 \pm 1.50^{\circ}$
F3	00:00:100	$30.75 + 0.88^e$	$59.24 + 1.30f$	1.46×10^{-12b}	$55.10 + 1.40^c$	$12.06 + 3.06^b$ $34.79 + 1.89^i$		$4.89 + 0.45^a$	$31.05 + 1.56$ ⁱ
F4	50:00:50	$28.94 + 1.60^d$	$51.69 + 1.50$ ^d	1.81×10^{-12c}	$47.22 + 1.20$ ^d	1.10 ± 0.33 ^{ab}	$9.99 + 1.56$ ^f	$8.92 + 1.12^b$	$18.83 + 1.12^d$
F ₅	00:50:50	$32.17 + 1.20f$	$57.19 + 1.70^e$	1.65×10^{-12c}	$45.48 + 1.70$ ^{ed}	$1.64 + 0.33^a$	$8.15 + 1.98^e$	$6.32 + 1.03^b$	$23.95 + 0.50$ ^g
F6	50:50:00	$43.18 + 1.01h$	$67.91 + 2.02$ ^g	2.05×10^{-12d}	33.81 ± 1.76 ^f		10.9 ± 1.23^{ab} 13.00 ± 1.67^a	$7.00 + 0.96^b$	$21.78 + 1.52^f$
F7	50:25:25	17.75 ± 1.30^a	$40.59 + 1.76^a$	1.07×10^{-12a}	$44.80 + 1.72^a$		1.72 ± 0.33^{ab} 7.90 ± 1.78^{d}	8.63 ± 0.30^b	$21.23 + 1.62^e$
F8	25:25:50	$24.87 + 1.59^b$	$46.45 + 1.20^b$	1.18×10^{-12b}	48.50 ± 1.61 ^{gd}	1.76 ± 0.66 ^{ab}	$9.06 + 1.46$ ^g	$5.00 + 0.27$ ^a	$29.22 \pm 0.86^{\text{h}}$
F9	25:50:25	$27.07 + 1.33^c$	$47.50 + 2.50^{\circ}$	1.44×10^{-12b}	$48.97 + 1.67$ ^{gd}	2.09 ± 0.77 ^{ab}	$9.93 + 1.97^h$	$3.47 + 0.33^a$	$12.93 + 1.76^b$

All data are the mean±SD of three replicates. Mean followed by diferent letters in the same column difers signifcantly (*P*≤0.05)

P:C:G represents- Pectin:Casein:Gelatin

gelatin blend flm (F7). It was also observed that addition of increasing levels of casein and gelatin in the blend resulted in marked decreased in the solubility of the flms in water (Table [1\)](#page-4-0).

According to Gennadios, Brandenburg, Weller, & Testin [\[10\]](#page-9-8), gelatin films have been formed as coatings to reduce oxygen, moisture and transport of oil and decrease in solubility due to a more closed matrix, owing to addition of casein and gelatin, making the blend flm less accessible to water. This result is comparable with the decrease in WVP with concomitant increase in the concentration of casein and gelatin in the blend.

Tensile Properties

Tensile strength and elongation percentage was determined for comparing the mechanical performance of flm. Films produced solely from casein or gelatin had signifcantly lowered tensile properties compared to the other blend flms and pure pectin flm (Table [1](#page-4-0)). The tensile strength of film increased significantly ($P \le 0.05$) with an addition of pectin to the casein and gelatin flm composition and recorded the highest for F1 flm and the lowest in F2 flm. Casein flm (F2) showed lower breakage strength, as it may absorb moisture exponentially with increased relative humidity and modifes the tensile properties of casein flms [\[32\]](#page-9-30). However, increase in pectin in the flm composition produced an inverse efect on the flm elongation capacity. The tensile strength and percentage elongation for pure pectin (F1), pure casein (F2), pure gelatin (F3) and caseingelatin-pectin (F7) film were reported as 13.53×10^5 Pa and 11.25% , 4.89×10^5 Pa and 31.05% , 3.36×10^5 Pa and 17.12%, 8.63×10^5 Pa and 21.23%, respectively.

Film Color

The nine different films produced varied in their color, mostly due to the addition of pectin, casein and gelatin in the blend. Casein left slightly an amber color in the flms. Hunter color data revealed that flm (F3) had the highest *L** value (55.1) and lowest for the F6 flm (33.81) (Table [1](#page-4-0)). The *L* value of F2 film was 38.71 which increased significantly to 44.80 for F7 flm after addition of gelatin and pectin in casein. The concentration of casein in the fnal flms was responsible for the diference in the color of the flms. Redness $(a^*$ value) and yellowness $(b^*$ value) value of films decreased with addition of gelatin and concomitant increase in the pectin content and it was least for the pure flms.

Film Surface Characteristics

The scanning electron micrographs of outer surface for selected flms are shown in Fig. [2](#page-6-0). The F7 flm was found more homogeneous structures without cracks and there were no signs of phase separation between the components. This indicated that the three polymers are physically compatible with each other. The large crystal such as particles and irregularity can be observed in F8 flm compared to F7 and F9 flms. This crystal like particles might be due to gelatinized polysaccharide granules remaining on flm [[33](#page-9-31)].

Thermal Stability of Film

The curves of thermo gravimetric analysis for the selected flms with the varying concentrations are shown in Fig. [3.](#page-6-1) A gradual loss of weight was observed in F7, F8 and F9 flm till about 200 °C, afterwards the thermal decomposition behaviour started. The sharp weight loss was reported in the 250–350 °C regions for all the flms. As the polysaccharide content in the flms increased, the thermal stability also enhanced. However, pectin content in the blends helped to enhance for thermal stability of flm. However, Su, Huang, Yuan, Wang, & Li [[34](#page-9-32)] reported the weight loss for pure pectin in the temperature range of 300–500 °C.

Changes in Crystal Structure

Difractograms of XRD in pectin, casein and gelatine based flms can be seen in Fig. [4](#page-7-0). The measurements were performed for flms containing glycerol (40 ml/100 g) the results are very similar. Most of the difractograms present an amorphous character with partial crystalline nature, indicating less tendency to re-crystallization, probably due to the high stability of these flms, or, possible, due to increasing moisture in the flms, avoiding any tendency to form semi-crystalline region.

Standardization of Film

The F7 flm with a polymer blend of pectin, casein and gelatin (50:25:25) was fnally selected due to its superior mechanical and barrier properties than the other blended flms. The water solubility, moisture absorption and water vapor permeability of F7 flm were reported as 40.59%, 17.75% and 2.81×10^{-5} g/Pa h m, respectively, and it were ahead of the other flms. Color and tensile properties of F7 flm were satisfactory and showed the high breakage strength of 168.23 g. Surface morphology of F7 flm was

Fig. 2 Scanning electron micrographs of selected flms having pectin, casein and gelatin in the ratio of 50:25:25(F7), 25:25:50(F8), 25:50:25(F9)

Fig. 3 Thermo gravimetric analysis curves of selected flms having pectin, casein and gelatin in the ratio of 50:25:25(F7), 25:25:50(F8), 25:50:25(F9)

Fig. 4 Examples of XRD of pectin, casein and gelatin based composite flm

Clove essential oil $(\%$ v/v)	Total color differ- ence (ΔE)	Zone of inhibition (mm^2)		
Control (0%)	$\mathbf{0}$	θ		
0.50%	46.93 ± 1.87 ^a	$18.21 + 1.53^a$		
1.00%	$50.46 + 1.75^b$	34.85 ± 2.36^b		
1.50%	$54.68 + 1.34^c$	$84.47 + 3.41^{\circ}$		

Table 2 Efect of clove essential oil on color and antimicrobial property of flm

Means in each column with diferent superscript letters are signifcantly diferent (*P*<0.05)

Control is a flm disc containing no essential oil

found smooth, uniform and without cracks through SEM analysis. However, thermal decomposition of this composite flm started above 200 °C.

Efect of Clove Essential Oil on Film Performance

The clove essential oil was added in standardized flm (F7) forming solution at diferent concentration (0.5, 1, and 1.5%) and film was casted. The effect of clove essential oil on film color and its antimicrobial activity against *E. coli* was checked.

Film Color

Color of the packaging is an important factor because they infuence the consumer's perception of acceptability. Edible casein, gelatin and pectin composite flms without the incorporation of clove essential oil appeared clear and transparent and it had a slightly yellow appearance, due to the presence of casein. The addition of clove essential oil afected the appearance of the color of edible flm and its transparency was reduced as shown in Table [2.](#page-8-1) As clove essential oil concentration increased, the color change (∆*E*) value of flms were increased signifcantly (*P*<0.05), with the highest ∆*E* observed at a level of 1.5% (54.68).

Antimicrobial Property of Film

The experimental inhibition areas for difusion induced by the oil-containing flms at 48 h, against *E. coli* are shown in Table [2.](#page-8-1) The listed inhibitory activities were estimated from area measurements of clear inhibition zones surrounding the film discs in the agar diffusion tests, respectively. Figure [5](#page-8-2) shows typical inhibitory zones induced by diferent concentrations of the oil-containing flms. With increasing concentration of clove essential oil the antimicrobial properties of flms were enhanced. Similar results were reported for *Matricaria recutita* essential oil on antimicrobial properties of casein-based flm against bacteria [\[16](#page-9-14)].

Fig. 5 Inhibitory zones of F7 flms incorporated with **a** 0%, **b** 0.5%, **c** 1% and **d** 1.5% essential oil against *E.coli*

Conclusions

Pectin and casein, gelatin were successfully employed to fabricate the edible flm. Nine flms were prepared and among them three flms showed the acceptable properties. Among the three flms the F7 flm prepared from pectin, casein and gelatine with the proportions of (50: 25:25) showed lower water vapor permeability, moisture absorption, water solubility and acceptable elongation capacity and breakage strength. Color value of the flm was also acceptable with less yellowness and lighter flm. Surface characteristics showed the uniformity of flm as well as more thermal stability. Results of XRD reveal the typical broad isotropic amorphous character of these flms, showing no tendency of re-crystallization, due possible to the high stability of these flms or, the moisture present in them. Addition of pectin with casein and gelatin imparted an important infuence on the barrier and mechanical properties of the resulted composite flms. Addition of clove essential oil (1.5% v/v) to the best composite flm results in reduction in microbial count with increasing zone of inhibition. For future prospects, this active flm could be applied on fsh fllet and their storage life may be observed.

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