## **PRACTICE-ORIENTED PAPER**



# **Fresh, mechanical and impact properties of self‑compacting lightweight concrete containing waste PET fbers**

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Received: 9 June 2023 / Accepted: 18 August 2023 / Published online: 19 September 2023 © Springer Nature Switzerland AG 2023

## **Abstract**

The aim of this study is to evaluate fresh, mechanical, and impact resistance of structural lightweight self-compacting concrete with good thermal insulation and incorporating waste PET fibers with different volume fractions and aspect ratios. Integration of the characteristics of self-compacting concrete, which are followability, good strength and sustainability with the characteristics of lightweight concrete, represented in reducing the loads of the structure and thermal insulation, in addition and with reducing the environmental damage represented by plastic by utilizing a fber is the goal of this research. As a frst stage of this study, lightweight Ponza aggregate was used as a coarse aggregate, as four reference mixtures were produced with volume replacement ratios of coarse aggregate volume ranging from 20 to 100%, and a reference mixture was produced for the purpose of comparison. In the second stage of this study, the performance of self-compacting lightweight concrete SCLC reinforced with waste PET fbers were analyzed in terms of fresh, physical, mechanical, and thermal properties as well as its fexural toughness and impact behavior. Nine diferent fber reinforced self-compacting lightweight concrete were designed using waste plastic fbers WPF at three diferent volume fraction (0.5%, 0.75%, and 1%) and three diferent aspect ratio (15, 30, and 45). After design process, similar properties in the frst stage in addition to toughness and impact test were performed. The results of second stage verifed that the adding WPF to SCLC leads to reduction in dry density, ultrasonic pulse velocity, and thermal conductivity around 9%, 14%, 19%, respectively, with increase in PET fbers ratio from 0 to 1% at aspect ratio of 45. Further, the result of fexural toughness test showed that the use of WPF in SCLC leads to an interesting improvement in the post-cracking performance and enhanced ductility of concrete. Furthermore, there is substantial improvement in impact resistance of all WPF-reinforced SCLC mixes over control mix. Results clarifed that WPF concrete mix of volume fraction 1% and aspect ratio 45 gave the best impact resistance, the improvement of its impact resistance at ultimate failure over control mix was 373.3%.

**Keywords** Self-compacting lightweight concrete · Impact · Waste PET fbers · Mechanical properties

# **Introduction**

Concrete is considered as one of the most used construction materials worldwide. This is due to the availability of its basic compounds in nature, its cheap price, its durability and its easiness of pouring and molding. Conventional concrete

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normally needs vibration process through the production stage and this can be considered as one of the limitations to be used for concrete members with heavy reinforcement. Another limit is the self-weight of concrete. The use of selfcompacting lightweight concrete SCLC has many benefts in terms of: (i) reducing the loads on the structures, which leads to reducing the section dimensions of the structural concrete members (ii) eliminating the required vibration. Based on the foregoing, a new approach in concrete and construction technology has been adopted to produce lightweight (LW) and self-compacting (SCC) concrete at the same time [[1,](#page-22-0) [2](#page-22-1)].

Okamora created SCC in Japan in 1988 to solve the issue of concrete durability, which arises from insufficient compaction in the absence of experienced laborers [[3\]](#page-22-2). In addition to being self-compacting, which lessens vibrator

noise pollution and lowers placing costs, it also has excellent deformability, which makes it easier for concrete to fow through constrained spaces and encapsulate reinforcement without bleeding or cement paste and aggregate separation. The SCC's low yield value for high deformability and moderate viscosity for resistance to segregation and bleeding are the causes of these advantages [\[4](#page-22-3), [5\]](#page-22-4). Moreover, there was an improvement in the durability of the SCC in terms of sulfate attack, fre resistance, chloride penetration and carbonation) as indicated by De Schutter et al. [\[6](#page-22-5)].

There is another versatile type of concrete called lightweight concrete. It has created unlimited interest and great industrial demand in construction projects for the unique benefts achieved by reducing the weight of the concrete. In addition to the decreased inertial seismic forces as a result of reduced dead loads, which makes buildings with LWC more preventive protections against the earthquakes.

Because of the LWC's strong thermal insulation and low thermal conductivity, its fre resistance is more comparable to that of regular concrete [\[7](#page-22-6), [8](#page-22-7)]. Under EN 206-1 [[9\]](#page-22-8), concrete and aggregates shall be lightweight when the oven-dry density is more than 800 kg/m<sup>3</sup> and not exceed 2000 kg/m<sup>3</sup> and either oven-dry particle density is less than 2000 kg/  $m<sup>3</sup>$  or loose oven-dry bulk density is less than 1200 kg/m<sup>3</sup>, respectively [\[9](#page-22-8)].

The most popular type of LWC is lightweight aggregates concrete (LWAC), which can be produced using either lightweight coarse aggregates or lightweight coarse aggregates combined with natural fne particles [\[10](#page-22-9), [11](#page-22-10)].

#### **Self‑compacting lightweight concrete (SCLC).**

SCLC is relatively a new generation and breakthrough in the feld of high-quality concrete. The precise design and proper production methods of the SCLC are still difficult challenges of high-quality requirements, comprising a revolution in the technology of concrete science. SCLC does not only combine the favorable properties of both the SCC and LWAC, but also limits the negative properties of them [[12\]](#page-22-11).

Due to the lightweight aggregate's tendency to foat on the top and form a weak layer, especially in combinations with high consistency, LWAC exhibits observable issues in its freshly formed stage, necessitating specifc attention in accordance with workability considerations. This issue gets worse when LWAC is vibrated improperly. Therefore, where there is no requirement for external vibration, it is advised to incorporate lightweight aggregate into SCC [[13,](#page-22-12) [14](#page-22-13)].

The simplest strategy to lower the self-weight of the concrete and to receive all the benefts of LWC in addition to those from SCC is to substitute lightweight aggregate for regular aggregate in the mix design of SCC. The new product (SCLC) could have good quality and excellent segregation resistance. Since lightweight aggregates were all

produced from natural stones in the past, techniques for the manufacturing of artifcial lightweight aggregate have been developed as a result of its scarcity in various locations. Artifcial lightweight aggregate is made from industrial waste products like blast furnace slag and fly ash [[15\]](#page-22-14). Some researchers used natural lightweight aggregates [\[1](#page-22-0), [5](#page-22-4), [15\]](#page-22-14) to produce SCLC while the majority resorted to the use of artifcial lightweight aggregates.

# **Thermal properties of self‑ compacting lightweight concrete**

Due to rising energy prices and the scarcity of natural resources, the global energy crisis has emerged as one of the main issues. As a result, it has become crucial to include energy saving measures in the building code. A thorough understanding of the thermal characteristics of the building materials is necessary for the construction of energy-efficient buildings. In all climatic zones of the world, concrete is the material most frequently used for building structure. The thermal properties of concrete are crucial for determining how well concrete will operate over time, so they should be taken into account [[16\]](#page-22-15).

#### **Fibers in self‑compacting lightweight concrete**

Many of concrete buildings may be cracked due to weakness of the concrete to resist tensile forces. Fibers can be used to mitigate this weakness problem and to enhance certain properties of concrete by absorbing energy up to fracture [[17\]](#page-22-16).

The disadvantages of lightweight aggregates include low strength and high absorption capacity. Additionally, for the same compressive strength, lightweight aggregate concrete is more brittle than conventional weight concrete. Therefore, it is crucial to incorporate fbers into the SCLC mix design [[18\]](#page-22-17). Numerous studies have proposed the use of fbers in LWAC and SCC [[19,](#page-22-18) [20](#page-22-19)]. However, there have only been a few studies done on the use of waste Polyethylene Terephthalate (PET) fbers in SCLC.

# **Use of polyethylene terephthalate (PET) as fbers in concrete**

PET is a semi-crystalline (white and opaque) thermoplastic polymer made when terephthalic acid and ethylene glycol undergo an esterifcation or transesterifcation reaction, with water or methanol as a byproduct [[21\]](#page-23-0). The consumption of PET has been growing quickly worldwide, which has increased PET trash. Creative ways to reuse used PET bottles are being looked for where they might be used in large quantities in order to reduce the pollution threat caused by the presence of a large volume of PET garbage in landflls. One such method of reuse has been in concrete mix

designs, where it can be utilized as fiber or aggregate [\[22](#page-23-1)]. Many researchers studied the effect of adding PET wastes on the shear strength of reinforced concrete [\[23](#page-23-2)] and fexural strength [[24](#page-23-3)]. Some researchers also studied the effect of temperatures on the behavior of concrete containing plastic waste when exposed to high temperatures [\[25\]](#page-23-4).

Al-Hadithi et al. [[26](#page-23-5)] published a study on the impact behavior of slab concrete reinforced with PET fbers in 2018. Typical concrete slabs with diferent PET fber volume fractions  $(0\%, 0.5\%, 1\%, \text{ and } 1.5\%)$  were tested using the low velocity impact test. According to the study's fndings, adding PET fbers greatly increased impact resistance in particular, 1.5% addition. Al-Hadithi et al. [\[27](#page-23-6)] in another study assessed the impact resistance of SCC slabs reinforced with PET fbers in 2019. Several volumetric ratios from 0.25 to 2% were employed to examine slab behavior. Experiments show that the compressive and fexural strengths of SCC mixes are improved by the addition of PET fbers. De Silva and Prasanthan's experimental work in 2019 [[28\]](#page-23-7) stated that the inclusion of PET fber within the concrete mixture increased energy absorption capacity, which means better impact resistance and improved fexural capacity until frst crack. Recent development in using waste materials such as waste glass in ultra-high-performance concrete has been studied extensively by Tahwia and et al. [\[29,](#page-23-8) [30\]](#page-23-9).

The literatures about SCLC reinforced with fber still have a lack of knowledge to be fulflled, this current study aims to contribute in accomplishing this gap regarding the properties of SCLC reinforced with waste plastic fbers WPF such as fresh, thermal, and hardened properties focusing on post-cracking performance under bending load and impact behavior. Also, the use of diferent volumetric WPF ratios in Ponza lightweight self-compacting concrete with diferent aspect ratio can be considered a recent research feld that has not been previously explored.

# **Experimental program**

#### **Materials**

The materials used to produce concrete mixes in this study are: Ordinary Portland cement (OPC) type I was used for preparing all concrete mixes in this study. Cement properties is complying with the requirement of Iraqi standard specification (I.Q.S) No.5/1984 [[31](#page-23-10)]. The physical and chemical specifcations of cement are listed in Table [1.](#page-2-0) Fly ash is a byproduct fne powder left from burning pulverized coal in plants of electric power [[32](#page-23-11)]. It was incorporated in the SCC to supplement the cementing features and to enhance the overall performance of mixes like workability, strength, and microstructure [[33\]](#page-23-12). In the current study, fly ash with a Blaine fineness of  $380 \text{ m}^2/\text{kg}$  was used

<span id="page-2-0"></span>**Table 1** chemical and physical properties of Portland cement and fy ash

Component (% content)	Cement	Fly ash
CaO	61.95	18.1
SiO <sub>2</sub>	20.91	38.8
$\text{Al}_2\text{O}_3$	5.31	14.7
Fe <sub>2</sub> O <sub>3</sub>	3.33	19.48
SO <sub>3</sub>	2.5	1.5
MgO	2.35	3.3
$K_2O$	0.92	1.79
Na <sub>2</sub> O	0.17	0.38
Specific gravity	3.15	2.1
loss on ignition	2.08	1.38
Insoluble residue	0.96	
Lime saturation factor	0.91	
Setting time (Vicat method), (hour: minutes)		
Initial setting	2:20	
Final setting	4:14	
Compressive strength, MPa		
3th day	16	
7th day	28	

<span id="page-2-1"></span>**Table 2** Physical, chemical properties of fne aggregate



as a secondary binder to reduce consumption of cement as well as emission of  $CO<sub>2</sub>$ . Based on chemical composition provided by the supplier, see Table [1,](#page-2-0) the powder consists of approximately 40% Silicon dioxide, 15% Aluminum oxide, and 20% Iron oxide. Therefore, fy ash could be classifed as Class F according to ASTM C618-12a [[32](#page-23-11)]. Locally available natural sand with particle size in the range of (0–4.75) mm constituted the fne aggregates for all mixes. The physical properties of fne aggregate and sieve analysis are given in Table [2](#page-2-1) and Fig. [1](#page-3-0), respectively. The grading of this aggregate confrms the limitation of ASTM C33-13 [\[34\]](#page-23-13).

Coarse aggregate: Normal weight aggregate with 12.5 mm maximum size crushed gravel was employed as normal weight coarse aggregate in this study. Tables [3](#page-3-1) and Fig. [2](#page-3-2) list its physical properties and grading curve for coarse aggregate, which confrms the specifcations of ASTM C33- 13 [\[34\]](#page-23-13), respectively. All tests were conducted in the engineering materials laboratory /University of Anbar.

<span id="page-3-0"></span>

<span id="page-3-1"></span>**Table 3** Physical, chemical properties of normal weight coarse aggregate



Lightweight coarse aggregate: Aggregates of clayey stone called Ponza used as lightweight aggregate to decrease selfweight of concrete mixtures. The aggregates were crushed and sieved to the desired gradient complying with the requirement of ASTM C330-17 [[35](#page-23-14)] as shown in Fig. [3.](#page-4-0) Laboratory tests conducted to fnd the physical properties of the aggregates like specifc gravity and absorption, which are listed in Table [4.](#page-4-1) In order to eliminate the slump loss due to high capacity of water absorption induced from cellular structure of the lightweight Ponza aggregate the following procedure was implemented. Lightweight Ponza aggregate was frst immersed in water for 24 h. Afterward, the excess water was dripped off and the aggregate spread out by hand in laboratory for having a saturated surface dry condition (SSD). Figure [4](#page-4-2) shows photographic views of the Ponza aggregate spread out inside laboratory.

Superplasticizer: Paste of SCC requires high deformability to prevent increases in the internal stress induced from contact between coarse aggregate particles. High deformability of SCC can be attained only by the employment of a Superplasticizer (SP), that decreases the water-powder ratio to a very low value [[3\]](#page-22-2). In this investigation aqueous solution of modifed Polycarboxylic based on high range-water reducing agent (HRWRA) was employed as superplasticizer

<span id="page-3-2"></span>

<span id="page-4-0"></span>**Fig. 3** Grading curve of light weight aggregate (Ponza)



<span id="page-4-1"></span>**Table 4** Physical properties of normal weight coarse aggregate



to adjust the desired workability for all concrete mixes. It is free from chlorides and complies with ASTM C494-13 [[36\]](#page-23-15) type F. Table [5](#page-5-0) shows the technical data obtained by the manufacture for this type of SP.

Recycled PET fbers: Reinforcing fbers in this work were constructed from waste PET bottles of crystal soft drink that

<span id="page-4-2"></span>**Fig. 4** spread out the lightweight aggregates to have SSD condition

ment. This segment was then cut by paper shredder into pieces of 4 mm wide along their length and a paper cutting machine was used to obtain the desired length in rectangular shape (Fig. [5](#page-5-1)). The tensile strength and modulus of elasticity for this type of recycled waste plastic fbers WPF (PET fbers) was 105 MPa and 0.57 GPa [[37](#page-23-16)]. The physical properties of PET fber used are given in Table [6.](#page-5-2)

were cleaned to remove impurities and formed into a seg-

#### **Mixtures**

Three diferent aspect ratios (length of the fber/equivalent diameter) were selected in this investigation: 15, 30, and 45, and by equivalent diameter method the fber lengths used were extracted as shown in example of aspect ratio=15 below.

Example to determine desired length of WPF:



<span id="page-5-0"></span>**Table 5** Technical data of superplasticizer

Appearance	Light brown / Turbid liquid	
Density	$1.084 + 0.01$	
pН	$4 - 4.8$	
Storage	Should be stored in original containers and at $5 - 35$ °C	
<b>Transport</b>	Not classified as dangerous	

 $l=18.15$  mm.

The estimated lengths for each aspect ratio are found in Table [7](#page-6-0) whereas, Fig. [6](#page-6-1) shows photographic views of these lengths of PET fber.

**Mix Proportion**: Mixes in this investigation were carried out on two stages: in the frst stage, the control mix of SCC named as MR was designed based on the guidelines of EFNARC [[38](#page-23-17)] through preliminary experimentation using trial and error until the fnal proportions satisfed the SCC requirements. The best fresh and mechanical properties for

<span id="page-5-2"></span>**Table 6** physical properties of recycled PET fber

Fiber color Density	(gm/cm <sup>3</sup> )	Water absorption $ratio(l/d)$ (mm) %		Aspect Thickness Width	(mm)
crystal	1.37	$\theta$	15 30 45	0.3	



For aspect ratio  $=15$ , calculate the equivalent diameter (d) by area equality:

width of PET fiber  $= 4$  mm, thickness of PET  $fiber = 0.3$  mm

 $3.14 \cdot d^2/4 = 4 \cdot 0.3$  $d = 1.234$  mm.  $1/d = 15$ .  $\pi$ 4 *d*<sup>2</sup> = *widith* ∗ *thikness*

<span id="page-5-1"></span>**Fig. 5** Process used to form PET fbers **a** prepare soft drinks bottles. **b** paper shredder to cut bottle **c** paper cutting to obtain the desired length. **d** prepared fibers

<span id="page-6-0"></span>



SCC were attained when the replacement level of fly ash as supplementary cementitious material was 20% and 40% by weight of cement [[39\]](#page-23-18). Therefore, a total binder content of  $500 \text{ kg/m}^3$  in all mixes of this study was acquired by incorporating 80% Portland cement and 20% fy ash by weight.

The water/binder ratio and fne aggregates contents were kept constant in all mixes. To keep fresh properties in a desired range, SP dosage was adjusted at 2% by weight of binder. Then, another four mixes were obtained by substituting natural coarse aggregate (gravel) with lightweight coarse aggregates (Ponza) at diferent replacement ratios ranging from 40 to 100% at 20% increments by volume of natural aggregates in MR mix. The composition of the mixes in stage one is presented in Table [8](#page-7-0).

Test results of mechanical properties for this mix have showed that the mix with 100% lightweight aggregate (M100) have lower splitting tensile strength and fexural strength, this result was in agreement with those obtained



<span id="page-6-1"></span>**Fig. 6** Recycled PET fber produced **a** length of 18.51 mm **b** length of 37.02 mm **c** length of 55.53 mm

<span id="page-7-0"></span>**Table 8** Concrete mix proportions in frst stage



by Pannem and Kumar [[40](#page-23-19)]. Thus, in the second stage the M100 mix was selected to be a control mix in order to enhance its ductility and tensile strength by adding fber. Afterword, the weight proportion of all ingredient in M100 was reduced by the volumetric replacement of PET fber using the relative specifc gravities of each material. Three Aspect ratio (15, 30, and 45) and three volume fractions  $(0.5\%, 0.75\%, \text{ and } 1\%)$  of PET fiber were utilized to obtain another nine mixes in this stage as clearly appears from the mix proportions detailed in Table [8](#page-7-0).

The abbreviation for the mixture name consists of two parts. The frst part represents the volumetric percentage of plastic waste fbers (i.e., volume fraction aspect ratio). The second part represents the aspect ratio used in the concrete mix (i.e., the product of dividing the length of the fber by its equivalent diameter), for example, F0.5%,15 means the presence of fbers in volume fraction of 0.5% and aspect ratio of 15.

#### **Mixing procedure**

The same mixing procedure was used in all concrete mixes to provide homogeneous and uniform mixture. Concrete mixing sequence started with mixing PET fber with coarse and fne aggregate for one minute in a ban type mixer with capacity of  $0.1 \text{ m}^3$ . This was followed by incorporating cement and fy ash in the mixer and mixed until the dry ingredients become homogeneous. Then, the water containing HRWRA was added gradually to avoid segregation and the wet mixing continued for further 3 min. Finally, the concrete was left one minute for rest, and mixed again for one minute to obtain homogeneous mix.

#### **Casting and curing**

Immediately after the concrete mixing, Cubic, Cylindrical, prismatic, and slab specimens were cast in the prepared molds without any vibration. Before casting the concrete in molds, they were appropriately cleaned and lubricated with oil. Then, all these specimens were covered with nylon sheets. After 24 h of casting, the molds were demolded, and the specimens were cured in water tank.

## **Testing procedure**

In this research, experimental investigations were conducted in three parts. In the frst and second parts, investigations were performed on the fresh and hardened properties of concrete slabs, considering diferent mix proportions. In the third part, a detailed experimental study was conducted on the low velocity impact. Fresh-state tests for self-compacting slabs were performed within 15 min after the addition of the mixing water, based on standards and procedures of EFNARC guidelines [\[38](#page-23-17)]. The slump flow and T-500 tests were performed according to the EFNARC guidelines [\[38\]](#page-23-17) in order to determine the followability of self-compacting concrete. In addition, L-box test was carried according to the EFNARC guidelines [[38\]](#page-23-17) out to check the passing abilities of fresh concrete. A sieve segregation test was performed to determine the segregation index (SI) [[38\]](#page-23-17).

**Dry bulk density:** In this investigation, it is crucial to acquire the dry bulk density of concrete after hardening, because the way to categorize the concrete as lightweight is to make sure that it matches the density criteria according to EN206 [\[9](#page-22-8)], which states that the concrete is lightweight when the oven-dry density is more than  $800 \text{ kg/m}^3$  and not exceed 2000 kg/m<sup>3</sup>. To find the dry bulk density, procedure explained in ASTM C567-14 [[41](#page-23-20)] has been followed. **Compressive strength:** To measure the compressive strength development at ages of 7, 28, and 90 days, the test was conducted using three 100 mm cubes by testing machine (ELE-Digital) with 2000 kN capacity in terms of applying the load to the specimen continuously until failure. The test was carried out in accordance to the procedure outlined in BS EN 12390-3:2009 [\[42](#page-23-21)] standard. **Ultrasonic pulse velocity:** Measurements of ultrasonic pulse velocity on three 100 mm cubic specimens were conducted after 28 days of curing using equipment for generating ultrasonic pulse (type control italy) with frequency of 54 kHz and accuracy of 0.1, according to the ASTM C597- 09 [\[43\]](#page-23-22). The acoustic impedance, defned by the pulse velocity and density (Eq. [1\)](#page-7-1), is a measure of transmitting sound waves through medium [[44\]](#page-23-23).

<span id="page-7-1"></span>
$$
Z = V_{\rho} \tag{1}
$$

where

 $Z =$  acoustic impedance, kg/m<sup>2</sup> sec *V*=ultra pulse velocity, $\frac{km}{s}$  $\rho =$ density, kg/m<sup>3</sup>

**Thermal conductivity (k-value):** The thermal conductivity tests were implemented on 100 mm cube at age of 28 days based on ASTM C 1113-90 (hot wire method) [[45](#page-23-24)]. A measuring instrument (quick thermal conductivity meter QTM 500) equipped with a probe containing of thermocouple and heater wire, shown in Fig. [7.](#page-8-0) The principle of measuring k-value in QTM 500 as follow: a constant electrical energy is applied to a heater in probe, and the temperature of the hot wire will be increased. Then, linear curve is plotted between temperature and time scaled in logarithm. *k*-value is calculated using Fourier equation based on the slope of the curve and rate of temperature increase. This method, which determines the k-value by means of a transient method, takes a few minutes in contrast to the other methods including steadystate conditions. **Flexural toughness:** Toughness is a signifcant characteristic in concrete which demonstrates its resistance to failure under bending applied loads. It is the ratio of absorbed energy that can be determined as area under load—defection curve. To measure the fexural toughness, four-point load test was performed using testing machine (type WDW- 200E) with loading rate of 0.075 mm/min on prismatic specimens with dimension of  $100 \times 100 \times 400$  mm at age of 28 days of curing, followed ASTM C 1609-12 [[46](#page-23-25)]. The load was applied on a span length of 300 mm at 100 mm from both supports. The relationship between load and defection is drawn by the software of testing machine as shown in Fig. [8](#page-8-1).

**Impact strength** for concrete slabs: The test was conducted to compare the relative impact parameters of different volume fraction and aspect ratio of fber in SCLC and to exhibit the enhanced performance of fber-concrete compared to conventional concrete. A total of 20 slabs with dimension of  $400 \times 400 \times 40$  mm<sup>3</sup> were made for low velocity impact test, (see Fig. [9\)](#page-9-0). The age of slabs was



<span id="page-8-1"></span>**Fig. 8** Flexural toughness test

90 days and average fndings of two slabs was adopted. The apparatus used for this test consist of:

- i. A steel tube (height of 2400 mm and diameter of 110 mm) used as vertical guide for falling ball to center the impact blow in the mid-span of the slab.
- ii. Square support frame for supporting and fxing the concrete specimens. It was kept rigid by welding it to short columns separated from the testing machine in order to avoid any vibration that might afect the reading of the dial-gage (Fig. [9\)](#page-9-0).

This test yields the number of blows caused by a steel ball of weight 1.4 kg and diameter of 55 mm that dropped freely without touching the tube from 810 mm height. A rubber strip of 40 mm width is used below the slaps to

<span id="page-8-0"></span>**Fig. 7** The apparatus used to evaluate the thermal conductivity



<span id="page-9-0"></span>**Fig. 9 A** Digital gauge **B** Slab in impact testing machine. **C**: Impact testing machine. **D** Detailed diagram of the impact tester



 $(A)$ 

 $(B)$ 

 $(C)$ 



reduce the efect of vibration. To compute the maximum defection of slabs during the impact test, a special digital gauge, which can be locked at the maximum reading during the blows, is attached in the center below the concrete slabs as shown in Fig. [9.](#page-9-0) Three parameters called frst failures, initial scabbing, and fnal failures, which testify the specimen resistance to impact load, were noted. First failure represents the number of blows caused the frst visible crack in slab specimen, initial scabbing represents the number of blows caused frst scabbing in the distal face, and fnal failure represents the number of blows caused no response by specimen to impact load. The impact energy was determined using Eq. [\(2\)](#page-9-1) [\[47\]](#page-23-26).

## $EI = N \times m \times g \times h$  (2)

<span id="page-9-1"></span>where

 $EI =$ Energy of impact, N m *N*=number of blows

*m*=mass of the dropping hammer, kg

 $g =$ gravity acceleration, m/s<sup>2</sup> *h*=height of drop hammer,

### **Results and discussion**

Increasing the slump fow diameter and L-box height ratio, respectively, simultaneously improved the flling and passing capacity. This was discovered when the replacement level of lightweight aggregate was increased. According to the EFNARC guidance, all of the mixes demonstrated high resistance to segregation despite the increase in the segregation index brought on by the inclusion of lightweight aggregate. With the exception of the mix containing only 100% lightweight aggregates, all mixes had compressive strengths more than 42 MPa at 28 days of SCLC.

#### **Dry bulk density**

The mixtures' dry bulk densities have been measured, and Fig. [10](#page-10-0) compares the densities for the MR, M40, M60, M80, and M100 mixtures. Compared to SCC's dry density of 2305 kg/m<sup>3</sup>, SCLC's dry density ranges between 1703 and  $2040 \text{ kg/m}^3$ . It was observed that a decrease in dry density resulted from an increase in the volumetric replacement of lightweight aggregate. For instance, the dry density of the M40, M60, M80, and M100 mixes, when compared to the MR mix, was as low as 11.5%, 16.5%, 21.08%, and 26.1%, respectively. Ponza aggregates' low weight might be responsible for the reduction in the weight of concrete. In conclusion, replacing Ponza aggregates would result in a roughly 12–26% reduction in the dead load of structural buildings. The change in dry density of all mixes in the second stage mixes are graphically exemplifed in Fig. [11.](#page-11-0) As observed in this Figure, the control mix M100 has the highest dry density followed by series of mixes with PET fber of 0.5%, 0.75%, and 1%, sequentially. At same aspect ratio of 30 and

compared to M100 mix, dry density decreased by 2.8%, 4.5%, and 6% for mixes with 0.5%, 0.75%, and 1% fbers, respectively. Generally, the addition of PET fbers in SCLC mixture decreases the dry density of the mixture. Furthermore, results of dry density in the mixes containing longer fbers (aspect ratio of 45) gives lower densities, regardless of the fber content. This may be because utilizing long fbers at a high ratio leads to increased voids in concrete caused by the fbers' balling impact and incomplete consolidation. [[48](#page-23-27)].

#### **Ultrasonic pulse velocity**

The UPV experiment is conducted for the estimation the quality of concrete, as well as it is a good indication about the presence of internal voids and cracks. The effect of lightweight aggregates as a volumetric replacement of natural aggregates on UPV of SCC is presented in Fig. [12](#page-11-1). This Figure clearly shows that the UPV of concretes decreased noticeably depending on the amount of lightweight particles used. The SCC mixtures with 100% natural aggregate (MR) showed the maximum pulse velocity value, whereas the mixture with 100% lightweight aggregate (M100) showed the lowest pulse velocity. The UPV of mixes containing 40%, 60%, 80%, and 100% lightweight particles was specifcally 2.8%, 7.8%, 9.7%, and 13% lower than that of the control concrete, respectively. The use of lightweight aggregate has a substantial impact on dropping density and rising voids, which leads to decreased UPV, according to the fndings of bulk density and porosity tests. All the produced SCC and SCLC in this stage had velocity values above 4 km/sec, so the concretes were considered to be good and excellent of quality [\[49](#page-23-28)]. Figure [13](#page-12-0) compares the UPV of SCLC at different ratios and lengths of PET fber. It was observed, as predicted, that the UPV values marginally dropped as the



**Volumetric replacement of lightweight aggregate**

<span id="page-10-0"></span>**Fig. 10** Efect of lightweight aggregate on dry bulk density of hardened SCC

<span id="page-11-0"></span>

<span id="page-11-1"></span>**Fig. 12** Efect of lightweight aggregates on UPV





**PET fiber ratio** 

**Volumetric replacement of lightweight aggregate**

volume % of PET fber increased. However, where this test is not spastically developed for fber reinforced concrete, the inclusion of PET fbers may signifcantly change the velocity values. The reduction in the UPV of the SCLC with 0.5%, 0.75%, and 1% at the same aspect ratio of 15 were 1.7%, 4.4%, and 8.2%, respectively, compared to the control concrete. The cause is that PET fber's balling during tamping may actually contribute to increasing the voids. Additionally, adding fber and using PET fber with a larger aspect ratio had a negative impact on the concrete specimens' pulse velocities. For instant, the mix with 0.5% and aspect ratio of 15 had a UPV of 3.94 km/sec, while in F 0.5% 30 and F0.5% 45 the UPV were 3.87 and 3.65 km/sec, respectively. The UPV values for all second stage mixes at age 28 days ranged between 3.47 and 4.01 km/ sec. According to these values, SCLC with PET fber prepared in this study can be categorized as a good quality concrete [\[49](#page-23-28)].

## **Acoustic impedance**

The acoustic impedance is carried out in this investigation to assess the loudness in concrete at diferent ratio of lightweight aggregates and diferent volume fraction of PET fiber (Table [9\)](#page-12-1). The acoustic impedance, defined by

<span id="page-12-0"></span>



**PET fiber ratio** 

#### <span id="page-12-1"></span>**Table 9** Concrete mix proportions in  $\text{kg/m}^3$  (second stage)



the pulse velocity and density, is a measure of transmitting sound waves through medium [[50\]](#page-23-29).

 $Z = \rho V$  (3)

where

 $Z =$  acoustic impedance, kg/m<sup>2</sup> sec *V*=ultra pulse velocity,  $\frac{\text{km}}{\text{s}}$  $\rho =$ density, kg/m<sup>3</sup>

Tables [10](#page-12-2) and [11](#page-13-0) show the effect of lightweight aggregate and PET fber on the acoustic impedance, respectively. From Table [10,](#page-12-2) it can be observed that increase in substitution level of lightweight aggregate causes a reduction in acoustic impedance value. For instance, group concretes with lightweight particles (M40, M60, M80, and M100 mixes) had an approximate 14–36% lower acoustic impedance than MR mix. As a result, utilizing concrete containing Ponza aggregates instead of natural aggregates

<span id="page-12-2"></span>



could boost sound insulation in structural members by 36%.

Table [11,](#page-13-0) which summarizes this information, shows that using PET waste as fber also helps to reduce the acoustic impedance of SCLC by roughly 21%. This is <span id="page-13-0"></span>**Table 11** Efect of PET fber on the acoustic impedance



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probably because blends containing PET fiber have gaps, which enhance sound insulation.

# **Thermal conductivity**

The typical measurement of thermal conductivity values for mixes in the frst stage are presented in Fig. [14](#page-13-1). When lightweight aggregate content was taken into account, it was concluded that as the replacement level of lightweight aggregates increased, thermal conductivity decreased. It is clear from Fig. [14](#page-13-1) that the highest thermal conductivity was in control concrete MR, while the lowest value was in M100 mix. In other words, with respect to MR mix the decrease in thermal conductivities were 18.5%, 31.4%, 34.3%, and 46.1% for M40, M60, M80, and M100 mixes, respectively. The use of Ponza aggregate, which has highly porous structure, as a substitute of gravel aggregates is a consequence of the increase in the voids (porosity) and the decrease in density and hence, thermal conductivity drops. This result is confrmed by Penelope and Williams [[46\]](#page-23-25) and ACI committee [[47\]](#page-23-26) for another type of lightweight aggregate.

Figure [15](#page-14-0) shows graphically the relationship between the ratio of PET fbers and heat conductivity at various fber aspect ratios. It can be seen that the SCLC's thermal conductivity somewhat decreases when the ratio of PET fbers increases.

Control concrete M100 with no fiber content had a thermal conductivity of 0.96 W/Mk, while concrete with 0.5%, 0.75%, and 1% PET fber contents had values of 0.82, 0.81, and 0.78 W/mK, respectively. With PET fber levels of 0.5%, 0.75%, and 1%, respectively, at the same aspect ratio of 45, there is therefore a nearly 14.6%, 15.6%, and 18.7% reduction in thermal conductivity. It is evident also that with the increase length of PET fber, there is decrease in thermal conductivity of the SCLC mixes. Values show that for same fber ratio of 0.75% there was around 7% decline in thermal



**Volumetric replacement of lightweight aggregate**

<span id="page-13-1"></span>**Fig. 14** Efect of lightweight aggregates on the thermal conductivity

<span id="page-14-0"></span>**Fig. 15** Efect of PET fber on the thermal conductivity



**PET fiber ratio** 

conductivity with increase in fber aspect ratio from 15 to 45. This reduction in the value of thermal conductivity is associated to increase pore structures in concrete when incorporation PET fber.

The conclusion is certifed not only out own results, but also other studies [[51,](#page-23-30) [52\]](#page-23-31). As a summary, both lightweight aggregates and PET fber have reduced thermal conductivity and this contributes to an enhancement in heat insulation and achieving optimized condition in concrete against the efect of fre. This might make this type of concrete more efficient to be used to reduce the cost of heating and cooling of concrete buildings in summer and winter, respectively. Thermal conductivity depends upon the density of concrete. So, Topçu et al. [[53\]](#page-23-32) has proposed a relationship between *K*-value and dry unit weight ( $\rho$ ) as follow [\[53](#page-23-32)]:

$$
K = 0.0864e^{0.00125\rho} \tag{4}
$$

In this investigation, the relationship between *K*-value and dry bulk density regardless the efect of lightweight aggregates and PET fber was plotted in Fig. [16.](#page-14-1) The results in this Figure show that the thermal conductivity of SCLC produced with lightweight aggregate and WPF can be predicted from its dry bulk density using Eq.  $(5)$  $(5)$  [[53\]](#page-23-32).

<span id="page-14-2"></span>
$$
K = 0.131e^{0.0012\rho} \tag{5}
$$

There is a slight diference between both equations. This can be due to the fact that the SCC is distinguished from the ordinary concrete by the abundance of fne materials, which works to reduce porosity and thus increase the coefficient of thermal conductivity.



<span id="page-14-1"></span>



## **Flexural toughness**

As known from the previous literature, the signifcant infuence of fber on concrete is to improve post- peak behavior. Thus, fexural toughness is an essential parameter to assess this infuence.

Many methods have been suggested to achieve flexural toughness. The ASTM C 1906 method was used in this investigation to calculate flexural toughness [\[46](#page-23-25)]. Load–defection curves for the SCLC and SCLC with PET

<span id="page-15-0"></span>

fber mixes are displayed in Figs. [17](#page-15-0), [18,](#page-15-1) [19,](#page-15-2) [20,](#page-16-0) [21,](#page-16-1) [22,](#page-16-2) [23,](#page-16-3) [24](#page-17-0), [25](#page-17-1), [26](#page-17-2).

The result based on the mentioned fgures indicated that the maximum load of control specimen lower than maximum load of the specimens with PET fber. Also, the response in the post-cracking region diferentiated in specimen without fber (control) from specimens with PET fber. Control specimen behavior was a sudden drop in load–defection curve once the peak-point of loading was reached. Thus, this specimen failed in a brittle mode

<span id="page-15-2"></span><span id="page-15-1"></span>

<span id="page-16-3"></span><span id="page-16-2"></span><span id="page-16-1"></span><span id="page-16-0"></span>

<span id="page-17-1"></span><span id="page-17-0"></span>

<span id="page-17-2"></span>and separated into two pieces, while specimens with fbers exhibited a ductile behavior due to bridging efect of fber that carry load after the peak. The work of plastic fbers begins after the frst crack. It represents the highest load on the load–defection curve. The fbers will redistribute the stresses and transfer them to the matrix on both sides of the crack. After that, the load will gradually decrease at increase defection until the fnal failure occurs. Therefore, the behavior of strain softening could be seen in concretes containing PET fbers. Also, the area under load–defection curve increased as volume fraction of fber increased which states the enhancement of fexural toughness. The toughness is assessed by calculation the area under the load–deflection curves from net deflection zero up to span length /150 according to ASTM C 1609-12. Another parameter such as peak frst load and residual strength at two defections (L/600 and L/150) were determined as illustrated in Table [12](#page-18-0) and the defnition of these parameters are shown in Fig. [27](#page-18-1).

As shown in Table [12,](#page-18-0) the incorporation of PET fibers had slightly afected the load of frst crack. Compared to control concrete M100, there is an increase in frst crack load of SCLC in range of 8.6%- 16.3% with the increase in PET fiber content up to  $0.75\%$  [\[7](#page-22-6), [54](#page-23-33)].

<span id="page-18-0"></span>





<span id="page-18-1"></span>**Fig. 27** Defnition of parameters according to ASTM C1609-12

On the other hand, there was a signifcant positive infuence for fber on the post-cracking behavior. The area under curve  $(T\frac{D}{150})$  of all SCLC increased with addition PET fiber in the SCLC. The highest amount of T  $\frac{D}{150}$  is achieved by F 1% 45 specimen. On average, this value was 15.5726 KN.mm and it is almost 181.4% higher than the one with F0.5% 15. Also in this case, the residual strength increased proportionally to the content of PET fber added to the SCLC. The residual strength value of D/150 standing at 0.51 MPa for F 0.5% 15 mix increased to 2.45 MPa for F1% 45 mix. It is clearly, that the toughness (energy absorption capacity) and residual strength of the SCLC was greatly

improved with higher aspect ratio of fber. The present fnding indicated in line pattern with results of Faisal et al. [\[55](#page-23-34)].

Borg et al. [[56\]](#page-23-35) found that increasing volume fraction of recycled PET fber provided better toughness and residual strengths of concrete.

## **Impact strength of concrete slabs**

The impact slabs test responses include the number of impacts that result in the frst crack, the initial scabbing, and the perforation (final failure). The energy that the SCLC slabs absorbed when struck was then calculated. For investigation of the impact behavior, the maximum displacements in the frst crack at the middle of the bottom of the slab were also recorded. Based on the image processing technique, additional impact test characteristics such as mode failure and fracture pattern were reported.

#### **Number of impact blows and energy absorption**

Number of blows and energy absorption to frst crack, initial scabbing, and perforation are summarized in Tables [13](#page-19-0) and [14](#page-19-1). From Table [13](#page-19-0), it can be concluded that, the concrete slabs without plastic waste fbers had a lower number of blows that caused the appearance of the frst crack as compared to those with plastic waste fbers. It can also be noted that the increase in the volumetric fber ratio has a positive efect on the number of blows that cause the frst crack and fnal failure.

After the initial crack, the SCLC slab exhibited brittle behavior and had the lowest impact resistance. The SCLC

<span id="page-19-0"></span>**Table 13** Number of impact blows at frst crack, initial scabbing, and ultimate failure

Mix code	Volume fraction of fiber $(\%)$	Aspect ratio of fiber	Number of blows to cause		
			First crack	Initial scab- bing	Ulti- mate failure
M100	0	0	1	3	15
F0.5% 15	0.5	15	1	8	34
F <sub>0.5</sub> % 30		30	$\overline{2}$	9	41
F <sub>0.5</sub> % 45		45	$\mathfrak{2}$	13	46
F0.75% 15	0.75	15	$\mathfrak{2}$	11	43
F0.75% 30		30	3	15	55
F <sub>0.75</sub> % 45		45	3	16	63
F <sub>1</sub> % 15	1	15	$\mathfrak{2}$	14	54
F <sub>1</sub> % 30		30	3	21	66
$F1\%$ 45		45	3	22	71

<span id="page-19-1"></span>**Table 14** Energy absorption at frst crack, initial scabbing, and ultimate failure

slabs containing fber, however, could withstand more blows up until the perforation. The specimen of control concrete had the poorest overall impact resistance of all the test specimens. The increase in the impact resistance at post-cracking reign is depending on the content and aspect ratio of PET fber. The increases in number of blows at ultimate failure over the corresponding control concrete mix were almost 206.6%, 320%, and 373.3%, respectively, through the addition of PET fbers at volume fraction of 0.5%, 0.75%, and 1% with similar aspect ratio of 45. Furthermore, SCLC with short fber showed lower impact resistance than with long one due to low fber-matrix bond strength (e.g., the number of blows to cause frst and ultimate failure for F 1% 15 was 2 and 54, respectively, while it was 3 and 71 for F 1% 45).

With increasing PET fber content and length, variations in impact results also arise in the initial scabbing blow count. Similar to how the frst scabbing in M100 showed in the third impact blow, but not in F1% 45 until 22 blows later. According to that, a signifcant improvement in impact resistance is basically accomplished by using PET fber in structural SCLC. Table [13](#page-19-0) clearly shows that MI00 concrete have the lowest energy absorption capacity. For instance, energy absorption was found to be 11.12, 33.37, and 166.87 Joules for M100 concrete as well as 33.37, 244.74, and 789.84 Joules for F1% 45 concrete at frst crack, initial scabbing, and ultimate failure, respectively. However, SCLC with WPF had increased 127–373% in energy absorption at ultimate failure with respect to control concrete. Thus, the addition of PET fber enables SCLC to absorb more impact energy in comparison with plain concrete. The reason behind improvement of impact resistance and energy absorption may be attributed to high ductility capacity of concrete reinforced with WPF, which resist the propagation of cracks by bridging it and delay the occurrence of whole collapse of concrete slab. The impact results are consistent with previous findings [\[26](#page-23-5), [27](#page-23-6)].

Figure [28](#page-20-0) presents the results of the measured maximum central defection at the frst crack for diferent volumetric



<span id="page-20-0"></span>

ratio and aspect ratio of WPFs for all concrete slabs. Under impacts from the similar drop height, the reference concrete specimens underwent larger defections in comparison with the specimens reinforced with WPF. The maximum defection measured by the digital gage decrease by about 42% due to the PET fbers efect.

#### **Failure and crack patterns**

The majority of the cracks on the top and distal face of the slab radiate outward from the impact site (the middle of the slab) and were concentrated along the diagonals. In essence, the hairline was the frst crack on every specimen. More impact hits caused more recent cracks to form along the center axis. Then, new fssures appeared on the surface and old ones grew wider. According to Fig. [29](#page-20-1) failure mechanism, control concrete specimens showed brittle shear failure in which fragments detached and broke the specimen into pieces, whereas WPF-reinforced specimens showed localized failure at the impact point and no fragments detached because the PET fber helped hold the various fragments together. In addition, reinforced specimens exhibited more ductile failure process than the plain specimen and smaller deformation prior to complete perforation. Generally, incorporation of PET fber in SCLC signifcantly improved resistance of impact and reduced damage. For M100 concrete, typical scabbing on the tension surface appeared on third blow but in reinforced slabs more blows required to cause serious scabbing on tension surface and cracking occurring much later in comparison with the M100 concrete. Also, number and width crack at ultimate failure decreased with increase content of PET fbers (Fig. [30](#page-21-0)). About three hairline **PET fiber ratio** 



**Fig. 29** Failure Pattern of control specimen

<span id="page-20-1"></span>cracks were found on reinforced slab specimen of 1% volume fraction and 45 aspect ratio of WPFs. Larger amount of cracks was noticed for other specimens.

# **Conclusions**

The obtained experimental results show that self-compacting lightweight concrete with dry density of  $1700 \text{ kg/m}^3$ , slump flow of 880 mm, compressive strength at 28 days of 36 MPa, and thermal conductivity of 0.96 W/mK can be achieved using 100% natural lightweight aggregate. The reuse of waste plastic materials in concretes, which

<span id="page-21-0"></span>**Fig. 30** Failure Pattern of specimens reinforced with PET fber

F 0.5% 15 F 0.5% 30 F 0.5% 45 F 0.75% 15 F 0.75% 30 F 0.75% 45 F 1% 15 F 1% 30 F 1% 45

can be obtained with a low cost, seems to be a good way, which can contribute to maintain clean environment. In addition, it is clearly from the results of this study that the use of optimum volume fraction and aspect ratio of WPFs improve concrete performance. The details of the above main conclusion can be drawn as follow:

- Uniform SCLC with varying bulk dry densities in the range of 1703–2305 kg/m<sup>3</sup> were produced. SCC mix containing 100% of lightweight aggregates was almost 26% less dry bulk density than SCC with 100% of natural aggregate.
- Although the ultrasonic pulse velocity decreases when lightweight aggregates are incorporated in the mix design of SCC, all the produced SCC and SCLC had UPV values more than 4 km/sec. Thus, the quality of produced concrete can be categorized as good to excellent.
- SCC with 100% crushed gravel aggregates has higher thermal conductivity coefficient than SCLC with replacement level of lightweight aggregates. This difference due to the porous structure of lightweight aggregated, which causes increase in porosity, thus reducing the coefficient of thermal

conductivity Moreover, replacing 40%, 60%, 80%, and 100% lightweight aggregates instead of natural aggregates increased the insulation of the concrete average in ratios of 18.5%, 31.4%, 34.3%, and 46.1%, respectively. This means that energy consumption in the construction would be decreased in ratio up to 46%.

- Concerning dry bulk density, SCLC containing WPF has lower dry bulk density than these of SCLC without PET fber. There was 8.8% decrease in dry density when the SCLC had a relatively high WPFs content (1%) and high aspect ratio of fber (45). A decrease in the unit weight of concrete beyond addition PET fber leads to decrease in the structural dead load.
- The thermal conductivity of SCLC decreased with addition of WPF. The decrease in coefficient of thermal conductivity induced from inclusion PET fber was in range of 3.1%–18.7% compared to the non-fber SCLC.
- There was a remarkable influence of PET fiber on the load–defection curve of SCLC even at 15 aspect ratios, which help to prevent brittle failure of SCLC. Further, the area under curve  $(T \frac{D}{150})$  of SCLC increased by increasing volume fraction and aspect ratio of PET fbers. The highest value of T  $\frac{D}{150}$  is achieved when volume fraction and aspect ratio of fbers was 1% and 45, respectively. On average, this value increased by almost 181.4% than the one with 0.5% and 15. The SCLC containing WPF exhibited a strain softening with a substantial improve in ductility.
- A substantial enhancement in the low velocity impact strength of all SCLC mixes reinforced with PET fbers over control mix was recorded. The increase in the fbers ratio achieves higher number of blows at frst crack, initial scabbing, and failure. Comparing to the control mix, the amount of increasing at ultimate failure varied from (206.6%) at (Vf =  $0.5\%$ ) to (320%) and (373.3%) for 0.75% and 1% volume fraction.

## **Declarations**

**Conflict of interest** On behalf of all authors, the corresponding author states that there is no confict of interest.

**Ethical approval** This article does not contain any studies with human participants or animals performed by any of the authors.

**Informed consent** Informed consent was obtained from all individual participants.

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