#### **TECHNICAL PAPER**



# **Efect of mix proportion on the strength and durability of plastic and sand composite for construction applications**

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#### **Abstract**

The management of solid waste continues to be a major challenge, particularly in the urban agglomeration in developing and underdeveloped countries in the world. One type of solid waste that is of national and global concern is waste plastic. It has become necessary to fnd a sustainable way for its disposal. This study sought to explore the potential of recycling waste plastic as a binder to produce composite for construction purposes. Polyethylene Terephthalate (PET) type of plastic was employed in this study. Melted waste PET plastic was mixed with sand at three diferent compositions of 1:1, 1:2, and 1:3. The infuence of the varying mix compositions on the morphology, strength, and durability of the composite was investigated. The highest compressive strength of 11.5  $N/mm^2$  was obtained from a mix ratio of 1:2. Meanwhile, the results of the post-elevated compressive strength showed a slight reduction in strength. The water absorption for the composite was below 1%. However, the scanning electron microscopy images showed sand reinforcing the waste plastic by flling voids, thereby enhancing its strength properties. The results obtained will provide a guide for designing plastic–sand composite for construction applications such as low bearing block walls.

**Keywords** Waste PET bottles · Strength · PET-Sand composite · Durability · Morphology

# **Introduction**

The continuous increase in the global waste plastic generation posed a serious threat to the environment, human health, and the ecosystem [[4,](#page-5-0) [20](#page-5-1), [27\]](#page-6-0). Plastic is the second most generated municipal waste in the world after food and fruit waste  $[7]$  $[7]$ . Unprecedented disposal and inefficient management of waste plastics have been a global concern [\[30\]](#page-6-1), most especially, in developing countries where there are weak waste management mechanisms,low rates of collection and recycling [[13,](#page-5-3) [24\]](#page-6-2). There is growing interest in the recycling of waste plastic as construction materials. Utilization of recycled waste plastic in construction would contribute to green construction and sustainable

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infrastructural development. This approach would diminish the traditional culture of incineration and landflls. There are diferent categories of plastic, and their level of recyclability can be known by their resin code [[25\]](#page-6-3). Plastic with recyclable arrows and Resin Identifcation Code (RIC) on the container are known to be recyclable. The lower the resin code, the more likely it is to be recyclable [[28](#page-6-4)]. Polyethylene Terephthalate (PET) plastic-type dominates the singleuse waste plastic generation stream. It is widely used for plastic beverage bottles, water bottles, trays, jars, etc. [[1,](#page-5-4) [16](#page-5-5), [21\]](#page-5-6). PET plastic contains atomic species of Carbon, C, Hydrogen, H Oxygen, O; thus, there won't be release of noxious gases when melted [[19\]](#page-5-7). Diferent research studies have incorporated waste plastic as partial or full replacement of aggregates in concrete mix [[5](#page-5-8), [12](#page-5-9), [18,](#page-5-10) [23\]](#page-6-5). Their fndings showed that less than 15% of aggregates can be added into concrete mix without signifcant impact on the strength properties [[11\]](#page-5-11). Increase in the utilization of waste plastic in construction sector motivates this study. Cement is a prominent material in construction industry. About 1.5 billion tons of cement are consumed in concrete industry annually [[23](#page-6-5)]. The ever-increasing cost of construction is partly associated with the rising cost of cement, owing to

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**Fig. 1** Drying of Sand

<span id="page-1-0"></span>

<span id="page-1-1"></span>**Fig. 2** Sieve analysis of sand

its high energy consumption and production cost [[6,](#page-5-12) [10,](#page-5-13) [26](#page-6-6)]. Alternatives are being sought in the use of agricultural and industrial waste materials. Hence, this study focuses on the use of waste PET plastic as the only binder in a lightweight composite for certain construction applications and circular economy.

#### **Materials and methods**

#### **Sand**

The sand was locally sourced from a river at the University of Ilorin, Ilorin, Nigeria. It was air-dried under ambient temperature (as shown in Fig. [1\)](#page-1-0) to remove absorbed water from the pores of the sand and to prevent the presence of lumps in the sand–plastic composite. From visual inspection, the sand has brownish color, odorless and free from impurities. It is not too coarse, as it did not hurt when rubbed on the palm. Laboratory tests of sieve analysis, bulk density, water absorption, moisture content, and specifc gravity were carried out in accordance with ASTM D422-63, ASTM D1895- 17, ASTM D570-98, and ASTM D4643-00, respectively, and are presented in Fig. [2](#page-1-1) and Table [1](#page-1-2).

#### **Waste plastic**

This study uses a Polyethylene Terephthalate (PET) type of plastic. It was locally sourced from a waste plastic recycling company at *Sobi* area, Ilorin, Nigeria. At the recycling company, the waste plastic was sorted, washed, and shredded into small sizes between 6.35 and 20 mm as shown in Fig. [3](#page-2-0). Specifc gravity, bulk density, water absorption of the waste plastics were determined in accordance with ASTM standards and are presented in Table [1](#page-1-2).

#### **Sample preparation and laboratory investigation**

The materials: waste PET plastic and sand, were batched by volume for three diferent mix ratios of 1:1, 1:2, and 1:3. The batched waste PET plastic was introduced into an aluminum bucket and then placed in a carbonization chamber to melt. Carbonization chamber is a semi-closed open system with a chimney to lead out the gas produced during the melting of the plastics. PET plastic has a melting point

S/N	Tests	Sand		Waste
		Values obtained	Standard	PET plastic
	Bulk Density $(g/cm^3)$	1.471	$1.4 - 1.68$	0.810
2	Specific gravity of sand	2.604	$2.6 - 2.8$	1.053
3	Water absorption of sand $(\%)$	1.894	${<}3\%$	0.000
$\overline{4}$	Moisture content of sand $(\%)$	0.901		
5	Co-efficient of curvature of sand	1.500	$1 - 3$	
6	Co-efficient of uniformity of sand	2.667	$\leq$ 4 = Uniformly graded $>4$ = Well or gap grade	
	Fineness modulus of sand	2.940	$2.2 - 3.2$	

<span id="page-1-2"></span>**Table 1** Physical properties of the materials



**Fig. 3** Shredded waste PET plastic

<span id="page-2-0"></span>of 260 °C at the range of 20 °C. Waste PET plastic was melted at a temperature between 260 and 300 °C. Since the process of the melting wasn't timed, to know if the plastic has completely melted, a long steel rod of 16 mm diameter was used to stir the sample of fre to feel the presence or absence of lumps. Hence, dictating the time of the completion of melting. The batched sand was gradually mixed with the melted waste PET plastic to give a homogenous mortarlike composite. The mixing of the sand with melted plastic was done inside the bucket while on fre. The composite was filled into  $100 \times 100$  mm molds and  $70 \times 70 \times 280$  mm beams and cast samples are shown in Fig. [3](#page-2-0). After 2 h, the samples were demolded and air-cured in the laboratory at an ambient temperature of 24 °C. Waste PET plastic is a thermoplastic with the ability to solidify when cooled due to the reversible chemical bonds among its molecules. The morphology of the waste PET plastic and sand composite was analyzed using JEOL JCM—7000 benchtop Scanning Electron Microscopy (SEM) with Neoscope software. High vacuum observation conditions and an acceleration voltage of 15 kV were set to take images at several magnifcations and speeds. Strength properties of compressive and fexural strength of the hardened waste PET plastic and sand composite were determined in accordance with ASTM C39/ C39M—18 and ASTM C78. However, samples were fully immersed in water and the corresponding water absorptions were determined after 1, 6, 24, and 48 h in accordance with ASTM D5229. In order to determine the post-elevated temperature compressive strength of waste PET plastic and sand composite, each mix ratios samples of  $100 \times 100$  mm cube size was exposed to an elevated temperature of 200 °C for 2 h. An Electric furnace with temperature control was employed and set to 200 °C. After the furnace has reached the required temperature, the samples were placed in the furnace. Changes in density of the composite samples at 20 min, 40 min, 1 h, and 2 h were measured. The samples were allowed to cool for 24 h, and the residual strength of the composite samples was determined and strength loss was computed (Fig. [4](#page-2-1)).

# **Results and discussions**

#### **Compressive strength test**

Figure [5](#page-2-2) shows the compressive strength results of the waste PET Plastic and Sand composite against the curing days. It can be observed that the compressive strength of waste PET plastic and sand composite increases as the curing days increase for all the mix proportions. For instance, the 28 days' compressive strength is 13–44% more than that of 7 days. Similar rising trend in strength as curing days was reported by Thiam et al. [[29](#page-6-7)]. They opined that polymers' degree of crystallinity and solidifcation increases as the duration of cooling increases. Waste PET plastic is a polymer material with reversible chemical bonds, it solidifes when cool and bonds with the sand particle, thereby enhancing cementation or strength ability. Meanwhile, the 28 days compressive strength result of 9.0 N/mm<sup>2</sup> , 11.5 N/



**Fig. 4** Cast composite samples

<span id="page-2-1"></span>

<span id="page-2-2"></span>**Fig. 5** Compressive strength results of Waste PET Plastic and Sand Composite

mm<sup>2</sup>, and 5.6 N/mm<sup>2</sup> was obtained for waste PET plastic and sand composite at mix ratios 1:1, 1:2, and 1:3, respectively. The addition of sand increased the strength up to twice the proportion of plastic. When the quantity of sand is increased to three times higher than the plastic, the plastic was insufficient to bind the sand. Hence, the lower adhesive binding force between the two constituent materials. This can be explained to be a result of the higher presence of cracks in the composite as shown in SEM images. Plastic melts and expands when heated and contracts and solidifes when cools, provided the melting point range was not exceeded. The mixing of plastic and sand to give a homogeneous paste elongates the duration of exposure of plastic to heat. The more the content of sand, the higher the duration. The higher temperature diference and duration creates tensile stress, weakens the interfacial transition zone between constituent materials, causes cracks, increases porosity, and subsequently decreases strength properties. Contrarily [[8,](#page-5-14) [14,](#page-5-15) [17](#page-5-16)], reported an increase in strength up to 1:3 mix ratio before a signifcant drop in strength at 1:4 mix ratio of plastic and materials. However, BS 5628-1:1992, prescribed the 28 days characteristic strength of masonry block made with cement and sand at 1:2.5 and 1:3.5 mix ratio to be 4.5  $N/mm<sup>2</sup>$  and 6.5 N/mm<sup>2</sup> , respectively. Thus, waste PET plastic and sand composite at 1:1, 1:2, and 1:3 of plastic & sand composite can be used for building blocks strength-wise.

# **Flexural strength test**

Flexural strength is a strength property of the composite against bending stress. Figure [6](#page-3-0) depicts the fexural strength of waste PET plastic and sand composite. The result indicated that the fexural strength increases as the content of sand in the composite increases. Waste PET plastic and sand composite at mix ratio 1:3 showed significantly higher values of 39% and 21% than mix ratios 1:1 and 1:2, respectively. The sand tends to reinforce the composite and thereby enhancing its resistance to bending. The resistance of a composite depends on the individual strength of constituent materials [\[2](#page-5-17), [3](#page-5-18)]. According to BS 5628-1:1992, the characteristic fexural strength of a mortar brick with water absorption of less than 7% and the plane of failure perpendicular to the bed joint should be at least  $1.5 \text{ N/mm}^2$ . Meanwhile, the obtained fexural strength values of waste PET plastic and sand composite for all the mix proportions are above the specified 1.5 N/mm<sup>2</sup>.

### **Water absorption test**

Figure [7](#page-3-1) presents the water absorption of the waste PET plastic and sand composite at diferent mix proportions. Generally, the water absorption of the composite is less than 1%, irrespective of the mix proportion. This can be attributed to the hydrophobic property of the waste PET plastic and which coats the sand particle, preventing the ingress of water through the pores of the sand. The results indicated that the water absorption increases as the duration of the composite in water increases. Likewise, the water absorption increases as the dosage of sand in the composite increases. The result is in agreement with the report of [[9](#page-5-19), [15](#page-5-13)], and [\[29](#page-6-7)]. The increment can be explained to be due to the hydrophilic property of sand [\[2](#page-5-17)] and the lower presence of waste PET plastic to coat the sand particles. More so, the cracks created by higher temperature diference at a 1:3 mix ratio increase the porosity of the composite [\[29](#page-6-7)].

#### **Fire resistance**

The durability of the waste PET plastic and sand is evaluated based on resistance to fire. Figure [9](#page-4-0) presents the changes in weight of the waste PET plastic and sand composite at diferent time duration, when exposed to elevated temperatures. The result indicated slight changes in the weight of all composites, irrespective of the mix ratio. For instance, the weight loss for waste PET plastic and sand of mix ratios 1:1, 1:2, and 1:3 is in the range of 0.07–0.2, 0.1–0.2 and

<span id="page-3-1"></span>



<span id="page-3-0"></span>

<span id="page-4-1"></span>**Table 2** Residual compressive strength at post-elevated temperature

Mix ratio	Initial compressive Post-elevated tem- Compressive strength $(N/mm^2)$ perature compres-	sive strength (N/ $mm2$ )	strength loss (N/ $mm2$ )
1:1	9.0	7.2	1.8
1:2	11.5	10.0	1.5
1:3	5.6	4.0	1.6



<span id="page-4-2"></span>**Fig. 8** Post-elevated temperature weight loss

0.1–0.2%, respectively. Upon expiration of 2 h exposure to elevated temperature, residual compressive strength was determined and the results are presented in Table [2](#page-4-1). The results showed that there is a compressive strength loss of 1.8, 1. 5, and 1.6 N/mm<sup>2</sup> . It can be observed that the 1:1 mix ratio with less quantity of sand gave higher compressive strength loss. Plastic has low fre resistance and which could have led to that result. However, the presence of sand in the composition serves as an insulation for the composite. The higher bonding forces in the mix ratio of 1:2 could be attributed to the lower compressive strength loss. Such strength reduction was reported by Ingabire et al. [[14\]](#page-5-15). After exposure of the paver samples to a 35 °C temperature environment for 12 h, the compressive strength was reduced by

18%, 14%, and 26% for mix ratios 1:3, 1:4, and 1:5, respectively (Fig. [8](#page-4-2)).

#### **Morphological properties**

Figure [9](#page-4-0) shows the SEM images of the waste PET plastic and sand composite. The sand is randomly distributed within the plastic. The plastic coats and binds the sand particles together. More so, the sand flls the voids and reinforced the plastic to improve its resistance to load. As shown, waste PET plastic and sand composite at mix ratio 1:3 has a clustered presence of sand due to the high volume of sand and little plastic causing weaker bonding of plastic and sand particles. The lack of adhesion of the sand particle to the melted plastic results in discontinuity in the form of debonding. As a result, the stress transfer at the sand particle/plastic contact is therefore ineffective  $[22]$ . This must have influenced the lower compressive strength result of the mix. As seen for 1:2 composite mix, the sand is well distributed and interlocks well within the plastic to give better adhesive force and interactions at the interfacial transition zone, thereby enhancing its higher strength values.

# **Conclusions**

From this study, the following conclusions were drawn:

- i. Waste PET plastic and sand composite at mix ratios 1:1, 1:2, and 1:3 gave 28 days compressive strength values of 9.0  $N/mm^2$ , 11.5  $N/mm^2$ , and 5.6  $N/mm^2$ , respectively, and which can be used for certain construction applications such as low bearing block walls.
- ii. Waste PET plastic and sand composite at mix ratios 1:1, 1:2, and 1:3 gave 28 days fexural strength values of 1.545 N/mm<sup>2</sup>, 2.003 N/mm<sup>2</sup>, and 2.551 N/mm<sup>2</sup>, respectively, and which meets up with minimum of



<span id="page-4-0"></span>**Fig. 9** SEM images for waste PET plastic and sand composite at mix ratio **a** 1:1, **b** 1:2, **c** 1:3

1.5 N/mm<sup>2</sup> specifed for mortar brick by BS 5628– 1:1992.

- iii. The water absorption for all the mix proportion of waste PET plastic and sand composite is less than 1%. Hence, it can be applied in areas where waterproofng is required.
- iv. The sand in the composite serves as an insulator thereby reducing the susceptibility of the composite to fre.
- v. The results obtained will provide a guide for designing plastic–sand composite for construction applications such as low bearing block walls.
- vi. Since the time for the melting process cannot be ascertained, it is recommended that a rotating stirrer can be mounted on top of the chamber. Furthermore, for a large quantity that can be used for construction application, the melting and mixing process is best carried out in a rotary furnace. The rotation of the furnace will enhance the mixing process.

#### **Compliance with ethical standards**

**Conflict of interest** All authors certify that they have no afliations with or involvement in any organization or entity with any fnancial interest or non-fnancial interest in the subject matter or materials discussed in this manuscript.

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