



# Basic Aspects of Skin Tissue Engineering: Cells, Biomaterials, Scaffold Fabrication Techniques, and Signaling Factors

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## Abstract

**Purpose** Skin injuries are a worldwide health issue that affects millions of people each year. Tissue engineering has the potential to provide an opportunity to resolve this challenge. For more than 40 decades, researchers have focused on different aspects of skin tissue engineering. The purpose of the present study was to provide a comprehensive overview of the critical factors in skin tissue engineering.

**Methods** Recent studies were investigated to gather relevant studies about the basic aspects of skin tissue engineering.

**Results** In the present review, the nature of the native skin and natural repair of the skin injuries is described. The knowledge of this part is a foundation for producing a tissue or organ that mimics the actual one. Then, the different essential elements in skin tissue engineering are underlined. In this regard, a variety of cells and scaffolds that create the main structure of the engineered constructs are emphasized. On the other hand, the application of critical signaling factors including biochemical, physicochemical, and physical factors in skin tissue engineering are reviewed.

**Conclusion** A comprehensive review of these components clarifies critical points in the regenerative medicine of the skin and guides researchers to adopt optimized approaches to achieve a viable and functional construct.

**Keywords** Skin · Tissue engineering · Regenerative medicine · Scaffold · Cells · Signaling factors

## 1 Introduction

Skin injuries including lacerations, wounds, and burns can lead to the death of skin cells and the destruction of extracellular matrix (ECM). Skin injuries range from minor to extensive tissue loss. For optimal management of skin injuries, understanding the native structure of the skin and its repair process is crucial.

### 1.1 Skin Structure

Skin is the largest organ in the human body. The skin has a multilayer structure, including the epidermis, dermis, and hypodermis (subcutaneous fascia). The interface between the epidermis and the dermis is the basement membrane zone which is composed of connective tissue. On the other hand, hypodermis functions to connect the dermis and epidermis to the underlying structures. Each layer of the skin has special characteristics (Table 1).

The first layer of the skin, the epidermis, consists of five layers stratum corneum, stratum lucidum, stratum granulosum, stratum spinosum, and stratum basale. The thickness of the epidermis layer is between 75 and 150  $\mu\text{m}$  (up to 600  $\mu\text{m}$  on palms/soles) [1]. Keratinocytes make up the majority of epidermal cells, almost 95%. But, melanocytes, Langerhans cells, and Merkel cells are also present in this layer [2]. The keratinocytes produce keratin and the cells' pattern varies depending on the layer in the epidermis. The innermost layer of the epidermis, the basal layer, involves the cells that divide. As the cells move upward, their morphology changes to larger, thinner, and flatter cells. Finally, in the outermost

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**Table 1** The cells and extracellular matrix of the different layers of the skin and their functions

| The skin layers | Cells              | Function   | Main extracellular matrix components                  | Function  |
|-----------------|--------------------|--|---|---|
| Epidermis       | Keratinocytes      | Keratin production, Providing barriers and protection  | Basement membrane (a complex mixture of ECM proteins) | The connection between the epidermis and dermis     |
|                 | Melanocytes        | Providing a barrier against ultra-violet light   |   |   |
|                 | Langerhans cells   | Immunological defense  |   |   |
|                 | Merkel cells       | Transducers of fine touch  |   |   |
| Dermis          | Fibroblasts        | Production and organization of the extracellular matrix of the dermis  | Collagen  | Provides mechanical support to the skin             |
|                 | Dermal dendrocytes | Act as macrophages, antigen-presenting cells or participate in the homeostasis of macromolecules in the dermis                                     | Elastic fibers  | Helps in the elastic recoil of the skin             |
|                 | Mast Cells         | Production of mediators to enhance acute inflammation, stimulation of re-epithelialization as well as angiogenesis, and promotion of skin scarring | Glycosaminoglycans                                    | Supports the collagen and elastic tissue            |
|                 | Histiocytes        | Regulation of immune functions   | Water   | Passage of nutrients, hormones, and fluid molecules |
| Hypodermis      | Fibroblasts        | Production and organization of extracellular matrix  | Collagen  | Provides mechanical support                         |
|                 | Adipocytes         | Storage of energy in the form of triglycerides   | Elastic fibers  | Attaches it to the dermis                           |
|                 | Macrophages        | immune functions   |   |   |

layer of the epidermis, stratum corneum, anucleated dead cells are present that are filled with keratin.

Dermis, as the second layer of the skin, consists of two layers of papillary dermis and reticular dermis. There is a slight demarcation between these two layers, which is the fiber morphology. In the papillary dermis, the fibers are thin, whereas, in another, the fibers are thick and rough. Fibroblasts are the main cells in the dermis. Moreover, dermal dendrocytes, mast cells, and histiocytes represent another population of resident cells in this layer. The extracellular matrix of the dermis consists of collagen, elastic fibers, and ground substance including glycosaminoglycans and water [3].

Hypodermis or subcutaneous layer is the deepest layer of the skin. It is comprised of adipocytes lobules. Collagen and elastin fibers attach to the dermis. It provides the storage site of fat in the body and acts as a thermal insulator.

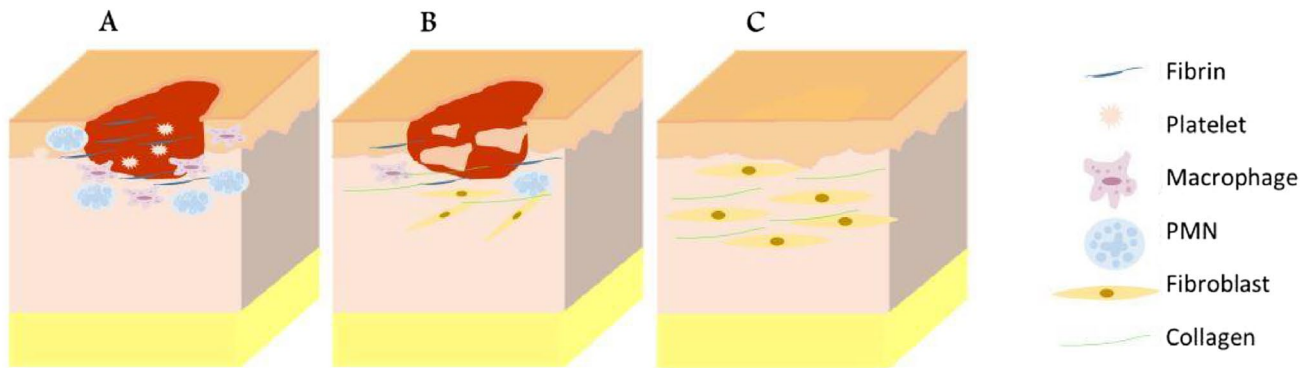
Accessory structures of the skin, including nails, hair, sebaceous glands, and sweat glands embryologically originate from the epidermis. The nails lie in the epidermis and are made of hard keratin. The hair follicles are spread throughout the body, except the palms and soles. Sebaceous glands are generally attached to the hair follicle in the dermis layer and secrete sebum. Sweet glands lie in the dermis and act as exocrine glands that produce sweat.

The blood vessels are presented in the dermis and hypodermis. But the epidermis has no blood vessels; it obtains its nutrients from the blood vessels of the dermis that diffuse via the dermo-epidermal junction. Tissue nerves are distributed in all skin layers [3]. The nerves in the skin include Meissner receptors to detect gentle touch, Pacinian corpuscles to sense profound pressure and vibratory changes, Ruffini endings to detect deep pressure and stretching of collagen fibers in the skin, and free nerve endings located in the epidermis to respond to pain, light touch, and temperature changes [4].

The structure of the skin supplies the intended function of this organ. Skin functions as a barrier against loss of water and electrolytes. Moreover, skin protects the body against thermal and physical damage, as well as pathogens, radiations, and harmful substances. The skin also creates different sensations and allows movement of the body. Furthermore, this organ participates in the absorption, excretion, and secretion of specific substances [3].

## 1.2 Skin Repair

To aid understanding of normal skin injury healing and its challenging issues to design an appropriately engineered skin construct, in this part of the present review article, various phases of injury healing are investigated (Fig. 1). The



**Fig. 1** Various phases of skin injury healing. **A** Inflammation phase, **B** proliferation phase, and **C** remodeling phase

complex process of skin repair takes place as the sequence of three phases: inflammation, proliferation, and remodeling phases. Though these phases overlap during the cutaneous repair process [5].

In the inflammation phase, after the formation of a fibrin clot due to platelet activation, chemotactic agents are released. A variety of cells, including endothelial cells, keratinocytes, fibroblasts, and some immune cells, secrete chemokines. Chemokines play a key role in the recruitment of inflammatory cells, such as macrophages and neutrophils. These cells cleanse the wound from debris before the reorganization of the tissue [6].

The second stage of skin injury healing is the proliferation phase, during which various damaged parts of the skin are restored. In this regard, the injured epidermis undergoes re-epithelialization. The re-epithelialization phase noticeably overlaps with the previous phase. On the other hand, the damaged dermis and other structures present in the skin layers also enter the renewal process [5]. The appearance of fibroblasts and synthesized collagen is the most significant phenomenon in this phase [7].

In the last stage, the remodeling phase, all the processes that have been activated so far will be gradually shut down. Moreover, the reconstruction and maturation of the tissue appear to design the structure as close as possible to the native one [5].

Although the skin healing process takes place after the injuries, this process can result in a disorganized structure and scar. Furthermore, the healing process is time-consuming, especially in deep and extensive wounds. Delays in the wound closure and healing process lead to infection, damage to surrounding tissues, and finally death. Skin tissue engineering is a rapidly evolving field that aims to create functional skin substitutes for patients with skin conditions such as burns and chronic wounds. Although there have been significant advances in skin tissue engineering, there are still several challenges and gaps in the studies that need to be addressed to achieve an ideal construction.

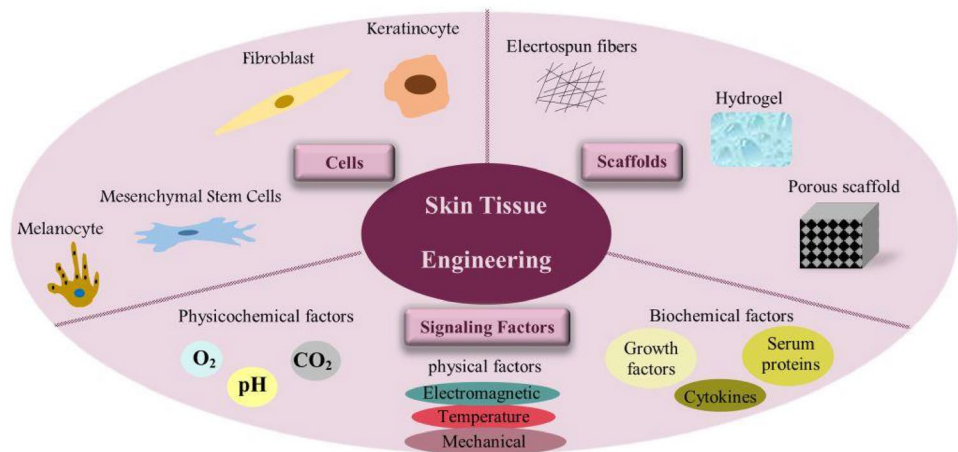
The progress in skin tissue engineering has produced remarkable results to overcome the current problems. Current skin substitutes have shown the potential to improve wound healing, reduce scarring, and decrease the risk of infection. In addition, skin tissue engineering offers the opportunity to develop a personalized treatment by using the patient's cells to produce a skin substitute. Despite advances in the field of skin tissue engineering, some challenges and problems remain unsolved. Lack of vascularization, limited longevity, limited availability, and cost are the main obstacles to this. In this review, we aim to take a step toward providing an accurate overview of skin structure engineering by addressing several important aspects of skin tissue engineering.

## 2 Tissue Engineering Applied for Skin Regeneration

The first studies in the production of engineered skin were started in the late 1970s and early 1980s. Rheinwald and Green designed a viable epithelial sheet and made a milestone in this field [8]. Until now, extensive studies have been done on different aspects of skin tissue engineering [9–11]. However, to create an optimal structure more effort is needed. In this part, we focused on the critical factors, including cells, scaffolds, and signaling factors to make a guide for researchers to design an ideal engineered skin structure (Fig. 2).

### 2.1 Cell Sources

Several Acellular scaffolds have been commercially produced. Although these constructs are more cost-effective and do not cause immune responses against allogeneic cells [12], multiple *in vivo* studies [13] and clinical reports [14] indicated that scaffolds containing cells are superior to the acellular ones. Different cells have been employed in skin

**Fig. 2** Critical factors in skin tissue engineering

tissue engineering including, keratinocytes [15–17], fibroblasts [15, 16, 18–20], endothelial cells [11, 15, 16, 19], endometrial stem cells (EnSCs) [21], adipose-derived stem cells (AD-SCs) [22, 23], umbilical cord-derived mesenchymal stem cells (UC-MSCs) [24], and bone marrow-derived stem cells (BM-MSCs) [25] (Table 2).

It should be noted that keratinocytes and fibroblasts are the cells mostly involved in skin tissue engineering

studies. Keratinocytes are the main cells in the epidermis, therefore most interest arises from the application of these cells [26, 27]. Epidermal keratinocytes are highly proliferating cells that form a multilayer structure to achieve the skin barrier feature against external factors. One layer of keratinocytes was often used in the studies, but Barros et al. conducted a protocol of seeding human keratinocytes

**Table 2** Main cells and scaffold used in skin tissue engineering

| Cell Type   | Scaffold  | Results  | Ref  |
|---|---|--|------|
| Endothelial cell, Dermal fibroblast, Keratinocyte                 | Gelatin methacryloyl, Alginate                        | Seeding human keratinocytes with gelatin-coating multiple times created a multilayer structure and reduced culture time; endothelial cells participated in the vasculature remodeling; dermal fibroblast localized in the granulation tissue | [16] |
| Keratinocytes, Fibroblasts, Pericytes, Endothelial cells          | Collagen type I                                       | Endothelial cells and pericytes formed an endothelial network  | [15] |
| Dermal fibroblasts, Umbilical cord-derived mesenchymal stem cells | Amniotic membrane                                     | The beneficial effect of the construct in cutaneous wound contraction and healing via rapid epithelialization of chronic diabetic ulcers   | [18] |
| L929 Fibroblast cells   | Silk Fibroin Xanthan                                  | Supportive effect of the structure for the growth and proliferation of fibroblast cells  | [20] |
| Human endometrial stem cells                                      | Collagen polycaprolactone                             | Appropriate mechanical and structural characteristics; Higher attachment and proliferation rates of hEnSCs on PCL/collagen scaffold compared to the bare PCL scaffold  | [21] |
| Adipose-derived stem cell   | Aloe vera hydrogel                                    | Significant decrease of scar formation; subsidence of the inflammatory responses; increase of angiogenesis, re-epithelialization; stimulation of burn wound healing  | [22] |
| Umbilical cord-derived mesenchymal stem cells                     | Sodium alginate collagen                              | Reduction of wound size; increased formation of granulation; enhanced collagen deposition and angiogenesis; increased VEGF and TGF- $\beta$ 1 expression; mitigated inflammation   | [24] |
| Bone marrow-derived stem cells                                    | Collagen Tussah silk fibroin                          | In vivo wound healing and reducing scar formation  | [25] |
| Bone marrow-derived stem cells                                    | Collagen poly (L-lactic acid)-co-poly(3-caprolactone) | Formation of round keratinocyte morphology; Expression of keratin 10, filaggrin and partial involucrin protein   | [33] |

with gelatin-coating to create a multilayer structure simulating a native epidermis [16].

Human dermal fibroblasts are principal cells in the dermis which participate in the healing process and produce collagen and elastin fibers [28]. Multiple sources of fibroblasts have been applied in skin substitutes. Previous findings show that fibroblasts from different regions display distinct sizes, shapes, gene expression patterns, growth kinetic as well as the ability to contract collagen network [29]. The phenotypic diversity is evident in different ways such as extracellular matrix components production and growth factors and cytokine secretion [28, 30].

Human umbilical vein endothelial cells (HUVECs) were applied for the fabrication of the vascular network of the skin [15, 16]. These cells form the internal layer of the blood vessels and involve in the remodeling of the vasculature. The incorporation of human endothelial cells and pericytes into the dermal layer of a 3-dimensional (3D) bio-printed skin resulted in the endothelial network formation such that the pericytes are directly associated with a vessel-like structure, formed by the endothelial cells. Moreover, the findings indicated that the bio-printed grafts without endothelial cells show significant contraction [31].

The surveys found that mesenchymal stem cells (MSCs) may have all characteristics of an opportune cell population for skin tissue engineering. The application of mesenchymal stem cells in the context of wound healing relies on their features including differentiation potential and self-renewal capacity. It is predicted that this cell population, in addition to replacing the main skin cells, can also form skin appendages.

The application of EnSCs, as a new source of stem cells, demonstrated that these cells can express fibroblast cell markers like CK18 and involucrin [21]. Recently a widely used cell in tissue engineering is AD-MSCs. The wounds treated by these cells indicated the improvement of collagen fibrils alignment which is important for tissue maturation. On the other hand, AD-MSCs altered the collagen content that resulted in wound contraction [22]. BM-MSCs are another cell type that can participate in wound healing. It is because of the potential of BM-MSCs to differentiate toward the various cell types [32]. The findings demonstrated that these cells can progress toward epidermal lineage on electrospun nanofibers [33]. Moreover, the presence of BM-MSCs in the scaffold led to more conducive conditions for wound healing compared to the scaffold alone [27].

The incorporation of multiple cell types may improve the quality of the engineered skin tissue. Because in a native skin tissue, different cell types are presented to perform various functions and make an ideal structure. Barros and colleagues applied layers of endothelial cells, dermal fibroblasts, and multilayered keratinocytes in their construct.

They proposed that their structure provided a multifunctional platform that could enable skin reconstruction in vitro [16].

Literature review indicates that using adult cells including keratinocytes and fibroblasts involves challenging issues like varying yield and quality of cells obtained from biopsies as well as immunological reactions in allogeneic or xenogeneic sources. The correct organization of the keratinocytes and fibroblasts in the skin substitute is crucial for its function and its integration into the host tissue. Therefore, finding the right cell ratio and spatial organization can be complicated, especially when using 3D scaffolds. Overall, the use of MSCs in skin tissue engineering shows promise for solving some of the challenges presented by cell sources such as keratinocytes and fibroblasts. In this regard, more research is needed to optimize the best MSCs sources and preparation of them, the appropriate ratio of MSCs to other cell types, and the long-term safety and efficacy of MSCs.

All in all, there are many ambiguous issues regarding the use of cells in skin tissue engineering that need to be clarified. The first is the designation of the best cell type, the second is the optimal cell count, and the last is the application of one or a combination of cell types.

## 2.2 Design and Production of the Scaffold

To construct an optimal scaffold two fundamental aspects should be considered; the applied biomaterials and the production methods. In this part, different synthetic and natural materials used in skin tissue engineering will be summarized, and the production methods to achieve a suitable platform explained.

### 2.2.1 Selection of the Materials

To date, a variety of biomaterials, including natural and synthetic have been investigated in skin tissue engineering. Each type of material involves different characteristics which, in correspondence with the production method, determine the final properties of the scaffold.

Fabrication of the scaffold for wound healing purposes has been carried out using natural biomaterials including collagen [34–39], gelatin [40–44], keratin [45], fibrin [34], chitosan [34, 36, 37, 41, 42, 44, 46–48], elastin [38], Cellulose [49], hyaluronic acid [50], fibroin [45], and alginate [48, 51] as well as synthetic biomaterials such as poly(ethylene glycol-terephthalate) (PEGT) [52], poly (butylenes terephthalate (PBT) [52], poly (lactic acid-co-glycolic acid) (PLGA) [35, 53, 54], poly (caprolactone) (PCL) [40, 41, 47], hydroxyethyl cellulose (HEC) [39, 55], and poly (DL-lactide) [56].

Natural materials involve easy availability, high bio-activity, poor mechanical properties, high

bio-degradability, difficult reproducibility, and possible immunogenicity [57]. These types of biomaterials are divided into two subgroups, proteins and polysaccharides. Collagen is one of the most widely used natural-protein biomaterials in skin tissue engineering. There are innumerable sources from which collagen could be extracted with slight differences in characteristics. Collagen is the main component of ECM in the skin. The properties of collagen make it an ideal option for skin alternatives. Collagen has great biocompatibility, low antigenicity, and changeable functional groups [58]. Experimental studies demonstrated that collagen improves the attachment and proliferation of cells [21, 59]. Previous reports drastically indicated the bold role of collagen nanofibers in the impact on the viability and cytoskeletal organization [60]. Moreover, application of the collagen in a 3D structure could provide intercellular as well as cell–matrix interactions [61]. To overcome the low biostability of collagen, it has been proposed crosslinking or blending with appropriate materials [37]. In this regard, Ma et al. suggested that the composite of collagen and chitosan crosslinked by glutaraldehyde decreases the biodegradability of pure collagen [37]. The combination of collagen and elastin has been investigated in multiple studies of skin tissue remodeling [38, 62]. The combination of elastin in the collagen scaffold resulted in the improvement of mechanical and biological characteristics of dermal constructs [62, 63].

Hydrolysis of collagen resulted in the formation of gelatin with a triple helix structure. There is a preference for using gelatin over collagen in tissue engineering. Gelatin shares extremely close molecular properties and functions with collagen. On the other hand, it is more cost-effective than collagen. Therefore, it is possible to substitute collagen for biomedical purposes. The application of gelatin/chitosan blended scaffolds showed that gelatin increases cellular activity [44].

One more protein biomaterial utilized in skin tissue engineering is keratin. This structural protein is found as an intermediate filament inside the keratinocytes and produces a thick layer of keratin on the top surface of the skin. To form a skin barrier, keratin binds the cells together [64]. Because keratin contains binding motifs for cells. It has been found that the nanocomposite of keratin and bacterial cellulose improved the attachment and proliferation behavior of the keratinocytes compared to only bacterial cellulose [49]. Due to the similar properties of cellulose to natural tissues, its application has been focused especially in the last decade. The surveys demonstrated that ulvan cellulose improves tissue regeneration through accelerating fibroblast growth as well as improving angiogenesis [65]. Cellulose was also used in composite with silk fibroin in skin tissue engineering [66]. Research demonstrated that silk fibroin has privileged mechanical properties [67]. The potential of silk

fibroin to support re-epithelialization [68] and promotion of cell anchorage [69] has been well documented.

In addition to the application of biomaterials that is present in the native skin tissue, there is a great potential to use materials forming during wound healing like fibrin. After the skin injury, fibrinogen in blood plasma converts to an insoluble protein fibrin which forms a network to trap platelets and immune cells. Previous findings indicated that fibrin promoted adhesion, proliferation, and functionality of the dermal fibroblasts [70, 71]. Recently, researchers functionalized the Hcel@NaT wound dressing with fibrin mesh and fibrin coating. The found fibrin, especially in the form of a mesh, can improve the wound healing process by supporting human dermal cell adhesion, migration, and spreading [72].

Polysaccharide-based biomaterials are another subgroup of natural materials. Chitosan is a glycosaminoglycan-like biodegradable polymer that is widely used in this field. Cytocompatibility and anti-microbial activities of chitosan make it a noteworthy candidate for skin tissue substitutes [73, 74]. The low mechanical integrity of chitosan motivated the researchers to apply crosslinking reagents like glutaraldehyde and dimethyl 3-3, dithio bis' propionamide [46]. Chitosan has been extensively applied in combination with other biomaterials [37, 44, 75]. A study on the chitosan–gelatin–hyaluronic acid scaffold showed that this platform is suitable for preparing a bilayer skin construct. The cell characterization study demonstrated that hyaluronic acid improved fibroblast attachment and proliferation [76]. Hyaluronic acid is one of the main components of ECM that affect cell attachment, migration, and proliferation [77]. Hyaluronic acid act through binding to biochemical factors [78] and mechanosensor molecules, integrins [31].

Alginate is another polysaccharide-based biomaterial in tissue engineering. The application of alginate in skin tissue engineering has been well described [79, 80]. Previous findings demonstrated that alginate can play an important role in the healing process via the stimulation of IL-6 and TNF- $\alpha$  production from the monocytes [81, 82]. Brittle behavior is a major limitation in using alginate. The blending of alginate with other biomaterials can promote the physical and mechanical properties of it.

The second type of biomaterials is synthetic which have distinct properties; difficult availability, poor bio-activity, high mechanical properties, poor bio-degradability, high reproducibility, and probability of immunogenicity [57]. Among synthetic biomaterials PGA, PLA, PLGA, AND PCL are FDA approved.

PLGA is a biocompatible synthetic copolymer of PLA and PGA with tunable degradability. The culture of human skin keratinocytes on the PLGA nanofibrous scaffold showed the proliferation and infiltration of the cells [54]. Furthermore, to improve the bioactivity of PLGA, collagen has been an appropriate candidate. Collagen coating on the

PLGA scaffold indicated a higher proliferation rate of dermal fibroblasts and epidermal cells [83]. PCL can also be used as synthetic FDA material for skin substitute production. Hydrophobicity and slow degradation rate are the main characteristics of PCL [84]. To promote the bioactivity of the PCL, the application of natural biomaterials like collagen [21] and gelatin [40] illustrated promising results.

To create a living dermal substitute, the usage of PEGT/PBT copolymer scaffolds was also investigated [52, 85]. Ghalbzouri and colleagues cultured fully differentiated epidermal sheets onto fibroblast-populated PEGT/PBT scaffolds. Through this process, Human skin equivalents formed [52]. Another studied synthetic biomaterial is PEG. In the form of gel, PEG simulated some properties of native ECM. The inoculation of PEG into electrospun poly (DL-lactide) mitigated the dimensional shrinkage, which affect the release of the embedded bioactive substances or proper placement of the cells in the scaffold [56].

Finally, biocompatibility, mechanical properties, degradation, scalability, and cost-effectiveness are critical issues in the application of special biomaterials in skin tissue engineering. A comparison of the main characteristics of the natural and synthetic materials indicates that the combination of different biomaterials, as a composite, is more advantageous to establish the best approach.

### 2.2.2 The Scaffold Production Methods

The technique used to fabricate the scaffold is also a fundamental issue in the production of skin tissue equivalents. The combination of the technologies to attain a unique structure mimicking native skin is the purpose of future studies. Electrospinning [68, 86], freeze-drying [48, 87], hydrogel [88, 89], and bioprinting [90, 91] methods are widely used for scaffold development in skin tissue engineering.

Electrospinning is a technique based on the production of nanofibrous structures through an electrohydrodynamic process. In this technique, the liquid is electrified to generate nanofibers [92]. Adjustment of different parameters including, voltage, working distance, flow rate, polymer concentration, solvent properties, temperature, and humidity are fundamental to succeed in producing a proper scaffold. Engineered 2D and 3D electrospun scaffolds have been widely studied in skin tissue regeneration. Although 2D electrospun structures have been widely investigated, there are preferences for 3D platforms over 2D ones. In 3D constructs, the porosity, cell-to-cell contact, cell migration, and mass transfer can be better mimicked in the natural microenvironment [93].

Park and colleagues developed a 3D electrospun silk-fibroin nanofiber for skin tissue engineering. They incorporated NaCl crystals into the nanofibers to overcome their small pore size and facilitated the penetration of the cells.

They articulated that high proliferative fibroblasts in the deep layer and more differentiated keratinocytes in the superficial layer of this construct were established [94]. Recently, the composite of collagen and elastin was successfully electrospun. This experiment revealed the adhesion and proliferation of the cells in this microenvironment [38].

Freeze drying is another promising method in skin tissue engineering. Optimization of the parameters results in the creation of a uniform architecture throughout the scaffold. Fabrication of a bilayer scaffold containing cellulose nanofiber/poly (vinyl) alcohol using a novel one-step freeze-drying technique was conducted for skin tissue engineering applications. The designed constructs showed good biocompatibility and tunable pore size with polymer concentration [87]. Preparation of a 3D porous scaffold of natural biomaterials, including alginate and chitosan, using a facile freeze-drying method combined with amidation proposed a desirable skin tissue-engineered construct. This platform supplied an appropriate biocompatibility and anti-inflammatory environment [48].

Among the 3D-engineered structures, hydrogel scaffolds play an important role to achieve an ideal construct for use in skin tissue engineering. The application of Agarose-polydopamine hydrogel led to a high cell migration rate to the inside of the scaffold, promotion of matrix deposition, and facilitation of angiogenesis [89]. Biological and mechanical evaluation of super-absorbent tailor-made collagen-pullulan hydrogel revealed the biocompatibility and mechanical stability of the structure. Moreover, *in vivo* studies demonstrated better re-epithelialization and wound closure in the treated groups [95]. Therefore, hydrogels can simulate the ECM and provide a microenvironment for vital cell behaviors.

In recent years, 3D bioprinting has attracted the attention of researchers. 3D bioprinting achieves the fabrication of tissues in a layer-by-layer assembly. On the other hand, this technique has the potential to construct complex tissue architecture involving skin appendages, vascular and neuronal networks. All in all, due to the unique features of 3D bioprinting in tissue engineering, this method is an evolving research field. A fully 3D bio-printed skin equivalent structure was established through the printing of the dermis, basal layer, and epidermis using gelatin, collagen I, laminin, and entactin. The results illustrated the formation of human-like skin equivalent with minimal lateral tissue contraction [96]. In a recent study, full-thickness skin models were printed from methacrylated silk fibroin (Silk-GMA) and gelatin (Gel-GMA) seeded with keratinocytes, fibroblasts, and vascular endothelial cells using a digital light processing (DLP) 3D printer. The engineered skin simulated the structure of the human skin. In this structure cell viability was supported and wound healing was enhanced [97].

The engineered structure must make an appropriate microenvironment by providing suitable pore size, porosity percent, the interconnection between pores, and physical and chemical cues to support tissue formation. Recently, the combination of different techniques has been advised to obtain more complex scaffolds mimicking the original tissue. But, it needs to be taken into consideration that with the increase in the number of techniques, optimization, and expertise are the main complication.

### 2.3 Signaling Factors

In addition to the cells and scaffolds, signaling factors have a profound influence on the production of a bio-functional platform in regenerative medicine. Three general components are involved in signaling factors including, biochemical, physicochemical, and physical cues.

During the formation of natural skin, various biochemical factors such as serum proteins, growth factors, and cytokines that fulfill the expected functions of the tissue are involved. The application of these bioactive substances can provide the condition to direct cells and the structure

toward a simulated tissue. The evaluated biochemical signaling factors in the recent studies have been summarized in Table 3.

Epidermal growth factor (EGF) has been introduced as one of the most important molecules in cell growth, differentiation, and migration [98]. Epidermal growth factor receptor (EGFR) is a receptor tyrosine kinase that is expressed in the keratinocytes, fibroblasts, and endothelial cells. It should be noted that EGF induces secretion of ECM and granulation tissue formation [99].

Another important growth factor is fibroblast growth factor (FGF). FGF is a family of cell signaling proteins that mediate a broad range of biological activities [100]. Skin is a specific target of FGF. This is one of the main reasons why this growth factor has been applied in skin tissue engineering. Findings indicated that FGF plays an important role in cell proliferation [101] and angiogenesis [102]. In this regard, researchers have focused on keratinocyte growth factor (KGF) for wound re-epithelialization. KGF is a member of the heparin-binding fibroblast growth factor family (FGF-7) with a distinctive role in epithelial cell proliferation. A significant increase in cell migration was also reported in

**Table 3** Biochemical signaling factors used in skin tissue engineering

| Biochemical factors | Scaffold  | Cells                                     | Results   | Ref   |
|---------------------|---|---|---|-------|
| EGF                 | Nanofibrous scaffold  | Human fibroblasts                         | Continuous release of the growth factor, the increase of cell growth  | [114] |
| EGF                 | Bilayer fibrillar scaffold using PCL as the upper layer and chitosan/PVA as the lower layer | AD-MSCs                                   | Cells growth and proliferation; acceleration of wound closure and healing in an in vivo full-thickness wound healing mouse model              | [115] |
| bFGF & EGF          | PLGA/PEO scaffold   | Human skin fibroblast cell line (AGO1522) | Significant up-regulation of collagen and elastin gene expression in the case of individual delivery of EGF and dual delivery of EGF and bFGF | [116] |
| KGF and bFGF        | Collagen membrane   | HaCaT cells and human skin fibroblasts    | The increase in cellular proliferation, faster cell migration, more highly developed vascular networks, and organized epidermal regeneration  | [103] |
| VEGF                | Fibrin gel  | BMSCs                                     | Differentiation of BMSC into EC, promotion of wound healing, and neovascularization at the injured site                                       | [104] |
| VEGF                | Collagen and PCL electrospun scaffold   | L929 and 3T3 cells                        | The increase in wound closure rate, collagen index, TGF- $\beta$ 1, and CD31  | [105] |
| PDGF                | Collagen and chitosan gel   | –   | Induction of the chemotaxis and the production and release of endogenous growth factors at the wound site                                     | [107] |
| PDGF                | sodium alginate and dextran hydrogel  | BMSCs                                     | BMSC-mediated skin wound healing by promoting angiogenesis  | [117] |

*EGF* Epidermal growth factor, *PCL* Polycaprolactone, *PVA* Polyvinyl alcohol, *AD-MSCs* Adipose-derived mesenchymal stem cells, *FGF* Fibroblast growth factor, *PLGA* Polylactic-co-glycolic acid, *PEO* Poly(ethylene oxide), *VEGF* Vascular endothelial growth factor, *BMSCs* Bone marrow stem cells, *EC* Endothelial cells, *PDGF* Platelet-derived growth factor



ex vivo skin explant migration assay in the presence of KGF [103].

Vascular endothelial growth factor (VEGF) is among other factors used in tissue engineering. VEGF has been considered a strong signaling factor in angiogenesis and vasculogenesis. The surveys demonstrated the potential of this biochemical factor in directing stem cells toward endothelial cells [104]. Moreover, VEGF showed improvement in the early stages of wound healing through the promotion of TGF- $\beta$  and CD31 expression [105]. Furthermore, another important molecule involved in the formation of functional blood vessels is platelet-derived growth factor (PDGF). PDGF can stimulate tubulogenesis and angiogenesis [106]. Previous findings elucidated the potential of PDGF in the induction of endogenous growth factors production at the wound site that resulted in the reduction of wound closure time [107].

Overall, achieving the desired effect in using signaling molecules in skin tissue engineering requires attention to several issues, including optimal concentration, delivery system, safety, stability, and specificity of the bioactive molecules. Addressing these challenges can improve the development of skin substitutes that can be used for wound healing.

Other groups of signaling cues involved in skin tissue engineering are physicochemical and physical factors. Physicochemical factors consist of pH, O<sub>2</sub> level, and CO<sub>2</sub> concentration. The maintenance of these factors in balance has a dominant influence on cell and tissue behavior. On the other hand, physical factors include mechanical stimuli, electromagnetic force, and temperature. Findings elucidated that physical stimuli trigger signaling pathways through the integrins, ionic channels, and cell–cell adhesion molecules which leads to a special cell behavior. In this regard, bioreactors have been introduced to provide a biologically active microenvironment for the development of new tissue.

Studies on multiple types of bioreactors have been performed in skin tissue engineering [108–110]. A dynamic bioreactor that applied cyclic biaxial tension to collagen hydrogels resulted in an increase in fibroblast proliferation and a decrease in human skin substitute production time. This study showed that cyclic deformation is the main physical factor affecting fibroblast proliferation. Moreover, the expression of dermal ECM proteins was promoted in this situation [110]. An in-house novel bioreactor that was able to supply automatic mass transport of nutrients and removal of waste was designed to make possible upscaling of a composite cultured skin. After transplantation of the composite in a porcine model, wound closure and complete epithelialization were observed [108]. Sun and colleagues developed a closed bioreactor system for the culture of tissue-engineered skin at an air–liquid interface. They validate the device in monoculture and coculture systems and different platforms. All in all, their results proposed a low-cost bioreactor for the culture of

skin tissue substitutes [109]. Finally, the mentioned results indicated that the accurate recruitment of physical factors can eventuate in guiding cell and tissue behavior toward the appropriate epidermal and dermal formation.

In addition to the use of bioreactors in tissue culture, it is possible to use this system in culturing cells before transferring them to the scaffold [111, 112]. The application of the Kerator bioreactor did not demonstrate beneficial effects on cell viability, proliferation, and wound healing after transplantation. But, this device provided an opportunity for large-scale production of the cells as well as reduced cost in regenerative medicine [111, 113]. Liu and colleagues also developed a novel bioreactor microcarrier cell culture framework to produce autologous human keratinocytes on a large scale. The culture of the keratinocytes on the microbeads in this system led to rapid attachment and proliferation of the cells. This method suggested the possibility of using autologous keratinocyte microbeads on different skin defects [112].

Optimizing physicochemical and physical factors have a close relationship with developing biomaterials and scaffold production techniques. Therefore, all conditions adopted in tissue culture and whole characteristics of biomaterials and final engineered scaffold including mechanical strength and degradation rate can affect the mentioned factors.

### 3 Conclusion

Different commercial products are available for the management of skin injuries, while skin tissue engineering has the potential to revolutionize the treatment of skin conditions, the high cost and lack of the unique characteristics of natural skin in these products, limit the wide application of this technique. Addressing these challenges will be critical in advancing the field and improving patient outcomes.

For the recapitulation of native skin, tissue engineering seems to be a tremendous promise. In this regard, an orchestrated combination of a variety of cues such as cell sources, biomaterials, fabrication techniques, and signaling factors are fundamental to achieving astonishing accomplishments. In the present review, we studied the recent advancement in skin tissue engineering, with a particular focus on the application of different cell sources and biomaterials. The review found that while cellular scaffold offers advantages over acellular scaffolds in terms of faster and more efficient tissue regeneration, cellular scaffolds carry the risk of immune rejection and the potential for uncontrolled cell proliferation or unintended differentiation.

The review also highlighted the main biomaterials and techniques to create constructs. Lack of standardization in the methods of biomaterials purification and scaffold production is the main issue. Another matter is the limited

understanding of the interactions between cells and biomaterials. Therefore, more research is required to evaluate the effects of biomaterials on cell behavior. In this regard, the development of biomaterials capable of simulating the native extracellular matrix of skin tissue is needed. Additionally, long-term studies are essential to establish the complete safety and efficacy of biomaterials in humans.

Beyond cells and scaffolds, signaling factors including biochemical, physicochemical, and physical cues play important roles in the development of bio-functional platforms in the regenerative medicine of skin. These bioactive molecules can support cell proliferation, differentiation, extracellular formation, and angiogenesis. Despite the advancements in this field, there are still gaps in terms of a comprehensive conception of the complex interactions between signaling factors and cells. The development of more targeted and specific signaling factors can promote tissue regeneration without promoting unwanted cell behaviors.

The results and criticisms of this review can serve as a basis for future research and can serve as a guide for the development and optimization of skin replacement products with improved functionality and clinical outcomes.

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