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# Advancements in three-dimensional titanium alloy mesh scaffolds fabricated by electron beam melting for biomedical devices: mechanical and biological aspects

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**ABSTRACT** We elucidate here the process-structure-property relationships in three-dimensional (3D) implantable titanium alloy biomaterials processed by electron beam melting (EBM) that is based on the principle of additive manufacturing. The conventional methods for processing of biomedical devices including freeze casting and sintering are limited because of the difficulties in adaptation at the host site and difference in the micro/macrostructure, mechanical, and physical properties with the host tissue. In this regard, EBM has a unique advantage of processing patient-specific complex designs, which can be either obtained from the computed tomography (CT) scan of the defect site or through a computer-aided design (CAD) program. This review introduces and summarizes the evolution and underlying reasons that have motivated 3D printing of scaffolds for tissue regeneration. The overview comprises of two parts for obtaining ultimate functionalities. The first part focuses on obtaining the ultimate functionalities in terms of mechanical properties of 3D titanium alloy scaffolds fabricated by EBM with different characteristics based on design, unit cell, processing parameters, scan speed, porosity, and heat treatment. The second part focuses on the advancement of enhancing biological responses of these 3D scaffolds and the influence of surface modification on cell-material interactions. The overview concludes with a discussion on the clinical trials of these 3D porous scaffolds illustrating their potential in meeting the current needs of the biomedical industry.

**Keywords:** Electron beam melting, 3D printing, tissue engineering, mechanical properties, biocompatibility

## INTRODUCTION

### Evolution of additive manufacturing

Additive manufacturing is a rapid prototype (RP) technique involving layer-by-layer processing of three-dimensional (3D) complex structures as directed by the computer-aided design (CAD) [1,2]. Additive manufacturing can be utilized to fabricate complex structures of relevance to aerospace and patient-specific implants. For instance, biomedical devices can be fabricated using the CAD program or computed tomography (CT) scan of a damaged site that provides a 3D visualization of the damaged or defect region. The CT scan data is subsequently transformed into a 3D design using a commercial software (MIMICS), which generates a STL (STereo-Lithography) file. Next this file is fed as an input file to the 3D printing system, to print the scaffold or component.

The fabrication of porous materials has been explored since 1940s, when pores were introduced in aluminum through the addition of mercury to the melt [3]. However, the idea of introducing porous materials in the biomedical industry started only in 1970s with the aim to enhance osseointegration and enable bone ingrowth to potentially replace conventional solid/dense implants with porous coatings [4]. In this regard, several engineering materials such as metals, ceramics, polymers, and composites were rendered porous through the adaptation of advanced manufacturing approaches [5–16]. In load-bearing orthopedic applications, irrespective

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of the manufacturing technique, brittle behavior of ceramics and poor strength of polymers limit their applications for bone implants. Thus, titanium, cobalt-chromium, stainless steel, tantalum, and magnesium alloys are considered worthy of research.

Titanium and its alloys have been widely used for several decades as monolithic and solid implants. They have inherent advantages of specific strength, low stiffness, good corrosion and fatigue resistance in physiological medium and have been extensively used for dental, orthopedic, and maxillofacial applications [17,18]. Titanium alloy has superior biological and mechanical properties, in comparison to other metals, because of the favorable microstructure and stable passive film. 3D printing of porous structures of titanium alloys have the ability to reduce modulus mismatch in the context of biomedical devices [3,19–21]. Thermo-mechanically processed solid titanium alloys have higher elastic modulus (~90–115 GPa) compared to the surrounding tissue (cortical hard bone: ~15–25 GPa; cancellous or trabecular soft bone with open cellular structure: ~0.1–4.5 GPa) [22–24]. This leads to stress-shielding, because of which the implant takes the maximum load [25]. An important consequence of biomechanical mismatch is the possibility of reduced rate of bone healing [25]. Hence, a viable approach to alleviate biomechanical mismatch is to fabricate open cellular porous structures that are characterized by significantly reduced modulus and reduced density. Another approach is alloy design. In the last decade, with the advancement in manufacturing techniques, porous metal structures have been fabricated by additive manufacturing (AM) (layer-by-layer fabrication) from precursor powders using electron beam melting (EBM) and selective laser melting (SLM) [26–28]. The following sections summarize the advancements in design, structure, process, and properties of porous titanium alloy components fabricated by EBM for orthopedic applications.

### Design considerations

In additive manufacturing, the properties of the fabricated component are governed by the unit cell, while the design is dictated by the resolution offered by the additive manufacturing process/equipment [1]. For ARCAM A1 the resolution is  $\pm 0.4$  mm based on the information in the user's manual. Irrespective of the above, compressive strength, endurance and elastic modulus can be optimized to ensure the long term success of the implant [1,29–32]. Vascularization is another aspect that merits consideration during design, because vascularization

promotes diffusion of nutrients that is necessary for cell proliferation and differentiation. Biomedical devices of different alloys including titanium alloys, stainless steel and cobalt-chromium alloys have been actively considered for 3D printing [1].

The aspects that are of significance in the design and processing of optimal architecture for bone tissue engineering applications include: (a) high porosity-high strength combination with elastic modulus similar to bone, (b) interconnected porous structure with clinically relevant geometry that allows oxygen and exchange of nutrients, and facilitates efficient cell seeding and production of extracellular matrix (ECM), and (c) appropriate chemistry and topography for cell attachment, proliferation, and differentiation [33,34].

With regard to regeneration of an injured tissue, mimicking cellular and physiological environment, involving neighboring cells, extracellular matrix, flow of physiological fluid, mechanical, chemical and topographical cues is a primary requirement [1,35,36]. Considering that the response of cells depends on the available environment, the ECM needs to be considered as part of the environment to ensure cell-material interaction and to provide a route for sensing chemical and physical cues [1,37–39]. Hence, tissue engineered scaffolds are expected to play a determining role in ECM modeling and governing cell-material interaction during the regeneration process. In this regard, scaffolds are required to be non-toxic and biocompatible [1,40,41]. They are also expected to provide structural support to cells during tissue regeneration/remodeling [1,42,43]. The scaffold with desired physical and chemical properties dictates tissue engineering. For example, the elastic modulus of ECM dictates differentiation of cells into different lineage. High stiffness is important for bone forming cells [1,44,45]. In the case of cardiac muscle cells, the geometry of scaffold is an important issue in aligning cells, which may enable directional contraction of tissue from the perspective of efficient blood transfer [1,46].

In regard to bone tissue regeneration, pore size and percentage of porosity impact osteogenesis [18]. In the case of bio-inert materials, porosity and pore size generally do not affect osteogenesis, but with regard to bioactive materials, porosity and pore size significantly influence osteogenesis [47–49]. It is pertinent to keep in mind that porosity is not the cause for hypoxia, which is considered responsible for encouraging osteochondral ossification [1,50]. During design, degree of porosity and pore size are important considerations from the per-

spective of long term structural support. Vascularization availability of micro-vessels is required for the transport of oxygen and nutrients, otherwise cells may die [1,51]. Thus, ensuring desired growth of new blood vessels and adequate space for growth is a necessity [1,51].

An important area of application of additive manufacturing relates to the design of scaffolds to perform a particular function. For example, electroactive scaffolds with directional porosity enabled alignment of nerve cells and acted as a guiding cue for growth [52]. Electrical stimulation also promoted nerve growth factor (NGF) [53]. Scaffolds play a determining role in transmitting the applied external stimuli to the cells and enabling the biological functions to be controlled [1,54,55]. Repair of the annulus fibrosus rupture was accomplished by loading the scaffolds with mesenchymal stem cells, eliminating herniation of nucleus pulposus tissue and stabilization of disk height [1,56].

In summary, tissue-specific scaffolds are preferred because the complex structure can be mimicked and the damaged tissue can be restored. Moreover, 3D scaffold with interconnected porous structure provides space for vascularization, and serves as a template for the regeneration of tissue. Also, the porous structure can be designed to suit a particular tissue-specific environment, e.g., directionality for nerve regeneration. The aforementioned requirements can be conveniently met by designing 3D scaffolds, which is not feasible using conventional approaches.

### 3D ADDITIVE MANUFACTURING METHODS FOR BONE TISSUE ENGINEERING

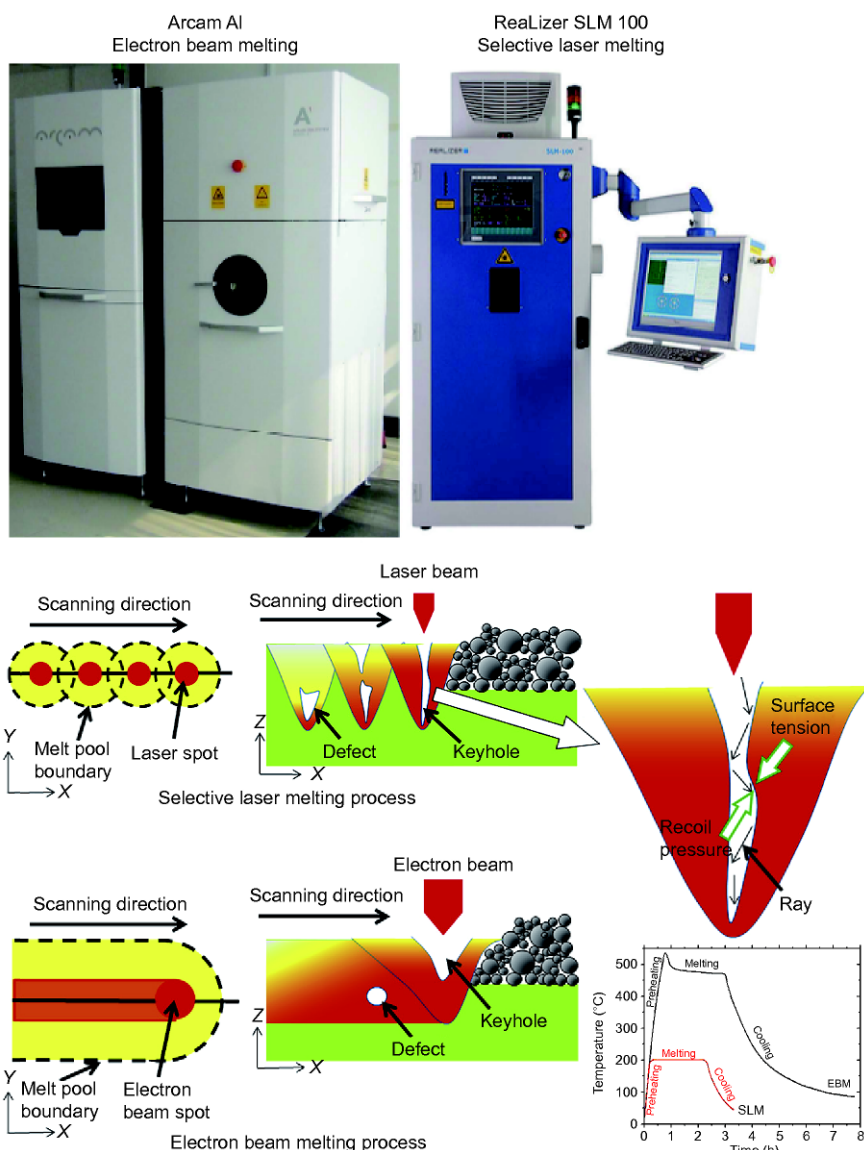
Prior to the development of 3D additive manufacturing methods, the methods adopted to fabricate 3D porous scaffolds include freeze drying, solvent casting with particulate leaching, fiber bonding, membrane lamination, and gas foaming [16,57–59]. In these methods, it is difficult to control the pore size, shape, and pore interconnectivity [60]. These challenges can now be met *via* rapid prototyping or 3D printing, as described in the following section below. Patient specific scaffolds or devices with tailored dimensions and porosity can be conveniently processed by the additive manufacturing method.

#### Electron beam melting

An EBM system (Fig. 1) to process 3D porous scaffolds has an electron column, where a focused electron beam is produced and scans a uniformly raked layer of powder,

which is gravity fed from the feed stock [1,61]. The AR-CAM A1 system, using a DC current of ~10 mA and anode potential of 60 kV drives a tungsten filament in a 3 kW electron gun. A combination of electromagnetic lenses focuses the electron beam (beam spot size (FWHM) 0.2–1.0 mm). The system operates in vacuum of  $< 10^4$  Torr. The resolution is  $\pm 0.025$  mm [ARCAM user's manual]. The selective melting of powder is based on CAD design. The powder bed is initially heated to ~750°C, for instance, in the case of titanium alloy powder [1,27,62–64]. In general, powders are heated to  $0.5\text{--}0.6T_m$  ( $T_m$ : melting temperature of powder). Packing, powder size, beam energy, powder conductivity and heat of fusion are important contributors. The selective melting of powder that is added in the build direction produces a complex 3D structure. Also, presented in Fig. 1 is an SLM system, also referred as selective laser sintering (SLS) (Fig. 1), which is a conventional particle-bonding system, using a laser beam (e.g., CO<sub>2</sub> laser) in lieu of electron beam [61].

Illustrations of biomedical devices produced *via* additive manufacturing are presented in Fig. 2 [62]. Near net-shape components can be produced by additive manufacturing with little or no machining. Titanium alloy components processed by EBM were characterized by a columnar structure and ~50–60 nm thick lamellar plates with indentation hardness of ~2.5 GPa, which was similar to the hardness of ~2.3 GPa obtained for SLM processed component. Co-Cr alloy (Co-26Cr-6Mo-0.2C) was processed by EBM to fabricate femoral (knee) prototypes as a reticulated mesh structure (density of  $1.5\text{ g cm}^{-3}$ ) [1,64] characterized by array of orthogonal Cr<sub>23</sub>C<sub>6</sub> carbides. The microstructure of the Co-Cr alloy was ~2 μm in the build plane, perpendicular to the build direction, and the carbide columns were present in the vertical plane, parallel to the build direction. The resulting structure had indentation hardness of 4.4 GPa, yield strength of ~0.51 GPa and tensile strength of ~1.45 GPa [1,65]. The fabricated knee exhibited a hardness of 5.9 GPa, while the prototype knee in the annealed condition had a lower hardness of 4.7 GPa [1,65]. The reticulated mesh strut structure had a high density of carbide arrays with indentation hardness of 6.2 GPa. The success achieved in obtaining a complex monolith and a reticulated mesh structure of Co-Cr alloy by EBM, that exhibited high strength, led to the conclusion that complex monoliths with multifunctional characteristics can be processed by EBM. The properties of titanium alloy fabricated by EBM and SLM are presented in Table 1 [65].



**Figure 1** Commercially available EBM and SLM equipments along with the schematic representation of temperature variation of melting process for the substrate plate. Adapted from ref. [61], Copyright 2016, Elsevier.

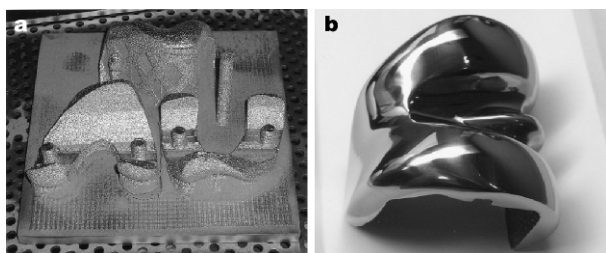
## EBM: OBTAINING ULTIMATE FUNCTIONALITIES IN 3D TITANIUM ALLOY SCAFFOLDS

### Part I: Mechanical properties

It is important to obtain desired mechanical properties during fabrication of 3D scaffolds. This is essential for structural integrity, till such time new tissue is regenerated [66]. The mechanical properties depend on the specific anatomical location of application, i.e., soft or hard tissue [67,68]. The compressive strength of human bone is in the range of ~2–12 MPa for cancellous bone

and ~100–230 MPa for cortical bone. The elastic modulus of cortical bone, cancellous bone and titanium alloy scaffold are ~15–25 GPa, ~0.1–4.5 GPa and ~110 GPa, respectively [69]. Scaffolds of strength less than the bone are additionally supported by plates, screws, or nails. The mismatch of elastic moduli between the scaffold and bone with a higher elastic modulus than host tissue leads to stress shielding and consequent bone resorption. In a recent study focused on understanding the mechanical property-porosity relationship (pore size ~350–1000 μm) led to reduced elastic modulus of the porous implant, and minimized stress shielding, *in vivo* [1,70]. However, the





**Figure 2** (a) Typical knee replacement component fabricated by EBM method and (b) finished part. Adapted from ref. [62], Copyright 2009, Elsevier.

scaffolds can rupture and give away if their strength is less than the host bone for load-bearing situations. It is desired that the scaffolds exhibit mechanical properties (elastic modulus and strength) similar to bone [1,71]. Ideally, it is preferred that a scaffold which substitutes for the bone, is modeled as a structure with multiple layers so that the mechanical properties vary across the structure. This can be made possible by having a gradient or graded structure with different porosity across the scaffold, which provides a means to vary the stiffness [72]. It is important to keep in mind that the mechanical strength depends on apparent density of the scaffold, where the thickness zone of inter-pore walls and pore size to beam thickness ratio dictates the mechanical strength of 3D printed porous scaffolds [73,74].

In general, the mechanical properties of 3D printed scaffolds depend on unit cell, pore architecture, pore volume, and percentage porosity. To ensure long term endurance and the ability to withstand impact, it is necessary that the fabricated materials have a good combination of strength and energy absorption capability, as discussed below. It is recognized that scaffolds with high interconnected porosity, though, preferred for tissue regeneration, but they may lack adequate mechanical strength and energy absorption capability. The mutually opposing requirement of high porosity and mechanical strength in conjunction with high energy absorption is a challenge.

### Role of unit cell design

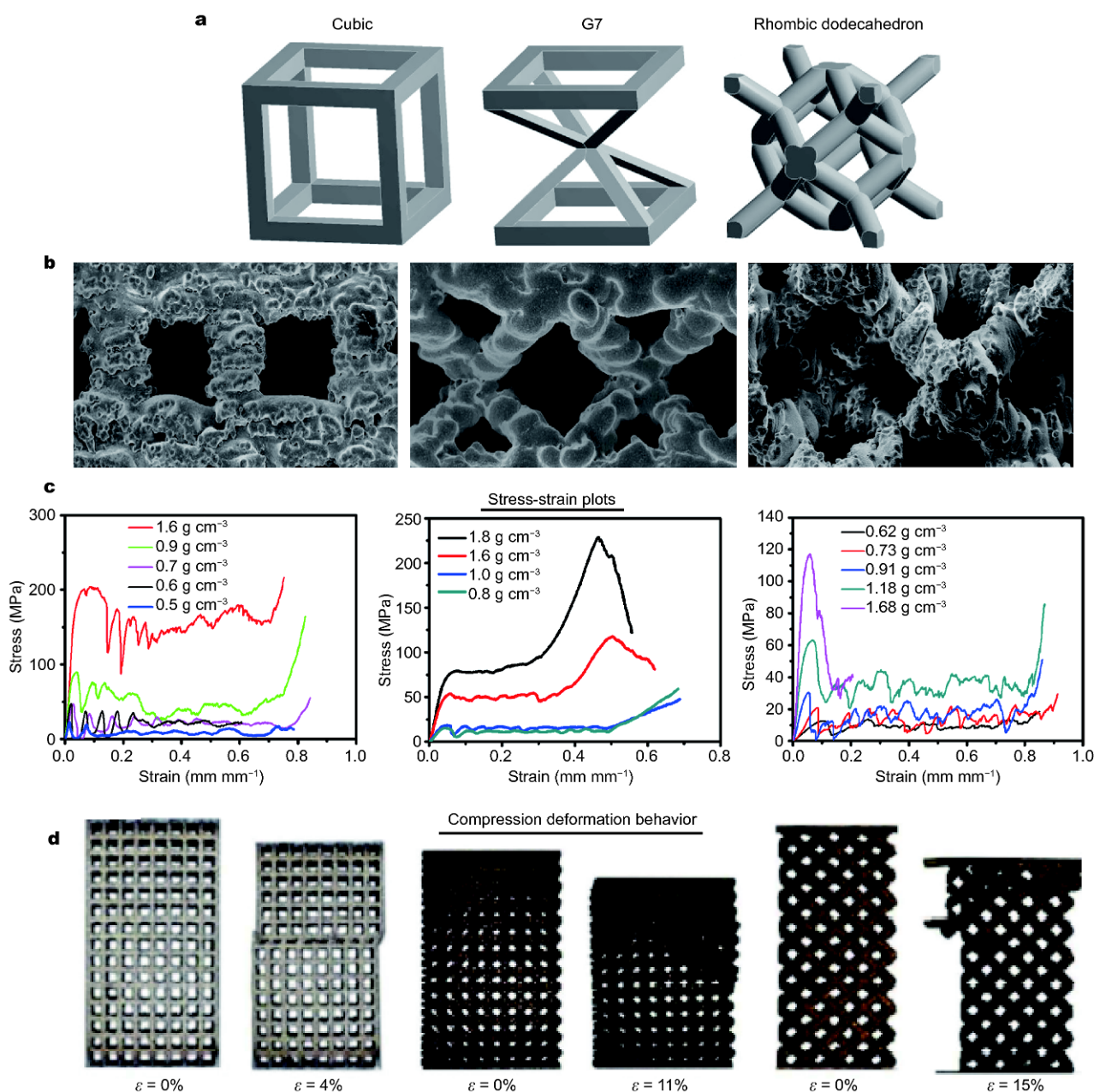
Recently, the effect of cell shape on mechanical properties and deformation mechanism was studied in EBM fabricated Ti-6Al-4V reticulated mesh structure with different unit cell elements (cubic, G7, rhombic dodecahedron) [75]. These different unit cells provide a means to effectively balance the strength, elastic modulus and degradation behavior in cellular solids. It was observed that in the case of cellular structures with different unit cell, the underlying fatigue mechanism involved interaction of cyclic ratcheting and fatigue crack growth on the struts. This was closely related to coupling of buckling and bending deformation of the strut. On increasing the buckling deformation on the struts *via* design of cell shape, the cyclic ratcheting rate of the meshes during cyclic deformation was decreased and the compressive fatigue strength was increased. While increasing the bending deformation of the struts, the contribution of fatigue crack growth in the struts led to significant fatigue damage of mesh [75]. Moreover, the presence of rough surface and pores contained in the struts significantly deteriorated the compressive fatigue strength of the struts. It was also observed that by altering the influence of bending deformation, the stress-strain behavior transformed from brittle to ductile. It was demonstrated that Ti-6Al-4V cellular materials with high strength, low modulus, and desirable mechanical deformation behavior can be processed by EBM, involving tuning of cell design (Fig. 3) [75]. Table 2 summarizes the properties of titanium alloy fabricated with different unit cell design by EBM [75].

### Role of porosity

A comparative study of Ti-6Al-4V and Ti2448 alloy on the effect of porosity on mechanical properties indicated that both the compressive strength and yield strength decreased with increased porosity for both the alloys [76]. It was observed that Ti-6Al-4V alloy with identical porosity (75%) built using the same unit cell shape exhibited higher compressive strength and Young's modulus of

**Table 1** List of mechanical properties of Ti-6Al-4V titanium alloy bars fabricated by additive manufacturing methods: EBM and SLM [65] (YS: yield strength; UTS: ultimate tensile strength)

	Fabrication process											
	EBM						SLM					
	Vertical			Horizontal			Vertical			Horizontal		
	Φ7	Φ4	Φ1.2	Φ7	Φ4	Φ1.2	Φ7	Φ4	Φ1.2	Φ7	Φ4	Φ1.2
UTS (MPa)	1033	1049	1177	982	1023	1168	1311	1286	1174	1253	1278	1134
YS (MPa)	957	960	1101	884	927	1098	1224	1206	1127	1145	1123	1127



**Figure 3** (a) CAD files and (b) scanning electron microscopy (SEM) graphs of different unit cell elements with (c) stress-strain plots showing brittle (cubic and rhombic dodecahedron) and ductile (G7) characteristics of unit cells. (d) Compression deformation behavior showing different deformation modes and angle of fracture/crush bands for cubic (buckling and 90), G7 (bending and 45), and rhombic dodecahedron (bending and 45) unit cell elements. Adapted from ref. [75], Copyright 2016, Elsevier.

~60 MPa and  $3.0 \pm 0.6$  GPa, respectively in comparison to the Ti2448 alloy sample of ~38 MPa and  $\sim 1.44 \pm 0.2$  GPa. They concluded that  $\beta$ -type Ti2448 porous structure had at least twice strength-to-modulus ratio than Ti-6Al-4V porous components with identical porosity, and was highly attractive for biomedical applica-

tions.

#### Role of scan speed

The effect of scan speed in EBM on the surface and mechanical properties of the scaffolds was also studied [77]. Higher scan speeds, led to a rough strut surface with

**Table 2** List of properties of Ti-6Al-4V titanium alloy fabricated by EBM with different unit cell structures [75]

Unit cell structures	Density ( $\text{g cm}^{-3}$ )	Modulus (GPa)	Strength (MPa)
Cubic	1.6	14.94	202
	0.9	2.88	90
	0.7	2.22	46
G7	1.6	2.39	52
	1.0	1.46	18
	0.8	1.23	15
Rhombic dodecahedron	1.68	6.34	112
	0.91	1.38	30
	0.73	0.89	20

pores/defects ( $\sim 40 \mu\text{m}$ ) because of partial sintering of particles. It was observed that lower electron beam scan speed ( $150 \text{ mm s}^{-1}$ ) led to more input energy, which produced strong struts with less number of pores/defects and smooth surface. This suggested that the surface properties can be tailored by adjusting the scan speed of the electron beam. Other researchers observed that the orientation during the building process had an influence on surface roughness because of change in energy flow [78,79].

#### *Role of complex design architectures (Graded/Gradient)*

The natural bone has a functionally graded structure. The outer dense region referred as cortical bone has elastic modulus of  $\sim 15\text{--}25 \text{ GPa}$ , while the inner porous region referred as cancellous bone has an elastic modulus of  $\sim 0.1\text{--}4.5 \text{ GPa}$ . There is a bone marrow cavity in the center [1,80]. Thus, to obtain a replica of natural bone, 3D scaffolds with graded porosity were studied, since porosity is related to the elastic modulus according to Gibson-Ashby equation:  $E=E_0(\rho/\rho_0)^2$  [81]. In this regard, titanium alloy rod with graded density, characterized by a lower density inner foam (density  $\sim 0.6 \text{ g cm}^{-3}$ ; stiffness  $\sim 0.3 \text{ GPa}$ ), surrounded by a foam with relatively higher density ( $\sim 1.1 \text{ g cm}^{-3}$ ; stiffness  $\sim 2.2 \text{ GPa}$ ) was fabricated [28].

Graded/gradient porous structures are envisioned to provide optimum combination of elastic modulus, strength and toughness. Recent studies focused on bone ingrowth suggested that the cellular structures should have high degree of porosity. However, highly porous structures are expected to have low mechanical strength. It is absolutely essential that cellular structures are characterized by adequate strength and ductility combination in conjunction with the ability to absorb high energy [1]. In this regard, a complex structure mimicking bone in-

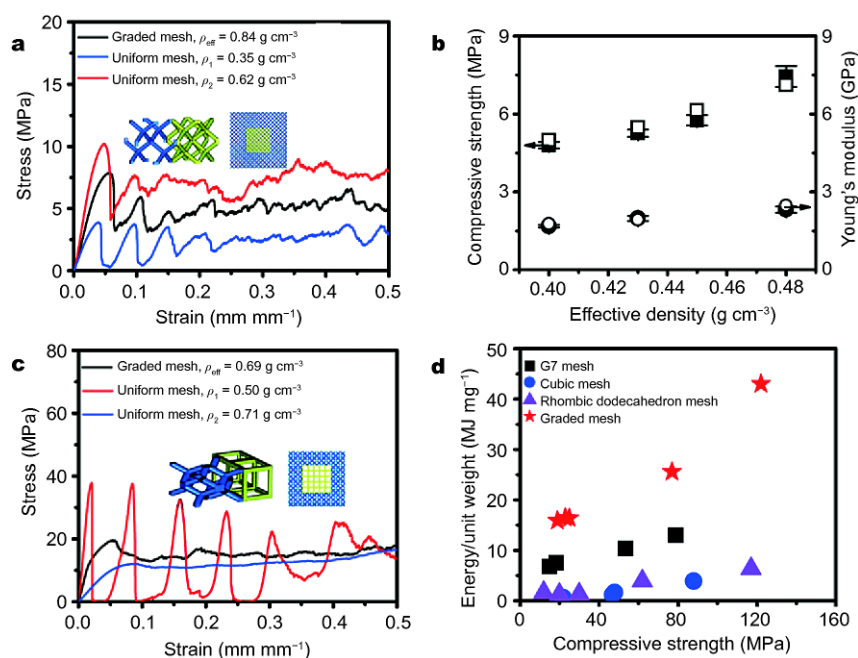
volving graded/gradient Ti-6Al-4V mesh structure using EBM was fabricated [82]. It was observed that graded and uniform mesh structures had an elastic regime up to the peak stress, followed by a plateau region, where the stress fluctuated (Fig. 4). Furthermore, it was noted that both low and high density regions of the graded mesh structure first experienced uniform deformation, followed by fracture in the low density region, when crush band was formed. Finite element analysis (FEA) was used to indicate stress concentration regions in the mesh and a discontinuous stress transfer was noted in graded materials at the nodes, but not in the gradient material (Fig. 5) [82]. This study outlined the advantage of gradient mesh design over graded and uniform mesh design, which avoids the weakness of brittle behavior and is characterized by high strength-high ductility combination and high energy absorption.

#### *Role of post-fabrication heat treatment*

Several post-fabrication treatments such as stress relieving, surface heat treatment, and hot isostatic pressing (HIP) have been explored for porous scaffolds [83,84]. The process of annealing or aging implemented after fabrication led to a different microstructure, where the mechanical properties are sensitive to the microstructure [85]. It was observed that the annealed sample consisted of single  $\beta$  phase and exhibited large plasticity, low Young's modulus and good fatigue properties. On aging, precipitation of  $\alpha$  phase occurred that increased the hardness, strength and Young's modulus and at low stress, cyclic ratcheting was the primary factor that led to fatigue failure [85].

#### *Role of post-fabrication surface modification*

Recently, several surface modification methods have been explored on porous scaffolds to promote cellular inter-



**Figure 4** (a, c) Compression stress-strain plots of graded mesh structure, (b) compressive strength and Young's modulus as a function of effective density (experimental: solid symbols; and theoretical: open symbols), and (d) energy density/unit weight as a function of compressive strength (effective density,  $\rho_{\text{eff}}$  is defined as:  $\rho_{\text{eff}} = \rho_1 f_1 + \rho_2 f_2$ , where  $f$  is the volume fraction of uniform mesh constituent, and subscripts 1 and 2 denote each constituent respectively). Adapted from ref. [82], Copyright 2016, Wiley.

actions with the host tissue, beyond what is obtained by 3D printing. However, to obtain uniform surface modification on 3D cellular structure is a challenge. In this regard, the traditional surface treatment methods such as grinding, grit blasting, ion implantation, thermal spraying, etc. cannot be employed because they do not help in obtaining a homogeneous surface modification throughout the entire structure [86–90]. Hence, the recent focus was on chemical and/or electrochemical methods because acid-based solution can penetrate through the porous structures through the interconnected pores, producing a homogeneous surface throughout the entire structure [86,91–93]. Micro-arc oxidation was observed not to influence the mechanical properties such as maximum stress, yield stress, plateau stress, and energy absorption, but had a significant effect on the elastic modulus. Mechanical properties were significantly affected and decreased in scaffolds with higher relative densities [93]. A combination of chemical etching and electrochemical polishing of porous structures as a post-fabrication surface modification step led to an increase in internal porosity and a decrease in effective strut thickness resulting in overall decreased mechanical properties [86]. In another study, acid-alkali surface treatment induced substantial mass loss and, hence, significant loss of both

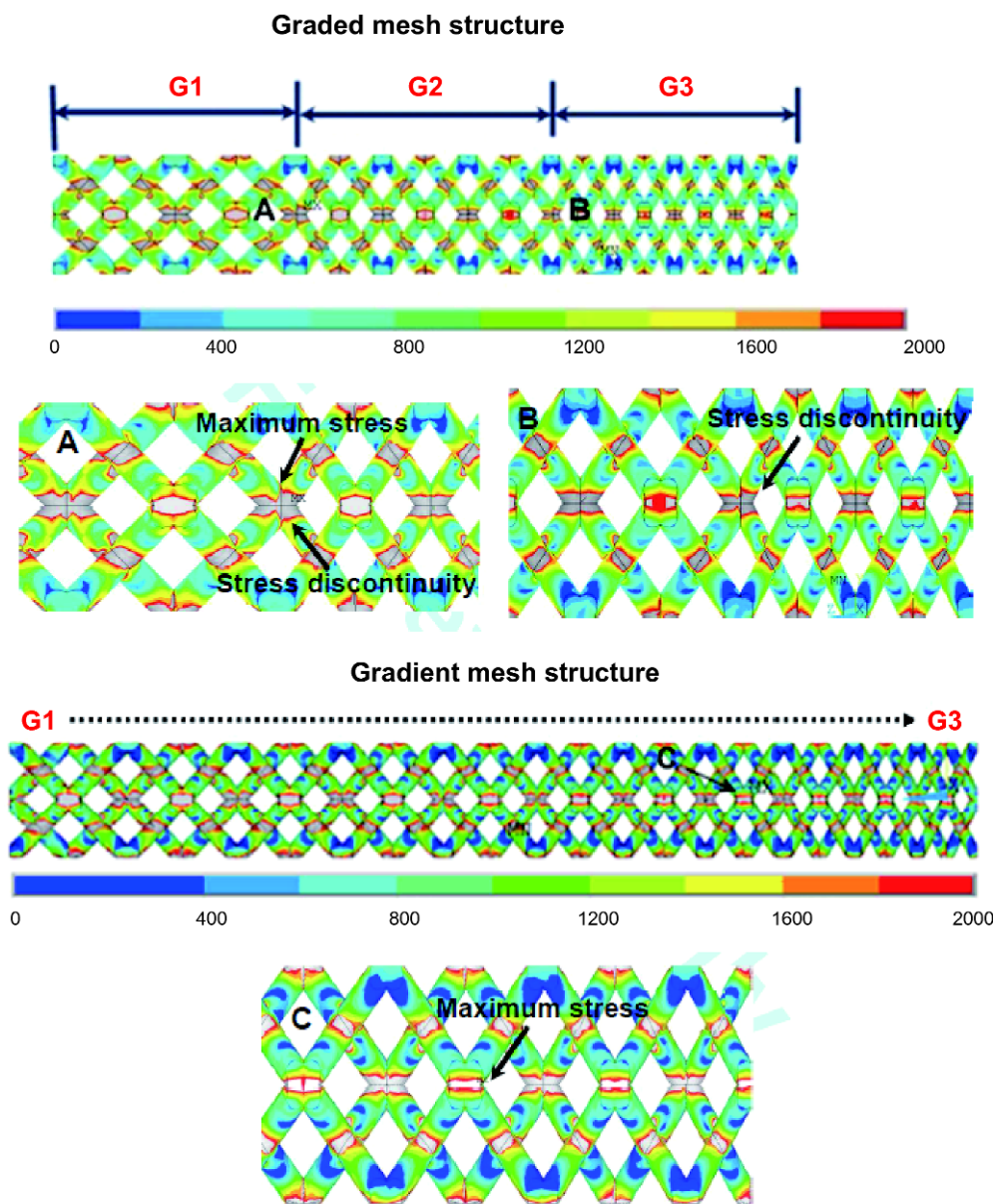
static and fatigue properties [94]. Thus, large surface area of 3D printed porous scaffolds, was responsible for a significant impact on mechanical properties induced by surface modification.

Irrespective of the above, an improvement in fatigue strength was noticed on chemically etching with same etchant compared to the as-fabricated samples of Ti-6Al-4V alloy, but not in the case of CoCrMo alloy [83,84]. The differences were attributed to low notch (surface roughness and micro-pitting after etching) sensitivity of CoCrMo alloy with more ductility than Ti-6Al-4V alloy. Given that the notch is a stress raiser, the fatigue properties were improved in a Ti-6Al-4V alloy after etching because of reduced surface roughness and removal of partially melted powder particles. In contrast, in CoCrMo alloy, while the particles were removed, micro-pits were formed on the surface, leading to insignificant difference in surface roughness. Thus, selecting an appropriate etchant and exposure time is important to enhance mechanical properties.

## Part II: Biocompatibility and biological response —influence of surface modification

A practical approach to alleviate the undesired bio-mechanical mismatch is to use a 3D interconnected





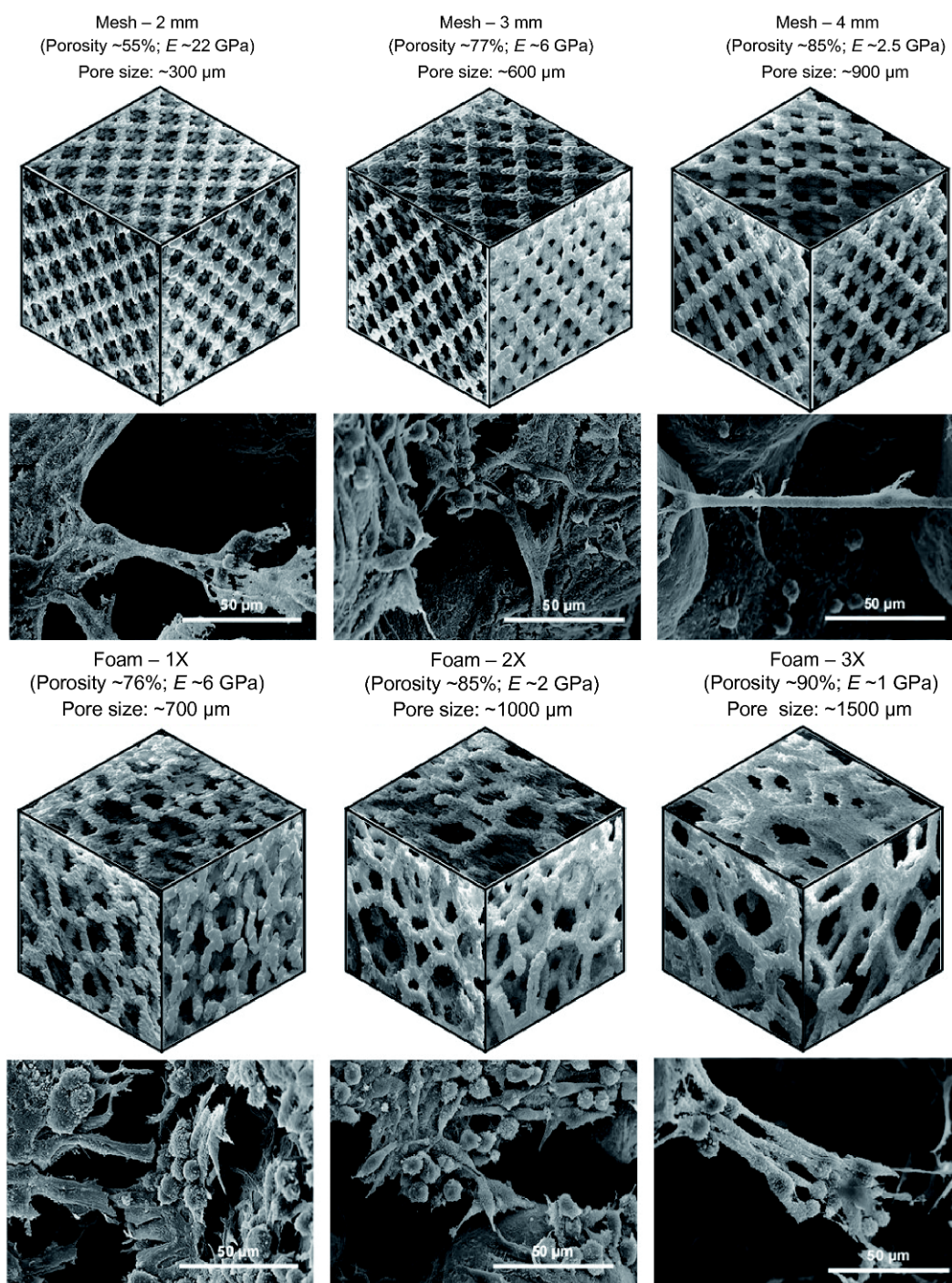
**Figure 5** Finite volume method (FVM) stress analysis of graded and gradient mesh structures performed using ANSYS software, indicating the stress discontinuity along the interface between the two different layers in graded mesh (G1-G2 and G2-G3) during deformation. Such discontinuities were absent in gradient mesh structures. Adapted from ref. [82], Copyright 2016, Wiley.

porous foam or mesh structure, which will have a significantly low modulus compared to a solid and dense implant. Recently, the interplay between 3D printed foam and mesh structure and osteoblast functions were studied and compared with a solid Ti-6Al-4V alloy [1,95,96]. As expected, the seeding efficiency was low for both mesh and foam structures, but there was significant cell spreading and cell bridging of osteoblasts (MC3T3-E1). Fig. 6 illustrates morphology of osteoblasts on mesh and

foam structures [1,95,96]. The alkaline phosphate (ALP) assay results suggested that the enzyme activity increased with time for foam and mesh structures, irrespective of pore size.

The response of different cells to pore size varies [97]. For example, pore size of  $\sim 5\text{--}15\ \mu\text{m}$  was considered suitable for fibroblast,  $\sim 70\text{--}120\ \mu\text{m}$  for chondrocytes,  $\sim 100\text{--}400\ \mu\text{m}$  for osteoblast ingrowth [19,98–100]. Moreover, interconnected porous structures with gradient distribu-

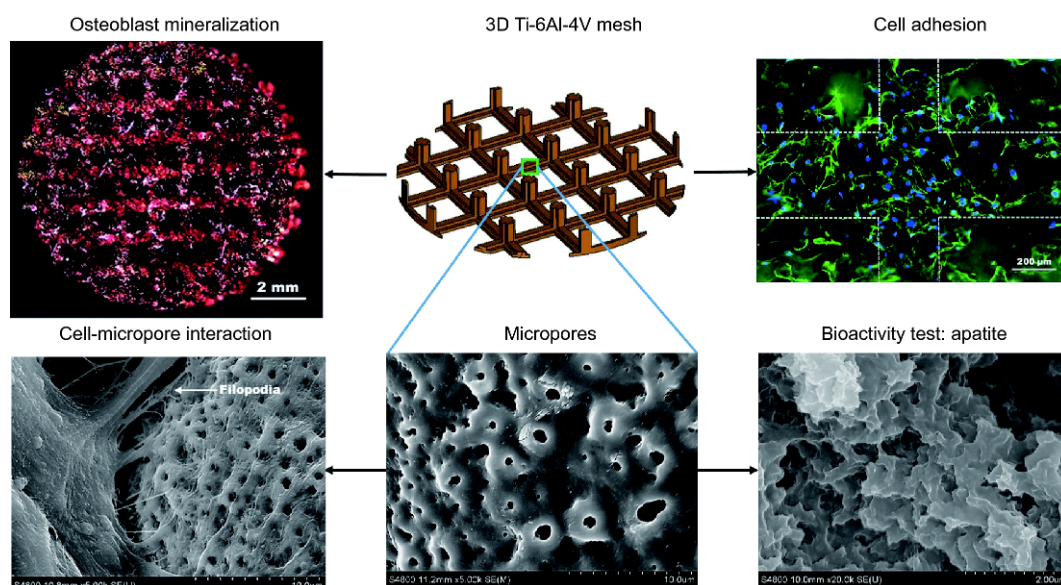




**Figure 6** Representative SEM graphs of Ti-6Al-4V mesh and foam structures with different porosity fabricated by EBM and corresponding osteoblast function. Adapted from ref. [95], Copyright 2014, American Scientific Publishers; and ref. [96], Copyright 2015, Wiley.

tion of pores can repair and reconstruct more than one tissue, even though the microenvironment varies for different tissues [1]. For instance, functionally graded porous titanium alloy fabricated to meet the requirements

of tissue engineering and to reduce stress shielding and high energy absorption indicated that the structure facilitated flow of nutrients and cell proliferation across the entire structure [101,102]. It was concluded that the



**Figure 7** 2D CAD profile of micro-arc oxidized Ti-6Al-4V alloy mesh structure illustrating the SEM morphology of micropores grown on the strut surface, bioactive apatite formation, and osteoblast-micropore interaction. Also presented are the fluorescent micrograph representing cell adhesion and expression of extracellular fibronectin, and optical micrograph of mineralized scaffold. Adapted from ref. [91], Copyright 2016, Wiley.

various stages of cell maturation can co-exist in different regions of the gradient mesh structure.

#### Surface modification of 3D printed structures

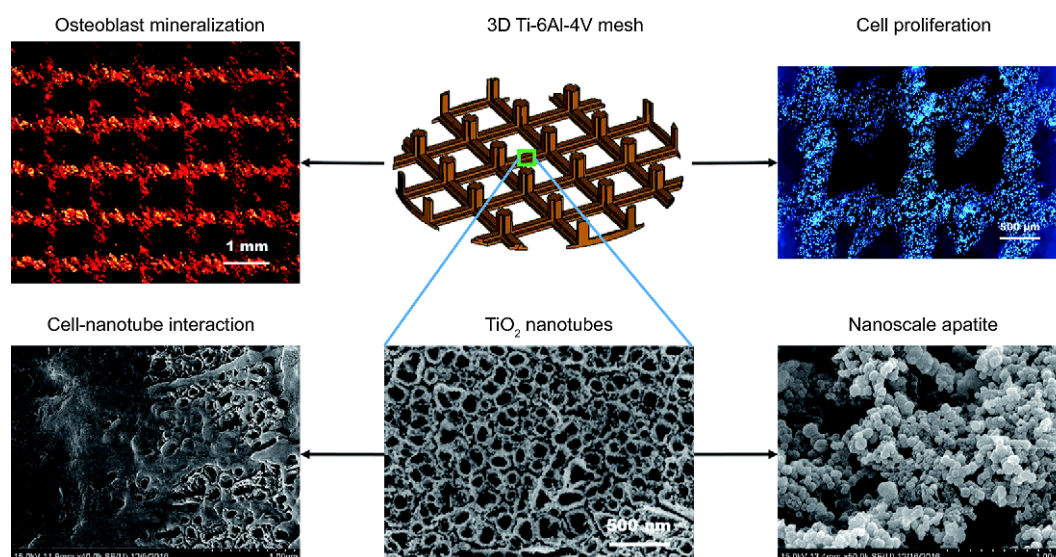
To enhance the cell-material interaction and osseointegration potential beyond what is possible *via* 3D architecture, surface modification is being explored. A number of studies have been conducted on Ti-6Al-4V cellular structures fabricated by EBM to study biocompatibility of surface modified structures. One such study focused on determining the suitability of different Ti-6Al-4V surfaces produced by EBM as a matrix for attachment, proliferation, and differentiation of osteoblasts [103]. It was noted that osteoblast proliferation and differentiation can be changed by modifying the surface characteristics of Ti-6Al-4V mesh. Titanium alloy was observed to provide a highly favorable surface for osteoblast adhesion and osteogenic differentiation. In another study, it was shown that the oxide layer adsorbed fibronectin promoted osteoblast attachment and osteointegration through binding of adsorbed fibronectin to surface-expressed osteoblast integrins [104]. Studies also reported the influence of surface nanotopography on the enhanced expression of osteogenic markers [105–107].

More recently, mesh structures were modified *via* micro-arc oxidation and anodization approach (Figs 7 and 8) [96,97]. The combination of macro-, micro-, and nanoporous architecture obtained in the surface modified

Ti-6Al-4V mesh structures mimicked natural bone-like ECM topography that promotes bone formation at nanoscale (regulating protein conformation and signal transduction) and microscale (impacting initial cell attachment and proliferation) [83,108–117]. The unique combination of microporous/nanoporous bioactive titanium and interconnected porous architecture of microarc/anodized titanium alloy mesh structures provided a multimodal surface roughness from nano-to-micro-to-macroscale regime and increased the bioactivity of the as-fabricated mesh structure [91,92]. This provided a favorable osteogenic microenvironment for tissue ingrowth and is envisioned to facilitate stronger primary and secondary fixation of the implant device. The interconnected porous architecture also enables circulation of physiological fluid, oxygen, nutrients, and cells and mimics the flow conditions of natural bone. Additionally, in the context of long term structural integrity, the transport of cells through the porous mesh structure helps in mechanical interlocking because the confluent sheet connects the pores and integrates with the structure [91,92].

The coating of 3D titanium implants with tantalum and chitosan-hydroxyapatite composite improved diabetes-induced impaired osteogenesis of these implants [118,119]. While evidence of clinical studies indicated high failure rate for titanium implants in diabetic patients, where reactive oxygen species (ROS) were produced at the implant/bone interface [120–122]. Diabetes-





**Figure 8** 2D CAD profile of anodized Ti-6Al-4V alloy mesh structure illustrating the SEM morphology of nanotubes grown on the strut surface, bioactive nanoscale apatite formation, and osteoblast-nanotube interaction. Also presented are the fluorescent micrograph representing cell proliferation and optical micrograph of mineralized scaffold. Adapted from ref. [92], Copyright 2016, Elsevier.

induced accumulation of ROS also influenced the viability of cells on the titanium surface [123]. In this regard, tantalum coating on titanium indicated superior integration of tissue in diabetes mellitus impaired osteogenesis in sheep by suppressing the ROS-mediated p38 MAPK pathway. In a similar way, studies performed by chitosan-hydroxyapatite composite coating on 3D mesh structures improved diabetes-induced impaired osteointegration *via* the reactivation of Wnt/ $\beta$ -catenin pathway [118]. Contrary to the aforementioned benefits, coatings were believed to loosen the biomaterial/coating interface because of inherent brittleness and poor adhesion [124–126].

In another study, the Ti-6Al-4V mesh structures fabricated by EBM technique were biologically surface modified using BMP-2 (bone morphogenetic protein-2) and decellularized extracellular matrix. The bioactivity of the surface was improved and the modified surface was expected to enhance the fixation of the implant with the surrounding bone and improve the long-term stability [127,128].

#### *Biological surface modification: incorporation of therapeutic drugs into 3D printed architectures*

The incorporation of osteoinductive growth factors such as bone morphogenetic proteins (BMP) into 3D printed mesh structures or surface treatment of 3D mesh structures with BMP can be considered as viable approaches to increase osteoinductivity and facilitate bone tissue re-

generation in the scaffold. Incorporation of other drugs such as dexamethasone, hydrogels, simvastatin, antimicrobial agents, and VEGF has also been explored [127–130].

The potential role of topography of the material in determining the molecular assembly of BMP-2 and subsequent osteoblast functions indicated a significant difference in organization and assembly of protein [127]. It was proposed that 300  $\mu\text{m}$  pore size mesh structure with interconnected porous architecture was superior to mesh structures with 600  $\mu\text{m}$  and 900  $\mu\text{m}$  pore size respectively, in terms of cell proliferation and mineralization. Also, a favorable effect of pore size on protein adsorption was noted, which led to the formation of small and dense dendrites of protein on mesh structures, that provided a favorable osteogenic microenvironment. It was envisaged that the unique microstructure of mesh along with pre-adsorbed protein (BMP-2) provided the conditions favorable for bone tissue formation in terms of cell adhesion, proliferation, expression level of proteins, and mineralization. On incorporating BMP-2, the osteoinductive potential of the material was increased, influencing cell signaling cascade to differentiate osteoblast cells into a more matured osteogenic phenotype. In another study, 3D printed scaffolds containing proteins were observed to successfully deliver BMP-2 that promoted bone formation in relation to scaffold without BMP-2 [1,131]. More recently, the advances in printing technology have provided an opportunity to load drugs

during post-fabrication surface treatment [132–135].

It is pertinent to indicate that vascularization directly impacts *in vivo* bone formation. In reality, scaffolds with interconnected porous structure and with pore size of ~300–400  $\mu\text{m}$  are favorable for the ingrowth of blood capillaries [1,136,137]. Thus, the long-term success of a 3D scaffold under *in vivo* conditions is largely governed by the effectiveness of the scaffold to support angiogenesis [138–140]. Angiogenesis refers to new blood capillaries that are formed from pre-existing blood vessels at the host site. Vascularization occurs during wound healing [1,141] and is a slow process, requiring several days or weeks for it to completely take place in porous scaffolds with interconnected pores [140,141]. When there is insufficient vascular network, the cells experience a condition of hypoxia/necrosis because of restricted supply of oxygen/nutrients [142]. The amount of oxygen that is supplied to the cells, is governed by the diffusion length, which is ~150–200  $\mu\text{m}$  from the blood vessel [141–146]. A primary limitation associated with 3D scaffold vascularization is adequate supply of blood in the center of scaffolds, when the blood capillaries are absent [140]. For instance, rapid growth of blood vessels occurs in scaffolds with pore size greater than ~250  $\mu\text{m}$  [1,147]. Additive manufacturing that allows fabrication of 3D scaffolds with predefined architecture, is most likely to enable cell alignment, spatial organization of cells, tune porosity with respect to mechanical properties and vascularization [1,52,148–150]. On the other hand, conventional methods such as freeze casting, gas foaming, and particle leaching that produce a porous architecture with random distribution of pores results in a torturous pathway for new blood capillaries [1,151]. This slows down the growth of blood capillaries and transport of nutrients and oxygen [1,141].

In the case of large scaffolds, pre-treatment is generally preferred for rapid growth of blood capillaries. To accomplish this, growth factors such as vascular endothelial growth factor (VEGF) play a role in angiogenesis and faster healing [1,152,153]. Furthermore, vascularization provides osteoprogenitor cells at the defect site, promoting new bone formation [154,155]. To ensure that vascularization occurs at the center of the 3D scaffold, pre-seeding of scaffolds with endothelial cells was proposed [156,157]. As a consequence, a link is established between the blood vessels of host tissues and endothelial cells which promotes vascularization. Furthermore, coating of endothelial cells and VEGF encourages the formation of blood vessels and promotes new bone formation [1,158]. The development of vascular and circu-

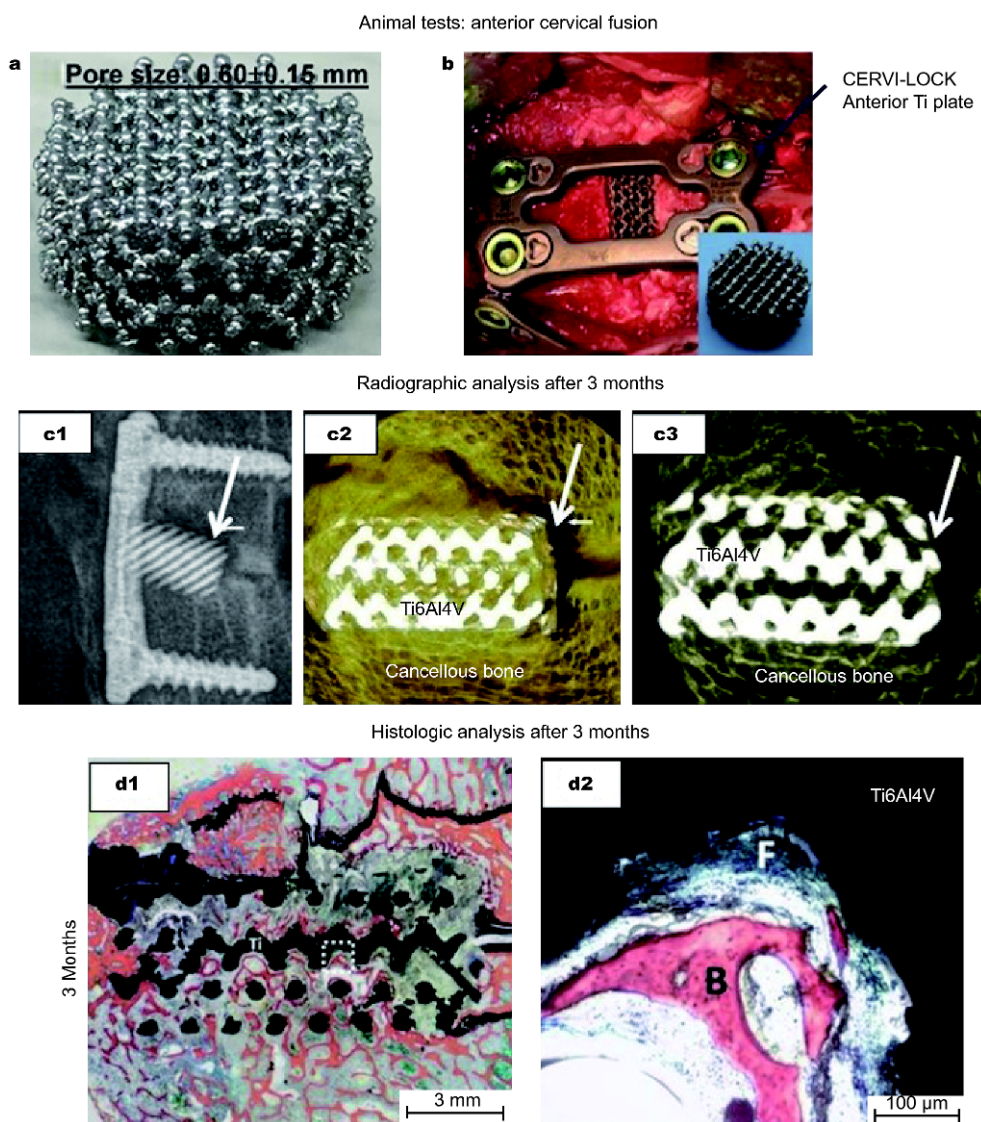
lation networks is important for homeostasis and the regeneration ability of the bone. Based on the aforementioned findings, the future of bone tissue engineering will depend on developing tissue specific porous 3D scaffolds and incorporate the recent findings to ensure tissue regeneration [1].

### IN VIVO STUDIES AND CLINICAL TRIALS OF EBM FABRICATED 3D SCAFFOLDS

3D printed titanium alloy mesh structure scaffolds have the potential to restore anatomically complex patient specific areas such as spinal fusion, dental, temporomandibular joint and craniomaxillofacial surgery [159,160]. Spinal fusion mesh/cage devices were introduced in 1988 to attain spine interbody (cervical disk) fusion and are now widely practiced. Interbody fusion cage made of poly-ether-ether-ketone (PEEK) was used for spinal disorder treatment. But, it does not integrate well with surrounding bone tissue and forms fibrous tissue capsule. To overcome this disadvantage, 3D porous Ti mesh/cage using EBM, was developed [160]. Research is in progress to 3D print titanium alloys to produce customized titanium prosthesis in limb salvage surgery to replace bones lost due to sarcoma [161]. Studies have demonstrated that porous Ti implants into the frontal skull of domestic pigs exhibited enhanced bone formation within the implant [162].

The 3D mesh/cage constructs provide necessary support for cells to proliferate and differentiate. They are believed to be a good choice for bone regeneration and hard tissue replacement [58,163]. The control of pore size, pore geometry and porosity distribution, cell behavior *in vitro* and *in vivo* environments were significantly improved and good biocompatibility was obtained [18,164–166]. It was shown that pore size in the range of 300–900  $\mu\text{m}$  using EBM-fabricated mesh provided favorable condition for cell differentiation at an early stage, and bone cells adhered to the struts and ligaments of mesh by forming numerous cytoplasmic extensions [95]. Within 21 days, bone cells colonized the entire architecture bridging the pores. For these architectures, the stiffness for Ti-6Al-4V implants was in the range of ~2–20 GPa, appropriate for elimination of stress shielding.

A recent *in vivo* study on porous Ti mesh/cage fabricated by EBM and implanted at cervical disc levels (C3/C4 or C4/C5), in 12 mature female Small Tail Han sheep (1–2 years old, 35–50 kg) indicated that rapid bone ingrowth is a possibility, together with superior osseointegration and mechanical stability. This demonstrated their



**Figure 9** (a) Low magnification digital image of 3D printed porous Ti-6Al-4V titanium alloy mesh implant with an average pore size of 600  $\mu\text{m}$  fabricated by EBM, (b) implantation of mesh implant in a mature Small Tail Han sheep (1–2 years, 35–50 kg) to fuse two cervical discs in the anterior region of the spine, and (c) radiographic analysis after 3 months in a mature Small Tail Han sheep representing radiolucent interface gap (white arrows) in (c1) X-ray, (c2) computer-generated image of thick section, and (c3) computer-generated image of thin section. (d) Histological analysis after 3 months in a mature Small Tail Han sheep representing significant extent of bone formation (B) and growth of fibrous tissue (F) inside the pores of the implant. Adapted from ref. [160], Copyright 2017, Springer.

potential for clinical application in comparison to PEEK [160]. After three months, post-implantation, micro CT (computer generated) imaging and histological staining showed the growth of neighboring bone tissue into porous Ti mesh, partially fusing the two vertebral bodies. The bone tissue bonded closely with Ti mesh/cage, with majority of bone tissue around the struts in the interior and peripheral regions of the mesh (Fig. 9) [160]. A comparative study showed that the culture of human osteoblast-like cells on Ti-6Al-4V led to enhanced osteogenic

differentiation in comparison to PEEK implant [167].

The 3D-printed titanium mesh implants have also been shown to be excellent candidates for the repair of bifrontal skull defects and maxillary and orbital floor reconstruction [168,169]. The 3D architecture provides improved stability after fixation of mandibular fracture, compared to the plates and screws because of their 3D configuration instead of greater plate thickness or screw length [170]. This is supposed to facilitate good blood supply to the bone tissue. More recently, clinical trials of



bimaxillary surgery and mandibular reconstruction using EBM fabricated titanium alloy on a woman has also shown highly encouraging results [171]. In summary, the EBM is potentially a valuable tool to fabricate patient specific prosthesis with complex shapes/architectures and internal features, that can precisely match the bone tissue-implant interface and contribute to the improvement in the quality of life of the patient.

## CONCLUSIONS

The process-structure-property relationships in three-dimensional implantable titanium alloy biomaterials processed by EBM is elucidate here. EBM has the benefit of processing patient-specific complex designs, which can be either obtained from the CT scan of the defect site or through a CAD program. We have summarized the evolution and underlying reasons that have motivated 3D printing of scaffolds for tissue regeneration. There are two parts of review for obtaining ultimate functionalities. The first part focuses on obtaining the ultimate functionalities in terms of mechanical properties of 3D titanium alloy scaffolds fabricated by EBM with different characteristics based on design, unit cell, processing parameters, scan speed, porosity, and heat treatment. The second part focuses on the advancement of enhancing biological response of these 3D scaffolds and the influence of surface modification on cell-material interactions. In the end a discussion on the clinical trials of these 3D porous scaffolds illustrates their potential in meeting the current needs of the biomedical industry.

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## 电子束增材制造医用钛合金三维多孔支架力学及生物功能研究进展

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**摘要** 本文综述了电子束增材制造法(EBM)制备医用钛合金多孔支架植入物的工艺-结构-性能之间关系。传统加工多孔材料方法(如冷冻铸造及烧结法)制备的多孔植入器械由于很难匹配患病部位以及与人体组织在宏观结构、力学和物理性能存在差异等因素受到很多限制。针对这一问题,EBM方法具有独特的优势。它可以利用患病部位的CT扫描成像或者CAD程序设计制备出复杂个性化多孔植入器械。本文概述了用于组织再生3D打印多孔支架的发展历程,主要包含两部分:第一部分介绍了EBM法制备的具有不同特征(设计、结构单元、加工参数、扫描速率、孔隙率及热处理)钛合金多孔支架的力学性能;第二部分介绍了多孔支架生物响应的改进优化以及表面改性对细胞-材料交互作用的研究进展。最后,本文还讨论了三维多孔钛合金支架的临床试验结果,并展望了其在生物医疗领域的应用前景。