ORIGINAL ARTICLE

Delineation of food risk terrains and rainfall visualisation in the North Western part of Ghana

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Received: 28 March 2024 / Accepted: 3 May 2024 / Published online: 16 May 2024 © The Author(s), under exclusive licence to Springer Nature Switzerland AG 2024

Abstract

Flooding, exacerbated by the challenges of climate change, poses a growing threat to communities in the Upper West Region (UWR) of Ghana. This persistent issue, particularly during the rainy seasons has subjected the region to several losses of properties and lives over the years. This has spurred the need for a comprehensive delineation of food risk terrains (FRTs) and analysis of the rainfall patterns in the region. This study, therefore, started by analysing a digital elevation model (SRTM— DEM) using Jenks Natural Breaks Classifcation (JNBC) algorithm to delineate potential FRTs map within the region. Further, analysis was performed using Analytical Hierarchy Process Multi-Criteria Decision (AHP-MCD) with the incorporation of six spatial factors (Lineament Density, Elevation, Topographic Wetness Index, Drainage Density, Slope, and Aspect) to generate a comprehensive FRTs map. Climate Hazards Group InfraRed Precipitation with Station data (CHIRPS) from 1992 to 2022 were also visualized in a Jupyter Notebook to assess rainfall patterns in the UWR. Historical food events data were also analysed to understand the trends of food events impacts. From the fndings, both the JNBC and AHP-MCD algorithms categorized the UWR's total area into fve classes, namely; very high, high, moderate, low, and very low FRTs. The JNBC map had area coverages of 4% (856.278 km²), 7% (1466.685 km²), 12% (2418.642 km²), 35% (7014.96 km²), and 42% (8351.496 km²) from very high risk to very low FRTs, respectively. Notably, the very high risk terrains and high risk terrains were predominantly located along the southeastern and eastern regions, particularly along the Kulpawn River and Sisili River in the UWR. The fve classes AHP-MCD map also recorded areas as 0.004% (0.707 km²), 21% (3830.02 km²), 69% (12807.31 km²), 10% (1827.011 $km²$), and 0.062% (11.535 km²) very high risk to very low FRTs, respectively. These findings further revealed a prevalence of high FRTs along stream and river networks. Interestingly, the validation of the AHP-MCD map over the ground truthing points indicated that the UWR is dominated by moderate FRTs (71.76%), underscoring the region's vulnerability to fooding. The visualization of the spatial rainfall distribution from 1992 to 2022, also highlighted the signifcance of heavy rainfall years, particularly in 2018, 2019, and 2021, and the month of August as consistent predictors of food occurrences. A correlation matrix reinforces the strong connection between rainfall and food-related impacts, such as afected populations, economic costs, and agricultural losses from 2016 to 2021. In light of these fndings, UWR residents must prioritize food-resilient crop cultivation and adhere to food disaster safety protocols, especially during the critical month of August. These insights hold valuable implications for municipal, district, and community planning policies, ofering a foundation for proactive sustainable flood risk mitigation and community resilience efforts in the region.

Keywords Flood · Analytical hierarchy process · Jenks natural breaks classifcation · Upper West Region · Rainfall · Spatial distribution

Introduction

Flood occurrences in the context of climate change have swept through several facets of the world (Armah et al. [2010;](#page-21-0) Aznar-crespo et al. [2021\)](#page-21-1). Notably, the generation

of foods through riverine systems overfows, and overland flows under extreme rains has posed an ever increasing threat to natural resources and humanity (CRED [2018](#page-21-2); Sofa and Nikolopoulos [2020](#page-25-0)). Signifcantly, the challenge becomes evident and rampant when the general land surfaces and drainage network systems are unable to discharge or convey excess rainwater after heavy downpours, as population Extended author information available on the last page of the article

growth with rapid urban land uses changes (United Nations [2009;](#page-26-0) Le Polain De Waroux [2011](#page-24-0); Sofa and Nikolopoulos [2020;](#page-25-0) Liu et al. [2023](#page-23-0); Nearing et al. [2024](#page-24-1); Rączkowska et al. [2024](#page-24-2)). In recent times, driving climate change and its increasing global warming have been ranked as the worst acceleration of environmental and hydrological extremities; floods and droughts (Garg et al. [2023](#page-22-0); Bullen and Miles [2024](#page-21-3); UNESCO [2023a,](#page-26-1) [b;](#page-26-2) Nearing et al. [2024\)](#page-24-1). Heavy rainfalls and land surface changes also play major roles in food frequency and magnitude generation (Tarasova et al. [2023](#page-26-3); Fischer and Schumann [2024](#page-22-1)). Though some studies have ascribed food occurrences to hydro-meteorology (Tabari [2020](#page-25-1); Alifu et al. [2022\)](#page-20-0), perennial food impacts, severity, and risks are also driven by three (3) core phenomena; vulnerability, hazards, and exposure (Hudson and Berghäuser [2023](#page-23-1); Srivastava and Roy [2023](#page-25-2)). Globally, there have been enormous reports on the losses of properties worthy of millions of dollars and lives to fooding disasters (Islam and Wang [2024](#page-23-2)). On average, the global community recorded annual economic losses of 40 billion euros to fooding events in 2009 (Gaume et al. [2009](#page-22-2)). Additionally, in 2022, 176 flood disasters were recorded while between 2002 and 2021, 168 food disasters were recorded at an estimated economic loss of \$ 44.6 billion and 41.6 billion, respectively (CRED [2023](#page-21-4)). The higher record of foods in 2022 as compared to the two (2) decades (2002 to 2021), confrmed the worldwide ever increasing rate of flood occurrence.

Further evidence showed that food disasters have been rated as one of the leading natural disasters in African countries, with severe rainfalls as the major cause (CRED [2019](#page-21-5); Ahadzie et al. [2021](#page-20-1); Alimi et al. [2022;](#page-20-2) Danso et al. [2024\)](#page-22-3). Within the period of 19 years (1994—2013), Africa economically lost \$ 912 billion to foods (UNISDR [2015\)](#page-26-4). Approximately, 12 per cent of Africans experienced food insecurity caused by food events between 2009 and 2020 (Reed et al. [2022](#page-25-3)). Flood events between 2010 and 2019, also accounted for 64 per cent of natural disasters in the continent (CRED [2019](#page-21-5)). Subsequently, parts of Africa experienced food insecurity, after crops were washed of by foods in 2022 (WMO [2022](#page-26-5)). As of December 2022, the United Nations Office for the Coordination of Humanitarian Affairs report for the year (2022) indicated; a death toll of 1418, while 4398 citizens sufered various degrees of injuries, and 2.9 million were also displacedin West and Central Africa (OCHA [2022](#page-24-3)). Flooding was ranked 56% of natural disasters in Africa with 43% of fatalities and 92% of economic losses (WMO [2022\)](#page-26-5). Additionally, Tramblay et al. [\(2022\)](#page-26-6) analysis of 13,815 historical food records (1981–2018, 37 years) across Africa showed that 75% of them occurred as a result of intensive rainfalls. These further confrmed the perennial increasing rate of foods in Africa as a result of heavy rainfalls (Alimi et al. [2022](#page-20-2)) and it is therefore paramount for more studies to understand the mechanism of flood occurrences.

In Ghana, perennial food disasters have been a national challenge, especially in the major cities, rural areas, communities, and cities within low-lying areas and or along river channels of the country (Dekongmen et al. [2021;](#page-22-4) Yin et al. [2021](#page-26-7)). Rapid rural–urban and urbanization have been accelerating these challenges through, unapproved settlements on waterways, paved surface areas, and poor waste management in Ghana, at the expense of potential fooding areas, thereby exposing many citizens to perennial flood disasters (Danso et al. [2024](#page-22-3)). However, in the rural areas, it is mostly the farmers who suffer the consequence of floods due to their predominant farming of rice and some water-like crop in low-lying areas, wetlands, and valleys (Smits et al. [2024](#page-25-4)). This confrmed that the frequency and severity of foods and other natural disasters increase as economic development and population densities encroach on these highly disaster risky zones (UNISDR [2015\)](#page-26-4). In Ghana, flood disasters have been ranked as the highest natural disasters with a statistical representation of 32% from 2010 – 2019 (Kelly and Addo [2023](#page-23-3)). According to the Emergency Events Database (EM-DAT) from 1968 – 2023, floods accounted for 534 deaths and afected over 5,062,732 citizens within various parts of the country. The lower part of the Volta Basin of Ghana is yet to recover from 2023 foods that rendered many citizens along the basin homeless (IFRC [2023a\)](#page-23-4). However, heavy rains are expected to worsen extreme foods in Ghana at a yearly projected cost of \$ 160 million (The World Bank Group [2021\)](#page-26-8).

The perennial food cases in the major cities in Ghana have led to severally flood studies (Amoako and Boamah [2014](#page-21-6); Frimpong [2014](#page-22-5); Asumadu-Sarkodie et al. [2015](#page-21-7); Twum and Abubakari [2019](#page-26-9); Kordie et al. [2020](#page-23-5); Osei et al. [2021a](#page-24-4), [b](#page-24-5); Yin et al. [2021;](#page-26-7) Yin et al. [2022;](#page-26-10) Twum and Abubakari [2019;](#page-26-9) Osei et al. [2021a,](#page-24-4) [b;](#page-24-5) Danso et al. [2024](#page-22-3)). However, none of such studies have been conducted in the Upper West Region (UWR) of Ghana. Worryingly, within the past decades, several episodes of these food events have occurred in the UWR; a report from the EM-DAT indicated 52 losses of lives, with 29 injuries, 291,573 afected people, and home damages recorded at 33,000 in September 1999. National Disaster Management Organization (NADMO) records from 2016 to 2020 in the UWR, reported 553.5 acres of crop losses, and an afected population of 9,385, with an estimated cost of damage of Ghc 1,458,872.5. The most unbearable floods in 2021 (Fig. [1\)](#page-2-0), led to massive unexpected destruction of homes, farms, roads, and even loss of lives. Shockingly, perennial spillages of excess water from the Bagre Dam in Burkina Faso coupled with extreme rainfalls are causing humanitarian challenges in the UWR and other Upper Regions of the country (Armah et al. [2010](#page-21-0); Smits et al. [2024\)](#page-25-4). These perennial floods have the potential to heighten food insecurity and disease outbreaks (Andrade **Fig. 1** Examples of flood disasters in 2021 in the region (**a**) Road washed off; **b** Daffiama-Sanwie Road; **c** Nadwoli –Wa Road; **d** Truck en route to Burkina Faso (Source: Ministry of Roads and Highways Ghana)

et al. [2018](#page-21-8); Iqbal et al. [2022](#page-23-6); Rehan et al. [2023](#page-25-5); Ayenew and Kebede [2023](#page-21-9)).

Improving the situation in the region requires the provision of flood risk terrains information, which is crucial to support stakeholders in developmental planning, policy and decision-making, that will prevent urban dwellers from building on waterways. However, in recent years advanced datasets and methods; modelling approaches and techniques have evolved around the globe for conducting flood studies. These methods include but are not limited to analytical hierarchy process (AHP) and Geographic Information System (GIS) (Danumah et al. [2016](#page-22-6); Cabrera and Lee [2019;](#page-21-10) Swain et al. [2020a](#page-25-6), [b;](#page-25-7) Ozturk and Safety [2021;](#page-24-6) Ramkar and Yadav [2021](#page-25-8); Wicaksono et al. [2021\)](#page-26-11), Artificial Neural Network (ANN) and Machine Learning (ML) (Adel et al. [2014;](#page-20-3) Sayers et al. [2014](#page-25-9); Dazzi et al. [2021](#page-22-7); Tamiru and Wagari [2022\)](#page-25-10), Artificial Intelligence (AI) (Riazi et al. [2023\)](#page-25-11), soil and water assessment tool (SWAT) and HEC-RAS (Ogras and Onen [2020](#page-24-7); Taraky et al. [2021](#page-25-12)), GIS and Remote Sensing (RS) (Osei et al. [2021a](#page-24-4), [b](#page-24-5)), Frequency Ratio model, Fuzzy Logic (FL) Model, regional flood frequency analysis (RFFA) (Komi et al. [2016;](#page-23-7) Forson et al. [2023;](#page-22-8) Debnath et al. [2024\)](#page-22-9), Watershed Modelling System (Soussa et al. [2012](#page-25-13)), and hydrological model (HEC-HMS) and Hydraulic model (HEC-RAS) (Tripathi et al. [2014](#page-26-12); Shaikh et al. [2023](#page-25-14); Al-Areeq et al. [2023;](#page-20-4) Baci et al. [2024\)](#page-21-11). However, most of these methods are often data and situational dependent and are mostly expensive to implement in developing countries (Samela et al. [2020](#page-25-15)).

Evaluating the complete possibility of stopping floods from occurring perennially may be artifcially or naturally unachievable and elusive. However, the delineation of food risk terrains is critical for food adaptation, mitigation management, and sustainable development in the Upper West Region due to the perennial fooding. Therefore, this study, employed techniques such as; Jenks natural breaks classifcation (JNBC), and an integrated Geographic Information System (GIS)-based Analytical Hierarchy Process Multi-Criteria Decision (AHP-MCD) to delineate food risk terrains, bufer zoning of communities along rivers/streams, evaluate historical flood records and population trends. Spatial distribution of rainfalls from 1992 to 2022 using Climate Hazards Group InfraRed Precipitation with Station data (CHIRPS) (Funk et al. [2015](#page-22-10)) was also visualized in a Jupyter notebook. Historical flood events data were also analysed to ascertain the trends of food disasters in the region. The fndings would set the ground for the development of a paradigm shift in policy that supports sustainable food risk adaptations and mitigation measures, and water resources management in the region. This study is aligned with several studies conducted around the globe (Danumah et al. [2016](#page-22-6); Swain et al. [2020a,](#page-25-6) [b;](#page-25-7) Gupta and Dixit [2022;](#page-22-11) Nsangou et al. [2022](#page-24-8); Shekar and Mathew [2023a](#page-25-16), [b](#page-25-17); Ziwei et al. [2023](#page-26-13)).

Materials and method

Study area

This study focuses on the Upper West Region (UWR), Ghana, which is within longitude 1 25'' W and 2 45'' W and latitudes 9 30'' N and 11 N, and it shares a boundary with the Savanna Region to the south, with Upper East Region and North East Region to the east, with Burkina Faso to the north and the west with Cote d'Ivoire (GSS [2013](#page-22-12); Baddianaah et al. [2022](#page-21-12)). The region has total land coverage of 18,779.71 square kilometres (Fig. [2](#page-3-0)) and it comprises about 12.7% of the total landmass of the country. The agroecological zone of the region is within the Guinea Savannah and Sudan Savannah belt (Diabene et al. [2014\)](#page-22-13) with common trees such as; dawadawa, manula, shea, baobab and neem. These trees provide economic value to the people as well as frewood for domestic use. Generally, the most cultivated crops in the Upper West include; nuts, tubers, vegetables and cereals (Diabene et al. [2014\)](#page-22-13). Currently, the region has a population of 904, 695, which constitutes 2.9% of the total population of Ghana (GSS [2021](#page-22-14)). The region experiences continental tropical air masses (dry and hot) (Brulard [2011](#page-21-13)). It experiences a single rainy season, lasting for a period of 4 to 5 months (April to September), with an annual average rainfall ranging from 840 to 1400 mm. The rainfall tends to be heavy between August and September. The northeast trade winds which bring the dry season known as the 'harmattan' start at the recedes of the rainy period, and are characterized by cold and hazy weather conditions from November to March, hot weather conditions, which only seize at the onset of the rainy season. Temperatures in the region are generally high; with monthly mean temperatures ranging from 21 to 32 \degree C, which rise to about 40 \degree C somewhere in March—April and fall to 20 °C in December (GSS [2013](#page-22-12);Saana et al. [2016;](#page-25-18) Abu et al. [2024](#page-20-5)). The topography of the region is almost gently fat with Lawra and the western part of Wa mostly referred to as the Wa-Lawra plains, with a height of land range between 250 and 300 m. The western part of the region is drained by the Black Volta River Basin (BVRB), while the central and eastern parts of the region are drained by the Red and White River Basins (Kulpawn

Fig. 2 Study area (UWR) map

River and Sisili River), with their various tributaries from the sub-catchments are discharging southwards into the White Volta River Basin in the southern. Soil structure, texture, porosity, coarse nature, clay composition, and organic matter control the permeability and water holding capacity (Ball [2011;](#page-21-14) Kerr et al. 2016; Irvin IV et al. [2023\)](#page-23-8). However, the soil types found in the region were Acrisols, Arenosols, Fluvisols, Leptosols, Lixisols, Planosols, Plinthosols, and Vertisols. These soils are largely generated over granite with some fewer areas developed over lower Birimian phyllite. The geology features Basal Sandstone, Birimian Sediments, Birimian Volcanics, Dahomeyan, Obosum and Oti Beds, and Upper Voltaian (Abdul-Ganiyu and Kpiebaya [2020](#page-20-6)).

Methods

To spatially delineate food risk terrains over a watershed, topographical and or hydrological surfaces to support policy and decision-making requires datasets and tools. Succinctly, the details of each data and method of analysis employed in this study have been explicitly described in the sub-sections of the study. Figure [3](#page-4-0) summarises the insightful steps employed in conducting this study. However, the food risk terrain maps were developed using two techniques; Jenks natural breaks classifcation (JNBC) and GIS-based AHP-MCD. Jenks' natural breaks classifcation (JNBC) (Jenks [1967;](#page-23-9) Guoyi et al. [2023\)](#page-22-15) technique was employed to frst optimize the delineation of the fve (5) classes of the study area, to initially demarcate food-susceptible areas within the study area, which provided an insight into the food risk terrain to be expecting. JNBC techniques algorithm has been employed in conducting food hazard studies and other studies (Anchang et al. [2016;](#page-21-15) Toosi et al. [2019](#page-26-14); Amirruddin et al. [2020](#page-21-16); Mishra and Sinha [2020;](#page-24-9) Deroliya et al. [2022](#page-22-16)). This algorithm ensures the optimal arrangement of classes' values within a group and between classes. JNBC optimization determines to reduce the intra-class means deviation while ensuring that the inter-class means are maximized (Jenks [1967\)](#page-23-9). Each of the classes indicates an area within the study area that would likely suffer perennial floods during heavy rainy days or periods, as a result of a high volume of surface runoff inundation due to the heavy rainfalls (Toosi et al. [2019\)](#page-26-14). There have been enough shreds of evidence of heavy rainfalls as the cause of severe food disasters in the Upper West Region (UWR) (IFRC [2023b](#page-23-10)), as a result, Jupyter notebook was employed to visualize Climate Hazards

Fig. 3 Flowchart of the study process

Group InfraRed Precipitation with Station data (CHIRPS) (Funk et al. [2015\)](#page-22-10) for 30 years (1992 to 2022). The average monthly and August rainfall events were visualized. In addition, the study analysed population growth and historical flood events in the study area to understand their trends. Most especially, a correlation matrix of rainfalls and food events records was also carried out.

Data acquisition

Historical food records give a preliminary knowledge of present and future foods in a catchment. Therefore, in this study, both primary and secondary datasets from various sources including local departments and organizations were collected and used. Secondary data on historical food disaster records from 2016 to 2021 were sourced from the Upper West Regional National Disaster Management Organization (NADMO). Population growth rate is a key factor in expo-sure to flood vulnerability (Nguyen et al. [2021\)](#page-24-10). As a result, population data between 2010 and 2021 was also obtained from the regional Ghana Statistical Service (GSS) department, Wa, Ghana. These datasets were sourced to explore the trend of foods and population growth within the UWR. However, there are no generally accepted methods and techniques for classifying food potential areas, delineation fo flood risk terrains, flood zoning etc. (Jodhani et al. [2021](#page-23-11)), as there are several methods and factors that infuence food occurrences (Bello and Ogedegbe [2015\)](#page-21-17). Al-Areeq et al. [\(2023](#page-20-4)) noted a better performance of the 30 m Shuttle Radar Topographic Mission (SRTM) DEM in flood extend assessment as compared with 12.5 m ALOSPALSAR, 10 m Sentinel 1, 30 m Advanced Spaceborne Thermal Emission and Refection Radiometer (ASTER) and 90 m MERIT products. Therefore, to develop a spatial food risk terrain (FRT) map of the UWR, the SRTM DEM from USGS was used to generate the various thematic maps. Woeful, the paucity of data in the region to model the hydrological and hydraulic dynamics in the region has prevented innovative modelling of early warning systems and designs. After carefully reviewing the literature (Okyere et al. [2013](#page-24-11); Arabameri et al. [2018](#page-21-18); Al-Areeq et al. [2023;](#page-20-4) Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17); Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17); Ahmed et al. [2024;](#page-20-7) Danso et al. [2024](#page-22-3); Jemai et al. [2024\)](#page-23-12), six (6) spatial topographical, hydrological, and geological food conditioning subthematic factors comprising topographic wetness index (TWI), Drainage Density (DD), Elevation, Slope, Lineament Density (LD), and Aspect, were selected based on the data availability, and the nature of the UWR topography to explore areas susceptible to food disasters. These spatial thematic factors selected, signifcantly control landscape forms and characteristics, and hydrological processes, that drive surface runoff (Danumah et al. [2016;](#page-22-6) Ahmad [2018](#page-20-8); Toosi et al. [2019;](#page-26-14) Mishra and Sinha [2020](#page-24-9); Karymbalis et al.

[2021;](#page-23-13) Leandro and Shucksmith [2021;](#page-23-14) Addis [2022;](#page-20-9) Amen et al. [2023](#page-20-10)). As a result, several, studies conducted around the globe selectively combined diferent thematic factors to either model, delineate, and assess; food risk areas (Liuzzo et al. [2019](#page-23-15); Mishra and Sinha [2020;](#page-24-9) Swain et al. [2020a,](#page-25-6) [b](#page-25-7); Roy et al. [2021](#page-25-19); Gacu et al. [2022](#page-22-17); Al-Taani et al. [2023](#page-20-11)), and groundwater recharge potential zones (Andualem and Demeke [2019](#page-21-19); Gómez-Escalonilla et al. [2022;](#page-22-18) El Ayady et al. [2023](#page-21-20); Ishola et al. [2023;](#page-23-16) Kumar et al. [2023](#page-23-17); Moharir et al. [2023](#page-24-12); Shekar and Mathew [2023a](#page-25-16), [b](#page-25-17); Tariq et al. [2023](#page-26-15); Feujio et al. [2024](#page-22-19)), soil erosion (Ahmad [2018\)](#page-20-8) and land-slides (Poddar and Roy [2024\)](#page-24-13), indicating that flood modelling or assessment is not static to one set of datasets. Ground truthing points (GTPs) of some historical and frequent fooding points were collected from the feld with a GPS device. The CHIRPS from Digital Earth Africa sandbox [\(https://](https://sandbox.digitalearth.africa/) [sandbox.digitalearth.africa/\)](https://sandbox.digitalearth.africa/) were also analysed to highlight the trend of the spatial distribution of the rainfall behaviour during the flood seasons over the UWR. However, buffer zoning was also employed to capture communities likely to be inundated when the streams and rivers fow their banks during peak rainy seasons.

Preparing and comparing food‑causing Sub‑thematic factors

After establishing the sub-thematic factors preparation, the Saaty method (Saaty [1977](#page-25-20)) of Analytical Hierarchy Process (AHP)-Multi-Criteria Decision (MCD) (AHP-MCD) which has been applied in several flood studies (Danumah et al. [2016;](#page-22-6) Cabrera and Lee [2019](#page-21-10); Swain et al. [2020a](#page-25-6), [b](#page-25-7); Gacu et al. [2022](#page-22-17); Gupta and Dixit [2022](#page-22-11); Al-Taani et al. [2023](#page-20-11); Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17)) was used to rank these factors through assigned weighted values based on their strong relative relevance and contributing to runoff inundation, overland flows, and flood risk within the territory (Amen et al. [2023](#page-20-10)). AHP-MCD was done through a pair-wise comparison matrix of the sub-thematic factors, based on an expert judgement and knowledge of the research terrain, on how the factors are infuencing food within the area (Gacu et al. [2022\)](#page-22-17). The consistency of each sub-thematical factor was assessed to ensure they were consistent with each other or not, using Eqs. [1](#page-5-0) and [2.](#page-5-1)

$$
CI = \frac{\lambda_{\max - n}}{n - 1} \tag{1}
$$

$$
CR = \frac{CI}{RI}
$$
 (2)

CR, CI, RI (Table [1](#page-6-0)), and λ_{max} represent the consistency ratio, consistency index, random index, and matrix principal eigenvalue respectively. However, n (Table [1\)](#page-6-0) also

presents the number of sub-thematic factors being compared (Abdrabo et al. [2023](#page-20-12); Ahmed et al. [2024\)](#page-20-7).

The consistency ratio (CR) for a 3×3 matrix and a 4×4 matrix are 0.05 and 0.09, respectively. CR of 10% (0.01) in general, is for large matrices. The computed CI from the process was found as 6.254, which yielded a computed CR value of 0.04 for the six factors $(n=6, RI=1.25)$, which is less than 0.01. The CR value calculated was within the acceptable range and it, therefore, indicated that the pairwise matrices were consistent with each other (Gupta and Dixit [2022\)](#page-22-11). Table [2](#page-6-1) presents the environment's natural hydrological, geological, and topographical sub-thematic conditioning factors of foods. The rating of each sub-thematic factor's class weight was determined by the Saaty, ([1977,](#page-25-20) [2004\)](#page-25-21) scale of 1 to 9. The scale values range from equally importance through to extremely important (see Saaty [1977](#page-25-20)). Therefore, classes that were adjudged as equally important and extremely important were assigned values as 1 and 9 respectively. For Saaty's scale from 1 to 9 of the intensity of importance see (Saaty [1977,](#page-25-20) [2002](#page-25-22), [2004\)](#page-25-21). The AHP-MCD weightage values for all the sub-thematic factors; Drainage density, elevation, slope, lineament density, TWI, and aspect, were 0.27, 0.17, 0.09. 0.21 and 0.05, respectively (Table [2\)](#page-6-1). The sub-thematic factors were integrated and overlaid to generate the fnal AHP-MCD map.

Lineament density

Lineaments are geological features such as faults, fractures, joints, streams and valley networks (Das [2017](#page-22-20); Das and Pardeshi [2017](#page-22-21); Slimani et al. [2023](#page-25-23); Tegegne et al. [2024](#page-26-16)). The sum of the length of all lineaments (Li) over an area is known as the lineament density (L_D) . L_D regulates the flow of both surface runoff and groundwater by serving as

Table 1 Standard values of random index (RI) (Donegan										
and Dodd 1991; Saaty 2002, 2004)	$0.00\,$	$0.00\,$	0.52	0.89	25	1.35	.40	1.45	.49	1.51

Table 2 Weightage assignment of each factor

conduits (Slimani et al. [2023](#page-25-23); Tegegne et al. [2024\)](#page-26-16). Therefore, the lineament networks were frst extracted from the DEM in a Geomatic PCI environment. The lineament density was further generated using the Line Density based on Eq. [3](#page-7-0) and reclassifed into fve classes ranging from 0–54.94 (Fig. [4a](#page-7-1)) in the GIS tool environment.

$$
L_D(\text{Linearent Density}) = \sum_{i,j} (3)
$$

where Li is the sum of the length of lineaments in m or km and A is equal to the area $(m^2 \text{ or } km^2)$.

Elevation

Elevation infuences the speed and fow direction of surface runoff rate, which encourages terrain susceptibility to food risk. Terrains with low elevations, low-lying and flat slopes have a high risk of perennial flood occurrences. The elevation is, therefore, vital in determining flood risk terrains (Association of State Floodplain Managers [2020](#page-21-21)). Surface runoff moves from high lands to low lands; flat and lower terrains are more than susceptible to flood hazards (Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17)) due to the rapid inundation of water. The elevation of the study area was extracted from the national elevation shapefle and reclassifed into fve classes ranging from 150 to 400 m (Fig. [4b](#page-7-1)).

Topographic wetness index

The Topographic Wetness Index (TWI) is an important food conditioning characteristic factor in flood risk terrain mapping. TWI regulates surface runoff accumulation tendency within a point in a watershed, and the soil wetness or dryness, saturation, moisture, and water depth (Costache [2019](#page-21-22); Chowdhuri et al. [2020](#page-21-23)). A terrain with lower TWI values indicates that it is less prone to perennial flood risk (Shekar and Mathew [2023a](#page-25-16), [b\)](#page-25-17), while high TWI values are considered high-risk food vulnerability (Rahman et al. [2023\)](#page-25-24) because saturated soil influences overland flows leading to inundation (Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17)). DEM was used to generate the TWI map using Eq. [4;](#page-8-0)

Fig. 4 Spatial thematic factors infuencing food risk terrains in the UWR: **a** Lineament Density(km/km²), **b** Elevation (m), **c** TWI, **d** Drainage Density (km/km²), **e** Slope (%), and **f** Aspect (degree)

$$
TWI = \frac{In(As)}{Tan\beta}
$$
 (4)

As and β are the upstream area (area/length_m2/m) and slope gradient (degrees) of the watershed respectively (Das [2019](#page-22-23)) Paul et al. [2019;](#page-24-14) Rahman et al. [2023](#page-25-24)). The generated TWI map was reclassifed into fve classes ranging from $-0.99 - 13.5$ (Fig. [4c](#page-7-1)).

Drainage density

The drainage density (DD) forms the runoff connectivity patterns of the study area. It is the summation of the streams and rivers' length within a watershed/catchment divided by the total area of the basin (Rahman et al. [2023\)](#page-25-24). Terrains with high DD values are highly susceptible to floods as well and terrains with lower DD are less prevalent (Getahun and Gebre [2015;](#page-22-24) Rahman et al. [2023](#page-25-24); Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17); Kannapiran and Bhaskar [2024\)](#page-23-18). To generate the DD, rivers/stream networks were frst generated from the DEM and were used via the Line Density tool in the GIS tool under the Spatial Analyst tool. The generated DD was further reclas-sified into five (5) classes (Fig. [4](#page-7-1)d) ranging from low (less DD) to high (denser DD) $(0 - 58.76 \text{ km/m2})$ $(0 - 58.76 \text{ km/m2})$ $(0 - 58.76 \text{ km/m2})$ using Eq. 5 below.

$$
D{\text{rainage Density}}(DD) = \sum_{L_{f_A}} (5)
$$

 L_r is the total length of rivers and streams, while A is the total area of the watershed or catchment of the study area.

Slope

The slope is a major conditioning factor in spatial flood risk terrain identifcation (Karymbalis et al. [2021;](#page-23-13) Osei et al. [2021a](#page-24-4), [b](#page-24-5); Ayenew and Kebede [2023\)](#page-21-9). And how slope characteristics defne the nature of an area's extreme rains is critical. As a result, slope angles are important features in hydrological process modelling. It is a driving force of surface runoff and flow accumulation (Costache et al. [2021\)](#page-21-24) that infuences infltration and soil erosion (Rahman et al. [2023\)](#page-25-24) and high speedy runoff in high-land and waterlogging/ flood inundation within low-lying terrains (Sachdeva and Kumar [2022\)](#page-25-25). Generally, slope angles are important features in hydrological process modelling. Terrains within fat and low slope gradients are highly susceptible to the risk of flood while areas with higher sloppy terrain are less susceptible to flood (Liuzzo et al. [2019\)](#page-23-15). To extract the slope of the study area, raster data of the digital elevation model (DEM) was used as an input. The region of interest (ROI) shape fle was used as the boundary to digitize the DEM for the study. The spatial analyst tool in the GIS tool toolbox generated the slope from the DEM by calculating the maximum rate of changes in angle between each cell and its neighbour's cell. The slope was calculated in per cent of the slope based on Eq. [6](#page-8-2).

Degree of slope =
$$
\theta
$$
, percent of slope = $\frac{\text{Rise(Height)}}{\text{Run(Length)}} \times 100$ (6)

The produced slope map was reclassified into five classes ranging from 0–63.02% (Fig. [4e](#page-7-1)). Diferent colour codes were selected to designate areas liable to high and low food occurrences. Red colour codes were assigned to areas with a high degree of susceptibility to flood occurrences. Green colour codes designated areas with moderate vulnerability of fooding and lower food susceptibility were also assigned with yellow colour codes.

Aspect

Aspect shows the directions at which a slope is facing (Yu et al. [2023a](#page-26-17), [b\)](#page-26-18). Aspect is measured in a clockwise direction in positive degrees ranging from $0 - 360$, however, areas with zero or flat slopes are assigned negative ones (-1) . The zero or fat aspects of terrains are the driving force of rapid surface runoff direction and accumulation, likely to result in foods (Sachdeva and Kumar [2022\)](#page-25-25). DEM was used to generate the Aspect for the UWR, using the Surface tool in the GIS tool. The Aspect map was then reclassifed into fve classes ranging from $-1 - 359.64$ (Fig. [4](#page-7-1)f).

Population data

Equation [7](#page-8-3) was applied in computing the population growth rate of the study;

$$
R = \frac{[Nt - NO]}{N0} * 100
$$
 (7)

where: $R =$ population growth rate, Nt = the final population size at time t, $N0$ = the initial population size at time 0.

Climate hazards group infrared precipitation with station data (CHIRPS)

The CHIRPS are satellite derived areal data average datasets, especially for rural, complex terrain and, semi-arid regions that are data-scared due to fewer rain gauge stations (Funk et al. [2015](#page-22-10); Dinku et al. [2018\)](#page-22-25). This was initiated through collaborative efforts with the United States Geological Survey Earth Resources Observation and Science (USGS-EROS) Centre to produce an up-to-date and complete reliable rainfall dataset for analyzing the trends and seasonal variations of the rainfall for monitoring and evaluation of hydrological occurrences, to support efective early warning systems development. The datasets have a record of over 30+years spanning from 1981–01 up to date, with a spatial resolution of 0.05^0 with an approximation of 5.55 kms (López-Bermeo et al. [2022\)](#page-23-19). CHIRPS was chosen due to its better performance as compared to other satellite products in Ghana (Atiah et al. [2020\)](#page-21-25). Atiah et al. ([2020](#page-21-25)) validated satellite products with 113 observation stations data over Ghana where fndings showed a strong agreement with observed rainfall data and CHIRPS data as compared to the other products. A strong correlation of over 0.9 between CHIRPS and observational station data was also observed in the Upper Savannah agroecological zone as compared with the other agroecological zones in Ghana (Atiah et al. [2020\)](#page-21-25). Ayehu et al. ([2018\)](#page-21-26) and Dinku et al. ([2018\)](#page-22-25), also reported better performance of CHIRPS products in East Africa as compared to other satellite products, this further strengthened the use of CHIRPS data in areas with observed data scarcity.

This necessitates the use of 30 years (1992–2022) of CHIPRS data to spatially visualise rainfall in the study area, at various spatial distribution scales; annual averages, fve (5) year annual averages, monthly averages, and the month of August for each year.

Evaluation of FRT maps

The fndings from this study will not be scientifcally valid for policy and decision-making, if not evaluated using his-torical flood events (Cabrera and Lee [2019](#page-21-10); Nsangou et al. [2022](#page-24-8); Santosa et al. [2022;](#page-25-26) Upadhyay et al. [2022\)](#page-26-19). Therefore, to ensure the reliability of the food maps (both JNBC and AHP maps), ground truthing points (GTPs) of 85 historical flood points were collected within the study (Upper West Region (UWR)) after the 2021 direful flood events. The GTPs were overlaid on the maps and clipped to each class of the maps, to identify the number of points that were captured within each class. The captured points within each class were then calculated as per cent of the total points. Though there are several accuracy techniques such as; the area under receiver operation characteristic (ROC) curve known as AUC (Wang et al[.2019](#page-26-20); Arabameri et al. [2020](#page-21-27); Pham et al. [2021;](#page-24-15) Rahman et al. [2021;](#page-24-16) Roy et al. [2021](#page-25-19); Wubalem et al. [2021;](#page-26-21) Ghosh et al. [2022](#page-22-26); Kumar et al. [2023](#page-23-17); Shekar and Mathew [2023a,](#page-25-16) [b](#page-25-17); Tariq et al. [2023\)](#page-26-15) for evaluating food risk terrains, fooding areas, and potential zones delineation, however, application of this validation method was based on scientifc studies and practices (Molinari et al. [2019;](#page-24-17) Amen et al. [2023\)](#page-20-10). This is also imperative because, the methods presented have the potential to delineate FRTs and illustrate sensitive flood information to support flood mitigation strategies within the catchment, and therefore the fndings have to be evaluated to ensure reliability and validity to boost the confdence of decision-makers (Molinari et al.

[2019](#page-24-17); Leandro and Shucksmith [2021](#page-23-14); Addis [2022](#page-20-9); Al-Taani et al. [2023](#page-20-11)).

Results and discussion

Flood risk terrains analysis

The JNBC algorithm optimized the study area into five (5) classes of food risk terrains (FRTs) as illustrated in Figs. [5a](#page-10-0) and [6.](#page-10-1) The five classes were calculated as 4% (856.278 km²), 7% (1466.685 km²), 12% (2418.642 km²), 35% (7014.96 $km²$), and 42% (8351.496 km²) representing; very high, high, moderate, low, and very low FRTs, respectively. The very high and high food risk terrain classes were observed along the southeastern and eastern parts of the study area, that is within the Sissala East Municipality (SEM) and Wa East (WE) district of the region, which agreed with the low elevation and low slope nature of the terrains. These fndings were consistent with other studies that asserted the high chances of extreme food occurrences in low-lying areas (Das [2019](#page-22-23); Ullah and Zhang [2020;](#page-26-22) Al-Taani et al. [2023\)](#page-20-11). The moderate and low risk terrains were also observed along the patterns of the very high and high flood risk terrains and the western border of the Black Volta River Basin (BVRB). More illustrations showed that the low and moderate risk terrains dominated within fve districts; Jirapa, Lawra, Nadowli-Kaleo, Nandom, and Wa West, which share borders with the BVRB. Further observation showed that the very high and high food risk terrains within the southeastern and eastern part of the study area are along the major rivers; Kulpawn and Sisili banks, this affirms that floods are ever occurring along river conveyances (Sofa and Nikolopoulos [2020\)](#page-25-0). The areas along the river banks also have gentle to fat slope terrains, that is low elevations and low slopes which are attributed to high susceptibility to food risks and similarly were observed by Ullah and Zhang [\(2020](#page-26-22)) along the Panjkora's river banks. This also underpins the fact that the gentle to fat nature of the study area is generally influenced by overland flows during peak rainy seasons, leading to the high records of perennial foods. This further bears out the frequent flood occurrences within low-lying areas in the study area. Therefore, the knowledge of the terrain behaviour is paramount to the rice farmers and stakeholders' economic activities (Nguyen et al. [2021](#page-24-10)) of their proximity to these vulnerable areas. Assertively, other studies attest the closeness of communities and citizens to and within these vulnerable areas facilitates frequent food hazards (Nazeer and Bork [2021](#page-24-18); Mwalwimba et al. [2024](#page-24-19)).

The GIS-based AHP-MCD approach was also employed in weighing and comparing the sub-thematic food conditioning factors, and integrating and overlaying the factors over each other generated the fnal FRTs map (Das [2019](#page-22-23);

Liuzzo et al. [2019;](#page-23-15) Toosi et al. [2019](#page-26-14); Wang et al. [2019](#page-26-20); Ullah and Zhang [2020](#page-26-22); Addis [2022;](#page-20-9) Al-Taani et al. [2023](#page-20-11); Shekar and Mathew [2023a](#page-25-16), [b](#page-25-17); Suwanno et al. [2023](#page-25-27)). The final output map was classified into five (5) categories of flood risk terrains, ranging from very high to very low. This was done based on the susceptibility of each class to flood occurrences. Figure [5](#page-10-0)b illustrates the spatial distribution of the FRTs over the study area, while Fig. [6](#page-10-1) presents the FRTs in percentages. The five categorised classes were namely; very high, high, moderate, low, and very low with areas coverage of 0.707 km² (0.004%), 3830.02 km² (21%), 12,807.31 $\mathrm{km^2(69\%)}$, 1827.011 $\mathrm{km^2(10\%)}$, and 11.535 $\mathrm{km^2(0.062\%)}$ respectively. Figure [5](#page-10-0)b shows that the majority of very high and high food risk terrains are spatially distributed along the southeastern, eastern and north, while some are sparsely scattered within the whole region. This could result in scattering of extreme food disasters over the region (UWR) since they are not confned to a specifc location. Further observations clearly showed that the very high and high FRTs are heavily found along the stream/river networks, confirming that low-lying areas are susceptible to flood disasters (Pham et al. [2021](#page-24-15); Amen et al. [2023](#page-20-10); Shekar and Mathew [2023a,](#page-25-16) [b;](#page-25-17) Danso et al. [2024](#page-22-3)). These fndings were also consistent with a study by Rana et al. ([2023](#page-25-28)). Additionally, the

very high and high FRTs also coincided with the fat to low slope, low elevation (150–300 m), high drainage density $(47.01 - 58.76 \text{ km}^2/\text{km})$, and high TWI $(4.52 - 13.5)$, which influence the high accumulation of runoff during rains. This also confrms that the topography plays a major role in conditioning food susceptibility in low-lying terrains. The very low and low FRTs are found in areas with higher slopes, higher elevations, and low drainage density, especially, within the highland areas in the region. The moderate FRTs were discovered as the dominant class, spatially distributed all over the study area, and accounted for 69 per cent of the total study area. Furthermore, critical observations also noted that the majority of the very high and high FRTs are sandwiched within the major river catchments (Kulpawn River and its tributaries) and alongside the Sisili River in the region. This indicates that the communities, districts, and farms are in perennial food danger during the rainy periods. This has also been verifed by the historical perennial food events in some communities and districts in the region. That is, those communities, districts, and municipalities which are heavily drained by the Kulpawn River and Sisili River and their minor tributaries during rainy seasons; most especially Wa East, Sissala East, Sissala West, Daffiama Bussie Issa and the eastern part of Jirapa. This revealed that low-lying areas, most especially those along the rivers/streams are risky zones, due to overflows of their banks. However, due to the nature of agricultural activities in the region, farmers mostly plant crops such as rice within low-lying; waterlogs, waterways, valleys, rivers/streams banks, and near dugouts' areas, and this increases the perennial exposure of the farms to flooding, inundate and washing away of crops. The results from this study, significantly affirm that the very high and high FRTs in the study area are not homogeneous, and are distributed all over the region. This is also sign that the moderate FRTs are likely to experience unprecedented extreme floods, due to spillover and overflows from the very high and high food risky areas (Amen et al.[2023\)](#page-20-10). These observations, further confirmed Ghana's flood prone areas are always along rivers/streams, near rivers, waterways, poor drainage networks, encroachment of waterways, and river basin sites, which are often serving as high runoff retention areas (Okyere et al. [2013](#page-24-11); Yin et al. [2021](#page-26-7), [2022](#page-26-10); Gaisie and Cobbinah [2023;](#page-22-27) IFRC [2023a](#page-23-4)).

The knowledge and information of flood vulnerability areas, risky terrains, food drivers, and their impacts are key factors for strategic flood disaster management, policy, and decision-making (Nazeer and Bork [2019;](#page-24-20) Li et al. [2022](#page-23-20)). Delineation of food risk terrains and food studies are rare in this part of the country, despite the perennial food disasters. However, apart from drought, fooding has been the most disastrous problem, afecting thousands of lives and properties. Hence, the study aims to scientifcal delineate these food risk terrains in the region in support of farmers,

stakeholders, and NGOs, and to boost sustainable developments in the region.

Validation of food risk terrain maps

The ground truthing points (GTPs) of historical flood events were overlayed and clipped to each of the FRTs maps. The JNBC map classes recorded; 31.76% (very low), 16.47%, (low), 15.29% (moderate), 24.71% (high), and 11.76% (very high) flood risk terrains, respectively. Quantitatively, 31.76% of the food historical points were recorded in the very low food risk areas, while the very high-risk regions recorded the lowest points with 11.76%. The generation of the JNBC map did not take into consideration other food infuencing factors which limited its ability to delineate a truthful representation of food occurring areas within the study area. During the feld data collection, it was also observed that several communities, and suburbs within the Wa Municipality are encroaching on, and sandwiching stream/river networks within the city, which probably led to the 31.76% of GTPs within the very low class. During the evaluation of the AHP-MCD map reliability, it was observed that none of the GTPs was found within the very low and very high food risk terrains classes. However, the low, moderate, and high classes recorded; 20%, 71.76%, and 8.24% of the GTPs, respectively. It is also arguable that the very low (11.54 km^2) and very high (0.71 km^2) risk terrains in terms of area were insignifcant which could probably be the reason why no GTPs were found in their classes. The higher number of GTPs found within a class shows the susceptibility of that class to flood events (Toosi et al. [2019\)](#page-26-14). Therefore, 71.76% of the historical food events recorded within the moderate class, revealed that the study area (UWR) is largely dominated by moderate food risk terrains. The validation also further showed that flood disasters are not homogeneous within the study area. This confrmed the reliability of the fndings to assist and support stakeholders in food planning, decision-making, and policy (Amen et al. [2023\)](#page-20-10).

Bufer zoning of stream network

Buffer zoning (bz) plays a key role in regulating flood risks along streams and rivers (Osei et al. [2021a](#page-24-4), [b](#page-24-5); Kurugama et al. [2023](#page-23-21)). During the heavy rainy seasons, most streams and rivers overfow their banks to some extent which provokes inundation and flooding communities and farms within their catchment. It is well noted that in most communities in the UWR, farms sandwich wetlands, along streams and valleys, and near dugouts (commonly called dams in the region). At the end of the 2021 flood disasters, NADMO reported 121 communities in some municipalities and districts (Sissala East Municipality (SEM), Sissala West Municipality (SWM), Wa East (WE), Wa West (WW), Nadowli-Kaleo, Lawra, Lambussie/Karni, and Wa Municipality (WM)) in the region as food risk communities. Therefore, to further identify the number of communities likely to experience fuvial foods in the UWR, a bufer zoning of the stream/river networks in the study area was, therefore, important to further observe the pregnant communities that would be inundated whenever these streams/rivers overfow their banks into their food plains and their nearby subbasins. A bufer of 0.5 and 1 km was selected to observe communities likely to be inundated within the food risk zones when rivers/streams overfow their banks. With about 1952 community points in the UWR, it was observed that 395 (Fig. [7](#page-12-0)a) and 927 (Fig. [7](#page-12-0)b) communities were found as sandwiched between 0. 5 km and 1 km respectively. It further revealed that these communities within the bufered ranges are sited within the moderate, high, and very high flood risky terrains (both JNBC and AHP-MCD maps). It is paramount to understand that these communities are more susceptible to high flood hazards than those outside the buffer zones. Notwithstanding the several flood conditioning factors; settlement encroachment on wetlands, heavy rains, waterways, lowlying areas, runoff retention areas/runoff converging points, rapid population growth etc. (Yang et al. [2022\)](#page-26-23) and climate change impacts (IPCC [2023b\)](#page-23-22). These fndings were also consistent with Toosi et al. [\(2019](#page-26-14)) and Osei et al. [\(2021a,](#page-24-4) [b\)](#page-24-5) studies, which revealed that communities within the bufer zones are more prone to flood disasters than those outside the border. This further highlights a sign of future food disaster severities in the informal urban settings and communities in many developing countries (Juma et al. [2023](#page-23-23)). As

Fig. 7 Buffer zoning (bz) communities: **a** communities within 0.5 km bz and **b** communities within 1 km bz

it has already been reported, food disasters in developing countries are expected to increase due to rapid infrastructure encroachment on waterways and climate change that owes its impact to severe rainfalls (Anwana and Owojori [2023](#page-21-28); IPCC [2023a](#page-23-24), [b\)](#page-23-22). Therefore, buffer zoning is a key component towards delineating retention zones for sustainable development and planning of cities and communities (Cabrera and Lee [2019;](#page-21-10) IPCC [2023a](#page-23-24), [b](#page-23-22)). However, there is an arguable assumption that cities' and communities' exposure to fooding disasters is constant as the population keeps increasing and settling around and near risky and vulnerable areas (Aerts et al. [2018](#page-20-13); Tesselaar et al. [2023\)](#page-26-24). These fndings highlight the importance of integrating bufer zoning into the policy in the communities, towns and municipal planning.

Historical food disasters in Upper West Region (UWR)

Figure [8](#page-13-0) presents historical flood event records over six (6) consecutive years (2016–2021) from the National Disaster Management Organization (NADMO) in the UWR. The report indicated significant flood disaster experiences, which afected over 1,344, 6,806 and 6,190 people in 2016, 2018, and 2021, respectively. Floods in August 2021, were recorded as the worst disaster, that has ever happened in the region, with an estimated cost of 1,183,660.00 Ghana Cedis. It was also further observed that the affected population rose with the economic losses, especially in the years; 2016, 2018, and 2021, which were hard hit years. The statistics (Fig. [8](#page-13-0)) revealed that the population afected in 2018

Fig. 8 Cost (Ghs), afected population, and farmlands (Acres)

was higher than that in 2021, however, the economic losses cost in 2021 were also higher than in 2018, due to the massive destruction of many infrastructure; such as roads and culverts, crops, and houses/homes. The poorer settlers in vulnerable areas are largely afected due to their inability to aford safer places and arable lands for agricultural activities within the rural communities (Singer [2018\)](#page-25-29).

This therefore showed, that population growth rate is also a key infuencer of food occurrences as human activities; agriculture, infrastructure, businesses, roads and settlements encroach on natural waterways, low-lying areas, wetlands, valleys, runoff retention/detection areas and increased impervious areas, and reduce the natural drainage systems (Singer [2018](#page-25-29); Kaiser et al. [2021;](#page-23-25) Pham et al. [2021](#page-24-15); Gaisie and Cobbinah [2023\)](#page-22-27). The number of crop acres destroyed in 2021 (Fig. $\frac{8}{15}$) is the confirmation of agricultural activities sandwiching wetlands, waterways, low elevations, valleys, and rivers/streams. Most especially, rice farming is the most predominant in those areas. The population of the UWR has steadily increased from 702,110 in 2010 to 901,502 in 2021, indicating a growth rate of 28.40% per year (Fig. [9](#page-14-0)b). This growth is likely to continue in the future, as the region is experiencing a signifcant infux of people due to factors such as rural–urban migration, high birth rates, establishment of new educational faculties and improved healthcare, as well as economic activities. Therefore, analysing the population trends in the region is an indispensable aspect of future food hazards/risks assessment and sustainable management. Figure [9a](#page-14-0), b, and c), shows that the population in the region and the districts has been increasing over the 10 years (2010–2021). Nevertheless, the population data was estimated between 2012 and 2020 except for 2021 data,

where population data was recorded through the National Population and Housing Census (PHC) project (GSS [2021](#page-22-14)).

Statistically, there has been about a 28.40 per cent population increase between 2010 and 2021.

Rate of Change =
$$
\frac{901502 - 702110}{702110} \times 100
$$

$$
= 28.39896882\% \sim 28.40\%.
$$

Observations from Fig. [9](#page-14-0)c, also revealed that districts; Jirapa, Lawra, Lambussie Karni, and Nandom saw a drop in population growth, along with Daffiama Bussie Issa (DBI), which also experienced a little drop in its populations, according to the fgures recorded in 2021. However, other districts maintain a constant increase. Signifcantly, Wa Municipality, which serves as the regional capital, maintains a consistent increase in population. Population growth is a major contributing factor to flood occurrences of hydrological events (Rahman et al. [2021](#page-24-16)), particularly in regions and terrains with poor infrastructure and inadequate food control measures, as well as in this era of climate change (Saksena et al. [2020](#page-25-30)). Population increases translate into urban sprawl and an increase in human activities encroachment on waterways, low-lying areas, and wetlands (Rahman et al. [2021\)](#page-24-16). In the case of the Upper West Region of Ghana, the following factors may have increased the region's vulnerability to floods, though climate change could play a mastermind too. Figure [8,](#page-13-0) highlighted a steady increase in population and food events. These observations further showed that the increase in population decreases the surface runoff retention areas and the natural drainage capacity due to the conversion of natural drainage areas for development projects and encroachment on wetlands as a result of

Fig. 9 UWR Population 2010–2021: **a** population map, **b** regional trend, and c Districts' population growth trend

rapid urbanization, these observations were consistent with a study conducted by Seemuangngam and Lin [\(2024](#page-25-31)) on the infuences of urbanization on urban foods.

Spatial rainfall distributions and foods

Monthly average rainfalls (1992–2022)

Figure [10](#page-15-0) presents the spatial distributions of monthly average rainfalls over the 30 years (1992–2022), while Fig. [11](#page-15-1) shows the average rainfall for the months of August in each year. The rainfall plot scale ranges approximately around 350 mm/month to below 50 mm/month (Fig. [10](#page-15-0)). The results (Fig. [10\)](#page-15-0) clearly, revealed that the study area experienced seven (7) months of no or little rainfall. This indicates that October to April serves as the long dry period in the study area as reported by Abu et al. ([2024\)](#page-20-5). Arguably, due to the persistent high temperatures that can hit from 40 to 41 degrees Celsius coupled with heatwaves during March and April, rainfalls in April amount to little to nothing before the commences of the rainy season in May (Dery et al. [2023;](#page-22-28) Abu et al. [2024\)](#page-20-5). The spatial distribution clearly showed an indication that the dry season intensely lasts between November and March as the rains completely recede in October. The observations further illustrated that the rainy seasons in the UWR are between May and September. Additionally, the results highlighted that the rainfall peaks from June to September (JJAS) with exhibitions

of non-homogeneity (Fig. [10](#page-15-0)), these observations were consistent with the study area's climatic conditions (Dery et al. [2023;](#page-22-28) Abu et al. [2024\)](#page-20-5). However, the month of August exhibited a strong heterogeneity of rain distribution across the northern part of the region (UWR), largely with the northeastern part of the Sissala West Municipality (SWM) and the northwestern of the Sissala East Municipality (SEM), recording high nucleus of rains magnitude. Consistently, these two municipalities have recorded perennial flood disasters during the rainy season in August. These observations are also in line with the 2007 foods, which were reported to have massively afected populations in both Wa East, Wa West, Sissala East Municipality, and Sissala West Municipality (SWM) (United Nations [2007;](#page-26-25) Centre Emergency Response Fund [2008\)](#page-21-29). To extensively rule out the fact that the month of August experiences the most perennial foods in the region. Figure [11](#page-15-1) also presents the average rainfall results for each August within the 30 years (1992–2022). The total number of months (Augusts) from 1992–2022 analysed was 30 (Fig. [11](#page-15-1)). The overall mean of the 30 months was computed to be 239.35 mm. The results highlighted some Augusts with higher rainfall depths than others, which is either above or below the overall mean (239.35 mm). The graph showed that, only six (6) Augusts with average rains below 200 mm per month. Illustratively, Augusts in some years; 1996, 2007, 2010, and 2021 also recorded average rainfall peaks over 300 mm. It can be seen from the graph that, the August of 2007 recorded an

Fig. 10 Spatial distribution of climatology average rainfall (over 30 years) for each month

Fig. 11 Average monthly rainfall for each August: 1992–2022

average rainfall value above 300 mm, where the massive flood disaster occurred in the same August in 2007 (Centre Emergency Response Fund [2008\)](#page-21-29). Signifcantly, the average rainfall peak amount in August 2021 is approximately 350 mm the highest observed value within the analysis period, this, therefore, confrms why the foods in 2021 were worst of all, after the 2007 flood disaster. All these rainfall findings are consistent with the historical flood disaster records (from 2016–2021) reported in the study area by the NADMO. Additionally, Asumadu-Sarkodie et al. [\(2015](#page-21-7)), United Nations ([2007\)](#page-26-25), and Centre Emergency Response Fund ([2008](#page-21-29)) reported that the terrible 2007 flood occurred as a result of three (3) weeks of extremely intensive rainfall between August and September 2007. This led to the loss of lives, livestock, properties (homes and schools), foodstuf, water supply systems and roads were also destroyed. The government in 2007 pronounced the study area and other regions (Northern and Upper East regions) as a state of emergency due to the terrible nature of the situations of flood destruction that had occurred. All observations point out August as the most fooding disaster risky month in the study area and generally, the northern parts of the country (IFRC [2023b\)](#page-23-10). This also strengthens the fact that climate change infuences droughts and foods through the hydrological cycles (UNESCO [2023a\)](#page-26-1). Further indications from the neighbouring regions (Upper East and Northern) of the country also reported August rains as disastrous. Especially, heavy rainfalls in August of 2018 and 2019 coupled with the perennial spillages of Bagre Dam also caused an unforgettable flood woes in the Upper East region (UER) where Sissala East Municipality and Wa East district share borders (IFRC [2018,](#page-23-26) [2019](#page-23-27)). These analyses are consistent with the high nucleus of rainfall magnitude in the Sissala East Municipality and the Sissala West Municipality (SWM) (Fig. [10\)](#page-15-0) and the Augusts average rainfall (Fig. [11](#page-15-1)). Subsequently, rainfalls forecast on May 5, 2023, by the Ghana Meteorological Agency (GMet) reported, heavy rainfall peaks above normal depths in the UER, while observations in the Upper West, Savannah, North and North East regions ranged from normal to above normal depths till early weeks of September (IFRC [2023b](#page-23-10)). The current findings affirm the manifestation of fooding during period of heavy rainfalls in the study (Centre Emergency Response Fund [2008;](#page-21-29) Owusu et al. [2017](#page-24-21); IFRC [2018](#page-23-26), [2019,](#page-23-27) [2023b;](#page-23-10) IPCC [2022](#page-23-28)). It is also noted at the recede of the 2022 rainy season (GMet [2022](#page-22-29)), FAO ([2022\)](#page-22-30) reported over 80 k hectares of crops had been washed off by foods under infuence of heavy rainfalls between August and October 2022 in the northern parts of the country with the study area inclusive.

The fndings further refect the shreds of evidence of heavy and intensive rainfall contributions to flood disasters, which has been widely reported around the globe (Das [2019;](#page-22-23) Anwana and Owojori [2023;](#page-21-28) Ncube et al. [2023](#page-24-22); Pandey

et al. [2023;](#page-24-23) Plataridis and Mallios [2023\)](#page-24-24). West Africa subregion alone has over the past decades recorded several food occurrences during the rainy seasons (Ntajal et al. [2017](#page-24-25); Miller et al. [2022](#page-24-26)). Flooding has been projected to worsen as climate changes through its propelling conditions of extreme rainfalls (IPCC [2022\)](#page-23-28). To buttress the synergy of rainfalls and fooding, the IPCC ([2023a,](#page-23-24) [b](#page-23-22)) further reported an increasing correlation between rains and foods. The fndings demonstrated a trend of the relation of how rains in the study area keep nurturing floods in the vulnerable villages, communities, districts and municipalities in the region.

Spatial patterns of average rainfall distributions

Figure [12,](#page-17-0) also presents the variations of the spatial distribution of annual average rainfall patterns over 30 years (1992–2022); ranging on a scale from 60 mm/yr to 110 mm/ yr. From Fig. [12](#page-17-0), the presentation highlights the low and high magnitude rainy areas distributed over the study area. The least rainy years were observed to be 1992, 2005, 2013, and 2017 in the study area (Fig. [12](#page-17-0)). The northwestern and middle parts of the region experienced the least amount of rain in 1992 and 2005 respectively. The southern part of the region also experienced the least distribution of rainfall in 2013 and 2017. The fndings further revealed that the northeastern parts; both the Sissala East Municipality (SEM) and Sissala West Municipality (SWM) experienced a high depth of rainfall in 1994. Signifcant rainfalls were observed to have partly distributed over the region in 2003, 2006, 2010, and 2012. Additionally, a high magnitude of rains was also noted over the region in 1999, with much being felt in both the Sissala East Municipality (SEM) and Sissala West Municipality (SWM). The results revealed strong spatiotemporal observations throughout the region in 2018 and 2019, though more observations were seen along the SEM and SWM, and the Wa East. Signifcantly, the high rainy trends were observed in 1999, 2018, 2019, and 2021 within the scale of $90 - 100$ mm/yr. This further showed that the seasonal rain trends during the 30 years have been not homogeneously distributed over the study area (UWR). These presentations highlighted the rainfall dynamics information over the region, providing a spatiotemporal pattern of the rainfall behaviour in the municipalities and districts. Furthermore, these presentations aligned with the understanding that rainfall trends are infuenced by climate change dynamics, that afect the presence of water, and the strengthening of floods and droughts (Wani et al. [2017](#page-26-26)). The heavy rainy seasons are the key factors inciting foods, and due to the inability of rivers, streams, channels, and low-lying areas to discharge a high volume of surface runoff flows, results in inundations of their catchments and or riparian communities (Nahin et al. [2023](#page-24-27)). The fndings were observed to be consistent with the historical food events reported by the

Fig. 12 Spatial distribution of annual average rainfall (mm/yr)

NADMO in the study area. Additionally, the high spatial distribution of rainfalls, largely in the 2016, 2018, 2020, and 2021 affirms flood disasters reported.

Figure [13](#page-18-0) represents 5 years categorization of spatial annual average rainfall distribution (1993–2022). From the analysis, both Figs. [12](#page-17-0) and [13](#page-18-0) visualizations show distinctive similarities of heightened rainfalls along the eastern SWM and northwestern SEM. The NADMO has so far identifed several communities as food prone communities, with 9 and 15 communities in the SWM and SEM, respectively. Notably, from the 1990s to 2022, parts of the study area experienced a series of perennial food events that were largely attributed to the severity and the intensive nature of rainfalls during the rainy seasons. Perennial flood manifestation between 2016 and 2022, in the study area has been under an upward rise in fooding events, particularly linked to the spatial distribution of the rains in the region. As illustrated in Fig. [13](#page-18-0), the highlights revealed that a less substantial amount of rain (75–85 mm/5yrs) was observed within the middle and southern parts of the region in 2017–2022. On the contrary, the historical flood events

documented show destructions of food episodes all over the middle belt and the southern parts. This is a confrmation of fewer rains resulting in food perennial foods mostly during seasons. As global climatic patterns have disrupted the ecological system of the study area, extreme rainfalls in the rainy seasons become intensive, manifesting severe natural disasters; foods and longer droughts in the dry seasons. This has underscored the need for sustainable mitigation measures to address fooding and drought impacts in vulnerable communities within intensive rainy zones. Unforgettable, in August 2021, the study area experienced unusual rainfall between the 12th and 13th of August, which resulted in devasting fooding, that swept away farms and homes, and disrupted roads, with almost all the districts and municipalities being blocked from the regional capital. The national road linking Ghana and Burkina Faso through the region was also massively cut off, as several culverts were swept away. This signifed the severity and intensity of the rainfall within two days that led to the terrible food disaster. The spatial highlights of the visual rainfall distributions (Fig. [13](#page-18-0)), provide critical insightful information

Fig. 13 Spatial patterns of rainfall distribution (1993–2022): Five (5) year annual average(mm/5yrs)

on the amount and patterns of rainfalls experienced over the study area during the period of the analysis.

As delineated in Fig. [13](#page-18-0), the communities that felt within the heavy rainy areas (80 to 95>mm/5yrs) were exposed to the consequences of multiple food episodes. This therefore affirms that when the rivers and streams become incapacitated of channelling out a high volume of rainwater results in floods in the communities (Nahin et al. [2023](#page-24-27)). This further strengthens the fact that rainfall is one of the key causes of flood disasters in the Upper West region. Though the intensity of rainfalls alone cannot qualify it as the main cause of flood disasters (Garba and Abdourahamane [2023](#page-22-31)), however, several flood disasters over the years within the region and country, and around the globe have been linked to heavy rainfalls (Paeth et al. [2011](#page-24-28); Okyere et al. [2013;](#page-24-11) Asumadu-Sarkodie et al. [2015](#page-21-7); Kwang and Osei Jnr [2017](#page-23-29); Cabrera and Lee [2019;](#page-21-10) Sacré Regis et al. [2020](#page-25-32); Osei et al. [2021a](#page-24-4), [b](#page-24-5); Alifu et al. [2022;](#page-20-0) Danso et al. [2024](#page-22-3); Nagamani et al. [2024](#page-24-29); Rączkowska et al. [2024](#page-24-2)). It has also been noted that heavy rains as an extreme weather event often result in natural hazards with floods alike (World Economic Forum [2024\)](#page-26-27).

Correlation matrix of historical rainfalls and food disasters

The correlation matrix (Fig. [14\)](#page-19-0) was also used to measure the magnitude of August's heavy rainfalls and their association with historical flood events. Therefore, the average Augusts rainfalls (2016–2022), and the six years of historical flood records available data (affected population, farmlands, and cost of disasters) were used as the elements of proportionality to compute the correlation matrix to confirm the Augusts rainfalls relationship with floods, that have a strong association on elements within the study area. The correlation matrix is based on a scale range of $-1 \le r \le +1$, where r could represent -1 , 0, and $+1$, as a negative proportionality of each two elements, no correlation/non-association, and proportionality of each two elements respectively (Castleman and Wu [2023\)](#page-21-30). Schober and Schwarte, ([2018\)](#page-25-33) indicated that a strong correlation is from 0.7 to 0.89, a very strong correlation ranges from 0.99 to 1.0, while a moredate correlation also ranges from 0.40 to 0.69. The results (Fig. [14](#page-19-0)) showed a strong correlation of the rainfalls with the affected population, farmlands (acres), and cost (Ghc) with r values of 0.82, 0.78 and 0.87, respectively. The economic losses (Cost (Ghc)) and the affected population exhibited a very strong correlation of 0.99, while farmlands (acres) and the affected population recorded a moderate correlation of 0.6. However, the cost (Ghc) and farmlands (acres) also reported a moderate correlation with an $r \le 0.67$. These analyses further strengthen the relationship between rainfalls and flood events' effects on citizens and the general ecosystem.

Fig. 14 Paired correlation of rainfall and food efects

Conclusion and recommendations

The main goals of this study are to delineate flood risk terrains, bufer zoning of communities along rivers/streams, evaluate historical flood records and population trends, and visualization of rainfall behaviour, which are proactive measures for the management and mitigation of perennial foods in the Upper West Region. The study primarily proceeded with Jenks natural breaks classifcation (JNBC) (Jenks [1967\)](#page-23-9) technique and GIS-based Analytical Hierarchy Process (AHP) multi-criteria decision (AHP-MCD). JNBC technique employed only SRTM DEM to frst optimize the areas likely to be susceptible to flood. The GIS-based AHP multi-criteria decision algorithm also incorporated six geospatial food conditioning factors comprising Lineament Density, Elevation, Topographic Wetness Index, Drainage Density, Slope, and Aspect. This was done based on literature and the availability of datasets. Buffer zones of 0.5 km and 1 km were also created around the streams/river networks to determine the number of communities that will be inundated during fluvial floods. The outcomes of JNBC algorithm reclassifcation indicate that the UWR can be categorized into fve classes; very high risk to very low risk terrains covering 4% (856.278 km²), 7% (1466.685 km²), 12% $(2418.642 \text{ km}^2), 35\% (7014.96 \text{ km}^2), \text{ and } 42\% (8351.496$ $km²$), respectively. The performance of the JNBC flood risk terrains map generated was evaluated with ground truthing points (GTPs) of 85 historical food points, this was done by

overlaying the GTPs on the map, while computing the number of GTPs on each class of the map as a percentage. The very low food risk terrains recorded 31.76% of the GTPs while the very high flood risk terrains recorded the lowest GTPs with 11.76%.

The AHP-MCD integration of the six sub-thematic flood conditioning factors also characterized the total study area into fve classes; very high, high, medium, low, and very low with coverages as 0.707 km² (0.004%), 3830.02 km² (21%), 12,807.31 km² (69%), 1827.011 km² (10%), and 11.535 km² (0.062%), respectively. During the validation, the moderate flood risk terrains class attained 71.76% of the GTPs as compared with the other classes, thus signifying that the classes generated were accurate for decision-making in the study area, and largely indicated the study falls within moderate flood risk terrains.

The spatial outlines of the very high flood risk terrains and high food risk terrains classes of both the JNBC and AHP-MCD maps are situated along the southeastern and eastern fringes of the study area, that is, Sissala East Municipality (SEM) and Wa East district (WED), and primarily sited along the major river networks, agreeing that low-lying areas are more susceptible to food disasters in the study area.

The agreement of the GTPs (historical flood points) and the food risk terrains generated by the AHP-MCD method, improved the acceptance of the results for food policy formulation and communication, sustainable food mitigation strategies and management, and as well as the public perception of food disasters (Houston et al. [2019\)](#page-22-32).

From the selected buffer ranges; 0.5 km and 1 km, communities sandwiched between the bufered ranges were classifed as vulnerable to fooding as compared to those outside the ranges, during an overfow of the rivers and streams.

The spatial visualization of the rainfall patterns distribution highlights the important role rainfalls play in food assessment. The CHIRPS data analysed revealed the distribution of the heightened rainfall over food risk terrain communities. The historical fooding records over the years, months and communities were consistent with the spatial rainfall distributions especially the month of August.

This study contributes valuable insights into spatial food and extreme rainfall patterns distribution in the study area.

It emphasizes that the town and country planning, municipalities and district assemblies ensure that buffer zoning rules are strictly enshrined in community, town, and city planning, and the allocation of areas for broad farming.

Farmers need to plant short maturity period seeds and crops that can be harvested before foods commence or that stay in flood waters for a period. Most especially rice and maize cropping in the region, though rice is a hydrophobic crop, however, the food water resistant variety should be encouraged in the region, mostly for those farming along the risky areas.

The fndings underscore, further studies using machine learning algorithms to analyse satellite imagery data for inundation through the integration of advanced scientifc hydroclimatic modelling and simulations and stakeholder engagement around the communities to prepare resilient proactive measures to tackle future flood events.

Acknowledgements This study is part of the PhD thesis of the frst author. Special thanks to the Upper West Regional National Disaster Management Organization (NADMO) in Wa, Ghana, the regional Ghana Statistical Service (GSS) department in Wa, Ghana, and Digital Earth Africa (DEA) for the various datasets provided in support of this research.

Funding No funds have been received.

Data availability Data will be made available upon reasonable request.

Declarations

Ethical approval Not applicable.

Consent to participate Agree to participate.

Consent to publish Agree to publish.

Conflict of interest The authors declare no conficts of interest.

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