

Southern Ocean Decadal Variability and Predictability

Mojib Latif^{1,2} · Torge Martin¹ · Annika Reintges¹ · Wonsun Park¹

Published online: 14 July 2017
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Abstract The Southern Ocean featured some remarkable changes during the recent decades. For example, large parts of the Southern Ocean, despite rapidly rising atmospheric greenhouse gas concentrations, depicted a surface cooling since the 1970s, whereas most of the planet has warmed considerably. In contrast, climate models generally simulate Southern Ocean surface warming when driven with observed historical radiative forcing. The mechanisms behind the surface cooling and other prominent changes in the Southern Ocean sector climate during the recent decades, such as expanding sea ice extent, abyssal warming, and CO₂ uptake, are still under debate. Observational coverage is sparse, and records are short but rapidly growing, making the Southern Ocean climate system one of the least explored. It is thus difficult to separate current trends from underlying decadal to centennial scale variability. Here, we present the state of the discussion about some of the most perplexing decadal climate trends in the Southern Ocean during the recent decades along with possible mechanisms and contrast these with an internal mode of Southern Ocean variability present in state-of-the art climate models.

Keywords Southern Ocean · Climate trends · Internal variability · Atmosphere-ice-ocean interaction · Open-ocean deep convection · Climate models

This article is part of the Topical Collection on *Decadal Predictability and Prediction*

✉ Mojib Latif
mlatif@geomar.de

¹ GEOMAR Helmholtz Centre for Ocean Research Kiel, Kiel, Germany

² Centre of Excellence “The Future Ocean”, Kiel, Germany

Introduction

One of the salient characteristics of the climate is its large variability. Climate variability exists on a wide range of time-scales from seasonal, through decadal and centennial to multimillennial and beyond. Climate variability can be either generated internally due to the chaotic nature of an individual or through interactions between different climate system components (e.g., atmosphere, ocean, and cryosphere), or it can be forced externally, for example by volcanic eruptions, solar variability, and anthropogenic emissions of greenhouse gases and aerosols. In the middle to high latitudes of the Southern Hemisphere, another major anthropogenic driver of climate change during the last decades is stratospheric ozone, which strongly varies in response to varying human chlorofluorocarbon (CFC) emissions. The stratospheric ozone exhibited a fast depletion during the late part of the twentieth century and a slow recovery beginning around the turn of the millennium, just now showing the first indication of actual healing [1].

Prominent examples of internal climate variability, also termed unforced variability, with demonstrated impact on the Southern Ocean region are the El Niño/Southern Oscillation (ENSO), a coupled ocean-atmosphere mode originating in the equatorial Pacific [2–4], the Interdecadal Pacific Oscillation (IPO) [5, 6], the Pacific Decadal Oscillation (PDO) [7, 8], and the Atlantic Multidecadal Oscillation (AMO) [9–11]. All these phenomena are more or less inter-related, cover a wide range of frequencies, and project to a certain degree onto hemispheric and even global surface air temperature (SAT). The Southern Annular Mode (SAM) is the leading internal atmospheric mode in the Southern Hemisphere [12–14]. SAM variability is associated with changes in Antarctic surface temperatures, Southern Ocean dynamics, and many other aspects of Southern Hemisphere climate including atmosphere-ocean feedbacks [12, 15, 16]. A coupled

ocean-atmosphere mode originating in the Southern Hemisphere is the Antarctic Circumpolar Wave (ACW) [17, 18]. The ACW is a nominal 4-year climate signal in the ocean-atmosphere system of the Southern Ocean, propagating eastward, composed of two waves taking approximately 8 years to circle the globe. The ACW is characterized by a persistent phase relationship between warm (cold) sea surface temperature (SST) anomalies and poleward (equatorward) meridional surface wind anomalies. More recently, Giarolla and Matano [19] documented ACW-type variability from long time series of sea surface height (SSH), SST, and wind stress curl observations. Finally, there is significant decadal variability in Southern Ocean carbon dioxide (CO₂) uptake. About a decade ago, scientists pointed out that the Southern Ocean carbon sink might have begun to “saturate” [20, 21]. Based on model results, they suggested that it had not increased since the late 1980s. Now, Landschützer et al. [22] show that since the beginning of the millennium, the Southern Ocean carbon sink has become much stronger, thereby regaining its expected strength.

Of special scientific and also public interest is the natural decadal to centennial variability, may it be internal or external. It can interfere with and potentially mask the regional effects of anthropogenic climate change, as the natural variability evolves on a similar timescale, thereby hindering an early detection of anthropogenic climate signals. During the recent decades, pronounced decadal trends in the Southern Ocean sector climate have been observed in the atmosphere, in the surface and abyssal Southern Ocean, and in the Antarctic sea ice cover. However, the causes of these are still under debate. Are the trends during the recent decades part of long-term variability? Are the trends related? Are they due to internal or external factors? What is the role of remote forcing? How predictable is the Southern Ocean decadal variability? And what is the role of anthropogenic forcing? In the following, we summarize the state of the discussion about these issues on the basis of selected examples. A complete review of Southern Ocean sector decadal variability and predictability is not attempted, but references of a number of papers are provided, which help to obtain a more detailed picture on the problem. Instead, we discuss the possibility of an own internal mode of the Southern Ocean as a possible contributor to the observed variability and trends.

Observed Decadal Changes in Southern Ocean Sector Climate

Changes in the Lower Atmosphere

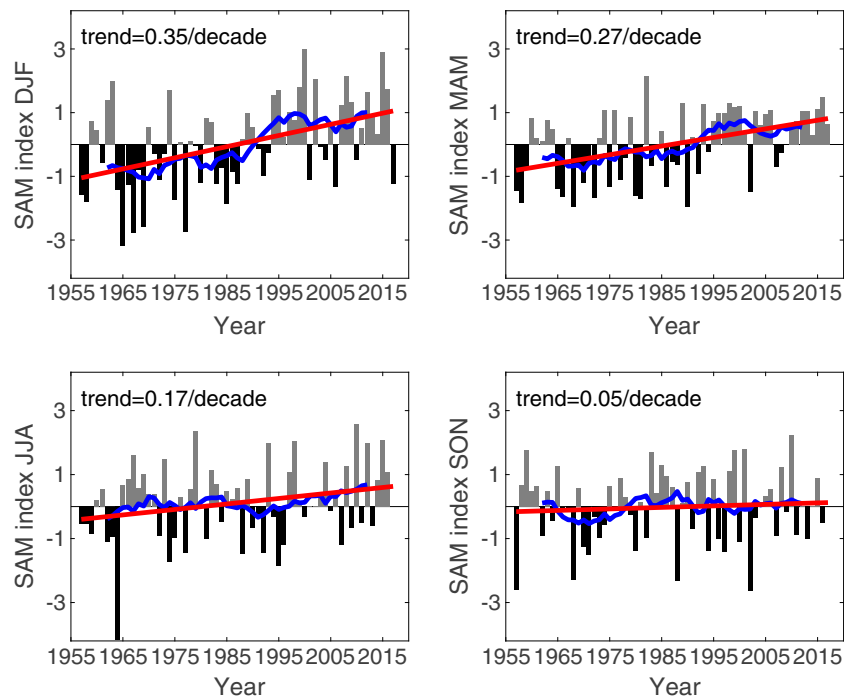
We focus on the lower atmosphere of the middle to high latitudes of the Southern Hemisphere, where the SAM, also known as the Antarctic Oscillation (AAO), dominates

atmospheric variability and describes the north-south movement of the westerly wind belt that surrounds Antarctica. A positive SAM phase is characterized by an intensification of the westerly winds and a contraction of this belt towards Antarctica. Conversely, a negative SAM phase reflects an expansion and weakening of the belt of strong westerly winds towards the equator.

The SAM index is defined by the zonal pressure difference between the middle and high latitudes of the Southern Hemisphere and thus measures a seesaw of atmospheric mass [13]. Since the middle of the 1960s, the SAM index has been observed to increase, the most in summer (DJF) and least in spring (SON) (Fig. 1), and the tropospheric westerly winds in the Southern Hemisphere to accelerate on the poleward side of the surface wind maximum. The main characteristics of the index are unaffected by choosing an alternative definition, the leading principle component of sea level pressure [23]. Climate models simulated pronounced internal decadal to multidecadal SAM variability (Fig. 2), which would superimpose any long-term trend. In most studies, the long-term trend has been attributed to the combined anthropogenic effects of increasing greenhouse gases and decreasing stratospheric ozone (see [25] and references therein). The seasonal dependence of the Southern Hemisphere atmosphere response to anthropogenic forcing needs to be considered in this context. While the greenhouse gas-induced SAM changes occur year-round, ozone-induced SAM changes occur primarily in the austral summer. Consequently, strongest SAM trends are observed during this season (Fig. 1). Since the beginning of the twenty-first century, the SAM index has been more stable and even depicted a weak downward trend in austral summer, which may be due to the stabilization of the stratospheric ozone, as has been conjectured by Son et al. [26].

Atmospheric variability, in particular the intensification and poleward shift of the westerlies in conjunction with the recent positive SAM [13], largely impacts the Southern Ocean current systems such as the Antarctic Circumpolar Current (ACC). While the mean current is less affected [27], the associated mesoscale eddy activity is changing [15]. The latter is spatially strongly inhomogeneous as suggested by recent high-resolution ocean simulations [28, 29]. In situ and satellite-derived observations between 1993 and 2010 have been used by Domingues et al. [30] to assess the link between local wind forcing mechanisms and the variability of the upper-ocean temperature and the dynamics of the different fronts in the ACC region. The main finding of their work is that meridional changes in the westerlies linked with the SAM drive temperature anomalies in the Ekman layer and changes in the Subantarctic Front and Antarctic Polar Front transports through Ekman dynamics.

Fig. 1 The seasonal SAM index measuring the pressure difference between the middle and high latitudes of the Southern Hemisphere. The overall linear trend of the time series is shown in red and an 11-year running mean in blue. The index is calculated on the basis of 12 stations. <https://climatedataguide.ucar.edu/climate-data/marshall-southern-annular-mode-sam-index-station-based>



Surface Southern Ocean and Antarctic Sea Ice Extent

One of the most prominent and also unexpected climate trends during the recent decades is the surface cooling or lack of surface warming in most parts of the Southern Ocean in the presence of a marked global surface warming (Fig. 3). Moreover, the Antarctic sea ice extent slightly expanded during the satellite era [31] in marked contrast to the Arctic sea ice cover, which has rapidly retreated during this period [32]. This prominent contrast has sparked many studies presenting a variety of explanations such as changes in the surface wind field [33–35], SAM changes featuring two different response

timescales with opposing trends [36, 37], Amundsen Sea Low variability [38, 39], a positive trend in the surface temperature [40], and ice-ocean feedbacks related to the ocean’s stratification and mixing [41–43] (see Hobbs et al. [44] for a detailed review). The hypothesis that also ozone depletion contributes to the observed positive trend in sea ice coverage [45] was not confirmed [46, 47]. In this context, it is important to understand that the evolution of Antarctic sea ice extent is spatially highly variable and ice coverage is in fact shrinking in the Amundsen-Bellingshausen Sea [31]. We note that a record low of circumpolar Antarctic sea ice extent has been measured in late 2016, but it is unclear whether this reflects a random fluctuation or marks an overall trend reversal.

Both the cooling of the surface Southern Ocean and the relatively stable Antarctic sea ice extent are not simulated by most current global climate models in so-called “historical” experiments with observed radiative forcing and is thus misrepresented in the multimodel mean. It should be mentioned in this context that historical radiative forcing is subject to large uncertainties, especially with regard to spatial and temporal variability. Armour et al. [48] hypothesize that Southern Ocean warming could be delayed by circumpolar upwelling and equatorward transport. They suggest that the Southern Ocean responds to greenhouse gas forcing on the centennial, or longer, timescale over which the deep ocean waters themselves, which are upwelled to the surface, are warmed. While this mechanism by itself, however, cannot explain the Southern Ocean surface cooling, it needs to be taken into account when discussing recently observed trends and projections into the future.

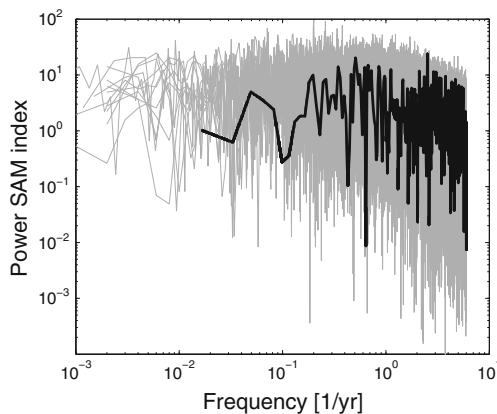
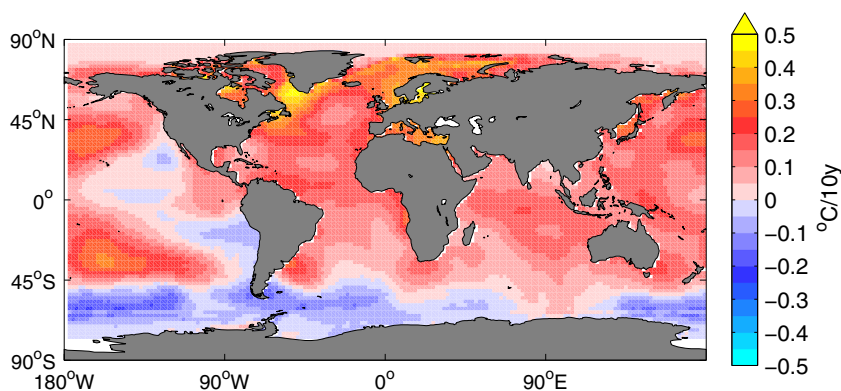


Fig. 2 Power spectra of the SAM index from 12 CMIP5 and KCM pre-industrial control simulations (gray lines) and the observed index (bold black line). The spectra are based on a monthly SAM index computed from modeled mean sea level pressure following the example of Marshall [13]. The model selection follows Reintges et al. [24]

Fig. 3 Linear trend of sea surface temperature (SST) over the last 40 years, 1976–2016 ($^{\circ}\text{C}$), i.e., since shutdown of the Weddell Polynya. Data are from ERSST v4 (<https://www.ncdc.noaa.gov/data-access/marineocean-data/extended-reconstructed-sea-surface-temperature-ersst-v4>)



As the multimodel mean is an estimate of the externally driven climate variability, the recent decadal trends in the Southern Ocean SST and Antarctic sea ice extent may be an expression of internal variability, which is strongly damped when averaging over a large number of historical runs [49]. In fact, strong internal decadal to centennial variability in Southern Ocean SST and Antarctic sea ice extent is simulated in some climate models with patterns similar to the observed trends during the recent decades [50, 51]. This would readily explain the discrepancies between the average climate model response to observed historical forcing and the observed changes. This explanation is consistent with the study of Jones et al. [52] who analyzed recent atmospheric, surface ocean, and sea ice observations and assessed their trends in the context of paleoclimate records of the past two centuries and climate model simulations. Their study concludes that climate model simulations with anthropogenic forcing are not compatible with the observations—except for the positive trend in SAM—and that therefore these models likely underestimate internal variability, which in reality might overwhelm the global warming signal. This suggests that the Southern Ocean surface cooling and the expansion of the Antarctic sea ice cover may not be driven by the strengthening of the SAM. In fact, the observed variability of the SAM index is well within the range simulated in pre-industrial control integrations of models participating in the Climate Model Intercomparison Project phase 5 (CMIP5), which by definition yield estimates of internal climate variability (Fig. 2). Some model studies, however, have linked the surface cooling trend to the SAM trend [35, 37].

Meehl et al. [6] also stress the importance of internal variability and highlight the role of remote forcing from the tropics. They show that in some climate models, the negative phase of the IPO is characterized by teleconnections with anomalies similar to the observed low-level atmosphere circulation changes near Antarctica since 2000, which are conducive to expanding Antarctic sea ice extent. This is consistent with the study of Ding et al. [4] who conclude that the SAM index reflects the superposition of both high latitude and tropically forced variability.

Climate models suffer from large biases in the Southern Ocean, which could be a reason for the difference between the multimodel mean trends calculated from the historical simulations and the observations. For example, the models exhibit significant SST biases in that region (e.g., [53]). Moreover, the models, among others due to the too coarse resolution in their ocean components, do not realistically simulate the deep convection and formation of Antarctic bottom water (AABW; [54]). In the present climate, AABW is formed from high-salinity shelf water (HSSW), which is produced during the austral winter over the continental shelf, by mixing processes as the HSSW slides down the continental slope. At a few sites, the shelf water salinity is sufficiently high that on cooling to the freezing point, the surface water density becomes high enough to allow it to sink to great depths. Instead of shelf convection, the models simulate open-ocean deep convection. Oscillations of this deep convection are at the heart of simulated long-term internal variability as we discuss below. The AABW formed by open-ocean deep convection in models only has by chance the same properties as observed. Such biases limit the applicability of the models when using them to understand past climate variability and to project future Southern Ocean sector climate change.

It is possible that the historical simulations do not include all external driving mechanisms, which could be another reason why the climate model simulations, when averaged, do not reproduce the recent decadal Southern Ocean SST and Antarctic sea ice extent trends. For example, the models do not carry interactive continental ice sheets and are thus missing a major consequence of global warming: the melting of Antarctic ice shelves and destabilization of the ice sheet [55–59]. The consequences of this additional freshwater input to the Southern Ocean are manifold and not yet fully understood. It could explain, for example, the delay of Southern Ocean surface warming through enhanced stability of the water column and the associated decrease in the formation rate of AABW as well as warming at depth [60–62]. The claim that meltwater also drove the expansion of Antarctic sea ice during the recent decades [63] has been challenged, however, and its effect on sea ice in climate projections may be model-

dependent [64, 65]. The wind-driven equatorward sea ice expansion actually has about the right magnitude to explain the freshening of surface and intermediate waters in the Southern Ocean [66].

Abysal Southern Ocean

While the surface Southern Ocean in large areas cooled, the abyssal Southern Ocean depicted a persistent warming [67–69]. This warming has considerably contributed to sea level rise. In fact, the highest warming rates in the abyssal ocean layer (4000–6000 m) are found around the Southern Ocean, from where AABW spreads into the rest of the abyssal global ocean. Model simulations suggest that warming of the abyssal Southern Ocean could strengthen the Atlantic Meridional Overturning Circulation (AMOC; [70]). Purkey and Johnson [67] additionally report a statistically significant reduction in AABW volume between the 1980s and 2000s within the Southern Ocean and along the bottom-most, southern branches of the meridional overturning circulation (MOC). Budget calculations and the global AABW contraction pattern are consistent with a global-scale slowdown of the bottom, southern limb of the MOC.

Southern Ocean Heat and Carbon Sink

The Southern Ocean south of 30° S may account for $75 \pm 22\%$ of the global oceanic heat uptake during the historical period as shown by model simulations [71]. However, there are large differences between models at which latitudes the additional heat is stored. While most models simulate an increased heat storage between 60° S and 80° S, a few models show a reduction in this area. Winton et al. [72] investigate the effects of a changing ocean circulation associated with global warming. They find that reduced deep convection in the Southern Ocean leads to increased heat accumulation at mid-depth in the high southern latitudes. They further emphasize that changing ocean currents impact the heat transport such that the oceanic heat uptake shifts from lower to higher latitudes. The resulting larger potential for additional heat uptake could act as a negative feedback on global warming. This may have played a role in the recent global warming hiatus, in which the storage of heat at deeper layers, promoted by the overturning in the Atlantic and Southern Ocean, is suggested to have made an important contribution [73, 74].

The Southern Ocean is an important carbon sink, because this region south of 35° S accounts for 40% of the global ocean's uptake of anthropogenic CO₂ [71]. Global warming may slow the uptake of atmospheric CO₂ by the Southern Ocean, and in fact, previous work suggested that the strength of the Southern Ocean carbon sink decreased during the 1990s. This raised concerns that such a decline in carbon uptake would exacerbate the rise of atmospheric CO₂ and thus spur

global warming. The newer data by Landschützer et al. [22] show that the Southern Ocean carbon sink strengthened again over the past decade, which illustrates the variable nature of marine CO₂ uptake and how strongly it is controlled by ocean dynamical processes. These, however, are not well understood, as discussed below (“[Climate Model Limitations](#)” section).

A Hypothesis of an Internal Southern Ocean Mode Driving Recently Observed Trends

An explanation for the temperature changes in both the surface and abyssal Southern Ocean, and the expansion of Antarctic sea ice focusing on an internal mode of ocean variability, has been put forward by Latif et al. [50] on the basis of the Kiel Climate Model (KCM; [75]). The hypothesis, which may be regarded as a null hypothesis, relies on deep-convection variability in the Southern Ocean, specifically in the Weddell Sea. Martin et al. [76] describe a quasi-oscillatory centennial-scale mode of open-ocean deep convection in the KCM with temperature changes of opposite sign at the surface and in the deep Southern Ocean. For example, periods of no deep convection in the Weddell Sea go along with anomalously cold SSTs and anomalously warm temperatures in the middle and deep Southern Ocean and with enhanced sea ice extent. During the convective state, the signs of the anomalies are reversed.

The quasi-periodic occurrence of the deep convection causes variability in globally averaged SAT as large as 0.4 °C/century, an intensified SAM and southward shift of the westerlies, and significant changes in Southern Ocean and Atlantic Ocean SSH and heat content, the ACC, and the global MOC [50, 77–79]. Deep convection is stimulated by a strong buildup of heat at mid-depth, where the heat is provided by the lower branch of the AMOC, a mechanism previously described from a number of uncoupled ocean model simulations [80, 81]. The deep-convection oscillation is driven by the competing roles of changes of this heat content and salinity variations at the surface on the stability of the water column. When the heat reservoir is virtually depleted, a coincidental strong freshening event at the sea surface from either anomalous high precipitation or sea ice melt rates shuts down the convection. The accumulation of heat during the nonconvective regime and its subsequent release to the atmosphere during the convective regime can be viewed as a non-linear recharge oscillator. The slow recharge process, which is clearly seen in Southern Ocean heat content, is responsible for the centennial timescale of the phenomenon [76].

During phases of deep convection, the heat is rapidly released to the atmosphere, similar to what was observed during the Weddell Polynya [82]. This was a major climatic event with the occurrence of a very large region (350,000 km²) of open water or polynya within the ice-covered Weddell Sea

during the austral winters of 1974–1976. It resulted in the convective overturning of the water column and formation of vast amounts of cold and dense AABW [83, 84]. Similarities of the deep-convection phase of the centennial-scale oscillation in the KCM to the Weddell Sea polynya observed in the mid-1970s are noticed by Martin et al. [76]. On the basis of the model results, the Weddell Sea polynya could be part of a longer-term cycle in Southern Ocean deep convection and heat content. As discussed above, AABW formation exclusively through open-ocean deep convection, as in the KCM and other climate models, is unrealistic. Nevertheless, the recharge mechanism could still be an important mechanism for the generation of internal decadal to centennial variability in the Southern Ocean, as shown, for example, by the similarity of surface and abyssal ocean temperature changes in observations and the KCM [50]. The impact of deep-convection shutdown on abyssal warming was quantified by Zanowski et al. [85] to be about $10 \pm 8\%$ in an experiment with the earth system model GFDL-ESM2G. For the individual ocean basins, the response including uncertainty ranges from -5 to $+47\%$ but may be model-dependent.

The studies with the KCM support the conjecture that internal decadal to centennial variability originating in the Southern Ocean did contribute to the observed SST, sea level pressure, sea ice extent, and abyssal temperature trends during the recent decades. We note that the observed trends are spatially inhomogeneous and that individual, regionally different responses to global warming explain a large part of the variability. While the modeled internal variability does not match the observed spatial pattern exactly, the simulations clearly show that the Southern Ocean can drive climate variability. This variability has the potential to mask anthropogenic climate change locally, regionally, and even globally. However, the deep-convection variability strongly varies from climate model to climate model and also among different versions of the KCM (Fig. 2; [24, 86]). Common model behavior includes the following: the oceanic stratification in the convection region sets the timescale of the deep-convection variability; i.e., models with a strong (weak) stratification vary on long (short) timescales, and sea ice volume influences the modeled mean state in the Southern Ocean with large (small) sea ice volume being associated with a nonconvective (convective) default state [24].

Predictability of Southern Ocean Variability

Here, we only concentrate on diagnostic predictability which is derived from long control integrations of climate models. We consider potential predictability [87]. Potential predictability is not predictability in the classical sense but an indirect approach which attempts to quantify the fraction of long-term variability that may be distinguished from the internally

generated unpredictable natural variability “noise” at the time-scale of interest. The long-term variability “signal” that rises above this noise, if it exists and is of appreciable magnitude, is presumed to be the result of processes in the physical system, which are predictable with sufficient knowledge and information.

Climate models suggest that the Southern Ocean is a region of high decadal predictability potential, when employing a multimodel approach and using the measure of potential predictability [87]. For example, with regard to decadal mean SATs, the middle and high northern and southern latitudes stick out as regions exhibiting high values of potential predictability. With regard to 25-year averages of the SATs, the regions of relatively high potential predictability, with variance fractions of up to 25%, are in the subpolar North Atlantic and the Southern Ocean especially in its Atlantic sector, pointing to an important role of the MOC. Zhang et al. [88] performed a diagnosis of decadal predictability of Southern Ocean SST in a multimillennial control integration of a climate model. They find that the leading most predictable mode, which is centennial and has a uniform pattern over the Southern Ocean, is predictable up to 20 years. The mode is related to an internal mode of the model and shares similarities to the recharge oscillator mechanism described by Martin et al. [76] and Latif et al. [50]. The study of Zhang et al. [88] is consistent with the perfect model study of Pohlmann et al. [89] investigating SAT prognostic potential predictability. They also found enhanced decadal predictability in the Southern Ocean.

Global warming may have a significant impact on decadal predictability in the Southern Ocean. As shown by de Lavergne et al. [86], enhanced surface freshening (net increase in precipitation minus evaporation) associated with the increase of atmospheric greenhouse gases (GHGs) causes cessation of the open-ocean deep convection in CMIP5 climate model projections. This leads to a strong reduction of internal deep-convection variability and enhances the detectability of global warming-related signals.

Climate Model Limitations

Important processes influencing Southern Ocean variability are not explicitly resolved in most current climate models and instead—often not adequately—parameterized. This may not only influence the statistics of natural variability but also determine the Southern Ocean’s response to anthropogenic forcing in models. Ocean mesoscale eddies and submesoscale variability are widely underrepresented (or simply not resolved) in climate models. These small-scale ocean dynamics have important influence on heat and freshwater transports, the circulation response to wind changes, and the uptake of CO_2 in the Southern Ocean. In the atmosphere, climate models project that the SAM index will further

strengthen during the course of the twenty-first century if GHG emissions continue to grow unabatedly. This trend may be masked by consequences of stratospheric ozone recovery, which could counteract the GHG-forced change in austral summer but currently is not accounted for in all climate models [90]. This may be viewed as a deficit in the experimental design, i.e., the offline radiative forcing, rather than a climate model bias however.

Climate models simulate warmer Antarctic and Southern Ocean surface temperatures than currently observed. Differences between observed and modeled mean state and trends either can be associated with uncertainties in the atmospheric component, e.g., the misrepresentation of radiative processes and clouds [91, 92], or in the oceanic component (e.g., overturning circulation; [48, 93]).

Another example is the ACC which is the strongest current in the world ocean and a major pathway for interoceanic exchange of heat and salt and largely driven by the mid-latitude westerly winds. While some climate model studies show that the intensification of the westerlies may drive an increase of the ACC transport [94–96], other model studies show no change [15, 97–99] or even a reduction [100, 101] in the transport of this current. On interannual timescales, the high-resolution simulations exhibit an “eddy-saturated” ocean state in response to the increase in the wind stress, which does not affect the total circumpolar transport but enhances the eddy field, driving an increase in the poleward heat flux. In addition, recent observations show that there has been no increase in the meridional tilt of density surfaces across the ACC [27], which indicates that the ACC transport is insensitive to changes in the wind stress on decadal timescales.

This controversy calls for the use of eddy-resolving ocean components in climate models to better represent the Southern Ocean’s natural variability and its response to external, specifically anthropogenic forcing. Moreover, recent work suggests that the atmospheric components of climate models must resolve daily oceanic variability [102] and the variability associated with the oceanic eddies in oceanic frontal regions to enhance the representation of air-sea interactions and the simulation of large-scale ocean currents [103].

Biases in the representation of the Southern Ocean in climate models may have important implications. Bordbar et al. [104], for example, investigated the influence of long-term internal variability on centennial projections of dynamic sea level (DSL), which is controlled by ocean circulation changes. They find in several regions of the world ocean, including the Southern Ocean, that the long-term internal DSL variability introduces a large uncertainty about the future evolution in regional sea level. Yet the signal-to-noise ratio for the detection of an anthropogenic DSL signal in the Southern Ocean is favorable, because virtually all climate models project a stronger SAM and in response stronger ACC. The models, however, do not explicitly incorporate the potentially stabilizing

feedback by the mesoscale eddies, raising questions about the confidence that we can have in the climate model projections of the future ACC and related quantities such as Southern Ocean carbon uptake.

Conclusions

During the recent decades, the Southern Ocean sector climate with regard to key parameters evolved very differently than most other regions on the globe. Just one example is the cooling of large parts of the surface Southern Ocean and the expanding Antarctic sea ice cover, despite most of the Earth’s surface considerably warmed as expected from the strongly rising atmospheric greenhouse gas concentrations. Long-term observations and climate models suggest that the Southern Ocean is a region of strong decadal to centennial natural variability. Further, many different processes with different time-scales interfere such that the response to global warming seems particularly slow—in contrast to, for instance, the northern high latitudes. This makes the Southern Ocean a region where anthropogenic climate signals may be hard to detect during the next few decades.

The Southern Ocean is a region of limited observations, which hampers constraining climate models and disentangling the reasons for the observed variability during the recent decades. At this stage of research, neither anthropogenic forcing nor internal variability can be determined as the sole driver of the observed cooling trend in Southern Ocean SST and the expansion of Antarctic sea ice, also because uncertainties in forcing and response exist. On the one hand, intensified SAM, SST cooling, growing sea ice cover, and other trends may be related to anthropogenic forcing associated with increasing GHG concentrations and global warming. The latter also causes enhanced disintegration of the Antarctic ice sheet with implications for the aforementioned trends as discussed above. On the other hand, internal decadal to centennial variability may cause the observed changes, where the internal variability can either originate in the Southern Ocean itself (e.g., [76]) or be due to remote forcing, for example by the AMO through atmospheric teleconnections [105]. Since the observed changes vary regionally, both anthropogenic forcing and internal variability as well as their superposition may be possible causes of local trends. Moreover, there is considerable uncertainty associated not only with the forcing itself but also in the response to the forcing. While we know all forcing agents, we still do not fully understand all the consequences and interfering effects of different forcing agents such as growing atmospheric GHG concentrations, stratospheric ozone depletion and recovery, and aerosols (e.g., [25, 90, 106]).

Major multinational efforts are needed to significantly enhance our ability to monitor Southern Ocean sector variability,

as Pope et al. [107] argue exemplary for satellite data. A result of the limited data coverage is our dependence on climate models to understand the mechanisms of Southern Ocean sector climate variability. The Kiel Climate Model (KCM), which has been discussed in some detail in this review, like many other climate models suffers from large biases. Shelf convection, for example, the main formation mechanism of the very dense AABW, is not present and mesoscale eddy variability not resolved in most climate models. It is unclear at this stage of research how model bias affects Southern Ocean decadal to centennial variability and predictability. Yet we believe on the basis of the level of similarity with the few observations that the climate models are realistic enough to conclude that the Southern Ocean is an important source of internal decadal variability and that this variability has significant climate impacts, even outside the Southern Ocean sector. The oceanic uptake of atmospheric carbon dioxide (CO₂) as well is influenced by the natural variability of the Southern Ocean and its atmospheric forcing.

Finally, climate models suggest that the Southern Ocean is a region of high decadal predictability potential. However, there are only very few studies to date explicitly investigating Southern Ocean predictability. An internationally coordinated assessment of Southern Ocean predictability and its relevance for climate forecasts over land areas would be welcome. This should go hand in hand with an enhanced ocean observing system, as measurements in the Southern Ocean are rather limited, especially in ice-covered areas and the deep layers below 2000 m.

Acknowledgements We thank two anonymous reviewers and the editor for their very helpful comments on an earlier version of the manuscript. This work was supported by CLIMPRE InterDec project (01LP1609B) and the PALMOD project (01LP1503D) both funded by the Bundesministerium für Bildung und Forschung (BMBF), Germany. The study is a contribution to the Cluster of Excellence “The Future Ocean” at the University of Kiel (EXC80/2).

Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflicts of interest.

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