SYSTEMATIC REVIEWS



Incidence, severity, risk factors and outcomes of acute kidney injury in older adults: systematic review and meta-analysis

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Abstract

Objectives Old age was identified as a strong risk factor for acute kidney injury (AKI). Our objectives were to provide estimates of AKI, risk factors and outcomes in patients \geq 75 years for whom data are scarce.

Methods Observational studies and randomized controlled trials between 2005 and 2021 with patients of mean or median age \geq 75 years, reporting AKI according to current definitions. Data on AKI incidence, risk factors and mortality were analyzed separately in unselected (UC) and acute heart failure (AHF) cohorts.

Results Twenty-six observational studies and 4 randomized controlled trials with 51,111 UC and 25,414 AHF patients were included. Ages averaged 79.4 and 79.8 years, respectively. Pooled risk ratios (RRs) of AKI rates were 26.29% (95% confidence intervals (CI) 13.20–41.97) (UC) and 24.21% (95% CI 20.03–28.65) (AHF). In both cohorts, AKI was associated with decreased estimated glomerular filtration rate at baseline, chronic kidney disease (UC: RR 1.80 (95% CI 1.15–2.80), AHF: RR 1.51 (95% CI 1.26–1.95) and hypertension (UC: RR 1.30 (95% CI 1.09–1.56), AHF: RR 1.07 (95% CI 1.05–1.09). RRs of AKI in patients on renin-angiotensin-inhibitors were 0.87 (95% CI 0.78–0.97) and 0.88 (95% CI 0.78–0.98) in UC and AHF, respectively. AKI was consistently associated with increased risk of in-hospital mortality (UC: RR 3.15 (95% CI 2.28–4.35), AHF: RR 4.28 (95% CI 2.53–7.24).

Conclusion AKI is frequent in patients \geq 75 years. While reduced renal function at baseline, CKD and hypertension were associated with AKI development, renin-angiotensin-inhibitors may be protective. Older AKI patients showed higher short-term mortality rates.

Key words Acute kidney injury · Epidemiology · Old · Systematic review

Introduction

Acute kidney injury (AKI) is a heterogeneous group of serious conditions characterized by a rapid decrease in glomerular filtration rate (GFR) and/or renal output [1, 2]. In general, AKI occurs in the setting of acute illness. It is frequent and affects approximately 10–15% of adults admitted to hospital [1, 2]. Diagnostic and staging criteria for AKI were first standardized in 2004 and the understanding of the epidemiology of AKI has improved since then [2–4]. Despite this progress, AKI continues to be associated with

high morbidity and mortality independently of other severe conditions. As there is currently no therapy for AKI, it is important to identify its exposures and susceptibility factors [1, 2]. When identified, prevention or modification of the respective risk factors may, as recently demonstrated, reduce AKI rate and severity [5, 6].

Older age has been associated with particularly high AKI rates and identified as an independent risk factor for AKI [2, 7–11]. Decreased ability to compensate renal insults and increased reduction of GFR may cause excessive vulnerability to develop AKI in older persons [11–13]. Furthermore, AKI increases the rates of chronic kidney disease (CKD) and mortality especially in this age group [9–13]. However, current data are limited as participants were usually categorized as older persons at an age of only 65 years. Worldwide, increased life expectancy has resulted in a continuous, disproportionate and rapid growth in the population of individuals 75 years and over [14, 15]. At present, people of

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75 years and over are considered older persons and termed as such in the following text. In addition, most studies on AKI involving older persons were small, few applied current definitions of AKI and reported risk factors and outcomes. In view of this, the epidemiology of AKI in the population of 75 years and older is of particular interest as interventions in this age group may be most rewarding for the prevention of AKI.

Recently, numerous studies have been published which focused on AKI in older patients with acute heart failure (AHF), also termed cardiorenal syndrome type 1. Cardiorenal syndrome type 1 has a distinct pathophysiology, is highly frequent and increases morbidity and mortality substantially, especially in older persons [16, 17]. Data are scarce as to whether older patients with cardiorenal syndrome type 1 differ considerably from unselected cohorts (UC) with regard to AKI rates, demographics and outcomes. Therefore, we studied this selected population of older patients with AHF separately and compared them to UC to verify our analyses. Our systematic review and meta-analysis aimed to provide pooled estimations of AKI incidence, severity, susceptibility factors, exposures, and outcomes in both older UC and older AHF patients.

Methods

This systematic review and meta-analysis was conducted according to PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) methodology [18].

Search strategy, study selection and inclusion criteria

Searches were conducted in Embase, Google Scholar, Pub-Med, and Scopus. The search strategy used the combinations of the search terms ("acute kidney injury" OR "acute renal failure" OR "cardiorenal syndrome") AND ("old" OR "elderly") and was limited to studies in English, French, and German published from January 1, 2005 through April 30, 2021. We chose this starting date for the search on the grounds of a landmark publication at the end of 2004, which introduced the first uniformly accepted and applied, standardized diagnostic and staging criteria for AKI, 'Risk, Injury, Failure, Loss of kidney function, and End-stage kidney disease' (RIFLE) [3]. The more recent definitions, Acute Kidney Injury Network (AKIN), Kidney Disease: Improving Global Outcomes (KDIGO) and its derivative worsening renal function (WRF) are based upon RIFLE with minor modifications [2, 4]. Before 2004, numerous AKI definitions existed which preclude the comparison of studies. In addition, we manually screened the reference lists of all identified publications and prior reviews in order to identify additional publications.

Publications were identified by one reviewer (SHR) and titles, journal and authors checked by another (KS) to identify duplicates (Fig. 1). After removing duplicate publications, records were screened by both reviewers using the abstracts. Publications which were considered eligible and thus included in this meta-analysis (1) were randomized controlled trials (RCTs) or observational studies published in peer-reviewed journals, (2) had a mean or median age of patients \geq 75 years, (3) reported the data on AKI according to RIFLE, AKIN, KDIGO or WRF criteria, and (4) comprised a control group without AKI. In the AHF cohort, only patients with cardiorenal syndrome type 1, defined as any rapid deterioration of cardiac function by myocardial ischemia, arrhythmia, valvular heart disease, cardiomyopathies or other cardiac conditions, whether as new onset or as acutely decompensated heart failure causing acute renal impairment, were considered as having AKI [16, 19]. We intentionally excluded older patients receiving transcatheter aortic valve and hip replacement from the UC since (1) these cohorts undergo highly selected procedures, (2) they demonstrate very low risk of developing AKI (hip replacement), and (3) the data presently available would over-represent this population (transcatheter aortic valve). In addition, there are several current comprehensive systematic reviews and metaanalyses on AKI in these cohorts [20–25].

All articles identified as eligible were assessed as full-text by one reviewer (SHR) and checked by another (KS), again for inclusion criteria, adequacy of data with regard to AKI incidence, severity, susceptibility factors, exposures, outcomes, and multiple publications. That way we identified the studies included in our quantitative and qualitative analysis (Fig. 1). When multiple publications from the same study were found, data from the most inclusive report was used and the remaining articles were not considered.

Data extraction and definitions of variables

Two reviewers (KS and SHR) independently extracted data from full publications of the studies included in the analyses. Discrepancies were resolved by consensus or, if required, by discussion with the third researcher (AK). The following data were extracted from each study, where available: year and country of publication, study design, number of total and AKI patients, age, gender, AKI definition and criteria, stages and types of AKI (community or hospital acquired), renal replacement therapy (RRT) due to AKI, hypertension, diabetes mellitus, ischemic heart disease, chronic heart failure, CKD, malignancy, cardiac and major non-cardiac surgery, rhabdomyolysis, sepsis, shock, trauma, further major comorbidities (cerebral and peripheral artery disease, chronic obstructive lung disease, cirrhosis, et cetera), administration

Fig. 1 PRIMA flow diagram of

the study selection



of angiotensin converting enzyme inhibitors or angiotensin receptor blockers, combined as renin-angiotensin-system (RAS) inhibitors, non steroidal anti-inflammatory drugs (NSAIDs), and/or intraarterial iodinated radiographic contrast, all preceding the development of AKI, baseline serum creatinine and estimated GFR (eGFR), all-cause, in-hospital, and 1 year mortality rates. AKI and its stages were recorded according to RIFLE, AKIN, KDIGO or WRF criteria [2-4, 16]. Subsequently KDIGO and WRF were subsumed as KDIGO. Stage R from RIFLE and stages 1 from AKIN or KDIGO criteria, stages I and 2, and stages F and 3 were combined as stages 1-3, respectively. We primarily analyzed the outcomes of (1) incidence and severity of AKI and (2) susceptibility factors, exposures, and all cause mortality rates of AKI, separately in the populations of UC and AHF patients. In addition, sensitivity analyses were performed in the 2 distinct cohorts for hospitalized and non-hospitalized patients to provide more robust results.

Quality assessment

We assessed the quality of the included cohort studies using the Newcastle–Ottawa Scale (NOS) [26]. Total NOS scores were categorized into groups with low (7–9), high (4–6), and very high risk of bias (0–3 points) [27]. We applied the Cochrane Collaboration's tool to assess the risk of bias in RCTs [28], which were rated in each category as low risk (2 points), some concerns (1 point) or high risk of bias (0 points), and points were summed. The quality of RCTs was rated as excellent (12–14 points), good (9–11 points), moderate (6–8 points) or poor (\leq 5 points).

Statistical analysis

Variables were analyzed when at least 3 studies reported these data. Continuous variables were expressed as means ± SD or median (25th; 75th percentile). Categorical variables were expressed as percentages and total counts. The effect size was estimated by calculating standardized mean differences (SMD) with 95% confidence interval (CI) in continuous, and rate or risk ratios (RR) with 95% CI in categorical variables [28, 29]. We interpreted SMD values of 0-0.19 as insignificant, 0.20-0.49 as marginal, 0.50-0.79 as moderate, and 0.80-1.00 as large. Significant results were displayed using forest plots. We used the Cochran Qtest to examine heterogeneity among studies [30]. P < 0.05was considered as heterogeneous. I^2 statistics were used to quantify the magnitude of heterogeneity [29]. An I^2 value of $\leq 25\%$ rendered insignificant, of 26–50% low, of 51–75% moderate and of >75% high heterogeneity [29]. Random effect models were used in the case of I^2 values $\geq 50\%$, whereas fixed effect models were used otherwise. Potential reporting biases were assessed by visual inspection of funnel plots. Funnel plot asymmetry was checked by Egger's test [31]. For all analyses two-sided P < 0.05 were considered as statistically significant.

Patient and public involvement

Patients and public were not involved in this study. As all patient data was anonymous, approval by the local ethics committee was not required. The study was performed in accordance with the ethical standards laid down in the 1964 Declaration of Helsinki and its later amendments.

Results

Literature search

The initial search yielded 4751 publications (Fig. 1). After removing duplicates, 2785 titles and abstracts were evaluated for eligibility. Hereafter, another 2484 records were excluded. The full texts of the remaining 301 articles were analyzed. Finally, 30 publications met the inclusion and exclusion criteria, 15 each from UC and with AHF patients. All were included in the following qualitative and quantitative analyses (Fig. 1) [32–61].

Study description

There were 26 observational studies and 4 RCTs (Table 1). Most studies were small with widely varying numbers of participants (N=291 (168; 836), range 50–25,521). This analysis included 51,111 patients in the UC and 25,414 with AHF. Most of the studies were carried out in Europe (n=13) and Asia (n=11), few in North America (n=5) and Australia (n=1).

Assessment of study quality, risk of bias and heterogeneity

The quality of the included studies was generally good. The median NOS score of the observational studies was 8 (8; 9). Twenty-five observational studies (96%) featured a low risk of bias according to the NOS (Suppl. Table 1). One study had a NOS score of 6 indicating a high risk of bias. The mean score of RCTs was 10 ± 1 points. Three RCTs were rated as good, and one as moderate (Suppl. Table 2). As demonstrated in Fig. 3A–J and Tables 2 and 3, most pooled data of AKI incidence, demographic characteristics, susceptibility factors and exposures were heterogeneous, both in the UC and AHF patients. There was no obvious asymmetry

of the funnel plot suggesting no marked reporting bias for AKI incidence (Fig. 2). Egger's tests confirmed the funnel plot symmetry (P = 0.12).

Demographic characteristics, AKI, susceptibility factors, exposure and mortality

Baseline characteristics of patients with and without AKI from both cohorts in the primary analyses are presented in Tables 2 and 3. Age did not substantially differ in the pooled data of patients from the UC and those with AHF.

In the studies of the primary analysis, AKI was predominantly defined according to KDIGO (n = 18) and by serum creatinine criteria (n=27) (Table 1). The pooled AKI rates were 26.29% (95% CI 13.20-41.97) in the UC and 24.21% (95% CI 20.03–28.65) in AHF patients (Fig. 3A and B). AKI was moderately more frequent in the UC cohort [rate ratio 1.09 (95% CI 1.06–1.11); P < 0.001]. The analysis of AKI severity was based on 11 studies with 24,849 patients in the UC (Q 1144.3; P < 0.001; I^2 99.13%) and on 4 studies with 2730 patients in the AHF cohort (Q 61.4; P < 0.001; I^2 95.11%). While more than 60% of AKI patients in the UC featured more severe stages 2 and 3, almost 80% of AHF patients with AKI developed moderate stage 1 (P < 0.001) (Fig. 4). In contrast, a significantly higher proportion of AHF patients with AKI received RRT compared to those in the UC [14.94% (95% CI 10.93-19.92) vs. 5.59% (95% CI 4.09–7.46); rate ratio 3.18 (95% CI 2.29–4.32); P < 0.001]. The latter analysis was based on 3 studies with 823 AHF patients (Q 12.7; P = 0.002; I^2 84.29%) and 9 studies with 19,282 patients in the UC (Q 233.1; P < 0.001; I^2 96.57%).

No differences in age were found between patients with and without AKI in both cohorts (Tables 2, 3). Both cohorts were predominantly female. While in the UC there were significantly more male patients with AKI, no gender difference was detected in AHF patients with and without AKI. Pooled data from the AHF cohort demonstrated moderately higher baseline values of serum creatinine and lower eGFR values compared to the UC (Tables 2, 3). AKI patients in the UC had moderately reduced baseline eGFR.

In the UC and AHF patients, preexisting CKD was the strongest consistent susceptibility factor associated with AKI (Fig. 3C, D). Pooled data showed that hypertension was associated with significantly higher rates of AKI in both UC and AHF patients (Fig. 3E, F). In both cohorts, the administration of RAS inhibitors was associated with substantially lower rates of subsequent AKI (Fig. 3G, H). Chronic heart failure, diabetes mellitus and male gender were significantly more frequent in AKI patients, however only in the UC (Fig. 3I, J, Tables 2, 3). The use of NSAIDs was the only exposure associated with an increased risk of AKI, which could be demonstrated only in the UC (Tables 2, 3). There were no differences in the rates of other exposures

Table 1 Summary of studies from the unselected and the AHF cohorts included in the systematic review

Study first author, publication year	Country	Study design	AKI definition	AKI criteria	AKI type	Sample size (<i>N</i>)		Mean or median age (years)	
						AKI	Non AKI	AKI	Non AKI
Unselected cohort									
Ali, 2007	UK	Retro observ	RIFLE	SCr	comm & hosp	562	4759	80.5	76.0
Chao, 2013 [31]	Taiwan	Prosp observ	AKIN	SCr	hosp	981	3259	75.5	75.2
Chao, 2013 [32]	Taiwan	Prosp observ	RIFLE	SCr	hosp	15	268		92.9
Kane-Gill, 2014	USA	Retro observ	KDIGO	SCr	comm & hosp	6913	2647	81.2	81.2
Karakose, 2014	Turkey	Retro observ	AKIN	SCr&UO	hosp	96	72	75.0	76.3
Chao, 2015	Taiwan	Prosp observ	KDIGO	SCr	comm & hosp	64	99	79.4	80.8
Baek, 2016	Korea	Retro observ	KDIGO	SCr	comm & hosp	54	479	77.7	76.1
Chaumont, 2016	Belgium	Retro observ	KDIGO	SCr	hosp	129	105	75.6	77.9
Kate, 2016	USA	Retro observ	AKIN	SCr	hosp	2258	23,263	75.2	75.3
Turgutalp, 2017	Turkey	Prosp observ	KDIGO	SCr&UO	comm	100	190	81.2	75.5
Porter, 2017	UK	Retro observ	KDIGO	SCr	hosp	683	2165	85.0	82.6
Oweis, 2018	Jordan	Retro observ	AKIN	SCr	hosp	216	499	85.9	85.8
Alshelleh, 2018	Jordan	Retro observ	AKIN	SCr	hosp	61	174		91.5
Morton, 2018	UK	Prosp observ	KDIGO	SCr&UO	comm	31	133	81.2	82.6
Harbrecht, 2019	USA	Retro observ	RIFLE	SCr	hosp	66	770	82.9	82.9
AHF cohort									
Kociol, 2010	USA	Retro observ	KDIGO	SCr	hosp	3581	16,482	79.8	79.6
Lassus, 2010	Finland	Prosp observ	AKIN	SCr	comm	46	246	78.0	74.9
Verdiani, 2010	Italy	Prosp observ	KDIGO	SCr	hosp	43	351	79.2	77.8
Breidthardt, 2011	Switzerland	Prosp observ	KDIGO	SCr	hosp	136	521	79.0	79.0
Eren, 2012	Turkey	Retro observ	AKIN	SCr	comm	35	18	75.3	74.7
Murphy, 2012	Australia	Retro observ	KDIGO	SCr	hosp	29	195		85.0
Ferreira, 2014	Portugal	RCT	KDIGO	SCr	hosp	12	88		76.0
Palazzuoli, 2014	Italy	RCT	KDIGO	SCr	NA	15	67		
Shirakabe, 2014	Japan	Prosp observ	RIFLE	SCr	hosp	79	104		77.0
Shirakabe, 2015	Japan	Retro observ	RIFLE	SCr	comm	69	213	76.0	76.0
Hu, 2016	China	Retro observ	KDIGO	SCr	comm	164	148	75.9	74.9
Kimura, 2016	Japan	RCT	KDIGO	SCr	hosp	12	40		
Tamaki, 2017	Japan	RCT	KDIGO	SCr	NA	13	37		
Leistner, 2018	Germany	Retro observ	KDIGO	SCr	hosp	109	349	84.1	83.6
Dodson, 2019	USA	Prosp observ	KDIGO	SCr	hosp	421	1791	81.5	81.3

AKI acute kidney injury, comm community acquired, hosp hospital acquired, observ observational, prosp prospective, retro retrospective, SCr serum creatinine, UO urine output, AHF acute heart failure, NA not applicable, RCT randomized controlled trial

such as ischemic heart disease, malignancy, sepsis, administration of intraarterial iodinated radiographic contrast or other nephrotoxins between UC patients with and without AKI (Table 2). Data on these variables were insufficient or unavailable in AHF patients. Studies from neither cohort provided sufficient data on other susceptibility factors and exposures such as ethnicity, other major comorbidities, cardiac and major, non-cardiac surgery, rhabdomyolysis, shock, trauma, or hypovolemia.

There was a significantly higher all-cause in-hospital mortality rate in AKI patients compared to those without AKI. This applied to both patients in the UC and those with AHF (Fig. 5A, B). The pooled data of 1-year mortality did not demonstrate a significant difference between patients with and without AKI in the AHF cohort (Table 3). Data on this outcome in the UC were insufficient to perform an analysis.

Hospitalized and non-hospitalized patients

The majority of studies covered hospitalized patients (N=17), a smaller proportion of non-hospitalized patients (N=6) or both (N=4), while 3 studies did not specify. The rate of AKI in non-hospitalized patients was significantly

Variables	AKI		NonAKI		Risk ratio (95% CI)	Р	Q test; P	$I^{2}(\%)$
	W	w/o	W	w/o				
Age (mean, years)	78.5 (<i>N</i> =38,440)		79.7 ($N = 12,153$)		SMD 0.15 (- 0.11 to 0.42)	0.25	221.2;<0.001	96.40
Male	N=5607	N=5729	N=15,367	N = 17,799	1.13 (1.06 to 2.11)	< 0.001	28.7; 0.001	65.25
Serum creatinine (mean, mg/dl)	1.13 (<i>N</i> =7503)	1.13 (<i>N</i> =7503) 1.12 (<i>N</i> =4773)		SMD 0.02 (- 0.06 to 0.06)	0.27	10.0; 0.12	40.03	
eGFR (mean, ml/ min/1.73 m ²)	53.6 (<i>N</i> =7904)		57.0 (<i>N</i> =5669)		SMD - 0.58 (- 0.91 to - 0.24)	0.001	178.6; < 0.001	97.20
Diabetes mellitus	N=1501	N = 10,051	N=3083	N = 30,582	1.52 (1.06 to 2.16)	0.02	280.9; < 0.001	96.08
Ischemic heart disease	N=1623	N=9084	N=3697	N=26,961	0.97 (0.72 to 1.31)	0.84	106.4;<0.001	92.48
Malignancy	N=423	N=1113	N=1887	N=2861	1.01 (0.78 to 1.37)	0.98	23.0; 0.008	73.90
NSAIDs	N=2559	N=7049	N=9128	N=17,693	1.37 (1.01 to 1.85)	0.04	43.7;<0.001	88.55
Other nephrotoxins	N=1567	N=7635	N=3695	N=22,348	1.47 (0.91 to 2.36)	0.12	51.5;<0.001	96.40
Intraarterial iodi- nated radiographic contrast	N=1634	N=1001	N=14,367	N=9759	1.33 (0.92 to 1.93)	0.13	18.0; < 0.001	83.31
Sepsis	N=1016	N=8348	N=1471	N=24,643	1.26 (0.67 to 2.39)	0.47	60.2;<0.001	95.02
One year mortality	NA	NA	NA	NA	NA	NA	NA	NA

Table 2 Baseline characteristics, susceptibility factors, exposures and outcome in patients of the unselected cohort with and without AKI

AKI acute kidney injury, CI confidence interval, eGFR estimated glomerular filtration rate, NA not available, NSAIDs non steroidal anti-inflammatory drugs, SMD standardized mean difference, w with variable, w/o without variable

Table 3	Baseline c	haracteristics,	susceptibility	factors,	exposures a	nd outcome	in patients	with acute	heart fa	ailure w	vith and	without	: AKI
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Variables	AKI		NonAKI		Risk ratio (95% CI)	Р	Q test; P	$I^{2}\left(\%\right)$
	w	w/o	w	w/o				
Age (mean, years)	79.7 (N =20,101)		79.9 (<i>N</i> =4564)		SMD 0.04 (- 0.03 to 0.12)	0.16	8.6; 0.38	7.14
Male	N=2102	N = 2502	N=9340	N=10,779	0.94 (0.86 to 1.03)	0.17	23.4; 0.003	65.80
Serum creatinine (mean, mg/dl)	1.57 (<i>N</i> =4074)		1.47 (<i>N</i> =17,079)		SMD 0.65 (0.16 to 1.13)	0.004	232.0; < 0.001	97.41
eGFR (mean, ml/ min/1.73 m ²)	46.6 (<i>N</i> =908)		52.8 (N=3178)		SMD - 0.24 (- 0.45 to - 0.02)	0.03	29.3;<0.001	82.93
Diabetes mellitus	N=1908	N = 2696	N=7567	N=20,119	1.10 (0.97 to 1.26)	0.14	26.3;<0.001	69.61
Ischemic heart disease	N=2184	N = 2420	N=9375	N = 10,744	0.99 (0.90 to 1.09)	0.84	19.6; 0.01	59.24
Malignancy	NA	NA	NA	NA	NA	NA	NA	NA
NSAIDs	NA	NA	NA	NA	NA	NA	NA	NA
Other nephrotoxins	NA	NA	NA	NA	NA	NA	NA	NA
Intraarterial iodinated radiographic contrast	NA	NA	NA	NA	NA	NA	NA	NA
Sepsis	NA	NA	NA	NA	NA	NA	NA	NA
One year mortality	N=1349	N=2523	N=5862	N=11,736	1.34 (0.98 to 1.82)	0.14	26.3; < 0.001	69.61

AKI acute kidney injury, CI confidence interval, eGFR estimated glomerular filtration rate, NA not available, NSAIDs non steroidal anti-inflammatory drugs, SMD standardized mean difference, w with variable, w/o without variable

higher compared to hospitalized patients [33.98% (95% CI 21.11–48.22) vs. 22.66% (95% CI 18.25–27.39); rate ratio 1.50 (95% CI 1.39–1.63); P < 0.001]. While non-hospitalized patients had a higher proportion of AKI stage 1 [73.94% (95% CI 56.87–87.92), AKI stage 3 and AKI requiring RRT were more frequent in hospitalized patients (15.09% (95% CI

6.91–25.73) and 12.66% (95% CI 3.56–30.95), respectively]. The sensitivity analyses generally yielded results with regard to susceptibility factors, exposures, and increased in-hospital and one-year mortality which were consistent with the primary analyses (Tables 4, 5). In addition to the primary analysis, intraarterial iodinated radiographic contrast was



associated with the development of AKI in hospitalized patients.

Discussion

Our systematic review and meta-analysis indicate that AKI is highly frequent in patients aged 75 years and older, which is the age group with the most rapid growth worldwide and who are currently considered older persons [14, 15]. The AKI rate was of a similar magnitude in the 2 independently studied populations, an unselected cohort and a selected one of AHF patients. Higher AKI stages indicated a large proportion of severe AKI in the UC. However, the higher rate of AHF patients with AKI who received RRT may also suggest frequent, severe AKI in that cohort. The pooled data suggest that reduced renal function at baseline and CKD were consistently and strongly associated with the development of AKI in both cohorts, followed by hypertension as AKI risk factors in older persons. Chronic heart failure was identified as the strongest potential risk factors for AKI, but exclusively in the UC. Of note, RAS inhibitors may protect older patients against AKI, as shown in both cohorts. The use of NSAIDs was the only exposure associated with the development of AKI, an exclusive finding in the UC. In addition, short-term mortality was substantially higher in AKI patients in both cohorts.

This analysis is the first to present a large dataset of AKI and its epidemiology in unselected patients as well as in those with AHF, all of whom were 75 years or older. Our finding that approximately one quarter of older patients developed AKI, both in an unselected cohort and in one with acute heart failure, extends our current knowledge. This is a particularly high incidence rate of AKI compared to the variance of mostly between 10 to 15% with a maximum of 18.5% in younger or mixed age cohorts, using current AKI definitions [1, 2, 62]. Similarly, high rates of AKI were reported in some but not all smaller and selected cohorts of older patients receiving transcatheter aortic valve replacement [20–24]. In contrast, analysis of older patients receiving hip replacement demonstrated considerably lower incidence rates, consistent with their overall low risk for postoperative complications [25]. It is a novel finding that AHF patients differed substantially from the UC cohort. In AHF patients, the rate of AKI was moderately, and that of severe AKI substantially, lower. However, AHF patients received RRT more frequently compared to those in the UC cohort. This may be explained by more frequent hypervolemia and decreased response to diuretics in AHF patients leading to dilution of serum creatinine but higher RRT requirement. The former may arbitrarily cause lower AKI stages as AKI was predominantly defined by serum creatinine in the available studies. Compared to younger or mixed age cohorts, AKI in the UC was more severe although not in AHF patients [1, 2, 62]. Wide variations of RRT therapy in previous data on AKI in older patients ranging from 2.8 to 19% make comparison with our results difficult [20, 21, 23, 25]. The lack of uniform indications of when to perform RRT may primarily explain these variations [2].

Our findings that age-related and pathologically decreased renal function as well as hypertension may be the most important risk factors for AKI development corresponds to previous data and current concepts of susceptibility to AKI in older persons [11–13, 20, 22, 25]. As a strong



Fig. 3 A, **B** Pooled incidence of acute kidney injury in the unselected cohort (**A**) and in patients with acute heart failure (**B**). **C**, **D** Pooled risk ratio (RR) of acute kidney injury in patients with and without chronic kidney disease in the unselected cohort (**C**) and with acute heart failure (**D**). **E**, **F** Pooled risk ratio (RR) of acute kidney injury in patients with and without hypertension in the unselected cohort (**E**) and with acute heart failure (**F**). **G**, **H** Pooled risk ratio (RR) of acute

kidney injury in patients with and without renin-angiotensin-inhibitors (RAS-I) in the unselected cohort (G) and with acute heart failure (H). I, J Pooled risk ratio (RR) of acute kidney injury in patients with and without chronic heart failure in the unselected cohort (I) and with acute heart failure (J). Incidences or RR with 95% confidence intervals (95% CI) are provided for fixed or random effect models according to the results of heterogeneity testing



Fig. 3 (continued)

and consistent finding, our data suggest that RAS inhibitors could potentially protect against AKI in the population of individuals 75 years and over. While experimental data indicate an activation of RAS during ischemic AKI and a mitigation of AKI by RAS inhibitors, there is also concern about hypotension or vasoplegia caused by RAS inhibitors, **Fig. 4** Acute kidney injury (AKI) stages in patients of the unselected cohort (UC) versus those with acute heart failure (AHF)



possibly aggravating AKI [63–65]. While most clinical studies and meta-analyses are consistent with our data that the use of RAS inhibitors is associated with less frequent AKI, other data demonstrated no association between these parameters or even an adverse effect on AKI [65–70]. Therefore, the issue of AKI prevention by RAS inhibitors remains controversial.

One of our cohorts consisted entirely of AHF patients, and chronic heart failure showed the strongest association with AKI in the other cohort. This may underscore the importance of heart failure as a risk factor for AKI development as previously described [2, 16, 17, 19]. These findings may be of clinical relevance as adequate treatment of chronic heart failure, chronic kidney disease and hypertension, and treatment with RAS inhibitors-when indicated for other diseases—could prevent AKI in older persons. Besides the detrimental impact of NSAIDs, data on exposures or AKI risk factors in the available studies in older patients is very limited. As a result, no statements on other typical AKI risk factors can be made based on the present data. Future studies are therefore urgently needed to identify additional exposures which should be avoided or modified to decrease the high rate of AKI in this age group. Furthermore, medium or long-term outcome, such as renal recovery, major adverse kidney events or one-year mortality after AKI remain to be determined in older patients.

This analysis has several strengths and limitations. First, our comprehensive study with its large sample size may provide representative results for AKI in older persons as defined by current definitions. Highly consistent results from 2 separate cohorts—one of unselected patients and another in a selected population—and also from the sensitivity analyses—substantially strengthen our findings and conclusions, although the division of the two cohorts is somewhat arbitrary. Additionally, all but very few studies included in this meta-analysis were of high quality and showed low risk of bias. Secondly, as predominantly observational studies were available our results describe association and not necessarily causalities and there may be potential confounding, information and selection bias. Thirdly, we observed substantial heterogeneity across studies in AKI frequency, susceptibility factors, exposures and mortality. Despite appropriate statistical analyses such as sensitivity analysis and metaregression, the effects of bias and heterogeneity cannot be completely eliminated. Fourthly, 90% of all studies applied only serum creatinine but not urine output criteria to define AKI. This may have resulted in underestimation of AKI [71]. Finally, our review did not include studies in all languages.

In summary, AKI is highly frequent and severe in the population of individuals 75 years or over. While reduced renal function at baseline, CKD and hypertension were associated with AKI development, RAS inhibitors may be protective. Older patients with AKI showed substantially higher short-term mortality rates. Further research is required to collect more meaningful clinical outcomes and to identify more modifiable risk factors so as to design future strategies of AKI prevention in this particularly vulnerable population.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s40620-022-01381-2.

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Table 4	Baseline characteristics,	susceptibility factors,	exposures and outcor	me in hospitalized patien	ts with and without AKI
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Variables	AKI		Non-AKI		Risk ratio (95% CI)	Р	Q test; P	$I^{2}(\%)$
	w	w/o	W	w/o				
Age (mean, years)	78.8 (<i>N</i> =6945)		79.3 (<i>N</i> =43,975)		SMD 0.02 (- 0.01 to 0.04)	0.23	10.0; 0.26	20.12
Male	N=4071	N=4450	N=22,534	N=26,417	1.08 (1.01 to 1.16)	0.02	49.1; 0.001	79.62
Serum creatinine (mean, mg/dl)	1.58 (<i>N</i> =4189)		1.47 (<i>N</i> =18,551)		SMD 0.16 (0.04 to 0.28)	0.009	14.8; 0.01	66.25
eGFR (mean, ml/ min/1.73 m ²)	52.4 (N=1539)		59.2 (N=5105)		SMD - 0.08 (- 0.30 to 0.14)	0.47	24.3;<0.001	83.56
Hypertension	N=4124	N=3413	N=18,090	N=27,332	1.21 (1.05 to 1.39)	0.008	155.8;<0.001	94.87
Diabetes mellitus	N=2679	N=6058	N=9914	N=39,536	1.42 (1.08 – 1.87)	0.01	369.7;<0.001	97.0
Chronic kidney disease	N=1758	N = 3785	N=4317	N=18,952	1.81 (1.31 to 2.49)	< 0.001	130.8;<0.001	96.18
Ischemic heart disease	N=2656	N = 5236	N=12,175	N=34,268	0.98 (0.83 to 1.16)	0.79	93.2;<0.001	91.42
Chronic heart failure	N=873	N=3438	N=2377	N=27,584	1.99 (1.48 to 2.68)	< 0.001	97.3;<0.001	92.81
Malignancy	N=410	N=1222	N=1730	N=3177	0.91 (0.67 to 1.24)	0.56	14.5; 0.01	65.51
RAS inhibitors	N=4132	N=2358	N=25,876	N=15,517	0.92 (0.87 to 0.98)	0.002	116.4;<0.001	94.84
NSAIDs	N=843	N=1821	N=8632	N=15,409	1.01 (0.84 to 5.43)	0.11	13.5; 0.004	77.73
Intraarterial iodinated radiographic contrast	N=2485	N=4326	N=17,936	N=25,338	1.22 (1.03 to 1.44)	0.02	17.7; 0.001	77.38
In-hospital mortality	N=667	N=1635	N=715	N=7188	1.33 (0.92 to 1.93)	0.13	18.0; < 0.001	83.31
One year mortality	N=1654	N = 2870	N=6396	N=19,785	1.14 (1.09 to 1.19)	0.01	24.9; 0.11	48.98

AKI acute kidney injury, CI confidence interval, eGFR estimated glomerular filtration rate, NA not available, NSAIDs non steroidal anti-inflammatory drugs, RAS renin angiotensin system, SMD standardized mean difference, w with variable, w/o without variable

Variables	AKI		Non-AKI		Risk ratio (95% CI)	Р	Q test; P	$I^{2}(\%)$
	w	w/o	w	w/o				
Age (mean, years)	77.9 (N=376)		76.4 (<i>N</i> =735)		SMD 0.25 (- 0.13 to 0.63)	0.19	28.6; < 0.001	86.01
Male	N=184	N=161	N=445	N = 285	0.81 (0.61 to 1.09)	0.17	17.8; 0.001	77.49
Serum creatinine (mean, mg/ dl)	1.37 (<i>N</i> =314)		1.30 (N = 625)		SMD 0.92 (- 0.18 to 2.02)	0.10	131.1;<0.001	97.71
eGFR (mean, ml/min/1.73 m ²)	NA		NA		NA	NA	NA	NA
Hypertension	N=241	N = 104	N=473	N=285	1.07 (0.96 to 1.17)	0.18	7.2; 0.12	44.61
Diabetes mellitus	N=149	N = 196	N=306	N=452	1.00 (0.86 to 1.77)	0.96	1.6; 0.81	0.01
Chronic kidney disease	N=88	N = 142	N=48	N=251	1.82 (1.36 to 2.44)	< 0.001	20.6; < 0.001	90.27
Ischemic heart disease	N=184	N = 161	N=385	N=373	0.85 (0.62 to 1.15)	0.32	19.0;<0.001	78.99
Chronic heart failure	N=117	N = 124	N=226	N = 301	1.03 (0.59 to 1.74)	0.92	10.0; 0.007	80.14
Malignancy	NA	NA	NA	NA	NA	NA	NA	NA
RAS inhibitors	N=213	N=133	N=378	N=380	0.70 (0.60 to 0.81)	0.001	20.0; < 0.001	80.01
NSAIDs	NA	NA	NA	NA	NA	NA	NA	NA
Intraarterial iodinated radio- graphic contrast	NA	NA	NA	NA	NA	NA	NA	NA
In-hospital mortality	N=79	N=254	N=55	N=496	1.38 (1.01 to 1.89)	0.02	65.2; 0.006	68.17
One year mortality	NA	NA	NA	NA	NA	NA	NA	NA

Table 5 Baseline characteristics, susceptibility factors, exposures and outcome in non-hospitalized patients with and without AKI

AKI acute kidney injury, CI confidence interval, eGFR estimated glomerular filtration rate, NA not available, NSAIDs non steroidal anti-inflammatory drugs, RAS renin angiotensin system, SMD standardized mean difference, w with variable, w/o without variable **Registration and availability of data** The study was registered on Systematic Review Data Repository Plus (ID #2786). The complete dataset of this study is available as supplemental material of this publication.

Declarations

Conflict of interest Neither potential conflicts of interest nor competing interests were reported by the authors.

Ethical approval For this type of study, ethical approval is not required.

Informed consent For this type of study, formal consent is not required.

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