



# Efficacy of FeSO<sub>4</sub> nano formulations on osmolytes and antioxidative enzymes of sunflower under salt stress

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**Abstract** This study investigated iron (II) sulfate (FeSO<sub>4</sub>) effects in two forms on some antioxidant enzyme activity, osmoregulators and sunflower growth under salt stress. Treatments included five cultivars (Alstar, Olsion, Yourflor, Hysun36 and Hysun33), two salinity levels (control and 100 mM NaCl), and three foliar applications (non-sprayed, FeSO<sub>4</sub> normal and nano-particles at a rate of 2 g L<sup>-1</sup>). As a results, salt stress increased superoxide dismutase (SOD), catalase (CAT), ascorbate peroxidase (APX), polyphenol oxidase (PPO), peroxidase (POX), pyrroline-5-carboxylate synthase (P5CS) and invertase activities; and also proline, soluble carbohydrates, malondialdehyde (MDA) content and reactive oxygen species (ROS) generation; however, reduced shoot dry weight and seed yield. Foliar spray of FeSO<sub>4</sub> in two forms enhanced CAT, PPO, POX, invertase activity, soluble carbohydrates and decreased MDA content and ROS generation compared to non-sprayed plants under saline condition. In general, FeSO<sub>4</sub> in nano was more effective than normal form in improving the growth of sunflower. As an average, the spray of FeSO<sub>4</sub> increased proline content of Alestar cultivar under 100 mM salinity, which related with P5CS activity but reduced leaf proline content of Olsion and Hysun33 under non-saline condition. In addition, shoot dry weight and seed yield of sunflower were increased by FeSO<sub>4</sub>. Leaf Fe concentration of cultivars was strongly intensified by FeSO<sub>4</sub> foliar spray under two conditions

compared to non-sprayed treatment. Overall, the usage of FeSO<sub>4</sub> alleviated the negative impact of salt stress, although the positive effects of nano-particles were more than the normal form.

**Keywords** *Helianthus annuus* L. · Iron sulfate · Antioxidant enzymes · Invertase · Malondialdehyde · Osmoregulators

## Introduction

Salinity stress creates oxidative stress by inducing the generation of reactive oxygen species (ROS) such as singlet oxygen, superoxide radical, hydroperoxy radical, hydrogen peroxide and hydroxyl radical (Lekshmy et al. 2013; Yadav et al. 2014). Also, salinity causes a significant reduction in plant water content and cell turgor potential, which in most cases results in reducing growth and yield (Akram et al. 2007; Nasibi et al. 2016). Plants under this condition by synthesis of some organic materials such as proline, glycine-betaine, soluble carbohydrates and proteins adjust water potential of cells. The organic solutes, collectively referred to as compatible osmolytes or compatible solutes, not only contribute to osmoregulation but they may also protect the structure of different biomolecules and membranes (Murata et al. 1992) or act as free-radical scavengers that protect DNA from the damaging effects of ROS (Ashraf and Akram 2009). In summary, compatible solutes play major roles in plant stress tolerance. Their principal role is the maintenance of osmoregulation (turgor) in plants exposed to stress conditions.

Micronutrients including iron (Fe), zinc (Zn), copper (Cu), manganese (Mn), boron (B) and molybdenum (Mo) can mitigate stress effects. Ionic forms of these elements

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act as co-factors in many antioxidant enzymes. Under micronutrient deficiency the activity of antioxidant enzymes decreases, which in turn increases plant sensitivity to environmental stresses (Cakmak 2000). Due to Fe redox properties and its ability to form complexes with diverse ligands, this element is constituent of many electron carriers and enzymes, thus playing an important role in plant metabolism. Iron in the free or in the loosely bound form, as a pro-oxidant factor, catalyses the free radical generation through the Fenton reaction. It works as a co-factor of key enzymes that plays a role in plant hormone synthesis and is engaged in many electron transportation reactions (Kerkeb and Connolly 2006). The relationship between the decrease of iron availability in the nutrient media and the possible onset of oxidative stress is becoming more evident, because of the dual role played by iron in cell metabolism as either an antioxidant or a pro-oxidant factor. However, it has been shown that many enzymes require iron in order to function correctly in particular iron is present in the active sites of catalase (CAT) and superoxide dismutase (SOD) involved in the scavenging of ROS. Because Fe is a constituent of the major antioxidant enzymes associated with the detoxification of  $O_2^-$  and  $H_2O_2$  (Bybordir and Mamedov 2010; Sinha and Saxena 2006), Fe-starved plants are more susceptible to oxidative damage.

Materials with a particle size less than 100 nm in at least one dimension are generally classified as nano-particles (NPs). The quantum effects that appear in this size range can drastically modify the physical, chemical and electrical characteristics of NPs as compared to larger particles (Gonzalez-Melendi et al. 2008). The development of nanotechnology in conjunction with biotechnology has significantly expanded the application domain of NPs in various fields. The majority of applications in these areas have focused on the significance of the nano-materials for improved efficiency and productivity. The effect of NPs on plants can be positive or negative, which varies greatly depending on NPs composition, size, concentration and plant species (Monica and Cremonini 2009). For instance, ZnO NPs caused a dose-dependent inhibition in seed germination of cabbage (*Brassica oleracea* var. *capitata* L.), while it showed no negative effects on germination of maize (*Zea mays* L.) seeds (Pokhrel and Dubey 2013). Iron oxide ( $FeSO_4$ ) NPs produced a significant positive effect on root elongation of soybean, particularly when compared to the bulk counterpart suspensions of concentrations greater than  $500\text{ mg L}^{-1}$  (Alidoust and Isoda 2013). In addition, they observed more pronounced positive effects of  $FeSO_4$  NPs via foliar application than by soil treatment on the photosynthetic rate enhancement. In recent years, NPs are being used as a critical tool for improving growth and productivity of crop plants under adverse

environmental conditions including salt stress (Nasir Khan et al. 2017). NPs have been implicated in the protection of plants against oxidative stress as they mimic the role of antioxidative enzymes such as SOD, CAT and POX and increasing osmoregulators (Rico et al. 2013; Wei and Wang 2013, Siddiqui et al. 2015). Exposure of plants to NPs stimulates antioxidant system in plants, perhaps as an adaptive response to alleviate oxidative stress (Li et al. 2016). Foliar application of zinc, iron and silicon oxide in nano forms alleviated the harmful effects of salt stress on different plants (Soliman et al. 2015; Torabian et al. 2016a; Fathi et al. 2017a, b; Farhangi-Abriz and Torabian 2018). Torabian et al. (2017) stated that  $FeSO_4$  NPs increased biomass production of sunflower plants greater compared to normal form under saline condition.

Iron deficits in plants under salt stress is a common effect of this environmental stress, and foliar application of iron sulphate ( $FeSO_4$ ) could be useful in improving iron content and increasing plant tolerance to the salt stress. On the other hand, The NPs mimic the activities of antioxidative enzymes and scavenge ROS. Hence, the objective of this study was to investigate (1) the effects of  $FeSO_4$  in two forms on different antioxidant enzymes activity, osmoregulators content and ROS generation in sunflower plant, (2) response of different sunflower cultivars to Fe nano-particles under salinity stress and (3) the alleviation effects of Fe, especially nano-particles on sunflower, which exposed to salt stress.

## Materials and methods

### Experimental conditions

A pot experiment was conducted in the greenhouse of the Agriculture college, Isfahan University of Technology, Isfahan, Iran. The experiment was laid out in a complete randomized block design with three replications. Surface soil samples (0–30 cm) were collected from Golpaygan, Isfahan, Iran. The characteristics of used soil are given in Table 1. Five sunflower cultivars (*Helianthus Annuus* L. cvs. Alstar, Olsion, Yourflor, Hysun36 and Hysun33) were tested under two levels of salinity (0 and 100 mM of NaCl) and three spray treatments ( $FeSO_4$  normal and NPs at a rate of  $2\text{ g l}^{-1}$  and control containing distilled water). Before foliar spray, solution pH was reached to almost 7 with methylated potassium hydroxide (KOH). The bulk  $FeSO_4$  of 99.9% purity as a normal form was purchased from Merck Ltd.  $FeSO_4$  NPs prepared by mechanical alloying (ball mill) for 15 h. The speed of rotation was 200 rpm and the ball-to-powder weight ratio was 10:1. The physical structure of particles was evaluated by scanning electron microscopy (SEM model Philips XL30, Netherlands).

**Table 1** Some characteristics of the soil used in the experiment

Texture	pH	EC (dS m <sup>-1</sup> )	Organic carbon (%)	N (%)	Available P (mg kg <sup>-1</sup> )	Available K (mg kg <sup>-1</sup> )	Fe (mg kg <sup>-1</sup> )	Zn (mg kg <sup>-1</sup> )	Mn (mg kg <sup>-1</sup> )	Cu (mg kg <sup>-1</sup> )	Na <sup>+</sup> (mmol <sub>c</sub> L <sup>-1</sup> )	Cl <sup>-</sup> (mmol <sub>c</sub> L <sup>-1</sup> )
Loam	7.6	2.3	0.42	0.08	25	188	3.1	0.79	6.21	0.51	6.64	5.42

Additionally, the mean diameter of FeSO<sub>4</sub> NPs was evaluated by transmission electron microscopy (TEM, JEOL 3010; Jeol Ltd, Peabody, MA, USA).

Seeds were provided by Seed and Plant Improvement Institute, Karaj, Iran. Seeds were planted in plastic pots filled with 15 kg soil (with 8% moisture). The pot size was 30 cm (height) × 30 cm (diameter). The plants were kept under controlled conditions of a greenhouse with a 12 h light/dark cycle at a light intensity of 390 μmol photons m<sup>-2</sup> s<sup>-1</sup>, 25/20 °C day/night temperature and 65–75% relative humidity. Four sunflower plants were maintained in each pot. Plants were irrigated daily with tap water (EC = 0.48 dS m<sup>-1</sup>) during the period of emergence and seedling establishment to keep the soil water content near the field capacity. Nutrient solution containing potassium nitrate (KNO<sub>3</sub> 1 ppm in 500 cc water) was applied to each pot at two fully expanded. Salt was added to irrigation water supplied to saline treatments with step-wise increasing of salt aliquots, beginning from 18 days after sowing (four fully expanded leaf grow stage). Foliar application of FeSO<sub>4</sub> was done twice. The first one was applied 1 week (25 days after sowing) and the second one 2 weeks after the application of a final aliquot of salt (85 days after sowing). A portion of fresh leaf samples was harvested 2 days after second foliar spray, and then was frozen at – 80 °C for laboratory analysis.

### Shoot dry weight and seed yield

Plants were harvested at the seed maturation stage for measuring shoot dry weight and seed yield. Shoot samples were dried at 70 °C for 72 h and dry weights were measured.

### Antioxidant enzymes assay

The leaf samples (500 mg) were ground with 3.0 ml of potassium phosphate buffer, centrifuged at 2000 G for 10 min and the supernatants were used for the assay. Peroxidase (POX) activity assay was monitored by changes in absorbance at 420 nm and activity was expressed as U g<sup>-1</sup> FW (Gueta-Dahan et al. 1997). Ascorbate peroxidase (APX) activity was assayed by the methods of Nakano and Asada (1981) with monitoring the decrease in absorbance

at 290 nm due to ascorbate oxidation. One unit of superoxide dismutase (SOD) activity was defined as the amount of enzyme affecting 50% of the maximum inhibition of nitro blue tetrazolium reduction (Nishikimi et al. 1972). Catalase (CAT) activity was assayed by monitoring the disappearance of H<sub>2</sub>O<sub>2</sub> at 240 nm (Aebi 1984). The activity of polyphenol oxidase (PPO) was analyzed by the method of Kumar and Khan (1982).

### Assaying Lipid peroxidation, hydrogen peroxide and singlet oxygen generations

Lipid peroxidation in plant cells was assayed by the methods of Stewart and Bewley (1980) with measuring malondialdehyde content in leaves (MDA). The leaf samples (200 mg) were ground with trichloroacetic acid (2.5 ml, 0.1%, w/v) and centrifuged at 15,000g for 15 min at 4 °C. Then, an equal volume of supernatant and 0.5% thiobarbituric acid (TBA) were added to 20% TCA, the produced mixture heated at 96 °C for 30 min, and after that cooled in an ice-water 4 °C for 10 min. The Absorbance was read at 532 and 600 nm. The hydrogen peroxide was determined spectrophotometrically after reaction with potassium iodide (KI) according to methods of Velikova et al. (2000). The absorbance reading was taken at 390 nm. The content of O<sub>2</sub><sup>-</sup> generation was measured as referring to Wang and Jiao (2000).

### Pyrroline-5-carboxylate synthase and invertase activities

Pyrroline-5-carboxylate synthase (P5CS) extracted according to the method of Kishor et al. (1995) with the extraction buffer (pH = 7.2) containing: 100 mM Tris–HCl buffer, 20 mM MgCl<sub>2</sub>, 1 mM DTT and 1 mM PMSF. Reaction was started with added 1.6 ml reaction buffer, including 100 mM Tris–HCl buffer, 2, 75 mM sodium glutamate, 20 mM MgCl and 5 mM ATP into the 0.2 ml of 0.4 mM NADPH, reducing absorption was monitored at 340 nm with a spectrophotometer. The activity of invertase was determined by the Tsai et al. (1970) method. Invertase extracted (10 μl) with a buffer containing 50 mM sodium acetate, 15 mM magnesium chloride, and 100 mM sucrose with pH 4.5. Reduced carbohydrates were quantified by

spectrometry according to the Nelson (1944) with a glucose standard.

### Proline and soluble sugar content in leaves

For measuring proline content of leaves, we used the methods of Bates (1973). With reading absorbance at 520 nm, using a spectrophotometer (PG instruments T80). Proline content was calculated as  $\mu\text{mol g}^{-1}$  FW (Fresh weight) by the calibration curve. The content of soluble sugar of sunflower leaves was measured with the phenol sulphuric acid method (Kochert 1978) and stated as  $\text{mg g}^{-1}$  FW, using a calibration curve.

### Fe concentration

For determination of leaf Fe concentration, we used an atomic absorption spectrophotometer (Perkin-Elmer, Analyst 200, Perkin Elmer, Waltham, MA). A 100 mg of dried leaves was weighed and used for determination of iron (Fe) concentration. Primarily leaves were dried at 500 °C for 12 h and then, digested in 5 M  $\text{HNO}_3$ ; finally, Fe concentration was described by  $\text{mg g}^{-1}$  dry weight (DW) (Chapman and Pratt 1961).

### Statistical analysis

Main and interaction effects of experimental factors were defined from analysis of variance (ANOVA) using the generalized linear model (GLM) of SAS (SAS Institute, Cary, NC, USA). The suitable error term for testing significance of each effect was determined based on the expected mean square from the output of PROC GLM. The mean values were compared by least significant difference (LSD) test at 0.05 level of probability.

## Results

### Mean particle diameter of NPs

The TEM image of the  $\text{FeSO}_4$  NPs revealed their spherical, truncated, and uneven nature with an average size of approximately 90 nm; however, the mean particle diameter of bulk  $\text{FeSO}_4$  as a normal form was 10  $\mu\text{m}$  (Fig. 1).

### Shoot dry weight and seed yield

Shoot dry weight and seed yield of sunflower cultivars were reduced differently at salinity stress. The lowest reduction in shoot dry weight and seed yield was observed in cv. Olsion. Averaged over the salinity and cultivar, usage of  $\text{FeSO}_4$  resulted in considerable enhance in shoot

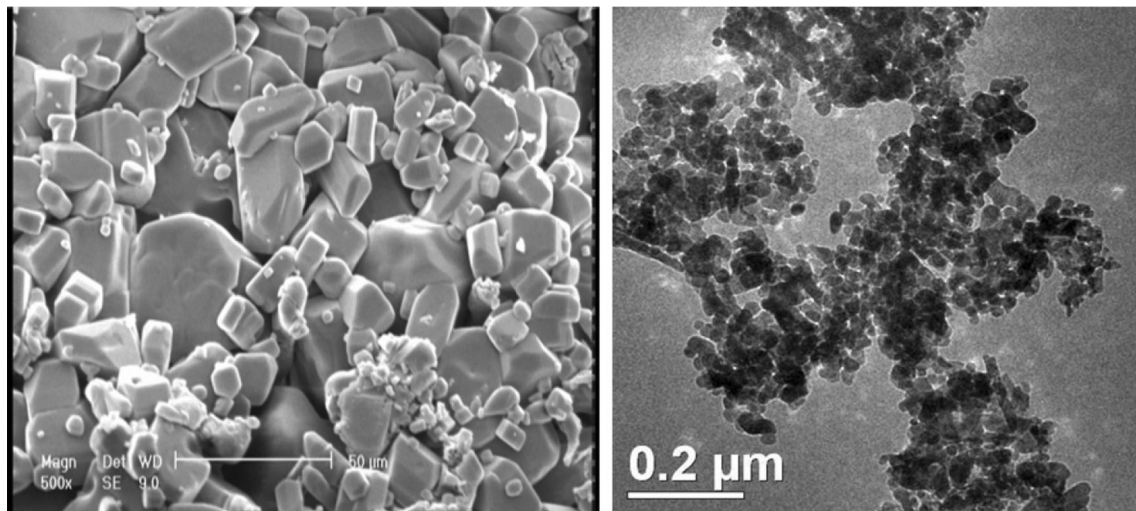
dry weight (17%) and seed yield (22%) of sunflower plant (Fig. 2). Except cv. Yourflor, shoot dry weight and seed yield of all cultivars increased by use of  $\text{FeSO}_4$  under saline and non-saline conditions. The extent of the increase by foliar spray under control was more than a saline condition in all cultivars (Fig. 2). Shoot dry and yield of Yourflor had a different trend in comparison with other cultivars when exposed to  $\text{FeSO}_4$ . Under control condition, these parameters were diminished but under saline media, were increased. Moreover, nano form exposed better effect than normal form in rising seed yield of sunflower cultivars. The highest shoot dry weight and seed yield were belonged to Hysun36 by 5.23 g and 2.48 g  $\text{plant}^{-1}$ , respectively, by spray of  $\text{FeSO}_4$  NPs.

### Antioxidant enzyme activity

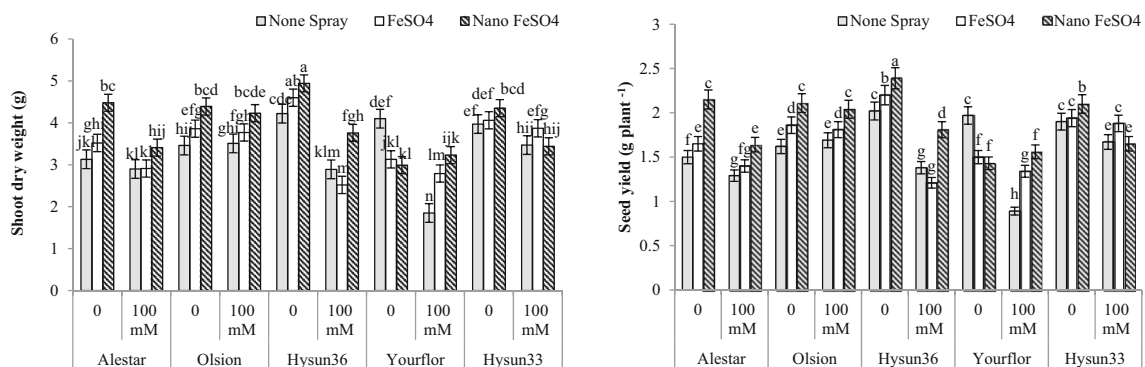
The result presented in Table 2 showed that the effect of salinity was remarkable on all of the antioxidant enzyme activity. POX activity was increased with rising salinity. Foliar application of  $\text{FeSO}_4$  in regular and nano form significantly raised POX activity. Regardless of the cultivar and salinity treatment, foliar spray of  $\text{FeSO}_4$  increased CAT activity, so that there is no considerable difference between two forms of  $\text{FeSO}_4$ . Salt stress resulted in an increase in CAT activity under all spray treatments. In fact,  $\text{FeSO}_4$  significantly intensified CAT activity of all cultivars under saline condition. The leaf CAT activity of cultivars had not significant differences in all spray treatments under none saline condition. Although salinity enhanced the SOD activity of all cultivars, the extent of the increase was different (Table 2). When the estimation of SOD enzyme activity was done, it was found that the highest activity was recorded in cv. Olsion (averaged 25.1  $\text{U g}^{-1}$  FW) at the saline condition, followed by cv. Hysun33; in contrast, the lowest SOD activity was observed in cv. Yourflor (around 5.3  $\text{U g}^{-1}$  FW) at control treatment. A spray of  $\text{FeSO}_4$  did not change SOD activity of sunflower cultivars under saline and none-saline conditions. The amount of APX and PPO were increased by salinity in all cultivars, but the degree of enhancing was different between cultivars. The maximum APX, POX and PPO activity was obtained in cv. Hysun33 at salt stress treatment. Foliar application of  $\text{FeSO}_4$  did not alter the APX activity of sunflower cultivars under two conditions, but improved PPO activity in all cultivars of sunflower under salt stress (Table 2).

### Proline content and P5CS activity

The statistical analysis of the data revealed that the effects of salinity, cultivar and interaction of salinity  $\times$  cultivar were remarkable on proline content and P5CS activity of sunflower plants. According to the result, salt stress



**Fig. 1** SEM Image of normal (left) and TEM image of nano FeSO<sub>4</sub> (right)



**Fig. 2** Means of shoot dry weight and seed yield of sunflower cultivars under foliar spray of FeSO<sub>4</sub> applications and salinity stress treatments. Vertical bars show  $\pm$  standard error (SE) of three replicates

significantly increased leaf proline content and P5CS activity of all cultivars (Fig. 3). The amount of increase in proline content was diverse between cultivars under saline condition. The highest increase of leaf proline content and P5CS activity in the saline condition were recorded in cv. Hysun33 and Alstar when reached around  $7 \mu\text{mol g}^{-1}$  FW and  $600 \text{ U mg}^{-1}$  protein. On the other hand, FeSO<sub>4</sub> application improved proline content of Alestar cultivar under 100 mM NaCl; however, reduced leaf proline content of Olsion and Hysun33 under non-saline treatment. The P5CS activity of Alstar and Yourflor cultivars when subjected to salinity and FeSO<sub>4</sub> increased. Olsion P5CS activity was decreased by FeSO<sub>4</sub> spray at control condition (Fig. 3).

#### Soluble sugar content and invertase activity

Soluble sugar content and invertase activity of sunflower considerably were affected by the interaction of salinity, cultivar and FeSO<sub>4</sub> treatments. Concerning soluble sugar

content and invertase activity, a significant increase was noticed in the saline condition in comparison to the control (Fig. 4). Foliar spray of FeSO<sub>4</sub> in nano and normal forms significantly improved sugar content and invertase activity of cultivars under saline medium. It was interesting that soluble sugar content and invertase activity were stable at non-saline condition by foliar spray of FeSO<sub>4</sub> (Fig. 4). Hysun33 with rising salt stress showed the highest of soluble sugar when exposed to nano FeSO<sub>4</sub>. Moreover, the highest of soluble sugar was recorded in cv. Yourflor under 100 mM NaCl and nano FeSO<sub>4</sub> application.

#### MDA content and ROS generation

MDA content, H<sub>2</sub>O<sub>2</sub> and O<sub>2</sub><sup>-</sup> generation of sunflower leaves were considerably influenced by salinity, foliar spray, cultivar and interaction of salinity  $\times$  cultivar and salinity  $\times$  foliar spray. MDA content, H<sub>2</sub>O<sub>2</sub> and O<sub>2</sub><sup>-</sup> generation of sunflower cultivars were increased by salt stress differently. Among cultivars, cv. Yourflor had the greatest

**Table 2** Changes in SOD, CAT, APX, PPO, POX activities, and MDA, H<sub>2</sub>O<sub>2</sub>, and O<sub>2</sub><sup>-</sup> contents in sunflower leaves at different cultivars and spraying of FeSO<sub>4</sub> and nanoFeSO<sub>4</sub> under saline and non-saline conditions

Salinity (mM)	Cultivars	Spraying	POX (U g <sup>-1</sup> FW)	CAT (U g <sup>-1</sup> FW)	SOD (U g <sup>-1</sup> FW)	APX (U g <sup>-1</sup> FW)	PPO (U g <sup>-1</sup> FW min <sup>-1</sup> )	MDA (mmol g <sup>-1</sup> FW)	H <sub>2</sub> O <sub>2</sub> (μmol g <sup>-1</sup> FW)	O <sub>2</sub> <sup>-</sup> (μmol g <sup>-1</sup> h <sup>-1</sup> )
0	Alestar	Non-spraying	0.32 ± 0.01n	0.31 ± 0.03hij	10.3 ± 0.93efg	0.2 ± 0.01 l	0.70 ± 0.08 ml	5.66 ± 0.92ij	0.14 ± 0.001f	0.03 ± 0.001f
		FeSO <sub>4</sub>	0.30 ± 0.01n	0.33 ± 0.04gh	8.46 ± 0.91 h	0.11 ± 0.01 m	0.67 ± 0.07 m	5.08 ± 0.82jkl	0.14 ± 0.001f	0.04 ± 0.001f
		Nano-FeSO <sub>4</sub>	0.29 ± 0.01n	0.29 ± 0.03hij	10.1 ± 1.03 g	0.13 ± 0.01 m	0.69 ± 0.07 m	5.90 ± 0.9hij	0.13 ± 0.001f	0.04 ± 0.001f
	Olision	Non-spraying	0.81 ± 0.02 l	0.35 ± 0.03hi	8.32 ± 0.84 h	0.36 ± 0.01 h	0.56 ± 0.07 m	4.22 ± 0.84lmn	0.05 ± 0.001 g	0.10 ± 0.001fe
		FeSO <sub>4</sub>	0.84 ± 0.01 l	0.29 ± 0.04ij	8.48 ± 0.83 h	0.41 ± 0.01 g	0.65 ± 0.07 m	4.11 ± 0.87mn	0.06 ± 0.001 g	0.09 ± 0.001fe
		Nano-FeSO <sub>4</sub>	0.80 ± 0.02 l	0.37 ± 0.01f	8.3 ± 0.52 h	0.31 ± 0.01i	0.59 ± 0.06 m	4.03 ± 0.9mn	0.04 ± 0.001 g	0.12 ± 0.001fe
	Hysun36	Non-spraying	0.73 ± 0.01 l	0.34 ± 0.04 fg	10.6 ± 1.08e	0.36 ± 0.01 h	0.87 ± 0.06 l	5.92 ± 1.02hij	0.14 ± 0.001f	0.09 ± 0.001fe
		FeSO <sub>4</sub>	0.73 ± 0.01 l	0.30 ± 0.04hij	10.7 ± 0.87e	0.54 ± 0.01de	0.93 ± 0.09 l	6.15 ± 0.91ghi	0.12 ± 0.002f	0.09 ± 0.001fe
		Nano-FeSO <sub>4</sub>	0.79 ± 0.02 l	0.30 ± 0.02 k	10.7 ± 0.98e	0.55 ± 0.01d	0.85 ± 0.09 l	5.79 ± 0.86ij	0.13 ± 0.001f	0.10 ± 0.001fe
	Yourflor	Non-spraying	0.35 ± 0.01n	0.28 ± 0.01hij	5.63 ± 0.72j	0.22 ± 0.01kl	0.84 ± 0.09 l	3.85 ± 0.74mn	0.04 ± 0.001f	0.15 ± 0.002e
		FeSO <sub>4</sub>	0.39 ± 0.01n	0.34 ± 0.02jk	5.2 ± 0.51j	0.25 ± 0.01jk	0.88 ± 0.07 l	3.84 ± 0.65mn	0.05 ± 0.001f	0.17 ± 0.001e
		Nano-FeSO <sub>4</sub>	0.37 ± 0.01n	0.33 ± 0.04ij	5.3 ± 0.84j	0.22 ± 0.01kl	0.87 ± 0.08 l	3.56 ± 0.57n	0.06 ± 0.001f	0.14 ± 0.001e
Hysun33	Non-spraying	0.50 ± 0.02 m	0.31 ± 0.04hij	10.2 ± 1.01 fg	0.29 ± 0.01ij	0.91 ± 0.16 l	5.84 ± 0.66ij	0.16 ± 0.001 g	0.09 ± 0.001fe	
	FeSO <sub>4</sub>	0.56 ± 0.01 m	0.30 ± 0.03ij	10.1 ± 1.06 g	0.30 ± 0.01i	0.88 ± 0.11 l	6.27 ± 0.56ghi	0.15 ± 0.002 g	0.11 ± 0.001fe	
	Nano-FeSO <sub>4</sub>	0.47 ± 0.01 m	0.36 ± 0.03f	10.2 ± 0.99 fg	0.28 ± 0.01ij	0.96 ± 0.12 l	6.84 ± 0.85 g	0.14 ± 0.001 g	0.08 ± 0.001fe	
100	Alestar	Non-spraying	4.23 ± 0.18 k	0.6 ± 0.03de	12 ± 1.05d	0.5 ± 0.01ef	7.43 ± 0.83 k	9.98 ± 0.81de	0.54 ± 0.02b	0.72 ± 0.02a
		FeSO <sub>4</sub>	4.56 ± 0.17j	1.02 ± 0.1b	12.1 ± 1.07d	0.51 ± 0.02def	8.02 ± 0.8li	7.84 ± 0.73f	0.41 ± 0.01c	0.62 ± 0.01ab
		Nano-FeSO <sub>4</sub>	4.97 ± 0.1 h	1.09 ± 0.12a	12.2 ± 1.13d	0.51 ± 0.01def	8.12 ± 0.63i	6.75 ± 0.52gh	0.31 ± 0.03d	0.45 ± 0.01 cd
Olision	Non-spraying	5.32 ± 0.11 g	0.66 ± 0.05d	25.3 ± 1.18a	0.71 ± 0.02b	9.12 ± 0.75f	8.25 ± 0.74f	0.63 ± 0.02a	0.72 ± 0.02a	
	FeSO <sub>4</sub>	5.46 ± 0.17 g	1.1 ± 0.11a	25.2 ± 1.02a	0.7 ± 0.02b	9.98 ± 0.69e	5.19 ± 0.73jk	0.53 ± 0.03b	0.67 ± 0.01a	
	Nano-FeSO <sub>4</sub>	5.89 ± 0.15f	1.09 ± 0.12a	25 ± 1.07a	0.7 ± 0.01b	10.1 ± 0.86d	4.56 ± 0.23klm	0.31 ± 0.01d	0.58 ± 0.02bc	

**Table 2** continued

Salinity (mM)	Cultivars	Spraying	POX (U g <sup>-1</sup> FW)	CAT (U g <sup>-1</sup> FW)	SOD (U g <sup>-1</sup> FW)	APX (U g <sup>-1</sup> FW)	PPO (U g <sup>-1</sup> FW min <sup>-1</sup> )	MDA (mmol g <sup>-1</sup> FW)	H <sub>2</sub> O <sub>2</sub> (μmol g <sup>-1</sup> FW)	O <sub>2</sub> <sup>•-</sup> (μmol g <sup>-1</sup> FW h <sup>-1</sup> )
Hysun36	Non-spraying	FeSO <sub>4</sub>	6.02 ± 0.13e	0.63 ± 0.04e	12.2 ± 1.06d	0.71 ± 0.02b	8.11 ± 0.87 h	12.2 ± 0.95b	0.35 ± 0.05dc	0.51 ± 0.02c
		FeSO <sub>4</sub>	6.34 ± 0.21d	1.02 ± 0.11b	12.7 ± 1.09c	0.71 ± 0.3b	8.23 ± 0.85 h	9.18 ± 0.38e	0.29 ± 0.04de	0.39 ± 0.01d
	Nano-spraying	FeSO <sub>4</sub>	6.78 ± 0.15c	1.04 ± 0.1b	12.4 ± 1.12 cd	0.7 ± 0.02b	8.74 ± 0.99 g	9.2 ± 0.66e	0.24 ± 0.02e	0.33 ± 0.01d
		FeSO <sub>4</sub>	4.80 ± 0.16i	0.65 ± 0.04de	7.36 ± 0.94j	0.61 ± 0.01c	7.43 ± 0.86 k	13.2 ± 1.04a	0.52 ± 0.01b	0.62 ± 0.01ab
	Yourflor	FeSO <sub>4</sub>	5.13 ± 0.16 h	1.04 ± 0.1b	7.19 ± 0.83i	0.54 ± 0.01de	7.76 ± 0.98j	10.6 ± 0.87 cd	0.5 ± 0.02b	0.63 ± 0.02ab
		FeSO <sub>4</sub>	5.42 ± 0.2 g	1.05 ± 0.14b	7.42 ± 0.96i	0.49 ± 0.02f	7.81 ± 0.91j	10 ± 0.78de	0.41 ± 0.03c	0.51 ± 0.02c
Hysun33	Non-spraying	6.78 ± 0.17c	0.68 ± 0.03c	20.3 ± 1.05b	0.81 ± 0.03a	11.2 ± 0.83c	11.4 ± 0.98bc	0.66 ± 0.02a	0.74 ± 0.01a	
	FeSO <sub>4</sub>	7.03 ± 0.18b	1.03 ± 0.12b	20.4 ± 1.19b	0.80 ± 0.02a	12.6 ± 0.86b	7.92 ± 0.45f	0.48 ± 0.01b	0.6 ± 0.02abc	
	Nano-FeSO <sub>4</sub>	7.21 ± 0.16a	1.06 ± 0.1b	20.2 ± 1.08b	0.77 ± 0.02a	12.8 ± 0.95a	8.14 ± 0.69f	0.35 ± 0.01dc	0.55 ± 0.01bc	

Each column with the different letters indicate significant differences by LSD's multiple range test at ( $p < 0.05$ ). The values are the means of three replicates ± standard error. SOD Superoxide dismutase, CAT catalase, APX ascorbate peroxidase, PPO polyphenol oxidase, POX polyphenol oxidase, MDA malondialdehyde, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and singlet oxygen (O<sub>2</sub><sup>•-</sup>)

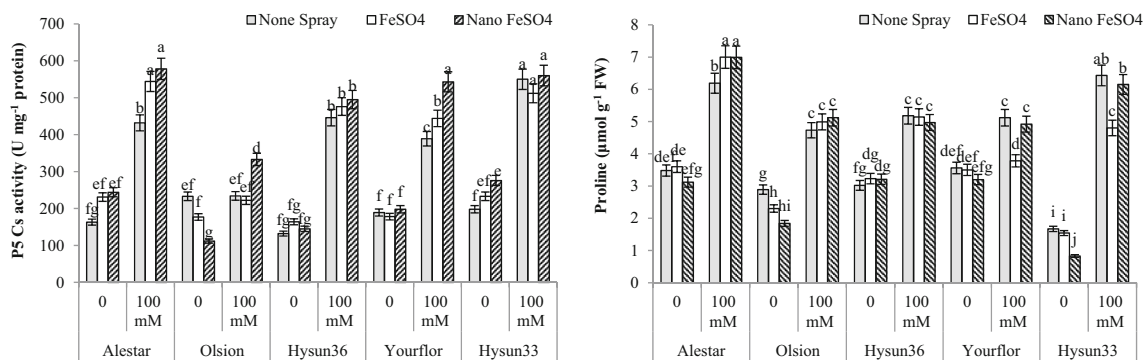
increase in MDA content under 100 mM NaCl treatment (as an average from 3.74 to 11.2 mmol g<sup>-1</sup> FW) (Table 2). The lowest increase in MDA content was observed in cv. Olsion when exposed to salinity with application of nano-particle. Foliar spray of FeSO<sub>4</sub> in two forms decreased MDA and ROS of all cultivars under saline condition compared to none-spray treatment. There was no difference between spray treatments at the none-saline condition in terms of MDA content and ROS generation of sunflower cultivars (Table 2).

**Fe concentration**

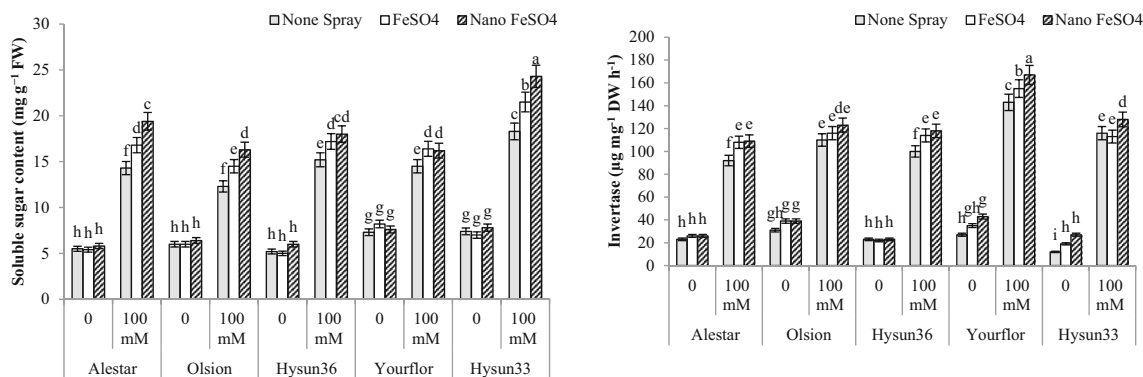
The result showed that the effects of salinity, cultivars and foliar spray, and interaction of foliar spray × cultivar and salinity × foliar spray was significant on leaf Fe concentration. The amount of Fe concentration was reduced by salinity in all sunflower cultivars sprayed with FeSO<sub>4</sub> (Fig. 5). Usage of FeSO<sub>4</sub> resulted in an improve considerably in leaf Fe concentration under both saline and non-saline conditions, but the extent of increase in leaf Fe concentration was greater under the non-saline than saline treatment. Although there were no significant differences between two forms of FeSO<sub>4</sub>, accumulation of Fe by the spray of nano-particles was higher than normal. Between cultivars, leaf Fe concentration of cv. Olsion was significantly higher than other tested cultivars when FeSO<sub>4</sub> was sprayed under the non-saline condition when increased from 457 to 6570 mg kg<sup>-1</sup> DW. No considerable difference was found among cultivars in the leaf Fe concentration under none-sprayed treatment. The most important factor in increase of leaf Fe concentration was FeSO<sub>4</sub> sprayed; however, salt stress caused degrade (Fig. 5).

**Discussion**

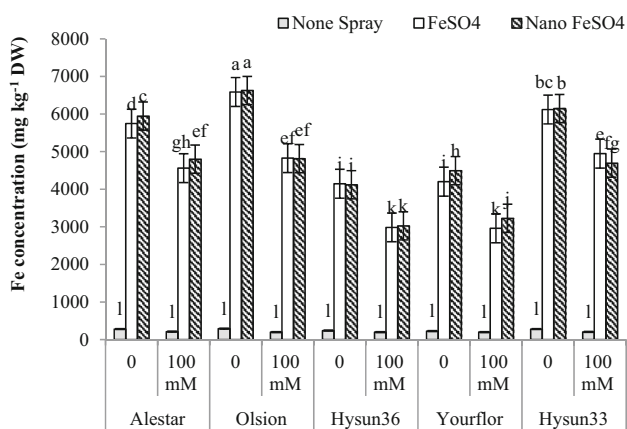
According to the results, the salinity caused a significant decrease in shoot dry weight, seed yield, Fe concentration and increase in the proline, soluble sugar, and MDA content, the activity of antioxidant enzymes of sunflower cultivars. Decreased in shoot dry weight and seed yield may be a consequence of the generation of ROS that is evident from significant increases in antioxidant enzyme activity in leaves of sunflower plants under salinity. The production of toxic oxygen formative is increased as a result of all types of environmental stresses. Plants possess efficient systems for scavenging active oxygen species that defend them against destructive oxidative reactions (Farhangi-Abriz and Torabian 2017). As part of this system, antioxidative enzymes are main factors in the defense mechanisms such as SOD, APX, CAT, POX and PPO. Increase of antioxidant enzyme activities under salinity



**Fig. 3** Means of proline content and P5Cs enzyme activity of different cultivars of sunflowers under foliar spray of FeSO<sub>4</sub> applications and salinity stress treatments. Vertical bars show  $\pm$  standard error (SE) of three replicates



**Fig. 4** Means of soluble sugars content and invertase activity of different cultivars of sunflowers under foliar spray of FeSO<sub>4</sub> applications and salinity stress treatments. Vertical bars show  $\pm$  standard error (SE) of three replicates



**Fig. 5** Means of Fe concentration of different cultivars of sunflowers under foliar spray of FeSO<sub>4</sub> applications and salinity stress treatments. Vertical bars show  $\pm$  standard error (SE) of three replicates

showed that they were functioning concurrently to remove ROS. Plants are able to maintain the turgor potential at the same value for lower values of leaf water potential owing to their osmotic adjustment. The compounds mainly involved in osmotic adjustment are the soluble sugars, organic acids, free amino acids and potassium ion. Accumulation of proline is a main factor that supports plants to

sustain growth under saline conditions. Proline accumulation may be due to the increased activity of P5CS and reduced level of proline oxidase observed during episodes of salinity (Nounjan et al. 2012). Proline induces the stress tolerance through scavenging hydroxyl radicals (Chen and Dickman 2005). The change in total soluble sugar contents of rapeseed under salt stress has already been reported (Khattab 2007). Increase in total soluble sugar contents with increasing salinity level could be due to the accumulation of starch and total soluble sugar in the plant under the stressed condition. In fact, the increase in proline content in sunflower cultivars is attributed to the rising P5CS activity under salt stress. Also, enhancing soluble sugar content in the saline condition is related to rising invertase activity.

Salt stress increased leaf MDA content of sunflower cultivars as a peroxidation lipid compared to control. Membranes are primary targets of salinity injury to cell and cellular organelles due to the fact that ROS has high potential to react with unsaturated fatty acids resulting in peroxidation of essential membrane lipids in the membranes of cell and intercellular organelles (Ahmad et al. 2011). Peroxidation of membranes leads to leaky membranes, leading to loss of electrochemical gradient, loss of



homeostasis, loss of cellular contents, rapid desiccation and cell death. In this study, cv. Hysun33 had the highest extent of increase in the leaf proline content and cv. Olsion had a highest increase in SOD activity the lowest extent of reduction in leaf MDA content, which caused to lowest reduction in shoot dry weight and seed yield in comparison with other cultivars under saline condition. Additionally, salinity can affect nutrient uptake directly. As an average, Fe concentration of leaf sunflower declined by salinity in five cultivars. Salt stress decreased Fe concentration in the shoots of barley and corn (Yousfi et al. 2007; Sun et al. 2007). This reduction in Fe concentration may be associated with diminishing nutrient uptake under salt stress.

Foliar application of micronutrients such as Fe and Zn might prove advantageous for supplying plants with sufficient levels of these nutrients and ameliorating, at least in part, the adverse effects of drought and salinity. In the present study, the spray of FeSO<sub>4</sub> in both of normal and nano form increased seed yield, soluble sugar content, Fe concentration, and activities of POX, CAT and PPO; while, decreased leaves MDA content of sunflower cultivars via decreasing ROS generation. Plant cells have an antioxidant defense mechanism against ROS consisting of (1) nonenzymatic low-molecular-weight antioxidants, such as ascorbate,  $\alpha$ -tocopherol, glutathione, and carotenoids, and (2) protective Fe-containing enzymes, including Fe-SOD that catalyzes the surplus of (O<sub>2</sub><sup>-</sup>) to H<sub>2</sub>O<sub>2</sub> and O<sub>2</sub>, and CAT and POD, which transform H<sub>2</sub>O<sub>2</sub> to H<sub>2</sub>O (Bybordji and Mamedov 2010). CAT has iron in its structure and catalyses the turn of hydrogen peroxide to oxygen and water. CAT reduces hydrogen peroxide by reduced glutathione, resulting in the protection of cellular damage from oxidative processes (Cakmak 2000). Movahed Dehnavi et al. (2002) indicated that application of micronutrient fertilizers could enhance plants resistance to environmental stresses such as drought and salinity. The deficiency of micronutrient can influence cell mitochondria activity through inducing oxidative stress on the metal binding proteins (Tan et al. 2010; Sajedi et al. 2011). Increase in POX, CAT and PPO activities, and diminution in MDA content with the foliar spray of FeSO<sub>4</sub> is indicative of a correlation between ROS generation and ROS scavenging by antioxidant enzyme activity. It is usual for enzyme activities to be induced or enhanced when their metal cofactors have been supplied. No significant change of SOD activity in the leaf of sunflower cultivars subjected to Fe application was observed. SOD has different isoforms including Cu/Zn-SOD, Fe-SOD and Mn-SOD, which may be cause different response to Fe. Tewari et al. (2005) have mentioned that an increase active Fe content along with a lower SOD activity might potentially be indicative of the induction of new isoforms of SOD in Fe-treated plants. Indeed, based on the preceding studies, we expected that using foliar Fe might boost the activity of SOD. Conversely, SOD activity remained without change after

foliar application. It has proposed that this may support a compensatory improvement in the expression of another SOD isoform when the expression of one isoform of SOD is decreased (Sharma et al. 2004). Improving soluble sugar content of leaves with FeSO<sub>4</sub> clearly related to the enhancing invertase activity in plants. The spray of FeSO<sub>4</sub> in two forms improved leaf Fe concentration related to non-sprayed plants. Moreover, sunflower cultivars were different in their ability to accumulate Fe both nano and normal FeSO<sub>4</sub> forms. Olsion cv. accumulated much more Fe in their leaves than other cultivars. In other research of Torabian et al. (2017), the application of FeSO<sub>4</sub> diminished (15%) the leaf Na concentration under saline condition. Therefore, it concludes that Fe usage can reduced Na uptake and accumulation.

As an average, shoot dry weight and seed yield of all cultivars intensified under two conditions when NPs of FeSO<sub>4</sub> was sprayed. Fe and Zn adequate supply enhances crop productivity and their excess can be toxic to plant species (Kabir et al. 2014). NPs interaction with plants causing many morphological and physiological changes, depending on the properties of NPs such as chemical composition, size, surface covering, reactivity, and the dose (Khodakovskaya et al. 2012). They have large specific surface areas and a large proportion of atoms are available for chemical reactions. Today, several researchers have studied the effects of nano-materials on plant growth. Applications of nano-materials can help faster plant germination/production, effective plant protection with reduced environmental impact (Khot et al. 2012). Various researchers reported alleviating effects of NPs on abiotic stresses. A spray of zinc oxide (ZnO) NPs increased shoot dry weight and SOD activity of sunflower in comparison with normal form under saline condition (Torabian et al. 2016b). Moreover, foliar spray of ZnO and FeSO<sub>4</sub> as nano-fertilizers mitigated the effect of salt stress on *Moringa peregrina* plants (Soliman et al. 2015). NPs at one end induce the generation of ROS (Simon et al. 2013), while on the other scavenge ROS by mimicking the activities of antioxidative enzymes (Rico et al. 2013). In addition, phytotoxicity studies on nano-materials exhibited increased production of ROS that plays a dual role in plants as toxic compounds and signaling molecules. The dual role of ROS delicately depends on their generation and scavenging; any imbalance between these two processes will lead to either excessive accumulation or reduced availability of ROS that may cause oxidative stress or signaling failure respectively. Previously, changes of antioxidant enzyme activities by nano-particles application were observed. Lu et al. (2002) indicated that SOD and CAT activities of germinating seeds of soybean treated by a mixture of nano-SiO<sub>2</sub> and nano-titanium dioxide (TiO<sub>2</sub>) significantly increased. Rao and Shekhawat (2014) stated that ZnO nanoparticle improved shoot and leaf SOD activity of *Brassica juncea*. In this study, we observed that nano-particle of FeSO<sub>4</sub> has clearly a role of ROS scavenger. Increase in CAT, PPO,

POX, and invertase activity with decreasing MDA content are indicative of a correlation between ROS generation ( $\text{H}_2\text{O}_2$  and  $\text{O}_2^-$ ) and ROS scavenging by  $\text{FeSO}_4$  nano-particle.

## Conclusion

Sunflower cultivars showed different response to  $\text{FeSO}_4$ , especially nano-particle. Olsion accumulated Fe in its leaf more than other cultivars and finally had the lowest shoot dry weight and seed yield. It seems that there is a positive relationship between Fe accumulation and tolerance to salt stress. Foliar spray of  $\text{FeSO}_4$  in two forms of nano and normal form improved yield and physiological performance of sunflower cultivars under salt stress via improving antioxidant enzyme activity, invertase activity, soluble sugar content, Fe concentration and decreasing lipid peroxidation, ROS generation. Based on our result, Fe under stress can help sunflower to utilize the mechanisms, which eventually result in the production of antioxidants, more effectively. We think the dose of nano-particle that applied in our study is recommendable for increased sunflower production under salinity stress as such use can enhance the activities of antioxidants and hence protect the plant from oxidative damage. Concern about the use of nano-materials and their potential environmental risks and toxic impacts has arisen among many scientists. Despite the rapid progress in the study of positive and negative effect, uptake and accumulation of NPs, we confront numerous questions and need to more test and experiment.

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