



# A Real-World Evidence Study of CDK4/6 Inhibitor Treatment Patterns and Outcomes in Metastatic Breast Cancer by Germline *BRCA* Mutation Status

Jenna M. Collins · Beth L. Nordstrom · Kimmie K. McLaurin ·  
Tapashi B. Dalvi · Susan C. McCutcheon · James C. Bennett ·  
Brian R. Murphy · Puneet K. Singhal · Charles McCrea ·  
Reshma Shinde · Josefa M. Briceno

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## ABSTRACT

**Introduction:** Limited data exist on real-world treatment patterns and the effectiveness of cyclin-dependent kinase (CDK) 4/6 inhibitors in germline *BRCA* (*gBRCA*)-mutated breast cancer.

**Methods:** Adults with hormone receptor-positive (HR+), human epidermal growth factor receptor 2-negative (HER2-) metastatic breast cancer (mBC) treated with CDK4/6 inhibitor therapy between 2013 and 2018 were retrospectively selected from the Flatiron Health

database. Patients with known *gBRCA* status were classified as mutated (*gBRCAm*) or wild type (*gBRCAwt*). Time-to-first subsequent therapy or death (TFST) and overall survival (OS) were calculated from the earliest line of therapy with a CDK4/6 inhibitor.

**Results:** Of 2968 patients with HR+/HER2- mBC receiving a CDK4/6 inhibitor, 859 (28.9%) had known *gBRCA* status, of whom 9.9% were *gBRCAm* and 90.1% *gBRCAwt*. Median (95% confidence interval [CI]) TFST was 10 (7–11) months in the *gBRCAm* group, 10 (9–11) months in the *gBRCAwt* group, and 11 (10–12)

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J. M. Collins (✉) · B. L. Nordstrom · B. R. Murphy  
Evidera, 500 Totten Pond Road, 5th Floor, Waltham,  
MA 02451, USA  
e-mail: jenna.collins@evidera.com

B. L. Nordstrom  
e-mail: beth.nordstrom@evidera.com

B. R. Murphy  
e-mail: brian.murphy@evidera.com

K. K. McLaurin · T. B. Dalvi · J. M. Briceno  
AstraZeneca Pharmaceuticals, LP, One MedImmune  
Way, Gaithersburg, MD 20878, USA

K. K. McLaurin  
e-mail: kimmie.mclaurin@astrazeneca.com

T. B. Dalvi  
e-mail: tapashi.dalvi@astrazeneca.com

J. M. Briceno  
e-mail: josefa.briceno@astrazeneca.com

S. C. McCutcheon · J. C. Bennett · C. McCrea  
AstraZeneca, Academy House, 136 Hills Road,  
Cambridge CB2 8PA, UK

S. C. McCutcheon  
e-mail: susan.mccutcheon@astrazeneca.com

J. C. Bennett  
e-mail: jamesbennett2002@hotmail.com

C. McCrea  
e-mail: charles.mccrea@astrazeneca.com

P. K. Singhal · R. Shinde  
Merck & Co., Inc., 2000 Galloping Hill Road,  
Kenilworth, NJ 07033, USA

P. K. Singhal  
e-mail: puneet\_singhal@merck.com

R. Shinde  
e-mail: reshma.shinde@merck.com

months in the combined *gBRCA*wt and unknown *gBRCA* group; median (95% CI) OS was 26 (21–not estimated), 37 (31–51), and 33 (31–35) months, respectively. Cox models indicated the *gBRCA*m group had shorter TFST (stratified hazard ratio [sHR] 1.24; 95% CI 0.96–1.59) and OS (sHR 1.50; 95% CI 1.06–2.14) than the *gBRCA*wt group. The *gBRCA*m group had shorter TFST (sHR 1.38; 95% CI 1.08–1.75) and OS (sHR 1.22; 95% CI 0.88–1.71) than the combined group.

**Conclusion:** The results of this real-world study suggest that treatment outcomes with CDK4/6 inhibitors may be worse in patients with *gBRCA*m mBC than in their counterparts with *gBRCA*wt and unknown *gBRCA* status, suggesting potential differences in tumor biology. This result highlights the unmet need in patients with *gBRCA*m requiring optimized treatment selection and sequencing. Future exploration in larger samples of patients who have had biomarker testing is warranted.

**Keywords:** CDK4/6 inhibitors; *gBRCA* mutation status; Metastatic breast cancer; Survival; Treatment patterns

### Key Summary Points

#### Why carry out this study?

Limited data exist on the real-world treatment patterns and effectiveness of cyclin-dependent kinase (CDK) 4/6 inhibitors in patients with germline *BRCA* (*gBRCA*)-mutated breast cancer.

The current study addressed key evidence gaps surrounding the real-world outcomes of CDK4/6 inhibitor use in hormone receptor-positive, human epidermal growth factor receptor 2-negative metastatic breast cancer (mBC) by *gBRCA* status.

### What was learned from the study?

The results of this real-world study suggest that treatment outcomes with CDK4/6 inhibitors may be worse in patients with mutated *gBRCA* (*gBRCA*m) mBC than in those with wild-type *gBRCA* mBC and unknown *gBRCA* status, suggesting potential differences in tumor biology.

The results highlight the unmet need in patients with *gBRCA*m requiring optimized treatment selection and sequencing; future exploration in larger samples of patients who have had biomarker testing is warranted.

## INTRODUCTION

Over the past two decades, great strides have been made in the understanding and classification of different types of breast cancer (BC) [1]. BC is segmented by distinct molecular subtypes based on the presence of hormone receptors (HR) (including estrogen receptors [ER] and progesterone receptors) and on human epidermal growth factor receptor type 2 (HER2) status [2–4]. These subtypes respond to different types of treatment [5], which have improved patient outcomes [6–8].

Germline deleterious breast cancer susceptibility gene (*gBRCA*) mutations are associated with a well-known increase in the risk of developing BC [9]. Approximately 2–8% of patients [10, 11] with HR-positive (HR+) BC are also positive for the *gBRCA* mutation (*gBRCA*m); this is even higher, about 40%, in those with low ER-positive (ER+) BC [12], which is defined as  $\leq 10\%$  positivity [13]. Patients with *gBRCA*m HR+ disease tend to be younger at diagnosis than patients with sporadic HR+, with an average age of < 45 years [14–18]. These patients have more aggressive disease, with higher levels of nodal involvement and Ki67 expression compared to patients with non-*gBRCA*m BC [18–20]. *gBRCA*m HR+ disease is also associated with higher recurrence scores compared to sporadic HR+ disease, with > 80%

of patients classified as having intermediate- or high-risk disease [21–23].

There is a paucity of long-term data for patients with *gBRCAm* HR+ disease; as such, there is no adequate evidence to conclude that patients with *gBRCAm* HR+ disease have different long-term outcomes than patients with sporadic HR+ disease [19]. A meta-analysis of ten studies comparing the safety of breast-conserving surgery in patients with *gBRCAm* versus controls found a significantly higher risk of ipsilateral BC recurrence in studies with a median follow-up period of  $\geq 7$  years [24]. The study also identified a higher risk of contralateral breast cancer (CBC) in those with *gBRCAm* disease [24], which was reinforced in another study that found CBC to be more likely in those with *gBRCA1m* disease than in those with sporadic BC [25].

The treatment landscape for *gBRCAm* HR+ BC is evolving. However, data on the use of tamoxifen for early *gBRCAm* BC is contradictory, with one study showing a negative impact on survival [26] and another suggesting a significant reduction in the incidence of CBC [27]. Recent evidence shows benefits of treatment with poly (ADP ribose) polymerase (PARP) inhibitors for *gBRCAm* metastatic BC (mBC), compared to chemotherapy. In the phase III OlympiAD clinical trial, patients with HER2-negative (HER2–) *gBRCAm* mBC treated with olaparib saw an improvement in median progression-free survival (PFS) (7.0 vs. 4.2 months for patients treated with olaparib and standard therapy, respectively; hazard ratio [HR] 0.58; 95% confidence interval [CI] 0.43–0.80) [28]. The phase III OlympiA clinical trial that included patients with HER2– *gBRCAm* early BC found a 3-year invasive disease-free survival of 85.9% after adjuvant olaparib, compared to 77.1% in the group receiving placebo (HR 0.58; 95% CI 0.41–0.82) [29]. In the EMBRACA trial, median PFS was significantly longer for patients with mBC and *gBRCAm* who received talazoparib monotherapy, compared to those who received standard chemotherapy (8.6 vs. 5.6 months; HR 0.54; 95% CI 0.41–0.71) [30].

Endocrine therapy for ER+/HER2– mBC may include combinations with palbociclib, abemaciclib, or ribociclib, oral agents that inhibit

cyclin-dependent kinase 4/6 (CDK4/6). A pooled analysis of three randomized trials investigating the addition of CDK4/6 inhibitors to endocrine therapy in patients with HR+, HER2– advanced or mBC found a substantial benefit in all subgroups of interest, but did not examine *gBRCA* status [31]. Preclinical data suggest that certain *gBRCA1m* cell lines may not be sensitive to CDK4/6 inhibitors; however, more investigation is warranted [32–34]. The current study addressed key evidence gaps surrounding the real-world outcomes of CDK4/6 inhibitor use in patients with HR+/HER2– mBC by *gBRCA* status.

## METHODS

### Data Source

The database used for this study was Flatiron Health, a nationwide, longitudinal, and demographically and geographically diverse database derived from de-identified electronic health record (EHR) data. This database includes data from > 265 primarily community-based cancer clinics (approximately 800 sites of care) available for analysis, representing > 2 million US cancer patients. De-identified patient-level data include structured and unstructured data, curated via technology-enabled abstraction [35].

This retrospective study included 2968 patients diagnosed with HR+/HER2– mBC between 1 January 2013 and 31 January 2018. Patients were followed longitudinally until death or last visit prior to data cutoff (31 July 2018; data censoring). Demographic information, tumor status, cancer treatment, medical history/comorbidities, disease characteristics, biomarker testing rates, and results were utilized. Flatiron Health contains oncologist-defined, rule-based lines of therapy in the metastatic setting. The rules are objective and are created through indication-specific algorithms developed by a team of oncologists, engineers, and biostatisticians. They are based on literature review, guidelines, and deep clinical experience and are applied to the treatments documented as actually received by the

patient, without relying on order sets or care plans [36]. All drugs given within 28 days of an initial therapy were considered part of the same regimen. The addition of a new therapy after 28 days was considered a switch and the start of a subsequent regimen. Mortality data were used to estimate the overall survival (OS) of patients. Tumor progression data were not available; therefore, the time-to-first subsequent therapy (TFST) or death was examined in place of progression.

All study data were fully compliant with US patient confidentiality requirements, including the Health Insurance Portability and Accountability Act (HIPAA) of 1996. The study used only de-identified patient records and, therefore, was exempted from Institutional Review Board approval. Informed consent was not required as this was not an interventional study, and routinely collected, anonymized data were used.

### Sample Selection

The study population consisted of patients aged  $\geq 18$  years with histologically or cytologically documented BC, evidence of metastatic disease, and biomarker test results indicating HR+/HER2– disease. Included patients received at least one line of therapy containing a CDK4/6 inhibitor (i.e., palbociclib, abemaciclib, or ribociclib) starting on or after the first diagnosis of mBC and no later than 31 January 2018; the index date was defined as the start date of the first line of treatment containing a CDK4/6 inhibitor.

### Measures

The main characteristic of interest was *gBRCAm* status (*gBRCAm* vs. *gBRCA* wild type [wt] vs. a combined group of patients with *gBRCAwt* and unknown *gBRCA* status). Patients with unknown *gBRCA* status were those who were untested or had invalid test results. Treatment patterns prior to and during the first line of treatment containing a CDK4/6 inhibitor were described. Other variables examined included demographic and clinical characteristics. The primary outcomes were TFST and OS from the

index date. TFST was calculated as the time from the index date to the start of the next line of therapy or death, whichever was earlier. OS was defined as the time from the index date to the date of death.

### Analysis

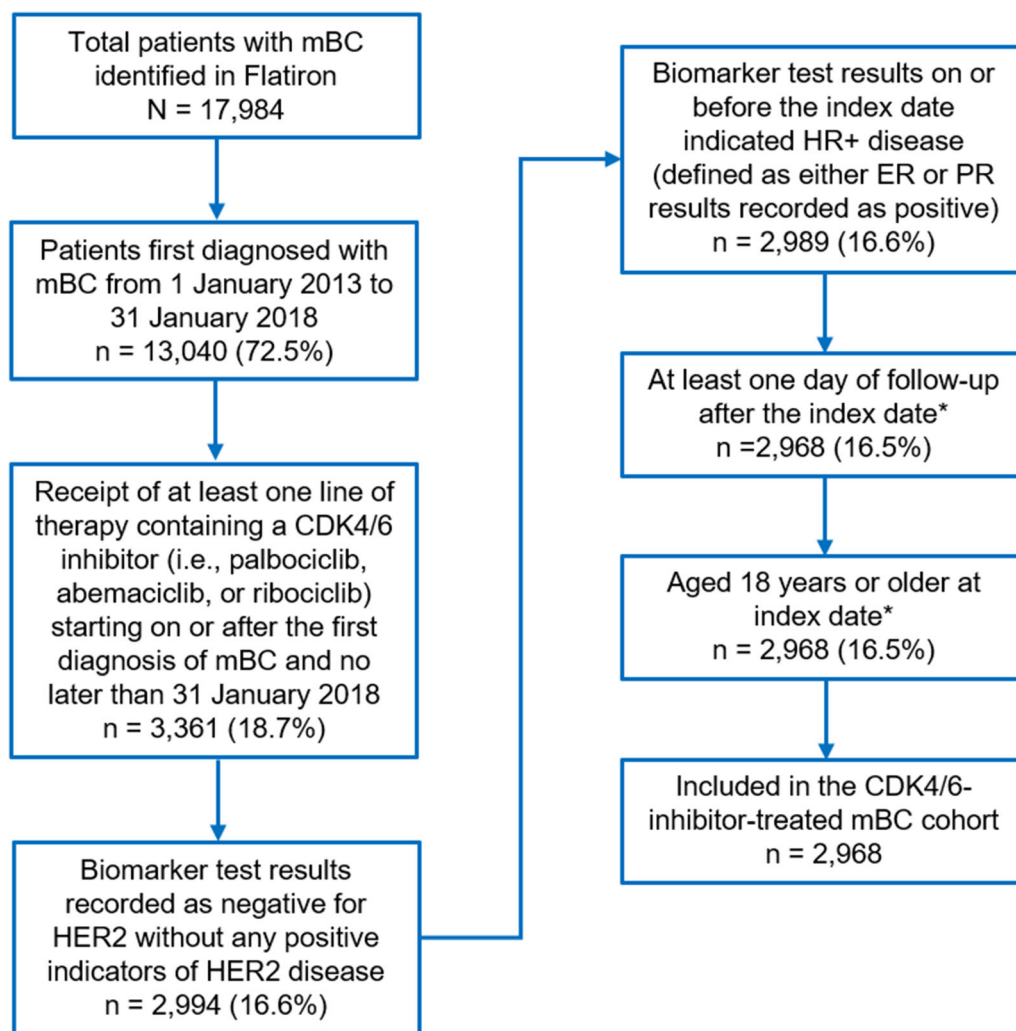
Time-to-first subsequent therapy and OS were censored at the last activity date for patients without the outcome. Kaplan–Meier medians and associated 95% CIs were estimated for TFST and OS. These outcomes were compared using Cox models by *gBRCA* status, stratified by line of therapy and adjusting for demographic and clinical characteristics that modified HRs for *gBRCA* status by  $> 10\%$ .

## RESULTS

Of 2968 patients with HR+/HER2– mBC receiving a CDK4/6 inhibitor (Fig. 1), 929 (31.3%) were tested for *gBRCA* status. Of these 929 patients, the status was known for 859 patients (28.9%), and 70 (2.4%) had uncertain or equivocal mutation results. Of those with known *gBRCA* status, 85 (9.9%) were *gBRCAm*. Of those with *gBRCAm*, 17.6% were *gBRCA1m*, 78.8% were *gBRCA2m*, and 3.5% had both *gBRCA1m* and *gBRCA2m*.

Based on age at the index date, patients with *gBRCAm* were younger than those with *gBRCAwt* or unknown *gBRCA* status (Table 1). Mean (standard deviation) age was 52.7 (13.4), 58.1 (12.0), and 64.3 (11.6) years for those with *gBRCAm*, *gBRCAwt*, and *gBRCAwt/unknown gBRCA* status, respectively. There were small differences based on stage at initial BC diagnosis, with a higher proportion of the patients with unknown *gBRCA* status being stage IV versus more of those with *gBRCAm* and *gBRCAwt* being stage II. The other demographic and clinical characteristics assessed were largely similar between the groups.

For most patients (42.4, 37.9, and 40.2% of those with *gBRCAm*, *gBRCAwt*, and *gBRCAwt/unknown gBRCA* status, respectively), the earliest use of CDK4/6 therapy occurred in the first-line metastatic setting (Table 2). Patients who



**Fig. 1** Study attrition flowchart for the CDK4/6-inhibitor-treated HR+/HER2– mBC cohort. Each box shows the number (*n*) of patients with percentage (in parentheses) of total number (*N*). Asterisk indicates the index date, which is the start date of the first treatment line

containing the CDK4/6 inhibitor. *CDK4/6* Cyclin-dependent kinases 4 and 6, *ER* estrogen receptor, *HER2* human epidermal growth factor receptor 2, *HR+* hormone receptor positive, *mBC* metastatic breast cancer, *PR* progesterone receptor

received their first CDK4/6 therapy in the second-line setting had most often been previously treated with an aromatase inhibitor or fulvestrant. A majority of those who had their CDK4/6 treatment in the third line or higher had been treated with an aromatase inhibitor in the prior line (Table 2).

Median (95% CI) TFST from the start of the index line of therapy (all lines combined) was 10 (7–11) months in the *gBRCAm* group, 10 (9–11) months in the *gBRCAwt* group, and 11 (10–12) months in the combined group of those

with *gBRCAwt* and unknown *gBRCA* status. Median (95% CI) OS from the start of the index line of therapy was 26 (21–not estimated) months in the *gBRCAm* group, 37 (31–51) months in the *gBRCAwt* group, and 33 (31–35) months in the combined group. These trends were consistent when looking at OS and TFST by individual line of CDK4/6 therapy (Figs. 2, 3).

Cox model results indicated that the *gBRCAm* group had a shorter TFST than individuals with *gBRCAwt* with a hazard ratio



**Table 1** Baseline characteristics for patients with hormone receptor-positive/human epidermal growth factor receptor-negative metastatic breast cancer treated with cyclin-dependent kinases 4 and 6 inhibitor

Baseline characteristics	Full CDK4/ 6 mBC cohort ( <i>N</i> = 2968)	Patients with <i>gBRCAm</i> [1] ( <i>n</i> = 85)	Patients with <i>gBRCAwt</i> [2] ( <i>n</i> = 774)	Standardized difference ([1] vs. [2])	Patients with <i>gBRCAwt</i> or <i>gBRCA unknown</i> [3] ( <i>N</i> = 2883)	Standardized difference ([1] vs. [3])
Age (years) at index date				0.420		0.927
Mean (SD)	64.0 (11.8)	52.7 (13.4)	58.1 (12.0)		64.3 (11.6)	
Sex				0.089		0.161
Male	35 (1.2%)	3 (3.5%)	16 (2.1%)		32 (1.1%)	
Female	2933 (98.8%)	82 (96.5%)	758 (97.9%)		2851 (98.9%)	
Race				0.243		0.195
White	2094 (70.6%)	59 (69.4%)	563 (72.7%)		2035 (70.6%)	
Black or African American	228 (7.7%)	4 (4.7%)	57 (7.4%)		224 (7.8%)	
Asian	78 (2.6%)	5 (5.9%)	17 (2.2%)		73 (2.5%)	
Other	323 (10.9%)	11 (12.9%)	78 (10.1%)		312 (10.8%)	
Unknown	245 (8.3%)	6 (7.1%)	59 (7.6%)		239 (8.3%)	
Index year				0.234		0.201
2013	0	0	0		0	
2014	3 (0.1%)	0	2 (0.3%)		3 (0.1%)	
2015	595 (20.0%)	22 (25.9%)	170 (22.0%)		573 (19.9%)	
2016	1143 (38.5%)	33 (38.8%)	273 (35.3%)		1110 (38.5%)	
2017	1129 (38.0%)	29 (34.1%)	302 (39.0%)		1100 (38.2%)	
2018	98 (3.3%)	1 (1.2%)	27 (3.5%)		97 (3.4%)	
Time (days) from initial breast cancer diagnosis to index date				0.409		0.336
<i>n</i>	2961	85	774		2876	
Median (range)	1503 (0–17,921)	1334 (2–6,097)	1766 (6–13,083)		1529 (0–17,921)	

**Table 1** continued

Baseline characteristics	Full CDK4/6 mBC cohort (N = 2968)	Patients with gBRCAm [1] (n = 85)	Patients with gBRCAwt [2] (n = 774)	Standardized difference ([1] vs. [2])	Patients with gBRCAwt or gBRCA unknown [3] (N = 2883)	Standardized difference ([1] vs. [3])
Stage at initial breast cancer diagnosis				0.158		0.203
I	334 (11.3%)	9 (10.6%)	94 (12.1%)		325 (11.3%)	
II	809 (27.3%)	27 (31.8%)	255 (32.9%)		782 (27.1%)	
III	627 (21.1%)	20 (23.5%)	186 (24.0%)		607 (21.1%)	
IV	934 (31.5%)	24 (28.2%)	181 (23.4%)		910 (31.6%)	
Unknown	264 (8.9%)	5 (5.9%)	58 (7.5%)		259 (9.0%)	
Number of metastatic sites at any time prior to or on the index date				0.160		0.139
1	1342 (45.2%)	36 (42.4%)	347 (44.8%)		1306 (45.3%)	
2	868 (29.2%)	24 (28.2%)	235 (30.4%)		844 (29.3%)	
3	474 (16.0%)	17 (20.0%)	119 (15.4%)		457 (15.9%)	
4+	274 (9.2%)	7 (8.2%)	70 (9.0%)		267 (9.3%)	
Unknown	10 (0.3%)	1 (1.2%)	3 (0.4%)		9 (0.3%)	
Sites of metastases at any time prior to or on the index date						
Bone	2350 (79.2%)	68 (80.0%)	592 (76.5%)	– 0.085	2,282 (79.2%)	– 0.021
Brain	133 (4.5%)	3 (3.5%)	45 (5.8%)	0.108	130 (4.5%)	0.050
Liver	719 (24.2%)	23 (27.1%)	177 (22.9%)	– 0.097	696 (24.1%)	– 0.067
Lung	962 (32.4%)	23 (27.1%)	245 (31.7%)	0.101	939 (32.6%)	0.121
Other	1268 (42.7%)	42 (49.4%)	346 (44.7%)	– 0.094	1226 (42.5%)	– 0.139
Unknown	10 (0.3%)	1 (1.2%)	3 (0.4%)	– 0.090	9 (0.3%)	– 0.101

Cell entries show n (%), unless otherwise specified

CDK4/6 cyclin-dependent kinases 4 and 6, gBRCA germline BRCA, gBRCAm germline BRCA mutation, gBRCAwt germline BRCA wild type, mBC metastatic breast cancer, SD standard deviation

**Table 2** Treatment patterns by line of therapy in the metastatic setting

Line of therapy	Full CDK4/6 mBC cohort (N = 2968)	Patients with gBRCAm (n = 85)	Patients with gBRCAwt (n = 774)	Patients with gBRCAwt or gBRCA unknown (n = 2883)
<b>First-line</b>				
<i>Number of patients with this line as earliest line of CDK4/6 use</i>	1196 (40.3%)	36 (42.4%)	293 (37.9%)	1160 (40.2%)
Top 3 agents in line				
Letrozole, palbociclib	657 (54.9%)	18 (50.0%)	144 (49.1%)	639 (55.1%)
Fulvestrant, palbociclib	263 (22.0%)	9 (25.0%)	65 (22.2%)	254 (21.9%)
Palbociclib	50 (4.2%)	1 (2.8%)	12 (4.1%)	49 (4.2%)
<b>Second-line</b>				
<i>Number of patients with this line as earliest line of CDK4/6 use</i>	949 (32.0%)	27 (31.8%)	253 (32.7%)	922 (32.0%)
Top 3 agents in line				
Letrozole, palbociclib	407 (42.9%)	11 (40.7%)	104 (41.1%)	396 (43.0%)
Fulvestrant, palbociclib	307 (32.3%)	10 (37.0%)	79 (31.2%)	297 (32.2%)
Anastrozole, palbociclib	39 (4.1%)	1 (3.7%)	12 (4.7%)	38 (4.1%)
Top agents in baseline (first-line)				
Letrozole	232 (24.4%)	6 (22.2%)	48 (19.0%)	226 (24.5%)
Anastrozole	170 (17.9%)	2 (7.4%)	32 (12.6%)	168 (18.2%)
Fulvestrant	143 (15.1%)	2 (7.4%)	41 (16.2%)	141 (15.3%)
Tamoxifen	70 (7.4%)	6 (22.2%)	25 (9.9%)	64 (6.9%)
<b>Third-line or higher</b>				
<i>Patients with this line as earliest line of CDK4/6 use</i>	823 (27.7%)	22 (25.9%)	228 (29.5%)	801 (27.8%)
Top 3 agents in line				
Fulvestrant, palbociclib	324 (39.4%)	9 (40.9%)	94 (41.2%)	315 (39.3%)
Letrozole, palbociclib	263 (32.0%)	7 (31.8%)	60 (26.3%)	256 (32.0%)
Palbociclib	33 (4.0%)	0	6 (2.6%)	33 (4.1%)
Top agents in baseline (prior line)				
Fulvestrant	149 (18.1%)	1 (4.5%)	29 (12.7%)	148 (18.5%)
Everolimus, exemestane	68 (8.3%)	2 (9.1%)	20 (8.8%)	66 (8.2%)
Letrozole	60 (7.3%)	2 (9.1%)	13 (5.7%)	58 (7.2%)



**Table 2** continued

Line of therapy	Full CDK4/6 mBC cohort (N = 2968)	Patients with gBRCAm (n = 85)	Patients with gBRCAwt (n = 774)	Patients with gBRCAwt or gBRCA unknown (n = 2883)
Capecitabine	48 (5.8%)	0	15 (6.6%)	48 (6.0%)
Anastrozole	44 (5.3%)	2 (9.1%)	11 (4.8%)	42 (5.2%)
Paclitaxel	37 (4.5%)	0	12 (5.3%)	37 (4.6%)

Cell entries show *n* (%)

(stratified by index line [sHR]) of 1.24, although the 95% CI crossed the null value (95% CI 0.96–1.59) (Fig. 2). However, TFST was significantly shorter for patients with gBRCAm compared to the combined gBRCAwt/unknown gBRCA group, with an sHR of 1.38 (95% CI 1.08–1.75) (Fig. 2). OS was significantly shorter for patients with gBRCAm than for those with gBRCAwt (sHR 1.50; 95% CI 1.06–2.14); it was also shorter for patients with gBRCAm than for those with gBRCAwt/unknown gBRCA status but the difference did not meet statistical significance (sHR 1.22; 95% CI 0.88–1.71) (Fig. 3). None of the demographic or clinical characteristics met the criteria to be included in the final multivariate analysis models for TFST or OS.

## DISCUSSION

This study examined a retrospective cohort of patients with mBC under routine clinical practice in the Flatiron Health database. Of 2968 patients with HR+/HER2– mBC receiving a CDK4/6 inhibitor, gBRCA status was known for nearly 30%. Of those with a known status, about 10% were gBRCAm. Patients most commonly received letrozole + palbociclib or fulvestrant + palbociclib as their initial line of therapy containing a CDK4/6 inhibitor.

Median TFST was slightly shorter in those with gBRCAm compared to gBRCAwt and the combined group, especially when the first use of a CDK4/6 inhibitor was during first-line therapy. When examining all lines of therapy, combined median OS was > 10 months longer in those with gBRCAwt and about 7 months longer in those with gBRCAwt/unknown status

compared to those with gBRCAm status. This effect was even more apparent when the initial line of therapy containing a CDK4/6 inhibitor was the first line, as median OS was approximately 2 years shorter for patients with gBRCAm compared to the group with gBRCAwt and the combined group.

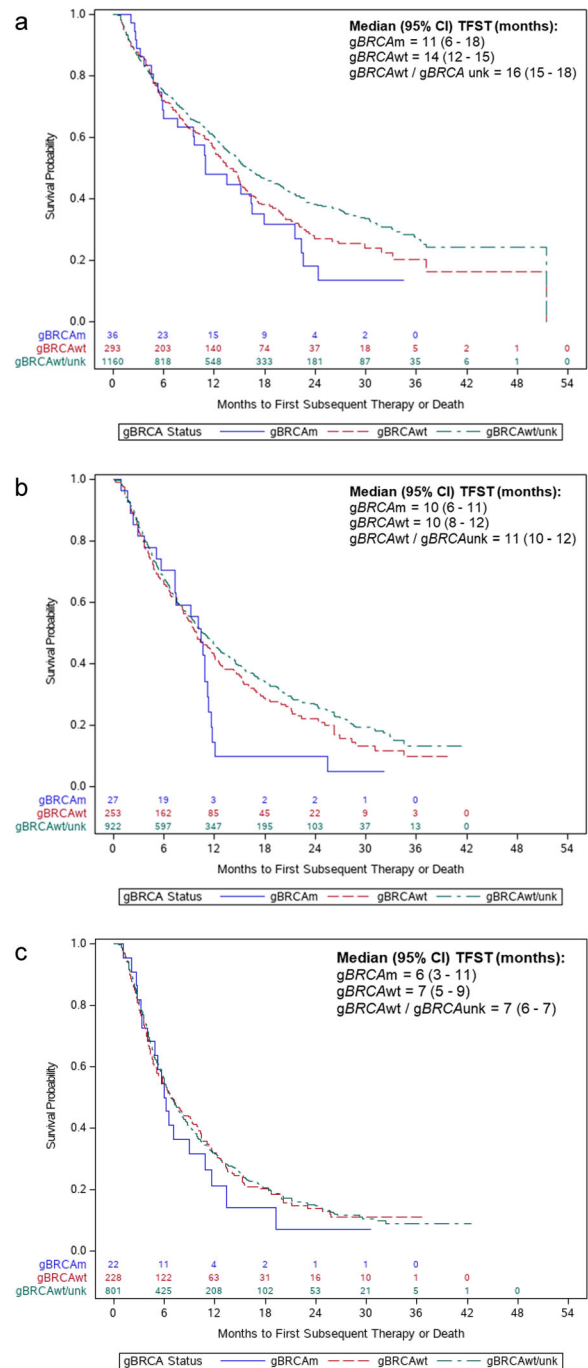
The goal of the current study was to address the evidence gaps surrounding the real-world treatment patterns and clinical outcomes of CDK4/6 inhibitor use in gBRCAm and gBRCAwt HR+/HER2– mBC. To date, studies of clinical outcomes after CDK4/6 therapy have typically not been stratified by gBRCA status. In one retrospective study of 411 patients with HR+ mBC, median PFS was 8.9 months for those receiving letrozole + palbociclib and 10.3 months for those receiving fulvestrant + palbociclib [37]. A recent pooled analysis examining the efficacy of adding CDK4/6 inhibitors to endocrine therapy in patients with HR+/HER2– advanced BC or mBC found a substantial benefit. Across all seven pooled trials, the difference in median PFS was 8.8 months in favor of the combination of endocrine therapy with a CDK4/6 inhibitor (range 6.8–13.3 months across studies; HR 0.59; 95% CI 0.54–0.64; *n* = 2616 patients) compared to endocrine therapy alone [31]. However, while this study demonstrated the overall effectiveness of CDK4/6 inhibitors, the results were not examined by gBRCA status.

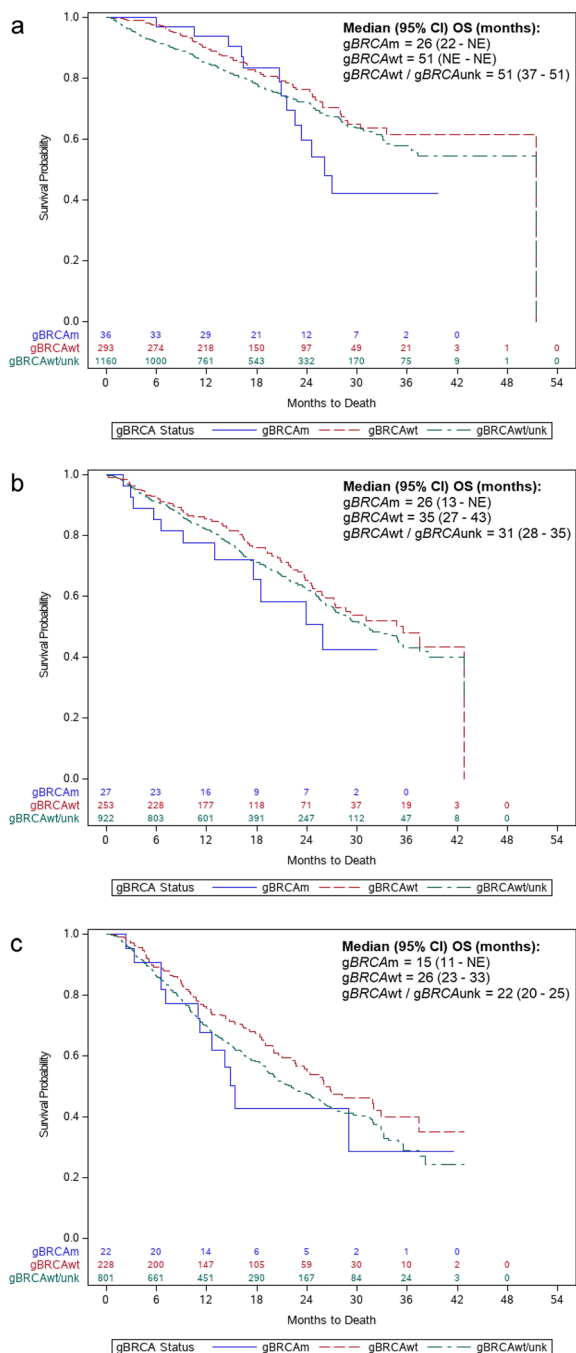
A recent study utilizing Flatiron Health data [38] estimated the median OS after mBC diagnosis in patients with HR+/HER2– gBRCAm to be 38.0 months. The present study’s lower median OS in patients with gBRCAm

**Fig. 2** Time-to-first subsequent therapy by *gBRCA* status ▶ from start of CDK4/6 as first-line therapy (a), from start of CDK4/6 as second-line therapy (b), and from start of CDK4/6 as third-line or higher therapy (c). 95% CIs were calculated using the Brookmeyer–Crowley method. *CI* Confidence interval, *gBRCA* germline *BRCA*, *gBRCAm* germline *BRCA* mutation, *gBRCAwt* germline *BRCA* wild type, *TFST* time-to-first subsequent therapy, *unk* unknown

(26.0 months) reflects survival only among patients treated with CDK4/6 inhibitors, with the patients followed from the start of that therapy, which in many cases was not the first line after mBC diagnosis. In addition, the prior study required at least one follow-up visit for patients to enter the outcome analyses, which may have biased survival upward by dropping patients who died after diagnosis without having another visit.

The analyses in the current study were carried out using data recorded in a collection of EHR systems. As expected with real-world data, some elements were underreported or missing. Progression information was not available; we used TFST as a proxy, which is not an accurate substitute for progression. Caution must be used in particular when comparing to PFS from clinical trials, where scans are done at consistent intervals across patients. TFST was censored at the last activity date for patients without the outcome; patients potentially could have moved to a different oncology clinic and received treatment that does not appear in the database. The mortality data may be incomplete, although a recent study examining the impact of missing death data on survival analyses by comparing data from the Flatiron Health database and the National Death Index (as a gold standard) showed high sensitivity (91%) in the Flatiron-derived cohort [39]. Information on surgery, radiation therapy, and other services received in hospitals was unavailable, as was pharmacy dispensing information. Lines of therapy were derived from information in the EHR using a rule-based algorithm, but this information may be inaccurate or incomplete as its accuracy depends on





**Fig. 3** Overall survival by *gBRCA* status from start of CDK4/6 as first-line therapy (a), from start of CDK4/6 as second-line therapy (b), and from start of CDK4/6 as third-line or higher therapy (c). 95% CIs were calculated using the Brookmeyer–Crowley method. *NE* Not estimated, *OS* overall survival

complete treatment documentation [36]. Information on treatment received prior to the metastatic setting was not available. Secondary tumors may have been erroneously assigned primary tumor codes, leading to an overestimation of a history of cancer other than BC prior to or on the index date. Comparisons between *gBRCA* groups were complicated by the fact that there are differences between the groups aside from just their *gBRCA* status. We attempted to adjust for this confounding by known factors that could be identified in the data, but unknown or residual confounding may exist.

In real-world clinical practice, a minority of patients with HR+ BC undergoes *BRCA* testing, likely in cases where a *BRCA* mutation is suspected. As only 31% of patients (929 of 2968) in the current study were tested, and *gBRCAm* is relatively rare, we expect that the group with an unknown status is more characteristic of patients with *gBRCAwt*. However, some differences were observed in the baseline characteristics (e.g., age and stage at initial BC diagnosis) between the patients with *gBRCA* of unknown status and those with *gBRCAwt*, likely reflective of testing guidelines. This raises the concern that the *gBRCAwt* population in the current study might be a biased sample of the larger *gBRCAwt* population. The group with unknown *gBRCA* status also likely includes some undiagnosed patients with *gBRCAm*, meaning that the *gBRCA* unknown group cannot be assumed to fully represent the *gBRCAwt* population. However, as *gBRCAm* is rare (approximately 2–8% [10, 11] of all HR+ BC), the impact of this will be minimal on the results. The outcomes for those with *gBRCAwt* and the group with unknown *gBRCA* status are largely similar, which provides evidence for the validity of the results for patients with *gBRCAwt*.

The Flatiron Health database represents a large convenience sample of outpatient oncology practices in the USA that use EHR systems. While this sample may not represent all oncology practice sites within the USA, these data are expected to be generalizable to US populations with mBC who meet the study selection criteria and who are treated in oncology clinics. Information in the Flatiron Health database on

treatments received in the oncology clinic and on OS are considered to have reasonable accuracy, allowing a valid look at real-world treatment patterns and survival outcomes among US patients with mBC.

## CONCLUSIONS

The results of this real-world study suggest that treatment outcomes with CDK4/6 inhibitors may be worse in patients with gBRCAm compared to those with gBRCAwt disease. Patients with gBRCAm on CDK4/6 therapy had a shorter TFST and OS time than those with gBRCAwt and unknown gBRCA status. These findings indicate a higher unmet need among patients with gBRCAm.

This study is one of the first to examine OS and TFST by gBRCA status following treatment with CDK4/6 inhibitors in a real-world setting. If BRCA testing increases in clinical practice, which may occur with the availability of treatments targeting this mutation, further real-world studies can be conducted using larger samples with improved generalizability to a broader population of CDK4/6-treated patients with and without the gBRCA mutation.

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**Disclosures.** Authors Kimmie K. McLaurin, Tapashi B. Dalvi, and Josefa M. Briceno are employees of and own stock for AstraZeneca Pharmaceuticals, LP (Gaithersburg, MD, USA). Susan C. McCutcheon and Charles McCrea are employees of and own stock for AstraZeneca (Cambridge, UK). James C. Bennett was a contractor for AstraZeneca during the time of the analysis (Cambridge, UK). Puneet K. Singhal and Reshma Shinde are employees of and own stock for Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Kenilworth, NJ, USA. Jenna M. Collins, Beth L. Nordstrom, and Brian R. Murphy are employees of Evidera, a healthcare research firm that provides consulting and other research services to pharmaceutical, device, government, and non-government organizations. In their salaried positions, they work with a variety of companies and are explicitly precluded from accepting any payment or honoraria directly from them for services rendered.

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Act (HIPAA) of 1996. The study used only de-identified patient records and, therefore, was exempted from Institutional Review Board approval. Informed consent was not required as this was not an interventional study, and routinely collected, anonymized data were used.

**Data availability.** The datasets generated during and/or analyzed during the current study are not publicly available as individual data cannot be shared, per HIPAA.

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