**TECHNICAL PAPER**



# **Design and analysis of rehabilitation hand based on segmented multi‑chamber actuator**

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#### **Abstract**

The soft rehabilitation hand has become a research hotspot in the feld of robotics due to its good environmental adaptability and coupling safety. To make the soft rehabilitation hand have a large degree of freedom and strong driving force, as well as being comfortable and lightweight to wear, this paper designs a segmented multi-chamber actuator soft rehabilitation glove based on the principle of bionics. The actuators of diferent fnger types and bone segments, which are also various in shape and size, are assembled in parallel to realize diverse movement forms of fngers. The motion deformation mechanism of the rehabilitation hand is studied, and the driving efect of the soft fnger is analyzed with the help of ABAQUS fnite element analysis software. 3D printing technology and pouring molding technology were used to make segmented soft rehabilitation fnger physical prototype. The accuracy of the simulation model was verifed by comparison and analysis of simulation data and experimental data. Simultaneously driving three brake joints through a rehabilitation single fnger from 0 to 60 kPa, the motion trajectory and bending angles were tracked. A comparative analysis between simulation data and experimental data was conducted to validate the accuracy of the simulation model.

**Keywords** Soft robot · Segmented actuators · Rehabilitation glove · Finite element simulation

## **1 Introduction**

In recent years, evolving bionics and materials science have brought a whole new research direction to robotics. Traditional rigid robots are characterized by fast output speed, sufficient power, high accuracy, and mature technology  $[1, 1]$  $[1, 1]$  $[1, 1]$ [2](#page-8-1)], but they cannot pass through channels with dimensions

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smaller than their own or with complex shapes. Complex structures, poor adaptability, and expensive sensing materials make rigid robots more suitable for applications in structured environments [\[3\]](#page-8-2). Compared with rigid robots, soft robots have good fexibility, human–machine interaction, and relative safety, which makes bionic soft robots have excellent application prospects in key areas with high requirements for fexibility and safety of human–machineenvironment interaction, such as medical surgery, assisted rehabilitation, fragile body sorting, non-structural environment detection, and underwater operation [[4–](#page-8-3)[6\]](#page-8-4).

Among the flexible rehabilitation gloves, it contains use cord-driven rehabilitation gloves; smart materials and polymer-driven rehabilitation gloves; pneumatic-driven rehabilitation gloves, etc. [[7](#page-8-5)]. Among them, cord-driven rehabilitation gloves still mainly consist of rigid structures, while materials such as polymers are less efective in the control part compared to pneumatic rehabilitation gloves. The rehabilitation glove, designed by the University of Toronto in 2020 [\[8\]](#page-8-6), mimics a tendon-driven approach that uses a battery-driven linear motor to drive the fexion and extension of the fnger. The device integrates the drive system and control system in one, and the glove opens in a

folded manner for easy donning, with the disadvantage of being heavy and not conducive to fnger movement. The exoskeletal rehabilitation glove, designed by Chen Jian of South-east University [\[9](#page-8-7)], has a silicone rubber airbag as the actuator to achieve fexion and inversion movements and a TPU nylon composite fabric airbag as the actuator to achieve extension movements, which takes up a little area in the uninfated state and is therefore mounted on the inside of the glove and secured with velcro and straps. This rehabilitation exoskeleton device is highly adaptable and can help patients to perform a variety of rehabilitation exercises with more freedom of movement and better joint fexibility. The exoskeleton glove designed by the Tokyo Institute of Technology in Japan in 2020 can assist people to play the piano better [\[10](#page-8-8)]. Each of its fngers is driven by four pneumatic artifcial muscles to mimic the muscles and tendons in the physiological structure of the fngers. It not only controls fnger movements but also enables more precise and rapid fnger movements by adjusting the stifness of each joint of each exoskeleton. In addition, the device can be driven at high frequencies, up to 10 Hz for a single finger. The incorporation of a braking system is a pivotal stage in the design of soft rehabilitation hands, particularly within the realm of rehabilitation hand design. The utilization of internally soft devices (ISDs), driven by fuid pressure, is employed for crafting actuators in soft robotic systems. These actuators encompass internal fuid channels, expanding and inducing motion in response to heightened fuid pressure [\[11](#page-8-9)]. The McKibben pneumatic artifcial muscle (PAM) has been judiciously chosen as the braking system. This choice empowers the soft robotic glove to furnish efective hand rehabilitation support for stroke patients [\[12](#page-8-10)].

The existing soft body rehabilitation hand is expensive, complex in structure, not fexible enough, and has little driving force, which limits the application in hand rehabilitation training. To address the above problems, this paper designs a new soft bionic wearable rehabilitation hand with a segmented pneumatic grid structure, and conducts the analysis of the deformation mechanism, simulation, and experimental study of single fnger bending motion for the designed soft rehabilitation hand.

#### **2 Bionic mechanism of rehabilitation gloves**

To achieve better fnger rehabilitation training, the design of the soft rehabilitation hand structure must conform to the human fnger structure and movement rules. The human hand is composed of multiple bones connected by joints and has multiple degrees of freedom [\[13](#page-8-11)]. The human hand skeleton is shown in Fig. [1](#page-1-0) [\[14\]](#page-8-12). The four fingers, except the thumb, consist of the proximal phalanx (PP), the middle phalanx (MP), the distal phalanx (DP) and the distal



<span id="page-1-0"></span>**Fig. 1** Schematic diagram of the human hand skeleton

interphalangeal joint (DIP), the proximal interphalangeal joint (PIP), and the metacarpophalangeal joint (MCP). The thumb consists of the proximal phalanx (PP), the distal phalanx (DP), the interphalangeal joint (IP), the metacarpophalangeal joint (MCP), and the carpometacarpal joint (CMC). The metacarpophalangeal joint of the human hand has two degrees of freedom, allowing for bend/stretch and adduction/abduction movements in the horizontal plane, where bend and stretch movements refer to the fist clenching and extension movements of the human hand. Abduction of the thumb occurs mainly at the CMC joint; thus, the adduction/abduction freedom at the MCP joint of the thumb can be ignored [[15](#page-8-13)]. The proximal and distal joints have only one degree of freedom for bending and stretching, which are achieved through independent or coupled movements of each joint. According to the reference [[16\]](#page-8-14), the average value of the range of motion of each joint of the human fnger is shown in Table [1](#page-2-0), which is the average value of the angle of motion of the joints in normal adults.

In the design of the rehabilitation hand, the range of motion of the fnger joints of the human hand needs to be fully considered. From the perspective of rehabilitation training, it is necessary that the rehabilitation mechanism can provide as large a range of motion as possible, but not more than the range of motion of the fnger joints shown in Table [1;](#page-2-0) otherwise, it may cause damage to the patient's hand [[17\]](#page-8-15). Since the range of motion of the abduction/adduction degrees of freedom of the metacarpophalangeal joints of the four fngers in the daily grasping behavior of the human hand is small according to Table [1](#page-2-0), this degree of freedom can be ignored during the training period, considering the modular design of the mechanical structure and the treatment needs

Finger area	Finger joints	Degree of freedom	Mode of motion	Range of motion $(°)$
Thumb	IP	1	Bend and stretch	$0 - 80$
	<b>MCP</b>		Bend and stretch	$0 - 70$
	<b>CMC</b>	2	Bend and stretch	$0 - 70$
			Adduction/abduction	$0 - 20$
the remaining four	<b>DIP</b>		Bend and stretch	$0 - 80$
	<b>PIP</b>	1	Bend and stretch	$0$ to $110$
	<b>MCP</b>	2	Bend and stretch	$-20$ to 80
			Adduction/abduction	$-20$ to 20

<span id="page-2-1"></span>**Table 2** Finger joint diameters and corresponding fnger knuckle lengths for adults in China (mm)

<span id="page-2-0"></span>**Table 1** The range of motion of the human hand joints

> MCP PP PIP MP DIP DP Thumb 26–29 45–55 16–18 20–35 14–17 28–33 Index fnger 23–26 43–50 15–17 24–30 12–15 23–26 Middle fnger 24–27 44–51 16–18 25–31 13–16 24–27 Ring fnger 23–26 43–50 15–17 24–30 12–15 23–26 Little thumb 21–23 27–42 12–15 23–26 10–11 21–24

of patients with hand motor defcits in clinical medicine [\[18\]](#page-8-16).

In addition to the need to consider the range of motion of the joints of the human hand, so that patients can achieve a large range of motion of the fnger joints during rehabilitation training, it is also necessary to consider the knuckle length of the fngers so that the device can be applied to diferent sizes of hands as much as possible. Therefore, it is necessary to obtain a set of reference data that can refect the range of human knuckle length. According to reference [\[19](#page-8-17)], the diameters of adult fnger joints and the corresponding knuckle lengths are shown in Table [2.](#page-2-1)

## **3 Overall structural design and deformation mechanism of rehabilitation hand**

The pneumatically actuated segmented soft rehabilitation hand was designed based on the biological structure and motion characteristics of the human hand as shown in Fig. [2.](#page-2-2) The hand consists of various types of phalangeal actuators and cartilaginous joints, which are fxed to a soft knitted glove. Each segment of the phalangeal actuator can be fexed and extended with one degree of freedom under pneumatic actuation. With the linkage of the cartilage joint, the thumb rehabilitation fnger is driven by two degrees of freedom through MCP actuator and DIP actuator, and the other four fngers are driven by three degrees of freedom through MCP actuator, PIP actuator, and DIP actuator. The total degree of freedom of the rehabilitation glove reaches 14, which can



<span id="page-2-2"></span>**Fig. 2** Overall diagram of rehabilitation gloves

complete the reproduction of diversifed gestures for people with impaired hand function.

#### **3.1 Design of the actuator**

The soft actuator adopts the form of a multi-chamber pneumatic grid structure and pneumatic drive mode. According to the bionic principle and fnger structure, the height of the actuator decreases in order, and the top is semi-circular, the soft actuator consists of an air cavity, air pathway, and stoma, the actuator structure is shown in Fig. [3.](#page-3-0) The gas is fed into the air pathway through the stoma, so that the internal chamber of the actuator structure expands under the



<span id="page-3-0"></span>**Fig. 3** The schematic of the actuator structure

<span id="page-3-1"></span>**Table 3** The structural dimension parameter of the actuator

Parameter	Numerical value/mm
Width of chamber	1.25
Cavity wall thickness	1.25
Air cavity gap	1.5
Cavity top thickness	2
Radius of the top circle of the chamber	6
Stoma radius	0.5
Width of air pathway	8

action of air pressure and generates a torque to achieve the bending effect and realize the driving effect of the actuator.

According to the human hand bionic principle, the fngers from the fngertip to the palm end from fne to coarse, through measuring a large number of diferent people's fnger thickness data and analysis and summary, the design of adjacent air cavity height diference of 0.5 mm. The length of the driver is determined by the number of air cavities of the driver to a certain extent; the structure of the driver size parameters are shown in Table [3](#page-3-1).

#### **3.2 Single fnger design**

Due to the varying lengths and bending angles of the fngers, diferent numbers of air chambers are used in the design of each part of the rehabilitation fnger actuator. The thumb is composed of a six-chamber actuator and a fve-chamber actuator. The little fnger is composed of a fve-chamber actuator, a four-chamber actuator and a three-chamber actuator. The index fnger and ring fnger are formed by a combination of a six-chamber actuator, a fve-chamber actuator, and a three-chamber actuator. The middle fnger is a combination of a six-chamber actuator, a five-chamber actuator, and a four-chamber actuator. Diferent actuators on each fnger are connected by soft joints. The shape of the soft joint is arch-shaped, and the material is high-density silicone, which plays a role in supporting and fxing the single fnger, and at the same time has certain toughness and deformation when the single fnger is bent and can ft the fnger joint bending



<span id="page-3-2"></span>**Fig. 4** Diagram of the diferent single fngers of the rehabilitated hand: **a** thumb rehabilitation finger, **b** little finger rehabilitation finger, **c** rehabilitation fnger of index and ring fnger, and d rehabilitation fnger of middle fnger



<span id="page-3-3"></span>**Fig. 5** Schematic diagram of the deformation of the sidewall of the air chamber of the actuator

for a certain degree of extension. The end of the rehabilitation single fnger is designed as a dentate nail, which helps to increase friction when gripping things and is less likely to slip. The design of the rehabilitation fnger structure adopts the parallel assembly of multiple drivers, so that a single driver drives a single bone joint of the fnger and fnally realizes the independent driving efect on each part of the fnger. The single fnger structure is shown in Fig. [4](#page-3-2).

## **3.3 Rehabilitation of fnger deformation mechanism**

The lateral wall is simplifed as an infated elastomer rectangular membrane with the size of  $2a \times 2b \times t$  and four edges clamped, as shown in Fig. [5.](#page-3-3) Its deformed profle is assumed to be a surface expressed by  $z = hf(x/a)f(y/b)$ , where h is the bulge height and  $f(\tau)$  is called the profile function. Based on that, the displacement feld u is provided by Eq. [\(1](#page-4-0)). Then, the total strain energy E is calculated through Eqs. ([2\)](#page-4-1) and [\(3](#page-4-2)), according to the second-order Yeoh's theory of hyperelasticity

$$
u = [0, 0, hf(x/a)f(y/b)]^{T}
$$
 (1)

$$
I_1 = tr \left[ \left( I + \frac{\partial u}{\partial x} \right) \left( I + \frac{\partial u}{\partial x} \right)^T \right] \tag{2}
$$

$$
E = \int_{-t/2}^{t/2} \int_{-b}^{b} \int_{-a}^{a} C_1 (I_1 - 3) + C_2 (I_1 - 3)^2 \, \mathrm{d}x \, \mathrm{d}y \, \mathrm{d}z \tag{3}
$$

where  $x = (x, y, z)^T$  is the coordinate.*I* is the identity matrix of  $3 \times 3$ .  $I_1$  is the first strain invariant.  $C_1$  and  $C_2$  are coefficients determined by the hyperelastic material properties.

Based on Eq. ([3\)](#page-4-2), total strain energy *E* of the infated membrane is fnally expressed by Eq. [\(4](#page-4-3)), which is directly related to the bulge height *h*

$$
E = 4C_2[A_0A_1(r^2 + 1/r^2) + 2C^2]h^4t/s
$$
  
+ 4C\_1B\_0B\_1 (r + 1/r)h^2t (4)

where

$$
A_0 = \int_0^1 [f(\tau)]^4 d\tau, A_1 = \int_0^1 [f'(\tau)]^4 d\tau,
$$
  
\n
$$
B_0 = \int_0^1 [f(\tau)]^2 d\tau, B_1 = \int_0^1 [f'(\tau)]^2 d\tau,
$$
  
\n
$$
C = \int_0^1 [f(\tau)]^2 [f'(\tau)]^2 d\tau
$$
\n(5)

are constant only determined by the profile function  $f(\tau)$ . s =  $ab$  and  $r = b/a$  are the quarter area and aspect ratio of the membrane, respectively. To associate the infating pressure *P* with the bulge height *h*, the principle of virtual work is used, i.e., Eq. [\(6](#page-4-4)). The left-hand side is virtual change of the total strain energy concerning to the bulge height and the right-hand side is virtual work done by the infating pressure

$$
[dE(h)/dh]\delta h = P[dV(h)/dh]\delta h \tag{6}
$$

$$
P = [4C_2/D^2] [A_0 A_1 (r^2 + 1/r^2) + 2C^2] h^3 t/s^2 + kh \tag{7}
$$

where  $k = [2C_1B_0B_1/D^2](r + 1/r)t/s$  and

$$
P = [4C_2/D^2] [A_0 A_1 (r^2 + 1/r^2) + 2C^2] h^3 t/s^2
$$
 (8)

To determine the constants  $A_0$ ,  $A_1$ , C, and D in Eq. ([8\)](#page-4-5) according to Eq.  $(5)$  $(5)$ , we need to select an appropriate profile function  $f(\tau)$ . Generally,  $f(\tau)$  should comply with actual deformation of the membrane as follows:

1.  $f(\tau)$  is defined and monotonically decreases in the range  $\tau \in [0, 1]$ ;

- <span id="page-4-0"></span>2. Maximum deformation occurs at center:  $f(0)=1$ ;
- 3. Clamped edges are stationary:  $f(1)=0$ ;
- 4. Membrane is smooth at center:  $f'(0)=0$ .

<span id="page-4-2"></span><span id="page-4-1"></span>To simplify the calculation, a parabolic profle function  $f(\tau) = 1 - \tau^2$  is selected. Then, the constants are calculated according to  $f(\tau)$ , which results in  $A_0 = 0.406$ ,  $A_1 = 3.2, C = 0.305, D = 0.667$ . The material coefficients  $C_1$  and  $C_2$  for the elastomer have been determined by tension testing with rubber testing machines according to the standard ASTMD412 and then curve ftting, which results in  $C_1$ =0.125 and  $C_2$ =0.0075. Finally, by substituting these constants into equation Eq. [\(8](#page-4-5)), the relationship between the pressure inside the chamber and the deformation height can be found.

## <span id="page-4-3"></span>**4 Rehabilitation fnger simulation analysis and experimental validation**

#### **4.1 Rehabilitation fnger movement simulation analysis**

<span id="page-4-6"></span>The motion simulation analysis of the rehabilitation fnger can efectively check the structural rationality. The fnite element simulation of the fuid cavity domain of the hyperelastic model of the three-dimensional model of the fnger is carried out by ABAQUS software to analyze the force and deformation of diferent fngers. By changing the internal pressure of each drive cavity of the rehabilitation fnger, the effect of motion deformation of the model under different pressure conditions is realized. The specifc simulation process is as follows. First, the fnger 3D model is imported, then the material properties of the assembly parts are defned, then the loads and boundary conditions are set, followed by the analysis step and force feld output, then the fuid properties and interaction relations are input, then the meshing is performed, then the model is solved, and fnally, the post-processing and the results are reported.

<span id="page-4-5"></span><span id="page-4-4"></span>According to the design requirements of the rehabilitation fnger, the Yeoh model is selected to defne the material properties of the actuator, and the binding constraint is set between the actuator and the soft joint, the contact surface of the actuator is set as the slave surface, the soft joint connection surface is set as the master surface, and the rest of each actuator cavity wall adopts the self contact interaction type. The cavity point and fuid cavity are set in the actuator's cavity body, and the bending deformation of the rehabilitation fnger model is solved using the input of diferent pressure values. The boundary condition of the metacarpal end is set to full constraint. The mesh is divided into a hexahedral structure with a global seed layout size of 1.2. The internal cavity of the actuator's has a complex structure, so the mesh is divided into a tetrahedral structure with a global seed layout size of 0.6, which ensures that the slave surface mesh is fner than the main surface mesh. The job is submitted for solving. The actuators material parameters are shown in Table [4.](#page-5-0)

#### **4.2 Production of rehabilitation fngers**

In the process of rehabilitation fnger fabrication, the soft actuators and soft joints were fabricated separately by casting method. Because the number of air cavities in diferent parts of the actuator difers, each actuator mold is not designed with the exact same structure. The molds were designed separately according to the structure of the soft joints. All molds were molded by a 3D printing process using a resin material. During the casting and molding process, a thermostat was used at a temperature of 62 °C for about 4 h in order to accelerate the solidifcation of the silicone into the mold. Silicone glue was used to bond the contact surface between the casted actuator and the fexible joint, and the rest of the four fngers of the rehabilitation fnger prototype were assembled in the same way as above (Fig.  $6$ ).

#### **4.3 Construction of an experimental platform for rehabilitation fnger movements**

After completing the fnite element simulation for rehabilitating fngers, a single fnger motion experiment platform was established to verify the correctness of the simulation, as shown in Fig. [7.](#page-5-2) Taking the index fnger as an example, a highspeed camera system was used to measure the bending angle of the rehabilitated single fnger under diferent pressures, test the characteristics of the soft actuator, and experimentally analyze the three-joint motion process of the rehabilitated fnger. In the construction of the rehab fnger bending experiment platform, the lens was installed on the camera; then, the camera was fxed on a tripod, and the high-speed camera circuit was connected. By adjusting the tripod to keep the camera lens in a good position with the rehab fnger, the rehab fnger was positioned in the center of the image.

During the measurement process, high-pressure gas was output through the air pump and regulated to the specifed pressure by a precision pressure reducing valve. From 10 to 60 kPa, the pressure was successively output to the rehab fnger. After the rehab fnger was stably bent and deformed under the specifed pressure, the high-speed camera was used to record the bending trajectory of the rehab fnger. The angle measurement function on the display screen was used to read

<span id="page-5-0"></span>**Table 4** Material parameters of the actuator

Hyperelastic material model coefficients	. C		
Numerical value	0.125	0.0075	



<span id="page-5-1"></span>**Fig. 6** The process of making rehabilitation fngers

and record the bending angle value of the rehab fnger at that pressure.

To verify whether the driving force generated by a fngerlike actuator meets the requirements of human fnger movements, it is necessary to test the output force of the actuator. The experimental platform consists of a computer, a pressure sensor, a fnger-like actuator, a fxed seat, and a signal amplifer. In the process of measuring the output force of the actuator, the pressure sensor and the soft actuator are installed inside the fxed seat, and the bottom of the soft actuator is brought into close contact with the pressure sensor. When pressure is applied to the soft actuator, a driving force is generated at the end of the soft actuator, which acts on the pressure sensor. At this time, the sensor converts the force into a corresponding electrical signal, which is amplifed by the signal amplifer and transmitted to the computer through a connecting line. The computer reads and processes the collected pressure data through specifc software. During the measurement, the output force data of the actuator under diferent pressures are obtained by adjusting the pressure relief valve to obtain diferent driving force data generated by the soft actuator under diferent pressures, which are then analyzed (Fig. [8](#page-6-0)).



<span id="page-5-2"></span>**Fig. 7** The experimental platform for rehabilitating fnger movements



**Fig. 8** The test platform for actuator drive: 1. computer, 2. fxed seat, 3. pressure sensor, 4. fnger-like actuator, and 5. signal amplifer

<span id="page-6-0"></span>

<span id="page-6-1"></span>**Fig. 9** Bending angle comparison between simulation and prototype experiments at typical air pressure values

## **4.4 Simulation and experimental comparison of rehabilitative fnger movements**

Comparing the experimental results of the rehabilitation fnger motion with the simulation results, as shown in Fig. [9,](#page-6-1) it can be seen that the three joints are infated simultaneously and there is a head-to-tail connection of the soft actuator. The motion trajectory of the rehabilitation single fnger driving three joints simultaneously from 0 to 60 kPa and the bending angle was recorded, and the results are shown in Figs. [10](#page-6-2) and [11.](#page-6-3) The simulation results can better simulate the experimental motion process and conform to the motion characteristics of the human hand when clenching a fist, which can realize the hand motion rehabilitation as well as the auxiliary motion function. The fngertip position gradually bends near the metacarpal joint as the air pressure increases, forming a similar polygonal fist shape. The



<span id="page-6-2"></span>**Fig. 10** The motion trajectory of a single fnger



<span id="page-6-3"></span>**Fig. 11** Comparison of single fnger bending angle between motion simulation and prototype experiment

bending angle of the single fnger increases with the increase of air pressure and is limited by the elasticity of the silicone rubber material itself, the bending rate increases frst and then decreases during the process of increasing pressure, and the bending angle recorded in the experimental data is slightly smaller than the bending angle of the simulation results, because the simulation is in an ideal state, ignoring the gravity of the rehabilitation single fnger itself and other external factors. Finally, as shown in Table [5,](#page-7-0) a comparison of the analysis of bending angles with similar literature reveals that the bending angles of the rehabilitation fnger designed by us can achieve satisfactory results.

By analyzing the driving force experimental data, the results are shown in Fig. [12.](#page-7-1) In the output pressure detection experiment of the rehabilitation glove actuator, the drive

	Fabrication	Pressure (kPa)	Angle
Our design	Silicone	60	$250^\circ$
Ref. [20]	Silicone rubber	60	$200^\circ$
Ref. [21]	Silicone	60	$40^{\circ}$
Ref. [22]	Hyperelastic sili- $cone + Fiber$	60	$90^{\circ}$
Ref. [23]	RTV silicone	60	$30^{\circ}$

<span id="page-7-0"></span>**Table 5** Similar literature on analysis of bending angles

pressure shows a certain linear trend with the increase of air pressure, and the more air cavities there are at the same pressure, the greater the drive force. When the pressure is small, the diference in driving force produced by diferent air cavities of the actuator is smaller. In the experimental process, the actuator with a number of air chambers of 3 will swell when the pressure exceeds 100 kPa, and the maximum bearing pressure is 100 kPa.

## **4.5 Rehabilitation hand‑assisted grasping experiment**

The gripping action of fngers plays a pivotal role in facilitating fundamental activities in daily life, such as writing, drinking, eating, and object manipulation. To assess the rehabilitative hand's performance in grasping capabilities, experimental tests were conducted using representative objects, as illustrated in Fig. [13](#page-7-2). The rehabilitative hand adeptly engages in a fve-fnger grasp to seize larger objects, maintaining a relaxed state in both fngers and muscles. Propulsive force transmitted through the dorsal side of the fngers during pressurization provides output force. Through



<span id="page-7-1"></span>**Fig. 12** The relationship between pressure and driving force of diferent number of cavity actuators



<span id="page-7-2"></span>**Fig. 13** The items grasped after wearing the rehabilitative hand: **a** and **b** represent schematic diagrams of holding the object and **c**–**f** represent schematic diagrams of grasping the object

assisted gripping, the rehabilitative hand demonstrates stable manipulation of objects with varying weights, including irregularly shaped items such as remote controls and tape measures. For smaller and lighter items like USB drives, glue, staples, and pens, the rehabilitative hand employs a fexible range of motions, achieving two-fnger pinch, threefnger grasp, and fve-fnger envelopment. This versatile approach meets the demands of intricate actions in daily life.

## **5 Conclusion**

In this paper, a pneumatically driven segmented multidegree-of-freedom soft rehabilitation glove is designed and produced to help patients with hand dysfunction to perform fnger rehabilitation exercises. The overall mechanism is designed to be lightweight, and the inherent softness of the soft material makes the whole mechanism more comfortable and convenient to wear. The entire structure of the rehabilitation glove can also drive the single joint of the fnger while achieving the driving efect of the fnger, which is more conducive to the realization of subtle fnger manipulation. The following conclusions were reached during the study of the soft rehabilitation glove.

- (1) The individual finger assembly relationship is expressed, the size of each joint skeleton of the rehabilitation fnger is determined, and the feasibility of the structure is verifed by fnger prototype experiments.
- (2) Based on the deformation analysis of the rehabilitation hand, fnite element simulation analysis of the rehabilitation fnger motion was performed and compared with the experimental results of fnger bending. The comparison results showed that the trajectory of the single fnger bending motion was in accordance with the motion characteristics of the human hand, and

the error between the experimental data and simulation results of the bending angle was small. The driving force experiment can understand the relationship between the pressure of diferent air cavity actuators and the driving force, which shows the potential of this soft body actuator in hand rehabilitation.

**Author contributions** Huadong Zheng and Wei Bai conceived and designed the study. Wei Bai and Linxiao Liu performed the experiments. Caidong Wang wrote the paper. Huadong Zheng, Caidong Wang, and Xinjie Wang reviewed and edited the manuscript. All authors read and approved the manuscript.

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## **Declarations**

**Conflict of interest** The authors declare no competing interests.

**Ethical approval** This manuscript does not contain any studies with human participants or animals.

**Consent to participate** All the authors provided their consent.

**Consent for publication** All the authors have read and agreed to publish this manuscript.

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