EXPERT REVIEW

PET probes for imaging pancreatic islet cells

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Abstract

Purpose PET can detect very low concentrations of the probes at subpicomolar range in the target tissue with high sensitivity. The development of PET probes for imaging pancreatic islet cells depends on several key elements: the amount of target receptors in the beta cells; the target specificity and the target tissue delivery. This review summarized the latest developments of PET probes which are targeting proteins including GLP-1, VMAT2, GPR44, antigen, glucokinase and reporter genes in the beta cell for imaging pancreatic islet cells.

Methods A survey of the literature was performed to select the articles focusing on the development of PET probes for proteins targeting in the beta cell. Since PET probe development for imaging pancreatic islet cells is a narrow research

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feld, the literature survey comprised of those articles published from 1993 when frst probe C-11 DTBZ was synthesized to 2017 in English journals. In-111 SPECT probes are included for comparison study.

Results A selection of 97 papers were identifed following the literature review. The probes covered tritium-3-, carbon-11-, fluorine-18-, gallium-68-, copper-64- and indium-111 (for SPECT)-labeled radioligands. The PET imaging studies with the probes have been evaluated for in vitro, ex vivo, preclinical and clinical applications. Some issues of targeting probes have been addressed to develop ideal non-invasive PET probes for imaging pancreatic islet cells. From the literature, a number of new probes have been developed in recent years to improve their biological profle such as higher specifc binding to target with lower nonspecifc binding to surrounding tissue, or optimal residence time in the subjects.

Conclusion PET imaging modality for imaging pancreatic islet cell especially beta cell provided high resolution, high sensitivity, and accurate quantifcation through the biodistribution, pharmacokinetics and target binding of tracers. The demand for new PET probes for preclinical and clinical investigations is increasing. This review gives comprehensive overview of noteworthy probes which are proteins targeting in beta cell. The review provides some future research directions for this emerging feld.

Keywords Positron emission tomography · Pancreatic islet cells · Diabetes · Imaging probes · Radiochemistry

Introduction

The pancreas mainly consists of two types of tissues: endocrine and exocrine. The endocrine tissue which constitutes

only 1–2% of pancreatic mass is scattered heterogeneously in islets of Langerhans. Islets are comprised of four cell types: alpha, beta, delta and pancreatic polypeptide (PP)-cells in which beta cells (β-cells) are most abundant and constitute approximately 50–80% of the islets [\[1](#page-13-0)[–4](#page-13-1)]. Insulin secreted by β-cell to adjust high blood glucose levels, and loss or destruction of beta cells causes diabetes. Diabetes mellitus (DM), a metabolic disorder which is characterized by high mortality hyperglycemia worldwide [\[5](#page-13-2)]. Two types of diabetes are distinguished based on diferent pathogenesis: Type 1 (T1D) or insulin dependent and Type 2 (T2D) or insulin resistant. Beta cell mass (BCM), which refer to as the collective β-cell numbers reduced signifcantly in both Type 1 and 2 diabetes patients compared to non-diabetic individuals. In T1DM, an autoimmune attack against pancreatic β-cells leads to a rapid loss of endocrine BCM; in T2DM, insulin resistance and β-cell dysfunction cause a progressive reduction of BCM ranging from 25 to 65% [\[6](#page-13-3)–[9\]](#page-13-4).

Functional loss of BCM is associated with both T1DM and T2DM. The information of human BCM during the progress of diabetes mellitus is mainly obtained from postmortem pancreatic biopsy studies. In vivo biopsies of the pancreas for determination of BCM in either healthy human or diabetic patients are unacceptable in clinical studies [\[10](#page-13-5)]. On the other hand, plasma measurements of β-cell function are not associated with the actual BCM [[11\]](#page-13-6). Therefore, there is a need to develop non-invasive imaging techniques for efectively evaluating pancreatic β-cells and early diagnosis of metabolic diseases such as T1DM and T2DM which are β-cell related. Currently a variety of imaging modalities such as MRI $[12-14]$ $[12-14]$ $[12-14]$, bioluminescence imaging $[15, 16]$ $[15, 16]$ $[15, 16]$ and nuclear imaging have been used to investigate β-cell diseases. PET is standing out to provide high resolution, high sensitivity, and accurate quantifcation by efective methodologies.

Overall, low abundance of β-cells in the pancreas imposes challenges to BCM imaging. PET can detect very low concentrations of the tracers at subpicomolar range in the target tissue with high sensitivity [\[17](#page-13-11)]. PET probes have been applied for direct measurement of BCM depending on several key elements such as the amount of target receptors in the β-cells, its target specificity and the target tissue delivery [\[18](#page-13-12)]. The advanced sensitivity and imaging technologies are also the approaches to achieve this goal [[19](#page-13-13)[–21](#page-13-14)]. To noninvasively image pancreatic BCM, probes should be able to bind specifcally to pancreatic β-cells. Probes targeting the proteins in β-cell include glucagon-like peptide 1 (GLP-1R), Type 2 vesicular monoamine transporters (VMAT2), G-protein-coupled receptor 44 (GPR44), antigen, glucokinase (GK), reporter genes, etc. [[22–](#page-13-15)[24\]](#page-13-16). This review summarized the recent developments of PET imaging probes for pancreatic islet cells especially β-cells, it provides comprehensive overview of probes targeting proteins in β-cell including H-3-, C-11-, F-18-, Ga-68-, Cu-64- and In-111 (for SPECT) labeled radioligands (Table [1\)](#page-2-0). The PET imaging studies with the probes cover in vitro, ex vivo, preclinical and clinical investigations. Nevertheless, the ideal PET probes for imaging pancreatic β-cells are yet to be developed.

GLP1‑targeting probes

Glucagon-like peptide 1 (GLP-1) is a potent glucosedependent insulin-tropic hormone, an endogenous incretin peptide which respond to nutrient ingestion to magnify insulin secreted from pancreatic β-cells by binding to the GLP-1 receptor [\[25](#page-13-17)]. Since GLP-1 is expressed highly on β-cells in the islets of Langerhans, it would be good for imaging pancreatic β-cell [\[26\]](#page-13-18). The GLP-1R is also important in glucose homeostasis as it is highly overexpressed in human insulinomas tumors derived from pancreatic β-cells $[27]$ $[27]$ $[27]$. Exendin-3 is a stable agonist of GLP-1R. Both 123 I-labeled GLP-1 and exendin-3 accumulated in rat insulinomas cell line RINm5F and can be potentially used for scintigraphic detection of insulinomas $[28]$ $[28]$ $[28]$. [Lys⁴⁰(DOTA)]-exendin-3 (Fig. [1\)](#page-2-1) was labeled with 68 Ga to investigate the targeting of insulinomas using in vitro insulinoma tumor cells (INS-1) by PET/CT with $[Lys^{40}(^{111}In-DTPA)]$ -exendin-3 as a reference for comparison [\[29\]](#page-13-21). After $[Lys^{40}(^{68}Ga-DOTA)]$ -exendin-3 was injected, subcutaneous INS-1 tumors at the hind limb of BALB/c nude mice can be visualized clearly on PET/CT images.

Exendin-4, a subcutaneously administered peptide drug has been used for treatment of T2D. It is the one of the incretin mimetics that exhibited strong glucoregulatory activity. Exendin-4 isolated from heloderma suspectum venom has a structural relationship and closely related properties to GLP-1. Exendin-4 is an exendin-3 analogue, but diferent from exendin-3, in which two amino acid substitutions are involved in internalization of receptor–ligand complex, $\text{Gly}^2-\text{Glu}^3$ in place of $\text{Ser}^2-\text{Asp}^3$. The structural diferences lead to exendin-4 distinct from exendin-3 in its bioactivity. Since then, a series of exendin-4-based radiopharmaceuticals as PET/CT and SPECT/CT probes were developed for GLP-1R targeting $[30-33]$ $[30-33]$. ¹¹¹Inlabeled $[Lys^{40}(Ahx-DTPA)NH₂]$ exendin-4 (Ahx = 6-aminohexanoic acid), $[Lys^{40}(Ahx-DOTA)NH₂]$ exendin-4, 99m Tc-labeled [Lys⁴⁰(Ahx-HYNIC/EDDA)NH₂]exendin-4 $(HYNIC = hydrazinonicotinamide, EDDA = ethylenedi$ aminediacetic acid) and ^{68}Ga -labeled [Lys⁴⁰(Ahx-DOTA) NH₂]exendin-4 demonstrated the promising pharmacokinetics, respectively. The imaging data showed they are suitable candidates for GLP-1R-targeting studies. The high specific uptake of $[Lys^{40}(Ahx-DTPA⁻¹¹¹In)NH₂]$ exendin-4 in the Rip1Tag2 tumor which is the tumor of the pancreatic β-cells with highly reproducible multistage

Table 1 Representative PET probes for imaging of pancreat islet cells

Probe targets	Probe name	Application	References
$GLP-1$	[Lys ⁴⁰ (⁶⁸ Ga-DOTA)]exendin-3	In vitro, preclinical	$\lceil 29 \rceil$
	$[Lys^{40}(Ahx-DTPA-111In)NH2]$	Preclinical, clinical	[30, 31]
	exendin-4	Preclinical, clinical	[32, 33]
	[Lys ⁴⁰ (Ahx-DOTA- ⁶⁸ Ga)NH ₂]	Preclinical	$\lceil 34 \rceil$
	exendin-4	Preclinical	$\left[35\right]$
	18 F-FREM-EM3106B	Preclinical	$\lceil 36 \rceil$
	${}^{18}F$ -FBEM-Cys ⁴⁰ -exendin-4	Preclinical	$\left[37\right]$
	¹⁸ F-AIF-NOTA	Preclinical	$\lceil 38 \rceil$
	${}^{18}F$ -FBA-exendin(9-39)	Preclinical	[39, 40]
	¹⁸ F-TTCO-Cys ⁴⁰ -Exendin-4	Ex vivo	[41]
	64 Cu-DO3A-VS-Cys ⁴⁰ -exendin-4	Preclinical	[42]
	64 Cu-Lys ⁴⁰ -DOTA-NH ₂ -exendin-4	Preclinical, clinical	$[43 - 45, 51]$
	⁶⁴ Cu-NODAGA-exendin-4	Clinical	[49, 50]
	⁶⁸ Ga-DO3A-VS-Cys ⁴⁰ -exendin-4 ⁶⁸ Ga-NOTA-exendin-4		
VMAT ₂	${}^{11}C$ -(+)-DTBZ	Preclinical, clinical	$[59 - 67]$
	¹⁸ F-fluoroepoxide-DTBZ	Preclinical	[68]
	${}^{18}F$ -FP- $(+)$ -DTBZ	Preclinical, clinical	$[69 - 73]$
	${}^{18}F$ -FE- $(+)$ -DTBZ	Preclinical	[74, 75]
	¹⁸ F-FE-DTBZ-d4	In vitro, preclinical	[76]
	64 Cu-CB-TE2A-(+)-DTBZ	Ex vivo	[77]
GPR44	$3H-AZD3825$	In vitro, preclinical	[79]
	${}^{11}C/{}^{3}H$ -AZ Compound X	In vitro	[80]
Antigen	111 In-DTPA-IC2	Preclinical	$\sqrt{821}$
	125 _{I-γ-G}	In vitro	[83]
Glucokinase	11 C-AZ12504948	Preclinical	[84]
Reporter genes	${}^{18}F$ -FHBG	In vitro, ex vivo	$[86 - 89]$

Fig. 1 Schematic structures of [Lys⁴⁰(DTPA)]-exendin-3 and [Lys⁴⁰(DOTA)]-exendin-3 (Ref. [[29](#page-13-21)])

tumor progression lead to successful imaging of small insulinomas in this tumor mouse model [\[30\]](#page-13-22). The frst clinical study of $[Lys^{40}(Ahx-DTPA^{-111}In)NH₂]$ exendin-4 with GLP-1R imaging performing on two patients with insulinomas was successful $[31]$. The insulinomas in these two patients were either not localized or unsatisfactorily localized by other conventional imaging methods. It indicated that GLP-1R scanning could offer a new diagnostic approach to localize the small insulinomas in human. Ga^{68} -labeled [Lys⁴⁰(Ahx-DOTA-⁶⁸Ga)NH₂]exendin-4 displayed similar biodistributions and pharmacokinetics in human as its in¹¹¹-labeled analogue [[32](#page-14-2)]. PET/CT study with $[Lys^{40}(Ahx-DOTA-⁶⁸Ga)NH₂]$ exendin-4 showed that high specifc uptake in the insulinoma tumor with a high tumor-to-background ratio. $[Lys^{40}(Ahx-DOTA-68Ga)NH₂]$ exendin-4 PET/CT was able to localize the hidden insulinomas with highly efficient detection $[33]$ $[33]$.

Novel GLP-1 analogue EM3106B was conjugated with *N*-2-(4-18F-fuorobenzamido)-ethylmaleimide, 18F-labeled through a maleimide-based prosthetic group ¹⁸F-FREM. forming the first ¹⁸F-labeled GLP-1 PET probe ¹⁸F-FREM-EM3106B for preclinical insulinoma imaging (Fig. [2](#page-3-0)). In vivo PET imaging in nude mice bearing subcutaneous INS-1 xenograft insulinoma tumors demonstrated high binding affinity to GLP-1 and high uptake in insulinomas and pancreas. Tumors on the shoulder indicated by white arrows can be visualized clearly at 1 and 2 h post-injection of 18 F-FREM-EM3106B (Fig. [3](#page-3-1)). The high specific activity **Fig. 2** Scheme of 18F-FBEM-EM3106 radiolabeling (scheme reproduced with permission from Ref. [[34](#page-14-3)])

INS-1

MDA-MB-435

Fig. 3 MicroPET whole body images (coronal plane) of athymic nude mice bearing INS-1 or MDA-MB-435 tumors on the shoulder at 1 and 2 h after tail vein injection of 3.7 MBq of ¹⁸F-FBEM-EM3106B. Tumors are indicated by white arrows. The displayed plane was selected to best show the tumor cross-section (fgure reproduced with permission from Ref. [\[34\]](#page-14-3))

 2_h

 1_h

and high tumor uptake of 18 F-FREM-EM3106B favour its potential application for clinical insulinoma imaging [\[34](#page-14-3)]. ¹⁸F-labeled analogues of exendin-4 were developed for PET imaging of GLP-1R in insulinomas $[35, 36]$ $[35, 36]$ $[35, 36]$ $[35, 36]$ $[35, 36]$. ¹⁸F-FBEM-Cys40-exendin-4 was conjugated with cysteine through C-terminal to offer site-specific labeling with 18 F-FBEM [\[35\]](#page-14-4). The cell uptake and in vivo imaging studies on INS-1 tumor cell and xenograph models showed both high tumor uptake and pancreas uptake, suggested 18 F-FBEM-Cys⁴⁰exendin-4 could be used as a PET probe for GLP-1-rich tissues. Although both ¹⁸F-FREM-EM3106B and ¹⁸F-FBEM- Cys^{40} -exendin-4 probes have good tumor uptake, the radiolabelling of these two compounds are time consuming. To improve the radiosynthesis efficiency, a NOTA analogue of exendin-4 with aluminium complexation 18F-AIF-NOTA was developed. Its biological profle was found similar to 18 F-FBEM-Cys⁴⁰-exendin-4 except the much higher kidney uptake [[36\]](#page-14-5).

 $18F$ -labeled 4-fluorobenzaldehyde, $18F$ -FBA was conjugated with an exendin(9-39) derivative containing a

Fig. 4 Scheme of 18F-FBA-exendin(9-39) radiolabelling (scheme reproduced with permission from Ref. [\[37\]](#page-14-6))

6-hydrazinonicotinyl group on the ε-amine of Lys27 through formation of hydrazone to form 18 F-FBA-exendin(9-39) as a potential PET probe for pancreatic BCM (Fig. [4\)](#page-3-2) [[37](#page-14-6)]. PET imaging study for pancreatic BCM showed the probe has lack of specifc binding to the GLP-1R in pancreas. Derivative of the Lys27 residue might reduce its binding affinity, ¹⁸F-labeling on C-terminal of the peptide or other sites rather than Lys27 may improve binding affinity. A new 18 F-labeled exendin-4, ¹⁸F-TTCO-Cys⁴⁰-exendin-4 was developed as GLP-1R-targeting probe for imaging transplanted islets [[38\]](#page-14-7) (Fig. [5\)](#page-4-0). The tetrazine was conjugated to the exendin-4 through a thiol–maleimide reaction. The resulting tetrazine-Mal-Cys⁴⁰-exendin-4 reacts with ¹⁸F-TCO at 1:1 ratio with a high radiolabelling yield. PET imaging studies on insulinoma INS-1 tumor model showed that 18 F-TTCO-Cys⁴⁰exendin-4 has a considerable uptake in tumor, and low uptake in kidney (Fig. [6\)](#page-5-0). It also demonstrated that the tracer has a signifcantly higher uptake into the liver with transplanted human islets in NOD/SCID mice compared to the control mice, indicating high specifc binding to GLP-1R.

 64 Cu-labeling of chelate-conjugated peptides can be used as PET probes for preclinical studies. The positrons derived from 64 Cu are low energy which could offer high spatial imaging resolution. Novel ⁶⁴Cu-labeled exendin-4 probe 64 Cu-DO3A-VS-Cys⁴⁰-exendin-4 for GLP-1R targeting was

Fig. 5 Scheme of ¹⁸F-TTCO-Cys⁴⁰-exendin-4 radiolabeling (scheme reproduced with permission from Ref. [\[38\]](#page-14-7))

prepared by conjugation of DO3A-VS (VS = vinylsulfone) with Cys^{40} -exendin-4 [[39](#page-14-8), [40\]](#page-14-9) (Fig. [7\)](#page-6-0). In vivo imaging on INS-1 tumor model showed high tumor-to-background contrast. The 64 Cu-labeling probe also demonstrated specific uptake in the mouse pancreas for intraportal human islet transplantation mouse model, indicating its potential application for in vivo pancreatic islets imaging. Another 64 Culabeled exendin-4 probe, 64 Cu-Lys⁴⁰-DOTA-NH₂-exendin-4 was reported binding specifcally to pancreatic islet cells by ex vivo autoradiographic images conducted on rat pancreas sections [\[41](#page-14-10)]. Combined with immunohistochemical images, the results suggested it is a potential PET probe for quantitative in vivo measurement of BCM. A new bifunctional chelator NODAGA (NODAGA $= 1,4,7$ -triazacyclononane-1-glutaric acid-4,7-acetic acid) conjugated with exendin-4 was labeled with 64 Cu and 68 Ga as PET probes for imaging pancreatic islets in rats $[42]$. ⁶⁴Cu-labeled NODAGAexendin-4 has higher GLP-1R specific uptake than its 68 Ga-labeled analogue probably because of high specific radioactivity of 64Cu-NODAGA-exendin-4. However, long physical half-life of ${}^{64}Cu$, 12.7 h, leading to substantial residence time of the radionuclide in the kidney cortex and signifcant radiation burden on the subjects, limits its clinical applications.

68Ga, with a physical half-life of 68 min, is suitable for clinical investigations due to limited radiation burden. Its low cost and easy availability are additional advantages. PET/CT with positron-emitting ⁶⁸Ga provides potential advantages to SPECT/CT in improved sensitivity, high resolution, fast acquisition time, and accurate quantifcation.

⁶⁸Ga-labeled analogues of DO3A-exendin-4 yielded better imaging resolution than imaging with SPECT nuclides such as 111 In [[43\]](#page-14-12). ⁶⁸Ga-DO3A-VS-Cys⁴⁰-exendin-4 provides simple labeling chemistry and low cost of production. Conjugation of the DO3A chelator does not affect biocompatibility of probe and GLP-1R affinity. ⁶⁸Ga-DO3A-VS- $Cys⁴⁰$ -exendin-4 as a PET probe was not only evaluated for imaging of insulinoma tumors [[44](#page-14-17)] and for imaging of GLP-1R in healthy and streptozotocin-induced diabetic pigs [[45](#page-14-13)] but also used to quantify the BCM in the pancreas. The in vivo imaging of GLP-1R with uptake of ^{68}Ga -labeled DO3A-exendin-4 in the pancreas was reported by gradually increasing the dose to quantify the GLP-1R occupancy with a 1-tissue-compartment model in rodents and non-human primates. The uptake of ⁶⁸Ga-DO3A-VS-Cys⁴⁰-exendin-4 in the pancreas is liaised with specifc receptor binding and decreased by the selective destruction of β-cells.

Receptor-targeting ${}^{68}Ga$ -DO3A-VS-Cys⁴⁰-exendin-4 can be reproducible with high specifc radioactivity [\[44,](#page-14-17) [45\]](#page-14-13). Binding studies of ⁶⁸Ga-DO3A-VS-Cys⁴⁰-exendin-4 to GLP-1R was evaluated in vitro autoradiography and in vivo. With high affinity to the target, its quantification of GLP-1R is possible. High specific uptake of ^{68}Ga -DO3A- $VS-Cys⁴⁰$ -exendin-4 was found in GLP-1R-positive tissues such as endocrine INS-1 tumor, pancreas and lung, while low uptake in GLP-1R-negative tissues such as exocrine PANC1 tumor (Fig. 8). The pancreas is difficult to visualize as it is proximal to kidney. In vivo PET/CT imaging demonstrated ⁶⁸Ga-DO3A-VS-Cys⁴⁰-exendin-4 has higher tumor-to-background ratio compared with the clinical insulinoma marker $\left[$ ¹¹C]-5-HTP (¹¹C-5-hydroxy-tryptophan) [\[46\]](#page-14-18). The serotonin pathway-dependent probe, $[$ ¹¹C]-5-HTP uptakes in the β-cell by L-type amino acid transporter converted to serotonin which uptakes in the β-cell by the serotonin transporter or binding to serotonin receptors. But the uptake and metabolism of $[$ ¹¹C]-5-HTP in β-cell and exocrine pancreatic cells undergo diferent pathways [\[47](#page-14-19)]. 68 Ga-DO3A-VS-Cys⁴⁰-exendin-4 have also been investigated in streptozotocin-induced diabetic pigs, the results showed that pancreatic uptake of tracer was not reduced by the dis-tinction of β-cells [[45](#page-14-13)]. The first clinical trial using 68 Ga-DO3A-VS-Cys⁴⁰-exendin-4 PET/CT for visualization of GLP-1R in insulinoma and in native pancreas was reported, although the lesions in the histopathological liver could not

Fig. 6 Representative ¹⁸F-TTCO-Cys⁴⁰-exendin-4 PET images in NOD/SCID mice. **a** Representative microPET images of 18F-TTCO-Cys40-exendin-4 (top) and blocking (bottom) for NOD/SCID mice with INS-1; **b** tumor uptakes between control and blocking groups; **c** tumor to organ ratios of radiotracer at diferent time points p.i.; **d** representative microPET images of tracer in NOD/SCID mice trans-

planted with human islets into liver (top) and control mice (bottom) at diferent time points p.i.; **e** liver uptake between intraportal islet transplantation and sham control groups; **f** microPET images of mice transplanted with human islets (left: control; middle: blocking and sham control mice at 1 h p.i.) (figure reproduced with permission from Ref. [[38](#page-14-7)])

be verifed [\[48\]](#page-14-20). Recently, PET/CT imaging of the novel chelator NOTA-chelated 68Ga probe, 68Ga-NOTA-exendin-4, correctly detected insulinomas in 42 of 43 patients with high tumor uptake, resulting in sensitivity of 97.7% [[49,](#page-14-15) [50](#page-14-16)]. The sensitivity is much higher than those of CT, MR and endoscopic ultrasonography. The sensitivities of CT, MR and endoscopic ultrasonography were 74.4, 56.0, and 84.0%, respectively.

Although physical half-life of ^{68}Ga could not lead to long residence time in the kidney cortex, the radiation dose has still been a concern if repeated imaging studies are necessary in humans as low radioactivity associated with the diagnostic examinations could potentially be harmful to healthy tissue after repeated doses. The dosimetry of ${}^{68}Ga$ -DO3A-VS-Cys40-exendin-4 was investigated in various subjects based on the biodistribution data in rats, pigs, non-human primates (NHP) and human [\[51](#page-14-14)]. The highest accumulation of the tracer is in the kidney, especially in the kidney cortex at all time points for rats, pigs, NHP, and human. The human dosimetry of ${}^{68}Ga\text{-DO3A-VS-Cys}^{40}\text{-exendin-4}$ has been estimated by extrapolated from the diferent species. 68Ga-DO3A-VS-Cys⁴⁰-exendin-4 can be repeatedly administered

Fig. 7 Synthesis and ⁶⁴Cu-labeling of ⁶⁴Cu-DO3A-VS-Cys⁴⁰-exendin-4 (Ref. [[39](#page-14-8)])

Fig. 8 Representative whole body PET/CT images of INS-1 xenografts, comparing the uptake of ⁶⁸Ga-DO3A-VS-Cys⁴⁰-exendin-4 at baseline dose (**a**) and after co-injection of excess precursor peptide (**b**). The animal PET/CT images show that the majority of the 68 Ga-DO3A-VS-Cys⁴⁰-exendin-4 uptake in the tumor was displaceable. Additionally, ⁶⁸Ga-DO3A-VS-Cys⁴⁰-exendin-4 has improved tumor

two to four times per year in human for longitudinal diagnostic studies without exceeding the radiation limits in kidney and other organs.

VMAT2‑targeting probes

Type 2 vesicular monoamine transporters (VMAT2) are acidic glycoproteins that translocate monoamines such as dopamine into storage vesicles. VMAT2 are expressed not only in the monoaminergic neurons which are in charge

to background ratio in a direct within individual comparison with 11C-5-HTP (**c**). PANC1 tumors had signifcantly low tracer uptake at baseline dose, similar to in the ex vivo organ distribution study (**d**). *T* tumor, *K* kidney and *L* bladder (fgure reproduced with permission from Ref. [[44](#page-14-17)])

of the uptake of cytosolic monoamines into synaptic vesicles but also in β-cells of the pancreas $[52–54]$ $[52–54]$ $[52–54]$ $[52–54]$. VMAT2 in β-cells is capable of controlling vesicular monoamine content. The VMAT2 imaging can be used for investigating the relationship between loss of β-cells in association with insulin and initiation of diabetes mellitus [[55](#page-14-23), [56](#page-14-24)].

Tetrabenazine is a relatively specifc inhibit of VMAT2. Dihydrotetrabenazine (DTBZ) and other small molecules which are highly selective for VMAT2 have been developed as PET probes for VMAT2 [\[57\]](#page-14-25). DTBZ and its analogue PET probes demonstrated much higher affinity to VMAT2

than to VMAT1 $[58]$ $[58]$. ¹¹C-DTBZ was first synthesized in 1993 [[59](#page-15-0)]. Various labeling methods of 11 C-tetrabenazine and its methoxy derivatives were used for imaging VMAT2 in dopaminergic neurons within mouse brain [[60](#page-15-16)[–63](#page-15-17)]. Binding of α -DTBZ to the vesicular monoamine transporter is stereospecific $[64]$ $[64]$. There are two enantiomers of α -DTBZ, and only $(+)$ - α -DTBZ showed selective and high affinity for the vesicular monoamine transporter.

 11 C-DTBZ has been used for visualizing BCM of endocrine pancreas to discriminate diferences in probe uptake among streptozotocin-induced diabetic rats and those with chemically induced diabetes. Decreased probe uptake within the pancreas of rodents with streptozotocin-induced diabetes is related to their euglycemic historical controls [[65](#page-15-19)]. $(+)$ -α-DTBZ has been applied for imaging VMAT2 in the pancreas of various species $[66, 67]$ $[66, 67]$ $[66, 67]$ $[66, 67]$. ¹¹C-DTBZ PET of pancreas was performed clinically in long-standing T1D and healthy subjects. Time-activity curves in the pancreas and left renal cortex demonstrated excellent tracer uptake in the pancreas for both patients and healthy subjects with peaking at around 10 min and a relatively quick washout for both groups [[66\]](#page-15-20) (Fig. [9](#page-7-0)). There is no diference between imaging of normal and patients with long-standing T1D because of the presence of VMAT2 binding signal in TID pancreas. When renal cortex was employed as a reference to evaluate 11 C-DTBZ nonspecific binding in pancreas, the nonspecific 11 C-DTBZ binding could be higher in human pancreas than in the renal cortex as VMAT2 expression is undetectable in the renal cortex, thus the nonspecifc binding in the pancreas would be underestimated. The probe uptake in the renal cortex is considerable with a quick washout, while uptake in the liver slowly increases throughout the experiment. The overall time course of 11 C-DTBZ uptake in pancreas and renal cortex showed tracer uptake in these two organs is reversible. 11C-DTBZ is catabolized by glucuronidation in the liver and excreted from bile and urine. VMAT binding potential and functional binding capacity seems to overestimate BCM in long-standing T1D possibly because of higher nonspecifc binding in the pancreas than in renal cortex. Nonspecifc binding of ${}^{11}C$ -(+)-DTBZ in human pancreas would hinder its clinical applications. It implicated the regulation of VMAT2 gene expression, the mechanisms of its function in β-cell need to be explored before using VMAT2 measurements as a diagnostic tool [[67](#page-15-1)].

To improve its application in BCM, ¹⁸F-labeled DTBZ was developed since ¹⁸F radioisotope has longer half-life

Fig. 9 Transverse 11C-dihydrotetrabenazine PET images of patients (top row) and controls (bottom row). Summed dynamic PET images were obtained 0-90 min after injection of approximately 481– 555 MBq of ¹¹C-dihydrotetrabenazine (left). Corresponding tissue segmentation images are also shown (middle), with diferent colours being used to represent diferent organs. Voxelwise parametric

images of VMAT2-binding potential (BP_{ND}) are shown (right) using another color scale (right bottom). These BP_{ND} images are fused onto segmentation image using grayscale, with pancreatic ROI boundary shown using dotted blue outlines (right). L 5 liver; K 5 kidney; S 5 stomach; P 5 pancreas (fgure reproduced with permission from Ref. [[66](#page-15-20)])

and higher electronegativity than those of ${}^{11}C$. There are two types of derivatives, ¹⁸F epoxide derivative of DTBZ ¹⁸F-fluoroepoxide-DTBZ $[68]$ and ¹⁸F alkyl derivative of ¹⁸F-fluoroalkyl-DTBZ [\[69–](#page-15-3)[73\]](#page-15-4) (Fig. [10\)](#page-8-0). The ¹⁸F-fluoroepoxide-DTBZ is highly selective binding to VMAT2, the in vivo biodistribution of ^{18}F -fluoroepoxide-DTBZ of rats demonstrated signifcant uptake in pancreas (5% ID/g at 30 min p.i; 2.68%ID/g at 60 min p.i.) and low uptake in the livers, a higher pancreas-to-liver ratio compared to its alkyl derivatives. The new extraction pattern is likely because of hydrolysable epoxide group [[68](#page-15-2)]. 18F-fuoroepoxide-DTBZ has high pancreatic uptake in healthy rats.

A novel ¹⁸F-fluoropropyl derivative 18 F-FP-(+)-DTBZ was developed to evaluate VMAT2 pancreatic binding by PET $[69]$ $[69]$. The obtained preliminary data with ¹⁸F-FP- $(+)$ -DTBZ showed good pancreas specifcity and potential for quantitative measurement of VMAT2 binding sites. Pancreatic uptake of ${}^{18}F-FP- (+)$ -DTBZ in T1D patients was substantially lower than that of control subjects, Considerably less ${}^{18}F$ -FP-(+)-DTBZ binding density in T1D subjects was found than in healthy controls [\[70](#page-15-21)]. Compared with its 11 C-labeled derivative, 18 F-FP-(+)-DTBZ significantly improved dynamic range of pancreatic binding parameters correlating with β-cell function. The functional loss of β-cell density in T1D patients was thus distinguishable. Although specific high-affinity binding of these VMAT2 targeted radioligand to VMAT2 in β-cell is confrmed, there are substantial specifc and nonspecifc bindings which could limit the BCM quantifcation [\[71\]](#page-15-22). Background binding characteristics of ${}^{18}F-FP- (+)$ -DTBZ in rat pancreas demonstrated there is nonspecifc binding to sigma receptors present in both endocrine and exocrine cells of pancreas. It could lead to a signifcant background noise for quantitating BCM $[72]$ $[72]$ $[72]$. ¹⁸F-FP-DTBZ showed considerably specifc VMAT2 binding in both the pancreas and striatum in baboons was reported [\[73](#page-15-4)]. The non-displaceable VMAT2 binding of (+) and (−) enantiomers of 18 F-FP-DTBZ within the baboon pancreas was also investigated. The overestimation of BCM with ${}^{18}F$ -FP-(+)-DTBZ PET imaging could be contributed by two factors: small percentages of VMATpositive pancreatic polypeptide-producing cells and a weak affinity for sigma receptor of ${}^{18}F$ -FP-(+)-DTBZ. Directly, measurement of non-displaceable binding in the healthy human and T1D patient pancreas by (*R*) and (*S*) enantiomers could explain the overestimation of BCM in T1D.

The $9^{-18}F$ -fluoroethyl-(+)-dihydrotetrabenazine $(^{18}F-FE- (+)-DTBZ)$ was found to be high specific binding to VMAT2. But there is high non-displaceable binding to exocrine tissue. The probe metabolized extensively by in vivo defuorination in a large piglet model [[74](#page-15-5)]. Deuterated analogue of ${}^{18}F$ -FE-(+)-DTBZ was designed to improve the in vivo stability which could improve the VMAT2 uptake in BCM [\[75](#page-15-6)]. 18F-FE-DTBZ-d4 was synthesized in two steps following the indirect fuorination method with slight modifcations [[76](#page-15-7)]. The in vitro and in vivo results of deuterated FE-DTBZ-d4 were compared retrospectively to that of the non-deuterated FE-DTBZ probe. The in vivo PET/CT piglet studies showed homogeneous uptake of the

Fig. 10 Schematic structures of 11C- and 18F-labeled DTBZ probes

¹⁸F-FE-DTBZ-d4 in the pancreas. The average uptake of ¹⁸F-FE-DTBZ-d4, expressed in SUV, reached 2.64 shortly after the I.V. administration with a SUV of 1.8 after 90 min, which was comparable to that of the non-deuterated version. Notable accumulation was observed in the liver and spleen with faster washout kinetics than the pancreas. Apart from the excretion via the bile system, excretion via the kidney, bladder and urethra was also observed (Fig. $11(I)$). The main goal of the study was achieved by observing reduced bone uptake of the deuterated tracer 18 F-FE-DTBZ-d4 in vivo, where it showed moderate uptake (SUV 1.4) of radioactivity with no further accumulation (Fig. $11(II)$ $11(II)$), whereas the bone uptake increased linearly with time for the non-deuterated analogue (SUV of 3.1 at 90 min). However, there was no signifcant diference observed in specifc VMAT2 binding uptake in the pancreas in in vivo PET/CT studies, even though more native 18 F-FE-DTBZ-d4 was present in blood plasma.

Other than ${}^{11}C$ and ${}^{18}F$ PET nuclides, currently there is only one report using 64Cu-specifc bifunctional chelator CB-TE2A for the probe development of DTBZ targeting imaging. 64 Cu-labeled CB-TE2A conjugation with $(±)$ -DTBZ, ⁶⁴Cu-CB-TE2A-(+)-DTBZ and ⁶⁴Cu-CB-TE2A-(−)-DTBZ were synthesized [\[77\]](#page-15-8). Ex vivo binding assay of 64 Cu-CB-TE2A-(+)-DTBZ exhibited the desired preferential accumulation in freshly isolated porcine islets, while the VMAT2-specifc binding of 64Cu-CB-TE2A-(−)-DTBZ is low, similar to ¹¹C- or ¹⁸F-labeled (\pm) DTBZ. The conjugation of (+)-DTBZ to CB-TE2A moiety did not compromise the VMAT2-specific binding affinity.

GPR44‑targeting probes

G-protein-coupled receptor 44 (GPR44) known as prostaglandin D2 receptor 2, has been characterized as a highly β-cell-specifc surface marker [\[78](#page-15-24)]. The expression and density of GPR44 protein in endocrine isolated from human islets and exocrine tissues were recently assessed by a 3 H-labeled GPR44 probe 3 H-AZD3825 [[79](#page-15-9)]. The possibility of GPR44 to be used as a surrogate biomarker was also evaluated by comparing directly with a 3 H-labeled 3 H-DTBZ which has a high affinity for VMAT2. The specific binding of 3 H-DTBZ was much higher than that of 3 H-AZD3825 in both endocrine and exocrine tissues. ³ H-AZD3825 and ³H-DTBZ showed similar specificity for endocrine tissue $(56 \pm 3$ and $49 \pm 5\%$, respectively), but specific binding of ³H-DTBZ (22 \pm 2%) to exocrine tissue was almost 3 times

Fig. 11 I Delineation of pancreas (red), spleen (green) and parts of the anterior and posterior hepatic segments (black) exemplified on a transaxial PET/CT fusion image (a). The average dynamic uptake of ¹⁸F-FE-DTBZ-d4 in pancreas and other abdominal tissues from four diferent piglets (**b**). Excretion through the biliary system is the fate of a majority of the tracer and its metabolites (**c**), but there is also

higher than that of ³H-AZD3825 (6.3 \pm 2%). The specific binding of ³H-DTBZ was approximately 2.2 times higher in endocrine tissue than in exocrine tissue, while it was almost 20 times higher for ³H-AZD3825. However, the specific binding of 3 H-AZD3825 was significantly higher for EndoC-bH1 cells compared to endocrine tissue, while the specific binding of ³H-DTBZ was almost same in endocrine tissue and in EndoC-bH1 cells. In addition, the uptake ratio between β-cells and the exocrine tissue was almost 90 times for 3 H-AZD3825. Both 3 H-AZD3825 and 3 H-DTBZ showed negligible specifcity towards the homogenates of INS-1 insulinoma xenografts. The saturation binding experiment displayed the affinity of 3 H-DTBZ in endocrine and exocrine tissues were almost 6 and 9 times lower compared to that of ³H-AZD3825. RNA analysis found transcript levels of GPR44 in islets were much higher than in exocrine tissue. The consistency of GPR44 expression in both endocrine and exocrine pancreatic tissues among individuals suggested it could be potentially used as a dependable and precise biomarker for BCM imaging.

¹¹C- and ³H-labeled novel probes ¹¹C-AZ Compound X and 3 H-AZ Compound X were synthesized and evaluated as probes for in vitro binding properties against human and rat pancreatic tissue slices and tissue homogenates [[80\]](#page-15-10). $β$ -particles (electrons) emitting ³H isotope is not useful for non-invasive imaging of living subjects as electrons do not travel signifcant distances, it is suitable for autoradiography. The autoradiography images using 11 C-AZ Compound X in human pancreatic slices showed heterogeneous hotspots corresponding to islets of Langerhans in both healthy and T2DM subjects. The selective affinity of ${}^{11}C$ -AZ Compound X towards GPR44 was further confrmed with rat pancreatic slice which lacks GPR44 expression as negative control. The autoradiography images of rat pancreatic slice do not show any heterogeneous hotspots in contrast to human pancreatic slices. The specific affinity of probe was also confirmed by co-incubation with 20 μ M GPR44 antagonist. The results showed that the GPR44 antagonist could able to completely block the binding of probe to human pancreatic tissue in contrast with rat pancreatic tissue. The islet hotspots showed more than seven times higher binding toward 11 C-AZ Compound X compared to the exocrine tissues for both healthy and T2DM subjects (Fig. 12). ³H-AZ Compound X also provides similar in vitro autoradiography. In vitro binding of 11C-AZ Compound X to pancreatic tissue homogenates showed the specifc binding was 8–20 times higher in pancreatic islets than in exocrine tissue. The in vitro binding properties of GPR44 probe, ${}^{11}C/{}^{3}H$ -AZ Compound X, in human pancreas and rat pancreas showed very promising results. These results motivated further evaluation as PET probes for preclinical application. The specifc binding of ¹¹C-AZ Compound X against the β-cells in pancreatic islet was established by insulin antibody staining. Most of the

hotspots showed signifcant co-localisation with antibody signal. The in vitro results are quite promising for both ${}^{3}H/I{}^{1}C$ -AZ Compound X in both human and rat pancreatic tissues. However, it required systematic preclinical studies to assure they could be used as probes for quantifying BCM in vivo.

Antigen‑targeting probes

Antigen expressed in β-cells to a certain degree. Autoantigenic target is potential target of the immune system, with downstream implications for the etiology of T1D [[81](#page-15-25)]. A ¹¹¹In-labeled β-cell-specific monoclonal antibody IC2, ¹¹¹In-DTPA-IC2 was synthesized to investigate its potential antigen probe for BCM in normal and diabetic states [\[82](#page-15-11)]. IC2 is well known to bind specifcally to the cell membrane of β-cells. The probe showed specifc binding to β-cells with a negligible binding to exocrine pancreas. SPECT imaging exhibited signifcant diference in signal intensity between normal and diabetic pancreases. A direct correlation between accumulation of the probe with BCM in normal and diabetic animals was also found. Successful preclinical studies contribute to further development of the probe for quantifying BCM in diabetic diagnosis clinically.

A ¹²⁵I-labelled monoclonal antibody ¹²⁵I-γ-G was used as a potential SPECT imaging probe for pancreatic β-cells [[83](#page-15-12)]. 125 I-γ-G displayed almost one-fold higher binding in isolated pancreatic islets than in acinar tissue. However, no signifcant diference between the tissues from control and streptozotocin diabetic rats was identifed. The result suggested the uptake of this probe was not able to refect a reduction in the number of β-cell in the diabetic pancreas. These findings indicated that $^{125}I-\gamma$ -G might not be a promising probe for selective SPECT imaging of the endocrine pancreas.

Glucokinase targeting probes

Glucokinase, an enzyme mostly expressed in β-cells of pancreatic islets of Langerhans and hepatocytes in the liver, is one of the potential targets for in vivo imaging of BCM. Recently ¹¹C-labeled ¹¹C-AZ12504948, a glucokinase activator was evaluated for preclinical PET imaging of glucokinase [[84](#page-15-13)]. From both the autoradiography of human tissues and PET/CT images of pig and cynomolgus monkey, the probe identifed certain specifcity for glucokinase in liver, but not in pancreas because of low specifc uptake in pancreas. The probe required further structural modifcations to improve its target specifcity so that it could be used as an in vivo PET imaging probe for glucokinase.

Fig. 12 In vitro autoradiography of ¹¹C-AZ Compound X, Specific binding in pancreas from healthy human subjects (**a**), subjects with T2D (**b**) and healthy rat (**c**). The pancreatic binding of tracer is dis-

placeable in human but not in rat (**d**), and the human pancreatic binding is concentrated to the islet of Langerhans (**e**) (fgure reproduced with permission from Ref. [[80](#page-15-10)])

Reporter gene‑targeting probes

The approach of PET imaging through the cell engineering with reporter genes that retain the PET probe in the cell has commonly been used to track the function and location of transplanted cells in various disease models. The most widely used reporter genes for PET imaging are HSV1-TK and its derivative HSV1-sr39tk [[85\]](#page-15-26). FHBG is a known nucleoside derivative which is metabolized by HSV1-TK and sr39tk $[86-88]$ $[86-88]$. After the injection, the ¹⁸F-labeled FHBG, the probes are transported to the cells where it gets phosphorylated, and metabolically trapped in cells expressing the reporter gene. The accumulated metabolites of 18 F-labeled probe could be detected by PET.

The generation and characterization of the MIP-sr39tk mouse to image of endogenous pancreatic islets using PET were investigated. The ex vivo studies revealed that there is a 4.5-fold higher uptake of 18 F-FHBG in the pancreas of the transgenic mice compared with the non-transgenic one [[89\]](#page-15-15). The results suggested that higher retention of the ¹⁸F-FHBG occurred because of expression of sr39TK in transgenic mouse. The signifcant correlation between islet number and ¹⁸F-FHBG uptake was observed. It also indicated that MIP-sr39tk mouse model could be used for in vivo imaging of BCM.

Discussion

With PET imaging alone, there is limited anatomical reference frame, difficult to outline the anatomic structure of pancreas which situate next to abdominal region. The limitation could overcome by combining PET with CT. PET/CT is high sensitive imaging methodology, with a target-specifc tracer, can serve as a non-invasive tool to monitor the decline in the viable number of β-cell and the fate of transplanted cells, to detect the post-transplantation islet loss. It is an advantage to the indirect method to measure patient's exogenous insulin as the insulin secretory capacity of beta cells is not always consistent under various physiologic conditions [[90,](#page-16-0) [91\]](#page-16-1).

Although it has been shown that SPECT/CT is a very sensitive, non-invasive imaging technique to localized insulinomas using GLP-1R targeting such as $[Lys^{40}(Ahx-HYNIC-99mTc/EDDA)NH₂]$ exendin-4, and radiochemistry with technetium is advanced, cheap and readily available, but the signifcantly lower tumor and organ uptakes lead to the significantly less efficient internalization. PET/CT has a higher spatial resolution and sensitivity when compared with SPECT/CT [\[92\]](#page-16-2). PET/CT quantifies the tracer uptake more accurately [\[93](#page-16-3)]. The other example is 68Ga-DOTA-exendin-4 PET/CT correctly identifed the insulinoma in 4 of 4 patients, whereas 111 In-DOTA-exendin-4 SPECT/CT correctly identifed the insulinoma in only 2 of 4 patients [[33\]](#page-14-0).

β-Cells are low, only 1–2% in abundance, and are dispersed throughout the pancreas. BCM PET has a potential limitation due to its limited spatial resolution. For GLP-1R study, considerably overlap between groups of normal healthy subjects and subjects with T1D was noticed [[94](#page-16-4)]. The estimation of serotonergic biosynthesis by DOPA decarboxylase in pancreas by PET allows discriminating non-diabetic subjects from subjects with T1D without signifcant overlap. However, the serotonergic biosynthesis pathway is not specifc to the β-cells and it is present in all pancreatic endocrine [[47\]](#page-14-19).

For ¹¹C-DTBZ PET study, patients with long-standing T1D are expected to have almost total loss of β-cells, however, it was observed that 11 C-DTBZ-binding potential only decreases around 15% of the value in control subjects [[66](#page-15-20)]. The calculated functional binding capacity BP_{ND} seems to overrate the BCM due to high nonspecific binding in the pancreas. This residual signal in T1D pancreas may possibly generate from the VMAT2 expressed within the pancreas but not associated with the BCM (e.g., neuronal cells or immature b-cells). In addition, it was reported that almost one in two pancreatic polypeptide cells are VMAT2 positive. In general, VMAT2 has a close relationship with BCM but its expression is not completely restricted to β-cells because small percentages of polypeptide cells, as well as the innervation, are VMAT2 positive [[55,](#page-14-23) [95](#page-16-5), [96](#page-16-6)]. Non-VMAT2 binding of 11 C-DTBZ to exocrine pancreas exceeds VMAT2 binding to β-cells was reported [\[97](#page-16-7)]. In vitro autoradiography of human pancreas also suggested that a large portion of DTBZ binding mostly represents the nonspecifc binding. The specifc binding of the tracer to the islet did not satisfactorily surpass the nonspecifc binding in the exocrine pancreatic tissue which restricts its use to quantify BCM in vivo [[74](#page-15-5)]. The expression of GPR44 receptor is highly specifc for

β-cells rather than exocrine and other endocrine cells, it has relatively low densities compared to VMAT2 in the endocrine pancreas. Hence, it is difficult to get a strong enough signal for in vivo quantifcation of BCM [[98](#page-16-8)].

The PET tracer uptakes are diferent among the species because of diferent kinetics and washout. The magnitude of PET signal in human T1D patient pancreas is not the same as the one in diabetic pancreas of rodent models. The afnity for BCM, pathophysiology, therapeutic interventions need to be further studied to explain these diferences. Proposing the probe with high target affinity and low nonspecifc binding would be the future direction.

Conclusion

The goal of PET probe development for imaging pancreatic islet cells is to develop radioligands which have the following characteristics: high specifc target binding with low nonspecifc binding in surrounding tissue, optimal biodistribution and pharmacokinetic profle with nontoxic to islet. The demand for new PET probes for imaging pancreatic islet cells especially β-cell in preclinical and clinical investigations is expected to increase to achieve this goal. This review provides comprehensive overview of noteworthy probes which are proteins targeting including GLP-1, VMAT2, GPR44, antigen, glucokinase and reporter genes in the beta cell. New potential candidates including tritium-3, carbon-11, fuorine-18-, gallium-68-, copper-64- and indium-11- (for SPECT)-labeled radioligands have been evaluated in rodents, pigs, non-human primates and humans. In the meantime, the various issues of targeting probes have been addressed. The ideal PET probes for accurate and non-invasive imaging for pancreatic islet cells need to be developed. The PET/MR bimodality imaging approach could be the way for the future studies for imaging pancreatic islet cells especially β-cell. The review could offer some future research directions for this emerging feld to those who expertise in medicinal chemistry and radiochemistry, spectroscopy, biology, radiology and biomedical imaging engineering.

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Compliance with ethical standards

Confict of interest CTY declares that he has no confict of interest. KKG declares that he has no confict of interest. PP declares that he has no confict of interest. OL declares that he has no confict of interest. JL declares that he has no confict of interest. CH declares that he has no confict of interest. BG declares that he has no confict of interest.

Ethical approval This article does not contain any studies with human participants or animal performed by any of the authors.

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