



# Pharmacotherapeutic Treatment of Glioblastoma: Where Are We to Date?

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## Abstract

The clinical management of glioblastoma (GBM) is still bereft of treatments able to significantly improve the poor prognosis of the disease. Despite the extreme clinical need for novel therapeutic drugs, only a small percentage of patients with GBM benefit from inclusion in a clinical trial. Moreover, often clinical studies do not lead to final interpretable conclusions. From the mistakes and negative results obtained in the last years, we are now able to plan a novel generation of clinical studies for patients with GBM, allowing the testing of multiple anticancer agents at the same time. This assumes critical importance, considering that, thanks to improved knowledge of altered molecular mechanisms related to the disease, we are now able to propose several potential effective compounds in patients with both newly diagnosed and recurrent GBM. Among the novel compounds assessed, the initially great enthusiasm toward trials employing immune checkpoint inhibitors (ICIs) was disappointing due to the negative results that emerged in three randomized phase III trials. However, novel biological insights into the disease suggest that immunotherapy can be a convincing and effective treatment in GBM even if ICIs failed to prolong the survival of these patients. In this regard, the most promising approach consists of engineered immune cells such as chimeric antigen receptor (CAR) T, CAR M, and CAR NK alone or in combination with other treatments. In this review, we discuss several issues related to systemic treatments in GBM patients. First, we assess critical issues toward the planning of clinical trials and the strategies employed to overcome these obstacles. We then move on to the most relevant interventional studies carried out on patients with previously untreated (newly diagnosed) GBM and those with recurrent and pretreated disease. Finally, we investigate novel immunotherapeutic approaches with special emphasis on preclinical and clinical data related to the administration of engineered immune cells in GBM.

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Lidia Gatto and Vincenzo Di Nunno are co-primary first authors.

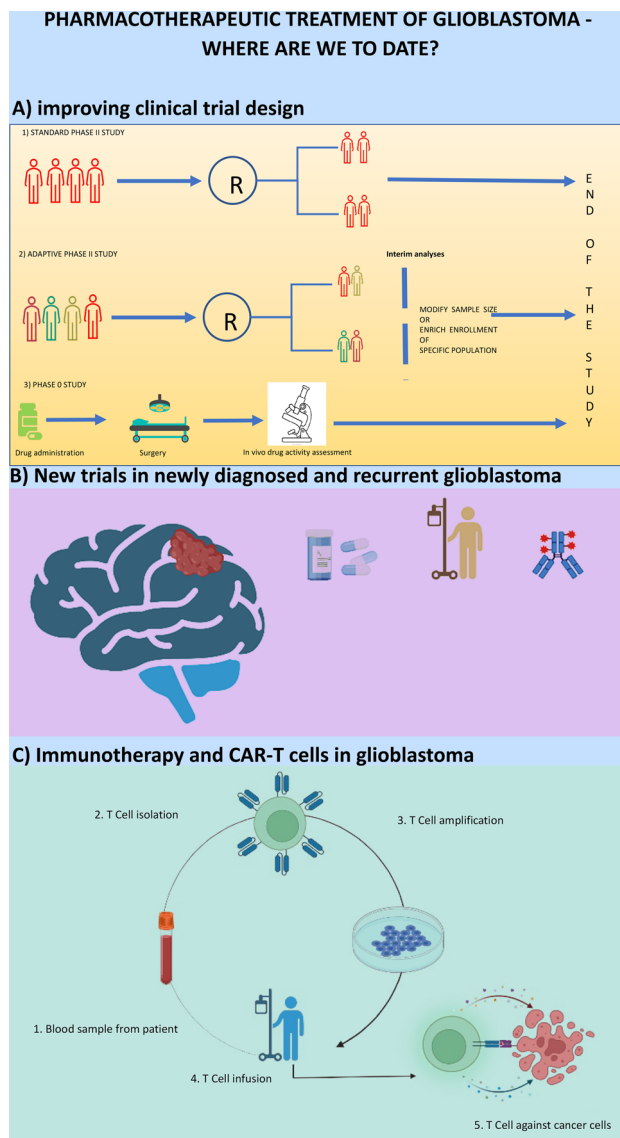
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## Graphical Abstract



## Key Points

Improved design and planning of clinical studies allows for a more efficient conduct of these trials and allows a larger number of patients to potentially benefit from experimental treatment for glioblastoma (GBM).

Novel biological insights are leading to the assessment of innovative treatment strategies. Engineered immune cells are cells obtained from the patient and modified to target and attack tumor cells. Although promising, available data about their efficacy in GBM are still limited to date.

## 1 Introduction

According to the 2021 World Health Organization (WHO) classification of primary central nervous system (CNS) malignancies, glioblastoma (GBM) is diagnosed as a diffuse astrocytic glioma without IDH/H3R mutations, with microvascular proliferation, necrosis, and/or specific gene alterations such as TERT mutation, epidermal growth factor receptor (EGFR) amplification and chromosome rearrangement (loss of chromosome 10/gain chromosome 7) [1, 2].

The estimated incidence of GBM is 3.22/100.000 cases in the US, making this malignancy the most common primary brain tumor [3, 4]. GBM is associated with a dismal prognosis, with an expected 5-year overall survival (OS) rate of only

6.8% [3, 4]. Since 2005, the standard of care of newly diagnosed GBM is represented by maximal safe resection surgery followed by temozolomide concurrent with and adjuvant to radiotherapy [4–7]. Nonetheless, the prognosis of newly diagnosed GBM ranges from 12 to 18 months [8–10]. Recurrence after surgery is almost certain and life expectancy after tumor relapse decreases to 5–10 months [8–10].

Several trials tested novel therapeutic drugs in both newly diagnosed and recurrence settings, however the majority of the trials failed to show significant clinical improvements. An exception is made by tumor-treating fields (TTFs), which were shown to improve the survival of patients with newly diagnosed GBM [11].

The complex biology of the disease, the high mutation heterogeneity observed between cancer cells, the presence of a natural protection represented by the blood–brain barrier (BBB), and an altered tumor-associated microenvironment (TME) are all elements explaining the lack of therapeutic improvements against this disease [12–14].

There are few recognized therapeutic options, especially in the recurrence setting. Both locoregional approaches and systemic treatments can be proposed at the time of recurrence [15–17]. Considering the lack of effective treatments, the enrollment of GBM patients in clinical trials should be strongly encouraged. Nonetheless, only 10% of GBM patients can access an experimental drug [8, 10, 18]. Immune checkpoint inhibitors (ICIs) have represented a revolution for the management of patients with solid tumor. These same agents failed to show a significant clinical improvement in patients with primary and recurrent GBM [19, 20]. However, novel immune therapeutic approaches such as chimeric antigen receptor (CAR) M and CAR T cells are under investigation [21, 22].

In this review, we summarize ongoing experimental treatments in GBM, including novel trials exploring immunotherapeutic approaches. In the first section of the current manuscript we discuss critical issues and novel methods adopted to improve clinical trial designs. We further proceed with a discussion of more important studies on both newly diagnosed GBM and recurrent disease (progressed on standard radiochemotherapy and adjuvant chemotherapy). In the second and final part of the paper, we focus our attention on immunotherapy trials and, in particular, on the studies employing engineered lymphocytes.

## 2 Improving Trial Design in Glioblastoma (GBM)

Several biological issues related to GBM could explain the lack of efficacy of several compounds tested in clinical trials, however further improvements in the design of studies might be of utmost importance (Fig. 1).

In a survey published in 2018 [23] exploring clinical trials enrolling patients with GBM registered on ClinicalTrials.gov from 2005 to 2016, the following points emerged:

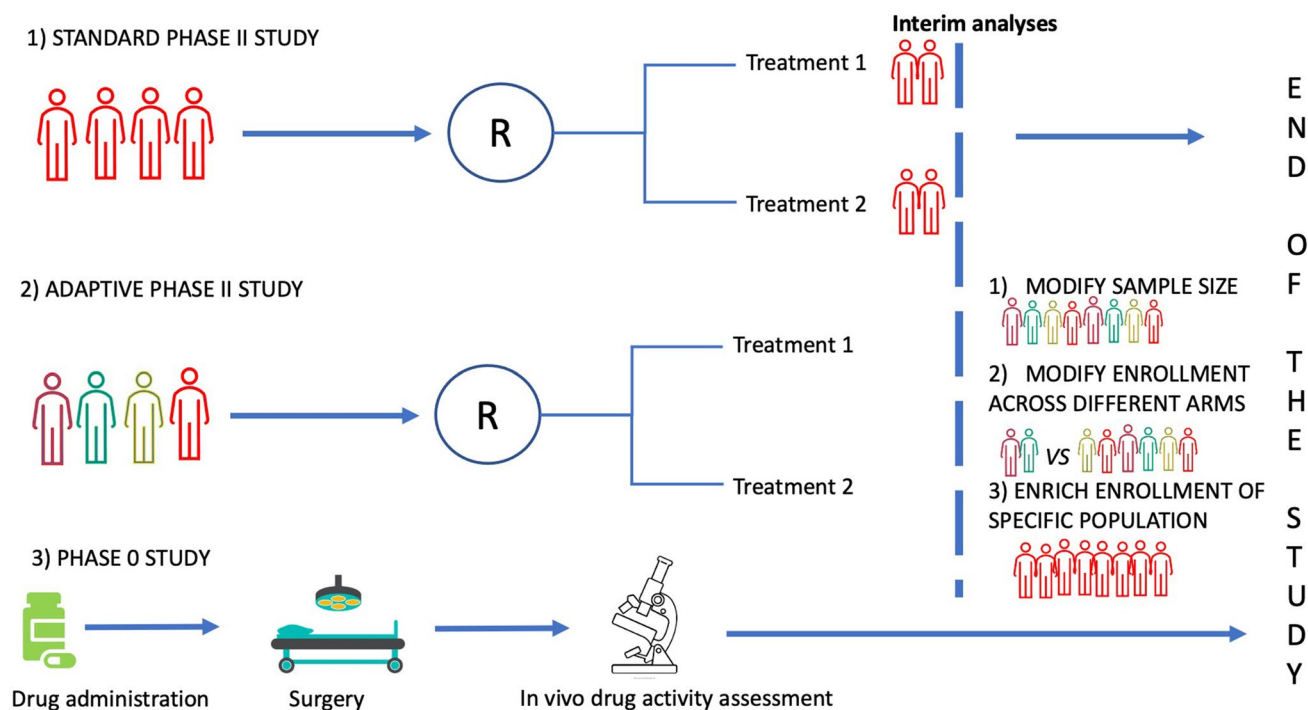
1. over 60% of clinical studies were phase I/II or II trials and only 5 of 249 trials were randomized;
2. a relevant rate of these studies (1 to 10) stopped due to futility, funding, or lack of accrual;
3. despite the small number of patients required, time to completion of phase II studies was 3–4 years;
4. phase III trials represented only 7% and only 12 of 16 of these trials were supported by a previous phase II study [23].

The lack of an effective and strong surrogate endpoint for OS is a well-known issue in clinical trials carried out on GBM and can partially explain the long time required to complete small phase I/II studies [24–28]. Surrogate endpoints such as progression-free survival (PFS) or overall response rate (ORR) are frequent endpoints adopted within trials on solid malignancies that can significantly reduce the time of study completion. Other endpoints such as post-progression survival could be proposed among clinical trials in the recurrent GBM setting [29].

The increasing number of compounds to test and the long time required for study completion are problems to consider in the trial planning process. Even the development of unpowered early efficacy trials should be discouraged as results of these studies could be difficult to interpret and could lead to the early stop of potentially active compounds.

To address these limitations, patients with GBM should be treated within reference centers and the development of cooperative networks between these institutions should be strongly encouraged. Organizational improvement and increased investments in trial planning and patients on trial tutelage are also important issues [30–32]. The inclusion of a comparator arm into phase II studies helped to achieve a more accurate selection of compounds to test in phase III trials [33]. However, randomized phase II trials required a higher number of patients and a longer time to completion compared with the mono-arm phase II trials. The adoption of a Bayesian study design could partially reduce these limitations [34]. In a Bayesian model, the probability is modified in the course of the study according to the results observed. This allows to modify treatment allocation and/or sample size while the study is ongoing, optimizing enrollment and assessment of the most promising compounds [34]. These Bayesian adaptive randomized (AR) trials are assuming increasing interest and trials such as AGILE, INSIGHt, and N2M2 represent excellent examples [35–37].

AGILE (The Adaptive Global Innovative Learning Environment) is a multi-arm, platform trial composed of two statistical designs in which Bayesian AR trials constitute



**Fig. 1** Summary of novel strategies adopted to improve clinical trial design. Adaptive phase II studies can allow to modify several parameters of the study according to the results of a primary interim analy-

ses. Phase 0 studies can identify drugs more able to cross the brain-blood barrier. *R* randomization

the first phase of compound assessment. Patients with IDH wild-type GBM and newly diagnosed/recurrent disease can be enrolled in this trial regardless of MGMT status. The first Bayesian AR phase aims to select more promising compounds and the population in which these are expected to be more active, at the same time reducing the number of patients needed and enlarging the number of potentially active compounds to test [35]. Similar to AGILE, the INSIGHt clinical trial adopted a Bayesian AR trial in the first phase [36]. The difference between AGILE and INSIGHt is mainly represented by the different populations included. In the INSIGHt trial, only patients with full genomic data, unmethylated MGMT, and IDHR132H wild-type could be included. The NCT Neuro Master Match (N2M2) is an umbrella trial for patients with MGMT unmethylated IDH wild-type GBM [37] in which treatments are provided according to the molecular and genomic background of the disease. In this study, there are two distinct phases: a discovery phase and a treatment phase. The treatment phase is carried out through stratification of the population obtained after the discovery phase. The Bayesian model is essential to provide monitoring of toxicity during the two phases [37].

Bayesian AR trials can also be employed to assess the correlation between OS and a surrogate endpoint. Indeed, information provided in the course of a clinical trial can demonstrate a correlation or no-correlation between a

surrogate endpoint and OS, allowing to keep or refute the use of the surrogate [38]. The use of a historical control cohort could avoid the presence of a comparator arm but is associated with the risk of several biases. Indeed, there is also a trend toward a progressive OS improvement in patients treated with standard treatment, suggesting that the historical cohort is not associated with a stable survival rate [33, 39]. In addition, it has been well reported that the intertrial variability reflects a variable distribution of the endpoint of interest, which significantly increases the risk to underestimate or overestimate the benchmarks [33].

Other surrogate endpoints such as ORR are difficult to be employed on GBM. Indeed, the assessment of the response requires additional clinical data (type of treatment providers, molecular background of the disease, clinical symptoms, etc.) as well as dimensional and imaging criteria to estimate the response to treatment. The use of functional imaging provided by magnetic resonance imaging (MRI) and positron emission tomography (PET) is increasing and could be a promising tool to achieve integration between molecular, clinical, and imaging data [40–46]. Novel technologies adopting artificial intelligence algorithms are also working in this direction [47, 48].

Finally, another trial design could be of critical importance in GBM. The ‘phase 0’ studies are trials in which compounds of interest are provided before a planned surgery.

Partial or complete removal of the tumor mass can allow assessment of the biological effect of the agent provided and the concentration achieved into the tumor mass or the percentage passing the BBB [49].

Interestingly, the programmed death receptor-1 (PD-1) inhibitor pembrolizumab has been assessed before second surgery in patients with recurrent GBM. Post-surgical assessment of the tumor mass revealed that administration of pembrolizumab resulted in a significant modification of TME [50] and survival data suggested a promising role in this setting.

### 3 Newly Diagnosed GBM

The standard post-surgical approach for newly diagnosed GBM was established in 2005 and is represented by temozolomide concurrent with and adjuvant radiotherapy (60 Gy over 6 weeks) [5]. Patients treated with this sequence achieved an OS of 14.6 months [5], with the best clinical improvement observed in patients with MGMT promoter methylation [7]. In the past years, novel therapeutic approaches have been assessed in this setting in an attempt to improve these results.

TTFs consist of low-intensity, 200 kHz alternating electric fields provided to the tumor, resulting in antimetabolic effects [11]. In the EF-14 phase III clinical trial, the addition of TTFs to adjuvant temozolomide compared with adjuvant temozolomide alone resulted in PFS and OS improvement (median OS 20 months vs. 16 months, hazard ratio [HR] 0.63, 95% confidence interval [CI] 0.53–0.76;  $p < 0.0001$ ). The use of TTFs is limited in clinical practice (only 3–12% of patients) due to the refusal of patients to wear the device, the high costs of treatment, and the uncertain mechanism of action associated with doubts about the favorable outcomes observed [11].

The combination of lomustine and temozolomide has been investigated in the CeTeG/NOA-09 trial [51], in which 141 patients with MGMT-methylated GBM were randomized to receive standard adjuvant temozolomide or up to six courses of lomustine (100 mg/m<sup>2</sup> on day 1) plus temozolomide (100–200 mg/m<sup>2</sup> per day on days 2–6 of the 6-week course) in addition to radiotherapy (59–60 Gy). The OS observed was longer in patients receiving the combination of lomustine and temozolomide (48.1 vs. 31.4 months, HR 0.60, 95% CI 0.35–1.03;  $p = 0.0492$ ), while no benefit in terms of PFS has been observed. The absence of PFS improvement and the small cohort of patients enrolled exposes the risk of biases and limited the inclusion of this schedule in clinical practice. Furthermore, other trials investigating a dose-dense temozolomide regimen or extensive temozolomide adjuvant treatment failed to show a significant improvement in terms of survival [52, 53], suggesting that

a chemotherapy-intensified regimen could not be associated with clinical improvement in newly diagnosed GBM. The ANOCEF group have proposed a randomized phase III trial (NCT03663725), which is still ongoing and is further investigating the use of intensified temozolomide treatment after surgery.

In addition to chemotherapy, other trials assessed targeted agents, including the vascular endothelial growth factor (VEGF) inhibitor bevacizumab. None of these studies identified a survival advantage with the use of bevacizumab, which was instead associated with an increased rate of adverse events [26, 27, 54–56].

The proteasome inhibitor marizomib has been assessed in the phase III EORTC 1709 clinical trial. The addition of this agent to standard of care resulted in an increased rate of grade 3/4 treatment adverse events (ataxia, hallucinations, and headache) with no survival advantage, leading the Independent Data Monitoring Committee (IDMC) to recommend enrollment discontinuation [57].

Enzastaurin is a compound able to inhibit the protein kinase C beta, resulting in angiogenesis inhibition and direct cytotoxic activity. Recent studies identified that patients harboring a polymorphism of the Denovo Genomic Marker 1 (DGM1) on chromosome 8 could have enhanced clinical benefit from the administration of enzastaurin [58–61]. The phase III trial NCT03776071 is currently assessing this agent in newly diagnosed GBM with or without DGM1 polymorphism.

ICIs have been assessed in two different phase III trials in newly diagnosed GBM. Nivolumab (a PD-1 inhibitor) has been assessed in combination with radiotherapy among patients with MGMT unmethylated GBM (Checkmate-498; NCT02617589) and in association with concomitant temozolomide and radiation therapy among patients with MGMT-methylated GBM (CheckMate-548; NCT02667587). No survival advantages emerged from the addition of nivolumab in both clinical trials. Nonetheless, there are some ongoing trials under evaluation assessing ICIs in this setting.

PERGOLA (NCT03899857) is a phase II trial investigating the addition of pembrolizumab to standard treatment in patients with newly diagnosed GBM. The combination between nivolumab and ipilimumab (a cytotoxic T-lymphocyte antigen 4 [CTLA-4] inhibitor) showed a high incidence of adverse events in preliminary studies [62]. A phase II/III study is currently assessing this combination in patients with MGMT unmethylated GBM (NCT04396860).

Depatuzumab mafodotin (Depatux-m, ABT414) is an antibody drug conjugate targeting EGFR that has been assessed in newly diagnosed and recurrent GBM. Despite encouraging preliminary data [63–66], the addition of Depatux-m to the standard Stupp protocol did not add a significant survival benefit (press release of the INTEL-LANCE-1 study).



In conclusion, the prognosis of newly diagnosed GBM remains poor even if a small but non-negligible percentage of patients achieved a long-term survival, being alive at 5 years from diagnosis. These patients are more frequently younger at diagnosis, female, and present with MGMT methylation and enhanced sphingomyelin metabolism [67–69]. The EORTC 1419 Eternity trial (NCT03770468) is retrospectively investigating the clinical and molecular features of patients with long-term survival.

#### 4 Recurrent GBM

Treatment options in patients with recurrent GBM are limited and consist of systemic treatments and locoregional approaches [19, 70–74]. Despite these efforts, patients experiencing tumor recurrence have a dismal prognosis [8–10]. The absence of an effective standard of care in this setting makes the development of a new therapeutic strategy a clinical priority. Among systemic treatment, nitrosoureas are still considered the treatment of choice. A recent systematic review and meta-analysis suggested that few studies investigated re-operation and re-irradiation in patients with recurrent disease, thus these two approaches should be proposed in selected cases [75].

A large number of compounds have been tested in the recurrent setting without significant improvement. Since about 50% of GBM patients present an amplification of the EGFR, several targeted agents have been assessed without significant efficacy [76–78]. The INTELLANCE-2/EORTC\_1410 phase II study evaluated Depatux-m alone or in combination with temozolomide versus temozolomide/CCNU (according to the time of the last adjuvant temozolomide cycle). The administration of Depatux-m in combination with temozolomide resulted in a modest OS improvement (9.6 vs. 8.2 months) [79]. The survival benefit was more evident among patients with an EGFR single-nucleotide variation that amplified EGFR sensitivity to its ligand [80–82]. Bevacizumab has been largely investigated in the recurrence setting [74, 83], however the phase III EORTC 26101 trial assessing bevacizumab and lomustine over lomustine alone failed to show a significant OS improvement with the addition of bevacizumab [84]. The multitarget tyrosine kinase inhibitor regorafenib has recently been tested in comparison with lomustine among recurrent GBM patients within the REGOMA phase II trial [70]. The administration of regorafenib resulted in a prolonged survival compared with lomustine (7.4 vs. 5.6 months), leading to further assessment of this targeted agent alone or in combination with nivolumab (NCT04704154). Cyclin-dependent kinase 4/6 (CDK4/6) inhibitors are the treatment of choice in patients with hormone-sensitive and human epidermal growth factor receptor 2 (HER2)-negative metastatic breast

cancer. These agents have also been assessed in GBM, where CDK4/6 are commonly altered. Both palbociclib (tested in patients with RB1 proficiency) [85] and abemaciclib (tested in patients with CDKN2A/B loss and intact RB) [86] failed to show a significant clinical improvement in GBM patients.

Promising preliminary results originate from two different basket trials exploring the BRAF inhibitors among glioma patients with BRAFV600 mutation [87, 88]—the VE-BASKET trial (assessing the BRAF inhibitor vemurafenib) [87] and the ROAR basket trial (assessing the combination between a BRAF and MEK inhibitor) [87, 88]. In particular, among the 45 patients with high-grade gliomas (including 31 GBMs) receiving dabrafenib plus trametinib within the ROAR trial, there were 3 complete responses and 12 partial responses [89].

Finally, the NTRK inhibitor larotrectinib has been assessed in GBM patients harboring the TRK mutation [90] and showed a very impressive result with the achievement of a disease control rate for all enrolled patients ( $n = 6$  patients with GBM) [90].

#### 5 Checkpoint Inhibitors and Chimeric Antigen Receptor (CAR) T Cells for the Treatment of Recurrent GBM

ICIs have failed to show significant clinical efficacy in patients with recurrent GBM. The Check-Mate 143 trial compared nivolumab with bevacizumab in recurrent GBM patients, failing to show a significant survival benefit in patients randomized in the nivolumab arm [20].

The combination between rindopepimunt (a vaccination against EGFRvIII) and bevacizumab showed favorable prolonged PFS of patients with recurrent GBM in a phase II trial. Nevertheless, this agent failed to confirm an OS advantage in a subsequent phase III study [91].

Active immunization with dendritic cells or peptide vaccines is another approach under evaluation [92] and has shown promising results in a phase III trial in newly diagnosed GBM patients [92]. The NCT04277221 phase III trial is currently investigating the dendritic cell vaccine (DCVax<sup>®</sup>-L) in patients with recurrent GBM.

The repertoire of targets for GBM immunotherapy has been expanded with the introduction of CAR T cells, a novel therapeutic option to overcome the limits of ICIs in the treatment of GBM.

Engineering T cells to express CARs has shown a wide range of anticancer activity (Fig. 2), showing remarkable clinical results in hematological malignancies by targeting the B-cell antigen CD19, with several clinical trials reporting high response rates and durable remissions [93, 94].

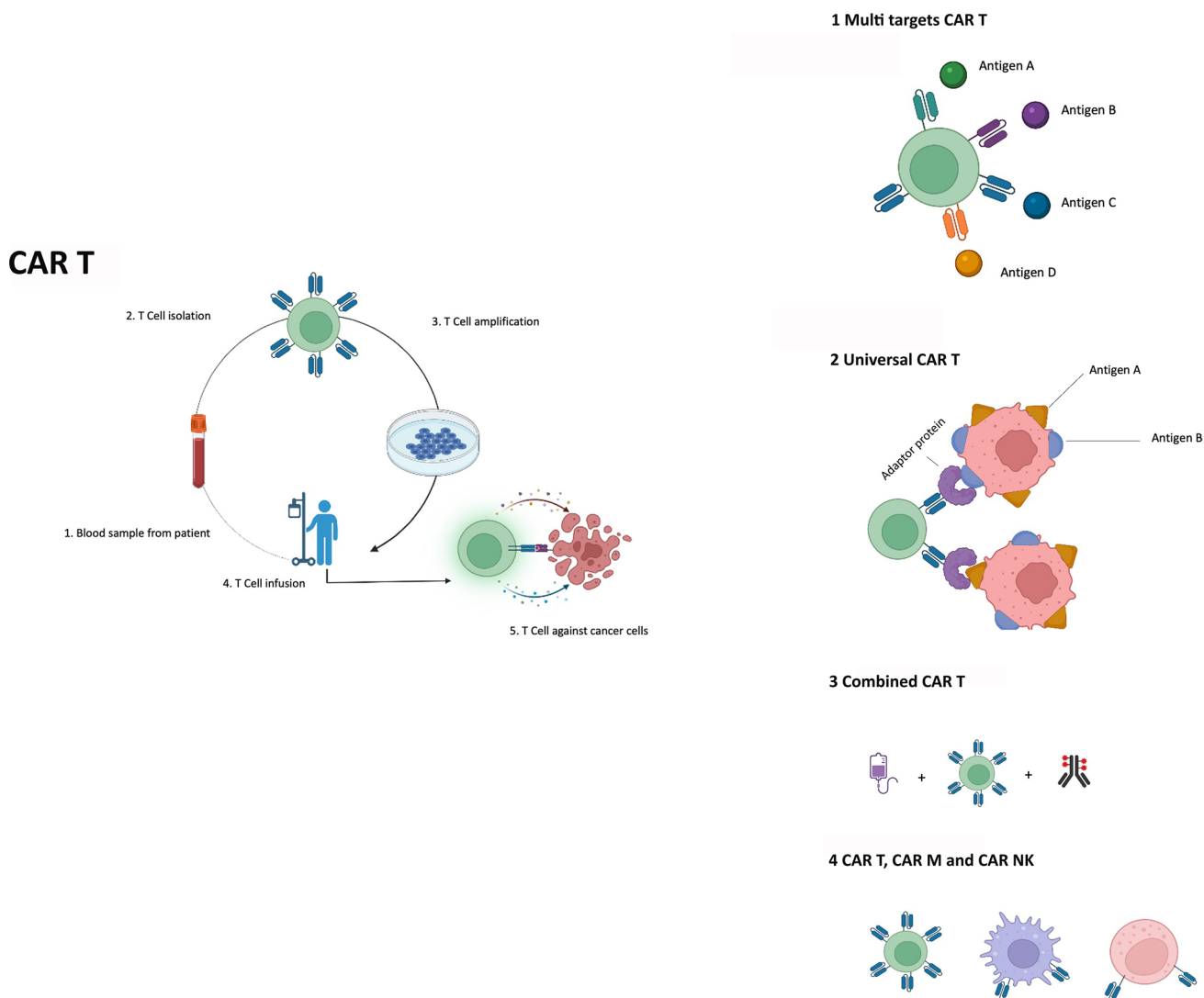
Although the anticancer activity of CAR T cells in solid tumors, and particularly in GBM, appeared lower

than expected, a possible advantage of this novel treatment lies in its great flexibility and adaptability [22, 95]. CAR T cells are T lymphocytes that are modified, through the use of oncoretroviral or lentiviral vectors, to express CARs. These synthetic receptors redirect T cells to cancer cell surface antigens in order to eliminate the targeted cancer cells, bypassing the HLA-restricted nature of T cells [96]. Notably, by combining the specificity of the major histocompatibility complex (MHC)-independent antibody recognition with the anti-tumor potential of T lymphocytes, these cells can virtually target and eliminate any antigenic specificity (Table 1).

Engineered CAR T cells are obtained from the blood of the patient through leukapheresis, then genetically modified to express the chimeric receptor, which selectively binds antigens expressed on the surface of tumor cells. These

modified T cells are induced to replicate in the laboratory through a combination of cytokines, including interleukin (IL)-2, IL-7, IL-15, or IL-21, and then transplanted into the patient [97]. When the CAR construct binds its antigen, there is T-cell activation and proliferation associated with cytokine release and cytolytic degranulation, resulting in an activated immune response against tumor cells [98].

There are three main components of CAR T cells: the extracellular single chain variable domain (scFv), the transmembrane domain, and the intracellular domain for signal transmission. Since the first description of the CAR design, the CAR T structure has continuously evolved and improved. In particular, CARs evolved from the basic first-generation CARs, composed only of the activation domain (CD3ζ chain) for signaling, to second- and third-generation CARs, where the CD3ζ domain has been



**Fig. 2** A summary of CAR T-cell general mechanism and possible strategies under evaluation to improve engineered cell potential within patients with glioblastoma. CAR chimeric antigen receptor

**Table 1** Summary of available clinical data of CAR T treatments in glioblastoma patients**STANDARD CAR T***IL-13R $\alpha$ 2*

Case report of a single patient experiencing remission of all GBM lesions sustained for 7.5 months [105, 106]

*HER2*

Phase I studies with 17 patients with recurrent GBM. No dose-limiting toxicity. One patient experienced partial response, three patients achieved stable disease. Median OS 11.1 months [107]

*EGFRvIII*

Phase I study investigating a second-generation CAR T-cell targeting EGFRvIII. No dose-limiting toxicity. Only one of three patients achieved stable disease as best response [110]

Phase I study investigating a third-generation EGFRvIII-specific CAR T. Dose-limiting toxicities with one treatment-related death at higher toxicity. Only 1 of 18 patients experienced stable disease as best response [109]

*B7-H3*

Promising in vitro and in vivo results, no clinical studies available [115]

*EphA2*

Phase I study in which EphA2 cells were administered with lymphodepletion chemotherapy composed of fludarabine and cyclophosphamide.

One of three patients experienced stable disease as best response [120]

*CAR T Cells Secreting IL-18*

Car T cells secreting a cytokine able to maintain an immune response against cancer cells. Positive preclinical data [121, 122]

**UNIVERSAL CAR T**

Two main editing tools for cell engineering: TALENs and CRISPR [161-163]. A preclinical study assessing an engineered population of T cells with TALEN on CD19-positive cancer cells. No clinical evidence was available for patients with GBM [161-163]

*Multispecific CAR T Cells*

Car T cells able to target two (bivalent), three (trivalent), or more (multispecific) antigens.

Preclinical studies investigated a bivalent CAR T targeting HER2 and IL-13R $\alpha$  and a trivalent CAR T cell targeting HER2, IL-13R $\alpha$  and EphA2 showing encouraging efficacy [175, 176]

The BITE-armed CAR T cell can target both EGFRvIII expression and wild-type cancer cells on animal models [112]

*Combined Treatments with CAR T*

Ongoing phase I trial (NCT03726515) investigating the combination between pembrolizumab and EGFRvIII direct CAR T cells on patients with GBM after adjuvant radiation therapy

*CAR NK, CAR M*

Engineered natural killer targeting EGFR, EGFRvIII and HER2 have been assessed on GBM preclinical models. A phase I study (CAR-2BRAIN) is currently assessing a HER2-targeting CAR NK [179-183]

Engineered macrophages could modify the tumor-associated microenvironment from an immune-inhibiting to an immune-enhancing microenvironment. To date no studies have assessed this approach in patients with GBM [186]

CAR chimeric antigen receptor, IL interleukin, GBM glioblastoma, OS overall survival, HER2 human epidermal growth factor receptor 2, EGFR epidermal growth factor receptor, TALENs transcription activator-like effector nucleases, CRISPR clustered regularly interspaced short palindromic repeats, BITE bispecific tumor-targeted T-cell engager

equipped with one (4-1BB or CD28) or more (4-1BB and CD28) costimulatory domains to enhance CAR T therapeutic efficacy, proliferation, persistence and duration of response [99, 100]. Third-generation CAR T cells have demonstrated improved antitumor activity at the expense of worse toxicity [101, 102].

CAR T-cell targets that have been evaluated preclinically and in early-phase clinical trials for GBM include IL-13R $\alpha$ 2, HER2, EGFRvIII, EphA2, CD 70, B7-H3 and chlorotoxin [103].

**5.1 Interleukin (IL)-13R $\alpha$ 2**

The IL-13 receptor- $\alpha$ 2 (IL-13R $\alpha$ 2) is involved in the activation of the phosphatidylinositol-3 kinase/AKT/mammalian target of rapamycin pathway and is overexpressed in 75% of

GBM cells. It has been the first target to be investigated in clinical trials [104]. Several studies have reported the safety and clinical bioactivity of IL-13R $\alpha$ 2-directed CAR T in GBM [105, 106].

Brown et al. described the case of a 50-year-old patient with recurrent multifocal IDH1 wild-type, MGMT- unmethylated GBM who experienced remission of all intracranial and spinal tumors after injection of CAR T cells targeting IL-13R $\alpha$ 2, sustained for 7.5 months after the initiation of therapy [105]. The treatment was administered intracranially six times weekly and then switched to intraventricular administration weekly. All lesions progressively and gradually disappeared until they became unmeasurable. Unfortunately, disease progression was observed after cycle 16, and this recurrence has been attributed to the phenomenon of ‘antigen loss’, i.e. a progressive decreased expression of



IL-13R $\alpha$ 2 on GBM cells. However, this report underlines the importance of the route of delivery in CAR T therapy and represents one of the first evidences of how local delivery seems to outperform systemic delivery.

## 5.2 Human Epidermal Growth Factor Receptor 2 (HER2)

The HER2 is a cell membrane receptor with tyrosine kinase activity and is a member of the EGFR family. Its overexpression in cancer is associated with CNS tumors, including GBM, whereas HER2 expression is absent in both normal neuronal and glial tissue during adulthood. In 2017, a phase I trial was published that enrolled 17 patients with progressive HER 2-positive GBM to receive one or more systemic intravenous infusions of a second-generation HER2-specific CAR T-cell therapy with a CD28 costimulatory domain [107]. No patients experienced dose-limiting toxicity. One patient exhibited a partial response for more than 9 months and three patients achieved stable disease for at least 24 months, with a median OS of 11.1 months and a median PFS of 3.5 months [107]. This study confirmed the safety and feasibility of HER2-directed second-generation CAR T for GBM patients, with encouraging preliminary antitumor activity.

## 5.3 Epidermal Growth Factor Receptor (EGFR) VIII

EGFRvIII is a constitutively active mutant variant form of the EGFR that is expressed in about 30–40% of GBMs, thus representing a well-established therapeutic target [108]. Recently, a second-generation EGFRvIII CAR T-cell treatment has been tested in a phase I trial in patients with multifocal, MGMT-unmethylated recurrent GBM [109, 110]. Notably, after CAR T infusion, the engineered lymphocytes became detectable in both peripheral blood and tumor samples (obtained from patients who underwent second surgery) [109–111]. Moreover, the antigen EGFRvIII density in tumor specimens was substantially reduced, suggesting interesting bioactivity of these CAR T cells. Despite this, only one patient achieved stable disease (18 months post single infusion), while the other two treated patients experienced progressive disease as best response. The toxicity profile was favorable as no dose-limiting toxicities occurred.

In 2019, Goff et al. developed a third-generation EGFRvIII-specific CAR T and launched a phase I clinical trial enrolling patients with recurrent GBM expressing EGFRvIII [109]. Eighteen patients were treated intravenously with an escalating dose of EGFRvIII CAR T cells following lymphodepleting host conditioning. At initial dose levels ( $10^7$ – $10^9$  cells), EGFRvIII CAR T cells were well tolerated; however, at the superior dose levels, toxicity was conspicuous, with one treatment-related death (after

intravenous infusion of  $6 \times 10^{10}$  cells), due to respiratory distress and pulmonary edema. One patient developed dyspnea that was successfully managed with continuous positive airway pressure (CPAP). Unfortunately, again, no objective responses were obtained, except one patient who experienced a long PFS of 12.5 months. In summary, despite severe toxicity, the outcomes appeared disappointing, with a median OS of 6.9 months and a median PFS of 1.3 months [109]. The reasons for this failure have been investigated by Sampson et al., who demonstrated that EGFRvIII CAR therapy generates antigenic loss, rendering the tumor resistant to CAR Ts [111]. It is interesting that despite the unsatisfactory results, the researchers were not discouraged and continuous efforts are being made in an attempt to improve and optimize EGFRvIII-targeted CAR Ts [112–114].

## 6 Novel CAR T Approaches to Treat GBM

A novel CAR T equipped with chlorotoxin, a scorpion toxin, has been developed in orthotopic xenograft GBM tumor models, demonstrating safety and long-term remissions [115].

Tang et al. have engineered specific CAR Ts directed against B7-H3, a type I transmembrane protein widely expressed in tumor cells of diverse origin that has demonstrated antitumor activity both in vitro and in vivo in orthotopic GBM models [116]. Starting with the observation that CD70, if overexpressed in GBM cells, is capable of inducing apoptosis on T cells, Jin et al. have developed a CD70 CAR T that demonstrated antitumor activity against CD70<sup>+</sup> glioma cells in vitro and in vivo, inducing remission with  $100 \times 10^6$  CAR T cells [117]. In a follow-up study, the same group further increased the efficiency of CD70 CAR T cells through co-expression of CXCR2, the IL-8 receptor. Since IL-8 expression is known to promote tumor resistance and invasion, using CAR T cells directed towards IL-8, the authors achieved a product able to penetrate tumor tissue more diffusely, obtaining in vivo remission with only  $2 \times 10^6$  CAR T cells [118].

EphA2 is a protein overexpressed in sarcomas and gliomas [119]. After encouraging results in preclinical studies [118, 120], in the first-in-human NCT03423992 phase I trial, EphA2-redirected CAR T cells were administered with a lymphodepletion regimen consisting of fludarabine and cyclophosphamide, leading to stable disease in only one patient, while the remaining two patients experienced disease progression as best response [121]. Although not exciting, these results deserve further study.

Another interesting strategy is to develop CAR T cells that constitutively secrete IL-18, a cytokine that enhances the immune response through interferon (IFN)- $\gamma$  secretion and activation of natural killer (NK) and cytotoxic T

lymphocytes. Synthetic IL-18 secretion by CAR T cells increases T-cell persistence and anti-tumor activity, thus promoting CAR T cytotoxicity in animal preclinical models [122, 123].

## 7 The Reasons for CAR T Failure in GBM and Strategies to Overcome Resistance and Obtain Durable Responses

Despite promising early results, several limitations and significant challenges compromise the efficacy of CAR T therapy in GBM, primarily because of the unique immunosuppressive, hostile, and ‘cold’ GBM microenvironment, poor or pro-inflammatory mediators, and also the tumor antigen heterogeneity of this neoplasm [21, 22].

A major basic problem in the manufacturing of CAR T cells is lymphopenia, a limited T-cell bioavailability in patients heavily pretreated with corticosteroids and chemotherapy. The process of CAR T manufacturing implies that patient peripheral T cells have to be isolated, extracted, and expanded. This represents an issue in GBM patients, heavily immunosuppressed and equipped with often anergic and exhausted T lymphocytes [124].

Another obstacle is the presence of the BBB, which is critical for T-cell penetration into the CNS parenchymal tissue. The BBB is composed of endothelial cells, which give rise to a continuous and non-fenestrated endothelium. The endothelial cells are then joined together by occluding cellular junctions (otherwise called tight junctions); this greater compactness prevents the passage of hydrophilic substances or substances with large molecular weight from the blood flow to the interstitium (and therefore to the neurons), with the capacity for much more selective filtering than that carried out by the endothelial cells of the capillaries of other parts of the body. A further factor that contributes to the formation of this anatomical functional unit called BBB is the projection of astrocytic cells, called astrocytic peduncles (also known as ‘glial limiting’), which surround the endothelial cells of the BBB, determining an additional ‘barrier’ [125]. It is a highly selective physiologic boundary that limits the trafficking of activated T cells and the engraftment of the CAR T product into the tumor tissue. Given the challenges of trafficking CAR T cells into parenchymal tissue, many GBM CAR T trials have focused on local intracavitary and intraventricular delivery in favor of intravenous delivery.

Although the BBB limit can be overrun by an intracavitary or intraventricular infusion, the GBM microenvironment is enriched with immunosuppressive myeloid and lymphoid cells in different states of maturation. Furthermore, many soluble factors are secreted by the tumor, such as transforming growth factor (TGF)- $\beta$ , VEGF, IL-6 and IL-10, involved in the resolutive phases of inflammation and able to

inhibit an immune response. These factors suppress T-cell proliferation, decreasing the absolute counts of CD4<sup>+</sup> T cells and increasing the proportion of regulatory T cells (T-reg, which exert inhibitory action on CD4<sup>+</sup> T cells, cytotoxic CD8<sup>+</sup> T cells, dendritic cells, and NK cells), thus hindering immune responses around tumors [126]. Immunosuppressive tumor-associated macrophages (TAMs), in particular, possess immunosuppressive abilities and may be potent inactivators of both CD4<sup>+</sup> and CD8<sup>+</sup> T cells [127, 128].

The massive infiltration of TAMs and ‘alternatively activated M2 macrophages’ (i.e. immunosuppressive-type macrophages), T-reg, and myeloid-derived suppressor cells is a hallmark feature of GBM: these cells perform an anti-inflammatory action associated with suppression of the immune response, hindering the infiltration of T cells [129–131].

Furthermore, the tumor TME is hypoxic and metabolically stressful, and is thus inadequate to provide the sufficient glucose intake required for the high glycolytic activity of T cells. Glucose depletion and the exhaustion of essential metabolic substrates such as tryptophan, arginine, and lysine, which is typical of the dysregulated metabolic state of GBM, result in the accumulation of lactic acid and reduction of pH values, which suppresses T lymphocyte proliferation and effector capacity [132, 133].

Another hurdle to consider is the inadequate trafficking of CAR T cells to the tumor site, resulting in diffuse inability of the T cells to penetrate and infiltrate the TME, depending on the interactions between the chemokine receptors on the CAR (CXCR3 and CCR5) and the chemotactic chemokines secreted by the tumors (often inadequate), thus resulting in unsuccessful trafficking of CAR T cells to the tumor tissue [134].

However, even if the engineered CAR T cells survive and penetrate the ‘cold’ and hostile GBM TME, their cytotoxic action is inhibited and stopped by the immune-suppressive cytokine storm. Furthermore, heterogeneous surface antigen expression can lead to CAR T evasion. Both the spatial and temporal heterogeneity of target expression on GBM cells presents a challenge to CAR T effectiveness. In EGFRvIII- and IL-13Ra2-directed CAR T trials, investigators noted that quantitative target antigen expression tended to shrink over time, a phenomenon known as ‘antigen loss’, responsible for resistance and relapse.

The failure of CAR T therapy in GBM may also be related to a phenomenon named T-cell exhaustion, typical of chronic infections and cancer and consisting in a state of ‘anergy’ and deterioration of T-cell effector functions that are exposed to chronic antigen stimulation or persistent infections/inflammatory signals. Constitutive prolonged activation of the CAR, known as tonic signaling, leads to increased expression of multiple inhibitory receptors of CAR T and to altered transcriptional programs responsible

for the relapse and ineffectiveness of CAR T cells [135, 136].

The hypothesized underlying mechanisms at the basis of exhaustion are different and include expression of inhibitory receptor signaling; alterations of key transcriptional factors and epigenetic reprogramming; DNA methylation that promotes T-cell exhaustion and limits the activity of immune checkpoint blockade [137, 138]; and reduction of chromatin accessibility, which is the basis of DNA demethylation processes [139–141].

Weber et al. have recently published an interesting study that, through a platform controlling CAR surface expression, prevented tonic signaling on CAR T cells, thus generating a product free from the phenotypic hallmarks of exhaustion, like inhibitory receptor signaling (PD-1, TIM-3, LAG-3), and deprived of exhaustion-associated gene expression profile [142]. The CAR T cells thus modified presented increased antitumor activity and maintained the ability to secrete cytokines over time [142]. The authors concluded that the transient inhibition of CAR surface expression and, consequently, the cessation of CAR T-cell tonic signaling can reverse and prevent the phenomenon of T-cell exhaustion. The same group also demonstrated that the tyrosine kinase inhibitor dasatinib seems to be a valid option to reverse tonic signaling and exhaustion in T cells.

A concern regarding the clinical efficacy of CAR T cells in brain tumors is the impact of antigen density on the potency of CAR Ts and the threshold of antigen expression. In fact, CAR Ts require high antigen density for full T-cell activation. Furthermore, this property has two important implications; first, the risk of relapse with low expression of antigen, and second, the toxicity, considering that even a low level of target antigen expression on normal tissues can prove fatal. The solution is engineering of CAR T cells focusing on antigen density thresholds. A recently published article has reported an interesting strategy aimed at improving CAR T efficacy, and also in the context of a low concentration of antigens [143]. The promising GPC2-CAR, targeting glypican-2 (GPC2), an embryonal antigen with expression restricted to fetal brain tissue, overexpressed on neuroblastoma compared with normal tissues, has been manufactured. GPC2-CARs have been optimized to lower the antigen density threshold and have shown promising antitumor effects *in vivo* in preclinical models and also in a low antigen density microenvironment [143]. Although fine-tuning CAR T cells to recognize low antigen density potentially increases the risk for on- or off-target toxicity, the toxicity related to this treatment was quite insignificant, likely because GPC2 expression is very limited in postnatal tissues [143].

Another major issue concerning CAR T therapy in GBM is safety. The two main toxicities are cytokine release syndrome (CRS) and a set of neurological sequelae

named ‘immune effector cell-associated neurotoxicity syndrome’ (ICANS), responsible for several cases of treatment-related deaths [94, 144–146]. CRS is the result of a cytokine storm and involves several symptoms, including fever, nausea, vomiting, diarrhea, and, in the most severe cases, arrhythmia, dyspnea, pulmonary oedema and respiratory failure. This syndrome can be managed with the use of the monoclonal antibody tocilizumab or dexamethasone, to reduce the inflammatory reaction [147]. Therefore, it is supposed, even if not definitely demonstrated, that the use of corticosteroids, with their broad spectrum, non-specific anti-inflammatory action, might be associated with detrimental effects on CAR T effectiveness [148–150]. The pathogenesis of ICANS is poorly understood. The most likely mechanism involves cytokines spreading into the cerebrospinal fluid, causing inflammation of the CNS. Symptoms related to ICANS are headache, seizures, brain edema, coma, aphasia, delirium, or even rare cases of death [151–154].

Recently, Tmunity stopped the phase I CAR T-PSMA-TGF $\beta$ RDN study in patients with prostate cancer after two cases of death as a result of ICANS [146]. Tocilizumab has demonstrated poor efficacy for the management of ICANS and may hypothetically aggravate the severity of neurologic toxicity [155], thus corticosteroids remain the first-line approach.

Innovative sophisticated strategies to overcome the limits of CAR T cells have been developed, including the use of multitargeted CARs, the identification of universal immune receptors targeting multiple antigens (universal CAR T), and the research of novel combination therapies with ICIs.

## 8 UNIVERSAL CART

Conventional CAR T cells are autologous lymphocytes, requiring the collection of patient-specific T cells, which results in interpatient variability. The final cell product has the ability to target only one fixed epitope of a single specific antigen, making the therapy vulnerable to relapse due to tumor heterogeneity and mechanisms of antigen escape, such as antigen loss or low-density antigen. In fact, despite the fact that traditional CAR T therapy may initially achieve tumor regression, relapse often occurs [100, 156].

The traditional CAR T manufacturing protocols are expensive and time-consuming, making an ‘individualized’ product, variable from patient to patient, that is not ‘ready to use’ for critically ill patients and which cannot be simultaneously administered to multiple patients. Moreover, the success of the production depends on the collection of a sufficient number of autologous T cells,

which can be inadequate in lymphopenic patients highly pretreated with multiple previous chemotherapies [157].

Over the last few years, significant efforts have been made to further improve the CAR T design. Universal CAR T represents a ‘fourth generation’ of modular CAR T cells, developed to overcome the fixed antigen specificity of traditional CAR T systems, to increase the safety and controllability of CAR manufacturing, and to offer an off-the-shell, ready to use product, obtained from the T cells of a healthy donor. Universal CAR Ts could circumvent the problem of tumor heterogeneity and overcome the issue of quantitatively insufficient or poor-quality CAR T cell products [158, 159].

Modular CAR T technology is obtained by the T cells of a healthy donor and presents a ‘third-party’ intermediate system that splits the antigen-targeting region from T-cell signaling through use of an ‘adaptor’. This is a switch molecule that serves as the targeting element and allows flexibility in tumor targeting, conferring to CAR T cells a broad-range of antigen specificity [160, 161]. Indeed, universal CAR Ts effectively abolish graft-versus-host disease (GVHD) by generating TCR-deficient and HLA class I-deficient T cells that are not capable of recognizing allogeneic antigens. The most commonly used methodology for disrupting the TCR gene or HLA class I loci of the allogeneic T cells is genome immune editing, an approach consisting of DNA manipulation through the use of nucleases, which can modify and regulate genomic loci to achieve the required therapeutic effects. Transcription activator-like effector nucleases (TALENs) and the ‘new-born’ clustered regularly interspaced short palindromic repeats (CRISPR) are among the most powerful editing tools available to genetic engineering [161, 162]. Using TALEN editing technology, Poirot et al. have developed T cells disrupted in the  $\alpha\beta$  TCR gene and CD52 gene expression, and thus deficient of both T-cell receptor and CD52, a protein targeted by alemtuzumab (a chemotherapeutic agent), limiting the risks of alloreactivity GVHD and making T cells resistant to destruction by alemtuzumab [163]. These modified T cells were used for the generation of universal CAR T cells that when administered in combination with the chemotherapeutic agent alemtuzumab demonstrated efficient destruction of CD19 tumor targets. The CRISPR/CRISPR-associated protein 9 system is a gene editing tool able to perform multiplex genome editing, cleaving the DNA at sites of interest. Adopting the CRISPR protocol, it is possible to generate ‘double knockout’ of HLA class I and TCR universal CAR T cells, abolishing the potential for T cells to react to allogeneic antigens and improving CAR T safety [164–166].

One relevant challenge regarding the loss of classical HLA class I expression is that HLA-negative allogeneic cells might be recognized by endogenous NKs, becoming

vulnerable for NK-mediated lysis and thus rendering the therapy inefficient. A solution to prevent the elimination of administered HLA-negative allogeneic cells by NKs is provided by the enforced expression on donor cells of non-classical HLA class I molecules such as HLA-E or HLA-G, which have been shown to protect cells from NK-mediated cytotoxicity [167–171].

Guo et al. have recently demonstrated that anti-CD19 universal CAR T cells (UCAR T-19) manufactured with the constitutive expression of mutant  $\beta$ 2-microglobulin HLA-E and  $\beta$ 2-microglobulin HLA-G fusion proteins are protected from NK cell-mediated lysis and show anti-tumor efficacy [167].

## 9 Multispecific CAR T

The therapeutic successes achieved by CAR T cells on the management of B-cell tumors can be partially explained by the presence of a single antigen (CD19) that is expressed by all tumoral cell clones. Unfortunately, GBM is characterized by high intratumor and intertumoral heterogeneity, which makes the development of a cell clone targeting a single antigen difficult [166, 172]. To overcome this obstacle, the development of CAR T cells simultaneously targeting more than one antigen has been proposed [166, 172–175]. These lymphocytes can be defined as ‘bivalent’, ‘trivalent’, or ‘multispecific’ according to the number of targets. Tandem CAR T cells are bivalent CAR T cells that have been assessed in GBM [175]. Hegde et al. developed tandem CAR T cells targeting IL-13R $\alpha$ 2 and HER2 [174]. Their tandem CAR was capable of killing GBM cells by binding to either HER2 or IL-13R $\alpha$ 2. However, when these cells simultaneously recognized the two antigens, the immune response was significantly enhanced, resulting in ‘super additive’ T-cell activation. To date, ‘trivalent’ CAR T cells targeting HER2, IL-13R $\alpha$ 2, and EphA2 are being assessed in animal models [175, 176]. The bispecific tumor-targeted T-cell engager (BiTE)-armed CAR T cells is another strategy in which engineered T cells can target both wild-type and EGFRvIII-expressing GBM cells. BiTE-armed CAR T cells successfully eliminated cancer cells and prolonged the survival of mice orthotopically grafted with either GBM cell lines or patient-derived glioma neurospheres [112].

## 10 Combination Therapies

Evidence in preclinical models of GBM have shown that a promising strategy to overcome the limits of the immunosuppressive TME is the combination of CAR T immunotherapy cells with immune checkpoint blockade.



It has been widely demonstrated that exhausted CAR T cells overexpress inhibitory receptors, including programmed death-1 (PD-1), with corresponding upregulation of PD-1 ligands (PD-L1 and PD-L2) on the tumor cells [176]. Thus, novel combination therapies to limit the PD-L1-mediated immunosuppression and to enhance the efficacy of CAR T-cell therapy are emerging, especially those aimed at genetically engineering CAR T cells to intrinsically express a PD-1-negative receptor on the surface [176]. Chen et al. engineered specific CAR T cells genetically modified to overexpress a PD-1-dominant negative receptor (PD-1 DNR) that demonstrated antitumor activity in both an *in vitro* and *in vivo* mouse model [176].

The ongoing single-arm, open-label NCT03726515 trial investigated the combination of high doses of EGFRvIII-directed CAR T cells with the anti-PD1 humanized antibody pembrolizumab after adjuvant radiotherapy. The results from this trial are expected to provide important information regarding the clinical impact of CAR-T cells combined with checkpoint inhibitors in GBM treatment, as well as the safety and feasibility of these combination strategies.

## 11 CAR NK and Car M against GBM

To overcome the limits of the application of CAR T cells in solid tumors, novel CAR-based therapeutic strategies are under investigation.

CAR NK therapy is based on the genetic manipulation of NK cells that are modified to express CARs that recognize tumor-associated antigens. NK cells are characterized by broad cytotoxic activity, are the first line of the immune defense, even in the absence of a prior sensitization of class I MHC, and are also active in the presence of low expression of the CAR target antigen or against non-CAR-specific antigens [177, 178]. CAR NK effectors are allogenic off-the-shelf products from donor-derived NKs, exhibiting a low risk of GVHD and limited toxicity compared with CAR T cells, because they do not induce CRS [179]. CAR NK cells targeting EGFRvIII, EGFR/EGFRVIII, and HER2 have been tested in GBM in preclinical studies only, showing interesting antitumor activity [180–184].

The ongoing CAR2BRAIN study (NCT03383978), which is currently enrolling participants, is a phase I clinical trial evaluating the safety and tolerability of CAR NK cells from the NK-92 cell line (NK-92/5.28.z CAR NK cells) and targeting HER2. The Achilles heel of CAR NKs appears to be their short *in vivo* survival that on the one hand limits the toxicities and on the other hand reduces their long-term persistence and duration of activity, requiring multiple repeated treatments [185].

A study by the University of Pennsylvania has recently explored an innovative approach based on the transduction

of CARs into macrophages (CAR Ms) [186]. CAR M therapy demonstrated multimodal antitumor activity at various levels of the immune response: macrophages infiltrate the TME phagocytizing cancer cells, and indeed they present marked ability in reverting the immunosuppressive TME, repolarizing the cold protumoral M2 phenotype of macrophages towards the hot proinflammatory M1 phenotype, and thus promoting a proinflammatory microenvironment. Finally, CAR M therapy stimulates the cells of the adaptive immune system [186]. Although to date there is no evidence and there are no studies on the use of CAR M in GBM, macrophages seem to be better candidates suited for the application of CAR therapy in GBM, given their ability to penetrate and infiltrate the TME and to directly phagocytose cancer cells, thus overcoming the obstacles associated with the immunosuppressive TME and to T-cell immunotherapy [21].

## 12 Conclusions

GBM remains one of the most aggressive CNS malignancies. Nonetheless, thanks to increasing knowledge regarding molecular mechanisms associated with tumor onset and progression, promising novel treatments will be tested. Previous trials are important despite the negative results that are often observed. Indeed, from the experience acquired by previous studies, we are now able to design more efficient trials capable of testing more compounds at the same time and adopting the minimum required number of patients. In this light, the development of early phase 0 trials assessing the ability of different drugs to penetrate into CNS tissue appears to be of particular interest.

In novel therapeutic approaches, immunotherapy still represents a potential effective treatment. In this regard, the development of genetically engineered immune effector cells equipped with CARs represent a valuable option to strengthen the potential of T-cell immunity.

However, despite the excellent clinical results achieved in hematological malignancies, the effectiveness of CAR T cells in GBM appears lower than expected, with frequent and early antigen-negative relapses and relevant toxicities. The reasons are manifold: the low number of T cells in CNS tissue and the immunosuppressive TME, enriched with M2-like macrophages and T-reg; the use of autologous T cells, which implies a laborious and expensive manufacturing process; and not least, the relevant, sometimes fatal, adverse effects.

Despite all these obstacles, CAR T therapy offers unparalleled advantages, such as the flexibility in tumor targeting, the adaptability to exploit all the cell-killing mechanisms that the immune system offers, and the



MHC-independent antigen recognition, to overcome the evasion strategies developed by tumors cells. This justifies the continuous attempts of researchers for improving tumor targeting and developing novel CAR T combinations, and the impetus of the numerous new studies that are underway.

The goal is to optimize the following points: improving safety, protecting CAR T from the immunosuppressive TME, preventing T-cell exhaustion and antigen loss and ameliorating tumor-homing. It is not unexpected that research in the field of non-T-engineered immune cell effectors, NK cells, and macrophages will find solutions to these challenges.

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