SYSTEMATIC REVIEW



Cardiac Complications Attributed to Chloroquine and Hydroxychloroquine: A Systematic Review of the Literature

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Abstract

Introduction Chloroquine and hydroxychloroquine are widely used in the long-term treatment of connective tissue disease and usually considered safe. However, chloroquine- or hydroxychloroquine-related cardiac disorder is a rare but severe adverse event, which can lead to death. This systematic review investigates cardiac complications attributed to chloroquine and hydroxychloroquine.

Methods PubMED, EMBASE, and Cochrane database searches were conducted using keywords derived from

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MeSH terms. Reports published prior to 31 July, 2017 were eligible for inclusion, without restriction to study design. Searches were also conducted on reference lists of included studies.

Results Eighty-six articles were identified, reporting individual cases or short series, providing information on 127 patients (65.4% female). A majority of patients were treated with chloroquine (58.3%), with the remaining treated with hydroxychloroquine (39.4%), or both in succession. Most patients had been treated for a long time (median 7 years, minimum 3 days; maximum 35 years) and with a high cumulative dose (median 1235 g for hydroxychloroquine and 803 g for chloroquine). Conduction disorders were the main side effect reported, affecting 85% of patients. Other non-specific adverse cardiac events included ventricular hypertrophy (22%), hypokinesia (9.4%), heart failure (26.8%), pulmonary arterial hypertension (3.9%), and valvular dysfunction (7.1%). For 78 patients reported to have been withdrawn from treatment, some recovered normal heart function (44.9%), while for others progression was unfavorable, resulting in irreversible damage (12.9%) or death (30.8%).

Limitations The risk of cardiac complications attributed to chloroquine/hydroxychloroquine was not quantified because of the lack of randomized controlled trials and observational studies investigating the association.

Conclusions Clinicians should be warned that chloroquine- or hydroxychloroquine-related cardiac manifestations, even conduction disorders without repercussion, may be initial manifestations of toxicity, and are potentially irreversible. Therefore, treatment withdrawal is required when cardiac manifestations are present.

Key Points

Chloroquine/hydroxychloroquine-related cardiac disorder is a rare, but severe adverse event (only 45% of patients recovered after drug withdrawal).

Although some studies suggest a vascular protective role of hydroxychloroquine in the context of inflammatory diseases, long-term hydroxychloroquine administration may induce severe cardiac disorders, the early signs of which may be important to detect.

Cardiac monitoring of patients using chloroquine/ hydroxychloroquine drugs seems necessary.

1 Introduction

The antimalarial drugs chloroquine (CQ) and hydroxychloroquine (HCQ) are widely used in the long-term treatment of connective tissue disease and are usually considered safe. In systemic lupus erythematosus (SLE), HCQ improves cutaneous and arthritis symptoms, prevents renal involvement and thrombosis, and prevents osteoporosis by limiting corticosteroid consumption. For all these reasons, HCQ is recommended by both the European League Against Rheumatism and the American College of Rheumatology, as the standard treatment in SLE to prevent relapse [1, 2]. Moreover, CQ/HCQ have been used for many years to treat rheumatoid arthritis (RA), with poor efficacy in monotherapy but demonstrated added value in combination therapy [3].

Hydroxychloroquine differs from CQ by the presence of a hydroxyl group on one of the ethyl groups attached to nitrogen in the side chain. Both drugs are well absorbed, with tissue concentrations increasing rapidly to reach steady-state after five half-lives, i.e., 1-3 months (β-halflives are in the range of 10-30 days for CQ and 3-20 days for HCQ). After withdrawal, the decrease in tissue concentration is about 90-95% in 15 days [4]. Comparison between CQ and HCQ is difficult. While not a controlled study, Scherbel et al. suggest a similar profile between both drugs in their direct comparison of effectiveness and toxicity [5]. Chloroquine more often appears associated with retinopathy, an observation probably accounting for the increasingly frequent use of HCO [6]. Other adverse events, such as skin changes, and neuro-myopathy, [7, 8] are also associated with the long-term use of CQ/HCQ therapy. Recently, the American Academy of Ophthalmology outlined risk factors associated with retinopathy following therapeutic use of HCQ and CQ, and recommendations for screening [6]. These antimalarial drugs seem to have a cumulative effect, as treatment duration longer than 5 years, cumulative doses higher than 1000 g for HCQ and 460 g for CQ, and a high daily dose, were all shown to increase the risk of retinopathy. It was recommended that following a baseline examination when the drug is started, annual screenings should begin after 5 years.

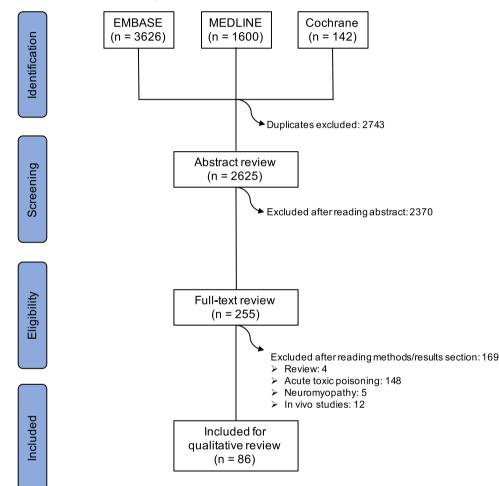
Several recent studies have highlighted the usefulness of HCO in preventing the occurrence of cardiovascular disorders, particularly in inflammatory diseases such as SLE or RA [9, 10]. In addition to its anti-inflammatory properties, HCO prevents the occurrence of thromboses, limits atherosclerosis, reduces cholesterol levels, and reduces the risk of type 2 diabetes mellitus [11]. Conversely, through poorly understood mechanisms, perhaps involving the lysosomal pathway, [12] these drugs may also induce cardiac toxicity. Long-term treatment with CQ and HCQ provokes dysfunction of lysosomal enzymes, [13] leading to impairment of intracellular degradation processes and subsequent accumulation of metabolic products (glycogen and phospholipids) [14]. Chloroquine- or HCQ-related cardiac disorder is a rare but severe adverse event, which can lead to death. Presently, there are no guidelines regarding cardiac care with the long-term use of CQ or HCQ. Here, we present a thorough systematic review of case series concerning cardiac complications attributed to CQ and HCQ drugs, and provide recommendations for clinicians.

2 Methods

2.1 Data Sources and Literature Searches

We conducted a systematic review following the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) statement. On 1 August, 2017, we performed a systematic electronic search in MEDLINE of PubMed, EMBASE, and Cochrane databases, including all articles published prior to 31 July, 2017. Our search strategy used a combination of relevant keywords chosen according to the MeSH terms for heart diseases, with subcategories such as arrhythmias, cardiomegaly, cardiomyopathies, heart arrest, heart failure, heart valve diseases, myocardial ischemia, and ventricular dysfunction ("hydroxychloroquine" [MeSH] OR "chloroquine" [MeSH]) AND ("heart failure" [MeSH] OR "atrioventricular block"[MeSH] OR "cardiomyopathy" [MeSH] OR "cardiac toxicity" [MeSH] OR "cardiovascular disease" [MeSH]). One author (YMP)

conducted an initial screening of potentially relevant records, based on titles and abstracts, with the final selection of articles performed independently by another author (CC) based on a full-text evaluation. Consensus between the two reviewers was used to resolve any disagreement. The full search strings used for the electronic database queries, including all the search terms, are listed in Electronic Supplementary Material (ESM) 1. The reference lists of publications identified in our electronic search were searched by hand to find any additional studies. The PRISMA flow chart figure summarize the different steps leading to the final data selection and analysis. articles, further reduced by reading the text. This second careful reading was performed to avoid inclusion of multiple reports for the same patient. Studies that were excluded include reports of patients with acute self-poisoning attributed to CQ/HCQ, basic science studies explaining the pathophysiologic mechanisms, and reports of patients with skeletal muscle disorders but without heart involvement. Animal studies were also excluded. The remaining list, found in English, French, German, and Spanish publications, was then reviewed and summarized by the authors.



2.2 Study Selection

We included all studies reporting patients experiencing cardiac complications related to long-term CQ/HCQ treatment. We used the Mendeley citation manager to automatically identify and delete duplicates among imported references. The resulting list was first reduced by reading the title and abstract and then, for those remaining

2.3 Data Extraction

Using a standardized form, two reviewers (CC and YMP) independently extracted study characteristics (details of participants, interventions, and outcomes) from the included case reports. The data collected for each patient included: age, sex, treatment, daily dose, cumulative dose (i.e., the total dose taken by the patient, specified either by

authors or calculated from the daily dose and duration of treatment), underlying disease, cardiac disorders (clinic, electrocardiogram, echocardiography), extra-cardiac toxicity, pathologic findings, heart magnetic resonance imaging (MRI), evolution, and Fabry disease (FD) screening. We did not contact study authors for missing data. Cardiac disorders were described according to the Medical Dictionary for Regulatory Activities, Version 20.1, which allows a systematic classification of medical information on adverse drug reactions [15]. The Medical Dictionary for Regulatory Activities is organized into five hierarchical levels: medical discipline 'System Organ Class', 'High Level Group Term', 'High Level Term', 'Preferred Term', and 'Lowest Level Term' (see ESM 2). Moreover, the probability of drug adverse events has been assessed using the Naranjo scale [16]. We did not exclude randomized clinical trials or observational studies. However, none of the randomized clinical trials or observational studies investigated a possible role of CO/HCO in the onset of cardiac disorders. Indeed, we only found individual or case series with relevant data.

2.4 Statistical Analysis

A comprehensive description of the sample population provides frequencies of different categories for qualitative variables, and the mean and standard deviation, as well as median and minimum/maximum values, of quantitative variables. Differences in the frequency of adverse events between CQ and HCQ treatment were analyzed using Fisher's exact test. The significance level was set at 5%. Statistical analysis was performed using Prism version 7.0c (GraphPad Software Inc., La Jolla, CA, USA).

3 Results

3.1 Study Characteristics and General Data

Our search identified 86 articles for review, in which 127 cases of cardiac disorders attributed to CQ or HCQ drugs were identified [7, 17–100]. The articles are descriptions of individual cases or short series. Periods of publication were 1963–79 (n = 6), 1980–9 (n = 10), 1990–9 (n = 12), 2000–9 (n = 23), and since 2010 (n = 35). Patient data are summarized in Table 1. Articles reviewed are described in ESM 3. Patients with cardiac side effects were mainly women (n = 83; 65.4%), and had a median age of 56 years (minimum 27 years; maximum 81 years). Seventy-four patients (58.3%) were treated with CQ, 50 (39.4%) with HCQ, and three patients had received treatment with both drugs in succession. Patients experienced various inflammatory or infectious diseases: SLE (n = 49), RA (n = 28),

discoid lupus erythematosus (n = 22), Sjögren syndrome (n = 4), juvenile idiopathic arthritis (n = 1), scleroderma (n = 2), mixed connective tissue disease (n = 4), psoriasis (n = 1), malaria (repeated episode or long-term use both by self-medication) (n = 19), Whipple disease (n = 1), primary pulmonary hemosiderosis (n = 1), sarcoidosis (n = 1), and overlap syndrome with autoimmune hepatitis and primary cirrhosis (n = 1). The median duration of treatment was 7 years (minimum 3 days; maximum 35 years) for CQ and 8 years (minimum 10 days; maximum 30 years) for HCQ, and the median cumulative dose was 803 g for CQ (minimum 1.5 g; maximum 9125 g) and 1235 g for HCQ (minimum 1.9 g; maximum 4380 g).

3.2 Overview of the Clinical Cardiac Complications

Individual presentation of cardiac manifestations attributed to CQ or HCQ is provided in ESM 3. Conduction disorders were the main side effect reported and affected 85% of patients. Other non-specific cardiac events included ventricular hypertrophy (22%), hypokinesia (9.4%), heart failure (26.8%), pulmonary arterial hypertension (3.9%), or valvular dysfunction (7.1%). In the 78 cases of patients removed from treatment by the drugs, recovery of heart function subsequent to withdraw was observed in 44.9% of cases, but with unfavorable progression in others, with irreversible damage (10.3% with pacemakers), deaths (30.8%), or heart transplant (2.6%). According to the Naranjo scale, we classified the cases into definite (n = 0), probable (n = 38), and possible (n = 69). In a few cases, the score could not be evaluated because of missing data (n = 20) [see ESM 3].

3.2.1 Drug Toxicity from a Low Cumulative Dose (< 100 g)

Cardiac toxicity was induced by a high cumulative dose of CQ or HCQ in most patients. However, a few papers surprisingly mentioned complications in patients with a very low cumulative dose [39, 53, 65, 90, 92, 99, 100]. Most of these patients presented with unusual heart failure, with a depressed left ventricular ejection fraction severe [65, 90, 92, 99, 100]. In one case, the patient had occasionally taken low doses, but over a long period (15 g over 8 years), which may have led to myocyte accumulation [65]. Finally, we can assume that some observations of low-dose toxicity were caused by a quinidine-like effect arising from a severe valvular insufficiency in the patient [39, 53]. One patient with a normal electrocardiogram 2 years prior to receiving 1 year of HCQ treatment (total cumulative dose around 65 g) presented with corrected QT interval lengthening and ventricular arrhythmia (torsade de pointe), which is more an acute mechanism than a

 Table 1
 Demographic and

 clinical presentations of patients
 included in the review

General overview	CQ/HCQ $(n = 127^{a})$	CQ (<i>n</i> = 74)	HCQ $(n = 50)$
Sex, <i>n</i> (%)			
Female	83 (65.4)	40 (54.1)	40 (80)*
Age, year			
Median (min-max)	56 (27-81)	54.5 (27-81)	58 (29-77)*
Diseases involved, n (%)			
Systemic lupus erythematosus	49	15 (20.3)	31 (62)**
Rheumatoid arthritis	28	14 (18.9)	14 (28)*
Discoid lupus erythematosus	22	20 (27)	1 (2)**
Malaria	19	19 (25.7)	_**
Sjögren syndrome	4	2 (2.7)	1 (2)*
Mixed connective tissue disease	4	2 (2.7)	2 (4)*
Scleroderma	2	-	2 (4)*
Psoriasis	1	1 (1.3)	_*
Primary pulmonary hemosiderosis	1	-	_*
Sarcoidosis	1	1 (1.3)	_*
Autoimmune hepatitis/primary cirrhosis	1	-	1 (2)*
Juvenile idiopathic arthritis	1	1 (1.3)	_*
Whipple disease	1	-	1 (2)*
Extra-cardiac toxicity, n (%)	n = 63	n = 39	n = 21
Retinopathy	30	26 (66.7)	2 (9.5)**
Myopathy	24	13 (33.3)	9 (42.6)*
Skin changes	7	5 (12.8)	1 (4.8)*
Neuropathy	6	2 (5.1)	2 (9.5)*
Dose			
Median daily dose, mg (min-max)		250 (155-2000)	400 (200-600)
Median cumulative dose ^b , g (min-max)		803 (1.5–9125)	1235 (1.9–4380)
Median duration, y (min-max)		7 (0–35)	8 (0.03-30)
Evolution after withdrawal, n (%)	n = 78	n = 35	n = 42
Improvement	35 (44.9)	10 (28.6)	24 (57.1)*
Death	24 (30.8)	12 (34.3)	12 (28.6)*
Stable	12 (16.2)	7 (20)	5 (11.9)*
Pacemaker	8 (10.3)	6 (17.1)	2 (4.8)*
Heart transplant	2 (2.6)	1 (2.9)	_*

CQ chloroquine, HCQ hydroxychloroquine, max maximum, min minimum

*p > 0.05, not significant; **p < 0.05, calculated with the Fisher's exact test

^aThree out of 127 patients were treated with both drugs and were excluded in the columns of the individual's drugs

^bCumulative dose is the total dose taken by the patient, specified by the authors or calculated from the daily dose and duration of the treatment

complication related to long-term drug accumulation. Moreover, this patient had cirrhosis, which may have contributed to toxicity even if HCQ liver metabolism is low [53].

3.2.2 Drug Toxicity from a Large Cumulative Dose

Long-term administration of CQ and HCQ has been associated with cardiac events, including myocardial thickening, restrictive cardiomyopathy, conduction disorders, and heart failure. The frequency of heart complications associated with CQ or HCQ treatment, organized according to *Medical Dictionary for Regulatory Activities* classification, is summarized in Table 2. Conduction disorders are the main cardiac side effect described under CQ/ HCQ therapy. Indeed, 53 of 127 patients presented with an atrioventricular block and 20 patients presented with a complete heart block, some leading to cardiac arrest
 Table 2
 Cardiac complications

 induced by chloroquine/
 hydroxychloroquine (CQ/HCQ)

 therapy
 therapy

Cardiac disorders (MedDRA)	CQ/HCQ $(n = 127^{a})$	CQ $(n = 74)$	HCQ $(n = 50)$
Cardiac arrhythmias, n (%)			
Cardiac conduction disorders			
Atrioventricular block	53	12 (16.2)	12 (24)*
AVB unknown	26	12 (16.2)	12 (24)*
Complete AVB	20	19 (25.7)	1 (2)**
First- or second-degree AVB	9	7 (9.5)	2 (4)*
Other conduction disorders (RBBB, LBBB)	35	21 (28.4)	13 (26)*
Complete heart block	20	20 (27)	_**
Cardiac valve disorders, n (%)			
Valvular disorders (mitral, aortic, or tricuspid)	9	5 (6.8)	4 (8)*
Coronary artery disorders, n (%)			
Ischemic coronary artery disorders			
Myocardial infarction	3	_	3 (6)*
Heart failures, n (%)	34	14 (18.9)	18 (36)*
Right ventricular failures			
Pulmonary artery wall hypertrophy	5	_	4 (8)**
Myocardial disorders, n (%)			
Left ventricular hypertrophy	22	5 (6.8)	16 (32)**
Ventricular hypokinesia	12	2 (2.7)	8 (16)**
Diastolic dysfunction	11	3 (4.1)	8 (16)*
Biventricular hypertrophy	6	2 (2.7)	2 (4)*
Elevated troponin, n (%)	8	2 (2.7)	6 (12)*
Left ventricular ejection fraction, n (%)	n = 46	n = 10	n = 34
<40%	21	2 (20)	18 (52.9)*
Between 40 and 60%	15	3 (30)	11 (32.4)*
>60%	10	5 (50)	5 (14.7)*

AVB atrioventricular block, LBBB left bundle branch block, MedDRA Medical Dictionary for Regulatory Activities, RBBB right bundle branch block

*p > 0.05, not significant; ** p < 0.05, calculated with the Fisher's exact test

^aThree out of 127 patients were treated with both drugs and were excluded in the columns of the individual's drugs

[21, 24, 51, 58]. Complete atrioventricular block and heart block are more frequently associated with CQ treatment (Table 2). Sick sinus syndrome was reported [67, 68, 77]. We also found four studies reporting a prolonged corrected QT interval with a high accumulated dose [61, 82, 84, 93]. Clinically, cardiac events could have occurred in an acute or chronic way, with dyspnea, congestive heart failure, chest pain, or syncope.

Regarding transthoracic ultrasound abnormalities, 22 patients presented with left ventricular hypertrophy (more frequently with HCQ) and six patients presented with biventricular hypertrophy. Valvular regurgitation was found in nine patients and could involve the tricuspid, mitral, or aortic valve [45, 55, 59, 65, 67, 69, 72, 74, 79]. Left ventricular hypokinesia was present in 12 patients, most often with HCQ. The left ventricular ejection fraction was specified in 46 patients, 21 of whom had a left

ventricular ejection fraction lower than 40%, indicating mild-to-severe heart failure, and only ten had a normal left ventricular ejection fraction (> 60%). Elevated troponin levels were reported in eight cases [52, 54, 57, 74, 77, 79, 85, 96].

3.2.3 Extra-Cardiac Toxicity

Combined toxicity could exist in nearly half of patients (n = 63; 49.6%) with extra-cardiac symptoms (Table 1). Skin changes were described for seven patients. Chloroquine/hydroxychloroquine-related retinopathy was present in 30 patients and was more frequently associated with CQ treatment (66.7% vs. 9.5%; p < 0.05). Cardiomyopathy was associated with symptomatic myopathy in 24 cases and with neurologic side effects in six cases. Cardiac events could occur in the absence of other signs of toxicity.

3.3 Morphological Abnormalities

Diagnosing morphologic abnormalities in heart tissue as a potential side effect of long-term treatment with HCQ or CQ is difficult, and can require invasive methods such as endomyocardial or peripheral muscle biopsy, although MRI could also provide useful information.

3.3.1 Magnetic Resonance Imaging

Results from a cardiac MRI were reported for 19 patients, [51, 52, 54, 56, 59, 64, 67, 79, 80, 83–85, 88–90, 95, 96, 100] and may reveal left ventricular or biventricular hypertrophy with increased wall thickness, hypokinesia, and systolic dysfunction. There was delayed contrast enhancement in a patchy non-ischemic zone in six patients [51, 54, 67, 80, 85, 96]. Such abnormalities may also be found in myocarditis, which calls into question diagnosis in patients with systemic disease [96]. These six patients with late gadolinium enhancement had left ventricular hypertrophia. Therefore, no specific sign of CQ/HCQ cardiotoxicity is available with MRI. Nevertheless, MRI remains necessary to eliminate differential diagnoses and sometimes to guide biopsy sampling.

3.3.2 Endomyocardial Biopsy

To diagnose CQ/HCQ toxicity, 62 patients had an endomyocardial biopsy (EMB). Light microscopic study found vacuolization in 100% of myocytes. Positive periodic acid-Schiff staining of enlarged granule-containing myocytes suggested an accumulation of polysaccharides. Transmission electron microscopy was performed for 47 biopsies and showed myelin figures in 83% and curvilinear bodies in 68%. None of these biopsies were normal. Furthermore, mega-mitochondria were described. Frustaci et al. explored the clinico-pathologic pathway of lysosomal hydrolase activity in heart biopsies collected before and after recovery, from a patient experiencing cardiomyopathy induced by CQ/HCQ therapy [80]. They found that activity of alpha-galactosidase A, beta-galactosidase, and arylsulfatase was inhibited in affected cardiomyocytes. This inhibition was reversible, as enzyme activity was higher in the EMB after recovery. Importantly, this reversibility was reflected by lysosomal enzyme activity in peripheral blood lymphocytes. In contrast, alpha-galactosidase A activity in peripheral blood was normal for nine patients [46, 55, 73, 74, 79, 80, 89, 91, 100]. Regardless, a decrease in lysosomal enzyme activity could be a means of diagnosing side effects related to long-term CQ/HCQ drug intoxication.

3.3.3 Skeletal Findings

As the heart is usually regarded as striated muscle, authors have analyzed biopsies of peripheral skeletal muscle, especially in patients presenting with myopathy. Skeletal muscle biopsies were performed in 17 patients [7, 20, 25, 27, 33–35, 40, 42, 45, 50, 57, 64, 66, 68, 77, 89]. Similar to the analysis of heart tissue, analysis of skeletal muscle with light microscopy revealed enlarged vacuolated myocytes and the presence of curvilinear bodies and myelin figures in transmission electronic microscopy. One case reported a pathologic quadriceps femoris muscle biopsy in a patient who did not exhibit muscular symptoms [34]. These abnormalities have also been described on nerve biopsy, which means that HCQ and CQ accumulation is divided among several organ compartments [25]. Only one patient with specific pathologic features on heart biopsy had a normal skeletal muscle biopsy [64]. Skeletal muscle biopsy could therefore be an important diagnostic tool.

3.4 Prognosis after Withdrawal

Outcomes after withdrawal of CQ/HCQ therapy were reported for 78 patients. Treatment withdrawal resulted in complete recovery of heart function in 44.9% of patients (n = 35). Improvement was histologically documented for five patients [20, 25, 34, 56, 80]. At the control biopsy, cardiomyocytes were reduced in size and free of intracellular vacuoles, transmission electron microscopy did not show myelin or curvilinear bodies, and mitochondria were normalized. As in the heart, Magnussen and de Fine Olivarius reported improvement and normalization of peripheral skeletal muscle biopsy 5 months after withdrawal [20]. For the remaining patients, the clinical course was unfavorable. Improvement of atrioventricular block was not reported. Several patients experienced irreversible damage, requiring pacemaker implantation (n = 8) or, in two patients, heart transplant [49, 57]. Death occurred in 24 patients, most often shortly after diagnosis. For 12 patients, symptoms were unchanged after CQ/HCQ therapy withdrawal. Whether patients recovered after ending CQ/HCQ therapy was highly variable, and predictive prognostic factors remain unknown.

3.5 Differential Diagnosis: Fabry Disease

Cardiac complications could be the result of an impairment related to the underlying auto-immune disease, a differential diagnosis often not considered. Indeed, several clinical and histopathologic similarities in endomyocardial biopsies are shared between CQ/HCQ-associated cardiotoxicity and FD that need to be detailed.

3.5.1 Similarities with Chloroquine/Hydroxychloroquine Toxicity

Fabry disease heart involvement is the differential diagnosis of CQ/HCQ-associated cardiotoxicity. Fabry disease is also accompanied by left ventricular hypertrophy, valvular dysfunction, microvascular angina, and conduction abnormalities [101]. Both diseases involve lysosomal acid hydrolases. The cardiac presentation of these two diseases is similar, regarding clinical symptoms, medical imaging, and pathologic findings [46]. Fabry disease is a genetic storage disorder, which results from a deficiency of the lysosomal enzyme alpha-galactosidase A. As mentioned above, this enzyme is also involved in the pathophysiology of CO/ HCQ-related cardiotoxicity. Indeed, CQ and HCQ provoke dysfunction of lysosomal enzymes, leading to the impairment of intracellular degradation processes in conjunction with the accumulation of pathologic metabolic products [101]. Roos et al. compared clinicopathologic features of CQ cardiotoxicity with those of FD. In their study, patients with cardiac dysfunction due to CQ cardiotoxicity or FD had similar ages and presenting clinical symptoms, and similar features in cardiac biopsies examined under light microscopy and transmission electron microscopy, including the presence of myelinoid bodies [46]. The personal or family history of some patients with FD was not known. Similarly, a history of CQ use may not have been known by the pathologist. Nevertheless, the presence of curvilinear bodies in electron microscopy was only found in CQ cardiotoxicity. This finding may be useful for the diagnosis of CQ cardiotoxicity, emphasizing that in the case of suspected toxicity, or by contrast a suspected case of FD, electronic microscopy remains the cornerstone. In addition, because FD is a genetic disease, genotyping should be performed in patients treated with CQ/HCQ presenting with FD-like symptoms.

3.5.2 Underlying Fabry Disease

There are documented cases of combined FD and autoimmunity, including SLE, [102, 103] as well as a high prevalence (57%) of autoimmune markers in patients with FD [104]. Moreover, rheumatologic diseases are often a misdiagnosis of FD (39% of cases) [105]. Among 127 patients in this review presenting with pathologic features corresponding to FD, screens for FD were performed in only 11 [46, 55, 73, 74, 79, 80, 87, 89, 91, 96, 100]: nine of them were negative, leaving two reported cases of connective tissue disease treated with HCQ, in patients presenting with heart involvement associated with FD. In the first case, the patient had SLE and antiphospholipid syndrome and had been previously diagnosed with FD [87]. The patient presented with cardiac dysfunction. The

resulting heart failure was described as FD associated, in combination with SLE and antiphospholipid syndrome. Her EMB showed only myelin figures. She was treated by HCO withdrawal and enzyme replacement therapy. Despite improvement, she continued to have FD-associated vascular complications, with myocardial infarction, and stroke. However, the majority of patients have shown clinical improvement after enzyme replacement therapy [106]. In the second case, the patient was a woman with a family history of cardiac sudden death in two brothers and a personal history of SLE treated with HCQ. She presented with a recent stroke and dyspnea. Her EMB showed curvilinear bodies and myelin figures, and the screen for FD was positive. Heart failure was described as cardiomyopathy due to FD, probably promoted by long-term use of HCQ [96]. Because the two diseases are similar, FD must be precluded by screening especially if there is a family history or neurologic or kidney involvement.

4 Discussion

We performed the first systematic review related to cardiac disorders attributed to treatment with HCQ or CQ. In the last decade, we found an increase in the number of reports of cardiac disorders, but the prevalence of HCQ/CQ-associated cardiotoxicity is undetermined because of a high number of diagnostic failures.

Our findings show that CQ and HCQ cardiac disorder is very severe and may provoke potentially irreversible damage and death. The two main clinical manifestations reported are conduction disorders (bundle or atrioventricular block) and myocardial hypertrophy. More specifically, conduction disorders should be considered a side effect of CQ/HCQ therapy and alert clinicians for termination of treatment. Myocardial toxicity associated with CQ/HCQ remains a difficult diagnosis, in particular because of the multiplicity of clinical presentations, potential confounding effects of underlying auto-immune disease in some patients, and the need for invasive tests for definitive diagnosis; it is often overlooked because of its unspecificity. In association with recommendations for screening toxic retinopathy, clinicians should be aware of possible iatrogenic effects and perform regular electrocardiograms to detect conduction disorders due to HCQ or CQ. Indeed, quinidine-like acute cardiac toxicity has been well documented following intravenous CQ administration or in overdoses from selfpoisoning. Chloroquine provokes sodium and calcium channel blockades, which lead to membrane-stabilizing effects, negative inotropic effects, and peripheral vasodilatation. Membrane stabilization results in conduction disturbances with atrioventricular block, and QRS interval widening [107]. A dangerous QT prolongation induced by

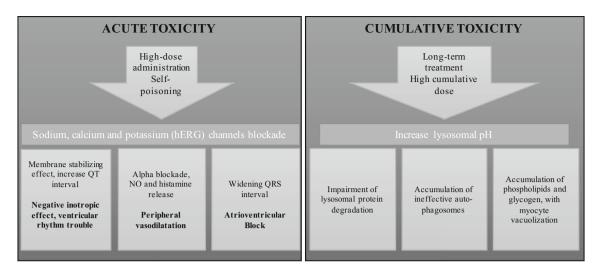


Fig. 1 Acute and cumulative cardiac toxicity related to chloroquine/hydroxychloroquine pathophysiology. NO Nitric Oxide

CQ could eventually happen [107]. Hydroxychloroquine is known to be safer than CQ. However, this is more frequent than in the general population, and is independent of previous myocardial disease [108]. Generally, treatment with HCQ or CQ should be reconsidered in the case of conduction abnormalities. We summarize the pathophysiology of CQ/HCQ toxicity in Fig. 1.

The diagnosis of drug toxicity is made more difficult because cardiac disorders may occur independently as a result of other causes. In many cases, heart failure arising from auto-immune diseases, hypertension, or valvular diseases could be misleading. Until now, given these confounding factors, only cardiac biopsies could provide a definitive diagnosis of myocardial toxicity associated with CQ/HCQ treatment. Nevertheless, MRI is also useful and necessary for differential diagnoses. Several patients presented with late gadolinium enhancement, a marker for fibrosis, especially in hypertrophic cardiomyopathy, and a prognostic factor of cardiac death [109]. Therefore, MRI could have a leading role in cardiac evaluation and prognosis of CQ/HCQ drug side effects. A new MRI sequence (T1 mapping) has been developed and should become a sensitive method to highlight cardiac damage induced by HCQ or CQ. Indeed, T1 mapping was useful for diagnosing heart damage in FD, [110] which is similar in pathophysiology and clinical symptoms with CO/HCO cardiotoxicity, as mentioned below. This sequence is based on the fact that lipids are known to shorten the MRI parameter T1. Accordingly, reduced T1 values should be linked to myocardial glycosphingolipid accumulation in FD, which is also the main pathologic factor in CQ and HCQ toxicity. T1 mapping allows evaluation of reduced non-contrast T1 values and this parameter seems to be sensitive and specific to discriminate FD from other hypertrophic cardiopathies [111].

Cardiac toxicity risk is difficult to evaluate owing to a large variation in dose, duration of treatment, and clinical presentation of the disease. However, it is known that renal or liver dysfunction may increase retinopathy risk and thus the drug has to be used carefully in these cases [6]. While determination of plasma concentration is not accurate enough to diagnose metabolic dysfunction, a high increased dosage may suggest overdose and may be associated with acute toxicity (QRS widening and/or QT interval prolongation). A long half-life and a high volume of distribution characterize the pharmacokinetics of HCO and CQ. While stable pharmacokinetics are normally obtained after five half-lives, variable concentrations may arise after standard administered doses because of interindividual variability affecting metabolism of the drugs [112]. Cardiotoxicity could occur even if plasma dosage of HCQ or CQ is within therapeutic standards; therefore, plasma dosage does not help in diagnosis [30]. Chloroquine and hydroxychloroquine are metabolized in the liver and kidney, via different cytochrome P450 enzymes [113]. In their study, Saussine et al. reported a patient with toxic cardiomyopathy who was a heterozygous carrier of the allele cytochrome P450 2C8*3, at the cytochrome P450 2C8 locus. They suggest that this could provoke a partially deficient metabolic capacity and modified pharmacokinetics. In addition, a partial activity deficiency of the transport protein P-glycoprotein appeared linked to the genetic polymorphism, and may also be associated with variation in CO or HCO pharmacokinetics and potential toxicity [64]. However, both CQ and HCQ have high bioavailabilities (> 60%), suggesting that there are not good Pglycoprotein substrates. The major portion of the available drug is excreted unchanged by the kidney, suggesting that metabolism is less important than renal function for elimination.

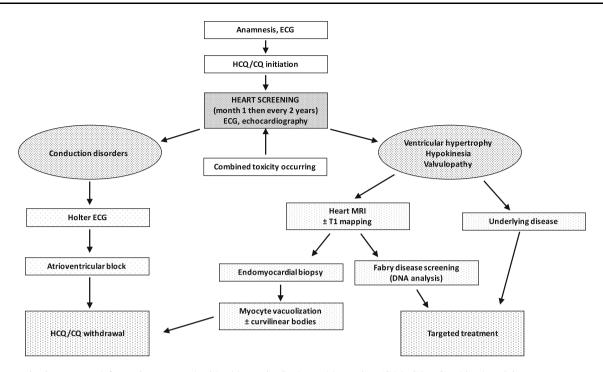


Fig. 2 Monitoring proposal for patients treated with chloroquine/hydroxychloroquine (CQ/HCQ). Combined toxicity occurrence (neuromyopathy, retinopathy) should lead to a thorough cardiac follow-up. ECG electrocardiography, MRI magnetic resonance imaging

Published case reports have significant limitations because they cannot provide conclusive evidence, they cannot provide an estimate of incidence, and are generally only useful in hypothesis generating. However, any indication that a treatment might have a significant harmful effect should not be ignored. Clinical diagnosis of cardiac toxicity may be helped by clinical history, electrocardiography, echocardiography, and MRI, but definitive evidence of cardiac toxicity is obtained by an EMB. The pathology of heart biopsies might mimic heart manifestations of FD, but curvilinear bodies appear to definitively document CQ/ HCQ cardiac toxicity, and diagnosis of FD can be accomplished by genotyping. Taking into account that conduction disorders or cardiomyopathy might occur as a toxic side effect of CQ/HCQ treatment, we propose the flow chart in Fig. 2 as a guide to monitoring potential CQ/ HCQ-induced cardiac disorders, including a pre-screening before drug initiation and a clinical-morphologic follow-up every 2 years as well as a guide to confounding diagnosis in patients with autoimmune disease (Fig. 2). Obviously, these guidelines should be validated but they are simple, cautious, and proposed with reduced cost principles.

5 Conclusion

Chloroquine/hydroxychloroquine drugs are generally safe and well tolerated, but cardiac toxicity remains a rare and severe iatrogenic complication. Because of its variability and non-specificity, accurate diagnosis is difficult, especially in patients with a disease known to affect the heart. Cardiac manifestations are potentially irreversible. Fabry disease must be precluded by mutation screening because the two diseases are similar in both their clinical symptoms and pathologic features.

Author Contributions CC and YMP collected the data and analyzed and interpreted the patient data regarding the cardiac complications of chloroquine/hydroxychloroquine. CC and YMP wrote a draft of the manuscript. FR, HV, and CJ provided expertise in heart disease and imaging modalities and participated in writing the manuscript. All authors read and approved the final manuscript.

Compliance with Ethical Standards

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