CURRENT OPINION

Utilising Endogenous Biomarkers in Drug Development to Streamline the Assessment of Drug–Drug Interactions Mediated by Renal Transporters: A Pharmaceutical Industry Perspective

HeeJae Choi^{[1](http://orcid.org/0000-0002-0642-9401)} • Shilpa Madari¹ • Fenglei Huang¹ •

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Abstract

The renal secretion of many drugs is facilitated by membrane transporters, including organic cation transporter 2, multidrug and toxin extrusion protein 1/2-K and organic anion transporters 1 and 3. Inhibition of these transporters can reduce renal excretion of drugs and thereby pose a safety risk. Assessing the risk of inhibition of these membrane transporters by investigational drugs remains a key focus in the evaluation of drug–drug interactions (DDIs). Current methods to predict DDI risk are based on generating in vitro data followed by a clinical assessment using a recommended exogenous probe substrate for the individual drug transporter. More recently, monitoring plasma-based and urine-based endogenous biomarkers to predict transporter-mediated DDIs in early phase I studies represents a promising approach to facilitate, improve and potentially avoid conventional clinical DDI studies. This perspective reviews the evidence for use of these endogenous biomarkers in the assessment of renal transporter-mediated DDI, evaluates how endogenous biomarkers may help to expand the DDI assessment toolkit and ofers some potential knowledge gaps. A conceptual framework for assessment that may complement the current paradigm of predicting the potential for renal transporter-mediated DDIs is outlined.

1 Introduction

Drug–drug interactions (DDIs) may occur when two (or more) drugs are co-administered to a patient, resulting in the altered efficacy or safety of one or both drugs. DDIs may be mediated by drug-metabolising enzymes or drug transporters, leading to a rise in the plasma concentration of the drug whose metabolism or transport is inhibited. Evaluation of the DDI risk is an essential element of establishing beneft–risk profles of a new molecular entity (NME) during drug development [[1,](#page-11-0) [2\]](#page-11-1).

The kidneys play an essential role in the elimination of drugs and metabolites into the urine from the circulation. In addition to passive glomerular fltration, drugs are eliminated into the urine by active drug transport systems (involving tubular secretion and reabsorption) in the proximal renal tubules [[3](#page-11-2)]. Solute carrier (SLC) membrane transporters play an important role in the metabolism and excretion of small-molecule drugs [\[4,](#page-11-3) [5](#page-11-4)]. Important renal transporters involved in this process include the organic cation transporters (OCTs), multidrug and toxin efflux proteins (MATEs) and organic anion transporters (OATs) (Fig. [1\)](#page-1-0).

The OCT2 transporter (from the *SLC22* gene family) is predominantly expressed on the basolateral membrane of tubular epithelial cells and is responsible for the renal uptake of water-soluble cationic compounds such as metformin and cisplatin $[6-8]$ $[6-8]$. The subsequent efflux (secretion) of these drugs into urine is mediated by MATE transporters, expressed on the apical side of the tubules. Human MATEs have two isoforms, MATE1 and MATE2-K (from the SLC47 family), which can transport various substances, including creatinine, corticosteroids, metformin, cimetidine, and certain antibiotics [\[9\]](#page-11-7). Cimetidine, levofloxacin, and pyrimethamine are potent inhibitors of MATE transporters [\[10,](#page-11-8) [11\]](#page-11-9). Together, OCT2 and MATE1/2-K are the major transporters for the secretion of cationic drugs into the urine [[12](#page-11-10)]. Metformin, a well-characterised substrate of these transporters, serves

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Extended author information available on the last page of the article

Key Points

Renal transporter mediated drug–drug interactions (DDIs) can cause severe adverse events.

During drug development, conservative guidelinederived decision criteria frequently require dedicated DDI studies to assess the DDI risk for the key renal transporters organic cation transporter 2 (OCT2), multidrug and toxin extrusion proteins (MATEs) and organic anion transporters 1 and 3 (OAT1 and OAT3).

Several endogenous biomarkers for OCT2, MATE1/2- K, and OAT1 and OAT3 renal transporter inhibition have been identifed to inform the risk for potential renal transporter DDIs.

We propose a new decision criteria process to support the use of endogenous biomarkers in early-phase clinical trials to assess the potential for renal transporter-mediated DDIs.

as a typical probe for assessing potential OCT2 and/or MATE1/2-K-associated DDIs [[13\]](#page-11-14).

Drugs inhibiting MATE1/2-K and OCT2 transporters can decrease the elimination of metformin and thereby increase its plasma concentrations (Table S1 of the Electronic Supplementary Material [ESM]), leading to an elevated risk of metformin-associated lactic acidosis, a rare but potentially fatal adverse event [[14\]](#page-11-11). Metformin-associated lactic acidosis is due to the accumulation of lactate through the inhibition of hepatic glucose production from lactate molecules. When the frst signs of metformin-associated lactic acidosis develop (e.g. severe vomiting and diarrhoea), metformin administration is stopped and urgent medical attention is given $[14]$ $[14]$. In a similar way, inhibition of the MATE1/2-K transporters can cause drug accumulation, and possibly nephrotoxicity. Such a scenario is thought to explain cisplatin-induced nephrotoxicity [[3,](#page-11-2) [15](#page-11-12)]. As OCT2 and MATE1/2-K are involved in the disposition and elimination of a variety of drugs (Table S1 of the ESM), evaluation of the inhibitory potential of a drug towards OCT2, MATE1 or MATE2-K is an integral part of drug development.

In addition to OCT2 and MATEs, the OAT1, OAT2 and OAT3 transporters from the SLC22 family, located on the basolateral membrane of the proximal tubule cells, play an important role in mediating the uptake of drugs from the blood $[3, 15]$ $[3, 15]$ $[3, 15]$ $[3, 15]$. OAT1 and OAT3 preferentially handle the active tubular secretion of anionic substances in the kidneys. Several commonly used drugs have recognised interactions with the OAT1 and OAT3 transporters. For example, OAT1 and OAT3 are involved in the renal clearance CL_R) of methotrexate, a chemotherapeutic agent used to treat autoimmune diseases. Decreased methotrexate elimination and associated methotrexate toxicity can manifest as myelosuppression, hepatotoxicity and mucositis [[16\]](#page-11-13). Non-steroidal anti-infammatory drugs (NSAIDs) and probenecid both diminish OAT1-mediated

Fig. 1 Schematic of the kidney (**A**), nephron with major blood vessels (**B**) and renal proximal tubule cells (**C**). In (**B**), the basic physiological mechanisms of handling fuid and electrolytes by the nephron, fltration, secretion, reabsorption and excretion are labelled. In (**C**), the major renal membrane transporters expressed on renal proximal tubule cells and their potential endogenous biomarkers are shown.

The transporters located in the basolateral plasma membrane include organic anion transporter (OAT) 1/3 and organic cation transporter (OCT) 2. Transporters located in the apical membrane include multidrug and toxin efflux protein 1 (MATE) 1/2-K. *GCDCA-s* glycochenodeoxycholate-3-sulphate, *HVA* homovanillic acid, *NMN* N1-methylnicotinamide, *m1 A* N1-methyladenosine, *PDA* pyridoxic acid

and OAT3-mediated tubular secretion, resulting in clinically decreased CL_R and consequently increased systemic exposure of several anionic drugs including methotrexate, furosemide, cefaclor, cefonicid and ciprofoxacin [[17\]](#page-11-15) (Table S1 of the ESM). In addition, NSAIDs can inhibit OAT-mediated renal secretion of diuretics, thereby reducing their efectiveness [\[18\]](#page-12-0). This interaction can result in decreased diuretic efficacy, with potential for fluid retention or exacerbation of heart failure in susceptible patients [\[19](#page-12-1)]. Further examples of renal transporter-mediated DDIs can be found in comprehensive reviews by Ivanyuk et al. [[9\]](#page-11-7) and Łapczuk-Romańska et al. [[20](#page-12-2)].

To ensure patient safety, NMEs with major transporters in the proximal tubules that could lead to transporter-mediated severe DDIs with other co-administered drugs are routinely assessed early in drug development by mechanism-based static approaches [\[15,](#page-11-12) [21](#page-12-3)]. Typically, this involves predicting the DDI risk based on in vitro data followed by a clinical assessment using a recommended exogenous probe substrate for the individual drug transporter [[1](#page-11-0), [21–](#page-12-3)[23\]](#page-12-4). However, there are several issues with this approach, which is discussed below. We performed a comprehensive review of the available in vitro and in vivo data to support endogenous biomarker use to evaluate DDIs mediated by renal transporters. Using this information, we propose a conceptual framework (from a pharmaceutical industry perspective) to integrate endogenous biomarkers in early clinical development to streamline the assessment of renal transportermediated DDIs.

2 Current Pharmaceutical Industry Approaches to Assess the DDI Risk Mediated by Renal Transporters

As potential life-threatening adverse events associated with metformin and other concomitant medications are a significant concern for health authorities, current regulatory guidelines from the US Food and Drug Administration (FDA) and European Medicines Agency (EMA) underscore the importance of conducting dedicated DDI (probe) studies, using a stepwise decision tree to evaluate the risk of DDIs for NMEs that inhibit renal transporters (Fig. [2](#page-3-0)A) [[2,](#page-11-1) [24\]](#page-12-5). To understand the DDI potential, each NME is assessed to see if it is a substrate or inhibitor of various enzymes and transporters. Subsequent in vitro and clinical assessment is then performed, evaluating whether the NME inhibits any of the renal transporters known to be involved in clinically relevant in vivo DDIs. At present, OCT2, MATE1/2-K, OAT1 and OAT3 are the key transporters evaluated.

Transporter in vitro inhibition potency parameters (halfmaximal inhibitory concentration $[IC_{50}]$ or inhibition

constant $[K_i]$ values) are routinely generated for each NME in respect of the uptake of a known substrate for the diferent renal transporters in cells overexpressing these transporters [\[2](#page-11-1)] along with the unbound maximum plasma concentration $(C_{\text{max},u})$. The ratio of $C_{\text{max},u}$ to IC_{50} or K_i provides a quantitative refection of in vivo inhibition potency. Regulatoryguided "static" decision trees are then applied to assess the DDI risk and the need for a formal clinical DDI study using a probe substrate drug (Fig. [2A](#page-3-0)). If the $C_{\text{max},u}/IC_{50}$ ratio is below a cut-off value $(0.02$ for the EMA $[24]$ $[24]$ $[24]$ and 0.1 for the FDA [\[2\]](#page-11-1)), no additional follow-up assessment of DDIs is recommended. If the ratio is above the cut-off value, a clinical DDI trial is recommended $[2, 25]$ $[2, 25]$ $[2, 25]$ $[2, 25]$ to support the enrolment of patients for proof-of-clinical principle (PoCP) or phase II studies. Alternatively, the afected drug based on in vitro assessment may be excluded from the subsequent clinical studies to ensure the safety of the patients in the current practice (Fig. [2A](#page-3-0)). Based on the existing regulatory guidelines, pharmaceutical industry approaches to evaluate renal transporter-mediated DDIs currently involve conducting a stand-alone probe or cocktail DDI study or excluding patients taking the afected drug from subsequent clinical trials (Table [1\)](#page-3-1).

3 Limitations with Current Assessment Approaches

The forementioned current approaches have associated lim-itations (Table [1\)](#page-3-1). First, current cut-off values that might be overly conservative can limit robust in-vitro-to-in-vivo extrapolation, reducing the reliability of solely relying on in vitro DDI study outcomes for a prospective DDI risk assessment. Recent analyses highlight a need to refne the current approach to evaluate these in vitro studies that determine whether an NME is likely to inhibit drug transporters to a clinically signifcant extent [[25](#page-12-6)]. Mathialagan et al., assessed the performance of the existing $C_{\text{max},u}/IC_{50}$ ratio cut-off values used to assess potential OCT2 and MATE1/2-K transporter interactions [[26\]](#page-12-7). Based on EMA criteria, high false-positive predictions were observed for the drug candidates that may inhibit OCT2 transporters (a positive predictive value of 64% was reported) and candidates that inhibit MATE1/2-K transporters (positive predictive value $= 47\%)$ [\[26](#page-12-7)]. A separate analysis reported high false-positive predictions (positive predictive value $= 52\%$) using EMA criteria for drugs that inhibit OAT 1/3 transporters [[28](#page-12-8)]. The current cut-off values likely result in a higher number of clinical DDI probe studies being performed. The cost and time delay implications of conducting these dedicated probe studies to assess the potential NME renal transporter-mediated DDI potential are substantial. These studies can take several months from study protocol design to data analysis and

Fig. 2 Current approach (**A**) [[4](#page-11-3), [26,](#page-12-7) [27\]](#page-12-9) and proposed biomarkerinformed approach (**B**) decision process to streamline the renal transporter (organic cation transporter [OCT] 2, multidrug and toxin extrusion protein [MATE] 1, MATE2-K) drug–drug interaction (DDI) risk assessment. *AUC* area under the plasma concentration–time curve, *CLR* renal clearance, *EMA* European Medicines Agency, *FDA* US Food and Drug Administration, *NME* new molecular entity, *OAT* organic anion transporter, *PoCP* proof-of-clinical principle, *SRD* single rising dose, *MRD* multiple rising dose, ↑ increased, ↓ decreased, *signifcant increase in AUC is greater than 1.25-fold; *baseline (predose) urine or plasma biomarker concentrations are required for an accurate assessment of biomarker exposure (AUC, CL_R) changes; ***significant decrease in CL_R is less than 0.80-fold. A PoCP study shows that a candidate drug results in a biological and/or clinical change associated with the disease and the mechanism of action. A PoCP study is most critical when developing novel innovative compounds, and less relevant for less innovative compounds developed in a pre-determined linear manner where there are fewer uncertainties and risks

Table 1 Current pharmaceutical industry approaches to evaluate renal transporter-mediated DDIs and the associated limitations

DDI drug–drug interaction, *PoCP* proof-of-clinical principle

reporting, cost hundreds of thousands of dollars, can delay the clinical development programme by up to 6 months and waste signifcant resources, especially in view of the recognised high false-positive predictions mentioned above.

Second, there are issues with the alternative option to exclude potentially afected patients from future PoCP or phase II studies (Fig. [2A](#page-3-0)). Here, consideration is required regarding the expected number of patients taking a medication associated with a potential renal transporter-mediated DDI. For example, the number of patients taking metformin

and furosemide can be as high as \sim 25–50% and \sim 25–35%. respectively, depending on the indication (Boehringer Ingelheim, unpublished data). Excluding these patients from phase II PoCP studies can slow recruitment and result in an enrolled trial population that is not representative of the target patient population [[27\]](#page-12-9). This in turn can cause delays in regulatory approval, restrictive labelling and post-marketing sponsor commitments [[27\]](#page-12-9).

4 Use of Endogenous Biomarkers to Assess the DDI Risk

In recent years, there has been considerable interest in the evaluation of changes in the concentrations of endogenous biomarkers to assess the potential for a drug to inhibit transporters [\[22,](#page-12-10) [25](#page-12-6)]. Some endogenous biomarkers are substrates of clinically relevant drug transporters, meaning that changes in their concentrations, in conjunction with other available information, may more reliably predict the transporter inhibitory potential of a drug in vivo. Changes in the concentrations of endogenous biomarkers early in drug development can also inform concomitant medication strategies for subsequent efficacy and safety trials and inform the DDI assessment strategy.

Endogenous biomarkers can be used in a variety of ways during the clinical development process. First, the kinetics of endogenous biomarkers can be evaluated during initial phase I trials, thereby guiding further clinical development to potentially avoid a dedicated DDI study if there is no change in the kinetics of the endogenous biomarker in the presence of the NME [[29\]](#page-12-11). Factors to consider when selecting each biomarker include their selectivity, sensitivity, specifcity, predictivity, robustness and ease of accessibility [\[22](#page-12-10), [30](#page-12-12)[–32](#page-12-13)]. Second, the change in the kinetics of each endogenous biomarker should ideally refect the interaction of the inhibitor with the activity of a single transporter, and the extent of change should be similar to one of the clinically used DDI probe drugs [[22,](#page-12-10) [32\]](#page-12-13). In addition, biomarkers should be well characterised regarding their kinetics, endogenous synthesis, active transport, metabolic transformation and infuence on a disease state. Intrinsic and dietary confounding factors that can infuence their concentrations should be minimised [[22,](#page-12-10) [33](#page-12-14)]. This stringent set of criteria means that only a handful of endogenous transporter biomarkers have been identifed. Below, we review the key endogenous biomarkers proposed for OCT2, MATEs, and OAT1/3 renal uptake transporters.

4.1 Endogenous Biomarkers for OCT2, MATE1 and MATE2‑K Transporters

For the renal organic cation secretion axis, represented by the OCT2 and MATE renal transporters, creatinine, $N¹$ -methylnicotinamide (NMN) and $N¹$ -methyladenosine $(m¹A)$ have been identified as potential endogenous biomarkers for a potential transporter interaction assessment (Table [2](#page-5-0)). Creatinine, a metabolite of muscle creatine, is mainly excreted passively via glomerular fltration, with 10–40% actively secreted [[34](#page-12-15)], mainly by OCT2, MATE1/2- K [\[35\]](#page-12-16). Creatinine is commonly utilised as a biomarker for renal function. *N*¹ -methylnicotinamide (NMN), a metabolite of niacin, is metabolised, passively cleared via glomerular

fltration [\[34](#page-12-15)] and actively transported into urine by OCT2 and MATE1/2-K $[36, 37]$ $[36, 37]$ $[36, 37]$ $[36, 37]$ $[36, 37]$. Unchanged NMN CL_R accounts for ~35% of total clearance, encompassing the entirety of the renal elimination pathways, including fltration, secretion and reabsorption, thereby providing a surrogate view of the renal handling of NMN [[34](#page-12-15)]. It is an endogenous substrate of OCT2 and MATE1/2-K [[36\]](#page-12-17), and a potential endogenous biomarker for assessing activity of these transporters [[21,](#page-12-3) $37, 38$ $37, 38$ $37, 38$]. Finally, $m¹A$ is an endogenous purine nucleoside derived from transfer RNA, that is an endogenous substrate of OCT2 and MATE1/2-K and undergoes signifcant tubular secretion in the kidneys of humans [[8,](#page-11-6) [21,](#page-12-3) [39](#page-12-20)].

4.1.1 In Vitro Biomarker Potency

In vitro potency of $m¹A$, NMN and creatinine was assessed by uptake ratios, K_i and intrinsic clearance-mediated uptake using data retrieved from studies conducted in human OCT2, and MATE1/2-K transfected human embryonic kidney (HEK) cells (Table S2 of the ESM). Uptake ratios for NMN and creatinine were all \geq 2-fold higher in transporter-transfected HEK cell lines versus wild-type HEK cells, indicating they are endogenous substrates for the OCT2 and MATE1/2- K transporters. Similarly, uptake ratios for $m¹A$ confirm that it is a substrate of OCT2 and MATE2-K and can be used as a quantitative biomarker for OCT2 and MATE2‐K‐mediated DDIs. An in vitro evaluation, based on K_i and/or IC_{50} values, shows potential inhibitory activity of prototypical inhibitor, pyrimethamine for NMN, $m¹A$ and creatinine. Representative studies show K_i values are similar for both MATE1 (0.083–0.125 µM) [\[21](#page-12-3), [36\]](#page-12-17) and MATE2-K (0.056–0.22 µM) [[8,](#page-11-6) [36](#page-12-17)] whereas for OCT2 (0.47–41.2 μ M) [[21\]](#page-12-3), the values are higher. The limited available data for $m¹A$ and creatinine show predicted renal uptake clearance values for OCT2 of 0.3 [\[8\]](#page-11-6) and 0.1–5.9 [\[54,](#page-13-0) [55](#page-13-1)] μ L/min/mg protein, respectively, suggesting a predominant contribution of OCT2. For the MATE1/2-K transporters, no renal uptake clearance data have been reported for $m¹A$ and NMN.

4.1.2 In Vivo Biomarker Studies

Several healthy volunteer studies have evaluated the potential of diferent biomarkers to assess renal transporter-mediated DDIs (Fig. [3](#page-6-0)). In 2015, Müller et al., investigated the efect of co-administering trimethoprim, a known OCT and MATE inhibitor, with metformin (850 mg dose) on NMN levels [[37\]](#page-12-18). This was a pioneering study that measured the correlation between the CL_R ratios of metformin and NMN. The relatively strong correlation (coefficient 0.73) suggested the potential utility of NMN as a biomarker.

Fast forwarding to 2021, Miyake et al. evaluated the viability of three endogenous MATEs substrates, $m¹A$, NMN and creatinine, as potential biomarkers for MATEs transporters

Table 2 In vitro and clinical studies investigating the effect of biomarkers on the renal drug transporters

Biomarker	Transporters	In vitro studies		In vivo clinical studies		PBPK models
		Cells	Kinetic assessment	Perpetrators	PK change	
m^1A^a	OCT2, MATE1, MATE2-K	HEK293	Yes $[21]$	$DX-619[8]$	↑AUC	
				Pyrimethamine [21]	\downarrow CL _R	
NMN ^a	OCT2, MATE1, MATE2-K	HEK293	Yes $[21, 36]$	Trimethoprim $\left[37\right]$	\uparrow AUC, \downarrow CL _R	Yes $[34]$
				Pyrimethamine $[8, 21, 36]$	\downarrow CL _R	
				Dronedarone [40]	\downarrow CL _R	
				PFE1, PFE2 [38]	\uparrow AUC	
				Abrocitinib $[41]$		
				Cimetidine $[42]$	\downarrow CL _R	
				Bevurogant [43]		
Creatinine ^{a,b}	OCT2, MATE1, MATE2-K	HEK293	Yes $[21, 35]$	Pyrimethamine [21, 44]	\uparrow AUC, \downarrow CL _R	Yes $[45]$
				Cimetidine [42]	\downarrow CL _R	
PDA ^{a,b}	OAT1/OAT3	HEK293	Yes $[29, 46]$	Probenecid [17]	\uparrow AUC, \downarrow CL _R	Yes $[47, 48]$
				Pyrimethamine [21]	\uparrow AUC, \downarrow CL _R	
				Probenecid 1000 mg [29]	\uparrow AUC, \downarrow CL _R	
HVA	OAT1/OAT3	HEK293	Yes $[29, 46]$	Probenecid 500 mg qid $[17]$	\uparrow AUC, \downarrow CL _R	Yes $[47]$
				Probenecid 1000 mg [29]	\uparrow AUC, \downarrow CL _R	
$GCDCA-sa,b$	OAT3	HEK293	Yes [29]	Probenecid [49]	\uparrow AUC, \downarrow CL _R	
				Probenecid [29]	\uparrow AUC, \downarrow CL _R	
				Rifampicin [50]	\downarrow CL _R	
Taurine ^{a,b}	OAT1	HEK293	Yes $[49]$	Probenecid [49]	\downarrow CL _R	
				Probenecid [29]		
6β -HC ^{a,b}	OAT3	HEK293	Yes $[51]$	Probenecid [51]	\uparrow AUC, \downarrow CL _R	
Kynurenic acid	OAT1/OAT3	HEK293	Yes $[52]$	Probenecid ^c [52]	\uparrow AUC, \downarrow CL _R	

Adapted from Li et al. [\[33\]](#page-12-14) and Rodrigues [\[53\]](#page-13-3)

6β-HC 6β-hydroxycortisol, *AUC* area under the plasma concentration–time curve, *CLR* renal clearance, *HVA* homovanillic acid, *GCDCA-s* glycochenodeoxycholic acid 3-O-sulphate, *HEK* human embryonic kidney, $m^l A N^l$ methyladenosine, *MATE1* multidrug and toxin efflux protein, *MATE2-K* multidrug and toxin efflux protein 2K, *NMN* N¹-methylnicotinamide, *OAT1* organic anion transporter 1, *OAT3* organic anion transporter 3, *OCT2* organic cation transporter 2, *PBPK* physiologically based pharmacokinetic, *PDA* pyridoxic acid, *PFE* Pfzer compound, *PK* pharmacokinetic, - no change, ↑ increased, ↓ decreased

a Measured in urine

^bMeasured in blood

c Preclinical data in monkeys

 $[21]$. Metformin (500 mg), the reference probe drug, was administered alone or in combination with escalating single doses of pyrimethamine (10, 25 or 75 mg), a recognised and potent MATE inhibitor (Tables S3 and S4 of the ESM). Of the three biomarkers, $m¹A$ showed the strongest correlation $(R² = 0.65)$ compared with NMN $(R² = 0.53)$ and creatinine $(R² = 0.11)$. In this study, the impact of metformin on the pharmacokinetics of the biomarkers, $m¹A$, NMN and creatinine was explored by comparing conditions with (control) and without (baseline) metformin administration. A diferential response in CL_R and exposure (area under the plasma concentration–time curve [AUC]) was noted between NMN and $m¹A$ following administration of metformin. While both biomarkers exhibited decreased CL_R , there was an increase in the AUC of NMN compared with $m¹A$. This differential response in the exposure of these biomarkers suggests that the efects of metformin extend beyond mere competition at shared renal transporters (OCT2, MATE1/2-K). The increase in the AUC with NMN may be linked to the inhibitory efect of metformin on glycerol-3-phosphate dehydrogenase 2 [[57](#page-13-2)], which could increase the availability of nicotinamide adenine dinucleotide hydrogen, potentially altering NMN's metabolic processing and renal excretion. This mechanism may also help explain the stronger correlation seen with $m¹A$ and metformin compared with that between NMN and metformin.

The utility of NMN and creatinine as endogenous substrates for OCT2 and MATEs transporters was further evaluated in another DDI study by Müller et al., where metformin (10-mg and 500-mg doses) was administered with or without multiple doses of cimetidine, a strong OCT2 and MATE

Fig. 3 Correlation $(R^2 \text{ values})$ between renal clearance CL_R) ratio (adjusted gMean) of biomarkers (*N*¹ -methyladenosine [m¹A], N¹-methylnicotinamide [NMN] and creatinine) versus metformin when administered with or without various potential renal transport inhibitors (trimethoprim [[37](#page-12-18)], pyrimethamine [[21](#page-12-3)], aboricitinib [[41](#page-12-22)], cimetidine [[42](#page-12-23)] and bevurogant [[43](#page-12-24)]) in healthy volunteers. *Metformin 10 mg was given as part of transporter cocktail comprising digoxin 0.25 mg, furosemide 1 mg, metformin 10 mg and rosuvastatin 10 mg [[56](#page-13-9)]. *Bid* twice daily, *MD* multiple doses, *qd*, once daily, *qid* four

inhibitor $[42]$ $[42]$ $[42]$. A decrease in CL_R of NMN and creatinine was observed over 24 hours. The correlation between the CL_R ratio of each biomarker versus 500 mg of metformin over 12 hours was stronger for NMN ($R^2 = 0.87$) versus creatinine $(R^2 = 0.71)$ (Fig. [3,](#page-6-0) Table S5 and Fig. S1 of the ESM). In contrast, almost no correlation was observed for NMN and creatinine versus metformin (10 mg) when it was administered as part of a cocktail $(R^2 = 0.20$ and 0.37, respectively). This trend for creatinine to be a less reliable biomarker was consistent with the fndings observed by Miyake et al., [[21](#page-12-3)].

Building upon these initial findings, two subsequent healthy volunteer studies examined the value of NMN as a biomarker in real-world drug development scenarios. In a study assessing the potential for MATE1/2-K inhibition with the oral Janus kinase 1 inhibitor, aboricitinib, there was a good correlation between the CL_R ratio of NMN versus metformin 500 mg ($\mathbb{R}^2 = 0.64$) [[41](#page-12-22)]. Finally, in a study assessing the potential for OCT2/MATEs inhibition with the retinoic acid-related orphan receptor gamma t antagonist bevurogant (BI 730357), a relatively high correlation was observed between the CL_R ratio of NMN versus metformin (10 mg) over 12 hours ($\mathbb{R}^2 = 0.70$) [\[43](#page-12-24)]. Taken together, a variety of studies performed under inhibiting and non-inhibiting conditions show that NMN displays a relatively good correlation versus metformin (R^2 range = 0.53–0.87) [[21,](#page-12-3) [37,](#page-12-18) [41–](#page-12-22)[43](#page-12-24)].

4.2 Endogenous Biomarkers for OAT1 and OAT3 Transporters

For the renal organic anion secretion axis, represented by OAT1 and OAT3 renal transporters, 4-pyridoxic acid (PDA), homovanillic acid (HVA),

glycochenodeoxycholate-3-sulphate (GCDCA-s), taurine, kyneuric acid and 6β-hydroxycortisol have been identifed as potential endogenous biomarkers to investigate potential interactions (Table [2\)](#page-5-0). Shen and colleagues identifed PDA and HVA as promising endogenous biomarkers of OAT1 and OAT3 [[17](#page-11-15), [46](#page-12-27)]. Subsequent experiments using transporter-overexpressing cell models confrmed that PDA and HVA are substrates for human OAT1 and OAT3, as well as OAT2 (HVA), but are not substrates for OCT2 and MATEs transporters [[46](#page-12-27)]. Tsuruya and colleagues further identifed taurine and GCDCA-s, as biomarkers of OAT1 and OAT3, respectively [\[49](#page-13-4)]. Taurine is an endogenous OAT1 substrate, whereas 6β-hydroxycortisol and GCDCA-s are substrates of OAT3; they may, therefore, potentially serve as endogenous biomarkers for assessing DDIs with these transporters [[32,](#page-12-13) [58\]](#page-13-8). Preclinical in vitro and in vivo data suggest that kynurenic acid is an emerging endogenous biomarker for OAT1/3-mediated DDIs [[52\]](#page-13-7). Kynurenic acid is a substrate of OAT1/3 and OAT2, but not OCT2, or MATE1/2-K, and shares comparable affinities between OAT1 and OAT3.

4.2.1 In Vitro Biomarker Potency

In vitro assessment of PDA, HVA and kyneuric acid show uptake ratios that are all \geq 2-fold higher in OAT1 and OAT3 transporter-transfected HEK cell lines, indicating they are endogenous substrates for these transporters (Table S6 of the ESM). Similarly, uptake ratios for taurine in OAT1, GCDCA-s and 6β-hydroxycortisol in OAT3 showed a greater than 2-fold increase, indicating their potential use as specifc quantitative biomarkers for OAT1 and OAT3 transporter‐mediated DDI, respectively. In vitro evaluation (using Ki and/or IC_{50} values) shows potential inhibitory

activity of prototypical inhibitor, probenecid for OAT1 and OAT3. Representative studies show Ki values of 9.5 µM for taurine in OAT1, and 7.4 and 12.1 µM for GCDCA-s and 6β-hydroxycortisol in OAT3 [[49\]](#page-13-4). The available data show predicted renal uptake clearance of kyneuric acid in OAT1 and OAT3 to be 40 and 25 µL/min/mg of protein respectively, suggesting a predominant contribution of OAT1 [\[52](#page-13-7)].

4.2.2 In Vivo Biomarker Studies

The utility of plasma and urine PDA and HVA as biomarkers for OAT1/3 transporters was evaluated in a randomised crossover DDI study where single doses of probenecid 1000 mg alone, furosemide 40 mg alone or furosemide 1 hour after probenecid (40 and 1000 mg orally) were administered to healthy volunteers on days 1, 8 and 15, respectively [\[17](#page-11-15)]. Administration of probenecid (a strong OAT inhibitor) with furosemide (an accepted probe substrate for OAT function) signifcantly increased exposure (AUC) of PDA and HVA by 3.2-fold and 2.1-fold, respectively. Increases in PDA and furosemide exposure (AUC) were similar (3.1-fold and 3.3-fold, respectively), while those for HVA were smaller (2.1-fold) [Table S7 of the ESM]. Renal clearance of PDA and HVA were decreased by probenecid to a smaller but similar extent (0.40 and 0.23, respectively) compared with furosemide and probenecid (0.67). The increase in PDA exposure (AUC) following OAT1/3 inhibition by probenecid treatment (3.2-fold) was more pronounced than that of HVA (2.1-fold), indicating that plasma PDA is a promising endogenous biomarker for OAT1/3 function, with plasma exposure responding in a similar manner to furosemide (3.3-fold).

The utility of PDA, HVA, GCDCA-s and taurine as biomarkers for OAT1/3 transporters was evaluated in a DDI study where multiple doses of probenecid 500 mg every 6 hours were administered to healthy female subjects [[29\]](#page-12-11) (Table S7 of the ESM). PDA and HVA were the most sensitive biomarkers based on their signifcant increase in exposure (AUC) following administration of probenecid (3.7-fold and 2.1-fold increases, respectively), with a corresponding decrease in the CL_R of GCDCA-s, PDA and HVA (Table S7 of the ESM). GCDCA-s was the most sensitive OAT biomarker based on urine levels. PDA has affinity towards multiple renal transporters, whereas GCDCA-s has higher selectivity towards the OAT3 transporter. However, given that GCDCA-s is also a substrate of organic anion transporting polypeptides (OATP)1B [\[59](#page-13-10)], it may not be a good biomarker for assessing a NME that is known to inhibit both OAT3 and OATP1B. In this situation, selecting an alternative endogenous biomarker that does not inhibit OATP1B is advisable. Measurement of plasma PDA in the early phase I studies is recommended for a compound suspected to be an OAT inhibitor. Combined monitoring of PDA and GCDCA-s in urine and plasma is then recommended to tease out the involvement of OAT1/3 in the inhibition interaction [\[29](#page-12-11)].

Modelling and simulation results further support the utility of PDA as a selective endogenous biomarker for investigating weak-to-strong OAT1/3-mediated DDIs [[47\]](#page-12-28). PDA is a more robust OAT1/3 biomarker than HVA. Taken together, the in vitro and in vivo data, along with the modelling and simulation results, suggest that plasma PDA is the most promising biomarker for the evaluation of DDI mediated by the OAT1/3 transporter.

The substrates for OAT1 and OAT3 largely overlap but are not identical. OAT3 shows a preference for bulkier and more lipophilic organic anions, such as penicillin G and baricitinib, compared with OAT1, which favours smaller and more hydrophilic anions such as the antiviral agent's acyclovir, lamivudine and tenofovir [[11](#page-11-9), [15,](#page-11-12) [60\]](#page-13-11). There is an ongoing need to identify endogenous biomarkers that can clinically diferentiate between OAT1 and OAT3 inhibition However, the current absence of specifc inhibitors for OAT1 or OAT3 [[11\]](#page-11-9) precludes validation of endogenous biomarker specificity for OAT1 or OAT3.

5 Factors to Consider While Utilising Endogenous Biomarkers to Assess Renal Transporter‑Mediated DDI Risk

Endogenous biomarker levels can be altered by disease, nutrients, drugs and other intrinsic factors. Figure [4](#page-8-0) highlights the complex dynamics involved in the renal transporter and endogenous biomarker landscape and the relationships within the clinical and pharmacological domains. Central to this framework are the renal transporters and endogenous biomarkers, which are infuenced by multiple factors that range from ethnic diferences and genetic variations [\[61](#page-13-12)] to external factors such as food and drugs. Intrinsic factors and an array of renal and malignant disorders can also infuence renal transporter disposition. Notably, the use of endogenous biomarkers, further illuminated by metabolomics, offers an innovative avenue to assess drug interaction potential. The integration of these elements underscores the importance of understanding these dynamics to ensure the consideration of factors that may afect fuctuations in biomarker baseline levels.

Two important factors to consider in the assessment of endogenous biomarkers for renal transporter-mediated DDIs are ethnicity and genetic variation. Sato et al., used a modelbased meta-analysis to determine the effect of ethnic differences between Japanese and Western populations on the oral clearance of 81 drugs [[61\]](#page-13-12). A multi-layered error model was developed to account for the variability in drug properties according to ethnic background. Classifying drugs in phase

Fig. 4 Interplay of factors infuencing the measurement of endogenous biomarkers for assessing renal transporter-mediated drug–drug interactions (DDIs) in clinical drug development. The *dotted lines* (and the respective arrows) indicate the connection between each of the components shown in the diferent boxes on the fgure. Exogenous and endogenous factors and various diseases (several examples shown) on the left of the fgure can all infuence the assessment of endogenous biomarkers levels within the context of the relevant renal transporter. The exogenous, endogenous and disease impact factors, along with endogenous biomarkers both infuence the drug interaction assessment and thereby infuence the clinical development pro-

I studies according to their mechanism of clearance followed by the use of a model-based statistical analysis was shown to be useful for understanding ethnic diferences in the pharmacokinetics and clearance of NMEs.

Emerging pharmacogenomic data also suggest that genetic mutations within these transporters can contribute to alterations in the pharmacokinetics and responses of diferent drugs [[62\]](#page-13-13). For example, genetic variants in genes encoding for the OCT2 and MATE transporters can infuence the pharmacokinetics of metformin. The single nucleotide polymorphism 808 G>T (rs316019) is a common missense variant $($ ~ 10–15% frequency $[63, 64]$ $[63, 64]$ $[63, 64]$ $[63, 64]$ $[63, 64]$) of the *SLC22A2* gene that can infuence the disposition of metformin among individuals from diferent ethnic backgrounds (Korean, Caucasian or African American populations) [\[65–](#page-13-16)[67\]](#page-13-17). Similarly, the single nucleotide polymorphism 922-158 G>A (rs2289669) in the *SLC47A1* gene encoding MATE1 has been shown to infuence the glucose-lowering effects of metformin [[68–](#page-13-18)[70](#page-13-19)]. Current evidence suggests that the pharmacokinetic variability with known genotypes of OCT/MATE transporters is relatively small compared with genetic polymorphisms observed with

cess shown on the right of the fgure. Examples of diseases that can infuence endogenous biomarker levels are shown by the solid green line. ADHD attention-deficit hyperactivity disorder, RA rheumatoid arthritis. ^aRefers to phase I clinical trials (in healthy volunteers or in oncology patients) conducted prior to a phase I DDI study. ^bOnce the drug label (package insert) is approved and available, pharmacists and healthcare providers use it to manage medication therapy (pharmacotherapy). The drug label serves as the written rule, with medication therapy being the actual implementation of that rule. Together, these two parts ensure safe and efective treatment

drug-metabolising cytochrome P450 enzymes CYP2C9 and CYP2D6 [\[62\]](#page-13-13). However, genotyping of functional and common variants of OCTs can be considered [[62\]](#page-13-13).

Additionally, various disease conditions can infuence baseline biomarker levels. While the infuence of disease on the biomarkers NMN and creatinine has already been comprehensively reviewed in detail [\[31](#page-12-30)], only limited data have been reported for other biomarkers.

For the biomarker $m¹A$, various solid tumour types, including colon, ovarian and cervical, are known to increase $m¹A$ baseline levels [[71\]](#page-13-20). Urinary $m¹A$ excretion in patients with metastatic colorectal cancer also follows a circadian rhythm, with large between-patient and within-patient variations in urinary excretion observed in patients with other tumour types [\[71](#page-13-20)]. Renal impairment can also cause a falsepositive increase in $m¹A$ levels [\[72](#page-13-21)].

For the biomarker PDA, several intrinsic and extrinsic factors, and various diseases can potentially infuence changes in baseline levels. PDA is the major catabolite of vitamin B_6 (pyridoxine) metabolism, and therefore increased levels are seen with extrinsic vitamin B supplementation [[73\]](#page-13-22). Higher plasma levels of the metabolites pyridoxal and PDA are also seen in users of oral contraceptives [\[74\]](#page-13-23). Of the intrinsic factors, individual diferences in the synthesis and metabolism of vitamin B_6 , particularly its conversion to pyridoxal and subsequently to PDA, illustrate the complex dynamics of this biomarker [[75](#page-13-24)]. Several diseases can also infuence biomarker levels. For example, patients with colorectal malignancy show decreased PDA levels in plasma [[75](#page-13-24), [76](#page-13-25)], while patients with rheumatoid arthritis show no alteration in plasma levels but a decrease in urine levels [[77\]](#page-13-26). Renal impairment is associated with increased PDA levels [\[78\]](#page-13-27), and decreased levels are seen in individuals with hepatic impairment, particularly those with nonalcohol-related liver disease [[79\]](#page-13-28). Individuals with attentiondeficit hyperactivity disorder show low levels of PDA, with a commonly used treatment for this disorder, methylphenidate, modifying PDA levels [[80\]](#page-13-29).

Therefore, when assessing renal transporter-mediated DDI using endogenous biomarkers, it is crucial to consider these multi-faceted factors that can infuence biomarker baseline levels, as they can have a moderate-to-signifcant impact on the interpretation and reliability of DDI assessments. At present, our understanding about the impact of various underlying diseases on the biomarkers described above (in the context of drug development) is not fully known. Incorporating these fndings into future pharmacokinetic modelling to assess renal transporter-mediated drug interactions will enhance our understanding and interpretation of biomarker level changes within a representative target patient population, notably within the oncology therapeutic area. This strategy is particularly pertinent because of the logistical complexities inherent in conducting clinical drug development DDI studies in oncology patients.

6 Using Pharmacokinetic Modelling to Integrate Endogenous Biomarkers in the Assessment of Renal Transporter‑Mediated DDIs

Because of the recognised challenge in translating in vitro results to in vivo studies, physiologically-based pharmacokinetic (PBPK) models have been developed to support investigation of renal transporter-mediated DDIs during drug development [[34\]](#page-12-15). Regulatory agencies encourage the use of PBPK models to guide the drug development process, using in vitro results to estimate the magnitude of the in vivo interaction [\[81](#page-13-30)].

In one example, PBPK models of the endogenous OCT2 and MATE1 substrates creatinine and NMN were developed to predict kinetic biomarker changes during administration of various OCT2 and MATE1 perpetrator drugs (trimethoprim, pyrimethamine and cimetidine) [\[34\]](#page-12-15). The model for NMN was enhanced to incorporate circadian rhythm factors,

thereby accounting for the daily variations in plasma NMN levels. The developed models accurately described and predicted observed plasma concentration–time profles and urinary excretion of both biomarkers, and the models were coupled to the previously built and evaluated perpetrator models for each perpetrator [[34\]](#page-12-15). In the PBPK modelling of NMN, the authors proposed that inhibitors of MATE impair the synthesis of NMN in vivo, resulting in decreased plasma levels of NMN [[34](#page-12-15)]. This hypothesis is supported by data from healthy volunteers that show a reduction in plasma NMN concentrations following co-administration with a MATE inhibitor $[21]$ $[21]$ $[21]$. This finding appears to differ from PBPK models developed for inhibition of coproporphyrin I, an endogenous biomarker for OATP1B, where neither circadian efects nor inhibition of coproporphyrin I (CP I) synthesis were observed [[82,](#page-14-0) [83](#page-14-1)].

Population pharmacokinetic models have also been used to support quantifcation of PDA and HVA as endogenous biomarkers of OAT1/3 [[47](#page-12-28)]. Simulations based on these models suggest that the circadian rhythm has no prominent efect on PDA and HVA plasma concentrations. The simulations also confrmed the sensitivity and robustness of using plasma PDA data to identify weak, moderate and strong OAT1/3 inhibitors using an adequately powered clinical study [[47](#page-12-28)].

In a similar way, PBPK models have been developed to evaluate endogenous biomarkers. Tan and colleagues developed a PBPK model of PDA in healthy volunteers, and then incorporated a mechanistic kidney model to consider OAT1/3-mediated renal secretion [[48\]](#page-12-29). The model successfully predicted the PDA plasma concentrations, AUC and CL_R in healthy volunteers (HVs) at baseline and following single or multiple doses of probenecid. Simulations in patients with severe chronic kidney disease (CKD) successfully predicted the increase in PDA exposure relative to HVs. In another PBPK model developed for creatinine, the way in which renal transporters and passive permeability contribute to the disposition of creatinine was evaluated [\[84](#page-14-2)]. This model has been utilised to predict creatinine–drug interactions [\[45](#page-12-26)]. Furthermore, they extended the application of this PBPK model to patients with CKD, successfully simulating creatinine–drug interactions in this patient population [\[85](#page-14-3)].

The goal of using a modelling approach for NME evaluation is to incorporate in vivo data [[82\]](#page-14-0) for each endogenous biomarker, including $m¹A$, NMN, and PDA, in phase I studies (single or multiple rising dose), along with in vitro data, to build respective PBPK models. This approach integrates PBPK modelling using a probe drug such as metformin or furosemide or other relevant concomitant medications. The aim is to predict the DDI of the NME with probes (e.g. metformin) or relevant concomitant medications such as methotrexate. This approach has been successfully applied in phase I studies to evaluate the use of the endogenous biomarker CP I to support prediction of DDIs with statins involving hepatic OATP1B [[82,](#page-14-0) [83,](#page-14-1) [86\]](#page-14-4). Similar approaches for renal transporter-mediated DDIs are expected to be developed in the future to streamline the assessment of DDIs in drug development [[8\]](#page-11-6). While most PBPK models have been developed to evaluate the NME as a perpetrator, consideration can be given in the future with regard to the development of models when the NME is a victim and a perpetrator.

7 Integrating Endogenous Biomarkers Early in Drug Development to Streamline DDI Assessments

To streamline DDI assessment in the early phases of drug development, while avoiding unnecessary clinical studies, we propose an endogenous biomarker-informed approach, as shown in Fig. [2B](#page-3-0). Like the current decision tree, an early robust in vitro DDI characterisation is required. For NMEs that show renal transporter inhibition with projected ratios of $C_{\text{max},u}$ /IC₅₀ above the regulatory cut-off levels, the impact of the investigational drug on biomarker CL_R can be assessed in a phase I single-rising or multiple-rising dose study. The latest FDA draft Guidance for Industry (January 2020) recommends the use of serum/plasma creatinine levels as an early index of OCT2, and MATE 1/2-K inhibition [\[2](#page-11-1)]. Urine levels of endogenous biomarkers are preferred over plasma levels in view of their value in providing a direct analysis of kidney function. While blood levels can still be useful, CL_R is a more relevant pharmacokinetic parameter than $C_{\text{max},u}$. Where possible, baseline values of each biomarker should be taken over a predefned time interval (e.g. 8–24 hours) prior to administration of the NME.

If there is no significant change in AUC or CL_R (i.e. within the 80–125% bioequivalence criteria), the DDI risk is minimal, and the NME can proceed to subsequent PoCP (phase II) studies without any restrictions. In the event of a substantial change in the endogenous biomarker levels (i.e. increased AUC for OAT1/3-related biomarkers or decreased CL_R for OCT2- and MATE1/2-K-related biomarkers), the observed change stands as a potential parameter for consideration, in conjunction with the drug label specifcations of concomitant medications. This information provides potential to inform adjustments in the dosage of afected concomitant medication (e.g. metformin), thereby guiding the strategic design of later PoCP (phase II) trials. For example, it may be prudent to explore the feasibility of administering a reduced dosage of metformin during these clinical studies [\[87\]](#page-14-5).

In the future, data from the efect of an NME on renal endogenous biomarkers in phase I studies are likely to be combined with PBPK modelling of the afected concomitant medications (e.g. metformin) to forecast the efect of the NME on concomitant medications (see Sect. [6\)](#page-9-0), and thereby guide the dosing of concomitant medications in clinical trial participants. If the NME proves to be efective and safe in phase IIb/III studies, a dedicated DDI study with a probe substrate (e.g. metformin) may be conducted for the fnal regulatory submission. Another approach is to seek guidance from the regulatory agency to ascertain whether the predicted effects of the NMN on concomitant medications, derived through modelling approaches, may suffice for incorporation into the proposed drug label in the fnal submission.

8 Conclusions

Monitoring plasma or urine levels of endogenous biomarker levels in early-phase clinical trials is an attractive and costeffective means of assessing transporter-mediated DDI potential [[29](#page-12-11), [31,](#page-12-30) [32](#page-12-13), [58\]](#page-13-8). Measuring biomarkers serves to complement the DDI investigation by expanding insights into potential drug interactions mediated by renal transporters. Consequently, they aid in estimating DDI risks in early-stage in vivo studies and supporting study planning and prioritisation [[88\]](#page-14-6).

A lack of change in the systemic exposure of sensitive and selective endogenous probes may avoid costly clinical DDI studies prompted by high false-positive predictions. This is particularly valuable for NMEs for which in vitro assays show borderline transporter-mediated DDIs. Signifcant increases in plasma concentrations or a decrease in CL_R of endogenous biomarkers may lead to dedicated clinical DDI studies with drug probes. However, if drug–endogenous biomarker interactions can be reliably extrapolated to DDIs, such endogenous biomarkers could replace drug probes to defne the likelihood of DDIs and minimise adverse events.

Further clinical research is required to fully characterise endogenous biomarkers, particularly $m¹A$, NMN and PDA, as well as new emerging biomarkers. Further clinical evaluations will provide greater understanding about the selectivity, sensitivity and specifcity of these endogenous biomarkers. In addition, the circadian efect and the impact of disease, nutrients and other intrinsic factors that may alter the exposure of these biomarkers remain to be defned for many of the biomarkers. This knowledge will further inform the design of clinical trials to take full advantage of these biomarkers.

The development of more robust PBPK modelling will assist in understanding the mechanisms of synthesis, degradation and interaction of these biomarkers with common perpetrators. By utilising data from early clinical studies on

the interaction of NMEs with a relevant "cocktail" of endogenous biomarkers, the DDI potential of NMEs towards renal biomarkers can be fully characterised, with priority then given to the most sensitive or rate-limiting step of DDI risk. By doing so, the drug development process can be accelerated, thereby reducing costs, and minimising unnecessary exposure of NMEs to clinical trial participants.

In summary, the goal for the use of endogenous biomarkers in the early phase of clinical development is to reduce the need for future DDI studies. While this approach is described in current regulatory guidance, it has not become frmly established. In practice, compounds nearing approval may still require a stand-alone DDI study (e.g. with metformin) to demonstrate their inherent DDI safety.

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Authors and Afliations

HeeJae Choi^{[1](http://orcid.org/0000-0002-0642-9401)} •· Shilpa Madari¹ •· Fenglei Huang¹

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Translational Medicine and Clinical Pharmacology, Boehringer Ingelheim Pharmaceuticals, Inc., 900 Ridgebury Road, Ridgefeld, CT 06877, USA