



# Gadobutrol: A Review in Contrast-Enhanced MRI and MRA

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Published online: 13 July 2018

© Springer Nature 2018, corrected publication September 2018

## Abstract

Intravenous gadobutrol [Gadovist™ (EU); Gadavist® (USA)] is a second-generation, extracellular non-ionic macrocyclic gadolinium-based contrast agent (GBCA) that is approved for use in paediatric (including term neonates) and adult patients undergoing diagnostic contrast-enhanced (CE) MRI for visualization of pathological lesions in all body regions or for CE MRA to evaluate perfusion and flow-related abnormalities. Its unique physicochemical profile, including its high thermostability and proton relaxation times, means that gadobutrol is formulated at twice the gadolinium ion concentration of other GBCAs, resulting in a narrower bolus and consequently, improved dynamic image enhancement. Based on > 20 years of experience in the clinical trial and real-world settings (> 50 million doses) and its low risk for developing nephrogenic systemic fibrosis (NSF), gadobutrol represents an effective and safe diagnostic GBCA for use in CE MRI and MRA to visualize pathological lesions and vascular perfusion and flow-related abnormalities in all body regions in a broad spectrum of patients, including term neonates and other paediatric patients, young and elderly adult patients, and those with moderate or severe renal or hepatic impairment or cardiovascular (CV) disease.

### Gadobutrol: clinical considerations in contrast-enhanced (CE) MRI and MRA

Extensive clinical experience confirms its diagnostic efficacy in CE MRI of pathological lesions in all body regions in a broad spectrum of patients

Strong agreement for the diagnosis of flow-related abnormalities between gadobutrol-enhanced MRA and intra-arterial digital subtraction angiography

Very good safety profile

As a macrocyclic GBCA, it poses a low risk for the development of NSF, with no robust evidence for an increase in signal intensity in CNS CE-MRI after multiple administrations (unlike linear GBCAs)

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## 1 Introduction

More than two decades of clinical experience has firmly established the diagnostic efficacy and safety of gadolinium-based contrast agents (GBCAs) in contrast-enhanced (CE) MRI to detect pathological lesions throughout the body and in CE MRA to detect peripheral arterial occlusive disease (PAOD) or flow-related abnormalities [1]. As high concentrations of free gadolinium ( $Gd^{3+}$ ) ions are potentially toxic, all GBCAs are formulated as a central  $Gd^{3+}$  ion surrounded by a linear or macrocyclic chelate ligand [1–4].

This article reviews the extensive clinical experience (> 20 years) for the use of intravenous gadobutrol [Gadovist™ (EU); Gadavist® (USA)] as a second-generation, extracellular macrocyclic contrast medium in patients undergoing diagnostic CE MRI or CE MRA, with a brief overview of the pharmacological properties of gadobutrol. Some of these data have been previously reviewed in *Clinical Drug Investigation* [5].

## 2 Physicochemical Properties of Gadobutrol

Gadobutrol is a highly water soluble, hydrophilic GBCA that is bound to a non-ionic, macrocyclic rigid chelate complex of high kinetic (i.e. exhibits slow kinetics of decomplexation)

**Table 1** Key chemical and physicochemical properties of selected gadolinium-based contrast agents

Property	Gadobutrol	Gadoteridol	Gadoterate meglumine	Gadobenate dimeglumine	Gadopentetate dimeglumine
Ligand structure	Macrocyclic	Macrocyclic	Macrocyclic	Linear	Linear
Charge	Non-ionic	Non-ionic	Ionic	Ionic	Ionic
Concentration (mol/L)	1	0.5	0.5	0.5	0.5
Osmolality at 37 ° C (osmol/kg H <sub>2</sub> O)	1.6	0.63	1.35	1.97	1.96
Relaxivities r <sub>1</sub> /r <sub>2</sub> in plasma at 37 ° C (mmol/L/s)	5.2/6.1	4.1/5.0	3.6/4.3	6.3/9.2	4.1/4.6
Viscosity at 37 ° C	4.96	1.3	2.0	5.3	2.9
Thermodynamic complex stability (log K <sub>eq</sub> )	21.8	23.8	25.8	22.6	22.1

Adapted from Scott [5]

and thermodynamic stability (Table 1) [5–7]. Its unique physicochemical profile means that gadobutrol is formulated at twice the concentration of Gd<sup>3+</sup> ions as other GBCAs (1.0 vs. 0.5 mol/L solution) [6, 8]. The higher concentration of gadobutrol reduces its injection volume by 50%, providing a narrower bolus and thereby, improving dynamic image enhancement [9, 10]. Gadobutrol exhibits the greatest shortening of proton T1 relaxation times amongst all macrocyclic GBCAs [7]. Shortening of proton relaxation time is a key determinant of signal and contrast enhancement in MRI [6].

### 3 Pharmacokinetic Properties of Gadobutrol

Intravenous gadobutrol exhibits dose-proportional pharmacokinetics, is rapidly distributed into the extracellular space and shows minimal plasma protein binding [11, 12]. Gadobutrol is primarily eliminated in the urine, with > 50, > 90 and 100% of the dose eliminated in the urine within 2, 12 and 72 h, respectively [11, 12]. The mean elimination half-life of gadobutrol is 1.8 h, which corresponds to the renal elimination rate in healthy individuals [11, 12]. Gadobutrol is not metabolized [11], with no metabolites detected in the plasma or urine [12].

Overall, the pharmacokinetic profile of gadobutrol in paediatric patients of all ages, including infants aged < 2 years (range < 1 to 23 months; *n* = 43) [13] and children aged 2–17 years (*n* = 130) [14], was similar to that in adults [11, 12]. No dosage adjustments are required in paediatric patients, including term neonates [11, 12]. Based on data from children aged 2–17 years, most of an administered dose was recovered in the urine within 6 h (median recovery ≈ 99%) [11, 12]. There was also no clinically relevant difference in the pharmacokinetic profile of gadobutrol in healthy volunteers aged ≥ 65 years versus that in younger adults [11, 12].

Since gadobutrol is primarily eliminated renally, the serum half-life of gadobutrol is prolonged in patients with

impaired renal function and correlates with the reduction in creatinine clearance [11, 12, 15]. Within 72 h post injection, there was complete recovery of gadobutrol in the urine in patients with mild to moderate renal impairment; in those with severe renal impairment, ≈ 80% of the dose was recovered within 5 days [11, 12, 15]. In patients with renal impairment who required haemodialysis, 98% of gadobutrol was removed after three haemodialysis sessions [11, 12, 16].

### 4 Diagnostic Efficacy of Gadobutrol

Discussion in this section focuses on large (*n* > 100), multi-centre, phase 3 or 4 trials, where available. Exclusion criteria in these trials included general contraindications to MRI or MRA (e.g. previous GBCA hypersensitivity; presence of an implanted metallic device), clinical instability or interventions changing the findings in target tissue or vessels. All GBCAs were administered intravenously, with the dose based on bodyweight. Unless stated otherwise, the dose of each GBCA was 0.1 mmol/L/kg. Quantitative and qualitative diagnostic efficacy assessments were made in a blinded manner by ≤ 3 independent, off-site radiologists.

Clinical trials evaluating the diagnostic efficacy of gadobutrol in paediatric patients (including term neonates) are more limited. Approval of gadobutrol for CE MRI in these patients was based on prospective, multinational, pharmacokinetic (Sect. 3) and safety (Sect. 5) studies in children aged 2–17 years [14] and infants aged ≤ 2 years (mean age 8.8 months; range 0.2–23 months) [13], and on clinical experience in adults [11]. Diagnostic efficacy and an increase in diagnostic confidence was shown for all parameters assessed in children aged 2–17 years having CE MRI of the CNS, liver and kidneys, or CE MRA [12, 14] and in infants aged ≤ 2 years scheduled for CE MRI of any body region [12, 13]. There was no difference in diagnostic efficacy results among paediatric age groups or between paediatric and adult patients [12]. These data are supported

by a subgroup analysis of 1142 children (aged < 18 years) [17] enrolled in the prospective, noninterventional, multinational GARDIAN study ( $n > 23,000$ ) [18], with investigators rating gadobutrol-enhanced MRI as good or excellent in 98% of paediatric patients [17]. Further support for its diagnostic efficacy in very young paediatric patients comes from a single-centre, observational study in 60 infants aged 4 days to 22.7 months (mean age 11.1 months) who underwent gadobutrol-enhanced MRI of various body regions or MRA [19].

## 4.1 MRI of CNS

### 4.1.1 In Patients with Malignant CNS Lesions

Pivotal phase 3 [20–24] and 4 [25, 26] trials have firmly established the diagnostic efficacy of gadobutrol in adult patients undergoing diagnostic CE MRI of brain lesions (Table 2), including for diagnosing primary and metastatic brain tumours. With the exception of the REMIND trial in patients with primary brain tumours [25] and a phase 3 trial

**Table 2 Diagnostic efficacy of gadobutrol in adult patients undergoing diagnostic MRI of malignant cerebral lesions in large, randomized, cross-over, multicentre trials**

Reference (no. of evaluable pts)	Contrast agent (mmol/L/kg)	Qualitative assessments <sup>a</sup>	Quantitative assessments <sup>b</sup> (mean)
<b>Phase 3 trials</b>			
Anzalone et al. [22] (124–136)	GAD 0.1 vs. GAD-ME 0.1	Overall preference GAD vs. GAD-ME 66%*** <sup>c</sup>	LBR 1.596 vs. 1.541** <sup>c</sup> ; CNR 129,337 vs. 98,281; % LCE 97.96 vs. 89.16**
Gutierrez et al. [20] (336)	GAD 0.1 <sup>d</sup> vs. UMRI		No. of detected lesions/pt 8.25 vs. 8.08 (NI) <sup>e</sup> LCE 2.26 vs. 0.97*** (SUP) <sup>e</sup> ; LBD 2.58 vs. 1.98*** (SUP) <sup>e</sup> ; LIM 1.93 vs. 1.32*** (SUP) <sup>e</sup>
	GAD 0.1 vs. GAT 0.1	Majority reader preference for detection of lesions (%): sensitivity (66.7 vs. 60.2*), accuracy (87.7 vs. 85.6*), specificity (97.5 vs. 97.5)	No. of detected lesions/pt 8.25 vs. 8.24 <sup>e</sup> ; LCE 2.28 vs. 2.24 (NI) <sup>e</sup> ; LBD 2.60 vs. 2.56 (NI) <sup>e</sup> ; LIM 1.94 vs. 1.91 (NI) <sup>e</sup>
Gutierrez et al. [21] (321)	GAD 0.1 <sup>d</sup> vs. UMRI	Majority reader preference for detection of lesions (%): sensitivity (77.8 vs. 57.1**), accuracy (87.4 vs. 82.4*), specificity (90.4 vs. 90.4)	No. of detected lesions/pt 2.97 vs. 2.65 (NI) <sup>e</sup> ; LCE 2.86 vs. 0.93*** (SUP) <sup>e</sup> ; LBD 2.94 vs. 1.92*** (SUP) <sup>e</sup> ; LIM 2.35 vs. 1.57*** (SUP) <sup>e</sup>
Katakami et al. [24] (151)	GAD 0.1 and 0.2 vs. GAT 0.2	Overall % rated as good or excellent: LCE $\geq 86$ and $\geq 90$ vs. $\geq 87$ ; LBD $\geq 67$ and $\geq 74$ vs. $\geq 71$	No. of detected lesions/pt <sup>e</sup> 6.28 and 6.92 vs. 6.87 (NI)
Tanaka et al. [23] (221)	GAD 0.1 <sup>d</sup> vs. UMRI		No. of detected lesions/pt 11.09 vs. 10.79 (NI) <sup>e</sup> LCE 2.87 vs. 0.95*** (SUP) <sup>e</sup> ; LBD 3.20 vs. 2.14*** <sup>e</sup> ; LIM 2.28 vs. 1.15*** (SUP) <sup>e</sup>
<b>Phase 4 trials</b>			
REMIND [25] (234)	GAD 0.1 vs. GAD-ME 0.1	% rated as good or excellent for overall lesion visualization and characterization (range across readers): 93.2–99.6 vs. 90.6–100% <sup>c</sup> (NI)  Generally, readers had no specific preference for GAD vs. GAD-ME for LBD, LIM, LCE; no difference for diagnostic confidence	LSM BGD (range across readers): SNR – 10.3 to – 14.6 <sup>e</sup> ; CNR – 7.4 to – 23.6 <sup>e</sup> ; % LCE – 13.2 to – 15.7 <sup>e</sup>
TRUTH [26] (209)	GAD 0.1 vs. GAT 0.1	Generally, readers had no specific preference for GAD vs. GAT for global diagnostic preference, disease extent, LBD, LIM or LCE	No BGD in % LCE, pre- to post-dose change in lesion-to-background ratio or no. of pts with MRI-detected tumours (95–98 vs. 96–99% <sup>f</sup> )

Single-blind [21–24] or double-blind [20, 25, 26] design. Intra-individual comparisons

BGD between-group difference, CNR contrast-to-noise ratio, GAD gadobutrol 1 mol/L, GAD-ME gadoterate meglumine 0.5 mol/L, GAT gadoteridol 0.5 mol/L, LBR lesion-to-brain ratio, LBD lesion border delineation, LCE lesion contrast enhancement, LIM lesion internal morphology, LSM least-square mean, NI noninferiority vs. comparator, NRS numerical rating scale (higher scores = better outcomes),  $pt(s)$  patient(s), SNR signal-noise ratio, SUP superiority vs. comparator, UMRI unenhanced MRI

\* $p < 0.05$ , \*\*  $p < 0.001$ , \*\*\* $p < 0.0001$  vs. comparator

<sup>a</sup>Average result of blinded readings by 3 readers; LCE, LBD, LBR and LIM evaluated using a 3- or 4-point NRS

<sup>b</sup>Signal intensity measurements based on blinded readings by 1–3 independent readers; other outcomes assessed by all readers

<sup>c</sup>Primary endpoint or coprimary endpoints

<sup>d</sup>For GAD results = combined results of unenhanced and enhanced scans

<sup>e</sup>SNR significantly favoured GAD for 1 reader ( $p < 0.001$ ); CNR for 2 readers ( $p < 0.01$ ); lesion % enhancement for all 3 readers ( $p < 0.001$ )

<sup>f</sup>Range across 3 readers; evaluated in 139 pts with a total of 308 brain lesions subsequently confirmed at biopsy or surgery

in patients with known or suspected brain metastases [24], all other trials included patients with primary or metastatic brain tumours [20–23, 26] and, in some instances, also included patients with non-tumour brain lesions (e.g. white matter disease, vascular lesions, infarct, haemorrhage, infective/inflammatory disease) [20, 21, 26].

In phase 3 trials, the diagnostic efficacy of combined gadobutrol-enhanced plus unenhanced MRI was noninferior to unenhanced MRI for the mean number of lesions detected/patient (primary quantitative outcome) and superior to unenhanced MRI for qualitative primary outcomes of lesion contrast enhancement (LCE), border delineation (LBD) and internal morphology (LIM) (Table 2) [20, 21, 23]. There was no loss of specificity, exact-match diagnostic accuracy or reader confidence associated with gadobutrol-enhanced improvements in the sensitivity and accuracy of malignant lesion detection [21, 23].

The overall preference for LCE significantly ( $p > 0.001$ ) favoured gadobutrol over gadoterate meglumine MRI in a single-blind, phase 3 trial (Table 2) (primary outcome) [22]. In REMIND [25], gadobutrol was noninferior to gadoterate meglumine for overall lesion visualization and characterization (primary outcome), with a high percentage ( $> 90\%$ ) of lesion images rated as good or excellent for these parameters with both GBCAs (Table 2). Readers also had no specific preference for either GBCA for secondary qualitative outcomes, including diagnostic confidence (Table 2) [25]. Quantitative outcomes in these two trials also generally favoured gadobutrol over gadoterate meglumine MRI (Table 2) [22, 25].

Gadobutrol generally exhibited similar diagnostic efficacy to gadoteridol for primary qualitative outcomes, including LCE, LBD and/or LIM, in phase 3 trials [20, 24] and the phase 4 TRUTH trial [26] (Table 2). Where evaluated, gadobutrol 0.1 and 0.2 mmol/L/kg were noninferior to gadoteridol 0.2 mmol/L/kg for these outcomes [20]. Gadobutrol 0.1 and 0.2 mmol/L/kg were also noninferior to gadoteridol 0.2 mmol/L/kg for the mean number of detected lesions/patient (primary quantitative outcome) in one phase 3 trial [24], although noninferiority was not demonstrated in the other [20] (Table 2). In TRUTH, readers had no specific preference for either GBCA for other qualitative outcomes, including global diagnostic preference or disease extent outcomes, or for quantitative assessments (Table 2) [26].

#### 4.1.2 In Patients with Multiple Sclerosis

Gadobutrol-enhanced MRI was effective for imaging acute inflammatory multiple sclerosis (MS) lesions in a randomized, intra-individual crossover, multicentre trial in adults with known or suspected active MS lesions ( $n = 45$  evaluable) [27]. There were no significant differences between gadobutrol and gadoterate meglumine MRI for qualitative

preference ratings for LCE (primary outcome), LBD or overall preference scores. The vast majority of gadobutrol and gadoterate meglumine images for all assessed timepoints were rated as excellent by both readers. There was no difference between these two GBCAs for the median number of enhancing lesions detected in each post-contrast image (median of 2 lesions with each GBCA). At 3, 6 and 9 mins post-contrast agent, gadobutrol generated significantly ( $p < 0.05$ ) higher signal intensity than gadoterate meglumine [27].

## 4.2 MRA

### 4.2.1 Peripheral Arteries

The diagnostic efficacy of gadobutrol-enhanced MRA compared with that of intra-arterial digital subtraction angiography (DSA; gold standard) was established in pivotal phase 3 [28, 29] or 4 [30] trials in patients with PAOD [28, 30] or various arterial occlusive diseases (e.g. pelvic artery disease, cerebral ischaemia, thoracic or abdominal aortic aneurysms, renal artery stenosis) [29] (Table 3). Overall, gadobutrol-enhanced MRA provided accurate, rapid and non-invasive evaluation of peripheral arteries in these patient populations [28–30].

In patients with PAOD, there was strong agreement between gadobutrol-enhanced MRA and DSA results for accuracy for diagnosing occlusion of body arteries (primary outcome) (Table 3) [28, 30]. Relative to DSA, gadobutrol-enhanced MRA was noninferior to gadoterate meglumine-enhanced MRA for diagnostic accuracy (primary outcome), with both GBCAs showing similar efficacy for sensitivity and specificity for detecting significant stenosis (i.e.  $> 50\%$  stenosis) (Table 3) [30]. There were also no significant differences between gadobutrol and gadoterate meglumine for diagnostic confidence (86 vs. 87%), CNR (155.3 vs. 159.5) or signal-to-noise ratio (SNR) (161.0 vs. 165.5) [30].

There was also strong agreement in diagnostic efficacy between gadobutrol-enhanced MRA and DSA in patients with various arterial occlusive diseases for both off-site (Table 3) and on-site reader results, based on whole-body MRA [29]. Overall, sensitivities and specificities for detection of relevant stenosis appeared to be similar between gadobutrol-enhanced MRA and DSA (Table 3), as were positive predictive values (PPV) and negative predictive values (NPV) for the detection of relevant stenosis. Respective on-site and off-site PPV for the internal carotid artery, common iliac artery and external iliac artery were 79–96 and 53–91.5%, with NPV for on-site and off-site evaluations of 98–99 and 84–99% [29].

**Table 3 Diagnostic efficacy of gadobutrol for MRA of body arteries in large, randomized, multicentre trials in adults with vascular disease**

Reference (no. of evaluable pts)	Regimen <sup>a</sup>	Accuracy <sup>b</sup> (% agreement)	Sensitivity <sup>c</sup> (%)	Specificity <sup>c</sup> (%)
Phase 3 trials				
Henschel et al. [28] (182)	GAD MRA vs. DSA	86–88	71–76	87–93
Schaefer et al. [29] (176)	GAD MRA vs. DSA	87–90	76–96	86–94
Phase 4 trial				
Loewe et al. [30] (152–156)	GAD vs. GAD-ME	75 vs. 74 (NI)	71 vs. 72	92 vs. 93

Single- [28, 29] or double-blind [30] trials in adults with peripheral arterial occlusive disease [28, 30] or various arterial occlusive diseases [29]. Average results of blinded-readings by 2 [30] or 3 [28, 29] independent radiologists

GAD gadobutrol 1 mol/L, GAD-ME gadoterate meglumine 0.5 mol/L, DSA intra-arterial digital subtraction angiography, MRA magnetic resonance angiography, NI noninferiority vs. GAD-ME, pts patients

<sup>a</sup>Single dose GAD or GAD-ME 0.10 [30], 0.10–0.15 [29] or 0.2–0.3 [28] mmol/L/kg for MRA; DSA as per standard medical practices

<sup>b</sup>Primary endpoint; agreement between MRA and DSA techniques [28, 29] or agreement with DSA for each gadolinium agent [30]

<sup>c</sup>For detection of significant stenosis (i.e. > 50% stenosis)

**Table 4 Diagnostic efficacy of gadobutrol in various body regions in large, multicentre, phase 3 trials in adult patients**

Body region <sup>a</sup>	Regimen (no. of evaluable pts)	Accuracy	Sensitivity	Specificity <sup>b</sup>
Kidney [33]	GAD (200)	83.7 NI <sup>c</sup>	85.2 <sup>e</sup>	82.1
	GAD-DI (206)	87.3	88.7 <sup>e</sup>	86.1
Liver [32]	GAD (250)	80.1 NI <sup>d</sup>	79.3 <sup>e</sup>	80.8
	GAD-DI (247)	84.2	82.8 <sup>e</sup>	85.2
Breast (GEMMA1) [34]	GAD <sup>f</sup> vs. UMRI (388)		80–87 vs. 37–63 SUP <sup>g</sup>	86–95 SUP <sup>h</sup>
Breast (GEMMA2) [34]	GAD <sup>f</sup> vs. UMRI (390)		86–89 vs. 55–73 SUP <sup>g</sup>	83–92 SUP <sup>h</sup>
Various <sup>i</sup> [41]	GAD <sup>j</sup> vs. UMRI (168)		81.7 vs. 72.2	81.8 vs. 81.2
	GAD-DI <sup>j</sup> vs. UMRI (178)		82.2 vs. 76.2	78.4 vs. 85.6

Single- [33, 34, 41] or double-blind [32], parallel group [32, 33, 41] trials. Average results of blinded-readings by 3 independent radiologists. All gadolinium agents administered as a single 0.1 mmol/L/kg dose

GAD gadobutrol 1 mol/L, GAD-DI gadopentetate dimeglumine 0.5 mol/L, NI noninferiority, pts patients, SOR standard of reference, SUP superiority, UMRI unenhanced MRI

<sup>a</sup>SOR was a CT scan of kidney [33]; CT or MRI scan of liver using liver-specific contrast-medium [32]; off-site consensus reads by 2 physicians with ≥ 3 years' experience in breast cancer imaging or breast pathology compared with the predefined SOR [34]

<sup>b</sup>No. of correctly localized and classified benign lesions [32, 33] (cancer-free breast [34]) divided by the total no. of pts with benign (cancer free-breast) SOR lesions

<sup>c</sup>Primary endpoint; NI based on predefined difference of < 10%

<sup>d</sup>NI was not shown as at least 2 of 3 reader's results did not achieve the prespecified NI margin (primary endpoint). The average reader score and investigator score demonstrated NI

<sup>e</sup>No. of correctly localized and classified malignant lesions divided by the total no. of pts with malignant SOR lesions

<sup>f</sup>GAD results = combined results of unenhanced and contrast-enhanced scans

<sup>g</sup>Coprimary outcome. Intra-patient sensitivity. SUP as the 95% CI lower limit is > 0

<sup>h</sup>Coprimary outcome. GAD MRI of cancer-free breasts (as defined by pathologic examination or mammography + ultrasound). SUP to performance threshold of 80% (i.e. 95% CI lower limit > 80) for all readers in GEMMA1 ( $n = 372$ ) and 2 of 3 readers in GEMMA2 ( $n = 367$ )

<sup>i</sup>Breast, heart, kidney, extremities, abdomen, pelvis

<sup>j</sup>For each gadolinium agent = combined result of unenhanced and enhanced scans

#### 4.2.2 Cerebral Vessels

Gadobutrol-enhanced MRA showed diagnostic efficacy for visualization of cerebral vessels in prospective studies in

adult patients with cerebrovascular [31] or vascular [29] disease, with the latter trial discussed in Sect. 4.2.1 [29]. Gadobutrol-enhanced MRA was associated with significantly ( $p = 0.041$ ) better delineation of intracranial vessels

than gadoterate meglumine-enhanced MRA in an analysis of 1026 cervicocranial vessel segments from 54 patients, based on intra-individual comparisons of the two GBCAs [31]. This improved delineation reflects the significantly higher CNR (mean 178.7 vs. 162.3;  $p = 0.031$ ) and SNR (208.3 vs. 191.1;  $p = 0.032$ ) values with gadobutrol than gadoterate meglumine across all vessel segments. Typically, SNR and CNR values were also significantly ( $p < 0.05$  vs. gadoterate meglumine) higher with gadobutrol for thoracic, cervical and intracranial vessels. Based on the consensus read, the overall preference for an individual contrast agent was markedly higher for gadobutrol than gadoterate meglumine images (40.7 vs. 16.7%;  $p = 0.02$ ), with the GBCAs rated as equal in 42.6% of cases [31]. This trial is supported by evidence from a randomized study in 20 healthy adult volunteers [10].

### 4.3 MRI of Other Body Regions

#### 4.3.1 Kidney and Liver

The diagnostic efficacy of gadobutrol for CE MRI for known or suspected liver [32] or renal [33] lesions was established in pivotal, multinational, parallel-group phase 3 trials (Table 4). In these trials, the diagnostic accuracy of gadobutrol was noninferior to that of gadopentetate dimeglumine for the classification of liver or kidney lesions, with respective diagnostic accuracy rates for each contrast medium of  $\geq 80$  and  $\geq 84\%$  (primary outcome) (Table 4). In general, similar rates for diagnostic sensitivity and specificity for pre- versus post-contrast MRI were observed with both GBCAs (Table 4), with the increase in these rates from unenhanced MRI generally similar for both GBCAs [32, 33].

#### 4.3.2 Breast

Two large ( $n > 385$  evaluable/trial), multinational phase 3 trials (GEMMA1 and GEMMA2) confirmed the diagnostic efficacy of gadobutrol-enhanced preoperative breast MRI for detecting malignant breast lesions (Table 4) [34]. For the coprimary outcomes, gadobutrol-enhanced breast MRI was superior to unenhanced breast MRI for intra-patient MRI sensitivity (i.e. breast-level sensitivity) and, based on cancer-free breasts as reference standard, provided superior breast-level specificity for correctly excluding malignancy in cancer-free breasts (Table 4). In malignant breasts, gadobutrol-enhanced MRI breast-level sensitivities ranged from 47 to 61% across the six readers in GEMMA1 and GEMMA2 and respective median NPV in these two studies were 96 and 94% [34].

These data are supported by small ( $n > 50$ ), prospective, single-blind, single-centre [35] or multicentre [36], crossover studies in women with biopsy-proven [36] or suspected

[35] breast cancer. In the multicentre study ( $n = 72$ ), there was a 94% agreement rate for detection of the index lesion between gadobutrol-enhanced and gadobenate dimeglumine-enhanced MRI, with no significant difference between the contrast agents for sensitivity in lesion detection of all detected lesions (82.33 vs. 81.6%) [36]. In the other study ( $n = 52$ ), gadobutrol-enhanced MRI was noninferior to gadobenate meglumine-enhanced MRI for breast lesion detection and sensitivity in lesion characterization [35]. A retrospective study of 400 patients with histologically-confirmed breast cancer provides further support for the diagnostic efficacy of gadobutrol-enhanced MRI in detecting breast lesions [37].

The ongoing, observational, multicentre MIPA study enrolled two concurrent groups of patients with newly-diagnosed breast cancer, not candidate to neoadjuvant therapy, receiving or not receiving MRI (abstracts) [38, 39]. As of July 2016, data from 2425 patients were available for analysis, 1224 of whom (50.5% patients) had received preoperative breast CE MRI (gadobutrol was used in 70% of these CE MRI). Of the 1224 CE MRIs, 17% were performed for screening or diagnosis purposes, with CE MRI typically used as a confirmation tool for an already planned mastectomy. CE MRI was not associated with an increased rate of mastectomy (increased by 1.7% vs. the non-MRI group) [38, 39].

The sensitivity of mammographic detection of tumour lesions is significantly reduced in women with extremely dense breasts, with these women having an increased risk of breast cancer [40]. The ongoing randomized, parallel-group DENSE trial, which is being conducted in a Dutch breast cancer screening cohort with extremely dense breasts, is investigating the value of adding gadobutrol-enhanced MRI to routine 2-year breast mammography screening ( $n = 7237$  planned enrolments) compared with routine mammography alone ( $n = 28,948$ ) [40]. The primary aim is to detect a statistically significant reduction in the interval cancer rate of the intervention arm (i.e. mammography plus MRI) versus routine mammography alone [40].

#### 4.3.3 In Other Body Regions

A large ( $n = 346$  per-protocol set), single-blind, multinational phase 3 trial investigated the diagnostic efficacy of gadobutrol-enhanced MRI in patients with various underlying pathologies, including neurological, vascular, liver, kidney, breast, cardiovascular (CV) and musculoskeletal disorders [41]. Gadobutrol was noninferior to gadopentetate dimeglumine for CE MRI of various body regions and the extremities, based on the average reader total score for the three visualization variables (i.e. LCE + LBD + LIM; mean total score 9.39 vs. 9.35) [primary outcome]. Both

GBCAs showed high sensitivity ( $\geq 82\%$ ) and specificity ( $\geq 78\%$ ) for detecting malignant lesions (Table 4) [41].

Small ( $n = 12\text{--}30$ ), prospective, single-centre studies in patients with chronic myocardial infarction (MI) [42–45] or hypertrophic cardiomyopathy [46] investigated the diagnostic efficacy of gadobutrol-enhancement in CV MRI. Single doses of gadobutrol or gadobenate dimeglumine were effective for late gadolinium-enhancement (LGE) imaging of chronic MI, based on intra-individual comparisons [44]. There were no significant differences between these two GBCAs for the mean SNR for infarct, remote myocardium or ventricular blood. There was also no significant difference for the mean CNR between infarct and myocardium, although gadobutrol enhancement resulted in a higher CNR between the infarct and blood than gadobenate dimeglumine enhancement (4.0 vs. 0.9;  $p = 0.02$ ) [44]. Compared with gadopentetate dimeglumine, gadobutrol 0.15 mmol/kg provided similar delineation of the infarct scar in another study, based on SNR values between scar tissue and blood, and CNR values between scar tissue and remote myocardium or blood [42]. Except for the CNR between scar tissue and blood, these SNR and CNR values were significantly ( $p \leq 0.0001$ ) lower with gadobutrol 0.10 mmol/kg than those for gadopentetate dimeglumine (i.e. reduced tissue contrast with this dose of gadobutrol) [42]. In another study in 20 patients, there were no statistically significant differences between gadobutrol and gadopentetate dimeglumine for detection of late enhancement in cardiac MRI [45].

Preliminary retrospective studies in patients with prostate cancer ( $n = 34$  [47] and 53 [48]) suggested that gadobutrol was effective for dynamic CE MRI detection of prostate lesions. In the largest study, gadobutrol was associated with significantly ( $p = 0.04$ ) higher peak enhancement in prostate cancer lesions and in the normal peripheral zone around the lesion than gadopentetate dimeglumine [48]. There were no significant differences between these GBCAs for curve type frequencies (i.e. type I, II and III curves) [48].

The sensitivity of gadobutrol-enhanced MRI for detecting small, (i.e.  $< 3$  cm) solid pancreatic lesions (SPLs) was significantly higher than that with CT imaging in 193 patients with SPLs (98–99.5 vs. 91–93%;  $p < 0.05$ ) [49]. There was no significant difference between the two imaging techniques for the specificity of detecting SPL (100% for both techniques for both readers). Overall, SPL were significantly ( $p < 0.001$ ) more conspicuous on gadobutrol-enhanced MRI than CT images [49].

## 5 Tolerability and Safety of Gadobutrol

As a contrast agent for MRI and MRA, intravenous gadobutrol has a very good and well established safety profile based on extensive evidence ( $> 50$  million doses as of April

2018 [50]) from the clinical trial and real-world settings [8, 17, 18, 51–56], with most adverse drug reactions (ADRs) of mild to moderate intensity and transient in nature [8, 11, 12, 18]. The most common ADRs (incidence 1–10%) were headache and nausea [12]. In global postmarketing surveillance reports ( $> 29.6$  million gadobutrol doses), ADRs were uncommon (incidence 0.05%), with anaphylactoid/hypersensitivity reactions (reporting rate 0.019%), nausea/retching (0.005%) and vomiting (0.004%) the most common ADRs reported [52]. Most ADRs were of mild (83.6%) or moderate (13.2%) intensity, transient and occurred within 5 min (62%) or within the next 24 h after gadobutrol injection. ADRs were not dose related, with incidences of 0.61, 0.78, 0.83 and 0% in the gadobutrol  $\leq 1$ ,  $> 0.1\text{--}0.2$ ,  $> 0.2\text{--}0.3$  and  $> 0.3$  mmol/L/kg groups, respectively [18]. The very low rates of acute ADRs (pooled analysis of six studies) [51] and allergic ADRs [57] after gadobutrol administration were confirmed in several large prospective observational studies.

The tolerability and safety profile of gadobutrol was similar across all age groups [8, 18, 51–53], including in term neonates [13, 19], paediatric patients (aged  $> 18$  years) [8, 13, 17, 18, 51–53] and elderly patients (aged  $\geq 60$  [51] or  $\geq 65$  [18, 52, 54] years). Evidence from prospective multinational postmarketing surveillance studies (GARDIAN [18] and GRIP [58]) and large pooled analyses [8, 52, 53] also indicated that the safety profiles of gadobutrol in patients with renal or hepatic impairment or with cardiac disease were similar to that in the general population. For example, in the prospective GARDIAN study conducted in the routine clinical practice setting ( $n > 23,000$ ), ADRs occurred with a frequency of 0.7% in the overall population ( $n = 23,708$ ), 0% of renally impaired patients ( $n = 153$ ), 0.9% of patients with cardiac disease ( $n = 1233$ ) and 0.5% of paediatric patients ( $n = 1142$ ) having gadobutrol-enhanced MRI or MRA [18]. All ADRs in patients with cardiac disease were of a non-cardiac nature [18]. In pooled safety analyses [53, 55, 56], there were no clinically relevant effects of gadobutrol on any of the ECG parameters or vital signs, including in patients with CV disease. Gadobutrol 0.1–0.5 mmol/L/kg had no clinically relevant influence on heart rate, cardiac rhythm, pacing disturbances (extra systoles), cardiac conduction or QT intervals in healthy adult volunteers, based on a randomized, double-blind, crossover, thorough QT study [59].

The safety profile of gadobutrol was similar to those of other GBCAs, based on pooled safety analyses of clinical trials and postmarketing surveillance data from patients having gadobutrol-enhanced MRI and MRA [8, 52, 53] and a retrospective analysis ( $n = 10,608$  MRIs) [60]. For example, in the most recent pooled analysis of 42 phase 2–4 clinical trials, 3.5% of patients in both the gadobutrol ( $n = 6809$ , including 182 children) and GBCA ( $n = 2184$  adults) groups experienced ADRs, most commonly nausea

(incidence 0.7% in both groups) [52]. In the gadobutrol and other GBCA groups, rates of serious adverse events (< 0.1 vs. 0%) and hypersensitivity reactions (< 0.1 vs. 0%) were low [52].

### 5.1 Nephrogenic Systemic Fibrosis

Like other macrocyclic GBCAs, gadobutrol has a low propensity to be associated with nephrogenic systemic fibrosis (NSF) [53, 61]. After > 32 million applications of gadobutrol in routine clinical practice through to 2016, 13 cases of NSF or NSF-like symptoms were reported, with 5 of these 13 patients receiving gadobutrol only (i.e. no other GBCA) [62]. Of the five patients receiving gadobutrol only, three patients met the criteria for being diagnostic of or consistent with NSF, and a possible association with gadobutrol could not be excluded [62], based on a conservative worst-case scenario criteria (as described by Girardi et al. [63]). Interpretation of the other eight cases was confounded by the use of multiple GBCAs, including gadobutrol [62]. Furthermore, after > 50 million doses of gadobutrol, no further cases diagnostic of or consistent with NSF have been reported [50]. In GARDIAN, no paediatric or adult patients experienced NSF-related signs or symptoms [17, 18]. In the GRIP study in patients with mild [estimated glomerular filtration rate (eGFR) > 65 mL/min/1.73 m<sup>2</sup> at baseline; *n* = 38; not included in follow-up analysis], moderate (eGFR ≥ 30 to ≤ 59 mL/min/1.73 m<sup>2</sup> at baseline; *n* = 540) or severe (eGFR < 30 mL/min/1.73 m<sup>2</sup> at baseline; *n* = 201) renal impairment, no patients with moderate or severe renal impairment developed symptoms indicative of NSF during the 24-month follow-up period after gadobutrol administration (primary outcome) [58].

GBCAs may increase the risk of NSF among patients with impaired elimination of these drugs [12]. The risk of NSF is highest amongst patients with chronic severe kidney disease (eGFR < 30 mL/min/1.73 m<sup>2</sup>) or acute kidney injury [11, 12]. Patients undergoing liver transplantation are at particular risk, since the incidence of acute renal failure is high in this patient population [12]. The use of GBCAs should be avoided amongst at-risk patients unless the diagnostic information is essential and is not available with non-contrast MRI or other modalities [11, 12].

## 6 Dosage and Administration of Gadobutrol

Intravenous gadobutrol 1 mol/L solution is indicated in numerous countries globally, including EU countries [12], the USA [11] and Japan [64], for use as a contrast agent for diagnostic MRI and/or MRA. Specific indications may differ between countries. In the EU [12], gadobutrol is indicated in adults and children of all ages (including term neonates)

for contrast enhancement in cranial and spinal MRI, contrast enhanced MRI of liver or kidneys in patients with high suspicion or evidence of having focal lesions to classify these lesions as benign or malignant and for CE MRI of pathologies of the whole body, and for CE in MRA. In the USA [11], gadobutrol is indicated in adults and children of all ages (including term neonates) for contrast enhancement to detect and visualize areas with disrupted blood brain barrier and/or abnormal vascularity of the CNS, to assess the presence or extent of malignant breast disease in adults and to evaluate known or suspected supra-aortic or renal artery disease in adults and children of all ages (including term neonates).

Gadobutrol is given as a single bolus intravenous infusion; CE MRI may commence immediately afterwards [11, 12]. The dose should be calculated based on a patient's bodyweight, with a recommended dose for CE MRI in adults and paediatric patients of 0.1 mmol/L/kg. For CE MRA, a fixed volume is recommended based on bodyweight and the number of fields of view [11, 12]. Local prescribing information should be consulted for detailed information, including specific indications, precautions, contraindications and use in special patient populations.

## 7 Place of Gadobutrol in CE MRI and MRA

The crucial role of CE MRI and MRA in diagnostic and follow-up imaging of pathological lesions is widely recognized across almost all fields of medicine, with these imaging techniques the preferred choice for many conditions, including neurological conditions, MS, cancers involving soft tissues, and abnormalities in vascular anatomy throughout the body [1, 65, 66]. Indeed, CE MRI and MRA offer potential advantages over and are often used as an alternative to ultrasonography and CT for the evaluation of acute spinal cord injury, ischaemic heart disease, complex congenital heart disease and abnormalities in vascular flow throughout the body [1, 66, 67]. CE MRI and MRA are less invasive techniques than CT, provide improved reproducibility and a lower propensity for inter-reader variability than ultrasonography, and are associated with increased soft tissue resolution and differentiation (especially for smaller lesions) versus CT imaging, without the risk of exposure to ionizing radiation [1, 66, 67].

Extensive clinical experience in the clinical trial and/or real-world settings in a broad spectrum of patients (including term neonates, paediatric and adult patients, and those with moderate to severe renal or hepatic impairment of CV disease) has firmly established the very good diagnostic efficacy of gadobutrol-enhanced MRI for visualizing pathological lesions in all body regions, including in the CNS (e.g. tumours, MS) (Sect. 4.1), kidney (Sect. 4.3.1), liver (Sect. 4.3.1), breast (Sect. 4.3.2) and other body regions



(e.g. heart, prostate, pancreas) (Sect. 4.3.3). In addition, in patients with PAOD or other flow-related abnormalities, CE MRA provided very effective visualization of peripheral and CNS flow abnormalities (Sect. 4.2). Indeed, in pivotal trials, there was significant agreement in the diagnosis of flow-related abnormalities in peripheral vessels between CE MRA and DSA (gold standard imaging technique) (Sect. 4.2.1).

The stability of  $Gd^{3+}$  ions in GBCAs is clinically relevant, since the release of  $Gd^{3+}$  ions from the chelate ligand into the body may be associated with the development of NSF in patients with severe renal impairment [2, 68]. In view of its high stability and low propensity to release  $Gd^{3+}$  ions, gadobutrol was placed in the lowest risk category for development of NSF amongst GBCAs [1, 3, 4, 69].

More recently, increased signal intensity on unenhanced T1 W MRI and the presence of gadolinium in the brain of patients with normal renal function have been reported [70, 71], with increased signal intensity robustly associated with linear rather than macrocyclic GBCAs such as gadobutrol [72–77]. Trace amounts of gadolinium have also been measured at autopsy in the brain and other body regions after both linear and macrocyclic GBCAs [78–84]. To date, none of the many imaging studies have shown an association between the observed increased signal intensity in the brain after repeated GBCA administrations and the occurrence of any adverse health effects [85], including in patients with normal renal function [70, 71].

Based on the recommendations of the European Medicines Agency, the European Commission has decided to restrict or suspend the marketing authorizations for the intravenous use of all multipurpose linear GBCAs (gadobenate dimeglumine, gadodiamide, gadopentetate dimeglumine and gadoversetamide) [86]. Thus, marketing authorizations for gadodiamide, gadopentetate dimeglumine and gadoversetamide were suspended, with use of gadobenate dimeglumine restricted to liver MRI, and gadopentetate dimeglumine restricted to intra-articular use for joint scans. This European Commission decision included updates to the prescribing information of all GBCAs remaining on the market, including macrocyclic GBCAs (gadobutrol, gadoteric acid and gadoteridol) and speciality linear GBCAs [gadoxetic acid (liver imaging), gadobenate dimeglumine (liver imaging) and gadopentetate dimeglumine (2 mmol/L intra-articular imaging)] [86]. The US FDA required a new class warning be added to the label of all GBCAs concerning retention of gadolinium in patients' bodies for months to years after GBCA administration and also required other safety measures [87].

Gadobutrol has a very good overall safety profile in the clinical trial and real-world settings, with most adverse events of mild to moderate intensity and transient (Sect. 5). The safety profile of gadobutrol is similar in a diverse spectrum of patients and across all age groups, and similar to that

of other GBCAs (Sect. 5). In keeping with its unique physicochemical profile (Sect. 2) and low propensity to be associated with NSF, after > 50 million applications of gadobutrol, only three patients met the criteria for being diagnostic of or consistent with NSF, and a possible association with gadobutrol could not be excluded (based on conservative worst-case scenario criteria) (Sect. 5.1).

In conclusion, its unique physicochemical profile means that gadobutrol is formulated at twice the  $Gd^{3+}$  ion concentration of other GBCAs, resulting in a narrower bolus and consequently, improved dynamic image enhancement. Based on > 20 years of experience in the clinical trial and real-world settings and its low risk for developing NSF, gadobutrol represents an effective and safe diagnostic GBCA for use in CE MRI and MRA to visualize pathological lesions and vascular perfusion and flow-related abnormalities in all body regions in a broad spectrum of patients, including term neonates and other paediatric patients, young and elderly adult patients, and those with moderate or severe renal or hepatic impairment or CV disease.

#### Data Selection Gadobutrol: 268 records identified

Duplicates removed	65
Excluded during initial screening (e.g. press releases; news reports; not relevant drug/indication; preclinical study; reviews; case reports; not randomized trial)	60
Excluded during writing (e.g. reviews; duplicate data; small patient number; nonrandomized/phase I/II trials)	56
<b>Cited efficacy/tolerability articles</b>	47
<b>Cited articles not efficacy/tolerability</b>	40
Search Strategy: EMBASE, MEDLINE and PubMed from 2013 to present. Previous Adis Drug Evaluation published in 2013 was hand-searched for relevant data. Clinical trial registries/databases and websites were also searched for relevant data. Key words were Gadobutrol, Gadavist, Gadovist, MRI, imaging. Records were limited to those in English language. Searches last updated 1 July 2018	

#### Compliance with Ethical Standards

During the peer review process, the manufacturer of gadobutrol was also offered an opportunity to review this article. Changes resulting from comments received were made on the basis of scientific and editorial merit.

**Funding** The preparation of this review was not supported by any external funding.

**Conflict of interest** Lesley Scott is a salaried employee of Adis/Springer, is responsible for the article content and declares no relevant conflicts of interest.

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