



# Checkpoint Inhibitors in Gynecological Malignancies: Are we There Yet?

Tarek Taha<sup>1</sup> · Ari Reiss<sup>2</sup> · Amnon Amit<sup>2,3</sup> · Ruth Perets<sup>1,3,4</sup> 

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## Abstract

The emergence of immune checkpoint inhibitors (ICIs) has revolutionized the field of oncology. For many cancer types, treatment paradigms have changed, as immunotherapy is increasingly being integrated into frontline standard-of-care treatments and producing meaningful and prolonged responses. This has inspired an avalanche of clinical trials studying ICIs in all types of malignancies, including gynecological cancers. Ovarian and endometrial cancers are characterized by DNA damage repair defects, either via disruption of the homologous recombination DNA repair mechanism in the former or via defects in the mismatch repair (MMR) pathway in the latter, which lead to a high load of neoantigens in both. Cervical cancer is dependent on the expression of human papillomavirus (HPV) proteins, which induce an immune response. Regardless, clinical trials testing ICIs in gynecological malignancies have initially led to disappointing results. Despite durable responses in some patients, overall response rates have been dismal. Nevertheless, in recent years, with the development of better predictive tumor biomarkers, such as microsatellite instability for endometrial cancer and programmed death ligand 1 for cervical cancer, ICIs have found their way into routine treatments for patients with advanced-stage disease. ICI-based combinations, although adding toxicity, have further improved response rates, and new combinations are currently being tested in clinical trials, as are other immunotherapy modalities, such as adoptive cell transfer and HPV-based vaccines. This review summarizes current clinical evidence supporting the use of immunotherapy in gynecological malignancies and describes studies in progress, with a focus on ICIs and predictive response biomarkers.

## 1 Background

The immunotherapy revolution represents the most significant progress for oncology in this century. After years of limited success using different immunotherapy modalities,

the emergence of immune checkpoint inhibitors (ICIs) has led to the approval of a number of new drugs in a variety of cancer fields [1]. Currently, ICIs—mostly programmed death-1 (PD-1)-blocking drugs (nivolumab, pembrolizumab, cemiplimab), programmed death ligand-1 (PD-L1)-blocking drugs (atezolizumab, avelumab, durvalumab), and cytotoxic T-lymphocyte-associated protein-4 (CTLA-4) inhibitors (ipilimumab)—are approved and available for a number of indications, such as advanced lines of therapy for metastatic disease [2–4], first-line treatment for metastatic disease [5–8], and even maintenance and adjuvant treatments for earlier-stage cancers [9, 10]. For several tumor types, the emergence of ICIs has led to a significant change in treatment paradigms. For example, in the past 3 decades, no new medications had significantly improved treatment outcomes for small-cell lung cancer (SCLC) until ICIs were used [11, 12].

For decades, physicians and scientists have been interested in the question of how cancerous cells that carry many foreign neoantigens are able to evade immune destruction. Although the first well-documented attempts to treat cancer

✉ Ruth Perets  
Ru\_Perets@Rambam.health.gov.il  
Tarek Taha  
T\_Taha@Rambam.health.gov.il  
Ari Reiss  
Ar\_Reiss@Rambam.health.gov.il  
Amnon Amit  
A\_Amit@Rambam.health.gov.il

<sup>1</sup> Division of Oncology, Rambam Health Care Campus, Haifa, Israel

<sup>2</sup> Division of Obstetrics and Gynecology, Rambam Health Care Campus, Haifa, Israel

<sup>3</sup> Technion, Israel Institute of Technology, Haifa, Israel

<sup>4</sup> Clinical Research Institute at Rambam, Rambam Health Care Campus, Haifa, Israel

### Key Points

Implementation of immune checkpoint inhibitors (ICIs) as a standard-of-care treatment in gynecological malignancies is currently lagging behind other tumor types.

ICIs have become standard-of-care treatment in biomarker-selected patient populations, such as patients with programmed death ligand 1-positive previously treated cervical cancer and microsatellite instability-high endometrial cancer.

ICI combinations represent the next evolutionary phase for the incorporation of ICIs into standard-of-care treatments. The first such combination, pembrolizumab + lenvatinib, was recently approved by the US FDA for microsatellite-stable endometrial cancers.

Characterization of better biomarkers is key to tailoring ICI treatments to specific patients, thus avoiding unnecessary side effects and financial burdens.

by manipulating the immune system took place as early as the second half of the nineteenth century [13], these efforts did not evolve to become widely accepted and administered treatments. The discovery of the first immune checkpoint proteins (ICPs) and, later, at the dawn of the twenty-first century, the ability to inhibit their activity, led to the first widespread and meaningful use of immune modulation to treat a significant array of cancers [13]. ICPs are a variety of receptors expressed on the surface of immune cells that interact with ligands on other immune cells or on tumor cells. This interaction between the ICPs and their ligands modulates the immune response and, as determined by the type of receptor activated, can have either a stimulatory or an inhibitory effect on immune cells. Cancer cells and immune cells express ligands that bind ICPs on the surface of T cells, thereby effectively shutting down the immune system and thwarting its protective role [13]. The main inhibitory checkpoint receptors that have entered into clinical use are CTLA-4 and PD-1.

CTLA-4 was the first inhibitory receptor to be targeted in patients. Cancer-emergent neoantigens appear on the surface of antigen-presenting cells (APCs) and are recognized by T-cell receptors, which typically elicit an antitumor immune response. However, shortly afterward T cells express CTLA-4, which binds ligands that are expressed on the surface of APCs, namely B7-1 and B7-2. CD28 is a costimulatory molecule on the surface of T cells, which also binds B7-1 and B7-2, and has a stimulatory effect on immune activation. The expression and binding of CTLA-4 has not only an inhibitory effect on T cell activation, but also competes with

CD-28's stimulatory effect, which results in immune evasion. Therefore, CTLA-4-blocking antibodies, such as ipilimumab [2], tremelimumab [14] and MK-1308 [15], lead to T cell activation and subsequent anti-tumor immune responses. In clinical trials, ipilimumab, the first FDA-approved anti-CTLA-4 antibody for the treatment of melanoma, produced a response in only 11% of patients. However, for those patients that did respond, there were markedly prolonged remissions, which were especially meaningful as their prognoses without this treatment were particularly grim [2].

Another significant clinical improvement was achieved by the emergence of anti-PD-1 antibodies. PD-1 is another inhibitory molecule expressed on the surface of T cells that can bind its ligands, PD-L1 and PD-L2, leading to T-cell inhibition. Yet, while the ligands of CTLA-4 are expressed on the surface of APCs that are mainly found in lymph nodes, PD-L1 and PD-L2 are expressed on non-lymphoid cells. Therefore, the interaction of PD-1 with its ligands facilitates T-cell inhibition in peripheral organs [16], including the cancer microenvironment, and PD-1 inhibitory antibodies act in the tumor microenvironment to facilitate T-cell antitumor responses. The first trials that tested the activity of anti-PD-1 antibodies showed better response rates than previously described for anti-CTLA-4 antibodies, and similarly prolonged and meaningful responses (Table 1), paving the way for the approval of several anti-PD-1 antibodies for clinical use. The different modes of immune evasion activated by anti-CTLA-4 and anti-PD-1 antibodies were the rationale for testing combinations of both types of antibodies in clinical trials. The combinations resulted in higher response rates than monotherapies and gradually received regulatory approval for many indications, including melanoma and renal cell carcinoma (Table 1).

Improvements in response rates are also occurring through treatments that combine ICIs with chemotherapy. In some clinical scenarios, such combinations have resulted in high response rates that are characteristic of chemotherapy treatments, along with prolonged responses that often characterize ICI use (Table 1). One example that highlights the advantage of this strategy is the IMpower133 study, which combined the PD-L1 inhibitor atezolizumab with standard chemotherapy in the treatment of extensive disease SCLC. While the combination resulted in the same response rate as chemotherapy alone (overall response rate  $\approx$  60%), overall survival was significantly longer in the ICI-containing arm [11]. Chemotherapy combinations have received regulatory approval for the treatment of SCLC and non-small-cell lung cancer (NSCLC), as well as triple-negative breast cancer (TNBC) [8, 11, 17]. For bladder cancer, it is noteworthy that the combination of pembrolizumab (which has been approved for platinum-ineligible patients) and platinum-containing chemotherapy has not shown any advantage over chemotherapy alone, suggesting caution is required in the use of ICI/

chemotherapy combinations [18, 19]. Another way to combine the high response rates from chemotherapy with the prolonged responses with ICIs is to employ ICIs as maintenance therapy following chemotherapy. One such example, which has received regulatory approval, arose from the PACIFIC trial, which used Durvalumab as maintenance therapy following chemoradiotherapy for stage III NSCLC [10].

However, in other types of cancers—such as prostate, colon, and gastric, as well as hepatocellular carcinomas—the response rates to ICIs were much lower, leading to a reduced hope for routine clinical implementation of ICIs for these diseases [25–28]. Nevertheless, even in diseases where response rates were low, the rare responses were prolonged and durable, which raises enthusiasm for incorporating ICIs into treatment paradigms [29]. Furthermore, some patients that did not show a significant reduction in tumor size and, therefore, were not included in the number of responding patients, did evidence a prolonged stabilization of tumor size, which demonstrates clinical benefit [29]. On the other hand, the combination of the very high costs of these new drugs, together with their immune-related side effects, have led to significant efforts to identify predictive biomarkers

for ICI response. Such biomarkers can be used to cherry-pick those patients who would be considered more likely to respond to ICI treatments in comparison to the general patient population. One example is the use of tumor mutational burden (TMB) to select patients who are most likely to respond to ICI treatment. As a result of the KEYNOTE-158 study, which evaluated the use of pembrolizumab against multiple diseases, the FDA recently approved the drug for the treatment of patients with unresectable or metastatic solid tumors with a TMB  $\geq 10$  that have progressed following prior treatment, and for which no satisfactory alternative treatment options exist [30].

Another biomarker which has been heavily studied as a predictor for ICI response is PD-L1 staining of tumor tissues. These stains vary with use of different antibodies for different ICIs, namely SP142 for atezolizumab [8, 31] 22C3 for pembrolizumab [21, 32], and 28-8 for nivolumab and ipilimumab [33]. What is still open for debate is how to calculate a PD-L1 percentage (i.e., whether to score PDL-1 positive vs negative tumor cells, immune cells, or both). One such score that is commonly used in NSCLC is the tumor proportion score (TPS), which represents the percentage of

**Table 1** ICI activity in selected solid tumors

Disease	Drugs	Trial name	Setting	ORR, mDoR	Biomarker	References
Renal cell carcinoma	Nivolumab	CheckMate-025	2nd or 3rd line	25% 12 mo	None	[3]
	Nivolumab + ipilimumab	CheckMate-214	1st line	42% NR	None	[7]
	Pembrolizumab + axitinib	KEYNOTE-426	1st line	59% NR	None	[20]
NSCLC	Pembrolizumab	KEYNOTE-024	1st line	45% NR	PD-L1 >50% of tumor cells	[21]
	Pembrolizumab + carboplatin + pemetrexed	KEYNOTE-021	Non-squamous 1st line	55% NR	None	[22]
	Pembrolizumab	KEYNOTE-042	1st line	27% 20.2 mo	PD-L1 >1% of tumor cells	[23]
SCLC	Atezolizumab + carboplatin + etoposide	IMpower-133	Extensive disease 1st line	60% (same as the chemo-alone control group) 4.2 mo	None	[11]
	Durvalumab + platinum + etoposide $\pm$ tremelimumab	CASPIAN	Extensive disease 1st line	68% (for durvalumab + chemotherapy arm) 5.1 mo	None	[12]
Melanoma	Nivolumab + ipilimumab	CheckMate-067	1st line	58% NR	None	[6]
	Pembrolizumab	KEYNOTE-006	1st line	37% NR	None	[24]

ICI immune checkpoint inhibitor, mDoR median duration of response, mo months, NR not reached, NSCLC non-small-cell lung cancer, ORR overall response rate, PD-L1 programmed death ligand-1, SCLC small-cell lung cancer

viable tumor cells showing partial or complete membrane staining at any intensity [21]. More widely used in gynecological malignancies is the combined positive score (CPS), which evaluates the number of PD-L1 staining cells (tumor cells, lymphocytes, and macrophages) divided by the total number of viable tumor cells, multiplied by 100 [32]. Better standardization of PD-L1 staining and scoring is essential for improved tailoring of ICIs to patients being treated for gynecological and other malignancies.

As regards gynecological malignancies, several biomarkers for response have already been suggested and are discussed in detail in the following sections. Briefly, currently available biomarkers are aimed at identifying tumors with high neoantigen load, evaluating the extent of immune response and inflammation in the tumor microenvironment, or detecting activation of the in-tumor PD-1 signaling system.

Compared with other more immune-responsive diseases, gynecological tumors are lagging behind other cancer types in the implementation of ICI therapy. However, some ICIs have been approved for use in gynecologic malignancies, specifically in cervical and endometrial cancers [32, 34]. In clinical trials, tests are currently being carried out on different therapeutic combinations that include ICIs and other immunotherapy modalities, such as adoptive cell transfers (ACTs) and a variety of vaccines against human papillomavirus (HPVs) or other gynecological cancer-related epitopes. In this review, we summarize the current and anticipated near future evidence for immunotherapy in gynecological malignancies, with a focus on ICIs and predictive response biomarkers.

## 2 Epithelial Ovarian Cancer

Ovarian cancer is the deadliest gynecological malignancy in the western world [35] with a 5-year survival rate of less than 50% [36]. Discussed herein will be epithelial ovarian cancer (EOC), a subtype which represents the vast majority (90%) of ovarian cancers. EOC has been shown to be an immunogenic tumor that can induce a broad immune response [37], and studies have shown a correlation between the extent of immunologic response and overall survival [38–42], suggesting that the extent of immune response has a significant clinical impact on this disease. Although EOC is a heterogeneous disease that presents different histologies that assume different clinical courses, the most common subtype is high-grade serous ovarian carcinoma (HGSOC)

About half of HGSOC tumors have a deficiency in the homologous recombination (HR) DNA damage repair pathway, either through germline mutation in BRCA1/2 genes or through somatic changes [43]. As compared to HR-proficient tumors, Strickland et al. showed that HR-deficient

HGSOC tumors have an elevated mutational load, more neoantigens, and a higher amount of tumor-infiltrating lymphocytes (TILs). These characteristics correlate with improved immune response and higher rates of survival [44, 45], which implies that immunotherapy may be effective in EOC, especially in HR-deficient tumors.

The first ICI study in EOC tested the effect of the CTLA-4 inhibitor ipilimumab in patients who had previously received an infusion of GVAX, irradiated autologous tumor cells engineered to secrete granulocyte-macrophage colony-stimulating factor. Only one of the nine patients treated in this trial showed a response, but the response was very prolonged, lasting 4 years [29]. Despite this impressively lengthy response, low response rates in general and a difficult side effect profile have led to an emphasis on other types of ICIs, specifically PD-1 and PD-L1 inhibitors.

Since then, a plethora of studies have tested the role of PD-1 and PD-L1 inhibitors in EOC (Table 2). All of these showed modest response rates of 10–15% [31, 46–48]. A promising improvement on the results of PD-1 immunotherapy in EOC was the combination of anti-PD-1 and anti-CTLA-4. In a study that compared nivolumab alone and in combination with ipilimumab, the latter produced an impressive 31.4% response rate. Furthermore, 15.7% of patients in the combination arm had a prolonged response that lasted more than 6 months. However, the overall number of those treated (51 patients) was small and the toxicity was significant, with nearly 50% of patients suffering from significant (mostly grade 3) treatment-related adverse events [49], highlighting the need for ICI treatment optimization.

To achieve this, one of the most important tools is the predictive biomarker response characterization. The most widely assessed biomarker in PD-1/PD-L1 inhibitor studies in EOC has been PD-L1 immunohistochemical (IHC) stain. Distinct antibodies, different staining evaluation methods (intensity vs. number of positive cells), and a variety of cut-offs were used. Some of these studies demonstrated some correlation between PD-L1 staining and response [46, 48], but none of the staining methods could identify a population that would have a significant chance of meaningful, long-term response. Other biomarkers that have been tested in other malignancies, such as tumor mutational burden (TMB) [50] and T-cell inflamed gene expression profile [51], have not been properly evaluated in any clinical trial for their ability to predict response in ovarian cancer. A biomarker that is likely to be predictive for ICI response in ovarian cancer is mismatch repair deficiency (dMMR), but this is a rare event in ovarian cancers, accounting for less than 10% of cases in most epithelial histologies (other than the endometrioid histology subtype). The response of dMMR tumors to ICI will be detailed in the endometrial cancer section.

The low response rates for ovarian cancer treatments have led to many attempts to combine ICIs with other drugs. The

**Table 2** Clinical trials testing ICIs in epithelial ovarian cancers

Drug	Target	Study name	Setting	ORR, mDoR	Biomarkers and interpretation	References
<b>Monotherapy ICIs in epithelial ovarian cancer</b>						
Ipilimumab	CTLA-4		Not reported	1/9 One pt with 4 y of disease control	None	[29]
Ipilimumab	CTLA-4		Platinum-sensitive ovarian cancer, 2nd, 3rd, and 4th lines	10.3% NA	None	[61]
Pembrolizumab	PD-1	KEYNOTE-100	Relapsed disease	7.4–9.9% 8.2 mo	PD-L1 CPS showed some correlation with response rates	[46]
Nivolumab	PD-1		Platinum-resistant	15% NA	PD-L1 staining did not correlate with response	[47]
Avelumab	PD-L1	JAVELIN ovarian cancer expansion cohort	Recurrent disease	9.6% 10.4 mo	PD-L1 staining showed some correlation with response rates	[48]
Atezolizumab	PD-L1	PCD4989g	Recurrent disease	2/12 8.1 and > 30.6 mo	PD-L1 staining showed some correlation with response rates	[31]
<b>ICI + ICI combinations in epithelial ovarian cancer</b>						
Nivolumab + ipilimumab	PD-1 + CTLA-4	NRG-GY003	Recurrent disease	31.4% NA	PD-L1 staining did not correlate with response	[49]

CPS combined positive score, *CTLA-4* cytotoxic T-lymphocyte associated protein-4, *ICI* immune checkpoint inhibitor, *mDoR* median duration of response, *mo* month(s), *NA* not available, *ORR* overall response rate, *PD-1* program death receptor 1, *PD-L1* programmed death ligand 1, *pt* patient

most promising and widely used partners are poly (ADP-ribose) polymerase inhibitors (PARPi) [52, 53], which are small molecules that show promising activity in EOC. Their effect is most pronounced in germline BRCA mutation carriers and then, in a diminishing order of effectivity, women with HR defects and women with HR-proficient tumors [54]. An interesting, early phase investigation that is producing promising results is the TOPACIO study. This investigation enrolled triple-negative breast cancer patients and chemotherapy (platinum) resistant ovarian cancer patients; treated them with a combination of the PARPi, niraparib, and an anti-PD-1 antibody, pembrolizumab; and achieved a response rate of 18% [52]. Although only a single-arm study without a comparator arm, this was a remarkable response rate considering the lack of response to PARPi monotherapy in this population [55, 56]. Testimonial evidence for the promise of this combination in EOC is the fact that there are currently ten ongoing clinical trials combining PARPi and anti-PD-1 or PD-L1 [57].

The low response rates for ovarian cancer treatments have led to many attempts to combine ICIs with other drugs. The most promising and widely used partners are poly (ADP-ribose) polymerase inhibitors (PARPi) [53, 54], which are

small molecules that show promising activity in EOC. Their effect is most pronounced in germline *BRCA* mutation carriers and then, in a diminishing order of effectivity, women with HR defects and women with HR-proficient tumors [55]. The TOPACIO study is an interesting early-phase investigation producing promising results. This investigation enrolled patients with TNBC and those with chemotherapy (platinum)-resistant ovarian cancer and treated them with a combination of the PARPi niraparib and an anti-PD-1 antibody, pembrolizumab, for a response rate of 18% [53]. Although this was only a single-arm study without a comparator arm, the response rate was remarkable considering the usual lack of response to PARPi monotherapy in this population [56, 57]. Testimonial evidence for the promise of this combination in EOC is the fact that ten ongoing clinical trials are currently combining PARPi and anti-PD-1 or PD-L1 [58].

Other anti-PD-1-based combinations are also undergoing testing. For example, ICI/chemotherapy combinations include sintilimab, a novel anti-PD-1, with manganese; nab-paclitaxel and platinum (NCT03989336); and pembrolizumab with paclitaxel and platinum (NCT02766582) [58]. Other trials are testing ICIs in combination with vascular



endothelial growth factor inhibitors [59] and ICIs in combination with other ICIs.

Additional immunomodulatory methods for treating EOC are being evaluated in clinical trials. One of the most widely studied non-ICI immunotherapies in EOC are dendritic cell vaccines because of strong preclinical evidence supporting the approach, although success to date has been very limited [60]. Other studies examining ACT in EOC and vaccines are ongoing [58].

### 3 Cervical Cancer

Cervical cancer shows great promise for immunotherapy treatment because nearly 100% of cases are associated with HPV infections. This disease's HPV-dependent nature has led to the development of anti-HPV vaccines, which have reduced the incidence of cervical cancer in the Western world [61] and allowed efficient early detection methods that rely on viral detection [61, 62]. However, although the incidence of cervical cancer is declining in the West, it remains the fourth most common cancer in women worldwide and the leading cause of cancer death in women in 42 countries. This reflects the still-bleak prognosis for far too many with advanced cervical cancer [63].

HPV-positive tumors rely on the constant expression of two viral proteins, E6 and E7. These proteins are foreign to the human immune system and therefore should elicit an anti-tumoral immune response [64]. Nevertheless, HPV-positive tumors often successfully evade immune response. Understanding how and why this is can shed light on possible new routes for immunotherapy development

Several pre-clinical and clinical attempts have been made to generate anti-HPV vaccines that could have a therapeutic effect in cervical cancer patients [64–66]. A phase I study treated patients presenting preinvasive, cervical cancer precursor lesions with a DNA-based vaccine. Administering a DNA plasmid that targets the HPV E7 protein led to a 30% regression of the pre-invasive lesions [66]. Another study used a live-attenuated *Listeria*-based vaccine expressing a fusion protein between a *Listeria* protein and an HPV E7 protein, and reached a 17% response rate in a phase II trial [67]. ISA-101 is a third anti-HPV vaccine, which consists of peptides covering the sequence of E6 and E7 proteins. This vaccine was tested in a phase II trial in combination with nivolumab in patients with HPV-positive cancers, and showed an overall response rate of 33% [68]. However, the combination with nivolumab makes it difficult to ascertain the efficacy of this vaccine from the efficacy of nivolumab.

Despite any of the promising results from early phase trials, currently no HPV-based vaccine has been shown to be better than the standard of care. Therefore, further research is needed before HPV vaccine therapies can become standard

treatment. Accordingly, there are several ongoing trials studying various vaccine strategies against HPV-positive cervical dysplasia or cervical cancer [57].

The success of ICI therapies in the treatment of other malignancies, and the immune response that HPV-associated cancers invoke, have generated great interest in the potential applications of ICIs in the treatment of cervical cancer. KEYNOTE-028 [69] and KEYNOTE-158 [32] tested the efficacy of the PD-1 inhibitor pembrolizumab in cervical cancer patients. Both studies treated a similar cervical cancer patient population—previously treated metastatic or recurrent patients. However, there was a difference in patient selection based on a biomarker assay. KEYNOTE-028 enrolled patients with PD-L1 in over 1% of immune cells divided by number of tumor cells (termed modified proportion score, MPS) [69]. KEYNOTE-158 did not select by biomarker, but did analyze PD-L1 expression in all patients enrolled using a different score, the CPS, which accounted for PD-L1-positive immune cells and tumor cells [32].

KEYNOTE-028 had a 17% response rate to pembrolizumab [69], while KEYNOTE-158 showed a slightly lower response rate of 12.2% [32]. A biomarker analysis of KEYNOTE-158 showed that there were no responses in PD-L1-negative patients. This suggests that although PD-L1 is not sufficient to predict which cervical cancer patients will respond, this biomarker can rule out some patients who are unlikely to respond. These results have led to approval of pembrolizumab for patients with recurrent or metastatic cervical cancer with at least one previous line of chemotherapy, and a PD-L1 CPS  $\geq$  1%.

In KEYNOTE-158, about 84% of patients were PD-L1-positive, making this therapy relevant for the majority of metastatic cervical cancer patients. As in other ICI treatments, pembrolizumab therapy is important because although a minority of patients respond, the duration of response is long and meaningful, with over 80% of responding patients having a duration of response that is over six months [32].

CheckMate-358 is a study that evaluated the efficacy of a different PD-1 inhibitor, nivolumab, in HPV-positive cancers, including cervical, vulvar, and vaginal cancers. The study accepted patients who were HPV-positive or whose HPV status was unknown, but not HPV-negative patients. The results for twenty-six patients with metastatic or recurrent cervical cancer treated with nivolumab produced an impressive response rate of 26.3%, albeit this was a relatively small group of patients [70]. On the other hand, a very similar trial testing nivolumab on a similar patient population showed a very different result—only one confirmed response among twenty-five treated patients [71]. This variability in efficacy highlights the caution needed when interpreting small, early-phase trials.

Another PD-1 inhibitor is cemiplimab, which has been FDA approved for metastatic cutaneous squamous cell carcinoma [72]. Following promising results of a phase 1 trial that included cervical cancer patients [73], cemiplimab is currently being tested versus investigator choice chemotherapy in recurrent or metastatic platinum refractory cervical carcinoma (EMPOWER, NCT03257267) [57].

In an effort to improve the efficacy of ICIs in cervical cancer, the CheckMate-358 trial included another arm testing an anti-PD-1 (nivolumab) and anti-CTLA-4 (ipilimumab) combination in patients with HPV-positive or HPV-undetermined cervical cancer. Although the results of this arm are yet to be formally published, conference presentations showed a response rate of 31.6% compared with an insignificant response with an anti-CTLA-4 agent alone (overall response rate <5%). When analyzing patients with previously untreated cervical cancer, the response rate for the ICI combination was a remarkable 45.8% [74]. In total, 91 patients were treated in this trial, raising the reliability of these results in comparison with the previously described nivolumab studies (Table 3).

The promise of ICIs in cervical cancer has led to multiple trials testing combinations of PD-1 inhibitors and chemotherapy, chemoradiotherapy, or novel immunotherapies in different settings of cervical cancer treatment [57]. Another promising methodology in immune therapy for cervical cancer is the use of ACT. A phase II study treated 18 patients with cervical cancer with TILs, which were cultured from

metastatic tumor samples. Lymphocytes that were reactive towards the HPV E6 and E7 proteins were selected for infusion. Five of these patients (28%) responded to this treatment and two had an ongoing response after 53 and 67 months, respectively [75]. Despite those impressive, prolonged responses, the response rates were low. Additionally, the use of ACT in the treatment of epithelial cancers involves many technical challenges, such as the need for surgery in every patient, long T-cell culturing and selection times, and low prevalence of HPV-positive cells [75]. With the intent to overcome some of these issues, an ongoing trial is using T cells engineered to target HPV proteins in different HPV-positive cancers, including cervical cancer (NCT02858310) [57].

## 4 Endometrial Cancer

Endometrial cancer (EC) is the most common gynecologic malignancy in the Western world and generally carries a relatively good prognosis compared with other gynecological malignancies. It is estimated that, in 2020, there will be 65,620 new EC cases in the USA but only 12,590 deaths [35]. At present, most cases are cured through treatment either by surgery alone or by surgery and irradiation [77]. Historically, based on histology, ECs were divided into type I or type II cancers. Type I tumors are mostly of endometrioid adenocarcinoma histology. They represent the majority

**Table 3** Clinical trials testing ICIs in cervical cancers

Drug	Target	Study name	Setting	ORR, mDoR	Biomarkers and interpretation	References
<b>Monotherapy ICIs in cervical cancer</b>						
Ipilimumab	CTLA-4		Metastatic cervical cancer after at least one line of chemotherapy	1/34 (2.9%) NA	None	[76]
Pembrolizumab	PD-1	KEYNOTE 028	PD-L1+ locally advanced or metastatic, previously treated or ineligible for standard therapy	4/24 (16.6%) 5.4 mo	PD-L1+ (all pts)	[69]
Pembrolizumab	PD-1	KEYNOTE 158	Previously treated metastatic or recurrent disease	12.2% NR	PD-L1 CPS >1%	[32]
Nivolumab	PD-1	CheckMate 358	Recurrent or metastatic	5/19 NR	None	[70]
Nivolumab	PD-1	NRG-GY002	Persistent or recurrent disease, previously treated	1/25 3.6 mo in one pt	None	[71]
<b>ICI + ICI combinations in cervical cancer</b>						
Nivolumab + ipilimumab	PD-1+ CTLA-4	CheckMate 358	Recurrent or metastatic, no more than two prior lines of therapy	45.8 NR	None	[74]

CPS combined positive score, CTLA-4 cytotoxic T-lymphocyte associated protein-4, ICI immune checkpoint inhibitor, mDoR median duration of response, mo month(s), NA not available, NR not reached, ORR overall response rate, PD-1 program death receptor-1, PD-L1 programmed death ligand-1, pt(s) patient(s)

of EC cases and are largely responsible for the good prognosis of this disease. Type II tumors include less common histologies, of which uterine papillary serous cancers (UPSCs) are most the frequent, accounting for 10–20% of this segment. UPSCs carry a less favorable prognosis and are therefore overrepresented in stage IV and recurrent tumors [78]. In the last decade, a new EC classification emerged as a result of The Cancer Genome Atlas Project (TCGA) [79], dividing endometrial tumors into four molecular subtypes: POLE (DNA polymerase epsilon) ultramutated, microsatellite instability (MSI) hypermutated, copy number variants (CNV) low, and CNV high. These subtypes partially overlap with the traditional morphologic classification of tumor. Traditional type I tumors are divided among the first three molecular groups, whereas type II tumors are mostly seen in the CNV-high molecular group. The new molecular classification correlates well with prognosis and response to immunotherapy [79].

The first molecular subtype, POLE ultramutated tumors, represent only 7% of ECs but carry a remarkably good prognosis. It has been suggested that the exceptionally high TMB induces a strong natural immune response, which is responsible for the positive prognosis and, accordingly, this subtype is theorized to have a high response rate to immunotherapy [80, 81]. However, no published, prospective clinical trial has yet tested the use of ICIs in POLE-mutated tumors.

The second molecular subtype, MSI-high (MSI-H) tumors, are more frequent, comprising 13–30% of endometrial tumors [79, 82, 83]. The MSI-H phenotype is a result of either a germinal or a somatic loss of one or more of the MMR genes, and can therefore be diagnosed based on the lack of expression of one or more of the MMR proteins (dMMR).

One trial that tested the effect of ICIs in MSI-H/dMMR tumors was the KEYNOTE-158 trial, which recruited 233 previously treated patients with non-colorectal MSI-H tumors and treated them with pembrolizumab. In this trial, 49 patients had MSI-H EC; of these, 28 (57.1%) responded to treatment [84]. Of note, the median duration of response in this patient population was not reached, with one patient still responding after 27 months of follow-up. This highlights the prolonged responses that characterize responding patients in this population. A combined analysis of four studies treating various non-colorectal MSI-H tumor types with pembrolizumab resulted in a 39.6% overall response rate, leading to an accelerated FDA approval of pembrolizumab for this patient population [34]. Dostarlimab (TSR-042) is a novel anti-PD-1 antibody that was tested in a phase II trial for patients with previously treated MSI-H and microsatellite stable (MSS) EC. The MSI-H population in this trial had a 50% response rate, similar to that with pembrolizumab

[85]. Table 4 summarizes the response rates for all PD-1 and PD-L1 inhibitors that were tested in MSI-H patients.

For EC patients within the last two molecular subgroups, CNV high and CNV low, collectively referred to clinically as MSS [or MMR proficient (pMMR)] tumors, the response rates to immunotherapy were poor. Most of the trials studying the efficacy of ICIs in MSS EC were small, eliciting only occasional responses [86–89], which is especially troubling since these two subtypes combined comprise the majority of patients with EC [79, 82, 83]. One exception to this was a recent trial (the largest of its kind) studying the efficacy of the novel PD-1 inhibitor, dostarlimab, in EC. In a total population of 110 patients with MSI-H and MSS EC, the latter cohort had a 20.3% response rate [85].

To improve response rates to ICIs in patients with MSS EC, ongoing studies are testing ICI combinations with the intent of overcoming primary ICI resistance. One such promising method is the combination of pembrolizumab with lenvatinib, a multikinase inhibitor targeting vascular endothelial growth factor receptor (VEGFR)-1, VEGFR2, and VEGFR3. Recently, in a phase II single-arm study, this combination was tested in patients with previously treated EC. In 94 patients with pMMR/MSS EC, 38.3% of patients experienced a response [90, 91], leading to accelerated FDA approval of the pembrolizumab–lenvatinib combination for this patient population. Nevertheless, it is important to note that, despite the encouraging findings, this combined treatment also resulted in significant toxicity: about two-thirds of the patients in this trial experienced a significant treatment-related adverse event, and about 18% of the patients in the trial discontinued at least one of the study drugs because of adverse events. Currently, additional ongoing studies are testing this combination in a phase III randomized trial in a similar patient population (KEYNOTE-775, NCT03517449) and in patients with earlier phase disease (MK-7902-001, NCT03884101) [57].

Another way to improve ICI response rates is through improved biomarker selection. PD-L1 has been tested as a biomarker for ICI treatment, with some showing no correlation with response and others showing minor correlation [86, 89, 92]. However, none of the trials found PD-L1 to be a clear and useful marker for selecting patients who are anticipated to achieve prolonged responses. TILs have also been tested as a biomarker in a phase I study testing atezolizumab in patients with EC, but the number of responding patients was too small to reach any definite conclusions [92].

To summarize, the use of ICIs is constantly growing in both MSI-H and MSS EC patient populations, but a significant need still exists to better tailor ICI treatments for specific patients through the use of improved biomarkers and optimized drug combinations.



**Table 4** Clinical trials testing ICIs in endometrial cancers

Drug	Target	Study name	Setting	ORR, mDoR	Biomarkers and interpretation	References
<b>Monotherapy ICIs in endometrial cancer</b>						
Pembrolizumab	PD-1	KEYNOTE 028	PD-L1+ recurrent/metastatic EC	3/24 24.6 wk	Of the three responding pts, one was POLE-mutated, one MSS, and one MSI status unknown. One of the 18 patients in this trial whose MSS status was known responded	[93]
Pembrolizumab	PD-1	KEYNOTE-158	Advanced, previously treated MSI-H/dMMR (non-colorectal tumors)	Pts with EC 28/49 (57.1%) NR	MSI-H/dMMR	[84]
Pembrolizumab	PD-1		dMMR recurrent or persistent EC	5/9 NA	None	[94]
Dostarlimab (TSR-042)	PD-1	GARNET	MSI-H and MSS, previously treated EC	Overall: 27.7% MSI-H: 48.8% MSS: 20.3%/NA	MSI	[85]
Nivolumab	PD-1		Advanced/recurrent uterine or cervical cancer	5/22 pts with EC NA	All MSI-H pts (n=2) had durable partial responses. PD-L1 status did not correlate with response in EC	[86]
Avelumab	PD-L1		dMMR and pMMR pts with recurrent or metastatic EC	dMMR: 4/15 pMMR: 1/16 NA	PD-L1 no correlation	[87]
Durvalumab	PD-L1	PHAEDRA	dMMR and pMMR EC	dMMR: 14/35 pMMR: 1/36 NA	PD-L1	[88]
Atezolizumab	PD-L1		Advanced/recurrent EC	2/15 NA	PD-L1 evaluated with a cutoff of >5% of tumor-infiltrating immune cells (IC2/3 vs. IC0/1). Both responding patients were IC2/3 out of 5 such pts on trial. One responder MSI and one MSS	[92]

*dMMR* MMR deficient, *EC* endometrial cancer, *IC* tumor-infiltrating immune cells, *ICI* immune checkpoint inhibitor, *mDoR* median duration of response, *MMR* mismatch repair, *MSI-H* microsatellite instability-high, *MSS* microsatellite stable, *NA* not available, *NR* not reached, *ORR* overall response rate, *PD-1* program death receptor 1, *PD-L1* programmed death ligand 1, *pMMR* MMR proficient, *POLE* DNA polymerase epsilon, *pt(s)* patient(s), *wk* week

## 5 Future Directions

Despite the acceptance of ICIs in the treatment of a small subset of gynecological malignancies, for most tumor types and in the majority of therapeutic settings, the efficacy of single-agent ICIs is minimal and insufficient to be accepted as a standard of care. Therefore, most current clinical trials are exploring the use of ICIs in combination with chemotherapy or other biological agents. Table 5 offers a list of ongoing phase III clinical trials that are investigating ICI/chemotherapy combinations, along with several approved targeted therapies.

For gynecological malignancies, we expect to see ICI combinations featuring heavily in upcoming treatment option approvals. PD-1 and PDL-1 combinations with

anti-CTLA-4 antibodies are showing great promise, which justifies its additional toxicity compared with a single-agent ICI. The added value of combining ICIs with chemotherapy remains to be seen, as it is unclear whether the efficacy of this approach is greater than the sequential use of chemotherapy and ICIs. We are also encouraged by preclinical which is evidence suggesting efficacy in the use of irradiation therapy in conjunction with ICIs. Although the utility of such combinations still needs to be shown in randomized, prospective clinical trials, it seems that irradiation leads to immunogenic cell death, which, in turn, synergizes ICI activity [95, 96].

Additional progress in the use of ICIs for gynecological malignancies will be achieved when treatments for specific patients can be tailored as a result of deploying improved

**Table 5** Combinations in phase III trials

Agent	Mechanism	Study name	Setting	ClinicalTrials.gov ID
<b>Epithelial ovarian cancer</b>				
Atezolizumab + chemotherapy + bevacizumab	PD-L1	IMaGyn050	Newly diagnosed stage III/IV	NCT03038100
Dostarlimab + chemotherapy + bevacizumab + niraparib	PD-1	FIRST	Newly diagnosed, high-risk stage III/IV high-grade, non-mucinous disease	NCT03602859
Nivolumab + rucaparib	PD-1	ATHENA	Maintenance after first line in advanced or recurrent ovarian cancer	NCT03522246
Durvalumab + chemotherapy + bevacizumab followed by durvalumab + bevacizumab + olaparib	PD-L1	DUO-O	Newly diagnosed stage III/IV high-grade, non-mucinous disease	NCT03737643
<b>Cervical cancer</b>				
Pembrolizumab + chemotherapy ± bevacizumab	PD-1	KEYNOTE-826	First-line persistent, recurrent, or metastatic cervical cancer	NCT03635567
Atezolizumab + chemotherapy + bevacizumab	PD-L1	BEATcc	First-line persistent, recurrent, or metastatic cervical cancer	NCT03556839
<b>Endometrial cancer</b>				
Pembrolizumab + lenvatinib	PD-1	KEYNOTE-775	Second-line advanced endometrial cancer	NCT03517449
Atezolizumab + chemotherapy	PD-L1	AtTEnd	First-line recurrent or metastatic endometrial cancer	NCT03603184
Dostarlimab + chemotherapy	PD-1	Ruby	Recurrent or primary advanced endometrial cancer	NCT03981796
Durvalumab + chemotherapy + olaparib	PD-L1	DUO-E	First-line and maintenance for newly diagnosed advanced or recurrent endometrial cancer	NCT04269200

*PD-1* program death receptor 1, *PD-L1* programmed death ligand 1

biomarkers for patient selection. Currently, different biomarkers are being used in different fields for different ICIs. However, we anticipate that prioritization and standardization of biomarkers will eventually occur. Finally, we believe that the discovery of new targets for checkpoint inhibition and the development of novel methods to target them can lead to a significant change in the treatment of gynecological malignancies, substantial and durable responses that will prolong patients' lives, and potential cures for advanced diseases.

## 6 Summary

The use of ICIs is gradually becoming a treatment option for advanced and recurrent gynecological malignancies, mostly because of the meaningful and prolonged responses seen in a small fraction of patients. As a result, the adverse event profile of ICIs in gynecological patients is coming into focus, as is the need for skillful treatment of toxicities. This is particularly so because adverse events can be severe, especially with the use of ICI combinations that include CTLA-4-targeting antibodies. For example, the NRG-GY003 trial investigated the single-agent anti-PD-1 nivolumab compared with

an anti-PD-1/anti-CTLA-4 combination in the treatment of ovarian cancer. In this study, 33% of patients experienced grade 3 or higher treatment-related adverse events with PD-1 monotherapy, compared with 49% in the combination group [49]. Although the frequency of adverse events is similar to adverse event profiles associated with ICI combinations used in the treatment of other malignancies [6, 7], this might be reduced by using a lower-dose intensity of anti-CTLA-4 antibodies, as has been the case in certain cervical cancer and NSCLC trials [33, 75]. While the side effect profile seen in gynecological malignancies using ICI combinations [49] is similar to the adverse event frequency of chemotherapy combinations frequently used against these malignancies [97–99], the toxicity profile of ICIs is very different from that of chemotherapy. ICI toxicity mostly comprises immune-mediated adverse events, with high-grade toxicities requiring steroid treatments for symptom mitigation [100]. It is likely that the growing use of ICIs in gynecological malignancies will lead to better choices for ICI dosages and better treatment of adverse events, which will result in improved tolerability of these agents.

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