



Effect of Oleanolic acid administration on hepatic AMPK, SIRT-1, IL-6 and NF- κ B levels in experimental diabetes

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Abstract

Objectives Diabetes mellitus (DM) is an important public health problem all over the world, considering its complications and increasing prevalence. Oleanolic acid (OA) has anti-diabetic property via modulating glucose metabolism and acting as 5'-adenosine monophosphate (AMP)-activated protein kinase (AMPK) / Sirtuin-1 (SIRT-1) activator and Interleukin 6 (IL-6) / Nuclear factor kappa B (NF- κ B) inhibitor. This research questioned if the OA treatment ameliorates the hepatic inflammatory profile in the diabetic rats.

Methods Twenty-eight male Sprague Dawley rats were first subjected to either no diabetes induction (healthy) or diabetes induction by i.p. injection of 50 mg/kg streptozotocin. Then rats in both groups were treated with either tap water or OA (5 mg/kg) within 1 ml tap water by oral gavage for 21 days.

Results The diabetic rats had higher hepatic MDA (2.88x) and serum AST (2.01x), ALP (2.22x), and ALT (4.27x) levels and 50% lower hepatic SOD level than the healthy rats. The OA treatment significantly reversed these antioxidant parameters in the diabetic rats. The diabetic rats had lower AMPK (85%) and hepatic SIRT-1 (47%) levels and higher hepatic NF- κ B (53%) and IL-6 (34%) levels than the healthy rats. Comparing with the healthy rats, the OA treatment increased hepatic SIRT-1 level, but tended to increase hepatic AMPK level and decrease hepatic NF- κ B and IL-6 levels in the diabetic rats. It was also partially effective to ameliorate degenerative changes and necrosis in the diabetic rats.

Conclusion The OA treatment can be considered to alleviate oxidative stress and reduce severity of inflammation in hepatocytes in the diabetic subjects.

Keywords AMPK · Diabetes · Inflammation · Oleanolic acid · SIRT-1

Abbreviations

ALT Alanine amino transferase
AST Aspartate amino transferase
ALP Alkaline phosphatase

AMPK 5'-adenosine monophosphate (AMP)-activated protein kinase
DM Diabetes mellitus
H&E Haematoxylin-Eosin
IDF International Diabetes Federation

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IL-6	Interleukin-6
MDA	Malondialdehyde
NF- κ B	Nuclear factor kappa B
OA	Oleanolic acid
ROS	Reactive oxygen species
SIRT-1	Sirtuin-1
STZ	Streptozotocin
SOD	Superoxide dismutase

Introduction

Diabetes mellitus (DM) is a chronic metabolic disease characterized by hyperglycemia, causing metabolic degenerative complications, and developing as a result of absolute or relative insufficiency of insulin secretion in the pancreas or insulin ineffectiveness or structural defects in the insulin molecule [1]. The number of diabetic patients in the world is 463 millions according to the 2019 data of the International Diabetes Federation (IDF), and it is anticipated to reach 693 million adults in 2045 [2]. Its typical clinical symptoms include polydipsia, polyuria, polyphagia, and weight loss. In some instances it can be mortal due to its macro- and microvascular complications such as cardiovascular diseases, retinopathy, neuropathy, and nephropathy [3].

In recent years, the subject of “Hepatogenous Diabetes”, a description made in 1906 to define the high rate of DM in cirrhotic patients, has drawn new and considerable interest. Clinical researches support the fact that a decline in life expectancy of type 2 DM patients is not only associated with vascular problems and renal disease, but also with cirrhosis and hepatocellular cancer [4]. It is essential to know various metabolic pathways that are significant in the development of diabetes in order to recognize the disease itself and its effects on the liver, and to establish an early diagnosis as well as determine the appropriate treatment programs.

A serine/threonine protein complex, namely 5'-adenosine monophosphate (AMP)-activated protein kinase (AMPK), plays a major role in maintaining cell energy balance [5]. AMPK, regulating lipid, cholesterol and glucose metabolism in liver, muscle and adipose tissue, manages the cell energy requirement at the maximum level by coordinating metabolic pathways. It activates catabolic pathways in the liver, while inhibiting anabolic pathways. Synthetic drugs and phytochemical agents used in the treatment of diabetes affect the level of AMPK, improving glucose transporter-4 (GLUT4) translocation insulin, and enabling blood glucose uptake into cells [6, 7].

Sirtuin-1 (SIRT-1), predominantly localized in the nucleus but also found in the cytoplasm, is expressed in many tissues. Histones, including transcription factors,

DNA repair factors and signaling proteins, regulate activities through deacetylation of various substrates [8]. SIRT-1, is effective in apoptosis inhibition, mitochondrial biogenesis, inhibition of inflammation, regulation of glucose and lipid metabolism, circadian rhythm, and cellular stress adaptation [9]. The relationship between SIRT-1 and glucose homeostasis and insulin secretion reveal that these proteins may be effective in the progression of insulin resistance (IR) and DM [10]. AMPK and SIRT-1 are present in all eukaryotic cells. Even though both molecules have been researched mainly, the similarities in their regulations and effects on such various processes as mitochondrial function and inflammation have only recently become understandable [11, 12].

Interleukin-6 (IL-6) is a pleiotropic cytokine with pro-inflammatory and endocrine functions, mainly secreted by vascular endothelial cells, mononuclear phagocytes, fibroblasts, and activated T lymphocytes. IL-6 plays a role in the improvement of IR and β -cell dysfunction [13]. Nuclear factor kappa B (NF- κ B) is a transcription factor regulating the expression of diverse genes responsible for events including apoptosis, cell proliferation, cell differentiation and inflammation [14]. NF- κ B activation is important in diabetes, in both oxidative stress and inflammatory signaling pathways. NF- κ B plays a major role in the transcription of cytokines, adhesion molecules, and other mediators in the pathogenesis of many inflammatory diseases. The NF- κ B family has also a significant role in the arrangement of the genes involved in inflammatory and some other signaling pathways in the cell [15, 16].

Plants containing antioxidant compounds have a extensive variety of pharmacological features, such as scavenging reactive oxygen species (ROS) and repairing or preventing the tissue damages caused by internal and external factors [17]. Oleanolic acid (OA) is an active pentacyclic triterpenoid ingredient isolated from more than 120 plant types, including many edible and medical aromatic plants. OA draws considerable attention due to its antioxidant, antimicrobial, antidiabetic, antiinflammatory and hepatoprotective effects [18–20]. Hyperglycemia triggers tissue damage [21, 22]. It was hypothesized that OA would ameliorate hepatic damage in diabetic subjects through lowering glucose and modulating inflammatory pathways. The objective of this experiment was to evaluate the hepatic inflammatory profile in diabetic rats.

Materials and methods

Experimental animals

Atatürk University Local Ethics Committee for Animal Experiments approved this experimental protocol number at 236/09 (date: 27/10/2021). Twenty-eight male Wistar

rats weighing 250–300 g and 6–8 weeks old, were obtained from Atatürk University Experimental Animals Research Center. The rats were housed in transparent polyethylene cages and fed *ad libitum* consumption of a pelleted chow diet. The room was furnished with artificially controlled temperature (23 ± 2 °C), illumination (12:12 h photoperiod), and humidity ($55 \pm 5\%$) 1 week prior to experimentation for adaptation. In half of the rats, diabetes was induced via a single intraperitoneal (i.p.) injection of 50 mg/kg streptozotocin (STZ) in 0.4 ml (0.1 M) sodium citrate buffer, pH 4.5, (Sigma Chemical Co., St. Louis, MO) (diabetic rats). After 72 h, blood was taken from the tail vein and glucose concentration was measured using a glucometer. Fasting blood glucose > 200 mg/dl was considered diabetic [23, 24]. The other half of rats were not injected with STZ (healthy rats). Both healthy and diabetic rats were then divided randomly into two subgroups to be administered with either OA (5 mg/kg, Sigma Chemical Co.) within 1 ml tap water by oral gavage or 1 ml tap water in the same route for 21 days [25].

At the end of the experiment, intracardiac blood samples were taken from the rats. Prior to blood sampling rats were administered ketamine (80 mg/kg; Ketalar®, 50 mg/ml, Eczacıbaşı, Istanbul, Turkey) and xylazine (10 mg/kg; Rompun®, 2%, Bayer, Istanbul, Turkey), and then they were sacrificed. Blood and liver samples were collected for biochemical analyses and histopathologic evaluations.

Biochemical analyses

Blood samples were centrifuged at 4,000 g for 15 min and the sera were stored at -80 °C for aspartate amino transferase (AST), alkaline phosphatase (ALP), and alanine amino transferase (ALT) measurements in autoanalyzer ((RX Monaco; Randox Laboratories Ltd., County Antrim, UK).

Liver tissue malondialdehyde (MDA) levels were measured to assess lipid peroxidation level [26], based on reaction with thiobarbituric acid at 90–95 °C to yield a pink colored chromogen. After 15 min, the absorbance values of the rapidly cooled samples were read spectrophotometrically at 532 nm. The MDA level was expressed as nmol/g tissue protein.

Liver tissue superoxide dismutase (SOD) level was determined based on the reduction of nitroblue tetrazolium by the xanthine–xanthineoxidase system [27]. The SOD activity was expressed as U/g tissue protein.

Liver tissue AMPK (Biocompare, South San Francisco, CA 94080 USA), SIRT-1 (Elabscience Biotechnology Inc, Houston, Texas, USA), IL-6 (Elabscience Biotechnology Inc, Houston, Texas, USA), and NF- κ B (Elabscience Biotechnology Inc, Houston, Texas, USA) levels were measured by the ELISA method, is based on a specific antigen and antibody reaction. An enzyme is used as a marker in

the preparation of the labeled conjugate. After completion of the reaction, separation is achieved by adding a substrate to the medium and enzyme activity is measured spectrophotometrically.

Histopathological examination

The liver samples were fixed in 10% buffered formalin and all the time processed for histological analysis by embedding in paraffin wax. Tissue sections were cut 4 μ m in thickness and painted by the Haematoxylin-Eosin (H&E) for examination under a light microscope [28].

Image analysis

Liver samples were evaluated by high-power light microscopic examination using an Olympus Bx51 with a DP72 camera system. Each specimen was analyzed in 10 randomly chosen areas of approximately an X40 objective. The scores were reproduced semi-quantitatively using light microscopy on the preparations from each rat and were reported as follows: Grade 0 = – (negative); Grade 1 = + 1 (mild); Grade 2 = + 2 (moderate); Grade 3 = + 3 (severe); Grade 4 = + 4 (most severe) [29].

Statistical analysis

The normality of data was evaluated using a Kolmogorov–Smirnov test. Continuous data (biochemistry) were analyzed by 2–way ANOVA to test the main effects of health status (HS; healthy vs. diabetic) and treatment (TRT; not OA administered vs. OA administered) as well as their interaction using the General Linear Model Procedure ($Y_{ijk} = HS_i \times Trt_j + e_{ijk}$) (MedCalc, Version 13.2.2; MedCalc, Ostend, Belgium). Group mean differences were attained by the LSD option. Discrete data (histopathology) were subjected to the Mann Whitney U test. Statistical significance are declared $p \leq 0.05$.

Results

Biochemistry

Alterations in serum AST, ALP, and ALT as well as hepatic MDA and SOD levels in response to the OA treatment in the diabetic rats were summarized in Table 1. Induction of diabetes caused increases in hepatic MDA (2.88x) and serum AST (2.01x), ALP (2.22x), and ALT (4.27x) levels and a decrease in hepatic SOD level by half ($p < 0.0001$ for all; Table 1). Health Status by OA Treatment interaction revealed that decreases in hepatic

Table 1 Effect of oleanolic acid (OA) administration on antioxidants status and hepatic enzyme profile in the diabetic rats

Experimental Groups ¹		Response Variables ²				
Status	Treatment	MDA (nmol/g)	SOD (U/g)	AST (U/L)	ALP (U/L)	ALT (U/L)
Healthy		9.50 ± 0.96	45.4 ± 2.7	69.6 ± 7.3	86.1 ± 8.0	32.1 ± 3.6
Diabetic		27.4 ± 2.6	23.1 ± 2.6	140 ± 19	191 ± 25	137 ± 20
	– OA	22.2 ± 3.8	32.9 ± 5.3	138 ± 19	180 ± 28	107 ± 26
	+ OA	14.7 ± 1.9	35.6 ± 2.2	72.7 ± 9.0	96.7 ± 8.0	62.4 ± 9.3
Healthy	– OA	10.1 ± 1.5 ^c	50.8 ± 3.5 ^a	80.9 ± 9.4 ^b	95.9 ± 12.3 ^b	26.9 ± 3.4 ^c
	+ OA	8.90 ± 1.29 ^c	40.0 ± 3.0 ^b	58.3 ± 10.0 ^b	76.3 ± 9.6 ^b	37.3 ± 5.9 ^c
Diabetic	– OA	34.3 ± 3.3 ^a	15.1 ± 1.2 ^d	194 ± 21 ^a	265 ± 28 ^a	187 ± 29 ^a
	+ OA	20.5 ± 1.9 ^b	31.1 ± 2.3 ^c	86.4 ± 13.5 ^b	117 ± 7 ^b	87.4 ± 11.5 ^b
ANOVA		<i>p</i> <				
Status		0.0001	0.0001	0.0001	0.0001	0.0001
Treatment		0.0019	0.3316	0.0001	0.0001	0.0097
Status* ² Treatment		0.0073	0.0001	0.0066	0.0006	0.0020

Different superscripts within columns differ in the interaction row (*p* < 0.05)

¹Data are the least square means ± standard error of a mean for the main effects of health status (healthy vs. diabetic) and treatment (not OA administered vs. OA administered) as well as their interaction, generated from 2–way ANOVA.

²MDA = malondialdehyde in the liver; SOD=superoxide dismutase in the liver; AST=aspartate amino transferase; ALP=alkaline phosphatase; ALT=alanine amino transferase

MDA (*p* = 0.0073) and serum AST (*p* < 0.0001), ALP (*p* = 0.0066), and ALT (*p* = 0.0020) levels and a increase in hepatic SOD level (*p* < 0.0001) were more notable in the diabetic rats than the healthy rats in response the OA treatment (Table 1).

The effect of the OA treatment on hepatic inflammatory markers in the diabetic rats is shown in Table 2. The diabetic rats had lower AMPK (85%, *p* < 0.0001) and hepatic SIRT–1 (47%, *p* = 0.0050) levels and higher hepatic NF–κB (53%, *p* < 0.0001) and IL–6 (34%,

Table 2 Effect of oleanolic acid (OA) administration on hepatic inflammatory markers in the diabetic rats

Experimental groups ¹		Response variables ²			
Status	Treatment	AMPK (ng/ml)	SIRT–1 (ng/ml)	NF–κB (pg/ml)	IL–6 (pg/ml)
Healthy		40.0 ± 2.0	8.49 ± 0.75	1.74 ± 0.14	7.96 ± 0.98
Diabetic		21.6 ± 0.6	5.78 ± 0.66	3.74 ± 0.39	12.05 ± 1.87
	– OA	27.6 ± 2.4	5.93 ± 0.60	3.26 ± 0.50	13.23 ± 1.54
	+ OA	34.0 ± 3.2	8.34 ± 0.84	2.22 ± 0.20	6.78 ± 1.06
Healthy	– OA	35.4 ± 2.0 ^b	7.94 ± 0.43 ^a	1.56 ± 0.08 ^c	10.25 ± 1.19 ^b
	+ OA	44.6 ± 2.4 ^a	9.04 ± 1.47 ^a	1.92 ± 0.26 ^{bc}	5.68 ± 0.99 ^b
Diabetic	– OA	19.8 ± 0.4 ^c	3.92 ± 0.13 ^b	4.96 ± 0.31 ^a	16.21 ± 2.44 ^a
	+ OA	23.4 ± 0.5 ^c	7.65 ± 0.85 ^a	2.52 ± 0.28 ^b	7.89 ± 1.86 ^b
ANOVA		<i>p</i> <			
Status		0.0001	0.0050	0.0001	0.0255
Treatment		0.0005	0.0111	0.0003	0.0010
Status* ² Treatment		0.0851	0.0463	0.0621	0.0743

Different superscripts within columns differ in the interaction row (*p* < 0.05)

¹Data are the least square means ± standard error of a mean for the main effects of health status (healthy vs. diabetic) and treatment (not OA administered vs. OA administered) as well as their interaction, generated from 2–way ANOVA.

²SIRT–1 = Sirtuin–1; AMPK = 5′–adenosine monophosphate (AMP)–activated protein kinase; NF–κB = Nuclear factor kappa B; IL–6 = Interleukin 6;

$p=0.0255$) levels than the healthy rats. The OA treatment increased hepatic SIRT-1 level at a greater extent and in the diabetic rats than the healthy rats ($p=0.0463$; Table 2). However, an increase in hepatic AMPK level ($p=0.0851$) and decreases in hepatic NF- κ B ($p=0.0621$) and IL-6 ($p=0.0743$) levels in the diabetic rats were similar to those in the healthy rats in response to the OA treatment (Table 2).

Histopathology

No histopathological change was observed in the liver tissues in the healthy rats not administered with OA and administered with OA (Fig. 1A, B). Dissociation in the remark cords, mild adiposity and degenerative changes in hepatocytes, as well as localized necrosis foci were noted in the liver tissue of the diabetic rats (Fig. 1C). In addition, bile duct proliferation and mononuclear cell infiltration, mostly lymphocytes, were observed. Hepatic tissue damages in the diabetic rats and their restoration by the OA treatment are shown in Table 3. Degeneration ($p<0.0001$), necrosis ($p<0.0007$), and inflammatory cell infiltration ($p<0.0001$) were notable in hepatocytes in the diabetic rats. In terms of histopathology scores of the hepatocytes, the OA treatment reduced necrosis ($p=0.0208$; Table 3), but failed to alleviate degeneration and inflammatory cell infiltration (Fig. 1C, D).

Discussion

Diabetes, as it is a lifelong disease and requires an appropriate treatment in order to postpone or prevent complications and to eliminate its symptoms. Herbal therapy has become popular in recent years, for various reasons including medical and economic problems due to serious side effects of synthetic drugs, ecological instabilities becoming harder as a result of environmental pollution especially in industrialized countries, threats posed by various chronic diseases related to sedentary lifestyle [30, 31].

Different kinds of plants have been used for the treatment of diabetes by traditional methods, in many parts of the world. Some of these methods are considered by scientists, and supported by the World Health Organization (WHO). Up to 30% of diabetic patients are treated with medicinal plants and nutritional supplements, as well as complementary and alternative medicine [32, 33]. This study aimed at examining potential hepato-protective effects of OA in an experimental diabetes model, where inflammation and oxidative stress are involved in the pathogenesis.

Insulin resistance, recognized as the main cause of hyperglycemia and compensatory hyperinsulinemia, is one of the prevailing causes of oxidative stress and liver damage in diabetic patients [21]. Oxidative stress is a major ingredient in

the mechanism of DM and hepatotoxicity. Thus, inhibition of reactive oxygen species (ROS) and/or antioxidant feature plays a very important role in protecting hepatotoxicity [34], associated with elevations in hepatic MDA [35] and liver enzymes including AST, ALT and ALP in the blood stream [22]. In diabetes, SOD enzyme causes dismutation of free oxygen radicals, leading to tissue damages [36]. The results of the present study showed that STZ-induced DM led to significant increase in MDA, AST, ALT, and ALP levels and a decrease in SOD level (Table 1), which were reversed by the OA treatment, suggesting the tissue protective effect of the OA through its antioxidant property. The MDA levels increased as a result of increased ROS in various tissues of the diabetic rats, but decreased significantly upon the administration of plant extracts or antidiabetic drugs [37, 38]. Decreased SOD activities were shown in various studies with experimental diabetes models [39, 40].

Active of AMPK plays a fundamental role in protection against pathological stress such as under DM and metabolic syndrome. High AMPK levels support energy production via different mechanisms including quicken glucose uptake and enhance fatty acid uptake and oxidation as well as glycolysis [41]. OA has strong antioxidant and anti-inflammatory properties and its hepatoprotective effect is related to potency for lowering blood glucose, consequently inhibiting insulin resistance and hepatic gluconeogenesis [42]. Hasanvand et al. [43], and Ban et al. [44] reported that AMPK activity was low in rats experimentally induced diabetes. There are more than a hundred natural components that can activate AMPK, and despite their structural diversity, most of them are polyphenols. AMPK activation may be beneficial in treatment. In this study, the OA treatment tended to restore decreased hepatic AMPK due to DM (Table 2). This partially supports that activation of AMPK and decreased oxidation play an important role in the STZ-induced liver damage, and OA elicits hepatoprotection and the beneficial effects of AMPK activation is attributed to its anti-inflammatory effects [45], and modulation of nutrient metabolism [42, 46].

AMPK can generate an anti-inflammatory impact and restrict oxidative stress through the activation of the SIRT-1 connected pathway. AMPK and SIRT-1 share many extensive goal molecules and both arrange each other. The activation of AMPK signaling prevents the expression of the NF- κ B by increasing the levels of SIRT-1, in this way contributing to the preservation against inflammation as well as DM [47, 48]. The SIRT-1/NF- κ B pathway is a potential target for the development of novel treatment options in decreasing the frequency and related complications of metabolic diseases, where inflammation is involved in the pathogenesis [49–51]. Similar to AMPK level and as opposed to NF- κ B level, decreased SIRT-1 level increased significantly in the diabetic rats in response to the OA treatment (Table 2).

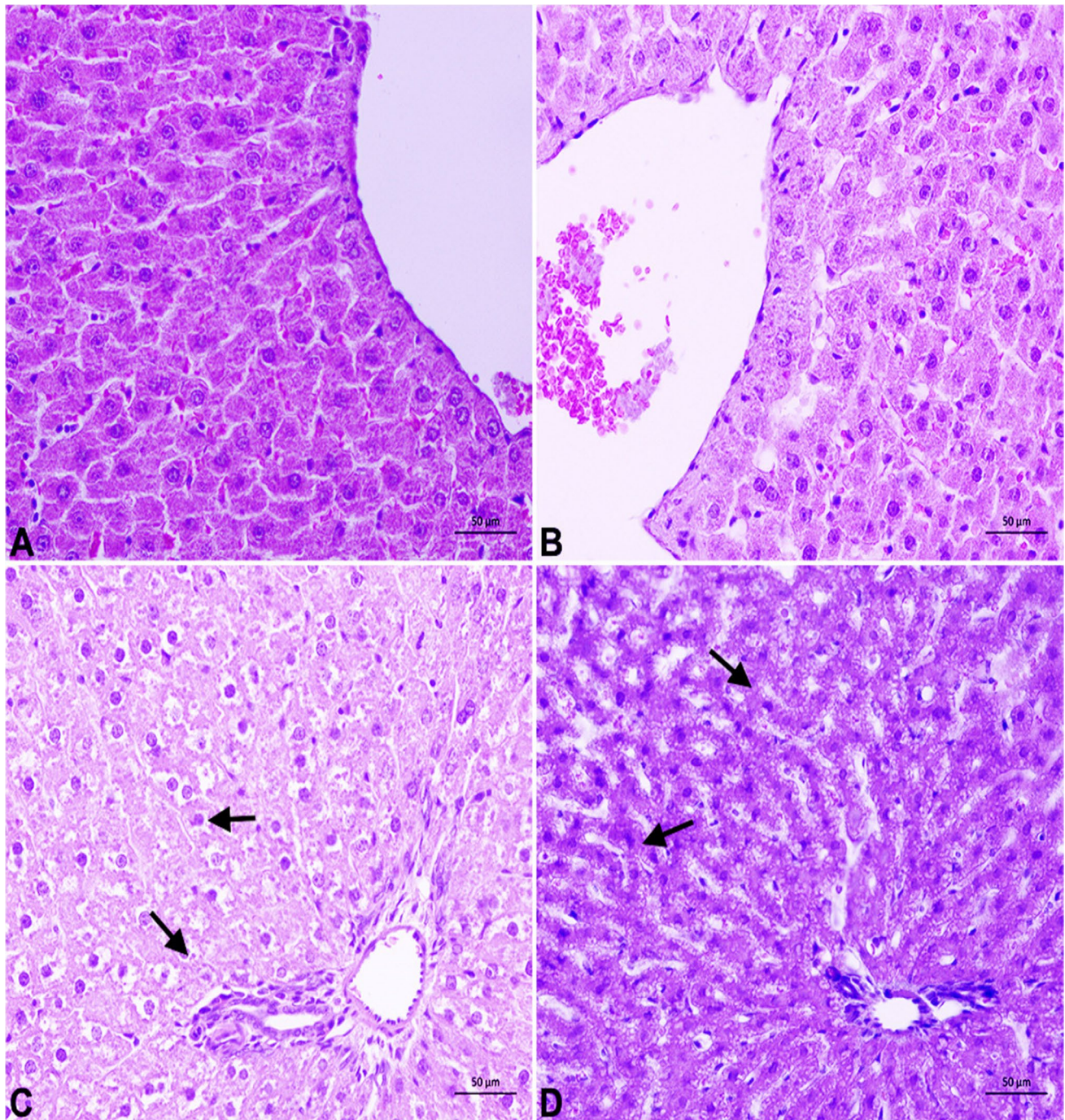


Fig. 1 Hepatic tissue damages in the diabetic rats and their restoration by the oleanolic acid treatment. H&E, Bar: 40 μm . **A–B** No histopathological lesions in the healthy rats not administered with OA and administered with OA. **C** Degenerative changes and necrosis in

the hepatocytes, inflammation cells in the diabetic rats not administered with OA. **D** Moderate degenerative changes and necrosis in the hepatocytes, inflammation cells in the diabetic rats administered with OA (DM+OA)

Oxidative stress and inflammation act together as important and harmful mechanisms in the pathogenesis of early and late complications of diabetes. Proinflammatory cytokines can induce IR in adipose tissue, skeletal muscle, and liver through inhibiting insulin signal transduction.

Thus, inflammation-targeted therapies may be a novel treatment option for the follow-up of DM and related complications, considering that hepatic NF- κ B and IL-6 activated due to diabetes can be inactivated by the OA treatment [52]. NF- κ B can be activated by the secretion

Table 3 Effect of oleanolic acid (OA) administration on hepatic damage in the diabetic rats

Experimental groups ¹		Response variables ²		
Status	Treatment	Degeneration	Necrosis	Inflammatory Cells
Healthy		0 (0–1)	0 (0–0)	0 (0–0)
Diabetic		2 (1–4)	1 (0–3)	1 (0–2)
	– OA	1.5 (0–4)	0 (0–3)	0.5 (0–2)
	+ OA	1 (0–2)	0 (0–1)	0 (0–2)
Healthy	– OA	0 (0–1) ^c	0 (0–0) ^b	0 (0–0) ^c
	+ OA	0 (0–1) ^c	0 (0–0) ^b	0 (0–0) ^c
Diabetic	– OA	2 (2–4) ^a	1 (0–3) ^a	2 (1–2) ^a
	+ OA	2 (1–4) ^b	0 (0–1) ^b	1 (0–2) ^b
ANOVA		$p <$		
Status		0.0001	0.0007	0.0001
Treatment		0.1269	0.0208	0.1344
Status*Treatment		0.1366	0.0208	0.1344

Different superscripts within columns differ in the interaction row ($p < 0.05$)

¹Data are the median (minimum – maximum) for the main effects of health status (healthy vs. diabetic) and treatment (not OA administered vs. OA administered) as well as their interaction, generated from the Mann Whitney U test

²Grade 0 = – (negative); Grade 1 = +1 (mild); Grade 2 = +2 (moderate); Grade 3 = +3 (severe); Grade 4 = +4 (most severe) [29]

of proinflammatory molecules such as IL–6 and TNF– α . At the same time, other non-inflammatory conditions and mediators such as oxidative stress, hyperglycemia, and obesity can also activate NF– κ B levels [53]. The activation of NF– κ B in DM may start a sequence of harmful cases via further elevation of proinflammatory cytokines. Additionally, NF– κ B may also directly and indirectly support the generation of ROS and reactive nitrogen species, thereby increasing liver tissue damage [54].

IL–6 is a cytokine with pro- and anti-inflammatory effects. Pro-inflammatory cytokines may cause IR by inhibiting insulin signaling in skeletal muscle, liver, and adipose tissues [55]. Increased plasma concentration of IL–6 were associated with type 2 diabetes [56]. Foss-Freitas et al. [57] stated that IL–6 measurement was significant in monitoring pro-inflammatory immune responses developing in diabetic patients. OA can protect the liver not only against toxic effects of chemicals exposed, but also against diseases including fatty liver and cirrhosis [58]. However, the metabolic pathways involved in hepatoprotective effects of OA are not clear yet. Laszczyk et al. [59] have shown the anti-inflammatory and anticancer potency of OA, presumably by targeting NF– κ B, but its definite mode of action remains to be explored. The studies have confirmed that OA inhibits inflammation through the suppression of NF– κ B signaling, the inhibition of cytokines, including IL–6 and, the increased production of antioxidants. Anti-inflammatory features of OA were mediated by the down-regulation of the levels of NF– κ B [60, 61]. In this experiment the OA treatment tended to decrease increased hepatic NF– κ B and IL–6 levels in the diabetic rats (Table 2).

Liver has a crucial function in regulating glucose levels in physiological and pathological conditions such as diabetes. Necrosis, inflammatory cell infiltration, lipodosis, sinusoidal dilatation and disorders in portal spaces in hepatocytes of the diabetic rats are typical histopathological findings [62]. The OA treatment was partially effective to ameliorate degenerative changes and necrosis in the diabetic rats.

A limitation of our study is that following the model for a wider time and investigating biochemical parameters at different time points could provide more information about the model. In addition, OA results could compared to diabetic drugs.

Conclusion

In conclusion, the induction of diabetes achieved acute liver injury. The OA treatment successfully ameliorated antioxidant status and partially improved inflammation through acting AMPK/SIRT–1 activator and IL–6/ NF– κ B inhibitor. Therefore, OA can be considered in the protection and treatment of DM and DM-related complications.

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Declarations

Ethics approval This study was carried out in the Atatürk University's Experimental Animal Laboratory of the Medical and Experimental Application and Research (ATADEM) in accordance with the Atatürk University's Local Ethical committee decision (2021/09).

Conflict of interest The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this research article.

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