Development of Flake Powder Metallurgy in Fabricating Metal Matrix Composites: A Review

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Abstract Powder metallurgy (PM) is one of the most applied processes in the fabrication of metal matrix composites (MMCs). Recently, a novel PM strategy called flake PM was developed to fabricate MMCs with nano-laminated or hierarchical architectures. The name "flake PM" was derived from the use of flake metal powders, which could benefit the uniform dispersion of reinforcements in the metal matrices and thus result in balanced strength and ductility. Flake PM has been proved to be successful in the dispersion of nano aluminum oxides, carbon nanotubes, graphene nano-sheets, and microsized B_4C particles in aluminum or copper matrix. This paper reviews the technique and mechanism developments of flake PM in previous studies, and foresees the future develop of this new fabricating method.

KEY WORDS: Metal matrix composites; Flake powder metallurgy; Micro- and nano-composites; Architectures; Strength and ductility

1 Introduction

With excellent mechanical and functional properties, metal matrix composites (MMCs) have been extensively studied and widely applied in the past decades. However, there are still some disadvantages that hinder the further application of MMCs. Firstly, the preparation routes of MMCs are usually costly and hard to control. Secondly, the ductility and toughness are usually quite low for the MMCs with high volume fraction of reinforcements. The solutions of those two problems are keys for the future development of MMCs [1, 2].

Generally, the fabricating routes of MMCs could be divided into liquid state and solid state methods. The solid

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state methods, which were mainly powder metallurgy (PM) methods, are now experiencing a rapid developing period in application. With PM methods, the control of interface below the melting point of the matrix, the dispersion of nano or sub-micron reinforcements, and the precision forming of MMCs became possible, which promises a wide prospect for MMCs [1–3].

The PM producing methods for MMCs usually consisted of two steps: reinforcement–matrix mixing and powder consolidation. The basic requirement for the mixing step was uniform dispersion of the reinforcements, which has increasing difficulty when the reinforcements become finer. There are many methods developed to reach this goal: mechanical mixing, high-energy ball milling, solutionassisted dispersion, and so on. However, the dispersion of reinforcements still remains to be difficult in the PM methods, especially when the reinforcements are nano sized. The powder consolidation step requires a process consisting of powder compacting (e.g., cold pressing, hot pressing, isostatic pressing, etc.), sintering (e.g., heating, spark plasma sintering, etc.), and deformation processing (e.g., extrusion, rolling, forging, etc.). This step would

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Fig. 1 Schematic diagrams of the flake PM producing route of CNTs/Al composites [4]

determine the relative density and structure of the bulk material, and influence the material properties directly [3].

Since 2010, the research group of PM MMCs from Shanghai Jiao Tong University has explored a novel PM strategy called flake PM, which used flake powders to get better reinforcement dispersion, and this resulted in the special microstructures in the bulk materials. In the recent serial reports, it has been proved that, it is possible to fabricate strong and ductile MMCs with appropriate design of flake PM routes. In the following, the preparing route, the microstructure characteristic, the properties, and mechanism developments of the MMCs produced by flake PM will be reviewed.

2 The MMCs Produced with Flake PM

The idea of flake PM was based on using flake-shaped metal powders as composing units. In a typical flake PM process, three steps are involved:

(1) Preparation of flake metal powders. The flake powders can be easily obtained by ball milling the spherical metal powders;

- (2) The mixing of flake powders and the reinforcements;
- (3) The shaping and consolidation of the composite powder.

Flake PM has succeeded in MMCs fabricating in Al_2O_3/Al , carbon nanotubes (CNTs)/Al, CNTs/Cu, graphene/Al, and B_4C/Al system, which resulted in improvement of the Young's modulus, tensile strength, and toughness of the materials. Figure 1 shows the schematic diagrams of a typical flake PM route for preparing CNTs/Al composites [4].

2.1 Reinforcement–Matrix Composing in MMCs Produced with Flake PM

The first use of flake powders to disperse reinforcements in metal matrix was reported by Li et al. [5]. Along with the subsequent studies [4, 6], flake PM was proved to be useful in the dispersion of CNTs in Al (Fig. 2a). Al flake powders (about 0.4 μ m in thickness, 70 μ m in diameter, and 175 in aspect ratio) with PVA coatings introduced by stirring in 5 % PVA aqueous solution were used to absorb CNTs. The CNTs were surface functionalized with carboxyl groups (–COOH) and dispersed in deionized water with sonic and anionic surfactant of sodium dodecyl benzene suffocated.



Fig. 2 SEM images showing the distributions of absorbed CNTs \mathbf{a} , GO \mathbf{b} , native Al₂O₃ flakes \mathbf{c} , the in situ synthesized CNTs on surfaces of Al flake powders \mathbf{d}

The planes in Al flake powders suited the CNTs well geometrically, the high specific surface area (about 8 m²/g) of Al flake powders allowed high CNTs capacity in Al powders, and the hydroxyl group of the PVA coatings and carboxyl group on CNTs surfaces could be bonded with hydrogen bonds, which ensured the strong connection of CNTs and Al flake powders. When the thickness decreased to 0.2 μ m, Al flake powders could uniformly absorb as much as 20 vol.% CNTs, which was 100 times of the 10- μ m-diameter spherical Al powders can do. Similar route succeeded in dispersion of CNTs in Cu, too [7].

Also, Wang et al. reported the dispersion of graphene nanosheets (GNSs) in Al flake powders uniformly with a similar process [8], which was the first reported successful production of GNSs reinforced bulk MMCs. Due to the two dimensional shape of graphene, it is very difficult to disperse GNSs flat and uniformly in metal matrix with other methods. As seen in Fig. 2b, the flake-shaped graphene oxide (GO) nanosheets, which were functionalized with carboxyl groups, could be absorbed uniformly on the surface of PVA-coated Al flake powders. The GO nanosheets could be reduced to GNSs at 550 °C, resulting in the uniform dispersion of GNSs in Al flake powders.

The Al flake powders were also used in the in situ composing of Al matrix composites. After heating in air for hours, native Al_2O_3 membranes could be formed on the

surfaces of Al flake powders (Fig. 2c). Those Al₂O₃-Al flake powders were used to produce laminated Al₂O₃-Al composites [9]. Another in situ route called polymer pyrolysis chemical vapor deposition (polymer pyrolysis CVD) was also studied to uniformly synthesize CNTs on the surfaces of Al flake powders (Fig. 2d) [10, 11]. Uniform polyethylene glycol-citric acid-Co(NO₃)₂ precursor coatings on Al flake powders were firstly obtained by stirring in alcohol solution. Then, the Al flake powders were dried and heated to make the precursor coating react and pyrolyze, producing uniformly dispersed catalyst particles and carbon source gases, then synthesizing CNTs in situ in Al powders. The Al flake powders, which were used as the substrates in polymer pyrolysis CVD routes, were important in the uniform absorption of the precursor coating, which would affect the uniform dispersion of Co catalyst particles and the uniform synthesis of CNTs.

In addition to nano-sized reinforcements, flake PM was also used in micro-sized particle reinforcements [12, 13]. The flake powders would likely support each other in the packing state, which would result in much lower apparent density. Thus, the reinforcements would be divided by the flake powders uniformly in the mixed powder, and result in uniform dispersion of high volume fraction of reinforcements in the MMCs, as shown in Fig. 3. In B₄C particle (7 μ m)/Al bulk composites with 32 vol.% B₄C shown in



Fig. 3 The morphologies of different Al powders, Al powders (5 g) in transparent bottles and illustrations of the B_4C/Al composite powder compacting for composites: a PM (spherical, 45 µm), b PM (spherical, 10 µm), c flake PM (2 µm in thickness)

Fig. 4a–f, compared with the composites produced by conventional PM which used spherical Al powders with diameters of 45 and 10 μ m, obvious improvements of uniformity can be seen in the composites produced by flake PM which used flake powders of 2 μ m in thickness. The average adjacent interspace of B₄C in flake PM produced composites fitted the theory value of uniformly dispersed models [14], while obvious deviations existed in conventional PM produced B₄C/Al composites, which indicated the non-uniform distribution of B₄C in the materials.

2.2 Material Consolidation, Microstructure, and Properties of MMCs Produced with Flake PM

Like the conventional PM, the consolidation processes of flake PM generally consist of powder compacting, sintering, and deformation processing. The specificity of flake PM is, when the flake shape of metal powders were maintained in the composites, it would influence the microstructure of the bulk materials, leading to the formation of nacre-like nanolaminated structures.

It is well-known that in nacre, the laminated assembly of alternating protein collagen layers (10–50 nm thick) and aragonite tablets (200–900 nm thick) contributes to remarkable mechanical properties far beyond what can be achieved by man-made composites [15]. In flake PM routes, such a nanolaminated assembly could also be inherited from the flake powders. In powder compacting process, in order to minimize the potential energy under the applied force fields, the flake powders would tend to lie flat on each other irregularly. In extrusion process, the extrusion direction is parallel to the axis of the compacted column, so the layer direction of the final product is changed to be parallel to the axis of the extruded rods.

Figure 5 shows the nanolaminated structure in Al₂O₃–Al [9] and CNT–Al [16] composites. It can be seen that the extruded multilayer structures with alternating Al (pure Al: 300–500 nm) and reinforcement (Al₂O₃: \sim 10 nm; CNTs: \sim 50 nm) layers can be readily observed from the vertical section of the extruded samples.

When the flake shape of metal powder was destroyed after the mixing process, instead of laminated structures, uniform dispersion of reinforcement particles and ultra-fine grain (UFG) matrix would be formed. Additionally, for in situ composed Al₂O₃/Al flake powders mentioned in Sect. 2.1, Al₂O₃ nano dispersoids could be introduced in the composites. The nano-sized Al₂O₃ formed on Al flake powders could be fractured during extrusion with high



Fig. 4 The reinforcement distribution in the 32 vol.% B_4C/Al composite powders and the extruded composites made by PM (spherical 45 µm), PM (spherical 10 µm) and flake PM (2 µm in thickness): **a–c** SEM images of the composite powders, **d–f** OM images of the extruded composites, **g–i** the interspace statistics of adjacent B_4C particles in the extruded composites via OM image analyzer, and the theoretical interspace of 2.259 µm for 32 vol.% B_4C (7 µm)/Al composites is also marked by *red dashed line*



Fig. 5 Laminated structure of flake PM produced Al₂O₃/Al composites a, CNTs/Al composites b

extrusion ratio or high extrusion rate, and then entered Al grains during the grain boundary migration, resulted in the Al_2O_3 nano dispersoids in flake PM producing $B_4C/Al(Al_2O_3)$ composites [13, 17, 18]. Figure 6 shows the microstructures of the 16 vol.% B_4C/Al composites fabricated by flake PM. As it can be seen, the B_4C particles were distributed uniformly in the matrixes (Fig. 6a, c). When the

Al flake powders were not surface oxidized, the Al matrix grains would coarsen after the high temperature sintering (Fig. 6b). When the Al flake powders were surface oxidized, many Al_2O_3 nanoplatelets would be well dispersed inside the matrix grains in $B_4C/Al(Al_2O_3)$, and the Al grains would remain ultra-fine under the inhibition of nano Al_2O_3 (Fig. 6d). Therefore, with artful design and process control,



Fig. 6 OM images of B₄C/Al a, B₄C/Al (Al₂O₃) c composites, TEM images of the matrix of B₄C/Al b, B₄C/Al (Al₂O₃) d composites



Fig. 7 a The strengthening efficiency and tensile strength for CNT/Al composites fabricated by various methods [19], **b** tensile properties of 32 vol.% B_4C/Al composites fabricated by flake PM and the commercial B_4C/Al composites, manufactured by leading composite companies [12]

using flake PM could produce various MMCs with different architectures and micro characteristics.

MMCs produced by flake PM exhibited notable improvements in mechanical properties compared with other methods. The flake PM produced laminated Al₂O₃/Al composites exhibiting excellent combinations of strength

(262 MPa) and ductility (22.9 %), which not only exceed the properties of composites produced by normal severe plastic deformation such as equal-channel angular pressing, but also was effective and convenient for massive production, compared with some special methods such as high-pressure torsion and friction stir processing, which



Fig. 8 EBSD maps of the disordered **a**, laminated **b** composites, the *inset* in the *bottom right-hand corner* is the {111} pole figure, ED, TD and ND represent the extrusion direction, transverse direction and normal direction, respectively. Schmid factors of **a c**, **b d** in the ED

could also produce strong and ductile Al₂O₃/Al composites [9]. Also, remarkable improvements in both strength and ductility have also been observed in flake PM produced CNT/Al, CNT/7075Al, B₄C/Al composites, compared with those by conventional PM. In 1.0 vol.% flake PM produced CNT/Al composites, about 13.6 % increase in tensile strength and about 100 % increase in total elongation as compared to conventional PM produced CNT/7075 composites exhibited high modulus (88 GPa), excellent tensile strength (820 MPa), and good total elongation (5 %), which were all improved compared with conventional PM [6]. The advantage of flake PM over other methods can be further seen by comparing the strengthening efficiency of CNTs (R), which can be defined as:

$$R = \frac{\sigma_{\rm c} - \sigma_{\rm m}}{V_{\rm CNT} \sigma_{\rm m}},$$

where *R* is the value of strengthening efficiency, σ_c and σ_m is the tensile strength of the composite and the matrix, respectively, and V_{CNT} is the volume fraction of CNTs. Figure 7a compares the engineering stress and strengthening efficiency of CNTs/Al composites produced with different methods. It is evident that the strengthening efficiency of CNTs in flake PM composites are much higher than others, which indicates the capacity of flake PM in achieving excellent performance of the products.

Flake PM could also improve both strength and elongation of 32 vol.% (about 63.9 % improvement in strength and 5.7 % improvement in elongation as compared to conventional PM), and 16 vol.% (about 15.2 % improvement in strength and 85.4 % improvement in elongation as comparing to conventional PM) B_4C/Al composites [12, 13]. Figure 7b compares the ultimate strength and strain to failure of B_4C/Al composites produced by flake PM and manufactured by leading composite companies. The flake PM produced B_4C/Al composites exhibited excellent balance of strength and ductility. Furthermore, considering the matrix in previous flake PM produced composites was pure Al, the strengthening efficiency of flake PM produced B_4C/Al composites was also excellent.

In a word, the use of flake PM could result in the biomimetic laminated structure, when the flake shape of the metal powders was maintained, or the structure of UFG with nano dispersoids, when the flake shape was destroyed. With these artfully designed micro architectures introduced by flake PM, significant improvements in the strength and ductility of MMCs have been achieved.

3 Strengthening and Toughening Mechanism of MMCs Produced with Flake PM

As shown in previous reports, obvious improvements in strength and ductility have been proved in MMCs produced by flake PM. The strengthening mechanisms were different in different materials, but have their generality derived from the flake powders.

Firstly, the uniform dispersion of reinforcements, which ensured the structure uniformity of the materials, prevented the property damages caused by the reinforcement agglomeration. This was the basic requirement for producing high performance MMCs.

When the flake shape of metal powders was maintained in the composites, enhancements of the strength and ductility of the materials was brought in by the alignment of reinforcements, the texture formed in the Al layers, and the laminated structure. As mentioned in Sect. 2.2, Al₂O₃ platelets and CNTs lied along the extrusion direction and the composites were laminated structured. The reinforcement alignment was important for the load bearing of the inequiaxial reinforcements, determining the modulus and tensile strength of the MMCs, which is the main reason of the high strengthening efficiency of CNTs in flake PM in Fig. 7a. Moreover, the strength enhancement of the flake PM materials was also attributed to the texture forming in the Al layers. The electron backscattered diffraction (EBSD) maps of the laminated (Fig. 8b) CNT/7055Al composites produced by flake PM indicated the introduction of the strong and single $\langle 111 \rangle$ fiber texture, which was a hard orientation for tension in face-centered-cubic Al with classical $\{111\} - \langle 110 \rangle$ -slip systems, compared with the disordered composites (Fig. 8a) produced by conventional PM [6]. A lower value of Schmid factor for the flake



Fig. 9 a An equivalent plastic strain distribution at a tensile strain of 0.012 and a powder thickness of 500 nm, b maximum equivalent plastic strain as a function of tensile strain, c fracture surfaces of Al₂O₃/Al nano laminated composites

PM produced laminated composites than for the disordered composites was calculated as shown in Fig. 8c, d, which is favorable to improve the yield strength (about 10 % improvement from 698 to 771 MPa) according to the Schmid law.

A key reason for the increased ductility was that the nano laminated structure could enable the full potential of the reinforcements to hinder recovery and keep dislocations in the small grains. The dislocation density of flake



Fig. 10 TEM images of the B_4C/Al (Al_2O_3) during in situ tensile test before tensile test **a**, after tensile test at the strain of ~0.005 **b**

PM produced CNTs/Al composite $(11.5 \times 10^{14} \text{ m}^{-2})$ is much higher than that of pure Al $(1.33 \times 10^{14} \text{ m}^{-2})$ with similar grain size and about twice that of convention PM produced composite [16], indicating that the nanolaminate composites with 2-D aligned distribution of CNTs have a higher recovery-hindering efficiency than that of composites with 3-D random distribution of CNTs. Significant dislocation storage is required for compatible plastic strains of metal materials, allowing a high strain-hardening rate, which leads to larger uniform strains while maintaining a high level of strength [20, 21]. Thus, the increased ductility was achieved in the flake PM CNT/Al nanocomposites. The toughening mechanism of the nanolaminated structure shall be studied in more details in future work.

Also, the thickness of the flake Al powders would influence the strength and ductility of the composites. The numerical models [22] indicated that, in laminated $Al_2O_3/$ Al composites, when the flake Al powder thickness was smaller than 500 nm, the volume fraction of Al₂O₃ makes the main contribution to the strength of the composites, while when the flake Al powder thickness is larger than 500 nm, the dominant contribution becomes the strength of the matrix. According to the finite-element analysis, the maximum equivalent plastic strain, at which cracks tend to appear, occurs in the matrix close to the ends of Al_2O_3 platelets (Fig. 8a), and increases with tensile strain and decreases with the flake Al powder thickness (Fig. 8b). Thus, a higher flake Al powder thickness would result in better ductility. The finite-element analysis also predicted that, the tensile strength increased monotonously with the decreasing flake Al powder thickness, while at a flake Al powder thickness of 500 nm, a well-balanced strength and ductility was achieved, resulting in a maximum work of fracture, which also was proved with experimental results. The ductile failure of the Al2O3/Al nanolaminated composites can also be seen from the fracture surface shown in Fig. 9c [9]: the elongated dimples (indicating large plastic deformation) exhibited a size about 300–500 nm, which is similar to the thickness of the laminated Al layers, indicating the good ductility of the composites.

When the flake shape of metal powders was destroyed in the composites, the UFG matrix and the dispersed nano reinforcements introduced by flake PM could enhance the strength and ductility of the composites. The fine-grain strengthening by UFG matrix, which could be described by Hall-Petch relationship, could improve the strength of the composites, but also leading to a lower strain hardening ability. Usually, the dislocations in UFG Al tend to escape to the grain boundaries through crossslip behavior and then annihilate in the form of dynamic recovery, which tremendously decreases the dislocation density inside the grains, leading to a lower strain hardening ability [23]. Dispersed nano reinforcements introduced by flake PM could act as obstacles for dislocation motion, and can trap mobile dislocations which increase the probability for subsequent dislocation-dislocation interactions, leading to more significant strain hardening ability. With dispersed nano reinforcements, the dislocation capacity of the materials could be increased significantly. Figure 10 shows TEM images taken during in situ tensile tests of B₄C/Al composites with Al₂O₃ nano dispersoids. It is clearly demonstrated that these additional dislocations induced by the mismatch of Al matrix and Al₂O₃ nano dispersoids inside the grains, were mostly pinned around the dispersoids (Fig. 10a).

In a word, with better reinforcement dispersion, orientated alignment of reinforcements, textures, laminated structures, UFG, and nano dipersoids, the MMCs produced with flake PM could be strong and ductile. Those strengthening and toughening mechanisms indicated that, with artfully designed composing and consolidation processes, the effective enhancement and promising future application of this new fabrication strategy could be possible.

4 Conclusions and Outlook

The developments of flake PM in fabricating MMCs have been reviewed. Flake PM is a strategy that uses flake metal powders to mix with the reinforcements and produce MMCs with designed structure. It has been proven that, by flake PM, uniform dispersion of nano Al_2O_3 flakes, nano Al_2O_3 particles, CNTs, GNSs, and micro B₄C particles in Al or Cu matrix could be obtained. By artfully designed composing and consolidation processes, nanolaminated or hierarchical architectures and the enhancements of strength and ductility in MMCs were achieved. The enhancements of strength and ductility in flake PM produced MMCs were generally attributed to the improvement of reinforcement dispersion, reinforcement alignment, texture, the laminated structure, and nano dispersoids.

With a series of studies, flake PM was proved to be a useful and effective strategy in MMCs production. The strategy, which has only been developed for a few years, is still novel and needs to be intensively studied and further exploited in future. There remain lots of problems to be solved:

- The structure and texture evolution of the materials in the whole flake PM process, namely flaking process of metal powders, composing processes, powder consolidation processes, which could provide supports for the mechanism studies and property optimization of flake PM produced MMCs;
- (2) The future mechanism studies of flake PM produced MMCs, which should take more factors into consideration, such as the texture of the materials, the reinforcement-matrix interface condition and so on; and further property optimization based on the mechanisms;
- (3) The further application of flake PM in MMCs with wider component and architecture design.

In conclusion, great potential has been shown in flake PM for its wide applications in the future MMCs production, although great efforts are still needed to make the potential become reality. It is convincing that flake PM would provide effective thoughts for further development of MMCs for broader application in the future.

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