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Robotic Liver Resection: Recent Developments

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Abstract

Purpose of Review The popularity of robotic liver surgery has vastly increased in the last decade with the aim to overcome the disadvantages of laparoscopic liver surgery using inherent advantages of robotic technology including improved dexterity, enhanced range of motion and better vision. The purpose of this review is to assess the current literature on robotic liver resection and present its perioperative outcomes, oncologic outcomes, learning curve, cost effectiveness and limitations.

Recent Findings Several articles have been published on different aspects of robotic liver resection in the recent years. High cost associated with robotic equipment is a major drawback, however, decreased perioperative morbidity and lower costs reported in recent articles hints a trend towards acceptable cost.

Summary In terms of perioperative outcomes, robotic liver resection was reported to be superior to open liver resection and comparable to laparoscopic liver resection. Regarding

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oncologic outcomes, robotic liver resection was found to be equal compared to open and laparoscopic resection.

Keywords Minimally invasive liver surgery · Robotic surgical procedures · Liver surgery · Hepatectomy

Introduction

Minimally invasive surgical techniques such as laparoscopic and robotic surgery have become more popular in the last decades in accordance with the development of new technologies. In general surgery, while open procedures were preferred in the past, minimally invasive techniques have become the gold standard in several procedures, such as appendectomy, cholecystectomy and adrenalectomy. Since the first laparoscopic liver resection in 1991 by Reich et al. [1], laparoscopic technique has been widely performed and shown to be safe and feasible, offering better perioperative outcomes and similar oncologic results compared to open resection [2–7]. Nevertheless, despite all the potential it showed, laparoscopic liver resection (LLR) has inherent limitations such as lack of tactile feedback, inadequate articulation and instrument clashing. In addition to this, laparoscopic technique was found to be challenging for resecting posterosuperior lesions [8]. These drawbacks of laparoscopic technique, along with advancements in robotic equipment drew the attention to robotic liver surgeries.

Robotic surgery offers better surgeon comfort and has become popular in recent years due to its numerous advantages over laparoscopy such as 3D enhanced vision, articulated instrumentation enabling increased range of motion and decreased tremor with improved dexterity [9]. Robots have been used to assist surgeries starting with



prostatectomies, cardiac surgeries and with subsequent general surgical procedures [10]. Since the first description in 2003 [11], robotic liver resection (RLR) has been proven to be safe and feasible [12, 13••]. It has shown some promise to solve the problems faced in laparoscopic surgery. Although there has been a significant increase in the number of robotic liver surgeries performed, there is still scant data in the literature on this topic. Our aim is to review the current literature on robotic liver resection and assess its perioperative outcomes, oncologic outcomes, learning curve, cost-effectiveness and limitations.

Patient Selection

Louisville statement has enabled the standardization of patient selection for LLR in 2008 [14] stating that LLR can be applied to patients with solitary lesions ≤ 5 cm in segments 2 through 6. According to the Morioka Consensus in 2015 [15], patient selection criteria for LLR has been adopted for RLR. Although in these consensus statements, patients who do not match these criteria are considered as not candidates for minimally invasive liver resection, in some reviews the indication related to location of the lesion has been expanded to include all segments of the liver [16–18]. These reviews consider major vessels invasion and inability to tolerate pneumoperitoneum as the only contraindications to RLR [16–18].

Another important aspect of minimally invasive liver surgery is that it can also be safely done in elderly patients. A propensity score-matched analysis comparing outcomes of minimally invasive liver surgery to open surgery with 4021 pairs of elderly patients in each group showed that minimally invasive liver surgery decreases the risk of major morbidity (p = 0.023), length of hospital stay (p < 0.001), bleeding (p < 0.001) and bile leak(p = 0.009) [19]. The authors in this article indicated that patient age was not a limiting criterion for selection [19].

Even though surgeons using minimally invasive techniques may face a challenge in patients with high BMI, according to current literature, this does not apply to RLR. In a study by Sucandy et al. [20], the authors found out that BMI has no effect on the outcomes on RLR. Therefore, according to this study, RLR is safe and feasible even in patients with high BMI [20].

A scoring system was developed to estimate the difficulty and complexity of an operation if laparoscopic technique was to be used for a particular patient [21]. Taking factors like location of the lesions, resection plan, tumor size, proximity to major vessels and baseline liver function into account, this system calculates the estimated difficulty and helps to choose between different operation techniques. This difficulty scoring system has also been used for robotic surgery and proven to be feasible by a later study. In this study, authors stated that estimated difficulty by this system matched with reality. In addition to this, the authors revealed that robotic surgery was successful even in most difficult cases, making minimally invasive surgery applicable to challenging cases [22].

In the literature, robotic liver surgery has been noted to be more convenient to reach some lesions on right posterior segments, particularly segment 7, which is difficult to approach and resect using laparoscopic technique [23, 24]. The main reasoning behind this superiority was reported to be that in the resection of posterosuperior segments, curved and variably angulated resection lines are needed which can only be provided by articulating robotic instruments [23, 24]. Another advantage of robots for this kind of resection is that robotic cameras allow a greater magnified view which improves dexterity [23].

Perioperative Outcomes

Perioperative outcomes, such as estimated blood loss, operative time and conversion to laparoscopic or open technique, are important for the evaluation of a surgical technique. Regarding these outcomes, there is scarce data in the literature limited to retrospective studies, reviews and few meta-analysis. A meta-analysis by Machairas et al. [13••] that compared 458 patients in robotic liver resection group with 790 patients in open liver resection (OLR) group showed that RLR resulted in lower morbidity rates (p = 0.006) and shorter duration of hospital stay (p < 0.001); whereas OLR resulted in shorter operative time (p = 0.003). According to this meta-analysis, there was no significant difference in terms of blood loss and blood transfusions [13...]. The rate of conversion to open surgery in RLR was found to be 4.6% [13••]. Furthermore, another meta-analysis by Wong et al. [25] comparing RLR and OLR found similar results. Duration of hospital stay was reported to be shorter (p < 0.001) in RLR group while operative time was found to be longer (p = 0.03) [25]. In addition to this, there was no significant difference regarding blood loss [25]. The conversion rate was noted to be 4.4% [25]. As far as perioperative outcomes are concerned, we can conclude that RLR is superior or at least not inferior to OLR.

Although there are some evidence suggesting that RLR may be superior to ORL regarding the perioperative outcomes, there is only limited number of articles showing its superiority over LLR. A recent meta-analysis by Guan et al. [26] comparing 453 patients in RLR group to 503 patients in LLR group showed that RLR causes longer operative times (p < 0.001) and higher estimated blood loss (p = 0.001). However, there was no significant



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difference in terms of duration of hospital stay, conversion to open surgery and complication rate [26].

Oncologic Outcomes

Despite the fact that there are several studies on perioperative and short-term outcomes of RLR, there is scant data on long-term oncologic outcomes. A propensity scorematched study containing 55 patients with liver cancer each in RLR and LLR cohorts reported no significant difference in positive resection margins (11% in RLR vs 15% in LLR, p = 0.49), short term complications and long term oncologic outcomes [27]. This study included patients with malignant primary or secondary liver tumors. Another propensity score matched study containing 115 patients in RLR and LLR group by Beard et al. [28] supported these results, showing that RLR and LLR were associated with similar positive margin rates (26.3% in RLR vs 22.6% in LLR, p = 0.18), and overall survival and disease free survival, when performed for colorectal cancer metastasis. Other studies have also proven that long-term outcomes of RLR are comparable to LLR [29, 30] and ORL [9, 31].

Although there are no studies to date comparing oncologic outcomes of RLR to OLR, several studies have compared the margin positivity of LLR to OLR. Okuno et al. found no significant difference in terms of margin positivity between LLR and OLR (13.8% in LLR vs 20.7% in OLR, p = 0.73) [32]. Another study by Li et al. revealed no significant difference between two groups [33].

Learning Curve

Learning curve is defined as the number of operations required for a surgeon to reach a level of proficiency at which the surgical results are not inferior to the gold standard technique. Learning curves need to be kept in mind, when choosing a treatment modality over another. In robotic liver surgery, learning curve changes, depending on the location and size of the lesion. There are a few studies on the learning curve of robotic liver resection. A study by Chen et al. [34••] divides the learning curve into 3 parts. In the initial phase, the operative time gets shorter and in the intermediate phase estimated blood loss is reduced, while in the advanced phase, both are improved [34••]. According to this study, 15 patients are required to overcome the initial phase and 25 are needed to overcome the intermediate phase [34...]. In a more recent study, Zhu et al. reported the learning curve for RLR to be around 30 patients [35] that is significantly less than reported for LLR, which may require up to 75 patients [36-38]. Another study comparing the learning curves of RLR and LLR showed that the learning curve of LLR is steeper [39]. In addition, this study recommends that a surgeon should do advanced and complex robotic liver resections only after an experience of 16 low to intermediate difficulty operations, while this cutoff for LLR is suggested to be 29 [39].

Cost

The cost of an operation is important when deciding between different treatment modalities. There are contradictory reports on the cost of robotic liver resection. Several of the earlier articles have associated RLR with higher costs compared to LLR or OLR [29, 40–42]. On the other hand, Daskalaki et al. [43•] claimed that total cost of RLR per patient was lower than ORL. The authors attributed this difference to lower rate of ICU admission and lower nursing and medication costs [43•]. Furthermore, Sham et al. indicated that when compared to OLR, RLR results in increased perioperative, but decreased postoperative and total costs [44•]. The latter article showing decreased costs might imply that, in the future, a high cost will not be a drawback for robotic surgery.

Technique

The initial phase of robotic liver resection is patient positioning. The patient is placed supine at 20° anti-Trendelenburg and arms are adjoined to the body, which enables the robot to be docked on either side of the patients. Placement of ports largely depend on the location of the lesion, however, in general, the camera port is inserted 20 cm away from the lesion (Fig. 1). The operation starts with induction of pneumoperitoneum, followed by trocar insertion and diagnostic laparoscopy. In total, 2 or 3 additional robotic ports are then placed which is decided based on type of surgery and availability. In addition to this, an assistant port is inserted inferior and lateral to the camera port which optimizes range of motion preventing clashing with the robotic arms (Fig. 2). This assisting port is used to aspirate blood and pass in materials required. While use of and energy device such as a vessel sealer has proved to be useful, energy can be connected to most commonly used devices like Maryland and Prograsp forceps (Fig. 3).

The surgery starts with visualization of abdominal cavity with the camera to check for any additional gross pathology. Afterwards, liver is mobilized, vascular inflow and outflow is controlled and resection of target parenchyma is done in order. Mobilization of the liver requires division of falciform and coronary ligaments (Fig. 4). To divide round ligament, one can pass a loop suture around the ligament and retract it to have a better exposure of the dissection and resection plane. Coronary ligament is



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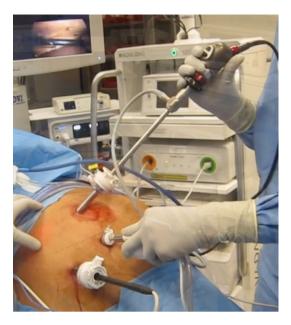


Fig. 1 Intraoperative photo showing patient position and port sites before docking of the robot



Fig. 2 Intraoperative photo showing instrumentation after docking of the robot

divided to mobilize both right and left liver lobes and to enable better outflow control by improving exposure of hepatic veins. Following these, the hepatoduodenal ligament can be encircled to prepare for a pringle maneuver to control inflow.

During right or left hepatectomy, initially, corresponding hepatic artery and portal vein are divided and transected after being ligated, clipped and stapled. Following transection, dissection lines become demarcated on liver and dissection is performed following these lines (Fig. 5). For the dissection, various energy devices such as harmonic scalpel, bipolar energy device and the Cavitron



Fig. 3 Intraoperative photo showing the use of the robotic vessel sealer and Maryland forceps



Fig. 4 Intraoperative photo showing falciform ligament relasing

Ultrasonic Surgical Aspirator (CUSA) can be used. The choice of whether to use of pringle maneuver to decrease blood loss depends on the surgeon preference. However, during pringle maneuver, time needs to be carefully controlled and clamping should be limited to 10–15 min each time, with 5 min or longer unclamping periods in between. As the last step, hepatic veins need to be divided using a linear stapler. After resection is completed, homeostasis should be done and the presence of a possible bile leak should be carefully checked. There is no consensus on the placement of a drain at resection plane, with the decision left to surgeon's individual choice. The resected specimen can be removed through an extension of midline trocar incision or through an additional Pfannenstiel incision. Minor operations such as minor hepatectomies and wedge



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Fig. 5 Intraoperative photo showing robotic parenchymal transection

resection can be performed, following the same order as in mobilization, vascular control, and parenchymal dissection.

Additional helpful devices can be adapted and employed in robotic liver surgery. For example, intraoperative ultrasound can be used to investigate accompanying pathologies and determine ideal dissection planes [45]. Furthermore, use of indocyanine green (ICG) can assist in visualizing the anatomy of hepatobiliary structures and vessels so that the surgeon can find the best resection plane. There are several different methods about dosage of ICG. In a recently published article by our group, better results were obtained when 7.5 mg ICG was injected 1 day before the operation [46]. Showing tissue perfusion and lymphatic flow, ICG also helps with differentiation of healthy liver tissue from tumor [47].

Limitations

Limitations of robotic surgery include a restricted variety of instruments. Although a number of advanced instruments is available for parenchymal transection in laparoscopic and open surgery, the instruments that can be used in robotic liver surgery are restricted to vessel sealers and staplers. However, the ability to mobilize liver extensively to achieve better alignment of the port trajectory plane to resection plane in RLR may compensate for this drawback.

Conclusions

Robotic surgery has increased its penetration for minimally invasive liver resection in recent years and has the potential to offer advantages to laparoscopy. So far, it has proven to be safe and feasible and preferable to laparoscopy for the resection of posterosuperior segment lesions. In terms of

perioperative outcomes, robotic liver resection was reported to be superior to open and comparable to laparoscopic liver resection. Regarding short and long-term oncologic outcomes, robotic liver resection was found to be equal compared to open and laparoscopic resection. The high cost associated with robotic equipment is a major drawback, however, decreased perioperative morbidity and lower costs reported in recent articles may help compensate for this additional cost. Although data in the literature is optimistic for RLR, to validate more promising results, the current literature is inadequate and new prospective randomized multicentric studies with larger patient numbers are needed.

Compliance with Ethics Guidelines

Conflict of interest The authors declare no conflicts of interests with respect to authorship or publication of this manuscript.

Human and Animal Rights and Informed Consent This article does not contain any studies with human or animal subjects performed by any of the authors.

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