

Sentinel Node Biopsy After Neoadjuvant Chemotherapy in Initial Node-Positive Patients: Why or Why Not?

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Abstract Sentinel lymph node (SLN) dissection provides a minimally invasive approach for axillary staging in breast cancer and is the standard of care in patients with clinically node-negative disease. In patients with node-positive disease, the traditional approach has been axillary lymph node dissection (ALND). After neoadjuvant chemotherapy, approximately 40 % of patients will be converted from clinically node positive to pathologically node negative raising significant interest in evaluating the role of SLN dissection in this clinical setting. Several clinical trials have evaluated the feasibility and accuracy of SLN dissection after neoadjuvant chemotherapy in patients with node-positive disease including ACOSOG Z1071, SENTINA, and SN FNAC. In these trials, the false negative rate of the procedure has been reported to be >10 % when SLNs are evaluated by hematoxylin and eosin staining. However, there are several factors which have been identified to be associated with improved accuracy including the number of SLNs examined and the use of dual tracer lymphatic mapping. The SN FNAC trial also reported improved accuracy when immunohistochemistry was used in SLN evaluation. Patient selection is an important consideration as those with a low likelihood for residual disease and high likelihood of pathologic complete response are the most likely to benefit from this approach. Although,

ALND remains the standard of care in these patients, there may be a selective role for SLN dissection in this setting. An alternative approach targeting removal of the known axillary disease in addition to SLN dissection may improve accuracy and is the focus of current investigation.

Keywords Sentinel lymph node · Neoadjuvant chemotherapy · Clinically node positive · Breast cancer

Introduction

Surgical management of the axilla has remained an area of controversy in breast cancer treatment. Axillary surgery primarily provides accurate disease staging with implications regarding prognosis and treatment planning. Sentinel lymph node (SLN) dissection has become the standard approach for patients with clinically node-negative disease as it provides accurate axillary staging with decreased morbidity when compared to axillary lymph node dissection (ALND) [1, 2]. Patients presenting with node-positive disease have traditionally been managed with ALND. In contemporary practice, this paradigm has been challenged by findings from the ACOSOG Z0011 trial in which patients with early stage breast cancer treated with breast conservation and found to have 1–2 positive SLNs did not benefit from completion ALND in terms of overall survival or local–regional recurrence [3, 4].

Clinicians have also questioned the value of ALND in patients who receive neoadjuvant chemotherapy. Neoadjuvant chemotherapy, initially introduced in the management of patients with locally advanced breast cancer, is increasingly employed in the management of operable breast cancer. Although landmark trials did not demonstrate a survival advantage with this approach as compared

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to adjuvant chemotherapy, several benefits were realized including—facilitation of breast conservation and improved survival in patients who achieved a pathologic complete response (pCR) in the primary tumor and axillary lymph nodes [5]. Historically, many surgeons performed SLN dissection prior to chemotherapy in patients presenting with clinically node-negative disease. This approach has largely been abandoned since patients who have a positive SLN will be committed to ALND at the completion of chemotherapy. This also means the patient would be subjected to two surgical procedures (SLN dissection before chemotherapy and ALND following chemotherapy) and the opportunity to evaluate pathologic response in the nodes is no longer possible. Several groups have reported that SLN dissection is accurate following chemotherapy in patients who are clinically node negative at presentation [6]. There have been three meta-analyses examining the accuracy in this clinical setting and all have concluded that the procedure is feasible and accurate [7–9].

In patients who present with clinically node-positive disease proven with fine-needle aspiration or core biopsy, up to 40 % will be converted to pathologically node negative with neoadjuvant chemotherapy. These patients are unlikely to benefit from ALND and this has led many investigators to evaluate the utility of SLN dissection in this population. If SLN dissection could replace ALND in patients with a good response to neoadjuvant therapy, they could be spared the morbidity of ALND which includes lymphedema, decreased range of motion about the shoulder and axillary and brachial paresthesias.

This review evaluates the current role of SLN surgery following neoadjuvant chemotherapy in breast cancer patients who present with clinically node-positive disease. The feasibility and accuracy of SLN dissection in this setting will be discussed as well as additional important considerations including nodal disease burden, tumor biology, and multidisciplinary considerations. Lastly, we will describe the targeted axillary dissection, an alternative approach to axillary staging after neoadjuvant therapy that is currently under investigation at our institution.

SLN Dissection After Neoadjuvant Chemotherapy in Node-Positive Breast Cancer: Summary of Findings from Completed Clinical Trials

The primary concerns regarding the use of SLN surgery after neoadjuvant chemotherapy in node-positive breast cancer include the feasibility of the procedure in SLN identification and the accuracy of the procedure. These are described by the SLN identification rate and false negative rate, respectively. Several institutions have evaluated the role of SLN dissection after neoadjuvant chemotherapy in node-positive breast cancer and reported false negative

rates ranging from 6 to 25 % [10–16]. A retrospective analysis from the NSABP B-27 trial of 428 patients who underwent SLN dissection in addition to ALND after neoadjuvant chemotherapy found a SLN identification rate of 84.8 % and false negative rate of 10.7 % [17]. This analysis included both clinically node-negative and node-positive patients with no significant difference in the false negative rates between the groups. This suggested a potential role for SLN surgery after neoadjuvant chemotherapy, prompting further investigation.

Recently, three large multicenter prospective trials evaluating the feasibility and accuracy of SLN dissection after chemotherapy in patients who present with clinically node-positive disease have completed accrual and reported results. These trials will be described below and discussed as to how they provide further insight into this clinical question.

Clinical Trials

ACOSOG Z1071

The American College of Surgeons Oncology Group (ACOSOG) Z1071 is a phase II multicenter trial planned to determine the false negative rate of SLN dissection after neoadjuvant chemotherapy in breast cancer patients with node-positive disease at presentation. Eligible patients included those with clinical stage T0–4 N1–2 M0 breast cancer and biopsy-proven axillary disease. All received neoadjuvant chemotherapy followed by SLN dissection and completion ALND. The protocol specified that at least two SLNs should be removed and suggested that dual tracer technique (blue dye and radioisotope) was used to identify the SLNs. SLNs were evaluated by hematoxylin and eosin (H & E) staining and determined to be positive if the metastatic focus was >0.2 mm.

From July 2009 to June 2011, 649 patients with N1 disease completed chemotherapy, SLN dissection and ALND. The SLN identification rate was 92.9 %. Five hundred and twenty-five patients had two or more SLNs identified and were included in the primary endpoint analysis. Among these patients 41 % had an axillary pCR. The primary endpoint was the false negative rate for SLN dissection after neoadjuvant chemotherapy in patients with clinical N1 disease and at least two SLNs examined. The false negative rate was found to be 12.6 % (95 % CI 9.85–16.05 %). Factors affecting the false negative rate included dual tracer technique (10.8 % with dual tracer as compared to 20.3 % with a single agent, $p = 0.05$) and the number of SLNs examined (31.5 % with one SLN, 21 % with two SLNs, and 9.1 % with three or more SLNs, $p = 0.007$) [18••].

SENTINA Trial

The SENTinel NeoAdjuvant (SENTINA) study is a four arm prospective multicenter trial evaluating SLN dissection and ALND in breast cancer patients treated with neoadjuvant chemotherapy. In this trial, Arm C included clinically node-positive patients who converted to clinically node negative after neoadjuvant chemotherapy. Eligible patients had clinical N1 or N2 disease which was determined by clinical exam and axillary ultrasound, however, biopsy was not required. The SLN procedure was standardized such that radioisotope was utilized in each case, and the use of blue dye was optional. SLNs were examined by H&E staining.

From September 2009 to May 2012, 592 patients were enrolled in Arm C, and an axillary pCR was achieved in 52.3 % of patients. The SLN identification rate was 80.1 % overall, 87.8 % with dual mapping and 77.4 % with radioisotope alone. The primary endpoint was the false negative rate of SLN dissection after neoadjuvant chemotherapy, which was determined to be 14.2 % (95 % CI 9.9–19.4 %). Multivariate analysis found factors affecting the false negative rate to include the number of SLNs examined (24.3 % with one SLN, 18.5 % with two SLNs, and <10 % with three or more SLNs, $p = 0.008$) and mapping technique, although the latter was not a statistically significant finding (8.6 % with dual mapping, 16 % with radiocolloid alone, $p = 0.145$). Only one quarter of patients in Arm C had biopsy-proven nodal disease at presentation, however, there was no difference in accuracy if nodal positivity was defined by biopsy or clinical exam [19••].

SN FNAC

The sentinel node biopsy following neoadjuvant chemotherapy (SN FNAC) study is also a prospective multicenter phase II trial evaluating the accuracy of SLN dissection after neoadjuvant chemotherapy in breast cancer patients with biopsy-proven node-positive disease at presentation. Eligible patients included those with clinical stage T0–3 N1–2 all of whom underwent neoadjuvant chemotherapy followed by SLN dissection and ALND. SLN status was determined first by H&E staining and, if negative, evaluation by immunohistochemistry (IHC) was mandatory. Accrual to this study was closed early after the results of the ACOSOG Z1071 trial were reported given the similarities between the trials.

From March 2009 to December 2012, 145 patients were included in the final analysis. The axillary pCR rate was 34.5 %. The SLN identification rate was 87.6 % overall, 87.5 % if one SLN was identified and 96.8 % if two or more SLNs were identified. In the setting of a technical failure, two-thirds of patients had positive nodes. The overall false

negative rate was 8.4 % (95 % CI 2.4–14.4 %). Factors impacting the false negative rate included the number of SLNs examined (18.2 % with one SLN compared to 4.9 % with two or more SLNs, $p = 0.076$) and the use of dual tracer (5.2 % with dual tracer mapping compared to 16.0 % with one mapping agent, $p = 0.190$). Interestingly, the false negative rate was 13.3 % when the SLNs were examined by H&E alone. The use of IHC decreased the false negative rate by increasing the detection of isolated tumor cells and micrometastasis [20••].

In these three trials, the false negative rate of SLN dissection after neoadjuvant chemotherapy in patients with clinically node-positive disease at presentation was over 10 %—the generally acceptable threshold established by trials evaluating SLN dissection in the clinically node-negative setting. At first pass, this would suggest that SLN dissection after neoadjuvant chemotherapy should not routinely be performed in the setting of node-positive disease. However, these trials also identified several factors, including operative technique and patient selection, which improved the accuracy of SLN dissection in this setting. Consideration of these factors is important when discussing the application of SLN surgery after neoadjuvant chemotherapy in node-positive patients. The standard of care in current practice remains axillary dissection, although the approach to axillary management in this clinical setting continues to be the focus of ongoing investigation.

Techniques to Improve the False Negative Rate

The number of SLNs examined is an important factor influencing the accuracy of SLN dissection after neoadjuvant chemotherapy in node-positive breast cancer that was noted in each of the major trials. Collectively, they suggest that the false negative rate reaches an acceptable threshold when three or more SLNs are examined. This suggests that in the clinical scenario when 0–2 SLN are identified ALND may still be warranted given the lack of confidence in accurately defining the residual axillary disease burden.

The mapping technique utilized for SLN identification has also been highlighted as an important factor in improving the accuracy of SLN in this setting. Use of dual tracer with blue dye and radioisotope has previously been described to improve the SLN identification rate and false negative rate after neoadjuvant chemotherapy [6]. Although this was not a requirement in any of the major trials, each described improved accuracy with use of dual tracer. This suggests that SLN dissection after neoadjuvant chemotherapy in node-positive patients should only be performed using dual-agent lymphatic mapping.

In 171 patients registered on the Z1071 trial, a clip was placed at the time of the initial biopsy indicating the

positive node. When the clipped node was documented to also be one of the SLNs removed, the false negative rate was improved to 6.8 % [21, 22]. Other techniques for marking the involved node such as tattooing with ink have also been described [23]. This finding supports marking the known positive node prior to chemotherapy and confirming removal at the time of surgery to evaluate response as this node effectively also represents a SLN. The current NCCN guidelines recommend placement of a clip marker into an axillary node found to be positive at the time of biopsy [24].

Another consideration is the definition of pathologic node-negative disease in this clinical setting. The Z1071 and SENTINA trials used H&E evaluation of the SLNs, whereas the SN FNAC trial also included IHC analysis and defined a positive SLN to include those with isolated tumor cells and micrometastasis. The false negative rate was lower in the SN FNAC trial when the IHC results were included. In the Z1071 trial, a positive node was defined as disease >0.2 mm. The Z1071 investigators recently reported results of IHC staining on H&E negative SLNs and found that the false negative rate was lowered to 8.7 % when disease <0.2 mm was considered to be a positive node [22]. Whether persistent nodal disease of this size is clinically relevant after neoadjuvant chemotherapy has been debated. A recent meta-analysis of patients with initial node-positive disease reported a significant decrease in the false negative rate from 16 to 8.7 % ($p = 0.001$) with the addition of IHC after H&E evaluation showed negative findings in the SLN after neoadjuvant chemotherapy [25]. It is not known if this definition for SLN positivity would have implications on the SENTINA findings.

Considerations in Patient Selection

Nodal Disease Burden

The preoperative nodal disease burden is also an important consideration. Patients with clinical N2 disease represented a minority of patients in the major clinical trials evaluating SLN after neoadjuvant chemotherapy. The Z1071 trial included 38 patients with clinical N2 disease of which 25 had two or more SLNs examined. The pCR rate was 46.1 % in this group. The false negative rate was 0 % as all 14 patients who did not have a pCR were found to have positive SLNs [18]. These patients were not included in the primary endpoint analysis and with limited experience it is difficult to infer the role and accuracy of SLN dissection in this population.

Patients with significant nodal disease burden on imaging or clinical examination following chemotherapy may not be candidates for SLN surgery after neoadjuvant

chemotherapy. In the SENTINA trial, patients with clinically node-positive disease following chemotherapy were treated with axillary lymph node dissection (Arm D). In the Z1071 trial, patients could be registered at the initiation or at the completion of chemotherapy. The trial did not specify any selection criteria for proceeding with SLN surgery based on nodal status after chemotherapy. Ultrasound of the axilla was performed before and after chemotherapy to assess for residual nodal disease. The investigators found that 56.5 % of patients with normal findings by axillary ultrasound had pathologically positive nodes as compared to 71.8 % of those with suspicious nodes by axillary ultrasound after neoadjuvant chemotherapy ($p < 0.001$). They also describe the false negative rate to improve to 9.8 % if patients with suspicious findings on axillary ultrasound after chemotherapy are excluded from SLN dissection [26].

This suggests axillary ultrasound can be a tool to identify patients with residual disease and who may not be ideal candidates for SLN surgery after neoadjuvant chemotherapy. The utility of SLN dissection in patients with residual clinically node-positive disease following chemotherapy has not been demonstrated and is not warranted.

Tumor Biology

Several studies have demonstrated a significant relationship between approximated biologic subtype and the response to neoadjuvant chemotherapy. Patients with hormone receptor negative disease are most likely to achieve a pCR and those with HER-2-positive disease treated with chemotherapy and trastuzumab have the highest reported axillary pCR rates [27, 28].

The Z1071 investigators reported the overall nodal pCR rate to be 41 %. When they evaluated the axillary pCR rate by tumor subtype, there was a significantly higher rate in triple negative disease (49.4 %) and HER-2-positive disease (64.7 %) as compared to hormone receptor-positive, HER-2-negative disease. Similarly, the burden of residual disease after neoadjuvant chemotherapy correlated with the tumor subtype, with increased residual burden in hormone receptor-positive, HER-2-negative disease as compared to triple negative or HER-2-positive disease [29].

This implies that with an increased likelihood for pCR, patients presenting with triple negative or HER-2-positive breast cancer and low nodal disease burden may be better candidates for SLN surgery after neoadjuvant chemotherapy. However, this has not been demonstrated or specifically evaluated in the previously described clinical trials. At this time, tumor subtype independent of the clinical response to therapy and nodal disease burden is not a factor in clinical decision making regarding SLN surgery after neoadjuvant chemotherapy.

Can We Replace ALND with Adjuvant Radiation in the Setting of a Positive SLN After Neoadjuvant Chemotherapy? Multidisciplinary Considerations

In current practice, patients found to have evidence of residual disease after treatment with neoadjuvant chemotherapy typically do not receive adjuvant chemotherapy. Given this, it is unlikely that SLN surgery after neoadjuvant chemotherapy will have an impact on recommendations regarding the receipt of further systemic therapy.

However, residual disease following chemotherapy does have implications regarding adjuvant radiation therapy. Increasingly, the role of radiation therapy in treatment of residual axillary disease is being studied in the clinically node-negative setting. It has been estimated that traditional whole breast radiation tangential fields include a significant portion of the axilla and may have had an impact on the ACOSOG Z0011 findings [30, 31]. The recently reported AMAROS trial evaluated axillary radiation as compared to completion ALND in patients with positive SLNs treated with upfront surgery. The investigators found no difference in local–regional recurrence or survival but did identify a lower incidence of lymphedema in the axillary radiation group [32]. Neither of these studies enrolled patients treated with neoadjuvant chemotherapy.

There are two ongoing clinical trials addressing the role and impact of radiation therapy after neoadjuvant chemotherapy in patients who present with clinically node-positive disease. The ALLIANCE A011202 study is a randomized phase III trial comparing axillary radiation to ALND in patients who present with node-positive disease, are treated with neoadjuvant chemotherapy and have positive SLNs after chemotherapy. All patients receive nodal irradiation to the supraclavicular and internal mammary nodal basins [33].

The NSABP B-51/RTOG 1304 trial is a randomized phase III trial comparing whole breast or chest wall irradiation with regional nodal irradiation versus no regional nodal irradiation in patients who are converted from clinically node positive to pathologically node negative after neoadjuvant chemotherapy. This trial includes axillary staging by ALND, SLN dissection alone, or SLN dissection followed by completion ALND [34]. The primary aim of these studies is to evaluate for invasive breast cancer recurrence-free survival between groups. These trials will be informative in better defining the optimal local–regional approach for these patients with the potential for decreased morbidity.

MDACC Approach: Targeted Axillary Dissection

At the University of Texas MD Anderson Cancer Center, we are currently investigating an alternative approach to management of the axilla in breast cancer patients with node-positive disease treated with neoadjuvant

chemotherapy which we have designated as targeted axillary dissection (TAD). This approach is guided by findings of the Z1071 trial in which the accuracy of SLN dissection after neoadjuvant chemotherapy was improved when the clinically positive node was marked with a clip prior to therapy and also found to be a SLN. Targeted axillary dissection is defined as removal of the node proven at diagnosis to have metastatic disease (clipped node) as well as the SLNs [35•].

Our institutional practice is for all breast cancer patients with invasive disease to undergo a staging ultrasound of the breast and regional nodal basins at the time of presentation. Any suspicious appearing nodes are evaluated further with biopsy. For patients with abnormal appearing axillary disease consistent with clinical N1 disease, a clip is placed

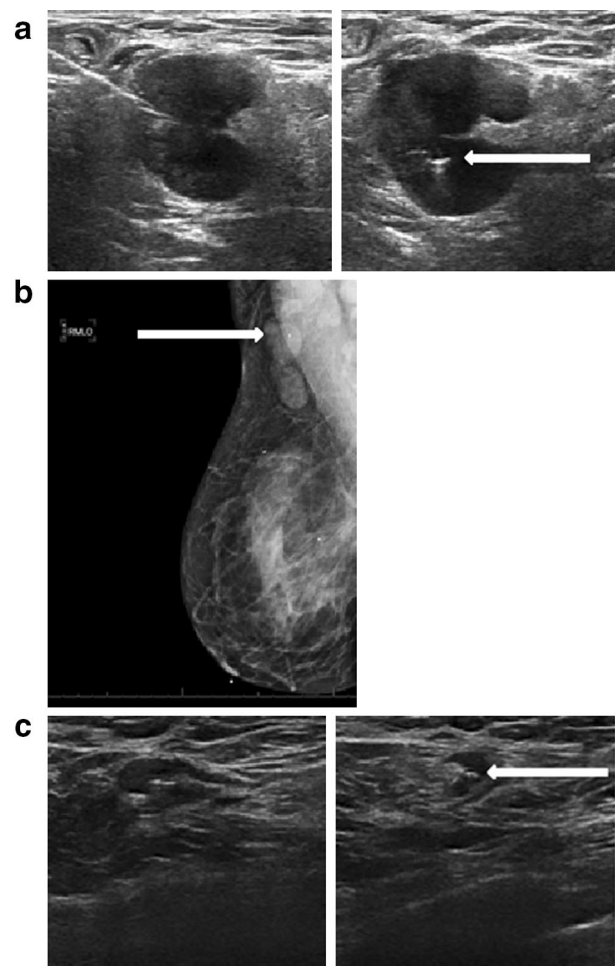


Fig. 1 Axillary ultrasound of a patient with a right multifocal invasive ductal carcinoma and ipsilateral axillary lymphadenopathy at presentation and after neoadjuvant chemotherapy; **a** abnormal-appearing axillary lymph node measuring $2.6 \times 2.3 \times 2.1 \text{ cm}^3$, **b** fine-needle aspiration and placement of marker clip into suspicious node, **c** mammogram confirming clip in axillary node and clips in right breast marking the multifocal breast cancer, **d** interval response to therapy in the clipped node measuring $1.8 \times 0.6 \times 0.5 \text{ cm}^3$

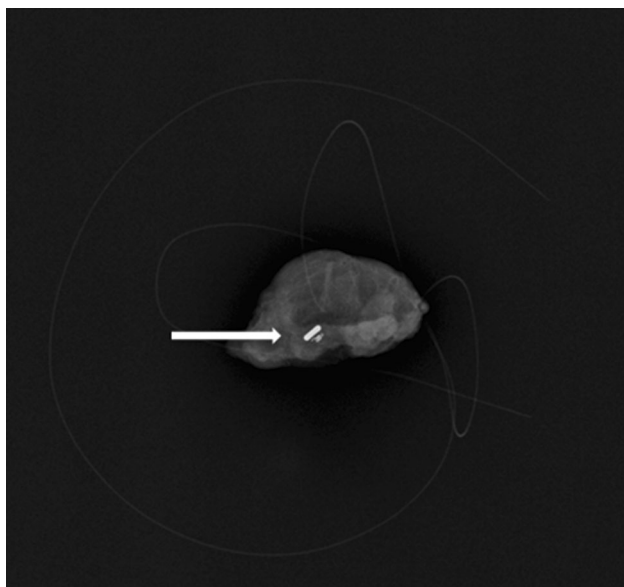


Fig. 2 Specimen radiograph demonstrating targeted excision of lymph node containing marker clip and I-125 radioactive seed

within the node if the biopsy shows malignancy (Fig. 1). Patients with clinical N2 or N3 disease (matted nodes, internal mammary nodes, infraclavicular, or supraclavicular disease) are not candidates for this approach and will go on to receive ALND, thus no clip is placed. Patients who are appropriate candidates for neoadjuvant chemotherapy will undergo systemic therapy with interval clinical exams and ultrasound to assess response. After completion of neoadjuvant chemotherapy, a localization wire or I-125 radioactive seed is placed into the clipped node for intraoperative guidance. The operative approach to the axilla includes SLN dissection using dual tracer intraoperative lymphatic mapping, excision of the clipped node (via localization) followed by completion axillary dissection. Excision of the clipped node is confirmed by specimen radiograph (Fig. 2). The intent is to determine the correlation between the SLN and the clipped node as well as the false negative rate using a targeted approach removing the node known to harbor malignancy in addition to SLN dissection.

Conclusion

Approximately 40 % of breast cancer patients with clinically node-positive disease will achieve an axillary pCR with neoadjuvant chemotherapy and may be spared the morbidity of axillary dissection. Although the current standard practice in this clinical scenario remains axillary dissection, there may be selective patients who would be acceptable candidates for SLN surgery after neoadjuvant chemotherapy—those with clinical N1 disease and a high likelihood for pCR. Technique is also important with the

use of dual tracer lymphatic mapping and removal of all SLNs improving the accuracy of the procedure. Placement of a clip at initial biopsy and use of IHC to evaluate the SLNs after chemotherapy have been reported to lower the false negative rates with SLN surgery. Patients who are not candidates include those with poor response to neoadjuvant chemotherapy, clinical N2 or N3 disease, or an inadequate number of SLNs identified at surgery. Ongoing trials are investigating the role of radiation therapy in addressing residual nodal disease and targeted excision of the positive node in addition to SLN dissection for axillary staging.

Compliance with Ethics Guidelines

Conflict of Interest Mediget Teshome and Kelly K. Hunt declare no conflicts of interest.

Human and Animal Rights and Informed Consent This article does not contain any studies with human or animal subjects performed by any of the authors.

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